

Adas Israel Congregation July–August/Tammuz–Av

CHRONICLE



Rappelling in the Desert, 2018 Ma'alot Israel Trip!

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From the President

RICKI GERGER, ADAS PRESIDENT



A year ago I asked these questions in my first Chronicle column, and I'd like to see how well we're answering them:

"How do we deepen the connection of our members to our congregation?"

How do we help people reach higher levels of fulfillment here?"

How do we maintain momentum and exceed our own expectations?"

Under the leadership of Rae Grad, what our Hesed Committee has achieved in connecting people is extraordinary. Our Hesed teams have made weekly *Shabbat Shalom* phone calls to our homebound members, delivered meals to people who are sick or recovering, brought welcome baskets to our 125 new members, baked hundreds of honey cakes for *Rosh Hashanah*, and the list could go on and on. We're always looking for new ways we can connect with our members, and help them connect with each other, and you can read about the work that will continue to grow connections in the coming year elsewhere in this *Chronicle*. And we welcome your ideas for other ways we can connect people. Please send them to Rae at rgrad@comcast.net. Thank you!

Through the work of our Social Action Committee, Jamie Butler (jbg3611@gmail.com), chair, we've been instrumental in helping a beautiful Syrian family adjust to life in their new country. We've furnished a second apartment, this one for an Afghan family being resettled by the International Rescue Committee. We have members who advocate at the DC Council to increase funding for affordable housing. We tutor kids through Reading Partners. We serve breakfast and lunch at SOME. This committee continues to create ways for our members to connect with each other and work on behalf of the synagogue to make our world better.

Last year I also wrote: **"Every staff member, the lay leadership, the clergy, every teacher and aide and administrator, and, yes, each member of Adas Israel, can never be satisfied. Where we're good, let's become great. Where we're great, become excellent. Where we're excellent, be more excellent."**

How's that working out? This past year, through the dedicated efforts of our Rabbinic Planning Task Force, our Assistant Rabbi Search Committee, and our Board of Directors, we assembled one of the most outstanding clergy teams in the world of organized Judaism. As our new Assistant Rabbi Sarah Krinsky settles in, she and Rabbis Alexander and Holtzblatt, along with Cantor Brown and Rabbi Kerrith Solomon, are readying themselves to guide us through the High Holy Days, ensuring that the experience is deeply meaningfully, touching us in the way that resonates most personally for each of us.

Looking to the coming year, our Assistant Gan Director, Darcy Lewis; our Gan Developmental Support Coordinator, Stephanie Slater; and our Gan HaYeled Office Manager, Abby Koplow, are overseeing the nursery school while our Gan Director Search Committee develops a list of candidates to fill one of the most important positions in our synagogue. Our Gan students represent the future, not only of our *shul* but also of Conservative Judaism. We are grateful and honored to have the opportunity to introduce these children to Jewish values, and our new Gan Director is sure to be an outstanding educator who understands the importance and sanctity of this position.

Another clear example of our ongoing efforts to ensure excellence in everything we do is the work of our staff. Each person on the team, following Executive Director David Polonsky's example, displays a commitment to our congregation that I have found more inspiring than anything I could have expected. These past 12 months I've had the opportunity to spend time with our staff, and I wish you could witness how these people do so much more than just "get it done." Thought, and strategy, and the goal of making Adas Israel the best it can be are the forefront of the decisions our staff members make and the actions each of them takes. Very, very little happens by rote. Limited resources and time don't always make this easy and, no, our staff is not entirely perfect. But our staff is laser-focused on providing excellent service to our membership and we all owe each member a huge thank you and *yasher koach*.

Last year, I also warned about the dangers of complacency. We have to fight the natural temptation to focus on past accomplishments without recognizing the endless possibilities for becoming even better. Our Executive Committee, our Board of Directors, our clergy, and our staff get this, I assure you. And with your help and involvement, we will continue to build on our solid foundation to ensure that every day we will be better than we were the day before.

Best wishes for a wonderful summer, and thank you so much for the opportunity to be President of this outstanding synagogue.



Clergy Corner

RABBI LAUREN HOLTZBLATT



The summer months hopefully bring some ease & contemplation to each one of our lives.

A space of contemplating where we have been, what we have seen, experienced and the land we have traversed over the last year. Every week in Morning Awakening, a contemplative service that I lead, we both make space for the body and the soul. Right at the beginning of birkhot haschachar, the blessings of the morning, there are 2 prayers that ask us to pay attention- first to our bodies and then to our souls.

The first blessing is *asher yatzar*. *The blessing reads:* Blessed are You, God, our God, sovereign of the universe, who formed humans with wisdom and created within her many openings and many closings.

It is obvious in the presence of your glorious throne that if one of them were ruptured, or if one of them were blocked, it would be impossible to stand in your presence. Blessed are You, God, who heals all flesh and performs wonders."

This blessing is an opportunity each morning to become aware of the body. The vessel that we use every day to take us from here to there. The vessel that allows us to lift- both objects and humans. The vessel that we sometimes don't focus on enough to recognize when it is tired, when we have overworked it. This blessing is an opportunity to bring our awareness to the body and to have gratitude for what it makes possible in our lives. Even in the moments when it may not function as it used to.

The next blessing in our siddur goes from the physical into the internal emotional life. "Elohai nishamah shenatah bi tihorah he" "My God, the soul that you have given me is pure" I ask participants to close their eyes and to take an imaginary light and shine it inside the cavernous world of one's inner life. Where are you in this moment? What are you carrying? It is a moment to bring awareness to the inner life which fluctuates from minute to minute- to take a snapshot of what is happening in this moment before we spend the morning in prayer. And to remind ourselves that though looking internally may be difficult we are told that our souls are pure. Whatever you see in there is holy material.

