

Adas Israel Congregation September/Elul-Tishri

CHRONICLE

HEART

HOPE

STRENGTH

לב • תקוה • חיזוק
HIGH HOLY DAYS 5779
קוד אלהי • חוק ואמץ לבך וקוד אלהי

Face the world with a heart that seeks to connect.

L'Shana Tova Tikatevu,

- Rabbis Holtzblatt & Alexander



From the President

RICKI GERGER, ADAS PRESIDENT



"People won't remember what you did or what you said, but they'll remember how you made them feel."

—Attributed to many people in different variations of the same thought

A year ends and a year begins. What happens in between?

During the 10 days between *Rosh Hashanah* and *Yom Kippur*, I make a special effort to look for good deeds I can do and then do them, hoping this will make God look kindly on me in the coming year. I'm full of heightened intention during those 10 days. I'm on the lookout for ways to help people. When someone doesn't want me to help them I (sort of) joke with them that they're depriving me of doing a *mitzvah* at the most important time of the year.

Man, oh man, I just realized that I've been doing it wrong my whole life.

I've come to believe that the primary purpose of living is to affect others in a positive way. If this is what I believe, I have to do that every day, not just during those 10 days.

And yes, of course, there are other days when I do this. It's even possible that I do this more often than I know. What's missing most days, though, is the heightened intention that I bring to the Days of Awe. If my purpose in life is to affect others in a positive way, I have to get up each day with that conscious intention. I have to purposefully look for those opportunities every single day.

To affect someone in a positive way means that when you're driving in the right lane and there's a line of cars stuck behind

someone making a left turn over in the left lane, you let a car get in, even after its driver didn't let you in a couple of blocks back. (Yeah, that's hard, I know; there's some kind of weird satisfaction in not doing that, isn't there?) It means having a conversation with someone who's asking for money, so you can learn that the person's dog's name is Petey (named after the dog in *The Little Rascals*; when you meet Petey you'll know why). It's letting the person with just four items go ahead of you in the checkout line. It's giving a compliment to a stranger because their glasses are really neat or their dress or their tie is particularly beautiful.

My resolution for the coming year is to be more consciously alive, to be purposeful every day, to find ways to affect others positively each day. And I'm starting now, not waiting for *Rosh Hashanah*. I'm using the month of *Elul* to create a new habit. Maybe at some point this will just become who I am without thinking about it. How great would it be to just be this way? To incorporate intention so well into my life that it's the most natural thing I do?

And here's the kicker: while you're affecting someone in a positive way, you feel great doing it! What a perfect consequence: we get back way more than we give.

On behalf of the Board of Directors of the congregation, I extend best wishes to you for a New Year that is filled with good health and happiness, much success, peace, and love. And I wish for you the joy that comes with affecting someone else in a positive way.

Thank you for giving me the honor of being the president of Adas Israel Congregation.



Clergy Corner

RABBIS LAUREN HOLTZBLATT
& AARON ALEXANDER



Once in a while, when reading a piece of distinctly not Jewish literature, that feeling of "Oh, that's very Jewish" emerges. Recognizing such instances is a good reminder of how immersion in multiple disciplines creates opportunities for meaningful cross-fertilization.

That happened recently while reading the ever popular tidying-up manual by Marie Kondo, *Spark Joy*. Kondo is a world-renowned decluttering guru, known for her methodology of identifying the "things" in our lives that have lasting, or staying value. A helpful guide to determining what's worth keeping, and what's worth letting go of.

She identifies six virtues and/or practices to decluttering: 1) commitment, 2) imagination of something better, 3) discarding first, 4) using category, not location (room by room), 5) sticking to the order, and 6) determining whether the object brings you joy.

In many ways, this process mirrors a healthy process of self-introspection and transformation. That's what we call, *teshuvah*, or repentance. Each year the Jewish calendar offers us an opportunity to look inward, to dig deep, and to assess the various parts of our lives, all within the context of an eternal drama that is our High Holy Day experience. Often, the measure of whether this process actually works depends on the work we do beforehand to prepare for such moments.

1. *Teshuvah* is hard. Pick an area that you want to focus on this year and commit to it.
2. Can you see a better version of this part of your life? What would it look like, ideally?
3. What extraneous moments, or memories, need to be set aside to gain focus?
4. Make sure you've properly identified and defined the area you've chosen.
5. Check in along the way to make sure you are still on track. Ask for help.
6. Determine how this part of your life—worth sticking with—brings you joy.

What's most interesting about Kondo's philosophy, though, is the primary emotion she hinged her theory upon: Joy. *Oneg*. (#6).

"If you are confident that something brings you joy, keep it, regardless of what anyone else might say. Even if it isn't perfect,

no matter how mundane it might be, when you use it with care and respect, you transform it into something priceless. As you repeat this selection process, you increase your sensitivity to joy. This not only accelerates your tidying pace but also hones your decision-making capacity in all areas of life. Taking good care of your things leads to taking good care of yourself . . .

"The criterion for deciding what to keep and what to discard is whether or not something sparks joy. When deciding, it's important to touch it, and by that, I mean holding it firmly in both hands as if communing with it. Pay close attention to how your body responds when you do this. When something sparks joy, you should feel a little thrill, as if the cells in your body are slowly rising. When you hold something that doesn't bring you joy, *however*, you will notice that your body feels heavier. Remember that you are not choosing what to discard but rather what to keep . . ."

What would it mean to do some of our most intimate personal introspection with joy as the centerpiece. Layered, emotionally charged, dark and light, but soul-affirming moments from which everything else falls into place.

In the midst of Rav Kook's teachings on *teshuva*, he focuses on the very essence of working on parts of ourselves that are dark. The actual work helps bring us joy.

"Even though a person ponders much how to extricate himself from the mud of the sins, even though it is not at all clear to him how to repair the entire past, even though the ways of action are not at all paved before him, and they are full of stumbling rocks—however, the desire to be good—this is the spirit of God's Gan Eden, which blows in the soul and fills it with unlimited satisfaction, so that even the fire of suffering, also turns into a river of pleasure." *Orot HaTeshuva* 16:7

Arriving to synagogue at *Rosh Hashanah* is both exhilarating and intimidating, exciting and daunting. There are so many people, so much to see, so many recurring memories. On the top of that, we ask a lot of you. We want you to go deep. The words we recite, the melodies we sing, the memories we invoke, the customs we do—they all create the template for the kind of transformation some previous decluttering can help achieve. And imagine if the centerpiece of the whole experience was to return not only to meaning but to joy. How might joy transform the work? Wishing you a *shana tova*, a good and joy-filled new year.

"Joy is not made to be a crumb." —Mary Oliver



Take Strength, and With Courageous Heart, Place Hope Towards God

HIGH HOLY DAYS 5779

Join us for an inspirational High Holy Day experience at Adas Israel this year. We invite you to step out of your daily routines, to join together with the *kehilla*, to reflect deeply on what matters to you, and to embrace the pinnacle of our Jewish prayer experience. This year our theme for the *Yamim Noraim* is centered around the last line of Psalm 27. The Psalm ends with the mantra: "Hope to God--be strong and build a courageous

heart--Hope to God." This year, it's a phrase that feels palpably appropriate. We have encountered together the trials and triumphs of your lives, and we have witnessed the enormous strength, doubt, hope, pain, and, ultimately, the abundant quality of resilience you possess. Together we are invited to face each other and ourselves, and to build space for honesty, loss, longing, and, ultimately, connection.



SELICHOT

Saturday, September 1



ROSH HASHANAH

Monday & Tuesday, September 10 & 11



KEVER AVOT

Sunday, September 16



KOL NIDRE

Tuesday, September 18



YOM KIPPUR

Wednesday, September 19

Full High Holy Day Schedule & Information Now Available Online at
adasisrael.org/highholydays



New & Noteworthy

Important High Holy Day Information



L'Shana Tova From Your Adas Family!

With warmth, sincerity, gratitude, and faith, we invite you to share the holiday season with the entire Adas Israel family. May you be inscribed in the book of life for another wonderful year. And may you find much meaning, warmth, and personal renewal throughout this year's High Holy Day services at Adas Israel. The following pages include a complete High Holy Day Schedule and Guide, as well as other information that you may find helpful on your journey. Packets of High Holy Day information have arrived at your homes; feel free to contact the synagogue office for any ticket and service needs.



Reserved Seating Times

Seating in the Charles E. Smith Sanctuary is reserved at the following times.

Rosh Hashanah Day 1: Beginning around 10:45 am with the *Musaf* Service, and concluding at the end of the sermon

Yom Kippur Day: Beginning around 10:30 am with the Torah Service, and concluding at the end of the sermon



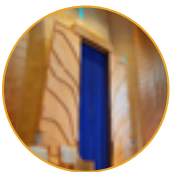
Kol Nidre Updates

Due to the overwhelming success of our musical outdoor *Kol Nidre* service, there will be two clergy-led services on *Kol Nidre*: one in the Charles E. Smith Sanctuary and one in the Adas Israel Parking Area. There will also be a Lay-Led Traditional Egalitarian service in the Gewirz *Beit Am*. **Please Note:** There will be no Kay Hall service on *Kol Nidre*. All services will have open seating, please see above for when reserved seating applies.



Livestream Services & Overflow Room

On *Rosh Hashanah* Day 1, there will be a live feed of the Charles E. Smith Sanctuary service broadcast into the Biran *Beit Midrash*. This will provide some additional seating for those who need it, or for those who would like to step out of the service spaces and still follow along with the prayer experience. Charles E. Smith Sanctuary and Kay Hall services will also be broadcast live at adasisrael.org/hhdlive.



Volunteer to Usher & Greet

Add another dimension to your High Holy Day experience this year. Aside from prayer and reflection, ushering and greeting is a wonderful way of connecting with your community and welcoming the thousands of guests in our building. Every year, during each of the High Holy Day services, a dedicated group of members volunteer as ushers and greeters. And in so doing, we fulfill the *mitzvah* of *hachnasat orchim* (welcoming guests). No experience is necessary. Contact Marcy Spiro at marcy.spiro@adasisrael.org as soon as possible to volunteer.



Accessibility & Inclusion

Adas Israel is committed to being a fully inclusive community. Please see the High Holy Day booklet for a full list of the accommodations we are able to provide upon request during the High Holy Days and all year round. Please e-mail your requests to inclusion@adasisrael.org or call the synagogue office in advance to make arrangements.



Service Schedule

HIGH HOLY DAYS AT ADAS ISRAEL

EREV ROSH HASHANAH Sunday, September 9

COMMUNITY SUNSET SERVICE 6:45-7:45pm

Led by Adas Clergy • Charles E. Smith Sanctuary

ROSH HASHANAH DAY 1 Monday, September 10

SHACHARIT 8:15am

Led by Michael Leifman & Clergy • Charles E. Smith Sanctuary

Lay-Led, Traditional Egalitarian • Gewirz Beit Am (begins 8:45am)

TORAH SERVICE 9:15am

 Led by Adas Clergy & Return Again Band • Charles E. Smith Sanctuary

Lay-Led, Traditional Egalitarian • Gewirz Beit Am

Livestream Overflow • Biran Beit Midrash

FAMILY SERVICE 10:30am

Family Experience w/ Rabbi Solomon • Cohen Hall (Gan Space)

MUSAF SERVICE 10:45am (Sermons at 11am)

 Led by Rabbis Holtzblatt & Alexander, Sermon R' Holtzblatt • Smith

 Led by Rabbi Krinsky & Cantor Brown, Sermon R' Alexander • Kay Hall

Lay-Led, Traditional Egalitarian • Gewirz Beit Am

Livestream Overflow • Biran Beit Midrash

COMMUNITY TASHLICH 5:30pm

Led by Rabbi Krinsky • Meet at Quebec St. Entrance

MINCHA/MAARIV 6:45pm

Led by Hazzan Goldsmith • Biran Beit Midrash



With Instruments: *Reflective, Soulful Sounds*



With Instruments: *Traditional, Cantorial Melodies*



ROSH HASHANAH DAY 2

Tuesday, September 11

SHACHARIT 8:15am

Led by Hazzan Goldsmith • Charles E. Smith Sanctuary

TORAH SERVICE 9:15am

Led by Rabbi Alexander & Cantor Brown • Charles E. Smith Sanctuary

MUSAF SERVICE 10:45am (Sermons at 10:45am)

 Led by Rabbi Alexander & Cantor Brown • Charles E. Smith Sanctuary

Led by Rabbi Holtzblatt & Michael Leifman • Kay Hall

MINCHA/MAARIV 6:00pm

Led by Michael Leifman • Biran Beit Midrash



KOL NIDRE

Tuesday, September 18

MINCHA 5:45pm

Led by Hazzan Goldsmith • Biran Beit Midrash

KOL NIDRE 6:30pm

 Led by Rabbi Alexander & Cantor Brown • Charles E. Smith Sanctuary

Lay-Led, Traditional Egalitarian Minyan • Gewirz Beit Am

RETURN AGAIN KOL NIDRE 7:30pm

 Led by Rabbi Holtzblatt & Return Again Band • Adas Israel Parking Area



YOM KIPPUR

Wednesday, September 19

SHACHARIT 9:00am

Led by Hazzan Goldsmith • Charles E. Smith Sanctuary

TORAH SERVICE & YIZKOR 10:30am (Yizkor -11:10am)

 Led by Rabbi Holtzblatt & Cantor Brown • Charles E. Smith Sanctuary

Led by Rabbi Alexander & Michael Leifman • Kay Hall

Lay-Led, Traditional Egalitarian • Gewirz Beit Am

FAMILY SERVICE 10:30am

Family Experience w/ Rabbi Solomon • Cohen Hall (Gan Space)

YOM KIPPUR UNPACKED: A HIGHLIGHT EXPERIENCE 11am-12:30pm

Led by Rabbi Krinsky • Biran Beit Midrash

MUSAF & MARTYROLOGY SERVICE 12:45pm (Sermons at 12:45pm)

 Led by Rabbis Holtzblatt & Return Again Band • Charles E. Smith Sanctuary

Led by Rabbi Alexander & Cantor Brown • Kay Hall

Lay-Led, Traditional Egalitarian Minyan • Gewirz Beit Am

AFTERNOON DISCUSSION 3:15pm

With Alix Spiegel & Hanna Rosin • Charles E. Smith Sanctuary

MINCHA 5:00pm

Led by Michael Leifman • Charles E. Smith Sanctuary

LATE YIZKOR 5:00pm

Led by Rabbi Krinsky & Hazzan Goldsmith • Biran Beit Midrash

N'EELAH 6:15pm (Shofar -8:05pm)

 Led by Adas Clergy • Charles E. Smith Sanctuary

TRADITIONAL N'EELAH 6:45pm

Lay-Led, Traditional Egalitarian • Gewirz Beit Am



Youth Services Schedule

HIGH HOLY DAYS AT ADAS ISRAEL

We are blessed to have so many families in our community. Children, like adults, can feel drawn toward different modalities of prayer. We have a variety of service options to allow our children and their grown-ups to engage in meaningful, communal experiences over the holidays.

ROSH HASHANAH DAY 1 All Services @ 10:30am

FAMILY SERVICE with Rabbi Kerrith Solomon

Cohen Hall: For families who want to share the experience with their elementary school age children (grades K–6).

TORAH & TEFILLAH for Tots through K

Youth Lounge: For families with young children to celebrate together, led by Menuhah Peters.

CHILDREN'S SERVICES

Funger Hall: Grades 1-3. Parents welcome (not required) to attend.

Sisterhood Hall: Grades 4-6. Children-only service.

FAMILY TASHLICH

Families should meet on the **Connecticut Avenue Patio after services at 12:15pm**. All children must be accompanied by an adult.

