

From the President

By Ricki Gerger



I'm writing this column two days after the Board of Directors accepted the recommendation of the Rabbinic Planning Task Force, and four days before the *Chronicle* deadline for this November issue. I'd already finished a column for November (it'll appear later), so I'm hurriedly writing a more appropriate one, my first after the Board vote.

I happen to know for a fact that between today (September 15) and your receipt of this *Chronicle*, you'll have received information about the transition of Rabbis Holtzblatt and Alexander to the co-Senior Rabbi position. So I'd like to share with you just a little bit of what I find so extraordinary about these two people.

That both are brilliant teachers is irrefutable. What you might not know is how open they are to new interpretations. During the Friday morning *parasha* class and Saturday morning *Boker Or*, I've seen genuine excitement on their parts when a student offers an idea the rabbis haven't heard before. They encourage this kind of exploration of the text, rather than believing that they alone are the wisdom-keepers. They stretch students' minds and embody the concept that we really do learn Torah from each other.

You might not be aware of how Rabbi Alexander and his family celebrate *Pesach*. They're in Clayton, GA, with 400 other people at Ramah Darom's Passover Retreat. Imagine

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clergycorner



November. I love November. The air is crisp, the new year has come, and we are well on our way to experiencing this year's treasures and struggles. And this month we get to stop and focus on gratitude. During the High Holy Days this past year I focused on the concept of building resilience. How do we build the strength we need to face a world that is very difficult? A world where, now more than ever, we see pain across our computer screens, we see despair and lots and lots of anger. How do we remain grounded and grateful to be alive with a sense of purpose toward building a better future?

In a wonderful book, called *Option B*, Sheryl Sandberg and Adam Grant write about facing adversity and finding joy. One of the interesting findings they articulate in the book is that counting our blessings does not boost our confidence. Does it create the feeling of gratitude? Yes. But does it instill in us the grit that we need to move forward in a messy world? Not so much. Grant writes that this is because "gratitude is passive: it makes us feel thankful for what we receive. Contributions are active: they build our confidence by reminding us that we can make a difference. I now encourage my friends and colleagues to write down what they do well. The people who try it all come back with the same response: they wish they started doing this sooner."

So this month let's open ourselves not only to the blessings we have received, but let's be active about how we are going to bring blessing into the world. In the Talmud in *Sanhedrin* 97b, there is a legend that there are always 36 menschen (righteous people) in the world at any given time. Without the 36 (lamed vavnikim) the world would sink from anger, selfishness, and greed. Their acts of lovingkindness, their contributions, keep humanity afloat and once in a while help us to achieve the common good for all of humanity. I've often wondered myself, what would it be like if every one of us took on being a lamed vavnik for a day? What if we woke up in the morning and all that was on our schedules was to be of service to the world for 24 hours. Nothing preplanned, just available, able, and willing to act in the world—to contribute.

In his book, *The Sacred Art of Lovingkindness*, Rabbi Rami Shapiro, *z"I*, writes about 13 attributes to cultivate the sacred art of contribution. They are:

1. Realizing the divinity of self; 2. Realizing the divinity of others; 3. Cultivating creativity; 4. Engendering compassion; 5. Finding grace 6. Acting with equanimity; 7. Creating kindness; 8. Forgiving iniquity

9. Forgiving willfulness; 10. Forgiving error; 11. Cleansing yourself of delusion 12. Bringing forth truth; 13. Preserving kindness

If we create a practice of nurturing these 13 attributes and then spend a day a week devoted to contributing to others' lives, then we may merit the rare possibility to see a little bit of redemption here on earth and in our day. May we enter this season with strength, with purpose, with resilience, and with an open heart ready to contribute. *

Congregational Announcement: Rabbis Lauren Holtzblatt & Aaron Alexander

to Be Co-Senior Rabbis of Adas Israel Congregation

A letter to the members of Adas Israel from Synagogue President Ricki Gerger





Dear Members of Adas Israel Congregation, I'm honored to announce that the Board of Directors has voted unanimously to support the recommendation of the Rabbinic Planning Task Force (Johanna Chanin, Chair) to begin the process of engaging Rabbis Lauren Holtzblatt and Aaron Alexander as co-Senior Rabbis of Adas Israel Congregation.

The Task Force made its recommendation, also unanimously and with tremendous enthusiasm, after months of careful study and deliberation. As you'll recall from previous updates, the Task Force began by conducting a comprehensive congregational survey and drafting a formal job description based on the results. Rabbis Alexander

and Holtzblatt then submitted a detailed proposal for a shared Senior Rabbi Partnership. The Task Force's study of the rabbis' proposal for joint rabbinic leadership, and the subsequent deliberations of the Task Force, Executive Committee, past presidents, trustees, and Board of Directors, led to the enthusiastic conclusion that a partnership between Rabbis Holtzblatt and Alexander, serving as co-Senior Rabbis, presents the congregation with an unparalleled opportunity for our future. It is a pivotal moment in our history, and we are thrilled and grateful that we'll be led by a rabbinic team that possesses such extraordinary talent and vision, a proven ability to meet the many needs of our diverse and historic congregation, and a deep commitment to serving our growing kehilla and its many members.

Rabbis Holtzblatt and Alexander are already recognized as two of the most celebrated and prominent rabbis in the nation, and as role models for clergy working in our movement and beyond. They have both distinguished themselves as scholars, teachers, innovators, and leaders, and as individuals of extraordinary sensitivity and caring. It is abundantly clear to the Task Force, the Board, and the many members of our congregation who offered input throughout this process, that we would be indeed fortunate to have either one of these two outstanding rabbis lead us as Senior Rabbi. Therefore we are truly overwhelmed by our good fortune that they have chosen to lead us together in partnership, a model in which the whole truly is greater than the sum of its parts.

As you would expect, we consulted with our movement partners at various stages throughout this process, and, per protocol as an affiliate of the Conservative movement, notified movement leadership of the Board's decision immediately. Rabbi Steven Wernick, chief executive officer of the United Synagogue of Conservative Judaism (USCJ), was delighted with our selection and asked that we share his statement of well wishes. We're honored to provide on page 6.

While this partnership model is new to Adas Israel, it is not new to these two rabbis, nor to the synagogue world as a whole. In rabbinical school, students learn how to study texts and debate ideas in pairs, called havruta. Over the past six months, we have seen Rabbis Alexander and Holtzblatt take this model beyond the world of study and debate, and bring it into the realm of shared leadership. Together, they have led us with wisdom, grace, collaboration, and humility. They are cherished and valued by our community, both individually and as a team, and have fostered an environment of warmth, welcome, spirituality, and deep Jewish learning at Adas Israel.

Under this model, and after the proposed Co-Senior Rabbi contracts are approved and finalized by the Board, we intend to begin an external search for an Associate Rabbi for our community. This rabbi will join with Rabbis Holtzblatt and Alexander, and with our beloved Cantor Arianne Brown and Director of Education Rabbi Kerrith Rosenbaum, to complete our clergy team. We look forward to sharing details regarding that process soon, as well as plans for opportunities to celebrate and meet with and greet our rabbis, and to hear from them about their vision for our congregation.

We again want to extend our deepest gratitude to our Rabbinic Planning Task Force for the enormous amount of time, energy, and thought its members put into to this critical process, and to the professional and holy manner with which they sought to serve the needs of the entire congregation. Yasher koach to this committed group of Adas members for their incredible work: Johanna Chanin (Chair), Cathy Gildenhorn, Rae Grad, Judd Holzman, Laurie Moskowitz, Al Munzer, Melanie Nussdorf, April Rubin, Adam Rubinson, Rob Satloff, Brian Schwalb, Amy Schwartz, Joyce Stern, Ari Strauss, Healey Sutton, Dennis Yedwab, Julia Gordon (Chair, Religious Practices Committee, ex officio), Debby Joseph (ex-officio), and for the record, me (also ex-officio).

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We also extend our continuing and eternal gratitude to Rabbi Gil Steinlauf for leading our congregation to this remarkable period of vision, possibility, and growth. It is upon the transformational foundation that he laid, and the energy that he created, that we can now build our exciting future together. We look forward to benefitting from this talent and vision as he continues in his Senior Rabbinic Advisor capacity this year.

I am confident that under the guidance and leadership of Rabbis Alexander and Holtzblatt, as well as our remarkable executive director, David Polonsky, we are poised to write the next outstanding chapter in the history of Adas Israel Congregation—filled with meaning, connection, Torah, and boundless possibilities. And on behalf of the Officers, Trustees, and Board of Directors, I wish you a happy, healthy and fulfilling 5778.

—Ricki Gerger, Synagogue President *

About Our Two Rabbis:

Rabbi Lauren Holtzblatt, ordained at the Jewish Theological Seminary, is celebrated by the *Forward* as one of the 32 most inspiring rabbis in the country. Last year, she was named one of Jewish Women's International's (JWI) "Women to Watch," and is a current recipient of the coveted Schusterman Fellowship, a leadership development program for individuals who are committed to growing their leadership in the Jewish community (a tremendous honor, and one rarely bestowed on rabbis).

Among Rabbi Holtzblatt's many achievements here at Adas, she has completely revitalized our caretaking (Hesed) and bereavement efforts, co-created the acclaimed MakomDC adult learning curriculum, launched and leads our wildly successful "Return Again" worship services, and directs the Jewish Mindfulness Center of Washington, which has twice been recognized as one of America's top innovative Jewish projects by the annual Slingshot Guide for Jewish Innovation. Previously, Rabbi Holtzblatt served as the Hillel Foundation director of campus initiatives and as associate rabbi at the Yale University Hillel. Rabbi Holtzblatt was also a rabbinic fellow at B'nai Jeshurun in New York. She is married to Ari Holtzblatt, and their two children, Noa and Elijah, attend the Milton Gottesman Jewish Day School of the Nation's Capital.

As many members of Adas Israel Congregation can attest, to encounter Rabbi Holtzblatt is to encounter a deep and loving *neshama*, a visionary spirit, a thoughtful leader, and a wisdom for the ages.

Rabbi Aaron Alexander served for 10 years as associate dean and lecturer in Rabbinic and Jewish Law at the Ziegler School of Rabbinic Studies in Los Angeles, where he also received his ordination. He has long sat on the highly prestigious Committee on Jewish Law and Standards (CJLS) for the Conservative movement, the governing body determining Jewish law and practice for our entire movement. He is widely regarded as one of the nation's leading authorities on *Halacha* (Jewish law) and is considered one of the foremost Talmud teachers of his generation.

Rabbi Alexander was recently appointed as a Rabbi Samuel T. Lachs Fellow of LEAP, a joint program of the Herbert D. Katz Center for Advanced Judaic Studies at the University of Pennsylvania, and Clal-The National Jewish Center for Learning and Leadership. He is also a certified *mashgiach* (kosher supervisor) by the Conservative movement's *Rav Hamachshir* program. Among his achievements here at Adas, Rabbi Alexander has elevated our social action work to a high level of recognition throughout the Washington, DC, community, and has reinvigorated our adult learning, bringing it to a level and quality that now serves as a model for synagogues across the country.

Rabbi Alexander and his wife, Rabbi Penina Alexander, have three young sons, Ariel, Eliav, and Amos. Rabbi Alexander's unique presence, pastoral skills, powerful sermons, and ability to create meaningful access points into prayer and tradition have significantly enhanced our Jewish experience at Adas Israel.

About the process and the partnership:

The Task Force members, coming from a wide range of approaches and initial views, took their deliberations and responsibility seriously throughout this process. They carefully weighed the survey results, the congregation's needs, and the implications of a partnership model, including the experiences of other congregations that have used it. They likewise gave substantial time and consideration to the pros and cons and the possible impact of conducting an external search to fill the role of Senior Rabbi, in addition to weighing the proposal from Rabbis Holtzblatt and Alexander.

Both before and after the rabbis' presented their proposal in August, they sought out and considered the perspectives of an extensive number of internal and external sources. The Task Force received input from numerous Adas members, those who volunteered their perspectives and those who were solicited, as well as the guidance of numerous professional s within the Conservative movement, such as movement organizations and lay leadership at a number of synagogues that have experienced a shared-leadership structure. They met frequently, as a whole and in subgroups, to explore each of the issues involved in selecting

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new senior rabbinic leadership. The proposal the rabbis submitted specifically deals with issues that could arise under a shared-leadership model, such as how portfolios will be divided, questions of dispute resolution and communication, etc. The Task Force reviewed these issues thoroughly and made recommendations for implementation. The Task Force also deliberated with, and eventually brought its final recommendations to, the Executive Committee, past presidents, trustees, and the Board of Directors. The Task Force members emerged from this process with the firmly and unanimously shared belief that this partnership model, which is grounded in the very same Talmudic values that animate so much of synagogue life, will strengthen our community and will continue to foster a culture of dialogue and collaboration.