The goal of both of these practices is to bring daily awareness to both the body that we travel in and the soul that animates us. By doing this we make space between the life that is happening inside of us and the action in the world around us. Often these are hard to distinguish as lines blend. This practice helps us to identify how we are affected by the world around us and to hopefully give us the opportunity to make choices about how we engage with the world. Finding quiet within the everyday is so essential for a healthy spiritual life.

As Rabbi Shimon ben Gamliel says (Avot 1:17), "All my life, I grew up among the sages and I did not find anything better for a person than quietness." May these summer months give you the gift of quiet and time for reflection.



Take Strength, and With Courageous Heart, Place Hope Towards God

HIGH HOLY DAYS 5779

Join us for an inspirational High Holy Day experience at Adas Israel this year. We invite you to step out of your daily routines, to join together with the *kehilla*, to reflect deeply on what matters to you, and to embrace the pinnacle of our Jewish prayer experience. This year our theme for the *Yamim Noraim* is centered around the last line of Psalm 27. The Psalm ends with the mantra: “Hope to God--be strong and build a courageous heart--Hope to God.” This year, it’s a phrase that feels palpably appropriate. We have encountered together the trials and triumphs of your lives, and we have witnessed the enormous strength, doubt, hope, pain, and, ultimately, the abundant quality of resilience you possess. Together we are invited to face each other and ourselves, and to build space for honesty, loss, longing, and, ultimately, connection.

Seating Reminder

Please note that again this year, after the sermons in the Charles E. Smith Sanctuary, a seat that has not been occupied will be considered available for seating. This applies to both dedicated and reserved seats. We thank our committee members and coordinators for sharing their time and their holidays so others can have a meaningful High Holy Day season. Watch your mail for the High Holy Day packet. We look forward to celebrating the most exciting time of the year with you, our Adas family.



SELICHOT
Saturday, September 1



ROSH HASHANAH
Monday & Tuesday, September 10 & 11



KEVER AVOT
Sunday, September 16



KOL NIDRE
Tuesday, September 18



YOM KIPPUR
Wednesday, September 19

Full High Holy Day Schedule & Information Available Online at
adasisrael.org/highholydays



Service Schedule

HIGH HOLY DAYS AT ADAS ISRAEL

🍏 EREV ROSH HASHANAH Sunday, September 9

COMMUNITY SUNSET SERVICE 6:45-7:45pm
Led by Adas Clergy • Charles E. Smith Sanctuary

📖 ROSH HASHANAH DAY 1 Monday, September 10

SHACHARIT 8:15am
Led by Michael Leifman & Clergy • Charles E. Smith Sanctuary
Lay-Led, Traditional Egalitarian • Gewirz Beit Am (begins 8:45am)

TORAH SERVICE 9:15am
🎵 Led by Adas Clergy & *Return Again Band* • Charles E. Smith Sanctuary
Lay-Led, Traditional Egalitarian • Gewirz Beit Am
Livestream Overflow • Biran Beit Midrash

FAMILY SERVICE 10:30am
Family Experience w/ Rabbi Solomon • Cohen Hall (Gan Space)

MUSAF SERVICE 10:45am (*Sermons at 11am*)
🎵 Led by Rabbis Holtzblatt & Alexander, *Sermon R’ Holtzblatt* • Smith
Led by Rabbi Krinsky & Cantor Brown, *Sermon R’ Alexander* • Kay Hall
Lay-Led, Traditional Egalitarian • Gewirz Beit Am
Livestream Overflow • Biran Beit Midrash

COMMUNITY TASHLICH 5:30pm
Led by Rabbi Krinsky • Meet at Quebec St. Entrance

MINCHA/MAARIV 6:45pm
Led by Hazzan Goldsmith • Biran Beit Midrash

- 🎵 With Instruments: *Reflective, Soulful Sounds*
- 🎵 With Instruments: *Traditional, Cantorial Melodies*

📖 ROSH HASHANAH DAY 2 Tuesday, September 11

SHACHARIT 8:15am
Led by Hazzan Goldsmith • Charles E. Smith Sanctuary

TORAH SERVICE 9:15am
Led by Rabbi Alexander & Cantor Brown • Charles E. Smith Sanctuary

MUSAF SERVICE 10:45am (*Sermons at 10:45am*)
🎵 Led by Rabbi Alexander & Cantor Brown • Charles E. Smith Sanctuary
Led by Rabbi Holtzblatt & Michael Leifman • Kay Hall

MINCHA/MAARIV 6:00pm
Led by Michael Leifman • Biran Beit Midrash

📖 KOL NIDRE Tuesday, September 18

MINCHA 5:45pm
Led by Hazzan Goldsmith • Biran Beit Midrash

KOL NIDRE 6:30pm
🎵 Led by Rabbi Alexander & Cantor Brown • Charles E. Smith Sanctuary
Lay-Led, Traditional Egalitarian Minyan • Gewirz Beit Am

RETURN AGAIN KOL NIDRE 7:30pm
🎵 Led by Rabbi Holtzblatt & *Return Again Band* • Adas Israel Parking Area

📖 YOM KIPPUR Wednesday, September 19

SHACHARIT 9:00am
Led by Hazzan Goldsmith • Charles E. Smith Sanctuary

TORAH SERVICE & YIZKOR 10:30am (*Yizkor ~11:10am*)
🎵 Led by Rabbi Holtzblatt & Cantor Brown • Charles E. Smith Sanctuary
Led by Rabbi Alexander & Michael Leifman • Kay Hall
Lay-Led, Traditional Egalitarian • Gewirz Beit Am

