

Adas Israel Congregation

CHRONICLE

July–August/Sivan–Av Highlights:

Meet the Champions of the Adas Fund 2016 3

Announcing A New Vision
for Israel Engagement 4

Tisha B'Av 5

High Holy Days Around the Corner 6

Ma Tovv: Hesed Committee 20



Sweet Summertime for some of Adas' Littlest Learners :)

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From the President

By Debby Joseph



Community . . . we have spent much time during the past year talking about building our community, strengthening our community, and taking care of one another within our community.

On May 22, Adas Israel honored the memory of Archbishop Ioakim Alexopoulos during our annual Garden of the Righteous Ceremony. Celebrating his brave actions, which saved most of the Jews of the city of Volos, once again we were inspired by someone who stood up to extraordinary pressures and resisted giving into evil.

Archbishop Alexopoulos's story is particularly compelling for us because it was a demonstration of the important role of community. The friendship that the rabbi of Volos had with the Archbishop provided a context that enabled the rabbi to ask Alexopoulos to determine why the Nazis wanted the names of all the Jews in the city. After learning the terrible purpose, Alexopoulos advised the Jews of Volos to flee to the villages in the surrounding hills. He provided letters of introduction and asked the village priests and their parishioners to provide shelter to the displaced Jews, which they did. This is the story of community. When asked to provide the names of the Jews, the Archbishop told the Nazi occupiers, "I am a Jew." In that statement he asserted his inclusion in the same community as the Jews.

Archbishop Alexopoulos's deeds are

continued on page 8

clergycorner



Rabbi Aaron Alexander

On Sunday, June 5, the newly energized Social Action Committee hosted a "launch" event in the Biran *Beit Midrash* for the wider Adas community. We've been working hard this year under the guidance of Jamie Butler to capitalize on the stalwart work this committee has performed in the past—living up to its high standards of activity, while also charting a path forward for deeper and wider engagement. Toward the end of this holy meeting, a conversation that occurred roughly one year earlier came to mind that I think it is worth sharing.

While teaching at Camp Ramah in Ojai, CA, I was once walking to dinner with my (then) two young kids when a 17-year-old staff member approached me with what he said was a quick question: "Rabbi A — I don't get it. God performed miracle after miracle in the desert for the Israelites, brought them from the denigration of slavery to the expanse of freedom, and time and time again they show nothing but ingratitude. They complain, they build an idol (a real, big, golden idol), and then they complain some more. Mistake after mistake, bad choice after bad choice, it feels never-ending. So God eventually gives Moses an option, an escape hatch: I'll wipe them out and give you a new people, a quieter people, an obedient people. You can take them to the Land of Israel. You can start over. A divine 'easy' button."

And so my student asked, thoughtfully, why not? Why shouldn't Moses take God up on this generous offer?

Would it not have been easier for everyone had Moses replied to God: "Go ahead. Let's do it; they'll never change. It's who they are, their very nature. Our hands could even feel clean if we allow for the degradation to happen on its own. How so? We could just enable the nefarious capacity for violence by freely allowing for a flood of dangerous weapons into their camps and let them kill themselves. Or, we could respond to their mistakes by building massive prisons and incarcerating an entire generation, hiding them away as if they don't exist, demonizing and shaming them, thus branding them for life as biblical felons forever unable to overcome their latest mishap. That could surely drain the resilience from their hearts. We could create separate housing units and then walk away, ignoring the kinds of resources that would even allow residents to transcend their present challenge. Or, we could simply water the seeds of hatred and let them self-destruct from the inside out."

Moses could have replied: "Yes! I'd like to start my leadership life over." *But he didn't.*

I thought for a moment and then answered my young student. Maybe this biblical story isn't meant to be one of perfect redemption, but of our shared and sacred humanity. It's as much a story of failure as it is our right to be seen for our next potential triumph, rather than our last bad choice. Maybe the Exodus narrative is not about getting to the promised land, but, instead, understanding

continued on page 8



Meet the Champions of the Adas Fund 2016

As you probably have heard by now, Ryna Cohen and Rita Segerman, long-time champions of the Adas community, are proud to chair this year's Adas Fund High Holy Day Campaign! We're also thrilled to announce that the following group of Adas Fund Champions will be partnering with Ryna and Rita as we go out into the community to seek 100% participation in the congregation's only annual campaign! Building on the success of Toni and David Bickart's extraordinary work these past two years, we are thrilled with and grateful to Ryna, Rita, and this incredible group of Adas members for dedicating themselves so willingly to ensuring our congregation's continued vitality.

We hope you will join them as we all demonstrate our gratitude for the many personal and family journeys Adas Israel's members, clergy, and staff inspire. Adas Israel cannot function in the way we have come to count on without this critical support, so we seek 100% participation. We appreciate all contributions; no amount is too small. Please share Ryna, Rita and the Champions' good example as we all establish for ourselves our spiritual home at Adas Israel. Please pledge your gift today!



Nancy Weiss, joined 1993 — "There are way too many things I could say as to why Adas Israel is my home! When I first moved to the DC area from a close-knit Jewish community in Montreal, I didn't know how I'd find that supportive, close community feeling again. Before long, I found it at Adas! The community

embraced us, my daughter joined the Gan, and the rest is history. Adas is the focal point of my spiritual and communal life and I couldn't imagine the last 22 years without it."



Rachel Rosenthal, joined 2008 — "I feel very welcomed at Adas, and I want to help everyone else feel like Adas is a welcoming home, too—with vibrant community, spiritual growth, caring support throughout life's ups and downs, and more."



Erin and Aaron Claxton & Family, joined 2008 — "My family was once asked to describe Adas Israel in six words. We chose: Tradition. Sanctity. Community. Belonging. Love. Home.

This says it all. Our family continues to grow and learn together in the wonderful, peaceful, and engaging environment that is Adas."



David Waskow, Ketura Persillin & Family, joined 2000 — "Adas is our family's second home, the *shul* where our kids have grown up and learned to read Torah, lead services, and—most important—be part of a close community.

Since the week we moved to DC, we've been steadfast members of the Traditional Egalitarian *Minyan*. Our Adas family extends far beyond the *minyan*—to the inspiring and thoughtful clergy; to the brilliant and welcoming administrative staff; and, never to be forgotten, to the maintenance and security staff who organize our prayer spaces, prepare prayer books and Torahs for *shiva minyanim* and happy occasions, and have brought smiles to our kids' faces during all our years at Adas."



Laurie and Dan Alajdem & Family, joined 2001 — "Adas is home to all of us. It started with our children. They went to the Gan and had their first taste of having a home away from home. But over the years we have all grown closer to Adas, and to our Judaism, in ways we never would have imagined when we first walked through the doors."



Jennie Litvack, Rob Satloff & Family, joined 1998 — "Through 20 years of navigating our hectic DC lives, Adas Israel—from Gan through *b'nai mitzvah* to confirmation trips to Israel—has been a warm and welcoming home for me, my

husband, Rob Satloff, and our three boys, Benji, William, and David. Each one of us has had our own meaningful channels at Adas that bring us into community and our Judaism. For me, the founding of the Jewish Mindfulness Center of Washington opened a whole new dimension of Judaism—spirituality—and synagogue life transformed from a family affair to include a profoundly personal experience of connection to God and community. That experience is most intense for me when I have the honor of blowing *shofar*. And Adas's remarkable clergy have become like extended family as they have accompanied me through life's joys and challenges."



Dennis Yedwab, 2011 — "Adas Israel is the place our family comes to be with its community. Adas Israel has been a touchstone for our family to celebrate important events and to solidify our connection to the larger community, whether at Tot *Shabbat*, the Gan, High Holiday Services, or the Purim *Shpiel*."



Adina & Sandy Mendelson, 1971 — "Adas is the place where we have *davened* with family and friends, where we have learned and grown Jewishly, and where we have led and participated fully in this community. Our connections to Adas—our spiritual home—are deep and broad, totally intertwined with our lives."

ANNOUNCING A NEW VISION FOR ISRAEL ENGAGEMENT

Affirming our Community's Commitment to Israel and the World

A Message from the Israel Engagement Committee



Shalom,

We are proud to spearhead a new era at Adas Israel, one where Israel is at the center of our hearts and minds in our synagogue. We are living in a time where the gap between many in the American Jewish Community and Israel is ever-widening, particularly in the younger generations; where Jews disagree often vehemently on fundamental issues of the Jewish state; where healthy discourse about Israel is becoming more and more difficult.

We are very excited to share with you some plans in the making to affirm our commitment to Israel through a new Israel Engagement Initiative at Adas—one where we can live up to our congregation's potential as a leader in the Jewish world. We can and must find ways to model a new way of bringing disparate views and narratives together, where we can inspire others to live not at arm's length from Israel, but

together—with all our differences—in a relationship of love and respect for one another and for Israel.

We very much hope you can join us. Our congregation needs your leadership in helping to develop this vision, to program the coming year, and to find ways of creating a stronger culture of Israel connection at Adas.

L'Shalom,

Rabbi Gil Steinlauf

Ed Kopf, Israel Action Committee Chair

Arnie Podgorsky, Israel Action Committee Co-Chair

A FEW KICKOFF PROGRAMS TO LOOK FORWARD TO:



Roots—Yom Kippur Speakers

A Discussion with Rabbi Hanan Schlesinger and Ali Abu Awwad, Co-Founders of The Roots Project, a grassroots movement of understanding, nonviolence & transformation in Israel
Wednesday, October 12 @ 3:15 pm in Kay Hall

How do we move beyond the cycle of violence that engulfs Israelis and Palestinians? The Roots Project is a new effort, based in the Gush Etzion area of the West Bank, to bring together Israelis and Palestinians who, despite living next to each other, are separated by walls of fear—not just fear of

each other, but even of the price of peace. We are honored to welcome Rabbi Hanan Schlesinger and Ali Abu Awwad, who will present the gut-wrenching personal narratives that brought them to discover the humanity and the legitimacy of the other, and will discuss how they are working to move their communities past suspicion, fear, and violence, and toward a positive solution of the conflict.

