Follow the footsteps of our sacred calendar as we journey together towards freedom, preparation, and ultimately, service. A journey which so poignantly echoes the profound transitions our world works towards – this most unique Spring of 5781, and beyond.
Sacred Footsteps

Follow the footsteps of our sacred calendar as we journey together towards freedom, preparation, and ultimately, service. A journey which so poignantly echoes the profound transitions our world works towards – this most unique Spring of 5781, and beyond.

Passover

Passover
Sat. March 27 - Sun. April 4

What To Expect:

 miệng: A Virtual 2nd Night Seder, From the Rabbi’s Tables to Yours
יומם: A powerful lineup of Pesach Services all Week
בתו: Multiple Learning Experiences with our Clergy
חג: Sacred Preparation in the Parking Lot
תודה: Liturgy and Holiday Guidance as Only Adas can do it

More Passover Information on Page 6 of The Chronicle

March Towards Freedom

Shavuot

Shavuot
Sun. May 16 - Tues. May 18

What To Expect:

גאולה: An Evening Learning Experience as Only Adas Can Do It
לנשון: A Powerful Lineup of Shavuot Services

Intentioned Preparation

The Omer

Counting the Omer - Passover - Shavuot

What To Expect:

גאולה: A Daily Counting Experience with the Daily Minyan
לנשון: Meaningful Touchpoints Along The Way

Revelation

Full Schedule & Registration Coming Soon
adasisrael.org
The Pesach seder plays with time in always creative, sometimes counterintuitive, and occasionally contradictory ways.

Our haggadah—itself an anthology from across centuries and generations—collapses past, present, and future, bringing stories of antiquity into the here and now while simultaneously reaching into a tomorrow that is both achingly distant and tantalizingly present.

Two of the most well-known passages from the haggadah capture this dissonance. On the one hand, in the passage that begins “ha lachma anya,” “this is the bread of affliction,” we declare:

Now we are here; next year may we be in the land of Israel. This year we are enslaved; next year may we be free.

This passage reminds us: we are still, in so many ways, enslaved. We are stuck in a reality, constrained by a narrowness, that leaves so much potential for growth, so much room for liberation. And yet the seder also demands that we pronounce:

In every generation, all must see themselves as if they themselves were liberated from Egypt.

This passage reminds us: we are free. We have been liberated; we have already made it out of Egypt. We have already enacted the journey, m’avdut l’cheirut, from slavery to redemption.

Both of these reflections—as incompatible as they may be—have poignant and particular resonance this year. On the one hand, many of us will once again celebrate Pesach from the confines of our homes. We will still be Zooming with family members or loved ones from across the country or the world, blessedly connected through the screens but still painfully physically distant. Last Pesach, we joked, “This year on Zoom, next year in person!” And yet, what we thought then would pass in mere months still lingers. For many, the haggadah’s cry, “This year we are trapped, next year may we be free,” is still all too literal.

And yet, our ritual requires that even in these moments of confinement—even as we reenact traveling from Egypt—we still give ourselves the experience of liberation. We lift up the places where redemption already lives. And as we approach this year’s seder, there is certainly much to marvel at in terms of the progress that has advanced since Pesach last year. In the midst of the pain and the loss and the isolation, this year has also witnessed the miracle of science (and the hard work of scientists) in bringing about treatments and vaccines. What at this time last year was only in its beginning is now approaching the beginning of its end. This year has opened up new possibilities for connection to tefillah, to learning, to social action, and to one another that we could neither have predicted nor imagined last March. We sit at this year’s seder stronger, more resilient, more intentional, and, yes, more free than we were at this time last year.

This Pesach, just like every generation before us, we are at once enslaved and liberated, confined and free, pushing against narrowness and marveling at the expanse. May we approach this holiday with space for the pain, with gratitude for the progress, and with lasting and eternal hope for an ever more redeemed future in the year and years to come. Chag kasher v’sameach.
HOLIDAYS @ ADAS

PASSOVER @ ADAS
SATURDAY, MARCH 27—SUNDAY, APRIL 4

The eight-day festival of Passover celebrates the emancipation of the Israelites from slavery in ancient Egypt. It is observed by avoiding leaven, and highlighted by the Seder experiences and the retelling of the Exodus. It is of course a deeply poignant moment for us to observe Passover this year, given our realities. Together, we will march towards hope and freedom, see wonders, and give thanks for the abundant blessings in our lives.

Second Night Community Seder
with Adas Clergy
Saturday, March 27 @ 6:30PM

Join Rabbis Holtzblatt, Alexander and Krinsky (virtually) at their family tables for the second night seder.

This multi-faceted evening will include video recorded insights from world-renowned scholars, small groups for discussion, socializing, and enjoying the meal together. We’ll capture all the most important parts of the Haggadah together, while also giving each participant space to bring their own experiences into the Seder.

Be prepared for thought-provoking discussion, joyful song and inspired traditions! Together, we will march towards hope and freedom, see wonders, and give thanks for the abundant blessings in our lives.

Register online at adasisrael.org/passover.

Passover Services
In-Person & Online
adasisrael.org/passover

We are blessed to have the opportunity to stream all of our chag (holiday), chol hamoed (weekday), and Shabbat services live throughout the Passover holiday. We will also be offering select services in-person (pre-registration required). Please visit our Passover webpage to view the full schedule along with Zoom, livestream, and Facebook live links.

Biur Hametz
Running of the Hametz with Hazzan Goldsmith
Friday, March 26, 10 AM
View Live or Join In-Person

Burn your leftover chametz with Hazzan Rachel Goldsmith live on the Adas Facebook page or in-person in the Adas Parking Lot. Hazzan Goldsmith will be reviewing the blessing and customs for this Passover tradition. The burning of hametz should be completed by about 10 am.

PASSOVER SERVICE SCHEDULE

Thursday, March 25
7:30 am • Shacharit/Siyum Bechorot
Friday, March 26 (day before Erev Pesach)
7:30 am • Morning Minyan on Zoom
10 am • Biur Chametz with Hazzan Goldsmith
5:15 pm • Mincha
6 pm • Kabbalat Shabbat with Rabbi Alexander
Erev Pesach, Saturday, March 27
9:30 am • Shabbat Hagadah Service with Rabbi Sarah Krinsky & Hazzan Goldsmith
6 pm • Maariv for Chag
Day 1, Sunday, March 28
9:30 am • Shacharit Service, Hallel & Tal with Rabbi Holtzblatt & Cantor Brown
6 pm • Evening Minyan on Zoom with Hazzan Goldsmith
6:30 pm • Second Night Community Seder with Rabbi Holtzblatt, Alexander, and Krinsky
Day 2, Monday, March 29
10 am • Shacharit Service, Hallel & Torah Reading w/ TEM
8 pm • Maariv/Hordalah with Rabbi Alexander
Day 3, Tuesday, March 30
10 am • Shacharit & Hallel
5:15 pm • Mincha & Maariv
Day 4, Wednesday, March 31
10 am • Shacharit & Hallel
6 pm • Mincha & Maariv
Day 5, Thursday, April 1
7:30 am • Shacharit & Hallel in the Parking Lot Live
6 pm • Mincha & Maariv
Day 6, Friday, April 2
7:30 am • Shacharit & Hallel
5:15 pm • Mincha
6 pm • Kabbalat Chag/Sha’bat, Cantor Brown with the Mayer Brothers
Day 7, Saturday, April 3
9:30 am • Shacharit Service & Hallel with Rabbi Krinsky, Cantor Brown, and Hazzan Goldsmith
9:30 am • Shabbat Service w/ TEM in Parking Lot Live
6 pm • Maariv with Hazzan Goldsmith
Day 8, Sunday, April 4
10 am • Shacharit/Hallel & Yizkor w/ Rabbi Alexander & Cantor Brown
8:15 pm • Maariv & Havdalah with Rabbi Krinsky

