



Adas Israel Congregation • November/Cheshvan-Kislev 5780

CHRONICLE

The *Chronicle* Is Supported in Part by the Ethel and Nat Popick Endowment Fund



From the President

LAURIE ALADJEM, ADAS PRESIDENT



Thanksgiving is my favorite Jewish holiday.

Okay, so I know it isn't a Jewish holiday, but to my mind it certainly could be.

First, it is all about the food. You eat until you are stuffed. And then you eat some more. But it's not a free-for-all. There are certain foods that are required at every Thanksgiving table. Starting with turkey. Truth be told, I hate turkey. But every year I insist that Dan cook a big turkey nevertheless. *Because it's what you do on Thanksgiving.* But the rest of the menu isn't set in stone. Like any Jewish holiday or tradition, it evolves over time. The menu reflects our backgrounds, our upbringings, our dietary restrictions and quirks.

Second, it is all about the people. Thanksgiving is an opportunity to come together with family and friends. We travel near and far to be with loved ones, and hopefully include those who might not otherwise have a place to go.

There's a holiday narrative, even if it is false. At the risk of sounding blasphemous, our tradition is replete with false narratives. But that doesn't mean we can't extract value from them. We use the Thanksgiving narrative to remind us of what is amazing about our country, this place where people from all different backgrounds and all corners of the globe can come together and celebrate where we came from and where we are lucky to be. Mostly though, it's a holiday about gratitude, and what could be more Jewish than that?

Hakarat ha-tov means (loosely) to acknowledge the good. That can be hard sometimes. We are a people fond of kvetching. It's human nature to think that the grass is greener somewhere else, and, especially in this town, we have a tendency to always strive for more. Striving isn't bad. Gratitude doesn't mean complacency. But I believe it's always important to pause and reflect on ha-tov.

Moses warned the Israelites about forgetting to be grateful once their lot in life improved. He told them, "When you

have eaten your fill and have built fine houses and live in them, and when your herds and flocks have multiplied, and your silver and gold is multiplied, and all that you have is multiplied, do not exalt yourself, forgetting the Lord your God, who brought you out of the land of Egypt, out of the house of slavery . . . Do not say to yourself, 'My power and the might of my own hand have gained me this wealth.'"

Our tradition teaches us to be grateful when we wake up every morning. Indeed, according to Rabbi Jonathan Sacks, "Jewish prayer is an ongoing seminar in gratitude. *Birkot ha-Shachar*, 'the Dawn Blessings' said at the start of morning prayers each day, form a litany of thanksgiving for life itself: for the human body, the physical world, land to stand on, and eyes to see with. The first words we say each morning—*Modeh/Modah ani*, "I thank you"—mean that we begin each day by giving thanks."

It is hard to be grateful when times are good, but that is when we need gratitude the most. I have so much to be thankful for, not least of all my health. I am grateful for my loving husband and two amazing daughters. And I am grateful for our adorable puppy (careful or I'll show you photos). I have close friends who have seen me through the good and bad in life, and have kept me laughing all the while. I'm grateful to live in this country of ours, which has given us Jews unimaginable freedom and opportunity. And I am grateful for this community, which sustains me and my family through all of life's ups and downs.

So this Thanksgiving, take some time for real gratitude for all the blessings that have been bestowed upon us, individually and collectively. Eat some pie (ideally apple). Come to the daily minyan if you can. And remember that since Thanksgiving isn't really a Jewish holiday, you can sleep in the next morning instead of coming to services (but remember, it's often hard to get a minyan on Thanksgiving weekend—starting with mincha on Wednesday—so do try to come if you can). Happy Thanksgiving!



Clergy Corner

RABBIS HOLTZBLATT & ALEXANDER



Friends,

At the beginning of the month this community will have the opportunity to confront some of the stuff we'd rather ignore. In particular, the challenges of addiction in our community and beyond. As a religious institution, our obligation is to seek out and support those who are struggling among us. We know it is often easier to look the other way, or imagine our community is immune—but that is far from the truth. In order to open up the conversation we have invited those who have struggled, and are struggling, to shine a light upon what it is that exists around us, and how we can move forward with transparency, love, and compassion.

We urge you to join us for the programs below.

Our very best,
Rabbis Holtzblatt & Alexander



PRESENTED BY LEV B'LEV AND BRIYUT:
A JMCW AND HESED INITIATIVE

Freedom Song

A Musical Production About Addiction
& Recovery in the Jewish Community



WEDNESDAY, NOVEMBER 6
AT 7 - 9 PM

Freedom Song is an original musical production created and performed by recovering addicts who are current or past residents of Beit T'Shuvah. Freedom Song showcases a family celebrating a Passover Seder while also confronting the impact of addiction on a Jewish family and a celebration of the strength of the family to accept challenges and overcome shame and fear. Interspersed are scenes from a 12-Step meeting, giving the audience an inside look at the process of recovery.

Following the performance, audience members are encouraged to ask questions of the cast, who courageously and honestly share their own stories of addiction and recovery.

The performance provides an opportunity for the Jewish community to understand addiction in our midst; a chance to shine the light of openness and honesty on a hidden, often stigmatized topic and celebrate these recovering addicts who will always battle addiction; a time to ask real questions and get real answers from cast members who have journeyed through addiction to recovery and a chance for every one of us who cares about addiction recovery to come out, stand up and support those among us who struggle.

AND THEN:

Finding Recovery & Yourself in Torah

Shabbat, November 9, at 1:15 pm, After Kiddush, in the Biran Beit Midrash
Rabbi Mark Borovitz, Founding Rabbi of Beit T'Shuvah (beittshuvah.org)

REGISTER HERE: adasisrael.org/event/freedomsong





MakomDC 2019–20 Season: "The Way In"

There's always a way into Jewish learning. This year we intend to capture the passion and expertise of our core teachers and offer topics in text learning that will inspire deep learning, generate new knowledge, and open up critical conversation. Each month, for the first three Tuesday evenings, a rabbi (Holtzblatt, Alexander, Krinsky, or Yolkut) will offer a three-part mini-series that will tackle essential subjects in Judaism, with close attention to the textual tradition that inspires so much of Jewish life today.

To learn more visit adasisrael.org/makomdc. Register for classes or special programs online or by calling Courtney Tisch, 202-362-4433, ext. 125

MAKOMDC NOVEMBER LEARNING



Rabbi Abraham Isaac Kook (1865-1935, Jerusalem)
Legacy, Ideology, and Vision

WITH RABBI LAUREN HOLTZBLATT

NOVEMBER 5, 12, 19

Rav Kook was first Ashkenazi Chief Rabbi of British Mandatory Palestine in the Land of Israel and considered one of the founders of religious Zionism. Together we'll explore his unique take on Zionism, his approach to Parshanut (Weekly Torah commentary,) and his novel approach religious life in the 20th century.

2019-2020 MENDELSON SHABBAT SCHOLAR IN NOVEMBER



Dr. Aaron Amit

POST-KIDDUSH HALAKHA CLASS, SATURDAY, NOVEMBER 23 @ 1 PM

Join us as our November Mendelson Shabbat Scholar, Dr. Aaron Amit, guest teaches after kiddush, using *halakhah* (Jewish life and living) as a prism through which to access our learning this year. Dr. Amit is the head of the Talmud Department at Bar-Ilan University in Ramat Gan, Israel. He is the author of numerous scholarly articles dealing with the influence of contemporary Greco-Roman culture, the textual transmission of the Talmud Bavli, and the history of halakhah.

ONGOING LEARNING



The Text 2.0: In-Depth Halakhah (Jewish Law)
with Rabbi Aaron Alexander

REMAINING CLASS DATES: TUESDAYS 2/25 AND 4/28 @ 7:30 PM

Rabbi Alexander will lead learners in a textual exploration of a topic in Jewish Law, using original sources without translation. This series is designed primarily for those with previous experience studying classical rabbinic texts in Hebrew/Aramaic.



Inside Out: Text, Translation and Transformation (Yolkut)

7:30 - 9 PM FALL/WINTER SESSION CLASSES REMAINING (\$180): 11/13, 11/27, 12/11, 1/8
SPRING SESSION DATES (\$180): 1/29, 2/12, 2/26, 3/11, 3/25, 3/31

Have you ever wanted to gain access to some of Judaism's most powerful texts? Wondered what it means to study ancient sources in their original language with the guidance of a master teacher and a Beit Midrash full of reference materials? Can you imagine studying a rabbinic text from the start and seeing it all the way through; imagine starting a riveting novel and not being able to put it down? Want to challenge yourself to gain a foundational understanding of how the rabbis operated? What did these ancient sages want the learner to gain from the window the text gives us into their endless conversations, debates, and questions around some of our biggest religious and spiritual questions about living in this world? Join a dedicated group for these two six-part series that take a deep dive into the Mishnah and Talmud with Rabbi Elianna Yolkut. Register for one semester or both online at adasisrael.org/makomdc.



Boker Or Shabbat Study

SATURDAY MORNINGS @ 8:30 AM

Boker Or meets Saturday mornings in the Biran Beit Midrash with the weekly portion as its focus.

NOVEMBER 2, Rabbi Elianna Yolkut
NOVEMBER 9, Rabbi Aaron Alexander
NOVEMBER 16, Rabbi Lauren Holtzblatt

NOVEMBER 23, Rabbi Sarah Krinsky
NOVEMBER 30, No Boker Or



Friday Parsha Study

with Rabbi Lauren Holtzblatt, Rabbi Aaron Alexander, or Rabbi Sarah Krinsky

FRIDAY MORNINGS @ 10 AM

Please join us Friday mornings in the Biran Beit Midrash for an exclusive look at the weekly parsha. On the first and second Friday of the month, Rabbi Holtzblatt will explore the parsha through the lens of Hassidut and mysticism; on the third and fourth Fridays, Rabbi Alexander will use the Talmud as the prism for the weekly reading; and on the fifth Friday, Rabbi Krinsky will lead the exploration.

adasisrael.org/makomdc



MM 19 20 Musical Moments at Adas Israel

FEATURED CONCERT

A Sweet Celebration of Song

Starring Cantor Azi Schwartz
Sunday, November 10 @ 3pm

*Joined by Cantor Arianne Brown, Musical Director Colin Fowler,
DC's Thomas Circle Singers, and the Adas Israel Flash Choir*

A gift to the Jewish community as the second of our incredible *Richard L. Kramer Family Concert Series*. Join world renowned Israeli cantor and recording artist Azi Schwartz, of New York's Park Avenue Synagogue, in a dazzling concert. Azi's vocal craft has been described as emotional, spiritual, and artistically dynamic. Followed by an hors d'oeuvres reception.

FREE & OPEN TO THE COMMUNITY

Register Online:
adasisrael.org/musicalmoments



THANKS TO OUR HIGH HOLY DAY VOLUNTEERS

If you enjoyed High Holy Day services more this year, it might be partially attributed to the fact that we had nearly 75 volunteers helping us with ushering and greeting. We had over 140 time slots in as many as five different services a day over five days.

