



ADAS ISRAEL CONGREGATION

# Chronicle

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## Clergy Corner

by Rabbi  
Charles Feinberg

### WHEN IS ENOUGH ENOUGH?

Once an American visitor was passing through the Polish town of Radin and stopped to visit the Chafetz Chaim, who was born in the 19th century and died in 1933 at the age of 95. Entering the great sage's simple apartment, he was struck by how sparsely it was furnished. "Where is your furniture?" the man asked. "Where is yours?" replied the Chafetz Chaim. "Oh, I am only passing through," answered the man. "I, too, am only passing through," replied the Chafetz Chaim.

The lesson of this story for me is that material possessions have no spiritual value. They are the substance and means through which we develop our spirituality. Or to put it another way, the way of the soul runs through the material world. The material world is not the bane of the spiritual because our spiritual journey can take place only by means of action in the natural world.

The soul needs the material

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## Shabbat Scholar Series at Adas Israel Begins with Rabbi Reuven Hammer, November 8

A three-part scholar series, presented by the Lifelong Learning Committee, is planned for this year. Throughout the year, scholars from around the Jewish and scholarly worlds will participate in informative post-Kiddush lectures in the Biran Beit Midrash. The first program will take place Saturday, November 8, 1:15–2:45 pm (after Kiddush) with Rabbi Reuven Hammer. This series, generously underwritten by the Mendelson Family Learn-

ing Fund, will enable the congregation to continue learning from the leading scholars in the Jewish community during a full year of formal and informal lectures and discussions.

Rabbi Reuven Hammer, who served as president of the International Rabbinical As-

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## Jewish Mindfulness Center of Washington Wins the Slingshot Award

Rabbi Gil Steinlauf, Rabbi Lauren Holtzblatt, and JMCW Advisory Committee chair Jennie Litvack recently announced that the Jewish Mindfulness Center of Washington (JMCW) will receive one of the most sought-after honors in Jewish North America—the **Slingshot Award**.

The Slingshot Award's mission is to strengthen innovation in Jewish life by de-

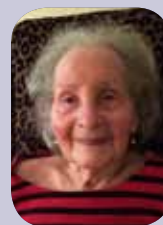
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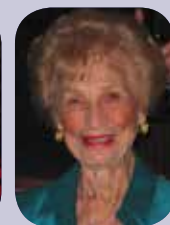
## Special Birthdays for Two Very Special Members

Rose Burka turns 100 on November 10, Miriam Feldman turns 100 on December 8

Our beloved Rose Burka and Miriam Feldman, both Adas Israel members since 1948, will celebrate very special birthdays



Rose Burka



Miriam Feldman

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CELEBRATING OUR 144TH YEAR  
THE CHRONICLE IS SUPPORTED IN  
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# Clergy Corner

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plane in order to attain wholeness. But the material world can be a spiritual trap. There are different ways the material world can be a spiritual trap and distract us from achieving spiritual growth and wholeness. Surely one of them is the accumulation of material possessions. Poor people can be seduced by the idea that acquiring things will lead to salvation while affluent people can become enslaved to what they own.

Our tradition is clear about this challenge. On the one hand, the Torah teaches that if a poor person does not have enough to eat, we must feed him or her. *Pirkei Avot* teaches, "If there is no flour, there is no Torah." It is obscene to talk about spiritual wholeness or the nourishing of the soul when a person is starving or just hungry. First we must feed and stabilize a poor person's physical well-being. Only then can we speak about spiritual values or spiritual growth.

For most of us, however, the challenge is how to put material things to work: to do good, not to do evil, to promote spiritual and moral growth and not hinder it. For material things can always be devoted to evil purposes. Sometimes material things are used to destroy and kill other human beings. Sometimes having too much can be destructive. We all know that too much of a good thing—say ice cream—can create all kinds of havoc.

The core issue is human nature. Things are not the problem—it's our inclination to become overinvolved with material possessions and pleasures that we have to be aware of and attend to. Rabbi Yisrael Salanter put it this way: "Insofar as man is a physical being—'dust from the earth'—his heart inclines to the material. Therefore, he desires to 'eat, drink, and be merry.' He loves wealth and fortune, and longs for honor and dominion. He is full of self-importance and seeks to delight in bodily comforts."

The problem is that the allure of the material is endless, and the craving for it is insatiable. The Torah and Rabbinic tradition warn us about not becoming enslaved to things and possessions. Instead of becoming a means to spiritual and moral growth, the material world can become an end in itself. In order to avoid the trap of being overcome by cravings for material goods, our tradition—especially the Mussar tradition—teaches the virtue of living a simple life. This is a life devoted to *histapkut* (contentment)—a life devoted to *maspeek*, a life devoted to realizing that we have enough.

Most of us could manage with less than we have and certainly less than we seek. Not only would we manage but we would actually be freed to give our time and energy to things that really do matter in life. The medieval Spanish Jewish poet and philosopher Shlomo ibn Gabriol taught: "Seek what you need and give up what you do not need. For in giving up what you do not need, you will learn what you really do need." Do you know what you really need?

As we think about buying new things, whether it's new clothes, shoes, furniture or furnishings, computers or software, smart phones, vehicles, or property, we need to ask ourselves, "Do I need to do this?" Should I instead dedicate that same

amount of money to further my own spiritual development or the spiritual development of a loved one? Or could I have dedicated the money to *tzedakah* or some form of Jewish education? Asking these questions and talking to ourselves about what we really need instead of what we desire can help us lead a more simple life, a life not controlled by cravings for more things.

We as a community—especially as a Jewish community—need to ask, "What do we really need? What is enough?" How beautiful do our synagogues, JCCs, schools, and other public buildings have to be? On the one hand, we need to maintain our buildings and institutions. Air conditioners, heating systems, sound systems all wear out and break down. At some point it is more economical to replace than to repair them.

Clearly, there is a need for these kinds of projects. But at the same time I ask, do they have to cost so much? I ask that question because there are other pressing priorities for us to fund.

One of these priorities that have been underfunded is the poor in the Jewish community. We at Adas Israel have been very concerned about the homeless and the poor who live in the District. We have done much to support the work of organizations that support the poor: So Others Might Eat, N Street Village, Friendship Place, Anne Frank House, and Bread for the City.

We have often assumed that the poor are not Jewish, but that is not the case. Jewish people become poor and often are in danger of becoming homeless when they lose their jobs. Over the last several years, a number of Jewish people have come to the synagogue seeking financial help because they were about to be evicted for not paying their rent. They could not pay their rent because they were out of work. The synagogue, along with Jewish Family Service Agency, has helped a number of people. But know this: two years ago, Jewish Family Service Agency cut emergency assistance to the poor in half. During the last two years, it exhausted its funds for emergency assistance for the poor sometime in the spring before the close of its fiscal year. Again, we must ask the question, is there a priority to help the poor in our own community? Could some of the money we spend on material things be used to make sure the poor in our community do not have to face homelessness?

The Torah affirms a polarity of religious life. One side of the polarity is to live simply, to acquire what we need for basic needs, to devote time to Torah study, prayer, *Shabbat* and holidays, and acts of lovingkindness. The other is to acquire the means so that we can afford for us and others to be involved in these sacred deeds.

Our tradition has tried to juggle this polarity through ritual, periodic fasting, prayer, holiday celebrations, study of Torah, and injunctions to help the poor. We have to balance the material needs of the community and their support with our own spiritual needs. Too often the balance is out of whack in different ways. Some will spend an enormous amount of time to raise funds or to spend them, but spend little time on their own personal spiritual development. On the other hand, others do not donate as generously as they could and yet are critical when they feel the institutions don't serve their needs or the needs of others. May the Holy One give us the courage and strength to distinguish need from desire. May God give us the wisdom to live life more simply so that we will have the wherewithal to serve God with all our heart and soul. ○

## From the President



Arnie Podgorsky

### Joyful

It is just two days before *Kol Nidre* as I write. *Rosh Hashanah* was wonderful. I returned from Colorado just as Christy took the *challot* fresh from the oven. Beautiful imagery came to life—honey, apples, *challah*, candles, sweet prayers, good wishes, hugs and kisses. And then it was time for *Shul*. Thousands of us at Adas so excited and smiling. Each

of our services inspired in its own way, the subtle differences among services a reminder that with all we have in common each of us is unique. Each a unique *nashama*, each beautiful, and each a necessary part of *Klal Yisrael*. I love our differences and learn from them. After decades of corporate law practice I can be homogenized, too pinstriped and lawyerly. Our differences—we are so diverse—exhort me to loosen it up and rediscover some bygone youthful flexibility. What a joy!

And joy is what everything is about, no? Rabbi Steinlauf tells us that Judaism is a toolbox for finding greater meaning in our lives. What does that mean for me? What do I reach for? Last year Herlene Nagler spoke to me of Judaism as a beautiful gift. Herlene chose these words carefully, smiling as she said them. “Gift” evokes a treasured jewel in a beautiful case, perhaps like a *sefer torah* in an ark. Just what makes Judaism that jewel? And is joy at its core?

For me, the gift of Judaism is how it explains with the most elegant of truths that central existential question—why are we

here? Judaism teaches that we are here to love each other, to create as we were created, to fill our lives with joy, and elevate ourselves through our actions to serve God and each other. That just as God created each one of us for a reason, each one of us has a place in the *klal*—the entire community. If any of us is overlooked or excluded, or excludes himself or herself, our entire community and each of our lives is diminished. We might say that exclusion is at odds with creation itself.

This is not some new notion. It is Torah, traditional, and not too far away. Joy is a core value.

Joy as core is evident in our practical, regular Jewish lives. Weekly we celebrate a day of rest, even for working animals. We celebrate the New Year as renewed creation of the entire world, and after ten days of reflection we joyfully attain release from vows and the sorrow of sin. We celebrate the harvest, the end and beginning of the Torah, and find a metaphor for creation in our birth as a Jewish people upon the exodus from Egypt. Our annual acknowledgement of communal disaster on *Tisha B’Av* precedes weeks of consoling prayer, right up to *Rosh Hashanah*. We are not to be dark, anxious, or hand wringing, but are to be joyful even as we strive to learn, elevate, and subdue undesirable impulses.

But wait, there’s more! The observant of us regularly acknowledge joy in the constant presence of God in all aspects of our lives and in all things (that “unity of God”). Three times a day we pray in *minyanim*, and throughout the day give thanks for most

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## RSVP for *Fiddler on the Roof* at Arena Stage with Adas Israel Members, Sunday, Dec. 7, 1 pm

Followed by talk-back with clergy and cast!

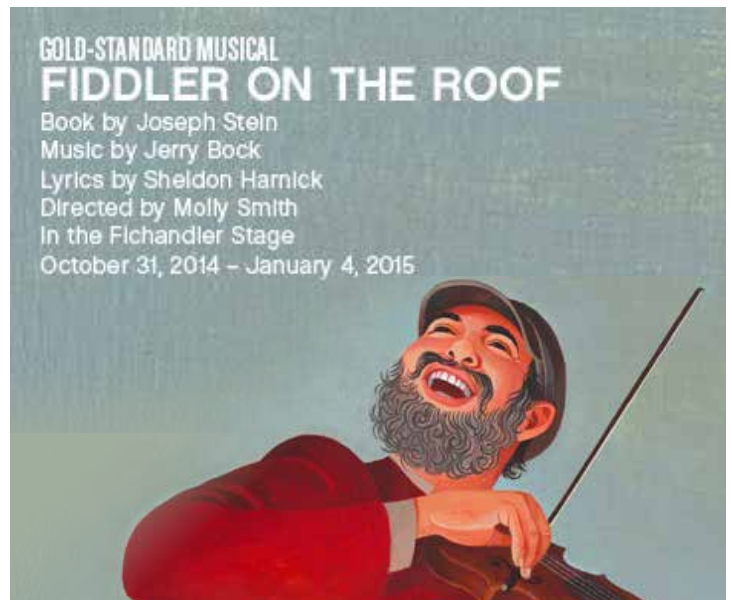
Register online or with the synagogue office by Nov. 7!

Celebrate the 50th anniversary of an American classic at one of the great DC theaters with your Adas community! Join a large group of Adas families, clergy, and staff for this wonderful afternoon performance in Arena’s theater in the round. Register online or call Carol Ansell at the synagogue, 202-362-4433.

More than just a poor milkman, Tevye is a humble Jewish father who finds his devotion to God severely tested by his headstrong daughters, who want to be their own matchmakers, and the increasingly ruthless government forcing him from his land. With a jubilant and masterful score, including “If I Were a Rich Man,” “Sunrise, Sunset,” “Matchmaker, Matchmaker,” and “Tradition,” Tony nominee Jonathan Hadary makes his Arena debut as Tevye in this celebration of family, community, and life’s unexpected miracles, large and small.

If you’re an Arena Stage subscriber and already have tickets to this production for a different date, you can exchange your date for the December 7 matinee so you can attend with Adas friends and family. Buses will be provided from Adas Israel.

From Arena Stage artistic director, Molly Smith: “I love *Fiddler*. I grew up with this music and it was such an integral part of my family that it became part of our own tradition. It’s the concept of tradition and specifically changing tradition that is such an



exciting, contemporary idea to me. I can’t wait to introduce this perfect American musical to young people who can carry on its music and its message for another 50 years.” ○



# Sisterhood

## Join Sisterhood Today

To send in your dues for 5775, make your membership check payable to **Adas Israel Sisterhood** (Basic Membership=\$36; Contributor=\$54; Patron=\$72; Other=\$\_\_\_) and provide your contact information. Or you can use the form provided in the recent mailing. Send to Treasurer **Dava Berkman**, 2475 Virginia Avenue, NW, Apt. 803, Washington, DC 20037.

## Upcoming Events

**Taste of Tanach** text study with Rabbi Steinlauf continues in the *Biran Beit Midrash* on November 18 and December 16 at 10:00 am.

### Sisterhood Shabbat— Call for Daveners and Leyners:

When we entered the new Jewish year, many of us thought about practices that could help us “return” to Judaism. It is in that spirit that we invite you to participate in the **Sisterhood Shabbat service**, January 24. There are abundant opportunities, including leading prayers, *leyning* Torah, or chanting *haftarah*. Your voices help to create community.

- To *daven* or to pray in English, contact overall service coordinator **Marcie Goldstein**, [marcie.b.goldstein@gmail.com](mailto:marcie.b.goldstein@gmail.com), for available opportunities.

- To read Torah at the *Shabbat* morning service, please e-mail **April Rubin**, [aprilrubin@aol.com](mailto:aprilrubin@aol.com), or **Betsy Strauss**, [betsy.strauss@gmail.com](mailto:betsy.strauss@gmail.com). Sisterhood encourages beginners as well as experienced Torah readers to sign up. Each of the readings is three or four verses. Ritual Director Naomi Malka has generously offered to make recordings and train anyone who would like her support.

It promises to be an awesome Sisterhood *Shabbat*. Our speaker will be Rahel Musleah, who was born in Calcutta, India, the seventh generation of a Calcutta Jewish family that traces its roots to 17th-century Baghdad. She will share her rare and intimate knowledge of this ancient community's history, customs, and melodies. **Linda Yitzchak** is coordinating this portion of the program.