Spring 2021
Ve-Dibarta Bam—Torah That Speaks to You & Me: Learning, Living, and Exploring in Adas Israel’s Virtual Biran Beit Midrash

There’s always a way into Jewish learning. This year we intend to capture the passion and expertise of our core teachers and offer topics in text learning that will inspire deep learning, generate new knowledge, and open up critical conversation. Each month, for the first two Tuesday evenings, a rabbi (Holtzblatt, Alexander, Krinsky, or Yolkut) will offer a two-part mini-series that will tackle essential subjects in Judaism, with close attention to the textual tradition that inspires so much of Jewish life today. The third Tuesday of each month will be taught by one of our Mendelson Scholars. To learn more, visit adasisrael.org/makomdc.

To learn more visit adasisrael.org/makomdc

2021 SPRING MENDELSON SCHOLARS

Dr. Mara Benjamin
TUESDAY, APRIL 20 @ 7:30 PM
Mara H. Benjamin is Irene Kaplan Leiwant Associate Professor and Chair of Jewish Studies at Mount Holyoke College in South Hadley, MA. She holds a PhD in modern Jewish thought from Stanford University and has taught at the University of Washington, Yale University, and St. Olaf College. Register online at adasisrael.org/makomdc.

Dr. Joy Ladin
TUESDAY, JUNE 8 @ 7:30 PM
Sponsored by the Annie Bass Yellen Scholarship Fund
Dr. Joy Ladin is a professor of English and holds the David and Ruth Gottesman Chair in English at Stern College of Yeshiva University. Register online at adasisrael.org/makomdc.

MAKOMDC TWO-PART POD SERIES WITH ADAS CLERGY

*New Offering! Each of our rabbis will bring his or her passion and expertise to three core areas of Jewish life and living. Each session will be devoted to a deep-dive textual exploration of the chosen topic. While these classes are labeled as “advanced,” and may assume some working knowledge of the topic, all are welcome to join, and each learner will gain new insight that will expand his or her knowledge and skills.

Rabbi Aaron Alexander
Tuesdays, April 6 & 13 @ 7:30 pm
Rabbi Sarah Krinsky
Tuesdays, May 4 & 11 @ 7:30 pm

Friday Parsha Study with Adas Clergy
FRIDAY MORNINGS @ 1 PM
Join us for an exclusive in-depth look at the Torah portion. On alternating Fridays, Rabbi Holtzblatt will explore the parsha through the lens of Hassidut and mysticism. Rabbi Alexander will use the Talmud as the prism for the weekly reading, and Rabbi Krinsky will teach the hidden recesses of the parsha’s passages and discover its meaning and relevance.

Boker Or Shabbat Study
SATURDAY MORNINGS @ 8:30 AM
The Boker Or Torah study group meets Saturday mornings at 8:30 am with the weekly portion as its focus. Join our clergy and community over Zoom each week for an engaging, text-based conversation on the week’s parsha, before Shabbat services. *Note: Zoom meeting will begin before Shabbat starts. All participants who would like to join the class before Shabbat and leave their devices open for Boker Or study may do so.

Intro to Judaism 2.0
WEDNESDAY, MAY 5 @ 7:30-9 PM
This course is designed for alumni of Intro to Judaism. Each of the four sessions will focus on a practical aspect of Jewish life, incorporating the learning from the Intro class into everyday routines and spaces. Topics will include living Jewish space, creating a Jewish kitchen, observing Jewish time, and practicing Jewish ritual. The class will meet virtually until the Adas building has been re-opened (virtual options will continue through the pandemic).

Advanced Halakhah (Jewish Law) with Rabbi Aaron Alexander
MARCH 23 @ 7:30 PM
Rabbi Alexander will lead learners in a textual exploration of a topic in Jewish law, using original sources without translation. This series is designed primarily for those with previous experience studying classical rabbinic texts in Hebrew/Aramaic.

Advanced Mysticism with Rabbi Lauren Holtzblatt
APRIL 27 & JUNE 15 @ 7:30 PM
This class will offer a deep dive into Jewish mystical practices of centering the mind. We will explore the teachings of the Piacenzno Rebbe, Rabbi Nachman of Breslov, the Zohar, and HaRav Kook. We will look into the specific Hassidic theologies of each teacher and delve into their mindfulness practices. Each class will conclude with a “mindfulness lab,” a chance to try on the practice we study.

Advanced Musar with Rabbi Sarah Krinsky
MAY 25 @ 7:30 PM
Delve deeply into the practice of musar, a guided journey through middot (traits) that help us to better understand who we are, notice and hone our key attributes, and show up as our best selves in the world. Each session will focus on one particular middah and will include text study from rabbinic sources about the trait as well as guidance for incorporating reflection and practice in our own lives.
Musical Moments at Adas

Spring 2021 Programming

Musical Moments at Home Series
Wednesday April 14 @ 7 pm—FB Live
Israeli Independence Day Music and Singalong

Celebrate Yom Ha’atzmaut with Israeli guitarist Zvika Sharabi! Zvika Sharabi’s musical career in Israel included performing on national radio, as a studio musician, conducting youth rock bands, and teaching in music schools. Since arriving in the United States in 2009, Zvika has performed and taught music at various Jewish congregations, hosted several Israeli singalongs and other music events for the IAC and the Israeli embassy, and taught at the School of Rock. He is currently part of the musical team at Adas Israel Congregation, music instructor at Milton Gottesman Jewish Day School, and the owner of Dizzy Fingers Music Lessons.

Composers’ Corner Series
Wednesday Torah Bite @ noon, March 31, April 21, May 26, June 23

In this popular, engaging series, Cantor Brown will interview celebrated and up-and-coming composers. Hear them perform and discuss their music and the methods behind their creative compositions. Wednesdays at noon on Facebook Live, available for viewing afterward at www.adasisrael.org/musicalmoments.

Havdalah Singing Circle
with Rabbi Josh Warshawsky
March 20, April 24, May 22

Join us over Facebook Live for special musical havdalah services led by Rabbi Josh Warshawsky. As Shabbat leaves us, Josh will lead us in song following havdalah to keep the warm Shabbat feeling lingering in our homes.

