

Adas Israel Congregation • March/Adar-Nisan 5780

CHRONICLE

The *Chronicle* Is Supported in Part by the Ethel and Nat Popick Endowment Fund

THE STORM

PURIM @ ADAS



INTRODUCING ADAS' NEW PODCAST:

AWAKE

WITH RABBI LAUREN HOLTZBLATT

Awake: Finding the Holy in the Everyday

In this new podcast, Rabbi Holtzblatt will bring the teachings from Jewish mystical texts and the Hasidic masters from the 13th-20th century into everyday life. The podcast will offer a few minutes to pause and to open ourselves to the possibility that holiness, connection and presence are around us all of the time.

HOW TO LISTEN



Search

for "Awake with Rabbi Lauren Holtzblatt" on your favorite podcast app, or go to adasisrael.org/awake.



Subscribe

to "Awake" to stay up to date with the latest episodes!



New Episodes

are released weekly every Tuesday.

"How do we stop and notice that incredible, holy things happen to us every day?"

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Ep.1

"God Was In This Place And I Didn't Know It"

In the story of Jacob's Ladder, we can learn how to zoom out from that focus, look at the big picture, and find God in the every day.



Ep.2

"How Will I Ever Learn Everything I Need To Know?"

As we were walking home one crisp evening, my son asked me this question. I told him this...



Ep.3

"I'm Drowning in Spaghetti"

As I spent time with a congregant who was recovering from an illness, she told me that she was drowning in pasta.

TO LISTEN & GET MORE INFORMATION:

ADASISRAEL.ORG/AWAKE

OUR VOICES



Clergy Corner

RABBI AARON ALEXANDER

Same, Different, Transformed

You've probably noticed that over the last few years that Purim has become like a mini-High Holiday here at Adas. Over the course of the evening the building fills up with every possible demographic this community experiences over the course of the year. We pay close attention to the physical space of Adas, thoughtfully transforming it in an attempt to allow its versatility to significantly impact the way in which we experience the holiday together. The Smith is packed, the halls are consistently filled with people, and the parking lots is... well, very, very, full.

That's precisely how it should be. Purim has it all when it comes to Jewish communal expression.

- A mandatory reading of sacred scripture (Kriyat Ha-Megillah)
- Required communal meals (Se'udat Purim)
- Obligation to give tzedakah (Matanot le'Evyonim)
- Sending gifts to friends (Mishloach Manot)

From these core observances, you can see that the early rabbis who crafted this holiday were invested in not only telling the story of Purim, but ensuring it would become a centerpiece of Jewish religious life. This goes even further. The common play on words that Purim takes from The Day of Atonement -- Yom Kippur -- already lends itself to this day's elevation to primary status. It is also in many ways Yom Kippur's opposite (food prohibited, food required, disembodied, fully embodied, wear all white, wear costumes, show ourselves fully, hide our faces).

But it is also important to note how Purim is differentiated from all other holidays, and why this is the case. Most obviously, the Jewish calendar and its holidays invite a series of "serious" investigations into our relationships with God, Torah, Israel (people & land), community and the world around us. Each holiday's theme lends itself to any or all of these particular areas.

And then Purim comes along and asks us to do something religiously counter-intuitive, yet essential. We are to visit these various relationships from an opposite place -- a place of silly,

irreverent, and off-the-wall upside--downness. In other words, even our most serious expressions of religiosity need a new angle of discovery every once in a while. Hence the costumes, shticks, pranks, and specially the laughing at ourselves. In this way, Mary Poppins perfectly captured the upcoming holiday and the way we observe it here: "WHEN THE WORLD TURNS UPSIDE DOWN, THE BEST THING TO DO IS TURN RIGHT ALONG WITH IT."

So please check out page (insert page) for all the relevant information about Purim @Adas, step into this year's theme with a funny and/or clever costume take on it, and enjoy the ways in which everything sometimes becomes clear by looking right into the eye of the storm.

Purim Sameach!



Learn more about Purim @ Adas on page 4 of the *Chronicle*!



THE STORM

PURIM @ ADAS



SUNDAY, MARCH 8 @ 9:30 AM
THE YOUNGINS:
PURIM CARNIVAL EXTRAVAGANZA



MONDAY, MARCH 9 @ 6:00 PM
THE STORM:
PREPARE FOR THE FULL PURIM EXPERIENCE



TUESDAY, MARCH 10 @ 7:15 AM
THE COMMITMENT:
MORNING MINYAN & MEGILLAH READING

Purim demands that we use a unique prism to peer into our lives and communities. Day in and day out, the typical windows into humanity are determined for us, but on Purim we flip the model on its head. We deploy the Book of Esther to reframe the picture of life. We use humor where seriousness so often prevails. We mobilize laughter as the avenue from which old truths become newly experienced. We certainly can't do Purim every day, but if we never see the world with Purim goggles, we'll likely miss some of the sacred stuff that lies right before our hearts.

This year our Purim prism will be "The Storm." Why? Because sometimes the best way to appreciate the ways in which we try to control so much around us, especially the potential dangers, is to let go in ways we normally can't. In other words, in order to see the reality that is "Adas" in all of its holy facets, once in a while we must imagine it from the other side—the stormy side.

To that end, we'll be gently playing with some of the building's more common features to create a sensation that begs one more glance, one more moment of reflection, and one more attempt at clarity. Instead of clearing away the stuff you don't always see, we'll embrace it, recreate it imaginatively, and consciously inhabit its wild dimensions.



FAMILY PURIM CELEBRATIONS - NEW FOR 2020!

PURIM SING-ALONG & COSTUME PARADE

SUNDAY, MARCH 8, BEGINNING @ 9:30 AM

On Sunday March 8, all families are invited to join us for a Purim Sing-Along starting at 9:30 AM and leading directly into our Costume Parade in the Charles E Smith Sanctuary.

2020 ADAS ISRAEL PURIM CARNIVAL

SUNDAY, MARCH 8 @ 10:15 AM-12 PM

Join the Adas Israel Education Department at the Purim Carnival on March 8. The Full Purim Carnival opens at 10:15 AM for all. For children under 5, join us in the Gewirz Beit Am and Cohen Hall for games, inflatables, and art. For children in kindergarten and older, join us in Wasserman Hall and Kay Hall for moon bounces, games, and carnival photos.

There is NO Religious School on Sunday, March 8. Please be sure to register ALL CHILDREN online in advance. Light snacks will be available for cash purchase. For families with children who are sensitive to loud noises, feel free to contact inclusion@adasisrael.org for accommodations and other sensory-friendly events at Adas and in the community.

ADASISRAEL.ORG/PURIM



You are invited to...

The Second Night Community Seder

with Rabbi Lauren Holtzblatt

Passover 2020 / 5780

THURSDAY, APRIL 9 @ 7:30 PM

Join us for our annual, festive community Passover *seder* at Adas Israel with delicious food, thought-provoking discussion, and joyful song. The Passover seder is one of the Jewish peoples' most treasured traditions. Few rituals have survived so long and remained so true to their original form. Using rich symbolism, role-playing, and all of the senses, the seder has warmly transmitted the values of human dignity, liberty, and the search for higher meaning to every society it has reached. To this day, in every corner of the world, Jewish families come together to reconstruct that original Passover seder, again and again, year after year. And every year, there is more to learn. We look forward to sharing this beautiful and meaningful tradition with you and your family this year at Adas.

Seder Match

The Member Connector Committee will be facilitating a seder match for those who have extra seats and those who are looking for a seder to attend. Please keep an eye out for the @Adas e-mail, which will have surveys for those looking to host and be hosted. Please contact healey.sutton@gmail.com with any questions. Chag sameach!



The Sale of Hametz

During Passover, it is technically forbidden to have any *hametz* in our possession. Because we cannot finish it all and it is improper to destroy usable food, the rabbis provided for a symbolic sale of all the hametz to a non-Jew who then "sells" it back to us after Pesach. The hametz is then no longer "in our possession." This includes food, dishes, and utensils, all of which are locked away in storage for the duration of the festival.

Funds collected through donations and through the "sale" of hametz are used for charitable purposes and to help provide Passover food for those who might otherwise have none. This legal procedure technically transfers ownership of hametz that remains in our pantry during the festival. Technical ownership reverts to us when the festival is over.

Please use this form and send it to Hazzan Rachel Goldsmith, Hazzan.Goldsmith@adasisrael.org by April 1.

Dear Hazzan Goldsmith:

Please sell our hametz so that we have fulfilled our obligation of religious ownership and accept this contribution so that others are assured of a seder.

Please print:

Name _____

Home Address _____

Business Address _____



briyut בריאות

the wellness center of adas israel



Healing Shabbat Morning Service

with Rabbi Krinsky

Designed for those in need of spiritual, emotional, or physical healing as well as caretakers, Rabbi Sarah Krinsky will create a space to explore and process challenges, and to access places of support and resilience. Grounded in Jewish prayer and ritual, the service will include moments of liturgy, song, meditation, and learning to build a community of compassion, comfort, and strength. Note: This service will meet during the beginning of Shabbat morning services. For those who want to join other prayer spaces, we will conclude by the end of Shacharit.

Saturday, March 14 @ 9:30-10:30 AM, Sisterhood Hall



Al-Anon Family Group Addiction Meetings

Do you have a family member or friend whose drinking or using drugs, legal or illegal, causes you to be worried or anxious? Do you want to get help from the shared experiences of other families and friends? Come to Adas Israel to be a part of a new Al-Anon group. I can tell you that they work. When my husband and I first learned that our son was addicted to drugs and alcohol, the hospital social workers told us about Al-Anon. We went to several meetings and learned that we were far from alone and that the struggles we faced others did as well. Alcoholism and addiction are family diseases, and together we all learn and grow from each other to take care of ourselves.

Al-Anon family groups are relatives and friends of those with alcoholism and addiction who come together to share their experiences, strengths, and hopes in order to help solve their common problems. While the primary focus of Al-Anon is on families and friends of those battling alcoholism, the experiences, strength, and hope of families and friends of those suffering from addiction are often the same, and you are most welcome to attend. Through Al-Anon, family and friends have the opportunity to learn from the experiences of others who have faced similar problems. Al-Anon meetings incorporate the 12 steps adapted from Alcoholics Anonymous.

Meetings will be held weekly at Adas Israel beginning Wednesday February 12, 7:30-8:30 PM. If you have questions, contact Lois Fingerhut, loisafingerhut@gmail.com.

Wednesdays (weekly) @ 7:30-8:30 PM



Fostering Anshei Hayyim

The Physical, Spiritual, and Emotional Journey of Men

Over the course of three sessions, we'll hear from experts about critical issues in men's health, and talk about fostering the holistically healthy lives we seek.

March 22 & April 5

"The day you were born is the day God decided that the world could not exist without you."
—Rebbe Nachman of Breslov



adasisrael.org/briyut



Garden of the Righteous

2020 Honoree:

U.S. Master Sergeant

Roddie Edmonds

Yom HaShoah, Tuesday, April 21, at 7 PM



On Yom HaShoah, Tuesday evening, April 21, at 7 pm, Adas Israel Congregation will honor the memory of U.S. Master Sergeant Roddie Edmonds. In January 1945, in a German POW camp, Roddie Edmonds, a U.S. soldier, defied the threat of death to protect the Jewish troops under his command.

Master Sergeant Roddie Edmonds (August 20, 1919-August 8, 1985) was in the 106th Infantry Division, 422nd Regiment, in the U.S. Army during World War II. He was captured and became the ranking U.S. non-commissioned officer at the Stalag IX-A POW Camp in Germany, where, at the risk of his own life, he prevented an estimated 200 Jews from being singled out from the camp for Nazi persecution and possible death.

On February 10, 2015, Yad Vashem recognized Master Sergeant Roddie Edmonds as Righteous Among the Nations, Israel's highest award for non-Jews who risked their own lives to save Jews during the Holocaust. Of the more than 27,000 people to receive the award, Edmonds became the fifth American to be honored by Yad Vashem, the first and only American serviceman and the first whose actions saved the lives of American Jews.