Sincere thanks and appreciation go to each of our many volunteers, many of whom helped for the first time: Abby Fried, Alex Levy, Alissa Platz, Anita Wellen, Anna Eil-Eini, Ari Strauss, Arie Rubenstein, Arin Kerstein, Art Hessel, Brad Brooks-Rubin, Carmel Chiswick, Chancy Lyford, Cheryl Wasserman, Cynthia Rosenberg, Dava Berkman, David Kline, David Lynn, Debby Joseph, Diane Arkin, Edna Povich, Elaine Potter, Frederick Horowitz, Gail Roache, Irwin Anscher, James Whitman, Janet Scribner, Janice Mostow, Jay Sher, Jeffrey Berger, Jennifer Chemel, Jerry Berman, Jill Jacob, Jodi Ochstein, Joel Fischman, Julia Tuvin, Julie Ceigler, Keren Hendel, Lauren Weiss, Laurie Alban Havens, Leah Hadad, Lisa Farhamy, Lisa Kaneff, Liz Scheier, Lori Weinstein, Margie Siegel, Meg Olson, Michael Fingerhut, Mindyl Gaynor, Morris Chalick, Norah Schwartz, Patricia Levy-Zuckerman, Patricia Puritz, Rennie Sherman, Rob Kravec, Robert Yerman, Ron Schlesinger, Rona Walters, Ros Doggett, Sara Vogler, Scott Levine, Scott Mitchell, Sheldon Cohen, Steve Davidson, Steve Miller, Steve Shapiro, Steve Sherman, Susan Barocas, Susan Bayles, Suzy Shapiro, Victoria Perper, and Xueli Qiu.

Special thanks to our Torah & Haftarah readers and Gabbais – Meredith Cymerman, Judy Bartnoff, Howard Teicher, Jonah Richmond, Ju Ju Jinich, Isaac Cymerman, Alex Horowitz, Jamin Weiss, Rochelle Berman, Betsy Strauss, Rebecca Weiss, Healey Sutton, Shelly Kupfer, Adina Mendelson, Joe Himmelfarb, Susie Gelman, Andrew Kupfer, Lizzie Himmelfarb, Zachary Gayer, Zoe Goldman, Sadie Foer, Ira Berkower, Jerome Socolovsky, Nils Socolovsky, Mendel Socolovsky

Gabbais: Jacob Bardin, Bob Peck, Healey Sutton, David Bickart, Sid Moskowitz, Ruth Kleinrock, Janet Scribner, Jay Kirschenbaum, Toni Bickart, Manny Schifres



Healing *Shabbat* Morning Service with Rabbi Krinsky SATURDAY, NOVEMBER 9, 9:30-10:30 AM

Please join us on November 9 for a Shabbat morning healing service. For those in need of spiritual, emotional, or physical healing, as well as caretakers, Rabbi Sarah Krinsky will create a space to explore and process challenges, and to access places of support and resilience. Grounded in Jewish prayer and ritual, the service will include moments of liturgy, song, meditation, and learning to build a community of compassion, comfort, and strength.

Note: This service will meet during the beginning of Shabbat morning services. For those who want to join other prayer spaces, we will conclude by the end of Shacharit.



NEW FEATURE

From Our History

A LOOK BACK AT ADAS' HISTORY

Did you know...

On July 9, 1925, acting synagogue treasurer reported a balance on hand as of June 1, \$6.77. The question arose about whether to borrow from the bank to tide the congregation over.

JMCW@ADAS

jewish mindfulness center of washington

It is one thing to race or be driven by the vicissitudes that menace life, and another thing to stand still and to embrace the presence of an eternal moment.

RABBI ABRAHAM JOSHUA HESCHEL

The holiness of Shabbat is a core part of Jewish ritual and tradition. On the seventh day, we are commanded to cease our quotidian work and join God as partners in creation; a time to just be. In his classic work, *The Sabbath*, Abraham Joshua Heschel talks about the Sabbath as a departure from the spatial world and a sacred entrance into the “palace of time.” This idea of Shabbat can inspire our mindfulness practices even during the busyness of the first six days of the week. At any time, we can stop for a moment to savor a bit of the beauty and wisdom of Shabbat. Guided by our breath, our neshama, we can close our eyes, return to ourselves, and, as Rabbi Heschel says, *embrace the presence of an eternal moment*. In this way, Jewish contemplative practices can help us, at any time, seek our Shabbat within.

ONGOING OFFERINGS



Weekly Meditation Sit

Led by JMCW Faculty

WEDNESDAYS @ 7:30–8:30 PM

Note: Classes will not be held 11/27

Each week we come together for a community sit. Our time is marked by explorations of meditation techniques, guided teachings, and silent sits. No experience necessary—all are welcome, including drop-ins. Open to beginners and experienced practitioners alike.



Vinyasa Lunar Flow

Led by JMCW Faculty

WEDNESDAYS @ 6:30–7:20 PM

Fall classes held on 11/20, and 12/18

Our monthly Jewish Yoga practice offers a home to those who wish to explore embodied spirituality. This class seeks to awaken and stimulate the senses through a full mind/body exploration of asana. Drawing inspiration from Mussar, Kabbalah, and the wisdom of Jewish thinkers, this class reinterprets “Jewish Yoga.” Mats and props are provided.



Morning Awakening

with Rabbi Lauren Holtzblatt

TUESDAYS AT 10 AM - RESUMING AFTER THE HAGGIM ON 11/5

Come join JMCW for an uplifting 45 minutes of mindful prayer and song as we begin the day together. Morning Awakening is a new take on the traditional Jewish morning service. Start your Tuesday with a dose of mindfulness!

JMCW SERVICES, PROGRAMS, AND WORKSHOPS



Musical Shabbat w/ Rabbis Holtzblatt and Alexander and Featuring Musician-in-Residence, Rabbi Josh Warshawsky

FRIDAY, NOVEMBER 8, 6:30 PM

This lively, soulful service features seasoned musicians and a spiritual, personal excursion into prayer and song. Join us as we dance, sing, and discover the deep Shabbat within us all. A festive community Shabbat dinner follows. Please register for dinner on the JMCW web page: www.adasisrael.org/jmcw.

JMCW RECOMMENDS . . .

*The Sabbath: Its Meaning for Modern Man*
by Abraham Joshua Heschel

This classic work is a beautiful meditation on the spiritual meaning of Shabbat. Rabbi Heschel speaks to the particular circumstances of contemporary life by contrasting our labor in the spatial realm with the Jewish idea of the sacredness of time.

The Sabbath is available in the Adas Library, as are many other books on Jewish spirituality, meditation, and mindfulness. Some of these can be found under call number 175.01 or speak with Adas Librarian Robin Jacobson (librarian@adasisrael.org) for more information.



The Jewish Mindfulness Center of Washington @ Adas (JMCW) offers services, programs, and workshops that help deepen contemplative practices as part of our individual and communal religious and spiritual lives. Watch this space each month to follow these JMCW offerings. Visit our Adas web page at adasisrael.org/jmcw, where you can also subscribe to our weekly newsletter. Find us on Facebook, JMCW at Adas Israel!

adasisrael.org/jmcw

What was created on the seventh day?
Tranquility, serenity, peace and repose.
— *Genesis Rabba*



Coming Soon, for Members Only: *Sisterhood Salons*

Sisterhood's recent graphic brand refresh featuring new colors and a bold logo also includes a wonderful tagline that beautifully captures what Sisterhood is all about: "A Community of Sisterhood, the Bonds of Friendship."

That description came alive this past year for nearly 90 Sisterhood members who enjoyed socializing and learning about one another at "Sisterhood in Your Community" brunches, wine and cheese get-togethers, and teas. At those members-only gatherings on select Sundays, we met and/or reconnected with women who live near us, thanks to the generosity of nine hosts in the District, Maryland, and Virginia.

In addition to those popular events, which will continue through the end of our 2019-20 program year in June, we are introducing a new opportunity, also exclusive to members—*Sunday Salons*. Scheduled for November, January, March, and May, each will feature a Sisterhood member of great achievement who will recount her remarkable career in a compelling field of work, and describe just how she did it!

Here's the lineup:

Jennifer Gibson is an art historian and director of GSA's Art in Architecture and Fine Arts Division, which is responsible for commissioning artwork for federal buildings and for the collection of works in the buildings and on loan to institutions around the country. Jennifer's November 10 talk will be hosted by **Barbara Friedell**, herself a fine arts expert and collector.

Naomi Harris Rosenblatt has had a distinguished career in Washington, DC, as a psychotherapist, Bible teacher, and author. Born in Haifa, she lived in Palestine during the time of the British Mandate and witnessed first-hand the birth of the State of Israel. Her talk will be hosted in January by **Susan Winberg**.

Leah F. Chanin is a member of the State Bar of Georgia, and after practicing law for seven years became director of the law library of Mercer University School of Law. She also served as a law professor for nearly three decades and is regarded by members of the Georgia Bar as an expert in professional ethics. Leah's March 15 talk will be hosted by her daughter, **Johanna Chanin**.

Gail R. Wilensky is an economist and senior fellow at Project HOPE, where she has been since 1993. Gail also served as director for the Medicare and Medicaid programs, as a senior adviser on health and welfare issues to President George H. W. Bush, and frequently testifies before Congressional committees. Gail will spend the fall semester teaching a graduate-level health policy course at the University of Michigan. Her talk will be hosted on May 3 by **Janet Waxman**.

The Ruth & Simon Albert Sisterhood Gift Shop needs volunteers!

Our dedicated staff works hard to make the shop a success, and we're looking for a few women who would like to join us. We're a friendly group, and we could use some extra help, especially on Tuesday evenings. We offer comprehensive training before we leave you on your own. If you'd like to join us, and receive a 10% discount on most of the items we carry, please contact Jean Bernard, Co-Manager, at jean.b.bernard@comcast.net.



Special Events



Financial Planning for and in Retirement Event

NOVEMBER 12 @ 7 PM

Join us November 12 at 7 p.m., when local financial advisor and Adas Israel member Ron Schwarz will discuss "Financial Planning for and in Retirement," what women need to know about financial investments, taxes, and proper planning for now and later.

For context, Ron will present some historic patterns in the market, discuss the importance of evaluating risk in one's portfolio, and describe some asset types that may reduce risk. He also will address the impact that a severe drop in the market can have on retirement assets, as happened in 2008, and how to blunt some of that impact with advance planning.

Ron's formal presentation will be brief, to allow ample time for pertinent questions. He will do his best to address those questions, as he does routinely in his practice. So please come with your questions for what we hope will be a lively, informative and interactive program.

Ongoing Programs



Mah Jongg

WEEKLY, THURSDAYS AT 1 PM, SISTERHOOD HALL

Soap, Bam, Dot. Whether you're a novice or a Mah Jongg champ, there's a space for you at the table of this game.



Take a Walk! (October: Pierce Mill/Rock Creek Park)

MONTHLY, MONDAYS AT 6 PM, SUNDAYS AT 10 AM (UNLESS OTHERWISE NOTED)
NEXT UP: SUNDAY, NOVEMBER 3, 6 PM

Take a Walk! explores different Washington neighborhoods on foot. All are welcome, so bring a friend! For the October walk (1-3 p.m.), we will meet at Peirce Mill, a historic mill in Rock Creek Park located at Tilden Street and Beach Drive. After a tour of the mill we will walk towards the National Zoo, then to Connecticut Avenue and back to Peirce Mill.



