

Adas Israel Congregation 🍏 High Holy Day Edition

# CHRONICLE





# PATHWAYS

WONDER • JOY • PEACE

## דרכיה דרכי נועם וכל נתיבותיה שלום

Its ways are pleasant ways,  
And all its paths, peaceful.

Proverbs 3:17

Pathways: Wonder. Joy. Peace.

### HIGH HOLY DAYS 5780

Join us for an inspirational High Holy Day experience at Adas Israel this year. We invite you to step out of your daily routines, to join together with the *kehilla*, to reflect deeply on what matters to you, and to embrace the pinnacle of our Jewish prayer experience. This year our theme for the *Yamim Noraim* is centered around pathways. The key, always, is to

pave our life's paths with peace, beauty, and opportunities for deeper engagement. This past year has left so many of us with countless moments of joy, pain, depth, tragedy, understanding, conflict, and everything between. Together we are invited to face each other and ourselves, and to build space for honesty, loss, longing, and, ultimately, connection.



דרכיה דרכי נועם וכל נתיבותיה שלום

HIGH HOLY DAYS 5780



**SELICHOT**

Saturday, September 21



**ROSH HASHANAH**

Monday & Tuesday, Sept. 30 & Oct. 1



**KEVER AVOT**

Sunday, October 6



**KOL NIDRE**

Tuesday, October 8



**YOM KIPPUR**

Wednesday, October 9

Full High Holy Day Schedule & Information Available Online at

[adasisrael.org/highholydays](https://adasisrael.org/highholydays)





# Service Schedule

## HIGH HOLY DAYS AT ADAS ISRAEL

### 🍏 EREV ROSH HASHANAH Sunday, Sept. 29

**COMMUNITY SUNSET SERVICE** 6:45-7:45pm  
Led by Adas Clergy, *Sermon by Rabbi Krinsky* • Charles E. Smith Sanctuary

### 🕒 ROSH HASHANAH DAY 1 Monday, Sept. 30

**SHACHARIT** 8:15am  
Led by Michael Leifman & Clergy • Charles E. Smith Sanctuary  
Lay-Led, Traditional Egalitarian • Gewirz Beit Am (begins 8:45am)

**FAMILY SERVICE** 9am  
Family Experience w/ Rabbi Solomon • Kay Hall

🎸 **TORAH SERVICE & SHOFAR SOUNDING** 9:15am  
Led by Adas Clergy & RA Band • Charles E. Smith Sanctuary 🎧  
Lay-Led, Traditional Egalitarian • Gewirz Beit Am (begins at 10am)  
Livestream Overflow • Biran Beit Midrash

🎸 **MUSAF SERVICE** 10:45am (Sermons at 11am)  
Led by Rabbis Holtzblatt & Alexander, *Sermon by R. Holtzblatt* • Charles E. Smith Sanctuary 🎧  
🎵 **Led by Rabbi Krinsky & Cantor Brown, Sermon by R. Alexander** • Kay Hall  
Lay-Led, Traditional Egalitarian • Gewirz Beit Am  
Livestream Overflow • Biran Beit Midrash

**COMMUNITY TASHLICH** 4:45pm  
Led by Rabbi Krinsky • Meet at Quebec St. Entrance

**MINCHA/MAARIV** 6pm  
Led by Hazzan Goldsmith • Biran Beit Midrash

- With Instruments: *Reflective, Soulful Sounds*
- With Instruments: *Traditional, Cantorial Melodies*
- With Sign Language Interpretation

### 🕒 ROSH HASHANAH DAY 2 Tuesday, October 1

**SHACHARIT** 8:15am  
Led by Hazzan Goldsmith • Charles E. Smith Sanctuary

**TORAH SERVICE & SHOFAR SOUNDING** 9:15am  
Led by Rabbi Krinsky & Cantor Brown • Charles E. Smith Sanctuary

**PRESCHOOL CHILDREN & FAMILY CELEBRATION** 9:30am  
Led by Robin Helzner • Cohen Hall

🎵 **MUSAF SERVICE** 10:45am (Sermons at 10:45am)  
Led by Rabbi Alexander & Cantor Brown, *Sermon by R. Alexander* • Charles E. Smith Sanctuary  
Led by Rabbi Holtzblatt & Michael Leifman, *Sermon by R. Holtzblatt* • Kay Hall

**MINCHA/MAARIV** 6pm  
Led by Michael Leifman • Biran Beit Midrash

### 🕒 KOL NIDRE Tuesday, October 8

**MINCHA** 5:15pm  
Led by Hazzan Goldsmith • Biran Beit Midrash

🎵 **KOL NIDRE** 6pm  
Led by Rabbi Alexander & Cantor Brown • Charles E. Smith Sanctuary 🎧  
Lay-Led, Traditional Egalitarian Minyan, *Sermon by Rabbi Krinsky* • Gewirz Beit Am

🎸 **RETURN AGAIN KOL NIDRE** 7:30pm  
Led by Rabbi Holtzblatt & Return Again Band • Adas Israel Parking Area

### 🕒 YOM KIPPUR Wednesday, October 9

**SHACHARIT** 9am  
Led by Hazzan Goldsmith • Charles E. Smith Sanctuary  
Lay-Led, Traditional Egalitarian • Gewirz Beit Am

**FAMILY SERVICE** 9am  
Family Experience w/ Rabbi Solomon • Kay Hall

🎸 **TORAH SERVICE & YIZKOR** 10:30am (Yizkor ~11:10am)  
Led by Rabbi Holtzblatt & Cantor Brown • Charles E. Smith Sanctuary  
Led by Rabbi Alexander & Michael Leifman • Kay Hall 🎧  
Lay-Led, Traditional Egalitarian • Gewirz Beit Am (begins at 10am)

**YOM KIPPUR UNPACKED: A HIGHLIGHT EXPERIENCE** 11am-12:30pm  
Led by Rabbi Krinsky • Cohen Hall

🎸 **MUSAF & MARTYROLOGY SERVICE** 12:45pm (Sermons at 12:45pm)  
Led by Rabbi Holtzblatt & Return Again Band • Charles E. Smith Sanctuary  
Led by Rabbi Alexander & Cantor Brown • Kay Hall 🎧  
Lay-Led, Traditional Egalitarian Minyan • Gewirz Beit Am

**AFTERNOON DISCUSSION: JUSTICE ELENA KAGAN** 3pm  
Justice Kagan in Conversation w/ Seth Waxman • Charles E. Smith Sanctuary 🎧

**MINCHA** 4:30pm  
Led by Michael Leifman • Charles E. Smith Sanctuary

**LATE YIZKOR** 4:30pm  
Led by Rabbi Krinsky & Hazzan Goldsmith • Biran Beit Midrash

🎵 **N'EELAH** 5:45pm (Shofar ~7:35pm)  
Led by Adas Clergy • Charles E. Smith Sanctuary

**TRADITIONAL N'EELAH** 6:15pm  
Lay-Led, Traditional Egalitarian • Gewirz Beit Am

# Youth Services Schedule

## HIGH HOLY DAYS AT ADAS ISRAEL

We are blessed to have so many families in our community. Children, like adults, can feel drawn toward different modalities of prayer. We have a variety of service options to enable our children and their grown-ups to engage in meaningful, communal experiences over the holidays.

### 🍏 ROSH HASHANAH DAY 1 Please Note New Times

**FAMILY SERVICE with Rabbi Kerrith Solomon**  
**Kay Hall @ 9am:** For families who want to share the experience with their elementary school age children (grades K & up).

**TORAH & TEFILLAH for Tots through K**  
**Youth Lounge @ 10:30am:** For families with young children to celebrate together, led by Menuhah Peters.

**YOUTH PROGRAMMING**  
**3rd Floor @ 10:30am:** For students in grades K-6: Rosh Hashanah and Parsha exploration.  
**3rd Floor @ 11:30am-12:30pm:** For students in grades K-6: Holiday activities.

**FAMILY TASHLICH**  
Families should meet on the **Connecticut Avenue Patio after services at 12:30pm.** All children must be accompanied by an adult.



### 🍏 ROSH HASHANAH DAY 2 Please Note Times

**PRESCHOOL CHILDREN & FAMILY ROSH HASHANAH CELEBRATION**  
**Cohen Hall @ 9:30-10:30am:** With Robyn Helzner.

**TORAH & TEFILLAH for Tots through K**  
**Youth Lounge @ 10:30am:** For families with young children to celebrate together, led by Menuhah Peters.

**YOUTH SERVICES**  
**Funger Hall @ 10:30am:** For students in grades K-2.  
**Sisterhood Hall @ 10:30am:** For students in grades 3-6.  
**3rd Floor @ 11:30am-12:30pm:** For students in grades K-6: Holiday activities.

### 🐐 YOM KIPPUR Please Note New Times

**FAMILY SERVICE with Rabbi Kerrith Solomon**  
**Kay Hall @ 9am:** For families who want to share the experience with their elementary school age children (grades K & up).

**TORAH & TEFILLAH for Tots through K**  
**Youth Lounge @ 10:30am:** For families with young children to celebrate together, led by Menuhah Peters.

**YOUTH PROGRAMMING**  
**3rd Floor @ 10:30am:** For students in grades K-6: Yom Kippur and Parsha exploration.  
**3rd Floor @ 11:30am-12:30pm:** For students in grades K-6: Holiday activities.

**TEEN CHAT**  
**Funger Hall @ 12:30pm:** Grade 9-12. Gather for a discussion and reflection on Jewish values in our modern lives.

**N'EELAH**  
**Connecticut Ave. Patio @ 7:15pm (30 min before Shofar):** Students are invited to gather on the Connecticut Avenue Patio for a short program and to join the services in the Charles E. Smith Sanctuary.

**PLEASE NOTE:**  
**Additional information about youth services is located in the 2019 High Holy Days book.**

*High Holy Day Information Continues on pg. 12*



# ADAS (in) ISRAEL

An Unforgettable Adas Israel Congregational Journey to Israel

SUMMER 2020



## Travel Window: June 18–28, 2020

Rabbis Lauren Holtzblatt & Aaron Alexander, Cantor Arianne Brown, and our Israel Engagement Task Force enthusiastically invite you to join us for an unforgettable exploration of Israel, with our own Adas clergy and community members. For first-timers and experienced Israel-travelers alike, this is your opportunity to encounter Israel through the lens of our sacred and diverse Adas Israel community, and through various high-impact, **multi-day experiences of your choosing** unique to Adas participants.



### Strength in Community

We're not just going to Israel, we're bringing Adas to Israel. Build relationships & memories to cherish for all time.



### All Are Welcome

First-timers, young families, Israel-experts, spiritual seekers ... we want you all! Custom "track" experiences built for everyone.



### A Holistic Israel Encounter

Bask in the rich, energetic culture of modern-day Israel. Dive into unique areas of focus available only to Adas participants.



### Expertly Designed Travel Experience

Curated travel arrangements, delightful accommodations, expert tour guides, delicious food, and unforgettable experiences.

ADAS (IN) ISRAEL



## OUR COMMUNITY WILL JOURNEY TOGETHER



Unique & Powerful  
Adventures



Hartman Institute  
Master Scholar Experience



Community  
In Action



21st Century Dynamics  
With Those Who Know



Spirited Shabbat Gatherings  
Like No Other



Young Family  
Adventures



"Only In Israel"  
The Highlights



The Tastes & Smells  
You'll Never Forget



The Land, The State,  
The People





# REGISTRATION OPENS SEPTEMBER 9TH

Early Bird Registration: 9/9/19 – 9/13/19  
Standard Registration: 9/14/19 – 2/21/20



## Sept. 9 @ 9 am – Sept. 13 @ 5:30 pm:

\$2,995/ per person

Lock in this incredible Early Bird rate for a very limited time. \$250/person deposit required, final payment will be due 90 days prior to travel.



## After September 13 at 5:30 pm:

\$3,395/ per person

The standard per person rate, for all dates going forward. \$250/person deposit required, final payment will be due 90 days prior to travel.



## Child Reduction Rate

– \$775 for 3rd Child

For a family with children, there is a discount for the third person (children only) in the room.



## Single Supplement

+ \$1,215/per person

Looking for your own room? We've got it, with this one flat fee for upgrading.

### Price Includes:

- 9 nights hotel accommodation
- Yummy Israeli hotel breakfasts
- 10 days of touring with top-notch, licensed, English-speaking tour educators
- 8 days of touring in luxury, A/C buses
- Group transfers and assistance to and from the airport
- All site entrance fees and program fees as per itinerary
- Meals: 5 lunches & 7 dinners
- Portage at hotels



## DAYS 1 – 5

Together in Jerusalem & Surroundings

Lodging: Dan Panorama, 4 star

## DAYS 6 – 8

\*Custom "Tracks" All Over Israel

Lodging: 4 star, location-dependent

## DAYS 9 – 12

Together in Tel Aviv & Surroundings

Lodging: Dan Panorama, 4 star



## Custom Breakout "Tracks"

- Shalom Hartman Institute Study Track  
*deep text study w/ master scholars*
- Geo-Political Deep Dive Track  
*an immersion and study like no other*
- Greatest Hits for First-Timers Track  
*all the highlights and must-do's*
- Young Family Adventure Track  
*adventures for families and children*
- Spiritual/Mindfulness Seeker Track  
*a deep spiritual connection in the land*



# FREQUENTLY ASKED QUESTIONS



## How do I apply for financial aid?

In order to qualify for financial aid, we ask that you register for the trip by September 13 (during the early bird registration) and complete the financial aid form at [adasisrael.org/adasinisrael](https://adasisrael.org/adasinisrael) by the High Holy Days. Thanks to a number of very generous Adas members, there is a (limited) pool of funding available to help offset registration costs for Adas members with material financial need. All requests will be carefully and confidentially reviewed after the High Holy Days. Participants will be promptly notified of the amount they have been allotted. No participant will receive a 100% subsidy. In the event you deem your financial aid to be insufficient to enable travel, we'll ask you to please reach out to us for a confidential conversation (deposits can be refunded only in cases where your originally requested financial aid amount cannot ultimately be granted).



## How does the deposit work?

Upon registering, all participants will be billed for a \$250 per/person deposit, paid directly to Da'at Travel Company, by credit card or check. The deposit will be nonrefundable, except in the circumstance as outlined above.



## I have an accessibility request, what should I do?

All are welcome on this trip. At the time of registration, please inform Da'at Travel of your accessibility request. They will work directly with you to accommodate your travel needs.



## Are flights included?

Flights are not included in the base registration price. Further flight information, recommendations, and options will be shared promptly for those who register.



## How do I choose a "track?"

As you read above, 5 customized "tracks" will be available to Adas participants, to focus on an interest or cohort unique to you for several days in the middle of the trip. Following the High Holy Days, all trip registrants will be given an opportunity to select their preferred track (each track subject to reaching a minimum level of participation). Families will be able to split up into different tracks if interested.



## Group Information Sessions

The first of many in-person discussions will take place via webinar on Friday, September 6th at 1:00pm, before registration opens. If you would like to participate, please email [AdasInIsrael@AdasIsrael.org](mailto:AdasInIsrael@AdasIsrael.org). If you have any specific questions in the meantime, please do reach out, we are always here and can provide any information you need.



Our Travel Partner

Visit [AdasIsrael.org/AdasInIsrael](https://AdasIsrael.org/AdasInIsrael) to Register!