Pastor Chris Edmonds, the son of Roddie Edmonds, will join us to talk about his father. Pastor Edmonds serves as Senior Pastor of Piney Grove Baptist Church in Maryville, TN. He is also founder of Roddie's Code and The Roddie Edmonds Foundation, organizations committed to extending the legacy and leadership of Sergeant Edmonds to future generations.

The Adas Israel Garden of the Righteous is a beautiful reminder of numerous acts of decency and daring performed by many non-Jews in the midst of one of the most tragic moments in human history. This program, initiated in 1992 by Rabbi Jeffrey A. Wohlberg to honor non-Jews who risked their lives to save Jews during the Holocaust, is supported in part by Peter Dreyer Memorial Fund, the Scott Dreyer Fund, and the Ryna & Melvin Cohen Senior Rabbi Program Fund. The entire community is cordially invited to this moving event. We look forward to seeing you there.





MakomDC 2019–20 Season: "The Way In"

There's always a way into Jewish learning. This year we intend to capture the passion and expertise of our core teachers and offer topics in text learning that will inspire deep learning, generate new knowledge, and open up critical conversation. Each month, for the first three Tuesday evenings, a rabbi (Holtzblatt, Alexander, Krinsky, or Yolkut) will offer a three-part mini-series that will tackle essential subjects in Judaism, with close attention to the textual tradition that inspires so much of Jewish life today.

To learn more visit adasisrael.org/makomdc. Register for classes or special programs online or by calling Courtney Tisch, 202-362-4433, ext. 125

MAKOMDC MARCH LEARNING



Rabbi Joseph Soloveitchik (1903-1993):
Lonely Man of Faith, Halakhic Man, & Selected Writings

WITH RABBI LAUREN HOLTZBLATT
TUESDAYS, MARCH 3, 17, 24 @ 7:30 PM

Known as "The Rav," this towering figure in 20th-century Jewish life left an indelible imprint on not only Modern Orthodoxy, but all modern-day Jewish theology and practice. We'll learn together some of his key writings and religious concepts—in particular, how to live in the midst of dialectical tension—humility and majesty, alone and together, submissive and autonomous. We read Talmudic passages to try and unpack these questions and challenges.

2019-2020 MENDELSON SHABBAT SCHOLAR IN MARCH



Dr. Deborah Barer

POST-KIDDUSH HALAKHA CLASS, SATURDAY, MARCH 21 @ 1 PM

Does Judaism ever ask (or obligate) us to go beyond what Jewish law demands? If so, how do we know what we are supposed to do? At the heart of these questions lies the Talmudic idea of *lifnim mi-shurat ha-din*. This enigmatic phrase, which literally means "within the line of the law", is used in a series of sugyot about rabbis doing something different than what Jewish law (halakhah) would lead us to expect. This talk will explore the idea of *lifnim mi-shurat ha-din*, its development within the Talmud, and what it might have to teach us about rabbinic decision-making. Dr. Barer's research explores models of rabbinic decision-making, with an emphasis on the intersection of ethical and legal reasoning in Talmudic legal narratives.

ONGOING LEARNING



The Text 2.0: In-Depth Halakhah (Jewish Law)
with Rabbi Aaron Alexander

ONE CLASS REMAINING: APRIL 28 @ 7:30 PM

Rabbi Alexander will lead learners in a textual exploration of a topic in Jewish Law, using original sources without translation. This series is designed primarily for those with previous experience studying classical rabbinic texts in Hebrew/Aramaic.



Inside Out: Text, Translation and Transformation (Yolkut)

SPRING SESSION \$180

REMAINING CLASS DATES: MARCH 11, 25, 31

Have you ever wanted to gain access to some of Judaism's most powerful texts? Wondered what it means to study ancient sources in their original language with the guidance of a master teacher and a Beit Midrash full of reference materials? Can you imagine studying a rabbinic text from the start and seeing it all the way through; imagine starting a riveting novel and not being able to put it down? Want to challenge yourself to gain a foundational understanding of how the rabbis operated? What did these ancient sages want the learner to gain from the window the text gives us into their endless conversations, debates, and questions around some of our biggest religious and spiritual questions about living in this world? Join a dedicated group for these two six-part series that take a deep dive into the Mishnah and Talmud with Rabbi Elianna Yolkut. Register for one semester or both online at adasisrael.org/makomdc.



Boker Or Shabbat Study

SATURDAY MORNINGS @ 8:30 AM

Boker Or meets Saturday mornings in the Biran *Beit Midrash* with the weekly portion as its focus.

MARCH 7, Rabbi Elianna Yolkut
MARCH 14, Rabbi Aaron Alexander

MARCH 21, Rabbi Aaron Alexander
MARCH 28, Rabbi Lauren Holtzblatt



Friday Parsha Study

with Rabbi Lauren Holtzblatt, Rabbi Aaron Alexander, or Rabbi Sarah Krinsky

FRIDAY MORNINGS @ 10 AM

Please join us Friday mornings in the Biran *Beit Midrash* for an exclusive look at the weekly parsha. On the first and second Friday of the month, Rabbi Holtzblatt will explore the parsha through the lens of Hassidut and mysticism; on the third and fourth Fridays, Rabbi Alexander will use the Talmud as the prism for the weekly reading; and on the fifth Friday, Rabbi Krinsky will lead the exploration.

adasisrael.org/makomdc

JMCW@ADAS

jewish mindfulness center of washington

To be a Jew means to wake up and to keep your eyes open to the many beautiful, mysterious, and holy things that happen all around us every day.

RABBI LAWRENCE KUSHNER

We live in a goal-oriented society, especially here in the DC area. But how often do we think about our spiritual goals? And what does that even mean? Rabbi Abraham Joshua Heschel says: "Our goal should be to live life in radical amazement . . . get up in the morning and look at the world in a way that takes nothing for granted. Everything is phenomenal; everything is incredible; never treat life casually. To be spiritual is to be amazed."

As we enter the lovely spring season, opportunities for amazement abound: a patch of earth we walk by one morning becomes a bunch of daffodils the next; a barren tree seems to sprout green leaves in slow motion before our eyes; and it can look like an artist arrived while we were asleep and delicately daubed bright colors of paint around town. It's hard to miss the miracle of a DC spring, which makes paying close attention to its fluid beauty a perfect mindfulness practice. This can help us develop the capacity for amazement, and we can begin to sense that in every corner, even those of personal or communal darkness, mystery and wonder are there to be seen.

JMCW's offerings can cultivate this capacity by quieting the mind and creating space to connect with ourselves and others through song, prayer, breath, and movement. As the late poet Mary Oliver teaches: "When it's over, I want to say: all my life I was a bride married to amazement. I was the bridegroom, taking the world into my arms." Enjoy the spring anew this season. And come join JMCW programs, services, and workshops, as together we explore the Jewish tradition of amazement.

ONGOING OFFERINGS



Weekly Meditation Sit

Led by JMCW Faculty

WEDNESDAYS @ 7:30-8:30 PM* (NO CLASS APRIL 8 OR 15)

Each week we come together for a community sit. Our time is marked by explorations of meditation techniques, guided teachings, and silent sits. No experience necessary—all are welcome, including drop-ins. Open to beginners and experienced practitioners alike.



Monthly Yoga

Led by JMCW Faculty

WEDNESDAYS @ 6:30-7:20 PM* (CLASSES HELD ON MARCH 25, APRIL 29, & MAY 27)

Our monthly Jewish Yoga practice offers a home to those who wish to explore embodied spirituality. This class seeks to awaken and stimulate the senses through a full mind/body exploration of asana. Drawing inspiration from Mussar, Kabbalah, and the wisdom of Jewish thinkers, this class reinterprets "Jewish Yoga." Mats and props are provided.



Morning Awakening

with Rabbi Lauren Holtzblatt

TUESDAYS @ 9 AM* (MORNING AWAKENING WILL NOT MEET ON MARCH 10 OR APRIL 7 & 14)

Come join JMCW for an uplifting 45 minutes of mindful prayer and song as we begin the day together. Morning Awakening is a new take on the traditional Jewish morning service. Start your Tuesday with a dose of mindfulness!

*Please note: Since the Chronicle schedule is printed in advance, check the JMCW web page at www.adasisrael.org/jmcw or e-mail JMCW@adasisrael.org for up-to-date schedule information.



NEW: A Podcast by Rabbi Lauren Holtzblatt! Awake: Finding the Holy in the Everyday

In this new podcast, Rabbi Holtzblatt will bring the teachings from Jewish mystical texts and the Hasidic masters from the 13th to the 20th century into everyday life. The podcast will offer a few minutes to pause and open ourselves to the possibility that holiness, connection, and presence are around us all of the time. Check it out at adasisrael.org/awake!



Shamayim Va'Aretz — The Space Between & Community Shabbat Dinner MARCH 13 @ 6:30 PM

With Rabbi Lauren Holtzblatt, Rabbi Aaron Alexander & Band; join us for a reflective journey into the power of Shabbat. Featuring seasoned musicians and a spiritual, ecstatic excursion into prayer & song. Followed by a festive Shabbat dinner feast: Dinner requires reservations at www.adasisrael.org/jmcw.



Into the Mystics, taught by Rabbi Lauren Holtzblatt MARCH 10 @ 7:30 PM

This class offers a once-a-month dive into Jewish mystical practices of centering the mind. We will explore the teachings of the Piacezno Rebbe, Rabbi Nachman of Breslov, the Zohar, and Rav Kook. We will look into the specific Hasidic theologies of each teacher and delve into their mindfulness practices. Each class will conclude with a "mindfulness lab," giving us an opportunity to try on the practices that we studied. **Please register online at www.adasisrael.org/jmcw.**



Nishmat Kol Chai, Meditative Pesukei & Shacharit Service MARCH 14, APRIL 18, JUNE 13 AT 9:30 AM

Join Rabbi Holtzblatt for a one-hour meditative opening to Shabbat. We will use the tefillot (prayers) in the siddur, chanting, and meditation to awaken ourselves to Shabbat. This service will begin at 9:30 am.

JMCW RECOMMENDS . . .



I Asked For Wonder: A Spiritual Anthology by Abraham Joshua Heschel

Rabbi Abraham Joshua Heschel is considered one of the most influential Jewish thinkers of the 20th century through his writing, social activism, and many teachings, including concerning the interdependence of God and humanity. This volume contains beautiful essays on wonder and radical amazement. Other books on Jewish spirituality, meditation, and mindfulness can be found at the Adas library under call number 175.01, or speak with Adas Librarian Robin Jacobson (librarian@adasisrael.org) for more information.



The Jewish Mindfulness Center of Washington @ Adas (JMCW) offers services, programs, and workshops that help deepen contemplative practices as part of our individual and communal religious and spiritual lives. Watch this space each month to follow these JMCW offerings. Visit our Adas web page at adasisrael.org/jmcw, where you can also subscribe to our weekly newsletter. Find us on Facebook, JMCW at Adas Israel!

adasisrael.org/jmcw

Contemplate the wonders of creation, the Divine dimension of their being, not as a dim configuration that is presented to you from a distance, but as the reality in which you live. ~ Rav Abraham Isaac Kook



What Purim Teaches Us About Jewish Women's Voices

BY LESLEY FROST

The Purim story tells us that when Vashti spoke up—used her voice to defend herself—she defied the accepted norm of obedience to the king and set in motion the events that followed. Vashti paid a price for finding her voice, and from her example we have learned that a single voice **can** be silenced.

Many voices joining together, however, are not so easily ignored. From women's suffrage to feminism and #MeToo, women have found a way to use their voices to shake the status quo and create a climate for change.

With Vashti's removal from the Purim story, Mordechai used his voice to persuade Esther to audition for the role of queen. At first, after winning the beauty contest, Esther was merely a powerless, voiceless member of the seraglio and property of the king. But when Mordechai convinced her to use her talents to try to save the Jews, pliant, obedient Esther evolved into a woman of action. She used her voice to plead for her life and that of her people, in the process defying gender stereotypes to play a role in public affairs.

Esther is a role model for all of us who use our voices to advocate for an issue, using facts and personal stories to persuade those in power to make different choices.

