

It's a BIG community...

Let us help you find *your* Adas.

There is something for everyone in this community. And you'll be surprised how quickly, with a little effort, you find your niche and your people. There is a diverse array of programs, services, and events and we have some recommendations for where to begin.

A few suggested PATHS:



Families with Young Children

Gan, Friday Night Dinners, Tot Shabbat, Ms. Ellie's Music Class, Parent Coffee, Library Programs on Tuesday/Thursdays, GPA Involvement, Sunday Morning Music Programs, Parenting Classes



Universal Conservative Synagogue

Daily Morning & Evening Minyan, Traditional Egalitarian Minyan, Social Action & Hesed Projects, Sisterhood, Community Holiday Celebrations



Lifelong Learning

MakomDC, Jewish Study Center, Boker Ohr, Shabbat Awakening, Downtown Study Group, Taste of Tanach, Adas Book Chat, Shabbat Scholar Series, Parsha Hashavua Class



Spiritual Seeker

Jewish Mindfulness Center of Washington (JMCW) Programming, Including Morning Awakening, Meditation, Yoga, Parsha Hashavua, MakomDC, Shabbat Awakening, Return Again, Boker Ohr, Mikvah



Families with Older Children

Religious School, Junior Congregation, Netivot, Youth@AI Programming, Parsha HaShavuah on Saturday Afternoons, Shabbat Morning Services, MakomDC



Young Professional

Shir Delight, MakomDC, YP Shabbat Dinners, YP Outings, JMCW Yoga & Meditation, Return Again Services, 30-Something Shabbat Service & Dinner, Social Action Projects

a sacred blend of tradition & innovation

adasisrael.org

A story about
YOU
and a journey into your
sacred community





Your Community Awaits...

Adas Israel is a community of communities. We are a vibrant, multi-generational synagogue that offers access to Jewish life and community for people of all backgrounds. We consider our size and diversity to be an advantage because we are able to offer everyone a different pathway or touchstone to help them find their connection to Judaism. Whether it's attending Shabbat morning services, serving on the Gan Parent Association, Torah study with the rabbis, attending our musical programs, participating in our weekly meditations, attending one of our social activities or serving on a committee, there is a place for you in our K'hilla K'dosha (sacred community), and we are here to help you discover it. As you take a little time to find your place in this new community, we are here to help you every step of the way.

We plan to take a very active role on your journey over the next year in particular. The pages that follow offer a glimpse into what you can expect as a new member of our community. We look forward to getting to know you!



Your First Year @ Adas Israel ... Full of Possibilities



Welcoming



Welcome phone call



Welcome gift bag



First issue of The Chronicle



@Adas weekly e-newsletter



Try out one of our Shabbat services



Invitation to meet with our clergy



Connecting



New member reception



New member Aliyah



Congregational Shabbat dinner



New member check-in meeting



Cake pops & coffee in Biran Beit Midrash



Learning



MakomDC Tuesday learning



Attend Boker Ohr on Shabbat mornings



Attend morning or evening Minyan



Attend Book Chat at the Adas Israel Library



Engaging



Join a lay-led committee



Attend an Adas event (service, class, concert, etc.)



Volunteer for social action projects



Schedule an immersion in our mikvah



Celebrate Jewish holidays with us



Try out Jewish mindfulness at JMCW



Reflecting



1st year anniversary check-in



Full cycle of Jewish life @ Adas completed!



If you haven't done anything from the lists above, now is the time!



Be In Touch

Throughout your first year at Adas - and well beyond. Please contact us with your questions!



Marcy Spiro - Senior Director; Engagement & Programming Operations
marcy.spiro@adasisrael.org • 202.362.4433



David Polonsky - Executive Director
david.polonsky@adasisrael.org • 202.362.4433