YOUTH@AI TASHLICH

Students in grades 7-12 meet Sarah Attermann in the **Quebec Street Lobby at 12:30pm**.



ROSH HASHANAH DAY 2

Please Note Times

PRESCHOOL CHILDREN & FAMILY ROSH HASHANAH CELEBRATION

Cohen Hall @ 9:30–10:30am: With Robyn Helzner.

TORAH & TEFILLAH for Tots through K

Youth Lounge @ 10:30am: For families with young children to celebrate together, led by Menuhah Peters.

CHILDREN'S SERVICES

Funger Hall @ 10:30am: For students in grades 1-6. Parents welcome (not required) to attend.



YOM KIPPUR

All Services @ 10:30am

FAMILY SERVICE with Rabbi Kerrith Solomon

Cohen Hall: For families who want to share the experience with their elementary school age children (grades K–6).

TORAH & TEFILLAH for Tots through K

Youth Lounge: For families with young children to celebrate together, led by Menuhah Peters.

CHILDREN'S SERVICES

Funger Hall: Grades 1-3. Parents welcome (not required) to attend.

Sisterhood Hall: Grades 4-6. Children-only service.

TEEN CHAT

Sisterhood Hall @ 12:30pm: Grades 6-8. Gather for a discussion and reflection on Jewish values in our modern lives.

Funger Hall @ 12:30pm: Grades 9-12. Gather for a discussion and reflection on Jewish values in our modern lives.

N'EELAH

Connecticut Ave. Patio @ 7:45pm: Students are invited to gather on the Connecticut Avenue Patio for a short program and to join the services in the Charles E. Smith Sanctuary.

PLEASE NOTE:

Additional information about youth services is located in the 2018 High Holy Days book.



SUKKOT/SIMCHAT TORAH

Sukkot begins on the 15th day of the month of *Tishri* (Erev *Sukkot* is on Sunday evening, September 23) and continues for seven days. It is known by several names, none more descriptive than *Z'man Simchataynu*, Day of Our Rejoicing. *Hag HaSukkot*, the Feast of Tabernacles, reminds us of the huts (*sukkot*) in which our ancestors dwelt in the desert for 40 years on their way to the Promised Land. Another name for *Sukkot*, *Hag He'asif*, the Feast of the Ingathering, stresses that this is a harvest holiday, falling at a time when crops were gathered. It is one of the three harvest festivals in the Jewish year known as the *Shalosh Regalim*, the three pilgrimage festivals (the other two are *Pesach* and *Shavuot*).

The *lulav*, a palm branch composed of three myrtle twigs and two willow branches, and the *etrog*, a large citron resembling a lemon, both symbols of the harvest season, are used in keeping with the biblical commandment (*Leviticus* 23:40): "You shall take the fruit of the pleasant trees, palm branches, thick leafy boughs, and willows of the brook, and you shall rejoice . . ." Because the *brachot* (blessings) for the *lulav* and the *etrog* are to be recited on six of the nine days (not on *Shabbat*) of this festival period, and because these harvest symbols do so much to enhance the home, many families purchase them for home use.

Attached to *Sukkot* is an eighth day known as *Shemini Atzeret*, which is a separate *yom tov*; it is technically not part of *Sukkot*. It is punctuated by two special prayers. The first is *geshem*, the prayer for rain, in which the Jewish people pray for a sufficient rainfall in *Eretz Yisrael* to make the land fruitful and the crops plentiful. This is especially meaningful since Israel has suffered years of drought. The other prayer is *Yizkor*, the memorial prayer for those we have lost, which is also recited on *Yom Kippur*, the eighth day of *Pesach*, and the second day of *Shavuot*.

The final day of this holiday season, *Simchat Torah* (which in Israel is the same day as *Shemini Atzeret*), celebrates the Festival of Rejoicing in the Torah, at which time we give thanks for the Torah by parading the scrolls around the synagogue in a joyous ceremony known as seven *hakafot*, in which men, women, and children of all ages participate. It is on this day that we complete the annual reading of the Torah and begin again with the first words of *Bereshit* (Genesis).

SCHEDULE:

- Erev Sukkot, Sunday, Sept. 23**
11 am - Community-Wide *Sukkah* Decorating
6 pm - *Mincha* / *Maariv* Services
- Day 1, Monday, Sept. 24**
9:15 am - Combined Morning Service
11 am - Family Service, 12 pm - *Kiddush* in the *Sukkah*
6 pm - *Mincha*/Maariv Services
- Day 2, Tuesday, Sept. 25**
9:15 am - Combined Morning Service
12 pm - *Kiddush* in the *Sukkah*, 1 pm - *Mincha*
- Day 3, Wednesday, Sept. 26**
7:15 am - Morning *Minyan*/Chol HaMoed *Sukkot*
6 pm - Evening *Minyan*, 6:30 pm - New Member Reception
- Day 4, Thursday, Sept. 27**
7:15 am - Morning *Minyan*/Chol HaMoed *Sukkot*
6 pm - Evening *Minyan*
- Day 5, Friday, Sept. 28**
7:15 am - Morning *Minyan*/Chol HaMoed *Sukkot*
12 pm - Gan Snack in the Shack, 6 pm - *Kabbalat Shabbat*
6:30 pm - Community *Shabbat* Dinner in the *Sukkah*
- Day 6, Saturday, Sept. 29**
9:15 am - *Shabbat* Service/*Tinok* (Baby) *Shabbat*
9:15 am - TEM Service, 9:30 am - *Havurah* Service
11 am - Tot *Shabbat*, 11 am - *Netivot*
12 pm - Congregational *Kiddush*, 1 pm - *Mincha*
- Day 7, Erev Shemini Atzeret, Sunday, Sept. 30**
8:45 am - Morning *Minyan*/Hoshana Rabba Service
6 pm - Erev *Shemini Atzeret* - *Mincha*/Maariv *Kabbalat Chag*
- Day 8, Erev Simchat Torah, Monday, Oct. 1**
9:15 am - *Shemini Atzeret*/*Yizkor* Service
9:15 am - TEM *Shemini Atzeret*/*Yizkor* Service
6 pm - *Mincha*, 6:30 pm - Erev *Simchat Torah* Maariv & HaKafot
7 pm - TEM Erev *Simchat Torah* Service
- Simchat Torah, Tuesday, Oct. 2**
9:15 am - *Simchat Torah* Service joined by TEM
10:15 am - *Simchat Torah* Family Service
12 pm - Congregational *Kiddush*, 12:45pm - *Mincha*



HOLIDAY EVENT HIGHLIGHTS



Community-Wide *Sukkah* Building

THURSDAY, SEPTEMBER 20 @ 10:00 AM

Community-Wide *Sukkah* Decorating

SUNDAY, SEPTEMBER 23 @ 11:00 AM

We have so many community events already planned to take place in the *sukkah*: the Gan "Snack in the Shack," Religious School *Shacharit* Live, New Member Reception, *Kiddush* in the *Sukkah*, etc. Now we need a community to help build and decorate the famous Adas Israel *sukkah* on the Connecticut Avenue patio. For more information, please contact Director of Programmatic Engagement Courtney Tisch, at Courtney.tisch@adasisrael.org or 202-362-4433.

New Member Reception in the *Sukkah*

WEDNESDAY, SEPTEMBER 26 @ 6:30 PM

Please join us in the *sukkah* on Wednesday, September 26, for a new member reception. This is an invitation to all our wonderful new members at Adas Israel to join us for a relaxed "meet and greet" with Adas Israel clergy, lay leaders, and community members. Long-standing members of the community are also encouraged to attend to welcome our new friends to Adas Israel! For a full *Sukkot* schedule and more information, please visit adasisrael.org/sukkot.

Lulav and Etrog Orders DUE BY TUESDAY, SEP.19

We encourage you to order your *lulav* and *etrog* (\$40 each) in preparation for the festive observance of *Sukkot*. **This year you may order your *lulav* and *etrog* online at adasisrael.org/sukkot or by contacting Hazzan Rachel Goldsmith at hazzan.goldsmith@adasisrael.org or 202-362-4433.** *Lulavim* and *etrogim* may be picked up on on Tuesday, October 3; Wednesday, October 4, or Thursday October 5. *Lulav* and *etrog* orders are due by Tuesday, September 19.

Community *Shabbat* Dinner in the *Sukkah*

FRIDAY, SEPTEMBER 28 @ 6:30 PM

Join us for a community *Shabbat* dinner as we celebrate the holiday of *Sukkot*. *Sukkot* and *Shabbat* are times to come together with family and friends and sit in the *sukkah*, connecting with nature and each other as we express gratitude for the good things in our lives. What a wonderful way to welcome *Shabbat* at Adas! Register online at adasisrael.org/sukkot.

6:00 pm: Friday Night Service led by Rabbi Sarah Krinsky
6:30 pm: *Shabbat* Dinner in the *Sukkah*

Simchat Torah

EREV SIMCHAT TORAH:
MONDAY, OCT 1 @ 6:30 PM
SIMCHAT TORAH MORNING:
TUESDAY, OCT 2, @ 9:15 AM

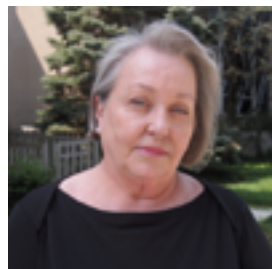
On *Simchat Torah*, the *Torah* scrolls wish to dance, so we become their feet! Featuring the stars of the *Klezmatiks* - the Lisa Gutkin and Lorin Sklamberg Klezmer Duo, to lead us in festive song & dance! The biggest *Torah* Party of 5779! Join the Adas Israel community for an ecstatic, musical community celebration on the most joyous holiday of our holy calendar! There will also be a joyous Erev *Simchat Torah* service with the Traditional Egalitarian *Minyan*, without instruments, at 7pm. All are welcome!





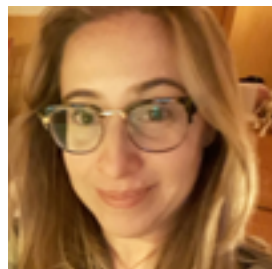
SIMCHAT TORAH HONOREES 5779

Simchat Torah is one of the most joyous days of the Hebrew calendar. On this day, the annual cycle of the reading of the Torah is begun again. Each year, several congregants who have served with unusual dedication are selected to receive special honors on *Simchat Torah*. For each of them, Adas Israel is deeply entwined with their lives and those of their families. Please join us on the morning of *Simchat Torah* on Tuesday, October 2, when we honor this year's worthy honorees.



Janet Scribner - Janet has been a member of Adas for five years. Both at Adas, and in her professional life, Janet sees herself as someone who "gets things done." Janet is a mikvah guide, serves on the Board of Directors, is a floor *gabbai* for Charles E. Smith Sanctuary services,

and is co-chair with Edna Povich of the Hesed Committee's meal team. She also serves as a *chaver* on the Bereavement committee. Janet sees being of service as simply rewarding. She has been a CPA in private practice for the past 30 years and enjoys the ballet, reading, dining out with friends, and all family gatherings.



Jessica Nemeth - Jessica and her husband David have been members of Adas Israel for 21 years, and their daughters Aviva and Yael joined in 1999 and 2004, respectively. Jessica credits *hachnasat orchim* (hospitality) for her entry into a full Jewish life, and it remains the core principle

in her participation in synagogue life. She has served on the Board, the Minyan Coordinating Committee, and various other committees over the years, but her primary activity is "inviting a lot of people to dinner." Her children have been known to refer to "Mom's Young Couple of the Month Come to Dinner Club," and her greatest achievement was fitting 30 people into her dining room for *seder* one year. She also created, and continues to organize the North Cleveland Park *Sukkah* Walk, the OG of *sukkah* walks, now in its 18th year. She learned all she knows about making people feel welcome from her chevra at the Traditional Egalitarian *Minyan*, where she and her family joyfully *daven*. When she is not hosting *Shabbat* meals, Jessica is a clinical psychologist on the staff of the Capital Institute for Cognitive Therapy.



Irwin Lebow - A Boston native, Irwin served in the Navy from 1944 to 1946, and obtained a PhD in physics from MIT in 1951. He was president of Temple Emunah in Lexington, MA, in 1964-66 and came to Washington in 1975 to serve as chief scientist at the Defense Communications

Agency. Irwin and Grace joined Adas in 1981, and for the past 37 years have been very active members of the community. He was the floor *gabbai* for more than 10 years beginning in the late 1980s, and was twice chairman of the Religious Committee (now the Religious Practices Committee). Irwin received the *Yad Hakavod* award in 2003 and continues to lead *Shabbat Mincha* on Saturday afternoons. This past April, he celebrated the 79th anniversary of his *bar mitzvah*. Grace (who lovingly painted this portrait of Irwin) and Irwin have been married for 67 years and have been blessed with three children and four grandchildren.



Andrew Herman - Andrew and his wife Amy joined Adas 22 years ago, immediately finding a warm and stimulating community when they enrolled their oldest child in Gan HaYeled. As a member of the Adas Board, Andrew chairs the Finance Committee and has also served on

the committees for education along with those handling the recruitment of Rabbi Alexander and Rabbi Solomon. He was a founding member of Scotch & Scriptures as he enjoys every opportunity to pursue Jewish learning. At Adas Israel and in his professional career, Andrew prioritizes client service. He sees his role as ensuring that Adas allocates its funds to provide the optimal member experience. "Our Jewish flame grows brighter when a person can feel an immediate connection both to the Adas community and their Jewish identity—whether through prayer, Jewish mindfulness, education, listening to a speaker, or participating in any number of other activities." Andrew is a partner in the global law firm Gibson Dunn & Crutcher LLP, where he specializes in private equity and mergers and acquisitions transactions. He enjoys running, skiing, traveling, and the *challah* Amy bakes for *Shabbat*. He has a strong passion for Israel and college basketball. Andrew and Amy's teenage children, Emma and Arthur, attend Georgetown Day School. Emma was elected International *Sh'lichah* for BBYO, leading Jewish heritage, community service, and social action programming; Arthur plays competitive travel soccer and is an avid fan of the University of North Carolina Tarheels, like his dad.



The Adas Fund 2018-5779

Inspired by the work of
HESED

Please Give to the Adas Fund *The Congregation's Only Annual Campaign!*

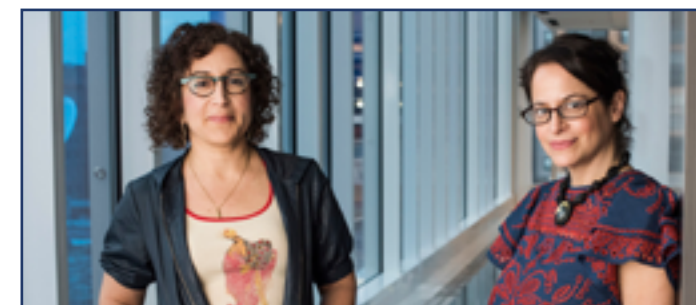
Adas Israel is a sacred and caring community, where we enrich lives, forge relationships, care for each other, and teach truly remarkable Torah. Nowhere is this more apparent than in the work of our Hesed Committee. These dedicated community members focus on Acts of Loving Kindness for our members in times of both joy and sorrow. We are honored and humbled by their commitment and hope you will follow their good example by supporting our sacred congregation through our only annual campaign. The Adas Fund is the engine that drives all of this meaningful work in our community. Thank you for your support.

We look forward to hearing stories of inspiration and community from our Hesed Team members as the campaign progresses, and to celebrating their achievements over the High Holy Days. We hope you will join with them at any level of giving as we demonstrate our gratitude for the many personal and family journeys Adas Israel's members, clergy, and staff inspire.