With a combination of Vashti-like disruption and Esther-like persuasion, women have been effective in changing their role in the Jewish community. In many quiet ways, they have stepped forward to address a perceived need, and they have taken the initiative to found large and effective organizations like the National Council of Jewish Women and Hadassah.

Women have shown that their talents and skills entitle them to be leaders in Jewish religious and communal life. Yet in the world of Jewish organizations, where 70 percent of the workforce is female, only 30 percent of the CEOs are women. Too few Jewish organizations recognize that female leadership is important, that it takes both feminine and masculine strengths to solve our problems.

The redemption that we know as Purim took the combined strengths of Vashti, Mordechai, and Esther, owning their voices and speaking out, to change the course of events. If we make them our role models, then Purim is about us. It's about taking ownership of our voices, and about using them to make a difference.

Lesley Frost is leader of the National Council of Jewish Women Maryland Action Team and leads the Adas Israel Sisterhood's Knit, Sew, & Craft Group.



Declutter and Downsize Your Home—and Manage the Stress of Transitioning to a Smaller Home

MARCH 22, 1-3 PM

Are you overwhelmed by the thought of decluttering, downsizing, and moving a home full of memories? The decision to downsize is far more than just the sale of the big house and a move to a smaller living space. While every other sale and purchase has been a move up, this move is letting go. Giving up possessions, memories, and the familiar is often the hardest part of the downsizing transition. Lori James and Theresa Taylor, two of the best in their fields, will discuss strategies, processes, and plans that will help minimize the stress when you are downsizing.



Mah Jongg

WEEKLY, THURSDAYS AT 1 PM, SISTERHOOD HALL

Soap, Bam, Dot. Whether you're a novice or a Mah Jongg champ, there's a space for you at the table of this game.



Take a Walk!

MONTHLY, MONDAYS AT 6 PM OR SUNDAYS AT 10 AM (UNLESS OTHERWISE NOTED)

Take a Walk! explores different Washington neighborhoods on foot. All are welcome, so bring a friend!



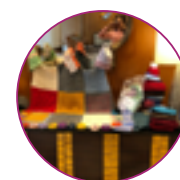
Weekday Torah with Sisterhood

MONTHLY, 3RD TUESDAY AT 10 AM, FUNGER HALL

NEXT UP: MARCH 17; SPECIAL TIME 11 AM

Weekday Torah with Sisterhood will meet at 11 am (please note the change in time) on Tuesday, March 17, in Fungler Hall. Rabbi Lauren Holtzblatt will lead the one-hour text study class.

Weekday Torah with Sisterhood is an engaging approach to traditional text study that offers participants the opportunity to study and discuss challenging texts and ideas. Classes are monthly, except in the summer, and meet on the third Tuesday of the month. Students of all levels and backgrounds are welcome. Please contact Marilyn Cooper (MarilynCCooper70@gmail.com) with questions.



Knit, Sew & Craft Group

MONTHLY, 1ST WEDNESDAY AT 7:30 PM, YOUTH LOUNGE

NEXT UP: MARCH 4, APRIL 1

All are welcome to join our members working on annual group projects or their ongoing knitting, sewing, crocheting and crafts.



Sisterhood in Your Community & Sunday Salons

MARCH 1, WINE & CHEESE, KALORAMA, DC, 3-5 PM

MARCH 15, SALON FEATURING LEAH CHANIN

Join us for these members-only gatherings to deepen friendships and make new ones!



Help Educate the Next Generation of Jewish Leaders: Contribute to Sisterhood's 2019-20 Torah Fund Campaign

Adas Israel Sisterhood proudly joins Women's League for Conservative Judaism's annual Torah Fund campaigns to help educate our future rabbis, cantors, educators, and scholars. Please send a check payable to Torah Fund to: Rona Walters, Torah Fund Chair, 5117 Linnean Ave., NW, Washington, DC 20008.



ruth & simon albert
sisterhood gift shop

May we call to your attention to some items of special interest?

Gift Shop Hours*:

Sunday-Monday, Wednesday-Friday
9:30 am-12:30 pm
Extended hours on Tuesdays:
9:30 am-3 pm & 6-7 pm

*Every purchase benefits
Adas Israel Congregation.*
202-364-2888
adasgiftshop@gmail.com



From metalworker Karen Rossi we offer this lovely shalom wall hanging. It will enhance your home's entrance, family room, or any other space.



Stumped about what to get for that bat or bar mitzvah? A check or gift certificate is always the right size. And consider putting your gift in one of these lovely wood boxes enhanced with a Magen David.

THE ADAS SHLICHA'S CORNER

BY TALIA GARBER

This month is the month we celebrate Purim (if you haven't noticed yet . . .). I feel that my placement at Adas is a very good one, as I love Purim and apparently so does Adas! This is one of my favorite chagim (holidays) in Israel and, much like in this synagogue, it is celebrated over several days, so you get to dress up in many costumes!

I think this is one of my favorite holidays for many reasons, but one big one is that you get to be a kid again for a few day: you are expected to dress up, you are expected to be happy and giddy, you are expected to eat candy and oznei Haman (hamentashen) and share all your candy with others. I love all those things and I'm very happy to celebrate this with family and friends who are as "into it" as I am.

There are a few things I think might be special to Israel, so I would like to share my fond memories of them while I prepare to celebrate with my new community and see new traditions. We have a parade (in almost every city), which also takes place in my hometown and brings a huge crowd every year, in most places this parade is called "AdLoYada" (which is taken from the mitzvah of drinking Ad Lo Yada, until one doesn't remember). These parades are colorful, joyful, usually have lots of school kids participating in them, and are lots of fun. They have themed floats, dancers, musicians, whole grades dressed up together and so much more . . . even the mayor dresses up and kicks off the parade!

Another wonderful memory is from my school years, in

addition to the whole school coming in on Purim dressed up in festive costumes (some are extremely elaborate too!). There is a tradition of bringing and exchanging mishlochei manot (boxes of sweets and snacks). Usually there is a table where everyone places their mishloach manot, and then they randomly raffle each one, so you never know whose you are getting. This was a fun game to play, besides the fact that some were a lot more generous than others, so you could have brought a really great basket filled to the brim with goodies and received a small store-bought box with three candy bars. But it's all in good fun and everyone gives what they can. I used to love putting a lot of thought into mine and even sometimes planned them according to my costume that year. I would love going to buy all the different candy and oznei Haman and then design the box/basket, decorate it, and wrap it. It was also such a pleasure to see the smile on another kid's face when he or she got my parcel!

So, as you can guess, I am really looking forward to celebrating Purim here at Adas, to experiencing a new and exciting blowout, to seeing old and new traditions and being part of such a festive and happy community. Chag Purim Samech to all!

Until next time (Ad Ha'Paam Ha'Ba'a) עד הפעם הבאה
טליה השליחה (Talia Ha'Shlicha)



Ma Tov

Jerome and Petra Socolovsky

HONORING OUR LEADERS & VOLUNTEERS

*Interviewed by Marcy Spiro,
Senior Director, Engagement & Programming Operations*

You are celebrating your 10-year membership anniversary here at Adas. Why did you decide to join in 2010 and now that both of your boys have had their b'nai mitzvahs, what keeps you here?

We moved to Washington after living in Spain for nine years. Neither of us knew the area or the Jewish community well. A family friend recommended Adas, so we came here on a Shabbat and went to the minyan and loved it. It reminded Jerome of the Conservative synagogue he went to growing up in Philadelphia. We enrolled our son in the Gan, and things progressed from there. We stay because it really feels like our community, and, anyway, we wouldn't want to give up the Kiddush Club!

You live in the Mount Pleasant neighborhood. How long have you lived there? What drew you to that neighborhood? Any neighborhood gems that you are willing to share with us?

Since both our sons were in Spanish-speaking schools in Spain, we wanted them to go to a bilingual immersion school in DC to ease the transition. We got a place in Adams Morgan so they could go to Oyster Adams Elementary School, but we really fell in love with Mount Pleasant and eventually bought a house there. The community feel and Latino presence remind us very much of the village we lived in outside of Madrid. Ellē cafe is fabulous, and Dos Gringos is a lovely place for lunch. We suspect the owner and chef, Alex, keeps a "kosher style" kitchen, judging from her menu, because the Reuben doesn't come with cheese. That's one reason we asked her to cater Nils's bar mitzvah party, and it was superb.

Petra, you volunteer as a mikvah guide for our community mikvah. Can you tell us a bit about that role and how you became involved?

My Hebrew name is Maya, which means "water," and I believe water has transformational power. So when Naomi Malka asked me to be a guide, I didn't hesitate for a second. I find it extremely rewarding. As a guide, I'm there to listen and talk participants through the ritual. People who come to the mikvah shed their clothing and cleanse their bodies before going in. In doing so, they are removing all the barriers between them and the water, and they are baring their souls. It's an honor to be able to help them at that moment.

One of you was born outside of the U.S. and the other lived almost half your life overseas. Where are you from originally, when did you move to America, and how do you keep your culture alive and pass it on to your kids?

Yes, Petra was born in Sweden and Jerome spent 20 years abroad, in Holland, Cyprus, Israel, and Spain. We met in The Hague in 2000. We were both journalists covering the tribunal for war crimes in the former Yugoslavia—not exactly a place you expect to meet someone (but Tinder has made everything so predictable!). We got married in Toledo, Spain, in a hacienda that overlooks the city, famous for the Golden Age of Jewish, Muslim, and Christian coexistence. Jerome's parents were born in Argentina, so in our family, we combine the Judeo-Argentinian heritage with Swedish and American traditions—like eating kosher asado (steak) with lingonberry jam on July 4! We speak three languages at home—English, Spanish, and Swedish. And until their b'nai mitzvah, our boys had to go to both Hebrew and Swedish school every weekend!

In addition to passing on your culture, you've passed on your love of volunteering. This past summer I would see Mendel in the Adas halls each day because he volunteered with the Senior Lunch program, and Nils has started doing it too. Why do you think it's important for them to volunteer and give back to their community?

Both we and our boys have found that the older members of our community possess a wisdom and richness of spirit and are a ton of fun to hang out with. Both boys had a great time serving the members of the Senior Lunch program and joking around with them. The souls of the young and the elderly are not as far apart as we think.

Purim is this month! As you know Adas goes all out for Purim with our theme, building decor, food, and costumes. Imagine your family is in charge and you have an endless budget; what theme would you love to see Adas pull off and how would you decorate the building, what food would you want, costumes, etc.?