Rabbi Schlesinger is an activist, a member of the Rabbinical Council of America and the International Rabbinic Fellowship, a Rabbis Without Borders fellow, and the Interfaith Scholar Honoree of the Memnosyne Institute.

Ali Abu Awwad is a leading Palestinian activist who teaches his countrymen non-violence, and reaches out to Jewish Israelis at the heart of the conflict. He tours the world to tell his riveting story and discovery of the path of non-violence and collaboration.



Want to travel to Israel with our community?

Rabbi Lauren Holtzblatt and Rabbi Kerrith Rosenbaum are planning a trip for families, but we need you to make it happen! Contact Kerrith at rabbi.rosenbaum@adasisrael.org to express interest. ✨



For 20 centuries, *Tisha B'Av*, the ninth of Av, has been the saddest day in the Jewish calendar. *Yom Kippur* is known as the White Fast; *Tisha B'Av* is called the Black Fast. It commemorates

the destructions of both Temples in Jerusalem, the death of Bar Kochba, and the last rebellion against Rome in 135 CE, as well as the expulsion of Jews from Spain in 1492.

When they could, Jews would historically come to the area near the *Kotel* (Western Wall) to read *Eicha* (the *Book of Lamentations*) and to weep. Most Jews, of course, could not come to Jerusalem, and during many periods, the *Kotel* area could not be approached.

In modern times, the establishment of the State of Israel caused some to question whether *Tisha B'Av* was necessary any longer. This debate continues, although those who observe the day recognize its symbolic power and emphasize that we still lament the destruction of the Temples, which ruptured the sense of connectedness to God.

Our observance of *Tisha B'Av* at Adas Israel is exceedingly touching, a moving experience in which we gather as the sun sets to quietly chant the *Book of Lamentations* in a subdued atmosphere, by candlelight, using the traditional melody. The evening service on Saturday, August 13, begins with *Maariv* and *Eicha* at 9:00 pm. The scroll is again chanted as part of the morning service on Sunday, August 14, at the 9:00 am service (*Shacharit* and *Eicha*) and *Mincha* at 6:00 pm.

Join us in this beautiful experience as we connect with tradition and history. ❀

EREV TISHA B'AV
Saturday August 13
9:00 pm
Maariv and *Eicha*

TISHA B'AV
Sunday August 14
9:00 am
Shacharit and *Eicha*



Rabbi Lauren Holtzblatt Named One of *Forword's* Most Inspiring Rabbis for 2016!



Our very own Rabbi Lauren Holtzblatt has been named one of 2016's Most Inspiring Rabbis by the *Jewish Daily Forward*! We're *kveling*. And, of course, we couldn't agree more! We have long known what a blessing Rabbi Lauren Holtzblatt is to the Jewish people and to our congregation. Now the whole world is recognizing our remarkable rabbi for her incomparable Torah, her manifold gifts, and her extraordinary heart. *Mazal tov*, Rabbi Holtzblatt. Our community is so proud of you! ❀

Office Closing

Independence Day
Monday, July 4
Schools/Offices Closed



The Daily Minyan @ Adas Israel

When was the last time you made it to the Minyan?

Twice daily, we have the opportunity to strengthen our community by participating and sharing in the joy and responsibility of making a *minyan*. Attending the daily *minyan*, in one respect, serves a charitable purpose; it allows others to pray and recite *Kaddish* for their loved ones. Just as significant, however, are the spiritual gifts you receive from the service itself. It is diverse in its attendees and filled with beautiful melodies, a special *ruach*, Torah readings on Monday and Thursdays, many opportunities to have an *aliyah*, and the chance to take a meaningful pause in your day, and to connect with friends. As members of a synagogue community, we owe it to each other and to ourselves to participate regularly in the daily *minyan*.

Please Join Us

Daily Minyan Schedule:

Morning: Monday–Friday: 7:30 am/Sundays & Legal Holidays: 9:00 am

Evening: Sunday–Thursday: 6:00 pm

A brief background . . .

In Judaism, there are three daily prayer services: morning (*Shacharit*), afternoon (*Mincha*), and evening (*Maariv*). The tradition of three services is attributed to the prayers of our forefathers. The morning prayer was learned from Abraham, the afternoon prayer from Isaac, and the evening prayer from Jacob. It is also

continued on page 17

**COMMUNITY SUNSET SERVICE 7:15-8:15pm**

Community Service w/ Full Clergy • Charles E. Smith Sanctuary

**SHACHARIT 8:15am**

Community Service w/ Full Clergy • Charles E. Smith Sanctuary

Lay-Led, Traditional Egalitarian • Gewirz Beit Am (begins 8:45am)

TORAH SERVICE 9:30am

Led by Rabbi Steinlauf & Cantor Brown • Charles E. Smith Sanctuary 🎵

Led by Rabbis Holtzblatt & Alexander • Kay Hall 🎵

Lay-Led, Traditional Egalitarian • Gewirz Beit Am

Led by Rabbi Sam Rotenberg • Biran Beit Midrash

FAMILY SERVICE 10:30am

Family Experience w/ Rabbi Rosenbaum • Cohen Hall (Gan Space)

SERMON & MUSAF 10:45am (Sermon ~11:45am)

Led by Rabbi Steinlauf & Cantor Brown • Charles E. Smith Sanctuary 🎵

Led by Rabbis Holtzblatt & Alexander • Kay Hall 🎵

Lay-Led, Traditional Egalitarian • Gewirz Beit Am

Led by Rabbi Sam Rotenberg • Biran Beit Midrash

COMMUNITY TASHLICH 5:30pm

Led by Hazzan Goldsmith • Meet at Quebec St. Entrance

MINCHA/MAARIV 6:45pm

Community Services w/ Hazzan Goldsmith • Biran Beit Midrash

**SHACHARIT 8:15am**

Community Service w/ Hazzan Goldsmith • Charles E. Smith Sanctuary

TORAH SERVICE 9:15am

Led by Rabbi Steinlauf & Cantor Brown • Charles E. Smith Sanctuary

SERMON & MUSAF 10:45am

Led by Rabbi Alexander & Cantor Brown • Charles E. Smith Sanctuary 🎵

Led by Rabbi Steinlauf & Michael Leifman • Kay Hall

MINCHA/MAARIV 6:45pm

Community Services w/ Michael Leifman • Biran Beit Midrash

High Holy Days @ Adas, Around the Corner!

“Connecting the Threads: Our Home, Our Heart, Our World”

Rosh Hashanah begins Sunday Evening, October 2, 2015



Planning for the 2016 High Holy Days is well underway, and packets of information will arrive any day now!

Join us for an inspiring High Holy Day experience at Adas Israel. Whether you are new to the community, or a member of many years, we invite you to step out of your daily routines, to join together with the *kehilla*, to reflect deeply on what matters to you, and to embrace the pinnacle of our Jewish prayer experience. The theme of this year's High Holy Days is derived from a passage in the *Ahavah Rabbah* prayer, said daily in the morning service. It will serve as the connecting thread throughout this year's service experiences. It is an expression of our sacred longings as a religious community: to be woven together by a shared dream, in a shared home, which then drives us to realize our potential beyond the walls of Adas Israel.

We're very excited about our High Holy Day lineup! Each of our various services has a style, a focus, and a *ruach* (spirit) all its own. The Adas Israel clergy will be joined during the holidays by Rabbi Sam Rotenberg (learn about Rabbi Rotenberg on page 9) and Michael Leifman. We also look forward to our wonderful High Holy Day family services with Rabbi Kerrith Rosenbaum. Full schedule of Youth Services available at adasisrael.org

MINCHA 5:45pm

Community Service w/ Hazzan Goldsmith • Biran Beit Midrash

KOL NIDRE 6:30pm

Led by Rabbi Steinlauf & Cantor Brown • Charles E. Smith Sanctuary 

Led by Rabbis Alexander & Rotenberg • Kay Hall

Lay-Led, Traditional Egalitarian Minyan • Gewirz Beit Am

“RETURN AGAIN” KOL NIDRE 7:45pm

Led by Rabbi Holtzblatt & Elie Greenberg • Adas Israel Parking Area 

SHACHARIT 8:15am

Community Service w/ Full Clergy • Charles E. Smith Sanctuary

FAMILY SERVICE 10:30am

Family Experience w/ Rabbi Rosenbaum • Cohen Hall (Gan Space)

TORAH SERVICE & YIZKOR 10:40am (Yizkor ~11:15am)

Led by R's Holtzblatt, Alexander & Cantor Brown • Charles E. Smith Sanctuary 

Led by Rabbis Steinlauf & Rotenberg • Kay Hall

Lay-Led, Traditional Egalitarian • Gewirz Beit Am

SERMON, MUSAF & MARTYROLOGY 12:45pm

Led by Rabbis Holtzblatt & Alexander • Charles E. Smith Sanctuary 

Led by Rabbi Steinlauf & Cantor Brown • Kay Hall

Lay-Led, Traditional Egalitarian Minyan • Gewirz Beit Am

AFTERNOON DISCUSSION 3:15pm

The Roots Project • Kay Hall

MINCHA 4:30pm

Community Service w/ Michael Leifman • Charles E. Smith Sanctuary

LATE YIZKOR 5:00pm

Community Service w/ Rabbi Rotenberg • Biran Beit Midrash

N'EELAH 5:45pm (Shofar ~7:25pm)

Community Service w/ Full Clergy • Charles E. Smith Sanctuary 

TRADITIONAL N'EELAH 6:00pm

Lay-Led, Traditional Egalitarian • Gewirz Beit Am



With Instruments: *Reflective, Soulful Sounds*

With Instruments: *Traditional, Cantorial Melodies*

HIGH HOLY DAY TICKET INFORMATION

Your membership includes two different ticket options. The first option is for open seating for services taking place in Kay Hall, Biran Beit Midrash, Gewirz and Cohen Hall. Each member of your household and children up to age 29 will automatically receive a ticket for these open seating services. If you need to order additional tickets you may do so on the High Holy Day ticket request form. The second option is for reserved seating in the Charles E. Smith Sanctuary. Each household can reserve up to two Charles E. Smith Sanctuary seats free of charge. Single member households can receive one seat free of charge. To reserve these seats, and/ or to purchase additional seats in the Charles E. Smith Sanctuary, you may do so on the High Holy Day ticket request form. For those with dedicated seats in the Charles E. Smith Sanctuary, please complete the ticket request form. Please call or e-mail Melissa Adler (Melissa.adler@adasisrael.org) at the synagogue office with any questions.