# From the President

LAURIE ALADJEM, ADAS PRESIDENT



*"As I write this in July it is hot outside. Super hot."*

But while most of us are thinking about ice cream, everyone at Adas is actually thinking about the High Holy Days. Soon Adas will be filled with literally thousands of people. Some will be here to remember loved ones. Some will be here to look inward at the past and the future. Perhaps some might come for a respite from the crazy times in which we live. No matter the reason, we will be crowded, and I know I will draw strength from being together with all of you.

The fact that everyone who comes to worship as part of our community does so in one building, and that it all runs smoothly, doesn't happen by accident. "Team Adas" (the clergy and staff) works tirelessly, for months, preparing. They think through every detail, every contingency, all to ensure that we have meaningful *chagim*. They plan not just the liturgy and the music, but the schedule, the seating, the traffic flow, the security, and, yes, the all-important climate control for each worship space. So when you come to Adas during the *chagim*, please be patient and kind, and please thank all the staff, because nothing happens without the amazing efforts of each and every one of them.

Nothing happens without money either. As you know, we have made a commitment to the congregation to mount one, and only one, fundraiser a year, and it is called the Adas Fund. Our goal is 100 percent participation, in any amount that is comfortable for you. We truly strive to be a community that values all of our congregants' contributions, financial and otherwise.

This year's Adas Fund highlights the social justice work of our congregation. In these turbulent times I can think of nothing more sacred. A dedicated, and growing, group of our congregation, the Social Action Committee, devotes itself to fighting racial injustice (inside and outside our community); stemming the tide of gun violence; addressing the affordable housing crisis in our city, homelessness and hunger; and addressing climate change and the refugee crisis. In addition, our community engages in outreach to victims of hate crimes throughout our country.

When I was a little girl, my mom made us walk to services. My

secular Israeli father was not of fan of this practice. Sometimes in New York it would be hot in early fall, and our neighborhood wasn't particularly Jewish, so we stuck out a bit. But in retrospect, maybe it was good that we felt a little discomfort. Maybe it was an important reminder that while the United States is truly a land of opportunity for Jews, we need to work, always, to make sure that is true. Not only for us, but for all.

The *shofar* service at Adas will be bittersweet this year. But always the *shofar* service helps to wake us from our slumber. It is my wish that this year the *shofar* reminds us to hear, and heed, the call of justice. While we still live in relative peace and security, intolerance and hatred are growing all around us. The Adas Fund, and the social justice work of our congregation, reminds us that now more than ever we as a Jewish community have the sacred obligation to act, and not sit idly by, especially as some would seek to use the mantle of anti-Semitism as a shield for their own hate.

May we all have a meaningful High Holy Day season, and may our experiences together strengthen our resolve to live our values every day. *Shana tova*.



# Clergy Corner

RABBIS HOLTZBLATT & ALEXANDER



*"One thing I have learned about attention," writes author Jenny Odell, "is that certain forms of it are contagious. When you spend enough time with someone who pays close attention to something (if you were hanging out with me, it would be birds), you inevitably start to pay attention to some of the same things."*

There's an obviousness to this teaching that almost dulls its potency, but it is still something upon which all of us can deeply reflect, in any of our relationships. Because what we care about, what we actively notice, and how we attend to and integrate the experience of that awareness, softly influences those around us. When we choose to focus our attention on what matters most, those within our patterns of life experience a shift as well.

This phenomenon of focus works in many directions. For instance, the physical spaces in which we locate ourselves—because of the history they hold, the images they project, and the words they contain—also influence the direction of our hearts.

In so many ways, this is precisely why choosing to place ourselves in the presence of ancient traditions while holding thick prayer books with foreign words written long ago is so compelling and alluring, year after year. By paying attention to our foundational religious yearnings, ideas, poetry, and practice—we, in turn, become in tune with the eternal Jewish rhythms that course through the souls of all that was and is in these physical and meta-physical spaces.

Perhaps the intense emphasis we place on the fall holidays, in particular the Days of Awe, is wrapped up in this importance of accessing life through a different, unique prism—of paying attention to ourselves and all that is around us from a distinctly Jewish and time-tested perspective. Perhaps we find ourselves so drawn to sacred space on these days because, as Odell writes, "when the pattern of your attention has changed, you render your reality differently. You begin to move and act in a different kind of world."

In many ways, the call of the *shofar* is just that, a particular kind of wake-up call that transcends "wake up from your inner slumber," and also encourages us to "wake outward to another perspective, a different sightline." It's similar to what Rebbe Nahman of Bratzlav teaches: "The blasts of the *shofar* on *Rosh Hashanah* revitalize the soul and mind... Each [person] receives a new soul and a new level of understanding, each according to their own potential [at that time]. This new soul and vision are drawn from the inner countenance of God."

The countless hours we spend in synagogue over the High Holy Days provide each of us with this precious opportunity to refocus our hearts' direction. Each word, every symbol, all the melodies—they are special because to revisit them once a year is to allow them to help us divert attention from the everyday distractions and settle into a new vision, or an old vision long forgotten but now necessary.

So how do we prepare for this kind of re-alignment? To a certain degree, this is an area for which too much preparation could hinder a potential outcome. In other words, letting go of all the loaded expectations and committing to just being present in as many moments as possible may generate the widest possible range of possibility.

But also, perhaps this year we could begin this season by asking a new question. Can I stop for a moment to notice the web around me, and how it influences me right now? What is contagious that is in my hands, in my heart, or in my voice? Can I be awake enough to notice? Together, let's find out. *Shana Tova!*

**Learn more about the High Holy Days at Adas on the next page or visit:**  
**[adasisrael.org/highholydays](https://adasisrael.org/highholydays).**





## SELICHOT

Saturday Night, September 21 @ 9pm  
Gewirz Beit Am

Several days before *Rosh Hashanah*, Jews around the world gather together to recite the *Selichot*, a beautiful series of penitential prayers and meaningful liturgy. This tradition invites us to open ourselves up to the essential work of the Days of Awe: the process of repair and return, of acknowledgement and longing. It allows us to chant in unison and begin to come to terms with where we have erred in relation to ourselves, to others, and to the Holy One.

Our *Selichot* service includes highlights of the High Holy Day liturgy, coupled with the hauntingly beautiful sounds of the Days of Awe melodies. Please join the community for a warm evening of personal reflection through song, text, and sharing our own stories. The evening is generously sponsored by the **Mollie & Joseph Muchnick Selichot Fund**.



## HIGH HOLY DAY VOLUNTEERS NEEDED!

In addition to our clergy and staff members, we look to our community members to help us make *Rosh Hashanah* and *Yom Kippur* a spiritual, enjoyable, meaningful, stress-free experience for our 5,000 members.

Volunteering as a High Holy Day usher and/or greeter at Adas Israel can help you fulfill the *mitzvah* of *hachnasat orchim* (welcoming guests). Not only do we make sure that congregants and guests feel welcome, but we also play a role in maintaining security in and the dignity of our services. We direct worshippers to their seats; answer general questions; and distribute books, *kippot*, *tallitot*, and other religious materials. Simply stated, your service observance would not be the same without the assistance of our greeters and ushers.

If you would like to do more this year, consider participating as a High Holy Day volunteer. We need volunteers for all services, so no matter which service you attend, we can use your help at a time that is convenient to you. The time commitment is slight—two hours or less—and we have approximately 100 slots to fill.

If you are interested in learning more or volunteering, please contact Marcy Spiro, [marcy.spiro@adasisrael.org](mailto:marcy.spiro@adasisrael.org). Thank you in advance for your assistance. We have scheduled an orientation for **Sunday, September 15, at 10:00 am**, and more information will come later this summer. Thank you in advance for your assistance.



## PATHWAYS TO PREPARATION

*Spirited High Holy Day Preparations, Experiences & Learning*

**NEW YEAR, NEW BEGINNINGS: SEEING SACRED POSSIBILITY IN OUR WORK TRANSITIONS**  
*with Sarah Beller of Realize Change*

**Wednesday, Sept. 4, 6:30–8:30 pm**

Seeking a more grounded and life-giving approach to your work? Join Sarah Beller, founder of Realize Change, to explore Jewish texts about finding your path, purpose, and profession. Then reflect on what you are ready to let go of from the past year in your career, and what you truly want to bring about in the coming year.

**HIGH HOLY DAY PREP CLASS**  
*with Rabbi Elianna Yolkut*

**Tuesdays, Sept. 10 & 17 @ 7:30 pm**

Join Rabbi Elianna Yolkut for a textual exploration of the High Holy Days. We will cover major themes and the liturgy.

**SHABBAT HIGH HOLY DAY HALAKHAH**  
**Saturday, Sept. 21, after Kiddush**

Learn with Rabbi Alexander on this year's High Holy Days theme in *Halakhah*.

**AN EVENING OF HIGH HOLY DAY NIGGUNIM**  
*with Rabbis Alexander, Holtzblatt & Krinsky*

**Tuesday, Sept. 24 @ 7:30 pm**

Join Rabbis Holtzblatt, Alexander, and Krinsky for a *tisch*-like evening of *kavannot* (short teachings/meditations) and *niggunim* (wordless melodies) as we prepare for the High Holy Days.

**BECOMING PRESENT WITH MEDITATION & SONG**  
*Led by Susan Barocas & Michelle Buzgon*

**Wednesday, Oct. 9 @ 4:45–5:45 pm**

Use the rhythms of guided meditation and melodic singing to deepen our personal reflections as we approach the final hours of *Yom Kippur*.



## ANNUAL COMMUNITY CPR PROGRAM

**Sunday, September 15 @ 4:00–6:00 pm**

Join us for our annual Community CPR program on Sunday, September 15, from 4:00 to 6:00 pm (after our High Holy Day volunteer orientation). This training provides our community with an opportunity to learn or brush up on your CPR skills. Refreshments will be provided.

To register, contact Steven Miller, [smiller173@aol.com](mailto:smiller173@aol.com) or 703-981-1709. Registration is limited. There is no charge for synagogue members; for non-members, the cost is \$5.



## SUKKOT/ SIMCHAT TORAH

*Sukkot* begins on the 15th day of the month of *Tishrei*. We encourage you to order your *lulav* and *etrog* (\$40 each) in preparation for the festive observance of the *Sukkot* holiday. This year you may order your *lulav* and *etrog* online at [adasisrael.org/sukkot](http://adasisrael.org/sukkot) or by sending a check and order form to the attention of Hazzan Rachel Goldsmith (*Hazzan. Goldsmith@adasisrael.org*) at the synagogue.

*Sukkot* is known by several names, none more descriptive than *Z'man Simchataynu*, Day of Our Rejoicing. *Hag HaSukkot*, the Feast of Tabernacles, reminds us of the huts (*sukkot*) in which our ancestors dwelt in the desert for 40 years on their way to the Promised Land.



## YOM KIPPUR SPEAKER: SUPREME COURT JUSTICE ELENA KAGAN

On Yom Kippur afternoon, please join us for a historic conversation with Supreme Court Justice Elena Kagan; Seth Waxman, former Solicitor General of the United States; and our Senior Rabbis Lauren Holtzblatt and Aaron Alexander. We are honored to welcome Justice Kagan for this enlightening and critical conversation, to be held in the Charles E. Smith Sanctuary at 3pm on Yom Kippur day.



## KEVER AVOT

Sunday, October 6 @ 10:30 am

Jews worldwide mark the approaching High Holy Days with the Kever Avot (graves of the ancestors) service, annual visits to the graves of departed loved ones.

**ADAS ISRAEL CEMETERY SERVICE**

1400 Alabama Avenue SE, Washington, DC

*With Rabbi Lauren Holtzblatt*

**JUDEAN MEMORIAL GARDENS SERVICE**

16225 Batchellors Forest Road, Olney, MD

*With Rabbi Aaron Alexander*



## RESERVED SEATING TIMES

Seating in the Charles E. Smith Sanctuary is reserved at the following times. Tickets can be requested through your High Holy Day forms.

- **Rosh Hashanah Day 1:** Beginning around 10:45am with the Musaf Service, and concluding at the end of the sermon
- **Yom Kippur Day:** Beginning around 10:30am with the Torah Service, and concluding at the end of the sermon

**Please Note:** Reserved seating ends on both days with the conclusion of the sermon, at which time all open seats will become available.



## ACCESSIBILITY & INCLUSION

Adas Israel is committed to being a fully inclusive community. Please see the High Holy Day booklet for a full list of the accommodations we are able to provide upon request during the High Holy Days and all year round. Please e-mail your requests to [inclusion@adasisrael.org](mailto:inclusion@adasisrael.org) or call the synagogue office in advance to make arrangements.



## LIVESTREAM & OVERFLOW ROOM

On *Rosh Hashanah* Day 1 and *Yom Kippur*, there will be a live feed of the Charles E. Smith Sanctuary service broadcast into the Biran Beit Midrash. This will provide some additional seating for those who need it, or for those who would like to step out of the service spaces and still follow along with the prayer experience.

All services in the Charles E. Smith Sanctuary and Kay Hall will also be broadcast live at **ADASISRAEL.ORG/HDDLIVE**. Just visit that link from any device and you will be able to watch and listen to High Holy Days services in real time from wherever you are.



# The Adas Fund JUSTICE

The Adas Fund is the Congregation’s only annual campaign and is critical if we are to operate in the way you have come to count on and deserve. We seek 100% participation, at any level of giving. This year, we will honor the sacred work of our **Social Action Committee**, as its members work tirelessly to make the world everything we know in our hearts it should be.



**Now is the time.**  
**Please make your contribution today.**  
**We seek 100% participation by Rosh Hashanah.**

This year’s campaign is inspired by the work of our Social Action Committee, and supports all of our activities at Adas. The Committee is made up of teams focused on the pressing issues facing us today:

- Poverty / Homelessness / Housing Team
- Climate Action Team
- Lev B’Lev (“Heart to Heart”)
- Gun Violence Prevention Team
- Kehilah Multiracial Engagement Project
- Refugee Response Team

Visit [adasisrael.org/socialaction](https://adasisrael.org/socialaction) to learn more about this incredible work. Please join them as we demonstrate our gratitude for the many personal and family journeys Adas Israel’s members, clergy, and staff inspire. Please do give something today, and make everything possible.



**Laurie Aladjem**  
Adas Israel  
President



**Tali Stein**  
VP for  
Development



**Rabbi Aaron Alexander**  
Senior Rabbi



**Rabbi Lauren Holtzblatt**  
Senior Rabbi

**Donate online at [AdasIsrael.org/AdasFund](https://AdasIsrael.org/AdasFund)**



Our good friends and ongoing partners at **SOME, So Others Might Eat**, are in need of nonperishable food donations. SOME is an interfaith, community-based organization that supports residents in the District experiencing homelessness and poverty.

*SOME’s food wish list includes:*

- |   |                                    |
|---|------------------------------------|
| Peanut butter                               | Brown rice                         |
| Low-sodium soup                             | Whole wheat pastas and pasta sauce |
| Nuts and healthy snacks                     | Low-sugar cereal and oatmeal       |
| Canned fruit, in its own juice or water     | Fresh fruits and vegetables        |
| Canned vegetables, no added sodium          | Oils and vinegars                  |
| Meals in a can, such as chili and spaghetti | Canned chicken, salmon, and tuna   |

**Throughout the High Holy Days, baskets and collection bins will be placed around the building for donations.**

Your contribution, no matter the size, advances SOME’s mission to help our neighbors find pathways out of poverty and achieve long-term stability and success.

## Our Social Action Teams

### Poverty/Homelessness/Housing Team (PHH)

The DC metropolitan area contains one of the highest rates of homelessness in the U.S. The Poverty/Homelessness/Housing Team (PHH) works to address the broader causes of homelessness, poverty, and illiteracy and to foster equal opportunity for all of our neighbors through community organizing and direct service. Interested? Contact Jamie Butler, [jgb3611@gmail.com](mailto:jgb3611@gmail.com).