FAMILY SERVICE 10:30am
Family Experience w/ Rabbi Solomon • Cohen Hall (Gan Space)

YOM KIPPUR UNPACKED: A HIGHLIGHT EXPERIENCE 11am-12:30pm
Led by Rabbi Krinsky • Biran Beit Midrash

MUSAF & MARTYROLOGY SERVICE 12:45pm (*Sermons at 12:45pm*)
🎵 Led by Rabbis Holtzblatt & *Return Again Band* • Charles E. Smith Sanctuary
Led by Rabbi Alexander & Cantor Brown • Kay Hall
Lay-Led, Traditional Egalitarian Minyan • Gewirz Beit Am

AFTERNOON DISCUSSION 3:15pm
Guest Presenter • Kay Hall

MINCHA 5:00pm
Led by Michael Leifman • Charles E. Smith Sanctuary

LATE YIZKOR 5:00pm
Led by Rabbi Krinsky & Hazzan Goldsmith • Biran Beit Midrash

N’EELAH 6:15pm (*Shofar ~8:05pm*)
🎵 Led by Adas Clergy • Charles E. Smith Sanctuary

TRADITIONAL N’EELAH 6:45pm
Lay-Led, Traditional Egalitarian • Gewirz Beit Am



The Adas Fund

2018-5779

Inspired by the work of
HESED

Please Give to the Adas Fund in 2018

The Congregation's Only Annual Campaign!

Adas Israel is a sacred and caring community, where we enrich lives, forge relationships, care for each other, and teach truly remarkable Torah. Nowhere is this more apparent than in the work of our Hesed Committee. These dedicated community members focus on Acts of Loving Kindness for our members in times of both joy and sorrow. We are honored and humbled by their commitment and hope you will follow their good example by supporting our sacred congregation through our only annual campaign. The Adas Fund is the engine that drives all of this meaningful work in our community. Thank you for your support.

We look forward to hearing stories of inspiration and community from our Hesed Team members as the campaign progresses, and to celebrating their achievements over the High Holy Days. We hope you will join with them at any level of giving as we demonstrate our gratitude for the many personal and family journeys Adas Israel's members, clergy, and staff inspire.



Laurie Aladjem

*VP for Development
& President-Elect*



Ricki Gerger

Adas Israel President



Rabbi Aaron Alexander

Senior Rabbi



Rabbi Lauren Holtzblatt

Senior Rabbi

Learn more and pledge to the campaign at

adasisrael.org/adasfund



Letters, We Get Letters!

Stories from the Hesed Committee

The Hesed Committee produces countless amazing moments for our community members. For those participating in Hesed, it is very clear that both the giver and receiver benefit from the experience. In a future issue, we will hear from those who are the givers. This month, we hear from the receivers. Hesed is a blessing in both directions, giving and receiving. Please consider participating in both ends: volunteer to help and inform us know when you need help. Both ends matter, and of course, supporting this year's campaign will empower the committee to continue in this vital work.



JOYCE STERN:

I'm used to being on the giving end of the Hesed committee, being part of the team that delivers Hesed bags to the bereaved for the first Shabbat after loss of a loved one. But 18 months ago I fell and broke my arm just before Passover and had to cancel our usual trip with my husband to spend Passover with our son and his family. What to do? I had no stock of Passover food and was unable to cook myself or even shop because of the broken arm. Friends invited us to seders but what about the rest of the week? I turned to the Hesed committee. Kosher for Passover meals were delivered every day and several providers cheered me with a visit. I cannot thank Hesed enough.



LIGHT HALL FAMILY:

The Hesed committee was a huge help when we welcomed our baby girl home in April! Between coordinating meals and dropping off a very well thought out goodie-bag, we knew that our Adas community was there to support us. Thanks for all you do, Lexi, Deb, & Edra.



BETTY ADLER:

One never expects to have a situation where one is not only injured, but then incapacitated due to subsequent surgeries and recuperation. I was the fortunate beneficiary of Hesed's incredible organization after my unfortunate accident. From the moment I arrived back to DC, during my stay at Sibley and then recuperation at home, Rae Grad and the members of the Hesed committee were in contact regarding my needs, asking what help my husband Mark would need, and how many meals per week could be provided. I received wonderful visits from so many friends at the hospital and at home, delivered meals were delicious and healthy, phone calls were supportive and loving. Simple thanks and appreciation doesn't cover my feelings. Once my recovery is complete (soon!) I will be joining Hesed to give back some of what I received...I think that will be the best way for me to show my gratitude for Hesed and my Adas Israel family.



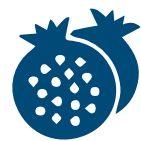
MARGIE SIEGEL:

Having been on the receiving end of Hesed meals, calls and visits when I broke my foot and ankle in five places almost two years ago, I have tried to repay all the kindness and caring by signing up for the Hesed meal train, by cooking as part of the Hesed team, and by spreading the word about the incredibly supportive and important role our Hesed team plays for all of us! The meals, the shopping, the driving, the caring made my recovery speedier, my quality of life infinitely better, and being part of the Adas community sure helped me feel cherished and well taken care of! Thanks again to everyone! Hope to keep paying back and forward as a Hesed volunteer for many years to come.



GOSSETT/RINGOLD FAMILY:

The Hesed gift bag we received upon the birth of our daughter last December was very thoughtful, and made us feel so supported by the Adas community. David Gossett & Dena Ringold



SELICHOT

Saturday Night, September 16 @ 9pm
Gewirz Beit Am

*Avinu Malkenu...
Be gentle with us,
be in relationship with us,
bring us to our full potential.
Even though we have limitations.*

Several days before Rosh Hashanah, Jews around the world gather together to recite the Selichot, a beautiful series of penitential prayers and meaningful liturgy. This tradition invites us to open ourselves up to the essential work of the Days of Awe: the process of repair and return, of acknowledgement and longing. It allows us to chant in unison and begin to come to terms with where we have erred in relation to ourselves, to others, and to the Holy One.