## The Torah Fund Campaign

helps train the future leaders of Conservative Judaism. Those donating \$36 or more will be invited to a Women's League tea on **March 15**, which Adas Israel Sisterhood is proud to be hosting. Those sending \$180 or more will receive a beautiful “Tree of Life” pin. Send your donation to TF Chair **Gerry Lezell**,

5800 Magic Mountain Dr., North Bethesda, MD 20852.



## Women's League Seaboard Region Education Day

is Sunday, November 16, 9:30 am–3:30 pm. The \$36 couvert includes program and lunch. Presenters for the “Our Journey Present and Future” program are Rabbi Dana Saroken, Associate Rabbi, Beth El Baltimore, and Rabbi Janet Ozur-Bass, teacher of Jewish Texts at the Charles E. Smith Jewish Day School. The program takes place at Beth El Congregation, 8101 Park Heights Avenue, Baltimore, MD 21208. Questions? Contact Call Linda Rosenberg, 301-249-5154 or [Linda.Rosenberg@juno.com](mailto:Linda.Rosenberg@juno.com).

## Sisterhood Opening Event: Festive, Fun and Fabulous!

What do you get when you combine 50+ Adas Israel women, Israeli wine, sweets, savories—and an accordionist? Sisterhood's latest opening event, of course! To kick off the program year 5775 (aka 2014–15), Sisterhood chose to highlight Israel's extensive wine industry and, of course, also featured honey, in the form of honey cake, for a sweet new year. The September



*Tzipy Fromberg and Deborah Wallach*

14 event was billed as “A Taste of Honey—and Wine.” The title comes from a well-received 1961 British film, *A Taste of Honey*. But the phrase actually has biblical roots and was first expressed by King Saul's son, Jonathan (*Kings* 14:43ff.).

The event was chaired by new board member **Tzipy Fromberg**, who as an Israeli was certainly able to guide us well. In addition, honey cake recipes from Sisterhood's *Back to the Future* cookbook, published in 1997, were copied and distributed. Board member **Julie Weisman** delivered a *d'var Torah*, challenging us to enter the new year with humility in order to create the necessary space to experience family, friends, study, and, most important, God, more fully.

Well-known Israeli accordionist Pinchas Zlotnicki regaled us with Israeli and Jewish tunes. As we say in Sisterhood, “Every program is a membership event,” because the objective is always to welcome new, returning, and current members who enable Sisterhood to thrive. From that perspective, we count this event as another success.



*President Marcy Feuerstein*

—Lucy Hassell ◊

*From left: Cantor Ari and Nati, Lucy Hassell, Alisa Abrams, Nancy Weiss, Victoria Vogl, Renee Everett, Joyce Stern*



## Ruth & Simon Albert Sisterhood Gift Shop

At this year's Gift Show in New York, we purchased a number of new pieces that have finally arrived. Stop by and see our offerings!



### Shop Hours

Sunday–Monday, Wednesday–Friday, 9:30 am–12:30 pm

Tuesday, 9:30 am–3:00 pm and 6:15–8:00 pm

**202-364-2888**

[adasgiftshop@gmail.com](mailto:adasgiftshop@gmail.com)

Every purchase benefits Adas Israel Congregation.

## FROM THE PRESIDENT CONTINUED FROM PAGE 3

everything no matter how seemingly mundane. Food to sustain us we pray over and observe *kashrut*. *Mezuzot* on our doors, *tefillin* on our heads and arms, candles on *Shabbos* and a day of restorative rest, they all remind us of God's consoling presence and to see joy in the tiniest aspects of our lives, in every grain of sand and in each leaf of every tree. If we don't do this enough (perhaps few do), then we aspire to more, that joy infuse our lives and guide our conduct.

This is core Judaism. What in our lives can remind us to be joyful, to embrace joy so strongly that it infuses our entire outlook and conduct? In September's *Chronicle* I suggested study ("Study Is Our Iron Dome"). Now I'll suggest the *Shul*—our *Shul*, Adas Israel, but other *Shuls* of all stripes are no less part of the *klal*. The moment we walk into *Shul* we feel joy, connection, and release. It is good just to be here. You don't feel that? It can take a bit of practice. Everyone we see at *Shul* is there for the community, to smile, to be with and for all of us. Sure, we have different preferences, but that just means there is more going on. Some advance *zedakah*, some prayer, others music or scholarly study. Some spread joy through *chesed*, creating wonderful food, art or schmooze. We are all different, but bound together Jewishly. At *Shul* we can be with each other, learning to love our similarities and our differences, and find joy in all we do and in each direction we turn.

It's a new year! Celebrate by spending more time with us. Return again. Return to the Land of your Soul! However you may enjoy your time at *Shul*—or your Judaism—let more of us come to know you and find joy with you. Joy, love, support, warmth for each other. That is why we are here, why we were created, and why we are here for you at Adas Israel.

—Arnie Podgorsky ○

## SHABBAT SCHOLAR CONTINUED FROM PAGE 1

sembly, the worldwide organization of Conservative Rabbis, from 2002 to 2004, was the first resident of Israel to be elected to that position. He was born in Syracuse, NY, and received his rabbinic ordination and doctorate in theology from the Jewish Theological Seminary. He has also earned a PhD in special education from Northwestern University.

After serving as a chaplain in the Air Force and as a congregational rabbi for 15 years, Rabbi Hammer, and his family, made *aliyah* to Israel in the summer of 1973. For 18 years he headed the Israel programs of the Jewish Theological Seminary in Jerusalem serving as director and dean and was the founding director of the Institute for Jewish Studies, today the Schechter Institute, the school for training Masorti rabbis and educators in Israel. He has also been a professor of rabbinic literature at Schechter and has taught rabbinics at Oranim College, the Hebrew University Rothberg School, the Seminario Rabbinico Latino Americano, and the Moscow State University of the Humanities.

One of the founders of the Masorti Movement in Israel, Rabbi Hammer has served the organization in many key capacities. He was a member of its Committee on Jewish Law, the Masorti representative on the Neeman Commission of the State of Israel

concerning conversion, and the President of the Rabbinical Assembly of Israel. In addition, for many years he was the head of the Rabbinical Court for Conversion, and is now the Masorti representative on the board of the Joint Institute for conversion and a member of the Committee on Jewish Law and Standards of the International Rabbinical Assembly.

Rabbi Hammer is a prolific writer whose articles appear often in the Israeli press and elsewhere in both Hebrew and English, and his column appears regularly in the *Jerusalem Post*. Two of his books, *Sifre, A Tannaitic Commentary on Deuteronomy* and *Entering the High Holy Days*, received the National Jewish Book Council prize as the best book of scholarship for the year. His most recent book is *The Torah Revolution*, and his new book, *Akiva: Life, Legend, Legacy*, will be published in early 2015.

In 2003 he received the Simon Greenberg Award for Lifetime Achievement in the Rabbinate from the Zeigler Rabbinical School of the University of Judaism, and in 2013 he was honored by the Jewish Theological Seminary.

Rabbi Hammer and his wife, Rahel, a Judaica artist, live in Jerusalem. They have five children, 16 grandchildren, and seven great-grandchildren. ○



# November Is Mindfulness Month @ Adas

## Presented by MakomDC & The Jewish Mindfulness Center of Washington



November @ MakomDC is all about mindfulness. Brought to you by the Jewish Mindfulness Center of Washington, MakomDC offers programs and workshops to help deepen our experience of the spiritual, and create connections to foster a vibrant, diverse spiritual community. Experience Jewish Meditation, Yoga, Mindful Learning, and spirited Shabbat & Holiday programs... all within a uniquely Jewish context.



### Featured Speaker

**All Weekend Long! Nov 14-15 Rabbi James Jacobson-Maisels** teaches Jewish thought, mysticism, spiritual practices, and meditation at the Pardes Institute of Jewish Studies in Jerusalem and Yeshivat Hadar and the Drisha Institute in New York City, and leads Jewish

meditation retreats in Israel and North America. Rabbi James is known for his grounded, insightful, and personal teachings, his ability to make texts and concepts relevant to how we live our daily lives, and his transformative approach to Jewish practice that is relevant to people from all backgrounds.

### How To Series: How To Daven & Have It Be Meaningful

**Nov. 2, 16, 10:30 am–12 noon**

Join Rabbi Gil Steinlauf for a special workshop designed to bring meaning and mindfulness to your prayer practice. You don't want to miss this one!

### Weekly Jewish Meditation

**Tuesday evenings, 7:30 pm**

Led by Rabbis Gil Steinlauf, Lauren Holtzblatt, Gilah Langner, and Ben Shalva. Sessions include silent meditation and an exploration of Jewish meditation techniques, followed by refreshments. Beginners are most welcome!

### Mindful Parenting with Rabbi Holtzblatt

**Friday mornings, 10:00–11:20 am**

An exploration of loving, giving, teaching, disciplining, and growing our children from a Jewish perspective, led by Rabbi Lauren Holtzblatt. Parents of children ages 0–10 are encouraged to attend; all are welcome!

### Mindful Yoga @ JMCW

**Sundays, 10:45 am–12:00 noon**

Join us for 90 minutes of yoga rooted in Jewish spiritual concepts. Classes will invite us to “embody” Judaism and can include explorations of poses, meditation, and chant. Yoga beginners welcome!

### Return Again to Shabbat

**Nov. 14:** In the style of our innovative outdoor *Kol Nidre* service. Join us for a reflective journey into the power of *Shabbat*.

### Morning Awakening

**Tuesday mornings, 9:15 am**

Come join JMCW for an uplifting 45 minutes of mindful prayer and song as we start the day together.

### Mikvah Mondays

**Nov. 24, 8:45–9:45 am**

The *mikvah* opens its doors for questions, curious visits, comments, and a safe place to discuss preconceived notions about what the *mikvah* is and who uses it.

### Young Professional Kavanah Experience

**Nov. 19, 7:00 pm**

Find your *kavanah* (spiritual intention) with an evening of fully embodied Jewish practices, as we sample a taste of Jewish yoga, meditation, and *kirtan* (call and response music).

### Make Real and Lasting Change One Week at a Time with Mussar Yoga

**Nov. 9, 10:30 am**

Join Edith Brotman, author of *Mussar Yoga*, for a workshop to learn more about this artful blend of an ancient, Jewish spiritual practice of self-inquiry and change with Patanjali's 8 Limbs of Yoga. Expect a combination of yoga *asana* (poses) and discussion. You will leave the workshop with an understanding of the basic Mussar Yoga practices to begin your own transformative Mussar Yoga journey.



### Ongoing Learning @Adas

For additional information or to register, go to [adasisrael.org/makomdc](http://adasisrael.org/makomdc), e-mail [marcy.spiro@adasisrael.org](mailto:marcy.spiro@adasisrael.org), or call 202-362-4433, ext. 113.

### Mussar in Action with Rabbi Feinberg

**Wednesday evenings, Oct. 22; Nov. 5, 19; Dec. 3, 17; Jan. 7, 21; Feb. 4, 18; March 11, 25; April 8, 22, 10:30 am**

Mussar In Action is a 26-week course that meets on alternate Sunday mornings and is geared to people who have taken either Season of Mussar I or II.

### Bereavement Support Group

**Dec. 3, 17; Jan. 7, 21; Feb. 4, 18, 7:30–8:30 pm**

The Bereavement Support Group is for people who have experienced a loss sometime during the last year.

### Boker Ohr with Rabbi Feinberg

**Saturday mornings, 8:00–9:15 am**

*Boker Ohr* meets every Saturday morning with the weekly *parasha* as its focus.

### Engaging Israel with Rabbi Holtzblatt

**Tuesday evenings, Oct. 28, Nov. 25, Jan. 6, Feb. 24, March 17, 7:30 pm**

The Engaging Israel: Foundations for a New Relationship video lecture series, now in use by scores of synagogues and community groups across North America and the United Kingdom, focuses on the critical questions facing world Jewry with regard to Israel. We will study original sources and historical texts and use The Hartman Institute video lecture series to explore contemporary approaches to the most urgent

veloping next-generation funders and providing resources to leverage their impact in the Jewish community. To address this mission, Slingshot facilitates networks and runs programs for the three central stakeholders of Jewish innovation: next-generation funders, innovative organizations, and funders of Jewish innovation. Slingshot has become an important funding source, a closely watched seal of approval, and a leading voice advocating for innovation in Jewish life.

The idea for Slingshot originally developed in 2004, following a weekend retreat for a dozen young Jews who were preparing to become involved in their family foundations. Participants were hoping to learn how to navigate the alphabet soup of the Jewish community and sort out which organizations resonated for them and their peers. They imagined a Zagat-style guidebook, and with the help of staff from the Andrea and Charles Bronfman Philanthropies, they worked to produce *Slingshot: A Resource Guide to Jewish Innovation* to highlight the 50 most innovative nonprofits in North American Jewish life for themselves and their peers.

In 2007, the next-generation funders responsible for Slingshot took their concept a step further and created the Slingshot Fund, a peer giving network, to support Jewish organizations that resonated with their generation. The Slingshot Fund exposes its next-generation funders to a professional grant-making process. While many come from families involved in philanthropy, most have yet to review grant proposals, conduct site visits, and make allocation decisions. In conjunction with a group of its peers, Slingshot offers the opportunity to develop those skills and learn from experts in the field while leveraging small gifts into a significant grant pool.

The JMCW at Adas Israel was originally created by Rabbi Steinlauf and a committed group of lay leaders to meet the increasingly diverse spiritual, intellectual, and social needs of our community. The seed was planted in the form of a few introductory courses on Jewish meditation and spirituality offered by the clergy. The response was overwhelming. A few key Adas Israel members immediately pledged major financial and volunteer support, and, under the inspired direction of Rabbi Lauren Holtzblatt, Jennie Litvack, and the advisory committee, the program has grown leaps and bounds since then.

With generations of Jews seeking spiritual fulfillment in yoga, new age meditation, or eastern religion (as evidenced by the recent Pew studies' findings), the JMCW seeks to reclaim the traditional Jewish wisdom of engaged, contemplative spiritual practice with body, heart, and soul. It seeks to embrace the spiritual yearning underlying Judaism (and human nature) by designing soulful, reflective Jewish meditation, yoga, worship,

and learning programs that foster a deeper, holistic Judaism and community connection. The JMCW seeks to make Judaism more spiritually meaningful, accessible, and impactful for Adas members, and beyond, and to foster community connections between participants and volunteers.

When the Slingshot nominations process closed in late January, the organization gathered a national committee of nearly 100 volunteer evaluators to review the nominations. A minimum of four evaluators evaluated each nominee, and, whenever possible, each nominee was assigned to an evaluator who would have insight into the particular organization due to geographic proximity or specific program experience. It also

assigned each nominee to an evaluator who had no prior knowledge of the organization. The mix of an insider's point of view with a first-timer's opinion gave the organization a well-balanced final picture.

