Renewal • Courage • Faith
We commit to believing in you. Alongside the challenges of this year, we hope you will also hold the deep sense of pride and responsibility that comes with standing together spiritually through this moment, just as generations of Adas Israel members have done in their own times of crisis.

We commit to your potential. We have affirmed through this pandemic that where there is a will there is a way. And together we are finding our way. And so, as these Holy Days approach, we call upon you to believe in the transformative power of these days to help us heal, dream, mourn, and celebrate together.

We commit to your journeys. No matter what, we are committed to bringing Adas to you in ever new, creative, and dynamic ways. We pledge, as a community, to pour every ounce of ingenuity and spirit into this moment, and into the coming Days of Awe.

We commit to helping you grow & flourish amidst it all. We will bring you all the most sacred elements of these holy days: the melodies, the teachings, the communal celebration, and the words of kavanah that will set our intention for the year to come, and guide us through the spiritual journey of the holiest of days.
Throughout the month of Elul, we will be cultivating multiple opportunities for our Adas community members to come and safely visit our synagogue building for sacred pre-High Holy Day experiences and spiritual preparations. Please visit adasisrael.org/highholydays to register for the following programs (registration required).

### ADAS ISRAEL ARK VISITS
Register your interest at adasisrael.org/highholydays

This is a sacred opportunity for community members to enter our building in a staggered and socially distant manner, and stand before the Aron Kodesh in the Charles E. Smith Sanctuary - a beloved custom from our N’eelah service on Yom Kippur each year.

### COMMUNAL TASHLICH EXPERIENCE
Register your interest at adasisrael.org/highholydays

Experience the ancient, communal custom associated with the First Day of Rosh Hashanah, in which we visit an ocean, stream, or river to pray and throw breadcrumbs into the water. Join a small group at a safe distance in a guided outdoor communal tashlich experience.

### COMMUNAL SHOFAR BLOWING AT ADAS & AROUND DC
Register your interest at adasisrael.org/highholydays

Prepare your hearts and souls for the Days of Awe with Shofar. A Shofar blower from the Adas kehilla will sound shofar at 5pm, and recite the Psalm for Elul and Mourner’s Kaddish.

### OUTDOOR SELICHOT EXPERIENCES
Register your interest at adasisrael.org/highholydays

This tradition invites us to open ourselves up to the essential work of the High Holy Days: the processes of repair and return, of acknowledgement and longing. Please join your community in the Adas Israel parking lot for a one-of-a-kind evening of personal reflection through song and text — back at the building you love!

### KOLO KIDRE
Sunday, September 27. Livestreamed to Your Home
Clergy-Led, Musical Service / Traditional, Lay-Led Services

The sun sets, ushering in the holiest day of the year. Kol Nidre gives us permission to pray with each other, with all of our imperfections and longings for healing. The liturgy and age-old melodies invite us in to break new ground and create space for something new.

### RSH HSHANAH
September 18 - 20. Livestreamed to Your Home
Clergy-Led, Musical Services / Youth & Family Services / Traditional, Lay-Led Services

This is the day we all pass before God – a God who is merciful, compassionate, abounding in love, and forgiving. We ask to be granted release. We seek to be made whole, to begin anew, to move forward with our lives with all of the potential and promise that lies within each one of us.

### YOM KIPPUR
Monday, September 28. Livestreamed to Your Home
Clergy-Led, Musical Services / Youth & Family Services / Traditional, Lay-Led Services

Today is the birthday of the world. It is the day to hear the call of the shofar, to live in radical amazement of the world that surrounds us. Our spirits are lifted as friends, family, and community members from all over the world are called together for a day of earnest reflection and renewal.

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### WHYY IS THIS LIVESTREAM DIFFERENT FROM ALL OTHER LIVESTREAMS?
- Enhanced, High-Def Livestream
- Complete Liturgy & Torah Services
- Interactive Video & Learning Content
- Streamed-in Participatory Aliyot & Honors
- "Navigate" Across the Building & Pick Your Service
- Multiple Livestream Angles
- Engaging Family Content For All Ages

We pledge to you this will not be just another livestream or Zoom experience. While these holidays will certainly be different in kind than what we have experienced in the past, they will also transcend everything we have done thus far online to ensure your Jewish life continues to thrive in new, surprising, and authentic ways.
“We are going to show just how far Adas Israel reaches.”
The Talmud teaches that every space has the potential to become its own sanctuary. Indeed, our own synagogues, study halls and homes are now the places in which we bring in divinity and encounter God. This year, we each step in to the invitation and obligation to make our homes sacred spaces - spaces of introspection, spaces of connection, and spaces of prayer.

A Spiritual & Practical Guide

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I have become to them a mini sanctuary in all of their lands.

