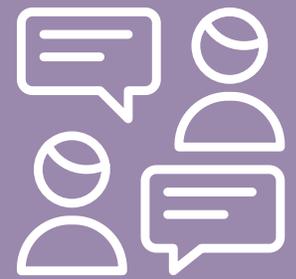


Welcome to the Social Action Committee!

The SAC has a number of teams organizing the Adas community to advocate for change and do the work of tikkun olam. Check them out here (adasisrael.org/tikkun-olam/teams) and contact chair Brad Brooks-Rubin at barubin10@hotmail.com to get involved.



What is the IRC family mentoring project?

The Family Mentorship Program matches volunteers with recently resettled refugee families in our region. Mentors undergo a 90-minute IRC-led training and commit to a six-month program (currently virtual) where they help ease the family into their new life through socializing, working on English skills, assisting with homework, enjoying excursions, sharing meals, and generally helping families navigate life in a wholly new culture and country.

Do I need special skills?

Not at all! You don't need to speak a second language or have previous experience; you just need some free time and the desire to help a family figure out daily life in the DMV. This is a great opportunity to work with another b'nai mitzvah, as the mentoring model will group 3-4 Adas families together to work with one family. Please contact Sarah Karlin-Smith at sarah.karlin@gmail.com to get involved.



What is the Uyghur Crisis Team?

The SAC's newest team is working to increase awareness of the forced internment and genocide of more than a million members of the Uyghur ethnic minority in Chinese prison camps.

How can I help?

B'nai mitzvah projects can involve advocacy on legislation, connections with the local Uyghur community, and awareness-raising of how US companies are connected. Please contact Nechama Liss-Levinson at lisslev@verizon.net to get involved.

What work is Adas doing on affordable housing?

Affordable housing/homelessness is the SAC's longest ongoing initiative. We have partnerships with many local organizations working to keep our neighbors safely housed and fed.

How can I help?

We have plenty of volunteer opportunities with partners like Friendship Place, SOME, and Martha's Table, and always need more hands in our affordable housing advocacy and public education about the history of housing discrimination in our area. Please contact Jamie Butler at jgb3611@gmail.com to get involved.





Hesed Mitzvah Project Toolkit

We love to connect our B'nai Mitzvah students and families with the many Mitzvah opportunities within our own community!



Hesed Cooking Project

What's the value?

Feeding those who are hungry.

What skills do I need?

A place to cook, parents who allow you to cook or can join you to supervise, ability to follow directions, a good attitude in order to have fun! If you enjoy **cooking**, this a great project for you!

When does it meet?

During the pandemic, cooking takes place once a month.

Who should I contact to join?

hesed@adasisrael.org

Hesed Penpal Project

What's the value?

Helping the elderly in our community.

What skills do I need?

A friendly writing tone, ability to type or write hand written letters. If you enjoy **connecting with people through writing**, this is a great project for you!

When does it meet?

This is an ongoing project. You can join anytime.

Who should I contact to join?

hesed@adasisrael.org



You can learn more here:
adasisrael.org/bnaimitzvah



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