

ADAS ISRAEL CONGREGATION

Chronicle

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HAPPY PASSOVER!



Rabbi Gil Steinlauf

PASSOVER: THE NIGHT OF WAKEFULNESS

The night of the Passover seder has an intriguing name in the Torah; it's called a Leil Shimurim, "a night of watching" or "vigil" (Exodus 12:42). Our ancient rabbis naturally asked what this expression meant. According to Ibn Ezra, the night of watching refers to God's vigilant protection of the Israelites, so that the Destroyer would not enter their homes and kill their firstborn. Ramban, however, has a different interpretation. He points out that the Hebrew goes on to say that it is a night of watching "L'Adonai," "to God." In other words, it's a night of being in a state of awe and wonder, of gratitude and no small amount of fear over the power and fierceness of God. Still others point out that the Hebrew word shimurim bears a connection to an Arabic word meaning awake, as in "awake all night."

CONTINUED ON PAGE 2

Garden of the Righteous Honoring Alicja Szczepaniak Schnepf of Poland Sunday, April 27



On Sunday morning, April 27, at 10:00 am, Adas Israel Congregation will honor Mrs. Alicja Schnepf (mother of the current ambassador of Poland to the United Sates, Ryszard Schnepf).

After having lost her husband, and alone with two daughters, Alicja and Barbara, in a tiny one-room apartment in Warsaw, Natalia Szczepaniak took in several Jewish families. Everyone in the building knew each other so well that they never locked their doors. When Natalia decided she would help Jews, she had to

Passover at Adas

For a complete schedule and information regarding the holiday, please turn to pages 3 and 4.

change that custom. "At least one lock always had to be shut," recalls Alicja Schnepf, "so that there would be time to hide before the door was opened." Frequently Mrs. Schnepf had to provide distractions for the German authorities or cover up for noises or other signs of the many people living in the apartment. The ceremony will feature a very special musical presentation by renowned violinist, Netanel

CONTINUED ON PAGE 5

Special Birthdays for Two Very Special Members

Lil Wolloch, turning 103 on April 13 Clement Alpert, turning 102 on April 23

Our beloved Lil Wolloch and Clement Alpert, both Adas Israel members since 1951, will celebrate two very special birthdays this April. Lil is turning 103, and Clem is turning 102. The congregation wishes them a heartfelt *Yom Huledet Sameach*! We are deeply grateful to count these two extraordinary individuals as members of our congregational family.

Lil Wolloch is a cherished member of the Adas family who dedicated decades of loving service to our congregation. Whether it was editing the *Chronicle* (well before computers eased that task) or working in the kitchen with the Sisterhood crew preparing food for Adas events, Lil always had a quiet determination, a kind word, and a smile. Now living with her daughter, Cynthia (a member of our 1958 Confirmation Class), Lil would love to hear from Adas friends





CONTINUED ON PAGE 15

CELEBRATING OUR 143RD YEAR
THE CHRONICLE IS SUPPORTED IN
PART BY THE ETHEL AND NAT POPICK
ENDOWMENT FUND

Clergy Corner PAGE 2

Passover PAGE 3

MakomDC PAGE 5

Sisterhood PAGE 6 Life Cycle PAGE 8

Calendar PAGE 10

Education PAGE 12

Lifelong Learning

Youth @ Al PAGE 15 Tikkun Olam PAGE 15

Books, Ideas, and More

Contributions
PAGE 18

Clergy Corner



Rabbi Gil Steinlauf

DOVER EMET CONTINUED FROM PAGE 1

These last interpretations capture, I believe, the real power of the night of the *seder*. What we love about the Passover *seder* is that it is a time of family and friends coming together. It's a time of tradition and connection to Judaism. But beyond all these positive features, there's something else. It's a night of being awake, but not in the conventional sense.

When the Israelites survived that night 3,000 years ago, they were surrounded by so much terror and uncertainty. They knew that God's power was wiping out all the firstborn of Egypt. The night was dark, and they didn't know whether the morning would bring death or freedom. And even if it brought freedom, they would leave behind everything they had ever known to face an incomprehensible future. They had no choice but to have a *Leil Shimurim*...!'Adonai—a night of awakeness, bearing witness to what God's fierce love of Israel can mean in the world.

Our ancient sages teach us that the four-letter ineffable Name of God refers to God's compassion—a compassion so powerful that it took an enslaved people from oppression to freedom. What the Israelites witnessed on that *Leil Shimurim* was that sometimes compassion-in-action can be so fierce and terrifying that it can leave terrible destruction in its wake. Only this kind of Divine power can carve out a place for a new kind of freedom, a new kind of people, and serve the higher purpose of liberation from oppression. Only this kind of Divine act can create the possibility of a future world of justice, for all generations to come.

The kind of destruction that took place on the *Leil Shimurim* is uniquely God's kind of destruction—a destruction that creates possibilities for renewal. None of us is a stranger to this

April Office Closings

Passover Days 1 & 2, Tues. & Wed., April 15 & 16
Schools/Offices Closed
Passover Erev Yom Tov, Sunday, April 20
Schools/Offices Closed
Passover Days 7 & 8, Mon. & Tues., April 21 & 22
Schools/Offices Closed

kind of destruction. We either have lived through our own *Leil Shimurim*, or we will someday. It's a part of life. Some call it the Dark Night of the Soul. Others call it hitting Rock Bottom. We all must pass through a period where the floor drops out from under us: a loved one dies. A doctor tells us we have or a loved one has a serious illness. We are in a car accident. We finally recognize that we have been addicts of one kind or another. We lose our jobs. Our marriage falls apart. You get the picture.

One of the greatest gifts of the *seder* night is that it is a shared *Leil Shimurim*. It is a time when we all come together at the table. It's a time when we join together with all the generations of our ancestors. And on that night, we remember the time when we were all together in that Dark Night of the Soul in Egypt. And in remembering that, we have shared this experience, we realize that we always share it. In every generation. We are no different from those Israelites: we all are shaped by times when we lost our sense of what we can count on.

But here's the best and most important part: we link those experiences of being lost and afraid in the dark to the Redemption from slavery in Egypt. We collectively acknowledge that were it not for these dark experiences of terror, grief, and pain, we would never come to know and appreciate freedom itself.

This is the power of Ramban's teaching of *Leil Shimurim*: the night of the *seder* is a night of bearing witness to what *Adonai*, the truest Name of God, means. It means living awake to *all* of life—not just the good, but the bad as well. The Name of God includes all ex-

CONTINUED ON PAGE 15

From the President



Arnie Podgorsky

Mishkan

Walking into the *shul* this cloudy Sunday for a Budget Committee meeting, I went first to the Biran for morning *minyan*. A bit late, and to the warm chanting of Ira Berkower, I quickly donned my *tallit* and *tefillin*, picked up a *siddur*, and stood at the rear of the group for a catch-up *Shema* recitation. As I began *V'ahavta*, my *tefillin* softly

requested attention. Flexing my left arm lightly, I could feel the strap of the *shel yad* wrapped around my arm from elbow down to hand and fingers. Tilting my head slightly, the *shel rosh* and its straps gently tugged. These physical reminders of *mitzvot* enveloped me—encasing me, touching me, speaking to me quietly of Judaism's physicality. And then this miracle. My *tefillin* lifted my burden right then and there.

There has been quite a bit of synagogue business. For the first time in weeks I felt lighter and brighter as the rich beauty of our community and traditions washed over me. By the time the *minyan* stood for *t'zor Yisrael*, my thoughts were elsewhere. I was thinking about Us. Working back through thousands of years of Us. For millennia, we have found inspiration, educated ourselves, pursued righteousness and justice, and often laughed at adversity. My *tefillin* told me to relax, smile, and enjoy all there is to enjoy. Speaking uncharacteristically in Swahili they said, "*Hakuna matata*," and then "A bi gezunt."

These last few weeks of *parshiot* teach that Us are all about details. Details Are Us. We've read details for the construction of the *mishkan*, instructions for the crafting of its furnishings, descriptions of vestments for the *Kohanim*, and regulations about how to pay for it all. All for the sake of ritual—beautiful ritual and the respect and commitment we show. Elsewhere the

CONTINUED ON PAGE 9

Passover

Pesach Guide, 2014/5774

Passover is celebrated this year from **Monday**, **April 14**, through **Tuesday**, **April 22**. The *sedarim* are held on **Monday** and **Tuesday nights**, **April 14** and **15**. All cleaning and preparations to make the house *pesachdik* (kosher for Passover) must be completed by **10:00 am on Monday**, **April 14**. If you have any questions, please consult with the rabbis.

The rule against *hametz* on *Pesach* applies not only to eating but to enjoyment (*hanaah*); it also involves removing all the *hametz* from one's home. No *hametz* is even allowed to be in the possession of a Jew during Passover. To facilitate this cleaning, certain rituals are part of Passover preparations (the text for the ceremonies can be found in most *haggadot*):

- mehirat hametz: the sale of hametz
- bedikat hametz: searching for crumbs of hametz
- bittul hametz: a formula for renouncing hametz inadvertently missed
- *be'ur hametz*: burning *hametz*

Mehirat Hametz



We are not always able to destroy or remove all of our hametz; doing so could be economically disastrous. So the rabbis ordained that a symbolic sale is made of all hametz to a non-Jew in the community, who then sells it back to us after Pesach. The hametz is then no longer "in our possession." This is normally done

through the synagogue for the entire congregation. Please use the form in this issue of the *Chronicle* and **send it to Rabbi Feinberg c/o Marcia Miller by Friday morning, April 11**. It is only necessary to sell or destroy foodstuffs; dishes and utensils are simply locked away in storage for the duration of the festival.