Attendance at JMCW programs is strong and consistent, and participants regularly report that they find the programs to be deeply meaningful turning points in their Jewish journeys. At the end of 2013, we surveyed participants and received overwhelming feedback on how JMCW programs have reanimated their sense of Judaism and spiritual fulfillment. In many cases, JMCW ignited their interest in exploring synagogue life more broadly. More than 35 people have joined Adas Israel, solely because of JMCW involvement. Chaired by Adas member Jennie Litvack, a dynamic and passionate advisory group of 12 lay leaders (who served on a task force to create the Center) regularly create and host

JMCW events to ensure that they are community-building events rather than simply programs. The JMCW draws 35 to 50 people regularly for weekly Tuesday night meditation sessions and about 100 when we have a special leader. Over 300 people attend our monthly soulful *Kabbalat Shabbat* Service ("Return Again"), and more than 1,200 attend our outdoor *Kol Nidre* service. Our "Bodies of Water" *mikvah* program has drawn over 300 participants from a dozen synagogues over the course of five sessions, and our Jewish yoga attracts at least 20 people weekly. In addition, the JMCW four-day summer retreat, held in partnership with the Institute for Jewish Spirituality, drew about 30 participants.

The JMCW is truly a treasure for the Adas Israel community. It's a pleasure to see Adas Israel members working so hard to contribute to their community and receiving this level of public recognition for their efforts. In light of this powerful national endorsement, we encourage you to try out a JMCW program for yourself. The month of November will be filled with ongoing program and workshops, where beginners and experienced JMCW-ers alike are encouraged to join their community for some warm and welcoming spiritual programming. ○



# Lifelong Learning

## Wednesday Nights at Adas



For full details and to register, visit [www.jewishstudycenter.org](http://www.jewishstudycenter.org); for more information, contact

[info@jewishstudycenter.org](mailto:info@jewishstudycenter.org) or 202-332-1221.

### Transformations in American Judaism: What's Happening in (and to) the Denominations?

**Series continues Nov. 12, 19, 7:00–8:15 p.m.**

Half a century ago, it was easy to classify American Jews: They were Orthodox, Conservative, Reform, or (a few) Reconstructionist. Now it's a free-for-all! (This is the second half of a four-session series.)

#### Open Orthodoxy: A Renewed Focus

**Nov. 12** In 1999, Rabbis Avi Weiss and Dov Linzer founded Yeshivat Chovevei Torah, seeking to train rabbis firmly rooted in Modern Orthodoxy but with the skills and passion to reach out to the entire spectrum of Jewry.

**Instructor: Rabbi Nissan Antine** is rabbi at Beth Sholom Congregation in Potomac and a 2006 graduate of Yeshivat Chovevei Torah.

### Jewish Renewal—Where Did It Come from and Where Is It Going?

**Nov. 19** The movement launched in the 1970s by Reb Zalman Schachter-Shalomi, who passed away this year, and others has infused many other strains of Judaism with its values.

**Instructors: Rabbi Mark Novak** is a “free range” community rabbi and cantor and the founder of *Minyan Oneg Shabbat*.

**Rabbi David Shneyer** is founder of Am Kolel and many other organizations.

**Cost: Single sessions \$15 for members/20 for non-members**

### Anti-Semitism, Anti-Judaism and Anti-Zionism: Confronting Hostility and Building Bridges

**Nov. 5, 12, 19, 8:15–9:25 pm (see class descriptions below)**

**Cost: Three sessions: JSC, Adas members \$40, non-members \$55**

#### • Presbyterians, Jews, Israel and Divestment, Nov. 5

In June, the General Assembly of the Presbyterian Church (USA) passed a resolution to divest from three companies doing business in Israel. What is the theological and political background of this move, and what are its implications regarding Protestant-Jewish relations?

**Instructor: Rabbi Kenneth Cohen** is rabbi of Beth Israel in Lexington Park, MD, and founder of the Vine and Fig Project ([vinefig.org](http://vinefig.org)), an interfaith clergy initiative. He attended the PC (USA) General Assembly in Detroit at which the divestment measure was adopted.

CONTINUED ON PAGE 9

## Social Programming for Over-55 Members

### HAZAK Introduction to Meditation with Rabbi Lauren Thursday, Nov. 6 and 13, 9:30–10:30 am

In the spirit of *MakomDC's* Mindfulness month, we invite our HAZAK community to join Rabbi Lauren as she guides us through an introduction to meditation.



### HAZAK Shabbat Service & Dinner, Friday, Nov. 21



Come to a very special Friday night *Shabbat* dinner for members ages 55 and older, following congregational *Kabbalat Shabbat* services on Friday, November 21. *Shabbat* is

a time to lift our mood and spirit, and that is best achieved with good friends and family. So join us as we sit down to a delicious *Shabbat* dinner together, reconnect with old friends, and meet new friends.

*“You Have Brought Joy to My Heart...”*

## The Simcha Wall Celebrates Joyous Life Cycle Events

Members and friends can commemorate joyous milestones in the lives of their friends and families. The Adas Israel *Simcha* Wall, designed by artist Arnold Schwarzbart, is a unique and beautiful porcelain work of art that includes space for special commemorative plaques. The plaques are surrounded by a creative Washington, DC, cityscape, including all three Adas Israel buildings as well as the Holy City of Jerusalem. Embossed in the porcelain are *brachot* (blessings) and quotations relating to *s'machot* in Hebrew and English. The *Simcha* Wall, donated by Diane and David (z"l) Sykes, is permanently displayed in the Gewirz Hall Lobby.

Wording is standardized on each *Simcha* plaque, which can be used for events such as *b'nai mitzvah*, weddings, anniversaries, birthdays, graduations, Confirmation, and community service.

Please contact Elinor Tattar, 202-362-4433, ext. 147, to order your plaque



• **Anti-Jewish Feeling in Germany Today—An Examination**  
**Nov. 12**

*Instructor:* **Michael Brenner** is Abensohn Chair in Israel Studies and Director of the Center for Israel Studies at American University, and Chair of Jewish History and Culture at Ludwig Maximilian University in Munich.

• **Anti-Semitism in Europe: Why It's Real and Why It's Getting Worse, Nov. 19**

*Instructor:* **Emmanuele Ottolenghi**, a senior fellow at the Center for Defense of Democracies, headed the Transatlantic Institute in Brussels and taught Israel studies at St. Antony's College, Oxford.

**Sephardic Music and Poetry**

**Dec. 3, 10, 8:15–9:25 pm (see class descriptions below)**

• **A New Look at Sephardic Poetry, Dec. 3**

An overview of poetry by Kallir, Yehuda haLevi, and others—and a look at how the discovery of the *Cairo Genizah* virtually revolutionized knowledge of this much neglected field.

*Instructor:* **Rabbi Steven Glazer**, rabbi emeritus of Beth Emeth in Herndon, VA, teaches at George Washington University.

• **Mizrahi (Judeo-Arabic) Music of the Late 20th Century, Dec. 10**

Don't miss the chance to learn from these stellar musicians! The class will hear recordings, discuss the influence of Arab music, and survey the performers, instruments and styles that create the unique sounds of this genre.

*Instructors:* **Haim Malka**, deputy director of the Middle East program at the Center for Strategic and International Studies, has wide-ranging expertise in Jewish and Arab music. **Naomi Malka**, Adas Israel's Ritual Coordinator, plays both Arabic and Western violin. She studied with Simon Shaheen, a master of Arabic music.

*Cost:* Two sessions: JSC, Adas members \$25, non-members \$35. Single session, \$15/\$20

**Do Jews Take Interest?**

**Dec. 3, 8:15–9:25pm**

The Bible and the Koran both explicitly prohibit taking interest on loans. And yet, interest is a pervasive feature of modern economic life, and all the major religious traditions have developed widely used devices for dealing with interest and interest-like phenomena. What underlying moral and economic concerns do the interest prohibitions reflect?

*Instructor:* Dr. Thomas Timberg

**Untangling the Psalms**

**Nov. 5, Dec. 3, 8:15–9:25 pm**

The 150 religious poems that make up the *Book of Psalms* are deeply familiar and deeply strange. Entwined in both Jewish and Christian tradition, they form the backbone of the liturgy and yet speak to us in a modern, sometimes perplexing voice. We'll read, compare translations, and trace the powerful imagery in these works. Readings in English.

*Instructor:* Amy Schwartz

*Cost:* JSC, Adas members \$25, non-members \$35

**Circles of Care: What Can Jewish Communities Do to Help the Sick? The Janice Garfunkel Memorial**

**Lecture, Dec. 10, 7 p.m.**

An introduction to and discussion of the *mitzvah* of *Bikkur*

*Cholim* (visiting the sick), with text study, a healing ritual, and shared refreshments afterward. **Rabbi Janice Garfunkel** was a Reform rabbi, a director of the Jewish Study Center in the 1990s and a valued member of many local communities, including Adas Israel and its Traditional Egalitarian *Minyan*. She passed away Oct. 25, 2013, leaving two young daughters, and this memorial program is co-sponsored by the JSC and her family and friends.

*Instructor:* **Rabbi Avis Miller** is rabbi emerita of Adas Israel and president of the Open Dor foundation. In 1987 she conducted a symposium on *Bikkur Cholim*, which became Give Me Your Hand, an influential resource on this *mitzvah*.

*Free of charge, but please register at [www.jewishstudycenter.org](http://www.jewishstudycenter.org).* ○

**TODAH RABBAH**

**From our B'nai Mitzvah**

We express our sincerest thanks to Joseph and Ellen Goldstein for providing the books we give as gifts to our *b'nai mitzvah* from the Paul Goldstein–Lillian Goldstein Lande B'nai Mitzvah Book Fund. Through this fund, the children received *Siddur Sim Shalom*, which will be worthwhile and useful to them in the coming years.

Last year's *b'nai mitzvah* also received the book, *Jewish Washington: Scrapbook of an American Community*, underwritten in part by the Jewish Historical Society of Greater Washington. These gifts are in addition to the *kiddush* cups given by the Sisterhood and the Men's Club.

We know these gifts are appreciated because we hear from previous *b'nai mitzvah* and their parents that they use them while in high school and take them along when they go off to college. We are grateful for the opportunity to provide these special gifts.



**Shabbat Dinners for Families with Young Children Third Friday of the Month**

Our *Shabbat* Dinners for Families with Young Children are a great place to get to know other families. We welcome children to participate in these lively services each month with Robyn Helzner, cantorial soloist, and a member of the Adas clergy.

The evening begins with Happy Half-Hour in the Cohen-Wolpe Gan Space. Child-friendly services follow and include dancing and a joyful welcome to *Shabbat*. Dinner is available afterward to those who pre-register. Please come join us.

# Life Cycle

## Milestones

### Weddings:

Rabbi Steinlauf married Adas members David Olson and Jonah Richmond Sunday, Aug. 31.

Rabbi Steinlauf married Adas members David Raboy and Kelli Lafferty Sunday, Sept. 7.

Dr. Jill Lange and Harrison Liss were married in New York on Saturday, Aug. 30. Harrison is the son of Adas member, Susan Liss and the late Jeffrey Liss (z"l).

Daniela Hope Gerson married Talia Rachel Inlender in Los Angeles on Sept. 7. Daniela is the daughter of Joan Nathan and Alan Gerson, and Talia is the daughter of Tobi and Nachum Inlender.

*We wish our newlyweds and their families lives of joy, good health, and connection to the Jewish community.*

## B'nai Mitzvah



### Anna Leder, November 1

Annie, a seventh grader at Georgetown Day School, started her Jewish education at Gan HaYeled and has been attending the Estelle & Melvin Gelman Religious School since kindergarten. She celebrates her *bat mitzvah* with her mother, grandparents and the rest of her extended family. For her *mitzvah* project, Annie is organizing a fundraiser for Pets for Vets, an organization that rescues,

trains and pairs shelter pets with America's veterans who can benefit from a companion animal.



### Aaron Knishkowsky, (TEMS) November 1

Aaron, the son of Jeff Knishkowsky and Patti Lieberman, is a seventh grader at Westland Middle School. He started his Jewish education at Gan HaYeled, is a graduate of the Jewish Primary Day School NC, and now attends the Ma'alot program at the Estelle & Melvin Gelman Religious School. He shares his *simcha* with his younger

brother, Noah; grandparents David and Rene Lieberman and Mitzi Knishkowsky; and family and friends. At this special time he remembers with love his grandfather, Emanuel Knishkowsky (z"l).



### Alexandra Knapp, November 8

Ally, daughter of Jeanie Milbauer and Bill Knapp, is a seventh grader at the Charles E. Smith Jewish Day School. She started her Jewish education at Gan HaYeled. For her *mitzvah* project, Ally is collecting and donating books to three local nonprofit organizations and to Adas Israel. She is looking forward to sharing her *simcha* with her

family, friends, and community.



### Samuel Jinich, November 15

Samuel (Sami), the son of Daniel and Patricia Jinich, is a seventh grader at Georgetown Day School. He began his Jewish education at Gan HaYeled and continued through sixth grade at the Jewish Primary Day School NC. He celebrates his *bar mitzvah* with his brothers and his large Mexican family: his paternal and maternal

grandparents, 12 aunts and uncles, and 19 first cousins! For his *mitzvah* project, Sami is raising funds and support for the Washington Humane Society.



### Ethan Neufeld, November 22

Ethan, the son of Gayle and Steven Neufeld, is a seventh grader at Edmund Burke School. He began his Jewish education at Gan HaYeled and graduated from the Jewish Primary Day School NC. He attends the Ma'alot Program at the Estelle & Melvin Gelman Religious School. Ethan celebrates his *bar mitzvah* with his sisters,

Shira and Zoe, his grandparents and great-grandfather, and many other family members and friends. For his *mitzvah* project, Ethan is working with Hope for Henry to bring a football-themed party to children with cancer at Georgetown Hospital.

## In Memoriam

### We mourn the loss of synagogue members:

Gary Jonas

Shirley Sisen

### We note with sorrow and mourn the passing of:

Solomon Borodkin, grandfather of Stephen Swern  
Cantor Raphael "Ray" Edgar, former *hazzan* of Adas Israel  
Miriam Gerger, mother of Ricki Gerger

Isabel Shofnos Kaufman, sister of Miriam Schlesinger

Barbara Meltsner, mother of James Meltsner

Marjorie L. Rosenberg, mother of Herlene Nagler and Ira Mendelson

Elaine Sherman, mother of Sandy Marks

## Life Cycle Information

### When Death Occurs

When death occurs, please call the synagogue office, 202-362-4433, so that we may inform the clergy and be of assistance. During business hours, ask for Carole Klein. After business hours, a staff member on call may be reached by calling the synagogue office at the number above and pressing "2" to be connected automatically, or by calling the answering service, 301-421-5271, which will page the staff member on call. On *Yom Tov* and *Shabbat*, even though detailed funeral arrangements should not be made, a staff member on call can still be reached at 301-421-5271.

### Cemetery Hours

Visitation at the Adas Israel Cemetery is by appointment only. Contact Carole Klein at the synagogue office (202-362-4433) to schedule a visit.

