



Adas Israel Congregation CHRONICLE

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Rabbi Steinlauf and some of Adas' littlest learners welcome a *sefer* Torah dressed and readied for the High Holy Days.
L'Shana Tova from your Adas Israel Family!

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From the President

By Debby Joseph



The High Holy Days, *Rosh Hashanah* and *Yom Kippur*, have always evoked mixed emotions in me. On the one hand, they have signaled a new beginning: a new school year, new friends to make, seeing friends and acquaintances I have not seen since last year, and the attendant possibilities that all these new opportunities may bring. On the other hand is the focus and purpose of holding oneself accountable for one's conduct during the prior year. The drama in the liturgy and consequences associated with the mistakes and frailties of being a human being that lead to being written in the "Book of Life" have always induced fear in its threat of the negative possibilities that may occur during the next year.

As I write this, we are approaching *Tisha B'Av*, the commemoration of the destruction of the Temple, closely associated with the sinful misconduct of the Jewish community of its time. It is a powerful reminder of the capacity of a people, and by extension, a person, to bring about their own demise. However, of equal importance is the implication that we are similarly capable of ensuring our own perpetuity. Of course, we all know examples of situations in which individuals have no such control, which is an aspect of these *yomim noraim* that is difficult to understand, as Rabbi Kushner aptly called it, "When Bad Things Happen to Good People."

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clergycorner



Rabbi Gil Steinlauf

One of the morning blessings that we recite each day blesses God as the one "who gives sight to the blind." When I first encountered this blessing, it struck me as odd. There are people who are blind and will never see. How do these people feel when they recite this blessing?

On *Rosh Hashanah*, we will read the story of Hagar, who was cast out of the tent of Abraham together with her son Yishma'el. It's a heart-rending story of abandonment, of despair, but also of God's compassion. Alone in the desert, Hagar puts her child down to die of thirst and goes off to weep. At that moment, the Torah says, "*Vayifkach Elohim et Eineyha*," "And God gave sight to her blindness" (*Gen. 21:19*). She lifted her eyes and saw that there was a well at that spot. In fact, the well was there all along, and it could save them both. She just couldn't see that well because of her despair.

I deliberately translated the Hebrew as "gave sight to her blindness" because the verb in *Genesis* is the same verb in the morning blessing of God who "gives sight:" "*poke'ach*." The Hebrew *poke'ach* does not literally mean "give sight." It translates more correctly as "opening up." So in *Genesis*, God opened up Hagar's eyes to see what was right there before her, something she couldn't see, not because of physical blindness, but because of her despair.

A standard explanation of the morning blessing—one that seeks to assuage the concerns about its insensitivity—is that it doesn't actually refer to physical blindness. Rather, God gives sight to the spiritually blind. We bless God who can open all our eyes to wellsprings of hope that exist beyond despair. It's a beautiful notion, and it's true.

But this High Holy Day season, I would like us to go even deeper into the meaning of this blessing. I would like us to return to the core literal message of the blessing: that God opens up vistas for those who are blind.

This summer marked the 25th anniversary of the Americans with Disabilities Act, a landmark legislation that finally guarantees the rights of Americans with disabilities, preventing discrimination in all areas of public life. The ADA represents a triumph in the ongoing journey toward the kind of world that the Torah teaches us to create, a world of ever-increasing justice and compassion for all human beings, created in the image of God. Our society has seen 25 years of extraordinary advances in integrating people with disabilities into mainstream American life. But we still have a long way to go. The ADA paved the way, but the cultural move toward full inclusion takes time. It takes time not only for businesses, organizations, and municipalities to evolve their practices and policies; it takes time for communities and individuals to raise consciousness and to take substantive action.

I am very proud of Adas Israel and its ongoing efforts toward increasing our accessibility and culture of welcome to all, whatever their abilities or differences.

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L'Shana Tova from Your Adas Israel Family! Adas Israel High Holy Days 2015/5776



With warmth, sincerity, gratitude, and faith, we invite you to share the holiday season with the entire Adas Israel family. May you be inscribed in the book of life for another wonderful year. And may you find much meaning, warmth, and personal renewal throughout this year's High Holy Day services at Adas Israel. Please

turn to page 4 for a complete High Holy Day Schedule and Guide. Packets of High Holy Day information have also arrived at your homes. Feel free to contact the synagogue office for any ticket and service needs. ❀

musicalnotes



Brought to you by Cantor Arianne Brown and the Musical Moments Committee

We are thrilled to announce the next season of musical moments here at Adas Israel! Whether singing our hearts out together in song and prayer, moving and grooving with our tots, or experiencing the joy of dazzling concert music—there's something for everyone. Come join us for a musical renaissance.

2015–16 Highlights:



Saturday, November 21, 5:30 pm Dedication of Kay Hall, Wasserman Hall, and Gildenhorn Foyer

Hava Melava with Craig Taubman

Join us as we dedicate our beautiful new gathering spaces with the soulful, ecstatic sounds of celebrated musician Craig Taubman in the round in Kay Hall. A chance for the entire community to join together in song and celebration! With gratitude to the immortal contribution of beloved Adas member Jack Kay (z"l).

Sundays, January 10 and February 7, 10:00 am

Move & Groove

An exciting concert for families with young children! Come move and groove with a fantastic children's entertainer. Families with children ages 0–5 are especially encouraged to join us for this wonderful musical celebration. Music, dancing, and singing for the entire family to enjoy. All are welcome.

continued in next column

Musical Notes continued from left column

Sunday, January 24, 4:00 pm

Tradition & Rebellion

We proudly partner with the Levine School of Music in this *Shabbat Shirah* weekend concert. Some of the most crucial and dramatic innovations in classical music have been inspired by the Judaic vocal tradition. In this unique mingling of life and art, tradition and rebellion will be explored by two award-winning duos. Pre-concert lecture at 3:15 pm

Saturday, March 12, 8:00 pm

Kol HaOlam VI

Who will be crowned as the sixth champion in 2016? Witness the ever-popular Annual National Collegiate Jewish A Cappella Championship Competition!

Wednesday March 23, 7:00 pm

Esther! With a Twist

Join us this *Purim* in our theatrical adaptation of *Oliver Twist* paired with the *Purim* story and a traditional *Megillah* reading!

Sunday, March 22, 4:00 pm

Triumph of the Spirit—Garden of the Righteous

This year's Garden of the Righteous will feature musical treasures that highlight the indistinguishable spark of the soul.

Sunday, June 5 @5:00 pm

Zemer Chai

Celebrate the 40th anniversary of Zemer Chai, the Jewish Chorale of the Nation's Capital! Under the inspired direction of Eleanor Epstein, Zemer Chai is dedicated to the rich musical heritage of the Jewish people. ❀

Join us for New Member Reception in the *Sukkah* September 30

Plan to join us in the *sukkah* on Wednesday, September 30, for a new member reception. This is an invitation to all our wonderful new members at Adas Israel to join us for a relaxed "meet and greet" with the Adas Israel clergy, lay leaders, and community members! Long-standing members of the community are also encouraged to attend to welcome our new friends to the congregation. ❀

High Holy Day Service Schedule



EREV ROSH HASHANAH

SUNDAY, SEPTEMBER 13

COMMUNITY SUNSET SERVICE 7:15-8:15pm

One Service w/ Full Clergy Charles E. Smith Sanctuary



FIRST DAY ROSH HASHANAH

MONDAY, SEPTEMBER 14

SHACHARIT 8:15am

Community Service w/ Full Clergy Charles E. Smith Sanctuary 🎵

Lay-Led, Traditional Egalitarian Gewirz Beit Am (*begins 8:45am*)

TORAH SERVICE 9:30am

Led by Rabbi Steinlauf & Cantor Brown Charles E. Smith Sanctuary 🎵

Led by Rabbis Holtzblatt & Alexander Kay Hall 🎵

Lay-Led, Traditional Egalitarian Gewirz Beit Am

Clergy-Led, Non-Instrumental w/ Rabbi Novak Biran Beit Midrash

FAMILY SERVICE 10:30am

Family Experience for all ages w/ Rabbi Rosenbaum Cohen Hall (Gan Space)

SERMON & MUSAF 10:45am (Sermon approx. 11:45am)

Led by Rabbi Steinlauf & Cantor Brown Charles E. Smith Sanctuary 🎵

Led by Rabbis Holtzblatt & Alexander Kay Hall 🎵

Lay-Led, Traditional Egalitarian Gewirz Beit Am

Clergy-Led, Non-Instrumental w/ Rabbi Novak Biran Beit Midrash

COMMUNITY TASHLICH 5:30pm

In Rock Creek Park Meet at Quebec St. Entrance

MINCHA/MAARIV 6:45pm

Community Services w/ Rabbi Novak Biran Beit Midrash



SECOND DAY ROSH HASHANAH

TUESDAY, SEPTEMBER 15

SHACHARIT 8:15am

Community Service Charles E. Smith Sanctuary

TORAH SERVICE 9:15am

Led by Rabbi Alexander & Cantor Brown Charles E. Smith Sanctuary

SERMON & MUSAF 10:45am

Led by Rabbi Alexander & Cantor Brown Charles E. Smith Sanctuary 🎵

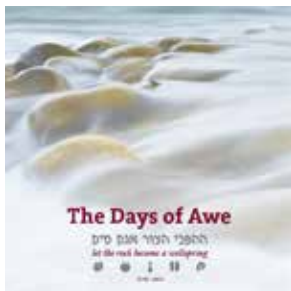
Led by Rabbi Steinlauf & Michael Leifman Kay Hall

MINCHA/MAARIV 6:45pm

Community Services w/ Michael Leifman Biran Beit Midrash

High Holy Days @ Adas, Around the Corner!

Rosh Hashanah begins Wednesday, September 13



Join us for an uplifting High Holy Day experience at Adas Israel. Whether you are new to the community, or a member of many years, we invite you to step out of your daily routines, join together with the *kehilla*, reflect deeply on what matters to you, and embrace the notion that anything is possible. The theme of this year's High Holy Days is derived from a passage in *Hallel*: "Let the rock become a well-spring." It will serve as the connecting thread throughout this year's service experiences.

We look forward to welcoming the new year with our Adas Israel family and a newly formed clergy team that includes **Rabbi Aaron Alexander**.

The Adas Israel clergy will be joined during the holidays by Rabbi/Cantor Mark Novak and Michael Leifman. Rabbi Holtzblatt and Elie Greenberg will lead our new "Return Again" service on *Rosh Hashanah*, *Yom Kippur*, and outdoors on *Kol Nidre*. We also look forward to our new High Holy Day family services

with Rabbi Kerrith Rosenbaum.

Please remember, to simplify the holiday ticket process, if you only want tickets for the people in your household in the Kay Hall,

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KOL NIDRE

TUESDAY, SEPTEMBER 22

MINCHA 5:45pm

Community Service Biran Beit Midrash

KOL NIDRE 6:30pm

Led by Rabbi Steinlauf & Cantor Brown Charles E. Smith Sanctuary 🎵

Led by Rabbis Alexander & Novak Kay Hall

Lay-Led, Traditional Egalitarian Minyan Gewirz Beit Am

"RETURN AGAIN" KOL NIDRE 7:30pm

Reflective & Musical w/ Rabbi Holtzblatt Connecticut Avenue Plaza 🎸



YOM KIPPUR

WEDNESDAY, SEPTEMBER 23

SHACHARIT 9am

Community Service Charles E. Smith Sanctuary

FAMILY SERVICE 10:30am

Family Experience for all ages w/ Rabbi Rosenbaum Cohen Hall (Gan Space)

TORAH SERVICE & YIZKOR 10:40am (Yizkor approx. 11:15am)

Led by Rabbi Holtzblatt & Cantor Brown Charles E. Smith Sanctuary 🎵

Led by Rabbis Steinlauf & Novak Kay Hall

Lay-Led, Traditional Egalitarian Gewirz Beit Am

SERMON, MUSAF & MARTYROLOGY 12:45pm

Led by Rabbis Holtzblatt & Alexander Charles E. Smith Sanctuary 🎸

Led by Rabbi Steinlauf & Cantor Brown Kay Hall

Lay-Led, Traditional Egalitarian Minyan Gewirz Beit Am

AFTERNOON DISCUSSION 3:30pm

Justice Ginsburg & Judge Tatel Charles E. Smith Sanctuary

MINCHA 5pm

Community Service w/ Michael Leifman Charles E. Smith Sanctuary

LATE YIZKOR 5:30pm

Community Service w/ Rabbi Novak Biran Beit Midrash

N'EELAH 6:15pm

Community Service w/ Full Clergy Charles E. Smith Sanctuary 🎵

TRADITIONAL N'EELAH 6:45pm

Lay-Led, Traditional Egalitarian Gewirz Beit Am



With Instruments: *Reflective, Soulful Sounds*

With Instruments: *Traditional, Cantorial Melodies*

High Holy Days continued from page 4

Gewirz Beit Am (Traditional Egalitarian Minyan), Family Service, or Sanctuary open seating, they will be sent to you automatically. No ticket request form is required.

You only need to return the ticket request form if you have historic dedicated seats in the Charles E. Smith Sanctuary or if you want to order extra seats for family and guests. If you are a dedicated seat holder in the Charles E. Smith Sanctuary, you will need to request the number of your seats that you intend to use for the coming holidays. (two seats are included in membership; additional seats will be charged to your account). Members will also be able to reserve non-dedicated seats (with limited availability) in the Charles E. Smith Sanctuary. You may ask for these seats on your seat request forms in the High Holy Day booklet. Please call, 202-362-4433, or e-mail Naomi Malka, naomi.malka@adasisrael.org, with any questions.

SEATING REMINDER

Please note that again this year, after the sermons in the Charles E. Smith Sanctuary, a seat that has not been occupied will be considered available for seating. This applies to both dedicated and reserved seats. We thank our committee members and coordinators for sharing their time and their holidays so others can have a meaningful High Holy Day season. We look forward to celebrating the most exciting time of the year with you, our Adas family. 🌟

Welcome New Ritual Director Hazzan Rachel Goldsmith



We are thrilled to announce that **Hazzan Rachel Goldsmith** joined the Adas Israel family this August as the congregation's new Ritual Director. Hazzan Goldsmith will perform a wide range of ritual duties, including the facilitation of daily *minyanim*, Torah readings for *Shabbat* mornings and other major services, and training and helping to coordinate *b'nai mitzvah* observances and tutoring, and coordinating *Shabbat* and holiday services for the community.