SEATING REMINDER

Please note that again this year, after the sermons in the Charles E. Smith Sanctuary, a seat that has not been occupied will be considered available for seating. This applies to both dedicated and reserved seats. We thank our committee members and coordinators for sharing their time and their holidays so others can have a meaningful High Holy Day season. Watch your mail for the High Holy Day packet. We look forward to celebrating the most exciting time of the year with you, our Adas family. 🌸

High Holy Days Guest Service Leader: Welcome Rabbi Sam Rotenberg!



A senior rabbinical student at the Ziegler School of Rabbinic Studies, Sam Rotenberg a long-standing member of the Ikar *davening* team in Los Angeles, Craig Taubman's "Friday Night Live," and Nava Tehila in Jerusalem. An experienced leader of traditional *davening*, Sam is also a musician—a pianist, percussionist, and guitarist—and recently returned from a year of study in Jerusalem where he was also certified as a *shochet*.

In 2012 Sam co-produced a real-time documentary of American Jewish Music, called *Rock Shabbat*, and over the course of the project led *davening* for communities in Montana, South Dakota, Georgia, Utah, New York, among many other states. Sam seeks, through thoughtful use of melody and accompaniment, to evoke the emotion and intensity of traditional Jewish prayer within a 21st-century Jewish community. ❀

Clergy Corner continued from page 2

that within each of us is a basic need to find promise in our hearts, and to be seen and treated with such. Maybe this is simply a story about the courage of one person who would stand between people and perceived power to say, "Enough! You can do better. We can be better, together."

We are all the foundering Israelites in the desert, broken, and we are all, each of us, a Moses who will not tolerate a system that is indifferent to the basic need of any person to transcend the past, elevate the present, and imagine a dignified future.

This journey to justice that Adas Israel is joining, alongside all our fellow residents of the Washington, DC, area—it won't always be smooth, it will sometimes be uncomfortable, but it will never cease to be holy. Please, join us.

From the President continued from page 2

honored by Jews everywhere. They are especially meaningful to us in Washington, DC. In the early 20th century, the Archbishop served as the priest of the fledgling Saint Sophia Greek Orthodox Church in the original Adas Israel Congregation building until the church moved into its first home around the corner. As Father Steven Zorzos, Saint Sophia Cathedral's current presiding priest shared with us, he cannot help but consider that the warm reception that Adas Israel offered his parishioners helped create the bond of community that was to be so important a world and decades away in Volos.

Adas Israel's members have a long tradition of supporting our community. This year, the Social Action Committee will be expanding the opportunities for all of us to participate in these efforts. In addition to the direct services that will continue, Jamie Butler, chair, Rabbi Aaron Alexander, and members of the committee will be engaged in community advocacy and organizing in three areas: Poverty and Homelessness, Preventing Gun Violence, and Preserving the Planet through Addressing Climate Change. Joining the broader area faith community, Adas Israel's members will further our commitment to ensuring that the community's needs are addressed in meaningful and material ways.

We can all learn from the lessons of our own history and, like Archbishop Alexopoulos, demonstrate that the quality of life within our communities is enriched through securing the well-being of all. ❀



Volunteers for High Holy Days Needed!

Yes, you read that correctly. You will be receiving your HHD packet in the mail very shortly (if you haven't already), and, as you'll see, we have an amazing array of services, discussions, and special events planned. In addition to our clergy and staff, we look to you to help us make *Rosh Hashanah* and *Yom Kippur* a spiritual, enjoyable, meaningful, stress-free experience for our 5,000 members.

Volunteering as a High Holy Day usher and/or greeter at Adas Israel can help you fulfill the *mitzvah* of *hachnasat orchim* (welcoming guests). Not only do we make sure that congregants and guests feel welcome, but we also play a role in maintaining security and the dignity of our services. We direct worshippers to their seats; answer general questions; and distribute books, *kippot*, *tallit*, and other religious materials. Simply stated, your service observance would just not be the same without the assistance of our greeters and ushers.

If you would like to do more this year, consider participating as a High Holy Day volunteer. We need volunteers for all services, so no matter which service you attend, we can use your help at a time that is convenient to you. The time commitment is slight—two hours or less—and we have approximately 100 slots to fill.

So before you head off for your summer vacation, please take two minutes and sign up to volunteer for the High Holy Days this fall. We've made it very easy for you. Simply go to the Adas Israel website, www.adasisrael.org/HHD, and sign up today or contact Mark Berlin, HHD Usher Coordinator, at berlin.potomac@gmail.com or 301-294-9018. We have also scheduled an orientation on **Tuesday, September 20**, at 6:30 pm. More information about the orientation is coming later this summer.

Thank you in advance for your assistance.

2016 High Holy Day JMCW Programming



Jewish Mindfulness Center of Washington @ Adas Israel

L'Shana Tova! The JMCW @ Adas offers programs and

workshops to help deepen our experience of the spiritual, and create connections to foster a vibrant, diverse spiritual community. This year, heighten your spiritual experience of the pinnacle of our holy calendar with the following mindful programs:



Sept. 21: Preparing for the New Year

In session one, a week and half before *Rosh Hashanah*, the Jewish New Year, we'll look back at the year through the lens of 13 important questions. Through this exercise, we'll answer: What

did I accomplish? What feels finished or unfinished? What do I need to let go of? We'll be clearing out and clearing the way to mindfully enter into the days of Awe, the Jewish high holy days.



Sept. 25, 10:00 am: Spiritual Shofar-Blowing Workshop

Led by Jennie Litvack
Come learn all about the *shofar* and its significance as a channel for spiritual connection. This is a hands-on workshop where we will learn the techniques of *shofar* blowing from lip buzzing

to tonguing to breathing, as well as the *shofar* calls of *Rosh Hashanah*. More than through technique alone, however, the *shofar* sound is produced by *kavanah* (intention). So, come find the center of the note, the center of yourself, and the center of the universe! The class ends in a group *shofar* blow on the steps of the Adas Israel Plaza. Please bring a *shofar* if you can.



Oct. 1: Rock Creek Sh'ma: Mindful Nature Walk

Led by Judd Holtzman
Join us for a relaxing mindfulness experience in Rock Creek Park on the *Shabbat* before the beginning of *Rosh Hashanah*. We will take a short nature walk through Rock

Creek Park, and then stop at a quiet place to meditate and eat apples and honey. We will meet at Adas at 2:00 pm on the front steps and return at 4:00 pm. This is a great way to set your *kavanah* for the new year! Open to anyone age 15 and up.

Oct. 5: Entering the New Year with Intention

Session 2 will fall in the intermediary days between *Rosh Hashanah* and *Yom Kippur*, called the 10 Days of *teshuva*, or returning. Having made space to enter into the new year, participants will learn the tools to create a "yearly theme" and a set of values on which to refocus in the coming year. Before *Yom Kippur*, participants will set intentions to make the changes they wish to make in the new year.



October 12, 4:30–5:30 pm: Preparing Body and Soul Through Meditation and Song

Calming our bodies and minds, opening our hearts, and awakening our spirits through mindful practices can help us move into the new year refreshed,

alert, and enthusiastic. Join Susan Barocas and Michelle Buzgon as we concentrate on the sounds and rhythms of our breathing, singing, and guided meditation. Together, we deepen our sense of reflection, well-being, and ability to accept the joys and sorrows of each year of our lives. Open to all, whether new to mindful practice or experienced.

Oct. 19: Leaning Into Your Goals in the New Year

Session 3 will take place during the week-long holiday of *Sukkot*, the harvest holiday, which comes just after *Yom Kippur*. In this session participants will think about what they have gathered or harvested in this process. We'll take the themes and values identified in session 2 and identify action steps for achieving these goals.



Immersing in Holiness

It is an ancient tradition to immerse in the *mikvah* before or during the High Holy Day season. This year, schedule an appointment at the Adas Israel Community *Mikvah* to enter the holidays physically and mindfully.

It is a very meaningful way to acknowledge the challenges of the previous year, to center yourself before beginning the holidays, and to set your intentions for the new year. An excerpt from the *Rosh Hashanah mikvah* ceremony: "May I return to my true self and be strengthened as I continue my journey of *tikkun halev*—repairing the heart, *tikkun hanefesh*—repairing the soul, and *tikkun olam*—repairing the world."

E-mail mikvah@adasisrael.org or call Naomi Malka, 202-841-8776 to schedule an appointment. ✿

Join the JMCW for High Holy Days for a soulful musical service experience for *Rosh Hashanah*, *Kol Nidre*, and *Yom Kippur*.

Save the Dates

August 28, 12:00 noon:

Summer Sisterhood Board Orientation

September 18, 11:00am:

Sisterhood Opening Event

Ruth & Simon Albert Sisterhood Gift Shop



Gift Shop Summer Hours*:

**Tuesday, Wednesday,
and Friday
10:00 am–12:00 noon**

**We are also available during the
summer by special appointment by
calling:**

Diane Keller, 301-442-7625

Jean Bernard, 301-654-8914

Susan Winberg, 656-7766

*These hours will continue until the
Estelle & Melvin Gelman
Religious School resumes in the fall.