Statement from our movement:

We are pleased to share the following message on our selection from **Rabbi Steven Wernick**, chief executive officer of the United Synagogue of Conservative Judaism (USCJ), delivered to us immediately upon sharing our news:

"We are thrilled and proud to celebrate this selection by Adas Israel Congregation. Rabbis Holtzblatt and Alexander are certainly among the best and brightest in the movement. They are both extraordinarily talented rabbis, and some of the nation's leading advocates for an authentic and dynamic Judaism. We are also particularly proud that a *kehilla* in our movement has embraced this emerging leadership model built upon a partnership, a true *havruta*. In this particular moment in our history, earnest collaboration and partnerships will be the essential ingredients as we strive to achieve a shared vision for a revitalized Jewish landscape. We commend you at Adas Israel for stepping forward, as you so often do, into a new paradigm of what collaboration looks like, for the betterment of both your own community and beyond. This model is one in which two talented rabbis, motivated not by an "ego-system," but by an "eco-system," have embraced a partnership-leadership approach, whereby relationships and collaboration produce outcomes, not just hierarchy. We look forward to continuing to deepen the relationship between USCJ and your remarkable *kehilla*, and wish Rabbis Alexander and Holtzblatt continued strength, wisdom, and open hearts as they lead your congregation into its next exciting chapters." *

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a week immersed in learning from such scholars as Rabbis Shai Held and Brad Artson and Reb Mimi Feigelson, in addition to both Rabbis Alexander, and others. Yes, our rabbi is "working"—although teaching never looks like work with him—and he gets to spend quality time with his beautiful family and dear friends. It's a lovely natural setting, with hiking, games, sports, spa services, yoga, art classes, music, and more. Doesn't it sound great? Wanna go?

And you may recall hearing that Rabbi Holtzblatt became involved with the Bereavement Committee a few years ago. This is the first time an Adas Israel rabbi has assumed this role; before this, the committee operated almost independently of the clergy. Rabbi Holtzblatt knows instinctively that people who interact with the recently bereaved to help them make funeral plans, or who perform tahara (the ritual preparation of a body for burial), or who sit with a body before burial and read the Book of Psalms, or who attend funerals and burials as a matter of course—these people need comfort and support. Members of the committee become a source of comfort for each other, which is wonderful, of course. But to have spiritual guidance and support from a rabbi as sensitive and as grounded as Rabbi Holtzblatt has been extremely fulfilling.

These two rabbis have a natural gift to connect with people, I think because they love being part of someone's journey through life. They are fully "present" when they're with you. They're constantly thinking of ways to deepen peoples' connection with the synagogue and with their inner best selves. Here's an example: Realizing that the High Holy Days this year might be difficult for parents who had just deposited a child at college, they wrote these parents, acknowledging these challenging feelings and offering help. Who thinks of that?

Connected, thoughtful, loving rabbis think of that, that's who.

We are all fortunate to be affiliated with a congregation with rabbis like
Lauren Holtzblatt and Aaron Alexander. I hope you're as grateful as I am. **



Honoring Our Veterans

Saturday, November 11 in the Charles E. Smith Sanctuary

To Our Dear Adas Israel Veterans, We wish to honor you with an *aliyah* on November 11, the *Shabbat* of Veterans Day. We hope you can join us!

Please notify Hazzan Rachel Goldsmith (hazzan.goldsmith@adasisrael.org) and include your Hebrew name.

Warmly, Adas Israel Clergy

Musical Moments at Adas Israel 2017-2018

Brought to you by Cantor Arianne Brown & the Musical Moments Committee

Bimah to Broadway to Beltway

SUNDAY, NOVEMBER 5 @ 7:30 PM







Washington Jewish Music Festival at the DCJCC

Come join Cantors Arianne Brown, Elisheva Dienstfrey, and Hinda Labovitz in a dazzling concert of Jewish music spanning liturgical and theatrical styles. The three cantors, of Adas Israel, Agudas Achim, and Ohr Kodesh, will delight you with moving Jewish music, showstoppers from the Broadway and Yiddish theater, and compositions of local Beltway composers. We hope you'll join us in this community evening of music. For tickets, please visit *wjmf.org*.



Israel Through the Decades

SATURDAY, DECEMBER 9 @ 7:00 PM

Celebrating 70 years of song! Join us for *Havdalah*, a singalong, and a concert with the

groovy Israeli band, Banot, followed by Israeli dancing and dessert. An evening for all ages!



Move & Groove

SUNDAYS, JANUARY 7 AND FEBRUARY 4 @ 10:00 AM

Exciting concerts for families with young children! Come move and groove with our children's entertainers. All are welcome.



The Lion King of Persia: *Purim Spiel*

WEDNESDAY, FEBRUARY 28 @ 7:00 PM

It's a jungle out there! Be prepared to laugh and sing as our Adas community acts out

the *Purim* story, along with a traditional *Megillah* reading and jungle-themed spoofs and surprises.



Kol HaOlam 2018

SATURDAY, MARCH 10 @ 8:00 PM

Who will be crowned the 8th champion in 2018? Witness the ever-popular Annual National Collegiate Jewish A Cappella Championship Competition!



Special Musical Event: Vision of Israel A Celebration of Culture and Creativity

SUNDAY, JUNE 3 @ 7:00 PM

Our big music event of the year! We celebrate the miracle of Israel by immersing ourselves

in Israeli cultural arts. Israeli headliners will be joined by Theater J and other top DC community talent, along with Cantor Arianne Brown, Adas Israel's Flash Choir, and the young voices of Kolot for an engaging cultural experience, followed by a dessert reception.

Musical Prayer Services

Music is an integral part of all our prayer services. When our voices join together in prayer, we feel embraced by each other's energy and a communal spirit that uplifts us all. Check out adasisrael.org/musicalmoments for descriptions of the various services we offer. We hope to see you here!



Get Involved in Flash Choir!

Did you sing in your high school choir or college a cappella group? Perhaps you just enjoy singing with others and even harmonizing on your own? Or maybe you have formal training and time makes it difficult to

immerse yourself in music? This is a group for you! The Flash Choir is a commit-per-event choir. The only requirement is being able to sing on key. Contact *cantor.brown@adasisrael.org*.



Kolot

Kolot is our youth choir, for students in grades 3–6. Come join us on select Sunday mornings to sing, learn music, and perform with Cantor Ari! Contact *cantor*. brown@adasisrael.org.



Music Pop-Ups @ Adas

A brand new way to meet your musical *hevruta!* This is a grassroots list and listserv of musicians of all levels among us. Are you a violinist searching for a violist and cellist for

chamber music? A vocalist looking for a pianist to join you in some jazz? A clarinetist looking for someone to collaborate with on klezmer? Contact emma.rosenthal@adasisrael.org. *

holidays@adas

5778 High Holy Days Todah Rabah



... to our Clergy & Service Leaders: Rabbi Lauren Holtzblatt, Rabbi Aaron Alexander, Rabbi Gil Steinlauf, Cantor Arianne Brown, Hazzan Rachel Goldsmith, Rabbi Kerrith Rosenbaum, Rabbi Elianna Yolkut, Rabbi Herb Schwartz, Michael Leifman, and Elie Greenberg.

... to Marky and Martin Kirsch for dedicating our Yizkor Book of Remembrance in loving memory of their parents, Samuel and Sadie Lebowitz and Ralph and Helen Kirsch.

... to our *Shofar* Blowers: Jennie Litvack, Howard Ungar, Rabbi Aaron Alexander, Adam Kaplan, Aaron Mayer, Zach Gayer, Shana Finkel, Menuhah Peters, and Danny Weininger.

... to Rabbi Kerrith Rosenbaum, Director of Education; Sheri Brown, Director, Gan HaYeled; Pamela Gorin, Religious School Assistant; Stephanie Slater, Early Childhood Developmental Support Coordinator and Director; Darci Lewis, Assistant Director and Curriculum Specialist.

... to Melissa Adler, High Holy Day Coordinator; Naomi Malka, Director of Immersive Experiences; Marcy Spiro, Director of Membership Engagement, Carole Klein, Director of Operations, and Brenah Srour, Communications and Program Manager.

... to Danny Weininger, Youth & Family Program Coordinator; Yoni Buckman, Youth & Family Educator; Sarah Attermann, Youth & Family Educator; Courtney Tisch, Director of Programmatic Engagement; Gail Mattison, Food & Beverage Event Manager; Robin Jacobson, Librarian; and Ronald Schwartz, Controller. ... to David Polonsky, Executive Director.

... to the Synagogue and School Administrative Staff: Carol Ansell, Jane Baldinger, Kristine Hyland, Abby Koplow, Marcia Miller, Rita Nicholls, Emma Rosenthal, and Beryl Saltman.

... to our incredible Maintenance Team: Charles Mallory, Steve Claar, Calvin Casey, Phillip Thomas, Geno Nicholls, Tyrone McCard, Cory Jones, and Mike Freeman.

...to Rich Webster for his beautiful graphic designs of the High Holy Day booklet, signage and iconography.

... to Samantha Kreindler, photographer and interior designer, for her beautiful photographs illuminating this year's High Holy Day theme. ... to the Charles E. Smith Sanctuary Musicians: **Quartet**: Sarah Fishman, David Wolff, Michael Belinkie, and Matthew Woorman; **Piano**: George Peachey and Teddy Klaus; **Cello**: Vasily Popov and Lavena Johanson; Violin: Vanlal Hruaia; **Woodwind**: Seth Kibel; **Percussion**: Tim Jarvis; **Accordion**: Aaron Blacksburg; and **Additional Vocals**: Leah Chiaverini.

... to Adas Israel Choral Singers, Soloists, & Prayer Leaders: Eliza Leibovich, Nell Leibovich, Ari Rubinstein, Marika Campbell-Blue, Eliana Nicolson, Jennifer Nehrer, Miriam Loeb, Rachel Zuckerman, Robert Zuckerman, Jacob Zuckerman, Rochelle Berman, Adina Siff, Emma Rosenthal, Michelle Kanter Cohen, Abigail McGraw-Traster, Talia Ehrenberg, Maya Yahana, Phoebe Horowitz, Micah Rosenbaum, Zachary Henderson, Noa Henderson, Audrey Yedwab, Mallory Yedwab, Yonah Brown, Ayla Wethington-Yolkut, Elijah Wethington-Yolkut, Rafi Fox, Aliyah Hood, Eden Hood, Jonah Richmond, Michael Rodgers, Rae Grad, Taylor Visoski, Addie Acevedo, Courtney Pine, April Rubin, David Smolar, Elior Waskow, Joshua Altman, Nathan Gershengorn, Jamie Butler, Marcy Feuerstein, Kathie Hoppe, Larry Povich,

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Appreciation for Our High Holy Day Ushers and Greeters

If you enjoyed High Holy Day services this year, it just might be partially attributed to the fact that we had nearly 75 volunteers helping us with ushering and greeting. We had over 140 time slots in as many as five different services a day over five days.

Thanks go especially to Mark Berlin, High Holy Day Usher Coordinator, and to Marcy Spiro for her exemplary staff help. And, of course, deep thanks and appreciation go to each of our many volunteers, many of whom helped for the first time: Irwin Ansher, Monica Arkin, Susan Barocas, Ira Berkower, Jerry Berman, Toni Bickart, Brad Brooks-Rubin, Ben Buring, AJ Campbell, Rick Cantor, Leah Chanin, Carmel Chiswick, Sheldon Cohen, David Connick, Steven Davidson, Andrew Davis, Sammy Davis, Rosalyn Doggett, Michael Fingerhut, Ellen Fink, Joel Fischman, Alan Friedman, Sarah Frumkin, Mindy Gaynor, Marcie Goldstein, Leah Hadad, Jack Herman, Laura Herron, Art Hessel, Elaine Holton, Kathie Hoppe, Jill Jacob, Lisa Kaneff, Susan Kay, David Kempler, David Kline, Tamar Levenberg, David Lynn, Brian Madden, Mas Meejuru, Steve Miller, Jessica Nemeth, Vickie Perper, Edna Povich, Larry Povich, Gail Roache, Lauren Rubenstein, Ron Schlesinger, Steve Shapiro, Suzy Shapiro, Margaret Siegel, Nancy Silverman, Elizabeth Sloan, Lenni Snyder, Ben Somers, Martin Stempel, Joyce Stern, Ari Strauss, Healey Sutton, Stef Tucker, Rona Walters, James Whitman, Nicholas Whitman, and Robert Yerman. 🗴

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Visit our Adas Israel Facebook Page at *facebook*. *com/adasisraeldc* and like our page



Up Close and Personal

Share your light in the windows of the Biran Beit Midrash

Continue the theme that began with the High Holy Days, "Then like the dawn shall your light burst through," and go



from introspective light to the weekly glow of Shabbat in a expanded UP CLOSE & PERSONAL.

