

ADAS ISRAEL CONGREGATION

Chronicle

VOL. 76, NO. 10

MAY 2014

IYAR-SIVAN 5774



'STARTING THE CONVERSATION'

Last December, the Washington Post featured an article on Ellen Goodman, the Pulitzer Prize-winning columnist. The focus of the article was on Goodman's care of her elderly mother. Goodman felt so unprepared for all the decisions she was forced to make for her mother's care. It was only as her mother lay dying that Goodman began to realize she had never had a real conversation with her about her end-of-life wishes. By then, it was too late. Her mother was already suffering from dementia.

"She wasn't really able to say what she wanted for her lunch, let alone what she wanted for health care," Goodman says. "The only conversation I had had with my mother—and this is often true of people—is when she would see someone and say, 'If I'm ever like that, pull the plug.' But there was no plug to pull."

CONTINUED ON PAGE 2

Inside Israeli Intelligence with Dan Raviv and Yossi Melman Wednesday, May 14, 7:30 pm

Dan Raviv, of CBS News and Adas Israel member, and Israeli journalist Yossi Melman are coauthors of five books about Israeli espionage,

security, and diplomacy.

Hear from two leading experts on Israeli covert intelligence—an American with decades of experience abroad, and an Israeli expert on the Mossad and covert action—when they present an

inside look at how Israel defends itself against a wide array of dangers and challenges. Can Israeli spies keep sabotaging Iran's nuclear aspirations? Do the Israelis know what they want in Egypt and Syria? What can Israel do, that the United States can't? The authors of best-seller *Every Spy a*

Yossi Melman

of best-seller Every Spy a Prince and a new updated Spies Against Armageddon: Inside Israel's Secret Wars will have the latest, some of it reassuring and some of it not.

In the Charles E. Smith Sanc-

tuary, with talk back and book signing after the event. Cost: \$10/members. \$12/non-members. Register online at www.adasisrael.org. •

Leah Chanin Selected as 2014 *Yad Hakavod* Honoree



The Adas Israel Yad Hakavod Committee is pleased to announce the selection of Leah Chanin as this year's worthy Yad Hakavod honoree.

The Adas Israel *Yad Hakavod* Award was created in 1997 to honor a member of the congregation who has distinguished himself or herself through service to the congregation and its members.

Leah Chanin is a woman who gets things

CONTINUED ON PAGE 9

The Magical World of Yiddish Theater with Zalmen Mlotek Sunday, June 1 @ 7 pm

The biggest musical event of the year! Reserve your tickets today at www. adasisrael.org or by calling the synagogue office, 202-362-4433.

The world's most renowned specialist will bring Yiddish theater to life in story and song! Zalmen Mlotek,



CONTINUED ON PAGE 9

CELEBRATING OUR 143RD YEAR
THE CHRONICLE IS SUPPORTED IN
PART BY THE ETHEL AND NAT POPICK
ENDOWMENT FUND

Clergy Corner PAGE 2 Holidays PAGE 4

Sisterhood PAGE 6

Life Cycle

Calendar PAGE 10 Education

Lifelong Learning

Tikkun Olam PAGE 16 Books, Ideas, and More PAGE 17 Contributions PAGE 18

Youth @ Al

Clergy Corner

CLERGY CORNER CONTINUED FROM PAGE 1

The article goes on to describe how Goodman is now preaching one message to anyone who will listen: Have "The Conversation," and have it early. For those who say they're too uncomfortable to talk about end of life or say, "It's too soon," Goodman's answer, born out of her own experience: "It's too soon until it's too late."

And so last year she co-founded The Conversation Project with the nonprofit Institute for Healthcare Improvement to provide families with the tools to broach these often emotional and gulp-inducing discussions. Goodman says we need to treat these conversations like death itself—something that you simply can't avoid, much as you'd like to. And she hopes the tool kit makes these often difficult family discussions easier.

In a survey it commissioned, The Conversation Project found that more than nine in 10 Americans think it's important to talk about their own and their loved one's wishes for end-of-life care, but fewer than three in 10 actually engage in these conversations. It is difficult to initiate these conversations. Here are some suggestions about how to start such a conversation.

First, you should think ahead of time about the conversation. It might be useful to write a letter to yourself with some of the questions you would like to discuss with your parent or loved one. You might even have a practice conversation with a friend. Rehearsals are usually useful and important.

The conversation that you have may reveal that you and your loved ones disagree on some things. What might be desirable to you might not be desirable to your loved one and vice versa. That's okay. It's important simply to know this, and to continue talking about it now—not during a crisis situation.

In addition, you should think about when might be the best time to have such a conversation. Holidays, family get-togethers, and other special occasions are all times when family and friends gather together, presenting an opportunity to include many of your loved ones in these conversations.

Determining the location for the conversation is also important. You should find a place where you and your loved ones are comfortable such as your home, on a walk, or at a park. Also think about who should be part of the conversation. For example, if you have siblings, then they should be involved as well. If both parents are living, then you should have the conversation with both of them, and you should have a list of topics that are most important to you to discuss.

What should be discussed? Here is a partial list of issues that you might want to discuss with a loved one:

- When you think about the last phase of your life, what's most important to you? How would you like this phase to be handled?
- Who do you want (or not want) to be involved in your care?
- Who would you like to make decisions on your behalf if you're not able to? (This person is your health care proxy.)
- Would you prefer to be actively involved in decisions about your care, or would you rather have your doctors do what they

May Office Closings

Memorial Day, Monday, May 26 Schools/Offices Closed

think is best?

- Who will make decisions on your financial and health care matters? (This does not have to be the same person.)
- Are there any disagreements or family tensions that you're concerned about?
- What is acceptable and/or unacceptable medical treatment/care?
- Any important milestones to meet if possible.
- · Have you considered drafting an ethical will?

"Having the Conversation" is not just for older people. We all need to have this conversation with ourselves and our loved ones. Anyone can become seriously ill or be involved in a life threatening accident. All of us need to take the time to talk through with our family what we want at the end of our lives.

To help us with this task Adas Israel is sponsoring a program on Tuesday, April 13, at 7:30 pm in the Biran *Beit Midrash*. We have invited Rabbi David Rose, a chaplain for the Jewish Social Service Agency Hospice, and Philip Carpenter, manager of Psychosocial Services at Community Hospices. They will present a short film on how to start the conversation, address some of the spiritual issues involved, and discuss hospice services in the greater Washington area. There will also be ample time for discussion involving the audience.

Now is the time to start the conversation. As Hillel taught, "If not now, when?" •

Yom HaZikaron

On this Memorial Day, the fourth of *lyar* in the Hebrew calendar, we commemorate the soldiers who have fallen fighting for Israel's independence and defending its security. In Israel, *Yom HaZikaron* is marked with sirens that



alert people to stop all activity and honor the fallen. This holiday's placement the day before Israel's Independence Day is intentional: the soldiers who give their lives were directly responsible for the existence of Israel as an independent state. In this way, a day of solemn commemoration can be followed by joyous celebration and song. This year *Yom HaZikaron* is observed on Monday, May 5.

Yom Ha'Atzmaut, Israel's Independence Day, 5774



The anniversary of the modern State of Israel is a wonderful milestone for the State and for the Jewish people. This modern miracle is unparalleled in history. *Yom Ha'Atzmaut* is celebrated this year on Tuesday, May 6. In celebration of *Yom Ha'Atzmaut*,

please attend our morning *minyan* at 7:15 on Tuesday morning, May 6. Join us as we celebrate modern Israel's past, present, and future. •

From the President Stable Skies



Arnie Podgorsky

It's been quite a year! As we head toward year-end and our June annual congregational meeting, let's check out how we're doing. The bottom line? In the face of unsettling predictions, the sky is not falling. Chicken Little is napping.

We are not just stable. We're great. Tony the Tiger GRRRRRREAT! No kidding.

Forget earlier months. Let's start in February. February's sudden management change presented challenges. Great hurdles, big-time waves of challenges! Staff was dispirited. Clergy worried. Congregants were upset. Our president was . . . I'm not going to say. Synagogue administrator Carole Klein shook her head "no" before I could ask. I had to laugh.

Then great things began. Just a few days later Carole and marketing/communications director David Polonsky told us they would agree to step up as a team. After consultation with Rabbi Steinlauf and our Board's thoughtful consideration, Carole became acting executive director and David, associate acting executive director. Then controller Lesley Brinton got on board, telling us she would work closely with Carole and David to support our budget committee. The principal pieces were falling into place to pull us through.

Well, we have not merely made it through; we have excelled. Adversity brings out our communal best. Carole brought her considerable experience and wisdom to all we do. David, we learned, has capabilities far beyond his marketing and media expertise. Between the two of them, and backed by the enthusiasm of clergy, lay leaders, and other staff, we have strengthened relationships with members, handled funerals with sensitivity, reinvigorated our annual calendaring function, coordinated our many events on evenings and *Shabbat*, prepared for needed building work (we have an awesome new Buildings and Grounds Committee), strengthened collaboration among all staff, and handled everything else that needs to be handled.

Our successes include budget development. Alvin Dunn is a terrific chair of a dedicated committee. With that committee's directive to balance the budget and strong conceptual guidance, Carole, David, and Lesley Brinton worked with clergy, school heads, and other staff to achieve the committee's goals. As I write in late March, we are putting the final touches on a balanced, thoughtful budget for presentation to our Board and then a congregational vote at the June annual meeting.

Dayenu, but just the beginning. All of us—clergy, officers, chairs, and members of committees, so many other congregants who contribute mightily, and staff—we all have pulled together. We are harmonizing, collaborating, and supporting each other. Not wanting to lose a year of progress to the shocks of life, we are forging ahead with strength and communal warmth, excited to meet the challenges and be a part of this extraordinary time.

CONTINUED ON PAGE 9

Proposed Slate of Officers, Trustees, & Board Members

Annual Congregational Meeting, June 11, 7:30 pm

In accordance with the Adas Israel by-laws, our Nominating Committee has announced the following slate of synagogue leaders (those with an asterisk *) to be elected at the Annual Congregational Meeting on Wednesday, June 11 at 7:30 pm. Please plan to attend.