Every purchase benefits Adas Israel Congregation.

202-364-2888

adasgiftshop@gmail.com

sisterhoodnews

Sisterhood Closing Event

“Creating Heirlooms” Activity and Board Installation

The closing event on June 26 offered a unique program, entitled “Creating Heirlooms,” which was co-chaired by well-known artist and Sisterhood member Arlette Jassel, together with Susan Winberg, co-VP for programming. Exploring the concept of an heirloom, Sisterhood members brought personal heirlooms and shared their stories. Each member then created a “new” heirloom plate, glazed with the Hebrew names of family and friends, that may be handed down to carry family memories into the future.

Linda Yitzchak, Leslie Frost, and Marcy Feuerstein assisted the co-chairs for this event.

Sisterhood Membership Votes Yes for 2016–2018 Slate

The meeting began with the installation of new Sisterhood Board members by Adas Israel President-Elect Ricki Gerger. Below is a list of all elected, returning, and retiring officers and Board members.

Co-Presidents: Marcia (Marcy) Feuerstein (2016–2017) and Miriam Rosenthal (2016–2018); VP for Communications: Nechama Masliansky (2016–2018)

The following executive officers continue in their service for 2015–2017:

Corresponding Secretary: Joyce Stern; Recording Secretary: Lisa Kleine; Treasurer: Dava Berkman; Co-VPs for Education/Programming: Linda Yitzchak and Susan Winberg; VP for Membership: June Kress; Parliamentarian: Julie Weisman; Gift Shop Co-Managers: Diane Keller, Jean Bernard, and Susan Winberg; Immediate Past President: Lisa Kleine.

The following members will each serve a two-year term on the General Board (2016–2018): Dena Bauman, Leah Hadad, Judy Heumann, Susan Klein, Helen Kramer, Myra Promisel, April Rubin, Elinor Tattar, and Nancy Weiss.

The following members will continue serving on the General Board in the second year of a two-year term ending in 2017: Carol Ansell, Roberta Boam, Carmel Chiswick, Barbara Cline, Marcie Goldstein, Miriam Gusevich, Miriam Isaacs, Arlette Jassel, Judy Melamed, Janice Mostow, and Betsy Strauss.

Tzipora Fromberg, Lucy Hassell, Deborah Wallach, and Tanya Yahana concluded terms on the General Board ending in 2016. In addition, Susan H. Klein concluded her term as VP for Communications, and Alisa Abrams as an Ex Officio member.

Rabbi Penina Alexander, Cantor Arianne Brown, Hazzan Rachel Goldsmith, Rabbi Lauren Holtzblatt, Naomi Malka, Rabbi Emerita Avis Miller, Heather Polonsky, and Rabbi Kerrith Rosenbaum will serve as ex-officio members of the General Board.

We thank the Nominating Committee: Miriam Rosenthal (chair), Alisa Abrams, June Kress, Nechama Masliansky, and Myra Promisel.

Sisterhood Donates \$30,000 to Adas

Sisterhood Gift Shop managers Diane Keller, Jean Bernard, and Susan Winberg and Sisterhood President Marcy Feuerstein presented Adas Israel President Debby Joseph with a check for \$30,000 at the annual meeting of the synagogue membership on June 15. This yearly donation comes from proceeds of the Sisterhood Gift Shop, which did exceptionally well this year. We commend the Gift Shop managers and volunteers: Leah Chanin, Ruth Ernst, Marian Fox, Myra Promisel, Susan Wedlan, Bunny Weinstein, and Nancy Weiss for their ongoing dedication to this exquisite shop for the community.

Taste of Tanach

Sisterhood’s Taste of *Tanach*, chaired by Marilyn Cooper, meets next on September 20 in the *Beit Midrash* from 10:00 to 11:15 am.

continued on page 11

Sisterhood's Dava Berkman Provides an Ambulance for Israel's Fleet

By Joyce Stern



Gary Perl, Northeast AFMDA director; Dr. Gerald Sandler, Chair Blood Services Committee, Magen David Adom; Dava Berkman; and Jill Sorcher. Photo by Shmulik Almany.



Dava Berkman in the driver's seat of the Magen David Adom ambulance she purchased in memory of her parents. Photo by Shmulik Almany.

Sunday, May 15, the sun shone brightly on a white ambulance parked in front of the Quebec Street entrance to Adas Israel Congregation. But there were no sirens or flashing lights, signaling an emergency; rather, the atmosphere at the *shul* was one of quiet festivity. For this ambulance was not yet in service—it was about to be dedicated to a mission in Israel.

Sisterhood officer Dava Berkman had purchased this ambulance in memory of her parents, Esther and Bernard Berkman, and was providing it through the auspices of the American Friends of Magen David Adom. The Magen David Adom, Israel's national society and a member of the International Red Cross movement, is Israel's national emergency medical responder. American Friends of Magen David Adom helps to support and advocate for MDA in the U.S.

In the dedication service held in the Biran *Beit Midrash*, Dava welcomed the many attendees, especially noting friends and family from Las Vegas, Pittsburgh, New York, and Boston. She explained why she had purchased the ambulance; she wanted to do something special to mark an upcoming "big birthday." When she learned of the possibility of donating an ambulance to Magen David Adom, she thought that would be a perfect way to celebrate her birthday, honor the memory of her parents, and do something special for the people of Israel. She said, "I especially liked donating an ambulance because it responds to calls from every segment of Israel's population: Arab, Christian, and Jew. And what better gift is there than one that saves lives?"

Rabbi Lauren Holtzblatt led the dedication with a prayer adapted from the *Tefilat haderekh*, praying for the safety of all who will be transported in the ambulance and all who will serve as healers. She was followed by remarks from Gary Perl, Northeastern director, American Friends of Magen David Adom; and Adas member Dr. Gerald Sandler, chair, Blood Services Committee, Magen David Adom. Also speaking was young Adas member Jill Sorcher, who volunteered one summer in Israel for AFMDA and had served on an ambulance crew. She now wants to be a physician after her experience with AFMDA. Manuel Zymelman, a personal friend of Dava's, ended the program singing a classic *Shehecheyanu*.

Thank you, Dava, for your wonderful donation to our people and for reminding us of our eternal link to the land of Israel. ❀



Wise Aging

Abraham Joshua Heschel believed:

"Authentic existence requires work and celebration, ritual and prayer, and an appreciation of the nature of time."

Wise Aging is an exploration of aging well and wisely through a Jewish lens. Through reflective work, our Wise Aging group will meet regularly to learn, share experiences, and acquire skills to sanctify the moments in time that make up this stage in our lives. Old enough to see the horizon, we can become aware that every moment in time is an act of creation, a new beginning.

Wise Aging sessions are based on resources developed for the Institute for Jewish Spirituality by Rabbi Rachel Cowan and Dr. Linda Thal, primarily *Wise Aging: Living with Joy, Resilience, and Spirit*. The group of 12 will include two congregants who have been trained as facilitators in this program by the Institute for Jewish Spirituality.

We'll explore these (and other) questions and the questions you bring:

- What does Jewish wisdom offer to this journey of aging?
- How can the cultivation of spiritual qualities and wisdom support well-being?
- What is my spiritual legacy?
- What does it mean to be a blessing as we age?
- How do we make this a sacred journey?

According to Rabbi Menachem Mendel Schneerson, "Reaching old age means summoning up the inner resources that enable a person to rise and accomplish his purpose in life." Albert Einstein said, "There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."

continued on page 14

Special
July-August pull-out Friday
and Shabbat calendar

Friday		Saturday	
1 7:30 am 6:00 pm	25 Sivan 8:19 pm Morning Minyan Kabbalat Shabbat with Hazzan Goldsmith	2 PARSHAT SHELACH 8:30 am 9:30 am 12:00 pm 1:30 pm 9:19 pm	26 Sivan Boker Or Parashat Hashavuah Class Combined Smith & Traditional Egalitarian Minyan Shabbat Service; D'var Torah by Rabbi Alexander Congregational Kiddush Shabbat Mincha Services Havdalah
8 7:30 am 6:00 pm	2 Tammuz 8:17 pm Morning Minyan Kabbalat Shabbat with Rabbi Steinlauf	9 PARSHAT KORACH 8:15 am 9:30 am 9:30 am 11:00 am 12:00 pm 1:30 pm 9:17 pm	3 Tammuz Boker Or Parashat Hashavuah Class Shabbat Morning Service with Rabbi Steinlauf Traditional Egalitarian Minyan Tot Shabbat Congregational Kiddush Shabbat Mincha Services Havdalah
15 7:30 am 6:00 pm 7:00 pm	9 Tammuz 8:14 pm Morning Minyan Kabbalat Shabbat with Rabbi Alexander YP Shabbat @ Meridian Hill	16 PARSHAT CHUKAT 8:30 am 9:30 am 9:30 am 11:00 am 11:00 am 12:00 pm 1:30 pm 9:14 pm	10 Tammuz Boker Or Parashat Hashavuah Class Shabbat Morning Service with Rabbi Alexander Traditional Egalitarian Minyan Tot Shabbat Netivot Congregational Kiddush Shabbat Mincha Services Havdalah
22 7:30 am 6:00 pm	16 Tammuz 8:09 pm Morning Minyan Kabbalat Shabbat with Rabbi Steinlauf	23 PARSHAT BALAK 8:30 am 9:30 am 9:30 am 11:00 am 11:00 am 12:00 pm 1:30 pm 9:09 pm	17 Tammuz Boker Or Parashat Hashavuah Class Shabbat Morning Service with Rabbi Steinlauf Traditional Egalitarian Minyan Tot Shabbat Netivot Congregational Kiddush Shabbat Mincha Services Havdalah



Saturday, August 13: Erev Tisha B'Av
1:30 pm Shabbat Mincha Services
9:00 pm Maariv and Eicha
Sunday, August 14: Tisha B'Av
9:00 am Shacharit & Eicha
6:00 pm Mincha



Morning Awakening
Tuesdays @ 9:15am; Gewirz Beit Am
Morning Awakening continues
through July & August.
The class will not meet on Tuesday
July 5 or August 16 or 23.
Tuesday Meditation
Meditation Returns September 2016!
Mindful Yoga @ JMCW
Yoga Returns September 2016!