IDEA: Share your personal *Shabbat* candlesticks and their "story" or meaning to you. Members and staff invited to participate.

WHEN: January 2018 through April 2018. You must have more than one set of candlesticks to be eligible because we do not want you to be without candles glowing for so long!

WHERE: In as many "windows" as we can fill surrounding the Biran *Beit Midrash*.

HOW: Send in a photo of your candlesticks with their height dimension. Include a few sentences about their meaning to you or where they come from and why they are a treasure. Send all submissions with photo (can be from phone) and story to:

Carole.Klein@adasisrael.org with the subject line, UP CLOSE AND PERSONAL—candlesticks. We will get back to you in December to arrange drop-off times and dates—probably during the first week in January.

WHAT: The candlesticks could be a wedding present, inheritance, ones you bought in Israel, ones your kids made for you, ones you made from necessity/improvisational, crafty, silver, copper, wooden etc. All will be displayed lovingly.

An example story to submit with your candlesticks from Adas member Herlene Nagler:

These candlesticks were always on Grandmom's dining room table with a matching tureen of fruit that was always filled. They always made me anticipate that warm *challah* and pecan buns were in the oven except on Passover. Everyone in the family knew I always loved the candlesticks. I thought they were Grandmom's, but my Aunt Evelyn and her young son had lived with Grandmom since Evelyn's husband died when my cousin was only two years old. The candlesticks had been a wedding gift for Aunt Evelyn. Imagine my surprise when just a few years ago a big box from California arrived at my doorstep, a gift from my cousin who remembered after all these years . . . *

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Nancy Silverman, Elizabeth Sloan, Roz Timberg, Kinney Zalesne, Rachel Mauro, Elizabeth Hare, Deborah Isser, Anya Herzberg, and Daniela Klein.

- ... to our amazing *Mikvah* Guides of the Adas Israel Community *Mikvah* who facilitated countless pre-holiday immersions and helped our community usher in the season in a meaningful and mindful way.
- ... to the Alumni of the 2017 Ma'alot High School Israel Trip for chairing our Adas High Holy Day Fund Appeal: William Satloff, Isaac Frumkin, Julia Kagan, Kalia Hoechstetter, Ethan Sorcher, and Annabelle Friedman; along with the Adas Fund Champions: Rita Segerman, Ryna Cohen, Laurie and Dan Aladje... amily, Scott Levine, Melissa Blume & Family, Adina and Sandy Mendelson, Brian and Mickie Schwalb & Family, David Waskow, Ketura Persellin & Family, Nancy Weiss, and Rachel Rosenthal.
- ... to Ron and Risa Schlesinger for their help with the High Holy Day tickets.
- ... to the Ruthe and Nathan Katz Dial-In Fund, so members can hear our services from afar.
- ... to Elinor Tattar for underwriting the Congregational Break-the-Fast in memory of Dr. Stuart R. Tattar together with the congregation.
- ... to our madrichim (teen assistants).
- ... to Torah, Haftarah, and Ashrei readers for Rosh Hashanah, Yom Kippur, Sukkot, & Simchat Torah.
- ... to the daveners in the Preliminary & *Shacharit* Services on *Rosh Hashanah* & *Yom Kippur*.
- ... to all of our officers and lay leadership.
- ... to all of our ushers and their coordinator, Mark Berlin.
- ... to our *Yom Kippur* afternoon speakers: Dana Bash, Judy Woodruff, and Frank Foer.
- ... to SECTEK and MPD
- ... to everyone who helped build and decorate the Adas Israel sukkah.
- ... and to the nearly 5,000 members and guests who attended and participated in our High Holy Day services. *



Sukkah Building@Adas
We express a heartfelt thank you to our amazing Adas Israel
community members who joined us to help build and decorate the beautiful sukkah on the outdoor plaza for all to enjoy throughout the holiday.













Fall Semester at the Jewish Study Center

JSC Wednesdays at Adas Israel: Nov. 1, 8, 15; Dec. 6 at 7:00 and 8:15 pm

Register for all of our classes at www.jewishstudycenter. org. Co-sponsored with Adas Israel Congregation



What's Next for the Jewish Community and Racial Justice?

NOVEMBER 1, 7:00 PM

Moderated by Rabbi Batya Glazer

How do we, as a community, want to engage on issues of race? What is the best way forward? What is the role of history? How do we address conflicts and areas where our interests don't coincide? What is the role for racial justice organizations? In this session we'll process what we have learned and look at some new strategies being pursued by Jewish organizations locally, including efforts in criminal justice reform and pro bono legal representation.

Rabbi Batya D. Glazer is the Director of Social Justice and Inter-Group Initiatives and of D.C. Government and Community Relations at the Jewish Community Relations Council. *Part of a series of three sessions: JSC, Adas members \$40, others \$55. Single sessions \$15/\$20*

Book Talk: You Are the Book: A Spiritual Memoir by Rabbi Tamara Miller

NOVEMBER 1, 7:00 PM

An interview with the author by Michelle Sumka

Rabbi Tamara Miller has been a witness to the worst tragedies of hate and the greatest healing of love. Her life was touched by horrifying acts of bigotry, and she fought institutions, ingrained sexism, her own insecurities, and even her own family to forge a spiritual practice by which she could assist the sick and dying and help lost or wounded Jews find a spiritual path. Her memoir is a record of struggle, but there are lighter moments: devising environmentally sound ritual for Seattle techies, feeling mutual infatuation at a blind date with a Muslim man, and discovering a soul connection with a German monk. Tamara Miller grew up in a time when she was forbidden to read some books—yet went on to study them. She is a fixture in Washington religious life, and her pluralistic approach to Judaism crosses all denominational lines.

Rabbi Tamara Miller was ordained by the Academy for Jewish Religion in New York City. She served as the Director of Spiritual Care at George Washington University Hospital and founded The Capital Kehillah, the first outreach community for Jewish Spirituality in the Greater Washington area.

JSC, Adas members \$15, others \$20

The Man Who Taught Ben Gurion to Stand on His Head: Martial Arts in Israel and the Improbable Career of Moshe Feldenkrais

NOVEMBER 1, 8:15 PM

Instructor: Steve Shafarman

Moshe Feldenkrais was 15 when he emigrated to Palestine in 1919. Over the following decade, he learned jujutsu, was active with the Haganah, and wrote a book about unarmed combat. He moved to Paris in 1930, to England in 1940, and to Israel in 1951, where he became famous as "the man who taught Prime Minister Ben-Gurion to stand on his head." The Feldenkrais Method of somatic education is now taught around the world, as is Krav Maga, an Israeli self-defense and fighting system. We'll discuss this history, and learn a few simple practices that can help people of all ages and any health condition.

Steven Shafarman studied with Dr. Moshe Feldenkrais and traveled with him as an assistant in 1981, the last time Moshe taught in the United States. Steven is the author of *Awareness Heals: The Feldenkrais Method for Dynamic Health* and the creator of **FlexAware®**, a fitness-healing-exercise practice inspired by Feldenkrais.

JSC, Adas members \$15, others \$20

The Poetry Peace Game: Poetry Games in Yiddish and Arabic

NOVEMBER 8, 7:00 PM

Learn a bit of both languages and bring peace. There will be a break for refreshments between the two workshops—Yiddish and Arabic Poetry Games

The Yiddish Poetry Game: No Yiddish required! The Yiddish Poetry Game makes it fun and easy to write a poem while learning some Yiddish words and culture. Yiddish speakers are also welcome! Poems are written in English with some Yiddish words, or fluent Yiddish speakers can write their poems in Yiddish. The Poetry Game is noncompetitive, and the class provides a supportive environment for learning, writing, and playing with words.

The Arabic Poetry Game: As with the Yiddish Poetry Game, no Arabic is required! The Arabic Poetry Game makes it fun and easy to write a poem while learning some Arabic words and culture. Poems are written in English with some Arabic words. A special guest speaker will share some Arabic poems in translation. The Poetry Game is noncompetitive, and the class provides a supportive environment for learning, writing, and playing with words.

The Poetry Game makes a lovely holiday gift, and prewrapped games (English, Yiddish, Arabic, and Spanish) will be available for sale at the workshop. A portion of proceeds will be donated to the Jewish Study Center.

Zahara Heckscher is a mom, writer, breast cancer thriver (adversary?), and Chief Poetic Officer of the Poetry Game Project, which offers poetry workshops in local schools and faith communities. *Either session: Adas, JSC members \$15, others \$20. Both sessions \$20/\$30*

Looking Outward: A Taste of Other Faiths. The Balance of Buddhism: What Everyone Should Know

NOVEMBER 8, 8:15 PM

Instructor: Matt Regan

Buddhism is a complex spiritual tradition with over two-and-a-half millennia of history. Its influence reaches millions of Buddhists and countless more non-Buddhists in the modern world, and has deeply shaped the cultures of Asia. In this session, we will explore the outline of Buddhist history, philosophy, and practice to better understand this complex and diverse tradition.

Matt Regan is the secretary of the International Buddhist Committee of Washington, DC, an umbrella group for local Buddhist organizations dedicated to inter-Buddhist and interfaith cooperation. Matt served on the organizing committee for the Dalai Lama's 2011 visit to Washington and completed seminary training in the Taego Order of Korean Zen.

Jesus and the Rabbis: The Jewish Version NOVEMBER 15, 8:15 PM

Instructor: Rabbi Ethan Seidel

What do Jewish sources really say about Jesus? In this class, we'll look at a few of the Talmudic texts about Jesus and contrast and compare Jesus' maxims (as described in the Christian Gospels) with those of the rabbis of the Talmud. **Ethan Seidel** has been the rabbi at Tifereth Israel since 1992. A graduate of the Jewish Theological Seminary, he holds degrees in mathematics and music, and sets aside time each day to expand his knowledge of Jewish texts and commentaries. *Both sessions: JSC, Adas members \$25, others \$35. Single session \$15/\$20*

Hitler's "City of the Jews": Recently Unearthed Memories from Theresienstadt

NOVEMBER 15, 7:00-8:15 PM

Instructor: Thomas Timberg

Six million Jewish deaths in the Holocaust is hard to comprehend, but records of individual lives can help. Recently the instructor came across two extensive accounts of very distant German relatives who were in Theresienstadt, both a typical camp (only a little more than 10% of its inmates survived) and an atypical one (because of its connection with highly assimilated German Jews).

In the context of the immense literature that has emerged on the camp and its position in the "archipelago" of Nazi camps, these records give some insight into the broader social processes of which the Holocaust was the horrendous culmination. This session will share the context and the stories of the people involved.

Thomas Timberg is an economist and historian. *Adas, JSC members \$15, others \$20*

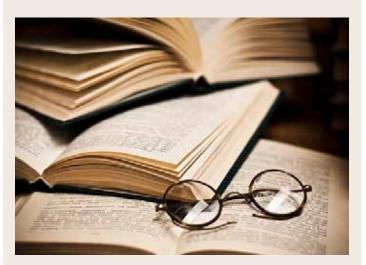
No Classes November 22.

The Janice Garfunkel Memorial Lecture NOVEMBER 29, 7:00 PM

Lecturer TBA

Free of charge—refreshments served

Rabbi Janice Garfunkel was a Reform rabbi, a director of the Jewish Study Center in the 1990s, and a valued member of many local communities, including Adas Israel and its Traditional Egalitarian *Minyan*. She passed away Oct. 25, 2013, after a valiant battle with cancer and left two young daughters. This memorial program, sponsored by the Jewish Study Center with support from her friends and family, is intended as an ongoing tribute to the values she held dear, including family, community, education, and caring for the sick.



Downtown Study GroupA Long-Standing Adas Tradition

Join a highly motivated group of fellow Adas members who gather once a month at a conveniently located downtown conference room to take a break from their busy lives to study texts and grapple with powerful Jewish issues.

The Downtown Study Group has been meeting monthly for almost three decades. The intellectual level of the group ensures that every session is challenging, intellectually satisfying, and horizon-broadening. This cohesive group welcomes new members, and this class is open to the community.