Many of you had the opportunity to meet Hazzan Goldsmith during her visit to Adas over the summer. She has extensive experience as a *hazzan* and ritual director for conservative congregations in the DC area as well for the Charles E. Smith Jewish Day School in Rockville. She has also taught all ages from pre-school through senior adults, and brings impressive administrative, organizational, and Jewish skills to our congregation, in addition to a deep love for Torah, Jewish life, history and community.

Throughout her interview process, she demonstrated herself to be a thoughtful, passionate, capable Jewish communal professional and ritual leader. Her warm presence and deep dedication to her own Jewish journey—and to the work at hand in our community—are immediately apparent upon meeting her, and the collective feedback from the interview process was unilaterally positive. We couldn't be more pleased with the selection, and we look forward to formally welcoming Hazzan Goldsmith to the community. ✨

holidays@adas

Home Observance of Rosh Hashanah and Yom Kippur, 5776 Rosh Hashanah at Home

The celebration of *Rosh Hashanah*, like all Jewish holidays, takes place both in the synagogue and at home. The mood of the holiday combines solemnity and joy. The commemoration of *Rosh Hashanah* at home can be enhanced by the following preparation and ceremonies: the table should be set in a festive manner, with a white cloth (symbolic of purity and joy), candlesticks, wine, apples and honey, and *challot* (usually round to symbolize a full, complete year). The family gathers for the lighting of the candles.

1. *Rosh Hashanah* begins on Sunday evening, September 13; candles are lit and the blessing is followed by the *She-hecheyanu*:

ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו, וצונו להדליק נר של יום טוב.

Baruch ata Adonai Eloheinu melech ha-olam, asher kid-shanu b'mitzvotav v'tzevanu l'hadleek ner shel Yom Tov. Praised are You, Lord our God, Master of the universe, who has sanctified us with Your commandments and commanded us to light the festival candles.

ברוך אתה יי אלהינו מלך העולם, שהחיינו וקיימנו והגיענו לזמן הזה.

Baruch ata Adonai Eloheinu melech ha-olam, she'hecheyanu, v'kee'manu, v'heegee anu lazman hazeh. Praised are You, Lord our God, Master of the universe, who has kept us in life, sustained us, and enabled us to reach this season.

2. Blessing of the children: It is a beautiful tradition for parents to bless their children before reciting *kiddush*. Parents place their hands on each child's head and say the appropriate blessing.

For sons:

ישמך יי אלהים באפרים וכמנשה.
Y'simcha Eloheem k' Efrayim v'chi Menashe. May God make you as Ephraim and Menashe

For daughters:

ישמך יי אלהים כשרה רבקה רחל ולאה.
Y'simech Eloheem k' Sarah, Rivka, Rachel, v' Leah. May God make you as Sarah, Rebecca, Rachel, and Leah.

For all children, continue with the Priestly Blessing:

Y'va-rekh'kha Adonai v'yish-m'-rekha. May the Lord bless you and keep you; *Ya-er Adonai panav ele-kha vi-hu-neka.* May the Lord's goodness shine on you and be gracious to you; *Yisa Adonai panav ele-kha v'ya-sem l'kha shalom.* May the Lord turn with favor to you and give you peace. Amen.

3. On the first night of *Rosh Hashanah*, it is traditional to dip apples in honey and recite the following prayer:

ויהי רצון מלפניך, יי אלהינו ואלהי אבותינו, שתתחדש עלינו שנה טובה ומתוקה.

Y'hee ratzon milfanecha, Adonai, Elohaynu v'elohay avotaynu, she'ti-chadesh aleynu shana tovah u'metukah. May it be Your will, Lord our God, and God of our ancestors, that the New Year be both good and sweet.

4. *Kiddush* for *Yom Tov*

5. *Motzi*

6. On the second night of *Rosh Hashanah*, it is customary to eat a new fruit (mango, pomegranate, etc.) so that the *She-hecheyanu* may be recited. However, the *She-hecheyanu* may be recited even without eating a new fruit.

7. The traditional greeting for *Rosh Hashanah* is: לשנה טובה תקבלי
L'Shanah Tova Tikatevu.... May you be inscribed for a good year.

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Rosh Hashanah Gift Bag Project

Keep an eye out for updates about our yearly RH *Hesed* Project! Each year we spread the sweetness of the New Year! For the past five years, the Hesed Committee has organized assembly and delivery of *Rosh Hashanah* bags with a lot of help from the Adas community, and we hope you will help us again this year. We haven't finalized the date yet, so please keep an eye out for

updates in @Adas. If you are interested in volunteering, please contact Marcy Spiro, Director of Membership Engagement, marcy.spiro@adasisrael.org or 202-362-4433, ext. 113.



Selichot, Saturday night, September 5 @ 9:00 pm on the Connecticut Ave Plaza

Avinu Malkenu . . .

Be gentle with us,
be in relationship with us,
bring us to our full potential.

Even though we have limitations.

Several days before *Rosh Hashanah*, Jews around the world gather together to recite

the *Selichot*, a beautiful series of penitential prayers and meaningful liturgy. This tradition invites us to open ourselves up to the essential work of the Days of Awe: the process of repair and return, of acknowledgment and long-ing. It allows us to chant in unison and begin to come to terms with where we have erred in relation to ourselves, to others, and to the Holy One.

Our *Selichot* service includes highlights of the High Holy Day liturgy, coupled with the hauntingly beautiful sounds of the Days of Awe melodies. Please join the community for a warm evening of personal reflection through song, text, and sharing our own stories. The evening is generously sponsored by the **Mollie & Joseph Muchnick Selichot Fund**. ❀

Kever Avot Memorial Services & Cemetery Hours



Jews worldwide mark the approaching High Holy Days with annual visits to the graves of departed loved ones. An ancient custom, *Kever Avot*, literally "graves of the fathers," dates almost as far back as Jews themselves. The Adas Israel *Kever Avot* schedule is as follows:

Kever Avot Memorial Cemetery Service, Sunday, September 13, at 10:30 am, at Adas Israel Cemetery, 1400 Alabama Avenue, SE, Washington, DC, with Rabbi Gil Steinlauf. The bus leaves from the congregation at 9:30 am. Call Carol Ansell at the synagogue, 202-362-4433, to reserve a seat. Space is limited.

Judean Memorial Gardens *Kever Avot* Service, Sunday, September 13 at 10:30 am, with Rabbi Lauren Holtzblatt.

May the memory of your loved ones be a blessing and inspiration. ❀



Volunteers Needed for High Holy Days!

Yes, you read that correctly. You have received your HHD packet in the mail and as you've seen, we have an amazing array of services, discussions, and special events planned. In addition to our clergy and staff members, we look to our members to help us make *Rosh Hashanah* and *Yom Kippur* a spiritual, enjoyable, meaningful, stress-free experience for our 5,000 members.

Volunteering as a High Holy Day usher can help you fulfill the *mitzvah* of *hachnasat orchim* (welcoming guests). Not only do we make sure that congregants and guests feel welcome, but we play a role in maintaining the security and dignity of our services. We direct worshippers to their seats, answer general questions, and distribute books, *kippot*, *tallitot*, and other religious materials. Simply stated, your service observance would not be the same without the assistance of our ushers.

If you would like to do more this year, consider volunteering as an usher. We need ushers for all services, so no matter which one you attend, we can use your help at a time that is convenient for you. The time commitment is slight—two hours or less—and we have approximately 100 slots to fill.

So before you head off for your summer vacation, please take two minutes and sign up to usher for the High Holy Days this fall. We've made it very easy for you. Simply go to the Adas Israel website, www.adasisrael.org/HHD, and sign up today or contact Mark Berlin, HHD Usher Coordinator, berlin.potomac@gmail.com or 301-294-9018.

We have also scheduled an orientation for ushers on **Wednesday, September 2**, at 6:30 pm. More information about that session is coming later this summer. Thank you in advance for your assistance. ❀

Yom Kippur Afternoon Discussion

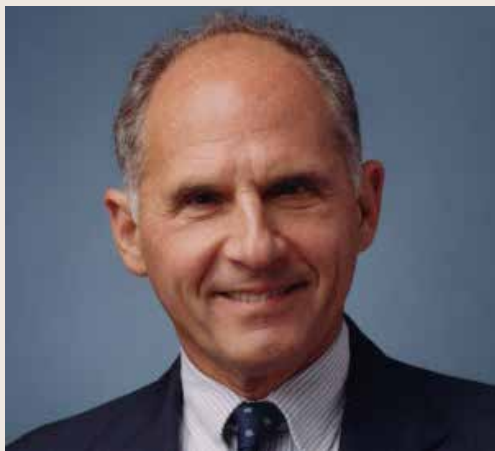
Wednesday, September 23 @ 3:30 pm

Charles E. Smith Sanctuary

Join us for an afternoon discussion with Justice Ruth Bader Ginsburg and Judge David S. Tatel.



Justice Ruth Bader Ginsburg is widely recognized as one of the most powerful women in the world. She was appointed to the Supreme Court by President Bill Clinton as the first Jewish female Justice. An outspoken advocate for gender equality and civil rights, Justice Ginsburg has proven to be one of the most influential thought leaders of the 21st century.



Judge David S. Tatel is an American jurist who has been a judge on the U.S. Court of Appeals for the District of Columbia Circuit since 1994. He has devoted his professional life to underprivileged members of society, especially children in urban areas. Overcoming tremendous personal obstacles, including a complete loss of vision in the early 1970s, Judge Tatel was nominated to fill the U.S. Court of Appeals seat vacated by Justice Ruth Bader Ginsburg. ❀

holidays@adas continued

Home Observance continued from page 4

Yom Kippur at Home

1. Memorial Candle: It is customary to light a memorial candle for departed members of the family before lighting the holy day candles.

In the Jewish tradition, there is no official blessing recited upon lighting a *yahrzeit* candle. The reason for this is that the act of kindling the *yahrzeit* light is not the direct fulfillment of a specific *mitzvah*. The light reminds us of the *neshamot*, the souls of our beloved departed who brought light to our lives.

As Jews, we are used to having something to say at a special moment—a blessing or a prayer. At this moment, however, when the memory of a whole life is before us, there are no words. There is only silence. When Aharon the High Priest witnessed the death of his two sons, the Torah says “*Vayidom Aharon*,” “And Aharon was silent” (*Leviticus* 10:3). Silence does not necessarily represent the lack of pathos and love. It can also be the fullness of those feelings, so full in fact, that no words can adequately capture them. As we light the *yahrzeit* lights, we can notice this silence, and feel the depth of love for those whom we have lost.

2. Blessing of the candles on Friday, October 3

ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו, וצונו להדליק נר של יום הכיפורים.

Baruch ata Adonai, Elohaynu melech ha-olam, asher kid'shanu b'mitzvotav, v'tzevanu l'hadleek ner shel Yom HaKippureem. Praised are You, Lord our God, Master the universe, who has sanctified us with Your commandments and commanded us to kindle lights for Yom Kippur.

3. Blessing the children on the Eve of Yom Kippur (*Kol Nidre*): It is traditional for parents to bless their children as the candles are lit on the eve of festivals.

This is a special additional prayer for the Eve of Yom Kippur (*Kol Nidre*): May it be God's will to sustain you in life and health. May your eyes not lead you astray, may your mouths speak with wisdom, may your hearts meditate with reverence, may your hands be engaged in commandments, and may your feet hasten to do God's will. May the Almighty grant you children who will grow up to be righteous, occupying themselves with Torah and commandments all their days. May the Almighty enable me to meet the obligations of parenthood, to provide amply for your needs, and to guide you toward good and upright character. May you be inscribed and sealed in the Book of Good and Long Life, together with all of the righteous. *Amen*.

4. A traditional greeting for Yom Kippur is: גמר חתימה טובה.

G'mar Hatimah Tovah, May you be sealed in the Book of Life. ❀

Community-Wide Sukkah-Decorating Happy Hour, Sept. 24



We have so many community events already planned to take place in the *sukkah*: the Gan's “Snack in the Shack,” Religious School *Shacharit* Live, New Member *Oneg*, Traditional Egalitarian *Minyan* dinner, *Kiddush* in the *Sukkah*, etc. Now we need a community to help build and decorate the famous Adas Israel *sukkah* on the Connecticut Avenue patio.

Please join us in this *mitzvah* on Thursday, September 24, at 4:30 pm for our community *Sukkah* Decorating Happy Hour. All ages are welcome to help with the different projects, including finishing any of the *sukkah* construction, making paper chains, stringing fruit, and decorating. Please join us after your work or school day for snacks, drinks, and fun! For more information or if you're interested in volunteering, please contact Director of Membership Engagement Marcy Spiro, marcy.spiro@adasisrael.org or 202-362-4433, ext. 113. ❀

Sukkot / Shemini Atzeret / Simchat Torah Full Service Schedule

Eve 1, Erev Sukkot, Sunday, Sept. 27

9:00 am Morning Minyan
6:00 pm Evening Minyan

Day 1, Monday, Sept. 28

9:15 am Combined Morning Service
11:00am Sukkot Children's Service
12:00pm Kiddush in the Sukkah
6:00 pm Evening Minyan

Day 2, Tuesday, Sept. 29

9:15am Combined Morning Service
12:00pm Kiddush in the Sukkah
6:00pm Evening Minyan

Day 3, Wednesday, Sept. 30

7:15 am Morning Minyan /
Chol HaMoed Sukkot
6:00pm Evening Minyan
6:30pm New Member Oneg
in the Sukkah

Day 4, Thursday, Oct. 1

7:15 am Morning Minyan /
Chol HaMoed Sukkot
12:00pm HAZAK Potluck Lunch
in the Sukkah
6:00pm Evening Minyan

Day 5, Friday, Oct. 2

7:15am Morning Minyan /
Chol HaMoed Sukkot
12:00pm Gan Snack in the Shack
6:00pm Traditional Lay Led Service
Led by Kanter- Goodell Family

Day 6, Saturday Oct. 3

9:15am Return Again Shabbat
Service/ Tinok (Baby) Shabbat
9:15am TEM Service
9:30 am Havurah Service
11:00am Tot Shabbat
11:00am Netivot
12:00pm Kiddush in the Sukkah
6:00pm Mincha / Maariv Services

Day 7, Erev Shemini Atzeret, Sunday, Oct. 4

9:00am Morning Minyan /
Hoshana Rabba Service
6:00pm Evening Minyan

Day 8, Erev Simchat Torah, Monday, Oct. 5

9:15am Combined Shemini Atzeret /
Yizkor Service
12:00pm Kiddush in the Sukkah
6:00pm Mincha
6:30pm Erev Simchat Torah
Maariv & Hakafot
7:00pm TEM Erev Simchat Torah
Service
8:30pm Erev Simchat Torah Reception

Simchat Torah, Tuesday, Oct. 6

9:15 am Combined Simchat Torah
Service
11:00am Simchat Torah Children's
Service
12:00pm Simchat Torah Kiddush
6:00pm Evening Minyan



2015 High Holy Day JMCW Programming Jewish Mindfulness Center of Washington @ Adas Israel

L'Shana Tova! The JMCW @ Adas offers programs and workshops to help deepen our experience of the spiritual, and create connections to foster a vibrant, diverse spiritual community. This year, heighten your spiritual experience of the pinnacle of our holy calendar with the following mindful programs:

Spiritual Shofar Blowing

Led by Jennie Litvack

Sunday, August 30, 10:00 am

Take a deep breath and learn about the *shofar* in this hands-on workshop with Jennie Litvack.

