

Adas Israel Congregation • January/Tevet-Shevat 5780

# CHRONICLE

The *Chronicle* Is Supported in Part by the Ethel and Nat Popick Endowment Fund

I HAVE A DREAM  
MARTIN LUTHER KING, JR.  
THE MARCH ON WASHINGTON  
FOR JOBS AND FREEDOM  
AUGUST 28, 1963





# From the President

LAURIE ALADJEM, ADAS PRESIDENT



## Hard to believe it's 2020.

The turn of the calendar year is a time to take stock, I think in a much different way than we do on the High Holy Days.

We tend to focus on what has changed in our world, we make resolutions, and we toast the year to come. And it has been quite a year. You don't need me to recount the ups and downs of world events. Instead, I will remind you of where our community has been and where we are headed.

When Adas Israel opened the doors of our first building, then-President Ulysses S. Grant came to the dedication. Men and women sat separately at Adas until 1951, when we relocated uptown to our current permanent home. Our congregation has hosted Presidents, civil rights leaders, elected officials, and diplomats. We've seen the fortunes of our city ebb and flow. When Adas was founded, the State of Israel was barely a dream. In 1951, it was a fledgling democracy in a hostile neighborhood.

In 2020, we have women leading every facet of our congregation: rabbis, cantors, teachers, and lay leaders. Our city is thriving, and many of our members make the city of DC their home. And while Israel is still in a hostile neighborhood, it is an established democracy with a

flourishing economy. And we are growing: new members are joining, and former members are returning.

In roughly 150 years, we have gone from being a small break-away minyan struggling to build a home to being a center of study and prayer for all ages, a nationally recognized Conservative congregation that blends innovation and tradition. We offer a dizzying array of programs every week, and a daily minyan twice a day. Every day.

And this year will combine the history of Adas Israel with the State of Israel on an amazing congregational journey. This trip offers a unique opportunity to see Israel through the Adas Israel lens. So come if you can, whether it will be your first trip or your tenth.

Nothing that has happened at Adas in the last 150 years happened without the generosity of our members, many of whom had the foresight to create the endowments on which we rely today. The next 150 years of our kehillah will likewise need to rely on the generosity of all of us to grow that endowment, so as our fortunes ebb and flow, our ability to continue the vast array of programming that touches so many lives will continue.



Adas Israel Congregation  
July 1969  
Source: Library of Congress



# Clergy Corner

RABBI LAUREN HOLTZBLATT



*I do not think of political power as an end. Neither do I think of economic power as an end. They are ingredients in the objective that we seek in life. And I think that end or that objective is a truly brotherly society, the creation of the beloved community.*

DR. MARTIN LUTHER KING, JR., JULY 13, 1966

As we enter this month of January, when we celebrate the life of Dr. Martin Luther King, Jr., I have been thinking about Dr. King's concept of the Beloved Community. Dr King had a vision not only for racial and economic equality between all people, but of a society filled with people that would learn not just to tolerate each other, but love each other, to see each other, and from that love to build a society of profound human connectedness.

In my own experience serving as a rabbi of a large congregation, communities can often spend the majority of their time and efforts taking care of the internal needs of its members. A worthy endeavor for sure. Who is ill? Who is in need of extra support? Who is celebrating and needs to be lifted this month? Who has given a lot to the community and should be celebrated? All of these questions are ones that we ask here at Adas. It is part of our vision to create a community that sees the other in the community and reaches out to show and enact care and concern. But if our cultivation of empathic action stopped there I would think that we had stopped short of what a religious community can offer to the world. It is when we take this same framework outside of our own walls that we have the potential to build a kinder, more connected world.

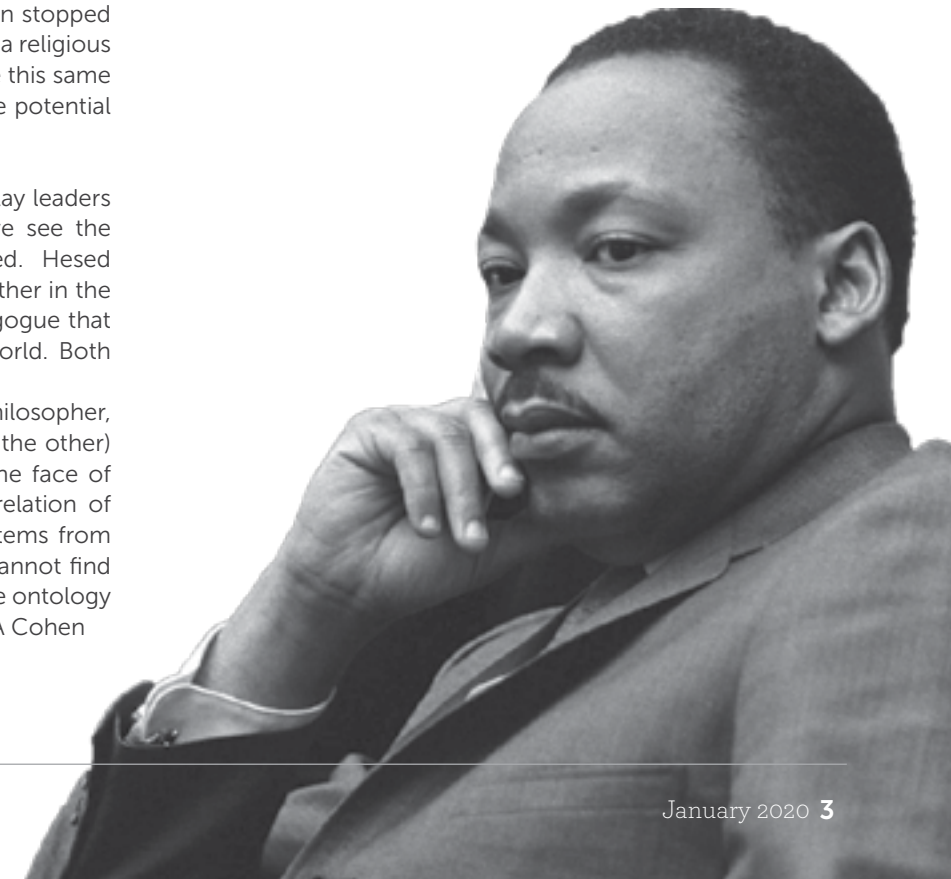
Rabbi Alexander and I have often discussed with the lay leaders of Hesed and the Social Action Committee that we see the overarching work of these communities as interlinked. Hesed is the internal mechanism of continually seeing the other in the community and Social Action is the arm of the synagogue that takes this work out of the doors of Adas and into the world. Both are necessary.

Emmanuel Levinas, the 20th century Jewish French philosopher, offers us the teaching: "the approach to the face (of the other) is the most basic mode of responsibility. As such, the face of the other is verticality and uprightness; it spells a relation of rectitude. My ethical relation of love for the other stems from the fact that the self cannot survive by itself alone, cannot find meaning within its own being-in-the-world, within the ontology of sameness." -Face to Face with Levinas ed. Richard A Cohen

I read Levinas as saying that it is not good for human beings to be alone- without community or only within one community. We grow in our search for meaning through connecting with another. We grow in our search for purpose and love when we connect with another and we take on responsibility to care for the other once we truly see him/her. To build a beloved community internally has the most value when we practice hesed not only within our own walls but when we spread this value out into the world. It's in the moments of connection – of a community built beyond walls that I am reminded of the truly visionary Dr King.



Learn more about MLK Day @ Adas  
on page 4 of the *Chronicle*!







# Martin Luther King Jr. Weekend

Join together as a community as we celebrate and explore the wisdom, courage, and legacy of Reverend Dr. Martin Luther King Jr. Special Shabbat meals and programming will be guided by the Racial Justice Working Group and community leaders, and Shabbat services will include music honoring Dr. King.



## MLK WEEKEND 2019 HIGHLIGHTS

2019/5780

### FRIDAY, JANUARY 17

**6:00 PM:** Musical Shabbat services in the Charles E. Smith Sanctuary

**7:45 PM:** Shabbat Dinner with community partners. Dinner will include a study and discussion of Martin Luther King Jr.'s ideas in conversation with Jewish text.

### SATURDAY, JANUARY 18

**9:30 AM:** MLK Shabbat morning service will feature the Adas Israel Flash Choir, Roderick Giles & Grace Gospel Choir and full Band. The sermon will be given by featured guest, Dr. Cheryl Greenberg, who will lead a 1 pm workshop after kiddush.

### SUNDAY, JANUARY 19

**10:00 AM:** Adas Israel and Rabbis Alexander and Krinsky join Peoples Congregational Church, United Church of Christ, at 4704 13th Street, NW



## MLK Speaker: Dr. Cheryl Greenberg



Dr. Cheryl Greenberg is the Paul E. Raether Distinguished Professor of History at Trinity College in Hartford, CT. Her research focuses on 20th-century African American history, Black-Jewish relations, race and ethnicity, and civil rights and social movements. She is the author of numerous publications, including *Troubling the Waters: Black-Jewish Relations in the American Century*, Princeton University Press.

## Giles & Grace Gospel Choir



### Saturday, January 18 @ 9:30 am

As we celebrate the legacy of Dr. Martin Luther King Jr. with our community partners, Roderick Giles & Grace Gospel Choir will join us on Shabbat morning for some inspirational moments of prayer.



Dr. Martin Luther King, Jr. during his historic address to the Jewish community at Adas Israel



# briyut בריאות

the wellness center of adas israel

The Briyut Center at Adas Israel is a new project and partnership between Hesed and The Jewish Mindfulness Center of Washington.

We seek to jointly create a space to celebrate, to study, to be with joy and sadness, and to face openly all that we encounter on the road of life. This new center will offer text classes on mindful practices developed by Jewish mystics, celebrations of our changing bodies, support groups, and mindful support for families with infants/young children.



## End of Life Workshops

with Rabbis Holtzblatt and Krinsky

These workshops offer a space to contemplate a thoughtful approach to the end of life. We will incorporate Jewish law and text study as well as practical guidelines and resources.

Jan. 26 (Rabbi Krinsky), Mar. 1 (Rabbi Holtzblatt) @ 10 am-12 pm



## Into the Mystics

with Rabbi Lauren Holtzblatt

Dive into Jewish mystical practices of centering the mind. Explore the teachings of the Piacezno Rebbe, Rabbi Nachman of Breslov, the Zohar, and HaRav Kook.

January 28, February 12, March 10, April 28 @ 7:30 pm



## Fostering Anshei Hayyim

The Physical, Spiritual, and Emotional Journey of Men

Over the course of three sessions, we'll hear from experts about critical issues in men's health, and talk about fostering the holistically healthy lives we seek.

March 22 & April 5

"The day you were born is the day God decided that the world could not exist without you."  
—Rebbe Nachman of Breslov



[adasisrael.org/briyut](https://adasisrael.org/briyut)







## MakomDC 2019–20 Season: "The Way In"

There's always a way into Jewish learning. This year we intend to capture the passion and expertise of our core teachers and offer topics in text learning that will inspire deep learning, generate new knowledge, and open up critical conversation. Each month, for the first three Tuesday evenings, a rabbi (Holtzblatt, Alexander, Krinsky, or Yolkut) will offer a three-part mini-series that will tackle essential subjects in Judaism, with close attention to the textual tradition that inspires so much of Jewish life today.

To learn more visit [adasisrael.org/makomdc](https://adasisrael.org/makomdc). Register for classes or special programs online or by calling Courtney Tisch, 202-362-4433, ext. 125

### MAKOMDC JANUARY LEARNING



Virtues and Vices:  
An Introduction to the World of Mussar

WITH RABBI SARAH KRINSKY

TUESDAY, JANUARY 7, 14 & 21 @ 7:30 PM

Mussar is an ancient Jewish spiritual practice aimed at cultivating and honing specific inner virtues and traits. Following the curriculum of Rabbi David Jaffe, we will delve into this practice and relate it to our own spiritual lives, and also to a foundation for a Jewish social justice ethic. Each session will focus on one particular trait, and will examine traditional Mussar texts as well as practical applications for ourselves and our communities.