Week of:

**Elevate Your Space**
Find the right place in your home to participate in High Holy Day services. Maybe this is a room or a location usually reserved for formal or special occasions. Make the area feel special by putting a tablecloth over your desk/table, setting up candle sticks, other Judaica, or pictures of loved ones, and putting away distractions.

**Prepare Your Technology**
Test your devices during any of our virtual Shabbat services to be sure you know the right setup. Be sure you have good speakers. Consider connecting your home computer to your television for a larger picture and higher quality sound. Make sure the lighting in the room is conducive to avoid screen glare. For technology help, please contact us at 301-421-4518.

**Plan Your Experiences**
Open your High Holy Day booklet and map out the services or programs you would like to attend/participate in.

**Pick Up Your Machzor**
Leaf through the pages and mentally or physically mark important pages or passages.

**Connect With Friends & Family**
Connect with your friends and family to send well wishes, or schedule a watch party or a shared virtual meal.

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Dress Up
Part of how we signal the weight of an occasion to ourselves is through our own physical preparation. Put on your favorite synagogue clothes, jewelry, and even shoes.

Get Settled
Position everyone to be able to see the screen. Provide comfortable seating for everyone and enough space for standing and sitting as needed. Now is also a good time to remind yourself which direction is east, for when we turn that way in the services.

Prepare Your Technology
Make sure that you have reached the web page at least 15 minutes before the start of the service. That way, you won’t miss the first moments of the service while you are troubleshooting any technical difficulties that could arise. We highly recommend that you hook up your laptop or computer screen to the television.

Festive Holiday Meal
At least for Rosh Hashanah, the noshing, shmoozing, and seudat mitzvah (sacred meal) are as much a part of the holiday experience as the services themselves. Set a fancy table and eat a festive meal with some holiday-specific foods.

Day of:

Moment of:

Gear Up
Wear your tallit, kippah, or other ritual garb.

Participate In The Service
Sing and chant along with whoever is leading! Remember, you are not watching a TV show, you are an active participant in a community of loved ones joining in prayer together.

Follow Along
Follow along in your machzor, but don’t worry if you fall behind, get ahead, or decide to dwell on one word for a while. Our clergy will be consistently helping you find your way.

Connect With Loved Ones
Connect with loved ones, wishing them a “L’Shana Tova” or a “g’mar chatima tova” during or after the services.
MORNING BLESSINGS
8:30am
With Hazzan Rachel Goldsmith
• Streaming Location: Charles E. Smith Sanctuary

COMMUNITY SERVICE
9:00am
With Adas Clergy & Musicians • Streaming Location: Charles E. Smith Sanctuary

FAMILY SERVICE
9:00am
With Rabbi Kerrith Solomon & Musical Guests, Nefesh Mountain • Streaming Location: Gewirz Beit Am

TRADITIONAL LAY LED SERVICE
10:00am
With Traditional Egalitarian Minyan • Streaming Location: Kay Hall

AGE BASED OFFERINGS (5 and under, K-2, 3-6)
11:00-11:30am
With Education Team • Streaming Location: Home Zoom

MINCHA/MAARIV
6:00pm
With Michael Leifman • Streaming Location: Charles E. Smith Sanctuary

KOL NIDRE
Sunday, September 19
TRADITIONAL LAY LED SERVICE
6:30pm
With Traditional Egalitarian Minyan • Streaming Location: Kay Hall

KOL NIDRE COMMUNITY SERVICE
7:30pm
With Adas Clergy & Musicians • Streaming Location: Charles E. Smith Sanctuary

ROSH HASHANAH DAY 2
Saturday, September 19
MORNING BLESSINGS
8:30am
With Hazzan Rachel Goldsmith • Streaming Location: Charles E. Smith Sanctuary

COMMUNITY SERVICE
9:00am
With Adas Clergy & Musicians • Streaming Location: Charles E. Smith Sanctuary

FAMILY SERVICE
9:00am
With Rabbi Kerrith Solomon & Musical Guests, Nefesh Mountain • Streaming Location: Gewirz Beit Am

TRADITIONAL LAY LED SERVICE
10:00am
With Traditional Egalitarian Minyan • Streaming Location: Kay Hall

YOUNG FAMILY SERVICE
11:00am
With Rabbi Helzner • Streaming Location: Cohen Hall

MINCHA/MAARIV
6:00pm
With Michael Leifman • Streaming Location: Charles E. Smith Sanctuary

KOL NIDRE
Monday, September 20
TRADITIONAL LAY LED SERVICE
6:30pm
With Traditional Egalitarian Minyan • Streaming Location: Kay Hall

KOL NIDRE COMMUNITY SERVICE
7:30pm
With Adas Clergy & Musicians • Streaming Location: Charles E. Smith Sanctuary

YOM KIPPUR
Tuesday, September 21
FAMILY SERVICE
10:00am
With Hazzan Rachel Goldsmith • Streaming Location: Gewirz Beit Am

