



ADAS ISRAEL Congregation

celebrates Asian Pacific American Heritage Month



Kristin Eriko Posner

Founder of Nourish, working to help people feel more connected to themselves, their families, and all the generations before and after.

In her own words:

“I’m really just doing what I do best, which is Japanese and Jewish, but if I can inspire other people, then that’s amazing.”

Nourish is a web-based community and lifestyle brand that celebrates Jewish and Japanese culture as well as fusions of other cultures. Ms. Posner found that food serves as one way for her to connect to both Jewish and Japanese traditions. The site houses a collection of recipes, all created by Ms. Posner, that blend Jewish and Japanese cuisines.

References and for more information:

<https://nourish-co.com/>

<https://www.jta.org/2018/10/25/food/woman-combines-jewish-japanese-cuisines-gyoza-kreplach-soup-mochi-latkes>

<http://thisisarq.com/read/kristin-eriko-posner>