There is no charge for the class, but there is a fee for lunch. For more information, please contact Beryl Saltman, Beryl.Saltman@adasisrael.org, or Joel Fischman, fischman@comcast.net.

The group meets Tuesdays at noon on the following dates: Nov. 14–Rabbi Holtzblatt, Dec. 12–Rabbi Herb Schwartz, Jan. 9, 2018–Rabbi Alexander, Feb. 13–Rabbi Holtzblatt, March 13–Rabbi Elianna Yolkut, April 17–Rabbi Alexander, May 8–Rabbi Holtzblatt, and June 12–Rabbi Yolkut.

Religious School Calendar

Friday, November 10: Shabbat for Families with Young Children Friday & Saturday, November 10–11: 6th Grade Shabbaton Wednesday November 22–Monday

Wednesday November 22–Monday November 27: Thanksgiving Break, No School



Gan HaYeled

As the Gan classes welcome the consistency of regular attendance after the fall *chagim*, students enjoy the rhythm of the days and weeks in their classrooms. The children explore subject matter experientially through play and learn to navigate social interactions with coaching from the amazing Gan staff. Students work cooperatively to hone executive functioning skills, such as using working memory, cognitive flexibility, and selfcontrol. The best part of this learning is that it's infused with joy and attention to Jewish values.

Our Open House season starts late in November, and we invite you to learn more about the Gan. We will be accepting applications for the 2018–2019 year starting in January. More information is available on the ADMISSION page of the Gan website or by calling the Gan Office, 202-362-4491

education**update**



From the Director of Education

By Rabbi Kerrith Rosenbaum

Last year we were excited to share our Judaics curriculum with you through monthly installments here in the *Chronicle*. It allowed us to give shape to the idea of values-based learning and to explain the arc of the year and the themes of each unit. This year we are privileged to share a little more about each grade and the wonderful

teachers who help implement the curriculum. Our teachers invest so much of themselves in teaching our students, and it is because of their hard work and dedication that we are able to implement our curriculum. Please also stop by the bulletin board outside the Education Office to see a "snapshot" of our team. We are incredibly grateful for their hard work and dedication and look forward to your getting to know them over the course of the year.



We are excited to welcome Sarah Attermann as our new youth and family educator. Sarah comes from Atlanta, GA, where she has worked as the program director at Camp Ramah Darom. She holds a degree in Jewish education from the William Davidson Graduate School of Jewish Education at the Jewish Theological Seminary and an M.Ed. in elementary education from the University of Florida. She has been an educator and

dedicated participant in a variety of Jewish communal settings, including day school. Sarah's passion for Jewish education stems from her involvement in Jewish youth group and from many summers at camp as a camper and staff member, and she is looking forward to meeting you all.

Spotlight on the Religious School—Gishron

By Pam Gorin, Assistant Director of Education

Our youngest learners in the Religious School are our pre-k students. A number of these children spent time in the Gan and are in DC public pre-k programs this year. Their parents don't want them to lose their connection to Jewish learning, so they come to the *Gishron* class on Sunday mornings. Also, we have many families who are new to our community and their childrens' participation in our *Gishron* program is their first connection to the synagogue.

Through prayer, song, dance, stories, and playtime, the children learn about the holidays, *Shabbat*, the synagogue, prayer, and important Jewish values. We love to see their enthusiastic embrace of Judaism as they experience their Jewish world. Taught lovingly by Emma Fensterheim, Jocie Broth, and Mollie Markowitz, *Gishron* allows young children to explore Judaism through all of their senses in a warm and nurturing environment.

Youth and Family Program News

After a busy and exciting start to the year, we have begun to settle into our rhythm at the Religious School. As a new member of the Adas Israel education team, I was amazed by the preparation, focus, and excitement leading up to and after the holidays, not only of those around me, but of the entire community, and especially that of the youth of Adas Israel. One of the lessons we learn from the tradition on the month of *Heshvan*, the second and current month of the Hebrew calendar, is that even though it has no



Bridges and Boundaries: The Contours of Community

Learning, Living, and Exploring in Adas Israel's Biran *Beit Midrash*

Over the course of the year, our rabbis and distinguished scholars will lead us in guided text study, conversations, and presentations that explore the Jewish tradition's essential teachings on

defining holy community. Together we'll navigate the particular values that bind us and the universal ideas that inspire us, and then think together about where they do and don't intersect. *To learn more and register, visit* adasisrael.org/makomdc. Questions? Contact Courtney Tisch, 202-362-4433, ext. 125 or *Courtney.Tisch@adasisrael.org*.

MakomDC November Learning:



'Open *Beit Midrash*' Night in the Biran *Beit Midrash*

TUESDAY, NOVEMBER 7 @ 7:30 PM

A place to sit across the table from fellow seekers and explore the rich, sophisticated, sacred texts that have animated our people for so many years.

We'll question together, grapple together, and passionately talk through the uplifting and challenging ideas these ancient and modern texts provide. Jewish learning has the potential to create an unmatched soulful energy. The "Open Beit Midrash" is where that energy is found.



Scholar: Rabbi Sharon Brous WEDNESDAY, NOVEMBER 15 @ 7:30 PM

Join us as our November scholar, Rabbi Sharon Brous, expands on the theme of Bridges and Boundaries. Rabbi Brous is the senior and founding rabbi of IKAR, based in Los Angeles, and a leading

voice in reanimating religious life in America. Rabbi Brous has previously been named #1 on *Newsweek's* list of the most influential rabbis in America.



The Text

TUESDAY, NOVEMBER 21 @ 7:30 PM

Explore transformative Jewish texts in their original Aramaic and Hebrew. This means that we will break our teeth together and study with no translations but with lots of support from your peers and teachers.



2017–2018 Mendelson Shabbat Scholar in November Scholar: Rabbi Dr. Reuven Hammer Post-Kiddush Halakhah Class SATURDAY, NOVEMBER 18 @ 1:00 PM

Join us as our November Mendelson *Shabbat* Scholar, Rabbi Dr. Reuven

Hammer, guest teaches this month's text-based class, after *kiddush*, using *halakhah* (Jewish life and living) as a prism through which to access our monthly topic. Rabbi Hammer is a renowned Jewish scholar and lecturer who is one of the founders of the Masorti movement as well as the past president of the International Rabbinical Assembly.



Ongoing Learning:

What Do I Do Again? Study Session with Hazzan Rachel Goldsmith

SUNDAYS @ 10:15 AM

Hazzan Goldsmith will be giving a series of classes on Sunday mornings through

December 17. The first session courses will be a refresher of synagogue skills. If you have questions about the *Shabbat* service, where to go on the *bimah*, how the calendar or torah reading works, or why everyone else is standing, this may be a good place to spend a few Sunday mornings. The second class of the series in December will be learning to read *Megillat Esther* for *Purim*! If you know a little Torah trope, here's your chance to expand your repertoire and participate in *Purim* services next March.

Boker Or Shabbat Study

SATURDAY MORNINGS @ 8:30 AM

NOVEMBER 4, Rabbi Elianna Yolkut NOVEMBER 11, Rabbi Lauren Holtzblatt

NOVEMBER 18. Rabbi Aaron Alexander

Boker Or meets Saturday mornings in the Biran Beit Midrash with the weekly portion as its focus.

Friday Parsha Study with Rabbi Lauren Holtzblatt or Rabbi Aaron Alexander

FRIDAY MORNINGS @ 10:00 AM

Please join us Friday mornings in the Biran *Beit Midrash* for an exclusive look at the weekly *parsha*. On the first and second Friday of the month, Rabbi Holtzblatt will explore the *parsha* through the lens of *Hassidut* and mysticism, and on the third and fourth Fridays, Rabbi Alexander will use the Talmud as the prism for the weekly reading.



Livestreaming in the Biran Beit Midrash Adas Israel Congregation is pleased to offer

livestreaming of many of our events in the Biran *Beit Midrash*, including our monthly

featured MakomDC scholars. What is livestreaming? If you can't make it to Adas, you'll still be able to connect to a live feed through any computer, laptop, or mobile device! Visit adasisrael.org/adaslive to view upcoming broadcast times and recently archived videos. *

november**2017** *Cheshvan–Kislev 5778*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 am 10:15 am 10:30 am 10:30 am 6:00 pm Morning Minyan Adas Book Chat Hebrew Course: Beginners Evening Minyan	30 10 Cheshvan 7:30 am 6:00 pm Evening Minyan Evening Minyan	7:30 am 9:00 am 6:00 pm 7:30 pm Advanced Halakhah w/ Rabbi Alexander	7:30 am Morning Minyan	7:30 am 1:00 pm 6:00 pm 6:00 pm Sisterhood: Mah Jongg Evening Minyan	7:30 am 10:00 am Parsha with Hassidut 5:47 pm 6:30 pm 6:30 pm Shir Delight Happy Hour 7:30 pm Shir Delight Service with Rabbi Elianna Yolkut Shir Delight Shabbat Dinner	4 PARSHAT VAYERA 8:30 am 9:30 am 9:30 am 9:30 am 9:30 am 7 Service; Bat Mitzvah: Sophie Mallen; Sermon by Rabbi Alexander 9:30 am 17 Traditional Egalitarian Minyan with Rabbi Holtzblatt; Bar Mitzvah: Eliav Brooks-Rubin 12:30 pm 12:30 pm 12:30 pm 12:30 pm 6:47 pm 12:40 pm 12:30 pm 12:40 pm 6:47 pm 12:30 pm 12:40 pm 12:47 pm 12:40 pm 12
5 16 Cheshvan CHANGE CLOCKS: "FALL BACK" 9:00 am Morning Minyan 10:30 am Hebrew Course: Beginners 11:00 am Yogic Flow 6:00 pm Evening Minyan	6 17 Cheshvan 7:30 am 6:00 pm Evening Minyan Evening Minyan	7:30 am 9:00 am 6:00 pm Evening Minyan Evening Minyan 7:30 pm MakomDC: Open Beit Midrash	7:30 am Morning Minyan	9 20 Cheshvan 7:30 am 1:00 pm Sisterhood: Mah Jongg 6:00 pm Evening Minyan	7:30 am Norning Minyan 4:40 pm Parsha with Hassidut Return Again Service with Rabbi Holtzblatt Traditional Lay-Led Shabbat Service Community Shabbat Dinner	11 PARSHAT CHAYA SARAH 8:30 am 9:30 am 9:30 am 9:30 am 9:30 am 9:30 am 17 aditional Egalitarian Minyan with Rabbi Alexander; Bar Mitzvah: Isaac Trommer 11:00 am 11:0
9:00 am 10:00 am Sisterhood Opening Event and Book Chat: Joan Nathan 10:30 am Hebrew Course: Beginners 10:30 am JMCW Classes: Wise Aging 6:00 pm Evening Minyan	7:30 am 6:00 pm Evening Minyan Evening Minyan	7:30 am 9:00 am Morning Minyan 9:00 am Morning Awakening w/Rabbi Lauren Weekday Torah with Sisterhood 12:00 pm Downtown Study Group 6:00 pm Evening Minyan	7:30 am 9:15 am 6:00 pm 7:30 pm 7:30 pm 7:30 pm 7:30 pm 7:30 pm 8:15 pm 26 Cheshvan Morning Minyan Morning Workout Evening Minyan JSC Class MakomDC: Sharon Brous Introduction to Judaism: Holidays JSC Class	16 7:30 am 1:00 pm 6:00 pm 27 Cheshvan Morning Minyan Sisterhood: Mah Jongg Evening Minyan	7:30 am 10:00 am 5:30 pm 6:00 pm 17 28 Cheshvan 4:34 pm	8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service with 1:00 pm MakomDC Shabbat Learning:
19 ROSH CHODESH KISLEV 1 Kislev 8:45 am Morning Minyan 10:30 am Hebrew Course: Beginners 11:00 am Yogic Flow 6:00 pm Evening Minyan	7:30 am 6:00 pm Evening Minyan	7:30 am 9:00 am 6:00 pm 7:30 pm Morning Minyan 6:00 pm 7:30 pm MakomDC: Text Study	7:30 am Morning Minyan	9:00 am Morning Minyan 6:00 pm Evening Minyan		9:30 am Combined Smith/TEM Shabbat Morning Service; D'var Torah by Rabbi Alexander 11:00 am Tot Shabbat 11:00 am Netivot 12:00 pm Congregational Kiddush 1:00 pm Shabbat Mincha 5:30 pm Havdalah
9:00 am 6:00 pm Evening Minyan	7:30 am 6:00 pm Evening Minyan	7:30 am Morning Minyan	7:30 am Morning Minyan	7:30 am 1:00 pm 6:00 pm 6:00 pm	7:30 am 10:00 am 10:00 am 6:00 pm 6:30 pm 6:30 pm 7:30 pm 7:30 pm 8:30 pm Shir Delight Service with Rabbi Alexander Shir Delight Shabbat Dinner	2 PARSHAT VAYISHLACH 8:30 am 9:30 am 9:30 am 9:45 am 11:00 am 11:0

SHABBAT MORNING SERVICES: Please turn off cell phones and pagers before entering services.