### Refugee Response Team

The Refugee Response Team (RRT) works with local and national organizations to help refugee families in the DC metropolitan area. Adas volunteers have co-sponsored a Syrian refugee family, furnished apartments for three refugee families, and mentored recently arrived immigrant families. For information about our coalition and advocacy efforts, contact Liana Brooks-Rubin, [liana@eventidewellness.com](mailto:liana@eventidewellness.com).

### Climate Action Team (CAT)

Preserving the earth for ourselves, our children, and our grandchildren is a Jewish value. Adas Israel’s Climate Action Team (CAT) works within our own congregation to take action in our homes, our synagogue, and our communities, and looks to join local advocacy campaigns for climate action in the metropolitan area. Interested? Contact Philip Henderson, [philiphdc@gmail.com](mailto:philiphdc@gmail.com).

### Lev B’Lev

A joint effort of Hesed and the Social Action Committee, Lev B’Lev (“Heart to Heart”) aims to counter the rise of hatred in our society by extending radical compassion to people of all faiths who have been targeted by hate. To get involved with our speaker series, letter writing, interfaith initiatives, and vigils and rallies, please contact Bruce Charendoff, LBL chair, at [brucecharendoff@yahoo.com](mailto:brucecharendoff@yahoo.com).

### Gun Violence Prevention Team (GVP)

The Gun Violence Prevention (GVP) team is dedicated to addressing the crisis of gun violence in Washington, DC, particularly in Wards 7 and 8. We partner with local organizations such as the TraRon Center and with faith-based organizations to work on issues around community safety and building relationships with, and bringing healing to, gun violence survivors. Interested? Contact Lois Fingerhut, [loisafingerhut@gmail.com](mailto:loisafingerhut@gmail.com).

### Kehilah Multiracial Engagement Project (KMEP)

To more accurately reflect our mission, we are renaming the Racial Justice Working Group: it will now be called the Kehilah Multiracial Engagement Project (KMEP). This name more clearly describes our goal of working toward a truly inclusive Adas community, and a truly inclusive larger Jewish community. In the coming year, KMEP will focus on building our community’s collective self-awareness so that we can all understand how unconscious biases and assumptions can unintentionally manifest in comments and actions—microaggressions—that can make Jews who do not identify as white feel othered or excluded. KMEP will seek to inspire inquiry, reflection, and introspection with regard to our own biases and identities. KMEP will also examine our community’s perspectives and feelings on race and racism within American society. To achieve these goals, we will host discussions and trainings, and invite experts in privilege and identity within the Jewish community as well as community organizations more broadly. If you’re interested in joining us in this work please reach out to co-chairs Stephen Horblitt ([horblitt4106@comcast.net](mailto:horblitt4106@comcast.net)); Lauren Queen ([laurenqueen526@gmail.com](mailto:laurenqueen526@gmail.com)); or Susan Bayles ([susan.bayles@outlook.com](mailto:susan.bayles@outlook.com)).



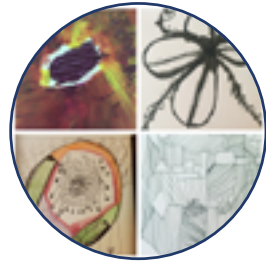




## Chess Club Starting At Adas

WEDNESDAY EVENINGS, 7:00–9:00 PM

It is rumored that Moses and Aaron played chess back in the day. Adas member Ross Bettinger is hoping to keep this tradition going at Adas. Anyone who is interested in playing, please reach out to Ross at [rsbettinger@gmail.com](mailto:rsbettinger@gmail.com). For now, we plan to play on Wednesday evenings from 7:00 to 9:00 pm. Exact dates and room location to be determined. Bring your own chess sets and boards; chess clocks are optional.



## Call for Artists of Adas: Celebrating Creativity within the Congregation

All of us have skills and talents that celebrate the joy of our synagogue. A unique opportunity will be occurring at Adas in December, and I wanted to put it on everyone's radar early on.

My name is Sara Vogler, and as an active member of the congregation, I wanted to take a moment to introduce a new project I'm developing at Adas and explain why it's important to me. I have showcased my art around DC for a while now in small cafés. I even was able to sell one of my art pieces to a collector at a local art show. I believe in art and its magic. One of the many things that I love about Adas is attending Daily *Minyan*; it is a beautiful way to break up the day with mindfulness and meaning. I also love *Hanukkah*; it's one of my favorite holidays! It's a holiday that means a lot to me, and I want to share those meanings with you all through my art and yours.

In preparation for *Hanukkah*, we are calling for all **Artists of Adas** to showcase their art. These are the parameters:

- Send a sketch or picture of your piece.
- Include the name of your piece and a sentence describing it.
- Include the dimensions of your piece and its style (type of art).

In addition, your art should resemble an element of *Hanukkah* that you love most! The plan is for the exhibit to be up in the Adas main lobby for at least a month during *Hanukkah*. The submission deadline for this project is **Monday, October 28**. Please e-mail the sketches of your pieces to Sara Vogler (email below) or drop off your pieces directly to Adas, Attn: Courtney Tisch. We hope you can join us in filling our walls with community, art, and the building of our spirit of rejuvenation! Please reach out Sara Vogler, [sara.vogler@gmail.com](mailto:sara.vogler@gmail.com), with any questions/comments and submissions.



## Financial Scams for Older Adults

*In collaboration with the Hesed Committee*

SEPTEMBER 19 @ 9:30–10:45 AM

Elder financial scams cost older adults \$37 billion a year. Discover why older adults are specifically targeted for financial exploitation and learn prevention tips to safeguard your clients' assets. Join us for this breakfast seminar especially for financial planners, estate planning attorneys, and anyone working with the finances of older adults.

*Speakers:*

**Shelly Jackson**, Ph.D., Elder Abuse and Financial Exploitation Visiting Fellow at the Office for Victims of Crime, U.S. Department of Justice

**Amy Mix**, Supervising Attorney for the Consumer Fraud and Financial Abuse Unit at Legal Counsel for the Elderly (LCE)

**Curtis Prince**, Detective, D.C. Metropolitan Police Department, Financial & Cyber Crimes Unit

Register online at [smithlifecommunities.org/events](http://smithlifecommunities.org/events).



## Downtown Study Group: A Long-Standing Adas Tradition

ONCE A MONTH, ON TUESDAYS



Join a highly motivated group of fellow Adas members who gather once a month on Tuesdays at noon at a conveniently located downtown conference room to take a break from their busy lives and study texts and grapple with powerful Jewish issues.

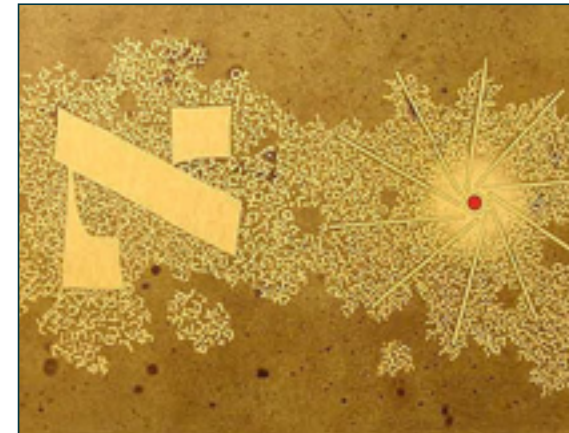
The meeting dates for 2019–20 are:

Sept. 10, Rabbi Krinsky,  
*No Meeting in October due to Chaggim*  
Nov. 12, Rabbi Holtzblatt  
Dec. 10, Rabbi Alexander  
Jan. 14, 2020, Rabbi Krinsky

Feb. 11, Rabbi Holtzblatt  
March 17, Rabbi Alexander  
April 21, Rabbi Krinsky  
May 12, Rabbi Holtzblatt  
June 9, Rabbi Alexander

The Downtown Study Group has been meeting monthly for almost three decades. The intellectual level of the group ensures that every session is challenging, intellectually satisfying, and horizon-broadening. This cohesive group, which welcomes new members, is open to the community.

There is no charge for the class, but there is a fee for lunch. For more information, please contact Joel Fischman, [fischman@comcast.net](mailto:fischman@comcast.net), or Laura Kaehler at the synagogue at: [Laura.Kaehler@adasisrael.org](mailto:Laura.Kaehler@adasisrael.org).



## Intro to Judaism

WEDNESDAY, SEPTEMBER 18, 2019–APRIL 1, 2020

7:30–9:30 PM, \$300 FOR INDIVIDUALS, \$400 FOR COU-

Are you interested in exploring the Jewish tradition from the ground up, with master Jewish teachers? Have you been wondering about the core beliefs and practices that animate the Jewish religion? Are you looking to deepen your experience of God and prayer into the rhythm of your life?

This 23-week course is designed to give you the raw materials with which to appreciate and access the Jewish tradition. Whatever it is you may seek, we offer a safe space for acquiring the experiential and intellectual knowledge that allows you to deepen your own religious life. Topics include, but are not limited to:

**The World of the Bible, Ritual Exploration, Life Cycle Events (Birth, Marriage, Death), Shabbat (The Sabbath), Prayer and Liturgy, Jewish Holidays, Israel, Theology**

More information and registration are available on the Adas website. Questions can be directed to Laura Kaehler, [laura.kaehler@adasisrael.org](mailto:laura.kaehler@adasisrael.org).

## Intro to Judaism 2.0 BaBayit: Basics of Building a Jewish Home

TAUGHT BY RABBI KRINSKY

This course is designed for alumni of Intro to Judaism. Each of the four sessions will focus on a practical aspect of Jewish life, incorporating the learning from the Intro class into everyday routines and spaces. Topics will include living Jewish space, creating a Jewish kitchen, observing Jewish time, and practicing Jewish ritual.

The class will meet on four Wednesdays: Nov. 20, 2019, Jan. 22, 2020, March 18, and May 20, from 7:30 to 9:00 pm in the Biran Beit Midrash. Registration is available on the Adas website.



# JMCW@ADAS

jewish mindfulness center of washington



***My shofar is a channel and the sounds that come out of it are just passing through me . . . And for me, personally, it is the most intense affirmation of God's presence.***

~ JENNIE LITVACK Z"l, JMCW Founding Chair

**The Jennie Litvack Memorial Fund** - Contributions to this fund will directly support the creation of a new contemplative space in the Adas Israel entry area, in the mission to support robust mindfulness programming in Washington DC, Israel, and beyond. To donate, please visit [adasisrael.org/give](http://adasisrael.org/give). We thank you for this meaningful and generous support in memory of our beloved Jennie Litvack.

From Rabbi Lauren Holtzblatt:

Jennie found her Creator. She would breathe in the energy of *HaKadosh Baruch Hu* and fill her body and soul with that energy and share it with all of you. She helped each of us wake up by having awakened herself. She had such a giving heart and sought to share this gift she had with everyone she met (even those she did not know) and to meet people on the level that they could be. Not forcing, but sharing. It was the gift of a master.

The soul and light of Jennie Litvack. She was a miracle to those of us who were lucky enough to know her, and her light was seen and heard in reverberations by those who traveled near her. She will live on in each of us and in this community.

From Jennie's Private Memoir:

**The origin of the word inspiration literally means to be blown into. It's not just how one blows out of the *shofar*, but how one is blown in that enables them to produce the soulful sound.**

**"Mindfulness" is a trendy topic . . . however, in my experience, it is the key to spiritual connection. Being fully present in the moment and intentionally noticing the surrounding beauty in nature, relationship, or mission is the way to experience a God feeling. Of course, God can always be present, but our awareness of that Connection only happens when we're open to it.**

**I am so proud what JMCW has accomplished and how it has led the way for Adas Israel to have become such a meaningful, spiritual place.**

**Translating God from a concept to a feeling—and being able to identify and seek out those feelings—is my spiritual revelation when I reflect on my life.**

## JMCW WEEKLY PROGRAMMING

**Meditation** will resume every Wednesday evening 7:30–8:30 pm beginning September 4 (See [www.adasisrael.org/jmcw](http://www.adasisrael.org/jmcw) for the full schedule). **Yoga** will be held on the last Wednesday of every month right before Meditation from 6:30–7:20 pm beginning October 30.

From my narrow place, from my depths and constraints, I call to You, and You respond to me from Your expansive place.  
~ *Psalms 118:5*

## JMCW HIGH HOLIDAY SERVICES, PROGRAMS, AND WORKSHOPS



### New Year, New Beginnings, Seeing Sacred Possibility in Our Work Transitions

with Sarah Beller of Realize Change

WEDNESDAY, SEPT. 4, 6:30–8:30PM

Seeking a more grounded and life-giving approach to your work? Join Sarah Beller, founder of Realize Change, to explore Jewish texts about finding your path, purpose, and profession. Then reflect on what you are ready to let go of from the past year in your career, and what you truly want to bring about in the coming year



### An Evening of High Holy Day *Nigginum* with Rabbis Alexander, Holtzblatt & Krinsky

TUESDAY, SEPT. 24 @ 7:30PM

Join Rabbis Holtzblatt, Alexander, and Krinsky for a *tisch*-like evening of *kavannot* (short teachings/ meditations) and *niggunim* (wordless melodies) as we prepare for the High Holy Days.



### Becoming Present with Meditation and Song Led by Susan Barocas & Michelle Buzgon

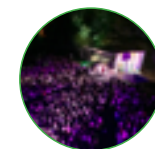
WEDNESDAY, OCT. 9 @ 4:45–5:45PM

Use the rhythms of guided meditation and melodic singing to deepen our personal reflections as we approach the final hours of *Yom Kippur*.



### Immersing in Holiness: Adas Israel Community Mikvah Organized by Naomi Malka

Bring your observance of the new year into the body by crafting a personalized immersion ritual. E-mail [mikvah@adasisrael.org](mailto:mikvah@adasisrael.org) or call Naomi Malka, 202-841-8776, to schedule appointments.



### Return Again High Holy Day Worship

Immerse in the soulful, reflective sounds of community worship with the Return Again band. See full Service Schedule on your High Holy Day Booklet, pp. 10–11, for times or visit [www.adasisrael.org/highholydays](http://www.adasisrael.org/highholydays).

## JMCW RECOMMENDS . . .



*Rosh Hashanah Readings: Inspiration, Information and Contemplation*, by Rabbi Dov Peretz Elkins, Dr. Arthur Green

In weaving together a variety of readings, from traditional Jewish texts to modern reflections, this collection is a beautiful resource for the spiritual contemplation we seek during Rosh Hashanah. There is also a companion book focusing on *Yom Kippur*.



*This Is Real and You Are Completely Unprepared: The Days of Awe as a Journey or Transformation*, by Rabbi Alan Lew

A classic text by one of the leading voices in Jewish Mindfulness practice. Whether reading for the first time or revisiting these wise words, there is always something new to discover in this engaging exploration of high holiday spiritual renewal.



*The Days Between: Blessings, Poems and Directions of the Heart For the Jewish High Holiday Season*, by Marcia Falk

This gorgeous collection of poetry and alternative holiday prayers touches the heart of our high holiday tradition and adds moving insight to traditional liturgy.

These selections are available in the Adas Library, along with other books on Jewish spirituality, meditation, and mindfulness. Some of these can be found under call number 175.01 or speak with Adas Librarian Robin Jacobson ([librarian@adasisrael.org](mailto:librarian@adasisrael.org)) for more information.