"Beit Midrash Night"

Led by Rabbi Aaron Alexander

Tuesday, September 1, 6:30 pm

Intellectual and spiritual text study in preparation for the Days of Awe.

Pre-High Holy Day Photographic Meditation

Led by Betty Adler

Sunday, September 6, 10:00 am

A two-hour program with metaphorical imagery, chanting, and a short sit to open the channels for the coming year.

Immersing in Holiness: A New Year Mikvah Renewal

Monday, September 7, 12:00 noon

Enter the waters of renewal in time for the High Holy Days in this intensive, communal workshop.

Rock Creek Sh'ma: Embodied Prayer in the Park

Led by Lauren Rubenstein and Judd Holzman
Rosh Hashanah, Day 1, Monday, September 14,
2:00 pm

A gentle, inspirational hike through Rock Creek Park with Lauren Rubenstein and Judd Holzman.

Preparing Body and Soul through Mindful Moments

Led by Susan Barocas and Michelle Buzgon

Yom Kippur, Wednesday, Sept. 23, 5:30 pm
Calming our bodies and minds, opening our

hearts, and awakening our spirits through mindful High Holy Day practice with Susan Barocas and Michelle Buzgon. ✿

Lulav and Etrog Orders Due by Friday, September 18

"... and you shall take the fruit of goodly trees ... and rejoice before the Lord your God."

We encourage you to order your *lulav* and *etrog* in preparation for the festive observance of the *Sukkot* holiday. Please send check and order form to the attention of Rachel Goldsmith, Adas Israel Congregation, 2850 Quebec Street NW, Washington DC 20008.*

Lulavim and *etrogim* may be picked up on Friday, September 25, between 8:30 am and 3:30 pm or at *Sukkot* services, on both *Yom Tov* and *Chol HaMoed*.

Enclosed is my check, made out to Adas Israel, for \$40 for a *lulav* and *etrog* set.

Print Name _____

Phone Number _____

*If you prefer to bill your synagogue account directly, please contact Rachel Goldsmith at 202-362-4433 or Hazzan.Goldsmith@adasisrael.org to make those arrangements.

Simchat Torah Honorees, 5776

Simchat Torah is one of the most joyous days of the Hebrew calendar. On this day, the annual cycle of the reading of the *Torah* is begun again. Each year, several congregants who have served with unusual dedication are selected to receive special honors on *Simchat Torah*. For each of them, Adas Israel is deeply entwined with their lives and that of their families. Please join us on the morning of *Simchat Torah* on October 6 when we will honor this year's worthy honorees (to be announced soon).

Please join us on *Simchat Torah* morning, Tuesday, October 6, at 9:15 am when we will welcome these outstanding individuals to the Torah and thank them for their service to our congregation and our community. Photos and bios of the honorees will be published in the October *Chronicle*. 🌸

lifecycle

Milestones

Births

Henry Magnus Volkman, son of Alexis and Wes Volkman, grandson of Leslie Chernikoff-Berman and David Berman, great-grandson of Ruth Chernikoff, was born January 10.

Owen Stanley Coombs, great-grandson of Ruth Snyder, was born June 9.

Solomon Bernard Kimmel, son of Rachel Bernard and Seth Kimmel, grandson of Jean and Larry Bernard, was born June 24.

Maya Nagler, son of Hana Hausnerova and Asaf Nagler, granddaughter of Herlene and Yaacov Nagler and Eva Hausnerova and Peter Hausner, was born July 25.

We wish our newborns and their families strength, good health, and joy.

B'nai Mitzvah



Sydney Schwalb, October 3

Sydney, daughter of Mickie Simon and Brian Schwalb is an eighth grader at Alice Deal Middle School. She began her Jewish education at Gan HaYeled and currently attends the Ma'alot program at the Estelle & Melvin Gelman Religious School. Sydney looks forward to sharing her *simcha* with her sisters, Jessica and Allison, her extended family and friends, and the Adas community.



Gabriel Kanter-Goodell, October 3 (TEM)

Gabriel, son of Beth Kanter and Jeffrey Goodell, is an eighth grader at the Edmund Burke School. A Jewish Primary Day School-NC graduate, Gabriel started his formal Jewish educational journey at Gan HaYeled. He currently participates in the Ma'alot program at the Estelle & Melvin Gelman Religious School and loves spending part of his summers at Camp Ramah in New England. For his *mitzvah* project,

Gabe has been volunteering with Sunflower Bakery, a bakery that serves as a work-training program for young adults with cognitive and other developmental disabilities. Gabe looks forward to sharing this milestone with his sister, Miriam, as well as his family, his friends, and his TEM community.

In Memoriam

We mourn the loss of synagogue members:

Pauline Goldberg

David Schwartz

We note with sorrow and mourn the passing of:

Mildred S. Danin, mother of Robert Danin

Tova Dershowitz, mother of Toby Dershowitz

Bradford Glassman, brother of Bernard Glassman

Louis Hyatt, husband of Ilene Hyatt

Arnold Marcus, father of Ruth Marcus

Nicholas Perrotti, stepfather of Jody Fidler

Sarabella Ponack, mother of Harry Ponack

Richard Rich, father of Charles "Chuck" Rich

Lila Ment Rudnick, mother of Amy Rudnick

Joseph Tabah, father of Agnes Tabah

Louis Tannenbaum, father of Denyse Tannenbaum

Roberta Veax, sister of Susan Winberg

Rabbi Steinlauf continued from page 2

es. With our Adas Israel Inclusion Task Force, and our partnering with the USCJ Ruderman Inclusion Action Initiative, we seek to be at the cutting edge of synagogues that lead and set the example for accessibility and welcome for all. We have vastly improved our accessibility in the renovation of our worship spaces. As you come through the doors of the newly renovated Kay Hall this year, you will notice that they are now fully handicapped accessible. But there is still much work to be done in our synagogue. And it's not just in facilities updates.

The real work of building a more just community is the spiritual work that we must all do. These High Holy Days, let's think very deeply about what the *brachah* means when it says that God gives sight to the blind. Let's think about that moment when God opened up Hagar's eyes at that life-giving well. Let's pray that all of our vision—whether we are sighted or not—is opened up, that we may ask ourselves to respond to some essential questions: Where have I, in my areas of privilege, turned a blind eye to those in our community who cannot access the things that I can enjoy? Where are the wellsprings of resources that are right there before us that can create a truly accessible, loving, and just community for all of our people? May 5776 be a year when the compassion of our community reaches new heights, all because each one of us has access to the life-giving waters that sustain us, from generation to generation.

—*L'Shana Tova Tekateivu!* 🌸

Life Cycle Information

When Death Occurs

When death occurs, please call the synagogue office, 202-362-4433, so that we may inform the clergy and be of assistance. During business hours, ask for Carole Klein. After business hours, a staff member on call may be reached by calling the synagogue office at the number above and pressing "2" to be connected automatically, or by calling the answering service, 301-421-5271, which will page the staff member on call. On *Yom Tov* and *Shabbat*, even though detailed funeral arrangements should not be made, a staff member on call can still be reached at 301-421-5271.

Bereavement Committee

The Bereavement Committee assists families with all of the arrangements surrounding the funeral and subsequent burial of loved ones. We welcome your interest and encourage your participation and assistance. We need you; please join us. If you have questions, or know of someone whom you think might be interested in participating in this important work, please feel free to call Edie Hessel (202-244-7189) or contact Toni Bickart (202-244-2747) regarding the *Tahara* Committee.

Cemetery Hours

Visitation at the Adas Israel Cemetery is by appointment only. Contact Carole Klein at the synagogue office (202-362-4433) to schedule a visit. ❀



JewKvox, an exciting DC area a cappella group, is taking it to the next level. We specialize in Jewish and popular/secular music and are looking to add an excellent alto, tenor and/or baritone with significant a cappella experience.

Arranging skills a plus! Don't be shy - drop us a line with some biographical info, what you want (or don't want) in a group, and any questions at jewkvox@gmail.com. Auditions to be held on a rolling basis. Learn about us at www.jewkvox.com and on Facebook.

Kol HaMayim: The Voice of the Waters



Mikvah Guide Training, Oct. 14/15

Mikvah Guides support people through profound moments of personal and spiritual transitions and facilitate a connection to the holy through Jewish ritual. They offer themselves as witnesses to both quiet moments and joyous celebrations. *Mikvah* Guides can attest to the beauty of Jewish tradition in addressing the sanctity of the body.

This fall, the Adas Israel Community *Mikvah* is looking to train a fourth cadre of volunteers. This opportunity is open to women and men of all ages, from all levels of Jewish observance. No experience is necessary. A background in social work, therapy, or health care may be useful, but anyone with the right amount of sensitivity to others can be a good guide. This is a great opportunity for learning, growth and connection.

Some occasions when your guidance might be called upon include

- Life-Cycle Events
- Infertility
- Healing
- Aging
- Conversions
- Monthly Cycles

Again, you don't have to be a *mikvah* user to become a *Mikvah* Guide, and no minimum time commitment is required. There will be two orientations at Adas: Wednesday, October 14, 7:00–9:00 pm or Thursday, October 15, 12 noon–2 pm. If you are interested, please come to one of those sessions (not both), and then you can continue with ongoing informal training on your own schedule.

For questions or more information, or to express interest even if you can't come on October 14 or 15, please contact Naomi Malka, 202-841-8776 or Mikvah@adasisrael.org. ❀

Join us for...

High Holy Day H₂O

Labor Day

Monday, September 7

8:00 - 9:00 am

Join us at the outdoor pool at Somerset House (5600 Wisconsin Avenue, Chevy Chase) for a "*mikvah* immersion" to get into spirit of the High Holy Days. Both men and women of all ages are encouraged to come, and you can either watch or participate. Wear your bathing suit and towels will be provided.

For more information, call Naomi Malka, 202-841-8776.

A Preview of the 2015–16 Season in the Adas Israel Biran *Beit Midrash*



This year in the Biran *Beit Midrash* we will spend the year **Reclaiming the Religious Heart.**

What does it mean to be as inclusive as God would want us to be? Is there a Jewish ethic for healthy disagreement? Does our tradition offer us insight into how our eyes and ears can be extensions of God's love in the world? Are boundaries still relevant in our world, and, if so, who decides which ones, and how are those decisions made? In other words, we're going to get at the heart of religious life this year.

Though Judaism provides a depth and beauty for meaningful life that we at Adas Israel strive to present, too often our religious tradition is hijacked by polarized discourse. But we know deep down that our unique and grounded vision of Torah asks us to look beyond the binary in search of a robust, dynamic, and holistic religious experience, one that respects and celebrates the edges, but also prides itself on exploring the textured chasm between them.

MakomDC is a space Adas Israel created to transcend the expected and elevate the white spaces between the black letters. This year we'll dedicate each month to a "pod" of learning on a topic that cuts to the core of who we strive to be in the world as a faith community.

Each session will stand on its own, but in combination you'll also have the chance to experience a soulful Judaism of the heart, head, and hands.

Week One: First Tuesday of the month will offer an Open *Beit Midrash*, a place to sit across the table from fellow seekers and explore the rich, sophisticated, and sacred texts that have animated our people for so many years. We'll question and grapple together and passionately talk through the uplifting and challenging ideas these ancient and modern texts provide. These sessions will be led by the Adas Israel clergy.

Week Two: Second Tuesday of the month *MakomDC* will bring in a dynamic scholar and master-teacher to explore the month's topic. Be prepared to have your mind expanded as the texts covered in the first week will be given new meaning and further depth.

Week Three: Third Tuesday of the month will offer engagement of our texts as well, but this time our hands will be the primary avenue for engagement. We're going to transform the Biran *Beit Midrash* into an experiential extravaganza. You'll paint, sing, write, and learn communication skills that will transform how you access Torah in your life.

Our *Beit Midrash* is one of innovation and exploration, and that's what we'll be doing.

MakomDC's program this year will offer two additional features. On four *Shabbatot* over the course of the year (third Saturdays) Rabbi Alexander will give a text-based class, post-*kiddush* lunch in the *Beit Midrash*, using *halakhah* (Jewish life and living) as a prism with which to access our monthly topic. This year we are also continuing our Mendelson *Shabbat* scholar series after *kiddush*. Please keep an eye out for the upcoming scholars and dates TBA.

October: Hearts Wide Open



Reclaiming the religious heart. A religious heart is meant to be ever-expansive and open to the diversity of all of God's creations. Yet, it doesn't happen without first understanding that capacity, and then cultivating the ways in which we can nurture that expansiveness. This month will offer both the Jewish framework for an open heart and techniques to actualize that vision. Oct. 13: *Shiur* with Rabbis Steinlauf, Holtzblatt, and Alexander

Oct. 20: Diversity training (training the heart)

Oct. 24: Post-Kiddush *Halakhah* Class with Rabbi Alexander

Oct. 25: God's Love Story: Exploring the *Zohar* with Rabbi Gil Steinlauf

November: Sacred Conflict



Conflict is a natural and necessary part of our lives no matter how hard we often try to avoid difficult situations. Conflict isn't a question of "if" but "how" we engage. Our lives hold deeper meaning when we have discipline and when we can relate and disagree with each other with dignity. In this month we'll explore the concept of *machloket shem shamayim*, disagreement for the sake of heaven.