### 2019-2020 MENDELSON SHABBAT SCHOLAR IN FEBRUARY



Dr. Vanessa Ochs

POST-KIDDUSH HALAKHA CLASS, SATURDAY, FEBRUARY 22 @ 1 PM

Join us as our February Mendelson Shabbat Scholar, Dr. Vanessa Ochs, guest teaches after kiddush, using halakhah (Jewish life and living) as a prism through which to access our learning this year. Dr. Ochs is a professor in the Department of Religious Studies and the Jewish Studies Program at the University of Virginia. She is the author of *Inventing Jewish Ritual* (JPS), winner of a 2007 National Jewish Book Award. For her writing, she received a Creative Writing Fellowship from the National Endowment for the Arts.

### ONGOING LEARNING



The Text 2.0: In-Depth Halakhah (Jewish Law)  
with Rabbi Aaron Alexander

REMAINING CLASS DATES: TUESDAYS 2/25 AND 4/28 @ 7:30 PM

Rabbi Alexander will lead learners in a textual exploration of a topic in Jewish Law, using original sources without translation. This series is designed primarily for those with previous experience studying classical rabbinic texts in Hebrew/Aramaic.



Inside Out: Text, Translation and Transformation (Yolkut)

7:30 - 9 PM FALL/WINTER SESSION CLASSES REMAINING (\$180): 1/8  
SPRING SESSION DATES (\$180): 1/29, 2/12, 2/26, 3/11, 3/25, 3/31

Have you ever wanted to gain access to some of Judaism's most powerful texts? Wondered what it means to study ancient sources in their original language with the guidance of a master teacher and a Beit Midrash full of reference materials? Can you imagine studying a rabbinic text from the start and seeing it all the way through; imagine starting a riveting novel and not being able to put it down? Want to challenge yourself to gain a foundational understanding of how the rabbis operated? What did these ancient sages want the learner to gain from the window the text gives us into their endless conversations, debates, and questions around some of our biggest religious and spiritual questions about living in this world? Join a dedicated group for these two six-part series that take a deep dive into the Mishnah and Talmud with Rabbi Elianna Yolkut. Register for one semester or both online at [adasisrael.org/makomdc](https://adasisrael.org/makomdc).



Boker Or Shabbat Study

SATURDAY MORNINGS @ 8:30 AM

Boker Or meets Saturday mornings in the Biran Beit Midrash with the weekly portion as its focus.

JANUARY 4, Rabbi Lauren Holtzblatt  
JANUARY 11, Rabbi Sarah Krinsky

JANUARY 18, Rabbi Elianna Yolkut  
JANUARY 25, Rabbi Sarah Krinsky



Friday Parsha Study

with Rabbi Lauren Holtzblatt, Rabbi Aaron Alexander, or Rabbi Sarah Krinsky

FRIDAY MORNINGS @ 10 AM

Please join us Friday mornings in the Biran Beit Midrash for an exclusive look at the weekly parsha. On the first and second Friday of the month, Rabbi Holtzblatt will explore the parsha through the lens of Hassidut and mysticism; on the third and fourth Fridays, Rabbi Alexander will use the Talmud as the prism for the weekly reading; and on the fifth Friday, Rabbi Krinsky will lead the exploration.

[adasisrael.org/makomdc](https://adasisrael.org/makomdc)



MM 19  
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# Musical Moments at Adas

*Brought to you by Cantor Arianne Brown  
& the Musical Moments Committee*

## Kol HaOlam 2020 - Save The Date!



### The 10th Annual National Collegiate Jewish A Cappella Championship Competition!

**Saturday, February 29 @ 8 pm**

- Powerhouse Jewish acapella groups from colleges and universities around the country
- The stakes are higher — the music is louder!
- Audience participation: YOU CHOOSE THE WINNER!

#### The History of Kol HaOlam

In 2011, Adas Israel held the inaugural Kol HaOlam National Collegiate Jewish A Cappella Competition in Washington, DC. Now celebrating its 10th anniversary, Kol HaOlam has become a beloved institution in the Jewish a cappella world and for the Adas Israel congregation.

More than just a competition, Kol HaOlam weekend is a Shabbaton filled with beautiful harmonies at meals, services, and all over the Adas building. Jewish students from various colleges have the opportunity to sing with and learn from each other, heading back to their campus with new ideas and inspiration. Home hospitality graciously offered by Adas members builds yet additional relationships.

Last year's winner was Hooshir from Indiana University. Who will win this year? Join us for Kol HaOlam to find out!



## 2020 Musical Shabbat Services Calendar

### January

- ♪ **January 4** - Flash Choir participates
- ♪ **January 18** - Adas Band along with Roderick Giles and Grace Gospel Choir for MLK Shabbat
- ♪ **January 25** - Shabbat in Harmony w/ Robyn Helzner

### February

- ♪ **February 8** - Shabbat Shirah with Rabbi Josh Warshawsky and his band
- ♪ **February 15** - Guitar/Oud and Percussion
- ♪ **February 29** - A cappella groups participate

### March

- ♪ **March 14** - Guest musician Dale Schatz
- ♪ **March 21** - Piano, Cello, Percussion

### April

- ♪ **April 11** - Hallel for Pesach
- ♪ **April 18** - Adas Band
- ♪ **April 25** - Hallel for Rosh Chodesh

### May

- ♪ **May 2** - Piano, Cello, Percussion
- ♪ **May 9** - Adas Band
- ♪ **May 16** - Klezmer Shabbat with Zach & Aaron Mayer
- ♪ **May 30** - Hallel for Shavuot

### June

- ♪ **June 6** - Rabbi Josh Warshawsky & percussion, premiere of Adas Israel's new Musaf Kedusha in honor of our 150th
- ♪ **June 13** - Piano, Cello, Percussion

## Kolot Youth Choir



### Do You Like to Sing?

**Then come and be part of Kolot, the young voices of Adas Israel with Cantor Arianne Brown!**

**For 3rd-6th graders!**

Kolot meets on Sundays twice a month from 11:30 to 12:15, beginning January 26. Kolot is open to all Adas students, and religious school students will be able to choose Kolot as their elective. To register & receive a complete schedule, please email [cantor.brown@adasisrael.org](mailto:cantor.brown@adasisrael.org) with your name and grade.



## DC Klezmer Workshop

**Sunday, January 24, 2-4 pm, in the Gewirz Beit Am**

DC Klezmer Workshop is an informal but enthusiastic collective of Metro Area musicians. We meet monthly at Adas Israel to learn and play klezmer tunes together by ear and from sheet music. Join us, 2-4 pm in the Gewirz Beit Am. For more information, contact [howard\\_ungar@yahoo.com](mailto:howard_ungar@yahoo.com).



# JMCW@ADAS

jewish mindfulness center of washington

*Stillness is our most intense mode of action. It is in our moments of deep quiet that is born every idea, emotion, and drive which we eventually honor with the name of action. We reach highest in meditation, and farthest in prayer. In stillness every human being is great.*

LEONARD BERNSTEIN

During these challenging times, there is much discussion about righting wrongs and repairing the world. But with so much at stake, this can feel overwhelming. In his book, *The Soul of Jewish Social Justice*, Rabbi Shmuly Yanklowitz speaks to this: "The most important first step to healing our world is to tend to our spiritual lives and to our deepest inner spaces. When we are morally focused and spiritually healthy, we can transcend ourselves for the other in their moment of need." We invite you to join JMCW this month for our weekly offerings and special programs, including the MLK weekend Friday night Soulful Musical Service, as well as an opportunity to study mindfulness from some of the masters in our tradition. See below for details of these events. Now more than ever, the distractions and pressures we face can leave us feeling depleted, although we are moved toward action. Jewish contemplative practices can help us seek a peace within to give us strength and wisdom as together, we seek healing and peace in our world.

## ONGOING OFFERINGS



### Weekly Meditation Sit

Led by JMCW Faculty

WEDNESDAYS @ 7:30-8:30 PM\*

Each week we come together for a community sit. Our time is marked by explorations of meditation techniques, guided teachings, and silent sits. No experience necessary—all are welcome, including drop-ins. Open to beginners and experienced practitioners alike.



### Vinyasa Lunar Flow

Led by JMCW Faculty

WEDNESDAYS @ 6:30-7:20 PM

Class held on Jan. 29\*

Our monthly Jewish Yoga practice offers a home to those who wish to explore embodied spirituality. This class seeks to awaken and stimulate the senses through a full mind/body exploration of asana. Drawing inspiration from Mussar, Kabbalah, and the wisdom of Jewish thinkers, this class reinterprets "Jewish Yoga." Mats and props are provided.



### Morning Awakening

with Rabbi Lauren Holtzblatt

TUESDAYS AT 9 AM\*

Come join JMCW for an uplifting 45 minutes of mindful prayer and song as we begin the day together. Morning Awakening is a new take on the traditional Jewish morning service. Start your Tuesday with a dose of mindfulness!

\*Please note: Since the Chronicle schedule is printed in advance, check the JMCW web page at [www.adasisrael.org/jmcw](http://www.adasisrael.org/jmcw) or e-mail [JMCW@adasisrael.org](mailto:JMCW@adasisrael.org) for up-to-date schedule information.

## SPECIAL SERVICES & WORKSHOPS



Prayer, Soul, Music, and Energy

A Powerful Shabbat Experience w/ Rabbis Holtzblatt & Alexander

FRIDAY, JANUARY 17, 6 PM (NOTE EARLIER START TIME)

We invite you to return to sacred time and space; ancient, but reimagined, familiar, but transcendent, and shared fiercely by all. A new prayer experience at Adas Israel. Join us as we dance, sing, and discover the deep Shabbat within us all. A festive community Shabbat dinner follows. Brought to you by the Adas Israel clergy, and an exciting lineup of spirited musicians and powerful service leaders. In the celebrated style and energy of Adas' "Return Again" musical experiences.



Into the Mystics, taught by Rabbi Lauren Holtzblatt

JANUARY 28, FEBRUARY 12, MARCH 10, APRIL 28, 7:30 PM

This class offers a once-a-month dive into Jewish mystical practices of centering the mind. We will explore the teachings of the Piacezno Rebbe, Rabbi Nachman of Breslov, the Zohar, and Rav Kook. We will look into the specific Hasidic theologies of each teacher and delve into their mindfulness practices. Each class will conclude with a "mindfulness lab," giving us an opportunity to try on the practices that we studied. **Please register online at [www.adasisrael.org/jmcw](http://www.adasisrael.org/jmcw).**



WellBodies: A Course in Embodied Judaism

MONTHLY, TUESDAYS AT 11:30 AM

WellBodies is a monthly program that delves into body-related topics such as healthy boundaries, food and eating, growth and aging, disability wisdom, and sexuality—all through the lens of Jewish text and ritual. If you are a doctor, nurse, therapist, yogi, massage therapist, you will get a lot out of this and have a lot to contribute. Each session includes lunch, a presentation, and an interactive component. For all ages, genders, and backgrounds. Join us—all you need is your body!

**January 29:** Safe Boundaries & Sacred Spaces with Tova Zimm and Jordan Babin

**February 26:** Disability Wisdom with Rabbi Lauren Tuchman

**March 24:** Sexuality and Queer Bodies with Mac Freudenrich

**April 22:** Health, Illness, and Aging with Yael Flusberg

**May 26:** Tahara and Mikvah with Toni Bickart

**June 23:** Community Celebration and Final Presentations

If you're interested in earning a certificate in Embodied Judaism for your personal or professional development, please plan to attend the majority of the sessions and to make a presentation at the last gathering. Rabbi Sarah Tasman will be available to help you create your presentation. For further information, contact Naomi Malka at [Naomi.Malka@adasisrael.org](mailto:Naomi.Malka@adasisrael.org).

