

Adas Israel Congregation

CHRONICLE

A photograph of Vice President Joe Biden speaking at a podium. He is wearing a dark suit, a white shirt, and a patterned tie. The background is a blue wall with a pattern of white, elongated, teardrop-shaped lights.

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**Vice President Joe Biden Keynotes the National Memorial Ceremony
for Israeli President and Prime Minister Shimon Peres, z"l**

The *Chronicle* Is Supported in Part by the Ethel and Nat Popick Endowment Fund



Appreciation for the Work of Our High Holy Day Ushers and Greeters

If you enjoyed High Holy Day services more this year, it just might be partially attributed to the fact that we had nearly 75 volunteers helping us with ushering and greeting. We were able to fill more than 140 time slots in as many as five different services a day over five days.

Thanks go especially to Mark Berlin, High Holy Day Usher coordinator, and to Marcy Spiro for her exemplary staff help. And, of course, deep thanks and appreciation go to each of our many volunteers, many of whom helped for the first time: Andrew Ackerman, Elena Alschuler, Irwin Ansher, Ben Balter, Susan Barocas, Dava Berkman, Ira Berkower, Jerome Berman, Mark Berlin, Toni Bickart, Ben Buring, Rick Cantor, Morris Chalick, Leah Chanin, Leonard Chanin, Jennifer Chemel, Carmel Chiswick, Sheldon Cohen, Dave Connick, Edith Couturier, Steve Davidson, Andrew Davis, Rosalyn Doggett, Sara Eckert, Barbara Frank, Alan Friedman, Sarah Frumkin, Elizabeth Glidden, Marcie Goldstein, Leah Hadad, Jack Herman, Art Hessel, Judith Heumann, Maxine Hillary, Elaine Holton, Jill Jacob, Lisa Kaneff, Susan Kay, David Kempler, David Kline, June Kress, Steve Lachter, David Lynn, Brian Madden, Howard Marks, Mas Meejuru, Steve Miller, Janice Mostow, Vickie Perper, Edna Povich, Larry Povich, Patricia Puritz, Aurora Reyes, Gail Roache, Cynthia Rosenberg, Lauren Rubenstein, Ron Schlesinger, Janet Scribner, Steve Shapiro, Suzy Shapiro, Rennie Sherman, Steve Sherman, Margaret Siegel, Linsey Silver, Nancy Silverman, Elizabeth Sloan, Joyce Stern, Judy Strauch, Ari Strauss, Healey Sutton, Justin Swain, Stef Tucker, James Whitman, Nicholas Whitman, Ellen Winter, and Robert Yerman. ❀

clergy **corner**



Recently, the Social Action Committee learned the following text together. And I have not been able to stop thinking about it, and our conversation about it.

You shall not plow with an ox and an ass together. (Deut. 22:10)

It is related that Rabbi Gershon Hanikh of Radzhin arrived incognito at a certain township. He went into the study hall and saw there a group of beggars talking vociferously amongst themselves.

"What is all this noise about?" asked Rabbi Gershon. "The richest man in town," members of the band told him, "is marrying off his daughter and he has locked the doors of his house to poor people."

"Come with me," Rabbi Gershon said to them. And he went to the house of the wealthy family and knocked on the door. "We are receiving no visitors today," came the answer from within.

"I have a question I wish to put to the rabbi who is with you," Rabbi Gershon said.

They let him in because if someone wishes to ask a halakhic question, s/he is not to be prevented.

Rabbi Gershon said to the rabbi inside the home: "I have a question to ask. Why did the Torah say: 'You shall not plow with an ox and an ass together'?"

"We do not know the reasons for the commandments. It is a decree from the Almighty," the other rabbi replied.

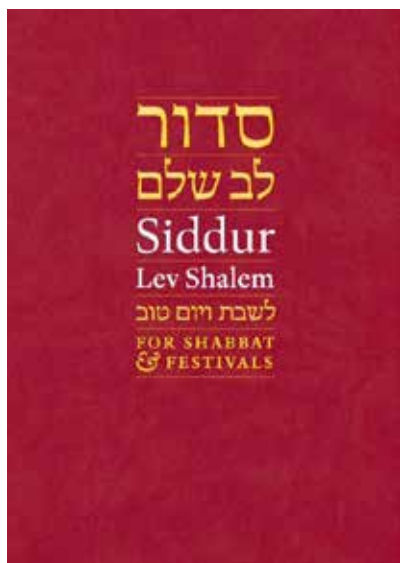
"But I do know the reason for this commandment," Rabbi Gershon countered. "Oxen chew the cud while asses do not. An ass, seeing an ox chewing the cud, would think that the ox is eating food while he, the ass, is not eating any food and he would be upset. The Torah thus had pity on the ass and said: 'You shall not plow with an ox and an ass together.' We can make an inference from minor to major," continued Rabbi Gershon: "If the Torah had pity on the ass that he should not see his fellow eating and be upset, how much more is this the case with human beings that it is not right that some people should sit and feast, eating and drinking, while these others, the poor people, from the outside, do not taste any food or drink, and they are upset."

Simple, right? Like the Passover *Haggadah* says: "Let all who are hungry come and eat!" Well, yes and no. On the one hand, we can't escape the reality that we are surrounded by too many people who lack the means and support to even minimally tend to basic human needs. We have a positive obligation, as a Jewish community animated by Torah values, to do our utmost to alleviate their suffering. On the other hand, there are certainly times for each of us to use that which we are blessed to have in order to

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Board of Directors Approves New *Siddur Lev Shalem* for Adas Israel Community Prayer

An Exciting New *Siddur* for Our Community



Siddur Lev Shalem for *Shabbat* and Festivals, published by the Conservative Movement Rabbinical Assembly, will soon join the successful High Holy Day *Mahzor Lev Shalem* in all of our prayer spaces and bookshelves at Adas Israel. Like our wonderful High Holy Day *mahzor*, it features a four-column format; new translations in contemporary language; commentary providing historical context; and a variety of *kavanot*, poetry, and prose that expand and enrich our relationship to the text.

The Adas Israel Religious Practices Committee (Steve Kleinrock, chair) worked tirelessly with clergy and community members to carefully review the selection, and Cantor Arianne Brown hosted a learning session to explore the new *siddur* over the summer. The committee recommended the selection, and the Board of Directors voted unanimously to approve it. We are very excited about the selection. The adoption of a new *siddur*, a truly momentous occasion, will offer us an enriched and shared tool for accessing our Jewish prayer experience as community. A formal opportunity to introduce and celebrate our treasured new *siddurim* will take place during *Shabbat* services on April 22, 2017.

To acquire these magnificent new *siddurim*, we are seeking the support of the entire community. Members and friends are invited to dedicate one or more of these new books in honor or memory of a loved one or a special event in your life. With your contribution of \$36 per *siddur* (or 10 for \$350), you may select the wording for the dedication plate to be placed in the front of each book.

To dedicate a *siddur*, which will be a permanent part of our Adas community worship, please use the form on this page; contact the synagogue front desk at 202-362-4433; or visit our website at adasisrael.org/siddur. A list of all dedications will have an individual bookplate and will appear in a future *Chronicle*.

This *siddur* draws from the geographic and historical expanse of Jewish life. For use in both the home and the synagogue, it includes all the traditional prayers, psalms, and songs that are familiar from previous Conservative *siddurim*, but is also a treasured anthology, offering a wide array of readings that can be used to celebrate *Shabbat* as well as material for study about *Shabbat*: poems both ancient and modern, Hasidic wisdom, rabbinic *midrashim*, and commentary on the history and diversity of the liturgy. In addition to modern translations, most of the key blessings, psalms, and songs are transliterated to enable Jews from all backgrounds to participate fully in welcoming *Shabbat*, and the extensive commentary is geared to both the novice and the learned, offering historical insight and spiritual meaning. We look forward to sharing it with all of you. ✨

Siddur Dedication Form

Please complete & clip this form and return it with payment to:

Adas Israel Congregation
2850 Quebec Street, NW
Washington, DC 20008

Name _____

Phone _____

E-mail _____

Number of books you are dedicating: _____ 1 at \$36 7 at \$250 18 at \$613 36 at \$1,018

Wording as you would like it to appear in the *siddur*. **Note: Please print neatly; space for wording is limited.**

In honor of

In memory of

Check enclosed \$ _____ (payable to Adas Israel Congregation)

Turn to the next page to view a sample page from the new *Siddur Lev Shalem*

Shabbat:

Israel's Partner

Rabbi Shimon ben Lakish taught: The day of Shabbat came before the Holy One and said, "Creator of the world, every day has a partner (Sunday has Monday...) but I have no partner?" The Holy One replied, "Israel shall be your partner." And when Israel stood at Sinai, God said to them, "Remember My promise to Shabbat that 'Israel will be your partner.'" Thus it is written, "Remember the day of Shabbat to keep it holy" (Exodus 20:8).

—GENESIS RABBAH

L'kha Dodi

Come, my beloved, to welcome the bride; let us greet Shabbat as she arrives.

"Observe" and "remember" were uttered as one, we heard it thus from the singular One. God's name is one and God is one, renowned with honor and deserving of praise.

Come, my beloved...

Let us go out to greet Shabbat, sacred wellspring of blessing, conceived at the beginning of time, finally formed at the end of six days.

Come, my beloved...

Shrine of our sovereign, royal city, rise up from destruction and fear no more. End your dwelling in the tear-filled valley, for with God's compassion you will be upraised.

Come, my beloved...

continued

L'kha dodi likrat kalah, p'nei shabbat n'kab'lah.
Shamor v'zakhor b'dibur ehad,
hishmi'anu El ha-m'yuhad.
Adonai ehad u-shmo ehad,
l'shem u-l'tiferet v'lit-hilah.

L'kha dodi likrat kalah, p'nei shabbat n'kab'lah.
Likrat shabbat l'khu v'nei'khah,
ki hi m'kor ha-b'rakhah.
Meirosh mi-kedem n'sukhah,
Sof ma'aseh b'mahashavah t'hilah.

L'kha dodi likrat kalah, p'nei shabbat n'kab'lah.
Mikdash melekh ir m'lukhah,
kumi tze'i mitokh ha-hafeikhah.
Rav lakh shevet b'emek ha-bakha,
v'hu yahamol alayikh hemlah.

L'kha dodi likrat kalah, p'nei shabbat n'kab'lah.

לְכָה דוּדִי

לְכָה דוּדִי לְקִרְאָת פֶּלֶה, פְּנֵי שַׁבָּת נִקְבְּלָה.

שְׁמֹר וְזָכוֹר בְּדִבּוּר אֶחָד

הַשְּׁמִיטָנוּ אֶל הַמְּיֻחָד.

יְהוָה אֶחָד וּשְׁמוֹ אֶחָד,

לְשֵׁם וּלְתַפְאֶרֶת וּלְתִהִלָּה.

לְכָה דוּדִי לְקִרְאָת פֶּלֶה, פְּנֵי שַׁבָּת נִקְבְּלָה.

לְקִרְאָת שַׁבָּת לְכוּ וְנִלְכָה

כִּי הִיא מְקוֹר הַבְּרָכָה.

מֵרֵאשׁ מְקוֹדֵם נְסוּכָה

סוֹף מִנְעִשָׁה בְּמַחֲשָׁבָה תִּהְיֶה.

לְכָה דוּדִי לְקִרְאָת פֶּלֶה, פְּנֵי שַׁבָּת נִקְבְּלָה.

מְקוֹדֵשׁ מְלֶכֶךְ עִיר מְלוּכָה,

קוֹנֵמִי אֲנִי מִתוֹךְ הַדְּפָכָה.

רַב לָךְ שֶׁבֶת בְּעֶמְקוֹ הַבָּכָה,

וְהוּא יִתְמֹל עֲלֶיךָ הַמֶּלֶךְ.

לְכָה דוּדִי לְקִרְאָת פֶּלֶה, פְּנֵי שַׁבָּת נִקְבְּלָה.

continued

with the upper realms. The poem serves as an introduction to Psalm 92, "The Song of the Day of Shabbat," which was the start of the Friday evening service in many rites, before the introduction of Kabbalat Shabbat.

COME, MY BELOVED "who is invited here may refer to the soul, to others within the community of Israel, or to an aspect of the Divine. The first half of this refrain contains fifteen letters and the second half contains eleven, which are respectively the numerical equivalents of *yod-hei* and *vav-hei*, spelling out the name of God.