Nov. 3: Open *Beit Midrash* with Rabbis Alexander, Holtzblatt and Yolkut

Nov. 10: Rabbi Brad Hirschfield on Sacred Conflict

Nov. 15: Making Torah Personal with Rabbi Gil Steinlauf

Nov. 17: Conflict Resolution with Jewish Public Affairs: resetting the table

Nov. 21: Post-Kiddush *Halakha* class with Rabbi Alexander

December: Seeing



Our eyes are quick to play tricks on us. We often see an image and assume something to be true, rather than intuitively understanding that which is in front of us. What does it mean to see the world through God's eyes? What does our tradition offer for recognizing the image before us not just through our eyes but through our hearts and our *neschama* (soul) as well.

Dec. 1: Open *Beit Midrash* with Rabbis Alexander, Holtzblatt, and Yolkut

Dec. 8: Rabbi Brad Artson on Seeing

Dec. 12: Post-Kiddush Talk, 1:00–2:30 pm, Mendelson *Shabbat* Scholar series with Dr. Aaron Amit of Bar Ilan University

Dec. 15: The *Beit Midrash* will be turned into a paint studio, and everyone leaves with a piece of Jewish art

Dec. 20: Judaism and the Problem of Evil with Rabbi Gil Steinlauf

January: Listening



Every single day we use our ears. We hear so much . . . but how much do we actually listen? Hearing is easy. Listening is hard. The Torah offers us a blueprint for the practice of listening and invites us to hone those skills within the context of our textual tradition and the practical skills that bring them to life.

Jan. 5: Open *Beit Midrash* with Rabbis Alexander, Holtzblatt, and Yolkut

Jan. 12: Rabbi Ebyn Leader on Listening

Jan. 19: Drum Workshop

Jan. 23: Post-Kiddush *Halakha* class with Rabbi Alexander

Jan. 31: The *Shema*: Using this Text to Find Connection with Rabbi Gil Steinlauf

February: Elasticity



The world is presented to us in binaries: black and white, good and bad, pro and con, good and evil. Jewish elasticity maximizes the boundaries of thought, practice, and identity to elevate the Torah that promotes multiple truths. Together we'll learn to read the Torah in this way and conceptualize these ideas for our own growing religious awareness.

Feb. 2: Open *Beit Midrash* with Rabbis Alexander, Holtzblatt, Yolkut

Feb. 9: Yehuda Kurtzer on Elasticity

Feb. 16: Workshop on craftsmanship/woodworking

Feb. 20: Post-Kiddush *Halakha* Class with Rabbi Alexander

Feb. 28: What is Jewish Identity in the 21st century? with Rabbi Gil Steinlauf

March: Hubris & Humility



It's so easy to feel both ever-important and ever-unnecessary at the same time. But how do we find the balance between self-worth and self-negation? The Torah wants us to live with both grand self-worth and realistic humility, and this month will support all of us in achieving a healthy religious balance.

March 1: Open *Beit Midrash* with Rabbis Alexander, Holtzblatt, and Yolkut

March 6: The Chasidic Story: Having a Jewish Soul with Rabbi Gil Steinlauf

March 8: Rabbi James Jacobson Maisels on Hubris & Humility

March 15: Meditation practice with Rabbis Steinlauf and Holtzblatt

March 19: Post-Kiddush *Purim* Torah study session

April: Imagination



The very first creative words of the Torah were "let there be." That is the Judaism we live in, explore deeply, and own as an eternal legacy and vision. This month, we'll learn to revere the past, live in the present, and dream the future.

April 3: The *Midrash*: The Creative Heart-Center Of Judaism with Rabbi Gil Steinlauf

April 5: Open *Beit Midrash* with Rabbis Alexander, Holtzblatt, and Yolkut

April 12: Rabbi Benay Lappe on Imagination

April 16: *Pesach* prep with Rabbis Alexander, Holtzblatt, and Steinlauf

April 19: Poetry/writing workshop

september2015
elul 5775–tishri 5776

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 15 Elul 9:00 am Morning Minyan 10:30 am Sisterhood Opening Event 12:00 pm Nats vs. Marlins Baseball 6:00 pm Evening Minyan	31 16 Elul 7:30 am Morning Minyan 6:00 pm Evening Minyan	1 17 Elul 7:30 am Morning Minyan 9:15 am Morning Awakening with Rabbi Lauren 6:00 pm Evening Minyan 6:30 pm Religious Practices Committee Meeting 6:30 pm “Beit Midrash Night”	2 18 Elul 7:30 am Morning Minyan 6:00 pm Evening Minyan 6:30 pm Executive Committee Meeting 6:30 pm HHD Usher Orientation	3 19 Elul 7:30 am Morning Minyan 8:00 am Gan HaYeled Teacher Work Days 6:00 pm Evening Minyan	4 20 Elul 7:30 am Morning Minyan 10:00 am Parshat Hashavua Class 5:30 pm Kabbalat Shabbat Oneg 6:00 pm Kabbalat Shabbat with Rabbi Steinlauf 7:16 pm	5 PARSHAT KI TAVO 21 Elul 8:30 am Boker Ohr Parashat Hashavuah Class 9:30 am Shabbat Morning Service with Rabbi Steinlauf; D'var Torah by Rabbi Rosenbaum 9:30 am Traditional Egalitarian Minyan 9:45 am Havurah Shabbat Service 12:00 pm Congregational Kiddush 12:30 pm Havurah Shabbat Kiddush 6:00 pm Shabbat Mincha/Maariv Services 8:16 pm Havdalah 9:00 pm Selichot Program and Service 10:00 pm Selichot Dessert Reception
6 22 Elul 9:00 am Morning Minyan 10:00 am HHD Photography Class with Betty Adler 10:00 am Pre-HHD Photographic Meditation 6:00 pm Evening Minyan	7 23 Elul 9:00 am Morning Minyan 12:00 pm Immersing in Holiness: A New Year Mikvah Renewal 6:00 pm Evening Minyan	8 24 Elul 7:30 am Morning Minyan 9:15 am Morning Awakening with Rabbi Lauren 5:00 pm D'var Torah by Gabriel Kanter-Goodell 6:00 pm Evening Minyan 6:15 pm Men's Club Ushers/ CPR Training	9 25 Elul 7:30 am Morning Minyan 6:00 pm Evening Minyan 6:30 pm Board of Directors Meeting	10 26 Elul 7:30 am Morning Minyan 6:00 pm Evening Minyan	11 27 Elul 7:30 am Morning Minyan 10:00 am Parshat Hashavua Class 5:30 pm Kabbalat Shabbat Oneg 6:00 pm Kabbalat Shabbat with Rabbi Holtzblatt Light Candles at 7:05 pm 8:15 pm	12 PARSHAT NITZAVIM 28 Elul 8:30 am Boker Ohr Parashat Hashavuah Class 9:30 am Shabbat Morning Service; Sermon by Rabbi Steinlauf 9:30 am Traditional Egalitarian Minyan 11:00 am Tot Shabbat 12:00 pm Congregational Kiddush 6:00 pm Shabbat Mincha/Maariv Services 8:05 pm Havdalah
13 EREV ROSH HASHANAH 29 Elul 9:00 am Morning Minyan 7:15 pm Community Sunset Service 7:02 pm	14 ROSH HASHANAH DAY 1 1 Tishri 10:30 am Torah and Tefillah for Tots through K 10:30 am Rosh Hashanah Children's Services 12:15 pm USY/KadimaTashlich 2:00 pm Rock Creek Sh'ma AFTER 8:00 pm	15 ROSH HASHANAH DAY 2 2 Tishri 9:30 am K–6th Grade Activity Room 9:30 am Pre-school Children & Families Service 10:30 am Torah & Tefillah for Tots through K 10:30 am Childrens's Services (Grades 1–6) 9:00 pm Havdalah	16 3 Tishri 7:30 am Morning Minyan 6:00 pm Evening Minyan	17 4 Tishri 7:30 am Morning Minyan 6:00 pm Evening Minyan	18 5 Tishri 7:30 am Morning Minyan 10:00 am Parshat Hashavua Class 5:30 pm Kabbalat Shabbat Oneg 6:00 pm Kabbalat Shabbat with Rabbi Alexander 6:45 pm	19 PARSHAT VAYELECH/SHABBAT SHUVAH 6 Tishri 8:30 am Boker Ohr Parashat Hashavuah Class 9:30 am Traditional Egalitarian Minyan joined by the Smith Sanctuary Service 9:45 am Havurah Shabbat Service 11:00 am Tot Shabbat 12:00 pm Congregational Kiddush 12:30 pm Havurah Shabbat Kiddush 6:00 pm Shabbat Mincha/Maariv Services 7:54 pm Havdalah
20 7 Tishri 9:00 am Morning Minyan 10:30 am Kever Avot Cemetery Service 11:00 am Kever Avot Cemetery Service 6:00 pm Evening Minyan	21 8 Tishri 7:30 am Morning Minyan 6:00 pm Evening Minyan	22 9 Tishri 7:30 am Morning Minyan 5:45 pm Mincha 6:30 pm Kol Nidre 7:30 pm “Return Again” Kol Nidre SEE PAGE 5 FOR FULL YOM KIPPUR SCHEDULE	23 YOM KIPPUR 10 Tishri 9:00 am Yom Kippur Shacharit Service 11:15 am Yizkor Service 12:00 pm Teen Discussion (7th–12th graders) 5:00 pm Mincha 5:15 pm Mindful Moments 5:30 pm Late Yizkor 7:30 pm N'eelah for students 7:47 pm Havdalah 8:00 pm Congregational Break-the-Fast 8:00 pm YP Break-the-Fast	24 11 Tishri 7:30 am Morning Minyan 9:00 am Creative Movement 4:00 pm Community Sukkah Raising & Happy Hour 6:00 pm Evening Minyan	25 12 Tishri 7:30 am Morning Minyan 10:00 am Parshat Hashavua Class 5:30 pm Kabbalat Shabbat Oneg 6:00 pm Kabbalat Shabbat with Cantor Brown 6:42 pm	26 PARSHAT HA'AZINU 13 Tishri 8:30 am Boker Ohr Parashat Hashavuah Class 9:30 am Shabbat Morning Service; Sermon by Rabbi Alexander 9:30 am Traditional Egalitarian Minyan 11:00 am Tot Shabbat 12:00 pm Congregational Kiddush 6:00 pm Shabbat Mincha/Maariv Services 7:42 pm Havdalah
27 EREV SUKKOT 14 Tishri 9:00 am Morning Minyan 6:00 pm Erev Sukkot Service with Cantor Brown 6:39 pm	28 SUKKOT DAY 1 15 Tishri 9:15 am Combined Smith/ TEM Sukkot Service; D'var Torah by Rabbi Steinlauf 10:00 am Congregational Kiddush in the Sukkah 11:00 am Sukkot Children's Service 6:00 pm Evening Minyan AFTER 7:38 pm	29 SUKKOT DAY 2 16 Tishri 9:15 am Combined Smith/TEM Sukkot Service; D'var Torah by Rabbi Alexander 10:00 am Congregational Kiddush in the Sukkah 6:00 pm Evening Minyan 7:36 pm Havdalah	30 CHOL HAMOED SUKKOT 17 Tishri 7:15 am Morning Minyan 6:00 pm Evening Minyan 6:30 pm New Member Oneg 12:00 pm Hazak Potluck Lunch in the Sukkah 6:00 pm Evening Minyan	1 CHOL HAMOED SUKKOT 18 Tishri 7:15 am Morning Minyan 9:00 am Creative Movement	2 CHOL HAMOED SUKKOT 19 Tishri 7:15 am Morning Minyan 10:00 am Parshat Hashavua Class 12:00 pm Gan Snack in the Shack 6:00 pm Traditional Lay-Led Shabbat Service (led by Kanter-Goodell Family) 6:31 pm	3 SHABBAT CHOL HAMOED SUKKOT 20 Tishri 8:30 am Boker Ohr Parashat Hashavuah Class 9:15 am Shabbat Morning “Return Again” Service & Baby Shabbat with Rabbi Holtzblatt; Bat Mitzvah: Sydney Schwalb 9:15 am Traditional Egalitarian Minyan with Rabbi Steinlauf; Bar Mitzvah: Gabriel Kanter-Goodell 9:30 am Havurah Shabbat Service 11:00 am Tot Shabbat 11:00 am Junior Congregation 11:00 am Netivot 12:00 pm Congregational Kiddush 12:30 pm Havurah Shabbat Kiddush 6:00 pm Shabbat Mincha/Maariv Services 7:31 pm Havdalah

SHABBAT MORNING SERVICES: Please turn off cell phones and pagers before entering services.

Charles E. Smith Sanctuary: Join us for our Shabbat morning services in the renewed Charles E. Smith Sanctuary, the synagogue's largest worship space, led by our inspiring Rabbi and Cantor. The service includes a D'var Torah and sermon by the Rabbi and often includes participation by members and B'nai Mitzvah.

Traditional Egalitarian Minyan (TEM): Every Shabbat morning at 9:30 am, with the Torah service around

10:30 am. Led by laypeople with the occasional assistance of Adas clergy, the TEM is a participatory service with a full P'sukei D'Zimrah (introductory Psalms), Shacharit, and Musaf, a complete reading of the weekly Torah portion, and a d'var Torah. For more information, e-mail traditionalminyan@adasisrael.org. Havurah Service: Lay-led, participatory service at 9:45 am. Rotating volunteers lead services, read Torah, and conduct an in-depth discussion of the weekly Torah portion. A kiddush follows the service. For additional information and to participate, e-mail havurah@adasisrael.org. Youth Shabbat Services: Starting with Tot Shabbat for children ages 5 and under led by Menuhah Peters.