MORNING BLESSINGS
10:00am
With Hazzan Rachel Goldsmith • Streaming Location: Gewirz Beit Am

YOM KIPPUR UNPACKED
10:00am-11:00am
With Rabbi Sarah Kinsky • Streaming Location: Biran Beit Midrash

COMMUNITY SERVICE
11:00am • With Yizkor & Martyrology

TRADITIONAL LAY LED SERVICE
11:00am
With Traditional Egalitarian Minyan • Streaming Location: Kay Hall

AGE BASED OFFERINGS (5 and under, K-2, 3-6)
12:00-1:30pm
With Education Team • Streaming Location: Home Zoom

TEEN SHABBAT CHAT
1:00pm
With Education Team • Streaming Location: Zoom

AFTERNOON DISCUSSION
2:00pm
With Special Guest & Adas Clergy • Streaming Location: Charles E. Smith Sanctuary

MINCHA/MAARIV
4:45pm
With Michael Leifman • Streaming Location: Charles E. Smith Sanctuary

KOL NIDRE
Sunday, September 27
TRADITIONAL LAY LED SERVICE
6:30pm
With Traditional Egalitarian Minyan • Streaming Location: Kay Hall

KOL NIDRE COMMUNITY SERVICE
7:30pm
With Adas Clergy & Musicians • Streaming Location: Charles E. Smith Sanctuary

YOM KIPPUR
Monday, September 28
FAMILY SERVICE
10:00am
With Hazzan Rachel Goldsmith • Streaming Location: Gewirz Beit Am

MORNING BLESSINGS
10:00am
With Hazzan Rachel Goldsmith • Streaming Location: Gewirz Beit Am

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COMMUNITY SERVICE
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TRADITIONAL LAY LED SERVICE
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With Traditional Egalitarian Minyan • Streaming Location: Kay Hall

For service updates, please visit adasisrael.org/highholidays.
We are blessed to have so many families in our community. Children, like adults, can feel drawn toward different modalities of prayer. We have a variety of service options to enable our children and their grown-ups to engage in meaningful, communal experiences over the holidays.

SELICHOT
EXPERIENCE: Several days before Rosh Hashanah Jews around the world gather together to recite Selichot, a beautiful series of penitential prayers and meaningful liturgy. We are introduced to the High Holy Day melodies to come. This tradition invites us to open ourselves up to the essential work of the Days of Awe.
MOOD: Reflective

ROSH HASHANAH
EXPERIENCE: Today is the birthday of the world. We have arrived. It is the day to hear the call of the shofar deep within us all, to radical amazement of the world that surrounds us. Our spirits are lifted as friends, family, and community members from all over the world are called together for a day of earnest reflection and renewal.
MOOD: Determined & Passionate

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EXPERIENCE: The sun sets, ushering in the holiest day of the year. Kol Nidre gives us permission to pray with each other, with all of our imperfections and longings for healing. The liturgy and age-old melodies speak of our annulment of vows and invite us in to break new ground and create space for something new.
MOOD: Yearning & Contemplation

YOM KIPPUR
EXPERIENCE: This is the day we pass before God, a God who is merciful, compassionate, abounding in love, and forgiving. We seek to be made whole, to begin anew, to move forward with our lives with all of the potential and promise that lies within each one of us.
MOOD: Humility & Catharsis

L’shana Tova Tikatevu!

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L’shana Tova Tikatevu!
Making The Most Spiritually Out Of Your Experience

SEPTEMBER 1 AT 7:30PM

Led by Rabbi Holtzblatt, Alexander & Krinsky, together we’ll explore key themes of the holidays, and give you tools to help access the best of our tradition, while virtual.

All Of Your Tech Questions Answered

SEPTEMBER 9 AT 7:00PM

Led by Adas Staff. Our livestream experience is going to be very user-friendly. You will only need to click “play!” That said, our team is available to answer any tech Q&As you have ahead of the experience.

An Evening of High Holy Day Niggunim

SEPTEMBER 15 AT 7:30PM

Join Rabbi Holtzblatt, Alexander and Kinsky for a tisch-like evening of kavannot (short teachings/meditations) and niggunim (wordless melodies) as we prepare for the High Holy Days.

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MakomDC

Join our Adas Clergy and renowned rabbis of outside institutions over the answers as we dive into Jewish text, law, and core concepts. Prepare for these most sacred days of awe and set an intention for the year to come.

JMCW

Prepare body, mind, and spirit with deep intention for the profound power of this season of renewal. Join us for a series of online and physically distanced onsite experiences with clergy and community.

Rosh Hashanah Seder

Based on the contours of a Pesach seder, this new ritual combines symbolic foods, spirited song, and thought-provoking discussion. Download our Rosh Hashanah Seder Megillah at adasisrael.org/highholydays, which contains all the tips for facilitation and preparation you will need to gather friends and family for this rich and festive new take on a traditional holiday meal.