Bedikat Hametz, Sunday Evening, April 13

The Search for Leaven, a lovely home ceremony of searching for the leaven with a candle, feather, and wooden spoon, indicates that all other preparations have been made. It is customarily done at nightfall (immediately after sunset) on the night before Passover when we



search for and symbolically eliminate all remaining leavening from the house. This is an especially enjoyable ceremony for your children. The *Kol Hamira* formula for nullifying unseen *hametz*, which can be found at the beginning of many *haggadot*, should be recited at this time and in the morning when the *hametz* is disposed of.

The search is performed in the following manner:

- a. Place 10 pieces of (visible size) bread in various locations throughout the house.
- b. Make the following blessing: Baruch ata Adonai Eloheinu melech ha-olam asher kid-shanu b'mitzvotav v'tzivonu al biur hametz, and then proceed (traditionally with a lighted candle, a feather, and a wooden spoon) to look for any leaven that can be found.
- c. The pieces of bread should be gathered in a container, such as a small cardboard box.
- d. After the 10 pieces, and whatever other leavened food is gathered, make the following declaration: "All manner of leaven that is in my possession which I have not seen or have not removed, or have no knowledge of, shall be null and disowned as the dust of the earth."

Siyyum Bechorim, Monday Morning, April 14

The fast of the firstborn is a time-honored custom that recognizes God's role in history. On the day before Passover, it is customary for the firstborn to fast as an expression of gratitude that he or she, unlike the Egyptians' firstborn, was saved. However if the firstborn attends a *siyyum* (a public completion of the study of a tractate of the Talmud) on the morning before Passover, he or she is exempted from fasting and may eat. Thus any firstborn who participates in the ceremony may eat. This is known as the *Siyyum Bechorim*. As do many congregations, we hold a *siyyum* (the celebration of concluding a section of the *Mishna*); ours takes place as part of the morning *minyan* on **Monday morning, April 14, at 7:15 am**.

Seudat Mitzvah

This small meal follows, and any firstborn who are present may eat, and need not fast that day (following the *Siyyum Bechorim*).

Be'ur Hametz, Monday Morning, April 14



This day should be treated as an ordinary *Erev Pesach* in regard to *be'ur hametz* (removal of *hametz*). The burning of the *hametz* should be completed **by about** 10:00 am. The stove should be koshered for *Pesach*, all cooking should be done in

Pesach pots, and only Pesach utensils should be used. Food required for the first seder should be cooked at this time. Burn your hametz at Adas Israel on Monday, April 14 at 9:15 am in the parking lot.

CONTINUED ON PAGE 9

Passover at Adas Schedule



Erev Pesach-Monday, April 14

7:15 am Morning Minyan–Pesach Siyyum Service

8:00 am Pesach Siyyum Breakfst

9:15 am Be'ur Hametz

6:00 pm Evening Minyan

Pesach, Day 1-Tuesday, April 15

9:30 am Combined *Shabbat* Service; *D'var Torah* by Rabbi Steinlauf

6:00 pm Evening Minyan

7:00 pm Adas Community Passover 2nd *Seder*, Led by Rabbi Steinlauf

Pesach, Day 2-Wednesday, April 16

9:30 am Combined *Shabbat* Service; *D'var Torah* by Rabbi Feinberg

6:00 pm Evening Minyan

Chol HaMoed Pesach - Thursday, April 17

7:30 am Chol HaMoed Pesach; Morning Minyan

6:00 pm Evening Minyan

Chol HaMoed Pesach-Friday, April 18

7:30 am Chol HaMoed Pesach; Morning Minyan

5:30 pm Kabbalat Shabbat Oneg

6:00 pm Kabbalat Shabbat; D'var Torah by Rabbi Steinlauf

6:30 pm Ruach Minyan Service

7:30 pm Ruach Minyan Dinner

Chol HaMoed Pesach, Saturday, April 19

9:15 am *Shabbat* Morning Service; Sermon by Rabbi Holtzblatt

9:30 am Traditional Egalitarian Minyan

9:30 am *Havurah Shabbat* Service; *D'var Torah* by Rabbi Shira Stutman

12:00 pm Congregational & Havurah Kiddush

6:00 pm Shabbat *Mincha/Maariv* Services

Chol HaMoed Pesach, Sunday, April 20

9:00 am Chol HaMoed Pesach; Morning Minyan

6:00 pm Evening Minyan

Pesach, Day 7, Monday, April 21

9:15 am Combined *Shabbat* Service; *D'var Torah* by Rabbi Feinberg

6:00 pm Evening Minyan

Pesach, Day 8-Tuesday, April 22

7:30 am Morning Minyan

9:15 am Combined Passover Service with Memorial Plaque Dedication; *D'var Torah* by Rabbi Steinlauf; *Yizkor* at 11 am 6:00 pm Evening *Minyan*

Moss Haggadah

The Moss Haggadah is one of the most creative among the more than 3,000 editions of the Haggadah. David Moss, who now lives in Israel, and is known worldwide as a Jewish calligrapher,



made every page a unique artistic rendering. Drawing on both the text and its interpretations, he prepared the beautiful *Haggadah* in such a way as to make it exquisite, evocative, and unique. The quality of his work makes it a source of study as well as inspiration.

Adas Israel is fortunate to have acquired a *Moss Haggadah* through the generosity of Dr. Clement and Sandra Alpert. A permanent new viewing case for this incredible work of art is currently been built into the wall of the Biran *Beit Midrash*. The *Haggadah* will be on permanent display within the next few months, which will allow members and guests to better view and enjoy this wonderful creation.

We thank Clem and Sandra for enabling us to celebrate Passover in such a beautiful way. •

Passover Sale of Hametz

During Passover, it is technically forbidden to have any *hametz* in our possession. Because we cannot finish it all, and it is improper to destroy usable food, the rabbis provided for a symbolic sale of all the *hametz* to a non-Jew who then "sells" it back to us after *Pesach*. The *hametz* is then no longer "in our possession." This includes food, dishes, and utensils, which are locked away in storage for the duration of the festival. This year the sale can be done through April 11.

Funds collected through donations and through the "sale" of hametz are used for charitable purposes and to help provide Passover food for those who might otherwise have none. This legal procedure technically transfers ownership of hametz that remains in our pantry during the festival. Technical ownership reverts to us when the festival is over.

Please fill out this form and send it to Marcia Miller (Marcia.Miller@adasisrael.org) by Friday, April 11.

Ī	Dear Rabbi Feinberg: Please sell our <i>hametz</i> so that we have fulfilled our obligation of religious ownership and accept this contribution so that others are assured of a <i>seder</i> .
	Name
	Home Address
	Business Address

April @ MakomDC: Spiritual









Jewish Spirituality Rabbi David Ingber

Wednesday, April 9 @ 7:30 pm

Rabbi David Ingber is the founder and spiritual director of Romemu in New York. He will use his unique, open-hearted, and embodied approach to Jewish life to welcome newcomers to contemplative Jewish prac-

tice and teach us how spiritual mindfulness has enlightened Jewish observance for centuries. Co-sponsored by the Jewish Mindfulness Center of Washington. Free & open to all; RSVP at *adasisrael.org*.



Weekly Jewish Meditation Sessions

Tuesdays @ 7:30 pm

Weekly Jewish meditation sessions on Tuesday evenings at 7:30 pm, led by Rabbis Gil Steinlauf, Lauren Holtzblatt, Gilah Langner, and Ben Shalva. Sessions include silent medi-

tation, sacred text study, and an exploration of Jewish meditation techniques followed by refreshments. Beginners are most welcome!



Mindful Yoga on Sunday Mornings

Sundays, 10:45 am–12:00pm, \$10 per session

Open to the entire community... Join us for 75 minutes of yoga rooted in Jewish spiritual concepts. Classes will invite us

to "embody" Judaism and can include explorations of poses, meditation, and chant. Yoga beginners welcome!

Save the Date: Sunday, June 1 @ 7:00 pm The Magical World of Yiddish Theater with Zalmen Mlotek

The biggest musical event of the year!



The world's most renowned specialist will bring Yiddish theater to life in story and song! Zalmen Mlotek, artistic director of The National Yiddish Theater-Folksbiene, has brought the joy of Yiddish music to audiences

all over the world. Zalmen will be joined by our own Cantor Arianne Brown, an expert in Yiddish theater in her own right, and other special guests for an unforgettable evening. Please plan to join us. •



Mindful Parenting, with Rabbi Lauren

Fridays @ 9:30 am

Our culture's epidemic of "busy" challenges the sense of connection that is so important for families. Join Rabbi Lauren Holtzblatt for an experiential session on

mindfulness practices that can help keep families close. Meeting in the new Biran *Beit Midrash* every Friday, this intimate gathering of Gan-age families is a great opportunity to grab a cup of coffee, get to know Rabbi Lauren, and connect with friends.



Making Jewish Memories That Stick with Connie Krupin

Sunday, April 6 @ 10 am

Based on Connie's recent article in *Jewish Boston*, this hands-on workshop gives parents and grandparents the tools they need

to create a warm and loving Jewish home and, in turn, instill in their child a sense of pride and a love of being Jewish. •

GARDEN OF RIGHTEOUS CONTINUED FROM PAGE 1

Draiblate, and Polishstyle reception following the ceremony.

Eventually, the Red Army came. Alicja remembers running into the street when she heard the Russians were coming. People were hugging the Soviet sol-



diers and bringing them vodka. "It was joy and happiness, they had finally arrived. Every day we had been at the edge of death."

Mrs. Natalia Szczepaniak was honored by Yad Vashem as Righteous Among the Nations on January 1, 1981, and her daughter, Alicja Szczepaniak Schnepf, was honored by Yad Vashem on November 13, 1991.

The Adas Israel Garden of the Righteous is a beautiful reminder of numerous acts of decency and daring performed by many non-Jews in the midst of one of the most tragic moments in human history. The entire community is cordially invited for this moving event.