Charles E. Smith Sanctuary: Join us for our *Shabbat* morning services in the renewed Charles E. Smith Sanctuary, the synagogue's largest worship space, led by our inspiring Rabbi and Cantor. The service includes a *D'var Torah* and sermon by the Rabbi and often includes participation by members and *B'nai Mitzvah*.

Traditional Egalitarian Minyan (TEM): Every Shabbat morning at 9:30 am, with the Torah service around

10:30 am. Led by laypeople with the occasional assistance of Adas clergy, the TEM is a participatory service with a full *P'sukei D'Zimrah* (introductory Psalms), *Shacharit*, and *Musaf*, a complete reading of the weekly Torah portion, and a *d'var Torah*. For more information, e-mail *traditionalminyan@adasisrael.org*. *Havurah* Service: Lay-led, participatory service at 9:45 am. Rotating volunteers lead services, read Torah, and conduct an in-depth discussion of the weekly Torah portion. A *kiddush* follows the service. For additional information and to participate, e-mail *havurah@adasisrael.org*.

Youth *Shabbat* Services: Starting with Tot *Shabbat* for children ages 5 and under led by Menuhah Peters

or Rabbi Ben Shalva. *Netivot*, for students in grades K–3, is led by Linda Yitzchak or Allison Redisch. Junior Congregation, for grades 4–6, is led by Yoni Buckman and teenage *madrichim*.

'Dial-in' for Programs & Services: If you are unable to attend programs, lectures, or services, dial in to hear them. Call 202-686-8405.

Library Open on *Shabbat***:** Our third-floor library is open on *Shabbat* following services. You may sign out materials using our "no-writing *Shabbat* method," explained in signs on the check-out desks. For assistance during the week, contact our Director of Library Services, Robin Jacobson (*librarian@adasisrael.org*).

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Tips to the Staff Holiday Gift Fund

Adas Israel Congregation is fortunate to have a wonderful, dedicated maintenance, clerical, administrative, and support staff, all of whom ensure that the synagogue runs as needed. Our staff serve our members, officers, committees, schools, and clergy in achieving the mission and goals of the congregation.

Several years ago, the synagogue adopted a policy of "no tipping" to individual staff members following events or programs. Some staff members are more visible than others, but it takes all of them to prepare.

In lieu of tipping, the congregation has created a Staff Holiday Gift Fund, which is divided equally among the support staff every December. We appreciate those who contribute to the holiday gift fund to our maintenance and support staff members in honor of their good work during the High Holy Days and throughout the year.

Attention, Stockholders! A Good Time to Donate Appreciated Stock

We thank the firm of Morgan Stanley Smith Barney for its special arrangement for Adas members who donate stocks and securities to the congregation. The congregation receives 100 percent of all donated stock proceeds. We liquidate all stock when received, and a confirmation letter is sent to donors following the sale. Our thanks also go to Russell Lagreca and the staff of Morgan Stanley Smith Barney for their work on our behalf.

There are great tax advantages to donating appreciated stock directly to the congregation before the end of the year. For additional information, please call David Polonsky or Ron Schwartz at the synagogue office, 202-362-4433. (Please do not call Morgan Stanley directly.)

Kol HaMayim By Rabbi Elianna Yolkut



It is a custom in my family, as with many Jews across the world, to go to the *mikvah* before or during the Days of Awe. I can remember watching my

father in awe when he went there before *Rosh Hashanah*. My mother went every month, and I loved how peaceful she seemed upon returning. As a gay woman, I find my monthly immersions to be incredibly powerful and empowering. And as a rabbi, watching Jews by choice emerge into the world after their immersion is one of the most holy experiences I have ever witnessed. For me, the *mikvah* is a *makom*, a sacred place that sees the human being in his or her most vulnerable state and births them anew—with a sense of purpose, mission, peace, love, and joy. But for many people, the mystery and stigma of the *mikvah* can be daunting. For all of these reasons, I have been waiting to take our children for their first time, to join me in my annual immersion before the High Holy Days.

We are incredibly lucky to have the *mikvah* at Adas Israel right down the street from our house. We had a picnic dinner on the patio of the synagogue and talked about why Imma and Zayda and lots of other folks go to the *mikvah*. I explained the power of *mayim chayim*—living waters—their strength to wrap us in the warmth of acceptance and love. We talked about this immersion as a chance to think about where we have missed the mark with our friends and family and ways we might have hurt others' feelings. We talked about letting go of things we might be angry or sad about. I told them this water had special power to make you feel like a brand new baby. "Will we wear clothes or bathing suits?" they asked. I explained that we would be naked and that really brought out the laughter. The *mikvah*, I said, was the safest place to bring our whole selves, even the parts of us that sometimes feel bad or sad. I told them I hoped the water would help us be courageous so we could find ways to bring more goodness and light into the world. They became really quiet after I said that.

We went together through the customary process of preparing to immerse. We showered and made sure all of our jewelry and hair bands were removed. I taught them about the seven steps and the seven days of creation. I told them that the *mikvah* is a *Shabbat* of space, like our weekly *Shabbat* in time. We took a lot of deep breaths. Then we all got in the water together. I let them get comfortable and then we did three immersions—one for who we have been in the past, one for who we are right now, and one for who we want to be. We recited the *Shehechiyanu* and we took a silent moment to think of one thing to work on in the coming year. They wanted to stay in for a long time, but the promise of ice cream beckoned and we emerged into the night air with wet hair and warm hearts.

We've spoken a lot about it since then and they've even shared it with their friends. I pray this experience has given them the sense of the power of ritual during this season and that our entire community is able to experience the *mikvah* as life-giving waters that help us and our children reach the highest holiness. *

lifecycle Milestones

Births

Aviva Leah Traster, daughter of Kara & Ben Traster, was born September 14. Naomi Jae Tutuer, daughter of Julia & Jon Tuteur, was born September 14. We wish our newborns and their families strength, good health, and joy.

B'nai Mitzvah



Sophie Mallen, November 4

Sophie, daughter of Laurie Rubenstein and Rick Mallen, is a seventh grader at Westland Middle School. She began her Jewish education at Gan HaYeled, attends Religious School at Adas and just spent her fifth summer at Capital Camps in Waynesboro, PA. Sophie looks forward to celebrating her bat mitzvah with her brother, her parents,

her grandparents, Ken and Fran Rubenstein and Ted Mallen and Sandy Siskin, and all of her extended family and friends. For her *mitzvah* project Sophie will be volunteering with Open Door Sports, an organization that enables kids with special needs to play soccer.



Eliav Brooks-Rubin, November 4 (TEM)

Eliav, son of Liana and Brad Brooks-Rubin is a seventh grader at Alice Deal Middle School. He began his Jewish education at Milton Gottesman Jewish Day School and currently is a student in the Adas Israel Ma'alot program. Eliav celebrates his *bar mitzvah* with his brother; his grandparents Gail and Bruce Rubin and Nancy and Ben Brooks; and the rest of his extended family. For his *bar mitzvah* project, Eliav has

been providing weekly mentorship and companionship to the children of two recently resettled refugee families—one from Syria and one from Congo.



Samuel Taubman, November 11

Sammy, son of Beth and Geoff Taubman, is an eighth grader at Alice Deal Middle School. He began his Jewish education at Gan HaYeled and attends the Ma'alot program at the Estelle & Melvin Gelman Religious School. Sammy is looking forward to celebrating his *bar mitzvah* with his brother, parents, grandparents, and extended family and friends.

He feels especially lucky that his great-grandfather, Martin Blumenfeld, is traveling from California to share his *simcha*. For his *mitzvah* project, he is gathering school supplies and making meals for families in need.



Isaac Trommer, November 11 (TEM)

Isaac, son of Edna Friedberg and Stig Trommer, is a seventh grader at Alice Deal Middle School who enjoys playing soccer and other sports. He is a graduate of the Jewish Primary Day School (JPDS-NC) and now attends the Ma'alot program at Adas Israel. For his *mitzvah* project, Isaac is volunteering with kids with special needs. He shares this *simcha* with his brother, his grandmother Birthe

Trommer, and many extended family members traveling far distances to help him celebrate.

In Memoriam

We mourn the loss of synagogue members:

Susan Charen

Walter Rosenkrantz

We note with sorrow and mourn the passing of: Lois Levy Brooks, mother-in-law of Sarah Brooks

Rae Rubin, mother of April Rubin Irving Tranen, grandfather of Rachel Levey

Life Cycle Information

When Death Occurs

When death occurs, please call the synagogue office, 202-362-4433, so that we may inform the clergy and be of assistance. During business hours, ask for Carole Klein. After business hours, a staff member on call may be reached by calling the synagogue office at the number above and pressing "2" to be connected automatically, or by calling the answering service, 301-421-5271, which will page the staff member on call. On *Yom Tov* and *Shabbat*, even though detailed funeral arrangements should not be made, a staff member on call can still be reached at 301-421-5271.

Bereavement Committee

The Bereavement Committee assists families with all of the arrangements surrounding the funeral and subsequent burial of loved ones. We welcome your interest and encourage your participation and assistance. We need you; please join us. If you have questions, or know of someone whom you think might be interested in participating in this important work, please feel free to call Edie Hessel (202-244-7189) or contact Toni Bickart (202-244-2747) regarding the *Tahara* Committee.

Hesed Committee

The Adas Israel Hesed Committee is committed to fostering a caring, compassionate, and giving community. If you are experiencing an illness, or have surgery or medical treatments planned, or if someone in your family has had a new baby, please let the Hesed Committee know. We want to reach out to you. Contact <code>hesed@adasisrael.org</code>.

Adas Israel Community Mikvah

Our *mikvah* is a sacred space where Jews can mark life transitions with powerful physical ritual. Immersing in a *mikvah* connects the body to the water cycle of our planet and to the sources of life. People visit our *mikvah* to observe the *mitzvah* of monthly immersion; to celebrate *s'machot*; to find strength during a difficult time; to pray for healing; to reflect on the meaning of becoming a bride, groom, or *bar* or *bat mitzvah*; to convert to Judaism. To learn more about our *mikvah* or to schedule an appointment, contact Naomi Malka, 202-841-8776 or *mikvah@ adasisrael.org*. For more information, visit *adasisrael.org/mikvah*.

Programming for Families with Young Children is Up and Running





Weekly events include Coffee Club for infants and their adults on Tuesdays at 9:00 am in the Beit Midrash; the Yad b'Yad playgroup for toddlers and their adults on Thursdays at 9:00 am in

room 105; and Sing N'Play for all children too young to attend the Gan on Thursdays at 10:00 am in the Library. These recurring events run when the Gan is in session.

After a fun October with our special Shabbat Tinok (Baby Shabbat) and our first special Shabbat dinner for Families with Young Children, we are looking forward to our upcoming Shabbat dinners! Please save November 17 and December 15 for these wonderful evenings that begin with a Happy Half-Hour, special services, and a lovely dinner.

The events begin at 5:00 pm in the Gan space (Cohen Hall); pre-registration is required. For more information, please contact Jocelyn Dorfman, Engagement Coordinator for Families with Young Children, at Jocelyn.Dorfman@AdasIsrael.org.

Attention, Class of 5781 Bar/Bat Mitzvah Candidates

We are in the process of organizing the *B'nai Mitzvah* Class of 5781, which includes children who will celebrate this milestone between August 2020 and June 2021. Below is a list of children of our members who, according to our records, should celebrate becoming *b'nai mitzvah* with the Class of 5781 (this means that they were born between July 2007 and July 2008).

Bar/Bat Mitzvah dates are assigned to members in good standing with children enrolled in our Estelle & Melvin Gelman Religious School or in a Jewish Day School. Members delinquent in their synagogue account or not enrolled in school will delay the assignment of their child's date.

If your child is missing from this list, and you believe he or she should be included in this *bar/bat mitzvah* group and celebrate between August 2020 and June 2021...