Meet Our Musicians

Featuring Alan Yellowitz

How did you first become connected to Adas?
In 2012, I was hired to play at Temple Micah for a service. Rabbi Lauren saw me and called a few days later to ask me if I would be interested in joining the Return Again band. It’s been nine years with Adas, and it is truly my second most favorite place to play. My favorites are the gigs I get to play with my daughter Jessica, a singer songwriter who graduated with a commercial song writing degree from MTSU in Murfreesboro, TN.

Tell us about your musical pursuits outside of music Adas.
I started drumming in the fifth grade and became active in all of the school bands from junior high to high school orchestra, jazz band, and the Walt Whitman Marching band. I also played in the University of Maryland’s Jazz band. In 1991 I started playing with a group of six friends in a band called Face the Fish. We were primarily an original rock band that also played covers. We had an incredible following and stayed together for 18 (chai) years. In 2009 we stopped playing but did a yearly reunion show until 2017.

In 2009 I took my passion for drums and percussion and started The Beat Goes On. We are best known for our senior health and wellness programs, especially working with Alzheimer’s and dementia-related organizations. This is what differentiates us from entertainment; we stimulate and use protocols that engage both physically and mentally and often are documented in an individual’s progress reports. Every caretaker, volunteer, ombudsman, health provider, and family member who experiences our program is stimulated, motivated, and simply in awe of the vibrant atmosphere created.

How would you encourage those who feel they are “rhythmically challenged”?
Yes, there are people with a bad sense of rhythm. From my experience, those people thought, “I’m just not good at rhythm” and never tried to learn. With a little guidance, they could find a basic beat. We all have a heart that produces the most beautiful rhythm of all, the rhythm of life.

What do you love most about your musical involvement at Adas?
I love being part of the High Holy Days at Adas. Growing up Conservative in Bethesda, we never experienced the type of musical service we see today. I never thought I’d see the day when drums and percussion would be part of a service, let alone that I’d play up on the bima . . . I feel so blessed and I’m so humbled to be playing with musicians like Vasily Popov and Seth Kibel and Cantor Brown. It really is an honor.

How does playing percussion during a service influence your spiritual experience?
Because I grew up in a Conservative temple, the foundation of Adas is similar to what I remember growing up. The melodies bring me back to my youth, but getting to play with the words/prayers I grew up with is so special. It’s hard to describe how amazing it is for me to be a part of Adas. Spiritually I feel a very strong connection to G-D and it has become a huge shining light in my life. Light, Love, Redemption, I hear these words often and truly feel them being a part of the Adas family.

Stay Up To Date!
adasisrael.org/musicalmoments
Spring Art Exhibition

This spring, Adas Israel is proud to host Identity and Authenticity, an international art exhibition in our Quebec Street lobby. In partnership with Day Eight, a Jewish arts organization, and curated by Dr. Ori Sottis from Georgetown University, more than 70 works of visual art will be with us during the period of the omer, the seven weeks between the Pesach and Shavuot.

Like the process of creating art, the omer recalls the planting, sowing, and waiting for something to emerge. Through their visions, dedication, and their steady hands, the painters, spray painters, photographers, graphic artists, sculptors, and collage and textile artists, the Torah that blooms in this exhibition delivers us to a moment of celebration. Look for upcoming announcements about lectures, a panel discussion with Adas clergy, an exhibition catalogue, accessibility for people who are blind or have low vision, and timed entry to the building to view the artwork.

Inner Life of a Golem by Chicago area artist Judith Joseph; woodblock print, 20” x 16,” 2019.

From the Book of Jewish History by DC area artist Marilyn Banner; ink and photo-transfer on dyed yellow canvas, 32” x 25” x .75,” 2014.

Hamotzi Lechem Min Ha-aretz (bakery mural, Los Angeles) by DC area artist Hillel Smith; photograph of painted mural, 14” x 11,” 2018.

My soul perceives your light.
Let my body discern it, too.
- RAV NACHMAN OF BRESLOV

The body without the spirit is a corpse; the spirit without the body is a ghost.
- RABBI ABRAHAM JOSHUA HESCHEL

Rabbi Arthur Green writes that “ancient memory is embedded in our lives as Jews.” This is seen in many of our traditions: rituals around Torah and tallit, liturgy that weaves together words across centuries, stories passed down through generations, and, of course, holiday observances. Passover is a perfect illustration. The storytelling central to our seder is animated by embodied practices: we lean on pillows, taste salty tears, savor bitter and sweet, drink (and drink!) the fruit of the vine, and, as Rabbi Green says in his latest book, Judaism for the World, “[w]e still eat that thin, crunchy stuff, bread like that which people made before we settled down, before we had ovens.”

These sensory experiences are more than cognitive recollection: they awaken our physical memory and response. We don’t just discuss freedom, we conduct our seder to embody going from bondage to liberation, so that we all feel as though we have actually been redeemed from Mitzrayim. This acting out of the Exodus can tap into a range of emotions: gratitude for our freedom as Jews, a call to action to protect the liberty of others (“for you were strangers in the land of Egypt”), and facing ways in which our own spirits may be captive and not quite free. And while we practice this art of ancient memory, each seder imprints upon us remembrances, anew: the taste of your beloved grandmother’s gefilte fish, the sound of your father’s raspy rendition of Chad Gadya, the sight of a worn and wine-stained haggadah.

As we approach our second pandemic Pesach, it is worth considering how memories of this past year plus will land in our bodies. Recent scientific research looks at how personal, familial, and societal distress are carried in the body, often remaining well beyond the point of trauma. Mindfulness practices can continue to bring comfort and ease to these difficult times; yet we need to address how these many months of isolation and loss may be carried in body and soul. JMCW is developing programs to explore this and to bring our communal practices to meet this moment, so please watch for announcements on our website and newsletters. Wishing everyone chag sameach and the blessings of warm memories—old and new.

JMCW @ ADAS

jewish mindfulness center of washington

The body without the spirit is a corpse; the spirit without the body is a ghost.
- RABBI ABRAHAM JOSHUA HESCHEL

During this past January’s Martin Luther King Jr. Shabbat with The Temple in Atlanta and its community partner, Ebenezer Baptist Church, Rabbi Lydia Medwin noted that there is no word in ancient Hebrew for history; rather the word remember (zakar/זכור) is used (Modern Hebrew uses historia/הִיסטוֹרי). This speaks to how our tradition recognizes that history is not a stand-alone, but is an immutable part of us and is ensconced in our memory.

The Jewish Mindfulness Center of Washington & Adas (JMCW) offers services, programs, and workshops that help deepen contemplative practices as part of our individual and communal religious and spiritual lives. Watch this space each month to follow these JMCW offerings. Visit our Adas web page at adasisrael.org/jmcw, where you can also subscribe to our weekly newsletter. Find us on Facebook, JMCW at Adas Israel!
Ma'alot has always been one of my “happy places.” Each year I continue to be impressed and inspired by our high school students, and this year has been no exception. No matter how tired we may be as we head into Tuesday evenings, the warm and committed community I find brings new energy to each of our classes and conversations. Our space together is sacred. In it we share learning, listening, the chaos of this world, and one another. And while we have some amazing classes this semester (keep reading for more details!), what I find most noteworthy is that these smart, talented, and exhausted students continue to “show up”—with both their attendance and their participation. We know that this is not something that happens in a vacuum. It is a testament to the years of learning and relationships that our students and teachers have built over the years, and it is a privilege to be a place that provides meaning and comfort during these times.