Our Selichot service includes highlights of the High Holy Day liturgy, coupled with the hauntingly beautiful sounds of the Days of Awe melodies. Please join the community for a warm evening of personal reflection through song, text, and sharing our own stories. The evening is generously sponsored by the **Mollie & Joseph Muchnick Selichot Fund**.

SUKKOT/ SIMCHAT TORAH

Sukkot begins on the 15th day of the month of Tishrei (Erev Sukkot is on Wednesday evening, October 4th, and continues for seven days). We encourage you to order your *Lulav* and *Etrog* (\$40 each) in preparation for the festive observance of the *Sukkot* holiday. This year you may order your Lulav and Etrog online at adasisrael.org/highholydays or by sending a check and order form to the attention of Hazzan Rachel Goldsmith (Hazzan.Goldsmith@adasisrael.org) at the synagogue.

Sukkot is known by several names, none more descriptive than *Z'man Simchataynu*, Day of Our Rejoicing. *Hag HaSukkot*, the Feast of Tabernacles, reminds us of the huts (*sukkot*) in which our ancestors dwelt in the desert for forty years on their way to the Promised Land.



HIGH HOLY DAY VOLUNTEERS NEEDED!

In addition to our clergy and staff members, we look to our community members to help us make *Rosh Hashanah* and *Yom Kippur* a spiritual, enjoyable, meaningful, stress-free experience for our 5,000 members.

Volunteering as a High Holy Day usher and/or greeter at Adas Israel can help you fulfill the *mitzvah* of *hachnasat orchim* (welcoming guests). Not only do we make sure that congregants and guests feel welcome, we also play a role in maintaining the security and dignity of our services. We direct worshippers to their seats; answer general questions; and distribute books, *kippot*, *tallitot*, and other religious materials. Simply stated, your service observance would not be the same without the assistance of our greeters and ushers.

If you would like to do more this year, consider participating as a High Holy Day volunteer. We need volunteers for all services, so no matter which service you attend, we can use your help at a time that is convenient for you. The time commitment is slight—two hours or less—and we have approximately 100 slots to fill.

If you're interested in learning more or volunteering, please contact Mark Berlin, HHD Usher Coordinator, at berlin.potomac@gmail.com or 301-294-9018. We have scheduled an orientation on Sunday, August 26, at 2:00 pm; more information about that will come later this summer. Thank you in advance for your assistance.



ANNUAL COMMUNITY CPR PROGRAM

Join us for our annual Community CPR program on Sunday, August 26, 4:00–6:00 pm (immediately after our High Holy Day volunteer orientation). This training provides an opportunity to learn or brush up on CPR skills. Refreshments will be provided. To register, contact Steven Miller, smiller173@aol.com or 703-981-1709. Registration is limited. There is no charge for synagogue members; for non-members, the cost is \$5.



EREV TISHA B'AV

Saturday, July 21, 9:00 pm
Maariv & Eicha

TISHA B'AV

Sunday, July 22, 9:00 am
Shacharit

For 20 centuries, Tisha B'Av, the ninth of Av, has been the saddest day in the Jewish calendar. *Yom Kippur* is known as the White Fast; *Tisha B'Av* is called the Black Fast. It commemorates the destruction of both Temples in Jerusalem, the death of Bar Kochba, and the last rebellion against Rome in 135 CE, as well as the expulsion of Jews from Spain in 1492. When they could, Jews historically would come to the area near the *Kotel* (the Western Wall) to read *Eicha* (the *Book of Lamentations*) and to weep. Most Jews, of course, could not come to Jerusalem, and during many periods, they could not approach the *Kotel*.

In modern times, the establishment of the State of Israel caused some to question whether *Tisha B'Av* was necessary any longer. This debate continues, although those who observe the day recognize its symbolic power and emphasize that we still lament the destruction of the Temples, which ruptured our sense of connectedness to God.

Our observance of *Tisha B'Av* at Adas Israel is exceedingly touching, a moving experience in which we gather as the sun sets to quietly chant the *Book of Lamentations* in a subdued atmosphere, by candlelight, using the traditional melody. The evening service on Saturday, July 21, begins with *Maariv* and *Eicha* at 9:00 pm. The scroll is again chanted as part of the morning service on Sunday, July 22, at 9:00 am (*Shacharit* and *Eicha*) and at 6:00 pm (*Mincha*).

Join us in this annual beautiful experience as we connect with tradition and history.



The Daily Minyan @ Adas Israel

When was the last time you made it to the Minyan?

Twice daily, we have the opportunity to strengthen our community by participating and sharing in the joy and responsibility of making a *minyan*. Attending the daily *minyan*, in one respect, serves a charitable purpose. It allows others to pray and recite *Kaddish* for their loved ones. Just as significant, however, are the spiritual gifts participants receive from the service itself. It is diverse in its attendees and filled with beautiful melodies, a special *ruach*, Torah readings on Monday and Thursdays, many opportunities for an *aliyah*, and the chance to take a meaningful pause in your day and to connect with friends. As members of a synagogue community, we owe it to each other and to ourselves to participate regularly in the daily *minyan*.

Please Join Us—Daily Minyan Schedule:

Morning: Monday–Friday: 7:30 am/Sundays & Legal Holidays: 9:00 am

Evening: Sunday–Thursday: 6:00 pm



Scenes from...