**The Jewish Mindfulness Center of Washington @ Adas (JMCW)** offers services, programs, and workshops that help deepen contemplative practices as part of our individual and communal religious and spiritual lives. Watch this space each month to follow these JMCW offerings. Visit our Adas web page at [adasisrael.org/jmcw](http://adasisrael.org/jmcw), where you can also subscribe to our weekly newsletter. Find us on Facebook, JMCW at Adas Israel!

[adasisrael.org/jmcw](http://adasisrael.org/jmcw)





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>11 Elul</div> <div>1</div> <div>9:00 am Morning Minyan</div> <div>6:00 pm Evening Minyan</div>	<div>12 Elul</div> <div>2</div> <div>9:00 am Morning Minyan</div> <div>6:00 pm Evening Minyan</div>	<div>13 Elul</div> <div>3</div> <div>7:30 am Morning Minyan</div> <div>9:00 am Morning Awakening w/ Rabbi Holtzblatt</div> <div>6:00 pm Evening Minyan</div>	<div>14 Elul</div> <div>4</div> <div>7:30 am Morning Minyan</div> <div>6:00 pm Realizing Change Workshop</div> <div>6:00 pm Evening Minyan</div> <div>6:30 pm New Year, New Beginnings</div> <div>7:30 pm Sisterhood Knits, Sews &amp; Crafts</div> <div>7:30 pm JMCW Meditation Sit</div>	<div>15 Elul</div> <div>5</div> <div>7:30 am Morning Minyan</div> <div>1:00 pm Sisterhood: Mah-Jonggx</div> <div>6:00 pm Evening Minyan</div>	<div>16 Elul</div> <div>6</div> <div>7:30 am Morning Minyan</div> <div>10:00 am Parshat Hashavua Class</div> <div>6:00 pm Kabbalat Shabbat with Cantor Brown</div> <div>6:30 pm Shir Delight Happy Hour</div> <div>7:30 pm Shir Delight Shabbat Service with Rabbi Alexander</div> <div>8:30 pm Shir Delight Dinner</div> <div>7:13 pm</div>	<div>17 Elul</div> <div>7 PARSHAT SHOFTIM</div> <div>8:30 am Boker Or Parashat Hashavuah Class</div> <div>9:30 am Shabbat Morning Service, Bat Mitzvah: Atalia Berger; Sermon by Rabbi Krinsky</div> <div>9:30 am Traditional Egalitarian Miyan</div> <div>9:45 am Havurah Shabbat Service</div> <div>Tot Shabbat/Youth Services</div> <div>12:00 pm Congregational Kiddush</div> <div>12:30 pm Havurah Shabbat Kiddush</div> <div>1:00 pm Mincha</div> <div>8:13 pm Havdalah</div>
<div>18 Elul</div> <div>8</div> <div>9:00 am Morning Minyan</div> <div>10:00 am Sisterhood Board Meeting</div> <div>6:00 pm Evening Minyan</div>	<div>19 Elul</div> <div>9</div> <div>7:30 am Morning Minyan</div> <div>6:00 pm Evening Minyan</div>	<div>20 Elul</div> <div>10</div> <div>7:30 am Morning Minyan</div> <div>9:00 am Morning Awakening w/ Rabbi Holtzblatt</div> <div>9:30 am Ms. Ellie's Music &amp; Movement</div> <div>12:00 pm Downtown Study Group</div> <div>6:00 pm Evening Minyan</div> <div>7:30 pm High Holy Day Prep Class</div>	<div>21 Elul</div> <div>11</div> <div>7:30 am Morning Minyan</div> <div>6:00 pm Evening Minyan</div> <div>7:30 pm JMCW Meditation Sit</div>	<div>22 Elul</div> <div>12</div> <div>7:30 am Morning Minyan</div> <div>1:00 pm Sisterhood: Mah-Jongg</div> <div>6:00 pm Evening Minyan</div>	<div>23 Elul</div> <div>13</div> <div>7:30 am Morning Minyan</div> <div>10:00 am Parshat Hashavua Class</div> <div>6:00 pm New Member Reception/Open House</div> <div>6:30 pm Return Again Shabbat w/ Josh Warshawsky &amp; Band</div> <div>8:00 pm Community Shabbat Dinner</div> <div>7:02 pm</div>	<div>24 Elul</div> <div>14 PARSHAT KI TETZE</div> <div>8:30 am Boker Or Parashat Hashavuah Class</div> <div>9:30 am Shabbat Morning Service; B'not Mitzvah: Charlotte &amp; Eliana Green; Sermon by Rabbi Holtzblatt</div> <div>9:30 am Traditional Egalitarian Minyan</div> <div>Bar Mitzvah: Samuel Herzberg w/ Rabbi Solomon</div> <div>Tot Shabbat/Youth Services</div> <div>12:00 pm Congregational Kiddush</div> <div>1:00 pm Shabbat Mincha</div> <div>8:02 pm Havdalah</div>
<div>25 Elul</div> <div>15</div> <div>9:00 am Morning Minyan</div> <div>10:00 am Adas Book Chat</div> <div>10:00 am HHD Volunteer Orientation</div> <div>1:15 pm Grand Slam Sundry @ Nats Park</div> <div>2:00 pm DC Klezmer Workshop</div> <div>4:00 pm Friendship Place/Adas Israel Dinner</div> <div>6:00 pm Evening Minyan</div>	<div>26 Elul</div> <div>16</div> <div>7:30 am Morning Minyan</div> <div>6:00 pm Evening Minyan</div>	<div>27 Elul</div> <div>17</div> <div>7:30 am Morning Minyan</div> <div>9:00 am Morning Awakening w/ Rabbi Holtzblatt</div> <div>9:30 am Ms. Ellie's Music &amp; Movement</div> <div>10:00 am Weekday Torah w/ Sisterhood</div> <div>6:00 pm Evening Minyan</div> <div>7:30 pm High Holy Day Prep Class</div>	<div>28 Elul</div> <div>18</div> <div>7:30 am Morning Minyan</div> <div>6:00 pm Evening Minyan</div> <div>7:30 pm Intro to Judaism</div> <div>7:30 pm JMCW Meditation Sit</div>	<div>29 Elul</div> <div>19</div> <div>7:30 am Morning Minyan</div> <div>9:30 am Hebrew Home ElderSafe</div> <div>1:00 pm Sisterhood: Mah-Jongg</div> <div>6:00 pm Evening Minyan</div>	<div>30 Elul</div> <div>20</div> <div>7:30 am Morning Minyan</div> <div>10:00 am Parsha Hashavua Class</div> <div>5:00 pm Happy Halfhour</div> <div>5:30 pm Young Family Shabbat Service w/ Rabbi Solomon</div> <div>6:30 pm TEM Friday Night Serviceq</div> <div>6:15 pm Young Family Shabbat Dinner</div> <div>7:00 pm TEM Shabbat Dinner</div> <div>6:50 pm</div>	<div>31 Elul</div> <div>21 PARSHAT KI TAVO</div> <div>8:30 am Boker Or Parashat Hashavuah Class</div> <div>9:30 am Shabbat Morning Service</div> <div>B'nai Mitzvah: Oliver &amp; Isabella Hsu</div> <div>Sermon by Rabbi Holtzblatt</div> <div>9:30 am Traditional Egalitarian Minyan</div> <div>9:45 am Havurah Shabbat Service</div> <div>Tot Shabbat/Youth Services</div> <div>12:00 pm Congregational Kiddush</div> <div>12:30 pm Havurah Shabbat Kiddush</div> <div>12:45 pm Mincha</div> <div>1:15 pm Shabbat HHD Halakha</div> <div>7:50 pm Havdalah</div> <div>9:00 pm Maariv</div> <div>9:30 pm Selichot Program &amp; Service</div> <div>10:30 pm Selichot Dessert Reception</div>
<div>32 Elul</div> <div>22</div> <div>9:00 am Morning Minyan</div> <div>9:00 am Tashlich Hike @ Sugarloaf Mt.</div> <div>10:30 am Wise Aging</div> <div>2:00 pm Days for Girls Event</div> <div>6:00 pm Evening Minyan</div>	<div>33 Elul</div> <div>23</div> <div>7:30 am Morning Minyan</div> <div>6:00 pm Evening Minyan</div>	<div>34 Elul</div> <div>24</div> <div>7:30 am Morning Minyan</div> <div>9:00 am Morning Awakening w/ Rabbi Holtzblatt</div> <div>6:00 pm Evening Minyan</div> <div>7:30 pm An Evening of HHD Niggunim</div>	<div>35 Elul</div> <div>25</div> <div>7:30 am Morning Minyan</div> <div>6:00 pm Evening Minyan</div> <div>7:30 pm Intro to Judaism</div> <div>7:30 pm JMCW Meditation Sit</div>	<div>36 Elul</div> <div>26</div> <div>7:30 am Morning Minyan</div> <div>6:00 pm Evening Minyan</div>	<div>37 Elul</div> <div>27</div> <div>7:30 am Morning Minyan</div> <div>6:00 pm Kabbalat Shabbat w/ Hazzan Goldsmith</div> <div>6:39 pm</div>	<div>38 Elul</div> <div>28 PARSHAT NITZAVIM</div> <div>9:30 am Shabbat Morning Service</div> <div>Sermon by Rabbi Yolkut</div> <div>9:30 am Traditional Egalitarian Minyan</div> <div>Tot Shabbat/Youth Services</div> <div>12:00 pm Congregational Kiddush</div> <div>1:00 pm Shabbat Mincha</div> <div>7:39 pm Havdalah</div>
<div>39 Elul</div> <div>29</div> <div>9:00 am Morning Minyan</div> <div>6:45 pm Community Sunset Service</div> <div>6:36 pm</div>	<div>40 Elul</div> <div>30 ROSH HASHANAH DAY 1</div> <div>1 Tishri</div> <div>See Full HHD Schedule on Pg. 4-5</div> <div>7:34 pm</div>	<div>41 Elul</div> <div>1 ROSH HASHANAH DAY 2</div> <div>2 Tishri</div> <div>See Full HHD Schedule on Pg. 4-5</div>	<div>42 Elul</div> <div>2</div> <div>7:30 am Morning Minyan</div> <div>6:00 pm Evening Minyan</div> <div>7:30 pm JMCW Meditation Sit</div>	<div>43 Elul</div> <div>3</div> <div>7:30 am Morning Minyan</div> <div>6:00 pm Evening Minyan</div>	<div>44 Elul</div> <div>4</div> <div>7:30 am Morning Minyan</div> <div>6:30 pm Shir Delight Happy Hour</div> <div>6:00 pm Kabbalat Shabbat with Rabbi Holtzblatt</div> <div>7:30 pm Shir Delight Shabbat Service</div> <div>6:28 pm</div>	<div>45 Elul</div> <div>5 VAYELECH/SHABBAT SHUVAH</div> <div>8:30 am Boker Or Parashat Hashavuah Class</div> <div>9:30 am TEM Service, joined by Smith</div> <div>D'var Torah by TEM</div> <div>9:45 am Havurah Shabbat Service</div> <div>Tot Shabbat/Youth Services</div> <div>12:00 pm Congregational Kiddush</div> <div>12:30 pm Havurah Shabbat Kiddush</div> <div>1:00 pm Shabbat Mincha</div> <div>7:28 pm Havdalah</div>

SHABBAT MORNING SERVICES: Please turn off cell phones and pagers before entering services.

Charles E. Smith Sanctuary: Join us for our Shabbat morning services in the renewed Charles E. Smith Sanctuary, the synagogue's largest worship space, led by our inspiring Rabbi and Cantor. The service includes a D'var Torah and sermon by the Rabbi and often includes participation by members and B'nai Mitzvah.

Traditional Egalitarian Minyan (TEM): Every Shabbat morning at 9:30 am, with the Torah service around 10:30 am. Led by laypeople with the occasional assistance of Adas clergy, the TEM is a participatory service with a full P'sukei D'Zimrah (introductory Psalms), Shacharit, and Musaf, a complete reading of the weekly Torah portion, and a d'var Torah. For more information, e-mail traditionalminyan@adasisrael.org.

Havurah Service: Lay-led, participatory service at 9:45 am. Rotating volunteers lead services, read Torah, and conduct an in-depth discussion of the weekly Torah portion. A kiddush follows the service. For additional information and to participate, e-mail havurah@adasisrael.org.

Youth Shabbat Services: Starting with Tot Shabbat for children ages 5 and under led by Menuhah Peters. Netivot, for students in grades K–3, is led by Sarah Attermann or Jeremy Kadden.

'Dial-in' for Programs & Services: If you are unable to attend programs, lectures, or services, dial in to hear them. Call 202-686-8405.

Library Open on Shabbat: Our third-floor library is open on Shabbat following services. You may sign out materials using our "no-writing Shabbat method," explained in signs on the check-out desks. For assistance during the week, contact our Director of Library Services, Robin Jacobson (librarian@adasisrael.org).





## Sisterhood 2019–2020: Women Living Full Lives

We are so excited about this coming year of Sisterhood. Our community of Sisterhood and the bonds of friendship that are formed through membership are invaluable. These are extraordinary women. Women of all ages—some married, some not, some working, some retired, with children and without children—with fabulous stories of incredible careers, travels, education, families, and volunteerism. They're people to call for help or advice, too.

The events and programs planned for this year focus on the [full lives women live](#). Our opening event in October views how Judaism is observed through a variety of **cultural** lenses that bring color, spice, and richness to our shared faith. In November, professional financial advisors will present a special event on **financial planning** for women, such as tax planning and investments.

Women's **heart health** is front and center in January with an event on warding off heart disease, the #1 cause of death for women. Our Sisterhood *Shabbat* weekend, February 21 and 22, is so special and enables members of Sisterhood to engage in planning and leading an entire **Shabbat Weekend** and provide **learning opportunities** for the entire congregation.

The Downsize, Declutter, Refresh event in March promises to deliver **household** spring cleaning and clean-out tips for any size home. Yes, there will be a **culinary event**. A girl's gotta eat. Details coming soon!

New this year are our "Sunday Salons." These intimate member events feature Sisterhood members who have built **remarkable careers**. This is our chance to listen, learn, and ask questions.

These are just some of the wonderful events and programs on tap for Sisterhood in 5780. We'd love for you to join us. For more information e-mail VP of Membership, June Kress at [junebkress@gmail.com](mailto:junebkress@gmail.com). You can also join online at [www.adasisrael.org/sisterhood](http://www.adasisrael.org/sisterhood).

## Upcoming Events



### Mah Jongg

WEEKLY, THURSDAYS AT 1:00 PM, SISTERHOOD HALL

Soap, Bam, Dot. Whether you're a novice or a Mah Jongg champ, there's a space for you at the table of this game.



### Weekday Torah with Sisterhood

MONTHLY, 3RD TUESDAY AT 10:00 AM, FUNGER HALL  
NEXT UP: SEPTEMBER 17, NOVEMBER 19

*Weekday Torah with Sisterhood* will meet at 10:00 a.m. on Tuesday, September 17, in FUNGER HALL. In preparation for the fall *chaggim*, community leader and scholar Norman Shore will lead a discussion about the *haftarah* for the first day of *Rosh Hashanah*, in which the prophetess Chana prays for a child. This class is open to the entire Adas Israel community. *Weekday Torah with Sisterhood* is an engaging approach to traditional text study that offers participants the opportunity to study and discuss challenging texts and ideas. Classes are monthly, except in the summer, and meet on the third Tuesday of the month. Students of all levels and backgrounds are welcome. Please contact [MarilynCCooper70@Gmail.com](mailto:MarilynCCooper70@Gmail.com) with questions.