Weekday Torah with Sisterhood

MONTHLY, 3RD TUESDAY AT 10 AM, FUNGER HALL
NEXT UP: NOVEMBER 19, DECEMBER 17

Weekday Torah with Sisterhood will meet at 10 a.m. on Tuesday, November 19, in FUNGER HALL. Rabbi Sarah Krinsky will lead the one-hour text study session. This class is open to the entire Adas Israel community. *Weekday Torah with Sisterhood* is an engaging approach to traditional text study that offers participants the opportunity to study and discuss challenging texts and ideas. Classes are monthly, except in the summer, and meet on the third Tuesday of the month. Students of all levels and backgrounds are welcome. Please contact MarilynCCooper70@Gmail.com with questions.



Sisterhood Cares

Marking simchas and milestones, contact Leah Hadad (leahghadad@aol.com), and for comforting those suffering illness or loss, contact Anat Bar-Cohen (Anat@bar0-cohen.com), or Pamela Sislen (Pamela.sislen@gmail.com).



Knit, Sew & Craft Group

MONTHLY, 1ST WEDNESDAY AT 7:30 PM, YOUTH LOUNGE
NEXT UP: NOVEMBER 6

Members are welcome to work on annual group projects or continue their ongoing knitting, sewing, crocheting, and crafts. All are welcome to participate in our new ongoing project, Bears for Israel, a project of the American Friends of the Jordan River Village, an overnight camp for children living with chronic, serious, or life-threatening illnesses and disorders and children with special needs. The bears are sewn by volunteers around the country and given to the campers as a memento. We are happy to help anyone who is interested in joining us.



Help Educate the Next Generation of Jewish Leaders: Contribute to Sisterhood's 2019-20 Torah Fund Campaign

Sisterhood is proud to participate in Torah Fund, the dedicated philanthropy of National Women's League for Conservative Judaism, its members, and its affiliated sisterhoods in Conservative congregations across North America. Torah Fund strengthens Jewish education by supporting scholarships, student housing, and other projects at five Conservative/Masorti schools of higher education worldwide:

- Jewish Theological Seminary (New York)
- Ziegler School of Rabbinic Studies (Los Angeles)
- Schechter Institute of Jewish Studies (Jerusalem)
- Seminario Rabinico Latinoamericano (Buenos Aires)
- Zacharias Frankel College (Germany)

Without support from Torah Fund, many young Jews simply would not have the financial means to attend one of these schools and become the Conservative Movement's next generation of rabbis, cantors, educators, summer camp directors, chaplains, and scholars. Women's League has designated hesed—the Hebrew word for “loving kindness” or “compassion,” conveying the deep love that animates Jewish acts of kindness, done without thought of reward—as the theme for the 2019-20 fund-raising campaign. Individual donors at the Benefactor level (\$180) or higher receive the distinctive Torah Fund pin, which this year incorporates the Hebrew word hesed.

By donating to Torah Fund, your act of hesed will help build and strengthen Conservative Judaism for future generations. Your donation at any level is much appreciated. We are grateful that Sisterhood Board member Rona Walters has agreed to chair the 2019-20 Torah Fund campaign. Please send your check, payable to Torah Fund, to Rona Walters at 5117 Linnean Avenue NW, Washington, DC 20008.

ruth & simon albert

sisterhood gift shop

It's not too early to start thinking about Hanukkah! This year's holiday begins December 22, so you have plenty of time to see what the shop offers for hostess gifts, toys and books for children, and presents for your loved ones.



Gift Shop Hours*:
Sunday–Monday, Wednesday–Friday
9:30 am–12:30 pm
Extended hours on Tuesdays:
9:30 am–3 pm & 6–7 pm

***Please note that we will be closed:**
for the Thanksgiving
holiday on Thursday & Friday, Nov.
28 & 29, and Sunday, Dec. 1.

Every purchase benefits
Adas Israel Congregation.
202-364-2888
adasgiftshop@gmail.com



WellBodies: A Monthly Course in Embodied Judaism

What does it mean to live in your body? What does it mean to live in a Jewish body? WellBodies is a monthly program that delves into body-related topics such as healthy boundaries, food and eating, growth and aging, disability wisdom, and sexuality—all through the lens of Jewish text and ritual.

This month, we'll learn about body positivity for adults AND children with the incomparable Ronit Zelivinski. If you are a doctor, nurse, therapist, yogi, or massage therapist, you will get a lot out of this and have a lot to contribute. Each session includes lunch, a presentation, and an interactive component. For all ages, genders, and backgrounds. Join us—all you need is your body! The next session is **November 19 at 11:30 am**.



The course topics will revolve around these central themes:

- **Body Positivity:** The belief that all bodies—regardless of age, size, shape, color, gender, orientation, religion, ornamentation, partnership status, ability, wealth, health—are fully and equally holy. Body positivity places a higher value on accepting one's body as it is than on changing it to conform to social or internalized norms.
- **Creative Expression:** Bringing art into ritual and developing new rituals through a supportive creative process. Exploring ritual objects as art and the creation of art as a sacred ritual.
- **Safe Boundaries:** Ensuring the emotional, physical and spiritual safety of all who enter our spaces. Without this sacred trust, our work is meaningless, if not dangerous. We continually return to practices of upholding boundaries to remind ourselves of the power and vulnerability of embodied ritual.

Monthly Topics and Facilitators:

December 17: Co-Creating Ritual with Rabbi Sarah Tasman and Steph Black
January 29: Safe Boundaries & Sacred Spaces with Tova Zimm and Jordan Babin
February 26: Disability Wisdom with Rabbi Lauren Tuchman
March 24: Sexuality and Queer Bodies with Mac Freudenrich
April 22: Health, Illness, and Aging with Yael Flusberg
May 26: Tahara and Mikvah with Toni Bickart
June 23: Community Celebration and Final Presentations

If you're interested in earning a certificate in Embodied Judaism for your personal or professional development, please plan to attend the majority of the sessions and to make a presentation at the last gathering. Rabbi Sarah Tasman will be available to help you create your presentation.





Education & Youth

@ ADAS ISRAEL

From the Director of Education

RABBI KERRITH SOLOMON



People often joke that the Jewish holidays always come too early or too late, never at just the right time. Moreover, opening a supplemental Jewish school can be a bit of a challenge during this time of the year, as adjustments to our curriculum and rhythms need to reflect this. Last year, the holidays happened so early, we opened religious school after they had finished. Since the holidays came later this year, we were able to get three full weeks of school in before the chagim arrived. As much as we were happy to have students back and appreciated the time to delve into learning about the rituals around these holidays before we actually celebrated them, the downside is that we feel like we just got started before we had to take a long break, and resuming our “regular” schedule after Simchat Torah almost feels like a whole new, second opening of the school.

The reframing that we can do here is very much in the spirit of the holidays that just passed. We often use Rosh Hashanah and Yom Kippur as a time to set our intentions, to clarify our goals, and to highlight the places that we can evolve, and then sometimes have to wait months for the right opportunities to present themselves for us to actually make good on this work. Our blessing here is that we get another chance, right after the holidays. We are excited to be back in the swing of things, with intentions, goals, and expectations clarified and ready to act! Welcome back for round two!



EMMA FENSTERHEIM'S LIFELONG JOURNEY AT ADAS

BY PAMELA GORIN

Not all journeys are linear, but we are glad that Emma's journey with Adas has led her here and back again many times. Emma is a beloved Gishron (pre-k) teacher at Adas Israel, but her journey to Adas began in the Gan and Adas has been a part of her life ever since. She continued her Jewish education in our religious school program through high school. She celebrated becoming a bat mitzvah at Adas, participated in our first tenth-grade trip to Israel, worked through high school as a madricha in our religious school, and in her last year of high school, was a madricha in our inaugural year of Gishron.

She began teaching in Gishron her sophomore year and continued through graduation in December 2015. In the spring of 2016, Emma had plans to travel until her Teach for America commitment in Baltimore began but a phone call from the Gan led her back to Adas and she spent the rest of that year subbing in the Tapuzim class. She had so much fun and loved every minute. She moved to Baltimore to start teaching 11th grade for Teach for America, and subbed often in the religious school. She came back to Gishron in September 2017, and we are grateful for her commitment to providing an excellent experience to our youngest group of learners.



YOUTH DEPARTMENT

BY SARAH ATTERMANN



Important Dates

Sunday, November 10:
Special Shacharit and Shacharit Live
with Rabbi Josh Warshawsky
Wednesday, November 27:
Religious School Closed for
Thanksgiving Break



This month we are thrilled to share information about an upcoming program created by one of our very own students, Maddy Molyneux. We sat down with Maddy to learn more about her involvement with the Social Action Committee and this upcoming fundraiser we hope you all attend!

Who are you? Tell us about yourself.

My name is Maddy Molyneux, and I'm a senior at Bethesda-Chevy Chase High School. I'm a fifth-generation Adas member, and a Gan graduate. I was in the Ma'alot 10th-grade class of 2018 and grew very close with my class on our trip to Israel the following summer. I'm a dancer in my free time.

How did you get involved with the Social Action Committee?

I got involved with the committee through the refugee mentor program (check out the Feb. 2018 *Chronicle* for more information). Two years ago, I joined the team that mentors the Al-Khalif family. Originally, my job was to tutor the eldest of their three daughters, Hadeel, who at the time was a third grader. Though I do still tutor Hadeel weekly, I have grown very close with the whole family. I make weekend visits to their home whenever I can. The girls and I read books, draw pictures, and have a lot of dance parties.

How did this fundraiser come about? What are you raising money for?

The Al-Khalifs are some of the kindest people I know. But I know they, like many other refugee families, are still struggling with some important elements of their daily lives. Finding affordable housing, child care, academic support, etc., is no easy feat, especially when the language barrier is so significant. Refugee families have been through so much before they even get to the U.S. I'm raising money for the Adas Fund so that more can be done to support them in the new lives they start here.

What can people expect at this fundraiser?

People can expect a fun, casual party with food, music, and dancing. Come join us Saturday, November 9, in the Kay at 7:00 pm. In addition to monetary donations, we will be accepting new or gently used children's books. I hope to see you there! If you have any questions or want to get involved, you can contact me at RocknReadforRefugees@gmail.com.

SAVE THE DATE: IF YOUR B'NAI MITZVAH IS IN 5782

Kabbalat Parsha: Receiving the Torah—A Program for 5782 B'nai Mitzvah Students and Their Families

Date: Saturday, December 7, 2019, 5:30–6:30 pm at Adas

About the Program: Please join us at 5:30 pm on Saturday, December 7 for a special ritual marking the next steps in your family's b'nai mitzvah journey. Together we will make Havdalah and individually celebrate each child and his or her parsha.

RSVP: Please stay tuned for a registration link that will be e-mailed to you very soon to let us know if you will be joining us on December 7. If you have any questions, or for some reason do not receive the registration link, please e-mail Courtney Tisch at Courtney.Tisch@adasisrael.org.

Please note that the registration will also ask you to include your child's **Full Hebrew Name** (for example: *Bracha bat Mendel v' Malka*).

We look forward to seeing you on December 7. Wishing you and your family all the best in the New Year!