August

29 7:30 am 6:00 pm Morning Minyan Kabbalat Shabbat with Cantor Brown	23 Tammuz 8:03 pm 	30 PARSHAT PINCHAS 8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service with Rabbi Holtzblatt 9:30 am Traditional Egalitarian Minyan 11:00 am Tot Shabbat 11:00 am Netivot 12:00 pm Congregational Kiddush 1:30 pm Shabbat Mincha Services 9:03 pm Havdalah	24 Tammuz
5 7:30 am 6:00 pm Morning Minyan Kabbalat Shabbat with Rabbi Alexander	1 AV 7:56 pm 	6 PARSHAT MATOT-MASEI 8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service with Rabbi Alexander 9:30 am Traditional Egalitarian Minyan 11:00 am Tot Shabbat 11:00 am Netivot 12:00 pm Congregational Kiddush 1:30 pm Shabbat Mincha Services 8:56 pm Havdalah	2 AV
12 7:30 am 6:00 pm Morning Minyan Kabbalat Shabbat with Rabbi Holtzblatt	8 AV 7:48 pm 	13 PARSHAT DEVARIM/SHABBAT CHAZON 8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service with Rabbi Holtzblatt 9:30 am Traditional Egalitarian Minyan 11:00 am Tot Shabbat 12:00 pm Congregational Kiddush 1:30 pm Shabbat Mincha Services 8:48 pm Havdalah 9:00 pm Maariv and Eicha—Erev Tisha B'Av	9 AV
19 7:30 am 6:00 pm Morning Minyan Kabbalat Shabbat with Cantor Brown	15 AV 7:38 pm 	20 PARSHAT VA'ETCHANAN/SHABBAT NACHAMU 8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service; Bar Mitzvah: Zachary Gayer; D'var Torah by Rabbi Alexander 9:30 am Traditional Egalitarian Minyan 11:00 am Tot Shabbat 11:00 am Netivot 12:00 pm Congregational Kiddush 1:30 pm Shabbat Mincha Services 8:38 pm Havdalah	16 AV
26 7:30 am 6:00 pm 7:00 pm Morning Minyan Kabbalat Shabbat with Rabbi Alexander Traditional Lay-Led Shabbat Service; Led by the Katkov Family	22 AV 7:28 pm 	27 PARSHAT EKEV 8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service; Bat Mitzvah: Rachel Suissa; D'var Torah by Rabbi Alexander 9:30 am Traditional Egalitarian Minyan with Rabbi Steinlauf; Bar Mitzvah: Simon Katkov 11:00 am Tot Shabbat 11:00 am Netivot 12:00 pm Congregational Kiddush 1:30 pm Shabbat Mincha Services 8:28 pm Havdalah	23 AV

SHABBAT MORNING SERVICES:
Please turn off cell phones and pagers before entering services.

Charles E. Smith Sanctuary: Join us for our *Shabbat* morning services in the renewed Charles E. Smith Sanctuary, the synagogue's largest worship space, led by our inspiring Rabbi and Cantor. The service includes a *D'var Torah* and sermon by the Rabbi and often includes participation by members and *B'nai Mitzvah*.

Traditional Egalitarian Minyan (TEM):
Every *Shabbat* morning at 9:30 am, with the Torah service around 10:30 am. Led by laypeople with the occasional assistance of Adas clergy, the TEM is a participatory service with a full *P'sukei DZimrah* (introductory Psalms), *Shacharit*, and *Musaf*, a complete reading of the weekly Torah portion, and a *d'var Torah*. For more information, e-mail traditionalminyan@adasisrael.org.

Havurah Service: Lay-led, participatory service at 9:45 am. Rotating volunteers lead services, read Torah, and conduct an in-depth discussion of the weekly Torah portion. A *kiddush* follows the service. For additional information and to participate, e-mail havurah@adasisrael.org.

Youth Shabbat Services: Starting with Tot *Shabbat* for children ages 5 and under led by Menuhah Peters or Rabbi Ben Shalva. *Netivot*, for students in grades K–3, is led by Linda Yitzchak or Allison Redisch. Junior Congregation, for grades 4–6, is led by Yoni Buckman and teenage *madrichim*.

'Dial-in' for Programs & Services: If you are unable to attend programs, lectures, or services, dial in to hear them. Call 202-686-8405.

Library Open on Shabbat: Our third-floor library is open on *Shabbat* following services. You may sign out materials using our "no-writing *Shabbat* method," explained in signs on the check-out desks. For assistance during the week, contact our Director of Library Services, Robin Jacobson (librarian@adasisrael.org).



**“Make for yourself a Rav
[teacher], and acquire for
yourself a mentor...”**

—Mishna, Pirkei Avot, 1:6

Mazal tov to our beloved friend, teacher,
mentor, and celebrated Rabbi Emeritus
Rabbi Jeffrey A. Wohlberg
on the 50th anniversary
of his membership
in the Rabbinical Assembly.

Wise Aging continued from page 11

The Adas Israel Wise Aging Group will be taught by Janice Mostow and Betsy Strauss, who have trained with the Institute for Jewish Spirituality. In addition to the \$36 cost of the class, participants are asked to purchase the book, *Wise Aging: Living with Joy, Resilience, and Spirit*, at <http://www.behrmanhouse.com/wise-aging>. The group will meet one Sunday a month, from 10:30 am to 12:30 pm, from September to June; dates to be announced.

If you have any questions about Wise Aging, please contact Rabbi Lauren at rabbi.holtzblatt@adasisrael.org; Betsy Strauss at betsy.strauss@gmail.com, 707-290-8772; or Janice Mostow at janicelm1@aol.com, 301-613-0336. 🌸

lifecycle Milestones

Births

Benjamin William Kaufman, son of Noah & Rachelle Kaufman, was born May 3. Sloane Josephine Rosenberg, daughter of Eli & Kathryn Rosenberg and granddaughter of Betty Adler & Mark Rosenberg, was born April 29.

We wish our newborns and their families strength, good health, and joy.

B'nai Mitzvah



Marc Margolis, July 21

Marc, son of Mario Margolis and Diana Moss, is a student at Thomas W. Pyle Middle School. He began his Jewish education at Gan HaYeled and attended the Jewish Primary Day School NC. Marc is excited to celebrate his *bar mitzvah* in Israel with more than 50 family members and friends from Mexico and the U.S. For his *mitzvah*

project, Marc is working to benefit the Hope for Henry Foundation.



Zachary Gayer, August 20

Zachary, son of Rachel and Ted Gayer, is a rising seventh grader at Maret School. He began his Jewish education at Gan HaYeled, and he is a student at the Estelle & Melvin Gelman Religious School. For his *mitzvah* project, Zach supports children at home and abroad through Home Run Baseball Camp. He is happy

to share this *simcha* with his grandparents, Bea and Martin Gayer and Judith and Mark Lurie; his brothers, Coby and Nathan; and other family and friends.



Rachel Suissa, August 27

Rachel, daughter of Anne and Jimmy Suissa, is a seventh grader at Alice Deal Middle School and attends the Estelle & Melvin Gelman Religious School. Rachel celebrates her *bat mitzvah* with her grandmothers, brother, aunts, uncles, cousins, and friends. Her *mitzvah* project focuses on helping people in Guatemala.



Simon Katkov, August 27 (TEM)

Simon begins seventh grade at Alice Deal Middle School this fall. He is a graduate of the Jewish Primary Day School NC and will continue his Jewish education in the Geshet program at Adas Israel. Simon celebrates this *simcha* with his brother Raphael, his parents Ellen Hamilton and Mark Katkov, and his grandparents

Lynne McKelvey, Bill Hamilton, and Joan and Morris Katkov.



Samuel Davis, September 3

Samuel Nessenbaum, son of Stacey Davis and Andrew Davis, attends Oyster-Adams Bilingual School in Washington. Sammy has studied at the Estelle & Melvin Gelman Religious School since kindergarten and participated in Torah Club. An avid baseball player and Washington Nationals fan, Sammy's

mitzvah project is collecting used baseball equipment for Leveling the Playing Field, which supplies sports equipment to disadvantaged children. He celebrates his *bar mitzvah* with brother Eddie, grandparents Betsy and Stephen Davis and Teri and Tom Davis, extended family, and friends.

continued on page 15



Yael Nemeth, September 3 (TEM)

Yael Vera, daughter of David and Jessica Nemeth, graduates from the Jewish Primary Day School NC this June, and will attend the Edmund Burke School in the fall. She began her Jewish education as a Butterfly in Gan HaYeled and, along with her family, is a devoted and enthusiastic participant in the Traditional

Egalitarian *Minyan*. For her *mitzvah* project, she will continue to support the Washington Animal Rescue League. Yael shares this *simcha* with her sister, Aviva, and her community and extended family.



Shira Neufeld, September 4

Shira, daughter of Gayle and Steven Neufeld, is a seventh grader at the Edmund Burke School. She began her Jewish education at Gan HaYeled and now attends the Estelle & Melvin Gelman Religious School. She is working with a local animal shelter as a *mitzvah* project, and looks forward to celebrating her *bat*

mitzvah on the Eastern Shore with her brother Ethan, sister Zoe, and the rest of her extended family and friends.