"OBSERVE" AND "REMEMBER" appears twice in the Torah, with minor differences of wording. In Exodus (20:8), the fourth commandment opens with the verb *zakhor*, "remember" the Sabbath day; the Deuteronomy (5:12) version begins *shamor*, "observe" the Sabbath day. Harmonizing them, a midrash states that God uttered both words at once (Mekhila, *Bahodesh* 7). Evoking that midrash here, the poet thus alludes to the unity established by Shabbat; for God, thought and action are one. And on Shabbat we, too, may feel as if who we are and how we behave are more unified.

LET US GO OUT TO GREET SHABBAT לְכָה דוּדִי לְקִרְאָת שַׁבָּת לְכוּ וְנִלְכָה This verse alludes to the practice of leaving the synagogue and going out into the fields to welcome Shabbat, the custom followed by the mystics of Safed, based on their interpretation of the Babylonian Talmud (Shabbat 119a).

SHRINE OF OUR SOVEREIGN מְקוֹדֵשׁ מְלֶכֶךְ This verse and the next five all build on the theme of Israel's exile and her promised redemption. Shabbat is seen as a manifestation of the Shekhinah (God's presence in the world), which is in exile with Israel. At the same time, Shabbat is also a foretaste of the redemptive time.

L'kha dodi became a favorite Friday night hymn almost as soon as it was written. Its author, Shlomo Halevi Alkabetz (d. 1580), was a participant in the mystic circle in Safed, associated with the great master, Moses Cordovero. The poem is one of many written by Safed poets in which Shabbat, God, and Israel are intertwined and related through love. The depiction of Shabbat as bride and as queen has a long history of talmudic origin. The stanzas form an acrostic spelling out the author's name, Shlomo Halevi.

L'kha Dodi juxtaposes two simultaneous movements: the human quest for the Divine and the Divine for the human. Thus, we are invited to go and greet Shabbat as she comes to us. Similarly, those mystics who interpreted the process of redemption as reflecting the inner life of the Divine imagined God's glory, *iferet*, as flowing toward Shabbat, the Shekhinah, and of the Shekhinah rising up to unite



The Best Maintenance Team on Planet Earth

We would like to express, with the utmost gratitude, our sincere and heartfelt thank you to Charles Mallory, Steve Claar, Calvin Casey, Phillip Thomas, Marc Holderman, Mike Freeman, Geno Nicholls, and Santos Gutierrez (not pictured) for successfully and graciously navigating the most challenging operational period of the year at Adas Israel.

Through the impressively busy programming calendar at Adas Israel, and the formidable task of preparing spaces for 5,000 High Holy Day visitors, the members of this team have proven time and again that they simply **are** Adas Israel. Without their commitment, dedication, hard work, and support, Adas Israel just wouldn't **go**. Every time there is a chair set up in one of our worship experiences, every time the tables are dressed and prepared for one of our community dinners, every time the lights are turned on at Adas Israel—it is because this incredible team has invested the time, energy, and impressive physical labor required to make our worship and gathering experiences a reality. It's easy to take it for granted when things run smoothly at a synagogue, but without these precious members of the Adas Israel family, we'd have a hard time calling this place home. *Yasher koach* and thank you, guys. We simply could not do this without you and we are eternally grateful. 🌟

2016 Community CPR Program Held



On September 25, Adas Israel sponsored its 40th Community CPR Program. The instructors—under the leadership of Steven Miller—were Jeremy Gruber, Rescue One, and Sandy Mendelson, cardiologist private practice. Seventeen men and women attended the class, including Steve Miller; Vicki Perper; Judith Hellerstein, Ron

Schlesinger, Rise Schlesinger, John Tolleris, Frances Sclafani, Amy Rudnick, Rachelle Kaufman, Morris Chalnack, Robert Frieman, Carmel Chiswick, Barry Chiswick, Michael Dickman, Allison Reiter, Aaron Baxter, and Sharon Samber.

The synagogue is grateful to the following individuals for their help in planning, setting up, or running the program: David Polonsky, Marcy Spiro, Gail Mattison, Charles Mallory, Marc Holderman, Geno Nicolls, Sandy Mendelson, and Wendy Miller. Special thanks go to Steven Miller for coordinating this program for the 32th consecutive year. 🌟

Musical Moments @ Adas Israel

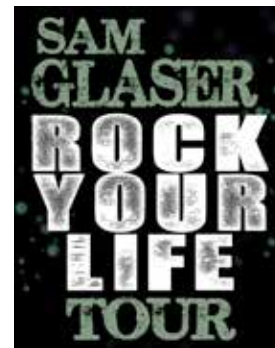
Brought to you by Cantor Arianne Brown and the Musical Moments Committee



Rock Your Life—

A Family Tefillah/Concert Experience with Jewish rock musician Sam Glaser

Sunday, November 13, 11:00 am–12:15 pm



Sam Glaser has performed over 1,000 concerts, *Shabbatons*, and workshops in Jewish communities around the globe. As a devoted Jew and an accessible, enthusiastic role model, Sam inspires his audience to a greater love of

their heritage. He presents uplifting, spiritual, contemporary musical experiences. This musical experience is geared toward students in grades two through six and their families, though it is open to all ages!

Free of charge to all our students and their families

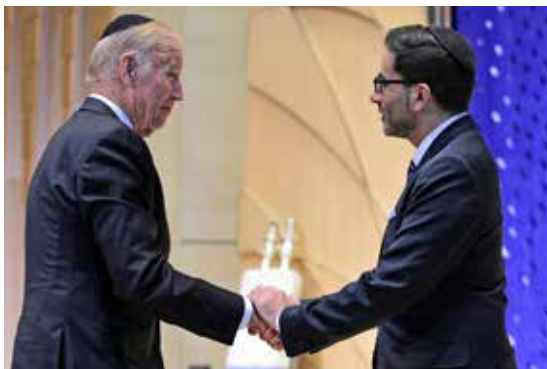
Adas non-student members: \$8

Non-Members: \$15 🌟

Scenes from Our Historic and Moving National Memorial Ceremony for Shimon Peres, z"l, at Adas Israel

Thursday, October 6, 2016 / 5777

Vice President **Joe Biden**, former Secretary of State **Madeleine Albright**, **Chemi Peres** (son of Shimon Peres, z"l), Deputy Israeli Ambassador to US **Reuven Azar**, the Adas Israel clergy, and other world leaders addressed the Adas Israel and American Jewish Community in honor of one of the great founding fathers of Israel, and one of the true champions for a lasting peace. May his memory always be a blessing, and a clarion call to action, for generations to come. The full C-SPAN video of the ceremony—featuring all of the remarks, presentations, and inspiring sounds of our own Adas Israel Youth Choir and Hazzan Arianne Brown—can be found online at www.adasisrael.org/mediaroom.





From the Director of Education

By Rabbi Kerrith Rosenbaum

We have just finished a month of holidays that presented us with many opportunities to join together as a community in prayer and action, celebration and solace. We now enter a time that is less structured, and many of us might begin to ask, "Where is my place in all of this"? For me, part of the beauty of Adas Israel is that your place can be anywhere, or it can be everywhere.



From the sanctuary to the *beit midrash*, from the *mikvah* to the Outdoor Learning Environment, from senior lunch housed in the Youth Lounge to the halls of the Gan, each place here holds the potential for connection and community. While we might not automatically think of every corner here as prayer space, or every interaction as community

building, each of us has the power to turn those moments and places into holy encounters with ourselves and with others. The holidays of the past month have helped us to lay the foundation of the holy work that we all can do over the course of the year to bring deeper meaning to each of our lives and help sustain this community that we call home. We look forward to being part of your lives and to having all of you be part of ours. ✨

Radical Gratitude This Thanksgiving

Few things say "America" more than stuffing ourselves silly and watching football games and street parades. But there's a deeper message to Thanksgiving, one that is deeply rooted in Jewish thought and practice. Thanksgiving is a time when we gather together to appreciate all that we have—abundant food, loving communities, and unprecedented freedom. While Thanksgiving is a quintessentially American holiday, we need look no further than *t'filah* to find that the annual message of gratitude pervades Jewish life.

Jewish daily prayer begins with the *Modeh Ani* as we awake, an initial prayer of gratitude for the new day with which we have been blessed. The message of *Modeh Ani* can be described as what Rabbi Abraham Joshua Heschel called "radical amazement." Rabbi Heschel writes that, as Jews, we should strive to take nothing for granted and to believe that each and every moment is phenomenal.

Thanksgiving is a beautiful holiday, not only for the picture-perfect turkey and fixings, but also because it gives us a set time to reflect upon our many blessings. These moments, though, should not be confined to beloved holidays and astonishing experiences. How different would each day look if we opened our eyes and hearts to the full beauty of the world?

Rabbi Heschel suggested that our spiritual goal is to live in radical amazement; perhaps we can make it our practical goal to live with radical gratitude.

Happy Thanksgiving!

—Yoni Buckman

NOVEMBER

Religious School Dates

5: 5779 B'nai Mitzvah Kabbalat Parsha

11–12: 5th-Grade Shabbaton

13: Sam Glaser Concert (grades 2–6)

15: 7th-Grade Mitzvah Project with Danny Siegel

18: K–2nd-Grade L'Dor VaDor and Shabbat for Families with Young Children

20: Shalom Learning Parenting Class

23: No School (Thanksgiving)

27: No School (Thanksgiving)

Children's Services

5: Tot Shabbat, Netivot, Junior Congregation

12: Tot Shabbat, Netivot

19: Family Shabbat Service, Tot Shabbat

Youth@AI

Youth group programming provides an amazing opportunity for students to engage socially with their peers outside of services and school. It is also a fantastic opportunity to gain leadership skills such as problem solving, communication, and event planning. In this light, we are excited to announce the formation of a *Kadima* student executive board this spring. All students in grades 6–8 are encouraged to attend an information session on Sunday, November 6, at 12:30 pm to learn more about the positions available, time commitment, and process moving forward.

Elections will take place two weeks later on Sunday, November 20, also at 12:30 pm.

For more information, please contact Youth & Family Program Coordinator Jordan Rothenberg at Jordan.Rothenberg@adasisrael.org. ✨

The Shalom Learning Value for November: B'tzelem Elohim—We are created in the image of God

This unit explores how we can honor the image of God in ourselves and in others and how that affects the way we behave in the world. The goal is to keep our consciousness of *B'tzelem Elohim* always available to help influence our behavior, even as it enhances our self-image and dignity. Rabbi Akiva put it this way (*Avot* 3:14) "Beloved [of God] are humans, for they are created in God's image; but greater still was the love shown to humans in that it was made known to them

continued on page 8, right column

Shalom Learning continued from page 7

that they were created in the image of God . . .” As Rabbis Kravitz and Olitzky comment on this passage: “. . . if our bond to God is one of love, it is incumbent upon us to relate lovingly to one another, as human beings, as fellow images of God.” (*Pirke Avot: A Modern Commentary on Jewish Ethics*, URJ Press, 1993).

Beyond self-esteem and love for the other, *B’tzelem Elohim* also raises the bar on all human potential. If we call God “Creator,” then the bar is raised on our behavior to also be a “creator.” At the very least, we should be productive partners with God in the stewardship of creation. If God feeds the hungry, clothes the naked, visits the sick, shows mercy, raises the bent over (physically and spiritually), then we must also perform these acts. This value underlies the units that we will study the rest of the year—our status as images of God will help us summon the courage to act when needed, will clearly point to our responsibilities toward others, will remind us of the power in speech and words, and will make us seekers of peace and wholeness. ❁

Gan HaYeled

Students at Gan HaYeled are enriched through hands-on learning, both inside the Adas building and beyond its walls. Our STEAM room provides an opportunity for small groups of students to extend their learning of Science, Technology, Engineering, the Arts, and Math. This room, a virtual treasure trove of recycled and discarded, found and natural materials, and tools, allows children to explore their world. From discovering chemistry in baking a cake or gravity in a marble run, students delight in multi-day, scaffolded learning. Our newly renovated Outdoor Learning Environment (affectionately known as OLE) provides a multitude of sensory experiences and developmentally appropriate challenges.

Off-site, our students explore and learn in both the natural and man-made adventures that await them around Cleveland Park. From afternoons spent in Rock Creek Park to walks through the National Zoo (or the local pet store), to a visit to the local fire station, Gan students see, hear, feel, smell (and, yes, sometimes taste!) the wonders of our local community.