I. TRUSTEES

Trustees renewing for another term*: Dr. Clement Alpert and Martin "Bo" Kirsch

Trustees filling three-year terms ending June 2017*: Alan Bubes and Leah Chanin

Continuing Trustees: David Povich (2015) and Sheldon S. Cohen (emeritus)

II. OFFICERS

President **Arnie Podgorsky** President-Elect Deborah Joseph* Vice President for Administration Herlene Nagler Vice President for Development Pamela Reeves Vice President for Education & Youth Deborah Joseph Vice President for Membership Steve Rabinowitz Vice President for Programs & Rel. Practices Ricki Gerger Secretary Laurie Aladjem **Brian Schwalb Assistant Secretary** Steve Kleinrock Treasurer Alexandra Horowitz Assistant Treasurer Immediate Past President Johanna Chanin

III. BOARD OF DIRECTORS

Three-year terms ending June 2017*: Sam Fuchs, Andrew Herman, Janice Mostow, Abigail Sharon

Renewing three-year terms ending June 2017*: Judith Heumann, Ken Ingber, Gail Roache, Amy Schwartz, Michael Sloan, Joyce Stern

Filling unexpired term: Rachel Rosenthal* for Dirk Aardsma (2016)

Our thanks to retiring Board members: Roz Doggett, Nancy Weiss, and Mark Yecies: Trustees: Judie Linowes and Lawrence Nussdorf. (Board members serving two consecutive terms are not eligible to be nominated for an additional term.)

"Additional nominations for any of the offices of the Congregation, the Trustees, and the Board of Directors may be made by petition signed by not less than twenty-five (25) members of the Congregation in good standing, providing that the petition shall be filed in the office of the Executive Director of the Congregation by May 15th. (By-Laws Article VIII Sec. 5)

Our appreciation to the Nominating Committee: Jamie Butler, chair, Jacob Bardin, David Bickart, Amy Golen, Susan Kay, Rachel Rosenthal, Sharon Samber, Brian Schwalb (Officer Liaison), and Dale Sorcher.

Holidays

Lag B'Omer

Excerpted from the Jewish Federations of North America website This year Lag B'Omer is on Sunday, May 18 (18th of Iyar), but even before the second seder is over—while we're still at the table—we start to count the days until Shavuot in what has become known as Sefirat HaOmer—the counting of the omer. In

Temple times, the *Sefirah* connected the seven weeks between the *Passover* barley harvest and the wheat harvest of *Shavuot*.

Starting with the second day of Passover, our ancestors brought sheaves of grain to the Temple in Jerusalem. People brought these sheaves (called *omer*—literally, a "measure") every day for 49 days and placed them on the altar as an offering to God. Then, on the 50th day, the people celebrated *Shavuot*. Two loaves of bread made from the new wheat crop were offered in thanksgiving for

God's bounty, and the counting of the *omer* was finished for another year.

During the Exile, when the Jews were separated from their land, the rabbis shifted the emphasis of the *omer* from the agricultural to the allegorical and reasoned that just as a bride eagerly counts the days between her engagement and her wedding, so will Israel continue to count the days between Passover and *Shavuot*, when we were finally united with God

through our acceptance of the Torah. In this spirit, the ancient Israelites celebrated the *omer* period with joy. But after the destruction of the Second Temple, for some, the *Sefirah* turned into seven weeks of semi-mourning, during which some do not get haircuts, go to banquets, listen to music, or attend a wedding.

Some say the reason for this change from gladness to gloom is because we can no longer bring offerings to the Temple.

Others say the mourning is for Bar Kochba's failed rebellion against the Romans and for the 24,000 students of Rabbi Akiba who perished in the fighting. Whatever the reason for the mournful mood of the *omer*, things brighten up on the 33rd day of the count with the arrival—in the Hebrew month of *lyar*—of the festival of *Lag B'Omer* (*Lag* from the Hebrew letters *lamed* and *gimel*, which add up to 33).

Lag B'Omer has no religious significance and its origins are a

mystery. Was it instituted simply as a joyous break in the seven solemn weeks? Or is it perhaps connected with the legendary mystic, Rabbi Shimeon bar Yohai, who—before his death on *lyar* 18—instructed his disciples to observe his *yahrzeit*—the anniversary of his death—in joy, not in sorrow? In many communities, dozens of weddings are performed on *Lag B' Omer*. People have parties and go to concerts, little boys get their first haircuts, and many celebrate *Lag B' Omer* with picnics in the woods.



High Holy Day Seating 2014

Believe it or not, High Holy Days are right around the corner. Packets with High Holy Day information will be mailed to all households soon. Please note all of the seating information below, as some of it has changed from last year.

As usual, tickets for all members of your household for services in the Kay Hall, Gewirz *Beit Am* (TEM Service), Cohen-Wolpe Hall (Family Service) or Biran Beit Midrash ("Return Again") will be sent automatically **roughly 10 days before the holidays**.

If you are a dedicated seat holder in the Charles E. Smith Sanctuary, you will need to request the number of your seats you intend to use for the coming holidays. (Two seats are included in membership; additional seats will be charged to your account.) Members will also be able to reserve non-dedicated seats (with limited availability) in the Charles E. Smith Sanctuary.

New This Year

Please note that this year, after the sermons in the Charles E. Smith Sanctuary, a seat that has not been



occupied will be considered available for seating. This applies to both dedicated and reserved seats.

We look forward to celebrating the holidays with you this fall. •



Sisterhood

Upcoming Events

"Jews and Chocolate" Save the Date for the Adas Israel Sisterhood Closing Event, Sunday, June 8.

Women's League and Mother's Day

(May 11) Women's League has partnered with Jewish Women International (JWI) for its annual Mother's Day Flower Project. Here's how it works:

- Choose an inspiring woman in your life—mother, sister, wife, daughter, friend— and make a \$25 donation to JWI in her honor.
- JWI sends a beautiful card, which will arrive by Mother's Day, to each designated recipient, stating that a charitable contribution has been made in her honor.
- JWI uses proceeds from the sale of these cards to send beautiful bouquets and cosmetics on Mother's Day for women living in domestic violence shelters.
- Your donation funds JWI's work year-round, and a portion goes back to Women's League. All gifts are tax-deductible.

You can buy your Mother's Day Flower Project cards online at www.jwi.org/fp, or by writing to JWI. Be sure to note Women's League as your partner of choice. For more information, contact JWI, 202-857-1300 or flowerproject@jwi.org.

Women's League Convention July 17-20, Whippany, New Jersey—"Kodesh v'Chol: Balancing the Sacred and the Every Day." Be among the first to register for what promises to be our most innovative convention yet. Log onto the new Women's League website (*wlcj.org*) and click on Convention 2014 Registration. Then click on the link to the hotel to reserve your room.

Ongoing Events

Sisterhood Studies: Tuesday, May 13, 10:00–11:00 am, is our next Taste of Tanach, a Torah study class with Rabbi Steinlauf in the Biran *Beit Midrash*. Just drop in or prepare ahead by contacting Beryl Saltman, 202-362-4433 or *beryl.saltman@adasisrael.org*, for materials.

Sisterhood Knits: Women's League invites you to knit hats for Israeli soldiers. Find the knitting pattern at www. HatsforIsraeliSoldiers.blogspot.com.

Remember to Pay Your Dues for 5774: Send a check for \$36 or more to Treasurer **Dava Berkman**, 2475 Virginia Avenue, NW, Apt. 803, Washington, DC 20037. The fiscal year ends June 30, 2014.

Remember to Donate to Torah Fund: Please send your check to Torah Fund Chair, Gerry Lezell at 5800 Magic Mountain Drive, Rockville, MD 20852.

Past Events

Sisterhood Reads: On April 6, Sisterhood members enjoyed librarian Robin Jacobson's Book Chat on *The Invisible*

Ruth & Simon Albert Sisterhood Gift Shop

Welcome spring with some beautiful new jewelry. Come in and browse—we have pieces in every price range.



Gift Shop Hours:
Sunday-Monday, Wednesday-Friday,
9:30 am-12:30 pm
Extended hours:
Tuesday, 9:30 am-3:00 pm & 6:15-8:00 pm

202-364-2888 adasgiftshop@gmail.com

Every purchase benefits Adas Israel Congregation.

Bridge by Julie Orringer. Sisterhood co-sponsors Book Chats in conjunction with the Library Committee and the Men's Club.

Sisterhood Practices Mindfulness: Sisterhood members attended the April 27 *Bodies of Water* program. Attendees explored Jewish yoga and meditation, observed a *mikvah* immersion, and experienced mindful eating. Funded by the Tikkun Olam Women's Foundation, the program was co-sponsored by Sisterhood and the Jewish Mindfulness Center of Washington.

Sisterhood Initiates: Between snowstorms this past March, Sisterhood member Susan Finston's crocuses—a Sisterhood-endorsed pilot beautification project —flowered on the lawn near the Garden of the Righteous. •

Adas Cafe in the Biran Beit Midrash with 'Baked by Yael'



Sunday, March 23, marked the first weekend of the Baked by Yael cafe at Adas, in the Biran Beit Midrash. The Beit Midrash is a hub of Jewish learning and community for the Washington, DC, area. There's always an exciting buzz in the room. It's a relaxed, welcoming atmosphere, but there's also an endless array of animated conversations

and deep Jewish learning apparent the moment you walk in the door. From daily minyanim to independent study groups to casual conversations, the room is always alive with an exciting, postmodern Jewish energy.

welcoming space on many Sundays and weekday evenings and enjoy a cup of coffee along with cakepops, handrolled bagels, rugelach, and other Baked by Yael treats while you wait to pick up your kids from school, connect

with new and old friends, or pull the Talmud off the shelf for a little Jewish learning with community members. There's something for everyone at Adas Cafe!

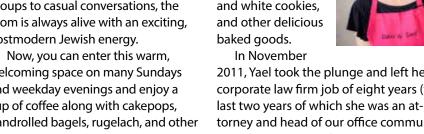
More about the baker

Baked by Yael is a woman-owned small business based in Washington, DC, and

specializing in cake pops, bagels, rugelach, black and white cookies,

2011, Yael took the plunge and left her corporate law firm job of eight years (the torney and head of our office community service program) to focus on Baked by Yael full time.

