

Adas Israel Congregation May/Nisan-Iyar

CHRONICLE



Yom HaZikaron & Yom Ha'atzmaut 5779

The *Chronicle* Is Supported in Part by the Ethel and Nat Popick Endowment Fund



From the President

RICKI GERGER, ADAS PRESIDENT



"Thank you again for the great honor you've given me to be President of Adas Israel."

In this penultimate column, I want to thank the many, many members of the congregation who've been instrumental in solidifying a new direction for us.

I've been touched by the stories people have told me of their lives and dreams, and honored that you've shared them with me. You've let me into your lives and allowed me to laugh with you, and cry with you, and learn from you. You've encouraged me with words and smiles and messages and letters. And you've told me when you haven't agreed with me, which I greatly appreciate. I'm immensely thankful for all this.

We're fortunate to have many teachers here at Adas Israel, besides our clergy, of course. They are members who generously give us the benefit of their wisdom and knowledge, some "officially" and some not so "officially." Some of them are rabbis and some of them could be rabbis and some of them should be rabbis and many of them are regular people who share their knowledge and insights. Thank you all for giving us so many opportunities to elevate our thinking and for providing roadmaps for discovery.

Very smart people on the Executive Committee have advised me wisely, providing critical insight in the pursuit of our goals, always with an eye on the big picture (even when I was getting lost in the weeds). Two outstanding Boards of Directors have accomplished more in two years than most boards would be able to accomplish in six. Our Trustees and Past Presidents have been sources of help and guidance. Search Committees for three rabbis and a Gan director have worked diligently to ensure the best interests of the congregation are advanced. And every committee member is responsible for what Adas Israel is becoming. Whatever committee or task force you've served on, whether Budget or Religious Practices or Hesed or Social Action or Education or Development or any of the others, thank you

for the time and thought you've given us. And to every member who shows up—to a service, to a class, to a meeting—thank you for caring about who we are.

It's also important for me to apologize for times I've hurt people. Some of these things I'm aware of and some of them I'm not. In my deepest heart I'm sure I haven't done it intentionally, but that doesn't mean it hasn't happened. When I've disagreed with anyone, I've tried to do so respectfully and honestly; to the extent that I didn't accomplish that, please forgive me. And if there's something I said or did or something I didn't say or didn't do, please know I am truly sorry. And if you're someone whose name I can't remember, no matter how many times you've told me, I assure you you're not alone—you're one of hundreds, perhaps thousands!—and I apologize yet again.

Through your help and support, Adas Israel has become a place that values and exhibits open collaboration, respect for one another's opinions, and transparency (even financial!—see the *"The Building Blocks"* article our Budget and Finance Committee and our Executive Director David Polonsky presented in last month's *Chronicle*!).

Some of you have heard me say I wish I knew what it is I've done in my life that I'm being rewarded for now by being President of Adas Israel at such a remarkable time in its history. I really do want to know so I can do more of it, not to continue to be rewarded, but because I want to be *that person*, the one who continues to do whatever it was because, like you, I want to do good things, always.

Yes, I am a little teary-eyed (as is my *minhag* at such moments) when I thank you again for the great honor you've given me to be President of Adas Israel.



Clergy Corner

RABBI SARAH KRINSKY



When we zoom out the calendar and look at the month of May, we see a month that is very full. Full not just in terms of days to note—though, with all of May falling during the period of the *Omer*, each day is a day to note. Full not just in terms of holidays—though between *Yom HaShoah*, *Yom HaZikaron*, *Yom HaAtzma'ut*, and *Lag B'Omer*, there are lots of commemorations and celebrations. And full not just in terms of programs—though, as usual, the Adas calendar is brimming with opportunities to pray, learn, love, connect, and act.

More than this—or, more accurately, *because* of all of this—May is a month that, overlaid with our Jewish calendar, feels very *emotionally* full.

Part of this is because of the intense emotional valence of the sanctified days themselves. *Yom HaShoah* and *Yom HaZikaron* mark moments of extreme horror and tragedy—some of the darkest hours of Jewish history, and some of the most challenging corners of the Jewish present. *Yom HaAtzma'ut* and *Lag B'Omer*, on the other hand, are times of raucous celebration—communal gatherings, bonfires, fireworks, and song.

Even more than the days themselves, though, is the acute juxtaposition of these events, one right after the other. This is felt most profoundly with *Yom HaZikaron* and *Yom HaAtzma'ut*, which blend one into another. Experiencing this transition in Israel—and watching the country move so intentionally and so powerfully from deep mourning to deep celebration—really made clear for me how jarring it can be to move so quickly from one spiritual extreme to another.

This emotional whiplash reminds me of a passage from the Babylonian Talmud that I often find myself reflecting on or

referring to—the section in *Masechet Ketubot* that asks what happens when a funeral procession and a wedding procession collide. In a small alleyway or narrow street, which procession would have the right of way?

The *Talmud* does (unusually!) give a clear answer to this dilemma. But what strikes me more about this passage is not the answer, but rather the question itself. It seems like the Talmud is facing a month like May—an intense juxtaposition of joy and sorrow, of celebration and mourning. It is acknowledging what so many of us know to be true: in a community that is large and full, or even in an individual life that is complex and multifaceted, there is often cause *both* for joy *and* for sorrow at one and the same moment. This time of year, then, gives us permission to experience, explore, and bring to the forefront all of these different parts of ourselves and our lives, even—or especially—when it feels like they might conflict or be in tension with one another.

As we enter this month, let us embrace the fullness of our individual and collective human experience. And know that Adas is here to support, celebrate, love, and care, at each and every turn, for all of these moments and for whatever they bring.





Garden of the Righteous



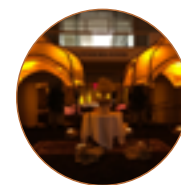
2019 Honoree: Honoring the Memory of Sir Nicholas Winton of Great Britain *Erev Yom HaShoah, Wed., May 1 @ 7:00 pm*

On Wednesday evening May 1, 2019, *Erev Yom HaShoah*, Adas Israel Congregation will honor the memory of Sir Nicholas Winton (1909-2015) from Great Britain.

Winton was a 29-year-old stockbroker who organized trains out of Prague in 1939 to secure the safe passage of children, most of them Jewish, from Czechoslovakia to England before the outbreak of World War II in an operation later known as the Czech Kindertransport. Winton raised money to fund the transportation of the children and also the 50 pound per child guarantee demanded by the British government to fund the children's eventual return ticket. He also had to find British families willing to care for the refugee children. Between March and August 1939, Winton was able to bring 669 children out of Czechoslovakia to England. A final train of 250 children, due to depart on September 1, 1939, was prevented from leaving when Germany invaded Poland and all borders were closed. This put an end to Winton's rescue efforts. Most of the parents and siblings of the children Winton saved perished in the Holocaust.

Nicholas Winton's rescue efforts remained virtually unknown until 1988, when his wife Grete found a detailed scrapbook from 1939 in their attic, containing lists and photos of the children, including their parents' names and the names and addresses of the families that took them in. The scrapbook made its way to Dr. Elisabeth Maxwell, a Holocaust historian and wife of the newspaper magnate Robert Maxwell. Soon Winton found himself featured in British newspapers. In February 1988, Winton was invited to be a member of the audience on the BBC television program, *That's Life*, along with many of the children he rescued for an emotional reunion with the man who saved their lives. When Winton's work became recognized around the world, the British press dubbed him the "British Schindler." Taking into the account the children and grandchildren of those he saved, there are estimated to be around 6,000 people in the world today who owe him their lives.

The Adas Israel Garden of the Righteous is a beautiful reminder of numerous acts of decency and daring performed by many non-Jews in the midst of one of the most tragic moments in human history. This program, initiated in 1992 by Rabbi Jeffrey A. Wohlberg to honor non-Jews who risked their lives to save Jews during the Holocaust, is supported in part by the Peter Dreyer Memorial Fund, the Scott Dreyer Fund, and the Ryna & Melvin Cohen Senior Rabbi Program Fund. The entire community is cordially invited for this moving event. We look forward to seeing you there.



"The Late Lounge"

SHAVUOT EXPERIENCE

Spend the late hours of *Erev Shavuot* with the moon, the stars and the Torah. Journey outdoors to our re-imagined desert oasis (on the transformed Connecticut Ave. Plaza); enjoy freshly roasted coffee, mint tea and sweets from around the world; drink Shavuot Shooters and coffee-themed cocktails; lounge out under our tents to the tune of smooth desert beats, niggunim, and soulful words of Torah based on this year's theme, inspired by the Book of Ruth: "For wherever you go, I will go; wherever you lodge, I will lodge; your people shall be my people, and your God my God." (Ruth, 1:16).

כי אל-אשר תלכי אלך ובאשר תליני אליו עמך עמי ואלהיך אלהי

Shavuot Schedule

7:30 pm: 5 Rabbis, 5 Journeys, 5 Dreams

Join Rabbis Holtzblatt, Alexander, Krinsky, Solomon, & Yolkut as each of them presents a short, thought-provoking interpretation of our theme. A Torah-Slam like you've never experienced!

9:00 pm: Special Yom Tov Ma'ariv

led by Cantor Arianne Brown

9:15 pm: Kiddush and Motzi

9:30 pm: Break-Out Text-Learning Sessions

(TBD — We'll offer two great options for more study, including one specifically designed for teens.)

9:30pm: Outdoor Experience opens (Food!!)

10:30pm: Something New!

Join Rabbis Alexander and Holtzblatt on the patio for lots of singing and a Communal Moment of (Spontaneous) Blessings - We need them!

You stood at the foot of the mountain. Your grandparents and great-grandparents before them. The souls of all Jews, from all times, came together to hear the resounding proclamation of the Ten Commandments! This year at Adas we come together again, like our ancestors before us, to learn, give, commit, countdown, have faith, and eat.

On this holiday that celebrates the giving of the Torah, our eternal guide, we will unpack and expand upon the famous rabbinic commentary that teaches: there are 70 faces to Torah. In other words, our holy book is so expansive that each of us can see ourselves within it. But this also means there is a remarkable uniqueness to its initial dissemination amongst the Israelite people—a Sinai of the past, present, and future. Together we'll explore this idea, textually, while also talking together about the ways in which this divine diversity finds itself within our own community here at Adas Israel.

SHAVUOT

BEGINS SATURDAY EVENING, JUNE 8





LOST AT HOME

A JOURNEY TO EVERYWHERE AND NOWHERE

THANK YOU TO THE (OVER 1,000!)
COMMUNITY MEMBERS WHO CAME
OUT TO HELP US CELEBRATE
ANOTHER INCREDIBLE
PURIM AT ADAS!



SAVE THE DATE
Annual Congregational Meeting
Wednesday Eve, June 19
Beginning at 6:15pm



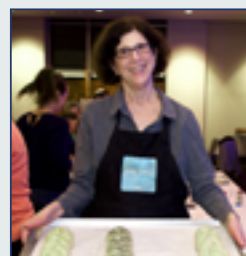
Featuring Remarks From Annual Meeting Special Guest:

Arnold M. Eisen Ph.D.

Chancellor of the Jewish Theological Seminary in New York

ANNUAL MEETING BEGINS AT 6:15PM IN KAY HALL

Dinner will be served, if you plan to partake, please register at adasisrael.org/annualmeeting or call us at 202.362.4433



Celebrating This Year's *Yad Hakavod* Honoree, Rae Grad, on behalf of Hesed

The annual meeting is your chance to participate in the growth, health, and vibrancy of your synagogue and your community. Join family and friends as we plot a course for the next year of Jewish communal life in our community. This concept is not new; Moses was once the sole judge in the desert, but his father-in-law advised him to delegate that work broadly. We learn from Moses's delegation, that a community ought to be empowered to control its destiny and to govern itself. Please take this opportunity to make your voice heard, and to join us as we usher our community forward into a renewed age of warmth, welcoming, and growth.



