

Adas Israel Congregation February/Shevat-Adar I

CHRONICLE



Gan HaYeled class attends historic Adas building move.

The *Chronicle* Is Supported in Part by the Ethel and Nat Popick Endowment Fund



From the President

RICKI GERGER, ADAS PRESIDENT



Finding ways to connect with our members has become a priority at Adas Israel. It's not enough to say we're a welcoming community, and we want everyone to feel part of this *kehillah*, and we're here for you, blah, blah, blah. We have to be proactive about it, otherwise, it really is just blah, blah, blah.

Two new initiatives of the Hesed Committee demonstrate our continuing commitment to this concept. The first is the "Ambassador Program," which we launched in mid-December. We know we're a very large congregation, and we know that visitors and new members might feel a bit awkward or lonely the first few times they're here on *Shabbat* morning. So at *kiddush* each week, designated "Ambassadors" have the joy of helping people become acquainted with one another. They're seeking out folks who seem not to know many people and introducing them to some of our members. The Ambassadors are connection points. We introduce them each week during announcements so you know whom to look for if you're new or if you feel that you don't know enough people, no matter how long you've been with us. Laurie Alban-Havens is leading this effort; if you'd like information about becoming an Ambassador, please contact her at laurie.albanhavens@gmail.com. And thank you, Laurie!

As you read in January's *Chronicle*, the Hesed Committee is in the process of launching the "Keshet *Shabbat*" program. We're looking for people to invite new members of our growing congregation into their homes (and into our community) for a *Shabbat* dinner, *seudah shlishit*, or *havdalah* ceremony, so these new members can meet a few Adas people. Won't you be someone who provides connection in this way? If you'd like to host, or be invited, please contact Marcy Spiro at marcy.spiro@adasisrael.org. And thanks to Julie Weissman for leading this effort. Oh, and it's not too soon to be thinking about the *Pesach sederim*! We'll be matching up hosts with people who need a place to go. More details about this later.

Now, I have a sad story to tell you. A few months ago I saw one of our members at *kiddush* with her arm in a sling. Turns out she'd broken her arm and—here's the upsetting part—WE DID NOT KNOW ABOUT IT! Now, this is perfectly understandable, because when someone needs help, a lot of times the person doesn't think about how Adas can help! Folks, we have Hesed Committee folks standing by to help you! They will bring you

food or have food delivered to you. They will visit you. The only way this happens, though, is—you guessed it—if we know about someone's need! These Hesed folks are really good, but they haven't mastered clairvoyance yet. So people in this community have to let us know when someone needs help. You'd want someone to do this for you, right? OK then. And this story has a happy ending because we provided meals for her and her family when she needed them most.

Contact Hesed Committee chair Rae Grad at rgrad@comcast.net or Marcy Spiro at marcy.spiro@adasisrael.org to perform the *mitzvah* of telling us who needs help, so that we can perform the *mitzvah* of helping them! Thank you!



Clergy Corner

RABBI SARAH KRINSKY



These were the happiest days. Young members of the community would dress in white garments (borrowed, so to not shame anyone who didn't have such a garment). They would go outside, frolic and dance. They would meet potential partners, flirtatiously bantering about marriage and family, about devotion to God and Torah.

This description, adapted from the very end of *Mishnah Ta'anit*, depicts a glorious vision of a community celebrating love. Connected to the holiday of *Tu B'Av*, which falls in the heat of the summer, the *Mishnah* imagines a scene overflowing with joy, with song, and with connection. And, apparently, with borrowed dresses.

Why this detail about the borrowed garments? In his commentary on this passage, Rabbi Dr. Hanoch Albeck elaborates: "even people who had clothes of their own would borrow these festive garments from a friend and wear the borrowed ones." At this moment of searching for and celebrating love, the *Mishnah* institutes a sort of equalizer. Sure, some maidens might have had more (or more expensive) clothes than others had. But that's not what this sort of celebration was about. This day of joy and love was about festivity and community, and so the otherwise pervasive class distinctions were legislated out of the equation. And—even more radically—these economic differentials were replaced, on this day of love, with a system that relied instead on relationships and on interdependence. Those celebrating *Tu B'Av* were required to engage with their friends and neighbors, to reach across divides between "haves" and "have nots," and to redistribute their material goods between and among one another. That's how such a happy and love-filled day could become possible.

Though *Tu B'Av* itself is not for another six months, February brings two celebrations tied to the themes and undercurrents of our *Mishnah*. The first is Valentine's Day—what we might imagine as a secular American version of *Tu B'Av* (which is often referred to by contemporary Jews as the "Jewish Valentine's Day"). As February progresses, how can we infuse the values animating our ancient rabbis—prioritizing community participation over individual wealth, rejoicing through solidarity and interdependence—into our broader culture's way of celebrating love?

Moreover, February is Jewish Disability Awareness and Inclusion Month. We at Adas will be joining organizations and congregations across the country with a wide range of programming and opportunities for learning and involvement (see page [to come] for more information). As we do so, I am similarly guided by the *Mishnah's* vision of communal celebration—each person drawing on and sharing his or her own unique gifts with those around us, exposing one another to stories or experiences we may not otherwise have encountered. Just as the *Mishnah* envisioned a community of love built on an ever-expanding web of deep, meaningful connection, so, too, do we at Adas strive to create spaces where all are welcome, all are included, and all are celebrated. Happy February!





The Adas Fund

2018-5779

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HESED

Thank You to All Who Supported Us!

Inspired by the work of our incredible Hesed Committee, focusing on acts of loving kindness and connection for all of our community members.

From the bottom of our hearts, we thank all of you who supported our wonderful community during this year's Adas Fund drive. Adas Israel is our home, our community, and our neighborhood. For those of you who have not yet made your contribution, it is not too late. Your contribution of any size will make a big difference to this community. To make your important contribution, please contact the synagogue office, 202-362-4433 or visit adasisrael.org/form/the-adas-fund-2018.html.

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Welcome To Adas!



Noah Hichenberg to Serve As Gan HaYeled Preschool Director

Following a comprehensive, nationwide search process, we are thrilled to report that **Noah Hichenberg** will be joining the Adas Israel family as our new director of the Gan HaYeled Preschool this coming summer. We extend our heartfelt *yasher koach* to our incredible search committee and Director of Education, Rabbi Kerrith Solomon, who reviewed more than a dozen applications, conducted several introductory interviews, and put together two very thoughtful onsite interview experiences for our final candidates.

Noah is an extraordinary early childhood professional who brings with him a deep understanding of children and families and demonstrated leadership and excellence in the field. Noah currently serves as director of the Saul and Carole Zabar Nursery School at the Marlene Meyerson JCC Manhattan. He is currently completing an EdD in curriculum and teaching with a focus on early childhood education at Teachers College, Columbia University, and earned his master's degree in early childhood education from Fordham University. In addition, he earned bachelor's degrees in American history from Columbia University and Jewish history from the Jewish Theological Seminary. We wish to thank all of our Gan community members who participated in the interviews and provided important feedback for the search committee's review. We were overwhelmed by the unanimous enthusiasm for Noah's candidacy in particular, and are thrilled by the outcome. Our thanks especially go to Toni Bickart and Ian Halpern, our Gan Search Committee co-chairs, and to committee members Tali Stein, Mathew Lawlor, Jessika Wellisch, Jennifer Gerst, Janice Mostow, Denise Gershowitz, Dennis Yedwab, and Doug Rand. We are beyond grateful to this dedicated group of members for their invaluable service to the Gan and its many families.

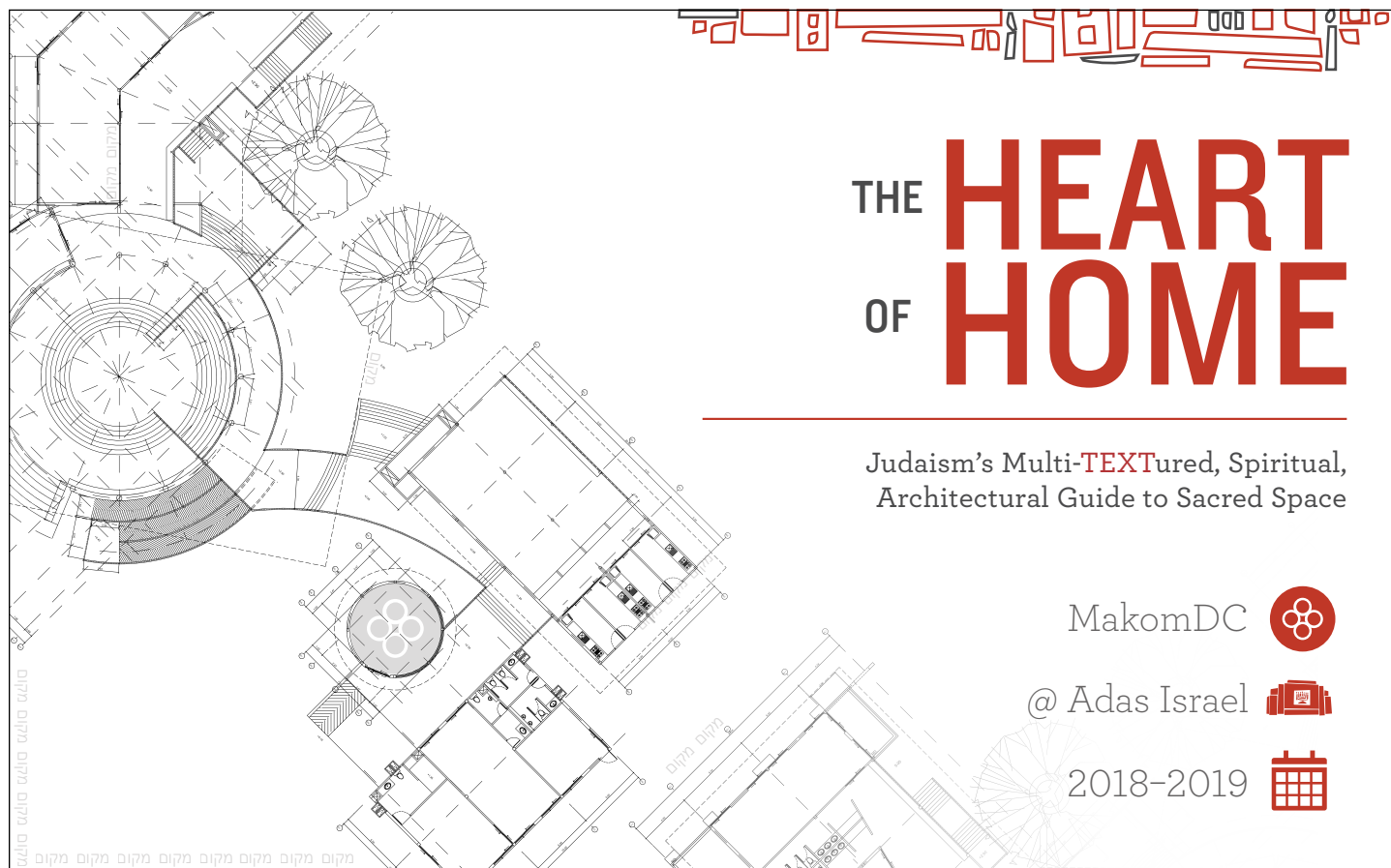
Feel free to reach out to Ricki Gerger at president@adasisrael.org or Rabbi Kerrith Solomon at rabbi.solomon@adasisrael.org if you have any questions or you want to talk more about this exciting new chapter. We can't wait to welcome Noah to the team and learning community this summer!



Officer Charles Weedon, New Operations & Security Manager

As many of you know, **Officer Charles Weedon** has served our Adas community with remarkable distinction these past several years as our Security Site Supervisor--contracted through SecTek Security Company. In that capacity, Officer Weedon has diligently managed daily security operations and personnel here at Adas (including literally staying awake to guard the building all night, all by himself one crazy weekend).

In that time, Officer Weedon has not only performed admirably in his duties, he has distinguished himself as a trusted, diligent, problem-solving thought-partner and supervisor for Adas Operations. With this in mind, we're delighted to report that Officer Weedon has joined the Adas Israel family in a new, full-time capacity as the Congregation's "Operations & Security Manager." Officer Weedon brings with him decades of experience managing large and complex teams and facilities. In addition, obviously, he brings a lifetime of training and expertise in security and safety protocols. As both a military veteran and a highly trained security command officer, he is uniquely positioned to partner with our security advisors to ensure appropriate procedures are established and executed. In this new role, Officer Weedon will oversee the full operations, maintenance and security teams. Please join us in wishing him and the entire operations team a heartfelt "*behatzlacha!*"



MakomDC 2018–19 Season

The Heart of “Home”: Judaism’s Multi-Textured, Spiritual, Architectural Guide to Sacred Space

Over the course of the year, our rabbis and distinguished scholars will lead us in guided text study, conversations, and presentations that explore the Jewish tradition’s essential teachings on defining holy community. Together we’ll navigate the particular values that bind us and the universal ideas that inspire us, and then think together about where they do and don’t intersect. **To learn more visit adasisrael.org/makomdc.** Register for lectures or classes online or by calling 202-362-4433.