## JMCW RECOMMENDS ...

*The Soul of Jewish Social Justice* by Dr. Rabbi Dr. Shmuly Yanklowitz

Published in 2014, this is a comprehensive look at how Jewish wisdom is relevant to many of the most pressing moral issues of our time. This book is available in the Adas library, as are many others on Jewish spirituality, meditation, and mindfulness. Some of these can be found under call number 175.01 or speak with Adas Librarian Robin Jacobson ([librarian@adasisrael.org](mailto:librarian@adasisrael.org)) for more information.

In honor of MLK weekend, listen to these two episodes from *On Being with Krista Tippett* ([www.onbeing.org](http://www.onbeing.org)). They are available to stream online or as podcasts.

\**Arnold Eisen on The Spiritual Audacity of Abraham Joshua Heschel:* This moving dialogue between Krista Tippett and the Chancellor of the Jewish Theological Seminary includes inspiring audio tape of Heschel speaking.

\**Rabbi Lord Jonathan Sacks on the Dignity of Difference:* Rabbi Sacks, former Chief Rabbi of the UK, says: "God is sending us a big challenge, a really big challenge—we are living so close to difference."

[adasisrael.org/jmcw](http://adasisrael.org/jmcw)

The truly righteous do not complain about evil, but rather add justice; they do not complain about heresy, but rather add faith; they do not complain about ignorance, but rather add wisdom.

— Rabbi Abraham Isaac Kook





## Bubbe's Kosher Treyf China

by Rabbi Sarah Krinsky

Seven of my eight great-grandparents, three of my four grandparents, and one of my two parents were born outside of the US.

This is not the case with my husband's family. His family has been in America for several generations' there is a small town called Winchester, Virginia in Shenandoah Valley where relatives of his have lived since his great-great-grandfather moved there in 1907.

This difference in our family history shows up in myriad ways, large and small, in how we understand our identities as Jews and as Americans. But perhaps most profoundly, it shows up in what sort of stuff we have. Literally, physical stuff. Possessions. Things.

Because of our history, my family is essentially devoid of heirlooms. There is one set of "fleishik (meat) silverware" from the one small strand whose members have been here for a while, but otherwise, my family's immigration stories are recent enough that the things they have acquired and collected since coming to America have yet to reach that sacred heirloom status.

My in-laws have heirlooms—items that have been preciously cared for and lovingly passed down from one generation to the next. One such example—the "bubbe china"—was recently bequeathed to us. There was just one problem with this meaningful and valuable gift—bubbe's china was likely treyf. So what were we to do?

There was a recent episode of the series "Responsa Radio," put together by Yeshivat Hadar, that addressed just this question. In the episode, the hosts—Rabbis Avi Killip and Ethan Tucker—outline several potential paths to permit the use of such china. Perhaps, one posek (halakhic decisor) posited, glazed porcelain is a kind of material that does not even have the capacity for "absorption," thus rendering it permanently incapable of ever having become or potentially becoming treyf at all. Perhaps, another theory goes, because china primarily consists of vessels that serve food rather than cook food, the leniencies applied to such "secondary vessels" are relevant here. Or perhaps one could take advantage of a Talmudic carve-out whereby a vessel that contained non-kosher wine was, after a full year with no use at all, deemed kosher once again.

Those were the technical answers, which, Rabbi Tucker articulately explained, can be used to stack up one upon another in any number of configurations to lead to a permissive ruling (or, alternatively, could be refuted one by one such that there was nothing left to stack). But then there was the extra factor. The factor that says these women from whom I inherited these dishes are the same women from whom I inherited my Judaism. These dishes, Rabbi Killip movingly claimed, contain the roots of my Judaism just as potently as the technicality of their kashrut status pushes against my current practice.

Just last month, I brought my mother-in-law's bubbe's china into our home. It was glazed porcelain. We took only items that function as secondary vessels, and they have sat, unused, for a year (many years, in fact). And that might be what makes them permissible, from a kashrut perspective. But that's not—or not all—of what makes them holy.

They are holy in the way that they will elevate our future Shabbat and yuntif tables. They are holy in the way they connect me to the other women and families who lovingly broke bread and shared meals, stories, experiences and relationships over them. They are holy in the way that they invite me to see myself, and our new home, as a part of this family that I may not have been born into but into which I have been lovingly accepted—as part of a chain of tradition that existed beyond me and that will exist after me in which I have been invited to find my place. And at the end of the day, or at the end of a long, delicious, nourishing meal, there is little that feels more Jewish—or less treyf—than that.



## Sisterhood Opening Event Illustrates Ethnic, Racial Diversity of Our Jewish Community



With diversity and inclusion increasingly becoming defining values at Adas Israel, Sisterhood's October 27 Opening Event, "One Faith, Many Cultures," gave immediacy to those values, illustrating the diversity of Jews in America and in our congregation. At the event at Adas Israel, members also paid tribute to those who lost their lives at Tree of Life Congregation in Pittsburgh on the one-year anniversary of the tragedy.

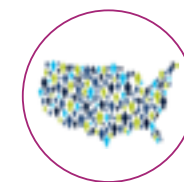
As attendees lunched on Middle Eastern fare, American University historian Dr. Geraldine Gudefin's slideshow provided historical context, illustrating the reach of the Jewish diaspora. We then heard the fascinating stories of two Israeli Sabras, one a woman of color; two other women of color who also are Jews by choice; and a Cuban-born Jewish woman.

"Kudos to our Programming & Education Committee for an engaging program highlighting the life experiences of five Sisterhood members from diverse backgrounds," said Sisterhood President Jill Jacob. "Heartfelt thanks to the distinguished panelists, who generously shared their personal and spiritual journeys."

Panelists, from left:

- Rachel Eitches committed to Judaism in 1982 and married her husband Eddie at Adas Israel in 1983 in a multicultural wedding. She is proud that her family has brought Jews of color to our synagogue community.
- Born in Seoul, Hoonjoo Lee studied Talmud as part of the elementary school curriculum in Korea and joined a Talmud study group in seventh grade, inspiring her eventual conversion to Judaism. She moved to America in 2003.
- Israeli-born Leah Hadad's parents made aliyah in 1949 via Operation Magic Carpet, which brought 49,000 Yemenite Jews to Israel. Leah came to the United States in 1984.
- The parents of Talia Garber, Adas Israel's shlichah (emissary), made aliyah from England in 1982. Talia was born in Israel in 1990.
- Miriam Gusevich was born and raised in Havana, Cuba, where she attended a Jewish day school. The daughter of Polish Jewish refugees and the grandchild of Holocaust victims, she emigrated to the United States as a Cuban refugee herself in 1968.

## Special Events



### The U.S. Census

JANUARY 14, 7 PM

The 2020 Census is coming! Learn all about it! Come to Adas Israel to play 20 [Census] Questions! Event co-sponsored and quiz prizes provided by the National Council of Jewish Women, Maryland Action Team.



### Save the Date: Sisterhood Shabbat

FEBRUARY 21 & 22

Sisterhood plans and leads Friday night and Saturday services and brings a speaker who teaches throughout the weekend. Sisterhood Shabbat is made possible through the generosity of Donald Saltz and the Mozelle Saltz (z"l) Fund for Sisterhood Speakers.

## The Ruth & Simon Albert Sisterhood Gift Shop needs volunteers!

If interested, please contact Co-Manager Jean Bernard ([jean.b.bernard@comcast.net](mailto:jean.b.bernard@comcast.net)).





ruth & simon albert

## sisterhood gift shop

May we call to your attention several items of special interest?

- From Lynn & Liana we present beautiful wood and resin pieces. Shown here are a bamboo and eco-friendly round tray that would be at home on your table. Also see the cheeseboard and challah board, each made of Canadian maple. The resin is made of 50% bio-based ingredients.
- We are also pleased to offer a beautiful smoke-gray enamel havdalah set, as well as several other items from the same vendor.



**Gift Shop Hours\*:**  
Sunday-Monday, Wednesday-Friday  
9:30 am-12:30 pm  
Extended hours on Tuesdays:  
9:30 am-3 pm & 6-7 pm

**\*Please note:** There will be no evening hours on Dec. 24 & 31, and we will be closed on Dec. 25.

Every purchase benefits  
Adas Israel Congregation.  
202-364-2888  
adasgiftshop@gmail.com

## THE ADAS SHLICHA'S CORNER

BY TALIA GARBER

Now that the new calendar year is here, I am looking forward to all the new experiences and events to come in 2020 . . . One of the first events I was lucky to put together at Adas was the Israeli Whiskey Tasting. I hope those of you who like whiskey were able to attend. For those who couldn't make it, I thought you might like to know why I wanted to have this event and my connection to whiskey.

I can't say exactly when my love for whiskey started; it may be thanks to my British blood or the fact that my grandfather was Irish, but at some point I understood that there is so much more to this spirit than just an alcoholic beverage. I decided to go to a few courses to learn about the history of whiskey, which, of course, just made me want to learn more, as there are so many makes, distilleries, flavours, regions, countries etc.

While on a family vacation to Ireland, we visited the Jameson Distillery, and naturally I had to stay on for a special "Blending Course" after we finished the regular tour. I got a private course, learning about the process of making whiskey and even got to blend my own bottle of whiskey to take home. After all this, I thought I knew a lot about all different types of whiskey, but then I started working at "the Whiskey Bar and Museum," which has over 1,000 kinds of whiskey. As a result, I understood I still had a lot to learn. I was fortunate enough to be trained by the bar's expert about whiskey, and we had many workshops discussing different regions and distilleries and many stories and history behind every barrel and bottle.

A lot of people, even Israelis, don't know that there is an Israeli whiskey scene. In bars and shops I would even call

it a new "golden age," and it has become very popular across a versatile demographic. Now there is also Israeli whiskey being distilled in the heart of Tel Aviv. We were lucky enough to be invited on a tour of the distillery to hear all about its process.

When training for the Shlichut in Israel, we were asked if we could teach our peers and prepare a workshop about something from our lives that could be interesting to others. I really wanted to speak about Israeli whiskey and tell the other Shlichim about it, but how can you speak about whiskey without tasting it? I was told there was no budget and maybe I could call up the distillery and ask if they could help. When I called up the person in charge of the marketing and explained the whole story, she was happy to help! It turns out that she was once a Shlicha too, and she is happy to help other shlichim on their way to the US.

I am glad to say that I was able to bring in my suitcase some of the bottles she gave me, so that I could bring the workshop to Adas! So I hope you were able to come and taste the spirits from Israel, hear about the history of whiskey around the world and in Israel, and maybe learn a new thing or two.

I look forward to planning and attending more events with all of you, even if they don't involve whiskey and encourage all of you to come and talk to me about Israeli whiskey (or Israel in general) when you see me around Adas.

Here's to a year filled with amazing community moments and learning together!



## VOTE MERCAZ IN THE UPCOMING ZIONIST WORLD CONGRESS ELECTION

We know that elections have consequences, both in Israel and here in the United States. However, as Americans, we have very few opportunities to effect change in Israel. This is our chance. As American Jews who care deeply about Israel, **we are facing a rare opportunity to make a difference**, one that comes only every five years.