Healing *Shabbat* Morning Service with Rabbi Krinsky

SATURDAY, MAY 11, 9:30-10:30 AM

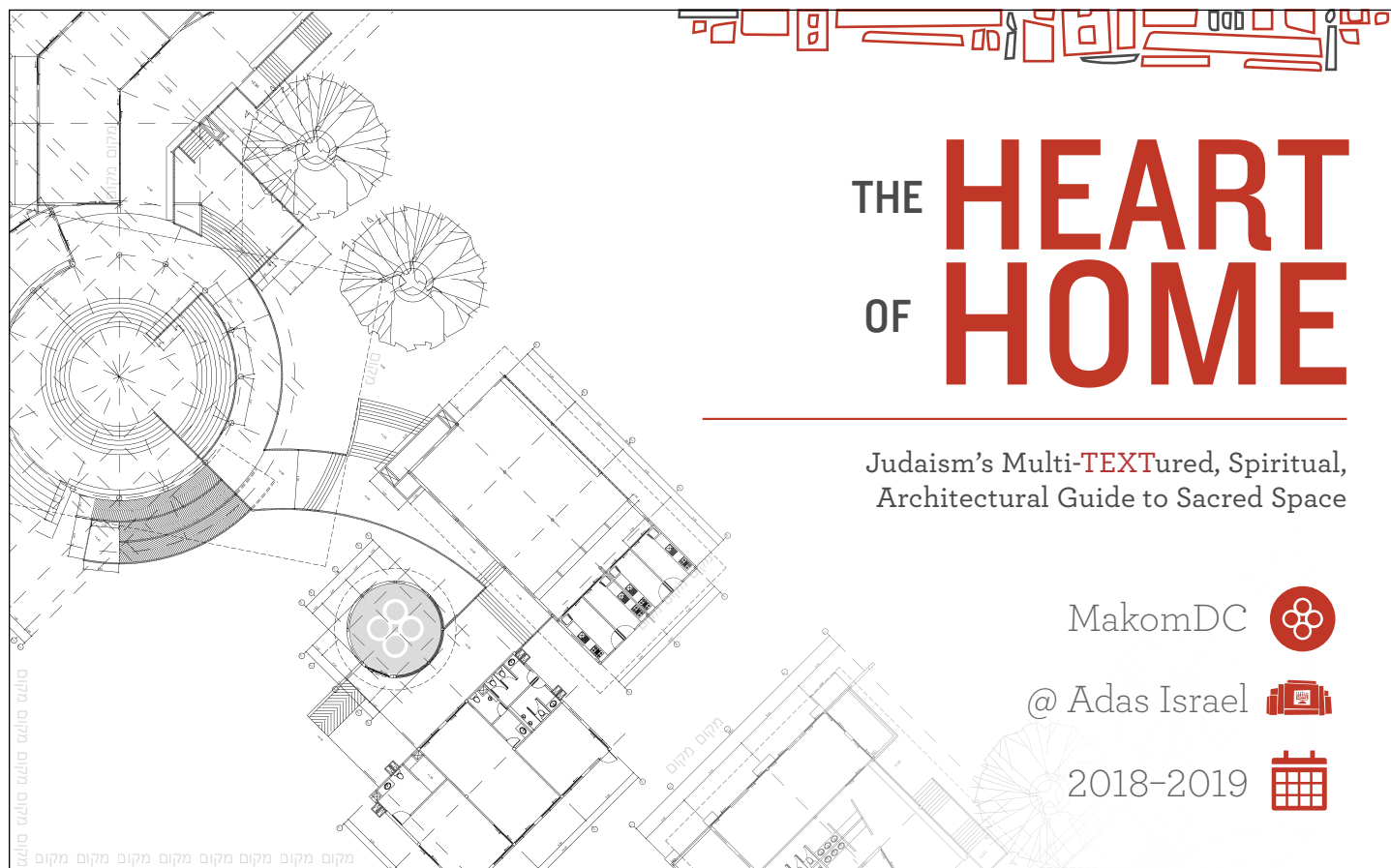
Please join us on May 11 for a *Shabbat* morning healing service designed for those in need of spiritual, emotional, or physical healing as well as caretakers. Rabbi Sarah Krinsky will create a space to explore and process challenges, and to access places of support and resilience. Grounded in Jewish prayer and ritual, the service will include moments of liturgy, song, meditation, and learning to build a community of compassion, comfort, and strength.

Note: This service will meet during the beginning of *Shabbat* morning services. For those who want to join other prayer spaces, we will conclude by the end of *Shacharit*.



New Bike Rack
at Adas Israel!

A new bike rack, conveniently located at the Quebec Street entrance to the parking lot, has opened for Adas members and guests. The rack is only steps away from the main entrance and is a secure location. A growing number of congregants are biking to *shul* to reduce air pollution and greenhouse gas emissions. Biking is a great way to stay physically fit regardless of age, and DC is considered to be one of the most bike-friendly cities in America.



MAKOMDC MAY LEARNING



MAY MAKOMDC SCHOLAR & EVENING OF CELEBRATION:

Rabbi Dr. Avivah Zornberg

TUESDAY, MAY 7 @ 7:30 PM

Join us as our May scholar, Dr. Avivah Zornberg, teaches in correlation with the MakomDC theme of The Heart of "Home": Judaism's Multi-Textured, Spiritual, Architectural Guide to Sacred Space. Dr. Zornberg will speak on, "*I Am a Stranger: Becoming Ruth*," which will focus on Ruth being a stranger in more senses than one. Who is this unknown woman who is destined to become the mother of royalty? What is the process by which she finds her way into a foreign and unwelcoming culture and religious tradition? How does destiny come about? Dr. Zornberg teaches Torah throughout the Jewish world, at synagogues, universities, and psychoanalytic institutes, and has written five critically acclaimed books, including the recently published, *Moses: A Human Life*.

We'd like to invite you to a special evening of community, celebration and learning on Tuesday, May 7. **At 6:30pm, prior to Dr. Avivah Zornberg's MakomDC program in the Biran Beit Midrash, we will gather together the participants of all of our different community learning initiatives and groups, and celebrate what has been an incredible year of Adas Israel learning and growth.** So, please join us. There will be great hor d'oeuvres-style food to nosh on, some drink, and words of Torah from Rabbis Holtzblatt, Alexander, Krinsky and our guest, Dr. Avivah Zornberg.

*This MakomDC program is generously sponsored by the Annie Bass Yellen Fund. This event will be livestreamed at adasisrael.org/adaslive.**

MakomDC 2018–19 Season

The Heart of "Home": Judaism's Multi-Textured, Spiritual, Architectural Guide to Sacred Space

Over the course of the year, our rabbis and distinguished scholars will lead us in guided text study, conversations, and presentations that explore the Jewish tradition's essential teachings on defining holy community. Together we'll navigate the particular values that bind us and the universal ideas that inspire us, and then think together about where they do and don't intersect. **To learn more visit adasisrael.org/makomdc.** Register for lectures or classes online or by calling 202-362-4433.

2018-2019 MENDELSON SHABBAT SCHOLAR



POST-KIDDUSH HALAKHA CLASS

Dr. Sarah Wolf

SATURDAY, MAY 18 @ 1:00 PM

Join us as our May Mendelson Shabbat Scholar, Dr. Sara Wolf, guest teaches this month's text-based class, after kiddush, using *halakhah* (Jewish life and living) as a prism through which to access our monthly topic. Dr. Wolf is Assistant Professor of Talmud and Rabbinics at the Jewish Theological Seminary and is currently a David Hartman Center Fellow at the Shalom Hartman Institute of North America.

ONGOING LEARNING:



The Text 2.0: In Depth *Halakhah* (Jewish Law)

with Rabbi Aaron Alexander

LAST CLASS DATE: TUESDAY, MAY 21 @ 7:30 PM

Rabbi Alexander leads learners in a textual exploration of a topic in Jewish Law, using original sources without translation. This series is designed primarily for those with previous experience studying classical rabbinic texts in Hebrew/Aramaic.



Boker Or Shabbat Study

SATURDAY MORNINGS @ 8:30 AM

Boker Or meets Saturday mornings in the Biran Beit Midrash with the weekly portion as its focus. **May 4**, Rabbi Elianna Yolkut; **May 11**, Rabbi Lauren Holtzblatt; **May 18**, Rabbi Aaron Alexander. **May 25**, No *Boker Or*, Memorial Day Weekend



Friday *Parsha* Study

with Rabbis Lauren Holtzblatt, Aaron Alexander, or Sarah Krinsky

FRIDAY MORNINGS @ 10:00 AM

Please join us Friday mornings in the Biran Beit Midrash for an exclusive look at the weekly *parsha*. On the first and second Friday of the month, Rabbi Holtzblatt will explore the *parsha* through the lens of Hassidut and mysticism; on the third and fourth Fridays, Rabbi Alexander will use the Talmud as the prism for the weekly reading; and on the fifth Friday, Rabbi Krinsky will lead the exploration.

ADAS (in) ISRAEL

An Unforgettable Adas Israel Congregational Journey to Israel

SAVE THE DATE: SUMMER 2020

THE LAND
ERETZ YISRAEL

THE PEOPLE
AM YISRAEL

THE STATE
MEDINAT YISRAEL

EACH OTHER
ADAS ISRAEL

Tentative Travel Window: Late June, 2020

Rabbis Lauren Holtzblatt, Aaron Alexander, Cantor Arianne Brown, and our Israel Engagement Task Force enthusiastically invite you to join us for an unforgettable exploration of Israel, with our own Adas clergy and community members. For first-timers and experienced Israel-travelers alike, this is your opportunity to encounter Israel through the lense of our sacred and diverse Adas Israel community, and through various high-impact, **multi-day experiences of your choosing** unique to Adas participants.



Strength in Community

We're not just going to Israel, we're bringing Adas to Israel. Build relationships & memories to cherish for all time.



All Are Welcome

First-timers, young families, Israel-experts, spiritual seekers ... we want you all! Custom "track" experiences built for everyone.



A Holistic Israel Encounter

Bask in the rich, energetic culture of modern-day Israel. Dive into unique areas of focus available only to Adas participants.



Expertly Designed Travel Experience

Curated travel arrangements, delightful accommodations, expert tour guides, delicious food, and unforgettable experiences.

Trip details forthcoming (including final trip dates, full itineraries, financial information, support for those requiring accessibility accommodations, etc.). Please allow this to serve as an important Save the Date. All the information you need, plus registration instructions, will be shared soon.

ISRAEL ENGAGEMENT



UPCOMING HOLIDAYS:

YOM HAZIKARON & YOM HA'ATZMAUT

On this Memorial Day, the fourth of *Iyar* in the Hebrew calendar, we commemorate the soldiers who have fallen fighting for Israel's independence and defending its security. In Israel, *Yom HaZikaron* is marked with sirens that alert people to stop all activity and honor the fallen.

This holiday's placement the day before Israel Independence Day is intentional: the soldiers who gave their lives were directly responsible for the existence of Israel as an independent state. In this way, a day of solemn commemoration can be followed by joyous celebration and song. This year *Yom HaZikaron* begins on Tuesday, May 7, at sundown and will be observed on Wednesday, May 8.

The anniversary of the modern State of Israel is a wonderful milestone for the State and for the Jewish people. This modern miracle is unparalleled in history. *Yom Ha'Atzmaut* is celebrated this year on Thursday, May 9.

In celebration of *Yom Ha'Atzmaut*, please attend our morning minyan at 7:15 am on Thursday, May 9. Join us as we celebrate modern Israel's past, present, and future.

Please join us for morning and evening *minyan*, on Wednesday, May 8, and Thursday, May 9, for meaningful services and blessings to honor *Yom HaZikaron* and *Yom Ha'Atzmaut*. Stay tuned for more information on learning opportunities and celebratory Israeli breakfast in honor of Israel.

PLEASE JOIN US FOR THE SIXTH ANNUAL JTS EVENING OF LEARNING



Rabbi Eliezer Diamond, PhD,
Rabbi Judah Nadich Associate
Professor of Talmud and Rabbinics



Dr. Eitan Fishbane,
Associate Professor of
Jewish Thought



Dr. Benjamin Sommer,
Professor of Bible and Ancient
Semitic Languages



Rabbi Jan Uhrbach,
Director of The Block / Kolker
Center for Spiritual Arts

Encountering God: Jewish Conceptions of the Divine

SUNDAY, MAY 19, 2019, 5:00-9:00 P.M.

B'nai Israel Congregation, 6301 Montrose Rd, Rockville, Maryland

Learn more and register at www.jtsa.edu/evening-of-learning-2019

PROGRAM PARTNERS

Adas Israel Congregation
Agudas Achim Congregation
B'nai Israel Congregation
B'nai Shalom of Olney
Beth Shalom Congregation
Congregation Beth Emeth
Congregation B'nai Tzedek
Congregation Beth El
Congregation Har Shalom
Congregation Olam Tikvah
Congregation Sha'are Shalom
Haberman Institute for Jewish Studies
Kehilat Shalom
Kol Shalom
Ohr Kodesh Congregation
Shaare Tefila Congregation
Shaare Torah
Tifereth Israel Congregation
Tikvat Israel Congregation





A Meaningful Assertion of Adas Values

ADAS BOARD OF DIRECTORS ADOPTS A NEW CODE OF CONDUCT

The Board of Directors adopted a policy against harassment at its March 13th meeting. We call it the **Adas Israel Code of Conduct for Lay Leadership with Respect to Harassment**. Quite a name! Thank you to Past President Renée Fendrich and Trustee Jeff Yablon for drafting the language, and to the board members who made suggestions about improving it. And while this policy pertains to the Lay Leadership, defined as anyone who is a member of a committee on up, I hope that every member of Adas Israel reads it and pledges to follow it.

You'll see that the document covers harassment in the broadest definition of the word; sexual harassment is singled out because there are laws punishing those perpetrators. But to be sure, it covers bullying of all sorts. We didn't create this document because it's the trendy thing to do, although it is timely in terms of the national conversation around harassment. We created it to reaffirm our values, and to provide clear and transparent expectations of everyone in our Lay Leadership and in our congregation.

When someone yells at a member of our staff on the phone, in person, or IN ALL CAPS, that's harassment. When someone backs someone else against a wall and points a finger in their face, that's harassment. When someone says something of a personal nature to a woman that they would never say to a man, that, too, can constitute harassment. And when someone denigrates a person because of their age or their gender or whom they love, and so on, that's covered here, too.