MAKOMDC FEBRUARY LEARNING



FEBRUARY MAKOMDC SCHOLAR:

Rabbi Shoshana Cohen

TUESDAY, FEBRUARY 12 @ 7:30 PM

Join us as our February scholar, Rabbi Shoshana Cohen, teaches in correlation with the MakomDC theme of The Heart of “Home”: Judaism’s Multi-Textured, Spiritual, Architectural Guide to Sacred Space. Rabbi Cohen teaches Talmud, Midrash, and Gender Studies at the Conservative Yeshiva in Jerusalem and is a founding member of Reshut haRabim, the Jerusalem Forum for Jewish Renewal Organizations.

**This event will be livestreamed at adasisrael.org/adaslive.*



When Co-Rabbis Co-Teach . . . Be Ready for Anything & Everything
with Rabbis Holtzblatt & Alexander

TUESDAY, FEBRUARY 5 @ 7:30 PM

Rabbis Holtzblatt and Alexander will introduce the month’s theme and lead learners and seekers through an in-depth exploration of the rich, sophisticated, sacred texts that have animated our people for so many years.



Post-Kiddush Halakhah Class
with Rabbi Aaron Alexander

SATURDAY, FEBRUARY 16 @ 1:00 PM

Join us as Rabbi Alexander teaches this month’s text-based class, after *kiddush*, using *halakhah* (Jewish life and living) as a prism through which to access our monthly topic.



The Text with Rabbi Elianna Yolkut

TUESDAY, FEBRUARY 19 @ 7:30 PM

Explore transformative Jewish texts in their original Aramaic and Hebrew. This means that we will break our teeth together and study with no translations but with lots of support from your peers and teachers.



Synthesis & Application
with Rabbi Sarah Krinsky

TUESDAY, FEBRUARY 26 @ 7:30 PM

This new addition to our MakomDC lineup will offer participants a space to revisit some of the month’s core texts and teachings, ask questions, debate ideas, and gain further familiarity with the month’s messages.

ONGOING LEARNING:



The Text 2.0: In Depth *Halakhah* (Jewish Law)
with Rabbi Aaron Alexander

REMAINING DATES — TUESDAYS: MARCH 19 & MAY 21 @ 7:30 PM

Rabbi Alexander leads learners in a textual exploration of a topic in Jewish Law, using original sources without translation. This series is designed primarily for those with previous experience studying classical rabbinic texts in Hebrew/Aramaic.



***Boker Or Shabbat* Study**

SATURDAY MORNINGS @ 8:30 AM

Boker Or meets Saturday mornings in the Biran *Beit Midrash* with the weekly portion as its focus.

February 2: Rabbi Elianna Yolkut **February 9:** Rabbi Aaron Alexander **February 16:** Rabbi Sarah Krinsky
February 23: Rabbi Lauren Holtzblatt



Friday *Parsha* Study
with Rabbi Lauren Holtzblatt or Rabbi Aaron Alexander

FRIDAY MORNINGS @ 10:00 AM

Please join us Friday mornings in the Biran *Beit Midrash* for an exclusive look at the weekly *parsha*. On the first and second Friday of the month, Rabbi Holtzblatt will explore the *parsha* through the lens of Hassidut and mysticism; on the third and fourth Fridays, Rabbi Alexander will use the Talmud as the prism for the weekly reading; and on the fifth Friday, Rabbi Krinsky will lead the exploration.



Inclusion Celebration Month @ Adas



This February will mark the fifth year that the Adas community is celebrating Jewish Disability Awareness and Inclusion Month (JDAIM). This is a wonderful continuation of our work in lifting up the value of inclusion and removing barriers to full participation in our congregational life. These programs, presented by the Inclusion Task Force, comprise a unique set of opportunities to look at the progress we have made and to examine areas for improvement. Please visit adasisrael.org/inclusion for more information.



This year's guest speaker for Inclusion Celebration *Shabbat* is Dr. Julia Watts Belser, associate professor in the Theology Department at Georgetown University. Her work in Jewish studies focuses on Talmud, rabbinic literature, and Jewish ethics. An ordained rabbi, Dr. Watts Belser writes queer feminist Jewish theology and brings disability culture into conversation with Jewish tradition. She previously held a research fellowship in women's studies and religion at Harvard Divinity School and taught in Missouri

State University's Religious Studies Department. She is the author of *Power, Ethics, and Ecology in Jewish Late Antiquity: Rabbinic Responses to Drought and Disaster* (2015), serves on the board of the Society for Jewish Ethics, and holds leadership positions in the American Academy of Religion. A wheelchair rider herself, Dr. Watts Belser is the co-author of *A Health Handbook for Women with Disabilities*. She is also a board member of Nehirim, a national community of lesbian, gay, bisexual, and transgender Jews and allies. Dr. Watts Belser earned a BA from Cornell University, an MDiv from the Graduate Theological Union, an MA from the Academy for Jewish Religion California, and a PhD from the University of California, Berkeley, and the Graduate Theological Union.

Saturday, February 2 Inclusion Celebration *Shabbat*

9:30 am: D'var Torah in the Charles E. Smith Sanctuary, "Beyond Productivity: How *Shabbat* Values Underscore the Principles of Disability Justice"

1:15–2:15 pm: Post-Kiddush Interactive Text Study, "Priestly Bodies & Blemishes in Torah and Talmud," examining *Leviticus* 21's prohibitions regarding disabled priests, and their interpretation and transformation in Jewish law and practice

Sunday, February 24

Synagogue Inclusion Network

11:00 am–12:30 pm, Biran Beit Midrash

The Jewish Federation of Greater Washington convenes a monthly meeting of local inclusion committee members. Join us as we welcome guest speaker Susan Cohen, president of the Washington Society of the Jewish Deaf, to discuss how we can best accommodate deaf and hard-of-hearing people in our community.

Monday, February 25

Mini-Conference on Inclusion in the Conservative Movement 10:00 am–4:00 pm, Fungler Hall

Join us for a Ruderman Foundation-sponsored conversation about how different institutions in the Conservative Movement (the Jewish Theological Seminary, the Camp Ramah network, the Rabbinical Assembly, the Ziegler School) can be more inclusive. Please e-mail inclusion@adasisrael.org to RSVP for this event.

Tuesday, February 26

Jewish Disability Advocacy Day (JDAD) on the Hill 9:00 am–5:00 pm, Capitol Hill: Rayburn House Office Building

JDAD is an opportunity for professionals and lay leaders from Jewish organizations and communities across the nation to come to Capitol Hill to raise awareness of their work and passion relating to individuals with disabilities and their families. Jewish Disability Advocacy Day includes:

- a symposium on disability and inclusion issues from leading analysts;
- an advocacy briefing on issues to raise with Congress and training on how to be an effective advocate;
- lunch with Congressional leaders; and
- advocacy visits with your elected officials.

The day is sponsored by Adas Israel Congregation along with Jewish Disability Network—chaired by the Jewish Federations of North America (JFNA) and the Religious Action Center of Reform Judaism—and other supporting organizations. Join Rabbi Sarah Krinsky, clergy liaison to the Inclusion Task Force, and members of the Inclusion Task Force, for this exciting day of political action and advocacy on Capitol Hill.

Register online at adasisrael.org/inclusion.



SAVE THE DATE!



LOST AT HOME PURIM 5779

a journey to everywhere & nowhere

Purim 2019 Schedule

Sunday, March 17: Purim Carnival

Wednesday, March 20: Erev Purim, festivities begin @ 6:00 pm

Thursday, March 21: Purim, Morning Minyan & Megillah Reading. beginning @ 7:15 am

You are invited to... PASSOVER 2019/5779

The Second Night Community Seder

SATURDAY, APRIL 20 @ 7:30PM

Join us for our annual, festive community Passover *seder* at Adas Israel with delicious food, thought-provoking discussion, and joyful song. The Passover *seder* is one of the Jewish peoples' most treasured traditions. Few rituals have survived so long and remained so true to their original form. Using rich symbolism, role-playing, and all of the senses, the *seder* has warmly transmitted the values of human dignity, liberty, and the search for higher meaning to every society it has reached.

To this day, in every corner of the world, Jewish families come together to reconstruct that original Passover *seder*, again and again, year after year. And every year, there is more to learn. We look forward to sharing this beautiful and meaningful tradition with you and your family this year at Adas.





MM 18 19

Musical Moments at Adas

Brought to you by Cantor Arianne Brown & the Musical Moments Committee

Kol HaOlam 2019



The New & Enhanced Kol HaOlam Competition

Saturday, March 2 @ 8:00 pm

Buy your tickets in advance at
adasisrael.org/kolhaolam!

- Eight powerhouse Jewish Acapella groups from colleges and universities around the country
- All new format: The stakes are higher — the music is louder!
- Jewish Celebrity MC Noah Aronson
- All new audience participation: YOU CHOOSE THE WINNER!

There are competitions for a cappella groups out there, such as the Harmony Sweepstakes and ICCA, but there was a void in the Jewish a cappella world—at least until 2011! The inaugural Kol HaOlam National Collegiate Jewish A Cappella Competition held in Washington, DC, saw *Tizmoret* (Queens College) crowned as the first official National Collegiate Jewish A Cappella champion. After *Tizmoret* repeated in 2012, *Hooshir* (Indiana University) claimed the title in 2013 and 2014, *Tizmoret* again in 2015, *Jewop* in 2016, *Rak Shalom* in 2017, and *Ani V'Ata NYU* in 2018! Who will be crowned the next champion?



Parlor Concert & Community Reception

MONDAY, FEBRUARY 4 @ 3:00 PM, PALM BEACH, FL

Because Florida is so very far away from your congregational family at Adas Israel, we're happy to announce that we are bringing Adas to you! Please join us on Monday, February 4 at the home of one of our hospitable Adas members in Palm Beach, FL, for a wonderful parlor concert and casual community reception. RSVP to Emma Rosenthal (Emma.Rosenthal@adasisrael.org or 202-362-4433 ext. 147). Full address will be provided upon RSVP.



Charles E. Smith Jewish Day School Graduates to Be Honored

SHABBAT, FEBRUARY 9

On Saturday, February 9, we will honor the graduating Adas Israel seniors of the Charles E. Smith Jewish Day School. *Mazal Tov* to our CES-JDS graduates and their families: **Naomi Alter**, daughter of Michael & Amanda Alter, **Ethan Chanin**, son of Leonard Chanin & Jackie Eyl, **Ilan Cohen**, son of Rabbi Kenneth Cohen & Joanne Kenen, **Amelia Davidson**, daughter of Alan Davidson & Melissa Goldman Davidson, **Ari Gershengorn**, son of Ian Gershengorn & Gail Levine, **Dora Mendelson**, daughter of Daniel & Jennifer Mendelson, **Henry Sosland**, son of Jeffrey & Mindy Sosland, **Kate Sosland**, daughter of Jeffrey & Mindy Sosland.



Bimah Basics: Hagbah Practice, Feb. 9, and Aliyah Practice, Feb. 23

FEBRUARY 9 & 23, 1:15 PM, BIRAN BEIT MIDRASH

Interested in learning to lift the Torah (*hagbah*)? Has it been a while since you've had an *aliyah*? Would you like to practice one-on-one and learn about the choreography on the *bimah* when you have an *aliyah*? Interested in practicing lifting the Torah when it's heavy on the right, early in the year, or on the left, later in the year? Want to practice lifting a heavy or light Torah? Interested in serving as a *gabbai* when the Torah is read? All are welcome on Shabbat afternoon, February 9, for *hagbah* practice, and February 23 for *aliyah* practice, learning what serving as a *gabbai* entails. Both classes, at 1:15 pm, after *kiddush* in the Biran Beit Midrash, will be led by members of the Traditional Egalitarian Minyan.

Adas Office Closings

Presidents' Day
Monday, Feb. 18, 2019
Schools/Offices Closed

Up Close & Personal

Share Your Special Family Collections In Our Biran Beit Midrash

The Biran *Beit Midrash*, at the heart of our synagogue, is a place of community, learning, and conversation. Following this theme, over the next year we would like to share your special family collections in our ever-changing Biran *Beit Midrash* window.

Our current display features a sampling of Myra and Larry Promisel's imaginative and inspiring collection of *Hanukkiot*. What can you share for six weeks?

Contact us at adasevents@adasisrael.org to display something special and for more information.

