



BAMAH PRESENTS

AN INTERACTIVE, CUTTING-EDGE EXPERIENCE WITH ISRAELI ARTIST **JASON MORRIS DANINO HOLT** AND RABBI **RAMI SCHWARTZER**



Combine **performance art**, **spiritual exercise**, and **immersive learning** to make the concepts of teshuva, repentance, and confession intentional practices in your community.

PROGRAM ELEMENTS

► PERFORMANCE OF “NOT LETTING IT IN”

An improvised, participatory theatrical event that explores the art of confession. Performers model honest conversations and meaningful catharsis, inviting audience members to witness or join them as the process unfolds.

► FACILITATED CONVERSATION/WORKSHOP

Interactive processing to integrate the lessons of the experience into the High Holy Days and beyond.

Program is up to 3.5 hours in total and can be adapted to fit evening, full-day, and/or Shabbaton formats.

ABOUT THE PARTICIPATING ARTISTS

► JASON MORRIS DANINO HOLT

is a multidisciplinary artist and cultural entrepreneur based in Tel Aviv. A recipient of the Rozenblum Prize for Best Young Artist, he is the founder of a self-titled indie theatre ensemble and artistic director of Habait Theatre in Jaffa.

► RABBI RAMI SCHWARTZER

is a spiritual education innovator, author, and rabbi. By applying practical spirituality to modern life, Rami bridges the divide between religious and secular thinking, integrating theology, the arts, and the science of consciousness.



ABOUT BAMAH

Founded by **Flo Low**, **BAMAH** is a non-profit (501c3) platform that partners with communities to design experiences that harness Israeli culture to inspire and connect audiences of all ages, backgrounds, and identities. Contact Flo at flolow@bamaharts.org or visit www.bamaharts.org.



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NOT **LETTING** **IT IN**

BY

JASON MORRIS DANINO HOLT

**A 2-HOUR DURATIONAL
CONFESSIONAL
THEATRICAL EVENT**

“Not Letting It In” is a response: what happens when we start communicating with each other on the most honest, ugly, truthful frequencies? The experience is built around an intentional pedagogy of confession – no characters, no fiction, no masks, no reactions, no comments, no judgment. Performers from around the world sit around a table and confess, inviting the audience to witness in active silence, or to join in.

Our definition of confessions is anything secretive, shameful, hurtful, or guilt-ridden. This is a key element that we use as an improvisational tool to explore, with gentle and ongoing training, allowing complex scenes to happen on stage, and creating tense and sometimes volatile relationships between performers.

The moment audience members begin to join the process, the experience has effectively established a zone where true and complete, sometimes brutal, honesty connects performers and audience alike through unseen strings, connecting emotional forces and building a temporary haven participants find difficult to leave. When someone finally musters up the courage or need to speak, often with a pounding heart, the resulting sense of immediate relief and the sense of being a part of something bigger, create deep catharsis and connection, making the world suddenly feel more tolerable again.

“Not Letting It In” can be performed in different and diverse locations – from studios, to galleries, to libraries, and night clubs. All the show requires are interesting esthetics, a table and chairs, and quiet, intimate surroundings to enable the audience to engulf and join this intimate act of sharing.