OR, if your child is in the fourth grade and you would like him or her to be included in this group...

OR if you have any questions, please contact Beryl Saltman in the rabbis' office, 202-362-4433, ext. 121, or beryl.saltman@adasisrael.org, so we can add your child to the list below.

MARK YOUR CALENDARS FOR SUNDAY, JANUARY 7, 2018, 9:30–11:00 am for the 5781.

B'nai Mitzvah Parents' Meeting with Rabbi Lauren Holtzblatt, Cantor Arianne Brown, Rabbi Kerrith Rosenbaum, Hazzan Rachel Goldsmith, and Naomi Malka to discuss the *b'nai mitzvah* program and *bar/bat mitzvah* date assignments.

Altman, Eli Becker, Zoe Beeson, Benjamin Bensky, Samuel Berger, Oliver Berger, Bayla Bloch-Prime, Dominic Boghardt, Jacob Cook, Adi Cotlear, Daniela Davis, Olivia Drimmer, Julia Fistel, Micaela Foer, Theodora Fox, Raphael Friedman, Teddy Fritz, Maya Gehman, Leo Gerson, Isaac Goldman, Maya Gordon, Noa Grosser, Jonah

Hare, Jack Holtzblatt, Noa Jamieson, Elijah Johnson, Mattan Katz, Evie Kotelanski, Ella Kupchan, Nicholas Lefkowitz-Rao, Ezra Levine, Jacob Levitin, Kalman Lovinger, Raguel Lowit, Sasha Morris, Yonatan Moscovitch, Eitan Moskowitz, Zoe Oscherwitz, Helena Poliakoff, Jessica Rich, Lauren Rosenwasser, Max Rubinson, Natasha Satloff, David Schonebaum, Ella

Schwartz, Ezra Shapiro, Zachary Sharon, Eden Siff, Gideon Skolnik, Sonia Steindecker, Leo Steiner, Naomi Taubenkibel, Joshua Tinsley, Shoshana Tucker, Samuel Tucker, Abigail Turner, Miriam Van den Broek, Alexander Veksler, Natalie Villavicencio, Lila Wachs, Henry Weiner, Robert Wolin, Oliver Wu, Eitana Yedwab, Audrey

Education Update continued from page 12

holidays, it is an important time as we begin to pray for rain for the land of Israel. After our penitential prayers and requests for forgiveness, *Cheshvan* is our first opportunity to put our new selves to the test. Anat Hoffman, director of Women of the Wall, once taught that the Hebrew word for fulfillment, *hagshama*, shares the same root as the word for rain, *geshem*. There is great beauty in that Judaism understands wholeness to be deeply connected to rain—in other words growth, nourishment, and work. We spent the months of *Elul* and *Tishri* preparing ourselves spiritually and emotionally; this month is our first chance to begin to fulfill our promises and goals for the coming year.

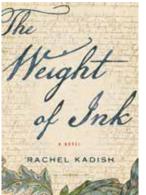
—Danny Weininger, Youth and Family Program Coordinator &

books&more

Old Stuff or Precious Treasure?

By Robin Jacobson, Library & Literary Programs Director

Kids dig in the backyard searching for buried treasure. Adults roam flea markets hoping to find the one precious object hidden in the jumble of useless odds and ends. The possible discovery of a priceless prize is a fun fantasy that, not surprisingly, appears in many novels. Two recent examples are Rachel Kalish's *The Weight of Ink* and Hannah Rothschild's *The Improbability of Love*. Kalish's novel concerns a hidden trove of 17th-century letters from London's Jewish community, while Rothschild's novel is about a long-missing Rococo masterpiece, once belonging to German Jews, that resurfaces in a junk shop. Both books are entertaining and informative reads.

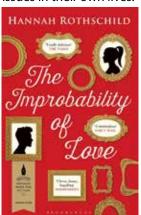


The Weight of Ink

This novel weaves together two tales of scholarly women in London, one set in modern times and the other in the 1660s. In the contemporary story, Helen Watt, an ailing British professor of Jewish history, receives a phone call from a former student about a cache of old letters discovered under the staircase of his historic home. Helen swiftly determines that the letters are written in Hebrew and Portuguese and date from the 17th century. She hires an American graduate student, Aaron Levy, to help translate and analyze them.

Racing to stay ahead of rival historians, this literary detective duo determine that the mysterious scribe writing the letters is a brilliant young Jewish woman, Ester Velasquez, the ward of a blind rabbi. Ester's writings illuminate life within the first Jewish community in London established after England lifted its four-century-long ban against Jews.

Ester and the blind rabbi are characters in the 17th-century story; they are immigrants to London from Amsterdam. As the story progresses, Ester feels increasingly trapped by the religious and cultural mores of her community and covertly flouts them. She takes on a man's identity to secretly correspond with the innovative thinkers of her time, including Benedict Spinoza, who was excommunicated by the Amsterdam Jewish community. Ester's correspondence enthralls Helen and Aaron as a first-hand report on a Jewish community about which little was known. More personally, Ester's courage inspires Helen and Aaron to confront unresolved issues in their own lives.



The Improbability of Love

Hannah Rothschild is the chair of London's National Gallery Board of Trustees; her knowledge of the art world lends authenticity to her lively novel of cutthroat art dealers, scholars, and collectors. "The Improbability of Love" is the name of a fictional masterpiece by an actual 18th-century Rococo artist, Jean-Antoine Watteau. In the novel, one of the painting's past owners is a Jewish family destroyed in the Holocaust; readers gradually learn who stole the painting and why.

Missing for years, the painting turns up in a London secondhand shop and is purchased on

impulse by Annie McGee. Annie has no notion of the painting's significance

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books&more continued from left column

or value. She is focused on trying to rebuild her life following the break-up of a long-term romantic and business partnership. Annie's mother, Evie, a colorful alcoholic whom Annie regularly bails out of jail, is convinced that the painting is special. Evie drags Annie to London's Wallace Collection to compare the painting with others on display. There they meet Jesse, an engaging docent and aspiring artist, who persuades Annie to let him help her investigate the painting's provenance.

Meanwhile, Annie works as a chef for a fine art gallery. Rothschild describes in delicious detail Annie's imaginative themed dinner events showcasing particular paintings or artistic periods. But why did Rothschild choose to have the painting narrate its history? The "talking painting" passages are rather silly. Still, this is a minor distraction from a mostly charming book.

Book Chat Sunday, November 12, 10:00 am in the Library



Joan Nathan
Presents King
Solomon's Table
Sunday,
November 12,
10:00 am, in the
Library

Join us for celebrated cookbook author Joan Nathan's discussion of her latest book, King Solomon's Table. Books are available for purchase and signing. Participants may also register for lunch through Sisterhood.

Ruth & Simon Albert Sisterhood Gift Shop

It's not too early to start thinking about *Hanukkah*. We light the first candle on Tuesday, December 12.

Beautiful menorahs, festive decorations, lovely gifts for family and friends, and books and small gifts for the children







Gift Shop Hours

Sunday–Monday, Wednesday–Friday 9:30 am–12:30 pm Tuesday, Special Extended Hours 9:30 am–3:00 pm, 6:00–8:00 pm

PLEASE NOTE: We will be closed November 23–24 and November 26 for the Thanksgiving holiday.

Every purchase benefits Adas Israel Congregation.

202-364-2888 adasgiftshop@gmail.com

sisterhood**news**

Autumn and Early Winter Events Guided Museum Tour for Sisterhood Sunday, November 5, 1:00 pm

National Museum of Women in the Arts, 1250 New York Ave., NW Inside the Dinner Party's Studio
Join the Adas Israel Sisterhood for a guided tour of the National Museum of Women in the Arts and an inside look at the process used by the iconic Jewish artist Judy Chicago in her monumental and radical work, The Dinner Party. We

will explore, through archives, documentation, and film, one of the most well-known artworks of the 20th century, famous for confronting the erasure of women from history by using elaborate research, craft, and presentation. The extraordinary complexity of *The Dinner Party'* s process is illustrated through test objects, designs, documentation, and revealing behind-the-scenes footage shot by filmmaker Johanna Demetrakas. Join with us and bear witness to the historic record of this unique creation process, from nascent ideas in a sketchbook to test plates and a textile template.

Tickets are \$6 for Sisterhood members and their guests. For travel directions and to purchase tickets, visit www.nmwa.org. Sisterhood contacts are Jodi Ochstein, jodiochstein@gmail.com, and Susan Winberg, susanw1608@comcast.net.



Join Joan Nathan for discussion of her new cookbook, King Solomon's Table.

Opening Event for 5778 Sunday, November 12, 10:00 am

Join the women of the Adas Israel Sisterhood for our opening event, a book chat starting at 10:00 am in the Rose Ruth Freudberg Sisterhood Library with celebrated cookbook author—and longtime Adas member—Joan Nathan. Joan will discuss her popular new book, *King Solomon's Table*,* and will be available to sign copies (also for sale).

After we hear from Joan, take a seat at *King Solomon's Table*. Sisterhood is hosting a luncheon (catered by Moti's) of selected recipes from Joan's cookbook. The luncheon will be held in the Kay Hall

from 11:00 am until noon.

Tickets start at \$10 for Sisterhood members, \$12 for non-members, and \$15 at the door. RSVP at *adasisrael.org/sisterhood/*. Contact Co-VPs of Sisterhood Programming and Education Jodi Ochstein, *jodiochstein@gmail.com*, or Susan Winberg, *susanw1608@comcast.net*, with questions. *If you join Sisterhood at the Woman of Valor level (\$120) by November 1, the book is included and will be available for pickup at the event.



Norman Shore, teacher and scholar, will lead Nov. 14 discussion.

Weekday Torah with Sisterhood 'Shivat Tzion' discussion, Weekday Torah with

'Shivat Tzion' discussion, Weekday Torah with Sisterhood, November 14, 10:00 am in the Biran Beit Midrash

Please join *Weekday Torah with Sisterhood* at 10:00 am on Tuesday, November 14, in the Biran *Beit Midrash*. Community leader and scholar Norman Shore will lead a discussion of *Shivat Tzion*—the return to Zion. We will discuss texts about

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Sisterhood News continued from page 20

reinventing Torah, internal schisms in the Jewish community, and building the state of Israel.

This class is open to the entire Adas Israel community. Students of all levels and backgrounds are welcome.

To RSVP and for more information, please contact Marilyn Cooper, *MarilynCooper70@gmail.com*.



Mah Jongg Group Open to All Thursdays, 1:00 pm, in Sisterhood Hall

Mah jongg will continue weekly on Thursdays at 1:00 pm (except on Thanksgiving). Bring your National Mah Jongg League card (\$8, nationalmahjonggleague.org). The cards come in large print for \$1 more. For those new to the game, we'll teach you. This activity is not restricted to Sisterhood members. To express interest and to RSVP for the mah jongg group, contact Barbara Friedell, bhfriedell@yahoo.com.

Learn to Chant from the Torah In Time for Sisterhood Shabbat

You've heard words of Torah; here's your chance to chant them (and to do so with confidence). Please contact Marilyn Kincaid, *Marilyn.Kincaid0999@ verizon.net,* if you'd like to read Torah at Sisterhood *Shabbat* on Saturday, March 10. If this is your first time or you need a refresher, Marilyn is willing to teach you this skill this fall.

New Group, Sisterhood Works from Home

Sisterhood has formed a group of women who work from their homes to help support each other in our endeavors, network, advise, make us feel more connected, and nurture our dreams. For more information, contact June Kress, *junebkress@gmail.com* or 202-316-3439. All are welcome.



Sample of jewelry by Sisterhood member Barbara Friedell

Jewelry Making for *Hanukkah* Sunday, December 3, 12:30–2:00 pm, Funger Hall

Repurpose your vintage jewelry for the perfect gift for yourself or a loved one. You supply the materials; we'll help you create jewelry that sparkles. Bring extra beads to fill in and enhance—available at a local bead store, like Beadazzled on Connecticut Ave. or *Etsy.com*; medium-gauge wire; crimp tubes and crimp covers; and some tools. These supplies are very inexpensive to buy online (*Amazon. com*). In addition, Michaels has very inexpensive beads and supplies. Or, just come and watch a

demonstration! RSVP to Barbara Friedell: (H) 202-813-3781, (C) 702-630-5106, bhfriedell@yahoo.com.

More Sisterhood-Library Activities Coming Up Sisterhood and the Rose Ruth Freudberg Sisterhood Library partner to bring you:

Sunday, December 10, 10:00 am: *Hanukkah* Book Event for Pre-Schoolers and Their Special Adults. Author Pam Ehrenberg will read from her latest book, *Queen of the Hanukkah Dosas*.