Learn more and pledge to the campaign at
adasisrael.org/adasfund

Yom Kippur Speakers

An incredible afternoon session with Invisibilia



Invisibilia is Latin for "the invisible things." A celebrated radio program and podcast currently produced and hosted by Alix Spiegel and Hanna Rosin for National Public Radio, they boldly explore the invisible forces that shape human behavior – things like ideas, beliefs, assumptions, and emotions. Famous for weaving incredible human stories with fascinating new psychological and brain science, the creators of this compelling series will challenge us all to see new possibilities for how to think, behave and live. *Invisibilia's* fourth season, which launched March 9 of this year, focuses on the importance of the stories we tell ourselves, and digs deep into the moral ambiguity of spaces in between. Please join us.

Featuring *Invisibilia* co-creators **Alix Spiegel** and **Hanna Rosin**, in conversation with **Rabbis Lauren Holtzblatt** and **Aaron Alexander**

Alix Spiegel is the co-founder and co-host of NPR's *Invisibilia*. She began her career in 1995 as one of the founding producers of the public radio program *This American Life*. Over the course of her career in public radio, Spiegel has won many awards including a George Foster Peabody Award, a Livingston Award, an Alfred I. duPont-Columbia University Award, a Scripps Howard National Journalism Award, and a Robert F. Kennedy Journalism Award.

Hanna Rosin is the co-host of NPR's *Invisibilia*. She joined in the second season and won a Gracie Award for a story about men on an oil rig learning to cry. Rosin comes to NPR from the world of print magazines. Most recently she was a national correspondent for *The Atlantic*, where she wrote cover stories about various corners of American culture. She has been on "The Daily Show" and "The Colbert Show" and headlined the first women's TED conference. She was part of a team at New York Magazine that won a National Magazine Award for a series of stories on circumcision. She is a longtime writer for *Slate* and host of the DoubleX Gabfest. She is also the author of two books, including *The End of Men*.



HOME OBSERVANCE OF ROSH HASHANAH & YOM KIPPUR 5778

Rosh Hashanah at Home

The celebration of *Rosh Hashanah*, like all Jewish holidays, takes place both in the synagogue and at home. The mood of the holiday combines solemnity and joy. The commemoration of *Rosh Hashanah* at home can be enhanced by the following preparation and ceremonies: the table should be set in a festive manner, with a white cloth (symbolic of purity and joy), candlesticks, wine, apples and honey, and *challot* (usually round to symbolize a full, complete year). The family gathers for the lighting of the candles.

1. *Rosh Hashanah* begins on Sunday evening, September 9; candles are lit and the blessing is followed by the *She'hecheyanu*:

The blessings recited are:

ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו, וצונו להדליק נר של יום טוב.

Baruch ata Adonai Eloheinu melech ha-olam, asher kid-shanu b'mitzvotav v'tzeevanu l'hadleek ner shel Yom Tov.

Praised are You, Lord our God, Master of the universe, who has sanctified us with Your commandments and commanded us to light the festival candles.

ברוך אתה יי אלהינו מלך העולם, שהחיינו וקיימנו והגיענו לזמן הזה.

Baruch ata Adonai Eloheinu melech ha-olam, she'hecheyanu, v'kee'manu, v'heeg ee anu lazman hazeh.

Praised are You, Lord our God, Master of the universe, who has kept us in life, sustained us, and enabled us to reach this season.

2. Blessing of the Children: It is a beautiful tradition for parents to bless their children before reciting *kiddush*. Parents place their hands on each child's head and say the appropriate blessing.

For sons: ישמך אלקים כאפרים וכמנשה.

For daughters: ישמך אלקים בשרה, רבקה, רחל, ולאה.

Y'simcha Eloheem k' Efrayim v'chi Menashe.
Y'simech Eloheem k'Sarah, Rivka, Rachel, v'Leah.

May God make you as Ephraim and Menashe.
May God make you as Sarah, Rebecca, Rachel, and Leah.

For all children, continue with the Priestly Blessing:

יברכך ה' וישמרך.
יאר ה' פניו אליך ויחנך.
ישא ה' פניו אליך וישם לך שלום.

Y'va-rekh'kha Adonai v'yish-m'-rekha.
May the Lord bless you and keep you.
Ya-er Adonai panav ele-kha vi-hu-neka.
May the Lord's goodness shine on you and be gracious to you.
Yisa Adonai panav ele-kha v'ya-sem l'kha shalom.
May the Lord turn with favor to you and give you peace. Amen.

3. On the first night of *Rosh Hashanah*, it is traditional to dip apples in honey and recite the following prayer:

יהי רצון מלפניך ה' אלהינו ואלהי אבותינו
שתחדש עלינו שנה טובה ומתוקה.

Y'hee ratzon milfanecha, Adonai, Elohaynu v'elohay avotaynu,
she'ti-chadesh aleynu shana tova u'metukah.

May it be Your will, Lord our God, and God of our ancestors, that the New Year be both good and sweet.

4. *Kiddush* for *Yom Tov*

5. *Motzi*

On the second night of *Rosh Hashanah*, it is customary to eat a new fruit (mango, pomegranate, etc.) so that the *She'hecheyanu* may be recited. However, the *She'hecheyanu* may be recited even without the eating of a new fruit.



The traditional greeting for *Rosh Hashanah* is:

לשנה טובה תכתבו :

L'shana tova tikatevu, May you be inscribed for a good year.

Yom Kippur at Home

Memorial Candle: It is customary to light a memorial candle for departed members of the family before lighting the holy day candles.

In the Jewish tradition, there is no official blessing recited upon lighting a *yahrzeit* candle. The reason for this is that the act of kindling the *yahrzeit* light is not the direct fulfillment of a specific *mitzvah*. The light reminds us of the *neshamot*, the souls of our beloved departed who brought light to our lives. There is a power in having nothing to say at all upon kindling the *yahrzeit* candle. As Jews, we are used to having something to say at a special moment—a blessing or a prayer. At this moment, however, when the memory of a whole life is before us, there are no words. There is only silence. When Aharon the High Priest witnessed the death of his two sons, the Torah says “*Vayidom Aharon*,” “And Aharon was silent” (*Leviticus 10:3*). Silence does not necessarily represent the lack of pathos and love. It can also be the fullness of those feelings, so full in fact, that no words can adequately capture them. As we light the *yahrzeit* lights, we can notice this silence, and feel the depth of love for those whom we have lost.

1. Blessing of the candles:

ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו, וצונו להדליק נר של יום הכיפורים.

Baruch ata Adonai, Elohaynu melech ha-olam, asher kid'shanu b'mitzvotav, v'tzeevanu l'hadleek ner shel Yom HaKippureem.

Praised are You, Lord our God, Master the universe, who has sanctified us with Your commandments and commanded us to light the *Shabbat* and *Yom Kippur* lights.

2. Blessing the children on the Eve of *Yom Kippur*:

It is traditional for parents to bless their children as the candles are lit on the eve of festivals. This is a special additional prayer for the Eve of *Yom Kippur*.

May it be God's will to sustain you in life and health. May your eyes not lead you astray, may your mouths speak with wisdom, may your hearts meditate with reverence, may your hands be engaged in commandments, and may your feet hasten to do God's will. May the Almighty grant you children who will grow up to be righteous, occupying themselves with Torah and commandments all their days. May the Almighty enable me to meet the obligations of parenthood, to provide amply for your needs, and to guide you toward good and upright character. May you be inscribed and sealed in the Book of Good and Long Life, together with all of the righteous. Amen.

A traditional greeting for *Yom Kippur* is:

גמר חתימה טובה :

G'mar hatimah tova, May you be sealed in the Book of Life.



Jews worldwide mark the approaching High Holy Days with annual visits to the graves of departed loved ones. An ancient custom, *Kever Avot*, literally “graves of the fathers,” dates almost as far back as Jews themselves. Gathering at the grave facilitates healing within families by creating an opportunity to grant forgiveness to one another. Others visit graves to connect with their past and to contemplate the life they want to live. The Adas Israel Kever Avot schedule is as follows:

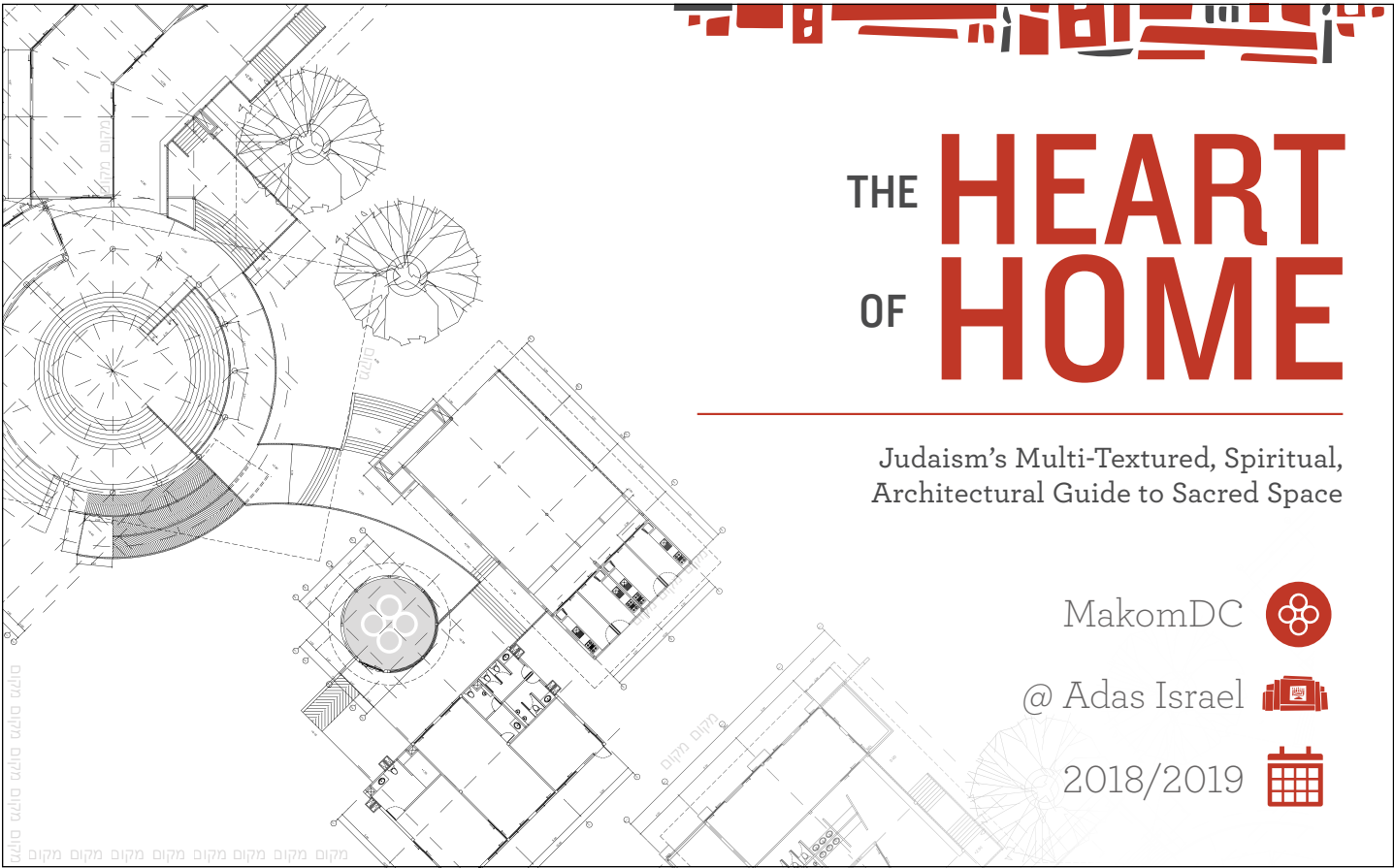
Kever Avot Memorial Cemetery Service
Sunday, September 16, 10:30 am

Adas Israel Cemetery
1400 Alabama Avenue, SE, Washington, DC
with Rabbi Lauren Holtzblatt
Bus leaves from the congregation at 9:30 am. Call Carol Ansell at the synagogue office, 202-362-4433, to reserve a seat. Space is limited.

Judean Memorial Gardens Kever Avot Service
Sunday, September 16, 10:30 am, with Rabbi Aaron Alexander

The Adas Israel Cemetery on Alabama Avenue will be open on Sunday, September 16, 9:00 am–3:00 pm. If you wish to visit at any other times, please call David Polonsky or Marcy Spiro, 202-362-4433, to set up a time.

May the memory of your loved ones forever be a blessing and inspiration.



MakomDC 2018–19 Preview

The Heart of “Home”: Judaism’s Multi-Textured, Spiritual, Architectural Guide to Sacred Space

Over the course of the year, our rabbis and distinguished scholars will lead us in guided text study, conversations, and presentations that explore the Jewish tradition’s essential teachings on defining holy community. Together we’ll navigate the particular values that bind us and the universal ideas that inspire us, and then think together about where they do and don’t intersect. **To learn more visit adasisrael.org/makomdc.** Register for lectures or classes online or by calling Courtney Tisch, 202-362-4433, ext. 125.

MAKOMDC 2018–2019 SCHOLARS SCHEDULE



Dr. Barry Wimpfheimer

TUESDAY, OCTOBER 16 @ 7:30 PM

Dr. Barry Wimpfheimer is Associate Professor of Religious Studies and Law at Northwestern University and the author of *The Talmud: A Biography* and *Narrating the Law: A Poetics of Talmudic Legal Stories*.



Dena Weiss

TUESDAY, DECEMBER 11 @ 7:30 PM

Dena Weiss is the Rosh Beit Midrash and Director of Full-Time Immersive Programs at the Hadar Institute in New York City, where she teaches Talmud, *Midrash*, and Hassidut and writes and records Hadar’s weekly *D’var Torah* e-mail and podcast. You can sign up for these at www.hadar.org/denaweiss.

MAKOMDC 2018–2019 SCHOLARS SCHEDULE (CONT.)



Rabbi Shoshana Cohen

TUESDAY, FEBRUARY 12 @ 7:30 PM

Rabbi Shoshana Cohen teaches Talmud, *Midrash*, and Gender Studies at the Conservative Yeshiva in Jerusalem and is a founding member of Reshut haRabim, the Jerusalem Forum for Jewish Renewal Organizations.



Dr. David Hoffman

TUESDAY, APRIL 9 @ 7:30 PM

Dr. David Hoffman is Vice Chancellor and Chief Advancement Officer at the Jewish Theological Seminary and is an assistant professor in the fields of Talmudic Studies and Jewish Law.



Dr. Avivah Zornberg

TUESDAY, MAY 7 @ 7:30 PM

Dr. Avivah Zornberg teaches Torah throughout the Jewish world, at synagogues, universities, and psychoanalytic institutes, and is the author of five critically acclaimed books, including the recently published, *Moses: A Human Life*.

MAKOMDC 2018–2019 MENDELSON SHABBAT SCHOLARS



Dr. James Loeffler

SATURDAY, NOVEMBER 17 @ 1:00 PM

Dr. James Loeffler is the Jay Berkowitz Professor of Jewish History at the University of Virginia and the author of the recently published, *Rooted Cosmopolitans: Jews and Human Rights in the Twentieth Century*, which was named a finalist for the Natan Prize for best Jewish book of the year.



Rabbi Dr. Noah Bickart

SATURDAY, JANUARY 26 @ 1:00 PM

Rabbi Noah Bickart is assistant professor of Jewish and Interreligious Studies at John Carroll University in Cleveland. His first book, based on his PhD Dissertation at JTS, “The Scholastic Culture of the Babylonian Talmud,” will be published later this year.



Dr. Alyssa Gray

SATURDAY, MARCH 16 @ 1:00 PM

Dr. Alyssa Gray is the Emily Sand Rabbi Bernard H. Mehlman Chair in Rabbinics and Professor of Codes and Responsa Literature at Hebrew Union College-Jewish Institute of Religion in New York and the author of *A Talmud in Exile: The Influence of Yerushalmi Avodah Zarah on the Formation of Bavli Avodah Zarah*.