The purpose of this document is not to look for people to punish. Rather, it's to remind people that their words have meaning and their actions can have consequences. Please take a moment to read this and make it part of who you are. May we each live up to Adas Israel values always. *Kein yehi ratzon.*
—Ricki Gerger, Adas President

Adas Israel Code of Conduct for Lay Leadership with Respect to Harassment

As leaders of Adas Israel Congregation, members of the Board of Directors, and members of all committees and task forces and other entities engaged in the work of the Congregation (collectively, "Lay Leaders" and the "Lay Leadership") must exemplify at all times the highest ethical standards of a sacred community of Jews.

Above all, relating to our clergy, members, and staff in an appropriate manner is essential to preserving a holy space grounded in the teachings of the Torah. Those in leadership positions must scrupulously avoid even the appearance of impropriety and embrace their role as exemplars and change agents to eliminate discrimination and victimization.

Ensuring our community provides safety and respect for everyone requires self-awareness regarding words and deeds in

all areas of interaction. Any verbal or physical harassment that denigrates or indicates hostility toward an individual based on race, color, gender, sexual orientation, religion, national origin, age, or disability has no place in our *kehillah*.

Existing federal, state, and local laws prohibit and make legally actionable certain conducts generally understood to constitute "sexual harassment." Such actions include, but are not limited to, unwanted physical contact; unwanted sexual advances or requests for sexual favors; display or circulation of sexually oriented pictures, writings, or objects; and demeaning comments or jokes of a sexual nature.

By accepting their positions, Lay Leaders agree not even to approach the lines that the legal system or Jewish tradition declares must not be crossed.

Any member of the Congregation who believes that they have been subjected to harassment of any kind by a member of the Lay Leadership should report the event or events directly to the President or to any Officer, Trustee, or member of the Board of Directors, who will convey the information to the President. The President, after conducting a proper investigation—using guidelines recommended by legal counsel and in consultation with our clergy—will take the steps deemed appropriate under the facts and circumstances to reach a resolution. The latter may result, for example, in dismissal of the charges, *teshuvah*, or removal of the offending Lay Leader from all positions of power and trust.

In the event a complaint is lodged against the President, the most recent Past President available shall assume the role of the President in this regard.

It has always been considered an honor to serve in any position of Lay Leadership at Adas Israel Congregation. Our *kehillah* expects its Lay Leaders to engage in behavior that comports to the highest ethical standards. This is but one way they lead and serve as role models for the membership of the Congregation.

* * *

We expect this to be an ongoing conversation. To this end, the Board will engage in regular educational and training sessions addressing these matters and make these sessions open to all Lay Leaders of the Congregation.

While it is neither helpful nor practical to detail exactly every situation, the test Lay Leaders must apply to their actions and comments is simple:

(i) Would I condone such behavior from another person if directed to my parent, spouse/partner, friend, child or myself?

(ii) Would I want my actions disclosed to the entire congregation?



Being A Member of the Women's *Tahara* Team

by Sarah Brooks

On Sunday, March 24, the second class in the series, "Conversations About End-of-Life Issues" was offered by the Hesed and Bereavement Committees. The class was followed by personal stories from Adas members who have been affected by the work of the Bereavement Committee and Bereavement Committee members who have been enriched by their work as shomrim, tahara team members, and chaverim. The following speech was given by Sarah Brooks.

The notice arrives via e-mail from our leader without warning. Once the team has been selected, we make the drive to a nondescript building outside the Beltway, especially designed for our needs. We usually arrive under the cloak of nighttime, in a dark colored SUV. There is little talk as we enter the building through a side door. A secret code necessary to gain entry. We receive details, focus our thoughts, and begin.

A black ops from the NSA? A mission from Mossad? Nothing of the sort. Instead, it is the *chevrah kadisha*. Loosely translated as holy society, we are the people who prepare bodies for Jewish burial.

I'm treading a fine line here. It used to be that no one knew the members of the chevrah kadisha except the members of the *chevra kadisha*. And while I will not reveal specifics of any particular *taharah*, I do want to shed some light on the process, to demystify what we do. I would be remiss if I didn't mention Toni Bickart. Not only is she the coordinator for both the men's and women's *taharah* teams, she spearheaded a two-year-long effort to revamp the liturgy and bring it into the 21st century.

I'll be honest, *taharah* is not for the faint of heart. It is an earthy and spiritual task all wrapped in one. I have done this for those who have lived full and long lives; I have done this for a few who were called way too soon. I have even done it for a woman I probably saw every day for over 10 years. Entering the room is always the same: some trepidation and a deep stillness. But there is something else very present, too. Her spirit, the last bits of her life force, they are there, too. As we bathe her, shampoo her hair, ritually wash her, and redress her in simple cotton clothes, we often address her by name as we guide her through this most sacred process. And it is a process. *Tahara*, poorly translated as "purification," is better understood as preparing the soul for the next stage in a final journey.

There are no secrets in the *taharah* room. The roadmap of a woman's life is often right there in front of us. But she is not the only one exposed. We come as ourselves to this process. We bring our own feelings and fears. Amid the liturgy, which includes the reciting of the *Song of Songs* and the chanting, there are often tears. They are usually mine.

Why do I do this? Why do I leave the comfort and safety of

my home to venture out to take care of a dead body? Yes, there is the commandment in the Torah to bury our dead, and the Talmud is full of explication, including the mandatory contribution to the burial society after only a few months' residency in a town. The commandment is so fundamental, that if a Kohen happens upon a dead body, he is mandated to bury it. *Taharah* is often referred to as the ultimate *mitzvah* because the dead can never return the favor. But some days, motherhood feels like that, too. Obviously, I'm only speaking for myself, but as soon as I heard about it almost 25 years ago, I knew I wanted in. Yeah, okay, it is a self-selecting group. It is a calling and one that has not disappointed me. The bonding experience with the other women on the team is unique. There is a raw intimacy that is hard to find in any town, but especially this one. When I leave that building at the end of the process, the met safely tucked into her casket, pottery shards and dirt from Israel comforting her, as I pour the water over my hands in a ritual washing of my own body in preparation for rejoining my regular life, I know I have done my best. It is redemptive in a way that I'm not sure I have the words for. Death, yes, sometimes tragic death, yet, it has been for me one of the most life-affirming experiences of all my work here at Adas. When my time comes, I am at peace knowing that a *chevra kadisha* will not only pour water over me, but also a very special tenderness and compassion.

Please join us on Sunday, May 19, at 10:00 am for the third and final class in "Conversations About End-of-Life Issues."

Conversations About End-of-Life Issues (Session 3) Curating Your Own Death

Sunday, May 19 • 14 Iyar 5779, 10:00 am–12:00 pm

The Hesed End-of-Life Conversation series is an intergenerational opportunity to talk about an important part of life that is rarely discussed. With teachings from our Jewish texts, we are exploring the belief that talking about death prepares us to approach life's most challenging moments and helps us articulate who we are and what we ultimately care about. The format for the third session will be similar to that of the first session. Rabbi Holtzblatt will lead a presentation and then a meditation. There will also be time for facilitated discussion at table groups. There is no cost for these events. However, we ask that you please register online at adasisrael.org/hesed.



MM¹⁸₁₉

Musical Moments at Adas

Brought to you by Cantor Arianne Brown & the Musical Moments Committee

Upcoming Event



Nefesh Mountain Shabbat Jewish Bluegrass

Shabbat, June 21–22

Nefesh Mountain is the place where American Bluegrass and old-time music meet with Jewish Heritage and tradition. Band leaders, genre-pioneers, and husband and wife Doni Zasloff and Eric Lindberg are the heart of this eclectic offering, and share their love for American music, their own cultural heritage, and each other with audiences throughout the world. The result of this unexpected and beautiful mix is staggering; and while complete with the kind of adept string virtuosity and through composed arrangements one would hope for from a newgrass band with influences from Bluegrass, Old-Time, Celtic, and Jazz, they also play and sing songs of the heart creating music with a sense of diversity, oneness, and purpose for our world today.



SHABBAT WEEKEND SCHEDULE

Friday June 21

5:30 pm: Young Family Service
6:30 pm: *Kabbalat* Shabbat

Saturday June 22

Nefesh Mountain will participate in Charles E. Smith *Shabbat* morning service
1:00 pm: Behind the Music Learning session
8:00 pm: Concert, *Havdalah*, and Jam Session

Musical Moments Shabbat Morning Calendar

May

- ♪ **May 4** - Piano, Cell, Percussion
- ♫ **May 11** - Return Again
- 🎸 **May 18** - Guitar & Percussion
- 🎸 **May 25** - Oud, Guitar, Percussion

June

- ♫ **June 22** - Return Again, Nefesh Mountain participating
- 🎸 **June 29** - Shabbat in Harmony w/ Robyn Helzner

Purim Thank You!



Thanks to our awesome cast of this year's Lost at Home *Purim spiel*:

Vashti – Deb Sager
Esther – Sophie Schulman
Mordechai – Michael Sloan
Haman – David Olson
Achashverosh – Gedalia Penner
Chorus – Rebecca Boggs, Nathan Ehrenberg, Rafi Fox, Eli King, Audrey Yedwab, Mallory Yedwab



Also featuring Kolot:

Lihi Cook, Maya Leach, Emma Jacobson, Isabella Fromson, Abby King, Anouk Vannier, Aaron Weinstein, Hanna Fistel, Shoshana Tinsley, Jillian Strait, Shira Wenthe, Shayna Sann, Orly Pearlman, Rina Saxon, Roxi Hodor, Alex Nehrer, Leo Borovay, Reese Rosenkrantz, Ezra Proctor, Robert Weiner, Yara Vannier, Micaela Fistel, Adi Cook

DC Klezmer Workshop



DC Klezmer Workshop Sunday May 19 @ 2:00 pm

Are you a musician who always wanted to play klezmer music? Does your foot start tapping every time you hear Yiddish songs? Do you want to learn the difference among a Bulgar, a Sher, a Zhok, and a Khosidl?

We will meet Sunday, April 14, 2:00–4:00 pm, for a musicians workshop and dancing. The workshop is open to all levels of musicians, whether you read music or not. The workshop is free, but we suggest a \$10 donation to support future workshop events.

adasisrael.org/musicalmoments

JMCW@ADAS

jewish mindfulness center of washington

"It is one thing to race or be driven by the vicissitudes that menace life, and another thing to stand still and to embrace the presence of an eternal moment."

RABBI ABRAHAM JOSHUA HESCHEL

The holiness of *Shabbat* is a core part of Jewish ritual and tradition. On the seventh day, we are commanded to cease our quotidian work and join God as partners in creation, a time to just be. In his classic work, *The Sabbath*, Abraham Joshua Heschel talks about the Sabbath as a departure from the spatial world and a sacred entrance into the "palace of time." This idea of *Shabbat* can inspire our mindfulness practices even during the busyness of the first six days of the week. At any time, we can stop for a moment to savor a bit of the beauty and wisdom of *Shabbat*. Guided by our breath, our *neshama*, we can close our eyes, return to ourselves and, as Rabbi Heschel says, "embrace the presence of an eternal moment." Following this core wisdom of our tradition, Jewish contemplative practices can help us seek our Shabbat within.

ONGOING OFFERINGS

Our weekly JMCW meditation and yoga classes offer a home to those who wish to explore embodied spirituality. The yoga program includes an array of practices that seek to awaken and stimulate the senses through full mind/body exploration. Classes often draw on Mussar, *Kabbalah*, and the wisdom of Jewish thinkers. Meditation sits offers participants an opportunity to come together for guided teachings, a wide variety of meditation techniques, and silent community sits.



Vinyasa Lunar Flow

WEDNESDAYS @ 6:30–7:20 PM

A slow-paced asana practice for all levels, led by a rotating roster of JMCW faculty.



Weekly Meditation Sit

WEDNESDAYS @ 7:30–8:30 PM

A community sit that integrates meditation techniques with guided teachings, led by a rotating roster of JMCW faculty.

Adas Israel Community Mikvah

The beautiful, recently renovated and accessible *mikvah* is open! We welcome you to plan your own time for a mindful immersion. E-mail mikvah@adasisrael.org or call Naomi Malka, 202-841-8776 to schedule appointments.

JMCW RECOMMENDS . . .



The Sabbath: Its Meaning for Modern Man

by Abraham Joshua Heschel

This classic work is a beautiful meditation on the spiritual meaning of *Shabbat*. Rabbi Heschel speaks to the particular circumstances of contemporary life by contrasting our labor in the spatial realm with the Jewish idea of the sacredness of time.

The *Sabbath* is available in the Adas Library, as are many other books on Jewish spirituality, meditation, and mindfulness. Some of these can be found under call number 175.01 or speak with Adas Librarian Robin Jacobson (librarian@adasisrael.org) for more information.

What was created on the seventh day? Tranquility, serenity, peace and repose.
—*Genesis Rabba*

UPCOMING EVENTS



Return Again to *Shabbat*

with Rabbis Holtzblatt & Alexander & The Return Again Band

FRIDAY, MAY 10 @ 6:30 PM

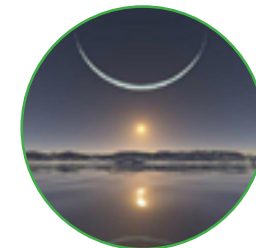
This monthly service is an intergenerational favorite in our congregation! Join us for a reflective journey into the power of *Shabbat*. The evening features seasoned musicians and a spiritual, personal excursion into prayer and song. A Community *Shabbat* dinner follows this service; reservations are required. Please see the JMCW Adas web page.