## Knit, Sew & Craft Group

MONTHLY, 1ST WEDNESDAY AT 7:30 PM, YOUTH LOUNGE  
NEXT UP: WEDNESDAY, SEPTEMBER 4

**Members are welcome to work on annual group projects or continue their ongoing knitting, sewing, crocheting, and crafts.**

We are excited that for the third year we have a new project, Bears for Israel, as well as another opportunity to work with Days for Girls. *Bears for Israel* is a project of the American Friends of the Jordan River Village ([jordanrivervillage.org](http://jordanrivervillage.org)), an overnight camp for children living with chronic, serious, or life-threatening illnesses and disorders and for children with disabilities. The bears are sewn by volunteers around the country and given to the campers as a memento.

This project, for which we have the materials list and pattern, will be the focus of our September 4 meeting, starting at 7:30 pm in the Adas Israel Youth Lounge. We plan to continue this project through the year, and we are happy to help anyone who is interested in joining us.

## Special Sewing Event to Benefit 'Days for Girls'

SUNDAY, SEPTEMBER 22, 2:00–5:00 PM

On September 22, from 2:00 to 5:00 pm, we are again joining Adas Israel member Shifra Waskow and the Rockville, MD, chapter of **Days for Girls** to create menstrual care kits for girls in developing countries who lack access to these essential products. The kits and the accompanying education help girls across the world attend school during their periods, allowing them to continue their education through their teenage years. If you can sew, iron, cut, or open packages, please join us.

Dates for meetings and other news from the Knitting, Sewing & Craft group can be found on the Sisterhood website.



## Take a Walk!

MONTHLY, MONDAYS AT 6:00 PM, SUNDAYS AT 10:00 AM  
NEXT UP: MONDAY, SEPTEMBER 9, 6:00 PM; SUNDAY, OCTOBER 13, 10:00 AM; MONDAY, NOVEMBER 4, 6:00 PM

**Take a Walk! explores different Washington neighborhoods on foot. All are welcome, so bring a friend!**

**Tennally Town/Tenleytown Historic Walking Tour: September 9 at 6:00 pm**

Did you know that DC's Tenleytown neighborhood was originally called Tennally Town? In 1790, the area was named after a local tavern owner, John Tennally. By the 19th century, the name had evolved to its present-day spelling.

Learn more about this venerable neighborhood on Monday, September 9, when former Janney Elementary School teacher Rona Walters will lead a walk highlighting the sites in Tenleytown that have been designated historic landmarks. We will meet at 6:00 pm in front of Panera Bread on the corner of Wisconsin Avenue and Albemarle Street, NW. The walk will take 60-90 minutes and cover one to two miles. Afterward, participants can enjoy good food and conversation at Masala Art, a wonderful Indian restaurant on Wisconsin Avenue, or another establishment in the area.



## Sisterhood in Your Community & Sunday Salons

Brunch, wine and cheese, and tea get-togethers on select Sundays for members of Sisterhood to socialize and get to know one another. In addition, four "Sunday Salons" featuring exceptional Adas/Sisterhood members—women who have built remarkable careers that we can all learn from—will be presented. For more information, contact June Kress at [junebkress@gmail.com](mailto:junebkress@gmail.com).





## Sisterhood Cares

Marking simchas and milestones? Contact Leah Hadad at [leahghadad@aol.com](mailto:leahghadad@aol.com). And for comforting those suffering illness or loss, contact Anat Bar-Cohen, at [Anat@bar0-cohen.com](mailto:Anat@bar0-cohen.com), or Pamela Sislen, at [Pamela.sislen@gmail.com](mailto:Pamela.sislen@gmail.com).



## Adas Book Chat

EVERY OTHER MONTH ON A SUNDAY, 10:00–11:15 AM, ADAS SISTERHOOD LIBRARY  
NEXT UP: SUNDAY, SEPTEMBER 15, *THREE FLOORS UP* BY ESHKOL NEVO

**Join Sisterhood and the wider Adas Israel community for our September Book Chat**

Come join the discussion of the Israeli novel, *Three Floors Up*, by Eshkol Nevo. Set in an apartment building near Tel Aviv, the novel reveals the residents' secrets, mistakes, parenting challenges, and more against the backdrop of the Israeli social protest movement. All welcome!

Led by Adas Israel Librarian Robin Jacobson, the Adas Book Chat meets every two months to discuss a book of Jewish interest. For more information, contact Robin Jacobson at [Librarian@adasisrael.org](mailto:Librarian@adasisrael.org).

*ruth & simon albert*

## sisterhood gift shop

We're back full-time as of September 8!  
Be sure to visit us to see all of the wonderful  
new items from NY Now,  
the biggest gift show in the U.S.  
New jewelry, Judaica, hostess items, and much more. . .

**And enjoy our regular hours\*:**  
Sunday–Monday, Wednesday–Friday  
9:30 am–12:30 pm  
Extended hours on Tuesdays:  
9:30 am–3:00 pm & 6:00–8:00 pm

**\*Because of the holidays, please  
note the dates we are closed:**  
Sunday & Monday,  
September 29 & 30  
Tuesday, October 1

*Every purchase benefits  
Adas Israel Congregation.  
202-364-2888  
[adasgiftshop@gmail.com](mailto:adasgiftshop@gmail.com)*



## Human Rights at the Prison Door

WEDNESDAY, SEPTEMBER 4 FROM 5:00 PM TO 7:00 PM

Interfaith Action for Human Rights cordially invites you to "Human Rights at the Prison Door," a reception and program featuring Democratic Congressman Jamie Raskin (8th District-MD). The reception, on Wednesday, September 4, from 5:00 to 7:00 pm, is free and will include wine, beer, soft drinks, and hors d'oeuvres. Please register online at [www.interfaithactionhr.org/](http://www.interfaithactionhr.org/).



MM<sup>19</sup>/<sub>20</sub>

## Musical Moments at Adas

*Brought to you by Cantor Arianne Brown & the Musical Moments Committee*



## Proudly Presenting a New & Soulful Shabbat Experience

**With Featured Musician-in-Residence  
Rabbi Josh Warshawsky**

We are excited to announce that the upcoming year will bring with it a new musician for our ever-popular Musical Shabbat Services. **Musician - in - Residence Rabbi Josh Warshawsky**, one of the up-and-coming innovators in American Jewish music, will be joining us throughout the year to play at our Friday night and Saturday morning services, and Sunday "Shacharit Live" for the Religious School. Rabbi Warshawsky has shared his original melodies with Jewish communities across the country, and his music touches the hearts and souls of all ages. We look forward to welcoming him to our soulful Shabbat services.

**Rabbi Warshawsky will be with us on the following weekends:**

- September 13–15
- November 8–10
- February 7–9
- May 8–10





# Education & Youth

## @ ADAS ISRAEL

### From the Director of Education

RABBI KERRITH SOLOMON



As we spend this season and the year ahead thinking about journeys, we wanted to take the time to celebrate the many paths that brought us together here. Each month we will share the journey of a different member of our teaching staff, celebrating the different ways we find our way to Adas Israel. We hope you enjoy learning about their stories and getting to know them in new ways. May this be another year of discovering more about one another and, of course, ourselves. Welcome back!

#### LIZ ORFALY'S JOURNEY TO ADAS ISRAEL

BY PAMELA GORIN



For Liz, there was no revelatory moment where she knew that being an educator was her chosen profession. She says it was more serendipitous—working at summer camp, through high school and college, helping people learn. At her undergraduate school, Oberlin College, there was no education degree, but even during her semester abroad in Florence, Italy, she taught English as a second language as an externship. As graduation approached, she knew it was clear that she wanted to be in the classroom, so she moved to DC after graduation and did an alternative education program at the Center for Inspired Teaching. She completed her undergraduate coursework in education, and then did a master's in early childhood teaching, which led her to teaching kindergarten in charter schools, which she has been doing for eight years.

Liz's Jewish journey has grown and strengthened over the years. She grew up in Manhattan thinking that the whole world was Jewish. She didn't have a religious upbringing, so it was hard for her to separate Jewish and New York culture. Her home and school were instilled with Jewish values without calling them Jewish. Six years ago, she took a Birthright trip, almost on a whim—the allure of a free trip. Despite being somewhat wary of what she would find, she had an amazing visit and felt a deep connection to Israel, leaving her with so many questions.

Searching for answers led her to Sixth and I, where she attended the Jewish Welcome Workshop and was one of the few participants who had been born Jewish. That led her to more learning, including participating in an Adult *B'nai Mitzvah* group, which she loved. Next came Hebrew (her fourth language) and the learning has continued. Searching for a way to further her connection to Judaism led her to Adas (courtesy of Rabbi Shira Stutman). She came for an informational interview only, wondering what teaching might be like and ended up falling in love with the community.

We are so grateful that Liz's journey led her to Adas Israel and look forward to working with her as she helps our students grow.



#### Youth Services Calendar

**Sunday, Sept. 8:**  
1st Day of Religious School  
**Tuesday, Sept. 10:**  
1st Day of Ma'alot  
**Sunday, Sept. 29–Sunday, Oct. 16:**  
Religious School Closed  
for High Holy Days



## YOUTH DEPARTMENT

The start of the new school year brings new classes, return of old friends, and the start of our Youth@AI youth groups. We're excited to ramp up our youth group programming with the help of our new education fellow, Tessa Rudnick. Tessa joins us from Vassar College and Rochester, NY, where she worked as a teacher in the Gesher after-school program, creating and facilitating several popular electives in drama, storytelling, and literacy. Tessa has worked in a variety of Jewish settings, including camps, pre-schools, after-school programs, and religious schools. With help from our USY teen-led board, we are planning a strong year of programming relating to holidays, community service opportunities, chances to make new friends, and, of course, fun!

Following the High Holy Days, we will begin activities for our students in grades K–2 (*Chaverim*), 3–5 (*Machar*), 6–8 (*Kadima*), and 9–12 (USY). We invite students, those in our Religious School and others as well, to join us! Be on the lookout for our bi-weekly *Youth@AI* e-mail, where upcoming events will be listed. To be added to the e-mail listserv, please e-mail Sarah at [Sarah.Attermann@adasisrael.org](mailto:Sarah.Attermann@adasisrael.org). A calendar of events will be available soon, and we are looking forward to a fantastic year in the world of youth groups.

## FAMILIES WITH YOUNG CHILDREN

### Looking Forward to a New School Year!

With the start of the new school year, programming for Families with Young Children will begin! Adas aims to engage all members of our community, beginning with our littlest learners. For families with young children (approximately ages 0–5), we offer a wide variety of programs, including weekly play groups, monthly *Shabbat* services and dinner, holiday-specific programs, and more!

Weekly programs include Coffee Club for infants in their adults, Tuesdays from 9–11 am in the Biran *Beit Midrash*; *Yad b'Yad* play group for toddlers and their adults, Thursdays from 9–10 am in room 100 in the Gan; and Sing 'N Play for children of all ages and their adults, Thursdays from 10–11 am in the library. All weekly programs will run when the Gan is in session, starting the week of September 9. Upcoming *Shabbat* Dinners for Families with Young Children will be held on Friday, September 20, and Friday, November 15. For more information, please visit [adasisrael.org/families-with-young-children](http://adasisrael.org/families-with-young-children) or contact Jocelyn Dorfman, the Families with Young Children Engagement Coordinator, at [jocelyn.dorfman@adasisrael.org](mailto:jocelyn.dorfman@adasisrael.org) or 202-362-4433, ext. 229.







## GAN HAYELED

BY GAN HAYELED DIRECTOR, NOAH HICHENBERG

*Welcome to the Gan, Noah! Love, the Dagim.*

This sign, along with seven other lovely posters, was hanging in my office when I arrived for my first day of work this summer as the Gan Director. Surrounding the words on the sign were 10 small handprints and five large ones, one for each child and adult in the *Dagim* classroom. The sign had the intended effect; I indeed did feel welcomed and embraced by the teachers and children. Feeling welcomed mattered and allowed me to dive into the work ahead.

Children are often considered in the national conversation as “potential,” as a promise of something in the future. This perspective holds that young children deserve attention and resources so that, after they develop and mature into adults, they are able to contribute to the society that invested in them when they were young. In this model, children are heralded as future-contributors.

My outlook on children, solidified for me in the welcome signs in my office and shared by many early childhood educators, is not to be concerned primarily with who they will become in the future but, instead, to first and foremost embrace who they are now. To see their actions as worthy and authentic in the present moment, rather than preparatory for something yet to come. This brings with it an acknowledgement that children are already powerful: they are already contributing, and they already matter. Schools and classrooms, then, are not designed to prepare children for the world ahead but rather to give children space to actively generate core aspects of our cultural worlds, such as relationships, ideas, and community.

Vivian Paley, prolific writer and beloved matriarch of the American kindergarten classroom, writes: “Maybe our classrooms can be nicer than the outside world.” Amen. Were we only ever to prepare children for the world, they would be trapped in its harshness and resistance to change. Instead we grant children the space for creative generativity within their classroom, allowing them to build something “nicer.” Jonathan Silin, in his recent book, *Early Childhood, Aging, and the Life Cycle*, pushes against a developmental view of early childhood—privileging growth for its outcome rather than its current expression—and writes that, as a teacher, he saw his students as “activist citizens who took responsibility for making the world a better place.” Silin catches the same thread here—preparation for the world brings with it an implicit sense of stasis and repetition, while generation of the world allows for child-citizens to actively take responsibility for creating something “better.”

And so as I settled into my new role, at the end of my first week, a group of young “activist citizens” came with their teachers to visit and play in my office. One student turned to me and said, “Your office is nice. I like playing here. I’m happy you’re here.” While the Adas Israel adult community has been heartwarming in its welcome, that child’s words meant more to me than any other expressions of welcome I had received. The genuine sentiment made me feel like I was hitting the right note, and provided important inspiration and motivation.

I smiled back and we continued playing. That child had created for me a “nicer” world, a “better place.” Welcome to the Gan, indeed.



What does it mean to live in your body? What does it mean to live in a Jewish body? Explore Body Positivity from a Jewish perspective with us once a month, from September 2019 through June 2020. This two-hour circle will delve into body-related topics such as healthy boundaries, food and eating, growth, and aging—through the lens of Jewish text and ritual. We’ll learn from each other and from guest facilitators’ unique perspectives. If you are a doctor, nurse, therapist, yogi, or massage therapist, you will get a lot out of this and have a lot to contribute. And, everyone is welcome—all ages, genders, and backgrounds. Join us; all you need is your body!

WellBodies is a new monthly program of the Adas Israel Community Mikvah, and while it is rooted in the ethos of the *Mikvah*, it is not about *Mikvah*, per se. The course topics will revolve around these central themes:

- **Body Positivity:** The belief that all bodies—regardless of age, size, shape, color, gender, orientation, religion, ornamentation, partnership status, ability, wealth, health—are fully and equally holy. Body positivity places a higher value on accepting one’s body as it is than on changing it to conform to social or internalized norms.
- **Creative Expression:** Bringing art into ritual and developing new rituals through a supportive creative process. Exploring ritual objects as art and the creation of art as a sacred ritual.
- **Safe Boundaries:** Ensuring the emotional, physical and spiritual safety of all who enter our spaces. Without this sacred trust, our work is meaningless, if not dangerous. We continually return to practices of upholding boundaries to remind ourselves of the power and vulnerability of embodied ritual.