Beginning January 21, 2020, we can vote to elect **MERCAZ** representatives to the World Zionist Congress, where they will champion the need for a vibrant pluralistic movement in Israel and, specifically, demonstrate American support for the core values of religious pluralism, democracy, and equality for all Jews. This opportunity is fleeting. The Congress meets once only every five years. This is our one opportunity to make a strong showing and help secure leadership positions and influence critical funding decisions for the future of the Conservative/Masorti Movement in Israel. **Your vote for MERCAZ, the official slate of the Conservative Movement, couldn't be more important.**

Voting begins on January 21, 2020, but you can sign up now by **Pledging to Vote**; just go to **MERCAZ2020.org** or text **VOTE** to **917-336-1162**. Once you take the Pledge, you will get updated information on the campaign and be reminded when the election begins. We are asking for a strong turnout from Adas Israel members and encourage you to sign up family, friends, and colleagues as well. Finally, if you would like to get more involved in the campaign, please reach out to the clergy or contact us at [tonibickart@gmail.com](mailto:tonibickart@gmail.com) or [apodgorsky@verizon.net](mailto:apodgorsky@verizon.net).

Please make sure your voice is heard and Pledge Your Vote today at [MERCAZ2020.org](http://MERCAZ2020.org).  
—Toni Bickart and Arnie Podgorsky, Israel Engagement Committee



## PARKING DECALS

As part of our security precautions and procedures, we ask all congregants and school parents to register their automobile information. The permits are numbered and tracked. The Parking Permit Stickers speed up the flow of traffic into our lot, aid us in our parking lot management, provide a level of security, and assist us in case of an emergency or blocked car.

If you do not have a parking decal, please contact Emma Rosenthal at the front desk via e-mail at [Emma.Rosenthal@adasisrael.org](mailto:Emma.Rosenthal@adasisrael.org) or by calling 202-362-4433. Once you receive your form, please complete it and return it to Emma. Once the information is recorded, we will send you your parking permit. Please display the permit on the driver's side of the windshield, top or bottom, your choice. The important thing is that it is visible to the security guard in the booth. Thank you in advance for your cooperation.



## SNOW CLOSURES

The synagogue office follows the federal government inclement weather policies. When the federal government closes, the synagogue office closes. When the federal government opens late, the synagogue office also opens late. When in doubt, visit [adasisrael.org](http://adasisrael.org) or call the synagogue/school for a taped message. If the synagogue offices are closed due to the snow, all daytime and evening programs are cancelled. If the schools are closed but the building/offices are open, please call the synagogue office regarding evening programs and classes. The daily minyan typically meets twice daily regardless of the weather, but again, please consult the website.



NEW FEATURE

## From Our History

A LOOK BACK AT ADAS' HISTORY

Did you know...

On October 8, 1925, Adas Israel had 420 members in good standing. In addition, 227 children were enrolled in the religious school during that school year.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>291 Tevet</div> <div>8:45 am Morning Minyan 6:00 pm Evening Minyan</div>	<div>302 Tevet</div> <div>7:15 am Morning Minyan 6:00 pm Evening Miyan</div>	<div>313 Tevet</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan</div>	<div>14 Tevet</div> <div>9:00 am Morning Minyan 6:00 pm Evening Minyan 7:30 pm JMCW Meditation</div>	<div>25 Tevet</div> <div>7:30 am Morning Minyan 1:00 pm Sisterhood: Mah Jongg 6:00 pm Evening Minyan</div>	<div>36 Tevet</div> <div>7:30 am Morning Minyan 10:00 am Parsha Hashavua Class 6:00 pm Kabbalat Shabbat with Cantor Brown 6:30 pm Shir Delight Happy Hour 7:30 pm Shir Delight Service with Rabbi Krinsky 8:30 pm Shir Delight Shabbat Dinner</div> <div>4:40 pm</div>	<div>4 PARSHAT VAYIGASH7 Tevet</div> <div>8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service joined by the Havurah Sermon by Rabbi Holtzblatt with Flash Choir Participants 9:30 am Traditional Egalitarian Minyan with Rabbi Alexander, Bar Mitzvah: Zachary Henderson</div> <div>10:45 am 4th-6th Grade Services 12:00 pm Congregational Kiddush 1:00 pm Mincha 5:40 pm Havdalah</div>
<div>58 Tevet</div> <div>9:00 am Morning Minyan 6:00 pm Evening Minyan</div>	<div>69 Tevet</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan</div>	<div>710 Tevet</div> <div>7:30 am Morning Minyan 9:00 am Morning Awakening w/ Rabbi Lauren 6:00 pm Evening Minyan 7:30 pm MakomDC: Virtues &amp; Vices</div>	<div>811 Tevet</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan 7:00 pm JSC Class 7:30 pm Inside Out w/ Rabbi Yolkut 7:30 pm Intro to Judaism 7:30 pm Sisterhood Knits, Sews &amp; Crafts 7:30 pm JMCW Meditation 8:30 pm JSC Class</div>	<div>912 Tevet</div> <div>7:30 am Morning Minyan 1:00 pm Sisterhood: Mah Jongg 6:00 pm Evening Minyan</div>	<div>1013 Tevet</div> <div>7:30 am Morning Minyan 10:00 am Parsha Hashavua Class 6:00 pm TEM Fridy Night Service</div> <div>4:46 pm</div>	<div>11 PARSHAT VAYECHI14 Tevet</div> <div>8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service Sermon by Rabbi Krinsky 9:30 am Traditional Egalitarian Minyan 10:00 am K-3rd Grade Services 10:00 am Tot Shabbat 10:45 am 4th-6th Grade Services 12:00 pm Congregational Kiddush</div> <div>12:45 pm Shabbat Mincha 1:15 pm Lev B'Lev Speaker 5:30 pm Gan PJ Haydalah 5:46 pm Havdalah</div>
<div>1215 Tevet</div> <div>9:00 am Morning Minyan 10:00 am Adas Book Chat 6:00 pm Evening Minyan</div>	<div>1316 Tevet</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan</div>	<div>1417 Tevet</div> <div>7:30 am Morning Minyan 9:00 am Morning Awakening w/ Rabbi Lauren 12:00 pm Downtown Study Group 6:00 pm Evening Minyan 7:00 pm Sisterhood Census Talk 7:30 pm MakomDC: Virtues &amp; Vices</div>	<div>1518 Tevet</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan 7:00 pm JSC Class 7:30 pm Intro to Judaism 7:30 pm JMCW Meditation 8:30 pm JSC Class</div>	<div>1619 Tevet</div> <div>7:30 am Morning Minyan 1:00 pm Sisterhood: Mah Jongg 6:00 pm Evening Minyan</div>	<div>1720 Tevet</div> <div>7:30 am Morning Minyan 10:00 am Parsha Hashavua Class 6:00 pm MLK Musical Service w/ Rabbis Holtzblatt &amp; Alexander &amp; Cantor Brown</div> <div>4:53 pm</div>	<div>18 PARSHAT SHEMOT21 Tevet</div> <div>8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service joined by Havurah, w/ Rabbis Holtzblatt, Alexander &amp; Krinsky, joined by the Adas Band, along with Roderick Giles and Grace Gospel Choir for MLK Shabbat 9:30 am Traditional Egalitarian Minyan 10:45 am 4th-6th Grade Services</div> <div>12:00 pm Congregational Kiddush 12:45 pm Mincha 5:53 pm RJWG Post Kiddush Talk 5:53 pm Havdalah</div>
<div>1922 Tevet</div> <div>9:00 am Morning Minyan 10:00 am Attendance at People's Congregational Church 6:00 pm Evening Minyan</div>	<div>2023 Tevet</div> <div>9:00 am Morning Minyan 6:00 pm Evening Minyan</div>	<div>2124 Tevet</div> <div>7:30 am Morning Minyan 9:00 am Morning Awakening w/ Rabbi Lauren 10:00 am Weekday Torah w/ Sisterhood 6:00 pm Evening Minyan 7:30 pm MakomDC: Virtues &amp; Vices</div>	<div>2225 Tevet</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan 10:00 am JSC Class 7:30 pm Intro to Judaism 7:30 pm JMCW Meditation 8:30 pm JSC Class</div>	<div>2326 Tevet</div> <div>7:30 am Morning Minyan 1:00 pm Sisterhood: Mah Jongg 6:00 pm Evening Minyan</div>	<div>2427 Tevet</div> <div>7:30 am Morning Minyan 10:00 am Parsha Hashavua Class 6:00 pm TEM Friday Night Service, Led by Roskes Family</div> <div>5:01 pm</div>	<div>25 PARSHAT VA'ERA28 Tevet</div> <div>8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service Shabbat in Harmony w/ Robyn Helzner 9:30 am Traditional Egalitarian Minyan B'nai Mitzvah: Maya &amp; Benjamin Roskes 10:00 am K-3rd Grade Services 10:00 am Tot Shabbat 10:45 am 4th-6th Grade Services</div> <div>12:00 pm Congregational Kiddush 1:00 pm Shabbat Mincha 6:01 pm Havdalah</div>
<div>2629 Tevet</div> <div>9:00 am Morning Minyan 10:00 am End of Life Conversations 10:00 am YP Learning w/ Rabbi Holtzblatt 10:30 am Wise Aging 2:00 pm DC Klezmer Workshop 6:00 pm Evening Minyan</div>	<div>271 Shevat</div> <div>7:15 am Morning Minyan 6:00 pm Evening Minyan</div>	<div>282 Shevat</div> <div>7:30 am Morning Minyan 9:00 am Morning Awakening w/ Rabbi Lauren 6:00 pm Evening Minyan 7:30 pm Briyut: Into the Mystics</div>	<div>293 Shevat</div> <div>9:00 am Morning Minyan 11:30 am WellBodies 6:00 pm Evening Minyan 6:30 pm JMCW Mindful Yoga 7:00 pm JSC Class 7:30 pm The Text w/ Rabbi Yolkut 7:30 pm Intro to Judaism 7:30 pm Rabbi Tuchman's Inclusion Series 7:30 pm JMCW Meditation 8:30 pm JSC Class</div>	<div>304 Shevat</div> <div>7:30 am Morning Minyan 1:00 pm Sisterhood: Mah Jongg 6:00 pm Evening Minyan</div>	<div>315 Shevat</div> <div>7:30 am Morning Minyan 10:00 am Parsha Hashavua Class 6:00 pm Kabbalat Shabbat w/ Rabbi Holtzblatt</div> <div>5:09 pm</div>	<div>1 PARSHAT BO/INCLUSION SHABBAT6 Shevat</div> <div>8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service; Sermon by Rabbi Krinsky 9:30 am Traditional Egalitarian Minyan w/ Rabbi Holtzblatt Bar Mitzvah: Adiv Brooks-Rubin 9:45 am Havurah Shabbat Service 10:00 am K-3rd Grade Services 10:00 am Tot Shabbat 12:00 pm Congregational Kiddush 12:30 pm Havurah Shabbat Kiddush 12:45 pm Shabbat Mincha</div> <div>1:15 pm Inclusion Speaker 6:09 pm Havdalah</div>

SHABBAT MORNING SERVICES: Please turn off cell phones and pagers before entering services.

Charles E. Smith Sanctuary: Join us for our Shabbat morning services in the renewed Charles E. Smith Sanctuary, the synagogue's largest worship space, led by our inspiring Rabbi and Cantor. The service includes a D'var Torah and sermon by the Rabbi and often includes participation by members and B'nai Mitzvah.

Traditional Egalitarian Minyan (TEM): Every Shabbat morning at 9:30 am, with the Torah service around 10:30 am. Led by laypeople with the occasional assistance of Adas clergy, the TEM is a participatory service with a full P'sukei D'Zimrah (introductory Psalms), Shacharit, and Musaf, a complete reading of the weekly Torah portion, and a d'var Torah. For more information, e-mail traditionalminyan@adasisrael.org.

Havurah Service: Lay-led, participatory service at 9:45 am. Rotating volunteers lead services, read Torah, and conduct an in-depth discussion of the weekly Torah portion. A kiddush follows the service. For additional information and to participate, e-mail havurah@adasisrael.org.

Youth Shabbat Services: Starting with Tot Shabbat for children ages 5 and under led by Menuhah Peters. Netivot, for students in grades K–3, is led by Sarah Attermann or Jeremy Kadden.