As she develops Baked by Yael into what will soon be a brick-and-mortar bakery, she intends to keep her commitment to the community by using her legal skills and supporting local nonprofits through Baked by Yael's cause-marketing initiatives. •



New Gewirz Beit Am Parochet **Crafted by Adina Gatt**Those of you who have had the opportunity to worship in the

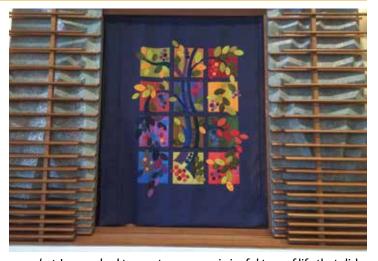
Gewirz Beit Am over the last few weeks have no doubt noticed the beautiful and recently installed parochet (ark curtain), which was lovingly crafted by gifted Israeli artist Adina Gatt. The process of bringing this beautiful work of art into fruition was a collaborative effort on the part of Adina, the Vision of Renewal Committee, and the clergy. The team worked together enthusiastically and turned a basic concept into an integral pattern invoking the tree of life and the 12 tribes of Israel. The result is a beautiful display of color and nature that captures and complements the organic warmth of the new worship space.

The parochet (from the Aramaic parokta, meaning curtain or screen) is the curtain that covers the Aron Kodesh (Torah ark) containing the Sifrei Torah or Torah scrolls in a synagogue.

The parochet symbolizes the curtain that covered the Ark of the Covenant, based on Exodus 40:21: "He brought the ark into the Tabernacle and placed the screening dividing curtain so that it formed a protective covering before the Ark..." The term parochet is used in the Bible to describe the curtain that separated the Kodesh Hakodashim (Holy of Holies) from the main hall of the Temple in Jerusalem. Its use in synagogues is a reference to the centrality of the Temple to Jewish worship.

Adina Gatt, the visionary artist who created our new and beloved parochet, works from her studio in Nahariyah, Israel, to create handcrafted and embroidered Judaic textiles. Her work is based on Jewish themes, biblical illumination, and Israeli motifs. She has designed and created many parochot and torah mantles, each one unique, specifically designed for a synagogue ark. With each she continues to find new ways to sing and bring meaning to those who come to pray.

Thoughts on the *parochet* from Adina: "For the Gewirz *Beit Am*



parochet, I was asked to create an organic joyful tree of life that did not look like a typical tree and infuse it with meaning, without Hebrew text. This request posed a new challenge and one that caused my drawing board to sit blank for some time until I could wrap my hands what was missing for me. Personally I needed to assign a quotation to the parochet, even if the text would not be visible. Only then could I begin to visualize the design. I chose Etz Hayim He, 'It is a Tree of Life to Those who Cling to It.'The organic tree winds and wraps it branches and leaves around 12 equal squares, which represent the tribes of Israel, our people. The seeds inside the tree represent the beginning from which our people have grown."

Adina, who also designed our exquisite Torah covers for the Gewirz Beit Am and Biran Beit Midrash, fused these concepts with the vision of our committee and clergy, resulting in a real collaboration that produced a beautiful ensemble of covers and curtain.

The Adas Israel community is fortunate to have acquired such an exquisite work of art, which enhances our experience of ritual and prayer in our new worship environment. •

Life Cycle

Milestones

Birth:

Oliver Lewis Strait, son of Joanna Liss Strait & Ari Potts Strait, and grandson of Susan Liss, was born March 16.

We wish our newborn and his family strength, good health, and joy.

B'nai Mitzvah



Ethan Chanin, May 3

Ethan, the son of Jacqueline Eyl and Leonard Chanin, is a seventh grader at Charles E. Smith Jewish Day School. He began his Jewish education at Gan Hayeled, followed by the Jewish Primary Day School of the Nation's Capital. He shares this *simcha* with his grandmothers, Leah

Chanin and Phyllis Eyl; older brother, Jacob; and other family and friends. Ethan's *mitzvah* project is working with The Hope for Henry Foundation to make a wish come true for a child with cancer and undergoing a bone marrow transplant.



Jack Margolis, May 10

Jacobo (Jack), son of Diana Moss and Mario Margolis, is a seventh grader at Thomas W. Pyle Middle School. He began his Jewish education at Gan HaYeled, and continued at JPDS-NC until fifth grade. He celebrates his *bar mitzvah* with his grandparents, aunts, uncles, cousins, and other relatives and friends from Mexico

and around the U.S. For his *mitzvah* project, Jack is working with Color My World (CMW), which collects discarded crayons from restaurants across the country and donates them to schools, childcare centers, shelters, and orphanages in need with the hope that crayons will help stimulate children's imaginations and nurture their dreams. Jack expects to continue this project and support CMW's efforts in sending crayons and coloring books to every children's library that Jewish Women International has established in domestic abuse shelters.



Seth Kahler, May 17 (TEM)

Seth, son of Pamela (Wexler) and Kent Kahler, is a seventh grader at Alice Deal Middle School and attends the Ma'alot Program at the Estelle & Melvin Gelman Religious School. Seth began his Jewish education at Washington Hebrew Congregation and is a 2013 graduate of JPDS-NC. He shares his simcha with

brother Eli, family members, and friends.



Emma Herman, May 24

Emma, daughter of Amy and Andrew Herman, is a seventh grader at Georgetown Day School. She began her Jewish education at Gan HaYeled and is a student at the Estelle & Melvin Gelman Religious School. For her *mitzvah* project, Emma is teaching children at the Gan about the importance

of *mitzvot*. She is sharing her *simcha* with her brother, Arthur; her grandparents, Sara Lee and Paul Saperstein and Cathy and Norman Herman; and her extended family and friends.



Judah Engel, May 31 (TEM)

Judah is in seventh grade at Deal Middle School. He moved from New Jersey to Washington, DC, this past year and has enjoyed meeting new people through his school and Adas Israel. He enjoys running cross country and playing ultimate frisbee, and looks forward to spending his summer at Camp Ramah in the Berkshires. He

shares his *bar mitzvah* with new friends form Washington, old friends from New Jersey, aunts, uncles, and cousins, and especially with his grandmothers, Nancy Coleman and Diana Engel.

In Memoriam

We mourn the loss of synagogue members:

Laura Both, daughter of Deborah and Charles Both Selma Kirstein, mother of Rory Zuckerman, Lisa Saperstein, and Mila Baturin

Geraldine Miller, mother of Sylvia Shenk

We note with sorrow and mourn the passing of:

Florence Duran, mother of Joyce Stern Lorraine S. Friedenberg, mother of Carol Steinbach Barbara Grad, sister of David Cohen Carol Maisels, mother of Amanda Maisels Dr. Victor Weinstein, father of Kenneth Weinstein

Life Cycle Information

When Death Occurs

When death occurs, please call the synagogue office, 202-362-4433, so that we may inform the clergy and be of assistance. During business hours, ask for Carole Klein. After business hours, a staff member on call may be reached by calling the synagogue office at the number above and pressing "2" to be connected automatically, or by calling the answering service, 301-421-5271, which will page the staff member on call. On *Yom Tov* and *Shabbat*, even though detailed funeral arrangements should not be made, a staff member on call can still be reached at 301-421-5271.

Cemetery Hours

Visitation at the Adas Israel Cemetery is by appointment only. Contact Carole Klein at the synagogue office (202-362-4433) to schedule a visit.

Adas Israel Community Mikvah

Our *mikvah* is a sacred space where Jews can mark life transitions with powerful

physical ritual. Immersing in a *mikvah* connects the body to

CONTINUED ON PAGE 9

Community

Mikvah

YAD HAKAVOD AWARD CONTINUED FROM PAGE 1

done. Ask anyone who has ever served on a committee with her, seen her prepare for *Pesach*, or tried to keep up with her in aerobics class. Before coming to Washington, she lived in Macon, GA, in a place and time when only some women went to college and most did not work outside the home. But not Leah. In addition to raising four children, caring for a "demanding" husband, and keeping a kosher home, she was professor of law and dean of Mercer Law School and the author of five books about legal history and legal research. She credits much of her career success to being able to neglect her children with full faith that they would turn out just fine. (Helicopter parents, take heed!)

When Leah moved to Washington in 1992, she was looking for a conservative shul. Two of her (successful, responsible, noworse-for-the-wear adult) children were already members here. She had never belonged to a large congregation before and wasn't sure she was going to like it or fit in. She soon realized it has enormous benefits—wonderful staff, clergy, and congregants—and began to come regularly. Six years later, Sandy Mendelson asked her to serve on the Education Director search committee and Toni Bickart appointed her to several committees--education, bylaws, catering, and others. She was also on the library committee for seven years. Leah recently became chair of the Mikvah Committee, also serving as a dedicated *mikvah* guide. In addition, she served as assistant secretary and as VP for fundraising under Russell Smith. Leah can be found staffing the Adas gift shop several hours every week, in addition to the time she spends learning with the rabbis. She became an adult bat mitzvah with Rabbi Miller in 1996. Three generations of the Chanin family are members of Adas, and she anchors them all. It is a privilege to count Leah as one of our members.

This award recognizes someone who has served beyond the call of duty to make Adas Israel a better place. The first *Yad Hakavod* Award was presented in 1997 to Sophie Silfen. Other recipients are Gail Schwartz, Estelle Jacobs, Jimmy Young (*z"I*), Rhoda Ganz, Bernard Fischgrund (*z"I*), Irwin Lebow, Ruthe Katz (*z"I*), Mildred Jacobs, Sybil Wolin, Samuel Weisbach (*z"I*), Sue Rosenthal, Michael Stern, Bernard Meyer, David Bickart, Judith Strauch, and Harriet and Art Isack.

Please join us June 11 at 7:30 pm when we honor Leah Chanin as our *Yad Hakavod* honoree at our annual congregational meeting, followed by a dessert reception in her honor.