JMCW@ADAS

jewish mindfulness center of washington

There is a permanent union between individual worship and communal worship, each of which depends for its existence upon the other... It is not enough to join others; it is necessary to build a sanctuary within, brick by brick, instants of meditation, moments of devotion.

RABBI ABRAHAM JOSHUA HESCHEL, *MAN'S QUEST FOR GOD*

Just as we each have our own relationship with the Divine, the place of prayer in our lives can vary greatly. In fact, even for a single individual, prayer can play different roles at different times. We sometimes pray alone and sometimes in community; we sometimes pray intentionally, and sometimes a prayer can well up inside seemingly on its own. Rabbi Jonathan Sacks talks about prayer expanding our emotional landscape and giving "voice to a whole range of emotions: thanks, praise, love, awe, guilt, repentance, remembrance, hope." Yet, he acknowledges that prayer can be challenging in contemporary society; that within "the sometimes overwhelming pressures of everyday life, it is not easy to create the silence in the soul where prayer begins." Quoting the teaching of Maimonides that "one should therefore sit awhile before beginning his prayers, so as to concentrate his mind" (*Laws of Prayer 4:16*), Rabbi Sacks calls our attention to the need for "space within the soul to express our joy in being, our wonder at the universe, our hopes, our fears, our failures, our aspirations." Jewish mindfulness practices offer us beautiful ways to quiet our racing minds and access this spiritual space. We welcome you to join JMCW's weekly offerings, special workshops, and services to find your space within the soul.

ONGOING OFFERINGS

Our weekly JMCW meditation and yoga classes offer a home to those who wish to explore embodied spirituality. The yoga program includes an array of practices that seek to awaken and stimulate the senses through full mind/body exploration. Classes often draw on Mussar, *Kabbalah*, and the wisdom of Jewish thinkers. Meditation sits offers participants an opportunity to come together for guided teachings, a wide variety of meditation techniques, and silent community sits.



Vinyasa Lunar Flow

WEDNESDAYS @ 6:30-7:20 PM

A slow-paced asana practice for all levels, led by a rotating roster of JMCW faculty.



Weekly Meditation Sit

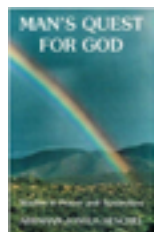
WEDNESDAYS @ 7:30-8:30 PM

A community sit that integrates meditation techniques with guided teachings, led by a rotating roster of JMCW faculty.

Adas Israel Community Mikvah

The beautiful, recently renovated and accessible mikvah is open! We welcome you to plan your own time for a mindful immersion. E-mail mikvah@adasisrael.org or call Naomi Malka, 202-841-8776 to schedule appointments.

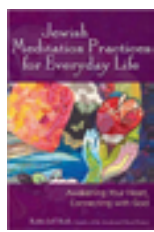
JMCW RECOMMENDS...



Man's Quest for God: Studies in Prayer and Symbolism

by Abraham Joshua Heschel

In this volume, Rabbi Heschel, one of the most esteemed religious thinkers of the 20th century, provides wise insights into the nature and meaning of prayer.



Jewish Meditation Practices for Everyday Life: Awakening Your Heart, Connecting with God

by Rabbi Jeff Roth

This classic book on Jewish Mindfulness provides accessible and thoughtful guidance on creating a spiritual practice. Along with practical advice, Rabbi Roth includes chapters on "Embracing the Divine" and "Prayer and Meditation."

Each of these books is available in the Adas library, as are many others on Jewish spirituality, meditation, and mindfulness. Some of these can be found under call number 175.01 or speak with Adas Librarian Robin Jacobson (librarian@adasisrael.org) for more information.

Words are the shell, meditation the kernel. Words are the body of the prayer, and meditation its spirit.
—Bahya ibn Pakuda, *Hovot Helavavot*



Return Again to *Shabbat*

with Rabbis Holtzblatt & Alexander & The Return Again Band

FRIDAY, FEBRUARY 8 @ 6:30 PM

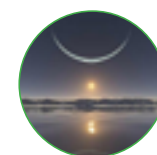
This monthly service is an intergenerational favorite in our congregation! Join us for a reflective journey into the power of *Shabbat*. The evening features seasoned musicians and a spiritual, personal excursion into prayer and song. A Community *Shabbat* dinner follows this service; reservations are required. Please see the JMCW Adas web page.



Morning Awakening Led by Rabbi Lauren Holtzblatt

TUESDAYS @ 9:00 AM

Come join JMCW for an uplifting 45 minutes of mindful prayer and song as we begin the day together. Morning Awakening is a new take on the traditional Jewish morning service led by Rabbi Lauren Holtzblatt. Start your Tuesday with a dose of mindfulness!



Rosh Chodesh: Celebrating The New Moon Led by Alesandra Zsiba

TUESDAY, FEBRUARY 5 @ 7:00-9:00 PM

Women of all ages, experiences, and identifications are invited to join for a nourishing evening of Jewish yoga and mindfulness practice. Jewish tradition teaches that our bodies are deeply in sync with the lunar cycle, and *Rosh Chodesh* calls us to listen to these timeless, embodied rhythms. Following the asana practice, we will gather for a group discussion circle. **Please register for this special offering on the JMCW Adas webpage.** This ongoing monthly offering is co-sponsored by the Adas Mikvah and includes an optional immersion in the beautiful Community Mikvah, which was recently renovated.



Tikkun Olam for the Body, Restoring the World Within A Daylong JMCW Retreat

MONDAY, FEBRUARY 18 @ 9:00 AM - 6:00 PM (PRESIDENT'S DAY @ PEARLSTONE RETREAT CENTER)

In the depth of winter, nature turns inward toward a season of quiet cultivation and tending. Our bodies mirror these cycles, and in turn, long for extra care as the days shorten and darkness falls. Join us for this signature JMCW Jewish mindfulness retreat at Pearlstone Retreat Center, where we will immerse ourselves in the contemplative practices of restorative and yin yoga, guided meditation, mindful discussion and journaling. Working from the outside in, we will bathe ourselves in the healing balm of *tikkun olam* for the body, a gentle process of using stillness and reflection to restore the world within. For information about pricing and registration, please see the JMCW Adas webpage.

NEW: Intro to Jewish Mindfulness Series SPRING 2019, DATES TBD

Introducing JMCW's second annual Intro to Jewish Mindfulness Series. In the spring of 2019 we will launch our newly designed course in Jewish mindfulness. Together we will explore embodied spiritual practice, contemplative Jewish meditation, Kabbalah, chanting and niggunim, and much more. This unique series offers participants a deep dive into Jewish mindfulness through the eyes of our beloved faculty. Each session in this five-part series will be team taught by our rotating roster of exceptional faculty. Registration opens soon! For registration, updates, and additional information and offerings, please visit the JMCW web page, the JMCW Facebook Group, or contact Alesandra.Zsiba@adasisrael.org.



The Jewish Mindfulness Center of Washington @ Adas (JMCW) offers services, programs, and workshops that help deepen contemplative practices as part of our individual and communal religious and spiritual lives. Watch this space each month to follow these JMCW offerings. Visit our Adas web page at adasisrael.org/jmcw, where you can also subscribe to our weekly newsletter. Find us on Facebook, JMCW at Adas Israel!

For registrations, updates, and additional information and offerings, please visit the JMCW web page, adasisrael.org/jmcw or the JMCW Facebook Group. Please direct any questions to: alesandra.zsiba@adasisrael.org.

adasisrael.org/jmcw



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>2721 Shevat</div> <div>9:00 amMorning Minyan 10:15 amJewish Hyperlinks w/ H. Goldsmith 10:30 amBeginners Hebrew Class 2:00 pmDC Klezmer Workshop 2:00 pmSisterhood: Professor Amos Gulora 6:00 pmEvening Minyan</div>	<div>2822 Shevat</div> <div>7:30 amMorning Minyan 6:00 pmEvening Miyan</div>	<div>2923 Shevat</div> <div>9:00 amMorning Minyan 9:00 amMorning Awakening w/ Rabbi Lauren 6:00 pmEvening Minyan 7:30 pmMakomDC: The Text 2.0</div>	<div>3024 Shevat</div> <div>7:30 amMorning Minyan 6:00 pmEvening Minyan 6:30 pmJMCW Lunar Flow Yoga 7:00 pmMikvah Reopening 7:00 pmJSC Class 7:00 pmMikvah Reopening 7:30 pmJMCW Meditation Session 8:15 pmJSC Class</div>	<div>3125 Shevat</div> <div>7:30 amMorning Minyan 12:15 pmJCC Bible Class 1:00 pmSisterhood: Mah Jongg 6:00 pmEvening Minyan</div>	<div>126 Shevat</div> <div>7:30 amMorning Minyan 10:00 amParsha with Hassidut 6:00 pmKabbalat Shabbat w/ Hazzan Goldsmith 6:30 pmShir Delight Happy Hour 7:30 pmShir Delight Shabbat Service w/ Rabbi Holtzblatt 8:30 pmShir Delight Dinner</div> <div>5:09 pm</div>	<div>2 PARSHAT MISHPATIM27 Shevat</div> <div>8:30 amBoker Ohr Torah Study 9:30 amShabbat Morning Service - Inclusion Celebration Shabbat, Sermon by Rabbi Krinsky 9:30 amTraditional Egalitarian Minyan 9:45 amHavurah Shabbat Service 11:00 amNetivot 11:00 amTot Shabbat 11:00 amParsha For Kids 12:00 pmCongregational Kiddush</div> <div>12:30 pmHavurah Shabbat Kiddush 1:00 pmShabbat Mincha 6:09 pmHavdalah</div>
<div>328 Shevat</div> <div>9:00 amMorning Minyan 10:15 amJewish Hyperlinks w/ H. Goldsmith 10:30 amBeginners Hebrew Class 6:00 pmEvening Minyan</div>	<div>429 Shevat</div> <div>7:30 amMorning Minyan 6:00 pmEvening Minyan</div>	<div>530 Shevat</div> <div>7:15 amMorning Minyan 9:00 amMorning Awakening w/ Rabbi Lauren 6:00 pmEvening Minyan 7:00 pmRosh Chodesh: Celebrating New Moon 7:30 pmMakomDC: Take Two, Two Takes</div>	<div>61 Adar</div> <div>7:15 amMorning Minyan 6:00 pmEvening Minyan 6:30 pmJMCW Vinyasa Lunar Flow 7:00 pmJSC Class 7:30 pmIntro to Judaism 7:30 pmJMCW Meditation Session 8:15 pmJSC Class</div>	<div>72 Adar</div> <div>7:30 amMorning Minyan 12:15 pmJCC Bible Class 1:00 pmSisterhood: Mah Jongg 6:00 pmEvening Minyan</div>	<div>83 Adar</div> <div>7:30 amMorning Minyan 10:00 amParsha with Hassidut 6:30 pmReturn Again Shabbat Service w/ Rabbi Alexander 8:00 pmCommunity Shabbat Dinner</div> <div>5:17 pm</div>	<div>9 PARSHAT TERUMAH4 Adar</div> <div>8:30 amBoker Ohr Parashat Hashavuah Class 9:30 amShabbat Morning Service / RA Lite B'nai Mitzvah: Josiah & Sadie Goldberg Sermon by Rabbi Alexander 9:30 amTraditional Egalitarian Minyan 9:30 amHealing Service 11:00 amNetivot</div> <div>11:00 amParsha For Kids 12:00 pmCongregational Kiddush 12:45 pmShabbat Mincha 1:15 pmBimah Basics 6:17 pmHavdalah</div>
<div>105 Adar</div> <div>8:45 amMorning Minyan 10:00 amAdas Book Chat 10:30 amJMCW Wise Aging 10:30 amBeginner's Hebrew Class 6:00 pmEvening Minyan</div>	<div>116 Adar</div> <div>7:30 amMorning Minyan 6:00 pmEvening Minyan</div>	<div>127 Adar</div> <div>7:30 amMorning Minyan 9:00 amMorning Awakening w/ Rabbi Lauren 10:00 amWeekday Torah w/ Sisterhood 12:00 pmDowntown Study Group 6:00 pmEvening Minyan 7:30 pmMakomDC: Rabbi Shoshana Cohen</div>	<div>138 Adar</div> <div>7:30 amMorning Minyan 6:00 pmEvening Minyan 6:30 pmJMCW Vinyasa Lunar Flow 7:00 pmJSC Class 7:30 pmIntro to Judaism 7:30 pmJMCW Meditation Session 8:15 pmJSC Class</div>	<div>149 Adar</div> <div>7:30 amMorning Minyan 12:15 pmJCC Bible Class 1:00 pmSisterhood: Mah Jongg 6:00 pmEvening Minyan</div>	<div>1510 Adar</div> <div>7:30 amMorning Minyan 10:00 amParsha with Talmudic Commentary 5:30 pmYoung Family Shabbat Service w/ Rabbi Krinsky 5:30 pmKabbalat Oneg 6:00 pmTraditional Lay-Led Shabbat Service</div> <div>5:25 pm</div>	<div>16 PARSHAT TETZAVEH11 Adar</div> <div>8:30 amBoker Ohr Parashat Hashavuah Class 9:30 amShabbat Morning Return Again Service with Rabbi Holtzblatt Bar Mitzvah: Noah Rashkin 9:30 amTraditional Egalitarian Minyan 9:45 amHavurah Shabbat Service D'var Torah By Rabbi Krinsky</div> <div>11:00 amParsha For Kids 12:00 pmCongregational Kiddush 12:30 pmHavurah Shabbat Kiddush 12:45 pmShabbat Mincha 1:00 pmMakomDC Shabbat Halakhah Learning 6:25 pmHavdalah</div>
<div>1712 Adar</div> <div>9:00 amMorning Minyan 10:30 amBeginner's Hebrew Class 11:00 amSweat-a-Thon 6:00 pmEvening Minyan</div>	<div>1813 Adar</div> <div>9:00 amMorning Minyan 6:00 pmEvening Minyan</div>	<div>1914 Adar</div> <div>7:30 amMorning Minyan 9:00 amMorning Awakening w/ Rabbi Lauren 6:00 pmEvening Minyan 7:30 pmMakomDC: The Text 7:30 pmMakom In The Home</div>	<div>2015 Adar</div> <div>7:30 amMorning Minyan 6:00 pmEvening Minyan 6:30 pmJMCW Vinyasa Lunar Flow 7:00 pmJSC Class 7:30 pmIntro to Judaism 7:30 pmSisterhood Knits, Sews & Crafts 7:30 pmJMCW Meditation Session 8:15 pmJSC Class</div>	<div>2116 Adar</div> <div>7:30 amMorning Minyan 12:15 pmJCC Bible Class 1:00 pmSisterhood: Mah Jongg 6:00 pmEvening Minyan</div>	<div>2217 Adar</div> <div>9:00 amMorning Minyan 10:00 amParsha with Talmudic Commentary 6:00 pm4th Grade L'Dor VaDor Service with Rabbi Alexander & Cantor Brown 7:00 pmL'Dor VaDor Shabbat Dinner</div> <div>5:33 pm</div>	<div>23 PARSHAT KI TISA18 Adar</div> <div>9:30 amShabbat Morning Service/Musical Service Sermon by Rabbi Holtzblatt Bat Mitzvah: Elizabeth Hare 9:30 amTraditional Egalitarian Minyan 11:00 amNetivot 11:00 amTot Shabbat 11:00 amParsha For Kids 12:00 pmCongregational Kiddush</div> <div>12:45 pmShabbat Mincha 1:15 pmBimah Basics 6:33 pmHavdalah</div>
<div>2419 Adar</div> <div>9:00 amMorning Minyan 10:15 amJewish Hyperlinks w/ H. Goldsmith 10:30 amBeginners Hebrew Class 10:30 amJMCW: Wise Aging 2.0 2:00 pmDC Klezmer Workshop 6:00 pmEvening Minyan</div>	<div>2520 Adar</div> <div>7:30 amMorning Minyan 6:00 pmEvening Minyan</div>	<div>2621 Adar</div> <div>7:30 amMorning Minyan 9:00 amMorning Awakening w/ Rabbi Lauren 6:00 pmEvening Miyan 7:30 pmMakomDC: Synthesis & Application</div>	<div>2722 Adar</div> <div>7:30 amMorning Minyan 6:00 pmEvening Minyan 6:30 pmJMCW Lunar Flow Yoga 7:00 pmJSC Class 7:30 pmJMCW Meditation Session 8:15 pmJSC Class</div>	<div>2823 Adar</div> <div>7:30 amMorning Minyan 12:15 pmJCC Bible Class 1:00 pmSisterhood Mah Jongg 6:00 pmEvening Minyan</div>	<div>124 Adar</div> <div>7:30 amMorning Minyan 10:00 amParsha with Hassidut 6:00 pmTraditional Lay-Led Shabbat Service 7:30 pmCommunity Shabbat Dinner</div> <div>5:40 pm</div>	<div>2 PARSHAT VAYAKHEL - SHABBAT SHEKALIM25 Adar</div> <div>8:30 amBoker Ohr Torah Study 9:30 amShabbat Morning Service/Musical Service Sermon by Rabbi Alexander Bat Mitzvah: Samantha Hunker 9:30 amTraditional Egalitarian Minyan 9:45 amHavurah Shabbat Service 11:00 amNetivot 11:00 amTot Shabbat 11:00 amParsha For Kids</div> <div>12:00 pmCongregational Kiddush 12:30 pmHavurah Shabbat Kiddush 12:45 pmShabbat Mincha 1:15 pmLev B'Lev Speaker 6:40 pmHavdalah 8:00 pmKol HaOlam Concert</div>