The program, initiated in 1992 by Rabbi Jeffrey A. Wohlberg to honor non-Jews who risked their lives to save Jews during the Holocaust, is supported in part by the Men's Club of Adas Israel and the Peter Dreyer Memorial Endowment Fund. The entire community is cordially invited. We look forward to seeing you there. Refreshments will be served after completion of the ceremony.

Please join us on Sunday, April 27, when we honor the righteous. •

Sisterhood

We Need You to Help Us Reach Our Torah Fund Goal

To date, the 5774 Torah Fund campaign here at Adas Is-



rael has raised

nearly \$8,000. That puts us just over 60% of the way toward our goal of \$12,000. (The goal is set by Women's League in proportion to the number of a synagogue's Sisterhood members, though the campaign outreach is by no means limited to Sisterhood.) It has been several years since Adas Israel has met its goal, but this year we are within striking distance. Donations have ranged from the \$18 minimum up to and over \$180—the level required to receive a lovely TF pin acknowledging special generosity. However, the sad fact is that less than 30% of our Sisterhood has contributed to Torah Fund. Will YOU help change that?

If each of the 129 sisters who have not yet contributed sent \$36, we'd exceed our goal. If you sent the minimum and could double it to \$36, that would also help. But we need everyone to participate—contribute if you haven't, add to your donation if you have. Please open your checkbook today. This is for the future of our movement—nothing less. Thank you.

To donate, please send your check to Torah Fund Chair, Gerry Lezell, 5800 Magic Mountain Drive, Rockville, MD 20852.

Here is the honor roll of sisters and others who have donated so far (Sisterhood members are in **bold**): Alisa Abrams, Patty Andringa, Rhoda Baruch, Dava Berkman, Jean Bernard, Diane Bernstein, Ruth Bognovitz, Susan Braden, Jamie Butler, Lillian Cardash, Leah Chanin, Ryna Cohen, Sue Ducat, Rachel Eitches, Ruth Ernst, Krayna Feinberg, Beth Feldgarden, Renée Fendrich, Marcia Feuerstein, Marian Fox, Bernice Friedlander, Rhoda Ganz, Susie Gelman, Ricki Gerger, Jennifer Gibson, Debra Goldberg, Sylvia Greenberg, Beth Groves, Leah Hadad, Tamara Handelsman, Edith Hessel, Marlene Kirsch, Lynn Kletzkin, Janet Kolodner, Elaine Kremens, June Kress, Michelle Leavy, Gerry Lezell, Judie Linowes, Fran Lish, Doris Lustine, Adina Mendelson, Jennifer Mendelson, Annette Morchower, Myra Promisel, Gail Roache, Loretta Rosenthal, April Rubin, Donald Saltz, Anne Schenof, Rise Schlesinger, Sandra Schwalb, Gail Schwartz, Janet Scribner, Rita Segerman, Madelyn Shapiro, Arlene Sidell, Gilda Snyder, Rabbi Batya Steinlauf, Joyce Stern, Gladys Temkin, Susan Tersoff, Susan Ugelow, Cheryl Wasserman, Nancy Weiss, and Megan Yellin.

If you donated and don't see your name, please contact **Gerry Lezell**, Torah Fund chair, *gerrytf@gmail.com*. If you're a Sisterhood member who donated and your name is not in **bold** signifying current (5774) Sisterhood membership, please contact Sisterhood Membership VP **June Kress**, *kress@courtexcellence.org*.



Passover is coming. Are you ready?
See our many beautiful seder plates as well as haggadot and children's toys.



Gift Shop Hours:

Sunday–Monday, Wednesday–Friday, 9:30 am–12:30 pm Extended hours:

Tuesday, 9:30 am-3:00 pm & 6:15-8:00 pm

202-364-2888 adasgiftshop@gmail.com

Every purchase benefits Adas Israel Congregation.

What's Been Happening

Sisterhood Went to the Movies: March 2, Sisterhood and friends enjoyed their third annual experience at the Washington Jewish Film Festival, viewing award-winning *Shtisel*, also featured as part of *MakomDC*. Shtisel consists of the initial episodes of the Israeli hit TV show about a Haredi family living in Jerusalem. Afterward, member **Elizabeth Sloan** led a discussion of the movie at our private reception. Thanks go to **Miriam Rosenthal**, who chaired the event.

Upcoming Events

- Sisterhood Studies: Tuesday April 8, 10:00–11:00 am, is our next Taste of Tanach, a Torah study class with Rabbi Steinlauf in the Biran Beit Midrash. Never studied Torah with the rabbi before? You're in for a treat as he guides us through our sacred texts.
- Women's League invites you to knit hats for Israeli soldiers, a
 program now in its sixth year. Download the knitting pattern,
 see photos of soldiers wearing their hats, and read about
 some of the knitters at www.HatsforIsraeliSoldiers.blogspot.
 com. You may write to the organizer at: kovakoppel@gmail.
 com.
- Sisterhood Reads: Come to the library Sunday, April 6, at 10:30 am for a "Book Chat" with Librarian Robin Jacobson on The Invisible Bridge by Julie Orringer, a novel about a

young architect, set in Paris and Hungary, before and during WWII. Sisterhood is a co-sponsor of these well-attended talks.

Sisterhood, in conjunction with the Adas Israel Community Mikvah, is co-sponsoring the April 27 Bodies of

Water program, an innovative event that introduces mikvah as a tool for positive body image. You, your daughters, mothers, grandmothers, and friends are invited to the Adas Israel



Community Mikvah for an afternoon of experiential learning about mikvah, mindful movement, and mindful eating, including experiencing Jewish techniques for body awareness and gratitude, exploring the practice of Jewish yoga and meditation; observing a *mikvah* immersion; and eating with

Faith and Activism

In February, Adas Israel members enjoyed a successful discussion of African American, Muslim, and Jewish Activism during the Civil Rights Era, with the Masjid Muhammed Muslim community.



guided mindfulness practices.

Bodies of Water lasts from 1:30 to 4:30 pm. To register an individual or a group, please call Naomi Malka, 202-841-8776, or e-mail *mikvah@adasisrael.org*. More information, video links, and online registration are at www.bodies-of-water. **org**. The program is free to Adas Israel Sisterhood members. A kosher snack will be served. The program is funded by the Tikkun Olam Women's Foundation and co-sponsored by the Jewish Mindfulness Center of Washington.

And Remember to Pay Your Dues for 5774: Send a check for \$36 or more to Treasurer Dava Berkman, 2475 Virginia Avenue, NW, Apt. 803, Washington, DC 20037.

Memorial PlaquesNew Memorial Plaques Dedication, April 22

Dedication of new memorial plaques | ((((* IN MEMORIAM ****)) | will take place during the Passover Yizkor Service, Tuesday, April 22 (the service begins at 9:15 am; Yizkor is at 11:00 am). At that time, we



will formally dedicate all new memorial nameplates.

In loving remembrance these names have been recently inscribed on the Memorial Boards in the Charles E. Smith Sanctuary:

Maurice Atkin David Thomas Austern Beverly Bernstein Robert Blacher Rose Hyman Blacher Margaret Hais Blacher Fred Blacher Richard M. Block Erika Brodsky Elliott L. Burka Lanie Goldberg Cecula Harry I. Clayman Dr. Melvin R. Clayman Rebecca E. Clayman Melvin S. Cohen Sylvia H. Colbert Joseph M. Gichner Barbara Kline Goodof Charlotte Gross Hais Dr. Harry Hais Sidney "Sonny" Hais Ida Flax Hais Joseph Vigderhouse Hais Mildred Hofberg Sydney David Hurwitz Beatrice Gray Jacobs David Humphrey Kampelman

Max M. Kampelman Jack Kay Naomi Hais Knable Leona C. Krichefsky Henry N. Krieger Sally Kurstin Florence Zacks Melton Alyson Fogel Pilzer Harriette Plotkin Leah Rabinovich Jacob Rabinovich Anita Rabinowitz Rabbi Stanley Rabinowitz Ellis Robinson Blanche Office Schear Robert H. Smith Stanley P. Snyder Dr. Stuart R. Tattar Samuel Weisbach George W. Willis Rubye B. Willis Joel Winnik Wendell Wolff Allen Wolpe Carol Sue Zacks Gordon Zacks

May their memory be a blessing.

Memorial plagues are a traditional and dignified way of honoring your dear departed. Each memorial plaque bears the name and yahrzeit date of a loved one. The memorial light adjoining the plaque is illuminated on every yahrzeit and for every Yizkor service. These plaques are truly perpetual memorials.

The cost is \$750 per nameplate. If you are interested, please call Elinor Tattar at the synagogue office, 202-362-4433.

Life Cycle

Milestones

Birth

Jonathan Samuel Lawlor (Yonatan Shlomo), son of Rebecca & Mathew Lawlor, was born February 3.

Emma Burdeinick, daughter of Daniel Burdeinick & Jennifer Anderson was born February 15.

Samuel Kanmen Boggs Wenthe, son of Rebecca Boggs & Mike Wenthe was born February 20.

We wish our newborns and their families strength, good health, and joy.

B'nai Mitzvah



Marissa Sherman, April 5

Marissa, daughter of Eileen and Randy Sherman, began her religious studies at Gan HaYeled and continues at the Estelle & Melvin Gelman Religious School. A seventh grader at Westland Middle School, Marissa is the granddaughter of Maxine and Albert Brunwasser and Phyllis Sher-

man and the late Milton Sherman (z"l). In addition to her parents, Marissa shares this simcha with her brother, Justin, as well as other family members and friends in the Adas Israel community. For her mitzvah project, Marissa is combining her concern for the local community with her creative ability by helping to establish and promote a food pantry to help fellow classmates and friends in need.