Visions of Israel

A Celebration of Culture & Creativity



JMCW@ADAS

jewish mindfulness center of washington



The heart has a way of expanding all the time. Just when I think there's no more room, it expands. It seems that the heart is infinitely capable of loving another. When we stop to realize this, it is quite miraculous. Our potential for connection is infinite.

RABBI LAUREN HOLTZBLATT

The world can often feel out of balance: On one hand, social media can inundate us with photos of the seemingly perfect lives of others. How do we remember to take this in stride and recognize the miracles of our own lives? At the same time, we see images of both far-off and nearby communities struck by the devastation of natural disasters, war, poverty, and hatred. How do we find equilibrium, rather than being overwhelmed, so that we can feel compassion for others? Jewish prayer invites us to start each morning with a moment of gratitude. *Modeh/Modah Ani L'fanekha*, reminds us to thank God for the miracle of life, our health, our body, our physical world, our eyes, all of which can easily be taken for granted. JMCW practices and programs give us a space to acknowledge the miracles in our daily lives through prayer, guided meditation, study, movement, and Jewish ritual. Throughout these summer days of much-needed light and space, JMCW continues to offer opportunities to keep us grounded in gratitude.

JMCW MEDITATION & YOGA

During July and August, meditation and yoga will be in a combined session on Tuesday evenings. These classes offer an opportunity to those who wish to explore embodied spirituality. Yoga offers an array of practices that seek to awaken and stimulate the senses through full mind/body exploration. Classes often draw on Mussar, Kabbalah, and the wisdom of Jewish thinkers. Meditation enables participants to come together for guided teachings, a wide variety of meditation techniques, and silent community sits.



Meditation & Yoga Combined Offering

TUESDAYS IN JULY & AUGUST @ 6:30–8:00 PM

Please check the new JMCW Google Calendar on the JMCW Adas webpage for more up-to-date information.



Morning Awakening Led by Rabbi Lauren Holtzblatt

SELECT TUESDAYS @ 9:00 AM

Come join JMCW for an uplifting 45 minutes of mindful prayer and song as we start the day together. Morning Awakening is a new take on the traditional Jewish morning service. Start your Tuesday with a dose of mindfulness, only at JMCW! Please check the JMCW webpage for up-to-date information.

There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.
—Albert Einstein

SPECIAL SERVICES & WORKSHOPS



Rosh Chodesh—Celebrating the New Moon Led by Alesandra Zsiba & Core JMCW Faculty

TUESDAY, JULY 10 AND AUGUST 14 @ 7:00–9:00 PM

This workshop invites women of all ages and body types to come together for a nourishing evening of Jewish yoga and mindfulness practice. Jewish tradition teaches that our bodies are deeply in sync with the lunar cycle, and if we drop in and listen, the timeless, embodied rhythms of *Rosh Chodesh* will seep to our surface. We will immerse in a lunar yoga practice incorporating essential oils. Following practice participants are invited to stay for a guided discussion or schedule a *mikvah* immersion. Please register to attend on the JMCW Adas webpage.



Wise Aging—New Cohort! Led by Janice Mostow and Betsy Strauss

SEPTEMBER 2018, MONTHLY SUNDAYS @ 10:30 AM–12:30 PM

Wise Aging is an exploration of aging well and wisely through a Jewish lens. The Wise Aging Adas group will meet regularly to learn, share experiences, and acquire skills to sanctify the moments in time that make up this stage in our lives. Old enough to see the horizon, we can become aware that every moment in time is an act of creation, a new beginning. Wise Aging sessions are based on resources developed for the Institute for Jewish Spirituality by Rabbi Rachel Cowan and Dr. Linda Thal, primarily Wise Aging: Living with Joy, Resilience, and Spirit. For more information, please see the JMCW Adas webpage.

For registrations, updates, and additional information and offerings, please visit the JMCW Adas webpage at adasisrael.org/jmcw or the JMCW Facebook Group. Please direct any questions to JMCW Director, Alesandra.Zsiba@adasisrael.org.

JMCW RECOMMENDS . . .



The Relationship Between Happiness & Gratitude

See this *On Being* blog post on the *Relationship Between Happiness and Gratitude*, which includes a wonderful video by Israeli illustrator Hanan Harchol: <https://onbeing.org/blog/the-relationship-between-happiness-and-gratitude/>.

On Being with Krista Tippett has several inspiring episodes on gratitude from different cultural perspectives. You can listen by streaming or download. Go to www.onbeing.org and put "gratitude" in the search bar. The *On Being* interview with Joan Halifax on *Buoyancy Rather Than Burnout* speaks to what some call "compassion fatigue." Again, search for Joan Halifax on the *On Being* home page. You can also explore the Adas Library for books on Jewish spirituality, meditation, and mindfulness. Some of these can be found under call number 175.01 or speak with Adas Librarian Robin Jacobson (librarian@adasisrael.org) for more information.



The Jewish Mindfulness Center of Washington @ Adas (JMCW) offers services, programs, and workshops that help deepen contemplative practices as part of our individual and communal religious and spiritual lives. Watch this space each month to follow these JMCW offerings. Visit our Adas web page at adasisrael.org/jmcw, where you can also subscribe to our weekly newsletter. Find us on Facebook, JMCW at Adas Israel!

adasisrael.org/jmcw



From the Director of Education

RABBI KERRITH SOLOMON



Summer may have begun for our students, but we are still hard at work here at Adas. We have been reviewing the past year and continuing to grow and strengthen our programs for the upcoming year. By exploring and updating our curriculum goals, *tefillah* expectations, and Hebrew benchmarks, we are already eager to see what the 2018–2019 school year will bring. Along with our Israel trip for our 10th graders, many of us have been traveling and learning, gearing up for new classes and opportunities for the fall.