‘Dial-in’ for Programs & Services: If you are unable to attend programs, lectures, or services, dial in to hear them. Call 202-686-8405.

Library Open on Shabbat: Our third-floor library is open on Shabbat following services. You may sign out materials using our “no-writing Shabbat method,” explained in signs on the check-out desks. For assistance during the week, contact our Director of Library Services, Robin Jacobson (librarian@adasisrael.org).





# Education & Youth

## @ ADAS ISRAEL

### From the Director of Education

RABBI KERRITH SOLOMON



We are proud to share this month's special program: a Yom Iyyun in Support of the Anne Frank House. On Sunday, January 12, our students in the religious school will engage in a day of learning around social justice. In developmentally appropriate ways, each grade will tackle the following three questions: 1) What does Jewish tradition say about social justice? 2) What does this look like in the modern world? 3) What does this look like at Adas Israel? In partnership with the Social Action Committee and the Anne Frank House, we look forward to a meaningful day of learning leading to action.



### THREE DIFFERENT PATHS CONVERGED TO MAKE UP OUR SIXTH-GRADE TEAM

BY PAMELA GORIN

Emmy Cohen grew up in Philadelphia at Beth Shalom, a conservative synagogue; attended Ramah Poconos for several years; and then had the opportunity to participate in an Israel program called Niseyah—a high school program that was half Israelis and half North Americans. The program, which was text- and arts-based, was not associated with a movement so students came from all different denominations, and Emmy had an awesome time. She also learned at a Hebrew high school at Gratz College on Sundays, a non-denominational community program. While there, she received a teaching certificate to help college students find employment in synagogue schools. Emmy spent a summer working at Eden Village as a counselor, her first education job. She attended American University and was very involved Jewishly on campus. She taught at Temple Micah during college, and then moved to Adas (she met Ben Wacks through a mutual friend, who suggested that she join us here). Emmy is currently working on her master's in social work at Howard University.



Missy Reif grew up in Virginia and at Congregation Rodef Shalom in Falls Church. She attended URJ Camp Harlam in the Poconos as a camper from 2000 to 2006 and was very active in her synagogue youth group, TRSTY, including serving as Religious and Cultural VP. In her senior year of high school, Missy was elected to the regional board, NFTY-MAR, as membership vice president. After graduating from high school, she was a counselor at Camp Harlam for two summers and was very active in Hillel at Dickinson College. Missy found that what was really special about camp and youth groups is that from a young age she loved Judaism and being Jewish—this made her feel special. Even after college graduation, when Missy went to Brazil on a Fulbright grant, she sought out the Jewish community. After returning to DC and establishing herself at work, she wanted to reconnect with the Jewish community. She reached out to Marcy Spiro, whom she knew from Rodef Shalom, and that's how Missy's journey led her to Adas. She particularly enjoys the discussions of complex topics that she has with the sixth graders.



Brittany Schibioula started looking into Judaism when she was about 18. She knew she had relatives on her father's side who were Jewish and had immigrated pre-Holocaust. Her interest grew over time, and she began to explore different synagogues in Florida until she found a rabbi with whom



she connected and started the conversion process in 2012. Once she met that rabbi, she became interested and passionate about learning everything about Judaism. She finalized her conversion in 2014 and then went on Birthright, where she had her bat mitzvah at the Kotel. She had finished college and was working toward a Ph.D. in economics, which brought her to DC. Brittany was always interested in teaching but then gravitated toward research. She ended up dropping out of her Ph.D. program, and then started looking for a Jewish community here in DC. She met Rabbi Elana Zeitman at Gather DC who directed her toward teaching, since she was so passionate about Judaism and learning. Brittany feels that working at Adas is a perfect blending of both and that she was always meant to be a Jewish educator, although she took quite a circuitous route to get there. She believes strongly that children need to learn and appreciate Judaism.



### Important Dates

**Tuesday, January 7:**  
Mid-week Classes Resume

**Sunday, January 12:**  
Sunday classes resume;  
Yom Iyyun in Support of the Anne  
Frank House;  
Religious school day of learning

**Sunday, January 19:**  
No Religious School in Observance  
of MLK Holiday



### YOUTH@AI

BY SARAH ATTERMANN

With the beginning of a new semester, we are excited to expand our programs and activities in the Religious School. Starting this month, our third through sixth graders will participate in new chugim offerings, extracurricular activities in which religious school students participate twice a month. They will have a hands-on opportunity to make popular foods in Jewish culture, learn new Hebrew words in our Hebrew games chug, and participate in a trivia chug. We are also expanding our Maccabiah competition, where grades compete against one another and earn points for participation in prayer services, Hebrew challenges, and more.

In addition, we are continuously looking for ways to create youth programs that meet the interests of our students. We have run art programs with our kindergarten through fifth-grade students, and we are working with Seaboard Region USY to participate (and defend our title) once again in the Kadima and USY basketball leagues. We look forward to another semester full of fun and engaging activities. For questions on how to get involved, please contact [sarah.attermann@adasisrael.org](mailto:sarah.attermann@adasisrael.org).







# tikkunolam

'REPAIRING THE WORLD'

## SOCIAL ACTION

### Freedom Song

On the evening of November 6, more than 100 Adas congregants welcomed Rabbi Mark Borovitz and his wife, Harriet Rossetto, the founder of Beit T'Shuvah, along with the cast of Freedom Song. The musical presentation interweaves a Passover seder with personal stories of addiction, allowing all of us to see the real-life struggle against the "bondage of self" that we all fight every day. The cast of Freedom Song, all addicts in recovery, answered questions from the audience and shared their experiences on recovering from a lifestyle of addiction.

—Lois Fingerhut



### One America Day of Service

On a Sunday afternoon, under the leadership of One America West Virginia, Adas congregants Elissa Barpal, Brad Brooks-Rubin, Eliav Brooks-Rubin, Matan Silverberg, Erin Segal, James Sullivan, and Michael and Lois Fingerhut joined clergy and members of the ADAMS Center and Covenant Church in Shepherdstown, WV, for a shared meal, conversation, and a service project for the Paloma Crisis Stabilization and Detox Center. We packed

100 bags of toiletries for men and women, along with envelopes full of writing and art supplies.

Three people shared their stories of the impact of addiction on their families. The conversations were honest and at times heart-breaking, but each person looked toward the future and saw hope. Sharing these stories helps us to break down and eliminate the stigma around addiction. The ADAMS Center is looking forward to hosting a similar get-together. We all look forward to continuing this work and having more conversations.

—Lois Fingerhut



### Thanksgiving Service

Adas joins Peoples Congregational United Church of Christ members to pack bags of Thanksgiving food for distribution to low-income DC residents. This has been our tradition for 11 years.



## HESED



### Hesed Volunteer of the Month: RITA SEGERMAN and Her Volunteers Who Knit and Crochet

Combine talent, caring, organizational skills, and a big heart, and you come up with our Hesed volunteer of the month: Rita Segerman. Rita organizes the Adas/Somerset Knitters Club, which provides beautiful warm and cozy items for many lucky recipients.

How did it get started? For many years, the Edlavitch JCC had a project called, "Handmade for the Homeless," which gives warm and needed items to homeless men and women at Christmas time. Rita recognized an important and fulfilling activity and joined the project. Knowing that comfortable items were needed year-round, Rita also participates in additional drop-offs during the year for DC emergency shelters. Soon she was recruiting more knitters from Adas and from her neighbors, and Adas/Somerset Knitters were born. Rita and her co-team leader, Dr. Leah Stern, have nurtured the group to become a thriving bustle of knitting activity. Leah is a professional-quality knitter whose replicated items have been featured at the U.S. Holocaust Memorial Museum.

Not all the knitters are members of Adas, but they knit so that Adas members benefit. All babies born to Adas members receive an adorable hand-knit hat in the Hesed New Baby Bag that Michael Fingerhut and Gilbert Holland arrange to have delivered. Sometimes if extras are available, the babies also receive gorgeous little newborn sweaters. The Adas/Somerset Knitters are about to embark on a new project: Healing Shawls. The knitters will be creating healing shawls to be given to those experiencing an unfortunate illness. Our clergy will provide these shawls, made with love and caring, to those who need the warmth of a hug around their shoulders to help them heal.

Rita and Leah supply the wool, needles, and patterns. All materials

are provided; knitters just need to show up and get started. Anyone is welcome—experienced knitters to novices. They can teach people how to knit so anyone can enjoy the experience of learning a new craft. Knitting is a wonderfully relaxing way to keep your hands busy while you are chatting with friends or watching TV. Indeed, participating in the Adas/Somerset Knitting Club has made new friends and created an uplifting social environment. Often there is a guest speaker who talks about her own knitting experience and personal history. Crochet artists are also welcome.

In addition to supplying baby hats and sweaters to Adas Israel, Rita and her knitting team continue to provide hats and scarves to the Edlavitch JCC to be distributed to homeless shelters on Christmas Day. They have provided over 200 items, a remarkable accomplishment. You will be able to see a few of their knitting projects in one of the Adas window displays set up by Herlene Nagler.

Rita knits with many wonderful people who are extraordinary knitters, including Shirley Cohen, Marcia Miller, Betty Adler, Elinor Tatter, Rhoda Baruch, Barbara Cline, and others.

The knitting club meets once a month at Somerset House. You can drop in and stay as long as you like. Rita provides snacks, though she says that since the knitters are so busy with their hands not many snacks are consumed.

How you can help:

1. Join a knitting group! It's fun, and you meet new people and create needed items.
2. Provide wool to Rita and her knitters; she'll tell you what she needs.

If you are interested in joining a knitting group, there are a few ways to become involved:

### Rita Segerman's Adas/Somerset Knitters:

Anyone is welcome to attend. They meet once a month at Somerset House. If you would like more information, please contact Rita Segerman ([rsegerman@comcast.net](mailto:rsegerman@comcast.net) or 301-654-2304).

### Sisterhood's Knit, Sew & Craft Group:

Held the first Wednesday of the month at 7:30 pm in the Youth Lounge. Dates for meetings and other news from the Knitting, Sewing & Craft group can be found on the Sisterhood page of the Adas website, [www.AdasIsrael.org/Sisterhood](http://www.AdasIsrael.org/Sisterhood).

### Lesley Frost Sewing Group:

If you prefer sewing over knitting, Lesley Frost hosts an afternoon of sewing once a month in Bethesda. If interested, please contact her ([lesleyfrost0@gmail.com](mailto:lesleyfrost0@gmail.com)).

Thank you, Rita Segerman, our knitter extraordinaire and Hesed Volunteer of the Month. If you would like to get more involved in Hesed activities, please contact [hesed@adasisrael.org](mailto:hesed@adasisrael.org).





## inclusionmonth

Inclusion Celebration Month  
February 2020

This February will mark the sixth year that the Adas Israel community is celebrating Jewish Disability Awareness and Inclusion Month (JDAIM). This is a wonderful continuation of our work in lifting up the value of inclusion and removing barriers to full participation in our congregational life. These programs, presented by the Inclusion Task Force, comprise a unique set of opportunities to look at the progress we have made and to examine areas for improvement. Please visit [www.adasisrael.org/inclusion](http://www.adasisrael.org/inclusion) for more information and e-mail [inclusion@adasisrael.org](mailto:inclusion@adasisrael.org) to get involved.