Sunday, January 7, 11:00 am-12:00 pm: A Woman and Her Genome: What Every Jewish Woman Should Know About Her Genetic Makeup

continued in right column

The science and practice of genetics has grown enormously in the past decade. Testing is being done both to help women of reproductive age know their risks of, and often prevent having, a child with a genetic defect such as Tay-Sachs disease or sickle cell anemia, and help women (and men) to know their risk of various cancers, most commonly breast, ovarian, and colon.

In many cases, this knowledge can help a person make decisions that will help him or her take action to decrease the risk of developing such a cancer or find it earlier when it can be better treated or, in some cases, cured. This session will provide a speaker on both of these topics and offer the opportunity to those who want to be tested for genetic mutations for over 100 diseases that can be transmitted to their offspring. The test requires saliva that is tested through JScreen.

Speakers: **Evelyn Karson, MD, PhD,** obstetrician/geneticist, will discuss those genetic diseases that can be detected by a saliva test in men and women of reproductive age prior to conception or in the first trimester of pregnancy. **Dr. Dee Dee Shiller, DO,** a gynecologist in Baltimore, will speak about genetic testing for mutations that predispose certain men and women to various cancers.

Saturday-Sunday, March 10-11:

Sisterhood *Shabbat* Mozelle Saltz Guest Scholar will be Dr. Anne Lapidus Lerner, JTS Vice Chancellor emerita.

5778 Torah Fund Campaign Underway



Give to Torah Fund

Adas Israel participates in the Women's League for Conservative Judaism's Torah Fund campaign to support clergy and Judaic lay professional candidates,

including aspiring teachers, social workers, and administrators, studying at Conservative/ Masorti higher institutions. You can use the pre-addressed envelope sent to you earlier or visit the Sisterhood website, http://adasisrael.org/sisterhood/, for more information on the campaign and how to give.

Office Closings

Thanksgiving
Thursday, November 23
Schools/Offices Closed

Day After Thanksgiving Friday, November 24 Schools/Offices Closed



The Best Maintenance Team on Planet Earth

We would like to express, with the utmost of gratitude, our sincere and heartfelt THANK YOU to Charles Mallory, Steve Claar, Calvin Casey, Phillip Thomas, Geno Nicholls, Tyrone McCard, and Cory Jones for successfully and graciously navigating the most challenging operational period of the year at Adas Israel.

Through our impressively busy programming calendar, and the formidable task of preparing spaces for 5,000 High Holy Day visitors, these team members have proven time and again that they simply ARE Adas Israel. Without their commitment, dedication, hard work, and support, Adas Israel just wouldn't GO. Every time a chair is set up in one of our worship experiences, every time the tables are dressed and prepared for one of our community dinners, every time the lights are turned on at Adas Israel—it's because one or more members of this incredible team has invested the time, energy, and impressive physical labor required to make our worship and gathering experiences a reality.

It is easy to take it for granted when things run smoothly at a synagogue, but without these precious members of the Adas Israel family, we'd have a hard time calling this place home. *Yasher koach* and thank you, gentlemen. We simply could not do this without you, and we are eternally grateful.

tikkun**olam**





Friendship Place seeks winter clothing for its annual Winter Warmth Clothing Drive by November 30

Bring new or clean and gently used winter hats, gloves, scarves, socks, and sweaters for the adults and children being served at Friendship Place. Drop them off in the bins labeled "Friendship Place donations" located at the back of the Adas coatroom. The clothes will be distributed at Washington Hebrew Congregation on December 3. Friendship Place's mission is to empower people experiencing, or at risk of, homelessness to attain stable housing and to rebuild their lives. Their vision is a DC community and a nation in which every person has a place to call "home."

Our COATROOM is a vehicle for *TZEDAKAH* and TORAH!



You've seen our welcoming space for our volunteer *tzedakah* projects that makes it easy and convenient to participate. Our current *tzedakah* opportunities for Adas members and guests who come into the building are:

- Winter hats, gloves, scarves, socks, and sweaters (new or clean and gently used) for the children and adults involved with Friendship Place—collected during November.
- Nonperishable foods for SOME (So Others Might Eat)—collected year round.
- Winter coats (new or gently used and cleaned)—collected from

December to February and donated to SOME. Please do not leave other items of clothing.

- Small toiletry items such as shampoo, toothpaste and brushes, body wash, and hand lotion—donated to the women at N Street Village.
- Early Reading Books for grades kindergarten through third—donated to Reading Partners.
- *B'nai Mitzvah* Projects—collected by some of our *b'nai mitzvah* kids for their personal *tzedakah* project over a four-week period.

Our volunteers and Adas staff keep our *tzedakah* area organized and clean, and we are responsible for distributing your contributions to the right places. Please help us by following the directions posted on the wall and bring ONLY the items requested. Thank you for your participation.

We welcome your ideas and involvement. For more information, visit our webpage at *adasisrael.org/tikkunolam* or contact Jamie Butler, *jgb3611@gmail.com*, chair of the Social Action Committee.







tikkun**olam** continued from page 22

Hesed Cooking: Behind the Scenes

You might have seen mouthwatering photos challahs, honey cakes, vegetable stew, and kugels on Facebook highlighting the fantastic Hesed Cooking Team. Did you ever wonder what happens behind the scenes to make all this food? This month's Hesed column illustrates what it takes to create a successful Hesed Cooking event.

It starts with fabulous team leaders: Susan Barocas and Kristen Carvalho are the special sauce that makes the Hesed Cooking events so successful. Susan creates the recipes good for a group, identifies the ingredients, generates shopping lists, and leads the events, always teaching new skills and techniques for successful cooking. Kristen organizes all the mailings, creates labels, sends reminders, and generally takes care of other details to make sure the event runs smoothly.

The process starts with identifying a yummy recipe from Susan's many years of teaching about cooking and preparing food (anyone who has been lucky enough to eat a meal Susan has catered is very fortunate). Buying ingredients in the correct amounts takes many higher math skills. If a recipe calls for two tablespoons of cinnamon for one honey cake, how much cinnamon is needed for 250 honey cakes?! We challenge anyone to figure that out!

We purchase the ingredients in bulk and store them in the kitchen at Adas. Did you ever wonder who buys 50 pound bags of flour at Costco? We do.

The recipe is selected carefully so it will freeze and defrost well. We try to find recipes that will be appealing and tasty in a variety of settings: the home of a new baby, the hospital room of someone who is sick, the dining table of someone recovering from an illness, at a *shiva* table. Many of the recipes are gluten-free.

The actual cooking event is quite special because we come together as a community, old friends and new, learn new skills, catch up, and learn about each other. And there are always lots of good conversations while cooking!

As part of the Hesed Cooking events, we always have a Torah lesson. Thanks to our rabbinic leaders, Adas has become a place where Torah is front and center with everything we do—even cooking. We have learned many important and relevant Torah lessons at our cooking events, and our clergy do a wonderful job of teaching while delicious smells waft from the kitchen.

One of the most important lessons of the Hesed Cooking events is that we cook with *kavanah*, with intentionality. We always say at the start of these events that we are not "just" cooking. We're cooking with *kavanah*, with the intention that the food we make will bring love and kindness to those receiving it. Cooking with *kavanah* feels quite special.

After the food is cooked, we cool, wrap, and label it with ingredients and defrosting and/or reheating directions. There is a special Hesed freezer in the Adas kitchen, and we like to keep it full of healthy food, challahs, and sweet treats. We ask people to "sign out" the food when they take it so we know which items are used, and how, as well as who they go to so we don't overlap efforts.

If you know anyone who needs a little Hesed lovingkindness and could benefit from a meal or even just a treat from the Hesed freezer, please contact Rabbi Lauren or e-mail hesed@adasisrael.org.

Ma Toul: Arnie and Mary Hammer Honoring our leaders and volunteers

Interviewed by Marcy Spiro, Director of Membership Engagement

You joined Adas in 1973, 44 years ago, as young professionals. Why was it important for you to be part of a congregation?

Arnie had been very active in USY, and we both felt a strong attachment to synagogue life and had become regular synagogue goers. We decided that Adas was where the best activities were happening, and the people, resources, opportunities for study, and diversity were great attractions. We joined and made lifelong friends, found a study group (now 45 years old) and the *Havurah* service of which we were organizers for many years. Our children grew up here and felt like the whole place was family.

Arnie went on to become congregational treasurer, vice president, and a life member of the board, as well as chairman of the Building Committee during a prior renovation, while Mary worked on various committees and activities.

You helped create our *Havurah* service, which meets in the library every first, third, and fifth *Shabbat*. For those who aren't familiar with the *Havurah*, can you tell us more about it and why you thought it was an important service for our community?

This participatory service is welcoming to people of all ages, from young children to seniors, with widely varying Jewish backgrounds. Rotating volunteers lead services, read Torah, and conduct an in-depth discussion of the weekly Torah portion. People also find many other opportunities to enrich the service, from having an *aliyah* to sponsoring or helping to set up the *kiddush*. The goal is to enable everyone at all levels to be included. And it's an easy place for new members or guests to learn or meet people.

It's important because it is intimate, accommodating, and inclusive. It's available to everyone in the community and provides a great entryway to Adas and the Jewish world.

You recently sold your house and moved into an apartment. Why did you decide to make this switch? What were some of the challenges of downsizing? What are some of your favorite aspects of renting?

Our house of 47 years was too big for two people and had too many stairs. Cleaning out closets, memorabilia, and books was a big job, but our kids helped and took their favorite things and the local thrift shop, and Friends of the Montgomery County Library loved us. Moving nearer to our friends and to Adas Israel has been great. We love the spacious apartment and the convenience of Chevy Chase.

Both of you dedicate a lot of your time to volunteering, both at Adas and in the larger DC Jewish community. Can you please tell us what organizations you volunteer for and why it's so important to you to give back?

Mary: After both of us served on the Bereavement Committee for several years (as a *haver* organizing funerals and a *shomer*

to stay with the body before the funeral), and generally helping people in a difficult time, I was asked to help with the Hesed Meal Train for families with new babies. Setting up Baby



Meal Train program for new parents uses my organizational skills for a happier occasion. What a great team and project the Hesed Committee is, too. I have also volunteered with the Jewish Federation of Washington and Jewish Foundation for Group Homes.

Arnie also got a lot of satisfaction as a "Mikvah Man" for conversions and other important life-cycle events for men at Adas, and he has led a men's "shmooze group" at the Hebrew Home of Greater Washington for 15 years. In addition, he is chairman of the Home's ethics committee. For these and other activities, the Home recognized him as its volunteer of the year. Arnie also is immediate past president of the Foundation for Jewish Studies.

You speak often of your three adult sons and how proud you are of them. Now is your turn to *kvell* in writing. Tell us a bit about Daniel, Jonathan, and Benjamin.

Dan, our oldest, loves living in Santa Cruz, CA, where he is a computer engineer. He is also a *mensch* and mentors many young people. He studied at the University of Maryland.

Jon is a mortgage banker in Manhattan and loves the music scene there. He is always busy with friends, family, and activities and graduated from Michigan.

Ben got married recently, and he and Valerie live in DC. Ben runs his own public affairs consulting firm, and Valerie is a foreign service officer at the State Department. They are into food and wine, and participate in many *tzedakah* projects, -including Adas's team to help resettle an Eritrean family. Ben went to the University of Pennsylvania.

All three boys went to the Charles E. Smith Jewish Day School and each celebrated his *bar mitzvah* at Adas.

It's November and in a few short weeks, we will celebrate Thanksgiving. What are you most thankful for this year?

We are thankful for our wonderful, loving family and our

We are thankful for our wonderful, loving family and our health and our terrific supportive Adas community. We are mindful of the great blessings bestowed on us as Jews and as Americans in this wonderful community.

Jewish Mindfulness Center of Washington @ Adas (JMCW)

Prayer is our humble answer to the inconceivable surprise of living.

—Abraham Joshua Heschel

November is a time of harvest and appreciation for gifts received. Cornucopias burst with the bounty of fall crops and vibrant colors. At JMCW, we turn our attention to the Jewish mystical concept of abundance. What seeds are we harvesting? How do they reflect the goodness we've planted in the world? How are we thankful for our blessings? Kabbalists understood abundance as a direct light emanating from God's goodness (hesed) that was also influenced and shaped by how we respond to that light with our deeds. The potential for abundance is always there in a variety of ways—spiritual, emotional, material. And yet it is directly linked to the way in which we appreciate it and then share it with the world. Just like Adonai shines the goodness of the world on us, abundance reminds us to extend that light back into the world by sharing it with others, as well as through our gratitude. Come experience these gifts with JMCW this month. From our special Sacred Breath Yoga Workshop to our joyful Return Again Service, and our weekly evening meditation sits to our moving meditation yoga classes—we look forward to celebrating abundance together.