Eli Grosser, April 12

Eli, son of Meredith and James Grosser, is a seventh grader at Alice Deal Middle School and attends the Estelle & Melvin Gelman Religious School. Eli enjoys chess and playing trumpet in the school band. For his *mitzvah* project, Eli is volunteering and organizing a school walk for JDRF, the leading global organization raising funds

for type 1 diabetes research. Eli looks forward to sharing his *sim-cha* with his siblings, parents, grandparents Barbara Sanderow and Ellen and Richard Grosser, and other family and friends. At this special time he also remembers his grandparents Howard Sanderow and Marian Grosser, *z"l*.



Emma Fisher, April 26

Emma is a seventh grader at Alice Deal Middle School and attends the *Ma'alot* program at the Estelle & Melvin Gelman Religious School, where she has been going since kindergarten. For her *mitzvah* project, Emma will be volunteering at several different senior citizen homes, where she hopes to play her guitar, talk, and

help make the lives around her more comfortable and enjoyable. Emma looks forward to sharing her *simcha* with her sister,

parents, grandparents, great grandparents, and many other relatives and friends.



Ethan Chanin, May 3

Ethan, the son of Jacqueline Eyl and Leonard Chanin, is a seventh grader at Charles E. Smith Jewish Day School. He began his Jewish education at Gan HaYeled, followed by the Jewish Primary Day School of the Nation's Capital. He shares this simcha with grandmothers Leah Chanin and Phyllis Eyl, older brother Jacob, and

other family and friends. Ethan enjoys art and swimming. Ethan's *mitzvah* project is working with The Hope for Henry Foundation to make a wish come true for a child with cancer and going through a bone marrow transplant.

In Memoriam

We note with sorrow and mourn the passing of:

Sinésia Rocha de Carvalho, mother of Maricy Schmitz Eleanor "Ellie" Katz, mother of Laura Cutler Phyllis Margolius, sister of Michael Goldman Henrietta Ross, mother of Judith Ross Gordon Zacks, father of Catherine Gildenhorn

Life Cycle Information

When Death Occurs

When death occurs, please call the synagogue office, 202-362-4433, so that we may inform the clergy and be of assistance. During business hours, ask for Carole Klein. After business hours, a staff member on call may be reached by calling the synagogue office at the number above and pressing "2" to be connected automatically, or by calling the answering service, 301-421-5271, which will page the staff member on call. On *Yom Tov* and *Shabbat*, even though detailed funeral arrangements should not be made, a staff member on call can still be reached at 301-421-5271.

Cemetery Hours

Visitation at the Adas Israel Cemetery is by appointment only. Contact Carole Klein at the synagogue office (202-362-4433) to schedule a visit.

Adas Israel Community Mikvah

Our *mikvah* is a sacred space where Jews can mark life transitions with powerful physical ritual. Immersing in a *mikvah* connects the body to the water cycle of



our planet and to the sources of life. People visit our *mikvah* to observe the *mitzvah* of monthly immersion; to celebrate *s'machot*; to find strength during a difficult time; to pray for healing; to reflect on the meaning of becoming a bride, groom, or *bar* or *bat mitzvah*; to convert to Judaism; and to prepare physically and spiritually for *chagim*. To learn more about our *mikvah* or to schedule an appointment, contact Naomi Malka, 202-841-8776 or *mikvah@ adasisrael.org*. For more information, visit *adasisrael.org/mikvah*.

Kol HaMayim

As we undertake the process of removing the *hametz* from our kitchens, homes, pockets (and cars!), we can take this opportunity to clear away spiritual *hametz* as well. What is spiritual *hametz*? It's the unresolved crumbs of past experiences

KOL HAMAYIM CONTINUED FROM PAGE 8

that we hold onto. It's the beliefs and preconceived notions that cloud our perceptions and color our interactions. It's the unexamined corners of ourselves that don't often see the light of day. In short, spiritual *hametz* is the junk we all carry around that holds us back from being more free.

Many people have a custom of immersing in the *mikvah* before *Yom Tov* as a way of marking the end of the preparations and the beginning of the observances. The following is a *mikvah* ceremony written by the Ritual Creation team at Mayyim Hayyim in Newton, MA.

Just as the Israelites stood at the shores of the Red Sea, I prepare to immerse in the mikvah as part of my own journey toward freedom.

PESACH GUIDE CONTINUED FROM PAGE 3

First Seder, Monday Night, April 14

Tradition encourages that the Seder not begin until after sundown.



Candlelighting Times:

Monday, April 14: light candles at 7:26 pm
Tuesday, April 15: light candles after 8:27 pm
Friday, April 18: light candles at 7:30 pm
Sunday, April 20: light candles at 7:32 pm
Monday, April 21: light candles after 8:33 pm
Memorial Candle: It is customary to light a memorial candle for departed members of the family before lighting the holy day candles.

The blessings recited are:

בָּרוּדְ אַתָּה יְיָ אֱ-לֹחֵינוּ מֶלֶדְ הָעוּלָם, אֲשֶׁר קִדְּשֵנוּ בְּמִצְוֹתָיו, וְצִנֵּנוּ לְהַדְּלִיק וֵר של יוֹם טוֹב.

Baruch ata Adonai Eloheinu melech ha-olam, asher kid-shanu b'mitzvotav v'tzeevanu l'hadleek ner shel Yom Tov. Praised are You, Lord our God, Master of the universe, who has sanctified us with Your commandments and commanded us to light the festival candles.

And on the first night only:

בּרוּדְ אַתָּה יְיָ אֱ-לֹהֵינוּ מֵלֶדְ הָעוֹלְם, שֶּׁהֶחֱיֵנוּ וְקּיְמֵנוּ וְהָגִּיעֵנוּ לַזְּמַן הַיֶּה. Baruch ata Adonai Eloheinu melech ha-olam, she'hecheyanu, v′kee'manu, v′heegee anu lazman hazeh.

Praised are You, Lord our God, Master of the universe, who has kept us in life, sustained us, and enabled us to reach this season. •

First Immersion—Leaving Egypt

I acknowledge the narrow places in my life, the ones I have come through and those yet ahead of me.

Second Immersion—Hope

Our ancestor Nachson showed courage by stepping into waters yet un-parted. I, too, claim courage in the unknown and immerse a second time for hope.

Third Immersion—Springtime Renewal

As the buds unfurl in spring, I honor the renewal and new growth within me.

Fourth Immersion—Personal Reflection

Rooted in my people's history, I emerge from these living waters, ready to take my place in our continuing guest for freedom. •

FROM THE PRESIDENT CONTINUED FROM PAGE 2

Torah bestows rules upon rules for so many aspects of our lives, which the rabbis saw fit to embellish and around which they built large fences. Bearing a thick skull as I do, it's taken years to absorb the message: righteousness, depth, commitment, humility, and, yes, love, require focus and attention to detail.

However inviting I find broad conceptual or philosophical thought, the measure of my worth is not what I think, only a bit of what I say, but almost entirely of the actions I perform. Whether within my family, fellowship with friends, professional work, davening, learning, or collaborating with the Budget Committee, proper action requires careful attention to myriad details. Sure, I treasured existentialism in college, but, with apologies to the authors, what a relief that life is not about Nausea, rhinoceritic invasion, or morning caterpillarization. Better, our lives are best on the ground. Our success in all the ways it can be defined requires that we tend a garden of details.

So, my tefillin having brought a miracle, off to the Budget Committee meeting I went. This is a wonderful group, giving us the benefit of vast skills and time to maintain the shul in balance. With the able assistance of staff members Carole Klein, David Polonsky, and Lesley Brinton, we worked on our metaphoric mishkan. A budget is not merely about mathematical balance. Yes, a balanced budget helps balance the shul. It balances lofty vision and aspiration against hard-edged financial fact. It tempers the joy of welcoming the entire community to our events with respect for our members' needs and financial limits. It jettisons sacred cows in favor of changing times and priorities. There is beauty to this rigor, to this discipline of assuring that synagogue finances work today and can sustain us tomorrow. It is hard but holy work. Counting, striving for balance, assuring that we are sustained—it's planning, measuring, and constructing our mishkan. O

Correction from March

Please note the corrected transliteration of the Blessing over Shabbat Candles, according to our custom:

Baruch atah Adonai, Eloheinu, melech ha'olam asher kidishanu b'mitz'votav v'tzivanu l'had'lik neir shel Shabbat.

April 2014 Nisan 5774

SHABBAT MORNING SERVICES: Please turn off cell phones and pagers before entering services.

Charles E. Smith Sanctuary: Join us for our *Shabbat* morning services in the renewed Charles E. Smith Sanctuary, the synagogue's largest worship space, led by our inspiring Rabbi and Cantor. The service includes a *D'var Torah* and sermon by the Rabbi and often includes participation by members and *B'nai Mitzvah*.

Traditional Egalitarian Minyan (TEM): Every Shabbat morning at 9:30 am, with the Torah service around 10:30 am. Led by laypeople with the occasional assistance of Adas clergy, the TEM is a participatory service with a full *P'sukei D'Zimrah* (introductory Psalms), Shacharit, and Musaf, a complete reading of the weekly Torah portion, and a d'var Torah. For more information, e-mail traditionalminyan@adasisrael.org.

Havurah Service: Lay-led, participatory service at 9:45 am. Rotating volunteers lead services, read Torah, and conduct an in-depth discussion of the weekly Torah portion. A *kiddush* follows the service. For additional information and to participate, e-mail *havurah@adasisrael.org*.

Youth Shabbat Services: Starting with Tot *Shabbat* for children ages 5 and under led by Menuhah Peters. *Netivot*, for students in grades K–3, is led by Linda Yitzchak, Allison Redisch, Rina Bardin, and/or Naomi Michaelis. Junior Congregation, for grades 4–6, is led by David Smolar and/or the Steinsaltz Ambassadors.