## Inclusion Celebration Shabbat

SATURDAY, FEBRUARY 1, CHARLES E. SMITH SANCTUARY

**Bobby will also host a post-kiddush talk entitled “Do Justice and Pursue Acts of Love and Kindness – From a Disability Perspective”.** This year’s guest speaker is Robert “Bobby” Silverstein, a nationally recognized attorney with more than 45 years of public policy and advocacy experience. For more than a decade, he served as staff director and chief counsel for the Senate Subcommittee on Disability Policy, chaired by Senator Tom Harkin. Bobby was a behind-the-scenes architect of more than 20 disability-related bills enacted into law, including the landmark Americans with Disabilities Act; the Rehabilitation Act of 1973, as amended; and the Individuals with Disabilities Education Act, as amended. Currently, Bobby is a principal in the law firm of Powers Pyles Sutter & Verville, PC, where his areas of practice include federal regulation and legislation in disability and civil rights. Bobby earned a B.S. in economics from the Wharton School, University of Pennsylvania in 1971. And a J.D. in 1974 from Georgetown University Law Center. He has received more than 15 national awards, including the Distinguished Services Award of the President of the United States for his work on the ADA. Bobby has also been inducted into the Public Interest Hall of Fame.



## Synagogue Inclusion Network

SUNDAY, FEBRUARY 2, GEWIRZ BET AM, 1-2:30 PM

The Jewish Federation of Greater Washington convenes a monthly meeting of local inclusion committees. Join us when Adas Israel hosts the group and we hear from Lisa Handelman, the Federation’s Community Disability Inclusion Specialist. As a community resource and area specialist, Lisa partners with individuals with disabilities, families, and service providers to develop, implement, and monitor opportunities for inclusion of individuals with disabilities into all aspects of Jewish learning and living. Based on the strong belief that disability inclusion strengthens our community, Lisa and Federation’s Disability Inclusion Network have created disability and inclusion online crowdsourcing guides and tools to connect individuals and families with programs, events, and services, and to raise awareness and advocate for the rights of individuals with disabilities.



## Jewish Disability Advocacy Day (JDAD) on the Hill

TUESDAY, FEBRUARY 4, CAPITOL HILL  
RAYBURN HOUSE OFFICE BUILDING, 9 AM-5 PM

JDAD is an opportunity for professionals and lay leaders from Jewish organizations and communities across the nation to come to Capitol Hill to raise awareness of their work and passion relating to individuals with disabilities and their families. Jewish Disability Advocacy Day includes:

- a symposium on disability and inclusion issues from leading analysts;
- an advocacy briefing on issues to raise with Congress and training on how to be an effective advocate;
- lunch with Congressional leaders; and
- advocacy visits with your elected officials.

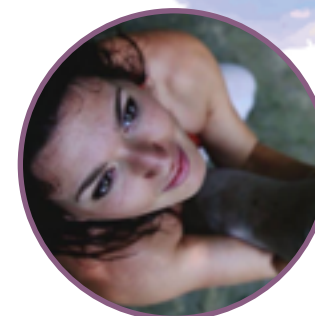
The day is sponsored by Adas Israel Congregation, along with Jewish Disability Network—chaired by the Jewish Federations of North America (JFNA) and the Religious Action Center of Reform Judaism—and other supporting organizations. Join Rabbi Sarah Krinsky, clergy liaison to the Inclusion Task Force, and members of the Inclusion Task Force, for this exciting day of political action and advocacy on Capitol Hill.



## Acharei Lifnei Ivir: Beyond “Before the Blind”

WEDNESDAYS, JAN. 29; FEB. 2, 12, 19, 26; MARCH 4 AT 7 PM  
FUNGER HALL OR BIRAN BEIT MIDRASH

Join Rabbi Lauren Tuchman for a six-part class examining what Judaism has to say about the role and agency of people with disabilities in the Torah and Talmud. As Jewish Disability Awareness and Inclusion Month begins, many of us will be thinking about the place of Jews with disabilities in our communities. This conversation is not new; it has been a part of our tradition from the very beginning. Many of our most foundational values about disability can be found in some famous and not-so-famous narratives in the Torah and Talmud that involve people we might identify today as having disabilities. In this six-session course, we will do a close reading of a different story each week, first by reading the text and, second, through commentaries on that text, including the texts of our lives. The narratives we will read include, but are not limited to, Jacob’s stealing Esau’s blessing, Leah’s story, and the story of the ugly man in Taanit 20AB in the Babylonian Talmud. We will examine stories in which people with disabilities are not merely subjects but agents in their own lives, often changing the status quo. What lessons might we take from these narratives today?



## Special Inclusion WellBodies

WEDNESDAY, FEBRUARY 26, KAY HALL, 11:30 AM

WellBodies is a monthly program that everyone is welcome to attend. Each month we take a deep dive into a topic connected to the theme of Embodied Judaism. In honor of Jewish Disability Awareness and Inclusion Month (JDAIM), we will be joined by Rabbi Lauren Tuchman to learn about disability wisdom through a Jewish perspective. We will do a brief meditation, a text study with Rabbi Tuchman, and an interactive piece as well. Lunch is included. Instead of compiling generic vendor resources, we curated a few select sources that focus on overall well-being.





# Ma TovU

Shifra Waskow

HONORING OUR LEADERS & VOLUNTEERS

*Interviewed by Marcy Spiro,  
Senior Director, Engagement & Programming Operations*

**Shifra, you have been a member of Adas for all of your 17 years. What is one of your earliest memories here at Adas?**

Between going to the TEM for every Shabbat and every holiday, attending the Gan and, later, Maalot, and being involved in various other ways, I have been left with countless memories at the place that has become my second home. One of my earliest memories at Adas was one Shabbat winter morning when, at the age of 3, I wore a dress that was buttoned all the way up. Since it buttoned up, I thought it was a coat instead of a dress, and so when I became hot, I took it off and started running around the shul naked, leaving my parents to unhappily chase me. Though this is one of my better memories at Adas, many more happy and crazy memories followed this, with hopefully even happier and crazier moments to come!

**You have held a few different events at Adas for an organization called Days for Girls. Can you tell us more about this organization, how you became involved, what upcoming events you may have planned, and what others can do to help?**

When I was about 10 years old, my mom dragged me to an event organized by a friend of hers at a nearby school. It was a Days for Girls event, which I knew nothing of and had very little desire to learn more about beyond the bare minimum. A couple of years later, I vaguely remembered the event and asked my mom what the organization was called. We then went to an event at the Rockville, MD, chapter of Days for Girls, an incredible organization that makes and provides reusable sanitary pads for girls and women in need in many countries around the world. We continued attending monthly meetings with the Rockville group, assisting in the creation of these life-changing products for about half a year, before I was inspired to bring the organization to Adas, together with the Adas Israel Community Mikvah. In December 2018, we had a small-scale preparation event, which was followed by the main event this past September. We successfully created 40 kits of sanitary pads, along with various other crucial supplies, including underwear, soap, and washcloths, which have been given to women and girls in need across several different countries.

**You have a very popular post here on Sunday mornings. You work at the Baked By Yael pop-up bakery in the Biran Beit Midrash. You can't eat gluten, so unfortunately you only have a few treats to choose from. What are some of the most popular items people order? And what do you hope will become the next gluten-free option?**

I started working at the Baked by Yael cafe in September of last year. I love being able to sell all the delicious baked goods in a place I am familiar with. I get to chat with a lot of other members, many of whom I know from the Minyan and across Adas, and see kids faces light up when they get their cakepop! A couple of teachers and madrichim working at the Sunday school come in before students arrive, often ordering a bagel with cream cheese. A little later, after dropping off their kids, many parents come in for a bagel with cream cheese, getting in some breakfast after presumably chaotic mornings! These orders continue throughout the morning, with an occasional regular or gluten-free raspberry bar. And later, right before or after the kids get out of their classes, parents treat them with Baked by Yael's infamous cakepop! Although there aren't gluten-free options for all of the treats sold in the store, the majority of them sold do have delicious gluten-free alternatives!

**You and your older brother Elior are extremely close. I remember being on the Teen Israel trip with him, and he missed you the most. (Don't tell your parents!) Have you always been this close? What are some of your favorite things to do together? He's studying in Israel this year, so how often do you get to talk to him, and what is your preferred method of communication?**

Elior and I definitely did not stray from the typical sibling relationship growing up, sticking to the norm of fighting and bickering a substantial amount. As we grew older, we continued the fighting, but it simmered down, as our friend groups from the Minyan once based solely on age began meshing, forming one cohesive friend group of all ages. We began enjoying all the Shabbat festivities together, sharing some of our closest friends, who happened to coincide with our Minyan friends, and soon spending far more time together. These changes in our relationship happened just before he went off to Israel his sophomore year, doing the



same semester program I later did. During this time apart, we both realized that we are each other's best friends! One of our favorite activities together is doing Ultimate Frisbee drills and throwing discs. He is now on his gap year, spending half of the year studying in Israel, and the other half travelling and studying in Chile and Argentina, which sadly leaves little time to talk, but we manage to call and facetime, in addition to daily texting.

**You spent last spring semester studying in Israel. Which program were you on? Why did you decide to participate? What were some of your favorite parts about studying in the Holy Land?**

I had the privilege of spending the second half of my sophomore year studying in Israel on a Ramah program, called Tichon Ramah Yerushalayim (TRY). I can hands-down say they were the best four months of my life! The program provides a rich education about Judaism and Israel from the beginning of the Torah up until modern day Israel, using the beautiful country as our classroom. The primary focus of TRY was this incredible education, and was perhaps the most enticing aspect of the program and what drew me in the most. In addition, my brother and close friend had done the same program just two years before, so I was forced to hear about all the unique experiences of TRY, eventually itching to have those experiences myself. I am beyond grateful for the incomparable experiences, including spending time at a kibbutz in the north and simply living in Jerusalem, along with the lifelong friendships I was able to form at the hands of love for Judaism and Israel. And I am so excited to make even more memories in Israel on the Teen Israel trip this winter!

**Besides being super-involved in Adas and Jewish life, you're also a teenager living in DC. What school do you go to, what are some of your favorite subjects, and, when not in school or at Adas, how do you spend your time?**

I have attended Woodrow Wilson High School since my freshman year. I have taken many classes throughout my time there, but my favorite subject would have to be biomedical science, a four-year intensive and fascinating course. On my school's team, I play Ultimate Frisbee, which, contrary to popular belief, is a fully developed, competitive, and extremely exciting sport. I am also involved in several different clubs at my school. Outside of school, in addition to my involvement with Days for Girls, I am the davening coordinator for the Minyan, putting me in touch with many dedicated members of our community.

**You're a junior in high school, so I'm sure you're sick of answering this question, but I'll ask it anyway. What are your plans for after high school? Studying in Israel, going to college, opening your own gluten-free bakery?**

My plans post-high school are still indefinite, as I am just a junior! I definitely plan on going to college, before which I am hoping to take a gap year in Israel. And maybe later in my life I will open a gluten-free bakery, but as of right now, my baking skills are not too promising!



**adasLIVE**  
connected. immediately.

Adas Israel Congregation is pleased to offer livestreaming of many of our events in the Biran Beit Midrash. What is livestreaming? If you can't make it to Adas, you'll still be able to connect to a live feed through any computer, laptop or mobile device! **Visit [adasisrael.org/adaslive](https://adasisrael.org/adaslive) to learn more!**



## Adas Office Closings

**New Year's Day**  
**Wednesday, January 1**  
*Schools / Offices Closed*

**MLK Jr. Day**  
**Monday, January 20**  
*Schools / Offices Closed*





## Books & More *The Adas Israel Library Corner*

### *Reading at 35,000 Feet: Books for the Plane Ride*

BY ROBIN JACOBSON

*LIBRARY & LITERARY PROGRAMS DIRECTOR*

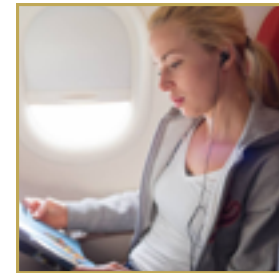


Airplane travel is a miracle of the modern age, but it is not always fun. Flights can be delayed, seating can be claustrophobic, and row mates can be challenging, particularly if you get stuck in a middle seat. Even the CEO of United Airlines has compared airline travel to going to the dentist. How to get through it? If only flight attendants offered not just juice and pretzels, but, like dentists, anesthesia! Thankfully, there are other escape options besides nitrous oxide. One is a suspenseful book that fully captures and holds your attention, ensuring that all you think about are the twists and turn in the storyline. Two new novels that meet that standard are ***The New Girl* by Daniel Silva** and ***A Bend in the Stars* by Rachel Barenbaum**. Pick one for your e-reader or pack one of our library copies into your carry-on.