LIFE CYCLE CONTINUED FROM PAGE 8

the water cycle of our planet and to the sources of life. People visit our *mikvah* to observe the *mitzvah* of monthly immersion; to celebrate *s'machot*; to find strength during a difficult time; to pray for healing; to reflect on the meaning of becoming a bride, groom, or *bar* or *bat mitzvah*; to convert to Judaism; and to prepare physically and spiritually for *chagim*. To learn more about our *mikvah* or to schedule an appointment, contact Naomi Malka, 202-841-8776 or *mikvah@ adasisrael.org*. For more information, visit *adasisrael.org/mikvah*.

ZALMEN MLOTEK CONTINUED FROM PAGE 1

artistic director of The National Yiddish Theater-Folksbiene, has brought the joy of Yiddish music to audiences all over the world. Joining Mlotek will be our own Cantor Arianne Brown, an expert in Yiddish theater in her own right, and other special guests for an unforgettable evening at Adas.

Zalmen Mlotek is an internationally recognized authority on Yiddish folk and theater music and a leading figure



in the Jewish theater and concert worlds. He is currently artistic director of The National Yiddish Theater-Folksbiene, America's oldest Yiddish theater. Mlotek was raised in a prominent Yiddish-speaking family renowned for its Jewish songbook collections. His formal training as a classical musician and conductor was at Juilliard School of Music, New England Conservatory of Music, Tanglewood Music Center, Manhattan School of Music, and Mannes School of Music. Among his most notable teachers and mentors was Leonard Bernstein. Mlotek also studied conducting with Zubin Mehta, James Levine, and other masters of music and conducting.

Mlotek's deep roots in Yiddish culture, his elite musical education, and his talent and passion for both have merged into a career that has revitalized the world of Yiddish music and theater. We look forward to sharing this incredible evening of Yiddish life and culture with the entire community. •

FROM THE PRESIDENT CONTINUED FROM PAGE 3

Under Rabbi Steinlauf's visionary leadership, our creativity is strengthening, our focus sharpening.

What about an executive director? Our search committee is formed and underway. We will take our time, rush into nothing, consider the synagogue's needs carefully, and look beyond the traditional.

Meanwhile, great things are happening at Adas Israel. If you come only rarely, consider checking us out again and making more of your membership. We are different now from even just a year ago. Learn as you meet others at MakomDC or in traditional studies. Enjoy beautiful music. Services are becoming more varied, appealing to diverse interests, from traditional clergy-led and traditional lay-led, to musical and meditative, for families, for children. Gan HaYeled is rocking with an optional full-day program, and watch for developments in the Estelle and Melvin Gelman Religious School next year. New HAZAK programs for older members are forming, while Young Professionals programs thrive. And there is so much more; if you can't find what you like, call our delightful membership manager, Marcy Spiro, and talk about it. We are here for you, to enrich your Jewish life, to add to your circle of friends, and to do our part to sustain Judaism, L'Dor VaDor.

—Arnie Podgorsky O

May 2014 Iyar–Sivan 5774

SHABBAT MORNING SERVICES: Please turn off cell phones and pagers before entering services.

Charles E. Smith Sanctuary: Join us for our *Shabbat* morning services in the renewed Charles E. Smith Sanctuary, the synagogue's largest worship space, led by our inspiring Rabbi and Cantor. The service includes a *D'var Torah* and sermon by the Rabbi and often includes participation by members and *B'nai Mitzvah*.

Traditional Egalitarian Minyan (TEM): Every Shabbat morning at 9:30 am, with the Torah service around 10:30 am. Led by laypeople with the occasional assistance of Adas clergy, the TEM is a participatory service with a full *P'sukei D'Zimrah* (introductory Psalms), Shacharit, and Musaf, a complete reading of the weekly Torah portion, and a d'var Torah. For more information, e-mail traditionalminyan@adasisrael.org.

Havurah Service: Lay-led, participatory service at 9:45 am. Rotating volunteers lead services, read Torah, and conduct an in-depth discussion of the weekly Torah portion. A *kiddush* follows the service. For additional information and to participate, e-mail *havurah@adasisrael.org*.

Youth Shabbat Services: Starting with Tot *Shabbat* for children ages 5 and under led by Menuhah Peters. *Netivot*, for students in grades K–3, is led by Linda Yitzchak, Allison Redisch, Rina Bardin, and/or Naomi Michaelis. Junior Congregation, for grades 4–6, is led by David Smolar and/or the Steinsaltz Ambassadors.

Shabbat Unplugged: A new musical family service for families with young children on Saturday mornings at 10:45 am. The service is designed for elementary school families and above, though older children are welcome and encouraged take on leadership roles.

'Dial-in' for Programs & Services: If you are unable to attend programs, lectures, or services, dial in to hear them. Call 202-686-8405.

Library Open on Shabbat: Our third-floor library is open on *Shabbat* following services. You may sign out materials using our "no-writing *Shabbat* method," explained in signs on the check-out desks. For assistance during the week, contact our Director of Library Services, Robin Jacobson (librarian@adasisrael.org).

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 Nisan 9:00 am Morning Minyan 10:00 am Garden of the Righteous Program 10:45 am JMCW Mindful Yoga 12:00 pm Garden of the Righteous Reception 1:30 pm Bodies of Water 6:00 pm Evening Minyan	28 28 Nisan 7:30 am Morning Minyan 6:00 pm Evening Minyan	7:30 am Morning Minyan 9:00 am Morning Awakening with Rabbi Lauren 6:00 pm Evening Minyan 7:00 pm Conversion Program 7:00 pm Hebrew Class for Conversion Students 7:30 pm JMCW Meditation Session	7:30 am Morning Minyan Rosh Chodesh Iyar Breakfast sponsored by the Goldstein Rosh Chodesh Minyan Breakfast Fund	1 Rosh Chodesh Iyar 7:30 am Rosh Chodesh Iyar Breakfast sponsored by the Goldstein Rosh Chodesh Minyan Breakfast Fund 9:00 am Gan Playgroup 6:00 pm Evening Minyan	7:30 am Morning Minyan 7:43 pm Mindful Parenting with Rabbi Lauren 11:20 am Gan Shabbat Sing 5:30 pm Kabbalat Shabbat; D'var Torah by Rabbi Feinberg 6:30 pm Shir Delight Oneg 7:30 pm Shir Delight Service; D'var Torah by Rabbi Steinlauf at 8 pm 8:30 pm Shir Delight Dinner	3 PARSHAT EMOR 8:00 am 9:30 am 9:30 am 9:30 am 9:30 am 7 Iraditional Egalitarian Minyan 9:45 am 11:00
9:00 am Morning Minyan 10:45 am JMCW Mindful Yoga 11:00 am Israeli Fair/Festival and Community Sing 6:00 pm Evening Minyan	5 Yom HaZikaron Observed 7:15 am Morning Minyan 6:00 pm Evening Minyan	7:30 am Morning Minyan 9:00 am Morning Awakening with Rabbi Lauren 12:00 pm Downtown Study Group (off-site) 6:00 pm Evening Minyan 7:30 pm A Season of Mussar, Part Two 7:30 pm JMCW Meditation Session	7 7 1yar 7:30 am Morning Minyan 8:00 am Parent Teacher Conferences 6:00 pm Evening Minyan 6:30 pm Executive Committee Meeting 6:30 pm Talmud Class 7:00 pm JSC Classes 7:00 pm YP Committee Meeting 7:30 pm Seven Blessings Workshop	8 8 Iyar 7:30 am 8:00 am Parent Teacher Conferences 6:00 pm Evening Minyan 7:45 pm Scotch and Scriptures Men's Group (off-site)		10 PARSHAT BEHAR 8:00 am Boker Ohr Parashat Hashavuah Class 9:30 am Shabbat Morning Service; Bar Mitvah: Jack Margolis; Sermon by Rabbi Steinlauf 9:30 am Traditional Egalitarian Minyan 11:00 am Tot Shabbat 11:00 am Netivot 12:00 pm Congregational Kiddush 6:00 pm Shabbat Mincha/Maariv Services
11 9:00 am Morning Minyan 10:45 am JMCW Mindful Yoga 12:15 pm Youth@Al: Adventure Park USA 12:30 pm Hesed Project Meeting 1:30 pm Bodies of Water 6:00 pm Evening Minyan	7:30 am 9:00 am B'nai Mitzvah Rehearsal - Seth Kahler 6:00 pm Evening Minyan 7:00 pm Social Action Council Meeting	7:30 am 9:00 am Morning Minyan Morning Awakening with Rabbi Lauren 10:00 am Sisterhood Taste of Tanach with Rabbi Steinlauf 6:00 pm Evening Minyan 7:30 pm Community Hospice 7:30 pm JMCW Meditation Session	14 7:30 am 9:00 am 6an Truck Day 6:00 pm Evening Minyan 6:30 pm Ialmud Class 7:00 pm JSC Classes 7:30 pm Bereavement Support Group Seven Blessings Workshop	7:30 am Morning Minyan 6:00 pm Evening Minyan	7:30 am Morning Minyan 7:56 pm 11:20 am Gan Shabbat Sing 5:30 pm Kabbalat Shabbat Oneg 5:30 pm Young Family Shabbat Service with Rabbi Feinberg & Robyn Helzner 6:00 pm Kabbalat Shabbat; D'var Torah by Rabbi Holtzblatt 6:30 pm Young Family Shabbat Dinner	17 PARSHAT BECHUKOTAI 8:00 am 9:30 am Shabbat Morning Service with Rabbi Holtzblatt 9:15 am Traditional Egalitarian Minyan with Rabbi Feinberg; Bar Mitzvah: Seth Kahler 9:45 am Havurah Shabbat Services D'var Torah by Sheldon Kimmel 11:00 am Tot Shabbat 11:00 am Netivot 12:00 pm Congregational Kiddush
18 Jayar 9:00 am Morning Minyan 10:30 am Adas Book Chats 10:45 am JMCW Mindful Yoga 12:45 pm All Fired Up 4:00 pm YP Jazz, Jews & Booze Outdoor BBQ 6:00 pm Evening Minyan	19 19 19 19 19 19 19 19 19 19 19 19 19 1	20 20 lyar 7:30 am Morning Minyan 9:00 am Morning Awakening with Rabbi Lauren 6:00 pm Evening Minyan 7:30 pm A Season of Mussar, Part Two 7:30 pm JMCW Meditation Session	21 21 Var 7:30 am Morning Minyan 6:00 pm Evening Minyan 6:30 pm Board of Directors Meeting 6:30 pm Talmud Class 7:00 pm JSC Classes 7:30 pm Seven Blessings Workshop	7:30 am Morning Minyan 9:15 am Bat Mitzvah Rehearsal - Emma Herman 6:00 pm Evening Minyan		24 PARSHAT BEMIDBAR 8:00 am Boker Ohr Parashat Hashavuah Class 9:30 am Shabbat Morning Service; Bat Mitzvah: Emma Herman; Sermon by Rabbi Steinlauf 9:30 am Traditional Egalitarian Minyan 11:00 am Junior Congregation 12:00 pm Congregational Kiddush
25 lyar 9:00 am Morning Minyan 10:45 am JMCW Mindful Yoga 6:00 pm Evening Minyan	· · · · · · · · · · · · · · · · ·	7:30 am 9:00 am Morning Minyan Morning Awakening with Rabbi Lauren 6:00 pm Evening Minyan JMCW Meditation Session	7:30 am 6:00 pm Evening Minyan 6:30 pm Religious Practices Committee Meeting 6:30 pm Talmud Class 7:00 pm JSC Classes 7:30 pm Seven Blessings Workshop	7:30 am Morning Minyan 6:00 pm Evening Minyan		31 PARSHAT NASO 8:00 am 9:30 am Shabet Norning Service—Musical Service & N'Siah Tovah for 10th graders; Sermon by Rabbi Steinlauf 9:30 am Traditional Egalitarian Minyan with Rabbi Feinberg; Bar Mitzvah: Judah Engel 7:00 pm 9:45 am Havurah Shabbat Service; D'var Torah by Betsy Strauss 11:00 am Boker Ohr Parashat Hashavuah Class 12:00 pm 12:00 pm 12:30 pm 12:

10 • CHRONICLE • MAY 2014 MAY 2014

Education

Gan HaYeled

STEAM Program Is Full Speed Ahead

The STEAM (science, technology, engineering, arts, and math) program has really blossomed this year under the leadership of our STEAM teacher, Daniel de los Reyes. Read more to see the great work Gan students are doing in the STEAM program!

Squares class members have been working very hard on their own Golden Gate Bridge and are almost finished putting on the final touches. This project



started when the Squares students saw another class's bridge and instantly were inspired to create a bridge of their own. Lots of thought went into this bridge, from how high the posts should be, to how high off the floor it needs to be, to the choice of materials and color.

Recently, three children from a different class explored with natural materials, including sticks, rocks, and wooden blocks. Naturally they wanted to build towers with them. The first child built a structure, called "Batsheva The Great." The second child followed suit and named his "Leo The Great," while the third child made a race car track. After the children were finished building, they took the sticks and broke them. This led them to discovering that some sticks were harder than others to break, and then trying to figure out different ways to break the sticks.

A pair of children came to the STEAM room to explore sound. Using metal coat hangers and old metal computer parts, they made music. They also laid the old computer parts on the floor and tested out the sound by banging on them with their sticks. They noticed that the pieces did not all make the same sounds.

One child in our full-day program has been working on a boat the last couple of times he has come to the STEAM room. Together with his teacher, he started by taking apart a print to look for things that would look like the engine he wanted to make for his boat. Then he tested out different materials to see what

would float and would be a good base for the boat. He chose wood, and now he is slowly piecing his boat together. Recently, he decided he wanted to make a house and work on his boat at the same time.

Truck Day

Beep! Beep! Honk! Honk! The 22nd annual Gan HaYeled Truck Day is May 14, 9:00 am to noon, in our parking lot. The children get to climb in, on, and around all sorts of vehicles, from snow plows and dump trucks to fire trucks and



motorcycles. The synagogue parking lot will be closed during that time; we apologize for any inconvenience.

Last chance to register: There are still a few spots left in Camp Sweet Summertime, the Gan's summer camp. Sweet Summertime begins June 23 and runs through August 15 in two-week sessions. Throughout the eight weeks of Sweet Summertime, you will see smiles and hear laughter from our campers and staff alike. With a broad variety of activities, there is something for everyone. As a special bonus, our very special Gan teachers work in the summer and make Sweet Summertime a wonderful experience.

Join the Gan for the 2014–2015 school year! We still have a few spaces left. For more information, call the Gan office, 202-362-4491 or visit *adasisrael.org/gan*.

'Eat Your Veggies First!'



This and the Top 9 Other Well-Intentioned Mistakes Parents Make at Meal Time

Join us on Friday, May 9, at 10:30 am when we will discuss recipe ideas and share simple strategies that will encourage your children to try more food and eat more fruits and vegetables. Come with

questions and any success stories or favorite meal ideas you want to share.

Ben Yehuda Cafe will provide lunch. Join us for the workshop, then come sample the whole wheat pizza we're offering for hot lunch Tuesdays! E-mail Rabbi Sarah Meytin, sarah.meytin@adasisrael.org, to register. •

Religious School Register Now for the 2014–15 School Year!



Estelle & Melvin Gelman Religious School @ Adas Israel

The Religious School registration process has begun. There is an easy-to-use online registration form that should make this process as quick and smooth for our school

families as possible. Please visit www.adasisrael.org/education for another year of learning and growing at Adas Israel.

Welcome Rabbi Kerrith Rosenbaum New Director of Education for Adas Israel

Please see cover of the next Chronicle for a full story about our exciting new educational leader at Adas Israel.

After a very thorough search process co-chaired by Toni Bickart and Amy Cooper, Rabbi Kerrith Rosenbaum has been selected to serve as Director of Education for Adas Israel. Rabbi Kerrith is a veteran Jewish educator and is also



Education Continued

a thoughtful, eloquent, experienced, and compassionate role model for Jewish life and learning. She served as Director of Teen Programming and as Family Life Educator at Congregation B'nai Jeshurun in New York City for five years. She oversaw the b'nai mitzvah program, produced educational content and curricula for the hebrew school, led children's services, created new teen programming, and led congregational trips to Israel. To enhance her knowledge as a Jewish educator, she attended rabbinic school at JTS and was ordained in 2012. During rabbinic school she worked at the Jack Barrack Hebrew Academy in Bryn Mawr, PA, where she developed curricula for retreats and taught 7th grade Judaic Studies. She has been a youth group advisor, worked with homeless youth, staffed Birthright trips, and implemented a Rosh Hodesh girls' group. We couldn't be more excited to welcome Rabbi Kerrith to the community. Please stay tuned to the June Chronicle to learn more the exciting search process and about Rabbi Kerrith herself.

Commemorate Yom HaShoah

Have **you** ever stopped to admire a butterfly? This is the time of year when we should be looking for butterflies—*parparim*. They come in many colors; they have the freedom to fly wherever they want to; they are just like our children.

On April 6, 1941 Pavel Friedman wrote the poem, *The Butterfly:* The last, the very last,

So richly, brightly, dazzlingly yellow.

Perhaps if the sun's tears would sing against a white stone . . . Such, such a yellow

Is carried lightly 'way up high.

It went away I'm sure because

It wished to kiss the world

Goodbye.

For seven weeks I've lived in here,

Penned up inside this ghetto

But I have found my people here.

The dandelions call to me

And the white chestnut candles in the court.

Only I never saw another butterfly.

That butterfly was the last one.

Butterflies don't live in here,

In the ghetto.

Our children have the freedom, much like the butterflies, to appreciate life. I pray that they will never experience any kind of holocaust. We want them to have the freedom to express themselves Jewishly using the values they have been taught at home, in our services, and in religious school. We want them to understand what it means to be tolerant of others and to be able to share their feelings. We want them to be like butterflies.

On Sunday, April 27 we commemorated *Yom HaShoah*, Holocaust Remembrance Day, and added a plaque to Adas Israel's Garden of the Righteous. The honoree was Alicja Szczepaniak, and our *Hey*, *Vav*, and *Zayin* students were in attendance.

Our *Zayin* students were invited to participate in the ceremony. The *madrichim* and their teachers, Anat Tadmor and Guy Ziv, worked with the students to prepare a reading, in which

they compared Alicja's life to their own lives as 13-year-olds. With Anat's help, they had to translate from Yiddish to learn more about Alicja. *Kol hakavod* to everyone for making this presentation one that we will remember. •

May Religious School & Youth Calendar

4: Yom Ha'atzmaut program; Chugim for Kitot Gimel–Vav (grades 3–6); Faculty Meeting

6: Ma'alot Yom HaZikaron/Ha'Atzmaut programming

11: *Kitah Aleph* (grade 1) *Yom Shabbat*; 6th grade Historical Society Field Trip

13: 10th grade pictures

13: Israel Trip final meeting

16–17: B'nai Mitzvah Retreat, Pearlstone, Reisterstown, MD

18: Lag B'Omer; Kitah Hey (grade 5) Beit Cafe

20: 10th grade pictures; *Ma'alot* Graduation Awards Ceremony

23–26: Seaboard USY Spring Convention, Camp Louise,

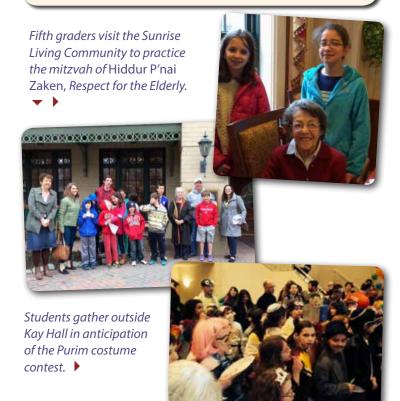
Highfield-Cascade, MD

25: Closed, Memorial Day Weekend

27: Ma'alot Passing the Torch

30: L'Dor VaDor

31: N'siah Tovah Ceremony





CORRECTION: This photo use for the Daily *Minyan* article in the March Chronicle is actually an image of the Confirmation class participating in a special afternoon minyan and class, and is not reflective of the twice daily minyan at Adas Israel.