While we recharge for what we are sure will be another unforgettable school year, we also say farewell and thank you to Danny Weininger as he travels back to Israel. Danny has been an important and inspiring addition to our team this year. He worked with students of all ages teaching Hebrew in Religious School, 8th-grade *Gesher* and 10th-grade in Ma'alot, and led the *Parshat HaShavuah* class on *Shabbat* every week. We will greatly miss Danny and his love of learning and teaching. We wish him only the best!

In the Gan HaYeled, our teachers have been hard at work as well. Summer is a joyful and exhilarating time at the Gan. Squeals of laughter can be heard emanating from the classrooms, the Plaza, and our Outdoor Learning Environment. The children enjoy summertime activities, water play in sprinklers, and hikes in Rock Creek Park, while continuing to have rich experiences and explorations in the classrooms. Science and literacy guide many of the classroom activities as the children investigate our summer themes of nature, animals, Israel, and care for our world. In addition, the administrative team is finishing up its planning for a rich year of learning ahead.

SUMMER PACKET

Religious School may not be in session, but the learning doesn't have to stop! Children who will be in 3rd to 6th in the fall have already received a Hebrew packet to work on over the summer, but there are still many ways you can work with your children reviewing the skills and themes of the year. So we would like to share our "Summer Packet" for our families:

- Attend a *Shabbat* service at Adas Israel (or in another location if you're traveling for vacation).
- Invite a guest for *Shabbat* dinner.
- Read a Jewish book together, or let your child read to you!
- Do something kind for a family member (play a game with your siblings, help with chores or cleaning around the house).
- Do something kind for a friend or neighbor (send a get-well-soon card to a friend who isn't feeling well or volunteer to wash a neighbor's car).
- Do something kind for someone you've never met (donate clothes, deliver cookies or goods to a local fire station, or play games at a senior living facility).
- Advocate for justice in your community (or country).
- Learn a new Jewish skill (learn to blow the *shofar* or learn a new blessing to recite).

Many thanks to Pam Ehrenberg for getting us started on this list. Do you have other suggestions? Let us know. The entire education team wishes you a fun summer full of adventure, and we look forward to seeing you all in the fall!



YP@AI
youngprofessionals/adasisrael

a community for young Jewish adults.

singles can meet singles, couples can meet couples,
newcomers can connect with other newcomers.

A Wonderful Year of YP@AI!



The Young Professional Community at Adas Israel has had a very busy year. YP@AI introduces people ages 21–35 to all that Adas has to offer. We have a dedicated group of volunteers who help plan and coordinate all of our events and help to inspire new programming for the larger Adas community. Here is a glimpse into our past year:

- celebrating *Shabbat* together as a community the first Friday of every month at Shir Delight
- serving meals to women at Patricia Handy Place every third Sunday
- partnering with Sephardic Jews of DC to host a meaningful *Tu B'Shevat seder*
- learning together at MakomDC
- taking out newcomers for coffee to introduce them to Adas and the YP Jewish community
- calling our new YP members to welcome them to Adas
- leading hikes in Rock Creek Park
- volunteering for *Purim*, *Kol HaOlam*, and all major Adas events
- hosting a *Shabbat* morning YP *Shabbat* and coordinating and leading the service



And, most important, our YPs are getting more and more involved with the larger Adas community: serving on the Board of Directors, volunteering with and taking leadership roles with the Hesed Committee, serving on the Inclusion Committee, leading projects for the Social Action Committee, performing with the Flash Choir, coordinating services for the Traditional Egalitarian *Minyan*, serving as *Mikvah* Guides, teaching in our Gan HaYeled and Religious School, and attending our Jewish Mindfulness Center programs, among others.

If you have any questions about YP@AI and getting more involved, please e-mail us at YP@adasisrael.org.