#### MOSSAD CHIEF MEETS SAUDI CROWN PRINCE

*The New Girl* is Daniel Silva's latest installment in the continuing death-defying adventures of Gabriel Allon, director-general of Israel's secret intelligence service. As fans of the series know, Allon is a multifaceted character—both artist and assassin—hoping for a day when the State of Israel no longer needs him and he can restore Old Master paintings fulltime. Each book in the series stands on its own, although there are benefits to reading the series' first book (*The Killer Artist*) before trying any of the others.

In *The New Girl*, Allon reluctantly agrees to help Crown Prince Khalid bin Mohammed (KBM) recover his kidnapped daughter despite his revulsion at KBM's murder of a journalist in the Saudi consulate in Istanbul. KBM is based on the real-life Crown Prince Mohammed bin Salman (MBS). Drawing on his expertise and sources as a former journalist, Silva integrates current global



affairs into the novel—the Khashoggi murder, Brexit, the French Yellow Vest protesters, President Putin, and more.

As the plot unfolds, Allon and KBM find themselves allied against anti-Israel, anti-West forces seeking to wrest power from KBM. Allon and the Prince embark on a high-octane mission, racing through Europe and the Middle East and developing an uneasy friendship. Indeed, one of the book's pleasures is the pair's ongoing acerbic repartee. Allon mocks KBM's lavish spending and brutal handling of his critics, while KBM takes jabs at Allon for his ascetic lifestyle and mythic, larger-than-life reputation.

#### A RUSSIAN EINSTEIN AND HIS FAMILY



*A Bend in the Stars* is set in Tsarist Russia in 1914, a time and a place where rampant anti-Semitism and the onset of World War I make life perilous for Jews. The novel focuses on gifted Jewish siblings: Vanya, a physicist, and Miri, a surgeon. Vanya is desperately trying to refine Einstein's theory of relativity; Harvard University has promised him a faculty position and safety in America for his family if he can produce the necessary equations, supported by photos of an upcoming solar eclipse. Toiling obsessively over his equations, Vanya struggles to understand the connection among gravity, acceleration, and relativity. The novel conveys the excitement and significance of Einstein's work.

Hoping to join forces with an American physicist who is reportedly bringing photographic equipment to Russia to record the eclipse, Vanya and Miri's fiancé, Yuri, desert the army for a danger-filled journey across Russia. Before long, Miri, accompanied by a dashing Jewish soldier named Sasha, sets off to find Vanya and Yuri. There are bad guys aplenty, hair-raising escapes, and romance—more than enough to keep you distracted until the plane touches down at your destination.

## UPCOMING ADAS BOOK EVENTS



***The Flight Portfolio* by Julie Orringer**

**Book Chat: Sunday, February 9, 10 am, in the Library**

Join the discussion of this historical novel about real-life hero Varian Fry who rescued 2000 artists and intellectuals during WWII. All welcome! Questions? Please contact Robin Jacobson ([librarian@adasisrael.org](mailto:librarian@adasisrael.org)).



**Meet anthropologist Dr. Maggie Paxson**

**Author Chat: Sunday, March 15, 10 am in the Library**

Dr. Paxson will introduce *The Plateau*. This mesmerizing new memoir describes Paxson's field work in the French highlands where villagers hid hundreds of Jews during WWII. What made this remarkable community so altruistic, and does its history suggest ways to build more moral, engaged communities today?







BIRTHS

**Ezra Meyer Tauber**, son of Ben & Sara Tauber, was born November 18.  
**Eden Leventhal**, daughter of Laura Robbins & Simcha Levental, was born November 20.  
**Seth Benjamin Chausow**, son of Lara Chausow & Lauren Weiss, was born November 24.  
*We wish our newborns and their families strength, good health, and joy.*

WEDDINGS

**Rob Bernstein and Bryant Hutson** were married September 22 in Tucson, AZ.  
**Michael Stein and Elizabeth Sloan** were married November 23, officiated by Rabbi Alexander.  
*We wish the newlyweds and their families a hearty mazal tov.*

B'NAI MITZVAH



**Aaron Genachowski**, *December 30 (Israel)*  
Aaron, son of Julius Genachowski and Rachel Goslins, is a seventh grader at Maret. He has been attending the Estelle & Melvin Gelman Religious School since kindergarten, and started rooting for the Nationals even earlier, following in the footsteps of his brother Jake and sister Lilah. For his mitzvah project, in recognition of the growing incidents of violence at schools, synagogues, and other religious institutions and communities, Aaron is focused on a project to address gun violence.



**Zachary Henderson**, *January 4 (TEM)*  
Zachary, son of Alix Spiegel and Philip Henderson, is a seventh grader at Georgetown Day School. He began his Jewish education early at Tot Shabbat at Adas, then was a student in Gan HaYeled. He currently attends the religious school. Zachary is delighted to share the joy and warmth of this blessing with the Adas community, and our family is grateful to be part of this nurturing community. We expect to share the b'nai mitzvah with friends and family, including grandparents Adam and Gabrielle Speigel of Baltimore, and Daniel and Polly Henderson of New Orleans, LA.



**Benjamin & Maya Roskes**, *January 25 (TEM)*  
Maya and Benji, children of Bonnie and Sandy Roskes, started their Jewish education at the Gan, and continued at the Milton Gottesman Jewish Day School where they are currently in seventh grade. They will celebrate their b'nai mitzvah with siblings Aviv, Zevi, and Nava; grandmother Phyllis Smelkinson; grandfather Saul Roskes; and many other family members and friends from near and far. The twins have been regular and active members of the Traditional Egalitarian Minyan from birth, and are grateful to be able to share their simcha with the entire minyan community.



**Nathan Szubin**, *January 25 (DC Minyan)*  
Nathan, son of Miriam and Adam Szubin, is a seventh grader at the Milton Gottesman Jewish Day School. He will celebrate his bar mitzvah at the DC Minyan but looks forward to participating as an adult in Adas TEM services. Nathan is a serious cross country runner who recently completed his first half-marathon. He is also a big brother to Micah and Josiah, and a loving grandson to Roz and Mort Heafitz, Laurie Szubin, Steve Weiner, and Don Cornuet.

IN MEMORIAM

**We mourn the loss of synagogue members:**  
Edward Abramson  
Allan Gerson  
Sarah Meyers Gewirz  
Jonathan Horn  
Irving Jacobs

**We note with sorrow and mourn the passing of:**  
Max Kahn, brother of Hazel Keimowitz  
Bernice Kosan, mother of Elyse Linowes  
Joyce Sills, sister of Barbara Gelman

LIFE CYCLE INFORMATION

**When Death Occurs**  
When death occurs, please call the synagogue office, 202-362-4433, so that we may inform the clergy and be of assistance. During business hours, ask for Marcy Spiro. After business hours, a staff member on call may be reached by calling the synagogue office at the number above and pressing “2” to be connected automatically, or by calling the answering service, 301-421-5271, which will page the staff member on call. On *Yom Tov* and *Shabbat*, even though detailed funeral arrangements should not be made, a staff member on call can still be reached at 301-421-5271.

**Bereavement Committee**  
The Bereavement Committee assists families with all of the arrangements surrounding the funeral and subsequent burial of loved ones. We welcome your interest and encourage your participation and assistance. We need you; please join us. If you have questions, or know of someone who you think might be interested in participating in this important work, please feel free to call Edie Hessel (202-244-7189) or contact Toni Bickart (202-244- 2747) regarding the Tahara Committee, or contact Wendy Kates about Shmira ([wendy.kates.30@gmail.com](mailto:wendy.kates.30@gmail.com)).



**Adas Israel Community Mikvah**  
Mikvah Immersion is an embodied Jewish ritual. It is an opportunity to reflect on the times that brought you to this moment in your life. Mikvah is a chance to return again. Mikvah is a turning point.

For more information, visit [www.adasisrael.org/mikvah](http://www.adasisrael.org/mikvah), and to make an appointment, go to [www.mikvahcalendar.as.me](http://www.mikvahcalendar.as.me).







SYNAGOGUE CONTRIBUTIONS

The congregation gratefully acknowledges the following contributions:

**Adas Fund 2019**  
*In Honor Of:* **Rabbi Krinsky** & a wonderful Rosh Hashan

**Anne Frank House Fund**  
*In Memory Of:* **Harry Kahn** by Hazel Keimowitz.

**Benjamin James Cecil Special Education Fund**  
*In Memory Of:* **Benjamin “Jamie” Cecil** by Joe Cecil, Judith Friedman. **Linda Harris & Barry Chajet** by Judith Friedman & Joe Cecil.

**Bereavement Fund**  
*In Memory Of:* **Littman Danziger** by Arnold J. Danziger. **Alan Friedman** by Lou Altarescu.

**Cantor Brown Discretionary Fund**  
*In Honor Of:* **Cantor Brown** for making Howard’s 75th birthday party a great success by Sandy & Howard Marks. In Appreciation Of: **Cantor Brown** & the Sweet Celebration of Song Concert by Rhoda Ganz.  
*With Thanks To:* **Cantor Brown** for her beautiful contribution to the Gaby Joseph & Ilan Layman wedding by Debby & Mark Joseph.

**Capital Fund Contributions**  
*In Recognition Of:* **Sarah Brooks’s** Simchat Torah honor by Herlene & Yaacov Nagler. **Russell Smith** by Herlene & Yaacov Nagler.

**Charles Pilzer Computer Center**  
*In Memory Of:* **Yetta B. Pilzer** by Geraldine Pilzer.

**Congregational Kiddush Fund**  
*In Honor Of:* Marriage of **Gaby Joseph & Ilan Layman** by Debby & Mark Joseph. **Ruth’s** birthday by Steve & Elizabeth Kleinrock.  
*On Behalf Of:* Families that need assistance with their simchas by MB Lewis Charitable Foundation.  
*In Memory Of:* **Stanley Kaufman** by Rabbi Jan Kaufman.

**Daily Minyan Fund**  
*In Honor Of:* **Bill Levenson’s** 50th birthday by Donna & Jacob Bardin. Publication of **Sheldon Kimmel’s** research essay in Nashim by Joyce & Michael Stern  
*In Memory Of:* **Judith Himmelfarb** by Dan Himmelfarb. **Sylvia Horwitz** by Marvene Horwitz. **Morris Stirman** by Sonia Herson

**Dan Kaufman Children’s Program Fund**  
*In Honor Of:* **Rabbi Solomon** for her great work for children by Dale Kaufman.

**Daryl Reich Rubenstein Staff Development Fund**  
*In Memory Of:* **Lewis Lutter** by Trina & Lee Rubenstein.

**Doris Herman Gan Teacher Recognition Fund**  
*In Honor Of:* **Susan Wedlan** by Betsy Hockstein.

**Dr. & Mrs. Stanley W. Kirstein Gan Memorial Fund**  
*In Honor Of:* **Andrew Meyers** by Beth Simon & Richard Ruland.

**Ethel & Nat Popick Chronicle Fund**  
*In Memory Of:* **John Eichberg, Sandra Shulman, Bev Simons, Dr. Edward Abramson, Sharon Peiken**, all by Dorothy Block. **Dr. Lewis Biben** by Dorothy Block, Harriet Bubes.

**Frances & Leonard Burka Social Action Endowment**  
*In Memory Of:* **Leonard Burka** by John & Renny Kossow, Sharon & Michael Burka.