If you or someone you know is looking for an outstanding preschool program, we urge you to learn more about Gan HaYeled. The Gan hosts popular Open House programs starting at the end of November, and we even have a few spots open for the current 2016–2017 year. More information is available on the ADMISSION page of the Gan website or by calling the Gan Office, 202-362-4491. ❁

educationupdate continued from page 7

November 2016 Programs for Families with Young Children



Come enjoy time with your children and your Adas family; connect with old friends and make new ones.

Inaugural Havdalah & a Movie for Expectant Parents: Saturday, Nov. 19

Expecting a new addition to your family? Want to meet other expectant parents? Join us for *Havdalah* & a Movie Night just for you. Mocktails and light hors d'oeuvres at 5:00 pm, followed by *havdalah* with Rabbi Alexander and a

movie at the Uptown Theater.

You will help us build future programming for expectant parents by sharing your hopes and dreams for community opportunities here at Adas. First-time and repeat parents are welcome. Adults only please. Movie listings are announced a week in advance, and we will be in touch with all registrants. Register online or contact Alexis.Tinsley@AdasIsrael.org.

Shabbat Dinner for Families with Young Children: Friday, Nov. 18

Join us once a month for a Friday night “Happy Half-Hour” (wine, cheese, and crackers to tide you over) at 5:0 pm, *Kabbalat Shabbat* services for young children and their families at 5:30, and a delicious dinner at 6:15. Registration deadline is: November 11.

Tot Shabbat: Saturdays, Nov. 5, 12, 19

Weekly *Shabbat* morning services at 11:00 am for young children and their families.



“Coffee Club” for Babies and their Adults: Wednesdays, Nov. 2, 9, 16, 30

Stop by the *Beit Midrash* Wednesday mornings from 9:30 to 11:30 am to visit with and meet other parents with babies. *Note: New start time based on feedback!*

Playdate in the Gan: Thursdays, Nov. 3, 10, 17

The Gan is the place to be on Thursday mornings at 9:00 if your little one is too young

to attend pre-school. The children will play, you will schmooze! Parents, grandparents, and caregivers welcome!

Sing N’Play in the Library: Thursdays, Nov. 3, 10, 17

Join us in the upstairs library, Thursday mornings at 10:00, for stories and songs with your little one, followed by time to chat with your friends—or to make new ones—while your children play. Parents, grandparent, and caregivers welcome!

Kangaroo Adult/Toddler Class: M, W, F

Is your child 18–24 months old? Come join us in the Kangaroo class! Your child will get to know the warmth and wonder of the Gan with your support. Monday, Wednesday, and Friday, 10:30 am–noon. Register @ the Gan website.

“Shir a Song”: Music with Miss Ellie: Nov. 1, 18, 15, 30

Music and movement classes for babies, toddlers, preschoolers, and the adults who love them. Tuesday mornings in the library at 9:30 and 10:30 am. To register, visit www.mselliemusic.com/register. Cost is \$185 for first child and \$100 for first sibling. ❁

Attention: Class of 5780 Bar/Bat Mitzvah Candidates

We are in the process of organizing the *B'nai Mitzvah* Class of 5780, which includes children who will celebrate this milestone between August 2019 and June 2020. Below is a list of children of our members who, according to our records, should celebrate becoming *b'nai mitzvah* with the Class of 5780 (which means they were born **between July 2006 and July 2007**).

Bar/bat mitzvah dates are assigned to members in good standing with children enrolled in the Estelle & Melvin Gelman Religious School or in a Jewish day school. Members delinquent in their synagogue account or whose children not enrolled in school will delay the assignment of their child's date.

If your child is missing from this list and you believe they should be included with this bar/bat mitzvah group and celebrate between August 2019 and June 2020,

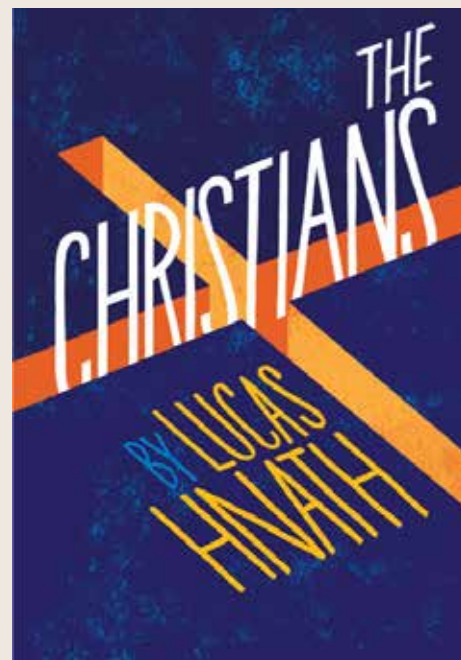
OR if your child is in the fourth grade and you would like him or her to be included in this group,

OR if you have any questions,

PLEASE CONTACT: Beryl Saltman in the rabbis' office at 202-362-4433, ext. 121, or beryl.saltman@adasisrael.org, so that we can add your child to the list below.

Mark your calendars for Sunday, January 8, 2017, 9:30–11 am, for the 5780 B'nai Mitzvah Parents' meeting with Rabbi Gil Steinlauf, Cantor Arianne Brown, Rabbi Kerrith Rosenbaum, Hazzan Rachel Goldsmith, and Naomi Malka to discuss the b'nai mitzvah program and bar/bat mitzvah date assignments.

Max Aaron	Ezra Lefkowitz-Rao
Jacques Bassat	Franny Leibovich
Dino Becker	Gil Leifman
Atalia Berger	Reuven Magder
Elana Bilbao	Sam Mallen
Clara Bilbao	Avner Martin
Eliana Boyar	Sadie Marvin
Adiv Brooks-Rubin	Zoe Neufeld
Colette Claxton	Benjamin Pollack
Adi Cook	Solomon Ravitz
Samantha Cutler	Eve Ronen
Hannah Danin	Hugo Rosen
Louis Diamond	Sebastian Rosen
Julia Drimmer	Maya Roskes
Aaron Genachowski	Benjamin Roskes
Gabriella Goldberg	Nora Sachse
Joshua Goodglick	Maxwell Scott
Charlotte Green	Shira Shapiro
Eliana Green	Samantha Shapiro
Jonah Grosser	Zachary Shapiro
Harry Groves	Gideon Siff
Zachary Henderson	Avi Sokolov
Samuel Herzberg	Jack Spector
Isabella Hsu	Shayna Strong Jacobson
Oliver Hsu	Natalia Stutman-Shaw
Benjamin Kahn	Henry Wachs
Jeremy Kalfus	Evan Weinstein
Miriam Kanter-Goodell	Yotam Zisenwine
Maya Knoll Kenny	Elan Zucker
Amalia Knoll Kenny	



Adas Night Out at Theater J!

The Christians by Lucas Hnath;
Directed by Gregg Henry
Thursday, Dec. 1, 7:30 pm

Join Adas theater lovers for a night out at Theater J! Religion can draw us together, or it can pull us apart. Twenty years ago, Pastor Paul's church was a modest storefront. Now it houses thousands, with a coffee shop in the lobby and a baptismal font as big as a swimming pool. Today should be a day of celebration, but Pastor Paul is about to preach a sermon that will shake the foundation of his congregation's beliefs. Backed by a live choir, *The Christians* is both an epic and an unexpectedly intimate drama. This provocative new play offers an unflinching look at faith of any denomination—and its power to unite or divide.

To purchase tickets visit www.theaterj.org. Use the coupon code ADAS to receive a \$5 discount. For Theater J subscribers who would like to change dates to attend with other Adas members on Sept. 22, please call the Theater J Box Office at 202-777-3210.

Additional Adas Night Out dates for the rest of the season are: *Copenhagen*, Thursday, Jan. 19; *The How and the Why*, Thursday, March 2; *Brighton Beach Memoirs*, Thursday, April 20; and *Broken Glass*, Thursday, June 29. ❀



Trust & Distrust The Winding Arc of Every Relationship

We build so many walls around our relationships to protect ourselves from pain and disappointment, and often for good reason. Breaches in trust, however rarely or normally they occur in our lives, are extremely disruptive. A full retreat unconsciously creates an illusion of emotional safety. But fully feeling life, an essential Jewish virtue, requires us to expand our layers of trust, while also not diminishing all the boundaries that allow us to function in the world. Through-

out this month, we'll unpack the value of trusting without apology, and maintaining a healthy level of distrust as well.

Register online or by calling Melissa Adler, 202-362-4433, ext. 146

MakomDC November Learning:



The Spiritual Child—An Evening of Science and Spirituality
Dr. Lisa Miller of Columbia University and Rabbi Lauren Holtzblatt

Co-Sponsored by the Jewish Mindfulness Center of Washington @ Adas (JMCW)

TUESDAY, NOV. 1 @ 7:30–9:00 PM

Lighting *Shabbat* candles with our children, helping a homebound neighbor, a special nighttime ritual, the wonder of watching a beautiful bird on a family hike . . . all of these contribute to the spiritual development of children (and adults!). In her book, *The Spiritual Child: The Science on Parenting for Health and Lifelong Thriving*, Dr. Lisa Miller blends path-breaking research with families' stories to illustrate the crucial value of spirituality to the mental and physical health of children and teens. Join us as we study together to combine new research results with Jewish texts, explore practical suggestions, and share a contemplative sit.

Dr. Miller is a professor of psychology and education, director of the Clinical Psychology Program at Columbia University, Teachers College, and founder of the Spirituality Mind Body Institute, the first Ivy League graduate program in spirituality and psychology.



'Open Beit Midrash' Night in the Biran Beit Midrash

TUESDAY, NOV. 8 @ 7:30 PM

A place to sit across the table from fellow seekers and explore the rich, sophisticated, sacred texts that have animated our people for so many years.

We'll question together, grapple together, and passionately talk through the uplifting and challenging ideas these ancient and modern texts provide. Jewish learning has the potential to create an unmatched soulful energy. The "Open Beit Midrash" is where that energy is found.



Scholar: Rabbi Yaffa Epstein

TUESDAY, NOV. 15 @ 7:30 PM

Join us as our November scholar, Rabbi Yaffa Epstein, teaches on this month's topic, Trust & Distrust. Rabbi Yaffa Epstein is a renowned Talmud, Jewish law, and Liturgy guru around the world.

*This event will be live streamed at adasisrael.org/adaslive.



Post- Kiddush Halakhah Class

SATURDAY, NOV. 19 @ 1:00 PM

Rabbi Alexander will give a text-based class, after *kiddush*, using *halakhah* (Jewish life and living) as a prism with which to access our monthly topic.

We'll explore the unique intersection of faith and doubt as it appears in Jewish legal texts, with serious attention to how it has evolved over the centuries.



The Text

TUESDAY, NOV. 22 @ 7:30 PM

Explore transformative Jewish texts in their original Aramaic and Hebrew. That means we will break our teeth together and study with no translations but with lots of support from your peers and teachers.

Ongoing Learning:



Jewish Values: Israel & Palestine

SUNDAYS @ 10:00 AM, BIRAN BEIT MIDRASH

Sunday "iEngage" Series with Rabbi Gil Steinlauf, Curriculum from the Shalom Hartman Institute.

Through the careful study of Jewish narratives about Israel, and the unpacking of the complex meaning+s of peace in Jewish tradition, we invite

you to encounter the ideas and values that animate different attitudes toward the conflict and how these values shape their own political understandings. Brought to you by the Israel Engagement Committee at Adas Israel. Register online at adasisrael.org/Israel



Boker Or Shabbat Study

SATURDAY MORNINGS @ 8:30 AM

NOVEMBER 5, Rabbi Steinlauf

NOVEMBER 12, Rabbi Alexander

NOVEMBER 19, Rabbi Holtzblatt

NOVEMBER 26, No Boker Or

Boker Or meets Saturday mornings in

the Biran Beit Midrash with the weekly portion as its focus.

Friday Parsha Study with Rabbi Lauren Holtzblatt

FRIDAY MORNINGS @ 10:00 AM

Study a piece of the weekly *parsha* through the eyes of the Hasidic masters.

Among the teachers we will study: Kedushat Levi, Netivot Shalom, Rav

Soloveitchik, Noam Elimelech, and the Sefat Emet.