**The basic structure of each session:**

11:30 am–12 Noon: Light lunch, schmoozing, and introduction to the facilitator  
12 noon–12:05 pm: Opening ritual  
12:05–12:45 pm: Presentation, text study, Q & A  
12:45–1:15 pm: Experiential or interactive activity  
1:15–1:30 pm: Journaling and closing ritual

**Monthly Topics and Facilitators:**

September 18: Food and Eating with Jodi Balis  
October 29: Art and Creative Process (instructor TBD)  
November 19: Children and Body Positivity with Ronit Zelivinski  
December 17: Co-Creating Ritual with Rabbi Sarah Tasman and Steph Black  
January 29: Safe Boundaries & Sacred Spaces with Tova Zimm and Jordan Babin  
February 26: Disability Wisdom with Rabbi Lauren Tuchman  
March 24: Sexuality and Queer Bodies with Mac Freudenrich  
April 22: Health, Illness, and Aging with Yael Flusberg  
May 26: Tahara and Mikvah with Toni Bickart  
June 23: Community Celebration and Final Presentations

**The cost of the course is \$100 for the year.** A certificate in Embodied Jewish Studies will be issued by the Adas Israel Community Mikvah for anyone seeking professional development credits. Please e-mail [Mikvah@adasisrael.org](mailto:Mikvah@adasisrael.org) to express your interest in joining this group. There is a brief application process to fill out here: <https://docs.google.com/forms/d/1x6ljHfA8yK008Bxv5vNAx37E37bY5JkF61o5ctexbEo/edit>.







# tikkunolam

'REPAIRING THE WORLD'

## ADAS IFTAR CREATES FELLOWSHIP BETWEEN JEWS AND MUSLIMS

At 8:28 pm on Sunday, June 3, our Muslim guests broke their daily Ramadan fast in the Adas Israel Biran *Beit Midrash* at Adas Israel's second annual *Lev B'Lev Iftar*. The event drew more than 150 participants from the All Dulles Area Muslim Society Center, the Muslim Community Center, and the Rumi Forum; it also included many of Adas Israel's social action leaders and their families.

Ramadan is the most sacred time of year in Islamic culture. It commemorates Allah giving the first chapters of the *Quran* to the prophet Muhammad. Muslims fast from sunup to sundown each day of the month during the holiday. *Iftar*, literally "break fast," is served at sundown each day during Ramadan. It is an honor to hold an *Iftar* for Muslims who are fasting.

The Adas Israel *Iftar* is a key part of our Lev B'Lev (Heart to Heart) social action initiative, now entering its third year, which includes interfaith celebrations, a letter-writing campaign, and a speaker series, all focused on understanding hate and developing strategies for replacing hate with love and kindness.

"The Adas *Iftar* is a strong expression of fellowship between our congregation and our Muslim neighbors," said Bruce Charendoff, chair of Lev B'Lev. "In a year when Jews and Muslims have witnessed several tragic, hateful events rock their communities, our *Iftar* provides a way to stand, pray, and eat together; strengthen our relationships; and learn more about each other's traditions. It was a lovely, uplifting evening."

Susan Barocas catered a fabulous *Iftar* meal, and Brad Brooks-Rubin and Seth Wikas participated as members of the *Iftar* steering committee. To find out more about Lev B'Lev and its programming, please contact Bruce at [brucecharendoff@yahoo.com](mailto:brucecharendoff@yahoo.com).

—Bruce Charendoff



Lois Fingerhut, Susie Baer, and Don Kates joined the summer program's Reading with the Children.



## ONEAMERICA TRIP TO WEST VIRGINIA



On Thursday July 11, Sheldon Cohen, Ed Kopf, Lois Fingerhut, and Erin Segal joined OneAmerica on a trip to see the work being done to combat addiction in the panhandle of West Virginia. The first stop was an Oxford House in Martinsburg. Established in 1975, Oxford Houses are self-run and self-supported recovery houses, with locations in nearly 400 cities including 40 in DC. The next stop was the Martinsburg Union Rescue Mission, which provides emergency and short-term shelter, food, and clothing and offers 85 beds and three meals a day, 365 days a year. We next visited the Jefferson County Community Ministries Center, where emergency and short-term services are provided to a growing homeless population. The center focuses on building relationships within the community and abiding by a philosophy of unconditional acceptance.

We ended the day at Covenant Baptist Church in Shepherdstown, where we were joined by Pastor Joel Rainey and learned from a series of speakers. We listened to and asked questions of Betty, who runs Paloma, the only privately owned detox center in Berkeley County (which has the second-highest rate of overdoses in the country). Most of the center's population is homeless and addicted to opiates, benzodiazepines, or alcohol. We then heard from Dr. Dave Didden, the former Jefferson County public health officer, who reports that in his experience, 80 to 90% of addicts have suffered childhood trauma. Last, we heard from James Boyd, who had accompanied us throughout the day. Mr. Boyd is a former heroin addict who used for 40 years before getting clean, and now works as a peer recovery coach in emergency rooms.

Most critical in battling addiction is involving whole communities and destigmatizing addiction. Those who want to take action can help train West Virginia residents who want to come to Capitol Hill to advocate for policy change and increased funding. In addition, Dr. Didden suggested we all read and discuss the Johns Hopkins report, "Policing the Opioid Crisis," to improve advocacy work.

Thanks to Andy Hanauer, Anna Robinson, and Chandra Denap Whetstine of One America for hosting us.  
—Lois Fingerhut



### Hesed Introduces: Member Connector Committee Chair: Healey Sutton

Hesed is all about creating community through deeds of loving kindness, and there is no better way to exemplify these actions than to have members connecting to other members.



Healey Sutton is the new chair of the Member Connector Committee, and we hope you will help her reach her goals (and there are many!). Each of these activities has strong team leaders to help Healey's efforts, but all the projects need volunteers, and that means **you!!**

Please look at the list below and contact Healey if you are willing and able to help out with one or more of these projects. Here's to the joy of Adas members connecting with other Adas members!

**Member Connector Greeters/Ambassadors:** To help our members connect to one another at key Adas gatherings such as *Shabbat kiddush* or other well-attended activities, Member Connector Greeters welcome you to the building with a smile and Member Connector Ambassadors rove around looking for ways to introduce people to each other. You can be a Greeter or an Ambassador and help new friendships and connections form. It's a fun job, and you get to meet lots of new people.

**Member Connector Hachnasat Orchim** (hospitality): A key teaching of our Torah is to welcome people into our midst. Through sharing *Shabbat* meals, making sure everyone has a *seder* table to join, and assuring people that there is a place for them at a High Holy Day meal, members of this team will reach out to make all kinds of hospitality connections.

**Member Connector Member Milestones:** We love connecting with our members when they celebrate key milestones: a significant birthday, a joyous anniversary, many years of Adas membership, and more. We need people who are willing to write notes and make calls to our members who experience these milestones. This is a great way to celebrate the joy of an important moment in our members' lives.

**Member Connector Holiday Deliveries:** Whether it's delivering Hesed-baked honey cakes at the High Holy Days or taking *shalach manot* bags to senior residences at Purim or dropping off packages of cookies at *Hanukkah*, we always need people to drive and drop off these wonderful goodies. The smiles you will receive when making these deliveries will always brighten your day.

**Member Connector Profiles:** You will start seeing short Member Connector profiles in the monthly *Chronicle*. This will be a way of telling you "fun facts" about our members that you might never have known. We hope you will go up to these people at an Adas gathering, start a conversation about this fun fact, and find out new things about each other. If you have a fun fact about your life you would like to share, let Healey know.

To join in these wonderful Member Connector activities, please contact [Healey.sutton@gmail.com](mailto:Healey.sutton@gmail.com) or drop a note to [hessed@adasisrael.org](mailto:hessed@adasisrael.org).





# Ma Tovv

## Michael and Lois Fingerhut

HONORING OUR LEADERS & VOLUNTEERS  
*Interviewed by Marcy Spiro,  
Senior Director, Engagement & Programming Operations*

**Thirty-three years ago you joined Adas and this community hasn't been the same since! What brought you to the congregation back in 1986?**  
Honestly, we first joined Temple Sinai in 1983 because we had close friends there. However, we were both raised in Conservative synagogues—Michael at B'nai Israel, which at the time was on 16th Street, and Lois at Congregation Sons of Israel in Woodmere, NY. We weren't comfortable at Sinai and decided to try Adas, which at the time seemed a good fit as our sons were just getting ready to enter Hebrew school. More important, however, is that while we started as "twice a year" members, we are beyond grateful that Adas has become such an important part of our community, and we can honestly say we have become "regulars!"

**Michael, back when I lived in Virginia, you used to make fun of me for needing a passport to get back home. You have lived here your entire life. What are some of your fondest memories of DC from your childhood, and what are some of the newer parts of the city that you enjoy?**  
The DC of my youth lived up to its description as a sleepy southern town. But my friends and I still found things to keep us occupied when we were not in public school or Hebrew school, or engaged in some organized activity. There were pick-up games of baseball in somebody's backyard, which often included a ball hit through the window of a neighbor's house or touch football played in the street in front of someone's home. There were streetcar rides to Griffin Stadium, where we paid at most 75 cents for a seat in the bleachers to watch a truly dreadful Washington Senators baseball team and hope—most often in vain—that the team would win the game. And there were trips to Uline Arena, where Washington's professional minor league hockey team played and usually lost. In stark contrast, the DC of today is vibrant and diverse, and I am continually amazed, especially when I am delivering Hesed welcoming "baskets" to new members or new parents, how much the city has changed. I do not think I can single out an area that Lois and I especially enjoy, but then again, between April and September, you will often find us at Nationals Park where we expect the Nats to win.

**Lois, you seem to be on the Board of everything. But specifically, you serve on the Board for Reading Partners, the**

**TraRon Center, and Theater J. First, please share your secret on time management and energy. And then, please tell us about each of these organizations, why their mission is important to you, and how others can get involved.**  
The secret for me was to retire. After 33 years working for the U.S. National Center for Health Statistics, I was able to devote more energy to giving back to the community, namely through Reading Partners and the TraRon Center. Just this year, I ended my 16 years on the Theater J Council to make room for younger blood! Reading Partners provides one-on-one tutoring to nearly 1,000 students from kindergarten to grade 3 who are reading below grade level in 19 DC public and charter schools. Michael and I first began tutoring in January 2014, and in the fall of 2016, I was asked to join the board and now serve as its vice-chair. I am proud to say that 15–20 Adas members are now tutoring. In addition, many congregants are donating books and, thanks to Cantor Ari, several *b'nai mitzvah* have collected books for Reading Partners.

The TraRon Center was founded in 2017 by Ryane Nickens whom I first met when Adas became a member congregation of the Washington Interfaith Network. I served on the community safety team that Ryane co-chaired. The TraRon Center works with young children who have suffered the effects of gun violence either personally or via their immediate environment. The TraRon Center has an after-school program as well as a summer camp for some 15–20 students. We love volunteers! I'm now getting involved with the work of One America (but not as a board member) through our partnership with Covenant Baptist Church in West Virginia around the issue of opioid addiction and treatment.

**You two are avid travelers. And it only sometimes gets in the way with Michael delivering hundreds of Hesed bags to our newest members and families with new babies. What have been some of your favorite vacation locations, what is your next planned trip, and what's on your traveling wish list?**  
We do love to travel (and yes, Lois perhaps more than Michael!) and it does help that Lois's sister and her family live in London. We love active vacations and have taken nearly a dozen trips with Backroads and several with Country Walkers. A definite favorite was Machu Pichu, and while we didn't hike the entire trail, we

did hike every day and got to spend the night at the top. A close second favorite was a three-week African safari trip. Walking the beaches of Normandy was both emotional and beautiful.

**You have two adult sons whom you cherish and visit often, even though they live on opposite sides of the country from you. When is the last time you were all together, and can you tell us your secrets about how you keep a tight-knit family even when you live far apart from one another?**  
It's true, we have a family that is spread out! David lives in Denver with his girlfriend and Josh is in Los Angeles. The four Fingerhuts were together in June for Father's Day weekend and it was just wonderful! Everyone in our family loves to travel, so that does keep us together. And thanks to Skype and Facetime we do get to see each other even if we can't be together in person. We are planning an early Fingerhut Thanksgiving this year, so we hope to all be together the first week of November.

**This month we celebrate the High Holy Days and the theme at Adas is PATHWAYS. I think the two of you have been on almost every path we have here at Adas (family with young children, b'nai mitzvah family, Shabbat regular, concertgoer, lifelong learner, social action, Hesed, etc.) and have helped create new ones for people with the help of our clergy and staff. What advice do you have for our newest members and veteran members for finding their path here at Adas in the year 5780?**  
Get to know our rabbis. Rabbi Aaron and Rabbi Lauren along now with Rabbi Krinsky have created a community that nurtures spiritual growth, a genuine warmth, and a love of learning. They have guided us through wonderful moments and the most difficult of times. For veterans and newcomers alike, there is so much to offer that it's almost hard to know where to begin. Come to a Social Action Committee meeting and join a team; ask Lois about volunteering at the TraRon Center and how to become a Reading Partner tutor; come bake challahs and chocolate cakes with Hesed; and help Michael pack and deliver bags welcoming new families and new babies. Adas Israel is a community that does so much for so many of us, all of the clergy, the religious school staff, the administrative staff, the maintenance staff and the security staff—we are indebted to all of you!

## Adas Office Closings

**Labor Day**  
**Monday, September 2**  
Schools/Offices Closed

**Erev Rosh Hashanah**  
**Sunday, September 29**  
Schools/Offices Close at NOON

**Rosh Hashanah 1 & 2**  
**Mon. & Tues., Sept. 30-Oct. 1**  
Schools/Offices Closed



## Nefesh Mountain Thank You

We want to thank everyone who joined us for our *Shabbat* with Nefesh Mountain! Special thanks to our Saturday night program sponsors: Sharon Burka, Pamela Ehrenberg, Ricki Gerger, Phyllis Mindell, Rennie Sherman, and William Willis.  
*Photos by Ari Strauss Photography*







## Books & More *The Adas Israel Library Corner*

### *Finding Truth in Fiction: A Novel About a WWII Hero*

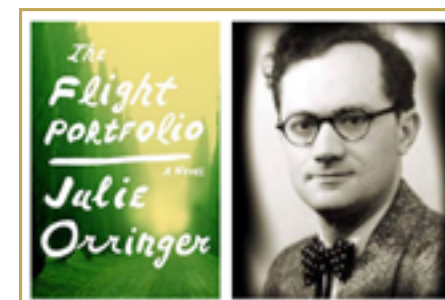
BY ROBIN JACOBSON

*LIBRARY & LITERARY PROGRAMS DIRECTOR*



*Adas Literary dinner with author Julie Orringer*

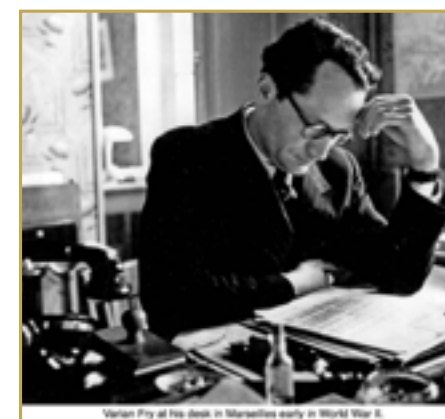
In August 1940, Varian Fry bid farewell to his comfortable life in New York City and headed for Nazi-controlled France. He hoped to rescue 200 prominent artists and authors, many Jewish, who had fled German-occupied countries for France, initially a safe haven. Now these luminaries, all blacklisted by the Nazis, were in peril; the Franco-German armistice of June 1940 required France to “surrender on demand” any refugee Germany wanted. Fry’s mission was to spirit the luminaries out of Europe before they were arrested. By the time collaborationist French officials expelled him from France 13 months later, Fry had saved some 2,000 refugees. These included numerous 20th-century cultural icons such as artists Marc Chagall and Max Ernst and political philosopher Hannah Arendt. In recognition of Fry’s heroism, Israel’s *Yad Vashem* named him “Righteous Among the Nations,” the first American so honored.