Warmly, Courtney Tisch, Director of Programmatic Engagement and B'nai Mitzvah Services



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>2728 Tishri</div> <div>9:00 am Morning Minyan 10:00 am Adas Book Chat 10:00 am YP Learning w/ Rabbi Krinsky 1:00 pm Sisterhood Opening 2:00 pm DC Klezmer Workshop 6:00 pm Evening Minyan</div>	<div>2829 Tishri</div> <div>7:30 am Morning Minyan 6:00 pm Evening Miyan</div>	<div>2930 Tishri</div> <div>7:15 am Morning Minyan 11:30 am Mikvah: WellBodies 6:00 pm Evening Minyan 6:30 pm Hesed Committee Cooking 7:30 pm MakomDC: Advanced Halakha w/ Rabbi Alexander</div>	<div>301 Cheshvan</div> <div>7:15 am Morning Minyan 6:00 pm Evening Minyan 6:30 pm JMCW Mindful Yoga 7:00 pm JSC Class 7:30 pm Inside Out w/ Rabbi Yolkut 7:30 pm Intro to Judaism 7:30 pm JMCW Meditation 8:30 pm JSC Class</div>	<div>312 Cheshvan</div> <div>7:30 am Morning Minyan 1:00 pm Sisterhood: Mah Jongg 6:00 pm Evening Minyan</div>	<div>13 Cheshvan</div> <div>7:30 am Morning Minyan 10:00 am Parsha with Hassidut 6:00 pm Kabbalat Shabbat with Hazzan Goldsmith 6:30 pm Shir Delight Happy Hour 7:30 pm Shir Delight Service with Rabbi Krinsky 8:30 pm Shir Delight Shabbat Dinner</div> <div>5:49 pm</div>	<div>2 PARSHAT NOACH4 Cheshvan</div> <div>8:30 am Boker Or Parashat Hashavuah Class 9:30 am Musical Shabbat Service with Rabbi Holtzblat & Full Band Bat Mitzvah: Zoe Neufeld Traditional Egalitarian Minyan 9:30 am Havurah Shabbat Service 10:00 am K-3rd Grade Services 10:00 am Tot Shabbat</div> <div>10:45 am 4-6th Grade Service 12:00 pm Congregational Kiddush 12:30 pm Havurah Shabbat Kiddush 12:45pm Mincha 1:15pm Lev B'Lev Speaker 6:49 pm Havdalah</div>
<div>35 Cheshvan</div> <div>9:00 am Beginner's Hebrew Crash Course 9:00 am Morning Minyan 10:30 am Wise Aging 6:00 pm Evening Minyan</div>	<div>46 Cheshvan</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan</div>	<div>57 Cheshvan</div> <div>7:30 am Morning Minyan 9:00 am Morning Awakening w/ Rabbi Lauren Evening Minyan 7:30 pm MakomDC: Rabbi Abraham Isaac Kook w/ Rabbi Holtzblatt</div>	<div>68 Cheshvan</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan 7:00 pm JSC Class 7:00 pm Freedom Song 7:30 pm JMCW Meditation 7:30 pm Intro to Judaism 7:30 pm Sisterhood Knits, Sews & Crafts 8:30 pm JSC Class</div>	<div>79 Cheshvan</div> <div>7:30 am Morning Minyan 1:00 pm Sisterhood: Mah Jongg 6:00 pm Evening Minyan</div>	<div>810 Cheshvan</div> <div>7:30 am Morning Minyan 10:00 am Parsha Hashavua Class 6:30 pm Musical Shabbat Service with Josh Warshawsky; Rabbis Holtzblatt & Alexander 8:00 pm Community Shabbat Dinner</div> <div>4:42 pm</div>	<div>9 PARSHAT LECH LECHA11 Cheshvan</div> <div>8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Service Bar Mitzvah: Samuel Mallen Sermon by Rabbi Alexander w/ Rabbi Josh Warshawsky Musaf 9:30 am Traditional Egalitarian Minyan w/ Rabbi Josh Warshawsky Shacharit 9:30 am Healing Service w/ Rabbi Krinsky</div> <div>10:00 am Tot Shabbat 10:45 am 4th-6th Grade Services 12:00 pm Congregational Kiddush 12:45 pm Shabbat Mincha 1:15 pm Shabbat Speaker: Rabbi Mark Borovitz 5:42 pm Havdalah</div>
Change Your Clocks: Fall Back						
<div>1012 Cheshvan</div> <div>9:00 am Morning Minyan 3:00 pm A Sweet Celebration of Song 6:00 pm Evening Minyan</div>	<div>1113 Cheshvan</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan</div>	<div>1214 Cheshvan</div> <div>7:30 am Morning Minyan 9:00 am Morning Awakening w/ Rabbi Lauren 12:00 pm Downtown Study Group 6:00 pm Evening Minyan 7:00 pm Sisterhood: Financial Planning 7:30 pm MakomDC: Rabbi Abraham Isaac Kook w/ Rabbi Holtzblatt</div>	<div>1315 Cheshvan</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan 7:00 pm JSC Class 7:30 pm Inside Out w/ Rabbi Yolkut 7:30 pm Intro to Judaism 7:30 pm JMCW Meditation 8:30 pm JSC Class</div>	<div>1416 Cheshvan</div> <div>7:30 am Morning Minyan 1:00 pm Sisterhood: Mah Jongg 6:00 pm Evening Minyan</div>	<div>1517 Cheshvan</div> <div>7:30 am Morning Minyan 10:00 am Parsha Hashavua Class 5:00 pm Happy Half-Hour 5:30 pm Young Family Shabbat Service w/ Cantor Brown 6:00 pm TEM Shabbat Service 6:15 pm Young Family Shabbat Dinner</div> <div>4:36 pm</div>	<div>16 PARSHAT VAYERA18 Cheshvan</div> <div>8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service B'nai Mitzvah: Max & Natalie Veksler Sermon by Rabbi Holtzblatt 9:30 am Traditional Egalitarian Minyan with Rabbi Alexander Bat Mitzvah: Eliana Boyar 9:45 am Havurah Shabbat Service</div> <div>10:00 am K-3rd Grade Services 10:00 am Tot Shabbat 10:45 am 4th-6th Grade Services 12:00 pm Congregational Kiddush 12:30 pm Havurah Shabbat Kiddush 1:00 pm Shabbat Mincha 5:36 pm Havdalah</div>
<div>1719 Cheshvan</div> <div>9:00 am Morning Minyan 10:00 am Inclusion Committee Meeting 10:00 am Adas Book Chat: Charles King 2:00 pm DC Klezmer Workshop 6:00 pm Evening Minyan</div>	<div>1820 Cheshvan</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan</div>	<div>1921 Cheshvan</div> <div>7:30 am Morning Minyan 9:00 am Morning Awakening w/ Rabbi Lauren 10:00 am Weekday Torah w/ Sisterhood 11:30 am Mikvah: WellBodies 6:00 pm Evening Minyan 7:30 pm MakomDC: Rabbi Abraham Isaac Kook w/ Rabbi Holtzblatt</div>	<div>2022 Cheshvan</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan 6:30 pm JMCW Mindful Yoga 7:00 pm JSC Class 7:30 pm Intro to Judaism/ 2.0 7:30 pm JMCW Meditation 8:30 pm JSC Class</div>	<div>2123 Cheshvan</div> <div>7:30 am Morning Minyan 1:00 pm Sisterhood: Mah Jongg 6:00 pm Evening Minyan</div>	<div>2224 Cheshvan</div> <div>7:30 am Morning Minyan 10:00 am Parshat Hashavua Class 6:00 pm 5th Grade L'Dor VaDor Service 7:00 pm L'Dor VaDor Dinner</div> <div>4:31 pm</div>	<div>23 PARSHAT CHAVE SARAH25 Cheshvan</div> <div>8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Service; Sermon: Rabbi Krinsky 9:30 am Traditional Egalitarian Minyan 10:00 am K-3rd Grade Services 10:00 am Tot Shabbat 10:45 am 4th-6th Grade Services 12:00 pm Congregational Kiddush 12:45 pm Shabbat Mincha</div> <div>1:15 pm Shabbat Mendelson Scholar: Aaron Amit 5:31 pm Havdalah</div>
<div>2426 Cheshvan</div> <div>9:00 am Morning Minyan 10:00 am Sweat-a-Thon 10:30 am JMCW Wise Aging 2.0 6:00 pm Evening Minyan</div>	<div>2527 Cheshvan</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan</div>	<div>2628 Cheshvan</div> <div>7:30 am Morning Minyan 9:00 am Morning Awakening w/ Rabbi Lauren 6:00 pm Evening Minyan</div>	<div>2729 Cheshvan</div> <div>7:30 am Morning Minyan 6:00 pm Evening Minyan 7:30 pm Inside Out w/ Rabbi Yolkut</div>	<div>2830 Cheshvan</div> <div>9:00 am Morning Minyan/Rosh Chodesh 6:00 pm Evening Minyan</div>	<div>291 Kislev</div> <div>9:00 am Morning Minyan 6:00 pm Kabbalat Shabbat with Rabbi Holtzblatt</div> <div>4:29 pm</div>	<div>30 PARSHAT TOLDOT2 Kislev</div> <div>8:30 am NO BOKER OR CLASS 9:30 am Combined Shabbat Service with Rabbi Holtzblatt D'var Torah by TEM 12:00 pm Congregational Kiddush 1:00 pm Shabbat Mincha 5:29 pm Havdalah</div>

SHABBAT MORNING SERVICES: Please turn off cell phones and pagers before entering services.

Charles E. Smith Sanctuary: Join us for our Shabbat morning services in the renewed Charles E. Smith Sanctuary, the synagogue's largest worship space, led by our inspiring Rabbi and Cantor. The service includes a D'var Torah and sermon by the Rabbi and often includes participation by members and B'nai Mitzvah.

Traditional Egalitarian Minyan (TEM): Every Shabbat morning at 9:30 am, with the Torah service around 10:30 am. Led by laypeople with the occasional assistance of Adas clergy, the TEM is a participatory service with a full P'sukei D'Zimrah (introductory Psalms), Shacharit, and Musaf, a complete reading of the weekly Torah portion, and a d'var Torah. For more information, e-mail traditionalminyan@adasisrael.org.

Havurah Service: Lay-led, participatory service at 9:45 am. Rotating volunteers lead services, read Torah, and conduct an in-depth discussion of the weekly Torah portion. A kiddush follows the service. For additional information and to participate, e-mail havurah@adasisrael.org.

Youth Shabbat Services: Starting with Tot Shabbat for children ages 5 and under led by Menuhah Peters. Netivot, for students in grades K–3, is led by Sarah Attermann or Jeremy Kadden.

‘Dial-in’ for Programs & Services: If you are unable to attend programs, lectures, or services, dial in to hear them. Call 202-686-8405.

Library Open on Shabbat: Our third-floor library is open on Shabbat following services. You may sign out materials using our “no-writing Shabbat method,” explained in signs on the check-out desks. For assistance during the week, contact our Director of Library Services, Robin Jacobson (librarian@adasisrael.org).



GAN HAYELED

BY GAN HAYELED DIRECTOR, NOAH HICHENBERG



A walk through the Gan is like traveling through time and space, with currents of whimsy and power drafting everywhere.

Any place where young children congregate is filled with the rich voices of children’s imagination, spontaneously crafting whole worlds with particular cultures and topographies—only to crumble in an instant, abandoned for some even more alluring possibility. The non-native traveler (I refer to you, me, or any adult) in these worlds of fantasy is prone to dissonance, whiplash, and confusion: we don’t speak the language of these imagined worlds; we are unfamiliar with the sudden and complete reversals and transformations that populate children’s play themes.