Jewish Mindfulness Center of Washington @ Adas (JMCW)

The culture of love spreads very quickly. As we cultivate a world of opportunity for those around us, people will want to jump in... Together we raise the bar and create the inspired life. —Dr. Lisa Miller, Ph.D, The Spiritual Child

Building on the energy and inspiration of the High Holiday season, this month we turn to the concept of L'dor Vador from generation to generation. We invite you to join us as we celebrate our intergenerational community through a variety of JMCW events that connect us to the ageless spiritual threads we all share.

YP Introduction to Jewish Mindfulness Workshop

First class begins Sunday, October 30, 4:00–6:00 pm

Explore the world of Jewish mindfulness through an innovative, 4-part series for Young Professionals. All levels welcome! Classes continue on Nov 6, 13, 20.

The Spiritual Child: An Evening of Science and Spirituality **Join Dr. Lisa Miller of Columbia University and** **Rabbi Lauren Holtzblatt**

PRESENTED BY JMCW AND MAKOMDC

Tuesday, November 1, 7:30–9:00 pm

In her book, *The Spiritual Child: The Science on Parenting for Health and Lifelong Thriving*, Dr. Lisa Miller blends pathbreaking research with family stories to illustrate the crucial value of spirituality in the mental and physical health of children and teens. Come join us as we study together, explore practical suggestions, and share a contemplative sit.

Return Again Service Friday, November 11, 6:30 pm

This monthly service is a favorite of all generations in our congregation! In the style of our innovative outdoor *Kol Nidre* service, this is a reflective journey into the power of *Shabbat* with seasoned musicians and a spiritual excursion into prayer and song. A festive Israeli tapas-style feast follows.

Weekly Meditation Tuesdays, 7:30–8:45 pm

Led by one of four rabbis, the sessions include a teaching, an exploration of Jewish meditation techniques, and a silent meditation sit. Beginners and experienced meditators alike are most welcome!

Weekly Yoga

Sundays, 11:00 am–12:15 pm: Moving Meditation, Yogic Flow

Wednesdays, 7:30 pm–8:45 pm: Moving Meditation, Vinyasa Flow

Special Rosh Chodesh Workshop: Celebrating the New Moon Wednesday, November 2, 7:00–8:30 pm

See the JMCW web page for more information on weekly yoga classes and exciting workshops scheduled throughout the year.

Wise Aging

A group of 12 congregants meet monthly to explore aging well and wisely through a Jewish lens. The sessions are based on resources developed by the Institute for Jewish Spirituality and are facilitated by two IJS-trained congregants, Betsy Strauss and Janice Mostow. To learn more or to express interest in a new group, please contact Betsy (betsy.strauss@gmail.com or 707-290-8772) or Janice (janicelm@aol.com or 301-613-0336).



JMCW Recommends...



This book discusses fascinating new research and a variety of family experiences to explore the value of spirituality in the

physical and mental development of children and teens.



We invite you to visit the *Mikvah* to mark a milestone, transition, or as part of a

healing process. Email mikvah@adasisrael.org or call Naomi Malka, 202-841-8776 to schedule an appointment.

Congregant Mickie Simon shares her *mikvah* experience as her family celebrated her daughter's bat mitzvah: "My daughter gathered with her grammie, her bube, and other female relatives, in the warm, candle-lit tiled *mikvah*. As my daughter descended the seven steps into rain water that filled the *mikvah*, Naomi spoke of how the water symbolized the connection to the past and cycle of life. It was incredibly moving and powerful—the beauty of the generations of women and the joy and meaning of the ritual."

The Jewish Mindfulness Center of Washington @ Adas (JMCW) offers services, programs, and workshops that help deepen contemplative practices as part of our individual and communal religious and spiritual lives. Along with our joyous monthly Return Again Services, the JMCW offers weekly meditation, yoga, *shacharit*, and *Shabbat* Awakening services. Watch this space each month to follow these JMCW offerings along with additional special programming. Visit our Adas web page at www.adasisrael.org/jmcw/, where you can also subscribe to our e-newsletter. ✨

A sigh emitted because of a fellow's pain, breaks all the impenetrable barriers of the heavenly "accusers." And when a person rejoices in the joy of his fellow and blesses him, it is as dear to God and accepted by God as the prayers of Rabbi Yishmael the High Priest in the Holy of Holies.

—The Baal Shem Tov

november2016
tishri–cheshvan 5777

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>3028 Tishri</div> <div>9:00 amMorning Minyan</div> <div>10:00 amiEngage Class with Rabbi Steinlauf</div> <div>10:00 amAdas Book Chat</div> <div>10:30 amHebrew Course–Beginners</div> <div>11:00 amMoving Meditation Yogic Flow</div> <div>4:00 pmYP/ JMCW Class</div> <div>6:00 pmEvening Minyan</div>	<div>3129 Tishri</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>130 Tishri</div> <div>7:30 amMorning Minyan</div> <div>Rosh Chodesh Cheshvan Breakfast sponsored by the Goldstein Rosh Chodesh Minyan Breakfast Fund</div> <div>6:00 pmEvening Minyan</div> <div>7:30 pmMakomDC and JMCW with Dr. Lisa Miller</div>	<div>21 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>Rosh Chodesh Cheshvan Breakfast sponsored by the Goldstein Rosh Chodesh Minyan Breakfast Fund</div> <div>6:00 pmEvening Minyan</div> <div>7:00 pmRosh Chodesh: Celebrating the New Moon</div> <div>7:00 pmJSC Class</div> <div>7:30 pmIntro to Judaism: Prayer #1</div> <div>8:15 pmJSC Class</div>	<div>32 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>43 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>10:00 amParsha with Hassidut</div> <div>6:00 pmKabbalat Shabbat with Cantor Brown</div> <div>6:30 pmTraditional Lay-Led Shabbat Service, led by Knishkowy Family</div> <div>6:30 pmShir Delight Happy Hour</div> <div>7:30 pmShir Delight Service with Rabbi Alexander</div> <div>8:30 pmShir Delight Shabbat Dinner</div> <div>5:45 pm</div>	<div>5 PARSHAT NOACH4 Cheshvan</div> <div>8:30 amBoker Or Parashat Hashavuah Class</div> <div>9:30 amShabbat Morning Service;</div> <div>Bar Mitzvah: Arthur Herman;</div> <div>Sermon by Rabbi Steinlauf</div> <div>9:30 amTraditional Egalitarian Minyan with Rabbi Alexander;</div> <div>Bar Mitzvah: Noah Knishkowy</div> <div>9:45 amHavurah Shabbat Service</div> <div>11:00 amNetivot</div> <div>11:00 amTot Shabbat</div> <div>11:00 amJunior Congregation</div> <div>12:00 pmCongregational Kiddush</div> <div>12:30 pmHavurah Shabbat Kiddush</div> <div>1:00 pmShabbat Scholar Series</div> <div>6:00 pmShabbat Mincha/Maariv Services</div> <div>6:30 pm5779 B'nai Mitzvah: Receiving the Torah/Havdalah Program</div> <div>6:45 pmHavdalah</div>
<div>65 Cheshvan</div> <div>9:00 amMorning Minyan</div> <div>10:30 amHebrew Course: Beginners</div> <div>11:00 amMoving Meditation Yogic Flow</div> <div>4:00 pmYP/ JMCW Class</div> <div>6:00 pmEvening Minyan</div>	<div>76 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>87 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>12:00 pmDowntown Study Group (Off-Site)</div> <div>6:00 pmEvening Minyan</div> <div>7:30 pmJMCW Meditation Session</div>	<div>98 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div> <div>7:00 pmJSC Class</div> <div>7:30 pmJMCW Moving Meditation Vinyasa Flow</div> <div>7:30 pmIntro to Judaism: Prayer #2</div> <div>8:15 pmJSC Class</div>	<div>109 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>1110 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>10:00 amParsha with Talmudic Commentary</div> <div>6:30 pmReturn Again Service with Rabbi Holtzblatt</div> <div>6:30 pmTraditional Lay Led Shabbat Service</div> <div>8:00 pmCommunity Shabbat Dinner</div> <div>4:39 pm</div>	<div>12 PARSHAT LECH LECHA11 Cheshvan</div> <div>8:30 amBoker Or Parashat Hashavuah Class</div> <div>9:30 amShabbat Morning Return Again Service with Rabbi Holtzblatt;</div> <div>Bat Mitzvah: Lindsey Grosser</div> <div>9:30 amTraditional Egalitarian Minyan with Rabbi Alexander;</div> <div>Bar Mitzvah: Eli Kahler</div> <div>11:00 amTot Shabbat</div> <div>11:00 amNetivot</div> <div>12:00 pmCongregational Kiddush</div> <div>4:45 pmShabbat Mincha/Maariv Services</div> <div>5:39 pmHavdalah</div>
<div>1312 Cheshvan</div> <div>9:00 amMorning Minyan</div> <div>10:00 amAdas Book Chat</div> <div>10:00 amRadical Justic Kickoff</div> <div>10:30 amHebrew Course: Beginners</div> <div>10:30 amJMCW Class: Wise Aging</div> <div>11:00 amMoving Meditation Yogic Flow</div> <div>4:00 pmYP/JMCW Class</div> <div>6:00 pmEvening Minyan</div>	<div>1413 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>1514 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>10:00 amWeekday Torah with Sisterhood</div> <div>6:00 pmEvening Minyan</div> <div>7:30 pmJMCW Meditation Session</div> <div>7:30 pmMakomDC</div>	<div>1615 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div> <div>7:00 pmJSC Class</div> <div>7:30 pmJMCW Moving Meditation Vinyasa Flow</div> <div>7:30 pmIntro to Judaism: Shabbat</div> <div>8:15 pmJSC Class</div>	<div>1716 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>1817 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>10:00 amParsha with Hassidut</div> <div>5:30 pmL'Dor VaDor and Young Family Shabbat Service with Rabbi Alexander & Cantor Brown</div> <div>6:00 pmKabbalat Shabbat with Rabbi Holtzblatt</div> <div>4:33 pm</div>	<div>19 PARSHAT VAYERA18 Cheshvan</div> <div>8:30 amBoker Or Parashat Hashavuah Class</div> <div>9:30 amShabbat Morning Service;</div> <div>Bat Mitzvah: Ellie Aladjem;</div> <div>Sermon by Rabbi Alexander</div> <div>9:30 amTraditional Egalitarian Minyan with Rabbi Holtzblatt;</div> <div>Bat Mitzvah: Naomi Meyer</div> <div>9:45 amHavurah Shabbat Service</div> <div>10:30 amFamily Shabbat Service with Rabbi Rosenbaum</div> <div>11:00 amNetivot</div> <div>11:00 amTot Shabbat</div> <div>12:00 pmCongregational Kiddush</div> <div>12:30 pmHavurah Shabbat Kiddush</div> <div>1:00 pmMakomDC Learning</div> <div>4:30 pmShabbat Mincha/Maariv Service with Rabbi Steinlauf;</div> <div>Bar Mitzvah: Benjamin Wander</div> <div>5:00 pmHavdalah Program for Expectant Parents</div> <div>5:33 pmHavdalah</div>
<div>2019 Cheshvan</div> <div>9:00 amMorning Minyan</div> <div>10:00 amiEngage Class with Rabbi Steinlauf</div> <div>10:30 amHebrew Course: Beginners</div> <div>11:00 amMoving Meditation Yogic Flow</div> <div>4:00 pmYP/ JMCW Class</div> <div>6:00 pmEvening Minyan</div>	<div>2120 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>2221 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div> <div>7:30 pmJMCW Meditation Session</div> <div>7:30 pmMakomDC</div>	<div>2322 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>2423 Cheshvan</div> <div>9:00 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>2524 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmKabbalat Shabbat with Cantor Brown</div> <div>4:30 pm</div>	<div>26 PARSHAT CHAYE SARAH25 Cheshvan</div> <div>9:30 amCombined Smith/Traditional Egalitarian Minyan Shabbat Morning Service;</div> <div>D'var Torah by Rabbi Steinlauf</div> <div>12:00 pmCongregational Kiddush</div> <div>4:30 pmShabbat Mincha/Maariv Services</div> <div>5:30 pmHavdalah</div>
<div>2726 Cheshvan</div> <div>9:00 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>2827 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>2928 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div> <div>7:30 pmJMCW Meditation Session</div>	<div>3029 Cheshvan</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div> <div>7:00 pmJSC Class</div> <div>7:30 pmJMCW Moving Meditation Vinyasa Flow</div> <div>7:30 pmIntro to Judaism: December Holidays</div> <div>7:30 pmIsrael Class</div> <div>8:15 pmJSC Class</div>	<div>11 Kislev</div> <div>7:30 amMorning Minyan</div> <div>Rosh Chodesh Kislev Breakfast sponsored by the Goldstein Rosh Chodesh Minyan Breakfast Fund</div> <div>6:00 pmEvening Minyan</div>	<div>22 Kislev</div> <div>7:30 amMorning Minyan</div> <div>10:00 amParsha with Hassidut</div> <div>12:30 pmJMCW Meditation Session</div> <div>6:00 pmKabbalat Shabbat with Cantor Brown</div> <div>6:30 pmShir Delight Happy Hour</div> <div>7:30 pmShir Delight Service with Rabbi Rosenbaum</div> <div>8:30 pmShir Delight Shabbat Dinner</div> <div>4:28 pm</div>	<div>3 PARSHAT TOLDOT3 Kislev</div> <div>8:30 amBoker Or Parashat Hashavuah Class</div> <div>9:30 amShabbat Morning Service;</div> <div>Bar Mitzvah: Frederick Horowitz;</div> <div>Sermon by Rabbi Steinlauf</div> <div>9:30 amTraditional Egalitarian Minyan</div> <div>9:45 amHavurah Shabbat Service</div> <div>11:00 amNetivot</div> <div>11:00 amTot Shabbat</div> <div>11:00 amJunior Congregation</div> <div>12:00 pmCongregational Kiddush</div> <div>12:30 pmHavurah Shabbat Kiddush</div> <div>4:30 pmShabbat Mincha/Maariv Services</div> <div>5:28 pmHavdalah</div>