SHABBAT MORNING SERVICES: *Please turn off cell phones and pagers before entering services.*

Charles E. Smith Sanctuary: Join us for our Shabbat morning services in the renewed Charles E. Smith Sanctuary, the synagogue's largest worship space, led by our inspiring Rabbi and Cantor. The service includes a D'var Torah and sermon by the Rabbi and often includes participation by members and B'nai Mitzvah.

Traditional Egalitarian Minyan (TEM): Every Shabbat morning at 9:30 am, with the Torah service around 10:30 am. Led by laypeople with the occasional assistance of Adas clergy, the TEM is a participatory service with a full P'sukei D'Zimrah (introductory Psalms), Shacharit, and Musaf, a complete reading of the weekly Torah portion, and a d'var Torah. For more information, e-mail traditionalminyan@adasisrael.org.
Havurah Service: Lay-led, participatory service at 9:45 am. Rotating volunteers lead services, read Torah, and conduct an in-depth discussion of the weekly Torah portion. A kiddush follows the service. For additional information and to participate, e-mail havurah@adasisrael.org.

Youth Shabbat Services: Starting with Tot Shabbat for children ages 5 and under led by Menuhah Peters. Netivot, for students in grades K–3, is led by Sarah Attermann or Jeremy Kadden.
'Dial-in' for Programs & Services: If you are unable to attend programs, lectures, or services, dial in to hear them. Call 202-686-8405.
Library Open on Shabbat: Our third-floor library is open on Shabbat following services. You may sign out materials using our "no-writing Shabbat method," explained in signs on the check-out desks. For assistance during the week, contact our Director of Library Services, Robin Jacobson (librarian@adasisrael.org).



From the Director of Education

RABBI KERRITH SOLOMON



February Is Jewish Disabilities and Inclusion Awareness Month

Each month the Education Department highlights a different teaching team and style of learning. In honor of Jewish Disabilities Awareness and Inclusion Month, we want to lift up and celebrate two of Adas's own remarkable resources, who commit themselves to inclusion on the deepest level day in and day out.

In her 15+ years at the Gan, **Stephanie Slater** has helped to shape a learning community that is radically welcoming, steeped in kindness, and child-centric in a way that embodies Adas's truest values of inclusion. Today in her capacity as Director of Early Childhood Development and Family Support here at the Gan, she is our resident expert in helping all families and all children find their place in our community. Not only does Stephanie play this role for our community, but she is also an Early Childhood Consultant for Matan.

Pamela Gorin, our Assistant Director of Education, models this same commitment and partnership as she works with families in our religious school. Previously an early childhood educator herself, Pam is also a lifelong learner and has dedicated her professional development over the past number of years to work with Matan around children of elementary school age.

We believe that everyone has a voice that deserves to be recognized, heard, and respected. Together, Stephanie and Pam are at the core of the educational support system that carries our families through our many schools and communal experiences, increasing sensitivity and awareness for all community members. They are our greatest resources, and it is a privilege to hear from them on the next page, in their own words, about their holy work.

YOUTH @ AI



Every *Shabbat*, Education Fellow Ari Weinstein leads a group of excited elementary school students who gather for the *Netivot Shacharit* service. *Netivot* is filled with stories and prayers to familiarize students with new *Shabbat* prayers and tunes. *Netivot* models the larger service taking place during *Shabbat*. Each week, the group takes out mini Torah scrolls from an ark and carries them in a *hakafa* around the classroom. *Netivot* always includes a story related to a theme from the *parsha* of the week or a Jewish holiday. The service concludes with a *kiddush* with grape juice, challah, and cookies.

In addition to *Netivot*, Ari leads a *parsha* class during *kiddush*. Middle and high schoolers gather to study each week. The group explores justice and rationality and humanizes the figures in the Torah. Through this process, the group reads the weekly *parsha* with an eye toward why people behave the way they do and consider the gender and family dynamics at play. *Netivot* services are at 11:00 am in classroom 340, and the *parsha* study class is held in Wasserman from 12:30 to 1:15 pm.

—Sarah Attermann, Youth and Family Educator



Important Dates & Upcoming Events

Sunday, February 3:
World Wide Wrap

Sunday, February 17:
No Religious School in Observance of Presidents' Day

Friday, February 22:
4th-Grade L'Dor v'Dor
6:00 pm, Charles E. Smith Sanctuary

Friday, March 12:
5th-Grade *Shabbat(on)*
at Adas Israel



AN INTERVIEW WITH PAMELA GORIN & STEPHANIE SLATER



Stephanie Slater

Why are you drawn to this work?

Stephanie: I have always felt an inherent responsibility to young children. They are more vulnerable to demonstrating behaviors that are misinterpreted. Development is continuous and ever-changing and something important to observe, monitor, and cherish. We often see behaviors in young children that are perceived as "troublesome" or "aggressive" or "difficult," but what these behaviors are actually doing is giving us an important message. They are reminding us that children are telling us something they cannot articulate. It is our responsibility to understand the underlying cause and work to provide tools and support so children can feel successful. Sometimes, the underlying message is the result of a developmental struggle. Early childhood is the perfect time to identify these needs and work to support them. There is no subsequent time when the brain develops more rapidly than during the early childhood years. This is a time when we can literally change the developmental path and help build solid foundational skills.



Pamela Gorin

Pam: I believe passionately that Jewish children have a right to a Jewish education and that it is both a privilege and a responsibility to provide that education, in a way that is accessible to each child.

What has your journey to this work been like?

Stephanie: It has been seamless and organic and I feel tremendous gratitude to work every day in a place where I feel happiness and fulfillment. From an early age, I knew my career would center on young children. I studied psychology in college and then went on to receive my master's in social work. It was during my second year of graduate school that I was introduced to the concept of Early Intervention. I was fortuitously placed in a center-based therapeutic nursery school and continued to work in therapeutic preschool programs for seven years in New York. When I moved to DC in 2001, I was introduced to Shelley Remer, who was the Gan director at the time, and I began my career at Adas Israel. In 2014, I obtained a Post-Graduate Certificate in Early Intervention from Georgetown University and met Meredith Polsky, the founder and current director of the Matan Institute in New York City. We quickly recognized our shared passion for Early Intervention and Inclusion, and now I travel with her all over the country to train early childhood educators on how to create inclusive preschool programs.

Pam: I was a director at several small Jewish early childhood centers for 16 years, and as I began the work, I quickly saw that I needed to develop some skills in working with children with developmental delays. I took a number of graduate-level courses in specials needs and inclusion and continued learning through shorter trainings throughout those years. I developed close relationships with several early childhood specialists and worked to build close relationships with both parents and teachers. When I joined the Religious School at Adas in 2016, both Rabbi Kerrith Solomon and I realized that we needed someone on our staff to work with our teachers and to provide guidance for making our classrooms into more inclusive environments. While I felt that I had a good grasp of working in the early childhood classroom, I knew I needed additional training to work with our religious school population of older students; this led to my participation in the Matan Training Institute for Education and Youth Directors last year—a program dedicated to educating and empowering directors to create learning environments supportive of children with special needs.

How do you impart this value to your staff?

Stephanie: The Gan has an amazing staff of devoted, compassionate, and talented early childhood educators. The many ways they respond to young children is intuitive and on point. Since we are always talking about and observing development, inclusive practices have become part of the culture and, therefore, a shared value. I work hard to train and support the staff so they feel empowered and competent during times of uncertainty. We are a collaborative community working toward shared goals.

Pam: One of the core values of the Religious School is *B'Tzelem Elohim*—that all are created in the image of God. Our third through sixth graders spend about a month on this one value—learning how this value guides us in our relationships with our families, peers, selves, and broader community. On a more practical level, we provide ongoing professional development, one-on-one support to teachers, classroom observations and recommendations, and strong partnerships with our parent community. Our diverse group of teachers is passionate about transmitting Judaism to the next generation and strives to bring the best to each and every student.

How does this work connect to Adas's values and larger mission?

Stephanie: This aligns beautifully with Adas's overarching message of being a socially conscious congregation. It is our moral and ethical responsibility to support and include all young Jewish children.