Lifelong Learning

'Starting the Conversation': A Program on How to Talk about the End of Life

May 13, 7:30 pm in the Biran *Beit Midrash*Speakers: Rabbi David Rose and Philip Carpenter

Talking about what we want for ourselves at the end of our lives is not easy or simple. Children and parents often have difficulty speaking to each other about what they want for themselves at the end of their lives. This program gives us practical advice on how to open up the subject with loved ones, teaches us the important issues that should be discussed, and tells us about resources available in the community. A short film will be shown to open up the discussion. Our presenters are Rabbi David Rose and Philip Carpenter.



Rabbi David Rose provides spiritual care and support to people of all faiths and backgrounds at the hospice program of the Jewish Social Service Agency. He joined JSSA Hospice in 2012 after serving as a congregational rabbi and as an interfaith hospital chaplain at the NIH Clinical Center, the Hebrew Home of Greater Washington, and Goodwin House. He was ordained by the Jewish Theological Seminary and has trained as

an interfaith chaplain under the auspices of the Association for Clinical Pastoral Education.



Philip (Phil) Carpenter recently joined the staff of Community Hospices as manager of psychosocial services. Carpenter has worked in the metropolitan Washington area in end-of-life care since 2000, when he was associated with a small hospice in Prince George's county providing bereavement counseling and spiritual care. While working with hospice, he also served as director of faith and community outreach and

later as director of family services. In recent years he has worked as program director for a pediatric palliative care collaboration and then as bereavement specialist and program officer with Hospice Foundation of America. Just before arriving at Community Hospices, he was program manager for the palliative care team (PANDA) and the complex, chronic care team (HELP) for Children's National Medical Center.



A Season of Mussar II with Rabbi Charles Feinberg, begins May 6, 7:30 pm

As with all Mussar study, this program helps individuals find balance and strength in key inner traits that are essential for leading a fulfilling life, in worldly as well as spiritual matters. The goals of the course are to equip individuals with the tools of Jewish spiritual practice—the centuries-old

Mussar practices that purify and elevate the traits of the soul—to create a local spiritual group in which participants can share and explore together, and to strengthen the place of spirituality in the local Jewish community.

This class, the second in a two-part series, is open to students who have taken A Season of Mussar I and to newcomers, who will be given a special introduction to the course.

Every week, over a 13-week period, each participant receives an e-mail of teachings and practices focused on a single *middah* (soul-trait). This e-mail contains an original composition that pulls together and interprets, in accessible language, traditional Mussar teachings on the trait in focus. Questions, exercises, and suggestions are provided to prompt inquiry and insight.

Every lesson also includes an optional reading (in Hebrew and English) from a traditional Mussar text. This optional reading can be studied with a partner (*chevruta*), one of the learning modalities that is structured into the course. These excerpts from traditional texts will be especially useful to students who have a solid background in Jewish studies and/or prior knowledge of Hebrew. Except for this optional reading, all course materials are in English, and where Hebrew is used, it is transliterated and translated.

Every two weeks, a face-to-face meeting takes place to address questions and practices focused on the *middah* of that week, and to discuss personal progress, insights, and issues. Experience has shown that these meetings create powerful spiritual community, reinforcing commitment and deepening participants' learning. Meetings are facilitated by a local facilitator, who may be a volunteer, an adult education coordinator, or a synagogue rabbi who has been trained or approved by the Mussar Institute to lead Mussar groups. Materials are provided to guide the group discussion and process and to instruct the group leader.

In the period between group meetings, students are assigned materials to study with a *chevruta*, a learning partner to whom they are matched within the program. Each *middah* is studied for two weeks, so the full program studies six *middot* (with the final week reserved for a conclusion). The *middot* covered in **A Season of Mussar II** are Patience, Forgiveness, Simplicity, Lovingkindness, Strength, and Faith.

Cost of the program is \$100, which includes the materials licensed from the Mussar Institute. The course will meet May 6, May 20, June 3, June 17, July 1, July 15, and July 29 at 7:30 pm. Sign up for the course by visiting the Adas Israel website, *adasisrael.org*, or by calling Marcia Miller, Rabbi Feinberg's assistant, 202-362-4433.

Jewish Life and Learning

Your monthly learning resource for Jewish "How-To's" & insights from Adas Israel.

How many of you have ever blessed the moon? *Kiddush Levanah*, the little known, but no less beautiful, Jewish sanctification of the moon

To bless the new moon at the proper time is like greeting the Divine Presence. —Talmud, Sanhedrin 42a

There is something mystical about the moon. Despite its secondary status as a luminary, people have always been fascinated by its silvery, luminous light and its precise cycle of waxing and waning. Indeed, the months of the Jewish calendar follow the phases of the moon.

The sages of the Talmud write that the renewal of the moon each month reminds us of the magnificent wonders of God's creation, as if the Divine Presence in our world, so often hidden, is coming out to greet us.

When do we do this?

Once a month, the Jewish people are encouraged to open their prayer books to speak of the moon. Upon seeing the soft, mellow light of the moon born again in the night sky, we recite a special blessing and verses of praise, called the Sanctification of the Moon, or *kiddush levanah*.

The Sanctification of the Moon is done at night, when the moon is waxing and is bright enough that we can benefit from its light. Therefore, the ceremony may be performed only between the third and the 15th days of the Jewish month.

The Sanctification of the Moon is truly a joyous occasion, and we make a point of performing it in the best of moods. In the month of *Tishrei* (the period of the High Holy Days), when we spend the first 10 days examining our deeds (or misdeeds) during the past year, we postpone the service until the night after *Yom Kippur*. The same applies to the month of *Av*, whose first nine days are spent mourning the destruction of the Holy Temple. We wait until the night after the Ninth of Av to sanctify the moon.

Where do we do this?

We go outside to sanctify the moon, as though running eagerly to greet a beloved friend. Nothing should come between us and the heavens, even if the moon can be seen clearly from the shelter of a porch or the like. The very best time is immediately after *Shabbat* (providing it is before the 10th day of the Hebrew month), outside of the synagogue, when we are all together as a community.



What and how do we do this?

We stand under the open sky, facing east and looking into our prayer books. We begin by reciting the first six verses of Psalm 148, giving praise to God for the moon, sun, stars and heavens, "for God commanded and they were created."

Next, we place our feet together, look at the moon, and recite the blessing, "He gave them a set law and time, so that they should not alter their task... Blessed are You, Lord, who renews the months." We then continue to recite a series of beautiful phrases and psalms that address the deeper significance of the lunar cycle, and we make a point of wishing peace to those who are peaceful and exclaim three times, "May this be a good sign and good fortune for us and the entire Jewish nation." This is why we also greet those around us at this time, since joy is always greater when shared with others.

We conclude with the *Aleinu*, and if there are 10 adults (a *minyan*) present, we recite the Mourner's *Kaddish*.

When we are done, we are encouraged to dance, sing, and embrace each other as at a wedding celebration.

One of the underlying themes of the Sanctification of the Moon is our gratitude to God and to the Universe for everything around us. Like the moon, the chapters of our lives may wax and wane throughout the years; yet we are still here to tell the tale. Sanctifying the moon on its reappearance is a way of renewing our trust in God's constant presence in our lives, and restoring our awareness of the beauty of the world around us—a magnificent universe that we are honored to call our home, even for a short while . . . a very Jewish approach to looking up at the night sky. •



Milk and Honey: How Food Elevates the Spirit

Wednesday, May 14 at 7:30 pm

Co-led by Rabbi Lauren and Leah Hadad

Come join us for an evening of learning about the spiritual elements of Shavuot. What is the purpose of the tradition of eating milk and honey? How can this enhance our spiritual experience of Shavuot? We will study text, practice mindful eating and learn how to make a sweet cheese babka from Adas' very own Leah Hadad.

Tikkun Olam

20 Years of Adas Israel-Yachad Collaboration



YACHAD

"It is not upon you to complete the task, but you are not free to desist from it." —Pirkei Avot 2:21

Sometime in the early '90s, Jerry Levine, who would later become chair of the Adas Israel Social Action Council, was driving to work thinking about how he could get three organizations he was involved with to work together. Jerry was a founding board mem-

ber of Yachad, the president of Christmas in April of Washington, DC (now known as Rebuilding Together), and a board

member and pro bono counsel to the DCJCC. He was also a board member and pro bono counsel at Adas working with then-executive director Glenn Easton on legal matters. It occurred to Jerry that morning that Yachad could team up with the Behrend Builders repair people at the DCJCC (at that time an ongoing a social action program at the DCJCC) and sponsor a house to fix up working with his Christmas in April group. Jerry, in effect, put all the organizations together. Yachad sponsored the first house that spring and dubbed it *Sukkot* in April. (We changed the name recently to reflect the reality that the project sometimes falls in May.)

Jerry had a number of committed Adas Israel colleagues to work with. Marty Blank was the founding president of Yachad, an idea that grew out of a Jewish Community Council affordable housing committee that Marty chaired. Marty focused on mobilizing Jewish community resources to address the need for affordable housing in the Washington area. Ed Kopf and Carol Steinbach also followed as presidents of Yachad. Ed, a former president of Adas Israel, still spearheads the *Sukkot* in Spring project for us. He and wife Nancy, along with Jerry Levine, are also still on the Yachad Advisory Board.

And so the idea spread. Adas Israel is one of four synagogues who are celebrating their 20th *Sukkot* in Spring year. *Sukkot* in Spring, which has become Yachad's spring session, is now the nation's largest home/community repair program sponsored by the Jewish community. Volunteers from the Washington area have repaired hundreds of single-family homes, community centers, and group homes, helping to provide safe, affordable housing for low-income families throughout the region. The work is completed by volunteers on a Sunday during the spring. The volunteers work



side-by-side with the family or community being assisted. In one day, they transform houses into homes, penetrating racial, economic, and religious barriers in the process.