SHABBAT MORNING SERVICES: Please turn off cell phones and pagers before entering services.

Charles E. Smith Sanctuary: Join us for our Shabbat morning services in the renewed Charles E. Smith Sanctuary, the synagogue’s largest worship space, led by our inspiring Rabbi and Cantor. The service includes a D’var Torah and sermon by the Rabbi and often includes participation by members and B’nai Mitzvah.

Traditional Egalitarian Minyan (TEM): Every Shabbat morning at 9:30 am, with the Torah service around

10:30 am. Led by laypeople with the occasional assistance of Adas clergy, the TEM is a participatory service with a full P’sukei D’Zimrah (introductory Psalms), Shacharit, and Musaf, a complete reading of the weekly Torah portion, and a d’var Torah. For more information, e-mail traditionalminyan@adasisrael.org. Havurah Service: Lay-led, participatory service at 9:45 am. Rotating volunteers lead services, read Torah, and conduct an in-depth discussion of the weekly Torah portion. A kiddush follows the service. For additional information and to participate, e-mail havurah@adasisrael.org.

Youth Shabbat Services: Starting with Tot Shabbat for children ages 5 and under led by Menuhah Peters

or Rabbi Ben Shalva. Netivot, for students in grades K–3, is led by Linda Yitzchak or Allison Redisch. Junior Congregation, for grades 4–6, is led by Yoni Buckman and teenage madrichim.

‘Dial-in’ for Programs & Services: If you are unable to attend programs, lectures, or services, dial in to hear them. Call 202-686-8405.

Library Open on Shabbat: Our third-floor library is open on Shabbat following services. You may sign out materials using our “no-writing Shabbat method,” explained in signs on the check-out desks. For assistance during the week, contact our Director of Library Services, Robin Jacobson (lbrarian@adasisrael.org).

lifecycle

Milestones

Births

Elia (Ellie) Devorah, daughter of Laura & Rachel Case, was born August 24. Isabella Lauralei Both, daughter of Jon & Larissa Both, was born August 31. Sebastian Jacob Mendoza, son of Jacquelyn Martin & Victor Mendoza, was born September 21.

We wish our newborns and their families strength, good health, and joy.

Wedding

On behalf of the entire Adas Israel community, we join together to wish a *mazal tov* to Alex Rosenberg, son of members Dr. Joel and Cynthia Rosenberg, and Kara Jones were married September 17. They celebrated their *aufruf* at morning *minyan* on September 15.

We wish our newlyweds and their families a life of joy, good health, and connection to the Jewish community.

B'nai Mitzvah



Arthur Herman, November 5

Arthur Herman, son of Amy and Andrew Herman, is a seventh grader at Georgetown Day School. He began his Jewish education in the Puppy class at Gan HaYeled and is a student at the Estelle & Melvin Gelman Religious School. For his mitzvah project, Arthur is volunteering with Jouons Football Club, which makes

soccer accessible to children in underserved communities in the DC area. He is excited to share his *simcha* with his sister, Emma; his grandparents, Sara Lee and Paul Saperstein and Cathy and Norman Herman, in addition to his friends and extended family.



Noah Knishkowsky, November 5 (TEM)

Noah, the son of Jeff Knishkowsky and Patti Lieberman, is a seventh grader at Westland Middle School. He started his Jewish education at Gan HaYeled, is a graduate of the Jewish Primary Day School, and now attends the Ma'alot program at the Estelle & Melvin Gelman Religious School. He shares his *simcha* with his

older brother Aaron; grandmothers Mitzi Knishkowsky and Rene Lieberman; and family and friends. At this special time, he remembers with love his grandfathers David Lieberman and Emanuel Knishkowsky z"l.



Lindsey Grosser, November 12

Lindsey, daughter of Meredith and James Grosser, is a seventh grader at Alice Deal Middle School and attends the Estelle & Melvin Gelman Religious School. Lindsey looks forward to sharing her *simcha* with her siblings Eli and Jonah, parents, grandparents Barbara Sanderow and Ellen and Richard Grosser, and other family and

friends. At this special time she also remembers her grandparents Howard Sanderow and Marian Grosser, z"l.



Eli Kahler, November 12 (TEM)

Eli, son of Pamela Wexler and Kent Kahler, is a seventh grader at Alice Deal Middle School. Eli attended the Jewish Primary Day School of the Nation's Capital and is currently a student in Adas's Ma'alot program. Eli is excited to share this *simcha* with his brother Seth, friends, and extended family.



Elinor Aladjem,

November 19

Ellie, the daughter of Laurie and Dan Aladjem, is a seventh grader at Alice Deal Middle School. She began her Jewish education at the

Gan HaYeled, is a student at the Estelle & Melvin Gelman Religious School, and spends her summers at Camp Ramah in New England. She celebrates her *bat mitzvah* with her sister Gabi, her parents, and the rest of her extended family and friends.



Naomi Meyer,

November 19 (TEM)

Naomi, daughter of Lauren Strauss and Jonathan Meyer, is a seventh grader at Westland Middle School. She is a graduate of the Jewish

Primary Day School and Gan HaYeled. Through her summer camp, Sprout Lake, Naomi has become involved in Young Judea, which has led her to engage in many social action projects ranging from food banks to political advocacy. Naomi celebrates with her older siblings, Jordana and Ezra, and with relatives and friends from around the country, Israel, and Europe. She has grown up in the Traditional Egalitarian *Minyan*, where her *simcha* will take place.



Benjamin Wander,

November 19

Benjamin, the son of Mitch and Emily Wander, is an eighth grader at Hardy Middle School in Washington, DC. Ben began

his education at the Gan HaYeled in the Puppy and Square classes. He has been a member of the Estelle & Melvin Gelman Religious School since kindergarten. Ben shares this *simcha* with his parents, his sister Julia, his grandmothers and the rest of his extended family and friends. For his *mitzvah* project, Ben has chosen to partner with Level the Playing Field, an organization that collects gently used sports equipment for area youth.

In Memoriam

We mourn the loss of synagogue member:

Elliott Hertzmark

We note with sorrow and mourn the passing of:

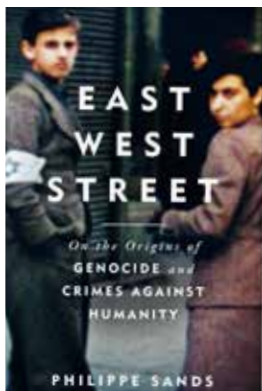
Esther Ruth Fisher Goodman, mother of Connie Krupin

Harry Gurwitch, father of Lisa Gurwitch ❀

Life Cycle Information continued on page 17

Naming Evil: Two Lawyers from Lviv

By Robin Jacobson, Library & Literary Programs Director



In the 1920s, at a law school located in present-day Lviv, Ukraine, a Polish-Jewish student and his professor argued over a startling gap in international law. The student was outraged that the law did not bar a government from murdering its inhabitants—and that there was no way to bring Turkish officials to justice for having massacred Armenians in 1915. As the story goes, the professor explained that a sovereign nation is like a farmer who owns a flock of chickens. The farmer has complete control over his chickens—to nurture or destroy them, as he chooses. “The Armenians,” snapped the student, “are not chickens!”

As time passed, the student, Raphael Lemkin, found further cause for outrage. When Nazi Germany began targeting Jews in 1933, Lemkin, then a Warsaw public prosecutor, advocated for international laws criminalizing state-sponsored persecution. Another champion of legal protection for civilians was Hersch Lauterpacht, who, like Lemkin, was a Polish Jew who attended law school in Lviv. But while Lemkin fought for protections for ethnic and religious **groups**, Lauterpacht believed the law should focus on protecting **individuals**. The two contrasting approaches are the cornerstones of the modern system of international criminal law, says Philippe Sands, human rights lawyer, English barrister, and professor of law. Sands’s vivid and compelling book, *East West Street: On the Origins of “Genocide” and “Crimes Against Humanity”* (2016), interweaves the life stories of Lemkin and Lauterpacht with Sands’s own family history in the city of Lviv.

Raphael Lemkin

As Sands recounts, Raphael Lemkin (1900–1959) escaped Poland after the German invasion of 1939. Following a perilous journey, Lemkin arrived in the United States in 1941 and began teaching at Duke University School of Law.

Lemkin lugged from Europe large valises crammed with Nazi decrees and ordinances. Relying on these incriminating documents, Lemkin wrote a book, *Axis Rule in Occupied Europe* (1944), warning that the Nazis intended to extinguish the Jewish people. One chapter was titled “Genocide,” a term Lemkin invented by amalgamating the Greek word *genos* (tribe or race) with the Latin word *cide* (killing).

At the Nuremberg trials of Nazi leaders in 1945–46, the crime of “genocide” did not figure as prominently as Lemkin hoped, possibly because the Allies feared the term might someday be applied to their past treatment of Native Americans, African Americans, or those in British colonies. Lemkin’s moment of triumph came later, in 1948, when the United Nations unanimously adopted the Convention on the Prevention and Punishment of the Crime of Genocide.

Hersch Lauterpacht

Hersch Lauterpacht (1897–1960) left Lviv in 1919, eventually becoming an influential professor of international law at Cambridge University. Lauterpacht persuaded Robert Jackson, the chief U.S. prosecutor at the Nuremberg trials, to charge the Nazi leaders with “crimes against humanity.” The term had been used previously to protest atrocities, but not as part of international law. Tragically, Lauterpacht learned during the Nuremberg trials (as did Lemkin) that the Nazis had murdered nearly every member of his

continued in right column

Upcoming Book Events



SUNDAY, NOVEMBER 6 @ 10:00 am:

Michelle Brafman introduces her novel-in-stories, *Bertrand Court*.



SUNDAY, NOVEMBER 13 @ 10:00 am:

Legal scholar-journalist **Jeffrey Rosen** presents his new book, *Louis D. Brandeis: American Prophet*.

Book-signings to follow (purchases by cash or check only).

Books & More continued from left column

extended Jewish family.

Nonetheless, Lauterpacht did not like Lemkin’s term, “genocide.” As Sands explains, Lauterpacht believed that focusing on the perpetrators’ intent to destroy a group would pit groups against each other, inflame prejudices, and undermine protection of individuals. Lemkin disagreed, insisting that the law needed to reflect reality; victims in mass killings are typically targeted as members of a particular group, not as individuals.

This debate continues, but both crimes, “genocide” and “crimes against humanity,” are now firmly established in international law, a tribute to Lemkin and Lauterpacht. These revolutionary thinkers upended the time-honored tenet that a government has the right of life or death over its people. Alas, atrocities persist, despite a legal mechanism for combating them. ❁

Ruth & Simon Albert Sisterhood Gift Shop

The past two months
have seen the arrival of
many new items.