Ma Tovvu Ilan Cohen

HONORING OUR LEADERS & VOLUNTEERS

*Interviewed by Marcy Spiro,
Senior Director, Engagement & Programming Operations*

You’ve been a member of Adas your entire life. What are some of your favorite memories from growing up here?

Growing up in a small community like the Traditional Egalitarian *Minyan* really helped form who I am today. My values of community, of collective responsibility and of practicing Judaism stem from the *minyan*. Reflecting on 18 years’ worth of *shabbatot* at Adas, it’s incredible that the same kids with whom I’d play hide and seek for hours are still some of my best friends. I’m excited as we all head off to the next chapters of our lives, but I’m also sad to see this one come to a close.

You’ve always been extremely involved in synagogue youth groups. How old were you when you first started attending events? What were some of your favorite events that you attended or helped plan here at Adas?

My first youth group events at Adas were *Shabbat* dinner gaga games. Though I was never very good, I always had an incredible time. As middle school approached, I attended a few *Kadima* events. *Kadima*, USY’s middle school program, includes regional overnights with Jewish teens from across the eastern seaboard. I attended my first *Kadima Kallah* in the winter of my sixth-grade year with some of my friends from JPDS and Adas. I stayed involved in middle school until I found myself on the Adas Israel USY chapter board, where I’ve been active ever since. Having relationships with USYers across the country helped me to realize the unique opportunity I had growing up in DC. One aspect of our chapter that has stood out to me has been our ability to use DC in a lot of our programming. While we certainly have had programming at Adas, some of the most special experiences have been the ones outside the walls of Adas, such as *havdalah* at the Washington monument alongside a digital scavenger hunt, or ice skating at National Harbor. However, my favorite event at Adas was this past March when Adas Israel partnered with USY to bring USYers from all over the country to DC for the March for Our Lives. Watching my two communities come together over a set of shared values was inspiring and really reminded me what I love about both USY and Adas.

You are currently the Vice President of Membership and Kadima of the United Synagogue Youth (USY) International Executive Board. Wow! What’s involved in this role, and how did you move from Youth@Adas to Regional USY to now the International Board?

Over winter break I attended my final USY International Convention as a USYer in Orlando, FL, the end of my year as VP. The convention week was a culmination of a year of hard work for the board and me. I had the privilege of working with about 25 counterparts across USY’s 16 regions, as well as 11 international counterparts, including the five other members of the international board. Watching my counterparts’ goals come to fruition, and seeing all their hard work pay off was incredible. While I had my own projects, like the global *Shabbat* Across USY, and the creation of a new chapter performance measurement system, getting to know my counterparts across the continent, and helping to make their visions a reality was the highlight. I loved spending hours on the phone with regional and chapter leaders hearing about what was going on in their communities. I loved hearing about their challenges and successes, and so much of my feedback was based on my experiences at Youth@Adas and in Seaboard Region USY and *Kadima*. In my outgoing address at the convention, I spoke of the importance of maintaining a strong individual identity in a place like USY. If there’s anywhere I learned the value of individuality and uniqueness coming together to create a community, it was at Adas.

Kansas—you knew this question was coming. How did you end up on the ballot to become the governor of Kansas? Now that you’ve had a taste of national politics, are you ready to run in another election?

Despite never having been to Kansas in my life, I had the opportunity to run as a candidate for governor this year. This was primarily because of a loophole that allowed anyone to file to run. Unfortunately, a lawsuit between then-Kansas Attorney General Derek Schmidt and former Secretary of State Kris Kobach brought my campaign to an end without my name ever

continued on pg. 25



Historic Adas Building Move a Success!

Our original Adas Israel synagogue made its final journey down F Street on January 9, to settle on the site of the new Capital Jewish Museum of DC!

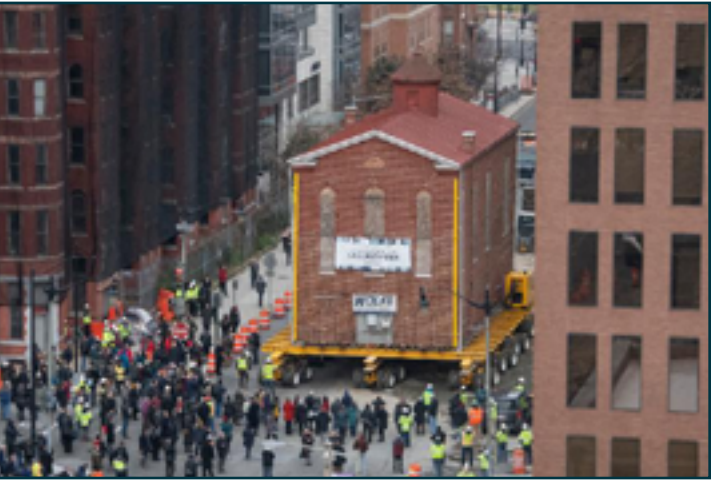
What an amazing sight — a 300-ton building rolling down the street to its future home as the centerpiece of the new museum. Hundreds of people (including some of our Gan HaYeled students!) made their way to 3rd Street for the spectacle.

The former Adas Israel Synagogue opened in 1876, with then-President Ulysses S. Grant attending the ceremony. In the 143 years since then, the building has had many incarnations. Its first move came in 1969, after it was nearly demolished to make way for the city subway system’s headquarters. Its second move, all of 40 feet, came in 2016, when it found itself in the way of the Capitol Crossing development project. That made last month’s travels the third relocation for the building, which will serve as the permanent cornerstone of the 25,000-square-foot Capital Jewish Museum — meaning that its wandering is over.

The day was also a remarkable metaphor for the values of resilience, adaptation, and preservation in our city and Jewish community. Designed for families, school groups, and tourists from around the world, the new museum will be a critical addition to the city’s cultural landscape — a forum for difficult conversations and civil discourse, a place where families of all faiths and cultures can explore questions around culture, identity, and change. Visitors will be invited to Connect, Reflect, and Act: connect across generations and diverse communities and reflect on the relevance of history to today.



Pictured here: Adam Rubinson, Board Member, Rabbi Alexander, Stuart Zuckerman, Board Member and Chair of the Building Committee, Dr. Lauren Strauss, American University, and Rabbi Holtzblatt. Also on the Board (not pictured here) and instrumental in creating this project, are Adas members Russell Smith, Alex Horowitz and Ernie Marcus.





sisterhoodnews

NETWORKING, NURTURING, LEARNING, SUSTAINING



Jewish Disability Awareness Month

By Debby Joseph

February is Jewish Disability Awareness Month. Adas Israel’s Sisterhood joins congregations and communities around the country to take a moment out of our year to reflect on what we do to ensure that anyone who is interested in our activities is able to participate. Our meetings and programs occur in accessible locations. We are particularly proud to be celebrating the reopening of the Adas Israel Mikvah at our Bodies of Water program on February 10 because it is now accessible to most people with mobility disabilities. We are a welcoming and caring community that reaches out to members of the broader Jewish community to make sure that they feel included. For example, residents of the Jewish Foundation for Group Homes have participated in our *Shabbat* services; our Knitting, Sewing, and Craft Circle; and many of our events over the years. In addition, within our Adas community, we participate in many of the Hesed activities that attend to the needs of our members.

While we take the month to remember our commitment to be inclusive and welcoming of all who are interested in participating, we look to live these values in all that we do throughout the year.

SPECIAL EVENT



Meet the *Mikvah*: Bodies of Water

FEBRUARY 10 @ 1:00 PM

Join us on February 10 at 1:00 pm for “Bodies of Water,” an award-winning program that introduces you to *mikvah* as a path to body positivity from a Jewish perspective. Framed along with other healthy practices like mindful eating and Jewish meditation, this experience is a very special way to explore how *mikvah* is relevant in a modern Jewish life. We will watch a demonstration immersion by someone in a bathing suit, explore different ceremonies for *mikvah* use, learn simple ways to bless our food with Rabbi Sarah Tasman, and practice Jewish mindfulness with Marilyn Cooper. Everyone is invited, including children ages 10 and up. When you register, please indicate whether you need any accommodations or if you have any food allergies or sensitivities.

ONGOING PROGRAMS



Weekday Torah with Sisterhood

SUNDAY, FEBRUARY 12 @ 10:00 AM, FUNGER HALL

On Tuesday, February 12, community leader and scholar Norman Shore will lead a discussion about unnamed women in the Talmud—the many women, including rabbis’ wives and daughters, Roman matrons, servants and prostitutes, who are identified only by their family relations, social status, or occupations. We will read some of their stories and reclaim their identities. *Weekday Torah with Sisterhood* is an engaging approach to traditional Hebrew text study that offers participants the opportunity to study and discuss challenging texts and ideas. Students of all levels and backgrounds are welcome, and the classes are open to the entire Adas community. All classes meet at 10:00 am in Fungler Hall. Classes are monthly except in the summer. For more information, please contact Marilyn Cooper: marilyncocooper70@gmail.com.



Sisterhood in Your Community

NEXT UP: SUNDAY, FEBRUARY 17 & SUNDAY, FEBRUARY 24

Sisterhood is bringing back the very popular “Sisterhood in Your Community” get-togethers on select Sundays from December to June 2019. These are brunches, wine & cheese gatherings, or teas hosted by Sisterhood members in a neighborhood near you. The idea is for members to get to know one another better and have some fun!

Hosts will send out invitations to members who live in close proximity. But if you’re interested, feel free to contact June Kress (202-316-3439; junebkress@gmail.com), who will put you in touch with the host.

Torah Fund: 2017-18 GOAL EXCEEDED!

BY BETTY ADLER, TORAH FUND CHAIR



Adas Israel Sisterhood is proud to acknowledge our yearly commitment to Women’s League for Conservative Judaism’s Torah Fund campaign. Thanks to past Torah Fund chair Alisa Abrams, Sisterhood exceeded our 2017-18 goal, and the 2018-19 campaign is well underway. Every person has the opportunity to help preserve, promote, and perpetuate Conservative/Masorti Judaism by giving to the Torah Fund Campaign.



Contributions at all levels are welcome and can be made via the Sisterhood page on the Adas Israel web site or by mailing a check, **payable to Torah Fund**, to: Betty Adler; 6101 Shady Oak Lane; Bethesda, MD 20817. Those who contribute \$180 or more receive a beautiful Torah Fund pin with the Hebrew word *ATID*, which means FUTURE.

I appreciate members’ continued support of Torah Fund’s goal: to provide financial support to rabbinical and cantorial students and Jewish educators. They are our future, so let’s make sure our children and grandchildren have the fantastic Jewish leadership that we enjoy here at Adas Israel!

And we thank our amazing clergy and educators, for all that you do to teach us Torah!



learn more & register: adasisrael.org/sisterhood

ruth & simon albert

sisterhood gift shop

We’d like to thanks all those of you who took advantage of our first-time-ever Post-Hanukkah Sale. It was so successful that we plan to repeat it next year. Please take advantage of the winter shopping season and stop in to see the many new items we have in the shop, especially the beautiful, hand-made *kippot* from Guatemala. We look forward to welcoming you!



Gift Shop Hours
Sunday-Monday,
Wednesday-Friday
9:30 am-12:30 pm

Tuesday, Special Extended Hours
9:30 am-3pm, 6:00-8:00 pm

Every purchase benefits Adas Israel Congregation.
202-364-2888
adasgiftshop@gmail.com

Note: We will be closed on Sunday & Monday, February 17 & 18, for Presidents’ Day weekend.



tikkunolam

'REPAIRING THE WORLD'

SOCIAL ACTION COMMITTEE

Winter Warmth—Adas Coordinates with Two Partners

Adas volunteers helped clothe and feed 233 individuals (and their children) for the December 2 Friendship Place annual Winter Warmth event at Washington Hebrew Congregation, then delivered the leftover clothing, about three dozen boxes, to SOME, Inc. (So Others Might Eat).

Not a stitch of clothing was wasted. Both partners, Friendship Place and SOME, were conducting winter clothing drives, and Adas was ready with clearly marked bins in the cloakroom. We were part of a coalition of area congregations that staffed Winter Warmth and provided food and new and good-condition used clothing for the record number of people who came to the event. Event volunteers repackaged the remaining clothing on December 2, and Adas volunteers packed their cars and delivered the three dozen large cartons to SOME over the course of two days. SOME staff reported that the first day's delivery, half the load, was gone before the second day's load was delivered.

Thanks to all who helped to make sure our neighbors can keep warm this winter.

The Winter Warmth Coat Drive and Friendship Place Winter Accessories Drive are now over; please bring donations to the charity of your choice.



Adas volunteers are back at Peoples Church for the 10th year, packing food for a Christmas meal for people who are food insecure.