Yachad's mission, according to its website, "... is to bring communities together by preserving affordable homes and revitalizing neighborhoods throughout the District of Columbia and the greater metropolitan area. Yachad means "together" in Hebrew, and that is how we do our work through partnerships with homeowners, houses of worship, nonprofits, and other community stakeholders. We mobilize skilled and unskilled volunteers, invest financial resources, and, through our work together, transform people and properties. Our mission is rooted in the Jewish commitment to seek justice by engaging in acts of loving kindness. We welcome people of all faiths to share in our work to keep our communities diverse and vital."

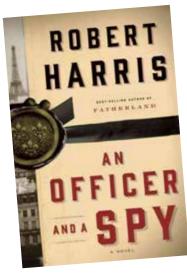
Let's focus on that last line for a moment. George Brown, president of the Far SW/SE Community Development Corp, is quoted on the Yachad site: "Success is not about making money, but about making relationships, going outside of ourselves and crossing boundaries." We at Adas have done just that. A few years ago, we were sitting around a table with friends in our partner congregation, Peoples Congregational United Church of Christ when Pastor Michael Murphy suggested a joint project for Veterans Day. We approached Yachad, and the joint Adas/Peoples project to repair veterans' homes was born. Currently, we are engaging with Masjid Muhammad, a downtown mosque, for possible joint involvement with Yachad as well. (Adas also sponsors an annual Young Professionals project with Yachad during the Martin Luther King Jr. weekend.)

Affordable housing remains a critical issue for the District. We at Adas have a lot to be proud of, but we can and must do more. Plan to join the Adas Israel/Yachad team and volunteer for *Sukkot* in Spring on May 4. Contact Joel Fischman (fischman@comcast.net) or Ed Kopf (ej@kopf.com). •

Books, Ideas, & More

A Talented Novelist Tackles the Dreyfus Affair

by Robin Jacobson, Director of Library Services



On a cold January morning in Paris in 1895, thousands turned out to watch the public humiliation and military "degradation" of a Jewish officer, Captain Alfred Dreyfus. Wrongly convicted of treason, Dreyfus was dramatically stripped of the epaulettes, gold braid, and red stripes on his uniform, and his sword broken. The mob screamed, "Death to the Jew," as Dreyfus was marched away, condemned to perpetual, solitary confinement on Devil's Island, a

remote rocky landmass off the

coast of South America. Only after years of a relentless campaign that roiled and divided France did Dreyfus's family, joined by a band of liberal intellectuals (called the Dreyfusards), win exoneration for Dreyfus.

British author Robert Harris masterfully retells the story of the Dreyfus Affair in his new historical thriller, *An Officer and a Spy*, available in our library. Cast as an espionage, cover-up, and whistle-blowing tale, the novel builds suspense while staying close to the facts. As one reviewer wrote, "Harris keeps us breathless and wondering, even though we know how the story ends."

Harris chose as his narrator one of the less famous heroes of the Dreyfus Affair, Lieutenant Colonel Marie-Georges Picquart. Months after Dreyfus was condemned, Picquart accidentally identified the real traitor and stubbornly pursued justice, even when the army resorted to sinister measures—dangerous postings, arrest, and imprisonment—to silence and discredit Picquart.

Georges Picquart was an unlikely champion for Alfred Dreyfus. Devoted to the French army, he was an ambitious officer, at age 40 the army's youngest lieutenant colonel. Moreover, Picquart personally knew and disliked Dreyfus—he had been one of his instructors at the military academy—and distrusted Jews generally. Initially, he readily accepted the army's determination that Dreyfus had passed French military secrets to Germany; Picquart even helped facilitate Dreyfus's arrest.

Picquart's conversion to Dreyfus's cause came about because of a job promotion. In July 1895, the army appointed

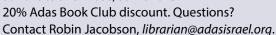
Picquart chief of the Statistical Section (a euphemistic name for the army's counterespionage unit), which had furnished the evidence that led to Dreyfus's conviction. As the new chief, Picquart learned how flimsy and insubstantial that evidence was. The primary incriminating document was a torn-up note filched from a wastepaper basket in the German embassy in Paris by a charwoman recruited to spy for the Statistical Section. The reassembled memorandum (called the bordereau) revealed that a French officer was sharing military intelligence with the Germans. The army high command leapt to the conclusion that the Jewish Dreyfus, who had family ties to Alsace, a once-French region then under German control, must be a German spy. Even when experts disagreed over whether the handwriting in the bordereau matched that of Dreyfus, the army forged ahead with its prosecution. "This is a race entirely without patriotism," one army official in Harris's book proclaimed.

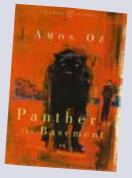
In March 1896, Picquart was wading through a bulky delivery of wastepaper basket litter purloined from the German embassy when he came upon documents revealing that the spy within the French army was still at large. To his astonishment, his Army superiors refused to reopen the Dreyfus case, insisting that preserving the reputation of the army was far more important to the nation than the fate of "one Jew on a rock."

Many startling twists and turns follow, all true to the facts. Harris, a former political journalist, made good use of the secret Dreyfus files recently declassified by the French Ministry of Defense. Now Harris is working on the film version of *An Officer and A Spy*. But don't wait for the movie; read this terrific book. •

Upcoming Events: Next Book Chat: Sunday, May 18, 10:30 am.

Join us to discuss *Panther in the Basement*, a novella set in 1947 Jerusalem, by celebrated Israel author Amos Oz. E-copies and conventional copies are available through libraries and booksellers; at Politics and Prose, ask for the





Contributions

The congregation gratefully acknowledges the following contributions:

Bereavement Fund

In Memory Of: **Esrael Danziger** by Arnold Danziger.

Cantor Brown Discretionary Fund

In Honor Of: Birth of **Nathaniel Emet Brwon** by William Willis & Rennie Sherman, Joel Fischman & Judith Rabinowitz.

In Memory Of: **Harvey Gershlak** by Ross Eisenman & Shelley Tomkin.

Charles Pilzer Computer Center

In Memory Of: **Herbert Pilzer** by Geraldine Pilzer.

Congregational Kiddush Fund

In Honor Of: Naming of our daughter by Christopher & Lisa Miller. **Sammy Lerner** becoming a bar mitzvah by Mark & Inna Lerner. **Mica Gelb** becoming a bar mitzvah by Amos Gelb & Elizabeth Shapiro.

Daily Minyan Fund

In Memory Of: **Daisy Rosenberg** by Samuel Frumkin & Susan Kay.

David B Sykes Family Endowment for the Arts In Memory Of: David B. Sykes by Diane Sykes. Dr. Louis & Althea Jacobs Camp Ramah Scholarship Fund

In Memory Of: Louis Jacobs by Jared Jacobs.

Dr. Stanley Kirstein Gan Hayeled Fund
In Memory Of: Selma Kirstein by Stewart &
Shelley Remer.

Ethel & Nat Popick Chronicle Fund

In Memory Of: **Geraldine Miller** by David & Harriet Bubes.

Ezra Pantry

In Honor Of: **Bernie Meyer**'s birthday by Jim Williams & Susan Miller.

Fund For The Future

In Honor Of: **Harlene Cohen Bernstein**'s recovery by Shirley Cohen.

In Memory Of: **Frances Honikman** by Gerrie Dubit. **Gertrude Kleinerman & Morris Kleinerman** by Ruth Kleinrock. **Joseph J.**

Cohen by Shirley Cohen. *Garden of the Righteous*

In Memory Of: **Rhoda Alban** by David Connick. **Havurah Kiddush Fund**

By: Sheara & Silvio Krvaric.

In Memory Of: Florence Duran by lan

Gershengorn & Gail Levine.

Hymen & Sadie Goldman Prayer Book Fund

In Memory Of: **Phyllis Goldman** by Mileve Phillips & Miriam Rosenthal.

Joseph & Mollie Muchnick Fund

In Memory Of: **Ida Hochman Gudelsky** by Norman Hochman.

Julius & Anna Wolpe Auditorium Fund In Memory Of: Julius H. Wolpe by Donald Wolpe.

Maxine & Gerald Freedman Endowment Fund In Memory Of: Geraldine Miller by Maxine Freedman.

Mildred & Jess Fisher Nursery School Fund

In Memory Of: Bessie Siegel by Michelle Leavy Grayson. Ferne Meyer by Laurence Meyer. E. G. Rosenberg by Mark Rosenberg. Carol Maisels by Ian Gershengorn & Gail Levine. Offerings Fund

In Memory Of: Ann Rosenthal by Cathy
Miller. George Solish, MD by Alfred Solish.
Florence Duran by Bruce Ray & April Rubin,
Ron Schwarz & Marcy Feuerstein. Dr. Robert
O. Gordon by Andrea Lenkin & family. Samuel
Leonard Joseph by Ed & Amy Godin. Carol
Maisels by Bob & Anita Wellen. Robert
J. Rothstein by Miriam Feldman. Ina R.
Finkelstein by Andrea Lenkin.
Rabbi Avis Miller Lifelong Learning Fund

Rabbi Avis Miller Lifelong Learning FundIn Memory Of: **Helen Chernikoff** by Larry
Chernikoff.

Rabbi Feinberg Discretionary Fund

By: Hershel & Judith Shanks, Miriam Schlesinger, Anita Bobys, Zach Stern. In Honor Of: **Krayna & Rabbi Charles Feinberg** in celebration of Purim by Carol Aaronson. With Thanks For: **Boker Or class** by Warren Clark Jr.

With Thanks To: All involved in the Hesed **Project** by Florence Sanders.

In Memory Of: Nathan Lipkin by Chris Sautter & Harriet Lipkin. Lena Pozner by Carol Aaronson. Sylvia Altman Maley by Zalma Slawsky.

Rose R. Freudberg Sisterhood Memorial Library Fund

In Honor Of: Ariella Cymerman becoming a bat mitzvah by Irv & Grace Lebow. Susan & Morris Klein's 50th anniversary by Bernice and Stanley Gedzelman.