We are endlessly grateful to our Ma'alot staff whose members have invested so much time into this program, including Dr. Guy Ziv, David Diamond, David Schreiber, Ben Wacks, Tessa Rudnick, and Molly Fisch-Friedman. And this year we have had some special guest teachers joining us from near and far. Noah Shufutinsky (also known as Westside Gravy) joined us from Israel to teach an elective on Lyrical Limmud. Aiden Pink, who taught at Adas several years ago before continuing his journey as an editor for the Forward and now as a rabbinical student, is back to teach on Journalism and Judaism. And, a little closer to home, beloved Adas clergy and other familiar faces back into the classrooms.

We are all looking for those bright spots in our lives that “fill our buckets,” and I feel blessed to know that I will find that each Tuesday night. We look forward to sharing more of our highlights with you as well!

From the Director of Education

RABBI KERRITH SOLOMON

PROFESSIONAL DEVELOPMENT IN THE RELIGIOUS SCHOOL

PAMELA GORIN

One of the benefits of working in a virtual setting this year has been expanding our professional development opportunities. We have been excited to offer multiple opportunities for our staff to engage in subjects that most interest them. We were able to use our own experts and to reach out to the broader community. In February, we offered a choice of several workshops:

- Text Study with Rabbi Kerrith Solomon. Using text as a source of inspiration, the staff discussed what it means to transmit Jewish knowledge from generation to generation, and Rabbi Kerrith taught text on what our tradition says about learners and teachers.
- Using Virtual Tools in the Online Classroom with Tessa Rudnick, who led a discussion about what tools teachers have been using this year, which ones were particularly successful, and some new tools to think about as we headed into the second half of the year.
- One-on-one Zoom Training with Rory Doehring.

Finally, in early March, our entire staff participated in a workshop on “Creating an Anti-Racist Classroom” with Beckee Birger, Director of Education and Movement Building at the Jewish Council of Urban Affairs. The workshop left us doing some deep reflection about ourselves and our teaching.

We believe that educators should be lifelong learners—that the learning never stops, and we can learn so much from each other, members of the greater community, and, most important, our students. We have been energized by the enthusiastic response of our staff and are looking forward to creating more opportunities for learning in the future.

TEFILLAH IN THE VIRTUAL WORLD

TESSA RUDNICK

During in-person religious school, our students gather together twice a week for tefillah—singing familiar melodies and learning the words of our tradition. This year we’ve been faced with a challenge that isn’t unique to Adas or to our school: how can we pray together in a virtual setting?

We’ve approached this challenge by exploring several different models since school began in October. On Sundays, we stream Shacharit with our amazing song leaders on YouTube Live. Meanwhile, weekly videos for our mid-week classes allow our teachers to customize tefillah for their classrooms. We’ve added weekly parsha chats, along with mystery guest interviews bringing Adas clergy and other familiar faces back into the classrooms.

As a school, we always strive to be responsive to the needs of our students and teachers, and this has been more important than ever this year. We have been tasked with re-inventing tefillah and given the opportunity to experiment. Through these new models, we have found new moments of connection. During Shacharit, Mincha, and Ma’ariv, we get to sing with Rabbi Ben Shalva, who is no longer in the DC area, and Rabbi Josh Warshawsky, who joins us all the way from Columbus, OH. We also get to hear from members of the Adas community whom we’ve been missing. We get to see families gather together on Zoom to sing Ma’ariv melodies. Virtual tefillah is certainly very different from what we’re used to, but it has also opened up new ways of being together.
The Education Team has spent the past year developing innovative and engaging programs for the students enrolled in the Estelle & Melvin Gelman Religious School, but also for the children and families of our wider Adas community. As we shifted to a virtual model last spring, the team came together to develop a fresh new slate of Shabbat programs inspired by the content our families already know and love. Among the many changes our current context created, we are so glad that we’ve been able to connect our students with familiar faces from far afar.

Currently, we offer three different Shabbat programs every month, each targeted toward a different age group. For young children, Zamar Ben leads a Shabbat morning service twice a month with the option to participate in-person in the Adas parking lot. These song-filled mornings have been a big hit and sometimes even have waitlists for in-person attendance!

For our 3rd- to 5th-grade students, Sarah (Attermann) Topal, who recently moved away from the area, Zooms in to lead Junior Congregation once a month. Our virtual world means we are able to continue our relationship with her, even though she’s in a different time zone! Rabbi Kerrith Solomon, Cantor Arianne Brown, and our Adas musicians also lead a Kabbalat Shabbat family service each month for all ages, with Zoom participation from families in our community. We continue to listen to our community, building on what works and looking for new opportunities to host engaging Shabbat programming. If you haven’t yet been able to join us for any of these programs, we’d love to see you there soon!

The synagogue has announced the establishment by his family of the Michael Stern Torah Study Scholarship Fund, intended to help launch Adas Israel’s young people into their own explorations of the intellectual and spiritual heritage of our people. It is named in memory of one of this synagogue’s own great sages, Michael Stern, who engaged in Torah study for its own sake, advancing to the level of “master teacher,” a designation conferred in 2018 by our senior rabbis.

Michael was propelled only by his desire to learn the profound teachings of our tradition and to impart them to various segments of his community. For decades, Michael offered Divrei Torah in the daily minyan, the traditional egalitarian minyan, and the Havurah, where he served for more than 40 years as ba’al Koreh.

In this last capacity, Michael trained over 150 people to chant from the Torah scroll. He also was a leading force in his Adas Israel-based study group now approaching its 50th anniversary. There Michael created numerous curricula, with topics ranging from Jewish mysticism, to personalities of the Talmud, to modern Jewish authors. This fund will assist young adult members of Adas Israel, including those attending high school or college, and is available for any level of learning. Accepted applicants may use money dispensed to participate in programs or courses of study “lishma” (for its own sake) at institutions such as the Jewish Study Center, Hadar, Svara, Brandeis Bardin Institute, and others. The fund will be administered by Rabbi Kerrith Solomon and Rabbi Sarah Krinsky. The program begins immediately; applications for 2021 will be received and considered on a rolling basis.

Please visit adasisrael.org/makomdc to complete the form. All questions can be directed to Rabbi Sarah Krinsky at Rabbi.Krinsky@adasisrael.org.

The three-year-old student’s whole arm was, indeed, covered in paint. Her neighbor had dipped both fists fully into cups of paint and was now watching gravity and pressure extract the gummy substance from her clasped hands. In a former classroom of mine, they were at a large table covered in newspaper, on top of which sat several cups of brightly colored paint, each with a paintbrush placed neatly inside. Pieces of groopy construction paper littered the table. The teacher watched and chatted with the student. I was struck by the teacher’s verbal participation.