Morning Awakening Led by Rabbi Lauren Holtzblatt

TUESDAYS @ 9:00 AM

Come join JMCW for an uplifting 45 minutes of mindful prayer and song as we begin the day together. Morning Awakening is a new take on the traditional Jewish morning service led by Rabbi Lauren Holtzblatt. Start your Tuesday with a dose of mindfulness!



Rosh Chodesh: Celebrating the New Moon Led by Alesandra Zsiba

TUESDAY, MAY 7 @ 7:00–9:00 PM

Women of all ages, experiences, and identifications are invited to join us for a nourishing evening of Jewish yoga and mindfulness practice. Jewish tradition teaches that our bodies are deeply in sync with the lunar cycle, and Rosh Chodesh calls us to listen to these timeless, embodied rhythms. Following the asana practice, we will gather for a group discussion circle. **Please register for this special offering on the JMCW Adas web page.** This ongoing monthly offering is co-sponsored by the Adas Mikvah and usually includes an optional immersion in our beautifully renovated Community Mikvah.



Feeding Body & Soul—A Mindful Cooking Workshop Led by Susan Barocas

TUESDAY, APRIL 30 @ 7:00–9:00 PM, REGISTER: JMCW WEBSITE (\$15/PERSON)

When we learn to appreciate mindful cooking and its benefits—rejuvenation, creative expression, and even fulfillment on a spiritual level—cooking is no longer a chore, but a pleasure! In this workshop, we invite you to explore healthy cooking as a practice of becoming present and nourishing the body, mind, and spirit. Our evening will be spent preparing a variety of salads to welcome the warmer weather, engaging in group meditation, guided discussion, and, of course, eating. Join us for this special evening workshop with Susan Barocas, co-chair of the Adas Israel Hessed Cooking Committee, chef, teacher, writer, and member of the JMCW Task Force.



The Jewish Mindfulness Center of Washington @ Adas (JMCW) offers services, programs, and workshops that help deepen contemplative practices as part of our individual and communal religious and spiritual lives. Watch this space each month to follow these JMCW offerings. Visit our Adas web page at adasisrael.org/jmcw, where you can also subscribe to our weekly newsletter. Find us on Facebook, JMCW at Adas Israel!

For registrations, updates, and additional information and offerings, please visit the JMCW web page, adasisrael.org/jmcw or the JMCW Facebook Group. Please direct any questions to: alesandra.zsiba@adasisrael.org.

adasisrael.org/jmcw



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>2823 Nisan</div> <div>9:00 amMorning Minyan</div> <div>10:30 amJMCW: Wise Aging 2.0</div> <div>1:30 pmJIDS: Empowering Women</div> <div>6:00 pmEvening Minyan</div>	<div>2924 Nisan</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>3025 Nisan</div> <div>7:30 amMorning Minyan</div> <div>9:00 amMorning Awakening w/ Rabbi Lauren</div> <div>6:00 pmEvening Miyan</div> <div>7:00 pmJMCW Program</div> <div>7:30 pmMakomDC: Synthesis & Application</div>	<div>126 Nisan</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan - Yom HaShoah</div> <div>7:00 pmGarden of the Righteous Program</div> <div>9:00 pmGarden of the Righteous Reception</div>	<div>227 Nisan</div> <div>7:30 amMorning Minyan/Yom HaShoah</div> <div>12:15 pmJCC Bible Class</div> <div>1:00 pmSisterhood Mah Jongg</div> <div>6:00 pmEvening Minyan</div>	<div>328 Nisan</div> <div>7:30 amMorning Minyan</div> <div>10:00 amParsha with Hassidut</div> <div>5:30 pm3rd Grade Chagigat HaSiddur Ceremony & L'Dor VaDor Service</div> <div>6:00 pmLay-Led Shabbat Service, led by Dunn Family</div> <div>6:30 pmShir Delight Happy Hour</div> <div>7:00 pmL'Dor VaDor Dinner</div> <div>7:30 pmShir Delight Service w/ Rabbi Alexander</div> <div>8:30 pmShir Delight Dinner</div> <div>7:42 pm🕯️🕯️</div>	<div>4 PARSHAT ACHERI MOT29 Nisan</div> <div>8:30 amBoker Or Torah Study</div> <div>9:15 amShabbat Morning Musical Service</div> <div>Bar Mitzvah: Devin Cohen</div> <div>Sermon by Rabbi Holtzblatt</div> <div>11:00 amNetivot</div> <div>11:00 amTot Shabbat</div> <div>11:00 amParsha For Kids</div> <div>12:00 pmCongregational Kiddush</div> <div>9:30 amTraditional Egalitarian Minyan w/ Rabbi Alexander; Bar Mitzvah: Wyatt Dunn</div> <div>12:30 pmHavurah Shabbat Kiddush</div> <div>9:45 amHavurah Shabbat Service</div> <div>12:45 pmShabbat Mincha</div> <div>1:15 pmLev B'Lev Speaker</div> <div>8:42 pmHavdalah</div>
<div>530 Nisan</div> <div>8:45 amMorning Minyan (Adam Boghardt)</div> <div>10:00 amYP Learning w/ Rabbi Alexander</div> <div>6:00 pmEvening Minyan</div>	<div>61Iyar</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>72Iyar</div> <div>7:30 amMorning Minyan</div> <div>9:00 amMorning Awakening w/ Rabbi Lauren</div> <div>6:00 pmEvening Minyan</div> <div>7:00 pmRosh Chodesh: Celebrating New Moon</div> <div>7:30 pmMakomDC: Siyyum w/ Dr. Zornberg</div>	<div>83Iyar</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div> <div>6:30 pmJMCW Lunar Flow Yoga</div> <div>7:00 pmJSC Class</div> <div>7:00 pmTikkun Olam Lecture</div> <div>7:00 pmRabbi Tuchman's Talmud Class</div> <div>7:30 pmJMCW Meditation Session</div> <div>8:15 pmJSC Class</div>	<div>94Iyar</div> <div>7:15 amMorning Minyan</div> <div>12:15 pmJCC Bible Class</div> <div>1:00 pmSisterhood: Mah Jongg</div> <div>6:00 pmEvening Minyan</div>	<div>105Iyar</div> <div>7:30 amMorning Minyan</div> <div>10:30 amParsha with Hassidut</div> <div>6:30 pmReturn Again Service w/ Rabbi Holtzblatt</div> <div>8:00 pmCommunity Shabbat Dinner</div> <div>7:49 pm🕯️🕯️</div>	<div>11 PARSHAT KEDOSHIM6Iyar</div> <div>8:30 amBoker Or Parashat Hashavuah Class</div> <div>9:30 amShabbat Morning Return Again Service with Rabbi Holtzblatt</div> <div>12:00 pmCongregational Kiddush</div> <div>9:30 amTraditional Egalitarian Minyan</div> <div>1:00 pmShabbat Mincha</div> <div>9:30 amHealing Service w/ Rabbi Krinsky</div> <div>8:49 pmHavdalah</div> <div>11:00 amNetivot</div> <div>11:00 amTot Shabbat</div> <div>11:00 amParsha For Kids</div>
<div>127Iyar</div> <div>8:45 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>138Iyar</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>149Iyar</div> <div>7:30 amMorning Minyan</div> <div>9:00 amMorning Awakening w/ Rabbi Lauren</div> <div>11:00 amWeekday Torah w/ Sisterhood</div> <div>12:00 pmDowntown Study Group</div> <div>6:00 pmEvening Minyan</div>	<div>1510Iyar</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div> <div>6:30 pmJMCW: Lunar Flow Yoga</div> <div>7:00 pmJSC Class</div> <div>7:00 pmRabbi Tuchman's Talmud Class</div> <div>7:30 pmIntro to Judaism 2.0</div> <div>7:30 pmJMCW Meditation Session</div> <div>8:15 pmJSC Class</div>	<div>1611Iyar</div> <div>7:30 amMorning Minyan</div> <div>12:15 pmJCC Bible Class</div> <div>1:00 pmSisterhood: Mah Jongg</div> <div>6:00 pmEvening Minyan</div>	<div>1712Iyar</div> <div>7:30 amMorning Minyan</div> <div>10:00 amParsha w/ Talmudic Commentary</div> <div>5:30 pmYoung Family Shabbat Service w/ Rabbi Alexander</div> <div>6:30 pmTEM Friday Night Service</div> <div>7:55 pm🕯️🕯️</div>	<div>18 PARSHAT EMOR13Iyar</div> <div>8:30 amBoker Or Parashat Hashavuah Class</div> <div>9:30 amShabbat Morning Musical Service</div> <div>12:30 pmHavurah Shabbat Kiddush</div> <div>Bat Mitzvah: Julia Crausman</div> <div>12:45 pmMincha; Bat Mitzvah: Naomi Feldman w/ Rabbi Krinsky</div> <div>Sermon by Rabbi Alexander</div> <div>1:15 pmMakomDC: Dr. Sara Wolf</div> <div>9:30 amTraditional Egalitarian Minyan</div> <div>8:55 pmHavdalah</div> <div>9:30 amHavurah Shabbat Service</div> <div>11:00 amNetivot</div> <div>11:00 amParsha for Kids</div> <div>12:00 pmCongregational Kiddush</div>
<div>1914Iyar</div> <div>9:00 amMorning Minyan</div> <div>10:30 amJMCW: Wise Aging</div> <div>2:00 pmDC Klezmer Workshop</div> <div>6:00 pmEvening Minyan</div>	<div>2015Iyar</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>2116Iyar</div> <div>7:30 amMorning Minyan</div> <div>9:00 amMorning Awakening w/ Rabbi Lauren</div> <div>6:00 pmEvening Minyan</div> <div>7:30 pmMakomDC: The Text 2.0</div>	<div>2217Iyar</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div> <div>6:30 pmJMCW: Lunar Flow Yoga</div> <div>7:00 pmJSC Class</div> <div>7:30 pmSisterhood Knits, Sews, Crafts</div> <div>7:30 pmJMCW Meditation Session</div> <div>8:15 pmJSC Class</div>	<div>2318Iyar</div> <div>7:30 amMorning Minyan</div> <div>12:15 pmJCC Bible Class</div> <div>1:00 pmSisterhood: Mah Jongg</div> <div>6:00 pmEvening Minyan</div>	<div>2419Iyar</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmKabbalat Shabbat w/ Rabbi Krinsky</div> <div>8:01 pm🕯️🕯️</div>	<div>25 PARSHAT BEHAR20Iyar</div> <div>9:30 amShabbat Morning Musical Service</div> <div>1:00 pmShabbat Mincha</div> <div>Bar Mitzvah: Noah Taylor</div> <div>9:01 pmHavdalah</div> <div>Sermon by Rabbi Krinsky</div> <div>9:30 amTEM w/ Rabbi Alexander</div> <div>Bar Mitzvah: Sam Mullen</div> <div>11:00 amNetivot</div> <div>11:00 amParsha for Kids</div> <div>12:00 pmCongregational Kiddush</div>
<div>2621Iyar</div> <div>9:00 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>2722Iyar</div> <div>9:00 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>2823Iyar</div> <div>7:30 amMorning Minyan</div> <div>9:00 amMorning Awakening w/ Rabbi Lauren</div> <div>6:00 pmEvening Miyan</div>	<div>2924Iyar</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div> <div>6:30 pmJMCW: Lunar Flow Yoga</div> <div>7:00 pmJSC Class</div> <div>7:00 pmRabbi Tuchman's Talmud Class</div> <div>7:30 pmJMCW Meditation Session</div> <div>8:15 pmJSC Class</div>	<div>3025Iyar</div> <div>7:30 amMorning Minyan/Yom HaShoah</div> <div>12:15 pmJCC Bible Class</div> <div>1:00 pmSisterhood Mah Jongg</div> <div>6:00 pmEvening Minyan</div>	<div>3126Iyar</div> <div>7:30 amMorning Minyan</div> <div>10:00 amParsha with Hassidut</div> <div>6:30 pmTEM Friday Night Service</div> <div>8:07 pm🕯️🕯️</div>	<div>1 PARSHAT BEHUKKOTAI27Iyar</div> <div>8:30 amBoker Or Torah Study</div> <div>9:30 amShabbat Morning Service</div> <div>12:00 pmCongregational Kiddush</div> <div>Sermon By Rabbi Holtzblatt</div> <div>12:30 pmHavurah Shabbat Kiddush</div> <div>Bar Mitzvah: Felix Geffen</div> <div>1:00 pmShabbat Mincha</div> <div>9:07 pmHavdalah</div> <div>9:30 amTraditional Egalitarian Minyan</div> <div>Bar Mitzvah: Nils Socolovsky w/ Rabbi Alexander</div> <div>9:45 amHavurah Shabbat Service</div> <div>11:00 amParsha For Kids</div>

SHABBAT MORNING SERVICES: Please turn off cell phones and pagers before entering services.

Charles E. Smith Sanctuary: Join us for our Shabbat morning services in the renewed Charles E. Smith Sanctuary, the synagogue's largest worship space, led by our inspiring Rabbi and Cantor. The service includes a D'var Torah and sermon by the Rabbi and often includes participation by members and B'nai Mitzvah.