Netivot, for students in grades K–3, is led by Linda Yitzchak, Allison Redisch, Rina Bardin, and/or Naomi Michaelis. Junior Congregation, for grades 4–6, is led by David Smolar and/or the Steinsaltz Ambassadors. ‘Dial-in’ for Programs & Services: If you are unable to attend programs, lectures, or services, dial in to hear them. Call 202-686-8405. Library Open on Shabbat: Our third-floor library is open on Shabbat following services. You may sign out materials using our “no-writing Shabbat method,” explained in signs on the check-out desks. For assistance during the week, contact our Director of Library Services, Robin Jacobson (lbrarian@adasisrael.org).

September 2015 Religious School Calendar

12: Tot Shabbat

14: USY Tashlich

19: Tot Shabbat

20: Religious School Open House

26: Tot Shabbat

28: Children's Sukkot Service

Preparing for a New Year

The month of *Elul* is a time of introspection, personal growth, and relationship building. As we prepare for the High Holy Days, we examine ourselves and our relationships and carry on a lifelong process of thoughtful development. Throughout the summer, our Education Team has similarly worked to thoughtfully prepare new curricula and programs to serve our students this upcoming year in the Estelle & Melvin Religious School.

By critically examining ourselves and working with lay leaders in the Adas Israel community, our Education Team has developed a new *tefillah* curriculum as part of an ongoing process to provide our students with an engaging and relevant Jewish education. The new curriculum aims to bring new meaning and understanding to *tefillah*, and we are excited to see how our students bring their unique perspectives to the curriculum's framework. As this holiday season culminates, we look forward to starting a new school year refreshed, and opening to a new page in our educational journey.

G'mar Hatimah Tovah, Yoni Buckman ❀

HAVURAH SERVICE TO RESUME ON SHABBAT MORNING, SEPTEMBER 5

This intimate lay-led, participatory service welcomes individuals and families of all ages, including children. It includes an in-depth discussion of the Torah portion. Children are invited to participate in age-appropriate roles in various parts of the service. A *kiddush* follows.

The Havurah Service meets at 9:45 in the Library every 1st, 3rd and 5th *Shabbat* of the month from September through June. ❀

educationupdate

Gan HaYeled

Gan Has Robust Opening

Adding yet another year-round (full-time) class, the Gan continues to flourish. Our traditional pre-school classes continue to be popular and our STEaM Room (STEM subjects plus art) is more comprehensive than ever. You can read about STEaM happenings on our blog or stop by Room 103 to see what's going on. The Gan is also looking forward to being in the newly renovated Wasserman for its weekly movement class. Educators know that children learn through sensory experiences, and experimenting with one's body in space is a great way to expand cognitive function.

The Gan welcomes the entire Adas community at all of our school and community events. Coming up this fall are: Life After the Gan (post-pre-school opportunities for children in the Metro area), monthly family *Shabbat*

dinners (first one is October 16), and *Shabbat Sing* (weekly, 11:20–11:40 am). If you're new to the community, please join us! (And introduce yourself!)

The Topsy Turvy bus came to the Gan this summer to teach children about taking care of the environment.



Ms. Ellie's Music & Movement Program for Babies, Toddlers, & Pre-School Children

Ms. Ellie's celebrated *Shir A Song* classes, which begin Tuesday, October 13, immerse children and their accompanying adults in a joyous confection of Jewish and secular songs, together with finger plays and hand motions, rhythmic chants, percussion instruments, props, and dance moves. To learn more and to register, visit <http://www.mselliemusic.com/>. Space is limited. ❀

Religious School

From the Director of Education

By Rabbi Kerrith Rosenbaum



There is something to be said about the value of anticipation and the opportunities one can find in that time of delayed gratification. As an educator, to me the beginning of the school year feels synonymous with the beginning of the Jewish year. The themes of back to school parallel those of *Rosh Hashanah* and *Yom Kippur*, and classroom learning is enhanced by the holidays and their rituals as well as our personal and communal experiences. But this year, school does not really get going until *after* the holidays, and I have to admit that there are moments when that feels like a loss for me. Perhaps it's a "loss" of classroom time to prepare for the holidays or a potential "loss" of momentum as we sit,

Education Update continued on page 17

educationupdate continued

excited and primed to return from the summer full of new energy and ideas.

But the biggest loss is that our educational arc might somehow feel out of sync with the Jewish year. And it is at that moment that I have to remind myself that, in many ways, this schedule feels much more similar to the year I lived in Israel. A year in which, despite my arrival during the later summer, it felt as though I did not get to experience anything that remotely resembled “everyday life” until the middle of October. Two important things happened for me as I waited to begin my life in Israel. The first was that I was able to engage in the fall holidays in a way that I had never imagined possible. It was the holidays themselves that set the rhythm of that month for me, not my attempt to navigate life around them. And it was the meaning, liturgy, ritual, and community surrounding those holidays that made it possible for my second important opportunity. In that seemingly delayed beginning, I was given the freedom to continue to dream about what that life might look like, my hopes for the year, and the learning I wanted to pursue. I had space to take my first tentative steps toward this life without feeling as though everything had begun at once, to set my intentions clearly, and to begin the journey in a thoughtful manner.

This is my hope for us as a community as we head into both this holiday season and, ultimately, the beginning of the year: we should give ourselves the gift of experiencing these *chaggim* as fully as possible, feeling the shape and rhythm they give to this time of year, and allowing us to begin our learning together thoughtfully with clear intentions and much anticipation. I look forward to seeing many of you at services, holiday programs, and learning opportunities over the month and, when the time is right, welcoming everyone back to school. *Shanah Tova!* 🌸



Youth Update

By Rich Dinetz, Youth Director

Shalom, Chevre!

As we prepare to delve into the High Holy Days, *Sukkot*, and *Simchat Torah*, I'd like to reflect on what was an incredibly active summer at Adas and in Youth@AI. We kicked off the summer with our spiritual journey to Israel via the 10th-Grade Abe & Minnie Kay Israel Experience. While it's possible

Youth Update continued in right column



Youth Update continued from left column

to imagine all of the heartfelt and meaningful discussions, interactions, and personal journeys shared on the trip, it would be difficult to find the words to describe the transcendence of our Jewish hearts through our collective experience together. Yes, we visited Yad Vashem, climbed Masada, dipped in the Dead Sea, prayed at the *Kotel*, and strolled through the ancient streets of Tzfat. But it was our magnificent Adas sense of community, eagerness to learn, and willingness to deepen our Jewish understanding that truly made our trip magical.

After we returned home, many of our kids joined their peers at their respective summer camps. In July, I, along with our Youth and Family Educator Yoni Buckman, took a trip to Capital Camps for a wonderful tour, discussion, and visit with some of our students. Amid a summer filled with adventure, Youth@AI prepared for an incredible year of programming for grades K–12, along with a newly revamped *Madrichim* program, which now expands beyond our Religious School to fill various needs in our synagogue and to give our students the opportunity to grow their leadership skills in other capacities. This summer has given us a chance to appreciate our beautiful *kehillah* in all of its many forms, which makes for an exciting start to the 2015–2016 school year.

For more information on what Youth@AI will be doing throughout the year, please visit our website, www.adasisrael.org/youth, or contact Youth Director Rich Dinetz at Rich.Dinetz@adasisrael.org or 202-362-6295.

Here's to a year filled with endless joy and opportunity! *L'Shana Tova* 🌸

Ruth & Simon Albert Sisterhood Gift Shop

Welcome the new year 5776
with items from our shop.

Come see our *shofarot*
(including plastic ones for kids),
apple-honey dishes, *challah* covers,
and much more.



Gift Shop Hours:

Sunday–Monday, Wednesday–Friday
9:30 am–12:30 pm

Tuesday, Extended Hours

9:40 am–3:00 pm, 6:00–8:00 pm

Every purchase benefits Adas Israel Congregation.

202-364-2888

adassgiftshop@gmail.com

sisterhoodnews

Upcoming Opening Event

Sisterhood's Opening Event, October 25

Sisterhood's opening event, October 25, will feature Rabbi Aaron Alexander and his wife, Rabbi Penina Alexander. Check the October *Chronicle* for more information about the program.

Recent Events

A Very Special Closing Event:

Sisterhood's Salute to Women in the Military

On June 14, Flag Day, over 100 Sisterhood members and friends attended a memorable Sisterhood closing event. They came to learn about the women who have served in the military from antiquity to the present from Margaret S. Vining, curator of the Smithsonian National Museum of American History Division of Armed Forces. They came to honor those women and one special soldier, our own Adas Israel legacy, Master Sergeant Sophie Silfen, who passed away in 2010 at the age of 97.

Vining is the curator for Sophie Silfen's extensive military collection, which is now being catalogued and will reside in a special archives devoted to women's military history. Our very own Lucy Hassell has helped catalog this contribution to the Smithsonian collection, which will be available to researchers and others who are studying women in the military during World War II. The Sophie Silfen collection is unique because it chronicles the career of a Jewish enlisted woman from 1942 to 1966.

Vining shared the highlights of the collection, including photos of Master Sergeant Silfen's White House years in the Eisenhower administration, where she worked under the President's personal physician, and her personal correspondence portraying a lasting friendship with General and Mrs. Westmoreland dating from the mid-1950s when she worked for the general.

At the conclusion of the program, the group assembled to pledge allegiance to the American flag that had draped Sophie Silfen's casket and now



Margaret Vining and Lucy Hassell pose in the Smith Sanctuary next to the American flag that draped Sophie Silfen's coffin.



Sabrina Sojourner attends Sisterhood's opening event.



Margaret Vining answers questions from the audience.

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SAVE THESE DATES Sisterhood Special Events

October 25, 2015: Opening Event

February 26–27, 2016: Sisterhood Shabbat

June 26, 2016: Sisterhood Closing Event

stands in the Charles E. Smith Sanctuary.

The program was chaired by Sabrina Sojourner, Lucy Hassell, and Marcia Feuerstein.

Upcoming Events and Information

Taste of Tanach

We meet once a month on a Tuesday at 10:00 am for Taste of *Tanach* with Rabbi Steinlauf, who leads the group in a lively Torah-based discussion. The schedule for these meetings is as follows: 2015: Oct. 20, Nov. 17, Dec. 15; 2016: Jan. 19, Feb. 16, March 15, April 19, May 17, June 21.

For more information about the Taste of *Tanach*, contact Coordinator Roselle Abramson, rosellelabramson@yahoo.com.

Now Is the Time

Join or Renew Your Membership in Sisterhood

Adas Israel Sisterhood embraces women of all ages and stages of life. We provide opportunities to learn, to deepen spirituality and personal Jewish growth, to do *mitzvot*, and to network. There is something of interest for everyone—study, *mitzvot*, or just plain socializing—in small-group settings or in larger-scale gatherings.

Whatever your choice, please join or renew your dues for 5776 (our year runs from July 1 through June 30) by sending a check payable to *Adas Israel Sisterhood* (Basic Membership = \$36; Contributor = \$54; Patron = \$72; New Adas Member Welcome Membership = *Complimentary*; Other = \$____) and provide your contact information. Or you can use the form included in the recent mailing. Send your payment to Treasurer Dava Berkman, 2475 Virginia Avenue, NW, Apt. 803, Washington, DC 20037.

Torah Fund Campaign

The Adas Israel Torah Fund Campaign 5776 has begun! Please help us reach our participation goal and say “yes” when a Sisterhood volunteer contacts you to pledge. Or send your check using the envelope provided in the recent membership invitation. For questions or to pledge now, e-mail adasisraeltorahfund@hotmail.com and write Torah Fund Campaign in the subject line.

Sisterhood Co-Sponsors first Book Chat of the New Year

The first Book Chat of this year is Sunday, October 11, at 10 am, when the group will discuss *The Betrayers* by David Bezmozgis, winner of the 2014 National Jewish Book Award for Fiction. In this remarkable book, an Israeli government minister flees blackmail by escaping to the Crimea, where he confronts his past as a Soviet Jewish dissident. Please contact Robin Jacobson at librarian@adasisrael.org for more information about this program. ❀



Next HAZAK Event

Join us **Thursday, October 1, at 12 noon** for a HAZAK potluck lunch in the *sukkah*! For more information, contact Marcy Spiro at marcy.spiro@adasisrael.org. ❀

Thank You, Summer Speakers!

Todah rabah to our summer Shabbat morning speakers! As always, they challenged us, enlightened us, and added to the meaning of our Shabbat worship. Our sincere thanks to: Rabbi Gil Steinlauf, Susan Sloan, Naomi Malka, Dr. Lauren Strauss, Dan Jossen, and Lois Fingerhut.

Look forward to more stimulating conversations throughout the year through our **MakomDC** learning curriculum in the *Beit Midrash* (House of Conversation). Visit www.adasisrael.org/makomdc to learn more.



Annual Community CPR Program, Sept. 8

Once again, the Men's Club is sponsoring a Community CPR program, this year on Tuesday, September 8, at 6:30 pm, providing a chance to learn or brush up on your CPR skills. Participants will enjoy a free light supper, starting at 6:30 pm, and training begins at 7:00 pm. To register, contact Steven Miller, 703-981-1709 or smiller173@aol.com. Registration is limited. There is no charge or synagogue members; for non-members, the cost is \$5.

Ma Tovu: Mark Berlin

HONORING OUR LEADERS AND VOLUNTEERS

Interviewed by Marcy Spiro, Director of Membership Engagement

Mark, please tell us a bit about your background. Where are you from, where did you go to college, and how did you end up in the Washington area?

I was born and raised in Louisville, Kentucky. My father came from an Orthodox family and my mother from Reform, so my religious background was a compromise—Conservative. And I've been involved in different aspects of the Conservative Movement ever since. I graduated from Northwestern University for undergraduate school and then went on to GW for law school. My entire career—until I retired this past December—was as a lawyer at the Federal Communications Commission. My most recent position there was in the political office, where I dealt with such matters as equal time for candidates and fairness in the media.

How long have you been an Adas member, and why did you choose Adas Israel?

After my wife Leslie and I were married, we first lived in a condo in the Dupont Circle area, and Adas Israel was the closest and most convenient Conservative congregation. We became members of the congregation around 1978. In 1984 we moved to our current home in the Rockville-Potomac area, but by that time I had become very active in the Men's Club, and we also liked the clergy and services. So despite the fact that it is somewhat of a *schlep* for us to drive in, we have remained loyal members of Adas Israel all these years.