Dr. Sarah Wolf

SATURDAY, MAY 18 @ 1:00 PM

Dr. Sarah Wolf is Assistant Professor of Talmud and Rabbinics at the Jewish Theological Seminary and is currently a David Hartman Center Fellow at the Shalom Hartman Institute of North America.

JMCW@ADAS

jewish mindfulness center of washington

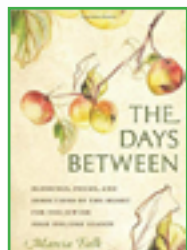
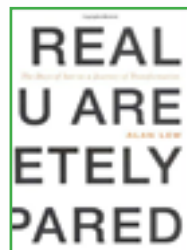
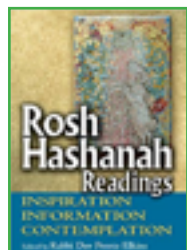


The majesty of faith is that it teaches us to see what exists, not merely what catches our attention.

RABBI JONATHAN SACKS

It is customary to read Psalm 27 as we center ourselves to enter this sacred time of reflection surrounding the new year. At Adas Israel, the beautiful theme for *Elul* and our High Holy Days this year is “Heart, Hope, Strength,” taken from the last verse of Psalm 27. In their Holiday Message, Rabbis Holtzblatt and Alexander invite us “to face each other and ourselves and to build space for honesty, loss, longing and ultimately connection.” But how do we build this space within the noise and distractions of our inner and outer lives? How do we “see what exists, not merely what catches our attention,” as Rabbi Sacks teaches. We hope you can join JMCW for the High Holy Day programs listed below, as we come together to deepen our process of reflection and our ability to accept the joys and sorrows of each year with a sense of renewed potential and deeper peace. Wishing all of you a *Shana Tovah*.

JMCW RECOMMENDS . . .



Rosh Hashanah Readings: Inspiration, Information and Contemplation

Edited by Rabbi Dov Peretz Elkins, and with an introduction by Dr. Arthur Green. Weaving together a variety of readings, from traditional Jewish texts to modern reflections, this collection is a beautiful resource for the spiritual contemplation we seek during *Rosh Hashanah*. There is also a companion book by the same editor focusing on *Yom Kippur*.

This Is Real and You are Completely Unprepared: The Days of Awe as a Journey or Transformation

By Alan Lew, is an engaging exploration of spiritual renewal during the High Holy Day season by one of the leading voices in Jewish Mindfulness practice.

The Days Between: Blessings, Poems and Directions of the Heart for the Jewish High Holiday Season

By Marcia Falk, is a gorgeous collection of poetry and alternative holiday prayers that touches the heart of our High Holy Day tradition and adds moving insight to traditional liturgy.

These selections are available in the Adas Library, along with other books on Jewish spirituality, meditation, and mindfulness. Some of these can be found under call number 175.01 or speak with Adas Librarian Robin Jacobson (librarian@adasisrael.org) for more information.

Just as the hand, held before the eye, can hide the tallest mountain, so can the routine of everyday life keep us from seeing the vast radiance and the secret wonders that fill the world. —18th Century Hasidic Saying

JMCW HIGH HOLY DAY SERVICES, PROGRAMS & WORKSHOPS



Mastering Change Mini-Series

TUESDAY, SEPT. 4, & WEDNESDAY, OCT. 3 @ 6:30–8:30 PM

Enter the season of renewal on a powerfully reflective note. Through useful strategies and mindfulness exercises, participants will bring intention to the start of 5779, led by Rabbi Sarah Tasman & Executive Coach Gideon Culman.



Sound of the Sacred: *Shofar*-Blowing Workshop

TUESDAY, SEPT. 4 @ 6:30–7:30 PM

Come explore *shofar* blowing! Learn techniques and the significance for spiritual connection in this hands-on workshop, led by Jennie Litvack of Return Again and Adas High Holy Day services. Please bring a *shofar* if you can.



Yom Kippur Katan: A Rosh Chodesh Workshop

WEDNESDAY, SEPT. 5 @ 7:00–9:00 PM

Women of all ages and bodies are invited to partake in *Yom Kippur Katan*, an especially poignant mind/body cleansing practice for the High Holy Day season. Join us for an immersive practice of Jewish yoga and mindful discussion, led by core JMCW faculty.



Rock Creek *Sh'ma*: Walking Meditations

SATURDAYS, SEPT. 15 @ 2:00 PM

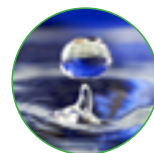
Set your *kavanah* for the new year with silent walking meditations in Rock Creek Park. Join us for one or both *Shabbat* nature walkabouts, led by core JMCW faculty.



Becoming Present: Meditation & Song Workshop

YOM KIPPUR AFTERNOON @ 4:45–5:45 PM

Calm your mind and awaken your spirit as we concentrate on the sounds and rhythms of our breathing, singing, and guided meditation. Open to all levels of practice, led by Susan Barocas & Michelle Buzgon.



Immersing in Holiness: Adas Israel Community *Mikvah*

Schedule a time to enter the holidays physically and mindfully: to acknowledge challenges of the previous year, to center yourself before the holidays, and to set your intentions for the new year.

E-mail mikvah@adasisrael.org or call Naomi Malka, 202-841-8776, to schedule appointments.

For further information, please visit the Adas JMCW web page, www.adasisrael.org/jmcw/.



The Jewish Mindfulness Center of Washington @ Adas (JMCW) offers services, programs, and workshops that help deepen contemplative practices as part of our individual and communal religious and spiritual lives. Watch this space each month to follow these JMCW offerings. Visit our Adas web page at adasisrael.org/jmcw, where you can also subscribe to our weekly newsletter. Find us on Facebook, JMCW at Adas Israel!

adasisrael.org/jmcw



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>2615 Elul</div> <div>9:00 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>2716 Elul</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>2817 Elul</div> <div>7:30 amMorning Minyan</div> <div>9:00 amMorning Awakening w/ Rabbi Holtzblatt</div> <div>6:00 pmEvening Minyan</div> <div>7:00 pmPre-HHD MakomDC Shiur</div>	<div>2918 Elul</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div> <div>7:30 pmIntro to Judaism 2.0</div>	<div>3019 Elul</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>3120 Elul</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmKabbalat Shabbat w/ Rabbi Krinsky</div> <div>7:22 pm</div>	<div>1 PARSHAT KI TAVO21 Elul</div> <div>9:30 amShabbat Morning Service</div> <div>Sermon by Rabbi Alexander</div> <div>Bar Mitzvah: Julian Gaines</div> <div>9:30 amTraditional Egalitarian Minyan</div> <div>9:45 amHavurah Shabbat Service</div> <div>11:00 amTot Shabbat</div> <div>11:00 amNetivot</div> <div>12:00 pmCongregational Kiddush</div> <div>12:30 pmHavurah Shabbat Kiddush</div> <div>1:00 pmMincha</div> <div>8:22 pmHavdalah</div> <div>8:30 pmMaariv</div> <div>9:00 pmSelichot Service</div>
<div>222 Elul</div> <div>9:00 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>323 Elul</div> <div>9:00 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>424 Elul</div> <div>7:30 amMorning Minyan</div> <div>9:00 amMorning Awakening w/ Rabbi Holtzblatt</div> <div>10:00 amWeekday Torah w/ Sisterhood</div> <div>6:00 pmEvening Minyan</div> <div>6:30 pmJMCW: Mastering Change</div> <div>6:30 pmShofar Blowing Course</div> <div>7:30 pmMakomDC: HHD "The Text"</div>	<div>525 Elul</div> <div>7:30 amMorning Minyan</div> <div>9:30 amShofar Blowing</div> <div>6:00 pmEvening Minyan</div> <div>7:00 pmJMCW Yom Kippur Katan</div>	<div>626 Elul</div> <div>7:30 amMorning Minyan</div> <div>9:30 amShofar Blowing</div> <div>6:00 pmEvening Minyan</div>	<div>727 Elul</div> <div>7:30 amMorning Minyan</div> <div>11:20 amShabbat Sing</div> <div>6:00 pmKabbalat Shabbat with Rabbi Alexander</div> <div>7:11 pm</div>	<div>8 PARSHAT NITZAVIM28 Elul</div> <div>9:30 amShabbat Morning Service with Rabbi Krinsky, Sermon by Rabbi Solomon</div> <div>9:30 amTraditional Egalitarian Minyan</div> <div>11:00 amTot Shabbat</div> <div>11:00 amNetivot</div> <div>12:00 pmCongregational Kiddush</div> <div>12:45 pmShabbat Mincha</div> <div>1:00 pmMakomDC: Shabbat Halakhah Learning</div> <div>8:11 pmHavdalah</div>
<div>9 EREV ROSH HASHANAH29 Elul</div> <div>9:00 amMorning Minyan</div> <div>7:08 pm</div> <div>NOTE: FULL HIGH HOLY DAYS SERVICES SCHEDULE LOCATED ON PAGE 6</div>	<div>10 ROSH HASHANAH DAY 11 Tishri</div> <div>8:06 pm</div> <div>NOTE: FULL HIGH HOLY DAYS SERVICES SCHEDULE LOCATED ON PAGE 6</div>	<div>11 ROSH HASHANAH DAY 22 Tishri</div> <div>NOTE: FULL HIGH HOLY DAYS SERVICES SCHEDULE LOCATED ON PAGE 6</div>	<div>123 Tishri</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>134 Tishri</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>145 Tishri</div> <div>7:30 amMorning Minyan</div> <div>10:00 amParsha with Hassidut</div> <div>11:20 amShabbat Sing</div> <div>6:00 pmKabbalat Shabbat with Hazzan Goldsmith</div> <div>7:00 pm</div>	<div>15 PARSHAT VAYELECH / SHABBAT SHUVAH6 Tisri</div> <div>8:30 amBoker Or Parashat Hashavuah Class</div> <div>9:30 amTraditional Egalitarian Minyan</div> <div>Joined by Smith Service; D'var Torah by the TEM</div> <div>9:45 amHavurah Shabbat Service</div> <div>11:00 amNetivot</div> <div>11:00 amTot Shabbat</div> <div>12:00 pmCongregational Kiddush</div> <div>12:30 pmHavurah Shabbat Kiddush</div> <div>12:45 pmMincha</div> <div>1:15 pmGuest Speaker: Merissa Gerson</div> <div>2:00 pmJMCW: Rock Creek Sh'ma</div> <div>8:00 pmHavdalah</div>
<div>167 Tishri</div> <div>9:00 amMorning Minyan</div> <div>10:30 amJMCW Class: Wise Aging</div> <div>10:30 amKever Avot Cemetery Services</div> <div>6:00 pmEvening Minyan</div>	<div>178 Tishri</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>18 KOL NIDRE9 Tishri</div> <div>7:30 amMorning Minyan</div> <div>6:00 pmEvening Miyan</div> <div>6:53 pm</div> <div>NOTE: FULL HIGH HOLY DAYS SERVICES SCHEDULE LOCATED ON PAGE 6</div>	<div>19 YOM KIPPUR10 Tishri</div> <div>NOTE: FULL HIGH HOLY DAYS SERVICES SCHEDULE LOCATED ON PAGE 6</div>	<div>2011 Tishri</div> <div>7:30 amMorning Minyan</div> <div>11:00 amCommunity Sukkah Building</div> <div>6:00 pmEvening Minyan</div>	<div>2112 Tishri</div> <div>7:30 amMorning Minyan</div> <div>5:00 pmHappy Half Hour</div> <div>5:30 pmYoung Family Shabbat Service w/ Rabbi Solomon</div> <div>6:15 pmYoung Family Shabbat Dinner</div> <div>6:48 pm</div>	<div>22 PARSHAT HA'AZINU13 Tishri</div> <div>8:30 amBoker Or Parashat Hashavuah Class</div> <div>9:30 amShabbat Morning Service</div> <div>D'var Torah by Rabbi Krinsky</div> <div>9:30 amTraditional Egalitarian Minyan</div> <div>11:00 amTot Shabbat</div> <div>11:00 amNetivot</div> <div>12:00 pmCongregational Kiddush</div> <div>1:00 pmShabbat Mincha</div> <div>7:48 pmHavdalah</div>
<div>23 EREV SUKKOT14 Tishri</div> <div>9:00 amMorning Minyan</div> <div>11:00 amCommunity Sukkah Decorating</div> <div>6:00 pmMincha/Maariv/Kabbalat Chag with Cantor Brown</div> <div>6:45 pm</div>	<div>24 SUKKOT DAY 115 Tishri</div> <div>9:15 amCombined Sukkot Service</div> <div>D'var Torah by Rabbi Holtzblatt</div> <div>11:00 amFamily Sukkot Service</div> <div>12:00 pmKiddush in Sukkah</div> <div>6:00 pmMincha/Maariv/Kabbalat Chag with Hazzan Goldsmith</div> <div>7:44 pm</div>	<div>25 SUKKOT DAY 216 Tishri</div> <div>9:15 amCombined Sukkot Service</div> <div>D'var Torah by the TEM</div> <div>11:20 amShabbat Sing</div> <div>12:00 pmKiddush In Sukkah</div> <div>1:00 pmMincha</div>	<div>2617 Tishri</div> <div>7:15 amChol HaMoed Sukkot Minyan</div> <div>6:00 pmEvening Minyan</div> <div>6:30 pmNew Member Oneg</div> <div>7:30 pmSoftening Into Teshuva: A Yoga Workshop</div>	<div>2718 Tishri</div> <div>7:15 amChol HaMoed Sukkot Minyan</div> <div>6:00 pmEvening Minyan</div>	<div>2819 Tishri</div> <div>7:15 amChol HaMoed Sukkot Minyan</div> <div>10:00 amParsha with Talmudic Commentary</div> <div>11:20 amShabbat Sing</div> <div>6:00 pmKabbalat Shabbat with Rabbi Krinsky</div> <div>7:00 pmCommunity Shabbat Dinner</div> <div>6:37 pm</div>	<div>29 CHOL HAMOED SUKKOT20 Tishri</div> <div>8:30 amBoker Or Parashat Hashavuah Class</div> <div>9:15 amShabbat Morning Service; Baby Shabbat</div> <div>Bat Mitzvah: Julia Rich; Sermon by Rabbi Holtzblatt</div> <div>9:15 amTraditional Egalitarian Minyan</div> <div>9:30 amHavurah Shabbat Service</div> <div>11:00 amNetivot</div> <div>11:00 amTot Shabbat</div> <div>12:00 pmCongregational Kiddush</div> <div>12:30 pmHavurah Shabbat Kiddush</div> <div>1:00 pmShabbat Mincha</div> <div>1:00 pmYP Post-Shabbat Hike</div> <div>7:37pmHavdalah</div>

SHABBAT MORNING SERVICES: Please turn off cell phones and pagers before entering services.

Charles E. Smith Sanctuary: Join us for our Shabbat morning services in the renewed Charles E. Smith Sanctuary, the synagogue's largest worship space, led by our inspiring Rabbi and Cantor. The service includes a D'var Torah and sermon by the Rabbi and often includes participation by members and B'nai Mitzvah.

Traditional Egalitarian Minyan (TEM): Every Shabbat morning at 9:30 am, with the Torah service around 10:30 am. Led by laypeople with the occasional assistance of Adas clergy, the TEM is a participatory service with a full P'sukei D'Zimrah (introductory Psalms), Shacharit, and Musaf, a complete reading of the weekly Torah portion, and a d'var Torah. For more information, e-mail traditionalminyan@adasisrael.org.