Traditional Egalitarian Minyan (TEM): Every Shabbat morning at 9:30 am, with the Torah service around 10:30 am. Led by laypeople with the occasional assistance of Adas clergy, the TEM is a participatory service with a full P'sukei D'Zimrah (introductory Psalms), Shacharit, and Musaf, a complete reading of the weekly Torah portion, and a d'var Torah. For more information, e-mail traditionalminyan@adasisrael.org.
Havurah Service: Lay-led, participatory service at 9:45 am. Rotating volunteers lead services, read Torah, and conduct an in-depth discussion of the weekly Torah portion. A kiddush follows the service. For additional information and to participate, e-mail havurah@adasisrael.org.

Youth Shabbat Services: Starting with Tot Shabbat for children ages 5 and under led by Menuhah Peters. Netivot, for students in grades K–3, is led by Sarah Attermann or Jeremy Kadden.
‘Dial-in’ for Programs & Services: If you are unable to attend programs, lectures, or services, dial in to hear them. Call 202-686-8405.
Library Open on Shabbat: Our third-floor library is open on Shabbat following services. You may sign out materials using our “no-writing Shabbat method,” explained in signs on the check-out desks. For assistance during the week, contact our Director of Library Services, Robin Jacobson (librarian@adasisrael.org).



Education & Youth

@ ADAS ISRAEL

From the Director of Education

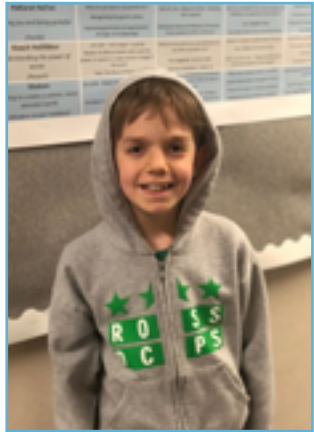
RABBI KERRITH SOLOMON



Over the past few years we have taken the monthly opportunity to share a bit about our religious school. Often it is about our curriculum, sometimes it highlights teaching teams, but as the year draws to a close, we can think of no better way to reflect on the year than through the words of one of our own students. Below you will find Ryler's take on the arc of his third-grade class, highlighting the values-based units that, along with the rhythm of the Jewish calendar, make up the framework of our school year. We are firmly committed to learning with and from our students, and as you can see, they are wonderful teachers. Have a great summer!

LEARNED HEBREW VALUES AT ADAS ISRAEL

BY RYLER MANHEIM, THIRD GRADE



All throughout this year at Adas Israel Hebrew School, in my third-grade class with Yael S, we have learned many different Hebrew values. We learn Jewish values that relate to a Jewish holiday that we celebrate. In this essay, you will discover the different Jewish values that we have learned and how they relate to one another.

The first Jewish value that we learned was *teshuvah*, which means forgiveness and recognizing your mistakes. *Teshuvah* is something that is part of our everyday life. We all do or have done *teshuvah*. There is no such thing as being perfect, we all make mistakes, and we all apologize, and recognize our mistakes. There are many ways that we can do *teshuvah*. If you accidentally tripped someone, or you said something that wasn't true, you would say sorry and recognize your mistake. There are many ways that you can do *teshuvah*.

The second unit that we learned about was *gevurah*. *Gevurah* means inner strength. We learned about *gevurah* at about the time that we celebrated *Hanukkah* because Judah Maccabee had to have *gevurah*. *Gevurah* is something that is part of our everyday life! We all have *gevurah*, no matter who you are. In my classroom at school we have a board called "the cerebrum." On it, we post

positive self-thoughts like "I can do this" and "I am awesome" on pieces of paper that we can say to ourselves. Having positive self-thoughts builds confidence and our inner strength, or *gevurah*.

The third Jewish value that we learned about was *b'tzelem elohim*, which means "In God's image." There are many ways that we use the phrase *b'tzelem elohim*. For example, in Hebrew school we learned about the golden rule. The golden rule is the principle of treating others the way you want to be treated. A lot of schools often have this as a rule. We all have a small piece of God inside us, therefore we should be kind to each other.

The fourth Jewish value that we learned was *achrayut*, which means responsibility. *Achrayut* is part of everyone's everyday life. For example, at my school we have a buddy bench on the playground for people who are feeling sad. If someone sees someone sitting on the buddy bench, they will often go over and ask them if they want to play. This is *achrayut* because it is your responsibility to try and cheer them up and make them feel included.



The fifth Jewish value that we learned about was *Hakarat HaTov*. *Hakarat Hatov* means recognizing the good. *Shechhechyanu* is a blessing that we do at special moments. For example, the first time you eat a new fruit or when you light the candles on a holiday for the first time. We do the *Shechhechyanu* when we want to stop in the moment, take a picture, and recognize the good, *hakarat hatov*.

All of these Jewish values we have learned about connect to one or two other values. *Achrayut* has a connection with *teshuvah* because it is your responsibility to say sorry and acknowledge your mistake. Another connection is *gevurah* with *b'tzelem elohim* and *achrayut*. This is because when you see someone getting bullied, or someone feeling sad, it is your responsibility (*achrayut*) to stand up for them (*gevurah*), because they have a piece of God inside them (*b'tzelem elohim*) and God is kind.

All throughout this year I have learned a lot of new things that I wouldn't have known if it wasn't for Adas Israel. Everyday light bulbs are popping in my head for ways that I see these Jewish values happening in real life.

תּוֹרַת הַיּוֹם

You are invited to the

Ma'alot Graduation & Awards Ceremony

Tuesday, May 21, 2019 at 7:30pm



The evening's program will begin at 7:30pm in the Gewirz Beit Am as we celebrate our Ma'alot award recipients and honor our graduating 12th grade class. The program will be followed by a dessert reception in Kay Hall.

Event Program:

Passing the Torch:

Our graduating 12th grade students share their personal experiences as they symbolically pass the torch to the rising 12th grade class.

Ma'alot Awards:

The Ben Cooper Community Youth Service Leadership Award
The Herman and Jennie Robbin Middle School Award
The Herman and Jennie Robbin High School Award
The Nathan and Rosa Povich Award



TODA RABA AND L'HITRAOT!

As we look toward the end of the year, we want to extend our appreciation and thanks to our talented staff of teachers in Religious School and Ma'alot. Our teachers also work in private and public school, in universities, on the Hill or in the federal government, as Zumba instructors, lawyers, speech pathologists, and more. Their wisdom and passion for teaching and for Judaism enrich our students in so many ways.

We also have one more group of teachers—our college students. They bring an enthusiasm, energy, and commitment to Judaism for which we are deeply grateful. In particular, we want to wish a *Mazal tov* to the graduating seniors on our staff: Jocie Broth, Shira Clements, Jayme Schlenker, Yael Shamouilian, and Miriam Young.

Although the 2018-2019 school year ends in May, in the Education office, we take a few breaths and then start to focus our energies on the upcoming year. The summer gives us the opportunity to reflect on the year and then to dream and plan for the coming year.

—Pam Gorin

MA'ALOT WELCOMES RAFI PROBER

On May 7, right between *Yom HaShoah* and *Yom HaZikaron*, our Ma'alot students and teachers will welcome Adas Israel member, Rafi Prober. In 2014, Rafi led Akin Gump's pro bono representation of 650 Holocaust survivors to hold the French national rail company, SNCF, accountable for deporting Jews and others to concentration camps during the Holocaust. This agreement was the culmination of 14 years of work. Rafi will speak about his involvement in the case, as well as his connection to the Holocaust, as the grandson of a survivor. In Rafi's words, "We have an obligation to learn from this. The lessons of the Holocaust, from a human perspective and from a legal perspective, are enduring." We are extremely fortunate to have the opportunity to hear about his work and the relationships he formed with the survivors and family members involved.

—Sarah Attermann



THE BEAUTY OF SPRING IN THE GAN



"In the outdoor environment young children celebrate the life force that maintains our lives and that of the natural world around us." —Maria Montessori

With signs of spring all around us, the children of the Gan are fully immersed in the exploration of nature. The beauty and joy of springtime bring everyone—people and animals—out of their winter hibernation. But it is children who truly notice the profound changes that are so beautiful and incredible.

We are fortunate that Adas Israel is so close to Rock Creek Park. Throughout the year, Gan classes venture into the forest for nature walks. These walks lead to deep sensorial experiences, with Gan students feeling, seeing, hearing, and sometimes even tasting (snow!) nature. Observational drawings, and collecting objects from nature for further exploration and use, extend the

learning. The forest is an extension of our Gan classrooms, and the children feel at home there, getting to know that paths, trees, and shadows.

Additionally, with spring comes the opportunity for new *brachot* or blessings to be recited, creating sacred moments for children that emphasize the magic of nature. When seeing a rainbow, we can recite:

ברוך אתה יי אלהינו מלך העולם, זוכר הברית ונאמן בבריתו וקים במאמרו

Blessed are You, Adonai our God, sovereign of the world, who remembers the Covenant and is faithful to the covenant and keeps the divine promise [made in the Noah story].

Or the first time in the spring the children see a new bud on a tree:

ברוך אתה ה' אלהינו מלך העולם שלא חסר בעולמו כלום וכרא בו בריות טובות ואילנות טובות להנות בהם בני אדם.

Blessed are You, Lord our God, King of the universe, Who has made nothing lacking in His world, and created in it goodly creatures and goodly trees to give mankind pleasure.

It is our hope that everyone will take a moment during the beauty of spring to notice the incredible happenings of the natural world, and to be delighted by these moments. Let us all see the world through the eyes of the Gan children.

—Darci Lewis, Assistant Director & Curriculum Specialist, Gan HaYeled



Important Dates & Upcoming Events

Sunday, May 19

Last Day of Religious School
(Gishron-Grade 6)
Religious School Celebration,
11:00 am–2:30 pm, Charles E. Smith
Sanctuary & Connecticut Ave. Patio.
Parents welcome to join!

Tuesday, May 21

Last Day of Ma'alot (Grades 7–12),
Passing the Torch, Graduation,
Nesiyah Tovah Ceremony, 7:00–9:00 pm,
Gewirz Beit Am & Kay Hall



YP@AI
youngprofessionals/adasisrael

a community for young Jewish adults.

singles can meet singles, couples can meet couples,
newcomers can connect with other newcomers.

What's Happening This Spring at YP@AI?!



The Young Professionals Community at Adas Israel (YP@AI) introduces those between the ages of 21 and 35 to all that Adas has to offer. We have a dedicated group of volunteers who help plan and coordinate all of our events and have helped to inspire new programming for the larger Adas community. After a busy winter, here's what we have planned for the spring:

- **Friday, May 3:** Join us for Shir Delight! Happy Hour, Davening, Dinner.
- **Sunday, May 5:** Brunch & Learn with Rabbi Aaron Alexander. Study text with fellow Young Professionals over delicious bagels and accoutrements from Baked by Yael.
- **Friday, June 7:** Join us for our final Shir Delight of the year!
- **Saturday, June 8:** Celebrate *Shavuot* with Adas Israel!
- **Sunday, June 30:** Our annual Jazz, Jews & Booze Barbecue!!! Great music, great friends, and great food and drink!

If you have any questions about YP@AI and getting more involved, please e-mail us at YP@adasisrael.org.

learn more & register online:

adasisrael.org/YP





Ma Tovu

Michael & Joyce Stern

HONORING OUR LEADERS & VOLUNTEERS

*Interviewed by Marcy Spiro,
Senior Director, Engagement & Programming Operations*

Michael and Joyce, you joined Adas Israel on July 1, 1969, which means your 50th membership anniversary is just months away. If you could describe your 50 Adas years in one sentence, what would that be?

Here it is: “One’s social and spiritual needs change in the course of a lifetime and Adas Israel addressed these needs at each stage of our lives.”

Coming up 50 years? I love marker events. Adas is where we celebrated our children’s *s’machot* and our 50th wedding anniversary. This past September we had another reason to throw a party at Adas—our 80th birthdays. We were each born in 1938, just three days apart but separated by an ocean. Michael was born in Leipzig, Germany, and I was born in Amsterdam, NY, then a thriving mill town. We met in New York City when he was a student at Columbia University, and I was at Barnard College across Broadway. Fate has a way of arranging what would otherwise be improbable.

Michael, you have been involved over the years with reading from the Torah and from the five scrolls on the appropriate holidays. You also have taught others to read. When and why did you begin to do this?

Our Rabbinic tradition teaches that since the destruction of the Temple, prayer has taken the place of the sacrificial system in achieving atonement. In my opinion, reading from the Torah in our religious services is another way of providing something like the feeling that participating in the sacrificial system may have given. It is a gratuitous act that requires the sacrifice of time and effort as one attempts to chant the text without any blemish—i.e., without error.

I began to read Torah as an adult in time to train my daughter for her *bat mitzvah*. She was my first student. Later I became *Baal Koreh* in Adas Israel’s *Havurah* service and served in that capacity for over 40 years. Soon after taking on the role of leading the Torah service, I began to help others learn to *leyn*. It has been a source of personal satisfaction that I have helped so many people at Adas develop this skill.

Joyce, you have been a part of Adas in so many ways, including serving on the Board of Directors. Two years ago, as a member of the Rabbinic Task Force, the team you headed was charged with analyzing the results of the congregational survey. Throughout that time you remained active in our Sisterhood, serving on the Executive Committee, organizing events, writing articles for the *Chronicle*, and even creating an online newsletter. In 2013 you were recognized for your initiatives with an *Eshet Chayil* award by the Seaboard Region of Women’s League for Conservative Judaism. Adas also designated you a *Simchat Torah* honoree that year. What drew you to Sisterhood?