CONTINUED ON PAGE 11






**A heartfelt thank you to our amazing Adas Israel community members who joined us to help build and decorate the beautiful Sukkah on the outdoor plaza — for all to enjoy throughout the holiday!**



## **LIFE CYCLE** CONTINUED FROM PAGE 10

### **Adas Israel Community Mikvah**




Our *mikvah* is a sacred space where Jews can mark life transitions with powerful physical ritual. Immersing in a *mikvah* connects the body to the water cycle of our planet and to the sources of life. People visit our *mikvah* to observe the *mitzvah* of monthly immersion; to celebrate *s'machot*; to find strength during a difficult time; to pray for healing; to reflect on the meaning of becoming a bride, groom, or *bar* or *bat mitzvah*; to convert to Judaism; and to prepare physically and spiritually for *chagim*. To learn more about our *mikvah* or to schedule an appointment, contact Naomi Malka, 202-841-8776 or [mikvah@adasisrael.org](mailto:mikvah@adasisrael.org). For more information, visit [adasisrael.org/mikvah](http://adasisrael.org/mikvah). 

## **100TH BIRTHDAYS** CONTINUED FROM PAGE 1

this fall as they are both turning 100! The congregation wishes them a heartfelt *Yom Huledet Sameach*! We are deeply grateful to count these two extraordinary women as members of our congregational family.

Born November 10, 1914, Rose has devoted many years to our congregation. She and her late husband, Dr. Irving Burka (z"l), joined Adas Israel in 1948. Her son, Dr. Barrett Burka; daughter-in-law, Jo Burka; and niece, Sandy Bobb, are also Adas members. In addition, Rose's late sister, Mildred Hofberg (z"l) was also a member.

Miriam was born December 8, 1914. Several members of Miriam's family are also Adas members, including her sister-in-law, Betty Rothstein, who was married to Miriam's late brother, Ralph Rothstein; her brother and sister-in-law, Irving "Bud" and Lorain Rothstein; and her niece, Robin Berman. 



November 2014
Cheshvan–Kislev 5775

SHABBAT MORNING SERVICES: Please turn off cell phones and pagers before entering services.
Charles E. Smith Sanctuary: Join us for our Shabbat morning services in the renewed Charles E. Smith Sanctuary, the synagogue's largest worship space, led by our inspiring Rabbi and Cantor. The service includes a D'var Torah and sermon by the Rabbi and often includes participation by members and B'nai Mitzvah.
Traditional Egalitarian Minyan (TEM): Every Shabbat morning at 9:30 am, with the Torah service around 10:30 am. Led by laypeople with the occasional assistance of Adas clergy, the TEM is a participatory service with a full P'sukei D'Zimrah (introductory Psalms), Shacharit, and Musaf, a complete reading of the weekly Torah portion, and a d'var Torah. For more information, e-mail traditionalminyan@adasisrael.org.
Havurah Service: Lay-led, participatory service at 9:45 am. Rotating volunteers lead services, read Torah, and conduct an in-depth discussion of the weekly Torah portion. A kiddush follows the service. For additional information and to participate, e-mail havurah@adasisrael.org.

Youth Shabbat Services: Starting with Tot Shabbat for children ages 5 and under led by Menuhah Peters. Netivot, for students in grades K–3, is led by Linda Yitzchak, Allison Redisch, Rina Bardin, and/or Naomi Michaelis. Junior Congregation, for grades 4–6, is led by David Smolar and/or the Steinsaltz Ambassadors.
Shabbat Unplugged: A new musical family service for families with young children on Saturday mornings at 10:45 am. The service is designed for elementary school families and above, though older children are welcome and encouraged take on leadership roles.
'Dial-in' for Programs & Services: If you are unable to attend programs, lectures, or services, dial in to hear them. Call 202-686-8405.
Library Open on Shabbat: Our third-floor library is open on Shabbat following services. You may sign out materials using our "no-writing Shabbat method," explained in signs on the check-out desks. For assistance during the week, contact our Director of Library Services, Robin Jacobson (librarian@adasisrael.org).

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>26</b> 2 Cheshvan 9:00 am Morning Minyan 10:00 am JMCW Yoga Stretch 11:00 am JMCW Mindful Yoga 10:30 am Mussar in Action 12:30 pm Religious School Faculty Meeting 5:00 pm TEM Meeting 6:00 pm Evening Minyan	<b>27</b> 3 Cheshvan 7:30 am Morning Minyan 8:45 am Mikvah Mondays 6:00 pm Evening Minyan	<b>28</b> 4 Cheshvan 7:30 am Morning Minyan 9:00 am Morning Awakening with Rabbi Lauren 6:00 pm Evening Minyan 6:30 pm Introduction to Talmud 7:00 pm Conversion Course 7:30 pm iEngage Israel 7:30 pm JMCW Meditation Session	<b>29</b> 5 Cheshvan 7:30 am Morning Minyan 6:00 pm Evening Minyan 6:30 pm Religious Practices Committee Meeting 7:00 pm JSC Classes 8:00 pm JMCW Mindful Yoga Flow 8:15 pm JSC Classes	<b>30</b> 6 Cheshvan 7:30 am Morning Minyan 6:00 pm Evening Minyan	<b>31</b> 7 Cheshvan 7:30 am Morning Minyan 10:00 am Mindful Parenting with Rabbi Lauren 11:20 am Gan Shabbat Sing 5:30 pm Kabbalat Shabbat Oneg 6:00 pm Kabbalat Shabbat; D'var Torah by Rabbi Feinberg 6:00 pm Traditional Lay-Led Shabbat Service	<b>1 PARSHAT LECH LECHA</b> 8 Cheshvan 8:00 am Boker Ohr Parashat Hashavuah Class 9:30 am Shabbat Morning Service; Bat Mitzvah: Anna Leder; Sermon by Rabbi Steinlauf 9:30 am Traditional Egalitarian Minyan with Rabbi Feinberg; Bar Mitzvah: Aaron Knishkowsy 9:45 am Havurah Shabbat Service; D'var Torah by Shira Kvaric 11:00 am Tot Shabbat
<b>2</b> 9 Cheshvan Change Your Clocks: "Fall Back" 9:00 am Morning Minyan 10:00 am JMCW Yoga Stretch 10:30 am MakomDC: How to Daven with Rabbi Steinlauf 11:00 am JMCW Mindful Yoga Flow 11:00 am Grandparents Group 6:00 pm Evening Minyan	<b>3</b> 10 Cheshvan 7:30 am Morning Minyan 6:00 pm Evening Minyan 7:00 pm Social Action Committee Meeting	<b>4</b> 11 Cheshvan 7:30 am Morning Minyan 9:00 am Morning Awakening with Rabbi Lauren 6:00 pm Evening Minyan 6:30 pm Introduction to Talmud 7:30 pm JMCW Meditation Session	<b>5</b> 12 Cheshvan 7:30 am Morning Minyan 9:00 am RA Meeting 7:00 pm Conversion Course 6:00 pm Evening Minyan 6:30 pm Executive Committee Meeting 7:00 pm JSC Classes 7:30 pm A Taste of Mussar 8:00 pm JMCW Mindful Yoga Flow 8:15 pm JSC Classes	<b>6</b> 13 Cheshvan 7:30 am Morning Minyan 9:30 am Introduction to Meditation for Hazak 6:00 pm Evening Minyan	<b>7</b> 14 Cheshvan 7:30 am Morning Minyan 9:00 am Little Sprout Meet & Greet 10:00 am Mindful Parenting with Rabbi Lauren 11:20 am Gan Shabbat Sing 5:30 pm Kabbalat Shabbat Oneg 6:00 pm Kabbalat Shabbat; D'var Torah by Rabbi Feinberg 7:30 pm Shir Delight Service; 8 pm: D'var Torah by Rabbi Steinlauf 8:30 pm Shir Delight Dinner	<b>8 PARSHAT VAYERA</b> 15 Cheshvan 8:00 am Boker Ohr Parashat Hashavuah Class 9:30 am Return Again to Shabbat Morning; Bat Mitzvah: Alexandra Knapp; Sermon by Rabbi Steinlauf 9:30 am Traditional Egalitarian Minyan 10:00 am Learners' Minyan with Rabbi Feinberg 11:00 am Tot Shabbat 11:00 am Netivot 11:00 am Junior Congregation
<b>9</b> 16 Cheshvan 9:00 am Morning Minyan 10:00 am JMCW Yoga Stretch 10:30 am Adas Book Chat 10:30 am Mussar in Action 11:00 am JMCW Mindful Yoga Flow 6:00 pm Evening Minyan	<b>10</b> 17 Cheshvan 7:30 am Morning Minyan 6:00 pm Evening Minyan	<b>11</b> 18 Cheshvan 7:30 am Morning Minyan 9:00 am Morning Awakening with Rabbi Lauren 6:00 pm Evening Minyan 6:30 pm Introduction to Talmud 7:00 pm Conversion Course 7:00 pm Social Action Veterans' Day Project 7:30 pm JMCW Meditation Session	<b>12</b> 19 Cheshvan 7:30 am Morning Minyan 6:00 pm Evening Minyan 6:30 pm Investment Committee Meeting 7:00 pm JSC Classes 7:30 pm Gan Advisory Committee Meeting 8:00 pm JMCW Mindful Yoga Flow 8:15 pm JSC Classes	<b>13</b> 20 Cheshvan 7:30 am Morning Minyan 9:30 am Introduction to Meditation for Hazak 6:00 pm Evening Minyan	<b>14</b> 21 Cheshvan 7:30 am Morning Minyan 10:00 am Mindful Parenting with Rabbi Lauren 11:20 am Gan Shabbat Sing 6:30 pm Return Again Service with Rabbi Holtzblatt 6:30 pm Traditional Lay-Led Shabbat Service 7:30 pm Return Again Shabbat Dinner 7:30 pm James Maisels Scholar Weekend	<b>15 PARSHAT CHAYA SARAH</b> 22 Cheshvan 8:00 am Boker Ohr Parashat Hashavuah Class 9:30 am Shabbat Morning Service; Bar Mitzvah: Samuel Jinich; Sermon by Rabbi Steinlauf 9:30 am Traditional Egalitarian Minyan 9:45 am Havurah Shabbat Service; D'var Torah by [TK] 11:00 am Tot Shabbat 11:00 am Netivot 12:00 pm Congregational Kiddush 12:30 pm Havurah Shabbat Kiddush
<b>16</b> 23 Cheshvan 9:00 am Morning Minyan 10:00 am JMCW Yoga Stretch 10:30 am Makom DC: How to Daven with Rabbi Steinlauf 11:00 am JMCW Mindful Yoga Flow 4:00 pm TEM Meeting 6:00 pm Evening Minyan	<b>17</b> 24 Cheshvan 7:30 am Morning Minyan 6:00 pm Evening Minyan	<b>18</b> 25 Cheshvan 7:30 am Morning Minyan 9:00 am Morning Awakening with Rabbi Lauren 10:00 am Sisterhood Taste of Tanach with Rabbi Steinlauf 12:00 pm Downtown Study Group with Rabbi Feinberg (off-site) 6:00 pm Evening Minyan 7:00 pm Conversion Course 7:30 pm JMCW Meditation Session	<b>19</b> 26 Cheshvan 7:30 am Morning Minyan 6:00 pm Evening Minyan 6:30 pm Board of Directors Meeting 7:00 pm YP Kavanah Experience – Giving Thanks 7:00 pm JSC Classes 7:30 pm Mussar in Action 8:15 pm JSC Classes	<b>20</b> 27 Cheshvan 7:30 am Morning Minyan 6:00 pm Evening Minyan	<b>21</b> 28 Cheshvan 7:30 am Morning Minyan 10:00 am Mindful Parenting with Rabbi Lauren 11:20 am Gan Shabbat Sing 5:00 pm Happy Half Hour 5:30 pm Kabbalat Shabbat Oneg 5:30 pm Young Family Shabbat Service with Rabbi Holtzblatt & Robyn Helzner 6:00 pm Kabbalat Shabbat; D'var Torah by Rabbi Steinlauf 6:30 pm Young Family Shabbat Dinner 7:00 pm HAZAK Shabbat Dinner	<b>22 PARSHAT TOLDOT</b> 29 Cheshvan 8:00 am Boker Ohr Parashat Hashavuah Class 9:30 am Return Again to Shabbat Morning; Bar Mitzvah: Ethan Neufeld; Sermon by Rabbi Steinlauf 9:30 am Traditional Egalitarian Minyan 11:00 am Tot Shabbat 11:00 am Netivot 11:00 am Junior Congregation
<b>23</b> 1 Kislev 9:00 am Morning Minyan 10:00 am JMCW Yoga Stretch 10:30 am Religious Practices Committee Meeting 11:00 am Gan Grandparent(s) and Me 11:00 am JMCW Mindful Yoga Flow 6:00 pm Evening Minyan <b>30</b> 8 Kislev 9:00 am Morning Minyan 6:00 pm Evening Minyan	<b>24</b> 2 Kislev 7:30 am Morning Minyan 8:45 am Mikvah Mondays 6:00 pm Evening Minyan	<b>25</b> 3 Kislev 7:30 am Morning Minyan 9:00 am Morning Awakening with Rabbi Lauren 6:00 pm Evening Minyan 7:00 pm JMCW Meditation Session 7:00 pm Conversion Course 7:30 pm iEngage Israel	<b>26</b> 4 Kislev 7:30 am Morning Minyan 6:00 pm Evening Minyan	<b>27 Thanksgiving Day</b> 5 Kislev 9:00 am Morning Minyan 6:00 pm Evening Minyan	<b>28</b> 6 Kislev 9:00 am Morning Minyan 5:30 pm Kabbalat Shabbat Oneg 6:00 pm Kabbalat Shabbat	<b>29 PARSHAT VAYETZE</b> 7 Kislev 8:00 am Boker Ohr Parashat Hashavuah Class 9:30 am Traditional Lay-Led Service joined by clergy-led Shabbat Morning Service 9:45 am Havurah Shabbat Service; D'var Torah by [TK] 12:00 pm Congregational Kiddush 12:30 pm Havurah Shabbat Kiddush 4:30 pm Shabbat Mincha/Maariv Services

# Tikkun Olam

## Anne Frank House 2014 Walk to End Homelessness Sunday, November 9, 11:15 am at Adas Israel

Please join us for our annual walk to help Anne Frank House provide permanent homes for formerly homeless men and women with chronic mental illness. Funds raised through the mini-walk on November 9 are a vital part of AFH's operating budget.

We are inviting the entire community to participate in the mini-walk, sponsored by Adas Israel Congregation, and its Estelle & Melvin Religious School, which has been a long-term supporter of AFH. Some 300 children and adults are expected to participate. In addition, many corporate sponsors have signed on to support the mini-walk.

This year's walk will honor Bonnie Lewin, z"l, who passed away suddenly in May. A devoted member of the AFH board and Adas Israel congregant, Bonnie was a leading member of the metro area real estate industry.

Thanks to the generous support of the Adas Israel community, our 11 residents have safe and comfortable apartments they call home. In the year ahead, we hope to acquire a new apartment to provide support and shelter for another homeless person with chronic mental illness.

For additional information about the mini-walk or Anne Frank House, please contact Sue Ducat, 301-841-9962 or [stansue@verizon.net](mailto:stansue@verizon.net). ○

## The Anne Frank House Walk to End Homelessness



**Sunday, November 9, 2014**

**11:00 am at Adas Israel**

**A brief program will precede the walk.**

Registration Fees: \$18 per youth (25 or younger),  
\$36 per adult

Your registration fee will serve as a donation to Anne Frank House even if you can't be present at the walk.