Havurah Service: Lay-led, participatory service at 9:45 am. Rotating volunteers lead services, read Torah, and conduct an in-depth discussion of the weekly Torah portion. A kiddush follows the service. For additional information and to participate, e-mail havurah@adasisrael.org.

Youth Shabbat Services: Starting with Tot Shabbat for children ages 5 and under led by Menuhah Peters. Netivot, for students in grades K–3, is led by Sarah Attermann or Jeremy Kadden.

'Dial-in' for Programs & Services: If you are unable to attend programs, lectures, or services, dial in to hear them. Call 202-686-8405.

Library Open on Shabbat: Our third-floor library is open on Shabbat following services. You may sign out materials using our "no-writing Shabbat method," explained in signs on the check-out desks. For assistance during the week, contact our Director of Library Services, Robin Jacobson (librarian@adasisrael.org).



From the Director of Education

RABBI KERRITH SOLOMON



This summer I heard so many stories from the children of our community (including my own!) about their experiences at camp. We had a chance to see some of it first hand as various members of the staff traveled to visit some of our students in what can best be described as their “happy place.” It was such a pleasure to see them enjoying being outside, exploring new activities, taking advantage of summer and site-specific opportunities, and building relationships with new communities. And, at the same time, we were lucky enough to hear from families that Adas is also a one of their “happy places.”

There is, of course, no replicating camp, which comes packed with the pleasures of summer, different schedules, weather, faces and freedom. But there are many things about camp that overlap with what we do here at Adas. Community-building, values-based education, an emphasis on experience, embodied learning, celebration of the child as an individual and as part of a group, music, dance, art, the power of stories—and the list could go on and on. We are so proud of what we offer at Adas, but it is, of course, the people who make this place so special. So as summer winds down and we enter a new year, we are pleased to say: “Welcome back and welcome home. We missed you!”



Important Dates & Upcoming Events

Shabbat Youth Services in September:

Sept. 8: 11:00 am, Sept. 15: 11:00 am
Sept. 22: 11:00 am, Sept. 29: 11:00 am
Tot Shabbat (Cohen), Netivot (Rm. 345)

Important dates For The Upcoming 2018–19 School Year:

Sunday, Oct. 14: First Day of Religious School (Pre-K– 6th Grades)
Tuesday, Oct. 1: First Day of Ma’alot High School Program

Sunday, Dec. 2: Dan Kaufman Memorial *Latke* Party (during Religious School)*
Saturday, Dec. 8: Kindergarten (Gan) Consecration (*Beit Midrash*), 11:00 am
Friday, Jan. 25: 5th Grade *L’Dor vaDor* (Gewirz & Kay), 6:00 pm
Friday, Feb. 22: 4th Grade *L’Dor vaDor* (Gewirz & Kay), 6:00 pm
Sunday, March 17: *Purim* Carnival (during Religious School)*
Friday, March 2: K–2nd Grade *L’Dor vaDor* (Gewirz & Kay), 6:00 pm
Friday, May 5: 3rd Grade *L’Dor vaDor/Chagigat HaSiddur*, 6:00 pm
Sunday, May 19: Last Day of Religious School (Pre-K–6th Grade)

**All-school program (Pre-K–6th Grade)*



LOOKING AHEAD

Although school will not start until the after the fall holidays, the Education Department has been hard at work welcoming new team members and planning for the year. It has been a rewarding experience to spend time thoughtfully outlining our goals for the upcoming year, and we are excited to clearly articulate our overarching intention for the year: Seeing and Teaching Every Child.

All of our professional development this year will seek to deepen our commitment to reach every student. We will challenge the teachers to continue to strive to understand who is in their classes and how to develop lessons that will engage the diverse learning styles of their students. We look forward to a year filled with strengthening relationships among our students, teachers and, of course, our Jewish tradition.

Welcome Elizabeth Gooen, Our New Education Fellow

Elizabeth Gooen is originally from Randolph, NJ. Prior to joining the Adas Israel Education team, she worked in Regional Operations at the ADL’s New Jersey Regional Office. Elizabeth graduated from Smith College in 2016 with a major in government and a minor in psychology. Her connection to Jewish life began with her attendance at Jewish Day School, lifelong participation in her Conservative *shul*’s congregation, and many summers at Jewish summer camps. During college she remained active in the Jewish community through Hillel and served as a campus leader in Israel advocacy. She is passionate about social justice and U.S. history, and she is also a singer/songwriter. Elizabeth is excited to work with students at Adas Israel to strengthen their meaningful connections to Jewish values and identity.

—Pamela Gorin, Assistant Director of Education



TO-DO LIST FOR SEPTEMBER

Religious School may not start up until October, but there are still many opportunities for our children and families to connect to the Adas community and join in spiritual and meaningful programs for our families:

- Join one of our many *Rosh Hashanah* and *Yom Kippur* services (family programs, youth-only programs, and tashlich for kids)
- Set new year goals as a family (what do you hope your family can learn or accomplish during this Jewish new year?)
- Attend one of our *Sukkot* or *Simchat Torah* Family programs (information to follow!)
- Meet up with a friend from Religious School
- Register for our youth groups for exciting programming throughout the year

We can’t wait to see you on October 14 for the first day of Religious School!

—Sarah Atterman, Youth & Family Coordinator

GAN HAYELED - WELCOME BACK!

As we embark on a new school year full of potential, moments for deep learning, and community, we want to welcome you back to Gan HaYeled. In preparation for the year, the Gan faculty engaged in a week of learning and professional development, with a focus on the grounding values of our school—*kavod* (respect), *kehillah* (community), and *teva b’olam* (exploration of the natural world). As we prepare our educators for what lies ahead, we have turned our attention to engaging in introspective professional learning, team-building, and a focus on connection with new students.

The Gan Administrative Team is working collaboratively to ensure an inspiring and successful year for all. As Loris Malaguzzi, founder of the Reggio Emilia philosophy, stated, “The wider the range of possibilities we offer children, the more intense will be their motivations, and the richer their experiences.” This will continue to be part of our intention as we journey together through this new year.

Welcome back and *Shana Tova*!



tikkunolam

'REPAIRING THE WORLD'

SOCIAL ACTION COMMITTEE

Tzedek, Tzedek Tirdorf Justice, Justice Shall You Pursue

We are truly excited to introduce our new Social Action leadership. Brad and Liz have deep roots in social justice and bring new energy, experience, and passion to the work we've been doing over the past three years. Read about them and our Social Action teams, And if you see them at Adas, introduce yourselves! You can find information about our projects and upcoming events at www.adasisrael.org/tikkunolam. You can also e-mail Nancy Cohen, our new Action Network Coordinator, at nancycohen2000@gmail.com, to receive e-mailed information about our efforts. Let her know if you want to be added to our general interest group, to one of our teams, or to any of our projects.



Our new Social Action Chair, **Brad Brooks-Rubin**, has been a member since 2015, when his family rejoined Adas because of the renewed spirit of service, learning, and compassion they felt when visiting. Brad's wife Liana has since become a lead on the Refugee Response Team, to which Brad has also contributed, and Brad recently joined the Israel Engagement Committee. He is the managing director of the nonprofit Enough Project and its investigative initiative, The Sentry, both of which focus on ending genocide and crimes against humanity in East and Central Africa. He has served in both the Departments of State and Treasury and has worked for the Gemological Institute of America. Brad and Liana live in Shepherd Park with their boys Eilav (whom you can

often find in the Rabbis' suite or moderating *Shavuot* slams) and Adiv. You can reach Brad at barubin10@hotmail.com.



Our Social Action Communications chair, new member **Liz Scheier**, spent 25 years working in homeless services in New York City, and is excited to do the work of *tikkun olam* within our congregation and in the world. She is a product developer at the International Baccalaureate, where she works on the ideation, development, and delivery of content-based platforms, websites, and lines of commercial books. Before joining the IB, she was a senior product manager at Brilliance Publishing, a division of Amazon.com, developing new products for the audiobook market. She also spent many years as a developmental book editor at Random House and elsewhere. She lives in Friendship Heights with her husband and two small children. Contact Liz at liz.scheier@gmail.com.

OUR SOCIAL ACTION TEAMS



Climate Action Team (CAT)

Preserving the earth for ourselves, our children, and our grandchildren is a Jewish value. Adas Israel's Climate Action Team (CAT) works within our own congregation to take action in our homes,

our synagogue, and our communities, and looks to join local advocacy campaigns for climate action in the DC metro area. Interested? Contact Philip Henderson, philiphdc@gmail.com.



Gun Violence Prevention Team (GVP)

The Gun Violence Prevention (GVP) team is addressing the crisis of gun violence in Washington, DC, particularly in Wards 7 and 8. We partner with local organizations such as the Washington Interfaith Network

(WIN) and the TraRon Center to work on issues of community safety and building relationships with, and bringing healing to, gun violence survivors. Interested? Contact Lois Fingerhut, loisfingerhut@gmail.com.



Poverty/Homelessness/Housing Team (PHH)

The DC Metro area contains one of the highest rates of homelessness in the U.S. The Poverty/Homelessness/Housing Team (PHH) addresses the broader causes of

homelessness, poverty, and illiteracy and seeks to foster equal opportunity through advocacy work, including affordable housing and direct service projects, and partners with many local community organizations, including So Others Might Eat (SOME), Friendship Place, N Street Village, Reading Partners, Yachad, Anne Frank House, and the Ward 3 for All Campaign. Interested? Contact Jamie Butler, jgb3611@gmail.com.



Racial Justice Working Group (RJWG)

The RJWG seeks to encourage deeper understanding of contemporary racism so that we may work to counter racial bias wherever we encounter it. Come join us as we discuss books, movies, and the pathway

to a more equitable world, and develop additional opportunities for learning, self-reflection, and action in the coming year. Interested? Contact co-chairs Stephen Horblitt, horblitt4106@comcast.net, or Lauren Queen, laurenqueen526@gmail.com.



Refugee Response Team (RRT)

The Refugee Response Team (RRT) works with local and national organizations to help refugee families in the DC metro area. Adas volunteers have co-sponsored a

Syrian refugee family, furnished apartments for three refugee families, mentored recently arrived immigrant families through the International Rescue Committee (IRC), and participated in HIAS's Welcome Campaign, working to advocate for refugees in the DC area and beyond. For information about our coalition and advocacy efforts, contact Dan Aladjem, [dan.aladjem@gmail.com](mailto:aladjem@gmail.com). If you are interested in our IRC mentoring work, contact Alex Levy, aglevy13@gmail.com. For information about our Syrian family efforts, e-mail Amy Golen, amygolen@gmail.com.

Keep up with Tikkun Olam at Adas:
adasisrael.org/tikkunolam



Lev B'Lev

A joint effort of Hesed and the Social Action Committee, Lev B'Lev (Heart to Heart) aims to counter the rise of hatred in our society by extending radical compassion to people of all faiths who have been

targeted by hate. To get involved with our speaker series, letter writing, interfaith initiatives, and vigils and rallies, please contact Bruce Charendoff, LBL Chair, brucecharendoff@yahoo.com.

EZRA PANTRY YOM KIPPUR FOOD DRIVE TO BENEFIT SO OTHERS MIGHT EAT (SOME)



"This is the fast that I desire . . . It is to share your bread with the hungry . . . Then shall your light shine in darkness . . . " (*Isaiah* 58: 6a, 7a, 8a)

During this *Yom Kippur*, please donate your nonperishable food items to benefit SOME (So Others Might Eat), an interfaith, community-based organization that for almost 50 years has been helping District residents who are homeless or at risk of homelessness transition to self-sufficiency. SOME's food wish list includes unsweetened canned fruit, low- or no-sodium canned vegetables, whole grains, whole wheat pastas and couscous, low-sugar cereal and oatmeal, nuts, oils and vinegars, and healthy snacks. Bring your items to the Adas Israel coatroom or put them in the collection bins at the Quebec Street entrance and in the parking lot on *Kol Nidre* and *Yom Kippur*. For further information, contact Adas member Nechama Masliansky (nmasliansky@some.org). Thank you and *g'mar chatimah tova*.

INCLUSION

A Conversation with Paul Fredman

Maia Magder, who serves on the Inclusion Task Force at Adas Israel, interviewed Paul Fredman, an intern with the custodial service at Adas Israel. Paul receives job support and coaching from the Outcomes Service at the Treatment and Learning Centers in Rockville, MD.

continued on next page . . .



Maia: Tell me about yourself.

Paul: I am Paul Fredman. I'll be 31 in August, and I'm from Washington, DC. I live in a house in Gaithersburg with my mom, my dad, and my brother who is now a medical student. My dad is my BFF, I love my mom and my brother. I like working, going bowling, taking the bus, going out to eat, talking on the phone to my girlfriend, and going to Israel. I really like working. I went to Ivymount for 19 years, and I had job experience. I was student employee of the month—I was the “Go-To Guy.” I also like to help my neighbors out. I help them by doing the weeds and making sure everything is okay. If someone needs help, I go to them and I say, “What can I do for you?”

M: What is it about work that you like?

P: Working makes me feel great, and I always try to do the right thing.

M: Why do you want to work?

P: I want to work because work is important. I work because my mom works, and everybody around me works. Work is helping, and I like helping.

M: What do you do at Adas? Can you describe your work duties?

P: I vacuum the facility because all those kids make a mess and I have to clean it up. I really enjoy it. I take a five-minute break and I read, and I vacuum the library. I have to warn people before I vacuum to make sure it is not too loud. Then I have to come back to vacuum. I love vacuuming. I love making it clean for everyone.

M: Who do you work with at Adas?

P: Charles. Charles is always so nice and helpful. I remember when I first met him, I got to say what I am good at (I'm pretty good at vacuuming and getting to know the people). We talk about a lot of different things. I stay in good touch with Charles in case I need to be reached for an emergency.

M: What do you and Charles talk about?

P: Things in general, like doing things I like to do, and if I have to be away. Charles gives me good instructions all the time. Charles tells me what rooms to do.

M: How else does Charles help you?

P: Charles taught me how to work the vacuum. One thing I was having trouble doing was unwrapping the vacuum because it was hard for me to use my right hand. I'm working on getting my right hand stronger to do this task. Charles showed me a way to do that better.

M: Can you describe some of the challenges you have at work?

P: It's hard to remember not to touch things. I freak out if something like that happens. If I see someone new I freak out. I take a deep breath, calm down, and use my strategies. I take a five-minute break, I take a walk, then I come back.

M: What do you like about the synagogue?

P: I like the library books . . . I get to read them on my break. I like the library: The tale of peter rabbit, and the Israel book: Jerusalem. I like it because I've been to *Jerusalem*: The camel ride, the jeep, the donkey ride, I like the captain on the airplane, and I talked to him about the Hebrew Home [Paul's previous place of employment]. I got to make an announcement on the loudspeaker. It was so beautiful.

M: Tell me about your work at the Hebrew Home.

P: I worked there for eight years. I worked in rehab, then I pushed residents in wheelchairs to the nurses' stations. I did patient transport.

M: What do you like best about Adas Israel?

P: Charles.

M: If you could change one thing about your work, what would it be?

P: Following instructions is hard for me to do. Charles gives me small instructions, which is what I need. Step by step. That's how I do it.

M: Adas is a pretty big building. How did you find your way around?

P: Shai and Brianna [Paul's job coaches] gave me a tour. Then I ask Charles. He always helps.

M: How does it feel to have Shai helping you?

P: Great! Shai helps me unwind the vacuum because I'm having trouble.

M: Why do you like having a job coach?

P: I am used to it, and I had a job coach in school.