I’ve always felt an obligation as a synagogue member to support Sisterhood. But beyond paying dues, I wasn’t involved. Rather, I participated in various committees, especially the Bereavement Committee. That changed about 10 years ago when Lucy Hassell invited me to start the newsletter for Sisterhood. As a professional writer-editor, this was right up my alley. I became VP for Communication and teamed up with Gail Roache who had the complementary skill to turn a Word document into something visually engaging. In the process, we became fast friends. I also recruited others to write so it would be a newsletter by and for its members, featuring our activities, *d’vrai Torah*, and member profiles. After I stepped down as VP for Communication, I remained active in other capacities. This year, in addition to being on the Sisterhood Board, I was a member of the Sisterhood *Shabbat* Planning Committee.

For those who aren’t familiar with the Adas Sisterhood, what should they know? And more important, why should they join?

We like to say, “It isn’t your grandmother’s Sisterhood.” But that’s funny coming from me since I am a grandmother six times over. We also say we are “multi-generational”; our activities appeal to all age groups. Through an initiative called “Sisterhood in the Community,” members open their homes to offer brunch, a wine and cheese, or a tea. It’s been a hugely successful social activity and is attracting women who then bring ideas for new activities, like craft projects and walks in city neighborhoods organized by Adas residents there. As to why join Sisterhood,



I would say it’s just plain fun. And it affords the opportunity to engage with some of the many interesting and talented women here at Adas.

At Adas, you attend the *Havurah* services upstairs in the library every other Saturday. Can you tell us more about the *Havurah* and your involvement?

The *Havurah* has been key to our commitment at Adas Israel. Established by Adina and Sandy Mendelsohn, we signed on right away because we could worship with our then young children in a welcoming environment. The *Havurah* is lay-led and features an extended discussion of the Torah portion led by one of its members. Michael and I each have often taken on this role. Over the years, the group has studied a lot of Torah together, which has provided an extraordinary bonding and learning experience for everyone.

We also for many years invited people week after week to our home for *Shabbat* dinner, in particular welcoming younger members of the synagogue. Extending hospitality gave us both great joy. Our dinners always included Torah discussions that Michael led. Whether at home or at *shul*, Torah study is central to our lives. If there is a Torah class at Adas, you can be sure to find one of us present. We also belong to a study group that originated at Adas almost 50 years ago. Michael produced many of our curricula, including one on Jewish mysticism and another on modern Jewish authors. My personal favorite is his curriculum on personalities of the Talmud.

Noting his “devotion to Jewish learning and his leadership in the propagation of Torah,” the Foundation for Jewish Studies was the first to recognize Michael’s contributions to Jewish education with its Yad Torah award. Adas followed with the *Yad Hakavod* award in 2009. Last fall, the Adas Israel clergy created a unique honor, designating Michael a Master Teacher. We were deeply moved by this singular recognition of his lifelong commitment to Jewish education in the Adas Israel community.

What were some of your favorite Jewish traditions when your children were young, and what new traditions have you created now that they are adults?

We have two children, a daughter, Lisë Stern, and a son, Avidan Stern. Lisë is a food writer in Cambridge, MA, authoring among other books, *How to Keep Kosher*, which is on the reading list of the Adas conversion classes. Our son is a lawyer in Chicago. In addition to attending the Charles E. Smith Jewish Day School and Jewish summer camps like Ramah, our children were raised in the Adas Israel *Havurah*, so it isn’t surprising that Lisë became involved with the National *Havurah* Committee. Its Summer Institute is a week-long learning retreat for people participating in *havurah* communities. Last year, she was on the core planning team and invited us to attend. It was a delightful experience.

Family *Shabbats* were central to our lives when our children were growing up. Of the holidays, we particularly love *Sukkot* and Passover. I truly believe that in building a *sukkah*, one creates

a sacred space. For *Sukkot* we go to Chicago, where our son has refined the *sukkah* design Michael created so many years ago. It is rewarding to see our children continue traditions from their childhood, but putting their own stamp on them, in this case, literally. At Passover, we used to host huge *sederim*, but now the extended family generally gathers in Chicago for the holiday.

This month is a celebration of Israel. What’s your greatest memory of Israel? Do you have any favorite Judaica from Israel? Do you have plans for another trip?

Sadly we’ve aged out of international travel. But in our day we traveled a great deal, including numerous trips to Israel. That included going there just after Lisë’s *bat mitzvah* when we introduced our children to the Land. But my greatest memory was when I prayed at the Kotel that my religious niece would make a match. This prayer was answered. You can believe that right after the *chuppah*, I returned to the *Kotel* to offer a prayer of gratitude.

Our home is filled with Israeli art, including lithographs by Shraga Weil and works by Haifa’s Ahuva Sherman, a personal friend. But our unique artwork of a Jewish nature we found in a young artist’s atelier in Cordova, Spain. It is a series of hand-painted plates, each of which depicts a Jewish holiday.

We both have close family in Israel. Interestingly, a few years ago, our daughter-in-law, Linda Stern, in going through the effects of her late maternal grandmother, discovered she had relatives living there—and in France and Canada as well. She reached out and now they all attend each other’s family *s’machot* like the wedding 18 months ago of our granddaughter Emily and a cousin’s wedding in Israel this past April.

Fifty years ago, as a young couple, we decided to go “all in” Jewishly. Our greatest reward has been having our adult children validate our choice by making it their choice as well. “From generation to generation . . .”

Adas Office Closing

Memorial Day
Monday, May 27
Schools/Offices Closed



sisterhoodnews

NETWORKING, NURTURING, LEARNING, SUSTAINING

CLOSING EVENT



Sisterhood Closing Event: You've Got the Look! Summer Style, Fun, and Friendship

SUNDAY, JUNE 23, 11:00 AM, GEWIRZ *BEIT AM*

Please join us for Sisterhood's Closing Event on Sunday, June 23, at 11:00 am in the Gewirz *Beit Am! You've Got the Look! Summer Style, Fun and Friendship*. Sisterhood members will take center stage as they model seasonal looks presented by Lord & Taylor, Chevy Chase. The program will also include a delicious lunch, L&T coupons, and makeup tips. Tickets are \$15 each.

ONGOING PROGRAMS



March Take-A-Walk! at Historic National Building Museum Leads to New Friends, By Rona Walters

MARCH 18

When you participate in a Sisterhood Take-A-Walk! program, you will invariably learn something new and interesting. On March 18 at the National Building Museum, we had an unexpected bonus. We met four Jewish women—one from New York City and three from Italy—with deep connections to the art world.

Just as I prepared to begin our informative tour of the historic building, I noticed a group of women at the Information Desk, one of whom was wearing a *kippah*. I invited them to join us, and they were thrilled to be included.

The lady wearing the *kippah* is a restoration architect from New York City; the other three are affiliated with the Fondazione Musei Civici di Venezia (MUVE). (According to Wikipedia, MUVE, founded by the City of Venice on March 3, 2008, manages and develops the cultural and artistic heritage of Venice and islands.) The visitors were in Washington, DC, to assist with the about-to-open Jacob Tintoretto exhibit at the National Gallery of Art. It seems that each walk has a story that comes with it!



Weekday Torah with Sisterhood

TUESDAY, MAY 14 @ 11:00 AM, FUNGER HALL

Please join *Weekday Torah with Sisterhood* at a special time—11:00 am rather than 10:00 am—on Tuesday, May 14, in Fungler Hall. Rabbi Aaron Alexander will lead the text study session.

Weekday Torah with Sisterhood is an engaging approach to traditional Hebrew text study that offers participants the opportunity to study and discuss challenging texts and ideas. This class is open to the entire Adas Israel community. Classes are monthly, except in the summer, and usually meet on the second or third Tuesday of the month. Students of all levels and backgrounds are welcome. Please contact MarilynCCooper70@gmail.com if you have any questions.



Torah Fund

Torah Fund contributions are welcome at any time and in any amount! Your contribution helps to educate future clergy and leaders for our communities by supporting scholarships and programming at Conservative/Masorti institutes of higher Jewish learning. Please send check, **payable to Torah Fund**, to Betty Adler, 6101 Shady Oak Lane, Bethesda, MD 20817. You can also reach Betty Adler at 340-999-2945 or bettyadler1@gmail.com.



Sisterhood in Your Community

NEXT UP: SUNDAY, MAY 5; SUNDAY, JUNE 2

Sisterhood is again offering the very popular "Sisterhood in Your Community" get-togethers on select Sundays until early summer. These are brunches, wine & cheese gatherings, or teas hosted by Sisterhood members in a neighborhood near you. The purpose is for current members to get to know one another better and to have fun.

Hosts will send out invitations to members who live in close proximity. But if you're interested—no matter where you live—contact June Kress (202-316-3439; junebkress@gmail.com), and she will put you in touch with the host.

Here is the lineup for the remainder of this program year:

- Sunday, May 5, noon to 2:00 pm, Myra Promisel will host a brunch in Woodley Park.
- Sunday, June 2, 11:00 am to 1:00 pm, Anat Bar-Cohen will host a brunch in Bethesda.

ruth & simon albert

sisterhood gift shop

IT'S FINALLY HERE . . .

THE SALE YOU'VE BEEN WAITING FOR ALL YEAR

For the entire month of May, we have reduced all prices by 25%.*

Have you been admiring a special piece of jewelry?

How about a particular challah board or other serving piece?

Don't miss this once-a-year opportunity!

SALE RUNS MAY 1 THROUGH 31.

Please note: We begin summer hours when the Estelle & Melvin Gelman Religious School lets out for the year. This means that the hours below are only applicable through Sunday, May 19. After that date, the shop will be open ONLY Tuesday, Wednesday, and Friday, 10:00 am–noon. *All sales are final; no returns or exchanges.

Gift Shop Hours*
Sunday–Monday,
Wednesday–Friday
9:30 am–12:30 pm

**Tuesday, Special
Extended Hours**
9:30 am–3:00 pm,
6:00–8:00 pm

*Every purchase benefits
Adas Israel Congregation.*
202-364-2888
adasgiftshop@gmail.com

***No reductions for kosher klafs,
children's books, edibles, Hesed
aprons, or greeting cards
or any already reduced items.**



tikkunolam

'REPAIRING THE WORLD'

ADAS ISRAEL VISITS THE BORDER



Rabbis Lauren Holtzblatt and Aaron Alexander in March joined an Adas Social Action Team trip to McAllen, TX, to witness the humanitarian crisis at the border firsthand and talk to people there who are helping to alleviate suffering and restore dignity to asylum seekers. They also went to volunteer and bring back insight and information on how people in our community can help. Accompanying Rabbis Holtzblatt and Alexander were Amy Golen, William Liss-Levinson, Nechama Liss-Levinson, Joan Liebermann, Denyse Tannenbaum, Renée Tannenbaum, and Margery Mueller.



Social Action Team member Amy Golen organized the itinerary for the group, which started with a visit with Sister Norma Pimentel, executive director of Catholic Charities of the Rio Grande Valley, which runs the Humanitarian Respite Center in McAllen, TX.

After a tour of that facility, the Adas group met with lawyers at the Texas Civil Rights Project to discuss the challenges it faces, including efforts to reunite families separated by immigration authorities.

Adas group members ended their day crossing into Matamoros, Mexico, with local volunteer organizer Mike Benavides and his team of volunteers. Together they served dinner, talked, hugged, played guitar, and handed out toilet paper, shoes, underwear, formula, and toys to the weary asylum seekers,

who were getting ready to spend another night sleeping on the street in the shadow of the bridge to the U.S. so they could keep their place in line.

—Denyse Tannenbaum, March 18, 2019



If you would like to take a similar trip to McAllen or Brownsville, please contact the Social Action Team or Amy Golen at amygolen@gmail.com.

How to Donate to Groups Supporting Asylum-Seekers

1. Sister Norma runs the Humanitarian Respite Center in McAllen TX. It's a mighty big job taking care of hundreds of asylum seekers every day, including giving them food and clothing for the next leg of their journey. Go to their WISH LIST on Amazon, link below:
<https://www.amazon.com/gp/aw/lr/ref=?ie=UTF8&%2AVersion%2A=1&%2Aentries%2A=0&lid=JJVAJFS3VIIQ&ty=wishlist>.

2. #Team Brownsville, organized by Mike and Andrea, both special education teachers, goes across the border, from Brownsville TX, to Mexico, EVERY morning and night to feed dozens of asylum seekers waiting to enter the U.S.

Mike has an Amazon WISH LIST, which suggests clothing, snacks, diapers, and other items, all needed desperately:
https://www.amazon.com/hz/wishlist/lr/4IHGBX7S6FEE/ref=cm_go_nav_hz.



Andrea's FaceBook Donation page collects funds to underwrite the breakfasts and dinners served every day, often the only food available to the people waiting . . . and waiting and waiting: https://www.facebook.com/donate/412359239533089/?fundraiser_source=external_url. To donate money to support Team Brownsville and the purchase of food and other supplies given directly to those waiting to cross, you can donate through Adas Israel as follows:

- Go to <https://www.adasisrael.org/give>.
- Under Donation Type (about): Click on "Specific Fund Below"
- Under Contribution, add "Other"
- Under Please Specify, add "Refugee Fund-Team Brownsville"



3. You can also try to change the system and donate funds to the Texas Civil Rights Project, an organization devoted to reuniting separated families, and reforming the broken system. Project members go to the local courthouse every day to see if any asylum-seekers need assistance: www.texascivilrightsproject.org.