Adas Sweat-a-Thon for N Street Village February 17 @ 11:00 am

Join your Adas community Sunday, February 17, 11:00 am-1:00 pm, for a fun, heart-pumping workout for a great cause! We will have a variety of workouts available, including a boxing boot camp, yoga, and cardio dance. All ability levels are welcome for this two-hour session to benefit N Street Village, a local organization supporting homeless women in DC. Make sure to wear comfortable clothing and sneakers and bring a water bottle. Registration is \$10 and can be done beforehand online at adasisrael.org or at the door. All proceeds go directly to N Street Village.



Hesed: Your Bridge Over Troubled Waters

Adas Israel loves to celebrate *mitzvot* and *simchas* and *nachas* and *kvelling* and all the wonderful news you share with us. We delight in hearing your stories. It's easy to share good news, to see people smile and nod and clap you on the back in recognition of a joyful time in your life.

But as we know, life isn't all about the roses. Sometimes it's about the thorns. What do we do if something unexpected happens to us? Do we share sad or bad news easily? It is often difficult to approach our friends or our clergy with the sadness we hold.

Hesed wants to let you know that we are here for you, in good times and in bad. Dark days are hard for many. We want you to know that—even in the darkest hours—you are not alone. Sadness, loneliness, worry, grief, anxiety, these are all normal parts of life. If you take the step to let someone know, your load becomes lighter just in the sharing.

The Hesed Committee is exploring and supporting all aspects of where people are in their lives.

On December 5, about 40 people attended a Hesed workshop, entitled "Navigating the Unexpected: The Jewish Journey Through Adversity, Loss and Grief." Rabbi Lauren provided

a context for how Judaism approaches grief and loss. Our new partner, the Wendt Center for Loss and Healing, offered a thoughtful presentation about how to define loss (and its partner, grief). We learned that loss is not just from the obvious sources, e.g., death and illness. Loss can come from many different places, including divorce, infertility, job loss, and any of the myriad changes in one's life. In fact, loss can even come from a positive change. For example, if you are promoted, but having a higher-level job means leaving the fun people you've been working with so long and you now face a more stressful work environment, that can be a loss.

With loss comes grief, which can affect your body, mind, and soul. There is no quick or easy way to get through grief, but one theme that repeatedly comes up is that sharing the feelings of loss and sadness with someone can be an important first step toward healing. The Hesed Committee invites you to let the clergy or someone at Adas know what you are dealing with—good or bad—so we look you in the eye and let you know we are here for you.

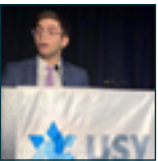
In the same vein, the Hesed Committee will be convening three "conversations" about end-of-life issues in 2019. You'll be hearing more about these gatherings in @Adas announcements. Again partnering with our wonderful friends at the Wendt Center for Loss and Healing, the conversations will explore the emotional and practical issues that surface with this topic. Mark your calendars for the End-of-Life Conversations so we can explore together one of life's biggest challenges. The dates for these conversations are **February 3, March 24, and May 19.**

Hesed cannot make the pain of any of these sad issues go away, but it can be a bridge over the troubled waters you might be facing. If you have a concern to share, please contact the clergy or send a note to Hesed@adasisrael.org.



New! Healing Shabbat Service

Please join us on February 9 for a new *Shabbat* morning healing service. Designed for those in need of spiritual, emotional, or physical healing, as well as caretakers, Rabbi Sarah Krinsky will create a space to explore and process challenges, and to access places of support and resilience. Grounded in Jewish prayer and ritual, the service will include moments of liturgy, song, meditation, and learning to build a community of compassion, comfort, and strength. **Note:** This service will meet during the beginning of *Shabbat* morning services. For those who want to join other prayer spaces, we will conclude by the end of *Shacharit*.



Ma Tov

Ilan Cohen

(continued from pg. 20)

making it onto the ballot. That said, the experience of running a campaign, working with the press, navigating campaign finance laws, and learning a bit about Kansas in the process, all made the experience worth it. While my campaign is over, my web site is still running at CohenforKansas.com. I'm not sure if this will happen again, so enjoy it while it lasts.

You've grown up attending Jewish Day School. I'm sure there have been moments when you wanted to try out public school for a day. Why are you glad that you remained at JDS?

There's never a time when I've wished I was at public school more than the night before a large Hebrew test. However, the opportunity to engage with Jewish texts, Jewish history, and Hebrew every single day has really become a defining part of who I am, first at JPDS (now Milton) which I attended starting with pre-K and later at JDS. I know that this engagement and passion for Jewish studies won't end at JDS, but will continue with me through life.

You are off to Israel for the JDS Senior Capstone trip. Can you tell us a bit about your itinerary and what you are most excited to learn, see, and experience?

I'm excited to be leaving for Israel in February and then tentatively again in September for a gap year. The JDS trip involves a lot of sightseeing, hiking, and learning as well as some time in Eastern Europe. Over the past few months in my Tanakh Seminar at JDS, I've learned a lot about biblical archaeology and anthropology, and I'm excited to be visiting a lot of the sites I've discussed in that class. Additionally, I've taken courses on the history of modern Israel and of the Arab-Israeli conflict, and I'm excited to engage in that history and continue to explore its nuances.

As I'm sure you know, your Jewish engagement doesn't need to end once you leave home and high school. There are so many Jewish organizations for young professionals. How do you plan to stay engaged Jewishly in college and after?

After my gap year, I'll be attending the dual-degree program between Columbia University and the Jewish Theological Seminary. I plan on studying political science and sociology at Columbia and modern Jewish studies at JTS. I also plan on being involved in both Hillel and J Street U Columbia, so I'm not too worried about staying involved in New York. Additionally, living in New York, I'm really excited to explore the multitude of synagogues and *minyanim* that the Upper West Side has to offer. I've been told there are a few.

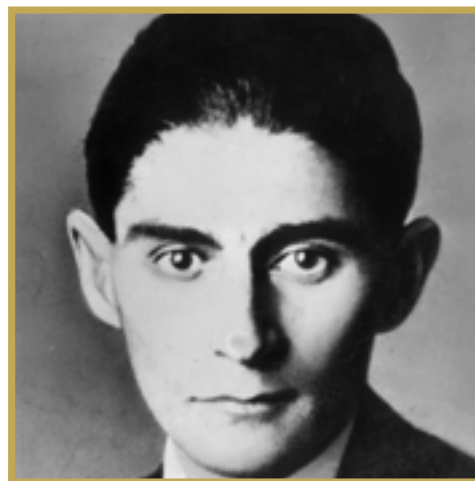
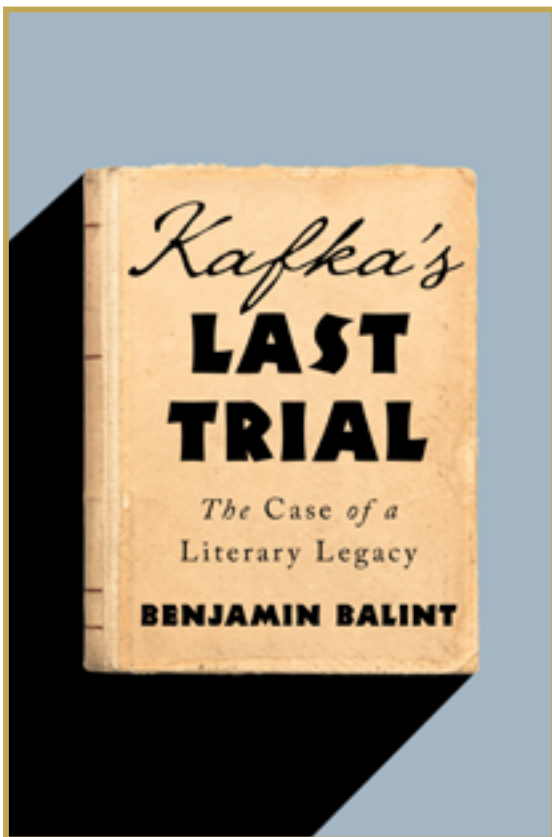


Books & More *The Adas Israel Library Corner*

The Tug-of-War Over Kafka

BY ROBIN JACOBSON

LIBRARY & LITERARY PROGRAMS DIRECTOR



In March 1939, Max Brod fled his home in Czechoslovakia, just ahead of the Nazi invasion. Boarding the last train out of Prague before the borders closed, Brod clutched a bulging, cracked-leather suitcase containing the manuscripts, letters, and diaries of his late friend, Franz Kafka, the Czech Jewish author of 20th-century masterworks.

Brod made his way to Tel Aviv, toting his precious suitcase, an emigration that led seven decades later to a dramatic,

nine-year legal battle in Israel over the rightful inheritor of the Kafka materials. *Kafka's Last Trial: The Case of a Literary Legacy*, by Benjamin Balint (2018), tells the fascinating, tangled tale of competing interests among the parties to the case: the National Library of Israel; Eva Hoffe, the daughter of Brod's late secretary; and the German Literature Archive in Marbach, Germany. As Balint perceptively and provocatively explores, the trauma of the Holocaust and the rivalry between Israel and Germany over a shared literary heritage often overshadowed the case's complex legal issues.



A FATEFUL FRIENDSHIP

The literary fame of Franz Kafka (1883–1924) owes everything to his best friend, Max Brod (1884–1968). Brod's escape from Prague with Kafka's writings was not his first rescue of those materials. In 1924, when Kafka died of tuberculosis at age 40, Brod defied Kafka's explicit instructions to burn unread all his manuscripts, notebooks, and letters. Afflicted with self-doubt, Kafka had published little during his lifetime; most of his work existed only in manuscript form. Certain of Kafka's genius, Brod, himself an acclaimed author, devoted his life to editing, publishing, and promoting Kafka's work.

After many years in Tel Aviv, Brod died, leaving his literary estate, including the original Kafka writings, to his devoted secretary, Esther Hoffe. His will, in one view, reflected the expectation that she would place the papers with a library or other scholarly institution. Instead, Hoffe hoarded most of the papers in safe deposit boxes and in her apartment that she shared with her

daughter Eva and their many cats, much to the consternation of Kafka scholars. After Esther Hoffe died in 2007, Eva Hoffe negotiated to sell Kafka's papers to the German Literature Archive, a renowned institution for modern German literature.

GERMANY OR ISRAEL?

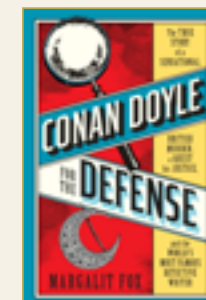
Germany and Israel each claimed Kafka as a literary native son. The German Literature Archive saw Kafka's work as an integral part of the German literary canon, noting that Kafka wrote in German and immersed himself in classic German literature. Kafka's stories and novels do not mention Jews and are best understood, the Archive contended, as universal human parables. Furthermore, the Archive had the necessary expertise in German literature and linguistics to properly analyze Kafka's papers.

The National Library of Israel countered that Kafka's work is a cultural asset of the Jewish people. Although Kafka's fiction does not directly reference Jews, his diaries and letters document his study of Hebrew and his ongoing reflections about Judaism and Zionism. Moreover, many scholars read his stories as allegories of the European Jewish experience of belonging neither to traditional Judaism nor to European society.

The highly charged question looming over the court was whether Germany had forfeited any right to claim Kafka. Kafka's three sisters died in Nazi death camps, a terrible fate Kafka escaped by dying young. Indeed, Kafka's papers were in Israel because Brod fled from the Germans occupying Czechoslovakia.

Ultimately in 2016, the Israeli Supreme Court ruled that Kafka's papers belonged to the State of Israel, and not to Eva Hoffe, who therefore had no right to sell them to the German Archive. Nonetheless, the Kafka material will be available to all; the National Library of Israel pledged to digitize and put it online.

BOOK CHAT



CONAN DOYLE FOR THE DEFENSE BY MARGALIT FOX

Sunday, March 24, at 10:00–11:00 am

Join us to discuss this gripping true story of Arthur Conan Doyle, the author of the Sherlock Holmes stories, who took up the real case of a Jewish immigrant wrongly accused of murdering an elderly Scottish woman. All are welcome! Book chats are co-sponsored by the Library and Sisterhood.

Questions? Please contact Robin Jacobson (librarian@adasisrael.org).



BIRTHS

Rose Strasser Amstutz, daughter of Julia Strasser & Andrew Cassidy-Amstutz, was born November 24.
Rider Wyatt Alpert, son of Courtney & Evan Alpert, was born November 30.
Molly Bea Gottlieb, daughter of Julianna Goldman & Mike Gottlieb, was born December 2.
Raphael Jacob Schiffres, son of Ethan Schiffres & Allie Ganz, was born December 11.
Amalia Fischer-Lyons-Warren, daughter of Abra Lyons-Warren & Jonathan Fischer, was born December 22.

We wish our newborns and their families strength, good health, and joy.