adasisrael.org/YP

JULY



| Friday | | Saturday | |
|--|--|---|------------------|
| 6 7:30 am 6:00 pm | 23 Tammuz 8:18 pm Morning Minyan Kabbalat Shabbat with Rabbi Krinsky & Cantor Brown | 7 PARSHAT PINCHAS 8:30 am Boker Or Parashat Hashavuah Class 9:30 am Combined Smith/TEM Shabbat Morning Service 11:00 am D'var Torah by Rabbi Alexander 12:00 pm Tot Shabbat 1:00 pm Congregational Kiddush 9:18 pm Shabbat Mincha Havdalah | 24 Tammuz |
| 13 7:15 am 6:00 pm | 1 AV 8:16 pm Morning Minyan Kabbalat Shabbat with Hazzan Goldsmith | 14 PARSHAT MATOT/MASEI 8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service, Sermon by Rabbi Krinsky 9:30 am Traditional Egalitarian Minyan 11:00 am Tot Shabbat 12:00 pm Congregational Kiddush 1:00 pm Shabbat Mincha 9:16 pm Havdalah | 2 AV |
| 20 7:30 am 6:00 pm | 8 AV 8:11 pm Morning Minyan Kabbalat Shabbat with Rabbi Holtzblatt | 21 PARSHAT DEVARIM/SHABBAT CHAZON 8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service, Sermon by Rabbi Holtzblatt 9:30 am Traditional Egalitarian Minyan 11:00 am Tot Shabbat 12:00 pm Congregational Kiddush 12:45 pm Shabbat Mincha 1:15 pm Post Kiddush Speaker: James Weisman 9:00 pm Erev Tisha B'Av Maariv & Eicha 9:15 pm Havdalah | 9 AV |
| 27 7:30 am 6:00 pm | 15 AV 8:06 pm Morning Minyan Kabbalat Shabbat with Cantor Brown | 28 PARSHAT VA'ETCHANA / SHABBAT NACHAMU 8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service, Sermon by Rabbi Krinsky 9:30 am Traditional Egalitarian Minyan 11:00 am Tot Shabbat 12:00 pm Congregational Kiddush 1:00 pm Shabbat Mincha 9:06 pm Havdalah | 16 AV |
| 3 7:30 am 6:00 pm 6:30 pm 7:30 pm | 22 AV 7:59 pm Morning Minyan Kabbalat Shabbat with Rabbi Alexander Shir Delight YP Shabbat Shir Delight Service with Rabbi Krinsky | 4 PARSHAT EKEV 8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service, Sermon by Rabbi Holtzblatt 9:30 am Traditional Egalitarian Minyan 11:00 am Tot Shabbat 12:00 pm Congregational Kiddush 1:00 pm Shabbat Mincha 8:59 pm Havdalah | 23 AV |
| 10 7:30 am 6:00 pm | 29 AV 7:51 pm Morning Minyan Return Again Service w/ Rabbi's Holtzblatt & Alexander | 11 PARSHAT RE'EH / ROSH CHODESH 8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service, Sermon by Rabbi Alexander 9:30 am Traditional Egalitarian Minyan 11:00 am Tot Shabbat 11:00 am Netivot 12:00 pm Congregational Kiddush 1:00 pm Shabbat Mincha 8:51 pm Havdalah | 30 AV |
| 17 7:30 am 6:00 pm | 6 Elul 7:42 pm Morning Minyan Kabbalat Shabbat with Hazzan Goldsmith | 18 PARSHAT SHOFTIM 8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service, Sermon by Rabbi Alexander 9:30 am Traditional Egalitarian Minyan 11:00 am Tot Shabbat 11:00 am Netivot 12:00 pm Congregational Kiddush 1:00 pm Shabbat Mincha 8:42 pm Havdalah | 7 Elul |
| 24 7:30 am 6:00 pm | 13 Elul 7:32 pm Morning Minyan Kabbalat Shabbat with Cantor Brown | 25 PARSHAT KI TETZE 8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service, Sermon by Rabbi Holtzblatt; Bar Mitzvah: Hayden Sherwood 9:30 am Traditional Egalitarian Minyan 11:00 am Tot Shabbat 11:00 am Netivot 12:00 pm Congregational Kiddush 1:00 pm Shabbat Mincha 8:32 pm Havdalah | 14 Elul |
| 31 7:30 am 6:00 pm | 20 Elul 7:22 pm Morning Minyan Kabbalat Shabbat with Rabbi Krinsky | 1 PARSHAT KITAVO 8:30 am Boker Or Parashat Hashavuah Class 9:30 am Shabbat Morning Service, Sermon by Rabbi Alexander Bar Mitzvah: Julian Gaines 9:30 am Traditional Egalitarian Minyan 9:45 am Havurah Shabbat Service 12:00 pm Congregational Kiddush 12:30 pm Havurah Shabbat Kiddush 1:00 pm Shabbat Mincha 8:22 pm Havdalah | 21 Elul |

AUGUST

EREV TISHA B'AV
Saturday, July 21, 9:00 pm
Maariv and Eicha
TISHA B'AV
Sunday, July 22, 9:00 am
Shacharit

SHABBAT MORNING SERVICES:
Please turn off cell phones and pagers before entering services.

Charles E. Smith Sanctuary: Join us for our *Shabbat* morning services in the renewed Charles E. Smith Sanctuary, the synagogue's largest worship space, led by our inspiring Rabbi and Cantor. The service includes a *D'var Torah* and sermon by the Rabbi and often includes participation by members and *B'nai Mitzvah*.

Traditional Egalitarian Minyan (TEM): Every *Shabbat* morning at 9:30 am, with the Torah service around 10:30 am. Led by laypeople with the occasional assistance of Adas clergy, the TEM is a participatory service with a full *P'sukei DZimrah* (introductory Psalms), *Shacharit*, and *Musaf*, a complete reading of the weekly Torah portion, and a *d'var Torah*. For more information, e-mail traditionalminyan@adasisrael.org.

Havurah Service: Lay-led, participatory service at 9:45 am. Rotating volunteers lead services, read Torah, and conduct an in-depth discussion of the weekly Torah portion. A *kiddush* follows the service. For additional information and to participate, e-mail havurah@adasisrael.org.

Youth Shabbat Services: Starting with Tot *Shabbat* for children ages 5 and under led by Menuhah Peters or Rabbi Ben Shalva. *Netivot*, for students in grades K-3, is led by Linda Yitzchak or Allison Redisch. Junior Congregation, for grades 4-6, is led by Yoni Buckman and teenage *madrichim*.

'Dial-in' for Programs & Services: If you are unable to attend programs, lectures, or services, dial in to hear them. Call 202-686-8405.

Library Open on Shabbat: Our third-floor library is open on *Shabbat* following services. You may sign out materials using our "no-writing *Shabbat* method," explained in signs on the check-out desks. For assistance during the week, contact our Director of Library Services, Robin Jacobson (librarian@adasisrael.org).



sisterhoodnews

NETWORKING, NURTURING, LEARNING, SUSTAINING

We had a very successful year in which we built community through a variety of genuinely interesting activities. Please see the Sisterhood webpage, www.adasisrael.org/sisterhood, for details and for the results of our June leadership elections for the coming year. In addition, see our Photo Slideshow on the webpage.

In the past year, our Sisterhood grew to more than 200 members. Each member is valued. We help each other, and learn from each other in so many ways. Thank you, and *yishar kochachen!* Watch for our autumn mailing, and continue to tell us what you would like to do through Sisterhood! Happy summer.