**Registrations received as of November 1 will receive a T-shirt on a first-come, first-served basis.**

To register, visit

<http://www.theannefrankhouse.org/walkathon-2014.html>

For additional information about either the walk event, corporate sponsorship or any other questions about Anne Frank House, please contact Sue Ducat, 301-841-9962 or [stansue@verizon.net](mailto:stansue@verizon.net).

**THANK YOU FOR YOUR SUPPORT!**

## Ezra Pantry's Annual Winter Clothing Drive to Benefit SOME (So Others Might Eat)

This year we have a twofer: The Annual Winter Coat Drive and the *Boker Ohr* Garment Drive.

**Winter Coat Drive.** We have had great success in the past and wish to double our contributions! Now that we have all begun to dig out our winter clothes, we are sure to come upon outgrown coats or ones that our family members won't wear again. Please bring them to the Ezra Pantry. You will see a large box in the coat room dedicated to winter coats. **Let's fill it!** Place clean, outgrown or no longer used winter coats in the box in the coatroom, and will donate them to SOME for those in need. Thank you!

**Do Not Sleep on Your Pledge: Boker Ohr Garment Drive.**

The *Boker Ohr* group campaign was launched as the *Yom Kippur* Garment Drive. The need continues, and so does the Adas-wide campaign for donations of new socks and underwear for men and women, all sizes.

When we bring our food to Ezra Pantry, we should also bring basic garments, new socks, and underwear. This new Adas initiative comes from the *Boker Ohr* study group, in honor of Rabbi Feinberg's commitment to the less fortunate in our community. The initiative was inspired by Torah study, specifically *Boker Ohr's* study of *Deuteronomy (D'varim)*, *parasha Ki Tetzei*: 24: 12, which states, "If he is a needy man, you shall not go to sleep in his pledge." We learn there were poor people in ancient days who had only one garment and are mindful there are poor people in our own community, the District of Columbia, who lack the basics, socks and underwear. Bring clean socks and underwear to Ezra Pantry; these donations will enable SOME's Clothing Room to distribute these essential items directly to men and women in need.

Contact: Ezra Pantry coordinator Judith Kroner, [david.judith@verizon.net](mailto:david.judith@verizon.net), for more information or to offer ideas. ○

## A Mitzvah for Thanksgiving Dinner for Luther Place (N Street Village)

It is Adas Israel's privilege to provide Thanksgiving dinner for homeless or low-income women at the Luther Place Night Shelter of N Street Village. Our *mitzvah* date is Thanksgiving, Thursday, November 27. We prepare and deliver a traditional Thanksgiving meal for 25–30 people. Volunteers bring food that is fully prepared, ready to reheat and be enjoyed, delivered in disposable containers—for example, aluminum pans. The meal includes:

- ✓ Turkey—we need either three people to bring a 12- to 15-lb. turkey each or two people to bring a 20-lb. turkey each.
- ✓ Gravy (8 cups)
- ✓ Cranberry sauce (4 16-oz. cans)
- ✓ Stuffing
- ✓ Potatoes (sweet or white)
- ✓ Vegetable (broccoli, green beans, etc.) for 25–30
- ✓ Rolls
- ✓ Pies (4)
- ✓ Cider

Better yet, join the cadre of Adas congregants who help provide food for this transition shelter the fourth Thursday of

every month. Adas Israel member have been providing dinners to Luther Place Women's Shelter, one of the earliest N Street Village programs, for more than 20 years.

Each month Laura Epstein organizes 10 or so volunteers to contribute a meal, and Roger Nehrer delivers the food. Volunteers, who can participate once in a while or every month, contribute something simple like 30 apples or an entrée for 10. We can always use more volunteers.

"The mission of N Street Village is to 'welcome the stranger'—to be a place of traditional hospitality where all are welcome; a place that brings mutual blessing to both guest and host."

The Village began in 1973 as an outgrowth of ProJeCt (Protestant-Jewish-Catholic), an interfaith response to the suffering in our nation's capital. According to a 2012 District count, N Street Village was serving over 60% of D.C.'s adult female homeless population (those unaccompanied by minor children). Adas Israel is proud to be an N Street Village partner.

Help out with Thanksgiving and monthly dinners for N Street Village; contact Laura Epstein, [laura\\_epstein@hotmail.com](mailto:laura_epstein@hotmail.com). ○

## The Adas Israel Hesed Project Caring, Committed Volunteers from the Adas Israel Family

**"The world is built with hesed (acts of loving kindness.)"**  
(Psalms 89:3)



Building on our vision of creating a caring community at Adas Israel, the *Hesed Project* is a collaborative effort of our clergy, staff, and volunteers that reaches out to our members who are alone, convalescing and/or infirm, or newly arrived. Our goal is to ensure that all members of our

community have an opportunity to have regular, friendly and personal contact with fellow congregants. The resulting relationships enrich the volunteer, the host and our entire community.

### What do we do?

Our volunteers work toward our goal of being a *kehilla k'dosha* (sacred community) in many ways. They make weekly *Shabbat Shalom* calls or friendly visits to elderly members living alone; they prepare and deliver *mishloach manot* (Purim gifts) and *Rosh Hashanah* baskets to hundreds of our members, new and old; and they send notes to people on our *M'Sheberach* list (sick list).

Volunteers also meet periodically with Rabbi Feinberg and one another to learn more about the *mitzvah* of *gemilut hasadim*



(giving lovingkindness), to discuss their experiences connecting with other congregants, and to create fellowship among themselves. From time to time, guest speakers are invited to address the group on different topics.

### What can you do?

You can participate in the Hesed Project in many ways.

- Join our corps of volunteers and reach out to those who are alone or convalescing.
- Suggest the name of someone you know who might like a regular call or visit.
- Let us know that you'd like to receive a regular phone call or in-person visit and become a host to one of our volunteers.
- At Rosh Hashanah and Purim, participate in preparing and delivering gift baskets.
- Assist with our point-to-point driving initiative and drive members to synagogue services, doctor appointments, etc.
- Share your ideas and energy in broadening our efforts to reach out in new ways.

### Contact us

If you'd like to explore helping with this loving effort, please e-mail Rabbi Charles Feinberg, [Rabbi.Feinberg@adasisrael.org](mailto:Rabbi.Feinberg@adasisrael.org); Harriet Isack, [happyisack@mac.com](mailto:happyisack@mac.com); or Ed Kopf, [ej@kopf.com](mailto:ej@kopf.com). *Yasher koach* in advance! ○





# Education

## Gan HaYeled

The Mildred and Jess Fisher Early Childhood Center is an exciting place to be! This fall, students and families joined in a new Gan effort: mud house building. Under the leadership of Gan teacher Noa Livni-Lehman families worked Sunday afternoons to construct a structure on the playground that children can enjoy while outside. Besides the environmental, engineering, and math lessons that are part of this endeavor, it has resulted in great team building and pride for all participants.



The Gan has also been privileged to host George Washington University graduate student intern Danielle Goldberg. As part of the Experiential Education & Jewish Cultural Arts graduate program, Danielle worked with the *Zayteem* class to learn about early childhood education and develop appropriate field trip and classroom experiences for them. The Gan is proud to have been chosen for this opportunity.

Staff members continue to hone their skills with ongoing staff development. Darci Lewis, pedagoga, is working with teachers on documenting learning for the community. Please take time when you are in the building to read the bulletin boards so you, too, can participate in our experiences.

For families considering enrolling their children in the Gan: Come learn about the wonderful opportunities for you and your children. We have part-day, part-week, and full-day/year-round options for children age two years and older. Prospective families are welcome at our Open Houses: **Wednesday, Dec. 3, and Wednesday, Jan. 7, 9:30–11:00 am, and Wednesday, Dec. 10, 7:30–9:00 pm.** Come find out what the NAEYC-accredited Gan can offer your family. ○

## Religious School Update from Team Education

After a busy and meaningful start to our calendar year and the month of *Tishrei*, Team Education welcomes the Hebrew month of *Cheshvan*! There is a *minhag* (tradition) of calling this month “*Mar Cheshvan*,” or “bitter” *Cheshvan*, attributing it to the fact that after so many holidays and



*Settling back into class on the first day of school.*



*A packed house for Religious School orientation with Rabbi Kerrith Rosenbaum.*

being the eighth month.

Following the emotional and spiritual marathon of preparation and celebration during *Elul* and *Tishrei*, *Cheshvan* is not a “bitter” time. Rather, it allows us to enter a month that has the potential to ground us, to locate ourselves in the rhythms of “everyday life,” and to find beauty in routine. This has been a season of change for us, and while there is an excitement to the newness of a fresh year, we cannot undervalue the power of comfort and calm. *Cheshvan* carries with it the promise of settling into that sense of consistency and with it, a chance to breath. While November is Mindfulness Month here at Adas Israel, and we are being challenged to explore new avenues of spirituality, it is also the time to start assessing where we are on our journey toward being able to best meet the educational needs of our students and families.



*Exuberant Tefillah services with Rabbi Ben Shalva!*

Now that the holidays are over, we are looking forward to hosting house meetings and coffee hours to hear your voices sharing your goals and dreams for our community. This is not a bitter month for us—it is a beautiful month, filled with the potential of what is to come. May this be a month filled with deep learning, meaningful experiences, budding relationships, and thoughtful planning. Thank you for being our partners in this work!

—The Education Team

## School Renovation Is Underway A Major Upgrade for the 2014–15 School Year!

We are thrilled to report that the synagogue will be installing fabulous new carpets, flooring, window treatments, and ceiling panels in every classroom at Adas Israel. We have already begun, having refurbished seven primary classrooms with new paint and new carpets, just in time for the start of school on September 7.



CONTINUED ON PAGE 17

## Attention: Class of 5778 Bar/Bat Mitzvah Candidates

We are in the process of organizing the *B'nai Mitzvah* Class of 5778, which includes children who will be celebrating this milestone between August 2017 and June 2018. Below is a list of children of our members who, according to our records, should celebrate becoming *b'nai mitzvah* in the Class of 5778 (which means they were born between July 2004 and July 2005).

*Bar/Bat Mitzvah* dates are assigned to members in good standing with children enrolled in our Estelle & Melvin Gelman Religious School or a Jewish day school. Members who are delinquent in their synagogue account or whose children are not enrolled in school will delay the assignment of their child's date.

If your child is missing from this list and you believe he or she should be included with this *bar/bat mitzvah* group and celebrate between August 2017 and June 2018,

**OR** if your child is in the fourth grade and you would like him or her to be included,

**OR** if you have any questions, please contact Beryl Saltman in the rabbis' office, 202-362-4433, ext. 121 or [beryl.saltman@adasisrael.org](mailto:beryl.saltman@adasisrael.org), so we can add the name to the list below.

Note on your calendars **Sunday, January 25**, the 5778 *Bar/Bat Mitzvah* Parents' Meeting with Rabbi Gil Steinlauf, Cantor Arianne Brown, Rabbi Kerrith Rosenbaum, and Naomi Malka (coffee at 9:30 am; meeting at 10 am) to assign *bar/bat mitzvah* dates.



Elijah Ascher-DiGiacinto  
Gabriel Bassat  
Gabrielle Bennett  
Micah Berger  
Shoshana Berman  
Elliott Bramson  
Harry Davidson  
David Diamond  
Jake Drimmer  
Harper Dunn  
Talia Ehrenberg  
Naomi Feldman  
Merav Fisher Shapiro  
Moses Fishman

Jason Flax  
Sadie Foer  
Sadie & Gabriel Ford  
Jonah Frumkin  
Lilah Genachowski  
Oliver Goldstein  
Jackson Groves  
Sophie Hare  
Penelope Landau  
Willow Lehigh  
Maxwell Lehigh  
Amalia Levitin  
Max Lovinger  
Ruby Luzzatto

Isaac Malka  
Sophie Mallen  
Lola Marvin  
Madeleine Miller  
Zachary Pan  
Courtney Pine  
Erin Pollack  
Charles Pomper  
Sarah Porter  
Aaron Ravitz  
Lila Ronen  
Dora & Benjamin Schulman  
Samuel Shapiro  
Jake Shapiro

Samuel Shapiro  
Lila Singer  
Elliot Smith-Chauss  
John Speaks, IV  
Charlie Suissa  
Ana Susskind  
Samuel Traubman  
Gabriel Taylor  
Isaac Trommer  
Benjamin Weiss  
Ethan Wolin  
Adina Zalesne Siff  
Jacob Zucker

### Attention, Stockholders! A Good Time to Donate Appreciated Stock

We thank the firm of Morgan Stanley Smith Barney for its special arrangement for members who donate stocks and securities to the congregation. The congregation receives 100% of all stock proceeds that are donated to the congregation. We liquidate all stock when received and send a confirmation letter to donors following the sale. Our thanks also go to Russell Lagreca and the staff of Morgan Stanley Smith Barney for their work on our behalf.

There are great tax advantages to donating appreciated stock directly to the congregation before the end of the year. For additional information, please call David Polonsky or Lesley Brinton at the synagogue office, 202-362-4433. (Please do not call Morgan Stanley directly.)

### Downtown Study Group

**Tuesdays at noon**

**Nov. 18, Dec. 9, Jan. 13, Feb. 10, Mar. 10, Apr. 14,  
May 12, June 9**

Join this highly motivated group, taught by Rabbis Steinlauf, Feinberg, and Holtzblatt, that has been meeting monthly in a downtown conference room for more than 25 years. The Downtown Study Group meets (mostly) on the second Tuesday of the month over lunch at a convenient downtown location to study texts and grapple with powerful Jewish issues.

The intellectual level of the group ensures that every session is challenging, intellectually satisfying, and horizon-broadening. This cohesive group welcomes new members. This class is open to the community.

There is no charge for the class, but there is a fee for lunch. For more information, please contact Beryl Saltman, [Beryl.Saltman@adasisrael.org](mailto:Beryl.Saltman@adasisrael.org).

### RELIGIOUS SCHOOL CONTINUED FROM PAGE 16

This process, headed up by the synagogue's House & Grounds Committee, represents Phase 1 of a series of major upgrades for the education wings at Adas, which will include the religious school and pre-school classrooms and hallways.

Stay tuned for opportunities to make suggestions, both aesthetic and practical, as we work to bring our education spaces into the 21st century. ○





## MUSICAL MOMENTS @ ADAS ISRAEL

Brought to you by Cantor Arianne Brown and the Musical Moments Committee

We are thrilled to announce the next season of musical moments at Adas Israel! Whether singing our hearts out together in song and prayer, moving and grooving with our tots, or experiencing the joy of dazzling concert music—there's something for everyone. Come join us for a musical renaissance.



## MUSICAL MOMENTS HIGHLIGHTS @ ADAS ISRAEL 2014-15

**Sundays, Jan. 11 & Feb. 9 @ 10am**

### **Move & Groove**

An exciting concert for families with young children! Come move and groove with a fantastic children's entertainer. Families with children ages 0-5 are especially encouraged to join us for this wonderful musical celebration. Music, dancing, and singing for the entire family to enjoy. All are welcome!