Adas Office Closings

Labor Day - Monday, Sept. 3
School/Offices Closed

Erev Rosh Hashanah - Sunday, Sept. 9
School/Offices Close at NOON

RH Days 1 & 2 - Mon./Tues., Sept. 10 & 11
School/Offices Closed

Kol Nidre - Tuesday, Sept. 18
School/Offices Closed at NOON

Yom Kippur - Wednesday, Sept. 19
School/Offices Closed

Erev Sukkot - Sunday, Sept. 23
School/Offices Closed at 3:30pm

Sukkot 1 & 2 - Mon./Tues., Sept. 24 & 25
School/Offices Closed

Erev Shemini Atzeret - Sunday, Sept. 30
School/Offices Closed at 3:30pm



Ma Tovv

Rabbi Sarah Krinsky

HONORING OUR LEADERS & VOLUNTEERS

Interviewed by Marcy Spiro, Senior Director, Engagement and Programming Operations

We are so excited to have you as our new Assistant Rabbi! What are you most excited about in your new role?

At this point, I am most excited about all of the wonderful people I am meeting. Each and every member of the Adas community I've met so far has been so welcoming, kind, and gracious. I am looking forward to continuing to dive deeply into these relationships and to journey alongside one another through whatever this next chapter brings.

You've lived in LA, NYC, and DC. What do you miss most about LA and NYC life, and what are you interested in exploring in DC?

For LA, the answer is easy—I miss the “winter” (or lack thereof!). Even after a decade on the East Coast, I still haven't come around to the change of seasons . . . For NYC, I feel grateful that much of what I loved I have found in DC as well—culture, restaurants, and (most importantly) proximity friends and family. I guess I miss the abundance of kosher restaurants? For DC, I have lived here before, so I have done most of the typical tourist attractions, so I suppose what I'm most interested in exploring are the places that will become the staple of my everyday life and community—grocery stores and markets, local businesses, parks in the neighborhood.

What Jewish holidays did you love most growing up? Now that you're a Jewish leader, what holiday do you love teaching and celebrating with your community the most?

Growing up, I always loved *Pesach* the most—not just the *seder*, which above all else was an opportunity for the family to be together, but also the week spent keeping the rules of Passover eating in the broader contexts in which I lived (for example, bringing peanut butter on *matzah* to lunch at my secular school). As a rabbinic figure, I think *Yom Kippur* is my favorite holiday. *Yom Kippur* captures so much of what I love about Jewish community—extreme emotional highs and lows, ecstatic and soul-wrenching prayer, and a whole day spent on an arc and a journey together.

You attended our latest *Hesed* event and helped us bake almost 300 honey cakes for *Rosh Hashanah*. What is your favorite thing to eat for *Rosh Hashanah*? What is your favorite thing to bake all year round?

One *Rosh Hashanah* culinary tradition I love is the practice of eating a “*shehecheyanu* fruit,” where we include as part of the meal (especially on the second night) a fruit that we have not yet eaten that season. In some communities, it becomes a custom to find some pretty bizarre and exotic fruits for this blessing! During the rest of the year, I am not much of a baker, but I do love to cook. I'm a vegetarian and try to experiment as much as I can with different types of fake-meat recipes.

Imagine you have a *Shabbat* weekend off. How would you spend it?

What a fantasy! A *Shabbat* off would ideally include several of my favorite things—long meals with friends, wine, good food, and singing; walks through a park (or now, even the zoo!); and time spent reading a novel for pleasure. I would also try to get in my beloved *Shabbat* nap.

We have a lot of great theatre and concerts in DC. What shows are on your bucket list to see?

I think my bucket list has more to do with venues than the shows themselves. I've always promised myself that I'll go to something on the Millennium Stage at the Kennedy Center, but have yet to make it. I'd also love to go to something at Wolf Trap.

By the time this edition of the *Chronicle* comes out, you'll have been at Adas for two months. What movie or book title would you give to your time here so far?

Tough question! I guess I would go with “Here I Am”—the title of Jonathan Safran Foer's most recent novel. It is both a pretty basic factual statement (I am, finally, actually here!), but also—through its resonance with its Hebrew counterpart, “*hineni*”—captures the tremendous presence, passion, and commitment I have witnessed in each and every Adas member I have met so far.



sisterhoodnews

NETWORKING, NURTURING, LEARNING, SUSTAINING



From the President

JILL JACOB, SISTERHOOD PRESIDENT

As this new year 5779 gets underway, I embark on the beginning of my tenure as Sisterhood president with great enthusiasm.

After a hiatus of several years, I returned to Washington, DC, and to Adas Israel in September 2015. A friend suggested I join Sisterhood. I am not going to lie: I thought to myself, "Oh boy, this is just going to be Jell-O molds and bridge." But I threw caution to the wind and signed up anyway. I went to a few events, and it wasn't long before I was on a committee. Then I was on the Board, and I was meeting so many extraordinary women!

Women of all ages—some married, some not—with amazing stories of incredible careers, world travels, impressive educations, enviable families, artistic endeavors, selfless volunteerism, and so much more. The women of Sisterhood are a gold mine of interesting journeys and accomplishments. I never tire of learning from and about our members.

I am honored and excited to work with our Board to continue bringing thoughtful, relevant, and entertaining programming to Sisterhood and all Adas Israel members.

We have a wonderful and diverse lineup of events planned for this year. Upcoming programs include: Preserving Your Family Tale: Memoir Writing with a Storied Author on October 14 at 11:00 am; Examining Women's Breast Health: Genetic Testing and the Latest Screening Information from a Leading Physician in November; and, of course, our very special Sisterhood Shabbat Weekend in March.

In addition to these events, Sisterhood provides a variety of ongoing programming that runs regularly throughout the year, such as Weekly Mahjong, Thursdays @ 1:00 pm; Take A Walk!, a monthly Sisterhood-led walk through various neighborhoods followed by an optional dinner, Mondays @ 6:00 pm; Knitting, Sewing, and Craft Circle, monthly on Wednesdays @ 7:30 pm; Sisterhood 2.0 Career Reboot, monthly on Thursdays, 6:45 pm; and Weekday Torah Study, a monthly Sisterhood-led Torah study group on Tuesdays at 10:00 am.

I hope to see you at a Sisterhood program soon. As my mother used to say, "Pull up a chair, there's always room." Your input and ideas are welcome!

Membership in Sisterhood is available now. For more information, please visit our webpage, <https://www.adasisrael.org/sisterhood>, or contact our VP of Membership, June Kress, at junebkress@gmail.com. Please join our Facebook group: AdasIsraelSisterhood.

ruth & simon albert

sisterhood gift shop

Are you ready for the High Holy Days and the rest of this holiday season?

Come in and browse our honey dishes, Shabbat candles, shofarot, and children's holiday books, among other items.

Shop Hours:
Sunday–Monday, Wednesday–
Friday: 9:30am–12:30PM
Special Tuesday Hours:
9:30am–3pm & 6–8pm

**Please note that we will
be closed on the following
holiday dates:**
September 3, 10, 11, 19, 23–25.

Every purchase benefits
Adas Israel Congregation.
202-364-2888
adasgiftshop@gmail.com



On June 24, Sisterhood members hosted a special lunch to thank Donald Saltz for his ongoing support in memory of his beloved wife and devoted Sisterhood member, Moselle (z"l).

ONGOING EDUCATION



Downtown Study Group: A Long-Standing Adas Tradition

ONCE A MONTH, ON TUESDAYS

Join a highly motivated group of fellow Adas members who gather once a month on Tuesdays at noon at a conveniently located downtown conference room to take a break from their busy lives and study texts and grapple with powerful Jewish issues.

The meeting dates for 2018–19 are:

Oct. 9, Rabbi Krinsky
Nov. 13, Rabbi Holtzblatt
Dec. 11, Rabbi Alexander
Jan. 8, Rabbi Alexander
Feb. 12, Rabbi Holtzblatt
March 12, Rabbi Krinsky
April 9, Rabbi Alexander
May 14, Rabbi Holtzblatt
June 18, Rabbi Krinsky

The Downtown Study Group has been meeting monthly for almost three decades. The intellectual level of the group ensures that every session is challenging, intellectually satisfying, and horizon-broadening. This cohesive group, which welcomes new members, is open to the community.

There is no charge for the class, but there is a fee for lunch. For more information, please contact Joel Fischman, fischman@comcast.net, or Beryl Saltman at the synagogue, Beryl.Saltman@adasisrael.org.





Books & More *The Adas Israel Library Corner*

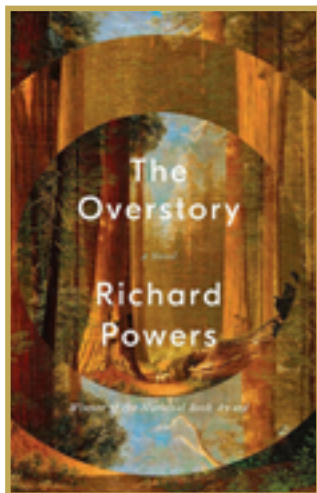
Celebrating the Birthday of the Universe

BY ROBIN JACOBSON, LIBRARY & LITERARY PROGRAMS DIRECTOR

I speak for the trees, for the trees have no tongues.
—*The Lorax* by Dr. Seuss

According to tradition, *Rosh Hashanah* is the birthday celebration of Creation. In one rabbinic tale, God takes Adam on a tour of the Garden of Eden, proudly pointing out its natural splendors and admonishing, “Do not destroy my world . . . for there is no one after you to repair it.” Alas, as studies of pollution and climate change overwhelmingly show, humans have not been the best stewards. Award-winning author Richard Powers hopes to move us to better care for the Earth, if only to save ourselves from extinction. His latest novel, *The Overstory*, invites deeper appreciation for some familiar, beloved denizens of the natural world—trees. Critics laud *Overstory* as a “Great American Eco-Novel” and a “sylvan tour de force,” a novel that “remakes the landscape of environmental fiction.”

AN ENVIRONMENTAL EPIC



The Overstory by Richard Powers

Overstory is an ambitious work, structured like a tree into sections labeled, “Roots,” “Trunk,” “Crown,” and “Seeds.” The “Roots” section introduces nine very different American characters, each of whom has had a profound experience involving a tree. Five of the characters will later meet as radical environmentalists trying to save the last tracts of America’s old-growth forests in the Pacific Northwest in the 1990s.

Artist Nicholas Hoel is the sole survivor of an Iowan farm tragedy, the inheritor of a cherished family chestnut tree and hundreds of photographs taken by generations of Hoels recording its growth. Engineer Mimi Ma confronts a tragic death under a mulberry tree planted by her Chinese immigrant father. Douglas Pavlicek, a Vietnam War soldier, is saved from death when he falls from his flaming plane into the branches of a banyan tree. Patricia Westerford, who is partially deaf, studies trees with her father and grows up to be a dendrologist, initially mocked by other scientists for path-breaking research showing that trees communicate. Other characters include a paraplegic computer game pioneer, an intellectual property lawyer, and a psychologist who studies human blindness to catastrophes that unfold gradually (like climate change).

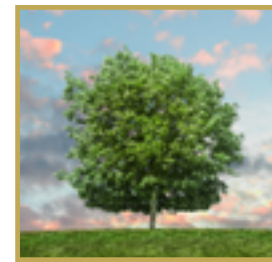


THE SCIENCE OF TREES



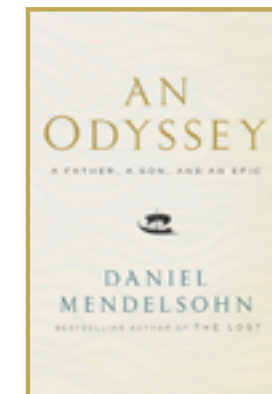
Overstory is a paean to trees—wondrous life forms that are among the largest and longest-lived on Earth. Two characters camp for nearly a year 200 feet above ground in a giant redwood (they are trying to save it from being cut down), and Powers writes lyrically of their growing awareness of the spectacularly rich complexity of forest life.

Overstory is informed by scientific studies showing, incredibly, that trees communicate with each other both through the air and underground. For example, when a giraffe starts chewing acacia leaves, the tree emits a “distress signal” in the form of ethylene gas. Neighboring acacia trees then start pumping toxins into their leaves that sicken giraffes. Below ground, trees send each other water, carbon, and nutrients appropriate to each tree’s needs through a vast network of fungal threads buried in the soil.



Why did Powers choose to join science with art to create a novel? He could have written a work of nonfiction extolling the contributions of trees to the Earth’s well-being, warning of the perils of deforestation, and urging readers to become environmental activists. One of *Overstory*’s characters suggests an answer. Psychologist Adam Appich tells eco-activists, “The best arguments in the world won’t change a person’s mind. The only thing that can do that is a good story.” For *Rosh Hashanah*, a holiday celebrating Creation, *Overstory* is an especially relevant story, a reminder that humanity is only one part of Creation.

AN ODYSSEY



An Odyssey: A Father, A Son, and An Epic by Daniel Mendelsohn

SUNDAY, NOVEMBER 4 @ 10:00 AM

This unusual and thoughtful memoir tells the story of a classics professor (Daniel) and his father (Jay) who gain a deeper understanding of each other when Jay audits Daniel’s college seminar on Homer’s *Odyssey*. Much to the two men’s surprise, the ancient text sheds light on their lives and relationship.



What is it about reading ancient foundational stories—such as those in the Torah—that allows us to see our present circumstances in a new way? Book chats are open to the entire community. E-copies and conventional copies are available through libraries and booksellers.

Questions? Contact Robin Jacobson, librarian@adasisrael.org.



Mazal Tov & Yasher Koach!

On June 11, Johanna Chanin and Randy Levitt were honored with the Jewish Community Relation’s Council’s Breslau-Goldman award. The following are remarks given by Honorary Gala co-chair Erwin Groner.

life in communities large and small, and the importance of active engagement. They treasure Judaism, Jewish values and Jewish peoplehood, and they have devoted themselves, through volunteer activities and philanthropic leadership, to the continuity of Jewish life here and around the world. They understand that a flourishing Jewish people serves as driving force for a better world for all.

Johanna and Randy are extremely proud of their children, all of whom attended Jewish day school and each of whom continues their family’s tradition of Jewish engagement.

On their first date, Randy and Johanna each already knew that they had found somebody special in each other, as evidenced by their mutual devotion to and active participation in the Jewish community, and their love for Israel. Johanna wondered, “What sort of *meshugenah* wants to date a synagogue president”? But Randy was thinking, “A synagogue president?? What a catch that would be!”

Randy has taken on leadership roles with AIPAC [American Israel Public Affairs Committee] where he works with passion and expertise to strengthen the bilateral relationship between the United States and Israel and mobilize domestic political support for the Jewish state. As a member of the executive committee of the Jewish Institute for the National Security of America, he worked with military and civilian leaders to strengthen U.S.-Israel military security cooperation. As a member of The Israel Project’s board, Randy helps shape the organization’s strategy for securing Israel’s future through informed and accurate coverage in the media and in the public square. Randy is an active listener who brings people together for big causes and is a sounding board for so many Jewish community leaders.

Johanna is chair of the backStorygroup, an innovative new nonprofit devoted to bringing the perception of Israel more in line with reality, by taking producers of media content and film score composers to Israel to learn about the beauty of the Jewish State through engagement with their Israeli peers.

The JCRC’s Breslau-Goldman Award is named for Hymen Goldman and Rabbi Isadore Breslau, two visionary community leaders who founded the JCRC 80 years ago. Tonight’s recipients, Randy Levitt and Johanna Chanin, join the ranks of an elite group of singularly accomplished local Jewish leaders who have received this prestigious honor.

Randy and Johanna were destined to serve the Jewish people. From their earliest years, their families modeled Jewish leadership.