“What is your favorite color?” she asked the student who was peeling paint from her hand.

“Green,” she replied.

“Beautiful color,” the teacher said. “It looks like your favorite color.

“Let’s make sure to use your favorite color today,” she said, placing her paintbrush in the cup of green paint.

“Do you like this color or do you want to try another color?” she asked as the student swirled her fingers across her paper in a puddle of paint.

“I noticed you made a new color, one that we didn’t start with in the paint jar,” she commented, as the student stepped back and wondered at the odd white-gray color that looked back at her.

Why was the teacher following the children instead of the other way around? The teacher certainly could have said, “Let’s make sure to use the paint brushes properly. Here, watch how I do it.”

John Dewey added vigor to the nascent progressive education movement a century ago when he wrote about the child as a vital citizen, worthy and capable of intellectual activity. The progressive era of education welcomed the child’s voice in the classroom and for the first time, teachers began to listen to our students. We realized, and are still realizing, the power of giving children space in which to create something that we have not expected of them.

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“Let’s make sure to use your favorite color today,” she said, placing her paintbrush in the cup of green paint.

“Do you like this color or do you want to try another color?” she asked as the student swirled her fingers across her paper in a puddle of paint.

“I noticed you made a new color, one that we didn’t start with in the paint jar,” she commented, as the student stepped back and wondered at the odd white-gray color that looked back at her.

Why was the teacher following the children instead of the other way around? The teacher certainly could have said, “Let’s make sure to use the paint brushes properly. Here, watch how I do it.”

John Dewey added vigor to the nascent progressive education movement a century ago when he wrote about the child as a vital citizen, worthy and capable of intellectual activity. The progressive era of education welcomed the child’s voice in the classroom and for the first time, teachers began to listen to our students. We realized, and are still realizing, the power of giving children space in which to create something that we have not expected of them.

Bertrand Russell, an English philosopher and contemporary of Dewey’s, wrote about why children need to be given autonomy in their education. He explains that if society’s goal is to recapitulate itself, then teachers can set the agenda and be done with it; but if society’s goal is improvement of the human condition, then children must be allowed to follow divergent paths in their education. They must be encouraged to develop new ways of thinking and doing. Their education should prepare them to approach a novel situation and probe and critique its assumed parameters. If we can only see things as they are, we have no hope of creating a brighter future.

So, what of our two young girls, arms covered in paint? They are flexing their capacity to be change agents. They are busily engaged in subversive activities, seeking out non-standard ways of using materials and interacting with the world. “Orthodoxy is the grave of intelligence,” Russell wrote. When we limit children to narrowly-designed activities, meant to be enjoyed in one particular (orthodox) manner, we deprive them of needed opportunities to develop intellect, imagination, and the capacity to create a better world. So at the art table, we follow children and learn in to their perspective instead of offering them a narrow path of engagement.

How do you respond when your child uses materials or ideas in divergent ways? As parents and educators, how can we assist children in seeing new and interesting versions of the world?
The Uyghurs are a Muslim minority group living in Northwest China. Over the past few years, China has committed Uighur activist. Uighur Human Rights Project; and Nurnisa Kurban, an LA-based Uighur activist.

We thank you for all of the hard work you do and the kindness and caring you show to the world in this difficult time.

—SAC co-chairs Brad Brooks-Rubin and Liz Scheier

INCLUSION

This February, Adas Israel celebrated Jewish Disability Awareness and Inclusion Month (JDAIM) and re-affirmed our commitment to inclusion as a sacred value. Under the leadership of its chair, Rabbi Lauren Tuchman, the Inclusion Task Force (ITF) created two meaningful opportunities to explore this value in our community. Rabbi Rebecca Dubowe, the first deaf female rabbi, joined Rabbi Sarah Krinsky and Hazzan Rachel Goldsmith for Shabbat services on February 13 and gave a powerful d’var Torah about “Na’aseh v’nishmah: What will we do so we CAN listen.”

The following day, Rabbi Tuchman and Rabbi Krinsky were joined by three panelists—Joe Shapiro of NPR, Jim Weisman of the United Spinal Association, and Sheryl Grossman of Yad H’chazakah—to learn more about how the covid pandemic is affecting people with disabilities. The panelists were introduced by Marcie Goldstein and Steve Lieberman, both of whom also serve on the ITF. For a transcript of the discussion or to find out about joining the Inclusion Task Force, email inclusion@adasisrael.org.

HESED

This Committee continues to grow and adapt to accommodate how we cope with the pandemic. Hesed will always focus on building community and taking care of each other. Endless ways exist to reach that goal so Hesed is always looking for new opportunities.

Here are a few of our new adaptations:

HESED COOKS @ HOME

Since we cannot cook in the Adas kitchen and stock up our Hesed freezers, we have pivoted toward a new way to do Hesed Cooking to help our community partners who struggle with food insecurity. Since November, the Hesed Cooking Team has organized Hesed Cooks @ Home. Our chef extraordinaire, Susan Barocas, develops yummy and nutritious recipes that Adas members can cook at home. The frozen cooked food is dropped off at the Adas parking lot on a designated date. Shortly after the food is dropped off, our Social Action Team swings into action and delivers the food to community partners such as the Anne Frank House, refugee families, the TraRon Center, We Are Family, and organizations.

This new way of Hesed cooking has been incredibly successful, with the most recent cooking event yielding enough food to feed nearly 400 individuals. Hesed Cooking @ Home also gives families an opportunity to cook together. We know of a grandmother who cooks with her granddaughters on Zoom to prepare the Hesed food.

Watch for the monthly Hesed Cooks @ Home opportunities. Please join us!

HESED HONORS PARENTS OF SCHOOL-AGE CHILDREN

Front line workers, including doctors, nurses, grocery workers, first responders, delivery drivers, and others, continue to be affected by the pandemic. Hesed wanted to show these parents how much we appreciate, admire, and support them.

On January 30, following a special Havdalah service led by Rabbi Holzblatt, parents of school-age children were given the opportunity to sign up for a fun and exciting magic show for their kids. The magician, Drew Blue Shoes, provided the children with a rollicking program of magic to give the parents a much-needed break to enjoy some time to themselves. Nearly 60 families participated. We thank the parents who are doing so much to keep their families safe and secure during the pandemic.

If you would like to volunteer with Hesed (cooking, making phone calls, being a pen pal, and more), please contact hesed@adasisrael.org.

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November 15: Yom Iyyun with the Estelle & Melvin Gelman Religious School

It’s been a long tradition for the Estelle & Melvin Gelman Religious School to set aside a Sunday each year for students to learn about and support Ann Frank House. This year, students were treated to a virtual presentation, featuring one of Anne Frank House’s newest residents, Priscilla, who described the ways her life is different now that she has a home. They also heard from Anne Frank House board members, explaining how AFH helps change the lives of people who used to be homeless. You can...
Did You Know? Here’s How Anne Frank House Began

Anne Frank House is grateful for the continuing support and generosity of the entire Adas Israel community. We are always looking for new board members and volunteers who are interested in becoming liaisons to our clients. If you would like to learn more about how you can get involved with Anne Frank House, contact Sue Ducat at stansue@verizon.net.