Shabbat Unplugged: A new musical family service for families with young children on Saturday mornings at 10:45 am. The service is designed for elementary school families and above, though older children are welcome and encouraged take on leadership roles.

'Dial-in' for Programs & Services: If you are unable to attend programs, lectures, or services, dial in to hear them. Call 202-686-8405.

Library Open on *Shabbat***:** Our third-floor library is open on *Shabbat* following services. You may sign out materials using our "no-writing *Shabbat* method," explained in signs on the check-out desks. For assistance during the week, contact our Director of Library Services, Robin Jacobson (librarian@adasisrael.org).

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 28 Adar II 9:00 am Morning Minyan 10:45 am JMCW Mindful Yoga 12:15 pm Youth@Al: Chocolate Seder 12:30 pm Grandparenting Interfaith Grandchildren 6:00 pm Evening Minyan	31 7:30 am Morning Minyan 6:00 pm Evening Minyan	7:30 am Morning Minyan Rosh Chodesh Nisan Breakfast sponsored by the Goldstein Rosh Chodesh Minyan Breakfast Fund 9:00 am Morning Awakening with Rabbi Lauren	7:30 am Morning Minyan 6:00 pm Evening Minyan 6:30 pm Executive Committee Meeting	7:30 am 9:00 am Gan Playgroup 6:00 pm Evening Minyan 7:45 pm Scotch and Scriptures Men's Group (off-site)	7:30 am Morning Minyan 7:16 pm 9:30 am Mindful Parenting with Rabbi Lauren 11:20 am Gan Shabbat Sing	5 PARSHAT METZORA 8:00 am Boker Ohr Parashat Hashavuah Class 9:30 am Shabbat Morning Service; Bat Mitzvah: Marissa Sherman; Sermon by Rabbi Feinberg 9:30 am Traditional Egalitarian Minyan 9:45 am Havurah Shabbat Service; D'var Torah by Rabbi Steinlauf 11:00 am Netivot 11:00 am Junior Congregation
6 Nisan 9:00 am Morning Minyan 10:00 am Making Jewish Memories 10:30 am Adas Book Chat 10:45 am JMCW Mindful Yoga 6:00 pm Evening Minyan	7 7 Nisan 7:30 am 9:00 am Gan HaYeled Synagogue Liaison Program with JSSA 6:00 pm Evening Minyan 7:00 pm Social Action Council Meeting	7:30 am Morning Minyan 9:00 am Morning Awakening with Rabbi Lauren 10:00 am Sisterhood Taste of Tanach 6:00 pm Evening Minyan 6:30 pm Talmud Class 7:00 pm Conversion Program	7:30 am Morning Minyan	10 Nisan 7:30 am Morning Minyan 9:00 am Gan Playgroup 6:00 pm Evening Minyan		12 PARSHAT ACHAREI MOT/SHABBAT HAGADOL 8:00 am Boker Ohr Parashat Hashavuah Class Shabbat Morning Service; Bar Mitzvah: Eli Grosser; Sermon by Rabbi Steinlauf 9:30 am Traditional Egalitarian Minyan 10:00 am Learners' Minyan with Rabbi Feinberg 11:00 am Netivot 12:00 pm Congregational Kiddush 6:00 pm Shabbat Mincha/Maariv Services
13 9:00 am 6:00 pm	14 Erev Pesach–First Seder 14 Nisan 7:15 am Morning Minyan— 7:26 pm Pesach Siyyum Service 8:00 am Pesach Siyyum Breakfast 9:15 am Be'ur Hametz 6:00 pm Evening Minyan	9:30 am Combined Passover After Service; D'var Torah 8:27 pm	16 Pesach—Day 2 9:30 am Combined Passover Service; D'var Torah by Rabbi Feinberg 6:00 pm Evening Minyan	17 Chol HaMoed Pesach 7:30 am Morning Minyan 6:00 pm Evening Minyan	18 Chol HaMoed Pesach 7:30 am Morning Minyan 7:30 pm 5:30 pm Kabbalat Shabbat Oneg 6:00 pm Kabbalat Shabbat; D'var Torah by Rabbi Steinlauf 6:30 pm Ruach Minyan Service 7:30 pm Ruach Minyan Dinner	9:15 am Shabbat Morning Service; Sermon by Rabbi Holtzblatt 9:30 am Traditional Egalitarian Minyan 9:30 am Havurah Shabbat Service; D'var Torah by Rabbi Shira Stutman 12:00 pm Congregational and Havurah Kiddush 6:00 pm Shabbat Mincha/Maariv Services 6:30 pm Manishevitz Madness
		7:30 am Morning Minyan 9:15 am Combined Passover Service; D'var Torah by Rabbi Steinlauf; Yizkor at 11:00 am 6:00 pm Evening Minyan	23 Nisan 7:30 am Morning Minyan 6:00 pm Evening Minyan 6:30 pm Board of Directors Meeting 7:30 pm A Season of Mussar	7:30 am 9:00 am 9:00 am Gan Playgroup Gan HaYeled Synagogue Liaison Program with JSSA Evening Minyan	25 Nisan 7:30 am Morning Minyan 7:36 pm 11:20 am Gan Shabbat Sing 5:30 pm Kabbalat Shabbat Oneg 6:00 pm L'Dor VaDor Shabbat Service & Chagigat Siddur with Rabbi Steinlauf 7:00 pm L'Dor VaDor Shabbat Dinner	26 PARSHAT KEDOSHIM 8:00 am 8:00 am 9:30 am 8 Shabbat Morning Service; Bat Mitzah: Emma Fisher; Sermon by Rabbi Feinberg 9:30 am 11:00 am 11:00 am 11:00 am Netivot 11:00 am Junior Congregation 26 Nisan 12:00 pm Shabbat Mincha/Maariv Services 8:36 pm Havdalah
27 Yom HaShoah 27 Nisan 9:00 am Morning Minyan 10:00 am Garden of the Righteous Program 10:45 am JMCW Mindful Yoga 12:00 pm Garden of the Righteous Reception 1:30 pm Bodies of Water 6:00 pm Evening Minyan	7:30 am Morning Minyan 6:00 pm Evening Minyan	7:30 am 9:00 am 9:00 am 6:00 pm 7:00 pm 7:00 pm 7:00 pm 7:30 p	7:30 am Morning Minyan Rosh Chodesh Iyar Breakfast sponsored by the Goldstein Rosh Chodesh Minyan Breakfast Fund	7:30 am Morning Minyan Rosh Chodesh Iyar Breakfast sponsored by the Goldstein Rosh Chodesh Minyan Breakfast Fund 9:00 am Gan Playgroup Evening Minyan	7:30 am Morning Minyan 7:43 pm 9:30 am Mindful Parenting with Rabbi Lauren 11:20 am Gan Shabbat Sing 5:30 pm Kabbalat Shabbat Oneg 6:00 pm Kabbalat Shabbat; D'var Torah by Rabbi Feinberg 6:30 pm Shir Delight Oneg 7:30 pm Shir Delight Service; 8:00 pm D'var Torah by Rabbi Steinlauf 8:30 pm Shir Delight Dinner	3 Iyar 8:00 am Boker Ohr Parashat Hashavuah Class Parshat Emor 9:30 am Shabbat Morning Service; Bar Mitzvah: Ethan Chanin; Sermon by Rabbi Steinlauf Service Havurah Shabbat Mincha/Maariv Services 9:30 am Traditional Egalitarian Minyan 9:45 am Havurah Shabbat Service; D'var Torah by Jane Fidler-Rosenblum 11:00 am Tot Shabbat

10 • CHRONICLE • APRIL 2014

APRIL 2014 • CHRONICLE • 11

Education

Gan HaYeled

Sweet Summertime Camp 2014!

It's April, but it's NOT too late to register for Sweet Summertime! This camp program is available for two-week sessions beginning June 23 and running through August 15. To register, visit the Gan website, adasisrael.org/gan.



Veteran Gan teacher Stacey Horn will participate in a professional development trip to Reggio Emelia, Italy, organized through the Jewish Federation of Greater Washington. This 10-day study

trip will begin in Pistoia, Italy, located in Tuscany. Pistoia has an extensive network of infant/toddler centers and preschools that has become the focus of interest among the international community. Participants in this program will have school visits and meetings with teachers and members of the pedagogical team during which they will learn about the



city's strong commitment to families, culture, and history. We are looking forward to hearing all about Stacey's trip and benefitting from what she learns!

Spring is a time of fresh growth and renewal—and it's time to renew your application to the Gan (or apply fresh)

Offering part-day, part-week, and full-day/full-year options, Gan programs meet almost any schedule. Make the Gan your choice for a high-quality Jewish preschool. Visit our website, www. adasisrael.org/gan, to learn more and register online!

Holidays are a great time for both celebration and learning at the Gan. From simulating the crossing of the Sea of Reeds to a preschool-friendly version of a *seder* with foods prepared by children, Gan students are invited to "practice" their holiday observance. All older classes begin their Passover celebration at the Gan with a staged "Exodus" from Egypt. Each class will "break through" a Sea of Reeds, a large paper painted to look like the water, held by assistants. Then they will taste foods prepared by classmates and friends and practice many traditional *brachot*. The goal here is, of course, not to prepare students to lead a *seder*, but to help each child understand that he or she

April Religious School & Youth Calendar

6: Regional USY and *Kadima* Kings Dominion Day, VA; *Kitah Vav* (grade 6) Model *Seder*; Good Deeds Day

13-23: Spring Break/Passover, No Classes

25: Kitah Gimel (grade 3) Chagigat HaSiddur/ L'Dor VaDor

27: Classes Resume, Garden of the Righteous Ceremony;

Kitot Hey–Zayin (5th–7th grades); Abigail Bingham Endicott, special musical quest at Shacharit Live

29: Ma'alot Yom HaShoah Program

was brought out of Egypt with fellow Jews.

