It’s a BIG community... Let us help you find your Adas.

There is something for everyone in this community. And you’ll be surprised how quickly, with a little effort, you find your niche and your people. There is a diverse array of programs, services, and events and we have some recommendations for where to begin.

A few suggested PATHS:

**Families with Young Children**
- Gan, Friday Night Dinners, Tot Shabbat, Ms. Ellie’s Music Class, Parent Coffee, Library Programs on Tuesday/Thursdays, GPA Involvement, Sunday Morning Music Programs, Parenting Classes

**Universal Conservative Synagogue**
- Daily Morning & Evening Minyan, Traditional Egalitarian Minyan, Social Action & Hesed Projects, Sisterhood, Community Holiday Celebrations

**Lifelong Learning**
- MakomDC, Jewish Study Center, Baker Ohr, Shabbat Awakening, Downtown Study Group, Taste of Tanach, Adas Book Chat, Shabbat Scholar Series, Parsha Hashavua Class

**Spiritual Seeker**
- Jewish Mindfulness Center of Washington (JMCW) Programming, Including Morning Awakening, Meditation, Yoga, Parsha Hashavua, MakomDC, Shabbat Awakening, Return Again, Baker Ohr, Mikvah

**Families with Older Children**
- Religious School, Junior Congregation, Netivot, Youth@Adas Programming, Parsha HaShavuah on Saturday Afternoons, Shabbat Morning Services, MakomDC

**Young Professional**
- Shir Delight, MakomDC, YP Shabbat Dinners, YP Outings, JMCW Yoga & Meditation, Return Again Services, 30-Something Shabbat Service & Dinner, Social Action Projects

adasisrael.org
Adas Israel is a community of communities. We are a vibrant, multi-generational synagogue that offers access to Jewish life and community for people of all backgrounds. We consider our size and diversity to be an advantage because we are able to offer everyone a different pathway or touchstone to help them find their connection to Judaism. Whether it’s attending Shabbat morning services, serving on the Gan Parent Association, Torah study with the rabbis, attending our musical programs, participating in our weekly meditations, attending one of our social activities or serving on a committee, there is a place for you in our K’hilla K’dosha (sacred community), and we are here to help you discover it. As you take a little time to find your place in this new community, we are here to help you every step of the way.

We plan to take a very active role on your journey over the next year in particular. The pages that follow offer a glimpse into what you can expect as a new member of our community. We look forward to getting to know you!

Your Community Awaits...
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Engaging
- Join a lay-led committee
- Volunteer for social action projects
- Attend an Adas event (service, class, concert, etc.)
- Schedule an immersion in our mikvah
- Celebrate Jewish holidays with us
- Try out Jewish mindfulness at JMCW

Reflecting
- 1st year anniversary check-in
- Full cycle of Jewish life @ Adas completed
- If you haven’t done anything from the lists above, now is the time!

Learning
- Attend morning or evening Minyan
- Try out one of our Shabbat services
- Welcome gift bag
- Try out Jewish mindfulness at JMCW
- Attend Book Chat at the Adas Israel Library
- MakeitDC Tuesday learning
- Attend morning or evening Minyan
- Attend Baker Ohr on Shabbat mornings

Welcome
- Welcome phone call
- First issue of The Chronicle
- Try out one of our Shabbat services
- Welcome gift bag
- @Adas weekly e-newsletter
- Invitation to meet with our clergy

Connecting
- New member reception
- Congregational Shabbat dinner
- Cake pops & coffee in Brian Beit Midrash
- New member Aliyah
- New member check-in meeting

Be In Touch
Throughout your first year at Adas - and well beyond. Please contact us with your questions!
- Marcy Spiro - Senior Director; Engagement & Programming Operations
  marcy.spiro@adasisrael.org • 202.362.4433
- David Polonsky - Executive Director
  david.polonsky@adasisrael.org • 202.362.4433

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