MINYAN’S ZOOMING POPULARITY

Adas Israel’s virtual weekday services have been a hit

To say that Adas Israel’s Zoomed Daily Minyan has been a godsend (pun intended) during the pandemic is an understatement. Our virtual services have enabled mourners and those observing yahrzeits, many living far from Adas, the opportunity to recite kaddish three times a day each weekday. And Zoomed minyan has also become a gathering place where we can kibbitz with old friends and make new ones. In particular, our Sunday morning post-minyan schmoozes, which have focused on news about the development of coronavirus vaccines and are led by experts from the Adas community, have become incredibly popular.

Below, nine minyan-goers tell how they feel about Zoomed services. (If you’d like to be added to the Daily Minyan email list, send a note to manny@adasisrael.org.)

Bruce Lewis, whose mother passed away in April 2020, lives in Rockville. I like being part of the pre-minyan schmoozes because it’s a chance for me to see and hear other people on a regular basis. I’m single, and I can be isolating living in this “Covid world.” The schmoozes give me a chance to join people every day in the “real world” live.

Sharon Burke, who started attending morning minyan last summer. I find the minyan a calming way to ease into the morning. The pre- and post-minyan schmoozes are like the comforting conversations one has with friends. Sometimes the conversations focus on important matters, such as our expert-led coronavirus vaccine talks on Sundays. At other times, we talk about things as mundane as where one can get an outdoor haircut (and who in the group may need one). The beauty of the schmooze is knowing that while we can’t meet up physically at minyan or elsewhere, we are still present for each other.

Lois Fingerhut, who began attending regularly to support her friend Melanie after her husband passed away in November. When I was asked to lead a Friday mincha service, I agreed, thinking just a few folks would be there. But Melanie and Manny had other ideas. At the pre-mincha schmooze, I encountered more than a dozen friends on the screen. And during a quiet moment in the middle of the service, Melanie asked me to look at the screen, and there was my son David, joining from Denver. It was delightful to see so many friends at the post-minyan schmooze.

Sari Siegel Spieler, who lost her mother in October, has been Zooming in from Camp Hill, PA, and is relocating to the DC area this summer. Her father (z”l) celebrated his bar mitzvah at Adas in 1942, when it was still located at 6th and I. Managing the loss of my mom in the midst of a pandemic has been a little surreal. With limited in-person minyan options, I Googled “online minyan” and up popped Adas. It seems such an unlikely time to connect with new people, but the support from the Adas community and the individuals with whom I have connected through the Daily Minyan have brought unexpected comfort. I am so grateful for the camaraderie as my fellow mourners and I navigate this period in isolation but together.

Ben Buring, who frequently attends both the morning and evening minyan. We may all be in separate places, but thanks to the Zoomed Daily Minyan, we’re still together. The minyan is always quick to welcome new voices, especially during these toughest of times. Thank you to everyone who organizes, leads, reads, teaches, and shares their stories. For me, the minyan is an ark that keeps us afloat, connected, and growing closer as a community when we need it most.

Elizabeth Sloan, who lives in Glenn Dale, MD, and started attending morning minyan last fall. It is an entirely different experience to pray with the minyan on Zoom. We can see each other’s faces and expressions. It’s more personal. When we are in a live service, we all look straight ahead and can’t see each other the way we can on Zoom. I think everyone is more relaxed. I feel as though I am getting to know my ‘partners in prayer’ much better than I would in person. And it really helps that I don’t have to jump in the car to get to Adas on time.

Lee Oppenheim, who started logging in to morning minyan from Gainesville, VA, last June, after the death of his father. I joined the minyan because I couldn’t attend services at my regular schul. During the schmoozes I found two people on the screens from Baltimore, where I grew up. My mother (of blessed memory) would have been proud as she played Jewish geography wherever she went. The Zoomed minyan has become a social event. It is fun listening to the barter and realizing I am not alone trying to keep safe from the virus while maintaining my mental health.

Susie Sorrells, whose mother died in December, eight months after her father passed away, lives in Rockville and is a regular at evening minyan. The fellowship that permeates the “room” during the Zoom minyans has helped to quell some of the pain of my losses. The chats before and after services spark opportunities for people to share their stories, memories, knowledge, and, on occasion, some much needed Jewish humor. And the minyan, even on a virtual platform, has provided a gateway for me to establish connections to other members of the wonderful Adas community with whom I hope to join up, side by side, in the near future.

Ron Lapping, the longtime former mayor of morning minyan before moving to Virginia Beach. Zoom services have allowed me to reconnect and see my morning minyan friends. It’s something I look forward to each day. We get to schmooze before and after services, which is really nice. I also get to help by leading Psukei D’zirra a couple of times a week, which I really enjoy. None of this would be possible without Zoom.

Prenatal or Postpartum Parent Support Group

Prenatal group: Tuesdays at 2pm, March 24 - June 9
Postpartum group: Wednesdays at 11am, March 24 - June 9

Parents-to-be and Postpartum parents: If your family is preparing to welcome a baby into your home, or your family is in the postpartum period, having recently welcomed a baby into your family, please join a JMCW Prenatal or Postpartum Parent Support Group.

These groups will be lead by Gan Assistant Director & Curriculum Specialist, Darci Lewis. In addition to nurturing our Gan children and families, Darci is also a DONA-certified Postpartum Doula. These groups are an opportunity for learning, connectivity, and support, as new babies integrate into the life of a family. Please contact Darci Lewis (darci.lewis@adasisrael.org) for any questions. Groups will meet once/week for 1 hour.
As we planned for the 2020-21 Sisterhood year last summer, the Board committed to creating a full and interesting schedule for our members. We began with our wonderful mainstays—Weekday Torah with Sisterhood and the Sewing, Knitting, & Craft Group, followed by an incredible Opening Event with a moderated panel of several women members of our clergy.

We held monthly events to keep Sisterhood members connected, including “Get Happy” Hours and Morning Coffee Klatches. Four Sunday Salons featured Sisterhood members with careers of great accomplishment: Judith Heumann, Ariette Jassel, Marion Usher, and Sheryl Stoiberg.

One of the events we are most proud of every year is Sisterhood Shabbat. While it was quite different from in past years, we were so pleased to welcome Dr. Lila Corwin Berman as our 2021 Mozelle Saltz Sisterhood Scholar to discuss responsible leadership. We thank Adas Israel member Donald Saltz for his generosity in making Sisterhood Shabbat possible.

It is our pleasure to close the 2020-21 Sisterhood year with a very special Closing Event . . .

SISTERHOOD CLOSING EVENT: AWARD-WINNING FILMMAKER AVIVA KEMPNER
June 6, 11 am

Award-winning filmmaker Aviva Kempner will discuss what motivated her to make documentaries about lesser-known American Jewish heroes who fought against anti-Semitism, fascism, and sexism from the baseball stadium and Sears to television and movie screens. She will also discuss her new film projects on screenwriter and Jewish activist Ben Hecht, “potty parity” for female legislators in the U.S. Congress, and the fight against using Native American images in sports mascots. Kempner will talk about her mission to make such documentaries for more than 40 years on Sunday, June 6 at 11 am, and will show excerpts from past and new films.