You are our High Holy Day usher coordinator this year, for which we are so thankful. Why did you decide to step up to this responsibility? And since our members still have a few days to sign up to volunteer, can you tell us why you think ushering is so important and how it can also be a religious experience?

As I said, from early on, I became active in the Adas Israel Men's Club and went on to be president of the club three times. And I worked myself up to become Seaboard Region president and then, from 2009 to 2011, international president of the Federation of Jewish Men's Clubs. In doing so, I was the fourth person from Adas Israel to reach that position. Ushering always used to be the Men's Club's responsibility, and I've probably ushered on *Shabbat* and the High Holy Days for the past 35 years. When David Lynn decided to step down after many years of dedicated service as the head of High Holy Day ushering, he asked me if I would take over. I had just retired and was looking for an activity in which to be involved, so I agreed.

I think that all of us should give back in some small way to our community and congregation, and ushering is such an easy way to do that. Ushers are so important in helping to maintain the decorum of services and in helping people find the correct service and seating. It just seems like a no-brainer

for men and women to offer to help. Ushering time slots are mostly less than two hours, and being an usher really does not mean that you have to take that time away

from praying. To the contrary, it makes you more aware of the prayers being chanted.

What are some of the traditions you and your family have during the High Holy Days? What are some of your favorite foods associated with them?

Both Leslie's and my families are from out of town, so we don't have any big family get-togethers. We do have cousins over for dinner on the second night of *Rosh Hashanah* and then break the fast at their house. Otherwise, it's just us and our son Justin. Every September we go apple picking at an orchard in the Shenandoah Valley, and we make lots of dishes with apples for a sweet new year—notably my mother's recipe for kugel (the best ever!).

Besides volunteering at Adas, what other interests and hobbies do you have?

As a past president, I'm still active on the Executive Committee of the Federation of Jewish Men's Clubs. And since retiring, I've been delivering food weekly to shut-ins for a Meals-on-Wheels program set up by JSSA [Jewish Social Service Agency]. For nearly 30 years I've also been leading monthly abbreviated *Shabbat* services at assisted living homes in the area and now do that at two different homes in Northwest Washington and Rockville. For the past five years I've been a sometime-substitute teacher in Montgomery County middle and high schools in math and social studies. Now that I'm retired, I think I'd like to do some traveling, and I also enjoy reading.

We are starting the Jewish New Year soon. What are some of your hopes and goals for 5776?

My immediate goal is to have a successful few days of High Holy Day ushering. For the first time ever we are providing all services with triple the number of ushers that we have had in the recent past, and I hope we will have a profound impact on our services. Beyond that I hope for a fulfilling retirement and health and happiness to my family and friends. ✨



The Days of Awe: Finding Our Way Home

By Robin Jacobson, Library & Literary Program Director

As I write this, my 23-year old daughter is on the Appalachian Trail, 600 hundred miles from her starting point with 1,600 miles to go. Despite aching muscles, dirty clothes, and way too many mosquitoes, she is thrilled with her adventure. Meanwhile, I try not to worry too much and to understand why she wants to spend months in the wilderness! Unexpectedly, I found insight and reassurance while looking through materials for this High Holy Day column.

Rabbi Alan Lew (z"l) believed that our journeys in life lead us home—to a place where we understand who we are and which path to take forward. To be sure, Lew's book, *This Is Real and You Are Completely Unprepared: The Days of Awe as a Journey of Transformation*, is not about hiking treks; rather, it urges readers to embark on a spiritual High Holy Days journey. Nevertheless, the book felt like a response to my maternal fretting. To jump-start your own holiday reflections, try *This Is Real* or other selections from our library, described below.

***This Is Real and You Are Completely Unprepared* by Alan Lew**



This Is Real describes the High Holy Days as an annual journey of the soul from denial to awareness, from anger to healing, from boredom to renewal. This spiritual journey, Lew writes, is rooted in the ancient human yearning to return home. The Torah tells

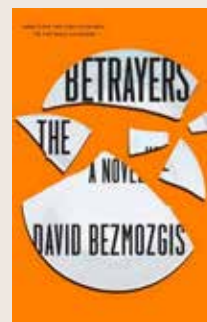
of the Israelites leaving Egypt and crossing a wilderness to return to their ancestral home. History records the 2000-year-old dream of the exiled Jewish people to regain *Eretz Yisrael*. In classic literature, Homer's *Odyssey* relates a warrior's struggles to return home. Even the quintessential American game of baseball is about reaching home after circling the bases. Lew promises that if you approach the holidays with an open heart and mind, they will "carry you home" to your true self and to a place where you can renew, reinvigorate, and reimagine your life.

Prayers of Awe series, edited by Lawrence Hoffman

This six-volume (and growing) series explains the origins of the iconic prayers of the High Holy Days and their relevance for today. Each stand-alone volume is a collection of short essays by rabbis and scholars. The titles are: (1) *Who By Fire, Who By Water: Un'taneh Tokef*; (2) *All These Vows: Kol Nidre*; (3) *We Have Sinned: Ashamnu and Al Chet*; (4) *May God Remember: Yizkor*; (5) *All the World: Universalism, Particularism and the High Holy Days*; and (6) *Naming God: Avinu Malkeinu*.

In one thoughtful essay, Rabbi Shoshana Gelfand posits that the *Yizkor* service fosters the development of an ongoing relationship with lost loved ones. Although the deceased no longer change and grow, we change and grow, and consequently, our perception of those we mourn continually evolves. This evolution keeps the relationship alive. ❀

First Book Chat of the New Year!



**Sunday, October 11,
10:00 am
(NOTE DATE CHANGE).**

***The Betrayers* by David Bezmozgis**, an award-winning novel about a Soviet Jewish dissident, set in contemporary Israel and the Crimea.

Questions? Contact Robin Jacobson,
librarian@adasisrael.org.

From the President continued from page 2

As a psychologist, I have learned that there is much in life we can control, including our responses to life's events. It is particularly true in matters pertaining to how we treat one another. This awareness has provided me with pleasant anticipation of this meaningful time of year in our Jewish calendar. It has become a welcome opportunity to reflect upon the past year, to consider the possibilities of personal improvement and change as well as another chance to make a difference for someone in the coming year.

With this in mind, on behalf of the lay leadership of Adas Israel, please accept our apologies for the actions we may have taken, deliberately or inadvertently, that may have caused you disappointment or hurt. Please know how much we care about you and your family. We hope to get to know you better and find ways to continue to make the Adas Israel community your Jewish home. At the same time, we look to all of you to find ways to participate in our Adas Israel family so you can both give to others and receive the bountiful gifts that are present. In coming months, I will be highlighting our committees and programs that are actively seeking members' talents and engagement to continue the enriching learning, services, supports, and talents that enable us to continue to be a leading Conservative congregation.

Mark, Ethan, Noah, Gaby, and I wish you and your loved ones a Happy, Healthy and Peaceful New Year! *G'mar Chatimah Tovah!* ❀

tikkunolam Social Action Opportunities at Adas Israel

Adas Israel is a vibrant community of learners, seekers, and doers where all dimensions and traditions of Judaism serve as a technology for connection, inspiration, and *tikkun olam*. We have a long, proud, and rich history and tradition of social action. We partner with other organizations and sponsor our own programs and projects that respond to the needs of poor, homeless, and disabled people in our community and beyond.

This new year, we welcome Rabbi Aaron Alexander in his role as clergy liaison to our Social Action Council. The Council welcomed Rabbi Alexander at an August meeting where he shared Torah with us and we briefed him on our programs and projects. Rabbi Alexander was involved in many social justice efforts in Los Angeles, and we look forward to all that he will bring to our Adas community and the broader DC area. We encourage everyone to explore the many efforts underway and to volunteer.

SAC volunteers find satisfaction in their efforts and create new friendships within our Adas Israel community. We encourage you to contact Rabbi Alexander at the synagogue, Social Action Council chair Jamie Butler, or any of the project coordinators listed below. And stay tuned for new and expanded opportunities. Finally, keep the Social Action Fund in mind as you commemorate *yahrzeits*, celebrate *s'machot*, or honor special individuals.

What we do...



N Street Village and Luther Place Shelter:

For more than 30 years, Adas Israel has been involved with N Street Village and Luther Place Shelter. Adas volunteers prepare monthly meals for

30 women at the shelter. Volunteers participate once in a while or every month. They contribute something simple from fruit, veggies or a salad, to a side dish or an entrée. Volunteers also prepare Thanksgiving dinner for the Luther Place women.

On Christmas Day each year, Adas Israel volunteers help prepare and serve a festive meal to women at N Street Village. An informal group of Adas singers, led by Cantor Brown and organized by Jamie Butler, contribute to the holiday cheer. By our presence, we make it easier for N Street Village staff to enjoy their holiday, as well.

Monthly Meals for Luther Place:

Laura Epstein (Laura_Epstein@hotmail.com)

Christmas at N Street Village:

Ruth Kleinrock (ruthkleinrock@gmail.com)



Ezra Pantry:

Throughout the year, Adas Israel collects nonperishable food for distribution to SOME, INC (So Others Might Eat), a nonprofit, interfaith organization.

Special collections take place *Erev Yom Kippur* (see the separate item in this month's *Chronicle*) and in the weeks prior to Passover as we make sure our *chametz* is put to good use. The Social Action Council also challenges everyone at Adas to donate an item of food to the Ezra Pantry for each day of the counting of the *omer*. On *Erev Purim*, we sell "Edible Groggers"—boxes of macaroni and cheese for use during the *Megillah* reading, which buyers return at the end of each service. The boxes are then added to Ezra Pantry. And in late fall, Ezra Pantry features a winter coat drive.

Ezra Pantry Coordinator: Judith Krones (Judith.krones@gmail.com)

Liaison with SOME, Inc.:

Nechama Masliansky (nmasliansky@some.org)



Sukkot in Spring:

Each year, we assemble teams to renovate homes of area residents who are elderly and frail, disabled, or financially unable to tackle needed repairs on their own. *Sukkot* in Spring

volunteers paint, do yard work; fix windows, leaking roofs, and rotting floors; and tend to inadequate bathrooms and faulty electrical systems. Projects may also take place on Veterans Day and on the MLK weekend annual National Day of Service.

Sukkot in Spring: Ellen Winter (eswinter7@gmail.com)

One Congregation, One Family: In 2015, Adas Israel was the first synagogue to join the Mayor's Office in a new District project to help homeless families get back on their feet and rise up from poverty. One Congregation, One Family is an interfaith initiative that matches homeless families entering the Rapid Re-Housing program with volunteer mentoring groups from congregations around the city. The first Adas volunteer mentoring group, a team of six, met its first family in July 2015 to begin the process of providing mentoring assistance with budgeting, parenting skills, job networking, family literacy, nutrition, and linkages to ongoing services in the community. This is a commitment of time and skills, something that Adas members are privileged to be able to do.

One Congregation, One Family:

Joel Fischman (Fischman@comcast.net)

Reading Partners: New this year, the Social Action Council is facilitating Adas Israel's participation in Reading Partners, a nationwide program that trains volunteers to provide one-on-one tutoring to children at under-resourced schools who are struggling with reading. Adas volunteers tutor once a week with elementary school-age readers in DC Public Schools and contribute books appropriate to the program.

Reading Partners: Lois Fingerhut (loisafingerhut@gmail.com)



Save Darfur: Every third Sunday of the month, at 1:30 pm, Adas Israel and Peoples Congregational United Church of Christ join the Darfur Interfaith Network vigils at the Embassy of Sudan,

2210 Massachusetts Avenue NW. The Darfur Interfaith Network represents a growing number of synagogues, churches, student groups, and other people of conscience who have joined the "I ACT" campaign to stop the killing, rape, torture, and displacement of civilians in Darfur.

During the *Hanukkah* season, Adas Israel sponsors "Light the Fires for Darfur," an annual campaign to encourage the purchase of solar cooker kits for Darfuri refugees. Each kit provides two solar cookers, two pots and potholders, and a year's supply of cooking bags for refugee women and girls so they don't have to leave the safety of their camps to search for firewood. Donating a cooker in someone's name makes a great *Hanukkah* gift for family and friends.

Monthly Darfur Vigils: Laura Cutler (Mbcutler@aol.com)

Light the Fires for Darfur: Jamie Butler-Interim (butler364@aol.com)

Advocacy: In 2014 Adas Israel Board of Directors approved strengthening existing social action activities through advocacy for the poor, homeless and hungry in the District, enabling Adas to use its resources to make a difference in the community. This past year, Adas members effectively weighed in on budget items related to the poor and homeless among us. We continue to be alert to opportunities for advocacy opportunities, including making phone calls and/or sending e-mail messages or letters to District decisionmakers and attending hearings or rallies. We consult with our partners, including SOME, N Street Village, and Friendship Place, that participate actively in numerous advocacy coalitions and are well-informed.

Advocacy:

Nechama Masliansky (nmasliansky@some.org)

Shelley Tomkin (shelltomk@aol.com)

Ed Kopf (ejkopf@bmccassociates.com)

Adina Mendelson (inmcareers@themendelsons.net)

Joel Fischman (fischman@comcast.net)



Peoples Congregational United Church of Christ: For 11 years, Adas Israel and Peoples Church have been partnering and "joining hands across the park." Each year, we honor the

memory and spirit of Martin Luther King Jr. with a weekend that features a Friday evening service and dinner with all of our social action partners as guests, guest speakers, a discussion panel following *kiddush* on Saturday, a Sunday morning service at Peoples

Church, and the President's Day of Service on Monday. Adas and Peoples Church volunteers also come together at the monthly Save Darfur vigils (see above), and we join Peoples each year for the church's Thanksgiving and Christmas Food Packing Projects. Volunteers typically pack enough food bags to feed 450 families in need in a single holiday.

Peoples Church Liaison: Joel Fischman (fischman@comcast.net)

Thanksgiving/ Christmas Food Packing Coordinator:

Jamie Butler (butler364@aol.com)

Green Committee: The Green Committee was formed in 2007 by congregants who believe that environmental sustainability is a core Jewish value and who want to put that value into practice within the synagogue and among its members. The committee's work can be seen in our current building practices and in the Vision of Renewal and recent renovation. The committee suffered a loss of momentum after several years, but a few Adas members are interested in reviving it. Projects under discussion include re-engaging with Greater Washington Interfaith Power and Light, adult and youth education, and rabbinic-led teachings.