Teacher Noa Livni-Lehman takes her class on an adventure during which they leave slavery and experience the beauty and joy of self-discovery and learning as "free" Israelites—all in the Adas parking lot. This "freedom" comes after children experientially learn about *not* being free. Connections are made between the Israelites' struggles and those of other enslaved people. Immediately afterward, the "free" Israelites will make a mud oven from scratch on the edge of the parking lot and learn how to ignite a fire.

Under careful supervision, they will mix *matzah* dough and bake it in their mud oven. Churning their own cream, they will make butter with which to enjoy their freshly made *matzah*. The children, who will work hard to experience the feelings, sensations, and pride of self-determination, will savor the experience and appreciate the story more deeply, and with lasting learning, through this experiential simulation.

Religious School

"You shall bind them as a sign upon your hand, they shall be a reminder above your eyes . . ." These words should sound familiar because they are contained in our most important prayer, the *Shema*. In the "opening paragraph," the *V'ahavta*, which I call the ultimate cheat sheet or Post-it note, we are reminded about the importance of one God. From when we get up in the morning until we go to sleep at night, we are reminded that we should love God.

I have been preparing the *Kitah Gimel* students since February for their *Chagigat HaSiddur*, which will take place on Friday evening, April 25, as part of *L'Dor VaDor*. This is a change for our *Gimel* students because until now, it has taken place on a Sunday morning. Getting your first *siddur*, the *siddur* you are going to have for your whole life, is a really big deal and receiving it at a Friday night service makes it even more special.

The students are doing a significant part of the service, but their most difficult challenge is the *V'ahavta*. So to understand the meaning of the prayer, I have asked them many questions, such as: What does a typical morning look like in your house? Who wakes you up? Who stops to have breakfast? Who actually makes breakfast? Did you put out your clothes the night before or grab something to wear in the morning?

We had quite a discussion. Obviously a lot of activity goes on in everyone's homes. Some parents even trade off kid responsibility because they, themselves, have to leave for work. Other duties are left to the children.

I asked if the children kissed their parents good-bye or vice versa. We discussed the concept of being wrapped (tallit/

Education Continued

tefillin) in God's love, the concept of stopping to breathe and appreciate what we have in our lives. T'filah (prayer) makes us stop and think and helps to slow things down. What a beautiful experience being Jewish has built into our everyday lives! Please join Rabbi Ben Shalva and me for this important milestone in the Jewish journey of our Kitah Gimel students.

Thanks for listening,
Jill Epstein,

Interim Director of Education O

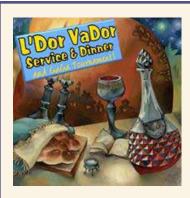


◀ Ma'alot honors Disability Awareness Month with speaker Judy Heumann and Sarah Vogler.









L'Dor VaDor Service and Dinner!

Friday, April 28 @ 6:00 pm RSVP for Dinner by Wed, April 23!

Please join us for L'Dor VaDor, a joyful service and Shabbat dinner, where children and all of our amazing youngsters

at Adas get the chance help lead this multigenerational event. After services and dinner, parents are invited to relax and schmooze (bring a bottle of wine) while the kids play *Gaga* with our youth advisor, Sasha Bloch. E-mail *Education@AdasIsrael.org* to learn more.

The Shramchenko Collection

Adas Israel Congregation is fortunate to have a growing collection of paintings in a revolving display in the Mendelson Gallery. Among the collection is a series of water color paintings by the late Mykola Shramchenko, which was generously donated by Diane and Norman Bernstein.

Mvkola Shramchenko, a Ukrainian Christian, lived in the household of a Jewish family and was arrested by the Nazis, who considered him a Jew. He used his artistic talents to forge credentials for Ukrainian Jews attempting to escape from Hitler for which he was arrested. Many of his paintings are a vivid representation of what he saw in the concentration camps.







A selection from the Shramchenko Collection will be on display on *Yom HaShoah* and for the Garden of the Righteous program. •

Jewish Life and Learning

Your monthly learning resource for Jewish "How-To's" & insights from Adas Israel

Upon your home and upon your gates! The *Mezzuzah*—how and why.



No, it's not a Jewish doorbell. Mounting a *mezzuzah* on a Jewish home is actually a time-honored, treasured tradition. It serves to designate the home as a Jewish home, and it reminds us of our connection to God and to our heritage, providing us a unique opportunity to experience gratitude and joy for the

very roof over our head each time we pass by it.

Mezzuzot are not, contrary to popular belief, the outer containers, which come in all sorts of styles and are often beautifully crafted by skilled artists. The mezzuzah is actually the parchment scroll within, on which the Shema—a biblical passage declaring the oneness of God—is handwritten by an expert scribe. The mezzuzah is also a symbol of Heaven's watchful care over the home. It's a home security device, and it's wired into the Ultimate Protection Agency.

The software inside this gadget is a scroll with the words beginning, "Hear O Israel, the Lord is our God; the Lord is one." Those powerful words sum up the work of the Jewish people: to infuse the world with God's oneness.

Regarding these words, God has commanded us, "And you shall inscribe them on the doorposts of your home, and on your gates"—hence the *mezzuzah*: a parchment scroll inscribed with the verses of the *Shema* is affixed to the right doorpost of every room in a Jewish home.

How to Mount a Mezzuzah

Before you go out to purchase your *mezzuzot*, you need to figure out how many your house requires. Which doorways need a *mezzuzah*?

A *mezzuzah* is affixed to every doorway in your home or office that leads into a proper room, except for the bathroom. What qualifies as a "room"? Any enclosed space that's at least 6.5 feet by 6.5 feet. This includes vestibules, hallways, large walk-in closets, etc. If there are several doorways leading into a room, each doorway requires its own *mezzuzah*. Doorways without doors (e.g., archways between rooms) also require a *mezzuzah*. Count the doorways that qualify to determine the number of *mezzuzot* you need.

Now that you know how many *mezzuzot* you need, do some research to find the right place to purchase them. Some basics: The *mezzuzah* ideally should be handwritten by a competent ritual scribe on specially prepared parchment with the specific types of quill and ink mandated by tradition. Both kosher *mezzuzot* and the cases for them are available at the Ruth & Simon Albert Sisterhood Gift Shop off the synagogue lobby.

A *mezzuzah* is affixed on the right doorpost at approximately the bottom of the top third of the doorpost. To determine the

proper height at which to affix the *mezzuzah*, use can use a measuring tape to determine the height of the doorpost. Divide that number by three, and measure that amount from the top of your doorpost. Use a pencil to mark the spot; your *mezzuzah* should sit right atop that mark.

The Blessing

You are now ready to affix your *mezzuzah*. The blessing is recited once, before putting up the *mezzuzah*. As you recite the blessing, keep in mind that it applies to all the *mezzuzot* you will affix in your home.

Recite the blessing. If you can read and understand the original Hebrew, say it in Hebrew. Otherwise, you can say it in any language you understand.

Here's the Hebrew text:

בָּרוּךְ אַתָּה וְיָ, אֱלֹהֵינוּ מֶלֶרְ הָעוֹלָם, אֲשֶׁר קּרְּשֵׁנוּ בָּמִצוֹתִיו, וְצָנֵנוּ לְקַבְּוֹעַ מְזוּזַה:

Here's how it sounds:

Baruch Atah A-do-nai Elo-heinu Melech haolam asher kideshanu bemitzvotav vetzivanu likboa mezzuzah.

Here's what it means:

Blessed are you, God our God, King of the Universe, Who has made us holy with His commandments and commanded us to affix a mezzuzah.

The *mezzuzah* should be attached permanently to the doorpost. Use hammer and nails, glue, or a durable double-sided tape. Position the *mezzuzah* above the one-third mark you've made. It should be toward the outer edge of the doorpost, on a slant with the top pointing inward toward the room.

Immediately after reciting the blessing, affix the *mezzuzah*. Try not to allow interruptions as you then proceed to the remaining rooms in your home. Remember to affix each *mezzuzah* according to the abovementioned specifications. If you are mounting a *mezzuzah* in a new home, you can also recite the *She-hecheyanu* to mark the occasion.

Congratulations! You have now affixed the *mezzuzah* upon your home and upon your gates. May it be a treasure, and a joy, every time you pass by it. May it be a moment of gratitude every time you stop to kiss it, and may it always remind you of your connection to your people, and to something greater, as you enter your home. •

Jewish Study Center Classes, Wednesday Nights in April & May

Judaism in Transition: The Economics of Making Jewish

Choices Prof. Carmel Chiswick

The Sephardic Tradition in Music and Poetry

Haim & Naomi Malka, Rabbi Joshua Maroof, and Rabbi Steve Glazer

The Yiddish Poetry Game, April 30!

To register and for details, check our website, www.jewishstudycenter.org.

Tikkun Olam

Invisible Disabilities

Adas Israel marked Jewish Disabilities Awareness Month during *Shabbat* on February 23. At a discussion session in the Biran *Beit Midrash* following *kiddush*, two panelists talked about handicaps that are not always obvious, diminished hearing and diminished sight. Both are issues that increase with age, but that also affect younger people.

LEAH CHANIN has been wearing hearing aids for about 15 years, three different pairs. But she warns that hearing aids are just a help; they do not return the hearing you once had. If a speaker is behind her, or if there is a lot of external noise in the room, or if several people are speaking at once, Leah may well miss what is being said. She further cautions that many people cannot afford hearing aids. They are expensive and are not covered by Medicare or most insurance policies.

RHONDA WEISS, who has been blind since birth, may well miss what is being seen. She remembers teachers writing on a blackboard, not stopping to realize that Rhonda could not read what they had written. Rhonda spoke of attitudinal barriers. She noted that at a Hebrew school end-of-year celebration, she was given a special award, not for any particular accomplishment, just for being there. It was hardly an honor she thought she deserved, as she didn't have access to a single Hebrew Braille textbook that year. While we can't help but admire tenacity in overcoming obstacles, inclusion also involves treating people fairly and respectfully for their achievements.