In Memoriam

We mourn the loss of synagogue member:

Miriam Feldman

We note with sorrow and mourn the passing of:

Susan (Harvey) Flatt, mother of Shana Zucker

Rabbi Morton Leifman, father of Michael Leifman

Sheldon Ronkin, father of Alan Ronkin

Life Cycle Information

When Death Occurs

When death occurs, please call the synagogue office, 202-362-4433, so that we may inform the clergy and be of assistance. During business hours, ask for Carole Klein. After business hours, a staff member on call may be reached by calling the synagogue office at the number above and pressing "2" to be connected automatically, or by calling the answering service, 301-421-5271, which will page the staff member on call. On *Yom Tov* and *Shabbat*, even though detailed funeral arrangements should not be made, a staff member on call can still be reached at 301-421-5271.

Bereavement Committee

The Bereavement Committee assists families with all of the arrangements surrounding the funeral and subsequent burial of loved ones. We welcome your interest and encourage your participation and assistance. We need you; please join us. If you have questions, or know of someone whom you think might be interested in participating in this important work, please feel free to call Edie Hessel (202-244-7189) or contact Toni Bickart (202-244-2747) regarding the *Tahara* Committee.

Adas Israel Community Mikvah

Our *mikvah* is a sacred space where Jews can mark life transitions with powerful physical ritual. Immersing in a *mikvah* connects the body to the water cycle of our planet and to the sources of life. People visit our *mikvah* to observe the *mitzvah* of monthly immersion; to celebrate *s'machot*; to find strength during a difficult time; to pray for healing; to reflect on the meaning of becoming a bride, groom, or *bar* or *bat mitzvah*; to convert to Judaism; and to prepare physically and spiritually for *chagim*. To learn more about our *mikvah* or to schedule an appointment, contact Naomi Malka, 202-841-8776 or mikvah@adasisrael.org. For more information, visit adasisrael.org/mikvah. ♣

Kol HaMayim—Voice of the Waters



Every summer, I carve out time for *tevilah b'teva*, an immersion outside in nature. One of my favorite spots is a pond on Martha's Vineyard. On the walk to Ice House Pond, pine needles cover the ground on either side of the one-lane road. I follow the trail that leads to the pond, and every time when the view of the water suddenly appears before me, I catch my breath. It's beautiful and secluded. I notice that my body and soul are thirsty. I am eager to be refreshed.

The water is cool at first, and I step gingerly into the pond. I dunk and say the blessing for the opportunity to immerse. I let the waters embrace me. In this *mikvah*, I'm ready and able to let go of the stress and challenges of the past. I feel the water wash away the cobwebs in my mind and all the distractions in my life. I feel a deep sense of clarity and possibility, a sense of renewed purpose. In the water, I become aware that I am connected to everything around me. My heart feels more open. I whisper my intentions, my prayers for the days and weeks to come.

I emerge from the water, dry off, and head back through the woods to our house. On my walk home, I contemplate my ritual. I'm filled with gratitude for this simple and profound pleasure. I am ready for whatever comes next.

Wherever your travels take you this summer, carve out some time to immerse in nature. Whether or not you've ever dunked in a *mikvah* before, whether you recite the traditional blessing or offer your own spontaneous words, just find some quiet time to reflect, set an intention, and let the living waters embrace you.

—Rabbi Sarah Tasman

This piece was adapted from a post originally written for the Mayyim Hayyim Living Waters Community Mikveh and Education Center Blog. ♣



Morning Workout

Start your day with intention! Wednesday mornings at 9:15 am. We're celebrating a year of morning workout! Throughout the year we've danced and sweated with a range of our Adas community members, including Gan parents, religious school parents, Adas staff, faculty and veteran Adas members. And now we want to work out with YOU!

Join Rabbi Kerrith Rosenbaum and Director of Membership Engagement Marcy Spiro for a physical and communal exercise at 9:15 am on Wednesday mornings in Kay Hall. Drawing on elements of yoga, dance, and aerobics we will prepare ourselves for the day ahead and have a ton of fun! We typically have 8 to 12 people join us each week. Beginners are welcome, stop in any time, even if it's only for 30 minutes. We offer different levels of intensity and guarantee a good time!



Adas Israel is proud to present livestreaming of our keynote week-day learning events in the Biran Beit Midrash.

What is livestreaming? If you can't make it to Adas, you'll still be able to connect to a live feed through any computer, laptop or mobile device! Visit adasisrael.org/adaslive to view upcoming broadcast times and recently archived videos.

educationupdate



From the Director of Education Welcoming New Members to our Team!

By Rabbi Kerrith Rosenbaum

We are growing! What a joy it is to see so many students and families coming together to build community here at Adas. Whether it is learning together, praying together, or simply being together, we appreciate everything that each

person brings to this place. And as our community of families continues to grow, the Education Team is excited to expand as well, to better serve our amazing congregation. In last month's *Chronicle* you were introduced to Alexis Tinsley, our new Director of Early Childhood and Family Engagement. This month we would like you to meet two new team members, Pam Gorin and Jordan Rothenberg. Together with Yoni Buckman and Lacy LeBlanc, we all look forward to a wonderful new year together. Come visit us!



Pamela Gorin, Religious School Assistant Director

Pam has more than 25 years of experience in Jewish education, first as a teacher in both religious and early childhood education and then 15 years as an early childhood director. All of her teaching/directing has been in conservative synagogues in Montgomery County.

She has held leadership positions at the National Jewish Early Childhood Network and at the director's council of the Department of Jewish Life and Learning at the Jewish Federation. Passionately engaged in the Jewish education of children, she is equally passionate about strengthening the skills of teachers and has presented workshops both nationally and locally—at the National Association for the Education of Young Children and at the early childhood conference through the Department of Jewish Life and Learning.

Pam is married to Rabbi Howard Gorin, rabbi emeritus of Tikvat Israel Congregation in Rockville, and they have two grown children and a three year old granddaughter.



Jordan Rothenberg, Youth & Family Program Coordinator

Prior to joining the religious school staff, Jordan worked at Indiana University Hillel as an engagement associate, Alpha Epsilon Pi Fraternity as an educational leadership consultant, and Ramah Outdoor Adventure as the *Rosh Shira* (Head of Music). Most recently, Jordan was director of student life at Arizona State University, where he cultivated a student leadership program

hinged on self-reflection and intentional action. Jordan has a deep passion for music, random conversations, and pretty much anything that anyone else is excited to talk about!! Jordan hails from Richmond, VA, and received his B.A. in Jewish studies from the University of Maryland.

Gan HaYeled

The halls of Adas are filled with spirited singing and squeals of delight! Sweet Summertime Camp is in full swing, and our Gan children are happy! Our experienced staff and “teens-in-training” are exposing our children to wonderful activities using our summer’s theme: Elements of Fun! Explorations are incorporating fire, water, earth, and air into their art activities, *tikkun olam* projects, yoga, and fun food experiences. Outside entertainers are also delighting our campers and students.



The summer is also the time when the Gan prepares for the next school year. Class offerings continue to evolve as family needs do; this year we are again increasing slots for the full-year program (which runs from 8:00 am to 6:00 pm daily, with a 5:00 pm dismissal on Fridays). Our traditional programs are mostly full, but there are a few spots left. Please contact the Gan office if you (or someone you know) might be interested. While school starts after Labor Day, families gather for a picnic on August 7 and the New Family Welcome Dinner is on August 31.

The Gan is proud to be NAEYC-accredited. The National Association for the Education of Young Children accreditation is attained by only about 10 percent of schools nationwide. This means that in addition to meeting licensing standards (or exceeding them in most cases), the Gan must comply with the exacting standards set forth by its accrediting body. The Gan submits documentation that demonstrates met standards and is always subject to random visits by the association. Every five years, evaluators check our compliance with an onsite visit; the next visit will occur during the upcoming school year. Gan staff members have spent many hours preparing for this visit, and the results of all of the professional development undertaken by staff are showcased during our reaccreditation year.

Ms. Ellie’s Music & Movement Program for Young Children Begins Sept. 6



Tuesday mornings @ 9:30 am or 10:30 am

Treat your child to Ms. Ellie’s magical *Shir A Song* classes, a joyous immersion in Jewish and secular songs, fingerplays, rhythmic chants, percussion instruments, and dance moves. To learn more and register for the fall session at Adas Israel, go to www.mselliemusic.com. Space is limited; first come, first served! ❄

July/August Youth Services



Join us for our Wonderful Shabbat Youth Services

July 2: No Youth Services

July 9: Tot Shabbat

July 16: Tot Shabbat and Netivot

July 23: Tot Shabbat and Netivot

July 30: Tot Shabbat and Netivot

Aug. 6: Tot Shabbat and Netivot

Aug. 13: Tot Shabbat

Aug. 20: Tot Shabbat and Netivot

Aug. 27: Tot Shabbat and Netivot

Sept. 3: No Youth Services

The Daily Minyan continued from page 5

structured in this way to recall daily sacrifices offered up in the Holy Temple in Jerusalem.

The morning service is divided into several sections, which includes the *Amidah* (the standing prayer of 19 key blessings); the afternoon prayer consists of the *Amidah* and supplications; and the evening service consists of the *Shema* and the *Amidah*. Morning prayer is often recited wearing *tefillin* (phylacteries) and *tallit*. You, too, can learn how to wrap *tefillin* by coming to the morning *minyan* and learning from our helpful community members. Each service is unique in its way and offers different opportunities for connection and introspection.