Interim Green Committee Liaison:

Joel Fischman (Fischman@comcast.net)

Inclusion Task Force: The Inclusion Task Force has its origins in the 2011 Martin Luther King Jr. weekend, which focused on the rights of disabled persons and featured Judy Heumann, Adas Israel member and Special Advisor for International Disability Rights at the U.S. Department of State. Encouraged by the response to the weekend, the Inclusion Task Force was created to focus on encouraging a welcoming environment that ensures that all barriers to full participation in the Adas Israel community are removed. The task force works with the religious school to facilitate the integration of children with special needs and to reach out to families whose members might need additional support and to those individuals whose disabilities may not be visible.

Inclusion Task Force:

Co-Chair: Marci Goldstein (marciengine@aol.com)

Co-Chair: Judy Heumann (HeumannJE@state.gov)



Anne Frank House:

Anne Frank House was established in 1987 as an Adas Israel community service project. Today Anne Frank House is an independent nonprofit with its own Board of Directors,

providing permanent housing to individuals in 12 fully furnished owned or rented units. Volunteer liaisons monitor residents to help keep them fully functioning and often purchase groceries and other necessities that they deliver when visiting. Anne Frank House activities are financed by individual donations and grants, with in-kind support from Adas Israel. Every year in November, the Anne Frank House mini-walk helps raise needed funds.

Anne Frank House Adas Israel Liaison:

Sue Ducat (stansue@verizon.net) ♣



ANNE FRANK HOUSE

Anne Frank House Update

From Anne Frank House to the entire Adas Israel family, best wishes for a sweet and healthy new year.

Anne Frank House has much to be grateful for this year. We acquired a new property, right near the synagogue, and have a wonderful new resident to enjoy it. Our 11 other clients are doing well, and thanks in part to your support, we continue to have the resources to take care of them. As is the case with most of our apartments, the furniture and furnishings come in large part from items donated by Adas members.

Also watch this space or the Adas website for details about how to register for this year's mini-walk, which will take place on Sunday, November 1. If you'd like to become one of the walk's corporate sponsors, let us know. Your corporate logo will be displayed on the walk T-shirts for both this walk and the one being held this fall on behalf of Anne Frank House by the Jewish Primary Day School of the Nation's Capital.

If you have questions about Anne Frank House, or want to get more involved in our work, please contact Sue Ducat, stansue@verizon.net.

To learn more about Anne Frank House, or to make an online contribution, visit our website, <http://www.theannefrankhouse.org/>, or send your check to Anne Frank House, Inc., c/o Adas Israel Congregation, 2850 Quebec Street NW, Washington DC 20008.

Thank you. ♣

Yom Kippur 5776/ 2015



**EZRA
PANTRY
FOOD
DRIVE**

In our High Holy Day liturgy, *zedakah* is one of the three acts that gains us forgiveness from our sins. During this *Yom Kippur*, we urge all to join us in performing acts of

zedakah by bringing your nonperishable food items to Adas Israel's Ezra Food Pantry. Canned goods, pastas, cereals, rice, beans, condiments, and the like will be taken to SOME (So Others Might Eat) to help feed the people the organization serves. SOME is a grassroots, nonprofit, interfaith organization that for over 44 years has been helping District residents who are homeless or at risk of homelessness to transition to self-sufficiency.

In 2014, SOME served 427,278 meals to hungry men, women and children in the Dining Room and at other SOME sites. SOME also has a small Food Pantry for homeless families in the community. As Jews, let's strengthen our resolve to commit ourselves to sacred acts of kindness—in the toughest parts of town, for the people who need it most. Pick up extra goods every time you go to the grocery store, or just grab something from your kitchen cabinet. It all helps, it all heals . . .

Judith Kroner (Judith.kroner@gmail.com) is the Ezra Pantry coordinator, and Nechama Masliansky (nmasliansky@some.org) is our liaison with SOME. Feel free to contact them with any questions or to volunteer. ♣

One Congregation, One Family

The Adas One Congregation, One Family (OCOF) Mentor Team met its first family, a mother and her five children, in July. The team will work with this family over the next six months to help the mother with her personal and economic growth goals as she transitions to an improved quality of life. We will offer help with job search, budgeting, parenting, and linkages to services in the community. In doing so, we will help create supportive relationships to enable acts of lovingkindness.

OCOF is an interfaith initiative, still new to the District, that matches families with volunteer mentoring groups from different congregations around the city. Adas Israel is the first District synagogue to participate in the program. The pilot Adas team's six members are Laurie Davis, Laura Epstein, Joel Fischman, Jackie Hoffenberg, Steve Kroll, and Marty Lewin. ♣

Recurring Tikkun Olam Events

Third Sunday of each month: Darfur Vigil at the Embassy of Sudan

Fourth Thursday of each month: Our date to furnish dinner for Luther Place (N Street Village)

Other Tikkun Olam Dates (as of July 2015)

Sunday, Nov. 1: Help the Homeless Mini-Walk

Wednesday, Nov. 18: Thanksgiving Food Packing (at Peoples)

Saturday, Dec. 5: Human Rights Shabbat & Shem Tov Honor

Thursday, Dec. 17: Christmas Food Packing (at Peoples)

Friday, Dec. 25: Christmas at N Street Village

Jan. 15–18: MLK Weekend

Saturday, Feb. (date to be determined): Inclusion Shabbat

Wednesday, Mar. 23: *Erev Purim*—Sale of Edible Groggers, Other *Purim* activity

Apr. 23–Jun. 11: Omer Challenge

Spring (date to be determined): *Sukkot* in Spring ♣

synagoguecontributions

The congregation gratefully acknowledges the following contributions:

Adas Fund

By: Laurie Alban Havens

In Honor Of: **Debby Joseph's** installation as president of Adas Israel Congregation by Vivian & Raymond Bass.

In Memory Of: **Arthur J. Kramer** by Helen Kramer. **Saul Strauch** by Judy Strauch. **Kyle Kelley David Daniels** by Sabrina Sojourner.

Anne Frank House Fund

In Memory Of: **Saul Strauch** by Judy Strauch.

Arlene Geline Stiles by Stuart & Jamie Butler.

Benjamin Eric Cooper Memorial Scholarship Fund

In Honor Of: **David Povich** by Jerry & Judy Shulman.

Benjamin James Cecil Special Education Fund

By: Mary Ratay & Michael Cloonan.

Bereavement Fund

In Honor Of: **Mary & Arnie Hammer's** 50th anniversary by Art & Edie Hessel. Birth of **Joan Rivka Ratner** by Fradel Kramer.

In Memory Of: **David Schwartz** by Adrian & Annette Morchower, Allan & Bobbie Fried, Bruce Ray & April Rubin, Glenn & Cindy Easton, Jane Baldinger, Janet Baldinger, Ricki Gerger Roger & Renée Fendrich. **Florence Sanders** by Andy Lipps & Eva Sereghy. **Louis Naiman** by Arnold Danziger.

B'Yahad Special Needs Fund

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Cantor Brown Discretionary Fund

By: Mark & Nancy Silverman.

In Honor Of: **Cantor Brown** by Ricki Gerger.

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Lilliam Kramer's headstone by Richard Kramer.

With Great Appreciation For: **Cantor Brown's** teaching and coaching talents by Alan Roth.

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In Memory Of: **Jenny Franco** by Melanie Nussdorf. **Irvin Cummins** by Nancy Silverman.

Roberta Veax by Nancy Weiss.

Charles Pilzer Computer Center

In Memory Of: **Charles J. Pilzer & Abraham "AJ" Fogel** by Geraldine Pilzer.

Congregational Kiddush Fund

By: Mr. Shelley Klein.

In Honor Of: Naming of **Maya Rose Saltman** by Alan & Beryl Saltman, Elizabeth Brager, Roberta Carlin. *Bat mitzvah* of **Miriam Loeb** by Alan Loeb. Our anniversary by Clifford Goodman & Amy Golen. Our 64th anniversary by Irv & Grace Lebow. **Daniel Jossen's** August 8 *d'var Torah* by Jan & Carole Klein.

Ben Rosenblum's 50th anniversary of U.S. citizenship by Jane Fidler & Ben Rosenblum.

Janet Kolodner's contributions to Adas Israel over the past five years by Orly Klein, Josh Klein & Rebecca Murrow Klein. Our 47th

anniversary by Richard & Carol Margolis.

In Memory Of: **Mae Ugelow** by Richard Ugelow.

Daily Minyan Fund

By: Ricki Gerger.

In Honor Of: **Miriam Rosenthal, Norman Shore** by Ricki Gerger.

In Memory Of: **Rita Schiffres** by Manuel Schiffres.

Bessie Yecies by Mark Yecies

Dan Kaufman Children's Program Fund

In Memory Of: **Dr. Sidney Z. Kaufman, Lea Hilowitz** by Minna Kaufman.

Daryl Reich Rubenstein Staff

Development Fund

In Memory Of: **Anne Reich** by Lee Rubenstein.

Dorothy & David Linowes Program Fund

By: Estate of Dorothy Linowes.

Dr. William & Vivienne Stark

Wedding & Anniversary Fund

In Honor Of: **Dr. William Stark's** *aliyah* on his birthday by Dr. William & Vivienne Stark.

Esther Saks Abelman Yiddish

Cultural Fund

In Memory Of: **Esther Saks Abelman** by Diane Abelman Wattenberg.

Ethel & Nat Popick Chronicle Fund

In Memory Of: **Curtis Dworkin** by Dorothy Block.

Feinberg Shabbaton Weekend

In Honor Of: **The Feinbergs** by Jerry & Kathy Sandler, Nechama Masliansky, Stanley & Sandy Bobb.

Rabbi Feinberg & Cantor Brown for their beautiful service for Sol Rosen by Jim Lyons, Phil Kellogg. Birth of **Elijah Matan**

Rand by Dan Jossen & Susan Klein.

With Thanks For: **Boker Ohr** class by Warren Clark.

Frances & Leonard Burka Social

Action Endowment

In Honor Of: **Rabbi Feinberg** by Tami & Rabbi Marc Rosenstein.

In Memory Of: **Fanny Gelman** by John Kossow.

Fund for the Future

In Memory Of: **Rabbi Benjamin Bock** by Samuel Winer. **David Paul Sandy** by Sydell Sandy.

Garden of the Righteous

In Honor Of: Birth of **Solomon Bernard**

Kimmel by Jane Baldinger, Judy Strauch. **Jill Sorcher's** graduation from the University of Pennsylvania, **Sheila & Ken Handel's** 50th anniversary by Judy Strauch.

In Loving Memory Of: **Michael Mindel** by Judy Strauch.

In Memory Of: **David Schwartz** by Alan & Beryl Saltman, Andrew Strauch & Bonnie Handel, Eric Strauch & Cecilia Callahan, Henry & Heather Strauch, Judy Strauch, Jean & Larry Bernard.

Tova Dershowitz, Lauri Katz by Judy Strauch.

Harry & Judie Linowes Youth

Endowment Fund

In Loving Memory Of: **Frayda Munves & Rose**

Linowitz by Harry & Judie Linowes.

In Memory Of: **Mildred Bierman** by Harry & Judie Linowes.

Havurah Kiddush Fund

In Honor Of: **Mary & Arnie Hammer's** 50th anniversary by Dick & Irene Spero, Joel & Rhoda Ganz, Michael & Joyce Stern, Ricki Gerger.

Ron Schlesinger receiving the *Yad Hakavod* Award by Michael & Joyce Stern, Jordana Wolfson.

Hymen & Sadie Goldman Prayer

Book Fund

In Memory Of: **Beatrice Abramson** by Dr. Edward Abramson.

Ida Mendelson Memorial Prayer

Book Fund

In Loving Memory Of: **Goldie Bobb** by Stanley & Sandy Bobb.

Jewish Mindfulness Center of Washington

In Honor Of: **Jennie Litvack & Rob Satloff's** 25th anniversary by Glenn Fine & Beth Heifetz, Jay Kirschenbaum & Michelle Buzgon.

Julius & Anna Wolpe Auditorium

Fund

In Memory Of: **Jeffrey Arnold Wolpe** by Donald Wolpe.

Kullen Family Fund

In Memory Of: **Dora Margolis** by Dr. Shirley Kullen.

Lillian & Daniel Ezrin Fund for Ritual

Objects

In Memory Of: **David Schwartz** by Joel & Rhoda Ganz. **Rose Seigle & Solomon Seigle** by Paula Goldman. **Sandy Alpert, Donald Katz** by Stacy Kahn.

Martha & Joseph Mendelson Adult

Education Fund

In Honor Of: **Mary & Arnie Hammer's** 50th anniversary by Sandy & Adina Mendelson.

In Memory Of: **Bern Segerman** by Sandy & Adina Mendelson.

Masorti Fund

In Memory Of: **Barbara Pavony and Jack Pavony** by Anat Bar-Cohen.

Melvin Gelman Religious School

Fund

In Memory Of: **Judith Edwin Haberfeld** by Davida Kales. **Melvin Gelman** by Elaine Miller.

Men's Club Amuday Torah Fund

In Honor Of: **Ron Schlesinger** receiving the 2015 *Yad Hakavod* award by Sonya Gichner.

In Memory Of: **David Schwartz** by Irv & Estelle Jacobs. **Janet Green** by Leslie Berlin.

Frank Berlin by Mark Berlin.

Mikvah Capital Campaign

By: Leah Chanin.

In Honor Of: **Josef Malka** becoming a *bar*

mitzvah by Cantor Arianne Brown, Michael & Meredith Weiner Cymerman. **Yosef Malka & Mimi Koenig** on the occasion of their *b'nai mitzvah* by Eric Koenig & Amy Schwartz.

Herlene Nagler by Liz Schroyer. **Naomi Malka** by Morris & Susan Klein. Birth of **Solomon Bernard Kimmel** by Yaacov & Herlene Nagler.