Come see the stunning jewelry we
purchased at the recent gift show, including
beautiful pieces from Israeli artist Ayala Bar,
as well as more moderately priced items.



Regular Gift Shop Hours

Sunday–Monday, Wednesday–Friday

9:30 am–12:30 pm

Tuesday, Special Extended Hours

9:30 am–3:00 pm, 6:00–8:00 pm

Every purchase benefits Adas Israel Congregation.

202-364-2888

adasgiftshop@gmail.com

sisterhoodnews

B'teyavon! A Sephardic Rosh Hashanah Seder

By Helen Kramer

A Sephardic Seder to Welcome the New Year, featuring member Susan Barocas, attracted 77 participants to Sisterhood's opening event on September 18. The event was organized by the Programming Committee led by Susan Winberg.

Sisterhood Co-President Marcia Feuerstein welcomed Rabbi Gil Steinlauf, who related a rabbinic *midrash*. The rabbis taught that because of Sarah's good deeds, Adonai took note of her and gave her Isaac, and that she became pregnant on *Rosh Hashanah*, a fitting link to our program.

Miriam Rosenthal, Sisterhood Co-President, introduced Susan Barocas, a founding director of the Jewish Federation of Greater Washington's Jewish Food Experience, whose accomplishments include directing the Washington Jewish Film Festival and catering White House Passover *sederim*. She is also co-chair of the Hesed Cooking Committee.

Susan discussed the differences between Ashkenazic and Sephardic cuisines because of differences in climate and geography. More fresh foods were available year-round in regions where Sephardim lived, where climates were milder than in Northern and Eastern Europe. The first recorded *Rosh Hashanah* ritual related to food is in the Talmud, which tells us that people should make a habit of eating certain foods that grow in profusion, symbolizing prosperity. It mentions gourds, leeks, beets and dates, among other foods. The Babylonian Gaon (c. 1000) said blessings over a basket of food brought to him by his students, and the idea of eating apples at a *Rosh Hashanah seder* was first recorded around 1100.

The seven symbolic foods used at a Sephardic *seder* for the New Year are dates, pomegranates, beans or black-eyed peas, pumpkins or gourds, beets (which includes the greens, Swiss chard, and spinach), leeks or scallions, and head of a fish or ram. Susan pointed out that the honey referred to in the Torah (as in "land of milk and honey") was often date honey made from boiling dates in water to form a syrup, rather than the more familiar honey from beehives. Pomegranates (whose seeds are sometimes thought to symbolize fertility) in a Sephardic *seder* represent the importance of doing many *mitzvot*, because it is said there are 613 seeds in each fruit.

Susan demonstrated how to extract pomegranate seeds by beating the fruit with a wooden spoon, and how to make one of her recipes, a honey nut cake called *tishpishti*. For the rest of the meal, she noted that Moroccan Sephardim would prepare tagine of lamb with lots of fresh vegetables; in Turkey, lamb and eggplant are traditional, and in Persia *fesenjan*, a dish of lamb or fowl with a sauce of pomegranate molasses, ground walnuts and onions. In



A full crowd gathers in the Gewirtz Beit Am, as Rabbi Steinlauf discusses connections between women's good deeds and Rosh Hashanah.

Photo by Betty Adler.



Susan Barocas demonstrates how to remove pomegranate seeds easily.

Photo by Betty Adler.

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Upcoming Events

November 15: Weekday Torah with Sisterhood, 10:00 am

November TBA: Play with Color with Arlette Jassel

December 20: Weekday Torah with Sisterhood, 10:00 am

January 17: Weekday Torah with Sisterhood, 10:00 am

February 10–11: Sisterhood *Shabbat*—A weekend of engagement!

Sisterhood News continued from page 14

many Sephardic traditions, a whole fish might be served as a first course.

After everyone's appetites were whetted, Sabrina Sojourner recited the *motzi* and the participants enjoyed a buffet luncheon catered by Susan featuring two salads with symbolic foods—spinach, roasted squash, and pomegranate salad and quinoa salad honey-lime dressing—with *tishpishi* for dessert.

Volunteers who helped with registration for this event included June Kress, Carmel Chiswick, and Kathy Hoppe.

Friendly Reminder: Sisterhood Wants You

Please renew your Sisterhood membership. Click on the right side of the web page <http://adasisrael.org/sisterhood/>. Thank you! We'll be glad to have you as our sister or brother!

Weekday Torah with Sisterhood: *Mikvah*, with Naomi Malka

Please join *Weekday Torah with Sisterhood* (formerly Taste of Tanach) at 10:00 am on Tuesday, November 15, in the Biran Bet Midrash as we delve into the history, traditions, and meanings of *mikvah* with Naomi Malka, director of the Adas Israel Community *Mikvah*. You may have preconceived notions about what *mikvah* is, who uses it, and why. Discuss these ideas and gain insight about how Jewish people of all backgrounds and ages are coming to the *mikvah* to mark transitional moments in their lives and life cycles.

We will study the relevance of this embodied ritual in the contexts of *b'nai mitzvah*, weddings, child-bearing, and aging, among many other topics. Whether you have never seen a *mikvah*, been once and swore never to go back, or have been considering what ritual immersion might mean to you, please come explore this topic in further depth.

Weekday Torah with Sisterhood is an engaging approach to traditional Hebrew text study that offers participants the opportunity to study and discuss challenging texts and ideas. This class is open to the entire Adas Israel community. Classes are monthly, except in the summer, and usually meet on the second or third Tuesday of the month. Students of all levels and backgrounds are welcome.

Weekday Torah with Sisterhood will meet at Adas on Tuesdays, 10:00 am, on the following dates: Dec. 20, Jan. 17, Feb. 21, March 21, April 25, May 16, and June 20.

To RSVP and for more information, please contact Marilyn Cooper at MarilynCCooper70@gmail.com.

Oyez! Oyez! Notice of Legal Appeal by Miriam the Prophet!

FEBRUARY 10–11 BY ORDER OF 'BAILIFF' DONALD SALTZ

Order in the court! Sisterhood is bringing the appeal by the biblical Miriam of her being afflicted by a skin disease, to Adas Israel's court of judges over Sisterhood *Shabbat* on Friday, February 10. Adas Israel Ma'alot high school students will be trying the case and are now gathering evidence and

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Life Cycle Information When Death Occurs

When death occurs, please call the synagogue office, 202-362-4433, so that we may inform the clergy and be of assistance. During business hours, ask for Carole Klein. After business hours, a staff member on call may be reached by calling the synagogue office at the number above and pressing "2" to be connected automatically, or by calling the answering service, 301-421-5271, which will page the staff member on call. On *Yom Tov* and *Shabbat*, even though detailed funeral arrangements should not be made, a staff member on call can still be reached at 301-421-5271.

Bereavement Committee

The Bereavement Committee assists families with all of the arrangements surrounding the funeral and subsequent burial of loved ones. We welcome your interest and encourage your participation and assistance. We need you; please join us. If you have questions, or know of someone whom you think might be interested in participating in this important work, please feel free to call Edie Hessel (202-244-7189) or contact Toni Bickart (202-244-2747) regarding the *Tahara* Committee.

Hesed Committee

The Adas Israel Hesed Committee is committed to fostering a caring, compassionate, and giving community. Our sacred obligation is to help identify, reach out to, and lovingly support community members in moments of joy, pain, and/or grief. If you are experiencing an illness, or have surgery or medical treatments planned, or if someone in your family has had a new baby, please let the Hesed Committee know. We want to reach out to you. Contact hesed@adasisrael.org or rabbi.holtzblatt@adasisrael.org.

Adas Israel Community *Mikvah*

Our *mikvah* is a sacred space where Jews can mark life transitions with powerful physical ritual. Immersing in a *mikvah* connects the body to the water cycle of our planet and to the sources of life. People visit our *mikvah* to observe the *mitzvah* of monthly immersion; to celebrate *s'machot*; to find strength during a difficult time; to pray for healing; to reflect on the meaning of becoming a bride, groom, or *bar* or *bat mitzvah*; to convert to Judaism; and to prepare physically and spiritually for *chagim*. To learn more about our *mikvah* or to schedule an appointment, contact Naomi Malka, 202-841-8776 or mikvah@adasisrael.org. For more information, visit adasisrael.org/mikvah. ❧



Even a COATROOM Can Be a Vehicle for *TZEDAKAH* and *TORAH*!

Please visit our renewed *tzedakah* space in our coatroom. We've created a welcoming space for our volunteer *tzedakah* projects, and we're making it easy and convenient to participate.

Our current *tzedakah* needs for Adas members and guests who come into the building are:

- Nonperishable foods for SOME (So Others Might Eat): collected year round.
- Winter coats (new or gently used and cleaned): collected November–February and donated to SOME. Please do not leave other items of clothing.
- Small toiletry items such as shampoo, toothpaste and toothbrushes, body wash, and hand lotion: donated to the women at N Street Village.
- Early reading books for grades kindergarten through three: donated to Reading Partners.
- *B'nai mitzvah* projects: collected by some of our *b'nai mitzvah* kids for their personal *tzedakah* project over a four-week period.

Our volunteers and Adas staff keep our *tzedakah* area organized and clean and we are responsible for distributing your contributions to the right places. Please help us by following the directions posted on the wall and bring **only** the items requested.

Thank you for your participation. We welcome your ideas and involvement. For more information, visit our website at [TK] or contact Jamie Butler (butler364@aol.com), chair, Social Action Committee. ✨

tikkunolam

Pursuing Racial Justice: A Panel Discussion Sunday, Nov. 13, 1:00–3:00 pm



Please join us on Sunday, November 13, from 1:00 to 3:00 pm, for an insightful panel discussion, "Pursuing Racial Justice: The Jewish Underpinnings of Anti-Racism Work" featuring Yavilah McCoy and Rabbi Jason Kimelman-Block.

Among many other accomplishments, McCoy wrote and starred in *The Colors of Water*, a Jewish gospel musical depicting the matriarchal journey of four generations of her African American Jewish family. She currently consults with religious and other institutions on racial justice issues through VISIONS Inc. based in Boston.



Rabbi Kimelman-Block is the Director of Bend the Arc Jewish Action, where he advocates on behalf of Bend the Arc's

social justice priorities in DC. He is also (among other things) the co-author and co-editor of *Just: Judaism. Action. Social Change*. Rabbi Alexander will moderate the discussion, which will include ample time for questions and answers to ensure a truly participatory experience. Child care will be available. Sponsored by the Social Action Committee, Racial Justice Working Group. For more information, contact Monica Goldberg, monicabgoldberg@yahoo.com.



Reading Partners Seeks Tutors

Do you have some extra time to get involved with Reading Partners?

Join other Adas congregants to provide students with the individualized reading support they need to read at grade level by fourth grade. In Washington, DC, only 15 percent of fourth graders from low-income families are currently reading at grade level.

Thus, during the 2016–17 school year, Reading Partners aims to match more than 1,200 community volunteers with nearly 1,000 struggling readers across the District. By tutoring a student one-on-one for as little as an hour a week, volunteers can make an impact that can quite literally alter the course of a child's educational experience and life.

Reading Partners also welcomes new or gently used kindergarten through third-grade-level books. Each child selects and reads a book during her or his tutoring session, and then takes the book home to add to a personal library. To become a volunteer with Reading Partners, please visit <http://readingpartners.org/location/washington-dc> and click on "volunteer today." Adas is also collecting new or gently used books for Reading Partners students in kindergarten–grade three.

Please drop your books off in the coatroom. For more information, e-mail Lois Fingerhut, loisafingerhut@gmail.com.



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Ezra Pantry's Annual Winter Clothing Drive to Benefit SOME (So Others Might Eat)



The Annual Winter Coat Drive is here! As you dig out your winter clothes, please consider donating clean and in good condition winter coats that your children have outgrown or that you no longer wear. Bring them to the Ezra Pantry in our coatroom and place them in the large white plastic containers on the black

shelves. We will donate them to SOME for those in need. Thank you!



Kick-Off Book Discussion of the Racial Justice Working Group a Success!