We really like the way it's been done in the past years. But in the spirit of Scandinavian-Jewish harmony, we propose that we drink like Vikings!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>15 Adar</div> <div>1</div> <div>9:00 am Morning Minyan 10:00 am End of Life Conversation 3:30 am GPA Tzingo 6:00 pm Evening Minyan</div>	<div>6 Adar</div> <div>2</div> <div>7:30 am Morning Minyan 6:00 pm Evening Miyan</div>	<div>7 Adar</div> <div>3</div> <div>7:30 am Morning Minyan 9:00 am Morning Awakening w/ Rabbi Lauren 6:00 pm Evening Minyan 7:30 pm MakomDC: Rabbi Soloveitchik</div>	<div>8 Adar</div> <div>4</div> <div>7:30 am Morning Minyan 11:30 am Hesed Grief Group Morning Session 6:00 pm Evening Minyan 6:30 pm Hebrew Practice Reading Sessions 7:00 pm Confronting Hate Panel 7:00 pm Rabbi Tuchman's Inclusion Series 7:30 pm Introduction to Judaism 7:30 pm Sisterhood Knits, Sews and Crafts 7:30 pm JMCW Meditation</div>	<div>9 Adar</div> <div>5</div> <div>7:30 am Morning Minyan 1:00 pm Sisterhood: Mah Jongg 6:00 pm Evening Minyan</div>	<div>10 Adar</div> <div>6</div> <div>7:30 am Morning Minyan 10:00 am Parsha Hashavua Class 5:30 pm Shir Delight Happy Hour 6:00 pm Kabbalat Shabbat 7:30 pm Shir Delight Shabbat Service 8:30 pm Shir Delight Dinners</div>	<div>11 Adar</div> <div>7 PARSHAT TETZAVEH/ SHABBAT ZACHOR</div> <div>8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service Nora Sachse 9:30 am Traditional Egalitarian Minyan 9:45 am Havurah Shabbat Service 10:00 am Tot Shabbat 10:00 am K-3rd Grade Services 10:45 am 4th-6th Grade Services</div> <div>12:00 pm Congregational Kiddush 12:30 pm Havurah Shabbat Kiddush 12:45 pm Shabbat Mincha 1:15 pm Shabbbat Scholar 6:45 pm Havdalah</div>
<div>12 Adar</div> <div>8</div> <div>9:00 am Morning Minyan 10:30 am Purim Carnival 6:00 pm Evening Minyan</div>	<div>13 Adar</div> <div>9</div> <div>7:30 am Morning Minyan 6:00 pm Mincha 7:00 pm Full Megillah Reading & Purim Shpiel Havdalah/ Maariv/TEM Full Megillah Reading/Purim Shpiel Smith Service Joined by TEM Purim Party 8:45 pm</div>	<div>14 Adar</div> <div>10</div> <div>7:15 am Morning Minyan/Megillah Reading 6:00 pm Evening Minyan 7:30 pm Into the Mystics</div>	<div>15 Adar</div> <div>11</div> <div>7:15 am Morning Minyan 6:00 pm Evening Minyan 6:30 pm Hebrew Practice Reading Sessions 7:00 pm JSC Class 7:00 pm Briyut w/ Dr. Rachel Rubin 7:30 pm Intro to Judaism 7:30 pm JMCW Meditation</div>	<div>16 Adar</div> <div>12</div> <div>7:30 am Morning Minyan 1:00 pm Sisterhood: Mah Jongg 6:00 pm Evening Minyan</div>	<div>17 Adar</div> <div>13</div> <div>7:30 am Morning Minyan 10:00 am Parsha Hashavua Class 6:00 pm New Member Oneg 6:30 pm Musical Shabbat Services 8:00 pm Community Shabbat Dinner</div>	<div>18 Adar</div> <div>14 PARSHAT KI TISA</div> <div>8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Service Josh Goodglick w/ Guest Musician Dale Schatz 9:30 am Traditional Egalitarian Minyan 9:30 am Healing Service 10:00 am K-3rd Grade Service 10:00 am Tot Shabbat</div> <div>10:45 am 4th-6th Grade Services 12:00 pm Congregational Kiddush 1:00 pm Shabbat Mincha 7:52 pm Havdalah</div>
<div>19 Adar</div> <div>15</div> <div>9:00 am Morning Minyan 10:00 am Adas Book Chat w/ Maggie Paxson 2:00 pm DC Klezmer Workshop 6:00 pm Evening Minyan</div>	<div>20 Adar</div> <div>16</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan</div>	<div>21 Adar</div> <div>17</div> <div>7:30 am Morning Minyan 9:00 am Morning Awakening w/ Rabbi Lauren 12:00 pm Downtown Study Group 6:00 pm Evening Minyan 7:30 pm MakomDC: Rabbi Soloveitchik</div>	<div>22 Adar</div> <div>18</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan 6:30 pm Hebrew Practice Reading 7:00 pm JSC Class 7:30 pm Intro To Judaism 7:30 pm JMCW Meditation</div>	<div>23 Adar</div> <div>19</div> <div>7:30 am Morning Minyan Bar Mitzvah of Jacques Bassat 1:00 pm Sisterhood: Mah Jongg 6:00 pm Evening Minyan</div>	<div>24 Adar</div> <div>20</div> <div>7:30 am Morning Minyan 10:00 am Parshat Hashavua Class 5:00 pm Happy Half Hour 5:30 pm Young Family Shabbat Services 6:15 pm Young Family Shabbat Dinner 6:30 pm TEM Shabbat Service 7:00 pm TEM Shabbat Dinner</div>	<div>25 Adar</div> <div>21 PARSHAT VAYAKHEL-PEKUDEI</div> <div>8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service 9:30 am Traditional Egalitarian Minyan 9:45 am Havurah Shabbat Service 10:00 am K-3rd Grade Services 10:00 am Tot Shabbat 10:45 am 4th-6th Grade Services 12:00 pm Congregational Kiddush</div> <div>12:30 pm Havurah Shabbat Kiddush 12:45 pm Shabbat Mincha 1:15 pm Shabbat Mendelson Scholar: Dr. Barer 8:00 pm Havdalah</div>
<div>26 Adar</div> <div>22</div> <div>9:00 am Morning Minyan 10:00 am YP Learning w/ Rabbi Alexander 10:30 am Wise Aging 11:00 am Fostering Anshei Hayyim 12:30 pm Youth: Chocolate Seder 1:00 pm Sisterhood of Salaam Mikvah Program 1:00 pm Sisterhood Talk on Downsizing 6:00 pm Evening Minyan</div>	<div>27 Adar</div> <div>23</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan</div>	<div>28 Adar</div> <div>24</div> <div>7:30 am Morning Minyan 9:00 am Morning Awakening w/ Rabbi Lauren 11:30 am Mikvah: WellBodies 6:00 pm Evening Minyan 7:30 pm MakomDC: Rabbi Soloveitchik</div>	<div>29 Adar</div> <div>25</div> <div>7:15 am Morning Minyan 6:00 pm Evening Minyan 6:30 pm Hebrew Practice Reading Sessions 6:30 pm Hesed Grief Group Evening Session 6:30 pm JMCW Mindful Yoga 6:30 pm Women Cook Event 7:00 pm Affordable Housing Event 7:30 pm Introduction to Judaism 7:30 pm JMCW Meditation</div>	<div>1 Nisan</div> <div>26</div> <div>7:30 am Morning Minyan 1:00 pm Sisterhood: Mah Jongg 6:00 pm Evening Minyan</div>	<div>2 Nisan</div> <div>27</div> <div>7:30 am Morning Minyan 10:00 am Parshat Hashavua Class 5:30 pm 1st and 2nd L'Dor VaDor Service 6:00 pm Kabbalat Shabbat 7:00 pm L'Dor VaDor Dinner</div>	<div>3 Nisan</div> <div>28 PARSHAT VAYIKRA</div> <div>8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service Benjamin Pollack 9:30 am Traditional Egalitarian Minyan 10:00 am K-3rd Grade Services 10:00 am Tot Shabbat 10:45 am 4th-6th Grade Services 12:00 pm Congregational Kiddush</div> <div>1:00 pm Shabbat Mincha 8:07 pm Havdalah</div>
<div>4 Nisan</div> <div>29</div> <div>9:00 am Morning Minyan 10:00 am Pre-Passover Learning 4:00 pm JUFJ 6:00 pm Evening Minyan</div>	<div>5 Nisan</div> <div>30</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan</div>	<div>6 Nisan</div> <div>31</div> <div>7:30 am Morning Minyan 9:00 am Morning Awakening w/ Rabbi Lauren 6:00 pm Evening Minyan 6:30 pm Hesed Cooking</div>	<div>7 Nisan</div> <div>1</div> <div>7:30 am Morning Minyan 11:30 am Hesed Grief Group Morning Session 6:00 pm Evening Minyan 6:30 pm Hebrew Practice Reading Sessions 7:00 pm JSC Class: Make Your Sedar Unforgettable 7:30 pm Introduction to Judaism 7:30 pm MakomDC: Rabbi Nachman of Brazlav 7:00 pm Sisterhood Knits, Sews and Crafts 7:30 pm JMCW Meditation</div>	<div>8 Nisan</div> <div>2</div> <div>7:30 am Morning Minyan 1:00 pm Sisterhood: Mah Jongg 6:00 pm Evening Minyan</div>	<div>9 Nisan</div> <div>3</div> <div>7:30 am Morning Minyan 10:00 am Parsha Hashavua Class 6:00 pm Kabbalat Shabbat 6:30 pm Shir Delight Kosher For Passover Wine Tasting 7:30 pm Shir Delight Shabbat Service</div>	<div>10 Nisan</div> <div>4 PARSHAT TZAV / SHABBAT HAGADOL</div> <div>8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Service Amalia & Maya Knoll Kenny 9:30 am Traditional Egalitarian Minyan 9:45 am Havurah Shabbat Service 10:00 am K-3rd Grade Services 10:00 am Tot Shabbat 10:45 am 4th-6th Grade Services 12:00 pm Congregational Kiddush 12:30 pm Havurah Shabbat Kiddush 12:45 pm Shabbat Mincha</div> <div>1:15 pm Pre-Passover Shabbat Session 8:14 pm Havdalah</div>

SHABBAT MORNING SERVICES: Please turn off cell phones and pagers before entering services.

Charles E. Smith Sanctuary: Join us for our Shabbat morning services in the renewed Charles E. Smith Sanctuary, the synagogue's largest worship space, led by our inspiring Rabbi and Cantor. The service includes a D'var Torah and sermon by the Rabbi and often includes participation by members and B'nai Mitzvah.

Traditional Egalitarian Minyan (TEM): Every Shabbat morning at 9:30 am, with the Torah service around 10:30 am. Led by laypeople with the occasional assistance of Adas clergy, the TEM is a participatory service with a full P'sukei D'Zimrah (introductory Psalms), Shacharit, and Musaf, a complete reading of the weekly Torah portion, and a d'var Torah. For more information, e-mail traditionalminyan@adasisrael.org.

Havurah Service: Lay-led, participatory service at 9:45 am. Rotating volunteers lead services, read Torah, and conduct an in-depth discussion of the weekly Torah portion. A kiddush follows the service. For additional information and to participate, e-mail havurah@adasisrael.org.

Youth Shabbat Services: Starting with Tot Shabbat for children ages 5 and under led by Menuhah Peters. Netivot, for students in grades K–3, is led by Sarah Attermann or Jeremy Kadden.

‘Dial-in’ for Programs & Services: If you are unable to attend programs, lectures, or services, dial in to hear them. Call 202-686-8405.

Library Open on Shabbat: Our third-floor library is open on Shabbat following services. You may sign out materials using our “no-writing Shabbat method,” explained in signs on the check-out desks. For assistance during the week, contact our Director of Library Services, Robin Jacobson (librarian@adasisrael.org).



Education & Youth

@ ADAS ISRAEL

From the Director of Education

RABBI KERRITH SOLOMON



Some of the best things about working on a team are benefiting from the collective experience of all of the team members, celebrating the paths that brought them here and learning from their stories. We have highlighted a number of our teachers and teaching teams this year, and this month are lifting up two of our full time Ed Team members (who also happen to teach 4th grade!) We hope you enjoy reading about them as much as we enjoy working with them!

THE MOMENTS WE FOSTER HERE

In religious school, teachers and administrators spend hours upon hours creating meaningful learning opportunities for our students. Even with all this effort, however, sometimes the most important educational moments come when students disrupt the plan for the day. Take, for example, this moment from a fourth-grade class:

The story begins as so many famous tales do: “A long time ago, there lived a very wise man . . .”

One of the students interrupts, however. In fourth grade, we are reading the story of *Honi the Circle Maker and the Carob Tree*, but ten words in I already have a displeased student.

“Why does it always have to be a wise *man*?” she asks. “Why can’t it be a wise *woman*?”

I pause, but before I can answer, she’s already come up with a solution. “I’m just going to make him be a woman.”

She begins the story: “A long time ago, there lived a very wise *woman* named Honi the Circle Maker. As wise as *she* was, Honi sometimes saw something that puzzled *her*.”

We take turns reading the story and the two girls who follow continue in the same way. Each time they switch the pronouns, they grin. The fourth student to read is a boy and my heart sinks a bit. I know that our feminist story swap is probably over.

He starts to read: “As Honi passed by a little house, he—I mean, she saw an old man planting a tree and . . .”