And so, as foreigners (adults) in a foreign land (children’s fantasy play), we are prone to dismiss the local cultures we find as pure whimsy. It is hard for us to grasp the weight and significance of the play-world because we are but brief visitors, passing through as non-residents.

Children’s play, of course, sometimes re-enacts their “reality.” This was the case on the Gan playground this morning, as three children worked with sand and buckets to

prepare a “dinner” of macaroni and cheese. This was the case at home for me a few days ago, as I watched our two-and-a-half-year-old Solomon ride his tricycle round and round in circles. When I asked him what he was doing, he replied: “Playing traffic circle!”

And yet, children’s playscapes often carry much heavier, deeper significance than a “simple” recapitulation of the world. Children’s fantasy play—monsters, heroines, bad guys—often instead betrays the child’s desires within the world. Children are rarely recognized as powerful in their mundane lives; it is exceedingly rare for an adult to submit to help from a young child. And so, children create space for themselves to be powerful within their play. They dream up whole new worlds in which they pointedly escape the label of a powerless, dependent “child.” They are saviors, fire chiefs, and queens—they are people who matter, people who have power.

This is a crucial element of children’s play, one that elevates it from “whimsy” and beyond “developmentally appropriate.” The capacity of children to find a space to be powerful is foundational to the continual progression of society. This is the time-space in which children-as-humans develop a sense of self-efficacy in the face of societal and cultural hurdles. This is precisely the type of experience that allows individuals to be able to confront the world and say: “I matter here. I can do something about what I see in front of me.”

With these thoughts in mind, I sat in the Peelim class this afternoon, lost in the foreign world of children’s fantasy play. My sense of time and place dropped away, as I was tossed between a train station, a dinosaur family, a ballet class, and a family dinner. The children’s capacity for imagination far outpaced my capacity to keep up. Suddenly, amid the hum of the classroom, one loud voice proclaimed: “A monster!” The playworlds collapsed on themselves, and up rose a new topography: fear, urgency, and courage now dominated the room. As the playworld evolved, I was informed by its inhabitants that “a really scary monster” was in the loft above my head. I put on my best “I’m scared” face and slowly slunk into the shadows of the loft: “I’ll hide in here, you guys!”

My statement of fear was met with the courageous power of a three-year-old resident of the playworld. She radiated confidence: “I can give you a hug!” My fear dissipated into comfort; the whole topography of the play was transformed. She played savior to me and the three others hiding from the monster, slowly distributing her confidence and allaying our collective dread. She looked fear in the eye and told it to go away.

I realized suddenly that there was no whimsy in this playscape; this was not trivial. This was power and confidence. This was world-saving. This was humanity on trial: What do we do when we see fear? Am I powerful enough to pull someone out of the darkness and into safety?

At the Gan, we treasure children’s play because we believe that children need time and space to be powerful, to be saviors. We believe play is a vehicle through which children access the requisite tools to transform fear into compassion.



ATTENTION: CLASS OF 5783 BAR/BAT MITZVAH CANDIDATES

We are in the process of organizing the **B’nai Mitzvah Class of 5783**, which includes children who will be celebrating this milestone between **August 2022 and June 2023**. Below is a list of children of our members who, according to our records, should celebrate becoming a B’nai Mitzvah with the Class of 5783 (this means that they were **born between July 2009 and July 2010**).

Bar/Bat Mitzvah dates are assigned to members in good standing with children enrolled in our Estelle & Melvin Gelman Religious School or in a Jewish Day School. Members delinquent in their synagogue account or are not enrolled in school will delay the assignment of their child’s date.

- If your child is missing from this list and you believe they should be included with this Bar/Bat Mitzvah group and celebrate between August 2022 and June 2023
- Or if your child is in the 4th grade and you would like them to be included in this Bar/Bat Mitzvah group
- Or if you have any questions...

Please Contact: **Courtney Tisch, Director of Programmatic Engagement and B’nai Mitzvah Services** at 202-362-4433, ext. 125, or e-mail: courtney.tisch@adasisrael.org, so that we can add your child to the list below.

Mark your Calendars for Sunday, January 12, 2020, from 9:30-11 am

Please join us for our 5783 B’nai Mitzvah Parent’s Meeting led by the Clergy and B’nai Mitzvah Team to discuss our B’nai Mitzvah program and Bar/Bat Mitzvah date assignments.

Addeo, Madeleine
Beeson, Jocelyn
Berger, Eve
Elleithree, Sadie
Boorstein-Foss, Gabriel
Etter, Elliott
Evans, Abigail
Feinberg, Sophia
Fistel, Hannah
Fromson, Eric
Fromson, Isabella
Geffen, Simon
Gibbons, Ezekiel
Goldberg, Madeleine
Goldman, Theo

Green, Talia
Heffernan, Justin
Hirsh, Ethan
Hirsh, Rebecca
Hoffenberg, Anna
Jolles, Naomi
Kaplan, Stella
King, Abigail
Klarfeld, Sydney
Kozolchyk, Jacob
Kozolchyk, Ethan
Kozolchyk, Alexander
Lauter, Mollie
Levenberg, Sam
Leveton, Samuel

Levine, Lily
Lipman, Tessa
Miller, Anya
Namerow-Entenberg, Leo
Pearson, Gryffin
Prober, Zachary
Rashkin, Ben
Rosenthal, Samuel
Rosenwasser, Roxanne
Rothenberg, Asher
Rubin, Henry
Sachse, Theo
Sann, Shayna
Saxon, Rina

Schonebaum, Margalit
Sharon, Adele
Sloane, Jordana
Vannier, Anouk
Vogelstein, Sage
Walker, Brooke
Waterman, Jacob
Weiner, Joshua
Weinstein, Natalia
Weinstein, Aaron
Weinstein, Joshua
Wenthe, Shira Rose
Wolin, Zoe
Zucker, Lior





tikkunolam

'REPAIRING THE WORLD'



or ones that your family members will not wear again. You'll see large white bins in the coat room dedicated to winter coats. Let's fill them! For more information, contact Healey Sutton, healey.sutton@gmail.com.

Friendship Place Winter Warmth Event

Adas Israel volunteers are again participating in the annual Friendship Place Winter Warmth event. Last year Adas helped provide clothing and meals for over 300 people. This year we are expecting 300-500 people to come to Washington Hebrew Congregation on December 8 for warm winter clothing and a hot meal. Later this month, we'll put out a call for food and volunteers for the event. The clothing drive is taking place between now and December 4. Bring the following to Ezra Pantry in the Adas cloakroom:

- Gently used or new scarfs, gloves, sweaters, pants, and sweatshirts
- NEW long underwear for men—large sizes (XL-XXXL), tops and bottoms
- NEW long underwear for women—large sizes (L-XXL), tops and bottoms

There will be bins marked "Friendship Place Clothing Donations" for these items. Be sure that your donations are clean and in good (or new) condition. The long underwear must be new. Friendship Place is an Adas partner organization whose mission is to empower people experiencing or at risk of homelessness to attain stable housing and to rebuild their lives. Their vision is a DC community and a nation in which every person has a place to call home.

If you have any questions, please contact Joel Fischman, fischman@comcast.net.



November is a Month for Thanks

November is always a month we are reminded to give thanks. In truth, we want to give thanks to those who are appreciated all the time, not just in November. But Thanksgiving does give us a time to pause and reflect and say thank you.



Adas members served lunch and played board games with guests at So Others Might Eat (SOME) on Labor Day.

SOCIAL ACTION

Ezra Pantry Kol Hakavod! Yom Kippur

Food Drive a Success! Many thanks to all who contributed food to our annual Kol Nidre Food drive, enabling us to send hundreds and hundreds of pounds of food to So Others Might Eat (SOME).

Ezra Pantry Coat Drive

The Ezra Pantry is beginning its annual Winter Coat Drive to benefit SOME. Now that you're digging out your winter clothes, please consider donating to Ezra Pantry your outgrown coats



The Hesed volunteers deserve a huge thank you for all they do to make our Adas members feel part of a community. There is no way to adequately convey in words our appreciation for their time and effort. Their actions are a labor of love. Thus we are taking time this month to say thank you for everything they do.

THANK YOU . . .

To the Hesed Visits Team led by Betsy Strauss. The people for whom she has arranged visitors are eternally grateful for the conversation, companionship, and caring.

To the Hesed Phone Team led by Laura Ginns and Judy Heumann. Laura now arranges for about 90 of our golden age members to be called every Friday to wish them a Shabbat shalom. Judy makes our mesheberach calls when someone is ill or recovering from surgery.

To the Hesed Meals Team led by Janet Scribner, Edna Povich, and Mary Hammer. From Janet and Edna, the nourishment and sustenance delivered to families experiencing illness or recovering from surgery is part of their healing. From Mary, the meals provided to families with new babies is a welcome relief. To the Hesed Cooking Team led by Susan Barocas with help from Alexandra Taylor (photos) and Jacky Arrowsmith (communication). Susan's nourishing and creative recipes allow us to fill the Hesed freezers with delicious and nutritious food for anyone who needs a little TLC. Cooking with kavanah (intentionality) brings sustenance to those who receive it and a fun experience for those who make the food.

To the Hesed Bag Team led by Michael Fingerhut and Gilbert Holland. All new members and families with new babies receive a Hesed Bag filled with goodies. Michael and Gilbert make sure they are hand-delivered with a smile. During the High Holy Days, they arrange for about 200 special Rosh Hashanah bags to be delivered with homemade honey cakes.

To the Hesed L'dor v'Dor team lead by Janice Mostow. Janice makes sure Adas members in their golden years remain connected to Adas in ways that continue to bring spiritual and community fulfillment to them.

To the Hesed Member Connector Committee led by Healey Sutton. The goal is to have all members feel connected to Adas in their own unique ways, and Healey is organizing creative ways to make that happen.

To the Hesed Bereavement Committee led by Edie Hessel. For Adas families experiencing a loss, Edie and her team bring comfort and caring. And thanks to Sisterhood for helping contact bereaved families.

To the clergy who support and invigorate the work of Hesed, our eternal thanks.

To the staff who make sure that all Hesed projects can be done with total support, we are grateful.

If you have not yet joined in a Hesed activity, please contact hesed@adasisrael.org to volunteer.

And to say thank you to YOU, the Adas members who volunteer on all these teams, here is a yummy fall recipe from our Hesed Cooking Team leader, Susan Barocas.

THREE SISTERS & FRIENDS STEW

By Susan Barocas

One of the dishes the Hesed cooking team has made to stock the freezer is this vegetable stew, a delicious, healthy, and holiday-appropriate addition to your Thanksgiving table. Many Native American tribes have long planted beans, corn and squash—appropriately named the Three Sisters—together in a symbiotic farming technique that makes the most of the beneficial relationship among these diet staples. The squash and corn are planted first. The squash provides ground cover to retain water and crowd out weeds. By the time the beans are planted, about three weeks later, the corn is growing enough to provide the needed support pole for the beans to thrive. This stew is full of fiber, protein, and nutrients, including potassium; vitamins A, B, and C; plus anti-inflammatory qualities from the turmeric, chili powder, garlic, and cayenne. It's even better prepared a day ahead, making this an easy make-ahead dish for a holiday dinner with family and friends.