AVODAH



Celebrating Extraordinary Social Justice Leaders

May 22, 6:30–8:30 pm

Adas Israel Congregation,
2850 Quebec St. NW, Washington, DC
Featuring Emcee Sara Polon "Soupergirl"
Register and Learn more at avodah.net/pijdc/



SOCIAL ACTION COMMITTEE



March 10 SAC Meeting

The March 10 Social Action Committee meeting featured presentations from all the SAC Work Groups and two expert speakers: **Angie Whitehurst**, an artist and vendor from Street Sense Media, and **Awesta Sarkash**, Director of Advocacy & Communications at the Coalition for Nonprofit Housing & Economic Development (CNHED). With additional input from **Eric Falquero**, Editor of Street Sense Media, and Adas member **Nechama Masliansky**, the committee explored issues such as health-related causes of homelessness, the high cost of housing in the District, federal and local government sources of funding for affordable housing, and hands-on opportunities for Adas members to make a difference. Opportunities include systemic advocacy as well as direct services.

—Nechama Masliansky

Brunch with New Covenant Baptist Church

On Sunday, March 17, 13 members of Lev b'Lev visited New Covenant Baptist Church in Shepherdstown, WV. They were warmly welcomed by **Pastor Joel Rainey** and Covenant members who created an atmosphere filled with beautiful music, singing, and universal hope for love and caring among all peoples. It was a few days after the New Zealand massacre, and Pastor Joel opened the service with heartfelt and emotional support for the local and global Muslim communities, reflecting on how much more we have in common with others than what drives us apart.

Following the service, One America facilitated small and large mixed-group discussions focusing on a range of cross-religious and cultural issues, including conversation on the current and acute opioid crisis in the Shepherdstown area and its impact on participants' personal lives. Adas members delivered three boxes of toiletry items for Oxford House, an organization serving people who are addressing their opioid addiction.

—Bonnie Politz

YPs at the Patricia Handy Center

Young Professionals volunteer on the third Sunday of every month at N Street Village's Patricia Handy Center, the first short-term emergency housing facility in Ward 2, near Gallery Place, as part of the Mayor's "All Eight Wards" plan to address and end homelessness in DC. The first hour is playing games and doing arts and crafts, enabling volunteers and the women to speak and get to know one another. The second hour is



spent serving dinner. For more information or to volunteer, contact project coordinator Aviva Weinstein, avivaweinstein@gmail.com.



Purim Mac 'n' Cheese Grogger Sales

Our Purim mac 'n' cheese grogger sales were a great success! Lois Fingerhut, Joel Fischman, Jamie Butler, Ben Buring, Nora Sullivan, Erin Pollack, Isaac Trommer, Leah Zerwitz, and Eilav Brooks-Rubin sold the boxes during the megillah reading, raising \$1,000. We will split the proceeds between our partners the TraRon Center and Friendship Place.



Are You Feeling Blue . . . ?

Like Annie says, "The sun'll come out tomorrow," and all will be well. However, sometimes in our lives, the sun does not come out, and for a period of time we might feel blue or sad or down in the dumps or whatever you want to call a state of being that is less than sunny. Maybe someone you love is ill. Perhaps a relationship you thought was a keeper has disintegrated. Possibly you are changing jobs or need to move or are experiencing an unexpected life change. The truth is that sometimes life throws us a curve ball and we feel sad about it. Adas Israel has worked hard to create a community of caring. If you need the caring that our community has to offer, there are many ways to find it. Here are some resources for you. **Please take advantage of any or all of them.**

VISIT OUR CLERGY. First and foremost, our clergy are here for you. There are a lot of you in the congregation, and the clergy

may not know about your situation. If you feel you need to talk to one of our clergy, please contact Beryl, at Beryl.Saltman@adasisrael.org, to schedule an appointment.

EXPERIENCE SHABBAT SERVICES IN A NEW WAY. Whether or not you attend services regularly, you might want to try a new approach and attend a different one. The Adas website lists all the Shabbat services options. Don't forget you can listen to services in the Charles E. Smith Sanctuary via LIVESTREAM, adasisrael.org/adaslive, or the PHONE LINE, 202-686-8405, if you cannot physically get to Adas.

ATTEND MORNING AWAKENING. Tuesday mornings at Adas are a time for a meditative service with an opportunity for sharing thoughts and experiences with others.

PARITCATE IN THE NEW HEALING SERVICE. The recently launched Healing Service on *Shabbat* morning is a safe and special place to bring feelings of pain or sorrow or grief. Watch the announcements in @Adas for the next Healing Service.

CHECK OUT DAILY MINYAN. Many people find the Daily *Minyan* a very comforting environment. Because it is small in size, many wonderful connections are made. Check the Adas website for the Daily *Minyan* times.

TRY OUT THE NEW MIKVAH. The newly refurbished *mikvah* can be a place to find solace and a spiritual uplift. If you have never been in a *mikvah*, maybe give it a try. Contact *Naomi*. Malka@adasisrael.org to make an appointment.

DIVE INTO NEW LEARNING. The number of learning opportunities at Adas is staggering. Exposing yourself to new ideas and insights can be helpful in changing your frame of mind. Sign up for a series of classes, sit in on a lively *Boker Or* study group, or listen to the powerful ideas in the Makom DC talks, adasisrael.org/makomdc.

PRACTICE MINDFULNESS. New experiences in meditation, contemplation, and self-discovery are available to you through the JMCW (Jewish Mindfulness Center of Washington) series of activities at Adas, AdasIsrael.org/JMCW.

SIT IN THE BEIT MIDRASH. Just sitting in the *Beit Midrash*, surrounded by books and the hum of conversations, can be consoling. Grab a cup of coffee, pull a book from the shelf, and meet an interesting person who is there doing the same thing.

BROWSE THE LIBRARY. Sometimes escaping into a good book is a great way to improve your state of mind. The Adas library is filled with a wonderful selection of fiction and nonfiction books. Ask our librarian, Robin, Robin.Jacobson@adasisrael.org, for some reading suggestions.

DO A GOOD DEED. When you're down in the dumps, often a great way to feel better is to do something for someone else. The Hesed Committee would love your help doing a good deed for someone, perhaps calling an elderly member or cooking a meal for new parents, and more, AdasIsrael.org/hesed.

HELP THE COMMUNITY. You can also look at the options our Social Action Committee offers to get involved in the community. Any number of committees would love your help, another way to brighten your day, adasisrael.org/tikkun-olam.

SCHEDULE AN APPOINTMENT WITH A JSSA COUNSELOR. The Jewish Social Services Agency has a counselor available to Adas members who need a bit of extra help dealing with what they're facing. Contact the clergy first for a possible referral.

The congregation gratefully acknowledges the following contributions:

Anne Frank House Fund

By: Keith Apple & Lisa Zycherman, Edward & Ann Louise Cowan, Steven & Jane Gilbert, Sheldon Kimmel, Stanley M. Salus.
In Memory Of: **Bessie L. Eanet** by Sheryl Fahey & Ken Colling.

Bereavement Fund

In Memory Of: **Annie Naiman** by Arnold Danziger.

Cantor Brown Discretionary Fund

In Honor Of: **Cantor Brown** by Nicola Klarfeld.
Cantor Brown for her work preparing Clea for her *bat mitzvah* by Alex & Michael Horowitz.

Charlotte & Hubert Schlosberg High Holy Day Mahzor Fund

In Memory Of: **Charlotte Schlosberg** by Hank Schlosberg.

Congregational Kiddush Fund

In Honor Of: **Daisy & Sally Esquith** becoming *b'not mitzvah* by Kathryn Gingles & David Esquith.
Martin Lewin's 70th birthday by Ava Kaufman.
In Recognition Of: Our birthdays by Irv & Grace Lebow.

Daily Minyan Fund

For the *Speedy Recovery* Of: **Joyce Stern** by Sandy Levenson.
In Memory Of: **Lillian Podgorsky** by Herlene Nagler.

David B Sykes Family Endowment for the Arts

In Memory Of: **David B Sykes** by Diane Sykes.

Doris Herman Gan Teacher Recognition Fund

In Honor Of: **Janice Mostow** by Sarah Brooks.

Estelle & Melvin Gelman Religious School Fund

In Memory Of: **Ferne Meyer** by Laurence Meyer.

Ethel & Nat Popick Chronicle Fund

In Loving Memory Of: **Frances Burka** by Dorothy Block & Mindy Block Mintz.
In Memory Of: **Dr. Benjamin Williamowsky** by Dorothy Block.

Frances & Leonard Burka Social Action Endowment

In Honor Of: **Frances Burka's** life by Lois Jecklin. Our daughter, **Selma Wayne Litowitz** receiving the Hebrew name, **Kaya Tzedek** by Mariah & Rob Litowitz.
In Loving Memory Of: **Frances Burka** by Dorothy & Jay Weinstein.

In Memory Of: **Frances Burka** by Dale & Alan Sorcher, Cookie Kerxton, Gerrie Dubit & Ed Stelzer, Jordan Smyth, Juel Janis, Marky & Bo Kirsch, Lois & Michael Fingerhut, Parc Somerset Board of Directors, Jane Johnston, Phyllis Meyers, Sally Hollman, Shirley Jacobs, Irene & Robert Sinclair, Barbara Spector, Joan Berman, Linda & Marshall Ackerman, Suzi Burka Walsh & Jimmy Polsky, Ellen & Gordon Lawrence, Elizabeth & Leonard King, Elaine & Stanford Steppa, David Stearman, Tom & Claudia Henteleff, Sandy Mitchell, Gail & Jonathan Schwartz, Alice & Rabbi

Van Lanckton, Maria & Robert Burka, Sandy Bobb, Margaret & Sidney Silver, Sonia Herson, Michelle & Stephen Grayson, Steven Blacher, Jamie & Stuart Butler, Geraldine Dubit, Mary & Arnie Hammer, Sydney Polakoff & Carolyn Goldman.

Fund for the Future

In Memory Of: **Frances Honikman** by Geraldine Dubit.

Havurah Kiddush Fund

By: Hazel Keimowitz
In Memory Of: **Ben Fischer** by Dr. Victor Schneider. **Erin Farrar** by Mary & Arnie Hammer.

Hazzan Goldsmith Discretionary Fund

In Honor Of: **Cantor Goldsmith** for her dedication in preparing Clea for her *bat mitzvah* by Alex & Michael Horowitz.

Hesed & Bikkur Cholim Fund

In Memory Of: **Claudia Flack** by Amy & Kenneth Krupsky. **Sam Sharin** by Rennie Sherman & William Willis.

Jess & Mildred Fisher Memorial Endowment Fund

In Honor Of: Dubim teachers for giving Elia such great experiences by Sheri Brown.

MakomDC Donation

On Behalf Of: Conversion course by Karen & Michael Rosenberg.

Marilyn & Stefan Tucker Program Endowment Fund

In Memory Of: **Marcy Miller** by Marilyn Tucker.

Martha & Joseph Mendelson Adult Education Fund

In Honor Of: **Betsy Strauss** by Sarah Brooks.

Men's Club Amuday Torah Fund

In Memory Of: **Joseph J. Cohen** by Shirley Cohen.

Mikvah Fund

In Honor Of: **Naomi Malka** by Beth Ann Spector.

Mikvah Capital Campaign

With Thanks For: The Mikvah by Amy Jo Mazur-Liberman.

Mildred & Jess Fisher Nursery School Fund

In Memory Of: **Bessie Siegel** by Michelle Leavy Grayson.

Offerings Fund

In Honor Of: **David Harris's** milestone birthday by Jessica & David Nemeth. Birth of **Ezra Sokol** by Eleanor & Louis Sokol.

Rabbi Alexander Discretionary Fund

With Thanks To: **Rabbi Alexander** by Margery Elfin.

Rabbi Holtzblatt Discretionary Fund

In Honor Of: **Rabbi Holtzblatt** for her dedication & work with Clea to prepare her for her *bat mitzvah* by Alex & Michael Horowitz.
Rabbi Holtzblatt by Nicola Klarfeld.
With Thanks To: **Rabbi Holtzblatt** by Sarah Brooks, Margery Elfin.
In Memory Of: **Laura Both** by Charles & Deborah Both. **Rebecca Melamed** by Judy & Harry Melamed.

Rabbi Jeffrey & Judith Wohlberg Masorti Fund

For the *Speedy Recovery* Of: **Glenn Easton** by Jane Baldinger.

Rabbi Krinsky Discretionary Fund
By: Sandra & Mark Werfel.

Rhoda Goldman Memorial Religious School Endowment

In Honor Of: Birth of **Susie & Michael Gelman's** granddaughter by Glenn & Cindy Easton.

Rose R. Freudberg Sisterhood Memorial Library Fund

In Memory Of: **Rose Simon** by Barry Simon.
Lillian Seigel by Carolyn Shanoff. **Robert Sherman** by Robin Beden. Frances Burka by Elinor Tattar. **Ruth Wineburg** by Judith & Harry Melamed. **Samuel I. Block** by Judith Block. **Evelyn Promisel** by Larry & Myra Promisel. **Frances Komros** by Marshall Cohen. **Sylvia Maloff** by Pearl Lutzker.