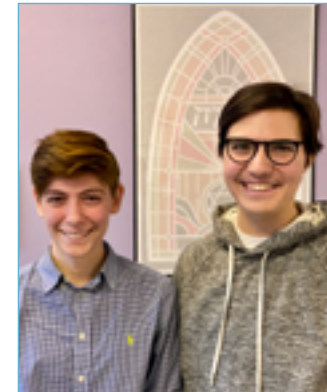
Six months into my time at Adas Israel, I feel so lucky that this is the place where I’m working and teaching. These are the moments we foster here.
—Tessa Rudnick



Important Dates

Sunday, March 8:
Purim Carnival, 9:30 AM-12 PM

Friday, March 27
1st- and 2nd-grade L’Dor VaDor
Service, 6 PM service, 7 PM dinner



JOURNEYS FROM THE EDUCATION DEPARTMENT: RORY DOEHRING AND TESSA RUDNICK

Rory Doehring began the year as one of our fourth-grade teachers and, in late January, he became the new Education Department Operations Manager. Rory grew up in Bolton, MA where his family belonged to Congregation Or Atid, a Conservative synagogue in Wayland. He attended religious school, although his family was not particularly observant. There were only two other Jewish children in his public school, it took a 40-minute drive to get to religious school, and there were only eight in his religious school class. He celebrated his bar mitzvah at Or Atid, in theory participated in youth groups at synagogue, remembering at least one USY meeting. During high school, he felt disconnected from Judaism, and the way he was raised felt somewhat hollow and obligatory.

In 2001, his grandmother died in the World Trade Center attacks, and the ripples from the emotional toll this took on his family and on him spiritually are still felt today. Rory did his undergraduate work at Hofstra, where there was a big Jewish community, but he didn’t particularly seek out Jewish experiences, other than the occasional Jew-cy Sushi and Torah study at Hillel. He would join his NYC family for holidays—breakfast after Yom Kippur, seders, etc., and he always stayed connected through family gatherings, but this year was the first time he had been to High Holy Day services in 10 years.

Rory’s journey toward greater participation in Jewish experiences began after the terrorist attack on the synagogue in Pittsburgh. Non-Jewish friends didn’t feel as deeply affected as he did, and that began his return to the Jewish community. He went to the Sixth & I Stand Together service and began to participate in some Friday night services there. When Sixth & I’s programming was relocated over the summer, he started coming to Adas for Shabbat morning services.

He was visiting a friend who lives at the Moishe House in Northern Virginia when he saw a card for Camp Nai Nai Nai, a Jewish summer camp for adults. He met Ben Wacks and Elizabeth Gooen there, and they encouraged him to come teach at Adas. He’s been studying conversational Hebrew through Duolingo for about a year and went on Birthright this past December. We look forward to being part of Rory’s continuing Jewish journey and are so happy that he is with us.

Tessa Rudnick works as a full-time educator in the Education Department, spending time in the Gan, the religious school, as one of our Shabbat youth leaders, and more. She grew up in Providence, RI, belonging to a Reconstructionist synagogue, where her family have always been active members. Her mom is Jewish by choice; both she and Tessa went through conversion when Tessa was four. Judaism always has played a big role in Tessa’s life; her mom was a religious school teacher in their synagogue, and Tessa was always involved in the shul’s Hebrew school—as a student, then madricha, and even teaching her own class when she was 16—she taught a combined second- and third-grade class. She also spent five years as camper at Camp JRF—a Reconstructionist camp (now Camp Havaya) and went to Israel with them. While at school at Vassar College, she continued to work in religious school and found a job teaching fourth grade at a local synagogue.

She took a gap year after junior year and worked at a synagogue preschool, at an after-school program at the, and at a summer day camp. As she approached graduation, she spoke with a close family friend, senior director of education at a large synagogue in the Boston area, who talked to her about her Jewish education career. Tessa realized that this was of great interest to her and that working in the Jewish community would be a way to combine her personal, spiritual life and her career choice. She then applied to a number of opportunities on the East Coast. At her interview for the position at Adas, she thought the Education Department seemed warm and fun, she agreed with the philosophy of Adas, and here she is! We are deeply grateful that her journey brought her here.

Adas Israel Congregation is pleased to offer livestreaming of many of our events in the Biran Beit Midrash. What is livestreaming? If you can't make it to Adas, you'll still be able to connect to a live feed through any computer, laptop or mobile device! **Visit adasisrael.org/adaslive to learn more!**



tikkunolam

'REPAIRING THE WORLD'

SOCIAL ACTION

Social Action Community Trip to Alabama with Rabbi Krinsky, Tentative Dates: June 5-9

Join us in Alabama! A group of Adas members are planning a social action trip in early summer (tentative dates: June 5-9) to learn more about the historic role of racism and class in America, its contemporary implications for our country, and how these issues connect with our own social action work and role in the DC community. The trip will center around a visit to the Equal Justice Initiative Museum and Memorial as well as learning events with local communities. (Note that due to the graphic nature of some of the museum and memorial's content, we recommend ages middle school and up.) We expect to organize learning sessions in preparation for the trip as well as group discussions and action steps following the trip, which would be available to the whole community.

Please visit bit.ly/adasalabama if you:

- Are interested in attending this trip (or a future iteration if these dates don't work for you)
- Would like to be involved in the trip's planning
- Have contacts and/or experience with Jewish and/or civil rights communities in Alabama

What Team Adas Found Across the Border By Ruth Kleinrock and Manny Schiffres

When a group of Adas Israel members arrived in Mexico in mid-January to provide assistance to asylum seekers languishing in the border town of Matamoros and to bear witness to their suffering, we had an idea of what to expect. But the reality on the ground was far worse: hundreds of cramped tents yards from the bridge to Brownsville, TX; the sight of individuals bathing and washing their clothing in the polluted Rio Grande River; the large crowds who came out for the two dinners we would serve them. The situation was—and—remains dire.

Our group, under the leadership of Sharon Burka, consisted of 12 Adas members and four relatives. We worked with Team Brownsville, which assists asylum seekers stranded in Matamoros. Their numbers have swollen because of a U.S. policy that requires asylum seekers to remain in Mexico while they await their hearings.

On our first day, several of us participated in the weekly sidewalk escuela, helping to teach kids art, math, and yoga. That night, we served dinner to about 1,000 people. A local restaurant prepared the meal with funds raised by Adas members. On day two, we prepared, schlepped, and served 1,000 meals.

Adding to the poignancy of our trip, one of our members, Jackie Hoffenberg, and her sister encountered two Cuban asylum seekers who told them that they were kidnapped by Mexican police, beaten and held hostage for five days before a relative paid a \$4,000 ransom. The men feared for their lives. Jackie, an immigration lawyer, was able to arrange an interview that could have resulted in the men being allowed to remain in the U.S. while they awaited their asylum hearings. Ultimately, both of their requests were denied, and the men were returned to Mexico.

The deck is stacked against the asylum seekers, Jackie explained: "They often have limited education and language skills and must navigate a complex legal process alone."

For a longer version of this story and additional pictures, visit www.adasisrael.org/socialaction.



ADAS @ HOME SHARING MEALS: IT'S A JEWISH THING



Back in January, the first Adas @ Home project was launched to encourage Adas members to share Shabbat dinners with people they might not know very well or at all. The project was a great success, and we want to continue doing this several times during the year. Why would we encourage you to invite strangers into your home for a Shabbat meal? Because it's a Jewish thing.

The concept of *hachnasat orchim* is the Jewish value of welcoming visitors into our homes. Abraham and Sarah were the first of the Jewish people who practiced this custom and it's an enduring and an endearing one that has been passed down through the ages. Offering a greeting, sharing a meal, breaking bread with someone you don't know very well or at all is a wonderful way to make that person feel welcome and create community.

Torah stresses the importance of welcoming people into your home, making sure they feel comfortable. It's a mitzvah; the Torah teaches us this lesson in *B'reishit*. God created many great works in the first six days of *B'reishit* and pronounced them either good (*tov*) or very good (*tov maod*). Only once in this parasha does God use the term not good (*lo tov*) when declaring, "*lo tov heyot adam levado*"—"it is not good for a person to be alone."

It was God's reflection after creating Adam and before creating Eve. It is powerful that a reflection on loneliness is baked into our creation story (as well as its antidote).

The Adas @ Home project is designed to help you meet new people. Recognizing that Adas is a big place, the Adas @ Home program is a way to make small connections to tie us together as a community.

This project is ongoing, so go to the Adas website to host or be hosted. Adas will support all these meals through hosting/ritual coaching and Adas-themed Shabbat boxes complete with blessings, explanations of Shabbat customs, and challah.

As Rabbi Sarah Krinsky reminds us, "Gathering over Shabbat is one of the most powerful and radical practices Judaism offers. It says to us: holiness isn't just in a synagogue, and religion isn't just about prayer. Holiness can be brought into our most intimate spaces, and religion works best when it brings us together with meaning and purpose, wherever that may be." Sharing food. Building community. That's the Adas way.



ANNE FRANK HOUSE UPDATE



Anne Frank House thanks the Estelle & Melvin Gelman Religious School for making the January 12 Yom Iyyun a successful and meaningful event. The students had a chance to learn how Anne Frank House houses and supports our formerly homeless clients, and our board members and other supporters enjoyed talking with them, answering

their questions, and hearing their recommendations about how we can better serve our residents.

Classical music aficionados: Anne Frank House has been selected by the Georgetown Chorale as its beneficiary for its 2019-20 season! Funds raised from the Chorale's spring concert will be donated to us. The concert, on Saturday, May 2, is an all-Beethoven program, celebrating the 250th anniversary of the composer's birth. Visit www.georgetownchorale.org for more details and to purchase tickets.

We are grateful for the continuing support and interest of the Adas Israel community. To learn more about Anne Frank House, please visit our website, theannefrankhouse.org. —Sue Ducat



Lev B'Lev - Confronting Hate in Post-Charlottesville America

An Evening with Tom Gutherz, Senior Rabbi of Charlottesville's Congregation Beth Israel, Doron Ezickson, Washington DC Regional Director of ADL, and Alex Horowitz, Adas Israel Congregant and Community Leader

WEDNESDAY, MARCH 4 @ 7 - 9 PM

Join Adas Israel and the Capital Jewish Museum on Wednesday, March 4, 7 - 9 PM, for a dessert reception, film, and panel discussion on confronting the environment of hate American Jews face today. Since white supremacists paraded outside his Charlottesville synagogue in August 2017, Rabbi Tom Gutherz has led his congregation on a journey against hate. That journey has been one of both internal soul-searching and outward, interfaith communal action. Rabbi Gutherz will share his experience, as well as his insight into building bonds within his community. He will be joined by ADL's Doron Ezickson, who will bring a national perspective to building coalitions at a time of shifting dynamics and to confronting anti-semitism in the current climate. The discussion will follow a screening of the documentary short *Reawakening*, about the Charlottesville Jewish community's response to the 2017 Unite the Right rally. *Reawakening* was directed and produced by Adas Israel congregant Alexandra Horowitz, who will also be moderating the conversation.



New Member Reception

FRIDAY, MARCH 13, 5:30 PM

BEFORE THE SOULFUL MUSICAL SHABBAT SERVICE

Please join us in the Biran Beit Midrash for our new member reception. This is an invitation to all of our wonderful new members to join us for a relaxed "meet & greet" with the Adas Israel clergy, lay leaders, and community members! Long-standing members of the community are also encouraged to attend to welcome our new friends to Adas Israel! After the reception, we hope you will stay for our Soulful Musical Shabbat Service and community Shabbat dinner. To register for the dinner, please visit adasisrael.org.



The 1989 Adas Israel Adult Bat Mitzvah class taught by Rabbi Avis Miller.



The 1989 Adas Israel Adult Bat Mitzvah class at its 30th-anniversary celebration.



Honest Talk About Housing

Understanding DC's Affordability Crisis, and Our Role in Its Potential Solution

WEDNESDAY, MARCH 25, 7:30-9:00 PM,

Want to learn about DC's affordable housing crisis and how to get involved? Mara Cherkasky and Sarah Schoenfeld, founders of PrologueDC, will open the evening with a short video based on the work of Richard Rothstein and his book, *The Color of Law* followed by Professor Kathryn Howell of Virginia Commonwealth University, an expert on affordable housing and DC's housing history. Rabbis Aaron Alexander, Hannah Goldstein and Sarah Krinsky will provide our moral frame and a Call to Action. Program starts 7:30 sharp. Light refreshments available before the program so join us a little early. Co-sponsored by Adas Israel's WIN (Washington Interfaith Network) Core Housing Team, together with Core Teams from Temple Sinai, National United Methodist Church and Tzedek DC.