B'NAI MITZVAH



Josiah and Sadie Goldberg, February 9
Josiah and Sadie, son and daughter of Monica and Adam Goldberg, are in the seventh grade at Pyle Middle School. Their Jewish education began as babies following around big sister Lucy at the Gan and has continued at Adas Israel ever since. They celebrate this *simcha* with Lucy and family members, including grandmother Judy Goldberg (aka Nana), grandfather Carl Burke, and many other friends and family. At this special time, they remember with love grandfather Arthur Goldberg and great-aunt Ethel Schwam of blessed memory. Sadie and Josiah are supporting the Macedonia Baptist Church's effort to memorialize the Bethesda African-American Cemetery, for their *mitzvah* projects.



Noah Rashkin, February 16
Noah, son of Allison and Jason Rashkin is a seventh grader at Westland Middle School in Bethesda. He began his Jewish education at Gan HaYeled, and is a student at the Estelle & Melvin Gelman Religious School. He celebrates his *bar mitzvah* with his brother, Ben; his grandparents, Ed Ede, Michael & Regina Waxman, and Tina Goodin; and other family and friends. At this special time he thinks with love about his Gramsey, Patricia Rashkin, of blessed memory. For his *mitzvah* project, Noah is combining his love for food and helping others by volunteering with Martha's Table food preparation.



Elizabeth Hare, February 23
Elizabeth, daughter of Kate Sullivan Hare and Neil E. Hare, is a seventh grader at Sidwell Friends School. She began her Jewish education as a Butterfly at Gan HaYeled and attends the Ma'alot program at the Estelle & Melvin Gelman Religious School. She shares this *simcha* with her siblings, Sophie and Jack; her grandmother, Isadora Hare; and many aunts, uncles, and cousins. At this special time she thinks with love about her grandfather, Philip J. Hare, of blessed memory. A serious student of piano and member of Adas Israel's Kolot and her school's voice ensemble, Elizabeth is pleased the service on this day will be augmented with piano, cello, and percussion. Her *mitzvah* project supports the DC Food Project, a new effort providing food-insecure DC public school students with nonperishable take-home meals for the weekend as well as community share tables at school to minimize food waste.

IN MEMORIAM

We mourn the loss of synagogue members: Stanley Bobb Gerard Daniel	Judith Himmelfarb, mother of Dan Himmelfarb Marian (Miriam) Hoechstetter, mother of Sue Hoechstetter Ethel Kaplan, mother of Esther Foer Barbara Knapp, mother of Bill Knapp David Kresch, father of Sandy Kresch Lillian Podgorsky, mother of Arnold Podgorsky George Orlove, father of Brett Orlove Frederick "Rick" Sutton, father of Healey Sutton
We note with sorrow and mourn the passing of: Edgar Aftergood, father of Edgar Aftergood James Edward Draheim, father of Megan Draheim Lawrence Friedman, father of Gerald Friedman	



For more information and to register, visit
jewishstudycenter.org.
Wednesday Nights @ 7:00 pm & 8:15 pm

Savoring the Psalms
Wednesdays, Feb. 6, 20, 27 at 8:15 pm
Instructor: Amy Schwartz

The 150 religious poems that make up the *Book of Psalms* are deeply familiar and deeply strange. Entwined in both Jewish and Christian tradition, they form the backbone of the liturgy and yet speak to us in a modern, sometimes perplexing voice. We'll read, compare translations, and trace the powerful imagery in these works. Readings in English.

**The Work Must Be Done:
Raoul Wallenberg's Mission to Rescue Hungary's Jews**
Wednesday, Feb. 6 at 7 pm
Speaker: Her Excellency Karin Olofsdotter

Raoul Wallenberg, scion of a distinguished Swedish family, variously architect, businessman, and diplomat, paid with his life for his all-consuming efforts to use all means at his disposal to enable Hungarian Jews to escape death at the hands of the Nazis occupying Hungary in the course of WWII. **Ambassador Karin Olofsdotter**, Sweden's current envoy to the United States and, earlier, Sweden's ambassador to Hungary, has found the story of Mr. Wallenberg's wartime activities enormously compelling. While serving in Hungary, she was able to learn more from various sources about Raoul Wallenberg's resourceful efforts to save as many Hungarian Jews as possible.

We are honored to host Ambassador Olofsdotter, who will share what she has discovered with a class she is presenting especially for the Jewish Study Center.

When Rabbis Pray for Congress: The Great American Story of Jewish Prayers in the House and Senate
Wednesday, Feb. 13 at 7 pm
Instructor: Howard Mortman

Since the Civil War, more than 613 Jewish prayers from 430 rabbis have opened sessions of the Senate and the House of Representatives. Who are they and what did they say? Take a unique historical tour through a treasure trove of historical trivia—including seven prayers in Congress from Adas Israel rabbis, going back to a D-Day-themed blessing in June 5, 1944!

Behind the Great Yeshivas of Prewar Lithuania
Wednesday, Feb. 13 at 8:15 pm
Instructor: Thomas Timberg

Many people have heard of the great 19th-century yeshivas in Lithuania, with their dramatic effect on Jewish life and scholarship, but few realize how radically this Jewish educational institution differed from its predecessors. It became a major cultural and political force in the Jewish community, but also—because of its funding from abroad—one that moved it away from the culture of the wider community and heightened scholars' dependence on foreign (especially American) support. After the destruction of Eastern European Jewry, however, it was that link that helped transform the yeshivas into American and Israeli institutions.

**Echoing the Maccabees:
How Jewish Soldiers Restored Synagogues after WWII**
Wednesday, Feb. 20 at 7:00 pm
Instructor: Michael Rugel

By the summer of 1945, the war in Europe was over, but repairing the destruction was just beginning. In the Pacific, and particularly in Europe, synagogues had been damaged, destroyed, defamed. Many American Jewish service members, like their forebears the Maccabees, followed their military victory over an enemy who sought to destroy Jews by restoring the temple.

The Secrets of Ashkenazi Comfort Food
Wednesday, Feb. 27 at 7:00 pm
Instructor: Susan Barocas

In the depths of winter, even the most adventurous eaters sometimes long for the old-fashioned tastes of Eastern European comfort cooking. Can these old recipes be made modern and healthy? Beloved community chef Susan Barocas will lead us through the planning and cooking of such multi-generational standbys as borscht, eggplant caviar and even a cholent. She'll feed us with recipes, stories and, of course, copious samples.

**From Generation to Generation:
An Introduction to Jewish Genealogy**
Four Tuesdays: Feb. 5, 12, 19, 26
7:00 pm – 9:15 pm with 15-minute break
Instructors: Sheila Wexler and Mary-Jane Roth

Rapid advances in technology have brought about a golden age of genealogical research. If you've been wanting to join in, here's your chance! In this four-class course, seasoned genealogists will introduce you to tracing your Jewish family history, providing participants with crucial resources and key tools. Students will learn how to enrich their personal stories through out-of-class assignments and then share their work in class. You must have basic computer skills and internet access to complete the assignments. A helpful optional resource book, *Getting Started in Jewish Genealogy*, will be available for sale (\$12 for JGSGW members, \$15 for non-members). Class size is limited to 20 students.



The congregation gratefully acknowledges the following contributions:

Abraham & Anna Nathanson Youth Endowment Fund

By: Gilbert Nathanson.
In Memory Of: **Bennett Nathanson** by Wendy & Keith Miles.

Adas Community Security Fund

By: Ricki Gerger.
In Memory Of: Those who lost their lives in Pittsburgh by Barbara Jacobs.

Anne Frank House Fund

By: Perry & Laura Apelbaum, Anne L. Bernstein, Aaron Besser, Andrew Dauber, Robert & Beth Feldgarden, Ellen Ficklen, Amy Fine, Titan Mechanical, Richard Foley, Bernice Friedlander, Steven & Jane Gilbert, Bonstra Haresign Architects, Elyse Kaye, David J. Kline, Irwin & Grace Lebow, Nechama Masliansky, Amy & Billy Mates Mencow, McNulty Mechanical LLC, Robert C. Meehling, Lisa Beth Morenoff, Jeffrey & Patricia Pukatch, Carolyn Rogers, Seth Rosenthal & Stephanie Robinson, Stanley M. Salus, John Speaks, Lisa Stand, Marcia Sternfeld, James Feldman & Natalie Wexler.
In Honor Of: **Lauren Gelbtuch** by Mark Rettman.
In Memory Of: **Sophie Silfen** by Gail & Don Roache. **Sheldon Cohen** by Marilyn & Stefan Tucker. **Shirley Wasserman** by Cheryl Wasserman. **Bertha Popkin** by Susan P. Willens.

Benjamin James Cecil Special Education Fund

In Memory Of: **Benjamin “Jamie” Cecil**, **Cathie O’Mack**, **Rick McDonald** & **John Rayburn**, all by Judith Friedman & Joe Cecil.

Board Sunshine Fund

By: Janet Scribner.

Cantor Brown Discretionary Fund

In Appreciation Of: **Cantor Brown** by Ava & Neal Gross, Elissa Gross, Jay & Alexis Boleda Gross.
With Thanks To: **Cantor Brown** for the lovely concert in November by Rhoda Ganz.
In Memory Of: **Dov Bernard Fischman** by Joel Fischman.

Charlotte & Hubert Schlosberg High Holy Day Mahzor Fund

In Memory Of: **Goldyne Schlosberg** by Hank Schlosberg.

Congregational Kiddush Fund

In Honor Of: **Aufruf** for **Ethan Waxman & Nina Mullen** by Debra Goldberg & Seth Waxman. Our Adas family before we move to Mexico by Elizabeth & David Glidden. **Ava & Neal Gross’s** anniversary & birthdays by Jay & Alexis Boleda Gross & Elissa Gross.
In Honor Of: **Amalia Fischer-Lyons-Warren’s** baby naming by Rhona Lyons & David Warren
In Memory Of: **Phillip S. Lewis** by Zev Lewis.

Craig Jeffrey Atlas Hebrew University Fund

In Memory Of: **Sylvia Gotkin** by Arline Atlas.

Daily Minyan Fund

In Honor Of: My Daily *Minyan* aliyah by Elaine Kremens. Birth of Manny Schiffres’s grandson, **Raphael** by Jean & Larry Bernard, Laurie Alban Havens, Mark Yecies & Ellen Roche, April Rubin & Bruce Ray. **Manny Schiffres** & all he does for the Daily *Minyan* by Joyce & Michael Stern.
With Thanks For: The lovely celebration of our grandson’s *pidyon haben* by Cindy Reich & Harold Kravitz.
In Memory Of: **Marian Hoechstetter** by Mark Yecies & Ellen Roche.
Jessie Gertman & **Samuel Gertman, M.D.** by Susan Ugelow. Our mother, **Anita** by the Lapping family.

Dan Kaufman Children’s Program Fund

In Honor Of: **Marion & Murray Mohl’s** granddaughter becoming a *bat mitzvah*, by Dale Kaufman, **Minna Kaufman** by Dale Kaufman.
In Memory Of: **David H. & Daniel Kaufman** by Minnie Kaufman.

Dr. & Mrs. Stanley W. Kirstein Gan Memorial Fund

In Memory Of: **Fred Blacher, Robert Blacher, Rose Hyman Blacher, Abe Kirstein, Dr. Stanley Kirstein, Selma “Bebe” Polsky Kirstein, Rose Blacher Kirstein, Frank Kirstein, Gladys Goldstein Kirstein**, all by Steve Blacher.

Dr. William & Vivienne Stark Wedding & Anniversary Fund

In Honor Of: Our 70th anniversary by William & Vivienne Stark.

Ethel & Nat Popick Chronicle Fund

In Memory Of: **Howard Ratain** by Dorothy Block. **Deana Stempler & George Orlove** by Harriet Bubes.

Executive Director Discretionary Fund

In Honor Of: **David Polonsky** by Lorna Jaffe, Shelley Tomkin & Ross Eisenman, Sharon Burka.
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Frances & Leonard Burka Social Action Endowment

By: Sharon Burka.
In Memory Of: **Gerald Gelman Kossow** by Frances Burka, John Kossow. **Dori Lynn Friendman** by Jamie & Stuart Butler.

Fund for the Future

In Memory Of: **Israel Herman** by Jack Herman. **Frederick Gibson** by Jennifer Gibson. **Alan Cohen** by the Lehrich family

Garden of the Righteous

In Memory Of: **Rhoda Connick** by David Connick. **Robert Kurzbauer** by Ruth Ann Kurzbauer.

Harry & Judie Linowes Youth Endowment Fund

In Memory Of: **Jordan Bierman, R. Robert Linowes, Eugene Munves, Jules Coler, & Joseph Linowitz**, all by Judie & Harry Linowes.