**Freedom Song**  
*By:* Sharon Burka, Melanie & Larry Nussdorf.

**Fund for the Future**  
*In Honor Of:* **Russell’s** Simchat Torah by Judith & Russell Smith.  
*In Memory Of:* **Irving Kaye (Katz)** by Elyse Kaye. **Adele Pilsk** by Judy & Russell Smith.

**Garden of the Righteous**  
*In Memory Of:* **Rhoda Connick** by David Connick. **Dr. Marcus Jacobson** by Ruth Ann Kurzbauer.

**Gonzalez Family**  
*In Honor Of:* New baby by Betsy Strauss, Denyse Tannenbaum & Jamie Horwitz.  
*In Recognition Of:* Simchat Torah honors of **Sarah Brooks, Sharon Burka, Russell Smith, & Michael Leifman** by Miriam Rosenthal & Mileve Phillips.  
*On Behalf Of:* **The Gonzalez family** by Carolyn Rogers & Espy Almeda, Gene Sofer & Judith Bartnoff.

**Harry & Judie Linowes Youth Endowment Fund**  
*In Memory Of:* **Frances Coler, Harry C. Bierman & David F. Linowes**, all by Judie & Harry Linowes.

**Havurah Kiddush Fund**  
*By:* Joyce & Michael Stern.  
*In Recognition Of:* **Sarah Brooks’s** Simchat Torah honor by Joyce & Michael Stern.  
*In Memory Of:* **Stanley Siegel, Ethel Daniels**

**& Max Kahn** by Mary & Arnie Hammer.

**Hazzan Goldsmith Discretionary Fund**  
*In Appreciation Of:* **Stuart, George & Eri’s** Ark opening on Rosh Hashanah by Pamela & Stuart Shalloway.

**Hesed & Bikkur Cholim Fund**  
*In Honor Of:* **Allan Gerson (z”l)** by Ava, Neal, Elissa, Jay & Alexis Gross. **Howard Mark’s** special birthday by Joyce & Michael Stern. **Rabbi Elianna Yolkut** by Lexi Light & Deborah Hall. **Ruth Kleinrock’s** big birthday by Rae Grad & Manny Schiffres.  
*With Thanks For:* Lovely High Holy Day gift by Bobbi & Allan Fried.  
*In Memory Of:* The **Levy/Woronow family** by Doris Povich. **Sophie & Morris Tersoff** by Susan Tersoff & David Margolies.

**Adas Fund**  
*With Thanks For:* Bus transportation to the cemetery by Doris Povich.  
*In Memory Of:* **Edward Abramson** by Jay & Lynn Freedman. **Lewis Bolotin** by Jeffrey Bolotin.

**Hymen & Sadie Goldman Prayer Book Fund**  
*In Memory Of:* **Jerome A. Gross** by the Hon. Joseph & Alma Gildenhorn.

**Ida Mendelson Memorial Prayer Book Fund**  
*In Memory Of:* **Hyman Gross** by the Hon. Joseph & Alma Gildenhorn.

**Jennie Litvack Memorial Fund**  
*In Memory Of:* **Jennie Litvack** by Arlene & Robert Kogod, Beth & Jeremy, Miriam Sapiro & Stephen Labaton Steindecker, Charles Small, Stephanie & Scott Deutchman. **Marsha Goldberg** by Jamie & Stuart Butler.

**Lillian & Daniel Ezrin Fund for Ritual Objects**  
*In Memory Of:* **Lillian Ezrin** by Rhoda Ganz.

**MakomDC Fund**  
*In Gratitude To:* **Betsy Strauss** for leading our Pirke Avot sessions by April Rubin & Bruce Ray.  
*In Recognition Of:* **Sarah Brooks’s** Simchat Torah honor by April Rubin & Bruce Ray, Nancy, Dan & Jory Weiss.  
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**Martha & Joseph Mendelson Adult Education Fund**  
*With Thanks To:* **Adina & Sandy Mendelson** for the Sukkah party by Dan & Nancy Weiss.

**Men’s Club Amuday Torah Fund**  
*In Memory Of:* **Irv Jacobs** by Annette & Adrian Morchower, Bobbi & Allan Fried Stephen & Sandy Lachter.

SYNAGOGUE CONTRIBUTIONS



**Milton Engel Library Fund**  
*In Loving Memory Of:* **Eliot Canter** by Jane Loeffler.

**Offerings Fund**  
*By:* Cara Fisher, Gene Soffer & Judith Bartnoff, Lisa Lester, Shira Berman, Zachary Schenk.  
*In Honor Of:* **Harry Friedman’s** 100th birthday by Barbara Bosses, Sandra Teplin. **Rabbi Jan Kaufman** by Michael Brochstein. **Miriam Kanter-Goodell** becoming a bat mitzvah by Toni & David Bickart.  
*With Thanks To:* Adas Israel & your inspiring clergy by Marilyn & Manny Vegh.  
*In Memory Of:* **Jeffrey Dunn** by Eric Dunn & Stephanie Meyer. **Edward Abramson** by Nancy & Alan Bubes. **Alan Friedman** by Stephen Tiber.

**Rabbi Alexander Discretionary Fund**  
*By:* Connie & Jay Krupin.  
*In Honor Of:* **Rabbi Alexander** for his heartfelt birthday blessing by Howard & Sandy Marks. Our **wonderful rabbis** by Lisa Zycherman & Keith Apple. **Howard Marks’s** 75th birthday and Bill Levenson’s 50th birthday by Nechama Masliansky. **Rabbi Alexander** for officiating at our wedding by Stephen & Claire Krupin.  
*Mazal Tov To:* **Scott & Taylor Greenberg** on their wedding by Melanie & Steve Greenberg.  
*With Thanks To:* **Rabbi Alexander** by Shirley Horn.

**Rabbi Avis Miller Lifelong Learning Fund**  
*In Honor Of:* **Talia Loeffler** becoming a bat mitzvah by Jane & Bob Loeffler.  
*In Memory Of:* **Jack Chernikoff** by Larry Chernikoff.

**Rabbi Holtzblatt Discretionary Fund**  
*By:* Connie & Jay Krupin.  
*In Honor Of:* **Rabbi Holtzblatt** by Amy Mazur-Liberman. Wonderful rabbis by Lisa Zycherman & Keith Apple.  
*In Memory Of:* **Doris Wolin** by Neal Wolin.

**Rabbi Jeffrey A. Wohlberg Masorti Fund**  
*In Honor Of:* **Stanley Sherr’s** birthday by Susan & Gary Berman.  
*In Memory Of:* **Dutchy Cohen-Markowitz** by Avrahm Bar-Cohen.

**Rabbi Krinsky Discretionary Fund**  
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*In Memory Of:* **Lorna Jaffe** by Alvin Jaffe. **Marsha Dubrow** by Marshal & Arlene Sidell Cohen.

**Rabbi Stanley Rabinowitz History Fund**  
*In Memory Of:* **Charles Lerner & David Fibus** by Carole Lerner.

**Return Again Fund**  
*In Memory Of:* **Richard S. Milbauer & Barbara Knapp** by Jean Milbauer & Bill Knapp

**Rose R. Freudberg Sisterhood Memorial Library Fund**  
*With Thanks To:* **Robin Jacobson** & in appreciation of our new member aliyah by Pamela & Stuart Shalloway.  
*In Memory Of:* **George Sidell** by Arlene Sidell Cohen. **Shirley Breger Eitches** by Eddie Eitches. **Jean Title, Reeva & Max Goldberg** by Elinor Tattar. **Bernardo Kotelanski** by Jorge Kotelanski & Marina Feldman. **Arthur N. Lerner** by Linda Dreeben & family. **Terry Goldstein** by Marcie Goldstein. **Harry Seltzer** by Toba Penny.

**Samuel & Jeannette Weiss Special Needs Fund**  
*In Memory Of:* **Bessie Cohen** by S. Robert & Joy W. Cohen.

**Sandra & Clement Alpert Fund for Family Education**  
*In Memory Of:* **S. Robert Baldinger** by Janet Baldinger & family.

**Sarah & William Pittleman Special Needs Fund**  
*In Honor Of:* **Mary W. Yokum’s** 90th birthday by Craig Yokum.

**Shelley Remer Gan HaYeled Enrichment Fund**  
*In Honor Of:* **Benny Hasenberg Daniela Klein, Adam Strong Jacobson, Julia Crausman, Clea Horowitz, Wyatt Dunn, Naomi Feldman, Avital Morris, Samantha Villavicencio, Nils Socolovsky, Julian Jinich, Sam Herzberg, Coby Gayer, Miriam Kanter-Goodell, Charlotte & Eliana Green, Sydney Lowit, Nicola Klarfeld, Max Aaron, Noah Stier, Elizabeth Hare, & Noah Rashkin** becoming b’nai mitzvah, **Sadie & Josiah Goldberg**, all by Shelley Remer.  
*In Memory Of:* **Robert Rovinsky & Jennie Litvack** by Shelley & Stewart Remer.

**Siegel-Kalmekoff Family Adult Education Fund**  
*In Memory Of:* **Jennie Litvack, Max & Rose Kalmekoff, Elsie Kalmekoff, Victor Siegel, Sylvia Siegel & Esther Siegel**, all by Margie Siegel.

**Social Action Fund**  
*In Honor Of:* **Ben Mulitz’s** 100th birthday by Bobbi & Allan Fried. **Marc Aaron Sussman** becoming a bar mitzvah by Holly Resnick.  
*With Thanks To:* Adas Israel for providing streaming of High Holy Day services by

Bobbi & Allan Fried.  
*In Memory Of:* **Addison David Lesser** by Deborah Lesser.

**Sophie Silfen Shalom Tinok Fund**  
*In Memory Of:* **Max Kahn** by Jamie & Stuart Butler.

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*In Gratitude For:* The awesome work of our staff by April Rubin & Bruce Ray.

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*In Honor Of:* **Bill Levenson’s** 50th birthday by Patti Lieberman & Jeff Knishkoway, Rabbi Jan Kaufman.  
*Mazal Tov To:* **Bill Levenson** on his milestone birthday by the Roskes family.  
*In Memory Of:* **Lillian Cardash** by Marshall Lewis.

**Tzedakah Fund**  
*In Recognition Of:* Simchat Torah honors for Sarah Brooks, Sharon Burka, Michael Leifman, & Russell Smith, all by Glenn & Cindy Easton.  
*In Memory Of:* **Myron L. Madden** by Brian & Judy Madden. **Betty Torgoff** by Carole Ash. **Norman Shreiar** by Carolyn Goldman. **Abraham Povich** by E. Laurence Povich. **Annabelle Kutcher Shapiro** by James Kutcher. **Arlene Feiger & Lawrence Laben** by Jonathan Feiger & Nancy Laben. **Mel Elfin & David Lesser** by Margery Elfin. **Ethel Laby** by Miriam Vinicur. **Rachel Schachter** by Ricki Gerger. **Alan Cohen** by the Lehrich family.

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*In Memory Of:* **Fay G. Stern** by Alvin Stern. **Ruth S. Albert** by Barbara Sandler. **Irving Torgoff, Sylvia Ash Hoffer, & Sam Ash**, all by Carole & Matthew Ash. **Leonard Hardis** by Jonathan Hardis. **Billy Strum** by Jonathan Strum. **Lester Friedman** by Judith Beltz. **Suzanne Ingber** by Kenneth Ingber. **Frances Knie** by Lynn Kletzkin. **Katalin Karpati** by Maria Burka. **Trudy Wilensky** by Robert Wilensky. **Alexander Guss** by Roberta Weiss. **Arthur Winer** by Samuel Winer. **Carole Cohen** by Sharon Cooper. **Anne Karp** by Sharon Schwartz. **Joyce Sills** by Sheldon & Cheryl Cohen. **John Fuma** by Stefan Fuma. **David M. Schwartz** by Susan & Howard Liberman. **Betty Kossow Sachs** by Susan Sachs Goldman.

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