Rhonda was drawn to Judaism through her love of Jewish music. Reading from a Braille *siddur* produced by JBI International, she has led both *Shabbat* and High Holy Day services for many years for the Fabrangen *Havurah*. Jewish liturgy is a source of intense spiritual and emotional support for Rhonda, as she said, "reminding her that we are all God's creatures, created in the image of God, and each of us has the capacity to praise God."

Leah spoke about the strides Adas Israel has made in meeting the needs of people like her. The synagogue provides hearing devices in the main prayer spaces and sometimes in meeting spaces.

Rhonda offers suggestions on how certain activities can be made more inclusive for blind people. Sometimes, she misses visual cues, like knowing when to stand and when to sit down. She suggests that giving as many verbal cues as possible would be helpful. A blind person generally fits in with the group, but not having study materials, prayer books, or *chumashim* in an accessible format can be a great disadvantage. She points out that there hasn't been a *siddur* or *mahzor* published in Braille in decades.

Leah sums up: "This discussion is very difficult for me because I do not feel disabled in significant ways compared to the barriers and difficulties other people face. However, it is a barrier for me to full synagogue participation, one that affects many of our members and will affect many more in the future."

Take the Omer Challenge



We count the *Omer* (a measure of grain) from the second night of *Pesach* until we celebrate *Shavuot*, which is 49 days. This year, add meaning to the *Comer*.

The Adas Israel Social Action Council challenges everyone in the congregation to donate one item of food equivalent to each day of the

omer: one on the first, two on the second, three on the third... . 49 on the 49th, etc. Can you do it? We bet you can and, more important, we bet you will. Please join us in filling the shelves of Ezra Pantry daily during this *Pesach–Shavuot* season.

All food goes to SOME, Inc. (So Others Might Eat), which is sorely in need of more than we have given in the past with many more families requiring assistance. Please take this opportunity to provide your support. Any shelf-stable food contribution is acceptable, but items on the wish list are especially welcome! **Remember**, do not bring any *hametz* to the synagogue during Passover, April 11–22.

DOVER EMET CONTINUED FROM PAGE 2

perience, even the terrible ones; they are all a necessary part of our path to God. This does not mean that we passively accept suffering or oppression. It's actually the opposite. This kind of awake means that even as bad things happen, we are called as a Jewish people to hold onto each other, and to remember the Exodus from Egypt: that we must never lose faith in the redemptive element in all experiences—no matter how terrible it seems, no matter how powerless we may feel; there is always the possibility of renewal. On our *Leil Shimurim*, we must never give up on this faith in Redemption itself. At our *sederim*, we have each other to remind ourselves of this truth, in every generation. No matter what we must go through in life, there is always a dawn coming, and a strength that we couldn't imagine had we not gone through the night itself. •

SPECIAL BIRTHDAYS CONTINUED FROM PAGE 1

as she celebrates 103 remarkable years. (Note: Lil can be reached through her daughter, Cynthia, at cwolloch@yahoo.com.)

Dr. Clement Alpert, a pillar of our congregational community for whom *tzedakah* is as natural as breathing, has been a blessing to our community for generations, and even received the prestigious annual *Shem Tov* Award in 2007. "When I grew up in Lakewood, New Jersey," explains Clem, "helping others was part of my family and the community culture. We all took care of each other. I remember once a group of neighbors built a house for a family that could not afford one." Not only has Clem contributed his time, energy, and resources to the community for many years, he has also been a dear friend to members, religious school parents, clergy and staff alike.

Happy Birthday to Lil and Clem! May we all find the strength and wisdom to follow in your footsteps for generations to come.

Books, Ideas, & More

Wonder of Wonders:The Creation of *Fiddler on the Roof*

by Robin Jacobson, Director of Library Services

For decades, one of the rituals of American Jewish parenting has been introducing the kids to *Fiddler on the Roof*, which is celebrating its 50th anniversary this year. I remember the magical experience of sitting in a dark theater with my parents, grandmother, and great aunt, all mesmerized by the *shtetl* world unfolding on stage. Some find fault with *Fiddler's* rosy depiction of *shtetl* life—Yiddish scholar Irving Howe famously called Anatevka "the cutest *shtetl* we never had." But for my parents, such carping missed the essence of the show. They said that our family story, like *Fiddler's*, was about Jews who worked hard to provide for their families in perilous places and then bravely crossed an ocean for a new life.

Fiddler on the Roof, and its later film version, are adaptations of the Yiddish stories of Sholem Aleichem. The hero of the show is Sholem Aleichem's indelible creation, Tevye the dairyman, who struggles to hang onto tradition while cautiously entering the modern world. For excellent, thorough accounts of the life of Sholem Aleichem and the creation of Fiddler on the Roof, try two new books: The Worlds of Sholem Aleichem, by Jeremy Dauber, and Wonder of Wonders: A Cultural History of Fiddler on the Roof, by Alisa Solomon, both available in our library.

Sholem Aleichem

Sholem Aleichem was the pen name of

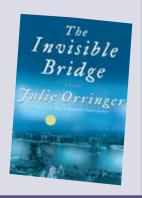
Sholem Rabinovich (1859–1916), who was born in Tsarist Russia, near Kiev. According to Jeremy Dauber, Columbia University professor of Yiddish literature, Sholem displayed a talent for humorous writing even as a teenager. In fact, Sholem's first literary work in Yiddish was an alphabetical dictionary of his stepmother's colorful curses.

Sholem became a popular and prolific Yiddish author. On a summer holiday in 1894, he had the good fortune to meet a dairyman named Tevye, who sold butter, cheese, and milk from his horse-drawn cart. Charmed by this roving salesman, Sholem took notes on their conversations and transformed them into stories over a 20-year period. Some of the stories seemed to reflect Sholem's own life, like the strong-minded daughters in the Tevye stories who chose their own husbands without the aid of a matchmaker, as Sholem and his wife Olga (once Sholem's student) chose each other over the initial objections of Olga's father. By the time of his death, Sholem Aleichem had moved

Upcoming Events:

Next Book Chat: Sunday, April 6, 10:30 am.

Join us to discuss *The Invisible Bridge* by Julie Orringer, a World War II novel set in France and Hungary. All are welcome! Questions? Contact Robin Jacobson, *librarian@adasisrael.org*.



to New York City, as had many of his readers. More than 100,000 mourners turned out for his funeral, the largest public funeral in New York City then on record.

Fiddler on the Roof

In her cultural history of *Fiddler on the Roof*, Alisa Solomon, a theater critic and teacher of journalism at Columbia, reports that the Broadway show's triumphant success was a great relief to

its creators. They had worried that the show might be "too Jewish." Yet, even with that fear, the creators—Sheldon Harnick (lyrics), Jerry Bock (music), Joseph Stein (book), and Jerome Robbins (direction and choreography) wanted an authentic Jewish texture for Fiddler. Secular Jews themselves, they sought invitations to Orthodox Jewish wedding celebrations. Enthralled by the athletic twisting and stomping of the traditional dances, Jerome Robbins incorporated them into Fiddler's choreography. Nevertheless, Robbins did not immediately embrace every Jewish ritual for the show. At rehearsals, he demanded that Zero Mostel, who played Tevye, stop kissing the *mezzuzah* on the

doorpost of Tevye's house. Determined to make his point, Mostel walked through Tevye's doorway theatrically crossing himself. Robbins caved; the *mezzuzah* kissing stayed in the show. •

Youth at Adas

Shalom, Chevre,

In light of *Pesach* and Spring Break, April is a light month for programming at Youth@Al. Do be on the lookout, however, for more information regarding Seaboard Region's Kings Dominion trip on Sunday, April 6. Contact the youth department for more information, 202-362-6295. More to come in May. *Chag sameach*!

—Rich Dinetz, Youth Director

Ma Tovu

HONORING OUR LEADERS & VOLUNTEERS

Sheldon Kimmel: Friend, family member, and all-around mensch; Interviewed by Naomi Malka

Sheldon, you retired in 2011. What have you been up to in the last three years? I decided to be a writer because I have a pen and paper and I can write. The real question is whether people will like what I write! I'm a full-time writer now, except for the time I spend on necessities. It doesn't pay at all, but it's worth doing. I write every day, and I have two papers that are substantial, one on Rabbi Eliezer and one on the law of mergers. My claim is that there has been a misunderstanding about the law on mergers. I believe that the law is actually what most people have been saying they wished it was. It just needs to be read accurately.

What did you focus on in your career? I worked in the field of antitrust and dealt with the idea that firms can use some regulatory help in doing the best thing. Sometimes they'll serve the people well on their own, sometimes they won't (like in conspiracies or monopolies). You want everyone to work together to do good things, but sometimes there are incentives to do bad things. Government has been trying to figure out how to regulate without being heavy handed. How did you get interested in that field? I was offered a job here and that's the job I took!

Is your work rooted in a particular Jewish value? It's about helping society all work together for the common good. Where were you born, and what was your Jewish education like? I was born in San Diego, California. I had a bar mitzvah, but I was barely prepared. That was the end of my formal Jewish education. The striking thing is how much better prepared the b'nai mitzvah are now than I was then. Since then I've been around generous rabbis, and they've shared lots of their great thoughts with me. I've also learned a lot through the Jewish Study Center and from friends.

What aspect of Judaism are you most excited about? It's helping people to be better people. I certainly have room for improvement, and I'm hoping it will help me become a better person.

What's your favorite holiday? Shabbos!

What do you do on Shabbat? I begin by lighting candles. There's this time on Friday afternoon that isn't holy until I light candles and I make it holy. I don't get to change the world, but I can change my apartment!