Esther Safran Foer

In Conversation with Franklin Foer

MARCH 31, 7 PM, AT SIXTH & I

Esther Safran Foer grew up in a home where the past was too terrible to speak of. She was born in Poland after World War II, and her mother and father were each the sole survivors of their families. The Holocaust loomed in the backdrop of her daily life, something felt but never discussed. The result was a childhood marked by painful silences and continued tragedy.

Even as she built a successful life, Esther always felt herself searching. In her forties, she learned that her father had a previous wife and daughter, both murdered in the Holocaust; this marked the beginning of the search that would define her next 20 years.

When Esther's son, Jonathan, visited the shtetl Trochenbrod in Ukraine to look for the family who hid her father during the war, he didn't find anything. Lacking facts, he wrote the novel *Everything Is Illuminated*, whose success awakened worldwide interest in Trochenbrod and led to new clues for Esther.

In I Want You to Know We're Still Here, Esther recounts her journey to find the missing pieces from her past and let her ancestors know that, despite everything, their family was still here. Esther will be in conversation with her eldest son, journalist Franklin Foer. Book signing to follow. Register for tickets at sixthandi.org/event/esther-safran-foer/.



Sip & Siach

with Talia Garber and special guest speaker: Or Cohen, the first-ever female commander of a naval combat vessel in the IDF.

SATURDAY, MARCH 14 AT 4PM IN THE BIRAN BEIT MIDRASH

Or is coming to speak with us just in time for International Women's Day and share her personal story. She is currently the Shlichah in Rhode Island and is an example of someone who has pushed the limits, showing that women are capable and exceptional. Her story portrays how she was raised to try, fail and repeat, to ask questions and to dream. What is the key to success? How can we promote equality? How does it feel to be 'the first?' Or shares her own personal challenges and achievements that can motivate women everywhere to be pioneers and push the limit.



Books & More *The Adas Israel Library Corner*

NYC Cops and the Case of the Lamed-Vovniks

BY ROBIN JACOBSON

LIBRARY & LITERARY PROGRAMS DIRECTOR



Best-selling author Steven Pressfield was in Israel researching a book when he first heard the legend of the *lamed-vovniks*, the 36 righteous individuals upon whom the fate of the world rests. Immediately, the irreverent thought popped into his head, “So, what would happen if someone started murdering those 36 guys?” Intrigued, Pressfield began crafting a dystopian thriller, ***36 Righteous Men*** (2019). This clever and imaginative page-turner is available in our library.

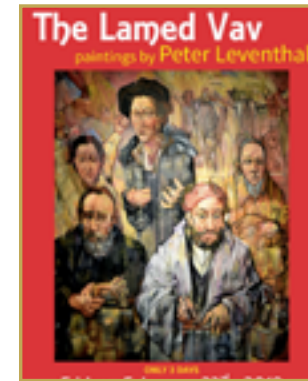
36 RIGHTEOUS MEN: THE NOVEL

Much of the novel’s action takes place in New York City in April 2034, where sweltering daytime temperatures hover around 115 degrees. And that is just one of the brutal consequences of global warming. Devastating superstorms are common; water shortages have led to riots; and millions of inhabitants of Southeast Asia and sub-Saharan Africa have been made refugees by crop failures and famine. But on the upside in this future world, the NYPD has switched to self-driving vehicles, and the Israeli-Palestinian conflict is no more—instead, the two sides work closely to combat climate change.

Against this backdrop, New York City homicide detectives James Manning, a hardboiled, veteran cop with a tragic past, and his earnest young partner, Covina “Dewey” Duwai, are called to investigate a series of baffling murders, linked by the letters “LV” branded between the eyes of each victim.

One clue that something otherworldly is afoot comes via an anonymous text to Manning: “LV is Hebrew. The letters ‘lamed’ and ‘vav.’ Google it.” An old-school investigator, Manning goes instead to a Jewish library. There, he encounters a young professor of Judaic studies who explains that the numerical value of the Hebrew letters *lamed* and *vav* is “36,” an allusion to the legend of the 36 *lamed-vovniks*.

Manning and Dewey doggedly pursue the murderer from a boisterous Chassidic *farbrengen* in Brooklyn to an Israeli archaeological dig, sometimes aided by a disgraced rabbi who may not be revealing all she knows. They posit a connection between the



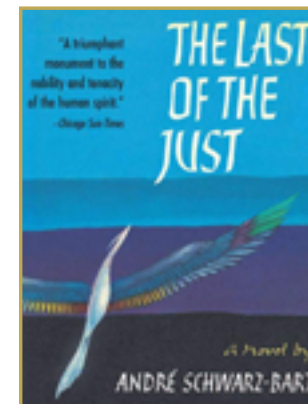
killings and the climate crisis; many of the victims are climate scientists or activists. Soon, the detectives begin to fear that the violent murders may merely be a means to a horrific end; the villain’s ultimate goal may be to destroy the world.

36 RIGHTEOUS MEN: THE LEGEND

The idea that a small number of righteous individuals can save humankind from destruction has its seeds in the Torah. Trying to save Sodom, Abraham bargains, asking if God would spare the city for the sake of 10 righteous persons. However, the Babylonian Talmud is the source for the particular legend of the *lamed-vav tzaddikim* (*lamed-vovniks* is the common Yiddish shorthand). According to tradition, there are 36 righteous individuals in every generation, and the world continues because of their merit. They are unknown to each other and even to themselves. For this reason, they are also called the *tzadikim nistarim*, the “hidden righteous ones.”

A popular motif in Jewish folktales, the legend of the *lamed-vovniks* was famously reworked in the 20th century by French novelist André Schwarz-Bart in *The Last of the Just*. In Schwarz-Bart’s imagining, *lamed-vovnik* status is passed down through a family of Jewish martyrs. The last of the dynasty dies in an Auschwitz gas chamber.

More recently, artist Peter Leventhal has won accolades for his series of paintings, “*Lamed Vav*,” portraying the *lamed-vovniks* as ordinary people from his own life. The beautiful implication of the legend, says Leventhal, is that since there is no way to identify a *lamed-vovnik*, we must treat each person with the respect due someone who is one of the pillars of the world.



UPCOMING ADAS BOOK EVENTS



Meet anthropologist/performer Dr. Maggie Paxson
Author Chat & Sing: Sunday, March 15, 10 AM in the Library

Dr. Paxson will discuss *The Plateau*, her captivating memoir describing her fieldwork in the French highlands, a region famous for hiding hundreds of Jews during WWII. What made this community so altruistic? As a special bonus, Dr. Paxson will also sing period songs relating to her fieldwork. A book-signing will follow (purchases by cash or check only). To RSVP for this unique free program, please e-mail Robin Jacobson (librarian@adasisrael.org).



The Inheritance by Dani Shapiro
Book Chat: Sunday, April 26, 10 AM in the Library

Join the discussion of this unusual memoir. Through chance genetic testing, Dani Shapiro discovered that her beloved father and illustrious Jewish forebears were not her blood relatives. Questions? Contact Robin Jacobson (librarian@adasisrael.org).



NEW FEATURE

From Our History

A LOOK BACK AT ADAS' HISTORY

Did you know...

In January 1926, the Board approved a raise in dues, starting at \$3 a month and up. In addition, there was a deficit in the treasury of \$12.46 for the year, and total expenses for the year were \$25,155.37.



WellBodies: A Monthly Course in Embodied Judaism

What does it mean to live in your body? What does it mean to live in a Jewish body? WellBodies is a monthly program that delves into body-related topics such as healthy boundaries, food and eating, growth and aging, disability wisdom, and sexuality—all through the lens of Jewish text and ritual.

Please join us March 24 for WellBodies, our monthly gathering on topics in Embodied Judaism. This month, Mac Freudenrich will guide us in an exploration of the role of gender and sexual diversity through the lens of Judaism and mikvah. Through text sources new and old, as well as modern media, participants will gain a greater understanding of these topics and their ritualistic importance. Participants will also be able to cultivate ritualistic understanding of their own sexualities and genders.

Bio: Mac (They/Them) is a graduate of American University's Jewish Studies Program and currently a registered nurse at White Oak Medical Center. They have a passion for the inclusion of diverse genders and sexualities in religious spaces. They have previously written two theses about gender presentation in Judaism and are currently working on their doctorate as a psychiatric nurse practitioner.

Everyone is welcome. Lunch is served at 11:30 AM, and our opening ritual starts at 11:55. To register, please visit <https://www.adasisrael.org/form/WELLBODIES-Registration>.

Monthly Topics and Facilitators:

March 24: Sexuality and Queer Bodies with Mac Freudenrich

April 22: Health, Illness, and Aging with Yael Flusberg

May 26: Tahara and Mikvah with Toni Bickart

June 23: Community Celebration and Final Presentations



If you're interested in earning a certificate in Embodied Judaism for your personal or professional development, please plan to attend the majority of the sessions and to make a presentation at the last gathering. Rabbi Sarah Tasman will be available to help you create your presentation.



For more information and to register, visit jewishstudycenter.org.

Wednesday Nights @ 7:00 PM & 8:15 PM

Voices of Women in the Poetry of Itzik Manger

Wednesday, March 4 @ 7 PM, Instructor: Miriam Isaacs

In the biblical poems of the Yiddish poet Itzik Manger (1901-1969), readers are able to experience traditional texts from the perspective of the women who appear in them, and some who barely appear. Manger reimagines the women of the Torah and megillot, setting them in the world of the shtetl and giving them powerful voices: Through him, Hagar, Avishag, and Vashti finally have their say. In this class, we'll examine the roles of women in Manger's work and some of the extra characters he adds. Young Bathsheba writes a tear-stained letter home after her marriage to King David. Esther, before winning the favor of King Ahasueros, had been in love with a tailor.

JSC, Adas members \$15; others \$20 (W-8)

Beyond the Big Three: The Rich, Diverse World of Jewish Sects

Three sessions: Wednesday, March 4 @ 8:15 PM; Wednesday, March 11 & 18 @ 7 PM

The major denominations of Judaism are well-known—Orthodox, Conservative, Reform, and so on. But Judaism is also a sprawling civilization with many far-reaching subtribes, not just cultural or geographic but religious as well. In this series, we'll introduce you to three groups that some Jews may find exotic or improbable, and yet all of which have thriving presences within Judaism in the here and now.

Karaites, March 4

Instructor: Rabbi Ken Cohen

Karaite Jews are deeply religious, but since they reject the authority of the Talmud, their religious practices are very different from ours. Karaites eat milk and meat together, as long as they are from different species ("Do not cook a kid in its mother's milk."), and they don't celebrate Hanukkah (it's not mentioned in the Bible). Karaites are aghast that we light Shabbat candles (doesn't the Bible clearly say that we are not to kindle a flame on Shabbat?) and think it is appalling that we rabbinic Jews compound our explicit transgression by saying a blessing, thanking God for commanding such a desecration!

Satmar Hasidim, March 11

Instructor: Dr. Morris Faienstein

Satmar is an ultra-Orthodox Hasidic group that is unusual in many respects. The class will consider its origins and its core beliefs and attitudes toward the contemporary Jewish world.

A particular aspect is its attitude toward the state of Israel and rejection of Zionism and modernity. Dr. Morris M. Faienstein is a Research Associate at the Meyerhoff Center of Jewish Studies at the University of Maryland. He has published 12 books and more than 125 scholarly articles and reviews in Hasidism, Kabbalah, and Early Modern Yiddish Literature.

Jewish Witches, Wiccans, and Neopagans, March 18

Instructor: Marilyn Cooper

A growing movement of secular Jews—mainly, but not exclusively, women—is reclaiming the divine feminine and goddess worship. With strong ties to eco-feminism, practitioners are using new liturgies and rituals to create diverse and radically inclusive Jewish communities. How are neo-paganism and witchcraft compatible with traditional Jewish practice? What's the role of the modern Hebrew priestesses? What is a "Jewitch"? We'll explore this phenomenon as well as Jewish texts and traditions about witchcraft. Marilyn Cooper has studied Jewish magic and its history since childhood. She davens with the Traditional Egalitarian Minyan at Adas Israel and is a writer, poet, and certified yoga and meditation teacher.