On September 25, the Racial Justice Working Group book/movie club had its first meeting, featuring Ta-Nehisi Coates's award-winning *Between the World and Me*. Approximately 30 Adas

members and visitors participated in a facilitated discussion of this brilliant first-hand account of the visceral, ongoing impacts of racism. We wrestled with challenging questions in writing and small groups and emerged with an enhanced commitment to counteract the injustice that continues in our society. Please feel free to send suggestions for our next selection to monicabgoldberg@yahoo.com and join us for our next event, a panel discussion of the Jewish basis for anti-racism work, on November 13 from 1:00 to 3 pm. 🌟

Sisterhood News continued from page 17

taking depositions. The judges will include Dr. Amy Kalmanofsky, a biblical scholar from the Jewish Theological Seminary, who will be our Mozelle Saltz Sisterhood Speaker for Sisterhood *Shabbat*, and other distinguished judges from our community. We are expecting a nail-biting hearing and look forward to having you join us on Sisterhood *Shabbat*.

Sisterhood *Shabbat* will continue on Saturday, February 11, with participation by Sisterhood members in the service and additional study opportunities. 🌟

Before You Head South for the Winter

Please contact Melissa Adler in the synagogue office, 202-362-4433 or Melissa.Adler@adasisrael.org, and let her know the date you will be heading south and the date you plan to return, so you will continue to receive your synagogue mailings. 🌟



Every morning in our daily prayer we say the words:

These are the deeds that yield immediate fruit and continue to yield fruit in time to come: honoring parents, doing deeds of lovingkindness, attending the house of study morning and evening, providing hospitality, visiting the sick, helping the needy bride, attending the dead, probing the meaning of prayer, making peace between one person and another and between husband and wife. And the study of Torah is the most basic of them all. (*Shabbat 127a*)

This teaching from the *Talmud* is the vision statement for the *Hesed* Committee at Adas. We seek to help in moments of difficulty or transition over the course of each member's life. One of the most moving stories I have heard recently was from a congregant who was anxious about asking for help

after surgery. She reluctantly let us help by setting up meals and having the community cook and deliver food. She reported after recovery that this was one of the single most important pieces of her healing process: feeling loved and being fed and taken care of by her community.

To help each other there are two critical pieces. **The first is that each of us needs to step forward if we are able to help.** We need community members to sign up to cook meals, deliver baskets to new members/new families, and visit those who are homebound. **The second step is a willingness to reach out when you are in need.** If each of us feels comfortable asking for help, we can become the community we all dream of—one of mutual love and respect of interconnectedness, a place you can call on when you are in need. Contact us at hesed@adasisrael.org. 🌟

Ma Tovu: Kristen Carvalho

HONORING OUR LEADERS AND VOLUNTEERS

Interviewed by Marcy Spiro, Director of Membership Engagement

You're new to the DC area and Adas Israel. Where did you grow up, go to college and how did you end up in DC?

I grew up in Toronto, Canada, and went to the University of Toronto for my undergrad and to Tel Aviv University for my graduate degree. I ended up in DC because my husband was accepted to grad school at Johns Hopkins SAIS. In making his decision between DC and Boston, we decided on DC mainly because job options are more varied here for our fields, and we thought it would be cool to live in the capital, especially with all the embassies, events, and museums – it's never a dull weekend here!

You lived in Israel with your husband, Elias, for a while. How long were you there, and what were some of your favorite things to do while in Israel?

We lived in Israel for three years, though it felt much longer. During my time there, I lived in Tel Aviv, on a communal *kibbutz*, and in Be'er Sheva. My favorite of the three was definitely Tel Aviv. I've never lived in a city with a beach (sorry Torontonians, but Lake Ontario doesn't count) so I loved just walking to Frishman Beach and making my way down to Jaffa, admiring the sunset on the way. I also enjoyed walking down Rothschild Boulevard and stopping into one of the several cafes or bars, and my personal favorite, Leggenda, for delicious gelato. There was not much to do on the *kibbutz* I lived on or in Be'er Sheva, so I'd use weekends to visit friends in Tel Aviv, Jerusalem, and Haifa.

Within one year of your membership, you have become an integral part of our community. You are on the Anne Frank House Board, one of the team leaders for our Hesed Cooking Team, you volunteered with Reading Partners, and so much more. How do you find the time to do so much volunteer work, and why has it been so important to you to become involved?

It was easy to volunteer when I first moved to DC because I didn't have a job, so time wasn't an issue. Adas also made volunteering and getting involved much more accessible because everyone was so welcoming and eager to meet with me to talk more about the Social Action Committee, for example, or the Anne Frank House.

Volunteering has always been important to me, and my parents taught me from a young age always to give back to the community, especially the less fortunate. I tried volunteering in Israel but language was always a barrier—my Hebrew isn't at a level of fluency that allows me to express myself fully and my spoken Arabic is nonexistent. I was excited to move to DC and have a community that I could finally be a part of and find volunteer opportunities within.

I heard about Reading Partners through the Adas website and immediately signed up. Being unemployed meant this was the perfect volunteer opportunity because it required

working during school hours.

It was through my placement school that I met Rae Grad, the Hesed Committee chair, who told me more about Hesed and her

new Cooking Team idea, which I was honored to be a part of. I couldn't believe that no one had been using the Kay Kitchen except for caterers! Food is such an integral part of family and community, and such a significant and easy way to make a real connection with other members and strengthen our congregation. Thanks to the work of all of our participants, members of our community can be lifted up when in need by another's generosity. That is what community is all about, and why I am so fortunate and happy to be involved in making the Cooking Team a reality!

I heard about the Anne Frank House through the Adas website and almost immediately took on the role of database administrator and working with the Development Committee. It has allowed me to learn so much more about the issue of homelessness and the housing first model. I'm so grateful to the AFH board members who were immediately so welcoming and eager to have me on their team.

Tell us a bit more about the work you do with Anne Frank House, Hesed, and Reading Partners.

At the Anne Frank House, I deal mostly with development work and donor acknowledgement. We have so many generous AFH donors who are also Adas members, and the good thing about AFH is that it's small enough for board members to build relationships with several donors, as well as write them personal thank-you letters. I also work on maintaining the AFH website and database.

I unfortunately had to end my time volunteering at Reading Partners after I got a job and could no longer commit to coming in during school hours, but what Reading Partners does is absolutely terrific! They pair you with a grade school student who might not be at the same reading level as the rest of his or her classmates. With a curriculum already designed for you and a lesson plan to follow, you spend an hour or so following their curriculum designed to encourage your student to read for fun, learn important reading and comprehension skills along the way, and, most important, at the end of the lesson the student can take a book home to keep! Though I was only at my school for a couple of months,



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Ma Tovv continued from page 18

seeing your student graduate to the next level of the Reading Partners curriculum, or graduate out of the program altogether, and telling you that you made reading fun is truly rewarding.

Being on the Hesed Cooking Team is my most recent volunteer project at Adas, and it makes me so happy every time one of our cooking event participants thanks us for allowing this wonderful *mitzvah* and act of kindness to be a reality. I, of course, don't do it alone. I work closely with Rae and Susan Barocas, co-leader of the Cooking Team, and we have such great chemistry together. I wouldn't consider myself a particularly good cook or baker, so the recipes are mostly left up to Susan (an AMAZING cook). I work on marketing the events through print and e-mail, and registrations. And after every cooking event, Susan, Rae, and I wait for everything to cool after it comes out of the oven and excitedly fill our community freezer full of meals.

When you're not at work or volunteering at Adas, how do you like to spend your time?

Since I'm still new to DC, I love learning about my city and taking advantage of all the cultural and intellectual opportunities there are every week. I'm about halfway through my list of all the Smithsonian museums, and my husband and I are frequent visitors to the Shakespeare Theatre Company and the Kennedy Center. Weekends in DC are definitely a stark change from weekends in Be'er Sheva, and I am so thankful for the myriad things there are to do here.

Thanksgiving is coming up at the end of the month. What are you most thankful for?

This Thanksgiving will make about a year since I moved to DC. Aside from my family, I can say I'm most thankful for Adas because it's the first community I've truly felt a part of (and I'm not just saying this because I'm featured in the *Chronicle*). It really is amazing for such a large synagogue to feel so intimate. I've gotten to know so many Adas members over the past year and have been invited for several *Shabbos* dinners and holidays. Even though my family is in Canada and my husband's family is in California, we never feel alone in DC. ❀

Tips to the Staff Holiday Gift Fund

Adas Israel Congregation is fortunate to have a wonderful, dedicated maintenance, clerical, administrative, and support staff, all of whom ensure that the synagogue runs as needed. Our staff serve our members, officers, committees, schools, and clergy in achieving the mission and goals of the congregation.

Several years ago, the synagogue adopted a policy of "no tipping" to individual staff members following events or programs. Some staff members are more visible than others, but it takes all of them to prepare.

In lieu of tipping, the congregation has created a Staff Holiday Gift Fund, which is divided equally among the support staff every December. We appreciate those who contribute to the holiday gift fund to our maintenance and support staff members in honor of their good work during the High Holy Days and throughout the year.

Attention, Stockholders! A Good Time to Donate Appreciated Stock

We thank the firm of Morgan Stanley Smith Barney for its special arrangement for members who donate stocks and securities to the congregation. The congregation receives 100 percent of all donated stock proceeds. We liquidate all stock when received, and a confirmation letter is sent to donors following the sale. Our thanks also go to Russell Lagreca and the staff of Morgan Stanley Smith Barney for their work on our behalf.

There are great tax advantages to donating appreciated stock directly to the congregation before the end of the year. For additional information, please call David Polonsky or Ron Schwartz at the synagogue office. (Please do not call Morgan Stanley directly.)

Simcha Wall

Congregants are invited to mark special family occasions on our *Simcha* Wall, which is located near the Gewirz *Beit Am*. We are pleased to celebrate the most recent additions to our *Simcha* Wall:

In Honor of the Birth of
Daniel Andrew Blumenfeld

October 22, 2015

Son of Diana and Joshua Blumenfeld
Grandson of Laura and Jeffrey Blumenfeld

In Honor of the Birth of
Maya Nagler

July 25, 2015

Daughter of Hana Hausnerova and Asaf Nagler
Granddaughter of Herlene and Yaacov Nagler

In Honor of the Birth of
Noam Kaufman

January 30, 2015

Son of Tali and Shacher Kaufman
Grandson of Herlene and Yaacov Nagler

Families marking *s'machot* on our *Simcha* Wall may select a 2" x 4" plaque or a 4" x 4" plaque. For additional information on the *Simcha* Wall, please contact Jane Baldinger, 202-362-4433, ext. 126, in the Adas Israel office. ❀

synagoguecontributions

The congregation gratefully acknowledges the following contributions:

Adas Fund

In Honor Of: **Melanie's** birthday by Lawrence & Melanie Nussdorf. **Jewish Mindfulness Center of Washington** by Randall Levitt & Johanna Chanin.

In Loving Memory Of: **Frances Kornberg & Hyman Kornberg** by Larry Rosenblum.

In Memory Of: **Rebecca Harrison** by Flo Herman.

Anne Frank House Fund

By: Steven & Jane Gilbert, Sheldon Kimmel, Stephen & Sandra Lachter, Carole Lerner, Stanley M. Salus, Jeffrey Vinnik & Joan Liebermann.

In Memory Of: **Ruth Schwartz Eanet** by Holly Blum, Donna Rinis Eckert, Charlotte Zaglin, Margaret (Kay) Klein, Brian & Judith Madden, Deborah Wimbly Rahim. **Robert Keimowitz** by Hazel Keimowitz. **Sophie Silfen** by Jim Williams & Susan Miller.

Benjamin James Cecil Special Education Fund

In Memory Of: **Benjamin E. Friedman** by Judith Friedman. **Francesca Rappole Miller** by Michael J. Cloonan.

Bereavement Fund

In Memory Of: **Louis Naiman** by Arnold Danziger.

Cantor Brown Discretionary Fund

In Honor Of: **Robert, Rachel & Jacob Zuckerman** becoming *b'nai mitzvah* by Ricki Gerger Steven & Lisa Himmelfarb.

Charles Pilzer Computer Center

In Memory Of: **Charles Pilzer & Alyson Fogel Pilzer** by Geraldine Pilzer.

Congregational Kiddush Fund

In Honor Of: Hebrew naming of **Esther Dahlia Levine** by Brant Levine & Katherine Curley.