**January 23-24**

### **Rachel Musleah on Sisterhood Shabbat – The Jewish Music of India.**

Celebrate Sisterhood *Shabbat* with a special musical guest. Born in Calcutta, India, Rahel Musleah shares her rare and intimate knowledge of this ancient community's history, customs and melodies.

**Jan. 30-31**

### **Dale Schatz on Shabbat Shirah Weekend**

Brought to you by MakomDC, Dale Schatz, a world-renowned musician and prayer leader, will lead our 6:00 pm *L'Dor VaDor* Friday night service, join our clergy in leading a spirited *Shabbat* morning service, and lead the Gan's *Havdalah* for young children.

**Wednesday, March 4, 8:00 pm**

### **Purim 2015: The Wizard of Adas,**

Follow the yellow brick road in this theatrical adaptation of the Purim story paired with a traditional *Megillah* reading!

**Saturday, March 7, 7:30 pm**

### **Kol HaOlam V (kolhaolam.org)**

Who will be crowned as the 5th champion in 2015? Come see the 5th Annual National Collegiate Jewish A Cappella Championship Competition!

**Sunday, March 29, 4:00 pm**

### **Pesach—The Sound of Freedom,**

Join *Kolot Halev*—a community choir directed by Hazzan Ramon Tasat—for musical inspiration during this season of our freedom. Special guest appearances by our own hazzan and Flash Choir.

**Sunday, May 31, 7:00 pm**

### **Jewish Music—A Journey Through Time**

Come travel through the ages. Enjoy the magnificent voices of guest cantors and our own Cantor Arianne Brown, along with

other special guests, for a dazzling musical journey through time.

### **Musical Shabbatot at Adas! FRIDAY NIGHT SERVICES @ ADAS**

#### **Return Again to Shabbat**

**With Rabbi Lauren Holtzblatt & Elie Greenberg**

Join us for a reflective journey into the power of *Shabbat*. Featuring seasoned musicians and a spiritual, ecstatic excursion into prayer and song, followed by a festive Israeli tapas-style feast:

Nov. 14, Dec. 12, Jan. 9, Feb. 13, Mar. 13, May 8, June 1

#### **L'Dor VaDor Shabbat**

Experience a joyous Friday night service for all generations, featuring full participation from our wonderful students, followed by a home-style *Shabbat* dinner for all  
Oct. 24, Jan. 30 (with special guest Dale Schatz), March 27, April 24

### **SHABBAT MORNING SERVICES @ ADAS**

#### **Return Again to Shabbat Morning**

**With Rabbi Lauren Holtzblatt & Elie Greenberg**

You loved the Return Again Friday night experience and asked for more—and we're thrilled to bring the same soulful sounds to our *Shabbat* morning service!

Nov. 8, Nov. 22, Jan. 10, Feb. 14, May 9, June 13

#### **Shabbat In Harmony With Robyn Helzner**

Join our Charles E. Smith Sanctuary service on these dates for extra-special music with a folk-like quality, including spirited participatory renditions of favorite melodies and a chance to experience exciting new tunes.

Feb. 28, Mar. 28, April 25, May 23, June 27

#### **Synagogue Skills Shabbaton**

**Hosted by the Traditional Egalitarian Minyan**

Join special guest Hazzan Neil Schwartz for an intensive *Shabbaton* dedicated to learning and improving your *davening* and chanting skills.

Feb. 6-7

**Learn more & register at [adasisrael.org/musicalmoments](http://adasisrael.org/musicalmoments).**



# 5775 High Holy Days *Todah Rabah*

...to our clergy & service leaders: Rabbi Gil Steinlauf, Rabbi Charles Feinberg, Rabbi Lauren Holtzblatt, Cantor Arianne Brown, Rabbi Mark Novak, Michael Leifman, Rabbi Kerrith Rosenbaum, Elie Greenberg, and Robyn Helzner.

...to our service coordinators: Ken Goldstein (Traditional Egalitarian *Minyan*), Leah Chanin and Nancy Weiss (Kay Hall Service); Patty Andringa and Sid Moskowitz (Charles E. Smith Sanctuary Service).

...to the coordinators and leaders of the Gan and Youth Services: Rabbi Kerrith Rosenbaum, Rich Dinetz, Robyn Helzner, Menuhah Peters, Linda Yitzchak, and David Smolar.

...to our *madrichim* (teen assistants).

...to Torah, *Haftarah*, & *Ashrei* Readers for *Rosh Hashana*, *Yom Kippur*, *Sukkot*, & *Simchat Torah*.

...to the *daveners* in the Preliminary & *Shacharit* Services on *Rosh Hashanah* and *Yom Kippur*.

...to those blowing the *shofar*: Jennie Litvack, Harry Chauss, Rabbi Mark Novak, David Nemeth, Ron Sann, Jeff and Aaron Knishkowsky, David Waskow, Menuhah Peters and Rabbi Feinberg.

...to Gavrielle Jacobovitz, alumni of the Abe and Minnie Kay Israel Experience, who shared her Israel experience on *Yom Kippur*.

...to Arnold Podgorsky, President; Ricki Gerger, Vice President for Programs and Religious Practices; Cynthia Rosenberg, Religious Practices Committee Chair; and all of our officers and lay leadership.

...to David and Toni Bickart for chairing our Adas Fund Appeal, along with Development VP Pamela Reeves.

...to Sandy Bobb, Israel Bonds Chair.

...to Coordinator, David Lynn and Men's Club President, David Nemeth, all of our ushers, and Kesher Ishi greeters.

...to our *Yom Kippur* afternoon speakers: Ambassador Martin Indyk and Laura Blumenfeld.

...to the Martyrology readers.

...to Cantor Arianne Brown for coordinating our *Selichot* Service, which was underwritten by the Joseph and Mollie Muchnick *Selichot* Fund.

...to Marky and Martin Kirsch for dedicating our *Yizkor Book of Remembrance* in loving memory of their parents, Samuel and Sadie Lebowitz and Ralph and Helen Kirsch.

...to Janet Scribner, Janet Kolodner, Leah Chanin, Reena Glazer, Sara Lichtenfeld, Lauren Markoe, Rhoda Ritzenberg, Ron Schlesinger, Jody Fidler, Rachel Merritt, Jackelyn Roshwalb, and Lisa Himmelfarb, the amazing *Mikvah* Guides of the Adas Israel Community *Mikvah* who facilitated countless pre-holiday immersions and helped our community usher in the season in a meaningful and mindful way.

...to everyone who helped build and decorate the Adas Israel *sukkah*.

...to Elinor Tattar, High Holy Day Coordinator, and to the synagogue and school administrative staff: Carol Ansell, Jane Baldinger, Suzanne Klein Davidson, Lacy LeBlanc, Marcia Miller, Rita Nicholls, Beryl Saltman, Becki Walter, and Stephanie Chill.

...to Naomi Malka, Ritual Coordinator; Rabbi Kerrith Rosenbaum,

Director of Education; Sheri Brown, Early Childhood Director; Rabbi Sarah Meytin, Assistant Gan Director; Marcy Spiro, Director of Membership Engagement; Rich Dinetz, Director of Youth & YP Activities; Gail Mattison, Event Coordinator; Robin Jacobson, Librarian; and Lesley Brinton, Controller.

...to David Polonsky, Executive Director.

...to Brad Anderson, Building Manager, and the maintenance staff: Calvin Casey, Steve Claar, Marc Holderman, Charles Mallory, Phil Thomas, Michael Freeman, and the crew from PMM Companies.

...to Carole Klein, Director of Operations.

...to the Charles E. Smith Sanctuary Quartet and Musicians: Elizabeth Picker, Noah Palmer, Alexander Ebin, and Rachel Weinstock; Pianist: George Peachey; and Cellist, Yoni Draiblate. On the second day of *Rosh Hashana*: Piano: Teddy Klaus; Bass: Daniel Shorstein; Woodwinds: Seth Kibel; and Percussion: Kenneth Krohn.

...to the Adas Israel choral singers, soloists, and prayer leaders: Hayley Antonelli, Rochelle Berman, Geoff Berman, Marika Campbell-Blue, Ethan Chanin, Ian Cohen, Michelle Kanter Cohen, Arie Cymerman, Isaac Cymerman, Emily Deutchman, Cole Edelstein, Talia Ehrenberg, Emma Fisher, Talia Goldberg, Marisa Goldstein, Lynn Herson Grad, Rae Grad, Emma Herman, Brandon Leach, Nell Leibovich, Courtney Pine, Nick Pine, Jonah Richmond, Adina Siff, Meirav Steinlauf, and Cadence Thakur.

...to those who assisted with High Holy Day tickets in the office: Gerry and Mark Lezell, Ed and Arleen Kessler, Elaine Green, Sonya Gichner, Stephanie Deutchman, Ron and Rise Schlesinger, Alissa Thornton, Stephanie Chill, and Alex Chill.

...to the Ruthe and Nathan Katz Dial-In Fund, so members could hear our services from afar.

...to Elinor Tattar for underwriting the Congregational Break-the-Fast in memory of Dr. Stuart R. Tattar, and to the Dr. Judith Kossoff Outreach Program Fund for underwriting the Young Professionals Break-the-Fast Supper.

...to Sec Tek, Inc. Security and the Metropolitan Police Department.

...to Steve Rabinowitz & Laurie Moskowitz for sponsoring the *Erev Simchat Torah* refreshments in memory of Steve's mother, Dorothy Rabinowitz, on her *yahrzeit*. Linking her memory with the beauty and importance of *Simchat Torah* is a lasting and meaningful memorial to a special person.

...and to the nearly 5,000 members and guests who attended and participated in our High Holy Day services. ○

## Follow Us on Facebook

Visit our Adas Israel Facebook Page at [facebook.com/adasisraeldc](https://facebook.com/adasisraeldc)



to get up-to-the-minute information in your community. Just "like" our page! Our goal is 3,000 fans by *Hanukkah*. A special prize will be drawn from our first 3,000 fans. Join in the fun! ○

# Books, Ideas, & More

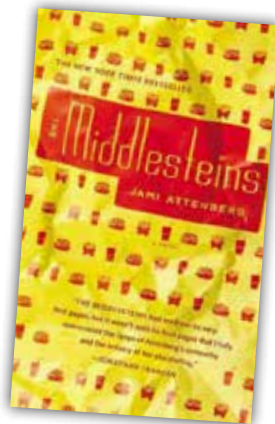
## Food Cravings

by Robin Jacobson, Library & Literary Arts Director

Every day we eat. During holidays and celebrations we eat more. And why not? The Talmud itself links eating and drinking with rejoicing (*Pesachim* 109a). Not surprising, many books on the Jewish bookshelf, besides cookbooks, are about food. Two relatively new examples are *The Middlesteins*, a novel by Jami Attenberg, and *Mastering the Art of Soviet Cooking*, a memoir by Anya von Bremzen (both in our library).

### Too Much Food

Initially, one might wonder why anyone would want to read *The Middlesteins*. Why spend time on a sad-sounding novel about an obese woman who eats nonstop, even as she endangers her health, loses her job, and alienates her family? But readers who persevere will discover a poignant, wise, and often funny story. Attenberg is a perceptive writer who offers astute and witty insights into the ways a crisis reverberates through a family.



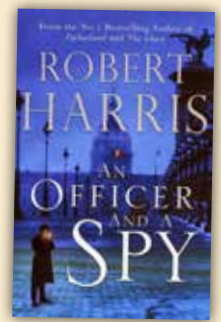
The Middlesteins are Midwestern American Jews, living in the Chicago suburbs. The family consists of Edie and Richard Middlestein; their grown-up children, Benny and Robin; Benny's wife Rachelle; and twin grandchildren, Josh and Emily, who have an upcoming *b'nai mitzvah*. Over the course of the book, we hear individually from the characters and wind up sympathizing with each of them, even when their viewpoints are opposed.

As a child, Edie was overweight, a condition her parents enabled, believing that "love was made of food." By middle age, Edie weighed over 300 pounds and had developed diabetes and arterial disease; she needed surgical stents in both legs to restore her circulation. Her husband gives up on her and moves out, declaring that he can't watch her kill herself anymore. The family is outraged by Richard's disloyalty. Richard counters that Edie left him years before he left her.

Attenberg lightens the family drama with some gentle spoofing of Jewish American culture. While we worry that Edie may die, we also fret over Edie's twin grandchildren—will they be able to pull off the professionally choreographed hip-hop routine their mother wants them to perform at their *b'nai mitzvah*? The comic commentary of the Middlesteins' longtime *shul* friends—the Cohns, the Grodsteins, the Weinmans, and the Frankens (who speak as a bloc)—adds to the fun of this engaging book.

## Next Book Chat Sunday, November 9, 10:30 am

Join us to discuss *An Officer and A Spy* by Robert Harris, a historical novel about the Dreyfus Affair in which a French Jewish officer was accused of treason in the late 19th century. Questions? Contact Robin, [librarian@adasisrael.org](mailto:librarian@adasisrael.org).



### Too Little Food

While living in the Soviet Union, Anya von Bremzen and her mother, Moscow Jews, were as obsessed with food as Edie Middlestein. But their obsession stemmed from food scarcity rather than abundance. In *Mastering the Art of Soviet Cooking*, von Bremzen, an award-winning food writer, relates her family's Soviet history, decade by decade, in terms of the food they ate and (more often) yearned for. "Inevitably," she admits, "a story



about Soviet food is a chronicle of longing, of unrequited desire." von Bremzen mixes reminiscences with a rundown of the Soviet Union's disastrous agricultural policies and food shortages, which led to millions dying from hunger. Even in better times, Soviets spent hours each day waiting in line for food that was barely edible. The disappointed shoppers might then return home, as von Bremzen's family did, to a communal apartment where 18 families shared one kitchen.

The memoir is uneven, more interesting in some parts than others. But, at its best, it offers a unique window into Soviet life. One fascinating tidbit concerns the employment of von Bremzen's father, Sergei. He worked in the prestigious laboratory charged with preserving the embalmed corpse of Lenin, on public display in a Red Square mausoleum. Sergei's particular responsibility? To ensure that the revered leader's dead skin never changed color.

## Before You Head South for the Winter

Please contact Elinor Tattar in the synagogue office, 202-362-4433 or [Elinor.Tattar@adasisrael.org](mailto:Elinor.Tattar@adasisrael.org), and let her know the date you will be heading south and the date you plan to return, so you will continue to receive your synagogue mailings. Stay Warm!

# Contributions

The congregation gratefully acknowledges the following contributions:

## **Benjamin Eric Cooper Memorial Scholarship Fund**

*In Memory Of:* **Benjamin Eric Cooper** by Richard Cooper & Judith Areen. **Joan Gaughan, Blanche Siebert** by Joe Cecil & Judith Friedman.

## **Bereavement Fund**

*In Memory Of:* **Jeannette Danziger** by Arnold Danziger. **Miriam Gerger, Marjorie Rosenberg** by Bruce Ray & April Rubin. **Eric Rehfeld** by Eva Rehfeld.

## **Bernard & Rita Segerman Endowment Fund**

*For The Speedy Recovery Of:* **Bern Segerman** by Roger & Renée Fendrich.

## **Bikkur Cholim Flower Fund**

*In Memory Of:* **Evelyn Davis** by Marcia Feuerstein.