In her exceptional, deeply researched novel, *The Flight Portfolio*, Julie Orringer works within biographical and historical parameters to vividly imagine Varian Fry’s sojourn in France. This blending of fact and fiction to tell the story of a Holocaust hero has provoked controversy, a topic Ms. Orringer addressed at an Adas literary dinner this past May (see photo).

#### WHAT’S KNOWN ABOUT VARIAN FRY

Born to an affluent Protestant family, Varian Fry (1907–67) graduated Harvard with a degree in classics, becoming a journalist and then a political-book editor. In 1935, he spent several months in Berlin where he witnessed bloody anti-Jewish riots. The chief of Hitler’s foreign press division told him candidly that the Nazi party was divided on whether to relocate the Jews or exterminate them. Appalled, Fry reported the interview in *the New York Times*.



Five years later, Fry, only 32, returned to Europe as an agent for the private Emergency Rescue Committee, notwithstanding his lack of experience in refugee work, diplomacy, or spycraft. From a base in Marseille, he and his devoted staff helped refugees escape France by any means, legal or illegal. Fry pleaded for visas from the American consulate, but also arranged for fake passports and identity cards, bribes, and covert escapes over the mountains or by sea. A sympathetic American vice consul in Marseille aided Fry, but otherwise the State Department obstructed Fry’s work; it wanted to protect America’s neutral diplomatic status, as well as keep American borders closed to refugees. After his forced return to the United States, Fry wrote a hard-hitting article, “The Massacre of Jews in Europe,” for *the New Republic*, but this, like other reports, failed to soften American refugee policy.

#### WHAT ORRINGER IMAGINES ABOUT VARIAN FRY

By several accounts, and according to Fry’s son, Fry was a gay man at a time when it was impossible to lead an openly gay life. To show how agonizing this was, Orringer invents a past lover, Elliot Grant, who finds Fry in Marseille and asks for help in saving a friend’s son. Soon Fry and Grant have rekindled their secret romance, and Fry is questioning the morality of his mission to rescue prominent intellectuals. The fictional Fry ponders whether human beings are less worth saving if they can’t “write a perfect novel or make an enduring painting.”

Some reviewers have criticized Orringer for fictively speculating about Fry’s inner life, claiming that recent history, particularly Holocaust history, should not be muddled. In response, Orringer contends that a novelist may delve beneath the historical record in search of truths that a person couldn’t tell during his or her lifetime. Orringer’s fictional inventions are not history, but she hopes they help illuminate history as well as human complexity. *The Flight Portfolio* succeeds splendidly on both counts.



#### ADAS BOOK CHAT

#### *Three Floors Up* by Eshkol Nevo

SUNDAY, SEPTEMBER 15, AT 10:00 AM IN THE LIBRARY

Come join our community discussion of the Israeli novel, *Three Floors Up*, by Eshkol Nevo. Set in an apartment building near Tel Aviv, the novel reveals the residents’ secrets, mistakes, parenting challenges, and more against the backdrop of the Israeli social protest movement. All welcome! For more information, please contact Robin Jacobson ([librarian@adasisrael.org](mailto:librarian@adasisrael.org)).





BIRTHS

Correction from June Chronicle: **Jonah Ethan Malasky**, son of Mitch & Adrienne Malasky, grandson of Ellen & Gary Malasky, was born May 17.

**Jamie Rose Levine**, daughter of Alexia & Josh Levine, granddaughter of Mary Elizabeth Sadun & Dr. Arrigo Sadun, was born June 5.

**Saul Langer**, son of Shira & Alex Langer, was born June 14.

**Asher Heller Reiner**, son of Ashley Heller & Rabbi David Reiner, was born June 23.

**Evan Friedman**, son of Ashley & Elliot Friedman, was born June 28.

**Tahlia Wren Herman**, daughter of Hannah & Brian Herman, was born July 2.

**Reece Carissa Miller**, daughter of Nicole & Justin Miller, was born July 19.

*We wish our newborns and their families strength, good health, and joy.*

B'NAI MITZVAH



**Atalia Berger, September 7**

Atalia, who is a rising eight grader as BASIS DC, loves books and science. For her mitzvah project, she is volunteering at the Southeast Public Library, helping with the children’s group and other tasks. Atalia is looking forward to celebrating her bat mitzvah with her sisters, parents Linsey Silver and Lee Berger, and the rest of her friends and family.



**Charlotte & Eliana Green, September 14**

Charlotte & Eliana, daughters of Karen and Andrew Green, are rising seventh graders at Green Acres School. They began their Jewish education at Gan HaYeled in the Puppy class, and later continuing at the Estelle & Melvin Gelman Religious School. They celebrate this simcha with their older brother Alex, and with their grandparents Adrienne and Stuart Green along with extended family and dear friends. Eliana and Charlotte remember with love their grandmother Dottie Goldmeier and their Opa John Goldmeier. For their mitzvah project, the girls are volunteering at Running Start, a nonpartisan, nonprofit organization that trains young women to run for public office.



**Samuel Herzberg, September 14 (TEM)**

Samuel, son of Deborah Isser and Benjamin Herzberg, is a rising eighth grader at Alice Deal Middle School. Samuel is an alumnus of Adas Israel Gan HaYeled and the Jewish Primary Day School and currently attends Adas Israel Ma’alot. He spends summers with the Éclaireurs Eclaireuses Israelite de France, the French Jewish Scout Movement, following his grandparents and father. For his mitzvah project Samuel plans to collect toys and other supplies to help children in need. He looks forward to celebrating his bar mitzvah with his family and friends and community of the Traditional Egalitarian Minyan.



**Oliver & Isabella Hsu, September 21**

Isabella (“Izzie”) Rachel Hsu and Oliver Daniel Hsu, daughter and son of Jennifer Zucker and Herbert Hsu, are seventh graders at Georgetown Day School. They have been attending the Estelle & Melvin Gelman Religious School since second grade. Izzie and Oliver look forward to celebrating their b’nai mitzvah with their parents, grandparents Maureen and Marc Zucker, and the rest of their extended family and friends. For their mitzvah projects, Izzie is working on donating art supplies to local schools and Oliver is working on donating sports equipment to Leveling the Playing Field.



WEDDING

**Etan Eitches & Lisa Sussman** were married on March 30 in Washington, DC.

**Marcy Spiro & Dani Goldberg**, officiated by Rabbi Holtzblatt, were married at Adas on June 16.

*We wish the newlyweds and their families a hearty mazal tov.*

IN MEMORIAM

**We mourn the loss of synagogue members:**

Anita Epstein  
Jennie Litvack  
Gail Mattison  
Roberta Sands

**We note with sorrow and mourn the passing of:**

Linda Moss Baran, mother of Diana Moss, Tanya, and Sandra  
Joan Ruth Grebow, wife of David Grebow, mother of Pamela Ehrenberg  
Lorna Greenspahn, mother of Barbara Winnik  
Sara Jo Kobacker, mother of Peggy Kobacker Shiffrin  
Jack Ray, father of Bruce Ray

MEMBER IN THE NEWS

*Mazal tov* to Susan Barocas on receiving a 2019 Simon Rockower Award from the American Jewish Press Association.

LIFE CYCLE INFORMATION



**Adas Israel Community Mikvah**

*Mikvah* immersion is an embodied Jewish ritual. It is an opportunity to reflect on the times that brought you to this moment in your life. *Mikvah* is also a chance to return again and a turning point.

**When Death Occurs**

When death occurs, please call the synagogue office, 202-362-4433, so that we may inform the clergy and be of assistance. During business hours, ask for Marcy Spiro. After business hours, a staff member on call may be reached by calling the synagogue office at the number above and pressing “2” to be connected automatically, or by calling the answering service, 301-421-5271, which will page the staff member on call. On *Yom Tov* and *Shabbat*, even though detailed funeral arrangements should not be made, a staff member on call can still be reached at 301-421-5271.

**Bereavement Committee**

The Bereavement Committee assists families with all of the arrangements surrounding the funeral and subsequent burial of loved ones. We welcome your interest and encourage your participation and assistance. We need you; please join us. If you have questions, or know of someone who you think might be interested in participating in this important work, please feel free to call Edie Hessel (202-244-7189) or contact Toni Bickart (202-244- 2747) regarding the Tahara Committee, or contact Wendy Kates about Shmira ([wendy.kates30@gmail.com](mailto:wendy.kates30@gmail.com)).







## SYNAGOGUE CONTRIBUTIONS

The congregation gratefully acknowledges the following contributions:

### Anne Frank House Fund

By: Steven & Jane Gilbert, Kenneth Heitner & Rhoda Ritzenberg, Stanley M. Salus, Alan & Dale Sorcher, John Speaks.  
*In Honor Of:* **June Kress** by Stuart & Jamie Butler.  
**Elaine Schefflin** on Mother's Day by Evan & Hallie Werbel.  
*In Memory Of:* **Albert Schwartz & Maurice Eanet** by Sheryl Fahey & Ken Colling.

### Adas Fund

*For the Speedy Recovery Of:* **Sheldon Friedmen** by Barry Friedman.  
*In Loving Memory Of:* **Robert Buckhantz; Sol & Dorothy Adelman; Geraldyne Adelman; Abe Kramer; Herman & Libby Kramer**, all by Adele & the Buckhantz family.

### Benjamin James Cecil Special Education Fund

By: Angela Deese-Theobald.

### Bereavement Fund

By: Elliot Wolff.  
*In Memory Of:* **Jeannette Danziger** by Arnold Danziger.

### Bernard & Rita Segerman Endowment Fund

*In Memory Of:* **Chaim Goldberg** by Rita Segerman.

### Board Sunshine Fund

*In Honor Of:* **Laurie Aladjem** becoming president of Adas Israel by Ricki Gerger.

### Cantor Brown Discretionary Fund

*In Honor Of:* **Phyllis Kravetz's** 80th birthday by Fradel Kramer. **Cantor Brown** by Francine Gordon. **Anne Rosenzweig** by Sandy Bieber & Linda Rosenzweig. **Mia** becoming a *bat mitzvah* by Samara & Shane Gerson.  
*With Thanks To:* **Cantor Brown** for her help preparing Wyatt for his *bar mitzvah* by Lisa & Alvin Dunn. **Cantor Brown** for everything! by Katherine McGraw & Daniel Traster.  
*In Memory Of:* **Gertrude Bieber, Joseph Bieber & William Rosenzweig**, all by Sandy Bieber & Linda Rosenzweig.

### Capital Fund Contributions

*In Memory Of:* **Murry Mendelson** by Herlene Nagler.

### Charles Pilzer Computer Center

*In Memory Of:* **Charles Jay Pilzer & Abraham "AJ" Fogel** by Geraldine Pilzer.

### Congregational Kiddush Fund

*In Honor Of:* **Abigail's bat mitzvah** by Katherine McGraw & Daniel Traster.  
*In Gratitude To:* **Adas Israel clergy** in memory of my beloved father by an anonymous admirer.  
*In Honor Of:* **Dr. William Stark's** 100th birthday by Dr. William & Vivienne Stark.

### Craig Jeffrey Atlas Hebrew University Fund

*In Memory Of:* **Lillie Atlas** by Alvin & Arline Atlas.

### Daily Minyan Fund

*In Honor Of:* **Rabbi Jan Kaufman's** ordination anniversary by Rae Grad & Manny Schiffres.  
*In Gratitude To:* **Ricki Gerger** for her great work as president by Susan & Richard Ugelow.  
*In Memory Of:* 1st cousin, **David Kline, Gerald Eidelman, Norman Singer & Sonny Weiner**, all by David Kline. **Sidney & Bessie Yecies** by Mark

Yecies. **David & Lila Rudnick** by Amy Rudnick & Michael Zeldin. **Joseph L. Herson, Frances Stirman** by Sonia Herson.

### Dan Kaufman Children's Program Fund

*In Memory Of:* **Alfred Siegman** by Mindyl Gaynor.

### Daryl Reich Rubenstein Staff Development Fund

*In Memory Of:* **Anne S. Reich** by Lee G. Rubenstein.

### David B Sykes Family Endowment for the Arts

*In Memory Of:* **Sylvia Lefson** by Diane Sykes.

### Dr. Louis & Althea Jacobs Camp Ramah Scholarship Fund

*In Memory Of:* **Bonnie Sands** by Margery Shrinsky & family.

### Estelle & Melvin Gelman Religious School Fund

*In Memory Of:* **Ira Meyer** by Laurence Meyer. **Bessie Krauser** by Florence Meyer. **Robert Kefford** by Lesley Frost

### Ethel & Nat Popick Chronicle Fund

*In Memory Of:* **Harvey Cherner & Sylvia Pinson** by Dorothy Block. **Gerald Berkman** by Harriet Bubes.

### Frances & Leonard Burka Social Action Endowment

*In Memory Of:* **Fannie Gelman** by John Kossow.

### Frances & Leonard Burka Social Action Endowment

*In Memory Of:* **Harvey Cherner** by Steve Blacher.

### Fund for the Future

*In Honor Of:* **Russell Smith** for the help he gave me during my presidency by Ricki Gerger. **Ricki Gerger's** presidency by Renée & Roger Fendrich. **Laurie Aladjem** by Herlene Nagler.  
*In Appreciation Of:* **Ricki Gerger's** presidency by Rae Grad & Manny Schiffres.  
*Mazal Tov To:* **Jay Sher & Allison Good** by Michael Leifman, Herlene Nagler.  
*In Memory Of:* **Edith Smith** by Russell Smith.

### Garden of the Righteous

*In Memory Of:* **Jack Connick** by David Connick.

### Harry & Judie Linowes Youth Endowment Fund

*In Memory Of:* **Mildred Bierman, Freyda Munves, & Rose Linowitz**, all by Harry & Judie Linowes.

### Havurah Kiddush Fund

*In Honor Of:* **Phil Thomas** for his many years of friendship, & great service to the *Havurah* by Mary & Arnie Hammer. 40th anniversary of **Rabbi Kaufman's** ordination by Joyce & Michael Stern. **Morris Klein's** 80th birthday by Rae Grad & Manny Schiffres.  
*In Memory Of:* **Jennie Litvak** by Mary & Arnie Hammer.

### Hazzan Goldsmith Discretionary Fund

*In Honor Of:* **Eden Kessler** with thanks to Hazzan Goldsmith & the whole community by Martin Kessler. **Mia** becoming a *bat mitzvah* by Samara & Shane Gerson.  
*With Thanks To:* **Hazzan Goldsmith** for her help preparing Wyatt for his *bar mitzvah* by Lisa & Alvin Dunn. **Hazzan Goldsmith & the kehilah** for the kind, warm & fraternal name-giving ceremony by Martin Kessler.