Matthew Winter becoming a *bar mitzvah* by David & Ellen Winter. *B'nai mitzvah* of **Jacob, Robert, & Rachel Zuckerman** by Stuart Zuckerman & Patricia Levy-Zuckerman, Evelyn Pascal, Ellen Levy. **Sean Matthew Rich** becoming a *bar mitzvah* by Norm Rich & Sara Cohen.

Daily Minyan Fund

In Honor Of: Marriage of **Ethan Schiffres & Allison Ganz** by Mark Yecies & Ellen Roche. Marriage of **Harry Chauss & Elizabeth Santucci** by Michael & Joyce Stern.

With Great Appreciation For: Opportunity to have a place to go daily to say *Kaddish* by Cathy Slesinger.

In Memory Of: **Mary Lou Kresch** by Ricki Gerger. **Fannie Goldberg & Nelson Goldberg** by Stuart & Jamie Butler.

Dan Kaufman Children's Program Fund

In Memory Of: **Minnie Kaufman** by Minna Kaufman.

Dr. & Mrs. Stanley W. Kirstein Gan Memorial Fund

In Honor Of: **Jacob, Rachel, & Robert Zuckerman** becoming *b'nai mitzvah* by Shelton & Rory Zuckerman.

Dr. William & Vivienne Stark Wedding & Anniversary Fund

In Memory Of: **Martin Stark & Doris E. Rose** by Dr. William & Vivienne Stark.

Ethel & Nat Popick Chronicle Fund

By: Dorothy Block.

In Recognition Of: **Alan Bubes's Simchat Torah** honor by Ricki Gerger.

Frances & Leonard Burka Social Action Endowment

In Memory Of: **Elliott L. Burka** by Sharon Burka.

Fund for the Future

In Memory Of: **Zuse Honikman** by Gerrie Dubit. **Phyllis Gantz Newhouse** by Lawrence Newhouse.

Harry & Judie Linowes Youth Endowment Fund

In Recognition Of: **Linda Ytzchak's Simchat Torah** honor by Ricki Gerger.

Havurah Kiddush Fund

By: Barry & Carmel Chiswick, Dava Berkman, Michael & Joyce Stern, Sheldon Kimmel.

Hesed Fund

In Memory Of: **Edward Goldberg** by Stuart & Jamie Butler.

Ida Mendelson Memorial Prayer Book Fund

In Memory Of: **Beatrice Abramson** by Dr. Edward Abramson.

Lillian & Daniel Ezrin Fund for Ritual Objects

In Memory Of: **Suzanne Schindel** by Paula Goldman. **Ivan Allan Ezrine, Angela Casey, Dr. Joyce J. Kaufman**, all by Rhoda Ganz.

Makom DC Fund

In Memory Of: **Saul Horblitt** by Stephen Horblitt.

Maxine & Gerald Freedman Endowment Fund

In Honor Of: **Ruth Wagman's** special birthday by Maxine Freedman.

Mikvah Fund

In Recognition Of: **Judy Heumann's Simchat Torah** honor by Ricki Gerger

Mildred & Jess Fisher Nursery School Fund

In Honor Of: **Jacob, Rachel, & Robert Zuckerman** becoming *b'nai mitzvah* by Marsha Pinson.

Offerings Fund

By: Lenore & Herbert Horowitz.

In Memory Of: **Bobby Thomas** by Grayce Warren-Boulton. **Selma Mostow** by Marvin Mostow.

Rabbi Alexander Discretionary Fund

With Great Appreciation For: Year of *hevruta* learning by Jennifer Rosenwasser.

In Memory Of: **Linda Hurst** by Karen Holtzblatt.

Rabbi Holtzblatt Discretionary Fund

In Honor Of: **Rabbi Holtzblatt** by Karen Holtzblatt, Nancy Weiss.

Rabbi Steinlauf Discretionary Fund

With Great Appreciation For: **Rabbi Steinlauf's** kindness & concern by Jonathan Grossberg.

In Memory Of: **Ruth Eanet** by Ken Colling

& Sheryl Fahey. **John Lyons** by Kimberly Hasenberg. **Dr. Joyce J. Kaufman** by Paula Goldman.

Rose R. Freudberg Sisterhood Memorial Library Fund

In Memory Of: **Samuel Fisher** by Adrian & Annette Morchower. **Lilliane Cardash** by Alisa Abrams.

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Roslyn & Theodore Kogod

Confirmation Class Fund

In Honor Of: Birth of **Samuel Libby** by Glenn & Cindy Easton.

Sadie & Herman Hanfling Memorial Fund

In Memory Of: **Martin Hanfling** by Dan Hanfling & Tanvi Nagpal.

Samuel & Sadie Lebowitz Israel Scholarship Fund

In Memory Of: **Ralph Kirsch** by Martin Kirsch.

Sandra & Clement Alpert Fund for Family Education

In Memory Of: **Clement C. Alpert** by Adele M. Leff, Amy Quinn, Arlene & Harold Finger, Barbara & Michael Gordon, Dr. & Mrs. Raymond Murakami, Dr. George Goldberg, Gerrie Dubit, Harry & Judie Linowes, Helen Goldenberg & Stephen Barr & family, Janet Baldinger, Lois Levitan, Marsha Pinson, Mr. & Mrs. Michael Cornfeld, Sharon Krantzman, Stefan & Marilyn Tucker.

Sarah & William Pittleman Special Needs Fund

In Recognition Of: **Michelle Buzgon's Simchat Torah** honor by Ricki Gerger.

Social Action Fund

In Honor Of: **Rabbi Charles Feinberg** by Frank V. Rainey Jr. Birth of **Hannah Strasser Amstutz** by Joel & Cynthia Rosenberg.

For The Speedy Recovery Of: **Ruth Kleinrock** by Ricki Gerger.

In Memory Of: **Fred Singer** by Harold Singer.

Sophie Silfen Shalom Tinok Fund

With Thanks For: My aliyah by Lorna Jaffe.

Staff Gift Fund

In Memory Of: Angela Casey by Ricki Gerger.

Stanley & Veeda Wiener Memorial Fund

In Memory Of: Stanley Snyder, Sophie Snyder, David Snyder, Veeda Wiener & Stanley Wiener, all by Ruth Snyder.

Sylvia B. Nelson Memorial Endowment Fund

In Memory Of: Sylvia Nelson by Glenn & Cindy Easton.

Traditional Minyan Kiddush Fund

In Honor Of: Sammy Davis becoming a *bar mitzvah* by Bill Levenson. **Yael Nemeth** becoming a *bat mitzvah* by Michael & Joyce Stern.

In Celebration Of: Birth of Talia Boggs Wenthe, Simon Katkov becoming a *bar mitzvah*, **Yael Nemeth** becoming a *bat mitzvah*, **Robert, Rachel & Jacob Zuckerman** becoming *b'nai mitzvah*, all by Judith Hellerstein.

In Memory Of: Stephen Chiswick by Barry Chiswick. **David J. Lieberman, Morton Leifman, Sheldon Ronkin, Dr. Morris Katkov, Steven Dzubow, Linda Hurst, Lillian Cardash**, all by Judith Hellerstein. **Herbert Kahan** by Mark Kahan.

Tzedakah Fund

In Memory Of: Benjamin Sauber & Dorothy Sauber by Anthony Sauber. **Joseph Miller & Jack Fine** by Betty Miller. **Rebecca Lipkin** by Chris Sautter & Harriet Lipkin. **Elliott L. Burka** by Eric Burka & family. **Paula Schwalb** by Jacob Schwalb. **Sarah Saphir Kolodner** by Janet Kolodner. **Clem Alpert, Linda Hurst, Dr. Joyce J. Kaufman**, all by Larry & Edna Povich. **Phyllis Gantz Newhouse** by Lawrence Newhouse. **Samuel Kresberg** by Loretta Rosenthal. **Ellen S. Rubinstein** by Madelyn Shapiro. **Ane Gordon** by Michael Gordon. **Linda Hurst, Mary Lou Kresch** by Rebecca & Richard Prigal. **Benjamin Eric Cooper** by Richard Cooper & Judith Areen. **Gary F. Jonas** by Rosalyn Jonas, Lauren Jonas Murphy, Rachel Jonas Gilman. **Annette Levin Sherman** by William Willis & Rennie Sherman.

Yizkor/Yahrzeit Fund

In Memory Of: Masha Friedlander by Bernice Friedlander. **Harvey Rosenthal** by Cathryn Miller. **Simon Both** by Charles Both. **Dr. Dorothy Rabkin** by Chuck Rabkin. **Maurice Rudin** by Deborah Both. **Marion Weisberg & Benjamin R. Weisberg** by Ellen Malasky. **Maurice Malasky & Edward Lisner** by Gary Malasky. **Philip Israel Rosen** by Judy Rosen Cohen. **Celia Epstein** by Kalman Epstein. **Lawrence Katzman** by Laurie Kramer. **Doris R. Sloan** by Leonard Sloan. **Daniel Schorr** by Lisbeth Schorr. **Benjamin Katz** by Marcia Sternfeld. **David Goodman** by Marjorie Stark. **Trudy Standig & Bennett Hochman** by Norman Hochman. **Jerome Murray Slavin** by

Renata Kossow. **Irving Grayson** by Stephen Grayson. **Ruth Estrin** by Wilma Bernstein. **Dorothy A. Slawsky & Sadie Altman** by Zalma Slawsky.

Youth Activities Fund

In Memory Of: Arthur Dreeben by Arthur Lerner & Linda Dreeben. **Herman Goldberg** by Diane Cross. **Celia Malasky & Maurice Malasky** by Gary Malasky. **Dr. Arthur Dubit** by Gerrie Dubit. **Dora Ellen** by Margaret Ellen. **Daniel Parnes, Ruth Parnes** by Sandy & Lydia Parnes. ❀

Office Closings

Thanksgiving
Thursday, November 24
Schools/Offices Closed

Day After Thanksgiving
Friday, November 25
Schools/Offices Closed

Clergy Corner continued from page 2

celebrate with the ones we love. And that has to be okay, too. Every family celebration can't be guilt-ridden to the point of cancellation.

Where do we find the balance? How do we, as a synagogue community, honor our multiple obligations? We begin with the simple acknowledgement that we are often called to adhere to competing claims on our lives. Without that recognition, we likely tend to one, the other, or neither. It's why one of the first rooms you see when you enter the building is the coatroom, which is far more than a coatroom. It is space to gather the kinds of necessities many of us might take for granted, but others desperately need. If you haven't stopped by lately, please do so and think about what you might be able to contribute on a regular basis. It's also why our Social Action Committee is deepening its engagement with SOME this year, setting up a regular monthly time for members of our entire community to gather at SOME's location to serve food to, talk with, and tend to the needs of others less fortunate than ourselves. This relationship building is crucial to the work we do and the kind of community we'd like to see. If you haven't yet participated in one of these opportunities, or haven't in a while, please visit the SAC webpage to learn about how to do so.

But we also, as a community, have a unique opportunity to create a space in which the doors to our synagogue's home community will be pushed open. As you probably know, the D.C. City Council recently passed a measure to ensure that D.C. General, the city's largest homeless shelter, would be closed within a few short years. This is unequivocally good news. D.C. General has rightfully received criticism over its dilapidated conditions, unworthy of the inherent dignity of those who reside temporarily within its walls. In order to see this happen, each ward in the city will provide a short-term housing facility with wrap-around services to help families in need get back on their feet. While somewhat controversial in Ward 3—many have been unsatisfied with the process for this legislation—the Adas Israel clergy team and SAC have strongly endorsed this proposal's goals; it epitomizes the very ideals we understand our Torah to teach. We encourage each of you, as stakeholders in Ward 3 by virtue of your membership at Adas, to make your voice heard on this issue. A website with information and FAQs about the site, letter-writing opportunities, and community meeting dates has been created, with strong representation and input from the Adas Israel SAC: <http://www.ward3forall.com>.

Of course, our resolve to address this issue is driven by our shared faith and the clarion call of *Deuteronomy 15:7–8* not only to provide services to those in need, but to ensure those services reflect the inherent dignity of each and every individual:

If, however, there is a needy person among you, one of your kinsman in any of your settlements in the land that God is providing you, do not harden your heart and shut your hand against your needy kinsman. Rather, you must open your hand and lend him sufficient for whatever he may need. ❀



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DEADLINES—**

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Monday, October 31, at noon;
January 2017: Wednesday,
November 30, at noon