Randy’s great-grandfather co-founded Des Moines’s Conservative synagogue, his grandfather started the local Federation, and his father served as synagogue president and was actively involved in pro-Israel politics and advocacy. In their local community and nationally, Randy’s father and mother have been much sought out by organizations of all kinds for their wisdom, clear thinking, and heartwarming humor. Randy’s mother is the go-to advisor for generations of women, young and old, in the many communities she has served. And, she has been a pillar of support for the Des Moines Jewish Federation and an active member of the synagogue’s sisterhood.

In the Chanin family, organizational affiliation begins at birth. When a female child is born, she receives a lifetime Hadassah membership as her first rite of passage. Johanna’s father was a leader in the Middle Georgia community, travelling across the state on behalf of Federation and Israel Bonds, raising money from Jews who lived in smaller, non-Federated communities. Johanna’s mom, Leah, is a longtime Hadassah activist and current Adas Israel Trustee, and served on the board of our own JCRC of Greater Washington. And multiple generations of Chanins have been campers, counselors, and now active leaders at Camp Judaea in North Carolina, a storied Zionist summer camp.

Judaism has always been a central part of both Johanna and Randy’s lives. Coming from Macon, Georgia, and Des Moines, Iowa, this loving couple understand the fragility of Jewish

Johanna is also a dynamic leader of Adas Israel. With poise, grace, and steadfastness of purpose, she has handled some of the synagogue’s most complex responsibilities. During her presidency of Adas, the synagogue underwent a successful \$14 million capital renovation, pursuing innovative efforts to increase congregant engagement and deepen Adas’s involvement in the wider community. More recently, she led the synagogue in establishing new rabbinic leadership. Johanna is a born leader: people trust her, she has extraordinarily good judgment, she is inclusive and makes people feel validated. She has the talent and drive that produce results.

Johanna and Randy are also active Federation leaders. Randy’s involvement with Federation spans four decades, including leading two missions to Israel, receiving the Young Leadership award, chairing numerous committees, and serving on the executive committee. Johanna is on the board of the Federation, and co-chaired Federation’s Lion of Judah Mission to Russia in 2017. Together, they are philanthropic supporters of a wide and diverse array of Jewish organizations.

Johanna and Randy have also enjoyed very successful professional careers. Johanna, an attorney, had a long career with a Fortune 200 company, working in business, legal, and government relations. Randy is the president of Nellis Corporation, a private wealth management firm with an emphasis on commercial real estate investment.

Johanna and Randy are a loving couple who are full partners in dedicating their time, talent, and resources to strengthen Israel and the Jewish people.

It is my pleasure and honor to welcome Johanna and Randy to the *bimah* to accept the JCRC’s 2018 Breslau-Goldman Award.

Remarks from Johanna Chanin & Randy Levitt:

Johanna: Thank you, Erwin [Groner], for your generous remarks and for the true delight it is to be your friend. To follow in your and Leena’s footsteps and be guided by your examples is a great gift.

And thank you, Ron, and the JCRC leadership, for the tremendous honor of linking our names with the *shem tov*—the good name—of Hymen Goldman and the *shem tov* of Rabbi Isadore Breslau.

I cannot think of any award that would mean more to Randy and me than one celebrating community service. Participating in Jewish communal life is, for us, the truest and most meaningful expression of our Judaism. Jewish law itself tells us that some of our most important observances can only be performed in the presence of a minyan . . . there is profound wisdom in this idea of the collective: each of us matters, every person counts, and, even more so, when banded together for a common purpose. No organization understands that more than the JCRC. By

securing millions of dollars of public money to support our local Jewish agencies and synagogues, by organizing trips to Israel which give our local and state political leadership the opportunity to experience Israel first hand, and by giving voice to those in need . . . Ron, you and your exceptional team help assure the security and survival of our people and the Jewish state, and better the greater world.

Randy and I have had opportunities for involvement in the Washington Jewish community that exceed our wildest dreams. Arriving in DC from smaller communities in which our parents were all deeply engaged as leaders and supporters, we knew that organizational life was an important ingredient in a full life. While it was said in my house growing up that Jewish heaven is a place with no meetings; the truth is that, for both our families, engagement in Jewish causes was and remains a privilege. We do not take for granted a moment like this—standing in this beautiful synagogue, in a city of thriving Jewish life, among so many committed community members, and in the presence of family who nurtured in us a love of Judaism and Israel.

Randy: This evening is made particularly sweet because we are joined by all of our children—Rachel, Pete, Rebecca, Jeff, Carolyn, and Aviva. You make us proud beyond words. Each of you is a person of high character and each of you, in your own way, demonstrates, every day, your commitment to Jewish life.

And, our cups overflow with the love and support of our extraordinary moms, and of our remarkable siblings and siblings by marriage. You were—and will always be—our first community. Johanna and I are so deeply grateful for the opportunity to be counted among those who work to sustain and build the community and rebuild the world.

We want to especially thank the organizations that have recognized us by their presence here tonight and for the gifts that have been made to the JCRC in our honor—AIPAC, The Friends of the IDF, the Jewish Federation of Greater Washington, The Israel Project, ThebackStorygroup, Adas Israel Congregation, Beth El Congregation, the Washington Kollel, Chabad of Potomac, the Charles E. Smith Jewish Day School, the Milton Jewish Day School, and Capital Bank, among others. And, to our wonderful friends and amazing extended family—you are our loves, our sustainers. Thank you for being with us this evening.

And, a final thank you to Ron Halber and the JCRC for this meaningful recognition. We wish you, *hatzlahah rabbah*, in your continuing work for the Jewish people.





BIRTHS

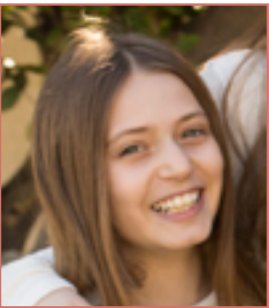
Hanna Cassell, daughter of Craig and Jennifer Saperstein, was born May 18.
Ajay Noah Krishnan-Levine, son of Zoe Levine and Shekar Krishnan, was born June 2.
Matan Ryan Cohen, son of Anna and Shay Cohen, was born June 14.

We wish our newborns and their families strength, good health, and joy.

B'NAI MITZVAH



Julian Gaines, September 1
Julian Saul Gaines, son of Ana Bilik and Michael Gaines, is a seventh grader at BASIS Independent McLean. His interests are cars, soccer and music. Julian celebrates his *bar mitzvah* with his family and friends who are traveling from New York to Memphis, and Argentina to Israel to join in his *simcha*. For his *mitzvah* project, Julian is exploring activities related to racial justice.



Julia Rich, September 29
Julia Brooke Rich, who is a seventh grader at the Charles E. Smith Jewish Community Center, shares her *simcha* with her parents, Sara Cohen and Norm Rich; her brother, Sean; and her sisters, Amelia and Lauren. She loves playing the electric bass, softball and traveling to new places.

IN MEMORIAM

We mourn the loss of synagogue members: Timothy Gloster Marilyn Berman Pollans	We note with sorrow and mourn the passing of: Vesta Elsie Nyrop Forbes, mother of Rae Brooks Murray Fromson, father of Derek Fromson Arnold Isenberg, father of Stacie Isenberg Weinstein Marcelyn Vener, mother of Susan Linsky
---	---

WEDDINGS

Mazal tov to . . .
Nathaniel Belasco & Susanna Groves on their wedding, officiated by Rabbi Holtzblatt
Megan Salzman & Andrew Feldman on their wedding, officiated by Rabbi Alexander



LIFE CYCLE INFORMATION



When Death Occurs
When death occurs, please call the synagogue office, 202-362-4433, so that we may inform the clergy and be of assistance. During business hours, ask for Marcy Spiro. After business hours, a staff member on call may be reached by calling the synagogue office at the number above and pressing “2” to be connected automatically, or by calling the answering service, 301-421-5271, which will page the staff member on call. On *Yom Tov* and *Shabbat*, even though detailed funeral arrangements should not be made, a staff member on call can still be reached at 301-421-5271.

Bereavement Committee
The Bereavement Committee assists families with all of the arrangements surrounding the funeral and subsequent burial of loved ones. We welcome your interest and encourage your participation and assistance. We need you; please join us. If you have questions, or know of someone whom you think might be interested in participating in this important work, please feel free to call Edie Hessel (202-244-7189) or contact Toni Bickart (202-244- 2747) regarding the Tahara Committee.



Hesed Committee
The Adas Israel *Hesed* Committee is committed to fostering a caring, compassionate, and giving community. If you are experiencing an illness, or have surgery or medical treatments planned, or if someone in your family has had a new baby, please let the *Hesed* Committee know. We want to reach out to you. Contact hesed@adasisrael.org.



Adas Israel Community Mikvah
Our *mikvah* is being renovated this summer! New tiles, new fixtures, and, most important, new features that will expand

everyone’s ability to access the *mikvah* safely. Stay tuned for more updates! Our *mikvah* is a sacred space where Jews can mark life transitions with powerful physical ritual. Immersing in a *mikvah* connects the body to the water cycle of our planet and to the sources of life. People visit our *mikvah* to observe the *mitzvah* of monthly immersion; to celebrate *s’machot*; to find strength during a difficult time; to pray for healing; to reflect on the meaning of becoming a bride, groom, or *bar* or *bat mitzvah*; to convert to Judaism. To learn more about our *mikvah* or to schedule an appointment, contact Naomi Malka, 202-841-8776 or mikvah@adasisrael.org. For more information, visit adasisrael.org/mikvah.

Mikvah Renovation

As you may have heard, the *mikvah* is going to be renovated this fall. When it is finished, we will have a fully accessible space that both parallels the esthetic of the main floor of our synagogue and reflects the experience of transition that this ritual represents. Here is a rendering from our designer, Ritter Norton Architects, the same firm that redesigned the Kay and Wasserman Halls. As you can see, the materials to be used convey warmth, nature, and calm. Included in this renovation are the two restrooms right outside the *mikvah*.

The dates of this project are from approximately October 8–December 15. For our regular users, we have arranged for access to Mikvah Chaim (at Ohev Shalom) on 16th Street during this time. Please contact us to help you arrange your visit there.

In the meantime, please save the date of **January 30, 7:00–9:00 pm**, for our grand reopening event, which will include

- a rededication ceremony by Adas clergy
- a Moth- or StoryDistrict-style storytelling event
- honoring our Mikvah Guides and everyone who supports our *mikvah*
- a dessert reception

Of course, the whole community is welcome!



Interested in chanting *Torah* or *Haftarah*?

If you are interested in picking up a short (or long!) reading over the summer and into the fall, please contact Hazzan Goldsmith at hazzan.goldsmith@adasisrael.org. If you have never chanted and would like to learn, Hazzan Goldsmith is available to help you!



SYNAGOGUE CONTRIBUTIONS

The congregation gratefully acknowledges the following contributions:

Adas Fund

In Honor Of: **Carole Klein** on her retirement by Rhoda Ganz. **Ricki Gerger** by Terry & Ada Leach.

For the Speedy Recovery Of: **Jack Greenbaum** by Barry Friedman.

Anne Bord High School Jewish Studies Challenge Fund

By: Deborah Saxon.

Anne Frank House Fund

By: Lillian Klein Abensohn, Andrew Akers, Anat & Avram Bar-Cohen, Howard Barshow, Richard D. Bernstein, Martin & Helen Blank, Peter Bonnell, Sheri Brown, Alan & Nancy Bubes, Leni & Gary Buff, Ben & Shelly Buring, Robert & Maria Burka, Frances & Sharon Burka, Stuart & Jamie Butler, Dr. Morris Chalick, Robert & Barbara Cline, Sheldon Cohen, David & Judy Cohen, Lois Cohen, Sandy Spring Bank, Kimberly Cox, Michael & Laura Cutler, Arnold Danziger, Linda Dreeben, Rabbi Charles Feinberg & Krayna Feinberg, Roger & Renée Fendrich, Melvyn & Barbara Gelman, William & Barbara Geffen, Sonya Gichner, Jonathan & Laura Ginns, Alberto Goetzl & Melinda Cohen, Paula Seigle Goldman, Manuel Schiffres & Rae Grad, Edward & Jeri Greenberg, Jonathan E. Hardis, Joseph & Sonia Herson, Stephen R. Hesnan, Beth & Steve Hess, Peter Kane, Dale Kaufman, Martin & Marlene Kirsch, Lisa Kleine & James Meltsner, Morris & Lynn Kletzkin, David J. Kline, Fradel Kramer, Elaine Kremens, June Kress, Gilah Langner, Carole Lerner, Gallia Lindenstrauss, Andrew Lipps & Eva Sereghy, Alan J. Lipsitz, Matthew Mariani & Meredith Josephs, Frank & Marta Miller, Ralph Mitchell, Carol Nachman, Shirley Nochomovitz & Martin Brownstein, Sandy & Lydia Parnes, David & Connie Povich, Larry & Edna Povich, Rhoda Ritzenberg, Richard Robey/SpeedPro Imaging, Carolyn Rogers, Miriam Rosenthal & Mileve Phillips, Robert & Rachel Rubin, Gabriela & Amalia Rubin, Stanley M. Salus, Gerald & Katherine Sandler, Ronald & Debbie Sann, Eric Koenig & Amy Schwartz, Gail Schwartz, Joseph Sellers & Laurie Davis, Margaret Siegel, Daniel & Sybil Silver, Daniel & Jane Simons, Megan & Benjamin Somers, Alan & Dale Sorcher, Lisa Stand, Howard Stanislawski & Susan Schwartz, Mark & Patricia Stenzel, Reuben & Marcia Sternfeld, Scott & Karen Strauss, John Sturc, Peter Sufrin, Dinah Sunday, Richard & Susan Ugelow, Comprehensive Environmental Assessments, Inc., Daniel & Nancy Weiss, Charles & Edith Weiss, Leslie & Phyllis Wiesenfelder, Robert & Gail Wilensky, Susan P. Willens, Jeanne Wolf, Anthony Zador.

In Honor Of: **Marcy Spiro & David Polonsky** with heartfelt thanks for supporting dial-in for *Shabbat* services by Ronnie J. Kweller. **Adina Mendelson** by Rhoda Baruch, Hon. Henry Waxman & Janet Waxman. **Alice Burton's** 80th birthday by Edward & Ruth Cogen. **Tom & Mary Foley** by Richard Foley. **Sue Ducat** by Claude Fontheim & Orit Frenkel. **Ed Kopf** by Hannah Hessel & Andrew Ratner. **Edna Povich**

by Ricki Gerger, Drs. Marion & Michael Usher. **Alice Burton** by Zach Gast. **Joy Midman** by Rosalyn Jonas, Diane Abelman Wattenberg. **Elias Stahl & Kristen Carvalho** by Lisa Pullinen. **Evan Werbel** by Marty & Elaine Schefflin. *In Memory Of:* **Ruth Bell** by Marilyn Austern.

Joe Berman by John Rogers & Susan Berman, Steven & Margaret Goldberg, Joel Piser & Jing Hsieh, Lynn & David Valinetz. **Nureyev** by Marsha Dubrow. **Ruth Eanet, Myron Eanet, Mollie Lazerow, Albert Schwartz & Bessie Lazerow Eanet**, all by Sheryl Fahey & Ken Colling. **Stanley Stein** by Marcia Fae Feuerstein. **Norma Passy** by Barry Friedman. **Marcia Feldman** by Arthur & Barbara Levine. **Bonnie Lewin** by Joshua & Laurie Lewin, Alison Luchs. **Lorraine Ray** by Howard & Sandy Marks. **Sophie Silfen** by Gail & Don Roache. **Edward Sussman** by Miriam Rosenthal & Mileve Phillips. **Elinor Yudin Sachse** by Harry Sachse. **Linda Speaks** by John Speaks. **Dr. Stuart Tattar** by Elinor Tattar. **Benjamin James Cecil Special Education Fund** *In Memory Of:* **Benjamin E. Friedman** by Judith Friedman. **Irene B. Luxenberg** by Judith Friedman & Joe Cecil.