Three sessions: JSC, Adas members \$40; others \$55 (W-9, W-10, W-11), Single session \$15/\$20

Two Quick Looks at the Israeli Election

Wednesdays, March 11 and 25 @ 8:15 PM

March 11 with Paul Scham, March 25 with Michael Brenner

Israel's third general election in less than 11 months takes place on March 2, held because the previous two were deadlocked and unable to produce a government. The third time has to be the charm, as politicians and citizens alike are sick and tired of the stalemate. In each of these one-session classes, the speaker will examine the March 2 results, try to make sense of them, and hazard some guesses on where Israeli politics and society may be headed in the wake of the election.

Both sessions: JSC, Adas members \$25; others \$35 (W-12, W-13) Single sessions \$15/\$30

The JSC Book Club Examines the Promised Land

Wednesday, March 25 @ 7 PM, Facilitator: Marilyn Cooper

For the winter meeting of the JSC book club, please join us for a lively discussion about journalist Avi Shavit's award-winning book, *My Promised Land: The Triumph and Tragedy of Israel*. This gripping narrative history, which is based on hundreds of interviews with Israelis—both Jews and Arabs—tackles some of the most challenging issues of the Zionist endeavor. Free program; donations are welcome! (W-13)

How to Make Your Seder Unforgettable

Wednesday, April 1 @ 7 PM

Instructor: Murray Spiegel

Do you want to add a new twist to your seder this year? This one-hour multi-media presentation covers a rich variety of topics—the history of the seder, the origins of its customs, and novel approaches that anyone can use.

JSC, Adas members \$15; others \$20 (W-14)



BIRTHS

Edith Ruth Kravitz, daughter of Dr. Neal & Margaret Kravitz, was born Nov. 25
Abigail Stogner, daughter of Arielle Linsky & Kevin Stogner, was born Jan. 6
Sloane Paige Liss, daughter of Harrison & Dr. Paige Liss, was born Jan. 10
Hallel Ahavya Packman, daughter of Rachel Rosenthal & Joshua Packman, was born Jan. 13

We wish our newborns and their families strength, good health, and joy.

B'NAI MITZVAH



Nora Sachse, March 7
Nora Segal Sachse is a seventh grader at Georgetown Day School. A graduate of the Gan, she has attended religious school at Adas since Kindergarten. Nora looks forward to celebrating her bat mitzvah with her parents, Michael Sachse and Erin Segal; her brother Teddy; and her grandparents Carl Segal, Cassie Segal, and Harry Sachse. She's also keenly aware of the loss of her grandmother, Elinor Sachse, who has been in Nora's thoughts. For her mitzvah project, Nora will prepare and serve a meal for women living in Miriam's House, a transitional housing program operated by N Street Village.



Josh Goodglick, March 14
Joshua Parker Goodglick, son of Lisa and Todd Goodglick and big brother of Adam Goodglick, will celebrate his bar mitzvah with parshat Ki Tisa. He is a seventh grader at the Lab School in Washington, where he combines serious studying with a large dose of humor. He is celebrating with his family and friends, including his grandparents, uncle, aunts, and cousins, all of whom have set a rather high bar for accomplishment, Jewish life, and all around goodness. The memory of his uncle, Professor, Dr. Lee Goodglick, will be deeply felt. His mitzvah project supports Challenge Aspen, which has pioneered techniques enabling people with all forms of disabilities to participate and enjoy sports in the natural mountainous beauty around Aspen, CO. He has seen personally how the organization has transferred ability, independence, and a big smile to his own brother on the slopes.



Jacques Bassat, March 21
Jacques is a seventh grader at Westland Middle School in Bethesda. He is thrilled to celebrate his bar mitzvah with his siblings, Daniel and Gabriel; his parents, Nathalie and José Manuel; his grandparents, Sima and Jo Goldfarb from Caracas/Miami and Carmen and Luis Bassat from Barcelona, as well as his aunts, uncles, and cousins, who will all gather for this joyful occasion.



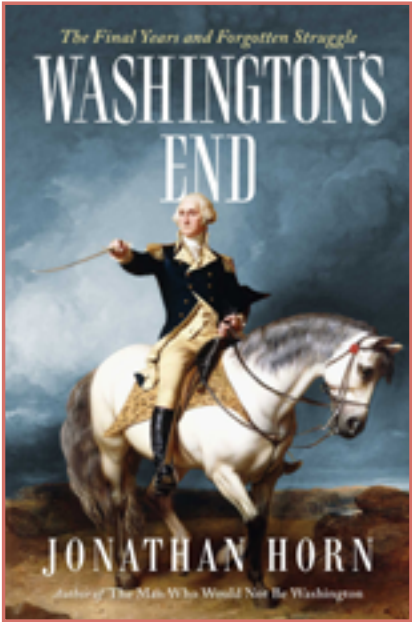
Benjamin Pollack, March 28
Benjamin Walter Reed Pollack, son of Becky Reed and Barry Pollack, is in the seventh grade at the Landon School. His Jewish education began at the Temple Sinai Nursery School, continues at Estelle & Melvin Religious School, and is supplemented by a month each summer at his beloved home away from home, Camp Judaea in Hendersonville, NC. We celebrate this simcha with Ben's sister Erin and his fun crew of family members, including grandparents, Nancy and Jerry Reed; aunts, uncles, and cousins; and many other friends and family. At this special time, we remember with love his grandparents, Ruth and Meyer Pollack. For Ben's mitzvah project, he will continue supporting the Pulsera Project, a fair trade organization supporting Nicaraguan and Guatemalan artisans and helping to build schools in their communities.



MEMBERS IN THE NEWS

Mazal tov to Jonathan Horn, son of Carol and Larry Horn, on publishing his newest book, *Washington's End*, with Scribner. *Washington's End* tells the astonishing true story of George Washington's forgotten final years—the personalities, plotting, and private torment that unraveled America's first post-presidency. Visit www.jonathanhornauthor.com.

The Catalyst: How to Change Anyone's Mind by best selling author Jonah Berger, son of Adas members Jeffrey Berger and Diane Arkin, was just published by Simon & Schuster. Jonah, a Wharton Business School professor, is the also the author of *Contagious: Why Things Catch On* (published in twenty languages) and *Invisible Influence*. (www.JonahBerger.com).



IN MEMORIAM

We mourn the loss of synagogue members:
Marion Kraskin
Gertrude Himmelfarb Kristol

Mark Litowitz, father of Rob Litowitz
Fred Lowit, husband of Denise Lowit
John H. Rosenthal, father of Miriam Rosenthal
Diane Strauss, mother of Scott Strauss
Vivian David Wantuch, mother of Susan David

We note with sorrow and mourn the passing of:
Leonard Norman Arnold, father of Deborah Arnold
Mannie Edelstein, father of Darryl Edelstein

LIFE CYCLE INFORMATION

When Death Occurs
When death occurs, please call the synagogue office, 202-362-4433, so that we may inform the clergy and be of assistance. During business hours, ask for Marcy Spiro. After business hours, a staff member on call may be reached by calling the synagogue office at the number above and pressing "2" to be connected automatically, or by calling the answering service, 301-421-5271, which will page the staff member on call. On *Yom Tov* and *Shabbat*, even though detailed funeral arrangements should not be made, a staff member on call can still be reached at 301-421-5271.

Bereavement Committee
The Bereavement Committee assists families with all of the arrangements surrounding the funeral and subsequent burial of loved ones. We welcome your interest and encourage your participation and assistance. We need you; please join us. If you have questions, or know of someone who you think might be interested in participating in this important work, please feel free to call Edie Hessel (202-244-7189) or contact Toni Bickart (202-244-2747) regarding the Tahara Committee, or contact Wendy Kates about Shmira (wendy.kates.30@gmail.com).



Adas Israel Community Mikvah
Mikvah Immersion is an embodied Jewish ritual. It is an opportunity to reflect on the times that brought you to this moment in your life. Mikvah is a chance to return again. Mikvah is a turning point.

For more information, visit www.adasisrael.org/mikvah, and to make an appointment, go to www.mikvahcalendar.as.me.





SYNAGOGUE CONTRIBUTIONS

The congregation gratefully acknowledges the following contributions:

Anne Frank House Fund

In Memory Of: **Joseph & Mimi Klein** by Janet Kolodner.

Benjamin James Cecil Special Education Fund

In Memory Of: **Kim Robinson** by Judith Friedman & Joe Cecil.

Bereavement Fund

In Honor Of: **Gail Schwartz's** birthday by Jane Baldinger.

In Memory Of: **Eva Danziger** by Arnold Danziger. **Abraham Tersoff** by Susan Tersoff & David Margolies.

B'Yahad Special Needs Fund

In Memory Of: **Carol Zacks** by Cathy Gildenhorn.

Cantor Brown Discretionary Fund

In Appreciation Of: **Cantor Brown** for making Miriam's bat mitzvah so wonderful by Beth Kanter & Jeffrey Goodell. **Cantor Brown** for my birthday blessing by Leah Chanin.

Charles Pilzer Computer Center

In Memory Of: **Jean Greenberg Fogel** by Geraldine Pilzer.

Charlotte & Hubert Schlosberg High Holy Day Mahzor Fund

In Memory Of: **Goldyne Schlosberg** by Hubert Schlosberg.

Congregational Kiddush Fund

By: Avi Leach, Bruce Lewis.
In Honor Of: Naming of **Sally Bankel** by Gena & Daniel Feith. Marriage of **Jeremy Atterman & Ariel Bigio** by Janice Kaplan, Dora Attermann, Tanya Attermann, Barbara Ihns, Marla Hexter & Lourdes Cohen, Joyce Bigio & Teri Bigio Berling.

Daily Minyan Fund

In Honor Of: My birthday by Roberta Boam.
In Appreciation Of: **Daily Minyan** community for welcoming Miriam for her bat mitzvah by Beth Kanter & Jeffrey Goodell.
In Gratitude For: **Daily minyan** by Dena Bauman.
Mazel Tov To: **Sheldon Kimmel** for publishing a scholarly paper on Rabbi Eliezer in Nashim by Sybil & Steve Wolin.
With Thanks For: The warm & thoughtful services when I attended during my visit to Washington by Freya Weberman.

Dan Kaufman Children's Program Fund

In Honor Of: **Dale Kaufman's** special birthday by Susan Ducat & Stan Cohen.

Daryl Reich Rubenstein Staff Development Fund

In Memory Of: **Daryl Reich Rubenstein** by Lee Rubenstein.

DC Klezmer Workshop

By: Kelley Gordon & A.J. Jorisch.

Ethel & Nat Popick Chronicle Fund

In Memory Of: **Arthur Banner, Robert Blumenfeld, Nelson Deckelbaum & Joan Roth**, all by Dorothy Block.

Executive Director Discretionary Fund

In Appreciation Of: **David Polonsky** for making Miriam's bat mitzvah so wonderful by Beth Kanter & Jeffrey Goodell.

Frances & Leonard Burka Social Action Endowment

In Memory Of: **Marion Kraskin & Karen Lipsey** by Shelley Tomkin & Ross Eisenman.

Fund for the Future

In Memory Of: **Irma & Jack Heifetz** by Beth Heifetz. **Fred Lowitt & John Rosenthal** by Herlene Nagler. **Elihu & Honey Nemiroft** by Rhona Byer.

Garden of the Righteous

In Honor Of: **Judy Strauch** on her birthday by Jane Baldinger.
In Memory Of: **Allan Gerson** by Arlene & Robert Kogod, Faith & Philip Bobrow, Jean & Larry Bernard.

Goldstein-Lande Shabbat Kiddush Fund

By: Debby & Mark Joseph.

Gonzalez Family Fund

In Honor Of: Birth of **Hannah Izamar Gonzalez Rugama** by Phyllis Mindell.
On Behalf Of: **Gonzalez family** by Analia & Salvador Stadthagen, Elsie & David Werber, Esther & Bert Foer, Lois & Michael Fingerhut.
In Memory Of: **Arnold H. Weiss** by Daniel, Nancy & Jordan Weiss.