Serves 4-6

- 3 tablespoons olive oil
- 1 medium onion, diced
- 2-3 cloves garlic, finely minced
- 1 teaspoon dried oregano
- 1 ½-2 teaspoons ground cumin
- 1 teaspoon turmeric
- 1 ½-2 teaspoons chili powder
- 1 28-ounce can tomatoes, whole or diced
- 3 cups butternut squash, peeled and cut into 1" pieces
- 1 large sweet potato, peeled and cut into 1" pieces
- 2 carrots, peeled and cut into 1" pieces
- 2 15.5-ounce cans black beans, drained and rinsed
- 1 15.25-ounce can whole kernel corn, drained and rinsed
- 1 cup vegetable broth or water
- 1 teaspoon salt or to taste
- ½ teaspoon pepper or to taste
- Fresh parsley or cilantro, chopped, for garnish (optional)

Heat oil in a large, heavy pot over medium heat. Add onion and sauté until softened, about 5 minutes. Add garlic and sauté a minute or two more, stirring so the garlic does not brown. Add oregano, cumin, chili powder and turmeric, and stir well to combine. Cook a minute, stirring, until spices are fragrant. Add tomatoes with their juice and broth or water. If using whole tomatoes, break up with a spoon or your hands before adding. Thoroughly mix tomatoes with spices before adding the squash, sweet potatoes and carrots. Mix well to combine. Cover and cook vegetables at a gentle boil until almost fork tender, about 20 minutes. Mix in beans and corn, cover and cook about 10 minutes more. Serve garnished with chopped parsley or cilantro. For a complete meal, serve with brown rice and a fresh green salad. Stew can be refrigerated for up to 5 days or frozen.



Member Connector Committee

The Adas Member Connector Committee will be introducing interesting facts about people you may know or have never met. Please introduce yourself to new-to-you members! If you have a suggestion for our next featured member (or have a fun fact about yourself), please contact healey.sutton@gmail.com.

Margaret Siegel, better known as Margie, joined Adas Israel when she and her son, Josh, came to Mother/Toddler in the Fall of '81. She has since done almost everything there is to do at Adas. When you see her around Adas, ask her about: King Arthur! In her own words:

"I've become a King Arthur Flour Baking School groupie: taking classes, going to the Baker's Harvest Conference, and, this winter, will take an intensive class on making bagels and bialys. Every week I have to figure out something new to bake with my 'fed' sourdough starter, which is descended from a 100+ year old starter."

THE ADAS SHLICHA'S CORNER

BY TALIA GARBER

The month of November is meaningful for different reasons, it is significant for different people in different ways. For some it is when they celebrate Thanksgiving and recognize everything they are thankful for; for me and for other Israelis, it is the month when we mourn and remember the loss of Yitzhak Rabin, the former Prime Minister of Israel.

I was quite young when the assassination happened, but I remember the whole country being in mourning, I remember thinking it seems like everyone was grieving for the Prime Minister as if they had lost a friend or a family member. Those are the moments that really show the strength of a community, and it seems that Israelis were coming together in this time of pain.

On November 10, Adas Israel will be hosting and presenting a major concert, starring Israeli Cantor Azi Schwartz. When I looked at the calendar, I noticed that November 10 is the exact same day as "Rabin Memorial Day." I inquired whether or not there was a connection, yet quickly realized that I'm not in Israel, and why would there be a memorial concert for Rabin? I then asked if it would be possible for me to say a few words and sing a song at the concert to mark the occasion. The first song that comes to mind for me is "הורב חובל" / "Oh Rav-Chovel" (a mourning song I used to sing almost every year at the טקס/Tekes/memorial ceremony).

After doing some research, I found out that this song is a translation of one that was originally in English (and was actually a poem). It is based on "Oh Captain, My Captain," written by Walt Whitman after the assassination of Abraham Lincoln. After Rabin was assassinated, Naomi Shemer translated the song, and Meital Trabelsi set it to music and sang it for the first time on the first anniversary of the assassination. I was so shocked that all these years singing this song (and even inviting Meital Trabelsi to attend one of

our ceremonies), I never knew its connection to American history. So now, when I am hoping to sing it here at Adas, it feels even more meaningful to me—it is a representation of the connection America and Israel have, of our shared history.

As part of my work here, to bring our communities together, I feel it is very fitting to remember our past: the things that make us who we are as a community, and those that unite us. It is incredible and so sad that we even have to sing this song. I wish we could share happier memories and moments in history, but even the grief and sorrow will teach us for the future. I hope we can rise from these things stronger and more united and that hate will not lead the way in the future.

I hope that this November is a month of peace and happiness. I hope that we can bond over things that are good and uplifting, not sad and mournful. I hope that we can all sit together around the Thanksgiving table and be thankful for one another, for our shared history, and especially our shared future. I know I am thankful for being here, at Adas, and I am thankful for being able to play a role (however big or small) in bringing our countries and communities together and building a strong bond between them.

עד הפעם הבאה (Ad Ha'Paam Hba'a)
Until next time,
טליה השליחה (Talia Ha'Shlicha)



ATTENTION, STOCKHOLDERS!

A Good Time to Donate Appreciated Stock

We thank the firm of Vanguard Institutional Advisory Services for its special arrangement for members who donate stocks and securities to the congregation. The congregation receives 100 percent of all stock proceeds that are donated to the congregation. We liquidate all stock when received, and a confirmation letter is sent to donors following the sale.

There are great tax advantages to donating appreciated stock directly to the congregation before the end of the year. For additional information, please contact David Polonsky or Chloe Chemla at the synagogue office.



TIPS TO THE STAFF HOLIDAY GIFT FUND

Adas Israel Congregation is fortunate to have a wonderful, dedicated maintenance, clerical, administrative, and support staff, all of whom ensure that the synagogue runs as needed. Our staff serve our members, officers, committees, schools, and clergy in achieving the mission and goals of the congregation.

Several years ago, the synagogue adopted a policy of "no tipping" to individual staff members following events or programs. Some staff members are more visible than others, but it takes all of them to prepare.

In lieu of tipping, the congregation has created a Staff Holiday Gift Fund, which is divided equally among the support staff every December. We appreciate those who contribute to the holiday gift fund to our maintenance and support staff members in honor of their good work during the High Holy Days and throughout the year.



BEFORE YOU HEAD SOUTH FOR THE WINTER

Please contact Melissa Adler in the synagogue office, 202-362-4433 or Melissa.Adler@adasisrael.org, and let her know the date you will be heading south and the date you plan to return, so you will continue to receive your synagogue mailings.



2019 COMMUNITY CPR PROGRAM HELD

On September 15, Adas Israel sponsored its 42nd Community CPR Program. Under the tutelage of instructors Brian Alexander and Leticia Horton from Rescue One 20 people participated, including Steve Miller, Nora Schwarz, Morris Chalick, Victoria Perper, Rachel Jinich, Adam Cohen, Mark Lerner, Alexandra Horowitz, Lauren Kolko, Ross Bettinger, Shira Bettinger, Jeffrey Berger, Sophia Papados, Ozama Papados, Sara Vogler, Michael Gerber, Pamela Sislen, Katy Gingles, Lauren Weiss, and Lara Chawson.

Special thanks go to Steven Miller for coordinating this program for the 34th consecutive year.



Ma Tovv

Kavitha & Eli Kasargod-Staub

HONORING OUR LEADERS & VOLUNTEERS

*Interviewed by Marcy Spiro,
Senior Director, Engagement & Programming Operations*

Kavitha and Eli, you just created a boomerang by moving back to DC after living in LA for a couple of years. How did you originally end up in DC, what drew you to LA, and what brought you back to the nation’s capital?

DC has been our home for almost twenty years! Kavitha first moved here for college in 1999 and stayed after she graduated in 2003, and Eli joined her in 2004. Aside from traveling abroad and living in Australia for a year in our twenties, DC has been the bedrock of our entire adult lives. We moved to Oakland in 2017 when Kavitha was offered the opportunity to serve on the founding team of a new public school dedicated to social justice, cultural humility, and bilingual education. Our kids were just 6 and 3 at the time, and we felt that it was the right moment to take on a new adventure. The Bay Area IS as beautiful as everyone says, and we found phenomenal Jewish communities there as well. But with our daughter Priya’s Bat Mitzvah just a few years away, we really had to ask ourselves -- where will our children truly be surrounded by the religious learning and power of community that we want for them? The choice was clear -- we had to come home to DC and to Adas.

You live in Petworth which is quickly becoming THE place for Adas members to live or move to. How long have you lived in this neighborhood? What are some of your favorite spots to visit and when are you hosting all of us neighbors for Shabbat dinner? :)

Come anytime! We moved to Petworth in 2014 and quickly fell in love with this incredible village in the city. Powell Elementary is a fantastic bilingual DCPS school,

and with the library, pool, and free summer concerts all just blocks away, we feel so lucky to get to live here. Gentrification is powerful force in Petworth, and much work is needed to ensure that all of the communities that have worked to make Petworth what it is are able to stay and thrive.

Your two children, Priya and Ezra, have grown up at Adas; graduating from the Gan and now attending Religious School. Why is their involvement in Jewish life so important to you? What traditions have you created at home to celebrate holidays and continue your learning outside of the synagogue walls?

For our family, torah, tefilah, and mitzvot are the shared language we use to bring our awareness to the power of God in our lives. Learning any language is hard -- we see it as our job to equip our children with the literacy and skills they need so they can discover all that Judaism has to offer them over their lives. Thanks to Rabbi Kerrith’s leadership and the phenomenally talented teachers, Jewish education at Adas has and continues to provide our kids with the foundation they need to make Judaism their own. And for now, Friday night sleepovers are a central feature of our family’s shabbat observance, where we all pile on together after dinners with family and friends.

Your family has been involved in social action and Tikkun Olam with Adas and in the larger DC area and country. What advocacy work are you most focused on now and how can others help and get involved?

As challenging as our politics can be these days, we are fortunate to live in a time of incredible movement

energy, where people from all walks of life are asking themselves how we can work together to build the inclusive, multi-racial democracy and sustainable economy we all deserve -- and have never had. Kavitha has been a public school educator for over a decade and is currently working on new projects to advocate for models of public schooling that builds our democracy and empowers our communities. As a Jewish woman of color, Kavitha also works to ensure that Jews of color know and feel Jewish spaces are their spaces -- she encourages everyone to learn about and support the incredible work of the Jewish Women of Color Resilience Circle (<https://auburnseminary.org/jwoc-resilience-project>). Eli has spent his career working at the intersection of finance and social justice, and in 2018 he co-founded Majority Action, a non-profit organization dedicated to empowering shareholders of all sizes to hold corporations accountable to the highest standards of corporate governance, social responsibility, and long-term value creation. Together we have so much potential to leverage the power of investments to champion our values, fight climate change, and build a more just and equitable society -- visit www.majorityaction.us to learn more! He also serves on the board of Bend the Arc, a national Jewish social justice organization working to unite Jewish voices nationwide to confront white nationalism and anti-semitism, hold elected officials accountable, and win progressive policies at the local, state, and federal levels. Join us at www.bendthearc.us.

You were able to escape winter for a few years on the west coast. What parts of the cold weather months are you looking forward to?

For the last two years Eli’s been reminding the kids about the amazing sledding in Petworth on the hill near the entrance to Rock Creek Park -- he can’t wait to break out the snow gear! For her part, Kavitha would be happy to do without winter altogether.