## **Cantor Brown Discretionary Fund**

*By:* Ricki Gerger.

*In Honor Of:* Birth of **Benjamin Ellis Promisel** by Dava Berkman. **Cantor Brown** by Randall Levitt & Johanna Chanin, the Sislen family. *With Thanks For:* **Cantor Brown's** beautiful officiating at Lillian Kramer's funeral by Richard Kramer. **Cantor Brown's** kindness by Sonia Herson.

*In Recognition Of:* **Julia Gordon's Simchat Torah** Honor, **Jennie Litvack's Simchat Torah** honor by Manuel Schiffres & Rae Grad. **Rae Grad's Simchat Torah** honor by Stuart & Jamie Butler. *In Memory Of:* **Miriam Gerger** by Dava Berkman, Roberta & Manny Helsner. **Annette Sherman** by William Willis.

## **Cantor Max Wohlberg Memorial Fund**

*In Recognition Of:* **Rae Grad's Simchat Torah** honor by Ricki Gerger.

*In Memory Of:* **Jack Rabinowitz** by Glenn & Cindy Easton.

## **Capital Fund Contributions**

*By:* Joshua & Phyllis Heller.

*In Honor Of:* Engagement of **Heather McWilliams & David Polonsky** by Manuel Schiffres & Rae Grad.

## **Charles Pilzer Computer Center**

*In Memory Of:* **Charles Pilzer & Alyson Fogel Pilzer** by Geraldine Pilzer.

## **Charlotte & Hubert Schlosberg HHD Mahzor Fund**

*In Memory Of:* **Leo Schlosberg** by Hubert Schlosberg.

## **Congregational Kiddush Fund**

*In Honor Of:* Our 37th anniversary aliyah by Alan Strasser & Trisha Hartge. Our granddaughter **Melanie** becoming a *bat mitzvah* by Bob & Anita Wellen. **Ruth Ernst's** special birthday by Frank Spigel. *Aufruf of* **David Olson & Jonah Richmond** by Gary & Anna Richmond, Paul & Vickie Olsen. **Noam Jacobovitz** becoming a *bar mitzvah* by Jeffrey Jacobovitz & Leah Hadad. *Aufruf of* **Brooke Peloso & William Horowitz** by Linda & Michael Horowitz & Adrienne & Don Peloso.

Our wedding by Lisa Zusman & Jason Kravitz. *Aufruf of* **Kelli Lafferty & Michael Raboy** by Rachel & Michael Raboy.

*In Memory Of:* **Stephen Chiswick** by Barry Chiswick. **Cynthia Ullman** by Carmel Chiswick. **Freda Goldberg** by Stuart & Jamie Butler.

## **Daily Minyan Fund**

*In Honor Of:* **Aaron Finston's** 21st birthday by Bruce Ray & April Rubin. Our anniversary by Richard & Susan Ugelow.

*For The Speedy Recovery Of:* **Alan Gerson** by Neal & Ava Gross.

*In Memory Of:* **Sandy Steinlauf** by Amy Cooper. **H. Leonard Seidman** by Ilene Chait. **Robert Horwitz** by Marvene Horwitz. **Philip R. Ugelow** by Richard Ugelow.

## **Dan Kaufman Children's Program Fund**

*In Memory Of:* **Minnie Kaufman, Paul Hilowitz** by Minna Kaufman.

*In Memory Of:* **Daryl Reich Rubenstein Staff Development Fund** *In Memory Of:* **Millie Lutter** by Trina Rubenstein.

## **Debra Goldberg Educational Fund**

*In Honor Of:* Marriage of **Harry Liss & Dr. Jill Lange**, Birth of **Susan Goldman's** granddaughter, **Madalyn** by Seth Waxman & Debra Goldberg.

## **Dr. Louis & Althea Jacobs Camp Ramah Scholarship Fund**

*In Memory Of:* **Althea Jacobs** by Jared Jacobs.

## **Dr. William & Vivienne Stark Wedding & Anniversary Fund**

*In Memory Of:* **Martin Stark, Doris E. Rose** by Dr. William & Vivienne Stark.

## **Esther Saks Abelman Yiddish Cultural Fund**

*In Memory Of:* **Norman Abelman** by Diane Abelman Wattenberg. **Anne Silverman** by Joseph Silverman.

## **Ethel & Nat Popick Chronicle Fund**

*In Memory Of:* **Marjorie Rosenberg** by David & Harriet Bubes, Nancy & Alan Bubes. **Margot Heckman** by Dorothy, Nappy & Steven Block.

## **Executive Director Discretionary Fund**

*In Honor Of:* Engagement of **Heather McWilliams & David Polonsky** by Larry & Edna Povich. **David Polonsky** being named executive director by Ricki Gerger.

## **Ezra Pantry**

*In Memory Of:* **Sophie Silfen** by Jim Williams & Susan Miller.

## **Frances & Leonard Burka Social Action Endowment**

*In Honor Of:* **Frances & Leonard Burka** on their special birthdays by Mike & Miriam Cramer.

*In Memory Of:* **Gary Jonas** by Glenn & Cindy Easton. **Elliott L. Burka** by Leonard & Frances Burka

## **Fund for the Future**

*In Memory Of:* **Morton Berkower** by Dr. Ira Berkower. **Rebecca Harrison** by Florence Herman. **Dr. Arthur Dubit** by Gerrie Dubit. **Harry & Sara Lustine** by Norbert & Doris

Lustine. **Richard W. Goldman** by Susan Sachs Goldman.

## **Garden of the Righteous Fund**

*In Gratitude For:* **Henry Strauch** by Judy Strauch.

*In Memory Of:* **Erika Brodsky, Samantha Strauch** by Jean Bernard. **Paul Boymel, Miriam Gerger, Margorie Rosenberg**, all by Judy Strauch.

## **Harry & Judie Linowes Youth Endowment Fund**

*In Memory Of:* **Mildred Bierman, Alvin Bernstein, Esther Nussdorf**, all by Harry & Judie Linowes.

## **Havurah Kiddush Fund**

*By:* Carl & Michelle Schoenberger, Janet Kolodner, Kenneth Heitner & Rhoda Ritzenberg, Michael & Joyce Stern, Rey & Susan Tejada, Sheara & Silvio Krvaric.

*In Honor Of:* **Linda & Razi Yitzchak's** 45th anniversary by Arnie & Mary Hammer, Michael & Joyce Stern. **Irene & Dick Spero's** 50th anniversary by Bob & Hazel Keimowitz. **Susan & Matt Finston's** 25th anniversary by Michael & Joyce Stern. **Sandy Mendelson's** special birthday by Michael & Joyce Stern, Mileve Phillips & Miriam Rosenthal.

*In Memory Of:* **Paul Boymel, Bernice Cohen** by Arnie & Mary Hammer. **Herbert Spira** by Lynnette Spira. **Edward "Ned" Stutman** by Suzanne Stutman.

## **Adas Fund**

*In Honor Of:* Engagement of **Heather McWilliams & David Polonsky** by Suzanne Davidson.

*In Memory Of:* **Milton, Gilda & Rose Simon, Paul & Esther Klein, Joe Demiany, Maurice & Frieda Solomon, Bea Seldin & Lila Demiany**, all by Barry & Beth Simon. **Ellie Sachse** by Harry Sachse. **Sandy Steinlauf** by Lisa Gurwitch.

## **Ida Mendelson Memorial Prayer Book Fund**

*In Memory Of:* **Marjorie Rosenberg** by Glenn & Cindy Easton. **Lillian Kramer** by Mildred Krupsaw.

## **Irvin Wolloch Memorial Endowment Fund**

*In Memory Of:* **Irvin Wolloch** by Lillie Wolloch.

## **Jewish Mindfulness Center of Washington**

*By:* Ira Zuckerman & family.

*In Recognition Of:* **Jennie Litvack's Simchat Torah** honor by Ricki Gerger, Stuart & Jamie Butler.

## **Joan Alison White Art Education Fund**

*In Memory Of:* **Melvyn Estrin, William Cafritz** by Linda & James Cafritz.

## **Kullen Family Fund**

*In Memory Of:* **Shirley & Arthur Sislen** by Dr. Shirley Kullen.

## **Leah Chanin Day School Fund**

*In Honor Of:* Birth of **Eli Ziv Netanel Johnson** by Fradel Kramer.

## **Lillian & Daniel Ezrin Fund for Ritual Objects**

*In Memory Of:* **Ivan Allan Ezrine** by Joel &



Rhoda Ganz. **Adolph & Diana Cooper** by Norbert & Doris Lustine.

### **Marilyn & Stefan Tucker Program Endowment Fund**

*In Memory Of:* **Reuben Miller** by Marilyn Tucker.

### **Martha & Joseph Mendelson Adult Education Fund**

*In Memory Of:* **Paul Boymel, Bernice Cohen, Joe Herson, Sara Palmer**, all by Sandy & Adina Mendelson.

**Maxine & Gerald Freedman Endowment Fund**  
*For The Speedy Recovery Of:* **Dorothy Block** by Maxine Freedman.

*In Memory Of:* **Jerry Silverman** by Maxine Freedman.

### **Melvin Gelman Religious School Fund**

*In Memory Of:* **Sara Palmer** by David & Toni Bickart. **Essie Margolies** by David Margolies.

**Sandy Steinlauf** by Marc & Elise Lefkowitz.

### **Mikveh Capital Campaign**

*By:* Shalom & Deborah Flank.

*In Honor Of:* **Naomi Malka** by Andrea Sholl.

*In Memory Of:* **Miriam Gerger** by Yaacov & Herlene Nagler.

### **Mildred & Jess Fisher Nursery School Fund**

*In Honor Of:* the Dubim Class of the Gan & in appreciation of the dedicated work of all its teachers by Roni & Robert Jossen.

**Hazzan Jenna Greenberg & Rabbi Joshua Ginzburg's** new son, Birth of **Annabelle Ileana Braunstein**, Engagement of **Heather McWilliams & David Polonsky**, Birth of **Rowan Diefenbach**, Wedding of **David Olson & Jonah Richmond**, **Cadence Thakur** becoming a *bat mitzvah*, all by Sheri Brown.

### **Milton Engel Library Fund**

*In Honor Of:* Birth of **Benjamin Ellis Promisel** by Jane Baldinger.

*In Memory Of:* **Sandy Steinlauf, Laura Both** by Diana Engel. **Leon Reingold** by Larry & Myra Promisel.

### **Minnie & Abraham S. Kay Israel Scholarship Fund**

*In Memory Of:* **Sara Palmer** by Glenn & Cindy Easton. **Minnie B. Kay** by Sylvia Greenberg.

### **Morris Hariton Senior Programming Fund**

*In Memory Of:* **Ruth Paly** by Glenn Easton.

**Louis Jacob Wineburg** by Harry & Judy Melamed.

### **Muriel Jacobson Memorial Endowment Fund**

*In Memory Of:* **Muriel Jacobson & Stanley W. Jacobson** by Melvin L. Jacobson.

### **Offerings Fund**

*By:* Chuck & Lesley Rich, Janet Stotsky.

*In Honor Of:* the engagement of **Heather**

**McWilliams & David Polonsky** by David & Toni Bickart. **Tillie Auerbach's** 100th birthday by Ellen & James Myerberg. **Noam Jacobovitz** becoming a *bar mitzvah* by Jill & Marc Isaacs.

**Ron Schwarz's** birthday by Manuel Schiffres & Rae Grad. **Raziel Urbanowicz's** first birthday by Ron Schwarz & Marcia Feuerstein. **Cadence Thakur** becoming a *bat mitzvah* by Stanley M. Flaschner.

*In Gratitude For:* **Adas Israel** by Linda Berg.

*L'Shana Tova To:* **Shirley Cohen** by Nina

Ottenstein.

*In Memory Of:* **Edward Kirshen** by Alan & Jeanie Kirshen. **Fay Stern** by Alvin Stern. **Edna Weiner** by Barry & Shelly Naft. **Charlotte Katz** by Blanche Speisman. **Harvey Rosenthal** by Cathryn Miller. **Louis Waxman** by Rep. Henry Waxman. **Eileen Mullen** by Daniel Mullen. **Joseph Herson** by David & Toni Bickart, Randall Levitt & Johanna Chanin. **Joseph ben Moshe h'kohen** by David Cohen. **Rose Tauber** by Dolly Kay. **Abraham Schwartz & Bess Schwartz** by Dr. Frederic Schwartz. **Shirley Hardis** by Dr. Jonathan Hardis. **Barbara Shapiro Ginsburg & Samuel Shapiro** by Dr. Stanley Shapiro. **Koplin Mizroch** by Dr. Stephen Mizroch. **Michael Berg** by Gary Garofalo, Lynn Phillips. **Alvin Bernstein** by Gloria Bernstein. **Miriam Gerger** by Lawrence & Jean Bernard. **Samuelo Kresberg, Ethel Kresberg** by Loretta Rosenthal. **Joseph Kay** by Marvin Kay. **Bernard Lippel** by Philip Lippel. **Lovell Olender** by Stuart Kurlander & David Martin.

### **Rabbi Feinberg Discretionary Fund**

*By:* Miriam Schlesinger, Ricki Gerger, Steve Rabinowitz & Laurie Moskowitz.

*In Honor Of:* **Ron Schwarz's** 70th birthday by Mileve Phillips & Miriam Rosenthal. **Rabbi Feinberg** by the Sislen family  
*With Thanks For:* Officiating at our wedding by Phillip Hummel & Lillian Shields. **Rabbi Feinberg's** kindness by Sonia Herson. *Boker Ohr* class by Warren Clark  
*With Thanks To:* **Rabbi Feinberg** by Richard Kramer, Samuel Frumkin & Susan Kay, Sarah Frumkin.

*In Memory Of:* **Allan Isack** by Arthur Isack.

**Mary Sugar, Ruth & Arnold Perper, Barbara Perper Satin, Jeffrey Alan Perper, Laura Satin, Michael Joseph Perper, Sam & Mary Sugar, Clara Linkoff**, all by Marvin & Sandra Sugar. **Sadie Sinrod Altman, Anne Altman Strassman** by Zalma Slawsky

### **Rabbi Holtzblatt Discretionary Fund**

*In Honor Of:* **Rabbi Holtzblatt** by Randall Levitt & Johanna Chanin.

*In Memory Of:* **Peter Dreyer** by Scott Dreyer.

### **Rabbi Jeffrey & Judith Wohlberg Masorti Fund**

*In Memory Of:* **Therese Koerner** by Rabbi Jeffrey Wohlberg. **Miriam Gerger** by Roger & Renée Fendrich.

### **Rabbi Stanley Rabinowitz History Fund**

*In Memory Of:* **Joseph Herson** by Glenn & Cindy Easton. **Evelyn Sachs, Paul Boymel, Alvin Bernstein**, all by Harry & Tamara Handelsman.

### **Rabbi Steinlauf Discretionary Fund**

*In Honor Of:* **Steinlauf family** by Laura Clubok.

Marriage of **Jonah Richmond & David**

**Olson** by Manuel Schiffres & Rae Grad. **Rabbi Steinlauf** by Randall Levitt & Johanna Chanin.  
*With Great Appreciation For:* **Rabbi Steinlauf** by Liza Zusman & Jason Kravitz.