Bereavement Fund

In Honor Of: Our anniversary by Harry (z”l) & Charlotte Teicher. *In Memory Of:* **Louis Naiman** by Arnold Danziger.

B'Yahad Special Needs Fund

In Honor Of: **Marsha Pinson**, a warm, dedicated & special teacher by the Lieberman Diamond family.

Cantor Brown Discretionary Fund

Mazel Tov To: **Cantor Brown** on a wonderful concert by Patty Andringa.

Cantor Max Wohlberg Memorial Fund

In Memory Of: **Harry Teicher** by Grace & Irwin Lebow.

Cantor Saltzman Youth Music Endowment Fund

In Memory Of: **Norma Nissenson** by Renée & Roger Fendrich.

Capital Fund Contributions

In Honor Of: **Morris Kletzkin** for receiving the 2018 *Yad Hakavod* award by Sheri Brown.

Charles Pilzer Computer Center

In Memory Of: **Charles Pilzer & Abraham “A.J.” Fogel** by Geraldine Pilzer.

Congregational Kiddush Fund

In Honor Of: **Jim Weinstein** giving the sermon on July 21 by Marcie Goldstein. Our anniversary by Adina & Sandy Mendelson. *In Memory Of:* **Robert Yablon** by Jeff Yablon. **Lillian Kahan** by Mark Kahan. **Lillian Kramer** by Richard Kramer.

Daily Minyan Fund

In Honor Of: **Hazzan Rachel Goldsmith** by Ricki Gerger. **Rabbi Herb Schwartz** by Steven Rosenthal.

In Gratitude To: The morning *minyan* by Emily Michelson.

In Memory Of: **Jonah Schiffres & Rita Schiffres** by Manny Schiffres. **Mae Ugelow** by Richard Ugelow. **Robert Forbes** by Rae Brooks. **Joseph L. Herson & Frances R. Stirman** by Sonia Herson.

Daily Minyan Sponsor Fund

In Memory Of: **Faye Yablon** by Jeff Yablon.

Dan Kaufman Children's Program Fund

In Honor Of: **Minna Kaufman's** 100th birthday by Marian Fox, Stuart & Jacob Horn.

In Memory Of: **Lea Hilowitz & Dr. Sidney Z.**

Kaufman by Minnie Kaufman.

Daryl Reich Rubenstein Staff Development Fund

In Memory Of: **Anne Reich** by Lee G.

Rubenstein.

Debra Goldberg Educational Fund

In Honor Of: **Debra Goldberg & Seth Waxman** on the birth of their grandson, Asher by Denise & Joel Gershowitz.

In Memory Of: **Harry Teicher** by Debra

Goldberg & Seth Waxman.

Doris Herman Gan Teacher Recognition Fund

In Memory Of: **Arthur Dreeben** by Linda

Dreeben.

Estelle & Melvin Gelman Religious School Fund

In Memory Of: **Melvin Gelman** by Elaine Miller.

Esther Saks Abelman Yiddish Cultural Fund

In Memory Of: **Isadore Sklar** by Frances

Silverman.

Ethel & Nat Popick Chronicle Fund

In Memory Of: **Neil Sherman** by Dorothy Block.

Frances & Leonard Burka Social Action Endowment

In Memory Of: **Fannie Gelman** by John Kossow.

In Loving Memory Of: **Lorrain Ray** by Susan & Morris Klein.

Fund for the Future

In Honor Of: **Sandy Marks's** special birthday by Susan & Morris Klein. **Ricki Gerger's** presidency by Rod Ross. **Morris Kletzkin** receiving the 2018 *Yad Hakavod* award by Ricki Gerger.

Johanna Chanin & Randy Levitt for receiving the Breslau-Goldman Award from the JCRC by Renée & Roger Fendrich.

In Memory Of: **Leonard S. Lipton** by Diane

Lipton Dennis. **Zuse Honikman** by Geraldine Dubit. **Howard Lavine** by Judith & Russell Smith.

Garden of the Righteous

In Honor Of: **Tal Shahar** and *mazel tov* to the Cutler/Shahar families with love by Rachel, Rubin & Louis, Cristor & Sara & Richard Zweig. *In Memory Of:* **Lisa L. Kurzbauer** by Ruth Ann Kurzbauer.

Harry & Judie Linowes Youth Endowment Fund

In Memory Of: **Mildred Bierman, Frayda Munves & Rose Linowitz**, all by Judie & Harry Linowes.

Havurah Kiddush Fund

In Honor Of: **Judy Bartnoff** reading Torah on June 15 by Donald Saltz. The 33rd anniversary of the Havurah by Paul & Claudia Taskier.

Hazzan Goldsmith Discretionary Fund

In Honor Of: **Howard Ungar** & his DC Klezmer Workshop by Mical & Michael Schneider. *In Gratitude To:* **Hazzan Rachel Goldsmith** for her assistance by Sybil & Steven Wolin.

Hesed & Bikkur Cholim Fund

By: **Marsha Dubrow**.

In Honor Of: **Rabbi Alexander** by the Hesed Committee. **Michael Fingerhut's** birthday by Jamie & Stuart Butler.

In Gratitude To: **Adas Israel** for my 12 Gan years & the farewell celebration; thanks for everything by Marsha Pinson.

In Memory Of: **Faye Cohen** by Renée & Roger Fendrich.

SYNAGOGUE CONTRIBUTIONS

In Loving Memory Of: **Faye Cohen** by the Stiglitz family.

Jacob Kainen Memorial Fine Arts Endowment Fund

In Memory Of: **Erica Rukin** by Alan Rukin & Heather Hoffman.

Kullen Family Fund

In Memory Of: **Dora Margolis** by Shirley Kullen.

Leonard Melrod Memorial Nursery School Endowment Fund

In Memory Of: **Elsie Forbes** by Lisa Samuels.

MakomDC Fund

By: Stephen & Maryse Horblitt.

Martha & Joseph Mendelson Adult Education Fund

In Honor Of: **Sandy & Adina Mendelson's** 60th anniversary by Sonya Gichner.

Masorti Fund

In Memory Of: **Barbara Pavony** by Anat Bar-Cohen.

Men's Club Amuday Torah Fund

In Memory Of: **Janet Green & Frank Berlin** by Leslie & Mark Berlin.

Mikvah Fund

In Honor Of: **Sandy Marks's** special birthday by April Rubin & Bruce Ray. **Roger Stone** by Dalis Stone. **Charlie Eskow** by Caroline Eskow.

Mildred & Jess Fisher Nursery School Fund

In Gratitude For: **Abby Koplow, Darci Lewis, & Stephanie Slater**, all by the Gan staff.

Offerings Fund

In Honor Of: **Marcy Spiro** by Craig Fifer. **Morris Kletzkin** receiving the 2018 *Yad Hakavod* award by Melanie & Larry Nussdorf. *In Memory Of:* **Harry Teicher** by the Krieger-Cohen family, Avery & Jacqueline Delotte, Oscar Goldberg, Janet & Joseph Palermo, Judith & Mark Hoffman, Kim & Jon Allan, Steve & Miriam Wolock, Jon Wiseman. **Yetta Ezring** by Sheldon Ezring.

Peter Dreyer Memorial Endowment Fund

By: Anonymous.

Rabbi Avis Miller Lifelong Learning Fund

In Memory Of: **Irving Bowers** by Connie

Bowers.

Rabbi Holtzblatt Discretionary Fund

In Honor Of: **Rabbi Holtzblatt** by Harry Rand & Jennifer Gibson, Yael Weinman.

With Thanks To: **Rabbi Holtzblatt** for making our baby naming such a special & intimate event by Max Parness & Elena Alschuler. **Rabbi Holtzblatt** for her support after the death of my husband, Seymour, by Rita Glanzer.

Rabbi Jeffrey & Judith Wohlberg Masorti Fund

In Honor Of: **Toni & David Bickart's** 50th anniversary by Ricki Gerger.

Rabbi Krinsky Discretionary Fund

In Honor Of: **Rabbi Sarah Krinsky & Jennifer Gibson**, Yael Weinman.

With Thanks To: **Rabbi Alexander** for being so welcoming her to Adas by Ricki Gerger.

In Memory Of: **Bernard Katz** by Rita Segerman.

Rabbi Solomon Discretionary Fund

In Memory Of: **Harry Teicher** by Flo & Larry Meyer.

Rabbi Stanley Rabinowitz History Fund

In Memory Of: **Florence Fibus** by Carole

Lerner.

Refugee Response Project

In Memory Of: **Mayor Obestein** by Renée & Roger Fendrich.

Rose R. Freudberg Sisterhood Memorial Library Fund

For the Speedy Recovery Of: **Shirley Cohen** by Annette & Adrian Morchower.

In Loving Memory Of: **Richard Polonsky**

Porter by Fradel Kramer.

In Memory Of: **Sol Tepper** by Edith Hessel.

Pauline Lantner by Louis Lantner. **Barney**

Usher by Michael & Marion Usher. **Ellen**

Schumer by Shirley Cohen. **Lillian Fox** by

Marian Fox. **Hilda Aks** by Vicki Perper. **Dorothy A. Slawsky** by Zalma Slawsky.

Roslyn & Theodore Kogod Confirmation Class Fund

In Honor Of: **Laurie Aladjem** by Susan Kay & Sam Frumkin.

Rothstein Family Israel College Scholarship Fund

By: Josh Wasserman.

In Memory Of: **Fanny & Robert J. Rothstein,**

Bette & Ralph B. Rothstein & Miriam & Irvin

Feldman, all by the estate of Bud & Lorain Rothstein.

Sandra & Clement Alpert Fund for Family Education

In Memory Of: **Dr. Clement Carl Alpert** by Dale & Alan Sorcher, Brian & Judy Madden.

Scott Dreyer Family Endowment Fund

By: Anonymous.

Shelley Remer Gan HaYeled Enrichment Fund

Mazel Tov To: **Charlie Suissa, Jason Flax, Talia Ehrenberg, Zoe Goldman, Lillian Berger**

on becoming b'nai mitzvah, all by Shelley & Stewart Remer.

Siddur Lev Shalem Praybook Fund

In Honor Of: **Morris Kletzkin** receiving the 2018 *Yad Hakavod* award by Herlene & Yaacov Nagler.

Sisterhood Fund

In Memory Of: **David Pope** by Jill Jacob.

Social Action Fund

By: Stephen & Maryse Horblitt.

In Memory Of: **Rose Goldberg** by Diane Cross. **Billie Biederman** by Shelley & Michael Kossak.

Beatrice Horblitt by Stephen Horblitt.

SOME

By: Sharon Burka.

Sophie Silfen Shalom Tinok Fund

In Honor Of: **Morris Kletzkin** receiving the 2018 *Yad Hakavod* award by Richard & Susan Ugelow.

Susan Isen Teacher Enrichment Fund

By: Robert Isen.

Susan Linowes Allen Memorial Music Fund

In Memory Of: **Susan Linowes Allen** by Richard Linowes.

Traditional Minyan Kiddush Fund

In Honor Of: Wedding of **Lara Chausow & Lauren Weiss** by Bill Levenson.

With Thanks To: **Rabbi Alexander** for being so welcoming when I was saying *Kaddish* for my mother, **Debbie Wilgoren** & the **Traditional Egalitarian Minyan** for being so welcoming

when I was visiting & saying *Kaddish* for my mother by Jacqueline Shelton.

In Memory Of: **Sanford Levenson** by Bill

Levenson.

Tzedakah Fund

In Honor Of: My *aliyah* in memory of my father by **Allan Abravanel**. **Morris Kletzkin** for receiving the 2018 *Yad Hakavod* award by the Pinson/Vine family.

For the Speedy Recovery Of: **Joe Gildenhorn**

by Blanche Speisman.

In Memory Of: **Leon Abravanel** by Allan

Abravanel. **Rebecca Lipkin** by Harriet Lipkin & Chris Sautter. **Beatrice Krantz & Robert Krantz**

by David Krantz. **Yetta Tersoff & Shirley Tersoff** by Susan Tersoff & David Margolies. **Abraham M. Goldsmith** by Gail Rouchdy. **Mollie Epstein**

& Harry Teicher by Cindy & Glenn Easton.

Hyman Stollman by Faye Moskowitz. **Hilda**

Sturc by John Sturc. **Elisabeth Montezinos**

& Abraham Montezinos by Arlette Jassel.

Walter Bell by Marilyn Austern. **David Surosky**

by Shelley Kossak. **Benjamin Eric Cooper** by

Richard & Judith Cooper. **Albert Schachter**

Sam Gerger, Tillie Gerger Lipowitz & Rabbi

Abraham Schachter, all by Ricki Gerger. **Amos**

Turk by Janet Wittes. **Edith Edelstein-Stone**

by Shirley Steinberg. **Solomon Shapiro** by

Stephen & Susana Shapiro. **Naomi Koplin**

Mizroch by Stephen Mizroch. **Sylvia Shreiar** by

Carolyn Goldman.

In Loving Memory Of: **Phyllis Taub** by Robert

Taub.

Yale Goldberg School Retreats Fund

In Memory Of: **Pauline Goldberg** by Lester & Karen Goldberg.

Yizkor/Yahrzeit Fund

In Memory Of: **Geraldine F. Adelman** by Adele Buckhantz & family. **Harry Popovsky**

by Alan Popovsky. **Morris Krauss & Dorothy**

Krauss by Laura Krauss Melmed. **Anne Klopfer**

Bressler by Dobra Marshall, Bennet R. Marshall

& Neil Bressler. **Harry I. Clayman & Rebecca**

Clayman by Caryn Clayman. **Ellen Leavy** by

Charlotte Teicher. **Carolyn Falk Hellman, Ida L.**

Hellman by Elinor Gruber. **Simon Sie Rubin &**

Sophie Lasky by Fae Brodie. **Arlyne Gartin** by

Francine Cohen. **Maurice Malasky & Edward**

Lisner by Gary Malasky. **George Jolson** by Ira

Mendelson. **Julius Y. Schwartz** by Susan &

Howard Liberman. **Fay Dektor** by Zelda Heller.

Frances Wolf by Sandra Schwalb. **Barnett Rich**

by James Rich.



2850 Quebec Street, NW
Washington, DC 20008

202-362-4433 • www.adasisrael.org
facebook.com/adasisraeldc

PERIODICALS POSTAGE
PAID
WASHINGTON, DC
AND AT ADDITIONAL MAILING
OFFICES

VOL. 81, NO. 2
September 2018
Elul 5778–Tishri 5779

A SACRED BLEND OF TRADITION & INNOVATION

CHRONICLE (USPS 005-280)
Jean Brodsky Bernard, *Editor*
Rich Webster, *Graphic Design*



Published monthly (except combined issue July/August) by The Adas Israel Congregation, 2850 Quebec Street, N.W., Washington, DC 20008-5200. Subscription \$25 per year. Periodicals postage paid at Washington, DC, and at additional mailing offices.

Postmaster send address changes to Chronicle, 2850 Quebec Street, N.W., Washington, DC 20008-5200. Telephone 202-362-4433; Hearing Impaired Relay Services 711; Fax 202-362-4961; Religious School 202-362-4449; Gan HaYeled Nursery School 202-362-4491; e-mail: AdasOffice@AdasIsrael.org. Affiliated with The United Synagogue of Conservative Judaism. Supported in part by The Ethel and Nat Popick Endowment Fund.

CELEBRATING OUR 148TH YEAR

The *Chronicle* Is Supported in
Part by the Ethel and Nat Popick
Endowment Fund

UPCOMING CHRONICLE DEADLINE—

November:
Friday, September 21, at noon