Individual prayer is encouraged, but prayer with a quorum of 10 adults—a *minyan*—is the most highly recommended form of prayer and is required for some prayers. An adult in this context means over the age of 13 (*b’nai mitzvah*). Prayer is the service of the heart and is one of the many ways that love of God and community is expressed. Although one may obviously pray in private, praying with a congregation provides us the opportunity to come together in a most beautiful and meaningful way. Come and experience it for yourself at the Daily *Minyan* and on *Shabbat* and holidays at Adas. ❄

Recruiting Volunteers for Second 'One Congregation, One Family' Team



Interested in being part of an exciting new initiative in our community to help a young family rise up

from poverty? Join fellow Adas members by becoming part of a pioneering Adas Israel Mentor Team and helping a family emerge from homelessness to hope with dignity.

One Congregation, One Family (OCOF) is an interfaith initiative that matches families with volunteer mentoring groups (faith teams) from different congregations around the city. Adas Israel is building on its successful experience with a delightful family seeking to better itself with a second volunteer mentoring group. The team of four to six members will help promote life skills and offer the care and encouragement a family needs to foster personal and economic growth as it transitions from homelessness to stable housing and an improved quality of life.

We will offer help with budgeting, parenting skills, job networking, family literacy, nutrition, and links to ongoing services in the community. More important, we will help create supportive relationships to enable acts of lovingkindness.

This is a commitment of time and skills, not money. It is a modest commitment but one that could have valuable long-term benefit.

For more information contact Joel Fischman (fischman@comcast.net) or Social Action Chair Jamie Butler (Butler364@aol.com).

Follow Us on Facebook

Visit our Adas Israel Facebook Page at facebook.com/adasisraelcdc to get up-to-the-minute information in your community. Just "like" our page!



tikkunolam

Providing Meals for Those in Need, July 29 & August 15



It has been almost a year since Rabbi Alexander, Penina, and their boys joined our congregation. In recognition of that milestone, the Social Action Committee will mark Rabbi Aaron Alexander's first year at Adas Israel by providing a meal at So Others Might Eat (SOME).

We have all experienced the many ways the Alexander family has enriched and invigorated our community. Rabbi Alexander has brought his Torah, his passion for connecting Torah to our lives, his sense of humor, and his ability to listen deeply to so many parts of our congregational world. He has partnered with our Social Action Committee (SAC) as its members have worked to develop a new culture of advocacy and a deepening of relationships with our community partners.

In appreciation of Rabbi Alexander, the SAC is proud to sponsor lunch at SOME on Friday, July 29. Contributions to the Social Action Fund will be used to defray the cost of the meal, and Adas volunteers will help prepare and serve it.

Please join us at SOME's Dining Rooms for the Homeless at 71 O Street NW. Visit the Adas website and the *Tikkun Olam*/Social Action page for details and to register. For more information, e-mail Sharon Burka at slburka@aol.com.

Family of Harry & Fay Burka to Sponsor Lunch at SOME, August 15

In collaboration with the Adas Israel Social Action Committee, the grandchildren and great-grandchildren



of Harry and Fay Burka are sponsoring lunch at SOME in memory of their grandparents and great-grandparents. Harry and Fay Burka, lifelong members of Adas, were dedicated to serving the community.

Their example continues to inspire generations of the family to follow in their footsteps. To volunteer to prepare or serve lunch, register on the Adas website, at the *Tikkun Olam*/Social Action page. For more information, e-mail Sharon Burka at slburka@aol.com. ❀



Adas volunteers prepare and serve breakfast and lunch at SOME on Memorial Day.



Anne Frank House

Dear Adas Israel Community:

By now you have probably received Anne Frank House's annual fundraising letter. As always, AFH relies in so many ways on the Adas Israel community, and we're grateful for everyone's continued support of our work. It's in large part due to this support that we are hoping to purchase a new apartment in the next year or so, with the goal of having 14 residents by 2020.

For those not familiar with AFH, here are a few "fast facts" about the work we do:

- AFH provides apartments in NW Washington to 12 formerly homeless people who suffer from mental illness.
- AFH makes the difference between a degrading, difficult existence on the streets and a secure, stable, dignified, and independent home life.
- AFH is an all-volunteer organization.
- Over 90 percent of our income goes directly to serving our clients.
- Through a partnership with Friendship Place, AFH pays for our clients to receive psychiatric, medical, and case management services.

To contribute, you can mail a check to Anne Frank House c/o Adas Israel, or go online and make a contribution on the Adas Israel website. You can also make a donation on our website: <http://www.theannefrankhouse.org/>.

Thanks again and enjoy your summer.

—Ari Strauss & Lisa Stand, Co-Presidents

Ma Tovu: Adas Israel Hesed Committee

HONORING OUR LEADERS AND VOLUNTEERS

Interviewed by Marcy Spiro, Director of Membership Engagement

The Hesed Committee at Adas Israel is committed to fostering a caring, compassionate, and support-giving community. Our sacred obligation is to help identify, understand, reach out to, and lovingly support community members in moments of joy, pain, and/or grief.

In this way, we'll not only pursue fulfilling the immediate supportive needs of Adas members, but also simultaneously build a sustainable community web of lovingkindness that touches all centers and corners of the community.

Chaired by Rae Grad and spearheaded by Rabbi Lauren Holtzblatt, the Hesed Committee is broken up into different teams; phone calls (Kathie Hoppe and Harriet Isack), baskets (Michael Fingerhut and Penina Alexander), meals (Janet Scribner and Edna Povich), new families (Susan Klein and Naomi Perl), visits (Betsy Strauss and Art Isack), and the cooking team (Susan Barocas and Kristen Cavalho). I asked a few of the teams to tell us about their holy work and what makes hesed an integral part of their life at Adas.

Hesed Phone Calls Team: By developing the list and making the calls for the Caring Phone Line, we are enriching the lives of Adas congregants who are elderly and estranged from the synagogue. It is exciting to hear the joy in their voices when they realize that, on *erev Shabbat*, their congregation remembers them.

Hesed Meals Team: Our goal is to support the work of the Hesed Committee by providing outreach to members and to enhance the connection between Adas and its members by providing meals to those who may be recuperating from surgery or a short-term illness.

We felt honored to be asked to lead the committee and provide a valuable service to our community. It is particularly meaningful to be able to help those in our community who may not have family members readily available to help. We also believe that each of us, at some point, may be the one in need of this *hesed*.

The meals team provides an opportunity to give personal service, not merely to write a check. It also enables those working with this team to meet members of the community you may not know.

Hesed Basket Team: We aim to deliver a bag of goodies to new members and families with new babies to remind them that their community is thinking of them and is celebrating this milestone along with them. As someone who has received such a gift of caring in times of joy and pain in the past, I want to be part of brightening someone's day.

Hesed means never having to be alone. We are isolated from others in so many ways, and *hesed* reminds us that we



The Hesed Cooking Team, organized by Susan Barocas and Kristen Cavalho, hosted ITS first cooking event on Tuesday, June 7, and prepared lasagnas to be frozen and used for those recovering from illness or surgery.

can lean on one other in our struggles and celebrate together in our happy times, even if we do not know each other. The mere fact that we are part of a larger Adas community bonds us and makes us responsible for reaching out and making that personal connection.

Hesed New Families Team: Our team focuses on families experiencing life-cycle events. We help welcome new children into the community by organizing meals, visits, and general support. Practically speaking, we reach out to young families knowing that many aren't keen to ask for help. We believe in modeling *gemilut hasadim* for our children so they will grow-up to be thoughtful adults.

We believe that caring for others is key to building strong community. In a short time we have seen our collective efforts pay dividends. Families feel more connected to Adas, are moved by the generosity of the community, and are joining our efforts.

To learn more about the Hesed Committee or to volunteer, please contact Rae Grad at rgrad@comcast.net. ❀

Welcoming Refugees: The Statue of Liberty

By Robin Jacobson, Library & Literary Programs Director



What would July 4th be without dazzling fireworks lighting up the Statue of Liberty? For many, the statue is the ultimate American icon. Millions of refugees were first welcomed to the United States by the monumental lady in New York harbor who embraced the “huddled masses, yearning to breathe free.”

During the past year, as the nations of the world have closed their borders to Syrian refugees, the Statue of Liberty has become a poignant symbol of a past moment and mind-set that seems more humane and generous. But, surprisingly, the statue originally had no connection with refugees or immigrants. The statue’s meaning and mission were transformed by an American Jewish poet, Emma Lazarus (1849–1887). Read about her in biographies by Esther Schor, Bette Roth Young, and Eve Merriam (all in our library). Here are highlights from a remarkable story.

A Monumental Gift

In 1875, French sculptor Frederic Auguste Bartholdi began work on a massive statue, entitled *Liberty Enlightening the World*. The statue was to be a gift from the people of France to the people of the United States. It would celebrate both the American centennial and the Franco-American commitment to liberty. The statue, a robed goddess, was to evoke the legendary Colossus of Rhodes, one of the Seven Wonders of the Ancient World. That gargantuan statute had also guarded a harbor entrance.

Although the Liberty statue was a gift, the United States had to fund and build a pedestal for it. Fundraisers planned a gala art exhibition accompanied by the auction of a portfolio of artwork and writings by notable Americans.

Emma Lazarus

In 1883, the pedestal fundraisers asked Emma Lazarus, an eminent poet and essayist, for a poem to be included in the arts auction. Lazarus initially demurred, but later wrote 14 immortal lines. Her poem reimagined the statue’s identity as the “Mother of Exiles” and America’s mission as providing a haven for the homeless:

The New Colossus

*Not like the brazen giant of Greek fame,
With conquering limbs astride from land to land;
Here at our sea-washed, sunset gates shall stand
A mighty woman with a torch, whose flame
Is the imprisoned lightning, and her name
Mother of Exiles. From her beacon-hand
Glowes world-wide welcome; her mild eyes command
The air-bridged harbor that twin cities frame.
“Keep, ancient lands, your storied pomp!” cries she
With silent lips. “Give me your tired, your poor,
Your huddled masses, yearning to breathe free,
The wretched refuse of your teeming shore.
Send these, the homeless, tempest-tost to me,
I lift my lamp beside the golden door!”*

Why did Emma Lazarus identify with the plight of immigrants? She was not an immigrant herself or even the child of immigrants. Rather, she was a wealthy,

Books & More continued from left column

fourth-generation American, a secular Jew at home with the cultured Manhattan elite. But Lazarus did have deep, personal experience with refugees.