*With Thanks For:* **Rabbi Steinlauf** by Jonah Richmond & David Olson. **Rabbi Steinlauf's** kindness by Sonia Herson.

*Refuah Shlema To:* **Daven ben Elijah v'Hinda Leah** by Steve Brown.

*In Memory Of:* **Bernice K. Cohen** by Michael & Joyce Stern. **Sandy Steinlauf** by Seth Waxman & Debra Goldberg, Yoel Tobin, Stacy Weiner, & Yoni Weiner-Tobin

### **Rose R. Freudberg Sisterhood Memorial Library Fund**

*In Honor Of:* **Elinor Tattar's** 36 years at Adas Israel by Norbert & Doris Lustine, Roger & Renée Fendrich.

*In Memory Of:* **Paul Boymel** by Adrian & Annette Morchower, Elinor Tattar. **Stanley Belkin** by Adrian & Annette Morchower. **Dr. Alvin Sidell** by Arlene Sidell Cohen. **Joseph Antonelli & Margaretha Antonelli** by Arthur Antonelli. **Gilda Simon** by Barry Simon. **Miriam Gerger** by Don & Gail Roache, Harry & Judy Melamed, Irv & Grace Lebow. **Freda Walter, Irving Walter** by Dr. Steven Wolin. **Marjorie Rosenberg** by Elinor Tattar. **Irving Koenig** by Eric Koenig. **Minnie Flock** by Harriet Isack. **Henry Adler** by Helene Weingarten. **Col. Herbert M. Lapidus** by Lawrence Lapidus. **Anne Wiedman** by Mildred Jacobs. **Tsippora Masliansky** by Nechama Masliansky. **Aaron Goldman** by Paula Goldman. **Donald Davidson** by Sander Davidson. **Stanley Belkin** by Sandra Zuckerman. **Victoria Ain** by Sanford Ain. **Marion Laeger** by Susan Sturc. **Claire S. Postman, Gussie Sender** by Sydel Sandy. **Jessie Seltzer** by Toba Penny.

### **Samuel & Sadie Lebowitz Israel Scholarship Fund**

*In Memory Of:* **Ralph Kirsch** by Bo Kirsch.

### **Sandra & Clement Alpert Fund for Family Education**

*In Memory Of:* **Cecile Alpert, Judge Milton Alpert** by Dr. Clement Alpert. **Michael Berg** by Glenn & Cindy Easton.

### **Sandra & Stanley Bobb Endowment Fund**

*For The Speedy Recovery Of:* **Stanley Blobb** by David & Harriet Bubes.

### **Sarah & William Pittleman Special Needs Fund**

*In Honor Of:* **Adam Crausman** becoming a *bar mitzvah* by Craig Yokum.

### **Shabbat Sing**

*In Memory Of:* **Toby Cutler** by Alice Fisher.

### **Shelley Remer Gan Hayered Enrichment Fund**

*In Honor Of:* the marriage of **Dr. Jill Lange & Harrison Liss** by Glenn & Cindy Easton

*Mazel Tov To:* **Noam Jacobovitz, Ethan Chanin, Jack Margolis, Sam Ikenson, Maia Kotelanski, Emma Herman**, becoming *b'nai mitzvah*, all by Shelley Remer. **Leah Chanin** for receiving the 2014 Yad Hakavod award by Stewart & Shelley Remer.

### **Sisterhood Donations**

*In Memory Of:* **Rose Krones** by Judith Krones.

### **Social Action Fund**

*In Honor Of:* **Ron Schwarz's** birthday by Daniel & Nancy Weiss.

*In Memory Of:* **Evelyn Kamerow Sachs** by Allan & Bobbie Fried. **Sara Palmer, Miriam Gerger** by Daniel & Nancy Weiss. **Edward Goldberg, Fannie Goldberg & Nelson Goldberg, Jack Rabinowitz**, all by Stuart & Jamie Butler.

### **Stanley & Veeda Wiener Memorial Fund**

*In Memory Of:* **Stanley P. Snyder, Stanley A. & Veeda C. Wiener & David E. Snyder**, all by Ruth Snyder.

### **Sylvia B. Nelson Memorial Endowment Fund**

*In Memory Of:* **Sylvia Nelson** by Glenn & Cindy Easton.

### **Sylvia Feldman Shapiro Memorial Endowment Fund**

*In Memory Of:* **Bessie Feldman, Sylvia Shapiro** by Rose Burka.

### **Tot Shabbat Program**

*In Memory Of:* **Sarah Hadad** by Joshua Bobeck & Susan Glickman.

### **Traditional Minyan Kiddush Fund**

*In Honor Of:* **Juliana Isaac** on her entry into McGill University by Alzbeta Klein, Howard & Alex Isaac. **Jessica & David Nemeth's** 20th anniversary, **Seth Kahler** becoming a *bar mitzvah* by Jeff Goodell & Beth Kanter.

*In Recognition Of:* **Julia Gordon's Simchat Torah** honor by Ricki Gerger, Stuart & Jamie Butler.

*In Memory Of:* **Albert & Mali Herzberg** by Benjamin Herzberg & Debbie Isser.

*In Memory Of:* **Sara Palmer, Albert Herzberg, Maurice Friedberg**, all by Bill Levenson.

### **Tzedakah Fund**

By: Ricki Gerger, Eric Kushner.

*In Memory Of:* **Dorothy Sauber & Benjamin Sauber** by Anthony Sauber. **Joseph Miller, Jack Fine, Max S. Miller & Milton Silverman**, all by Betty Miller. **Sylvia Shreier** by Carolyn Goldman. **Simon Both** by Charles Both.

**Edith M. Schwartz** by David M. Schwartz.

**Rose Goldberg** by Diane Cross. **Rabbi Jacob B. Agus** by Edna Povich. **Bernice Cohen** by Glenn & Cindy Easton, Larry & Edna Povich.

**Miriam Gerger** by Glenn & Cindy Easton, Stuart & Jamie Butler. **George Levinson** by Jackie Levinson. **Paula Schwalb** by Jacob

Schwalb. **Kenneth Kresch** by Kathy Ingber.

**Julius Kiviat** by Lillian Rubin. **Daniel Schorr** by Lisbeth Schorr. **Leah Goldman** by Martin Goldman. **Florence Shapiro** by Mary Elizabeth Sadun. **Pearl Joffe** by Mary Elizabeth Sadun.

**Aaron & Cecile Goldman** by Michael

Goldman. **Frances S. Berman, Morris Berman**

by Miriam Schlesinger. **Martin Jorisch** by

Paula Jorisch. **Sophia Cooper** by Richard

Cooper. **Marjorie Rosenberg** by Ricki Gerger.

**Edward Goldberg** by Stuart & Jamie Butler.

### **USY/Tikkun Olam Fund**

By: Michael & Susie Gelman.

### **Vision of Renewal Fund**

*In Honor Of:* Marriage of **Johanna Chanin &**

**Randy Levitt**, Marriage of **Hana Hasunerova**

**& Asaf Nagler** by Roger & Renée Fendrich

*In Memory Of:* **Esther Nussdorf** by Alan &

Nancy Bubes, Clark Construction Group, LLC,

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Roger & Renée Fendrich, Scott & Sandy

Katzman, Steven & Ruth Kleinrock, Susan

Goldman. **Adele Pilsk** by Judith Smith. **Sara P.**

**Palmer** by Larry & Melanie Nussdorf, Roger &

Renée Fendrich.

**Miriam Gerger, Marjorie Rosenberg, Bernice**

**Cohen**, all by Larry & Melanie Nussdorf.

### **Yale Goldberg School Retreats Fund**

*In Honor Of:* **Pauline Goldberg's** 100th

birthday by Joel & Rhoda Ganz.

*In Memory Of:* **Paul Boymel** by Glenn & Cindy

Easton.

### **Yizkor/Yahrzeit Fund**

*In Memory Of:* **David Lipsitz, Viola Winer** by

Alan Lipsitz. **Benjamin Roth** by Alan Roth

**Leon Wolfe, Ida Forman** by Anne Wolfe,

Nancy Wolfe & Jane Wertheimer. **Masha**

**Friedlander** by Bernice Friedlander. **Nathan**

**Kluft** by Beverly & Sanford Cohen & Ed Kluft.

**Yetta Goldman** by Carolyn Goldman. **Dr.**

**Dorothy Rabkin** by Chuck Rabkin. **Beatrice**

**Diener** by Daniel Diener. **Lester H. Schwartz**

by David M. Schwartz. **Sadye Ottenberg &**

**Gilbert Ottenberg** by Dr. Ronald Ottenberg.

**Elliott L. Burka** by Edward Burka, Eric Burka.

**Carolyn Falk Hellman** by Elinor Gruber.

**Daniel Snyder** by Gilda Snyder. **Hyman C.**

**Teicher** by Harry Teicher. **Bertha Teicher** by

Harry Teicher. **Elias Gelman** by John Kossow.

**Lester Friedman** by Judith Beltz-Schreiber.

**Philip Israel Rosen** by Judy Cohen. **Lawrence**

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**Baum** by Lois Levitan. **Alvin Bernstein, Ellen**

**Steinhorn Rubenstein** by Maddie Shapiro.

**Philip Silverman** by Mark Silverman. **Arthur**

**Fingerhut** by Michael Fingerhut. **Naomi**

**Cummins** by Nancy Silverman. **Jerome**

**Murray Slavin** by Renata Kossow. **Melvin**

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**Goldstein** by Stanley & Carol Goldman. **Irving**

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**Laeger** by Susan Sturc.

### **Youth Activities Fund**

*In Memory Of:* **Terri Paul** by Douglas Paul.

**Evelyn Berkower** by Dr. Ira Berkower. **Zuse**

**Honikman** by Gerrie Dubit. **Fred Singer** by

Harold Singer. **Ronald Burka** by Linda Burka.

**Samuel Laby** by Miriam Vinicur. **Eric**

**Ehrenberg** by Pamela, Talia & Nathan

Ehrenberg. **Sidney Henry Cantor** by Richard

Cantor. **Beatrice Solloway** by Rick Solloway.

**Julius Loeffler** by Robert Loeffler. **Ruth**

**Parnes & Daniel Parnes** by Sandy & Lydia

Parnes. **Dorothy Kluft Stearns** by Sanford

& Beverly Cohen, Ed Kluft. **Alvin Bernstein**

by Sanford & Beverly Cohen. **Wendy Schloss**

**Shain** by Stanley & Ellen Albert. **David**

**Sackett** by Stanley Scherr.

## **MAKOMDC** CONTINUED FROM PAGE 6

challenges facing the Jewish people today.

### **Jewish How To Series:**

November–February

Join us each month at *MakomDC* for a special speaker teaching an insightful How To session.

### **How to Daven & Have It Be Meaningful**

with Rabbi Gil Steinlauf

Sunday mornings, Nov. 2, 16, 10:30 am–12 noon

### **Observing Shabbat in the Home** with Michael Sloan

Sunday mornings, Dec. 7, 14, 21, 10:30 am–12 noon

### **Haftara Trope** with Cantor Arianne Brown

Sunday mornings, Jan. 11, 25, 10:30 am–12 noon

### **Making Torah Personal** with Rabbi Gil Steinlauf

Sunday, Feb. 1, 10:30 am–12 noon

### **Mikvah: Who/What/Where/When, and (most important)**

**Why?** with Naomi Malka

Sun., Feb 22, 10:30 am–12 noon ○

## **Tips to the Staff Holiday Gift Fund**

Adas Israel Congregation is fortunate to have a wonderful, dedicated maintenance, clerical, administrative, and support staff, all of whom ensure that the synagogue runs as needed. Our staff serve our members, officers, committees, schools, and clergy in achieving the mission and goals of the congregation.

Several years ago, the synagogue adopted a policy of “no tipping” to individual staff members following events or programs. Some staff members are more visible than others, but it takes all of them to prepare.

In lieu of tipping, the congregation has created a Staff Holiday Gift Fund, which is divided equally among the support staff every December. We appreciate those who contribute to the holiday gift fund to our maintenance and support staff members in honor of their good work during the High Holy Days and throughout the year.



WWW.ADASISRAEL.ORG  
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Rabbi Gil Steinlauf, *Senior Rabbi*  
Rabbi Charles Feinberg, *Rabbi*  
Cantor Arianne Brown, *Cantor*  
Rabbi Lauren Holtzblatt, *Rabbi*  
Naomi Malka, *Ritual Coordinator/Mikvah Director*  
Rabbi Stanley Rabinowitz, *z"l, Emeritus*  
Rabbi Jeffrey A. Wohlberg, *Emeritus*  
Rabbi Avis Miller, *Emerita*  
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## Ezra Pantry's Annual Winter Clothing Drive to Benefit SOME (So Others Might Eat)

This year we have a twofer: The Annual Winter Coat Drive and the Boker Ohr Garment Drive.

See page 14 For details.

## Torah Study Spurs Action

Every Saturday diehard Torah students meet with Rabbi Feinberg at 8:00 am to study, discuss, rant, and argue about the *parasha* of the week. Some of us are half asleep when we start, but we're almost always energized when we finish.

That was more than the case when in early September we studied *Ki Tetzei*. *D'varim* 24: 12 states, "If he is a needy man, you shall not go to sleep in his pledge." Although a simple phrase, when distilled to its very essence, it is quite meaningful. Basically the Torah is saying that you shall not go to sleep in another man's sole garment, even if he is a debtor. Many of us were touched and amazed that the Torah's reach extended to such an intimate detail to maintain dignity in our lives.

That simple admonition from *Ki Tetzei* led to a serious discussion of how in biblical times people were so poor that they had only one garment to their name. Such conversation then led to a more sobering realization—that even in this day, there are still people who are so poor that they are missing the basics in life such as socks and underwear. Organizations such as SOME, which our synagogue supports, need donations of these items, especially as colder weather approaches. A number of the *Boker Ohr* attendees present that day took that lesson to heart and ordered or bought socks and underwear for donation to SOME.

At some point we began talking to each other and realized we had all had the same



Boker Ohr students with Rabbi Charles Feinberg (left to right): Lucy Hassell, Marilyn Cooper, Betsy Strauss, Nechama Masliansky, Joyce Stern, Sheldon Kimmel, Julie Weisman, and Arnie Podgorsky.

thought—to make our learning meaningful. What began as a number of independent efforts became an initiative. We all knew that Rabbi Feinberg cares deeply about the poor and has worked tirelessly to alleviate poverty both here in DC and abroad. So, in honor of Rabbi Feinberg, and his commitment to regular Torah study, we began collecting socks and underwear to donate. We already have delivered one full load to SOME; however, there is still a box in the coatroom for additional donations, because no one should have to go to sleep at night without having the basic necessities of life.

For those who wish to contribute online here's the link: [http://www.amazon.com/gp/registry/wishlist/ref=cm\\_wl\\_search\\_2?ie=UTF8&cid=A27C6K9V8AWL1N](http://www.amazon.com/gp/registry/wishlist/ref=cm_wl_search_2?ie=UTF8&cid=A27C6K9V8AWL1N).

**Upcoming Chronicle Deadlines—**

**December: Friday, October 31; January: Wednesday, November 26**