Samuel & Sadie Lebowitz Israel Scholarship Fund

In Memory Of: **Leonore Leonard** by Bo Kirsch.

Sandra & Clement Alpert Fund for Family Education

In Memory Of: **Marianne Hyman** by Dale & Alan Sorcher.

Social Action Fund

By: Stephen & Maryse Horblitt.
In Memory Of: **Belle Cross** by Alan Cross. **Anne Fingerhut** by Michael & Lois Fingerhut. **Morris Kleinerman & Gertrude Kleinerman** by Ruth Kleinrock.

Sophie Silfen Shalom Tinok Fund

In Honor Of: Birth of **Ezra Max Eskin** by Herlene Nagler.

Stanley & Veeda Wiener Memorial Fund

In Honor Of: Birth of **Ryan Spencer Snyder**, my 5th great-grandchild by Ruth Snyder.

Traditional Minyan Kiddush Fund

In Honor Of: Wedding of **Sarah Combs & Aaron Gershbock** by Bill Levenson.
In Memory Of: **Karen Marks** by Bill Levenson.

Tzedakah Fund

In Memory Of: **Sydelle Abravanel** by Allan Abravanel. **Albert Bell** by Marilyn Austern. **Gabrielle Nyrop Thompson** by Rae Brooks. **Norman G. Cohen** by Bob & Joy Cohen. **Sylvia Altman Maley & Ellen Altman Glassman** by Zalma Slawsky.

Yizkor/Yahrzeit Fund

In Loving Memory Of: **Robert Buckhantz, Sol & Dorothy Adelman, Geraldine Adelman, Abe Kramer, Hyman & Libby Kramer**, all by Adele Buckhantz. **Ruth Sender Lampert, Gussie Sender, Medel Sender, Claire S. Postman, Jack Sender**, all by Sydel Sandy.
In Memory Of: **Laura Both** by Charles & Deborah Both. **Morris Levinson** by Don Levinson. **Michael Schwalb** by Jacob & Sandra Schwalb. **Abraham Deutch** by Rabbi Jan Kaufman. **Mel Mantz** by Beth Mantz Steindecker. **Sol B. Kletzkin** by Morris Kletzkin. **Ida Hochman Gudelsky** by Norman Hochman. **Max Weinstein** by Paul Weinstein. **Edith Schelin** by Ron Perlman. **George Elpern** by Sarah Elpern. **Rebecca Clayman** by Shirley Steinberg. **Joseph Levy** by Stanley Zupnik. **Ann Rosenthal** by Cathryn Miller. **Betty Cohen** by Stuart Cohen. **Arthur Carl Signer** by William Signer.

Youth Department Activities Fund

In Honor Of: **Sidney Silver's** special birthday by Ellen & Stanley Albert.
In Memory Of: **Robert Kramer** by Ron Kramer. **Jack Needle** by Ellen & Stanley Albert..

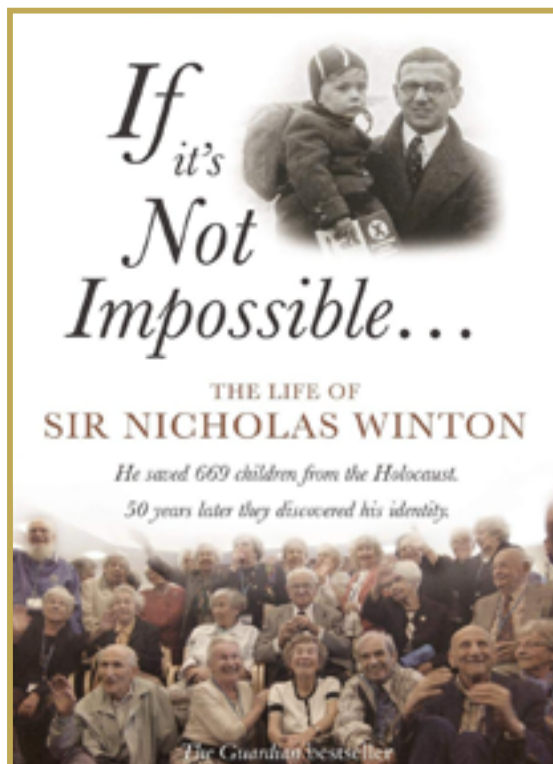




Books & More *The Adas Israel Library Corner*

Saving Children: Remembering Nicholas Winton on *Yom HaShoah*

BY ROBIN JACOBSON
LIBRARY & LITERARY PROGRAMS DIRECTOR



On a London train platform in the late 1930s, future children's author Michael Bond noticed a sad huddle of Jewish refugee children with identity tags dangling from their necks. These vulnerable children inspired his beloved fictional character, Paddington, a young refugee bear who alights at Paddington Station wearing a tag with the poignant plea, "Please Look After This Bear."

The Jewish children who touched Bond's heart came to London through the *Kindertransport* (Children's Transport), a series of rescue efforts that brought 10,000 children, mostly Jewish, to Great Britain from Nazi-occupied countries between 1938 and 1940. One of the most effective rescuers was Nicholas ("Nicky") Winton (1909-2015), who masterminded the Czechoslovakian *Kindertransport*. This conveyed 669 children from Czechoslovakia to Great Britain, saving them from later deportation to concentration camps. "Nicky's children" and their descendants (6,000 people at last count) owe their lives to Winton. His heroic mission is described in multiple books and films (see sidebar).

At Adas Israel, Nicholas Winton's lifesaving work will be honored at our annual Garden of the Righteous Ceremony on *Erev Yom HaShoah*, Wednesday, May 1, at 7:00 pm. Winton's dedication to endangered children sets a stirring example today, in our current child refugee crisis, with more children fleeing dangerous homelands than at any time since World War II.



AN IMPULSIVE HERO

In December 1938, Nicholas Winton, a 29-year-old British stockbroker, was packing for a skiing vacation in Switzerland with his friend Martin Blake. Then Blake telephoned asking Winton to come to Prague instead.

In Prague, Blake took Winton to refugee camps that sheltered Jews and other refugees who had fled Czechoslovakia's Sudetenland, recently annexed by Germany. Blake, a volunteer assisting the refugees, hoped that Winton might volunteer too.

Winton was particularly struck by the perilous situation of the children, both within and outside the camps. Desperate parents begged him to help get their little ones to Britain. Springing into action, Winton obtained the British government's permission for Czechoslovakian children to enter Britain as part of the *Kindertransport* program already in place for children from Germany and Austria. However, Winton had to raise funds for the operation, and, equally daunting, recruit British families to foster the children.

A PRAGMATIC HERO

Back in England, Winton continued as a stockbroker by day, but by night, with help from his mother and others, he worked nonstop for the Czechoslovakian children. He publicized the children's plight in newspapers, wrote to organizations to plead for funding, and printed cards with photos of the children to enable prospective foster parents to make a selection. Some criticized the photo cards for presenting children like commodities, but the cards served Winton's purpose of securing the maximum number of homes quickly. Other complaints came from rabbis who protested placing Jewish children in Christian homes. Winton, a non-practicing Christian of German Jewish ancestry, responded forcefully, saying that parents preferred that their children risk conversion in Britain rather than death in Prague.

With the outbreak of war on September 1, 1939, Winton's rescue mission came to a sudden cruel halt. Winton's ninth and largest transport train, carrying 250 children, was scheduled to depart that day but remained trapped in Prague. Nearly all those children later perished.



BOOKS & FILMS ABOUT NICHOLAS WINTON

Books

Nicholas Winton and the Rescued Generation by Muriel Emanuel and Vera Gissing
Nicholas Winton's Lottery of Life by Matej Minac
Active Goodness by Edward Abel Smith
If It's Not Impossible . . . The Life of Sir Nicholas Winton by Barbara Winton

Films

Nicky's Family (documentary)
Nicholas Winton: The Power of Good (documentary)
All My Loved Ones (fictionalized feature film)



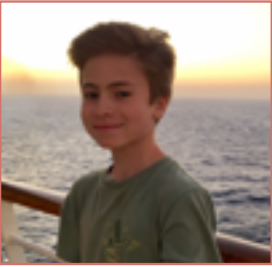
BIRTHS

Caleb Citron, son of Jamie & Eric Citron, was born March 3.
Madeleine Grace Sager, daughter of Stephanie Grasmick & Mike Sager, was born March 3.
We wish our newborns and their families strength, good health, and joy.

B'NAI MITZVAH



Devin Cohen, May 4
Devin, son of Laurie and Gary Cohen, is a seventh grader at The Lab School of Washington. He has been attending the Estelle & Melvin Gelman Religious School since first grade. For his *mitzvah* project, and recognizing the importance of education and books in his life, Devin chose to raise funds to build libraries for School the World, whose mission is to provide access to quality education to those living in the rural villages of Central America. Devin looks forward to celebrating his *bar mitzvah* with his brother, Ethan; his parents; his grandparents—Judy and Richard Cohen and Beth and Leonard Sloan; and the rest of his extended family and friends.



Wyatt Dunn, May 4 (TEM)
Wyatt, the son of Alvin and Lisa Dunn, is a seventh grader at Alice Deal Middle School in Washington. He began his Jewish education at Gan HaYeled, and is a student at the Estelle & Melvin Gelman Religious School. Wyatt shares this *simcha* with his sisters Avery, Maren, and Harper, his grandparents, and other family and friends. His interests are baseball and basketball.



Julia Crausman, May 18
Julia, daughter of Jamie Crausman and Ginger Moss, is a seventh grader at Alice Deal Middle School. She began her Jewish education at Gan HaYeled and is a current student in the Ma'alot Program. For her *mitzvah* project, Julia will work with local animal shelters and sanctuaries, as part of her desire to become an animal educator. She is excited to share this *simcha* with her brother Adam, her grandparents, and many family members and friends.



Naomi Feldman, May 18 (Mincha)
Naomi, daughter of Julie and Ted Feldman, is an eighth grader at Cabin John Middle School. She began her Jewish education at the Gan, and currently attends Ma'alot. Naomi enjoys Model United Nations activities after school, spending time with her friends, playing tennis, and video editing. For her *mitzvah* project, she plans to reach out and assist her peers in the community.



Noah Taylor, May 25
Noah Harrison Taylor, son of Andrew and Alexandra Taylor, is a seventh grader at Silver Creek Middle School. He is an alumnus of the Jewish Primary Day School NC, where his appreciation for Jewish values and traditions grew. Noah shares his *simcha* with his brother Gabriel and other family and friends. For his *mitzvah* project Noah has been volunteering at Comfort Cases, a nonprofit focused on helping children through their journey in foster care. At this special time he remembers his *Abuela*, Sara Landau and grandfather, Harvey Taylor.



Sam Mullen, May 25 (TEM)
Sam Mullen, the son of Kathy O'Neill and Dan Mullen, is a seventh grader at the Charles E Smith Jewish Day School. The polluted Potomac has caught Sam's attention, and his *mitzvah* project is to organize an event to help clean the river of trash. Sam began his education at the Gan, and his sister, Eve Mullen, also became a *bat mitzvah* at Adas.



Celebrating the 75th Anniversary of Marty Ezrin's Bar Mitzvah
Martin Ezrin became a *bar mitzvah* at Adas Israel on May 13, 1944. Please join us as we wish a hearty *Mazal Tov* to Marty on Monday Morning, May 13, when he will be called to the Torah during morning *minyan* for an *aliyah* in honor of the 75th anniversary of his *bar mitzvah*. Marty Ezrin, born May 10, 1931, grew up in southwest DC where his parents owned a candy shop. His mom, Lillian, was the force behind the business, while his dad was more devoted to *Talmudic* studies; Daniel Ezrin eventually tutored *bar* and *bat mitzvah* students. Marty inherited his mom's penchant for business; after a number of productive years working in the corporate world, he bought and managed a deli at L'Enfant Plaza. Meanwhile, he met and married Gloria Mallozzi, who converted to Judaism with the assistance of Adas Israel's beloved Rabbi Rabinowitz. They married at Adas Israel in 1966. After raising two daughters and suffering through a particularly cold winter in the DC area, they retired to Florida in the early 1990s. They remain active in the Miami area, where they have enjoyed playing bridge, running a social club, and contributing to their community.

WEDDING

Lynn Feinberg & David Krantz, officiated by Rabbi Alexander, were married March 31.
We wish the newlyweds and their families a hearty mazal tov.

IN MEMORIAM

We note with sorrow and mourn the passing of:
Sam Miller, father of Aaron Miller

LIFE CYCLE INFORMATION



When Death Occurs
When death occurs, please call the synagogue office, 202-362-4433, so that we may inform the clergy and be of assistance. During business hours, ask for Marcy Spiro. After business hours, a staff member on call may be reached by calling the synagogue office at the number above and pressing "2" to be connected automatically, or by calling the answering service, 301-421-5271, which will page the staff member on call. On *Yom Tov* and *Shabbat*, even though detailed funeral arrangements should not be made, a staff member on call can still be reached at 301-421-5271.



Adas Israel Community Mikvah
The Mikvah has now re-opened after its renovation. Please contact *Mikvah@adasisrael.org* for help with scheduling an appointment.



ADAS ISRAEL Congregation

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UPCOMING CHRONICLE DEADLINE—

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