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She said, “I believe that my purpose on this earth is to make films that counter negative stereotypes and to give credit to lesser-known Jewish heroes on the big screen. My last four films have focused on the American Jewish experience, and all of the subjects were children of immigrants—a timely subject.” Kempner continued, “I look forward to talking about my past and upcoming films to the Adas Israel Sisterhood.”

Kempner is a member of the Academy of Motion Picture Arts and Sciences and an avid advocate of voting rights and statehood for the District of Columbia. She dedicates her films to her hometown of Washington, DC.

SISTERHOOD GIFT SHOP

First Seder is Saturday, March 27

Our Hanukkah sales turned out to be very successful, so we are offering our “online sales” for Passover as well. We have posted on our gift shop website (www.adasisrael.org/adas-gift-shop) all of the Passover items we have in stock: seder and matzah plates and baskets, children’s books and toys, matzah covers, and assorted other items.

Please visit that site to see what is available. Each item has a full description to assist you in making your choices. Please note, however, that the number of some items is limited, and we may only have one of some of the designs.

We offer two means of shopping:
1. Peruse our offerings on our website, then email us at adasgiftshop@gmail.com with your desired items and your home or cell telephone number. We will check our stock and call you to let you know which items are available and to charge your purchase to your credit card. We are not able to process charges on our website. We will bag the items, affix your charge receipt, and deliver them to you curbside.

2. We are offering a limited number of in-store appointments allowing you to come into the shop (masked, of course) to make your holiday selections and browse the many other items we carry. These appointments must be made in advance, and each one will be for 30 minutes only. You may make these appointments by emailing us at adasgiftshop@gmail.com.

Please keep in mind the following: DO NOT CALL the shop because our hours will be irregular, and we’re not sure anyone will be there to answer the phone. Our email is much more reliable. In addition, ALL SALES ARE FINAL, as is always the case for holiday items.

For more information, you may email the shop at adasgiftshop@gmail.com.

Every purchase benefits Adas Israel Congregation.
202-364-2888 adasgiftshop@gmail.com

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Out of Egypt

BY ROBIN JACOBSON
LIBRARY & LITERARY PROGRAMS DIRECTOR

To many Jewish families with memories of hard times, Meyerland in the 1970s was the Promised Land. This Jewish neighborhood in Houston, TX, was home to big synagogues, Jewish schools, a Jewish Community Center, Jewish delis and shops, not to mention a proud display of high-flying American, Texas, and Israeli flags. But for award-winning poet David Biespiel, his Meyerland hometown became more like the biblical Egypt, Mitzrayim—a narrow, constricting place that he fled forever at age 18, following a public quarrel with one of Houston’s leading rabbis.

Now, some 40 years later, Biespiel is long-settled in Portland, OR. Nonetheless, he thinks of Meyerland as home and wonders why. He harbors fraught memories of this place and wrestles with the complexities of his Jewish education and childhood there. And yet he longs for the vast, ever-changing Texas sky, salivates for barbeque ribs, and proudly presents himself as an expatriate Texan. Perplexed by his feelings about “home,” Biespiel muses, “If home isn’t where we are, is it who we are?”

This is a central question in David Biespiel’s beautiful memoir, A Place of Exodus: Home, Memory, and Texas. But such is the subtlety and richness of this contemplative and moving work that readers will find much more to ponder.

A TEXAS CHILDHOOD

David Biespiel is the Poet-in-Residence and a faculty member at Oregon State University. The founder of Portland’s Attic Institute of Arts and Letters, he is the author of 12 books, both poetry and nonfiction prose.

Born in Tulsa, OK, in 1964, Biespiel moved with his family to Meyerland at age four. In many ways Biespiel’s Texas childhood sounds idyllic—the freedom to roam and explore with his beloved dog Velvet, friends, sports, success as president of a junior high Jewish fraternity, and family seders where guests were warmly greeted. “Chag sameach y'all.”

But troubles dogged the Biespiel family. When Biespiel was 12, his young, athletic father suffered a devastating stroke, leaving him unable to speak clearly. Biespiel’s parents’ marriage, already strained, fell apart. With the departure of his older brothers, Biespiel’s parents’ marriage, already strained, fell apart. Biespiel then refused to apologize, and the rabbi likewise made no effort to reconcile. When faraway Boston University offered Biespiel an athletic scholarship, he gladly accepted, leaving Meyerland in search of a wider world.

As a precocious child at a family seder, Biespiel had impressed his elders by explaining why he was all “Four Sons” of the Haggadah. Nonetheless, his mother admonished him, “Just don’t become the fifth child, the one who is absent, who doesn’t come to Seder.” Sadly for his mom, Biespiel did become the “fifth child.” In his words, he is “retired from Judaism.”

Be that as it may, A Place of Exodus is suffused with Judaism—Jewish history, culture, imagery, liturgy, and religious questioning. In telling his coming-of-age story, Biespiel has captured a distinctive time and place in the millennia-old and ongoing Jewish experience. The Jewish bookshelf is richer as a result.
SCHOLARSHIPS FOR KIDS WHO WANT TO PLAY HOCKEY, HIS FAVORITE SPORT.

and Gordon Berger of Toronto, along with many other friends and family.

This parsha inspired her to do social work and community service. Since middle school, Dani has attended Gottesman, where she is enjoying daily study of Hebrew and Judaism. The Covid-19 pandemic forced her to postpone her initial bat mitzvah ceremony initially scheduled for May 2, 2020 to April 17, 2021. Dani’s parsha is Acharei Mot-Hoshanim, where the love to the stranger is one of the main topics. This parsha inspired her to do social work and fundraising for refugees via HAS, which she supports with all her heart.

tabitha cutler
Tabitha is a sixth-grader in the Humanities Program at Eastern Middle School. She attended the Gan, and is currently a student at the Adas Emanu-El High School. Tabitha enjoys dancing, playing softball, and spending her summers at Capital Acher. For her mitzvah project, she volunteers with the Little Falls Watershed Alliance, cleaning up the trails around Bethesda. Tabitha is looking forward to being with family, friends, and the entire Adas community.

micaela beth festl
Micaela, daughter of Cherie Daniels and Jeffrey Festl, is a seventh-grader at Rolling Road Jewish Day School. She began her Jewish education at Congregation Beth El and continued at the Milton Gottesman Jewish Day School. She enjoys spending time with her family, playing the piano and going on walks. Her favorite hobby is reading. Micaela is looking forward to being with family and friends in the greater DC area.

DANIYELA COOLEAR
Daniela, daughter of Blanche and Daniel Coolear, is a Peruvian-American seventh-grader at Milton Gottesman Jewish Day School. Dani began her Jewish education by participating in a Shabbat at Adas Israel. When she attended Gan Hallefied and later continued her religious education at the Adas Emanu-El Melvin Gelman Religious School while attending public school in Vienna, Austria. Since middle school, Dani has attended Gottesman, where she is enjoying daily study of Hebrew and Judaism. The Covid-19 pandemic forced her to postpone her initial bat mitzvah ceremony initially scheduled for May 2, 2020 to April 17, 2021. Dani’s parsha is Acharei Mot-Hoshanim, where the love to the stranger is one of the main topics. This parsha inspired her to do social work and fundraising for refugees via HAS, which she supports with all her heart.