Who's your favorite character in the Torah or Talmud? The guy I've been studying for the last few years is Rabbi Eliezer. I began studying him because of a comment of his that I liked very much that I didn't see anywhere else. I was wondering about the flood, which happened because all the inclinations of the human heart were evil. After the flood we hear just that the inclinations of our heart are evil from our youth. But it doesn't say all the inclinations. What changed? Rabbi Eliezer portrays it as the enormous gratitude that Noach brought to his sacrifice after being locked in the ark for a year. Then he



Sheldon accepts the 2010 AAG Team Award from the U.S. Attorney General on behalf of the Agricultural Workshops Team in December 2010. The photo was taken in the Great Hall of Justice, where the Attorney General gives his press conferences.

brought this offering with gratitude. We are bringing gratitude to our lives in a way that you didn't see before the flood. Gratitude is a big part of the prayers.

Can you talk about an example of this from our liturgy? Psalms are full of gratitude! Especially Psalm 30 (Aromimcha Hashem Ki Dilitani). The introduction is commonly translated as "A song of David, for the dedication of the temple," but David never lived to see the temple! It's very personal, it's what you say in the morning in about the house that your soul is living in, your body, and dedicating it to the purpose it will be used for. Could you talk about your physical disability? I prefer to talk about abilities. I don't want to define myself by my disabilities, even though they're pretty impressive! I want to be able to put the abilities I have to good use. I think I'm in the same boat as everyone else. Stephen Hawking is one of my favorite examples. Everyone is mentally disabled compared to him! The fundamental basis of society is that we all have limited abilities. Your disabilities are opportunities for me to help you with what I am able to help you with. I like to think of us as all in the same world together, taking advantage of opportunities to do things for each other.

I remember that one time you had the seventh aliyah, so you stayed at the bimah for the maftir, but it was from a different scroll and we were having trouble finding the spot. You said under your breath, "Maybe it's not in here." Where do you get your wry sense of humor from? Well, I heard that line from someone else years ago, but maybe my sense of humor comes from Isaac. The heart of his story is about two people who fall down laughing about themselves because of him. The one thing Hashem clearly wants Abraham to know is that Sarah was laughing at herself. Surely Isaac grew up in a house where he heard his parents laughing about themselves when they retold his story. Later there's this beautiful scene where Rebecca travels halfway around the world to marry Isaac.

CONTINUED ON PAGE 19

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Beit Midrash/Makom DC

By: Michael & Marion Usher.

In Memory Of: **Gordon Zacks** by Blanche Speisman. **Harriette Wolin** by Steve & Sybil Wolin

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Bereavement Fund

In Honor Of: **Edie Hessel &** the support of the **Bereavement Committee** by Deanie Hotchkiss & Sue Ellen Klein.

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Cantor Max Wohlberg Memorial Fund

In Honor Of: Welcoming **Nathaniel Emet Brown** to the congregation by Bruce Ray & April Rubin.

In Memory Of: Lillian Goldberg & Judy Rosenthal by Loretta Rosenthal.

Charles Pilzer Computer Center

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Congregational Kiddush Fund

In Honor Of: **Stan Cohen**'s special birthday by Stan Cohen & Sue Ducat. **Oliver Bass** becoming a bar mitzvah by Felice Roggen & Peter Bass

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Fund

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By: Joshua & Phyllis Heller, Jim Sumner. In Honor Of: **Joseph Horwitz** becoming a bar mitzvah by Carol & Dan Fybush. **Aaron & Simon Rosenthal** becoming b'nai mitzvah by Nancy & Todd Silverman.

In Memory Of: A. Harris Grossman by Faith Apt. Leo Kelin by Stephen Kelin. Fan P. Rothstein by Miriam Feldman. Rose Simon by Barry Simon. Sidney Stein by Melvyn Estrin. Ruth Cohen by Dr. Sharon Cooper.

Rabbi Feinberg Discretionary Fund

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With Thanks For: **Boker Ohr** class by Warren Clark Jr.

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Rise & Ronald Schlesinger Music Fund In Honor Of: Birth of Nathaniel Emet Brown by Ron & Rise Schlesinger.

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In Honor Of: **Glenn Easton** by Sonya Gichner.

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Siegel-Kalmekoff Family Adult Education Fund
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Siegel.

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In Honor Of: Teen-led service by Ken Goldstein.
Ilan Cohen becoming a bar mitzvah by Bill
Levenson. Ethan Leifman's Geography Bee
victory by John & Kimberly Hasenberg. Rabbi
Morton & Vera Leifman by Michael Leifman.
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Tzedakah Fund

In Honor Of: Our 60th anniversary by Bern & Rita Segerman.

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Thank you to our members for Kol HaOlam

Yasher koach to the Adas Israel members who housed this year's Kol HaOlam performers. More than 140 students from around the country traveled to DC to compete in this year's collegiate Jewish a cappella competition, and these committed members hosted them, welcomed them into their homes, and gave them moral support throughout the entire weekend. Many of them put up five or more singers, ferried them to and fro, and acted as the best ambassadors for our community that we could hope for!

Thank you to all the members who stepped up in this beautiful way: Debbi Wilgoren, Bonnie & Sandy Roskes, Shalom & Deborah Flank, Bill Levenson, Judith Hellerstein, Leah Chanin, Beth Kanter & Jeff Goodell, Rabbi Charles & Krayna Feinberg, Rabbi Gilah Langner & David Drelich, Henry Docter-Loeb, Amy Schwartz & Eric Koenig, Michelle Buzgon & Jay Kirschenbaum, Gayle & Steve Neufeld, Amanda Maisels, Donna & Jacob Bardin, Rabbi Ken & Joanne Cohen, and Jill Herscot.

MA TOVU CONTINUED FROM PAGE 17

"She gracefully alighted from her camel"—no, she literally falls off her camel Then she covers herself up in embarrassment about him, probably laughing at herself, like his parents laughed at themselves about him, his laughter. How did you come to Adas? Actually, I moved to an apartment a block north and walked past it on the way to the subway. I decided to come in and see what was going on here. What have you been involved with at Adas? Two projects of Rabbi Feinberg's, Boker Ohr on Saturday mornings and Talmud class on Tuesday nights. It's wonderful to watch him teach Talmud because he really loves it. I'm also involved with the Hesed Committee, and I used to coordinate the volunteers for staffing the library on *Shabbat*. I'm one of the original co-producers of the Latke-Hamentashen debate; this will be its 23rd year! I remember when Rabbi Jan Kaufman asked me to make it happen. I worked on it with Rabbi Ticktin and Rabbi Serotta. O

She sees him, and here the Etz Hayim translation is so funny—

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Rabbi Gil Steinlauf, Senior Rabbi Rabbi Charles Feinberg, Rabbi Cantor Arianne Brown, Cantor Naomi Malka, Ritual Coordinator/Mikvah Director Rabbi Lauren Holtzblatt, Director of Lifelong Learning Rabbi Stanley Rabinowitz, z"l, Emeritus Rabbi Jeffrey A. Wohlberg, *Emeritus* Rabbi Avis Miller, *Emerita* Cantor Arnold Saltzman, Emeritus Arnold Podgorsky, President Lisa Kleine, Sisterhood President David Nemeth, Men's Club President Abigail Sharon and Tamar Levenberg, Co-Presidents, Gan Parents Association Carole Klein, Acting Executive Director David Polonsky, Acting Associate Executive Director Jill Epstein, *Interim Director of Education* Sheri Brown, Director, Gan HaYeled Rich Dinetz, Director of Youth Activities Lesley Brinton, Controller

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Sukkot in Spring

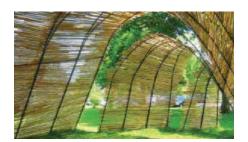
Save the Date: May 4 Do a Mitzvah Now for Neighbors in Need

Sign up today for *Sukkot* in Spring

"Your people will rebuild what has been in ruins, building again on the old foundations. You will be known as the people who rebuilt the walls, who restored the ruined houses." — Isaiah 58:9-12

Each year since 1992, Adas Israel has participated in Yachad's Sukkot in Spring, the Washington area's largest Jewish program of hands-on housing rehabilitation. On May 4, members of Adas Israel will help renovate rental units that, after our work, will provide safe and decent housing for low-income DC residents. This work has never been more important, given the shrinking public resources for low-income housing.

Volunteers are asked to commit to working from approximately 8:00 am to 5:00 pm, or for at least half a day (a four- or five-hour morning or afternoon shift). Adas Israel sponsors the re-



pair of these homes, donating money to purchase the necessary materials and providing volunteers to do the work. Please reserve May 4 so you too can contribute to this great *mitzvah*. No special skills are required, just the willingness to help. Expert supervision will be provided.

Sukkot in Spring has grown into a significant force in the Washington, DC, community; Jewish volunteers have renovated over 120 homes and other community facilities. Sukkot in Spring volunteers tackle problems ranging from painting, yard work, broken windows, leaking roofs, and rotting floors to inadequate bathrooms and faulty electrical systems.

Please contact Ed Kopf for more information, 301-907-9174 or ei@kopf.com. ○

Ezra Pantry Shelves Want Your Hametz!

As Passover approaches, please remember to fill our Ezra Pantry shelves with your unwanted hametz and other food items. These items can make a huge difference in someone else's life. In fact, consider taking this opportunity to enlarge your tzedakah donations by purchasing food for the Pantry shelves. Check @Adas for a list of needed pantry items.

The Ezra Pantry Passover Food Drive will be collecting food until Friday, April 11.

To make your contributions go even further all year long, Ezra Pantry suggests you put a milk crate in the back of your car and fill it with Pantry staples. Each time you come to the synagogue for an event or to drop off a child, grab (or have your child grab) one of the items and place it on the Pantry shelf in the coat room. What a great way to meet our obligations and make them a part of your family's everyday life!