Mazel Tov To: **Arnie Podgorsky** for his presidential accomplishments, **Rabbi Charles & Krayna Feinberg** for all of their accomplishments and contributions to Adas Israel and all those they touched, **Ron Schlesinger** on his well-deserved *Yad Hakavod* award, **Debby Joseph** on becoming president of the Adas Israel Board, all by Herlene Nagler. **Mary & Arnie Hammer** on their milestone anniversary, **Adina & Sandy Mendelson** on their anniversary *aliyah* by Yaacov & Herlene Nagler.

In Memory Of: **Barney Usher** by Dr. Michael Usher.

Mildred & Jess Fisher Nursery School Fund

In Honor Of: Birth of **Levi Goodstein** by Charlotte & Peter Kolson. **Sheri Brown & the Gan staff** by Randy & Ari Brown. Birth of **Elijah Matan Rand**, Birth of **Solomon Bernard Kimmel**, Birth of **Maya Fleisher**, all by Sheri Brown.

In Appreciation Of: **Sarah Meytin** by the Gan Staff.

In Memory Of: **Bessie Krauser** by Florence Meyer. **E. G. Rosenberg** by Mark Rosenberg.

Meyer Siegel by Michelle Leavy Grayson.

Scott Kleier by Sheri Brown.

Minnie & Abraham S. Kay Israel Scholarship Fund

In Memory Of: **Abraham S. Kay** by Sylvia Greenberg.

Morris Hariton Senior Programming Fund

In Memory Of: **Roberta Veax** by Daniel & Diane Keller.

Morton & Norma Lee Funger Israel Program Fund

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Offerings Fund

By: David & Jessica Nemeth

In Honor Of: **Alex Orlove** becoming a *bar mitzvah* by Brett & Deborah Orlove. **Mary & Arnie Hammer**'s 50th anniversary by Michael & Janet Goldman. **Sami Jinich** becoming a *bar mitzvah* by Rebecca Weiss & family. *With Great Appreciation For:* **Sol Rosen**'s memorial service by Lois Goodman.

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Ronald Price by Rhea and Stanley Marx.

Rabbi Holtzblatt Discretionary Fund

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In Memory Of: **Anna Travers Keimowitz** by Bob & Hazel Keimowitz. **Lillian Dublin** by Lois Fingerhut.

Rabbi Jeffrey & Judith Wohlberg Masorti Fund

In Memory Of: **Cantor Max Wohlberg** by Rabbi Jeffrey Wohlberg.

Rabbi Steinlauf Discretionary Fund

In Honor Of: **Mimi Koenig**'s *bat mitzvah* by Eric Koenig & Amy Schwartz. *Mishaberach* said for me by Myra Promisel.

With Great Appreciation For: Courtesies extended upon the death of our mother, **Pauline Goldberg** by Lester Goldberg Gerald Goldberg, & Marsha Boymel.

With Thanks For: Making **Maya Saltman**'s naming so special by Alan & Beryl Saltman. Good wishes on my birthday by Miriam Schlesinger.

Rise & Ronald Schlesinger Music Fund

In Honor Of: **Ron Schlesinger** receiving the 2015 *Yad Hakavod* Award by Shari & Eric Schlesinger, Stuart & Jamie Butler.

In Memory Of: **Adolph Schlesinger** by Ronald Schlesinger.

Rose R. Freudberg Sisterhood Memorial Library Fund

In Honor Of: **Ron Schlesinger** receiving the 2015 *Yad Hakavod* Award by Elinor Tattar. Birth of **Solomon Bernard Kimmel** by Glenn & Cindy Easton, Harry & Judy Melamed.

In Memory Of: **Paul Weingarten** by David Weingarten. **George Jolson** by Dr. Heidi Jolson. **Sol Tepper** by Edith Hessel. **Pauline Goldberg**, **Sandra Alpert**, **David Schwartz** all by Elinor Tattar. **Donald Hackel** by Grace Lebow. **Lilian Fox** by Marian Fox. **Bee Schwartz** by Rabbi Herbert Schwartz. **Claire (Betsy) Kay** by Susan Kay. **Marion Laeger** by Susan Sturc. **Sadie Altman & Dorothy Slawsky** by Zalma Slawsky.

Samuel & Sadie Lebowitz Israel Scholarship Fund

In Honor Of: **David Povich**'s special birthday by Biff & Iris Henley.

In Memory Of: **Sandra Alpert** by Bo & Marky Kirsch, David Polonsky.

Sandra & Clement Alpert Fund for Family Education

In Honor Of: **Dr. Clement Alpert**'s 103rd birthday by Andrew Alpert, Brian & Judy Madden, Dale, Alan Jill, Leah & Ethan Sorcher, Jennifer Marron & Benjamin Madden, Jonathan Alpert, Mindy Saraco, Michae, Ruby & Sender Madden.

In Memory Of: **Rose L. Madden & Miriam Madden** by Alan & Dale Sorcher. **Sandra Alpert** by Alan & Nancy Bubes, Arlene & Frederic Schragger, Barbara & Michael Gordon, Bonnie & Gil Schwartz, Fae Brodie & Hilary

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Shabbat Morning Music

In Honor Of: **Talia Jasmin Forseter** by Margie Cutler.

In Memory Of: **Toby Cutler** by Glenn & Cindy Easton.

Shelley Remer Gan HaYeled Enrichment Fund

In Honor Of: **Arielle Klein** becoming a *bat mitzvah* by Stewart & Shelley Remer.

In Memory Of: **Ira Meyer** by Laurence Meyer.

Social Action Fund

In Honor Of: **Rabbi Feinberg** by Harry & Judy Melamed.

With Thanks For: *Boker Ohr* class by Warren Clark.

In Memory Of: **Miriam Madden** by Michael Madden & Mindy Saraco.

Sophie Silfen Shalom Tinok Fund

In Honor Of: Birth of **Solomon Bernard Kimmel** by Nancy, Daniel, & Jordan Weiss.

Staff Gift Fund

In Memory Of: **Qur'an Vines** by Glenn & Cindy Easton.

Stanley & Veeda Wiener Memorial Fund

In Honor Of: Birth of my great grandson, **Owen Stanley Coombs** by Ruth Snyder.

In Memory Of: **Stanley & Veeda Wiener**, **David Snyder**, **Sophie Snyder & Stanley Snyder**, all by Ruth Snyder.

Susan Linowes Allen Memorial Music Fund

In Memory Of: **Susan Linowes Allen** by Richard Linowes.

Traditional Minyan Kiddush Fund

In Memory Of: **Tova Dershowitz** by Bill Levenson, Jeffrey Knishkowsky & Patti Lieberman.

Tzedakah Fund

In Honor Of: **Debby Joseph**'s election as President of Adas Israel Congregation by Glenn & Cindy Easton, David Polonsky.

In Memory Of: **Annie Naiman** by Arnold Danziger. **Rebecca Lipkin** by Chris Sautter & Harriet Lipkin. **Edith Schwartz** by David Schwartz. **Robert Kossak** by Dr. Michael Kossak. **Jonathan Bloom-Feshbach** by Dr. Sally Bloom-Feshbach & family. **Bessie Krauser** by Eric Dunn & Stephanie Meyer.

Tova Dershowitz & Michael Mindel by Glenn & Cindy Easton. **Benjamin Olender** by Jack Olender. **Michael Klein & Sarah Kolodner** by Janet Kolodner. **Miriam Agus** by Larry & Edna Povich. **Leah Goldman** by Martin Goldman.

Jean Slavin by Renata Kossow. **Phyllis Keet** by Rhoda Fischer.

Benjamin Eric Cooper by Richard Cooper & Judith Areen. **Andrew Wolf**, **Frances Wolf** by Sandra Schwalb. **Solomon Shapiro** by Steve & Susana Shapiro.

Vision of Renewal Fund

By: Harriet & Art Isack.

In Honor Of: **Larry Nussdorf** being named CEO and Chair of Clark Enterprises, Inc. by Glenn & Cindy Easton.

In Memory Of: **Howard Levine** by Russell & Judith Smith.

Yale Goldberg School Retreats Fund

In Memory Of: **Pauline Goldberg** by Joel & Rhoda Ganz.

Yizkor/Yahrzeit Fund

In Memory Of: **Beatrice Gray Jacobs** by Alan Jacobs. **Isor Gildenhorn** by Ambassador Joseph Gildenhorn. **Gary Wolfe, Leon Wolfe, Ida Forman**, all by Anne Wolfe, Nancy Wolfe & Jane Wertheimer. **Pauline Goldberg** by Barbara & James Korman. **Irwin Greenspahn** by Barbara Winnik. **Edith Edelstein-Stone** by Caryn Clayman. **Ellen Leavy** by Charlotte Teicher. **Irving Bowers** by Connie Bowers. **Rose Goldberg** by Diane Cross. **Richard Buck & Paul Buck** by Dr. David Buck. **Edith Phillips** by Dr. Stuart Phillips. **Harry Burka, Leonard Burka and Elliott Burka** by Edward & Karen Burka. **J. Arnold Pines** by Elaine Pines. **Ida L. Hellman & Carolyn Falk Hellman** by Elinor Gruber. **Ruth Winnick** by Ellen Sinel. **Milton Hoffman** by Frances Hoffman. **Abraham Goldsmith** by Gail Rouchdy. **Alvin Bernstein** by Gloria Bernstein. **Albert Ginsberg** by Harry & Charlotte Teicher. **Maurice Goldberg** by Henry Goldberg. **Murry Mendelson** by Ira Mendelson. **Lovell Olender** by Jack Olender. **Barnett Rich** by James Rich. **Jessie Rotherhouse Reilly** by Joan O'Connor. **Edith Myers Shinberg** by Joan Walson. **Hilda Sturc** by John Sturc. **Edia Tchulak** by Joseph Zilberbaum. **Stephen Edward Beltz** by Judith Beltz-Schreiber. **Lillian Rosen Ratner** by Judy Cohen. **Esther Nussdorf** by Lawrence & Melanie Nussdorf. **Sidney Goldstein** by Marcie Goldstein. **Libby Fine** by Martin & Arlene Klepper. **Leah Goldman** by Martin & Donna Goldman. **David Korn** by Maryla Korn & family. **Joseph J. Zupnik** by Stanley Zupnik. **Annie Zinkow** by Phillip Epstein. **Irwin Greenspan** by Rachel Yavinsky. **Irvine Melvin Kramer, Lillian Kramer** by Richard Kramer. **Fred Burka** by Robert Burka. **Alvin S. Bernstein** by Robin Taub & Michael Pfeifer. **Nathan Cohen** by Sheldon I. Cohen. **Jacob B. Sclar** by Sidney Sclar. **Frances R. Stirman, Joseph L. Herson** by Sonia Herson. **Marvin Mufson** by Steven Mufson & Agnes Tabah. **Julius Y. Schwartz** by Susan & Howard Liberman. **Hilda Aks** by Vicki Perper.

Youth Activities Fund

In Honor Of: Birth of our grandson, **Henry Volkman** by David Berman & Leslie Chernikoff Berman.

In Memory Of: **Harry Popovsky** by Alan Popovsky. **Bruce Paul** by Douglas Paul. **Shirley Hankin Weiss** by Ellen & Stanley Albert. **Arlyne Garten** by Fran Cohen. **Isadore Sklar** by Frances Silverman. **Maurice Malasky, Celia Malasky, Edward Lisher, Marion Weisberg, & Benjamin Weisberg**, all by Gary & Ellen Malasky. **Pearl Tabachnik** by

Jeffrey Knishkowsky & Patti Lieberman. **Irving H. Yaverbaum** by Jeri Greenberg. **Robert Kefford** by Lesley Frost. **Pauline Lantner** by Louis Lantner. **Pauline L. Clepatch** by Marion Kraskin. **Edith Shinberg** by Milton Shinberg. **Dr. Norman Schlesinger** by Miriam Schlesinger. **Samuel Laby** by Miriam Vinicur. **Eric L. Ehrenberg** by Pamela, Talia, & Nathan Ehrenberg. **Bernard Lutzker** by Pearl Lutzker.

Lillian Kramer by Richard Kramer. **Joseph Bieber** by Sandy Bieber, Linda Rosenzweig & family. **Herbert Ain** by Sanford Ain. **Devora Sharon** by Shoshana Marcus. **Jeannette Zupnik** by Stanley Zupnik. **David Isidor Estrin** by Wilma Bernstein. ❄

ongoing learning

Wise Aging

Abraham Joshua Heschel believed, "Authentic existence requires work and celebration, ritual and prayer, and an appreciation of the nature of time."

Wise Aging is an exploration of aging well and wisely through a Jewish lens.

Through reflective work our Wise Aging group will meet regularly to learn, share experiences, and acquire skills to sanctify the moments in time that make up this stage in our lives. Old enough to see the horizon, we can become aware that every moment in time is an act of creation, a new beginning.

Wise Aging sessions are based on resources developed for the Institute for Jewish Spirituality by Rabbi Rachel Cowan and Dr. Linda Thal, primarily *Wise Aging: Living with Joy, Resilience, and Spirit*. The group of 12 will include two congregants who have been trained as facilitators in this program by the Institute for Jewish Spirituality.

We'll explore these (and other) questions and the questions you bring:

- What does Jewish wisdom offer to this journey of aging?
- How can the cultivation of spiritual qualities and wisdom support well-being?
- What is my spiritual legacy?
- What does it mean to be a blessing as we age?
- How do we make this a sacred journey?

According to Rabbi Menachem Mendel Schneerson, "Reaching old age means summoning up the inner resources that enable a person to rise and accomplish his purpose in life."

Said Albert Einstein, "There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."

The Adas Israel Wise Aging Group will be taught by Janice Mostow and Betsy Strauss who have been trained by the Institute for Jewish Spirituality. The class will meet Oct. 4, Nov. 1, Dec. 6, Jan. 10, Feb. 7, March 6, April 3, and May 1. In addition to the \$36 cost of the class, participants are asked to purchase the book, *Wise Aging: Living with Joy, Resilience, and Spirit*, at <http://www.behrmanhouse.com/wise-aging>.

Please register at <http://www.wizevents.com/register/3625>. If you have any questions, contact Rabbi Lauren Holtzblatt, rabbi.holtzblatt@adasisrael.org. ❄





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**UPCOMING CHRONICLE
DEADLINE—**

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Friday, August 28, at noon

November:
Thursday, October 1, at noon