At Home Tashlich

The beloved tashlich ritual involves symbolically throwing bread into a body of water to release ourselves from the parts of the past year that we need to leave behind. In addition to our socially distant tashlich events, we have also created an at-home version of this practice to be done in one's own living room or kitchen. Find it at adasisrael.org/highholydays.

The Blast DC

Along with Temple Sinai and Sixth & I Congregation, Adas is proud to present The Blast DC, a synchronous shofar blast that will sound across our city (and the DMV region). At 5pm on Erev Rosh Hashanah, sound your shofar from wherever you are to be part of this city-wide proclamation of the new year. For more information (and on how to participate if you don’t own/blow a shofar), visit www.theblastdc.com.
Jews worldwide mark the approaching High Holy Days with Kever Avot (graves of the ancestors), annual visits to the graves of departed loved ones. Gathering at the grave facilitates healing within families by creating an opportunity to grant forgiveness to one another. Others visit graves to connect with their past and to contemplate the life they want to live.

This will not be a formal service, but an opportunity to come and visit the graves of your loved ones with our clergy and community by your side. All community members will be required to maintain appropriate physical distancing and wear masks.

The Adas Israel Cemetery on Alabama Avenue will be open on Sunday, September 13, from 9am until 3pm.

**Kever Avot**

**SUNDAY, SEPTEMBER 13 @ 10 AM**

**ADAS ISRAEL CEMETERY**

1400 Alabama Avenue SE, Washington, DC
With Rabbi Lauren Holtzblatt

**JUDEAN MEMORIAL GARDENS**

16225 Bachelors Forest Road, Olney, MD
With Rabbi Aaron Alexander

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**The Adas Fund 2020**

In Honor of our Incredible “Team Adas”

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**Adas Israel Is Our Home, Now and Always**

Support our one annual campaign, and ensure that the Adas we know and love is here to stay.

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We can’t do this without you.

Once a year, we ask you to contribute to a special campaign. It is the engine that drives all of the meaningful work in our community. This is The Adas Fund. This year, as the world grapples with circumstances beyond imagination, our team of dedicated Adas staff members has been there, binding us together through their sacred, diligent work and service. Oversight, these remarkable individuals created a fully digital institution under challenging circumstances, enabling thousands to attend weekly Shabbat services and Daily Minyanim, to continue with their children’s Jewish education, and to stay connected with each other and with our remarkable clergy.

And so, in honor of their tireless efforts, we dedicate this year’s Adas Fund campaign to them, our incredible Team Adas.

We seek 100% participation, at any level of giving. Your support will ensure we have the resources we need to keep our full team engaged and serving you in the way you deserve. Every dollar counts, now more than ever. We ask that you please stand with this uncommonly devoted team, who serve Adas with full heart and full soul, come what may.

Visit adasisrael.org/the-adas-fund to contribute today.

Toda Raba,
the Officers of Adas Israel Congregation
Claim Your Seat.
From Wherever You Are.

L’shana Tova Tikatevu!

adasisrael.org/highholydays
L'Shana Tova Tikatevu!
From the very bottom of our hearts, we welcome you to this year’s High Holy Day services.

Step 1.
Visit adasisrael.org/highholydays

Step 2.
Scroll Down to the Service Experience You Wish to Join

Step 3.
Click To Join!

The High Holy Day landing page will look like this beginning Erev Rosh Hashanah.

Step 2.
Scroll Down to the Service Experience You Wish to Join

Click to join the Clergy-Led, Lay-Led, or Youth & Family service page.

Step 3.
Click To Join!

This will open up a new “service” page, which is where you will be able to click “play” and join the livestream. Example Clergy-Led service page on reverse side.

(over)
Step 4. Find The Media Player

Each service page will have a media player at the top. You can’t miss it!

→

Step 5. Click “Play” Button to Begin Your Livestream!

The service will begin playing right away once you click play. You will be able to control the audio & set the image to full screen. If you arrive early, you will see a message indicating that the service will begin soon.

→

Step 6. Machzor Download & Other Services

On each service page, you will be able to download a full Machzor and other service handouts. You can also navigate to other service pages at Adas, and even join a virtual “Lobby” for schmoozing!

→

Machzor & Service Handouts

DOWNLOAD LEV SHALEM MACHZOR
Click Here!

DOWNLOAD YIZKOR PAGES
Click Here!

DOWNLOAD SERVICE HANDOUTS
Click Here!

Jump To A Different Service Experience

Lay-Led Services with the Traditional Egalitarian Minyan
Click to join!

Adas Israel’s Youth & Family Services
Click to join!

Schmooze in Adas Israel’s “Virtual Lobby”
Click to join!