After the craziness of the High Holy Days in Tishrei/October, the Jewish calendar gives us a month of relative quiet in Cheshvan/November. What are some of your favorite ways to rest and refuel as a family?

Our weeks as a family revolve around Shabbat, and observing Shabbat together is how we slow down, step away from work and distractions, and give thanks to Hashem for all the blessings and miracles we are so privileged to enjoy. For years our children have also enjoyed their weekly “double portion” of special treats they get on Shabbat!

You are answering these questions right before Rosh Hashanah and we will be reading them before Thanksgiving. What are your hopes and dreams for 5780 and what are you most thankful for from 5779? We are thankful every day for our incredible kids and their willingness to embrace the changes and adventures that our lives have brought the last few years. As we look back on 5779, we are grateful for all of the love and welcome we’ve experienced -- on both coasts! We hope that 5780 will be a year where our children feel settled back home in DC, where we get to deepen our relationships with our beloved communities here, and where more and more of us embrace our power to build the just and inclusive world we all deserve.

Adas Office Closings

Thanksgiving Day: Thursday, November 28
Schools/Offices Closed

Day After Thanksgiving: Friday, November 29
Schools/Offices Closed



Honoring Our Veterans

To Our Dear Adas Israel Veterans,

We wish to honor you with an *aliyah* on *Shabbat*, November 9, the weekend of Veterans Day. We hope you can join us!

RSVP to Hazzan Rachel Goldsmith (hazzan.goldsmith@adasisrael.org) and include your Hebrew name.

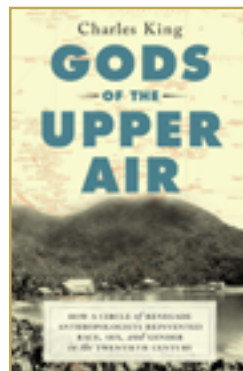


Books & More *The Adas Israel Library Corner*

Race, Immigration, and Bad Science That Never Dies

BY ROBIN JACOBSON

LIBRARY & LITERARY PROGRAMS DIRECTOR



Each semester when Georgetown University professor Charles King meets new college students in his social science classes, he discovers that many hold two discordant beliefs. On the one hand, the students wholly condemn racism and white nationalism and decry America's long history of oppressing Native Americans and African Americans. On the other hand, they believe that "race and whiteness are deeply, biologically real." This is despite the long-standing scientific consensus that humanity is not biologically divided into distinct races; race may be a social reality, but it is not a scientific one.

King's new book, *Gods of the Upper Air: How a Circle of Renegade Anthropologists Reinvented Race, Sex, and Gender in the Twentieth Century*, offers a lively and timely introduction to good and bad science about race and culture—and to a heroic anthropologist who combated misperceptions about race and the risks posed by immigrants. King recounts the pioneering work of Franz Boas, a German Jewish immigrant, and his famous students (who included anthropologists/authors Margaret Mead and Zora Neale Hurston).

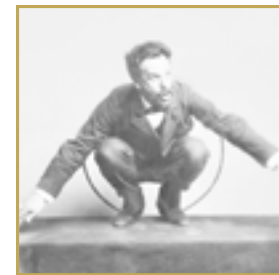


UPCOMING ADAS BOOK CHATS

Lady in the Lake by **Laura Lippman**, a mystery set in 1960s Baltimore
Sunday, December 15, 10 am, in the Library

The Flight Portfolio by **Julie Orringer**, a historical novel about WWII hero Varian Fry who rescued artists and intellectuals from occupied France
Sunday, February 9, 10 am, in the Library

All are welcome to these community book discussions! For more information or to receive e-literary mailings, please contact Robin Jacobson (librarian@adasisrael.org)



FRANZ BOAS VERSUS RACISM

Franz Boas (1858-1942) immigrated to the United States in 1886, proudly bearing both a German university doctorate and multiple facial scars (reportedly from fighting duels with anti-Semites). After some short-term scholarly stints, he landed a faculty position at Columbia University, rising to become America's preeminent anthropologist.

King writes that Boas and his students were "on the front lines of the greatest moral battle of our time: the struggle to prove that—despite differences of skin color, gender, ability or custom—humanity is one undivided thing." In Boas's time, the prevailing view was that humanity was divided into multiple races, ranked in order of superiority. In the United States, race-based laws enforced segregation, prohibited interracial marriage, and imposed voting restrictions. (Vestiges of those laws remain; until this past September, applicants for Virginia marriage licenses had to identify their race, sometimes choosing from a list that included "Aryan," "Nubian," "Red," "Octoroon," and "Moor.")

Race theories also shaped immigration policy. *The Passing of the Great Race* (1916), an influential book by Madison Grant, lamented the mass immigration to America of Jews, Italians, and other races deemed inferior. Many American universities introduced courses on eugenics, using Grant's book as a primary text. In 1924, Congress enacted severe restrictions on immigration. Said Grant, "We have closed the doors just in time to prevent our Nordic population being overrun by the lower races."

Boas's rigorous scientific research squarely refuted the racial theories of Grant and American eugenicists; Boas determined that the physical differences between people of supposedly different racial types were small compared to the range of variation in each type. Every "classification of mankind," Boas concluded, "must be more or less artificial."

FRANZ BOAS VERSUS NAZISM

Ominously, in 1925, Adolf Hitler described Grant's *Passing of the Great Race* as "my Bible." The Nazis drew inspiration from the American system of race-based laws. The difference was that in the Nazi legal system Jews replaced African Americans as the most menacing race.

Anxious about his German homeland, Boas wrote an open letter to President von Hindenburg begging him to prevent Hitler from creating a one-party dictatorship. He published an essay on "Aryans and Non-Aryans," criticizing Nazi science. He denounced Hitler and his policies in newspaper interviews and conference speeches. In retaliation, the Nazis rescinded Boas's doctorate and pulled his books from German libraries to burn them.

Boas died in 1942, before the defeat of Nazi Germany. His last words, said just before he collapsed at the Columbia Faculty Club, were, "We should never stop repeating the idea that racism is a monstrous error and an impudent lie."



MEET THE AUTHOR: PROFESSOR CHARLES KING

Challenging the Idea of "Us" and "Them"

SUNDAY, NOVEMBER 17, 10 AM IN THE LIBRARY

Charles King, professor of international affairs and government at Georgetown University, will discuss his latest book, *Gods of the Upper Air: How a Circle of Renegade Anthropologists Reinvented Race, Sex, and Gender in the Twentieth Century*. In an era when societal fear of immigrants, African Americans, Jews, and people who strayed from gender norms was rampant, Franz Boas, a German Jewish immigrant, and his famous students (Margaret Mead, Zora Neale Hurston) pioneered new scientific methods in anthropology to show that "humanity is one undivided thing." A book-signing and sale will follow the program. **Co-sponsored by the Kehilah Multiracial Engagement Project of the Adas Social Action Committee.** For more information, please contact Robin Jacobson (librarian@adasisrael.org).



B'NAI MITZVAH



Zoe Neufeld, November 2
Zoe, daughter of Gayle and Steven Neufeld, is a seventh grader at the Edmund Burke School. She began her Jewish education at Gan HaYeled, and is now a student at the Estelle & Melvin Gelman Religious School in the Ma'alot program. Zoe celebrates her bat mitzvah with her older brother Ethan, older sister Shira, and extended family and friends. For her mitzvah project, Zoe is working with the DC Homeless Children's Playtime Project, to help support and care for children who are living in local shelters.



Samuel Mallen, November 9
Sam, son of Laurie Rubenstein and Rick Mallen, is a seventh grader at Westland Middle School. He began his Jewish education in Gan HaYeled's chick class and currently attends religious school at Adas. Sam looks forward to celebrating his bar mitzvah with his sister Sophie and his parents; his grandparents, Ken Rubenstein, Ted Mallen, and Sandy Siskin; and all of his extended family and friends. He wishes his grandmother, Fran Rubenstein, of blessed memory, were here to celebrate with him. For his mitzvah project, Sam is volunteering with the National Center for Children and Families, working with kids who live in the organization's shelter for families that have experienced homelessness.



Maximilian & Natalie Veksler, November 16
Maximilian ("Max") Leib Veksler and Natalie Sophia Veksler, children of Michael and Carina Veksler, are both students at Westland Middle School in Bethesda just beginning 8th and 6th grades, respectively. They both started their Jewish education at the Gan and continue to study at the Estelle & Melvin Gelman Religious School. Together, they will be celebrating their b'nai mitzvah with their younger brother Alexander and their grandparents, David and Dorothy Goihman, Lana and Simon Shuler, and Arkady and Lucy Veksler, as well other family and friends coming from all over. Max and Natalie each carries the namesake of great grandparents, Max, Leib, and Sophia. For their mitzvah project, they have decided to support UsAgainstAlzheimers in honor of their great Aunt Lisa who suffers from the disease. Max and Natalie organized a basketball tournament on Mother's Day that people continue to ask when they will repeat.



Eliana Boyar, November 16 (TEM)
Eliana Rebecca Boyar, daughter of Nancy Cohen and Alex Boyar, is a seventh grader at The Lab School of Washington. She began her Jewish education at the Gan and is a student at the Estelle & Melvin Gelman Religious School. Eliana enjoys dance, soccer, skiing, and playing the piano. She looks forward to sharing her bat mitzvah with her grandparents, Sylvia and Ray Cohen, her extended family and friends, and her dog Jewel. At this special time, we remember with love, her grandfather Ben Boyar and grandmother Rebecca Boyar, for whom she is named, both of blessed memory. For her mitzvah project, Eliana is raising money for the Humane Rescue Alliance and collecting essential supplies for the animals.



BIRTHS

Benjamin Miles Whiting, son of Dr. Genevieve Stern-London Whiting & Edward Cox Whiting, was born August 12
Reagan Eva Spell, daughter of Amy Spell, was born September 6
Oscar Jack & Ivy June Ingber, son and daughter of Kate and Randall Ingber, grandchildren of Ken Ingber, and step-grandchildren of Kathy Ingber, were born September 6
Theodore Saxon Sherman, son of Deborah Wiesenfelder & Brian Sherman, was born September 7
Benjamin David Kurz, son of Amy & Jonathan Kurz, was born September 12
We wish our newborn and her family strength, good health, and joy.

IN MEMORIAM

We mourn the loss of synagogue member:
Lorna Jaffe
Alan Friedman

We note with sorrow and mourn the passing of:
Dante James Cardinali, father of Daniel Cardinali
Ricki Franklin, cousin of Marty Stempel
Harold Hyams, father of Emili Hyams
Robert I. Sann, father of Ronald Sann

LIFE CYCLE INFORMATION



When Death Occurs
When death occurs, please call the synagogue office, 202-362-4433, so that we may inform the clergy and be of assistance. During business hours, ask for Marcy Spiro. After business hours, a staff member on call may be reached by calling the synagogue office at the number above and pressing "2" to be connected automatically, or by calling the answering service, 301-421-5271, which will page the staff member on call. On *Yom Tov* and *Shabbat*, even though detailed funeral arrangements should not be made, a staff member on call can still be reached at 301-421-5271.