In Memory Of: Florence Duran by Dava Berkman, Don & Gail Roache, Irv & Grace Lebow, Jane Baldinger. Selma Kirstein by Elinor Tattar. Frances Komros by Marshall Cohen. Dr. Irving Gordon by Ivy Tobin. Shirley Joseph by the Gersten family. Sylvia Maloff by Pearl Lutzker. Samuel I. Block by Judith Block. Rothstein Family Israel College Scholarship Fund Refuah Shlema To: Rivka bas Battia by Robert Berman.

Sadie & Herman Hanfling Memorial Fund In Memory Of: Aliza Hanfling by Dr. Dan Hanfling.

Samuel & Sadie Lebowitz Israel Scholarship Fund

In Memory Of: **Sadie Lebowitz** by Marky Kirsch. **Leonore Leonard** by Martin Kirsch.

Sandra & Clement Alpert Fund for Family Education

In Memory Of: **Elaine Semel Sorcher** by Alan Sorcher.

Shelley Remer Gan Hayeled Enrichment Fund In Honor Of: Oliver Lewis Strait by Glenn & Cindy Easton.

In Memory Of: **Sally Richman** by Stewart & Shelley Remer.

Mazel Tov On: Ariella Cymerman, Shira Godin, Bradley Ellick, Alexander Davies, Mica Gelb becoming b'nai mitzvah, all by Stewart & Shelley Remer.

Social Action Fund

In Honor Of: **Iris Kivitz**'s birthday by Sybil Tash & Arnie Davidson.

In Memory Of: Ethel Miller, Max Chafets,
Jimmy Young, all by Betty Miller. Florence
Duran by Betsy Strauss; Nancy, Daniel & Jordan
Weiss. Alfred Greenberg by Judith Herr.
Sophie Silfen Shalom Tinok Fund

In Honor Of: Birth of Nathaniel Emet Brown by Nancy, Daniel, & Jordan Weiss; Nechama Masliansky. Birth of Samuel Kalman Boggs Wenthe, Birth of Yonatan Lawlor by Nechama Masliansky

Traditional Egalitarian Minyan Fundraising Drive By: Ken Cohen & Joanne Kenen, Morris & Susan Klein, Barry & Carmel Chiswick, Jacob & Donna Bardin, Ron & Debbie Sann, Jesse Mayer.

Tzedakah Fund

In Memory Of: **Betty Lesser** by Margery Elfin. **George Cohen** by the Gersten family. **Morton Green** by Fradel Kramer.

Yizkor/Yahrzeit Fund

In Memory Of: Albert Feldman & Jack Cooper by Janet Cooper. Beverly Daniel by David & Lisa Daniel. Nioma Cohen by Rhoda Steiner. Dr. Bernard Berman by Judith Lipnick. Anna Rubin Eckhaus by Lillian Kramer. Stella Eidelsberg by Gilda Snyder. Alexander Schreiber by Frances Hoffman. Nettie Bennett Steiner by Charles Steiner. Edith Schelin by Ronald Perlman.

Rebecca Clayman by Caryn Clayman. Dr. Hyman S. Rubinstein by Madelyn Shapiro. Frances Gewirz, Morris Gewirz & James Kline, all by William R & Norma Kline Tiefel. Young Professionals Fund

By: Zach Stern.

Youth Activities FundIn Honor Of: **Shira Godin** becoming a bat mitzvah by Vicki Perper.

In Memory Of: Jimmy Young by Sonya Gichner.
Shirley Finkelstein by Stanley & Ellen Albert.
Helen Bernstein by Gladys Temkin. Geraldine
Miller by Ambassador Stuart & Mrs. Wilma
Bernstein.



Youth @ Al



Shalom, Chevre,

And so we've come to the final month of youth programming for 2013–14, and what a year it's been! Be sure to end the year on a high note with the programs described below and check the website, www.adasisrael.org/youth, for any updates/changes and cost information

regarding May Youth Programs. *Machar* (**Grades 3-5**)

Sunday, May 11, 12:15–4:00 pm: Adventure Park USA

Our biggest event of the year is back! Join us for an afternoon of rock-climbing, go-karts, high ropes, laser tag, and arcade games.



Chaverim (Grades K-2)



Sunday, May 18, 12:45–2:30 pm: All Fired Up
Bring out the artist in you and come paint with your favorite *Chaverim* friends!
There will be something new to paint this year, so don't miss out on the opportunity to add to your collection!

Kadima & USY (Grades 6-12)

Saturday, May 31, 7:00–10:00 pm: Summer Kick-off Bonfire/ BBO

Location: Off-Site at Congregant Household TBD Kick off the summer in style with some good eats and some summer fun! We'll hang together as kehilah and



celebrate the great times we spent together this year. Hope you had a blast with Kadima & USY in 2013–2014 and we'll see you next year for s'more.

Thanks to everyone who participated in youth events this year. Personally, I look forward to a fresh and exciting year of programming in 2014–15 filled with innovation, *ruach*, and fun! Feel free to contact me over the summer with any questions, comments, or ideas at *Rich.Dinetz@adasisrael.org*.

Teen *Shabbat* in the Traditional Egalitarian *Minyan*

Shabbat morning services were led entirely by teenagers in the Traditional Egalitarian *Minyan* on March 29. The first-ever Teen *Shabbat* was an attempt to empower the growing number of teenagers who have celebrated their *b'nai mitzvah* in the *Minyan*, and to take advantage of their considerable talent in reading Torah, leading davening, and teaching about the *parasha*.

Seventh grader Elior Waskow led *Psukei D'Zimra*, seventh grader Ilan Cohen led *Shacharit*, eighth grader Meirav Steinlauf led *Musaf*, and eighth grader Daniel Weiss said the blessing for the month of Nisan.

Torah readers for *parashat Tazria* were Daniel Weiss, seventh grader Ella Goldblum, seventh grader Kate Sosland, ninth grader Aviva Nemeth, seventh grader Aviv Roskes, eighth grader Isaac Silber, and seventh grader Rafi Katkov. Elior Waskow read the *maftir aliyah* for *Shabbat HaChodesh*. Ninth grader Caleb Gershengorn chanted the *haftara*, and Isaac Silber, Aviva Nemeth, and Aviv Roskes were the *qabbaim*.

Twelfth-grader Rachel Finston gave the *d'var Torah*, seventh grader Seth Kahler led *Ashrei*, and seventh grader Judah Engel led *Anim Zmirot*. Both Seth and Judah will celebrate their *b'nai mitzvah* in May.

Many of the teenagers listed above, along with ninth graders Aaron Brooks and Noah Steinlauf, were called up for *aliyot* or played other roles in the service, such as opening the *Aron* or carrying the Torah. Ninth-grader Yoni Weiner-Tobin led *Kiddush*. The *Minyan's* younger members helped with closing prayers and opening the ark before *Anim Zmirot*.

It was a wonderful, energetic *Shabbat* service, and the TEM hopes to have another one in the fall. •



Let **Open Book Personal Histories** help you share your memories. We interview, write, edit, research, and put together elegant books that will become a treasured part of your family's life.

Biographical histories Engagement stories Baby's first year Ethical wills

It's your story. Pass it on.

www.openbookpersonalhistories.com (202) 577-9921 or (202) 361-5550

Open Book Personal Histories is co-owned by Adas member Sharon Samber.

ADAS ISRAEL CONGREGATION 2850 OUEBEC STREET, NW **WASHINGTON, DC 20008-5296**

WWW.ADASISRAEL.ORG 202.362.4433

Rabbi Gil Steinlauf, Senior Rabbi Rabbi Charles Feinberg, Rabbi Cantor Arianne Brown, Cantor Naomi Malka, Ritual Coordinator/Mikvah Director Rabbi Lauren Holtzblatt, Director of Lifelong Learning Rabbi Stanley Rabinowitz, z"l, Emeritus Rabbi Jeffrey A. Wohlberg, *Emeritus* Rabbi Avis Miller, *Emerita* Cantor Arnold Saltzman, Emeritus Arnold Podgorsky, President Lisa Kleine, Sisterhood President David Nemeth, Men's Club President Abigail Sharon and Tamar Levenberg, Co-Presidents, Gan Parents Association Carole Klein, Acting Executive Director David Polonsky, *Acting Associate Executive Director* Jill Epstein, *Interim Director of Education* Sheri Brown, Director, Gan HaYeled Rich Dinetz, Director of Youth Activities Lesley Brinton, Controller

> CHRONICLE (USPS 005-280) Jean Brodsky Bernard, *Editor* Adina Moses, Graphic Design



Published monthly by The Adas Israel Congregation, 2850 Quebec Street, N.W., Congregation, 2830 Quebec Street, N.W., Washington, DC 20008-5296. Telephone 202-362-4433; Hearing Impaired Relay Services 711; Fax 202-362-4961; Religious School 202-362-4449; Gan HaYeled Nursery School 202-362-4449; e-mail: AdasOffice@AdasIsrael.org. Affiliated with The United Symangum of Consensative Judaism Supported

United Synagogue of Conservative Judaism. Supported in part by The Ethel and Nat Popick Endowment Fund. Subscription \$25 per year. Periodicals postage paid at Washington, DC, and at additional mailing offices. Postmaster send address changes to Chronicle, 2850 Quebec Street, N.W., Washington, DC 20008.



Give to the Ezra Pantry @ Adas Israel

The Ezra Pantry is located in the coatroom of the Quebec Street Entrance Foyer, next to the Biran Beit Midrash. When you go to the supermarket, be sure to buy extra for those in need!

PERIODICALS POSTAGE PAID WASHINGTON, DC AND AT ADDITIONAL **MAILING OFFICES**

An Amazing Mishloach Manot Mitzvah

On Sunday morning, March 9, more than 70 members of the synagogue came together to bake 500 hamantaschen, box them with other goodies, and deliver them to over 250 members of the congregation, from new members to older ones who have made Adas the community it is.

There were representatives from the Gan, Hebrew School, Sisterhood, Men's Club, Membership and Hesed committees, and all three minyanim. Those who worked to make it happen, and those who received the *mishloach* manot, were overjoyed by the project and look forward to more. Special thanks go to Suzy and Steve Shapiro and Ed Kopf, who chaired this year's undertaking.

If you would like to participate in this mitzvah, packages are delivered before Rosh Hashanah as well, so stay tuned to learn how to get involved. O