GPA Program Donations

On Behalf Of: the Rock & Read program by Karen & Dana Czapanskiy.

Harry & Judie Linowes Youth Endowment Fund

In Loving Memory Of: **Jordan Bierman, Sol Linowitz, & Dorothy Wolf Linowes**, all by Judie & Harry Linowes.

Havurah Kiddush Fund

By: Ann Kort & Maurice Shohet, Joyce & Michael Stern.
In Memory Of: **Rhoda Baruch** by Mary & Arnie Hammer. **Joyce Sills** by Rabbi Jan Kaufman.

Hazzan Goldsmith Discretionary Fund

In Appreciation Of: **Hazzan Goldsmith** for preparing me for my second bar mitzvah by Luis Landau.
In Gratitude To: **Hazzan Goldsmith** for leading shiva services for Helga Baer by Donald Baer & Nancy Bard.

Hesed & Bikkur Cholim Fund

In Honor Of: **Ruth Kleinrock** on her 70th birthday by Rae Grad & Manny Schiffres.
With Thanks To: **Janice Mostow & Betsy Strauss** for leading the Wise Aging group by Susan Tersoff.
In Loving Memory Of: **Louis Rusoff & Sylvia Rusoff** by Gail & Don Roache. **Bette Rothstein** by Robin & Bob Berman.
In Memory Of: **Estelle Mates** by Amy Mates. **Mary Povich** by Edna & Larry Povich.

Hazel G. Scribner by Janet Scribner. **Robert Agus & Ron Kunin** by Roberta Boam. **John Rosenthal** by Toni & David Bickart.

Ida Mendelson Memorial Prayer Book Fund

In Memory Of: **Ann & Morris Friedman** by Barry Friedman.

Jennie Litvack Memorial Fund

In Memory Of: **Jennie Litvack** by Eliana Sachar, Lief Rosenblatt, Mindy & Jeff Sosland, Philip Friedman, Rabbi Lauren & Ari Holtzblatt. **Sam Gershberg, Rebecca Gershberg, Jack Boam & Ethel Boam**, all by Roberta Boam.

Jewish Mindfulness Center

By: Kaplan family.
In Memory Of: **Henrietta Ross** by Judith Ross, Milton & Kate Shinberg, Samantha & Ryan Goodwin.

Joseph & Mollie Muchnick Fund

In Memory Of: Our parents & other beloved ones by Charlotte Muchnick.

Leah Chanin Day School Fund

In Honor Of: **Leah Chanin's** 90th birthday & her aliyah by Janet Scribner. **Leah Chanin's** 90th birthday by Marsha Pinson, Mindy & Jeffrey Sosland, Ricki Gerger. **Leah Chanin** by Jeffrey Weinstein.

Lev B'Lev Committee Fund

In Honor Of: **Bruce Charendorff** & the work he & the team are doing for Lev B'Lev by Jill Chessen & Danny Cohen.

MakomDC

In Honor Of: **Ilene Chait** for reading parashah on Shabbat by Ellen Nathan.
In Memory Of: **Jack Slater** by Nancy, Daniel & Jordan Weiss.

Martha & Joseph Mendelson Adult Education Fund

In Honor Of: **Rae Grad** by Gilbert Holland.

Maxine & Gerald Freedman Endowment Fund

In Memory Of: **Gerald Freedman & Sis Saturn** by Maxine Freedman.

Mikvah Fund

In Memory Of: **Edith & Jacob Green** by Fradel Kramer.

Mildred & Jess Fisher Nursery School Fund

In Memory Of: **Shirley Rosenberg** by Mark Rosenberg.

Minnie & Abraham S. Kay Israel Scholarship Fund

In Memory Of: **Abraham Tersoff** by Janet Tersoff.

Morris Hariton Senior Programming Fund

By: Allyn Kilsheimer.

Offerings Fund

By: Elena Alschuler & Max Parness, Jason Conway, Liat Weiler, Rachel & Rob Rubin, Ruth Chege.
In Honor Of: Life & legacy of **Gertrude Himmelfarb Kristol** by Carrie Cordero.
In Appreciation Of: **Rabbi Yolkut** for teaching

SYNAGOGUE CONTRIBUTIONS

& supporting Miriam & making her bat mitzvah so wonderful by Beth Kanter & Jeffrey Goodell. **Healey Sutton** for leading shiva in memory of **Marion Kraskin** by Sara & Stephen Kraskin.
In Recognition Of: **Michael Leifman's** Simchat Torah honor by Beth Kanter & Jeffrey Goodell.
In Memory Of: **Helga Baer** by Amy & Jay Leveton. **Jonathan Mark Horn** by Barbara & Morton Spiegel. **Malca Aroni** by Barbara Weinstein. **Lorna Sue Jaffe** by Charlene Snider. **Bess & Abraham Schwartz** by Frederic & Marilyn Schwartz. **Lenny Fuller & Joel Merenstein** by Mindy & Jeff Sosland. **Gertrude Himmelbarb Kristol** by Jack Guipre.

Oliver & Bertha Atlas Youth Endowment Fund

In Memory Of: **Bertha & Oliver Atlas & Freda & Leon Julius, Irving Kolker, Ben Murlitz, Lee Derkay, Arlene Friedman, Frances Burka, & Irving Jacobs**, all by Ellen & Simon Atlas.

Rabbi Alexander Discretionary Fund

By: Elena Alschuler & Max Parness .
In Honor Of: Our wedding by Ariel Bigio & Jeremiah Atterman. Our wedding by Elizabeth Sloan & Michael Stein. **Rabbi Alexander** by Judi Berland
In Appreciation Of: **Rabbi Alexander** for my birthday blessing by Leah Chanin.
In Gratitude To: **Rabbi Alexander** for his kind phone call after the death of **Helga Baer** by Donald Baer & Nancy Bard.
In Memory Of: **Sarah Friedman** by Barry Friedman.

Rabbi Holtzblatt Discretionary Fund

By: Elena Alschuler & Max Parness .
In Honor Of: **Rabbi Holtzblatt** by Cary Sherman, Frank Spigel, Judith Berland. My aliyah at the Smith Service by Elaine Kremens
In Appreciation Of: **Rabbi Holtzblatt** for making Miriam's Bat Mitzvah so wonderful by Beth Kanter & Jeffrey Goodell.
In Memory Of: **Helen Blatt Surosky** by Shelley Kossak.
In Loving Memory Of: **Irv Jacobs** by Estelle Jacobs.

Rabbi Krinsky Discretionary Fund

By: Elena Alschuler & Max Parness
In Honor Of: **Rabbi Krinsky** by Sharon Burka.
In Memory Of: **Malca Aroni** by Betsy Strauss. **Jean Caplan Lazar** by Marion Usher.

Rabbi Solomon Discretionary Fund

In Appreciation Of: **Rabbi Solomon** for teaching & supporting Miriam & making her bat mitzvah so wonderful by Beth Kanter & Jeffrey Goodell.

Refugee Response Project

By: Dale Kaufman & Stephen Klatsky, Leah Chanin, Rebecca & Timothy Cahill, Renée & Roger Fendrich, Stephen & Susana Shapiro.
On Behalf Of: Refugee project in Brownsville, TX by Allison & Stephen Higgs, Anne & Kevin McCormally, Drs. Sybil & Steve Wolin, Ellen & Gary Malasky, Joan Wessel, Michelle & Don Hainbach, Phyllis & Jeffrey Lavine, Ricki Gerger, Robert Small, Ruth & Gilbert Small, Sue & Robin Erskine.
In Honor Of: **Ruth Kleinrock's** retirement by Jamie & Stuart Butler. **Ruth Kleinrock** by Toni & David Bickart.

In Memory Of: **Sylvia Slater** by Nancy, Daniel & Jordan Weiss.

Rhoda & Jordan Baruch Endowment Fund

In Loving Memory Of: **Rhoda Baruch** by Vivienne & Dr. William Stark, Renée & Roger Fendrich.

Rose R. Freudberg Sisterhood Memorial Library Fund

In Memory Of: **Vivian David Wantuch & John Rosenthal** by April Rubin & Bruce Ray. **Lillian Podgorsky** by Arnold Podgorsky. **Mildred Hessel** by Arthur Hessel. **Esther Mindel Frank** by Barbara Frank. **Esther Klein** by Barry Simon. **Ada & Ludwig Strauss** by Betsy Strauss. **Otis Manherz Yokum** by Craig Yokum. **Marsha Dubrow, Lorna Jaffe, John Rosenthal**, all by Dava Berkman. **Edward Cooper** by Doris & Norbert Lustine. **Norman A. Freudberg & Jon Rosenthal** by Elinor Tattar. **Irving Loewenthal** by Jinny Goldstein. **David Mark Promisel** by Larry & Myra Promisel. **Israel Ellen** by Margaret Ellen. **Harriette Wolin** by Steven Wolin. **Harry Aks** by Vicki Perper. *In Loving Memory Of:* **Milton Klein** by Barry Simon.

Rothstein Family Israel College Scholarship Fund

In Loving Memory Of: **Bud Rothstein & Ralph B. Rothstein** by Robin & Bob Berman.

Samuel & Sadie Lebowitz Israel Scholarship Fund

In Memory Of: **Jonathan Horn** by Marky & Bo Kirsch.

Security Contributions

By: Janet Holtzblatt.

Social Action Fund

By: Eric Schultz.
In Honor Of: **Ruth Kleinrock** on her retirement by Denise & Joel Gershowitz. **Rabbi Holtzblatt**, who is an inspiration to me in so many ways by Loribeth Weinstein.
In Memory Of: **Anne Buring** by Benjamin Buring. **Samuel Press** by Donald Kates. **Carolyn Jacobson** by Kathy Krieger. **Vera Leifman** by Michael Leifman. **Syd Leventhal** by Mindy Saraco & Mike Madden. **Pauline Cowan Boxer & Nathan Boxer** by Susan Klein.

Sophie Silfen Shalom Tinok Fund

In Honor Of: **Leah Chanin** on her 90th birthday by Susan & Richard Ugelow.
In Memory Of: **Diane Strauss** by Herlene Nagler, Toni & David Bickart, Veneeta Acson & Howard Streicher. **Sophie Silfen** by Susan Miller & James Williams.

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By: Adas Israel Sisterhood, Johanna Chanin & Randall Levitt, Judith & Russell Smith.

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By: David Goldston, Shana & Robert Zucker.
In Honor Of: **Eliana Boyer, Zoe Neufeld, Nils Sokolovsky, Samuel Herzberg, Wyatt Dunn, Miriam Kanter Goodell** on becoming b'nai mitzvah, all by Judith Hellerstein. **Bill Levenson's** 50th birthday by Judith Hellerstein.
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Tzedakah Fund

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Yizkor/Yahrzeit Fund

In Memory Of: **Freda Buckhantz, Robert S. Buckhantz, & Sol Adelman** by Adele Buckhantz. **Lawrence Shapiro** by Andrew Shapiro. **Shirley & Julius Epstein** by Beverly Epstein & Philip Epstein. **Oscar Gildenhorn** by Blanche Speisman. **John Rosenthal** by Cheryl & Sheldon Cohen. **Sara Levinson** by Don Levinson. **Louis Philip Hellman** by Elinor Gruber. **Owen A. Brown** by Janet Scribner. **Stanley Bobb** by Jodi Macklin. **Mendel Tchulak** by Joseph Zilberbaum. **Mildred Hellerstein** by Judith Hellerstein. **Edith Kogod** by Leslie & Howard Libby & Ron Kogod. **Herman Ritter** by Loren Kantor. **Jozsef Karpati** by Maria Burka. **Fred Horowitz** by Michael & Alexandra Horowitz. **Sylvia Weinstein** by Paul Weinstein. **Sarah Seldin Deutch** by Rabbi Jan Kaufman. **Gilbert Ottenberg & Sadye Ottenberg** by Regina Levin. **Gilbert Ottenberg** by Rhoda Seigel. **Ruth Cline** by Robert Cline. **Ruth Grayson** by Stephen Grayson. **Judith Miller** by Stuart Miller.
In Loving Memory Of: **Barbara Kline Goodof** by David Kline.

Youth Department Activities Fund

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