### Hesed & Bikkur Cholim Fund

*In Honor Of:* **Rae Grad** by Debra Rubin. Marriage of **Marcy Spiro & Dani Goldberg** by Jean Bernard. **Rae Grad** receiving the 2019 *Yad Hakavod* award by Lois & Michael Fingerhut, Susan & Richard Ugelow, Renée & Roger Fendrich. **Rae Grad** for her sustained dedication to making Adas Israel a kinder, more caring community by Ruth & Steve Kleinrock. **Harriet & Leonard Belkin's** birthdays by

Sandra Zuckerman. **Ricki Gerger's** presidency by Jamie & Stuart Butler.  
*Mazal Tov To:* **Rae Grad** for receiving the 2019 *Yad Hakavod* award by Herlene Nagler.  
*In Memory Of:* **Miriam Agus** by Edna & Larry Povich. **Irving H. Yaverbaum** by Jeri Greenberg. **Robert Kossak** by Michael Kossak. **Mayor Obenstein** by Roger & Renée Fendrich. **Jack Ray** by Sheldon Kimmel.

### Ida Mendelson Memorial Prayer Book Fund

*In Loving Memory Of:* **Lillian Cardash** by Marshall Lewis.  
*In Memory Of:* **Murry Mendelson** by Ira Mendelson. **Ida Mendelson** by Ira & Becky Mendelson.

### Janice W. Goldsten Religious School Scholarship Fu

*In Honor Of:* the 40th anniversary of **Rabbi Jan Kaufman's** ordination by Nachama & Bill Liss-Levinson

### Jennie Litvack Memorial Fund

*In Memory Of:* **Jennie Litvack** by Marilyn & Walter Wolpin, Lois & Stephen Eisen, Barbara Lafer & Deborah Scher, Irma & Ben Breslauer, Beth & David Geduld, Miriam Albert & Andrew Abramson, Ann & Robert Fromer, Art & Edie Hessel, Nancy & Charles Wolfson, Lynn & Charles Schusterman, David & Heather Litvack, Mr. & Mrs. Leonard Granoff & family, Howard Berkowitz, Shelly & Jeffrey Kupfer, Later Family Foundation, Rae Grad & Manny Schiffres, Ahuva & Marty Gross, Susie & Michael Gelman, Mike & Sofia Segal, Sherry & Rohit Khanna, Ruth & Sidney Lapidus, Natalie Lichtenstein & Willard Tom, Linda Wagner-Weiner, Roselyn Swig, Harold Grinspoon, Richard & Trudy Borrow, Nina & Gary Wexler, Wendy & James Schreiber, Laura & Michael Cutler, Shelly & Michael Kassen, Robin Weinberg, Michele Ganeless, Robin Neustein, Estelle Schwalb, Lisa & Joseph Torres, Marilyn & Walter Wolpin, Cynthia & Douglas Horner, Lynn & Frank Peseckis, Naila & Ziad Asali, Laura & Gary Lauder, Philip Miller, Daniel Miller, Mr. & Mrs. Michael Kliegman, Richard Benenson, Felice & Michael Grunberger, Jeanette, Thom & Eli Garretty, Allyne Schwartz, David Strassler, Drs. Marcia Robbins-Wilf & Perry Robins, Carolyn & William Wolfe, Timothy Bhattacharyya & Sangeeta Kaushik, Sara Bloomfield, Marilyn Brody & Allen Kronstadt, Susan & Roger Litvack, Joan & James Townsend, Gordon Baltuch, Phyllis & Bernard Leventhal, Eli Salsberg, Jill & Jay Bernstein, Miri & Jason Belsky, Michelle & Peter High, Mona Yacoubian & John Carlson, Shonni Silverberg & John Shapiro, Jacqui Schein, Florence Kaufman, Howard & Janis Berman, Jamie Stecher & Rebecca Diamond, Errol Zatloff & Nancy Reilly, Sarah & Mark Rosenblatt, Mike & Kellie Singh, Andrew Portno, Sandy & Martin Kramer, Regan & Philip Friedmann, Helaine Greenfeld & Richard Mintz, Arlene & Robert Kogod, Rob & Rachel Rubin, Ruth & Robert Albert, Julie Farkas & Seth Goldman, Debbie Goldberg, Seth Waxman, Sara Waxman, Noah & Lia Waxman & Ethan & Nina Waxman, Samara & Shane Gerson, Stuart Kurlander & David Martin, Bill & Sandy Goodglick, Elizabeth & Walter Stern, Bill Levenson, Jill & Jacob Manczyk, Heather & David Polonsky.

### Jewish Mindfulness Center

*In Memory Of:* **Anne & Nathaniel Mencow** by Billy Mencow.

### Kullen Family Fund

*In Memory Of:* **Sol Kullen** by Shirley Kullen.

## SYNAGOGUE CONTRIBUTIONS

### Lillian & Daniel Ezrin Fund for Ritual Objects

*In Memory Of:* **Rose Seigle & Naaman Seigel** by Paula Goldman.  
**MakomDC**  
*In Memory Of:* **Bessie Krauser** by Stephanie Meyer.

### Masorti Fund

*In Memory Of:* **Barbara Pavony & Jack Pavony** by Anat Bar-Cohen.

### Maxine & Gerald Freedman Endowment Fund

*Congratulations & Best Wishes To:* **Shirley Bond** on her special birthday by Maxine Freedman.

### Mikvah Fund

By: Elias Martinez.  
*In Honor Of:* **Madeleine Sager** by Stephanie Grasmick & Michael Sager.  
*In Gratitude To:* **Naomi Malka** for creating a beautiful *mikvah* by Cantor Rachel Rhodes.  
*With Thanks To:* **Naomi Malka** for her help preparing Wyatt for his *bar mitzvah* by Lisa & Alvin Dunn.

### Mildred & Jess Fisher Nursery School Fund

*In Memory Of:* **Meyer Siegel** by Michelle Leavy Grayson.

### Morris & Frances Gewirz Auditorium Fund

By: Bernard & Sarah Gewirz.

### Offerings Fund

By: Karen & Mark Batshaw, Ruth Chege, Miriam & Sandy Ain.  
*In Honor Of:* New baby, **Eden Kessler**, by Daniel & Francesca Sharro.  
*With Thanks For:* Congregation's warm welcome at *Shavuot* by Debby Zieff.  
*In Memory Of:* **Roberta Sands** by Nancy & Alan Bubes. **Elinor Abravanel & Leon Abravanel** by Susan & Allan Abravanel. **Rabbi Henry Weiner** by Marina Feldman & Jorge Kotelanski. **Allen Leveton** by Stephanie & Mo Garfinkle. **Bernard Glassman** by Barbara Kummel & family. **Bonnie Sands** by Howard & Elaine Forman

**Philip & Gertrude Smith Youth Endowment Fund**  
*In Memory Of:* **Marcus S. Smith** by Joanne Smith.

### Rabbi Alexander Discretionary Fund

By: Allison Good & Jay Sher.  
*In Honor Of:* **Isabella Both** by Deborah & Charles Both. Anne Rosenzweig by Sandy Bieber & Linda Rosenzweig. **Mia** becoming a *bat mitzvah* by Samara & Shane Gerson  
*With Thanks To:* **Rabbi Alexander** for helping Wyatt prepare for his *bar mitzvah* by Lisa & Alvin Dunn. **Rabbi Alexander** for everything! by Katherine McGraw & Daniel Traster. **Rabbi Alexander** for leading the service for Harold Kalter by Sandra & Eliot Kalter.  
*In Memory Of:* **Gertrude Bieber, Joseph Bieber & William Rosenzweig**, all by Sandy Bieber & Linda Rosenzweig.

### Rabbi Holtzblatt Discretionary Fund

*In Honor Of:* **Rabbi Holtzblatt** by Jill Herscot. Isabella Lorelie Both by Deborah & Charles Both. **Anne Rosenzweig** by Sandy Bieber & Linda Rosenzweig.  
*In Appreciation Of:* **Rabbi Holtzblatt** officiating at our wedding by Marcy Spiro & Dani Goldberg.  
*With Thanks To:* **Rabbi Holtzblatt** by Kira Epstein & William Begal.  
*In Memory Of:* **Adam Wallace Glass** with gratitude to Rabbi Holtzblatt for conducting the memorial service by Debra Glass. **Jennie Litvack** by Ricki Gerger. **Gertrude Bieber, Joseph Bieber &**

**William Rosenzweig**, all by Sandy Bieber & Linda Rosenzweig.

### Rabbi Jeffrey & Judith Wohlberg Masorti Fund

*In Honor Of:* **Toni & David Bickart** for their help during my presidency by Ricki Gerger.

### Rabbi Krinsky Discretionary Fund

*In Honor Of:* **Isabella Both** by Deborah & Charles Both. **Rabbi Krinsky** for all she's done this year for our congregation by Susan & Morris Klein. **Anne Rosenzweig** by Sandy Bieber & Linda Rosenzweig.  
*In Memory Of:* **Gertrude Bieber, Joseph Bieber & William Rosenzweig**, all by Sandy Bieber & Linda Rosenzweig. **Beatrice Horblitt** by Stephen Horblitt.

### Refugee Response Project (for the Gonzalez family)

*In Honor Of:* **Rae Grad's** acts of *Hesed* & for receiving the 2019 *Yad Hakavod* award by Nechama & Billy Liss-Levinson.  
*On Behalf Of:* **Gonzales family** by Frank Liebermann, Marge Thomas & Bob Mueller, Cheryl Cook & Devin Cohen, Karen Gilovich, Audrey Walker, Kelli Longshore & Gregory Dunham.

### Rose R. Freudberg Sisterhood Memorial Library Fund

*In Honor Of:* **June Kress's** special birthday by Joyce & Michael Stern. **Carol Ansell** on her retirement by Jamie & Stuart Morgan.  
*In Loving Memory Of:* **Eileen Morgan** by Lois Steinberg.  
*In Memory Of:* **Irvin Kolker** by Annette & Adrian Morchowder. **Sol Tepper** by Edith Hessel. Meyer Hessel by Arthur Hessel. **Irving Eitcher** by Eddie Eitcher. **Barbara Freudberg** by Elinor Tattar. **Sidney Goldstein** by Marcie Goldstein. **Irving Lewin** by Martin Lewin. **Hilda Aks** by Victoria Perper.

### Samuel & Jeannette Weiss Special Needs Fund

*In Memory Of:* **Aaron N. Cohen** by Bob & Joy Cohen.

### Samuel & Sadie Lebowitz Israel Scholarship Fund

*In Memory Of:* **Alan Latt** by Leslie Chernikoff-Berman.

### Sandra & Clement Alpert Fund for Family Education

*In Loving Memory Of:* **Rose L. Madden** by Dale & Alan Sorcher.  
*In Memory Of:* **Feiga Baldinger** by Janet Baldinger & family.

### Shelley Remer Gan HaYeled Enrichment Fund

*In Honor Of:* Birth of Ellen & Gary Malasky's grandson, **Jonah** by Cindy & Glenn Easton. **Carol Ansell's** retirement by Sheri Brown. Wedding of **Marcy Spiro & Dani Goldberg** by Sheri Brown.  
*In Memory Of:* **Jennie Litvack & Gail Mattison** by Sheri Brown.

### Sisterhood Bima & Synagogue Adornment Fund

*For the Speedy Recovery Of:* **Ruth Ernst** by Ricki Gerger.

### Social Action Fund

*In Honor Of:* **Rae Grad** receiving the 2019 *Yad Hakavod* award by Susan & Morris Klein. **Nechama & Billy Liss-Levinson's** anniversary by Suzy Miller.  
*In Memory Of:* **Rose Madden & Miriam Madden** by Mindy Saraco & Mike Madden.

### Traditional Minyan Kiddush Fund

*In Honor Of:* **Nils Socolovsky & Sam Mullen** becoming *b'nai mitzvah* by Bill Levenson.  
*In Memory Of:* **Joan Ruth Grebow** by Bill Levenson.

### Tzedakah Fund

*In Loving Memory Of:* **Louis Tannenbaum** by Denyse Tannenbaum.  
*In Memory Of:* **Sandy Cohen** by Beverly Cohen. **Sara Luper Wolfson** by Charles & Nancy Wolfson. **Rebecca Lipkin** by Harriet Lipkin. **Abraham M. Goldsmith** by Gail Rouchdy. **Mollie Clark & David Easton** by Cindy & Glenn Easton. **Francisca Delgado Davila** by Luciana Astiz Delgado. **Bonnie Lewin & Sylvia Lewin** by Martin Lewin. **Irvine Melvin Kramer** by Richard Kramer. **Rabbi Abraham Schachter** by Ricki Gerger. **Ethel Feuerstein & Jacob Feuerstein** by Marcia Feuerstein. **Martin Nyrop Hoffman** by Rae Brooks. **Frank Holtzman** by Shirley Glassman. **Harry I. Clayman** by Shirley Steinberg. **Solomon Shapiro** by Stephen & Susana Shapiro. **Sylvia Shreiar** by Carolyn Goldman. **Lee Goodglick** by Todd Goodglick.

### Yale Goldberg School Retreats Fund

*In Memory Of:* **Pauline Goldberg** by Lester & Karen Goldberg.

### Yizkor/Yahrzeit Fund

*In Memory Of:* **Maxwell Temkin** by Aaron Temkin. **Beatrice Gray Jacobs** by Alan Jacobs. **Max Cohen** by Sharon Cooper. **Morris Silverstein** by Barbara Silverstein. **Benjamin Roth** by Alan Roth. **Goldie Paikin** by Alan & Susan Abravanel. **Robert Earl Sandler** by Barbara Sandler. **Irwin Greenspahn** by Barbara Winnik. **Celia Gildenhorn** by Blanche Speisman. **Edith Edelstein-Stone & Harry I. Clayman** by Caryn Clayman. **Irving Bowers** by Connie Bowers. **Shirley Povich** by David Povich. **Robert & Beatrice Krantz** by David Krantz. **Ida Hellman** by Elinor Gruber. **Mariska Ellenogan Merves** by Esther Sarah Merves. **Harold Kogod** by Lislie & Howard Libby & Ron Kogod. **Julius Y. Schwartz** by Susan & Howard Liberman. **Frances Wolf & Andrew Wolf** by Sandra Schwalb. **Barnett Rich** by James Rich. **Hilda Sturc** by John Sturc. **Shirley P. Hardis** by Jonathan Hardis. **Celia Gildenhorn** by Joseph Gildenhorn. **Rose Friedman & Stephen Edward Beltz** by Judith Beltz. **Esther Nussdorf & Jenny Franco** by Melanie & Larry Nussdorf. **Jack Sloan** by Leonard Sloan. **Kenneth Steinberg** by Lois Steinberg. **David Korn** by Maryla Korn & family. **Roberta Cohen** by Nancy Cohen Roberts. **Bennett Hochman** by Norman Hochman. **Lillian Rosen Ratner** by Judy Cohen. **Rose Guss** by Roberta Weiss. **Nathan Smith** by Judy & Russell Smith. **Jeannette Zupnik** by Stanley Zupnik. Warren Kincaid & E. **Robert Coburn** by William & Marilyn Kincaid.

### Youth Department Activities Fund

*In Loving Memory Of:* **Sidra Rousch** by Jonathan Cohn.  
*In Memory Of:* **Arlyne Garten** by Francine Cohen. Yetta & Sydney Staffin by the Staffin-Dorfman family. **Emanuel Knishkow**y by Mitzi Knishkow. **Bernard Lutzker** by Pearl Lutzker. **Nadine Mackinnon** by Robert Loeffler. **Claire (Betsy) Kay** by Susan Kay & Samuel Frumkin. **Herbert Ain** by Sanford Ain. **David Isidor Estrin** by Wilma Bernstein & Mickey Lerner.







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