Havurah Kiddush Fund

By: Pamela Karasik & David Rubashkin, Ann Kort & Maurice Shohet, Larry Paul, Julie Weisman.
In Honor Of: **Zora Ofelia Hull’s** naming ceremony by Allison & Randy Hull. Birth of Manny Schiffres’s grandson, **Raphael**, Birth of **Jeri & Ed Greenberg’s** grandson by Dava Berkman. **Leigh Manasevit’s** 70th birthday, Retirement of **Patricia Manasevit**, Wedding of **Deborah Fidler & James Pritchett**, 10th anniversary of **Jane Fidler-Rosenblum & Ben Rosenblum**, all by Joyce & Michael Stern.
In Memory Of: **Abraham Chiswick & Yetta Chiswick** by Barry Chiswick. **Reeva Goldberg** by Joyce & Michael Stern, Mary & Arnie Hammer.

Hazzan Goldsmith Discretionary Fund

In Honor Of: My Yom Kippur aliyah by Sharon Burka.

Hesed & Bikkur Cholim Fund

By: Renée & Roger Fendrich.
In Honor Of: **Mary Hammer** & the Meal Train team by Lisa & Matthew Wein.
In Appreciation Of: **David Polonsky & Marcy Spiro** for helping to make the Somerset *Hanukkah* party such a lovely event & to **the Hesed Committee** for its wonderful cookies by Annette & Adrian Morchower on behalf of the Adas Somerset community.
In Memory Of: **George Orlove** by Barbara Sandler. **Leo Kramer** by Fradel Kramer. **Sylvia Nachbar** by Julia Gordon & Geoffrey Berman. **Susan Kuner** by Rae Grad. **Ian Butler** by Stuart & Jamie Butler.

Ida Mendelson Memorial Prayer Book Fund

In Loving Memory Of: **Adam Mendelson & Robert Rosenberg** by Herlene & Yaacov Nagler.

Jewish Mindfulness Center

In Gratitude For: Having the Jewish Mindfulness Center in the DC community with special appreciation to **Rabbi Holtzblatt & Jennie Litvack** by Kit Turen.
In Memory Of: **Lanie Cecula** by Jamie & Stuart Butler. **Estelle Mates** by Amy Mates & Billy Mencow.

Kullen Family Fund

In Memory Of: **Sidney I. Margolis** by Shirley Kullen.

Lillian & Daniel Ezrin Fund for Ritual Objects

In Memory Of: **Reeva Goldberg** by Rhoda Ganz.

MakomDC

By: Edie & Art Hessel.
In Honor Of: **Rabbis Alexander & Holtzblatt** by Naomi & Peter Rosenblatt.

Maxine & Gerald Freedman Endowment Fund

In Memory Of: **Martin Bolnick** by Maxine Freedman.

Mikvah Fund

In Honor Of: **Naomi Malka** by Shelley Tomkin & Ross Eisenman.
In Memory Of: **Zelda Tasman** by Sarah Tasman.

Morris Hariton Senior Programming Fund

In Loving Memory Of: **Ethel Bronstein Safran Kaplan** by Kathleen Boyle Dalen & Jason Dalen, Cheryl & Steven Kahn, Dava Berkman, Ellen & Neal Brown & family, Glenn & Cindy Easton, Stephe & Stu Golub.

Offerings Fund

By: Lois Steinberg, Barbara Weinstein
In Honor Of: *Birth & brit milah* of **Rider Wyatt Alpert** by Ellen Smith & family. **Ava & Neal Gross’s** 35th anniversary by Pam & Michael Smith. **Bo & Markey Kirsch’s simcha** by Phyllis Baylin.
In Memory Of: **Robert Gratz** by Brett & Deborah Orlove, Gail & Ian Gordon, Lisa & Richard Garfinkel. The 6 million by Jerry Friedman.

Rabbi Alexander Discretionary Fund

In Honor Of: **Rabbi Alexander** by the Gamiel Institute.
In Appreciation Of: **Rabbi Alexander** by Ava & Neal Gross, Elissa Gross, Jay & Alexis Boleda Gross.
With Thanks To: **Rabbi Alexander** for officiating at George Orlove’s funeral by Brett & Deborah Orlove.

Rabbi Holtzblatt Discretionary Fund

In Honor Of: **Rabbi Holtzblatt** by Karen Holtzblatt, the Gamiel Institute. **Howard’s** birthday by Sandy & Howard Marks.

Rabbi Jeffrey & Judith Wohlberg Masorti Fund

In Honor Of: Marriage of **Amy Easton & Zachary Steinhorn** by Renée & Roger Fendrich.

Rabbi Krinsky Discretionary Fund

In Appreciation Of: **Rabbi Krinsky** by the Goldberg family, Shelley Tomkin & Ross Eisenman.

Rabbi Solomon Discretionary Fund

In Honor Of: **Rabbi Solomon** & the High Holy Day children’s service by Roberta & David Carlin,

Return Again Fund

In Honor Of: **Melanie Nussdorf** by Lois Fingerhut.

Rose R. Freudberg Sisterhood Memorial Library Fund

In Honor Of: **Edith Couturier** on her special birthday by Fradel Kramer.
In Memory Of: **Mildred Hessel** by Arthur Hessel. **Ludwig & Ada Strauss** by Betsy Strauss. **Norman Freudberg & Reeva Goldberg** by Elinor Tattar, Nancy, Adam, Stephanie & Alex Chill. **Philip Flock** by Harriet Isack. **Bernardo Kotelanski** by Jorge Kotelanski & Marina Feldman. **Ilse Heumann** by Judith Heumann. **Alfred Jacobs** by Karen & Lester Goldberg. **Solomon Friss** by Lynn Friss Feinberg. **Herbert Shapiro DDS** by Madelyn Shapiro. **Israel Ellen** by Margaret Ellen. **Alfred Jacobs** by Mildred Jacobs. **Faye Loeffler** by Robert Loeffler. **Michael Greenberg & Roslyn Michelson** by Susan Liss & family. **Bernard Penny** by Toba Penny.

Rothstein Family Israel College Scholarship Fund

In Loving Memory Of: **Ralph B. Rothstein & Bud Rothstein** by Robin & Bob Berman.

Samuel & Jeanette Weiss Special Needs Fund

For the Speedy Recovery Of: **Michael Usher** by Ricki Gerger.

Sandra & Stanley Bobb Endowment Fund

In Memory Of: **David Feldman** by Sandy & Stanley (z”l) Bobb. **Mildred Hofberg** by Sandy & Stanley Bobb (z”l), Tammy Mendelson, Jodi & Rodd Macklin, Beth & Daryle Bobb.

Social Action Fund

In Honor Of: **Rachel Kolko** becoming a *bat mitzvah* by Hazel Keimowitz.
In Memory Of: **Beatrice & Leonard Toiv** by Helene Toiv. **Edgar Aftergood & Barbara Knapp** by Marina Feldman & Jorge Kotelanski. **Noah Mass** by Mindy Saraco & Michael Madden. **Helen Blatt Surosky** by Shelley Kossak.

Sophie Silfen Shalom Tinok Fund

In Honor Of: Birth of Manny Schiffres’s grandson, **Raphael Schiffres** by



Jane Baldinger, Jamie & Stuart Butler, Herlene Nagler.

Staff Gift Fund

By: Judith Bartnoff & Gene Sofer, Toni & David Bickart, Sandy Bieber & Linda Rosenzweig, Nancy & Alan Bubes, Jamie & Stuart Butler, Marshall & Arlene Sidell Cohen, Ross Eisenman & Shelley Tomkin, Renée & Roger Fendrich, Judith Rabinowitz & Joel Fischman, Marcie Goldstein, Sarah Wildman & Ian Halpern, Mary & Arnie Hammer, Beth Heifetz & Glenn Fine, Amy & Andrew Herman, Edie & Art Hessel, Audrey & Ron Hoffer, Sheldon Kimmel, Nancy & Ed Kopf, Sandy & Howard Marks, Annette & Adrian Morchower, Herlene & Yaacov Nagler, Wendy Pachter, Edna & Larry Povich, Rhoda Ritzenberg & Kenneth Heitner, Donald Saltz, Janet Scribner, Margie Siegel, Judith & Russell Smith, Betsy Strauss, Healey Sutton, Sara Vogler, Jeffrey & Jean Yablon
In Honor Of: Our amazing staff by Ricki Gerger. **Calvin, Charles, Tyrone, Phil, Corey, Dereck & Mike** for all of your hard work throughout the year by Sharon Samber & Michael Leifman. The custodial staff by Venetta Acson & Howard Streicher.
In Gratitude To: The Adas Israel staff & all you do by Nechama & Billy Liss-Levinson.
In Memory Of: **Daniel Kweller** by Ronnie Kweller.

Traditional Minyan Kiddush Fund

In Honor Of: Birth of Manny Schiffres’s grandson, **Raphael** by Bill Levenson.
In Memory Of: **Edgar Aftergood** by Gail Levine & Ian Gershengorn, William Kanter, Bill Levenson, April Rubin & Bruce Ray.

Tzedakah Fund

In Memory Of: **Paola Sadun & Raffaella Sadun** by Arrigo & Mary Elizabeth Sadun. **Morris Friedman** by Barry Friedman. **Shirley Esquith** by David Esquith. **Pauline Fox Boorstein** by Edith Couturier. **Gerard Daniel** by Glenn & Cindy Easton. **Lois Martus** by Jay Martus. **Sarah Leventhal** by Judy & Brian Madden. **Bessie Elfin** by Margery Elfin. **Samuel H. Cohen** by Marshall Cohen. **Gilbert Ottenberg & Sadye Ottenberg** by Regina Levin. **Rose Engelhardt Wasserman** by Rhoda Baruch. **Irving Gerger** by Ricki Gerger. **Rae Levy** by Rosalyn Jonas. **Stanley Clayman** by Shirley Steinberg. **Baird (“Buz”) Michelson** by Susan Liss & family.

Yizkor/Yahrzeit Fund

In Memory Of: **Oscar Gildenhorn** by Amb. Joseph Gildenhorn, Blanche Speisman. **Esther Mindel Frank** by Barbara Frank. **Simon Albert** by Barbara Sandler. **Samuel Julius Friedlander** by Bernice Friedlander. **Rose Leibowitz** by Bunny Weinstein. **Dr. Melvin Clayman** by Caryn Clayman. **Samuel Kline & Betty Kline** by David & Barbara Kline. **Charles Tauber & Selma Vigderhouse** by Dolly Kay. **Sara Levinson** by Don Levinson. **M. Jerry Winnick** by Ellen Sinel. **Bess & Abraham Schwartz** by Frederic Schwartz. **Albert Roggin** by Gail Wilensky. **Morris Singer** by Gloria Bernstein. **Stan Sherman** by Iona Klayman. **Carol J. Bolotin** by Jeffrey Bolotin. **Lillyane Winepol** by Jennifer Friedman & Richard Sloane. **Miriam Bachrach** by Joan Slatkin. **Julia Mayer Rosenberg** by Joel & Cynthia Rosenberg. **Mendel Tchulak** by Joseph Zilberbaum. **Samuel Weiss** by Joy Cohen. **Arnold Alban** by Laurie Alban Havens. **Herman Ritter** by Loren Kantor. **Frances Knie** by Lynn Kletzkin. **Sam Ash, Ruth Ash & Sylvia Ash Hoffer**, all by Matthew Ash. **David Franco** by Melanie & Larry Nussdorf. **Naomi Josephs** by Meredith Josephs. **Sylvia Kletzkin** by Morris Kletzkin. **Rosalie Wexler** by Pamela Wexler. **Sylvia Weinstein** by Paul Weinstein. **Shirley Epstein & Julius Bernstein** by Philip Epstein. **Sadye Ottenberg & Gilbert Ottenberg** by Rhoda Seigel. **Louise Burka** by Robert Burka. **Lee N. Sackett** by Stanley Scherr. **Frances Kahn & Nathan Kahn** by Stephen Kahn. **Alan Kahn** by Steve & Toby Kahn. **Judith Miller** by Stuart Miller. **Charles Baron** by Susan Brown. **Marvin Berkowitz, May Berkowitz, Allan Berkowitz**, all by Thea Mason. **Bernard D. Levinson & Dorothy Levinson** by Toby Kahn.

Youth Department Activities Fund

In Memory Of: **Isidore Cross** by Alan Cross. **Shirley & Julius Epstein** by Beverly Epstein. **Margery Feingold** by Cindy Miller. **George Orlove & Gerald Stempler** by Ellen & Stanley Albert. **Larry Honikman** by Geraldine Dubit. **Steve Grossman** by Margaret Ellen. **Nathlie Rosenthal Levitan** by Miriam Cramer. **Samuel Schechter** by Neil Schechter & Marge Corwin. **Ida Cohen** by Shirley Cohen.



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UPCOMING CHRONICLE DEADLINE—

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