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EDWARD GRAHAM FRIEDMAN
Edward Friedman, son of Caroline and Peter Friedman, is a seventh-grader at Sidwell Friends School. He began his Jewish education at Gan Hallefied and is a student at the Adas Emanu-El Melvin Gelman Religious School. Edward celebrates his bar mitzvah with his siblings, Annabelle and William; his grandparents, Dr. Henry Hallefied and Linda and Harold Friedman; and beloved uncles, cousins, and friends. Edward also remembers his beloved grandmother, Judith Hallefied (1922-2020), and honors his ancestors who observed Jewish rituals before him.
Daniela Margolis
Daniela, daughter of Mario (Meyer) Margolis and Diana Moss, is a sixth grader at Thomas Pyle Middle School. She began her Jewish education at Gan HaTefilah and Milton Gottsmann Jewish Day School, and she is currently a student at the Estelle & Melvin Gelman Religious School. Dani will celebrate her bat mitzvah with her parents, older brothers Jack and Marc, aunts, uncles, cousins, friends, and the rest of her extended family from Mexico. For her mitzvah project, Dani would like to bring her music to the elderly, just as her grandfather did.

Eve “Aloe” Ronen
Aloe, daughter of Itai and Ichak Pearson, is an eighth grader at Hardy Middle School. She is celebrating her bat mitzvah with her siblings Kai and Lila, both of whom attended the Gan. Aloe is excited to celebrate with her Savta Ossie, Grandma Nancy, Aunt Helen, Uncle Journey, and niece Keira. Aloe has spent the last several years raising money for the Marine Conservation Science Institute, with which she traveled on a research mission to Guadalupe Island, Mexico. For her mitzvah project, Aloe has a passion for music and wishes to bring her bar mitzvah to the elderly, just as her grandfather did.

Sarah Rose Wiesenfelder
Sarah Rose, daughter of Beth Werlin and Michael Wiesenfelder, is a seventh grader at Alice Deal Middle School and has been a student at the Estelle & Melvin Gelman Religious School since kindergarten. Sarah Rose is celebrating her bat mitzvah with her brother, Aaron, her parents, her grandparents, Cheryl and Robert Werlin and Phyllis and Leslie Wiesenfelder; and her aunts, uncles, and cousins. Sarah Rose is the second generation to celebrate her bat mitzvah at Adas Israel, following her father, uncle, and aunt. For her mitzvah project, Sarah Rose is volunteering to support those in need in the DC community.

Oliver Wolin
Oliver, son of Nicole Elkon and Neal Wolin, is a seventh grader at Georgetown Day School and is a student at the Estelle & Melvin Gelman Religious School. He is celebrating his bar mitzvah with his siblings, Ethan and Zoe. For his mitzvah project, Zoe is raising money for organizations supporting children in need during the pandemic, and she looks forward to volunteering and supporting their fellow DC-area residents in person when it is safe to do so.

Audrey Newmark Yedwab
Audrey, daughter of Dennis and Blake Yedwab, is a seventh grader at Milton Gottsmann Jewish Day School. She began her Jewish education at Tot Shabbat and Gan HaTefilah. Audrey celebrates her bat mitzvah with her younger siblings, Mallory and Charlie; her grandparents, Ellen Yedwab, James Neumark, and Ilene Nesser; and with other family and friends. She also remembers her grandmother, Arthur Yedwab (z”l), for whom she was named. For her mitzvah project, Audrey is collecting stuffed animals for children at Children’s National Medical Center.

Robbie Weiner
Robbie Weiner, son of Rebecca and Larry Weiner, attends Mclean school in Potomac, Maryland. He has been involved at Adas Israel since the first grade. Robbie is celebrating his bar mitzvah with his younger brother, Jach, his parents, his grandparents, and the rest of his family and friends. For his mitzvah project, recognizing the importance of those in need of food, Robbie has chosen to volunteer and raise money to help DC Fridge Collective keep their pantry and fridges stocked.

Naomi Clara Steiner
Naomi Steiner, daughter of Nienke Grossman and Ezequiel Steiner, is a seventh grader at the Milton Gottsmann Jewish Day School. She looks forward to celebrating her bat mitzvah with her parents; brother, Avi; her grandparents, Irene Klinger and Claudio Grossman; and Albert Steiner and Mitra Reftman; and aunts, uncles, cousins, and other extended family and friends from Argentina, Chile, Israel, and the US. For her mitzvah project, Naomi is creating a resource about anxiety and sleep challenges for middle schoolers during the Covid-19 pandemic.

Henry Wachs
Henry, son of Josh Wachs and Molly Levinson, is a seventh grader at Georgetown Day School. Henry moved to Washington when he was two years old, and his family joined the Adas Israel community, where he started as a butterfly in the Gan. An avid one-wheeler, skateboarder, hiker, and scuba diver, Henry is looking forward to celebrating his bar mitzvah, hopefully in person, with his grandparents, Cathy Levinson, Elizabeth Wachs, and Ilja Wachs; his sisters, Lulu and Livvy; his friends, aunts, uncles, cousins; and his parents. He also remembers his grandfather, Harry Samuel Levinson (z”l), for whom he was named.

Sharon Barnett Shrank
Sharon Barnett, daughter of Miriam Vogel and Willi Shrank, is in the seventh grade at Sidwell Friends School. She began her Jewish education at Gan HaTefilah and the Estelle & Melvin Gelman Religious School. Sharon celebrates her bat mitzvah with her sister, Victoria; her grandparents, Judith Barnett, Don and Carol Vogel, Ella and Harry Shrank, and with other family and friends. For her mitzvah project, Sharon is raising funds and supporting the Homeless Children’s Playtime Project.

Orly Pearlman
Orly, daughter of Arie and Itach Pearlman, is a sixth grader at Alice Deal Middle School and a student at the Estelle & Melvin Gelman Religious School. Orly is excited to celebrate her bat mitzvah alongside her abba, supported by her mom and younger siblings, Yoni and Naomi. For her mitzvah project, Orly is working with the Humane Rescue Alliance of DC and Best Friends Animal Sanctuary in Utah.

Audrey Newmark Yedwab
Audrey, daughter of Dennis and Blake Yedwab, is a seventh grader at Milton Gottsmann Jewish Day School. She began her Jewish education at Tot Shabbat and Gan HaTefilah. Audrey celebrates her bar mitzvah with her younger siblings, Mallory and Charlie; her grandparents, Ellen Yedwab, James Neumark, and Ilene Nesser; and with other family and friends. She also remembers her grandfather, Arthur Yedwab (z”l), for whom she was named. For her mitzvah project, Audrey is collecting stuffed animals for children at Children’s National Medical Center.