Beginning in 1881, thousands of Russian Jews emigrated, fleeing violent pogroms. Many were housed in miserable conditions on Ward’s Island in New York City. Lazarus made these refugees her cause: she visited, taught classes, and advocated for better housing, food, and sanitation. She even promoted a Jewish National Home in Palestine, years before Theodore Herzl became a Zionist.

At the statue’s dedication in 1886, no one mentioned refugees or *The New Colossus*, but by 1903, Lazarus’s friends succeeded in having the poem engraved on a plaque within the statue’s pedestal. The poem and the statue have been united ever since, beloved by immigrants and their descendants for the promise of a new life in America. ♣

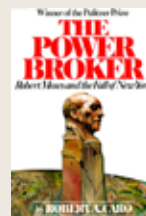
Book Chat

Excerpts from *The Power Broker*:

Robert Moses and the Fall of New York

SUNDAY, SEPTEMBER 18 @ 10:00 AM

All are invited to join a dynamic group of religious school parents to discuss a chapter from Robert Caro’s Pulitzer Prize–winning *The Power Broker*. This excerpt tells of a Bronx Jewish community that fought for its survival against powerful urban planners. Bronx natives or the children of Bronx natives are especially welcome to come share their stories.



Copies of *The Power Broker* chapter are available to pick up at the front desk in the Adas lobby—good summer reading!

For questions, please contact Robin Jacobson (librarian@adasisrael.org).

New Book by Adas Member



David Daniel is the author of a new novel, *A Life Twice Taken*, to be published this August. The novel concerns a family who loses a son, Joey, and accepts the help of scientific cabal that offers to clone him, giving Joey a second life. The Jewish Book Council describes the novel as “an exploration of the essence of identity, challenging traditional western notions of moving on after loss and the Jewish notions of the boundaries between life, death, mysticism, and reality.” ♣

continued in right column

synagoguecontributions

The congregation gratefully acknowledges the following contributions:

Abraham & Anna Nathanson Youth Endowment Fund

In Memory Of: **Anna B. Nathanson** by Bennett Nathanson.

Adas Fund

With Great Appreciation For: **Marcia Miller, Jane Baldinger** by Sherry Kaiman.
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Anne Frank House Fund

By: Diana Conn, Elaine Kremens.
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In Memory Of: **Bob Keimowitz** by Jeffrey Pukatch, Kenneth Heitner, Drs. Michael & Marion Usher. **Fred Adler** by Steve Schwat & Peter Bonnell, Steven Gilbert. **Philip Stern** by Susan P. Willens.

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In Honor Of: **Cathy Gildenhorn's** 60th birthday by Blanche Speisman. **Irwin Lebow's** 90th birthday by Ricki Gerger.

Bereavement Fund

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B'Yahad Special Needs Fund

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Charlotte & Hubert Schlosberg High Holy Day Mahzor Fund

In Memory Of: **Charlotte Schlosberg** by Barbara Sandler, Carolyn Alper, Stanley & Sandy Bobb.

Congregational Kiddush Fund

In Honor Of: **Norman Rubinson's** upcoming *bar mitzvah* by Adam & Susan Rubinson. Naming ceremony for **Daisy Hurowitz** by Amanda & Glenn Hurowitz. **Ethan & Brandon Wilner's b'nai mitzvah** by Cheryl Wilner, June Cohen. Our 25th anniversary by Edward Kean & Nancy Worth. **Matthew Mason** becoming a *bar mitzvah* by Gary & Thea Mason. **Tobias Berlinski's bar mitzvah** by Samuel & Carola Berlinski.

Daily Minyan Fund

In Honor Of: **Calvin Goldscheider** by Joan Kahn, Marvene Horwitz. **Masthananaiah Meejuru** by Ricki Gerger.

In Memory Of: **Sheldon Ronkin** by Allan & Susan Abravanel. **Sidney Yecies** by Mark Yecies. **Miriam Duberchin** by Marlene Reder. **Michael Nyrop Hoffman & Milton Hoffman** by Rae Brooks.

David B Sykes Family Endowment for the Arts

In Honor Of: **Adrian & Annette Morchower's** anniversary & their birthdays by Diane Sykes.
In Memory Of: **Sylvia Lefson** by Diane Sykes.

Dr. Louis & Althea Jacobs Camp Ramah Scholarship Fund

In Memory Of: **Louis Jacobs, Deborah Jacobs** by Jared Jacobs.

Dr. William & Vivienne Stark Wedding & Anniversary Fund

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In Memory Of: **Samuel Rose** by Dr. William & Vivienne Stark.

Ethel & Nat Popick Chronicle Fund

In Memory Of: **Charlotte Schlosberg** by Dorothy Block.

Frances & Leonard Burka Social Action Endowment

In Honor Of: **Joel Fischman** receiving the 2016 *Yad Hakavod* Award by Glenn & Cindy Easton.
In Memory Of: **Elizabeth Gelman Kossow** by Frances Burka, John & Renata Kossow.

Fund for the Future

In Memory Of: **Lawrence Luskin** by Miriam Ain. **Nathan Smith & Edith Smith** by Russell Smith. **Mendel Sender** by Sydel Sandy.

Gan Playground Renovation

By: Sandy & Lydia Parnes.

Garden of the Righteous Fund

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In Memory Of: **Lil Wolloch** by Cynthia Wolloch.

Jewish Mindfulness Center of Washington

In Honor Of: My birthday & with thanks for my *aliyyot* by Ronnie Kweller.

Joseph & Mollie Muchnick Fund

In Memory Of: **Joseph & Mollie Muchnick, Sylvia Sonderoff, Sarah & Mervin Lewis, Joel Ganz**, all by Charlotte Muchnick.

Lillian & Daniel Ezrin Fund for Ritual Objects

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Martha & Joseph Mendelson Adult Education Fund

In Appreciation Of: **Rabbi Steinlauf's** LGBT study sessions by Michael White.

Minnie & Abraham S. Kay Israel Scholarship Fund

In Memory Of: **Jack Kay** by Glenn Easton.

Offerings Fund

In Honor Of: **Sam Rifkind-Brown** becoming a *bar mitzvah* by Fred Klein.

With Thanks For: My *aliyah* on the 7th day of Passover by Barry Friedman. The *Mazal Tov* for our 48th anniversary by Richard & Carol Margolis.

In Memory Of: **Israel Stern** by Alvin Stern. **Sandy Cohen** by Barbara Sandler, Helen & Fred Altman. **Michael Schwalb** by Barbara Sandler.

Rabbi Holtzblatt Discretionary Fund

By: Max Parness & Elena Alschuler.
In Honor Of: **Rabbi Holtzblatt** by Hazel Keimowitz.
With Great Appreciation For: **Rabbi Holtzblatt** by Sherry Kaiman.

Rabbi Jeffrey & Judith Wohlberg Masorti Fund

In Honor Of: **Alana Herbst** making *aliyah* & joining the IDF by Jeffrey Herbst & Sharon Polansky.

In Memory Of: **Rabbi Morton Leifman** by Glenn & Cindy Easton, Roger & Renée Fendrich. **Libbie Scherr** by Stanley Scherr.

Rabbi Steinlauf Discretionary Fund

With Thanks For: My recovery from surgery by Ricki Gerger.

Return Again to Shabbat

In Honor Of: **Elyse Wasch** by Sherry Kaiman.

Rise & Ronald Schlesinger Music Fund

In Honor Of: Birth of **Talia Adina Boggs-Wente** by Ron & Rise Schlesinger.

In Memory Of: **Rabbi Morton Leifman** by Ron & Rise Schlesinger.

Hesed Fund

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In Memory Of: **Theloma Shapiro** by Steve & Susana Shapiro.

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Samuel Lebow by Dr. Irwin Lebow. **Roslyn Lavine, Sandy Cohen, Michael Schwalb, Arnold Albert, Charlotte Schlosberg, Frances Wertlieb Blacher**, all by Elinor Tattar. **Betty Kaye** by Elyse Kaye. **Bette Rothstein** by Fradel Kramer. **Ethel Finglass** by Jack Finglass.

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By: Pam Ehrenberg

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Rainey Jr. **Joel Fischman** receiving the 2016 *Yad Hakavod* Award by Manny Schiffres & Rae Grad, Stuart & Jamie Butler. **Jamie Butler** by Sherry Kaiman.

In Loving Memory Of: **Doris Fields** by Allan & Bobbie Fried.

In Memory Of: **Herbert Goldberg** by Stuart & Jamie Butler.

Sophie Silfen Shalom Tinok Fund

In Honor Of: Birth of **Talia Adina Boggs-Wente** by Lucy Hassell, Nechama Masliansky.

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In Memory Of: **Susan Linowes Allen** by Richard Linowes.

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Grand Slam Sunday

JEWISH COMMUNITY DAY AT Nationals Park

AUGUST 28, 2016

SIGN UP NOW FOR NATIONALS VS. ROCKIES AT NATIONALS PARK WITH ADAS ISRAEL MEMBERS

Sunday, August 28; game begins at 1:35 pm

The Jewish Federation of Greater Washington is hosting the second annual Grand Slam Sunday: Jewish Community Day at Nationals Park. On August 28, the Washington Nationals will take on the Colorado Rockies at 1:35 pm. Join us two hours before the game for activities and fun for all ages! Don't miss out—purchase your tickets today for Adas Israel's ticket block: shalomdc.org/gss2016adasisrael. Tickets are \$24.

We'll see you at the Ballpark!



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Tuesday, July 26

October:
Monday, August 29