Upcoming JMCW Services, Programs, and Workshops Yoga Workshop: Sacred Breath with Lauren Rubenstein and Lauren Chelec Cafritz

Sunday, Nov. 12, 10:15 am-12:15 pm

Ruach Elohim connects us spiritually and heals us physically and mentally. Please come move, breathe, and experience the power of your breath.

Cost is \$12 for Adas members and \$18 for non-members. Advance website registration required.

See the JMCW web page for registration and more information: www.adasisrael.org/imcw/

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'Return Again' Service with Rabbi Holtzblatt and Elie Greenberg

Friday, Nov. 10, 6:30 pm

This monthly service is an intergenerational favorite in our congregation! In the style of our innovative outdoor *Kol Nidre* Service, this is a reflective journey into the *Shabbat* experience with a musical and spiritual excursion into prayer and song. A community *Shabbat* dinner follows

Weekly Wednesday Evening Meditation 7:30–8:30 pm

*Note the change to Wednesday nights—just after Yoga. Come for the Yoga—stay for the Meditation!

With four alternating leaders, these sessions include a teaching, an exploration of Jewish meditation techniques, and a silent meditation sit. Beginners and experienced meditators alike are most welcome!

WEEKLY YOGA

*Moving Meditation Vinyasa Flow

Wednesdays, 6:30-7:20 pm

Join us for a vigorous flow, and dive deep into your physical practice. Draw Jewish concepts into the body and initiate your



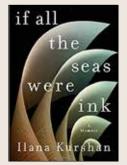
own moving meditation. And then stay afterward to join the weekly Wednesday meditation.

*Moving Meditation Awakening Flow

Sundays 11:00 am-2:15 pm

Morning flow promises to awaken and stimulate the sacred body through a full exploration of asana. This signature class draws inspiration from Mussar, *Kabbalah*, and the wisdom of Jewish thinkers.

For updates and additional information and offerings, please visit the JMCW web page, www.adasisrael.org/jmcw/ or the JMCW Facebook Group.



JMCW Recommends . . .

If All the Seas Were Ink: A Memoir by Ilana Kurshan. Our own Rabbi Lauren Holtzblatt is interviewing this author at the DCJCC on Monday, November 13, 7:30–9:00 pm. From the DCJCC web site: At the age of 27, alone in Jerusalem in the wake of a painful divorce, Ilana Kurshan joined the world's largest book club, learning

daf yomi, Hebrew for "daily page" of the Talmud, a book of rabbinic teachings spanning 500 years. Her practice carried her through the next seven years, a new marriage, and the births of her three children. In *If All the Seas Were Ink*, Kurshan provides an accessible and personal take on the Talmud, shedding new light on its stories and providing a modern, inclusive take on its life lessons.

The Adas Library has many books on Jewish spirituality, meditation, and mindfulness. Some of these can be found under call number 175.01 or speak with Adas Librarian Robin Jacobson (*librarian@adasisrael.org*) for more information.

The Jewish Mindfulness Center of Washington @ Adas (JMCW) offers services, programs, and workshops that help deepen contemplative practices as part of our individual and communal religious and spiritual lives. Watch this space each month to follow these JMCW offerings. Visit our Adas web page at www. adasisrael.org/jmcw/, where you can also subscribe to our e-newsletter. Find us on Facebook: JMCW @ Adas Israel!

synagogue contributions

The congregation gratefully acknowledges the following contributions:

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In Memory Of: **Nelson Goldberg & Fannie Goldberg** by Stuart & Jamie Butler.

Daily Minyan Fund

In Honor Of: **Manny Schiffres**'s retirement by Rae Grad.

In Recognition Of: **Ron Lapping**'s Simchat Torah honor by Manny Schiffres & Rae Grad, Michael & Joyce Stern, Janet Scribner.

In Memory Of: Elaine Fromer by Jacob Fromer.

Jonah Schiffres & Rita Schiffres by Manuel
Schiffres

Dan Kaufman Children's Program Fund In Memory Of: Minnie Kaufman by Minna Kaufman.

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In Memory Of: **Herbert Goldberg** by Glenn & Cindy Easton, Joel & Denise Gershowitz, Judy Woodruff & Al Hunt.

Dr. William & Vivienne Stark Wedding & Anniversary Fund

In Memory Of: Martin Stark & Doris E. Rose by Dr. William & Vivienne Stark.

Frances & Leonard Burka Social Action Endowment

In Memory Of: Elliott L. Burka by Sharon Burka. Elias Gelman by John Kossow.

Fund for the Future

In Memory Of: **Rae Rubin** by Manny Schiffres & Rae Grad.

Havurah Kiddush Fund

By: Mel & Barbara Gelman, Kenneth Heitner & Rhoda Ritzenberg, Ari Strauss, Rey & Susan Tejada.

In Honor Of: Ann Kort's 65th birthday, **Debby**Joseph's devoted service as synagogue
president by Michael & Joyce Stern.
In Memory Of: **Stephen Chiswick** by Barry
Chiswick. **Rae Rubin** by Arnie & Mary Hammer. **Herbert Spira** by Lynnette Spira.

Hesed & Bikkur Cholim Fund

In Honor Of: **Rae Grad & her teams** by David & Toni Bickart.

In Memory Of: Eric Rehfeld by Eva Rehfeld.

Adas Fund

In Honor Of: Annabelle Friedman being on the bima during the High Holy Days by Peter & Caroline Friedman. Herlene Nagler's amazing creative talent by Rhoda Ganz.

In Memory Of: **Raquel Samben Frenk** by Frida Skolkin. **Rebecca Harrison** by Flo Herman.

Howard Karl Amchin Memorial Fund By: Wayne Amchin.

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In Memory Of: **Herbert Goldberg** by Marsha Pinson.

Mozelle Saltz Memorial Endowment Fund

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Offerings Fund

By: Mariyan Kolev.

In Honor Of: **Rabbi Herb Schwartz** by Hal & Carol Epstein. Our wonderful *Shabbat* visit at Adas by Hilary & David Silver.

In Recognition Of: Simchat Torah honors of Alvin Dunn, Sandy Eskin, Lois Fingerhut, & Ron Lapping, all by David & Toni Bickart.

Rabbi Alexander Discretionary Fund

In Honor Of: **Jonah Frumkin** becoming a bar mitzvah by Pamela Wexler.

In Memory Of: **Robert Holtzman** by Mary Holtzman.

Rabbi Holtzblatt Discretionary Fund In Memory Of: Robert Holtzman by Mary

In Memory Of: **Robert Holtzman** by Mary Holtzman.

Rabbi Rosenbaum Discretionary Fund

In Memory Of: **Derek Solomon** by Joshua & Lauren Kolko, Jonathan Manheim & Michelle Lackie, Marcia Miller.

Refugee Response Project

In Memory Of: Lois Brooks by Roger & Renée Fendrich. Miriam Hellerstein by Mileve Phillips & Miriam Rosenthal.

Rose R. Freudberg Sisterhood Memorial Library Fund

In Honor Of: **Sonya Ğichner**'s very special birthday by Elinor Tattar.

For The Speedy Recovery Of: **Dava Berkman** by Mileve Phillips & Miriam Rosenthal.

In Memory Of: **Dr. Alvin Sidell** by Arlene Sidell Cohen. **Anne Wiedman** by Mildred Jacobs.

Esther Ruth Fisher Goodman by Jay & Connie Krupin. **Julius Loeffler** by Robert Loeffler. **Tsippora Masliansky** by Nechama Masliansky.

Irwin Pachter by Dr. Wendy Pachter. Jessie Seltzer by Toba Penny. Leon Reingold by Larry & Myra Promisel. Devorah Waxman,

Adolph Waxman & Malcolm Rivkin, all by Goldie & Alisa Rivkin.

Rothstein Family Israel College Scholarship Fund

In Honor Of: **Danny Molyneux** becoming a *bar mitzvah* by Joan Walston.

Samuel & Sadie Lebowitz Israel Scholarship Fund

In Memory Of: Ralph Kirsch by Martin Kirsch.

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Mazel Tov To: Daniel Molyneux, Eian Katz, Jonah Frumkin, & Harper Dunn on becoming b'nai mitzvah, all by Stewart & Shelley Remer. *In Memory Of*: **Frank Liebermann** by Michael & Amanda Alter.

Siddur Lev Shalem Praybook Fund

In Honor Of: **Jean Bernard**'s 2017 Yad Hakavod award by Mileve Phillips & Miriam Rosenthal. In Memory Of: **Baird "Buz" Michelson** by Susan Liss & family. **Rae Rubin** by Mileve Phillips & Miriam Rosenthal.

Sisterhood Donations

In Honor Of: **Jean Bernard**'s 2017 *Yad Hakavod* award by Michael & Joyce Stern.

Social Action Fund

In Honor Of: Rabbi Alexander & Rabbi Holtzblatt by Alex Laskey & Rachel Farbiarz. In Recognition Of: Simchat Torah honors for Lois Fingerhut & Sandy & Eskin by Manny Schiffres & Rae Grad. Lois Fingerhut's Simchat Torah honor by Janet Scribner.

In Memory Of: **Arthur Fingerhut** by Michael Fingerhut. **Saul Horblitt** by Stephen Horblitt. **Fred Singer** by Harold Singer.

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In Memory Of: **Rae Rubin** by Jane Baldinger, Stuart & Jamie Butler.

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In Memory Of: **Sylvia B. Nelson** by Cindy, Glenn, Lisa & Amy Easton.

Traditional Minyan Kiddush Fund

In Honor Of: **Ana Susskind & Harper Dunn** becoming *b'not mitzvah* by Bill Levenson, Pamela Wexler.

In Recognition Of: Alvin Dunn's Simchat Torah honor by Michael & Joyce Stern. In Memory Of: Derek Solomon by Jeffrey Knishkowy & Patti Lieberman.

Tzedakah Fund

In Honor Of: Entire Adas staff & clergy for their help with Harper's *bat mitzvah* by Alvin & Lisa Dunn.

Wishing: Peggy & Sidney Silver a happy & healthy New Year by Adrian & Annette Morchower.

In Loving Memory Of: Aron Keet & Phyllis Keet by Rhoda Fischer. Philip Fischer & Ann Fischer by Stanley Fischer.

In Memory Of: Sophia Cooper by Richard Cooper. Lois Brooks by Glenn & Cindy Easton. Masha Friedlander by Bernice Friedlander. Miriam Gerger by Ricki Gerger. Gary F. Jonas by Roz Jonas & family. Rae Rubin by Fradel Kramer. Pearl Joffe & Florence Shapiro by Mary Elizabeth Sadun.

Yizkor/Yahrzeit Fund

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Yom Kippur Break the Fast In Memory Of: Stuart Tattar by Elinor Tattar. Youth Activities Fund

In Memory Of: Evelyn Berkower by Dr. Ira Berkower. Herman Goldberg by Diane Cross. Anna Walder by Dee Ellison. Evelyn & Julius Davis by Marcia Feuerstein. Dora Ellen by Margaret Ellen. Ruth Parnes by Sandy & Lydia Parnes.



Before You Head South for the Winter

Please contact Melissa Adler in the synagogue office, 202-362-4433 or *Melissa.Adler@* adasisrael.org, to let her know your second address, the date you are heading south, and the date you plan to return, so you will continue to receive your synagogue mailings.



Adas Israel Field Trip to see *The Pajama Game* at Arena Sunday, November 19, 2:00 pm

"Terrific songs ... sassy dancing ... wiseacre humor ... knockout score." – Washington Post

Join the Adas Israel community at the theater! The Sleep-Tite Pajama Factory is a tiptop model of efficiency—so why are things getting so steamy? It could have something to do with how hard new superintendent Sid Sorokin has fallen for Babe Williams, the trouble-making head of the union grievance committee. Sparks really start to fly when a workers' strike pits management against labor and ignites an outrageous battle of the sexes. Packed with seductive dance numbers like "Steam Heat" and "Hernando's Hideaway," The Pajama Game is the best way to ensure a good night's rest during the hectic holiday season!

Register online or call 202-362-4433. **



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A SACRED BLEND OF TRADITION & INNOVATION

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