Bereavement Committee
The Bereavement Committee assists families with all of the arrangements surrounding the funeral and subsequent burial of loved ones. We welcome your interest and encourage your participation and assistance. We need you; please join us. If you have questions, or know of someone who you think might be interested in participating in this important work, please feel free to call Edie Hessel (202-244-7189) or contact Toni Bickart (202-244- 2747) regarding the Tahara Committee, or contact Wendy Kates about Shmira (wendy.kates30@gmail.com).



Adas Israel Community Mikvah
Mikvah immersion is an embodied Jewish ritual. It is an opportunity to reflect on the times that brought you to this moment in your life. *Mikvah* is also a chance to return again and a turning point.

For more information, visit www.adasisrael.org/mikvah, and to make an appointment, go to www.mikvahcalendar.as.me.





The congregation gratefully acknowledges the following contributions:

Anne Frank House Fund

In Honor Of: **Sheldon Cohen's** birthday by Miriam Rosenthal & Mileve Phillips.

Bereavement Fund

In Honor Of: **Jamie Butler** & the Bereavement Committee by Orit Frenkel & Claude Fontheim.
In Memory Of: **Louis Naiman** by Arnold J. Danziger. **Phyllis Gerves** by Barbara Cline.

Bernard & Rita Segerman Endowment Fund

In Memory Of: **Frances Goldberg** by Rita Segerman.

Cantor Brown Discretionary Fund

In Memory Of: **Annette Levin Sherman** & Leo Sherman by Rennie Sherman & William Willis.

Capital Fund Contributions

By: Charles Oakes, Nachshon Carmi.
In Memory Of: **Steven Kay** by Rachel & Rob Rubin.

Charles Pilzer Computer Center

In Memory Of: **Alyson Fogel Pilzer** by Geraldine Pilzer.

Charlotte & Hubert Schlosberg High Holy Day Mahzor Fund

In Memory Of: **Leo Schlosberg** by Hubert Schlosberg.

Congregational Kiddush Fund

By: Carmel & Barry Chiswick
In Honor Of: **Samuel Herzberg** becoming a bar mitzvah by Deborah Isser & Herzberg. **Talia Wren Herman's** naming by Hannah & Brian Herman. **Eliana & Charlotte Green** becoming

b'not mitzvah by Karen & Andrew Green. Naming of **Naomi Raya Minerva Wagman** by Robyn & Barney Wagman.

Daily Minyan Fund

In Honor Of: **Ron Lapping** for his devotion to the daily minyan by Ricki Gerger, David & Heather Polansky.
In Memory Of: **Lusia Gertelman** by Elliot H. Gertel. **Jayme Schlenker** by Joyce & Michael Stern. **Andrea Glazer** with gratitude to the daily minyan by Reena Glazer. **Ricki Franklin** by Rise & Ron Schlesinger.

Dr. William & Vivienne Stark Wedding & Anniversary Fund

In Memory Of: **Doris E. Rose** by Vivienne & William Stark.
In Loving Memory Of: **Martin Stark** by Dr. William & Vivienne Stark.

Estelle & Melvin Gelman Religious School Fund

In Memory Of: **Beverly Fried Fox** by Deena Fox, Florence Kefford by Lesley Frost. **Nathan Frost** by Philip Frost.

Executive Director Discretionary Fund

By: Anonymous.
In Honor Of: **David Polonsky** for his many kindnesses by Beverly Cohen.

Freedom Song

By: Jamie & Stuart Butler, Lois & Michael Fingerhut, Nechama & Billy Liss-Levinson, Susana & Stephen Shapiro.
In Honor Of: **Lois & Michael Fingerhut** by Rae Grad & Manny Schiffrés.

Fund for the Future

In Memory Of: **Marjorie Lee Rosenberg** by Herlene Nagler.

Gan Director Discretionary Fund

In Honor Of: Our new Gan Director, **Noah Hichenberg**, by Ricki Gerger,

Gonzalez Family Fund

In Honor Of: **Joanie Lieberman's** birthday by Nancy Lieberman & Joe Godles.

Harry & Judie Linowes Youth Endowment Fund

In Honor Of: **Joseph Gildenhorn's** special birthday by Judie & Harry Linowes, David & Heather Polonsky.

Havurah Kiddush Fund

By: Carmel & Barry Chiswick, Jane Fidler & Benzion Rosenblum, Rise & Ron Schlesinger, Sheldon Kimmel, Susan & Donald Lubick, Susan & Rey Tejada, Suzanne Stutman & Jonathan Wilkenfeld.
In Honor Of: **Mark Kahan, Maurice Shohet, & Jane Fidler-Rosenblum's** special birthdays, all by Joyce & Michael Sloan.
For the Speedy Recovery Of: **Stan Cohen** by Joyce & Michael Stern.
In Memory Of: **Stephen Chiswick** by Barry & Carmel Chiswick.

Hesed & Bikkur Cholim Fund

For the Speedy Recovery Of: **Brian Madden** by Mindy Saraco & Mike, Ruby & Sender Madden.
In Memory Of: **Joseph Frost** by Philip Frost.

Ida Mendelson Memorial Prayer Book Fund

By: Justin Weitz.

Jennie Litvack Memorial Fund

In Memory Of: **Jennie Litvack** by Abby & Lauren Cohen, Alan



O. Makovsky, Betsy Strauss, Beverly Satloff, Charlotte Colson, DeBruce Blackman family, Eli Reinhard & Jeanette Garretty Reinhard, Ellen Gertsen, Jamie & Stuart Butler, Lauren & Gregg Abramson, Linda & Tony Rubin, Nancy & Daniel Weiss, Ralph J. Gerson, Robert Satloff & family, Ruth Robbins, David, Adam & Lee Evans, Sheldon Kimmel, Shereen & Barton Rubenstein, Susan & Moses Libitzky, Susan Wagner. **Evelyn Davis & Julius Davis** by Marcia Feuerstein.

Kullen Family Fund

In Memory Of: **Solomon Moses Robinowitz, Rose Robinowitz & Shmuel Pinchas Colchinsky**, all by Shirley Kullen.

Lillian & Daniel Ezrin Fund for Ritual Objects

In Memory Of: **Suzanne Schindel & Aaron Goldman** by Paula Goldman. **Ivan Allan Ezrine** by Rhoda Ganz.

Mikvah Fund

By: Ann Gilson, Rabbi Sarah Tasman & Kyle Hathaway.

Morton & Norma Lee FUNGER Israel Program Fund

In Memory Of: **Scott FUNGER** by Norma Lee FUNGER.

Offerings Fund

By: Jennifer LaPierre, Lauren Casertino.
In Honor Of: **Hoffenberg family** by Megan & Jacob Kluger.
Maurice Shohet's special birthday by Rabbi Jan Kaufman.

Rabbi Alexander Discretionary Fund

By: Anonymous.
In Honor Of: **Rabbi Alexander** by Ruth Chege.

With Thanks To: **Rabbi Alexander** for helping us prepare for & enjoy our wedding day by Leah Schloss.
In Memory Of: **Ursula Ehrmann** by Ron Ehrmann.

Rabbi Lauren Holtzblat Discretionary Fund

In Memory Of: **Ernest Fontheim** with gratitude for the lovely funeral shiva services by Claude Fontheim & Orit Frenkel.

Rabbi Jeffrey & Judith Wohlberg Masorti Fund

For the Speedy Recovery Of: Molly Steinberg by Ricki Gerger.

Rose R. Freudberg Sisterhood Memorial Library Fund

In Memory Of: **Alvin Sidell** by Arlene Sidell Cohen. **Dorothy Rabkin** by Chuck Rabkin. **Jacob B. Agus** by Edna & Larry Povich. **Fred Singer** by Harold Singer. **Gertrude Yagoda Liss & Aaron Levinson** by Nechama & Bill Liss-Levinson. **Sarah Levy** by Stanley Zupnik. **Jessie Seltzer** by Toba Penny.

Samuel & Sadie Lebowitz Israel Scholarship Fund

In Memory Of: **Helen Kirsch** by Martin Kirsch.

Sandra & Clement Alpert Fund for Family Education

In Memory Of: **Dr. Clement Alpert** by Dale & Alan Sorcher.

Sophie Silfen Shalom Tinok Fund

In Memory Of: **Nelson Goldberg & Fanny Goldberg** by Jamie & Stuart Butler.

Stanley & Veeda Wiener Memorial Fund

In Memory Of: **Stanley Snyder, Veeda Wiener, Stanley Wiencer, Sophie Snyder & David E. Snyder**, all by Ruth Snyder.

Susan Isen Teacher Enrichment Fund

In Honor Of: **Susan Isen** by Robert Isen.

Sylvia B. Nelson Memorial Endowment Fund

In Memory Of: **Sylvia Nelson** by Cindy & Glenn Easton.

Tzedakah Fund

In Memory Of: **Rebecca Harrison** by Jack Herman. **Walter A. Rosenkrantz** by Linda Rosenkrantz. **Florence Shapiro** by Mary Elizabeth Sadun. **Frances S. Berman** by Miriam Schlesinger. **Milton Slawsky** by Zalma Slawsky.

Yizkor/Yahrzeit Fund

In Memory Of: **Florence Rae Becker** by Barbara Cline. **Sandy Cohen** by Beverly Cohen. **Harvey Rosenthal** by Cathryn Miller. **Sam Bean** by Gloria Buckberg. **Philip Rosen & Arthur M. Rosen** by Judy Cohen. **Howard Kantor** by Karen Winer. **Doris Sloan** by Leonard Sloan. **Jean Coburn** by Marilyn & William Kincaid. **Jerome Murray Slavin** by Renata Kossow. **Etta Cohen** by Sheldon Cohen. **Barbara Shapiro Ginsburg & Samuel Shapiro** by Stanley Shapiro. **Irving Grayson** by Stephen Grayson. **Naomi Koplin Mizroch** by Stephen Mizroch.

Youth Department Activities Fund

In Memory Of: **Freda Steinberg** by Lois Steinberg. **Dora Ellen** by Margaret Ellen. **Minnie Schechter** by Neil Schechter



ADAS ISRAEL Congregation

2850 Quebec Street, NW
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PAID
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AND AT ADDITIONAL MAILING
OFFICES

VOL. 82, NO. 4
NOVEMBER 2019
CHESHVAN-KISLEV 5780

A SACRED BLEND OF TRADITION & INNOVATION

CHRONICLE (USPS 005-280)
Jean Brodsky Bernard, *Editor*
Rich Webster, *Graphic Design*

Published monthly (except combined issue July/August) by The Adas Israel Congregation, 2850 Quebec Street, N.W., Washington, DC 20008-5200. Subscription \$25 per year. Periodicals postage paid at Washington, DC, and at additional mailing offices. Postmaster send address changes to Chronicle, 2850 Quebec Street, N.W., Washington, DC 20008-5200. Telephone 202-362-4433; Hearing Impaired Relay Services 711; Fax 202-362-4961; Religious School 202-362-4449; Gan HaYeled Nursery School 202-362-4491; e-mail: AdasOffice@AdasIsrael.org. Affiliated with The United Synagogue of Conservative Judaism. Supported in part by The Ethel and Nat Popick Endowment Fund.

CELEBRATING OUR 148TH YEAR

The *Chronicle* Is Supported in
Part by the Ethel and Nat Popick
Endowment Fund

UPCOMING CHRONICLE DEADLINE—

January:
Thursday, November 28, at noon