2017-18 Sisterhood President
Miriam Rosenthal

Sisterhood Knitting, Sewing, and Craft Circle's Successful First Year

BY LESLEY FROST



The Sisterhood Knitting, Sewing, and Craft Circle has had a very good first year of completed projects, friendship, and learning. Under the leadership of Rita Segerman and Lea Stern, and with generous donations of yarn from several sources, the knitters have donated 22 adult hats, 15 scarves, and 8 baby hats to the Edlavitch JCC Homeless Project, the International Rescue Committee, and the Adas Israel Hesed Baby Baskets. Adas members, friends, and neighbors who knitted included Julie Hoffman, Shirley Cohen, Helen Marshall, Rhoda Baruch, Lotta Branfman, and Elinor Tattar.



We had the pleasure of learning with Hazzan Rachel Goldsmith and singing with Cantor Ari Brown as we explored "the work of our hands" through text and song. We also had invaluable support from Rabbi Lauren Holtzblatt, David Polonsky, Sisterhood President Miriam Rosenthal, Hesed Committee Chair Rae Grad, IRC liaison Katy Gingles, and Amanda Ford from Temple Beth El Sisterhood.

Over the summer, the sewing group will complete two Torah mantles, a Torah cover (Bein Gavra), and a reading desk cover for the Adas Israel *Havurah*. Arlette Jassel's vibrant designs have been turned into fabric art by Sue Greenberg, Anat Bar-Cohen, Adina Mendelson, and Kathy Sandler.

I look forward to next year's projects and welcoming all Adas members, together with friends and neighbors, to join us in the pleasures of working with our hands.



Donald Saltz, *chaver extraordinaire* (center, in blue shirt), is honored by Sisterhood

A hearty thank you to our *chaver extraordinaire*, Donald Saltz, who continues to support Sisterhood in so many ways, including sponsoring the Guest Scholar for Sisterhood *Shabbat* in memory of his dear wife, our friend Mozelle Saltz (z"l). *Yasher koach*, Donald!

To join Sisterhood and keep up with our opportunities, check out our Facebook page, <https://www.facebook.com/AdasIsraelSisterhood/> or @AdasIsraelSisterhood; our web site, www.adasisrael.org/sisterhood, including the online calendar; and our announcements via @adas, e-mails, and the Order of Service.



ruth & simon albert

sisterhood gift shop

Is your child becoming a *bar* or *bat mitzvah* in the fall? If so, please stop in to see our many beautiful new *tallitot*. And don't forget to order your candy.



Summer Hours
Tuesday, Thursday, & Friday,
10:00 am–12:00 noon

or by appointment by calling:
Jean Bernard, 301-654-8914
Diane Keller, 301-442-7625
Susan Winberg, 301-656-7766

Every purchase benefits
Adas Israel Congregation.
202-364-2888
adasgiftshop@gmail.com



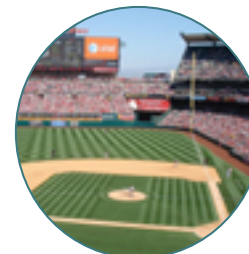
Calling All Seniors!

Moment Magazine Senior Salons invites you to join Opinion Editor Amy E. Schwartz in discussion about . . . "What Makes Us Happy?"

Tuesday, July 17, Program: 11:00 am, Lunch: 12:00 noon, RSVP to Kim at SeniorsD@edcjcc.org by July 13
(*Moment* will provide lunch for new program attendees.)

The search for happiness is as old as humanity itself. In Jewish culture and text, the subject of happiness surfaces repeatedly. Confronted with the absolute devastation and evil of the Holocaust, Jewish thinkers revisited the topic. Among them was survivor and psychiatrist Viktor Frankl, who gave birth to what is now called positive psychology, the scientific study of how to make people happy. **Amy Schwartz** will lead an interactive program as we attempt, not to discover the secret to happiness, but to explore Jewish insights into the search for this elusive state of mind.

Moment Opinion Editor Amy E. Schwartz earned a degree in literature from Harvard University. She worked at *Harper's Magazine* and the *New Republic* before joining the *Washington Post*, where she was an editorial writer and op-ed columnist on cultural issues from 1985 to 2002. Schwartz has also lived in and reported from France, Germany, and Turkey and has been *Moment's* opinion editor since 2011.



Join Us for Nationals vs. Miami Marlins at Nationals Park

SUNDAY, AUGUST 19; GAME BEGINS AT 1:35 PM

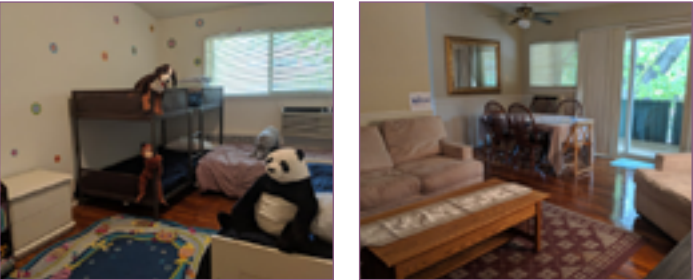
The Jewish Federation of Greater Washington is proud to host the fourth annual Grand Slam Sunday: Jewish Community Day at Nationals Park. On August 19, the Washington Nationals will take on the Miami Marlins at 1:35 pm. Join us two hours before the game for activities and fun for all ages! Don't miss out; purchase your tickets today. For Adas Israel's ticket block, visit <http://www.shalomdc.org/gss2018adasisrael/>. **See you at the ballpark!**



tikkunolam

'REPAIRING THE WORLD'

SOCIAL ACTION COMMITTEE

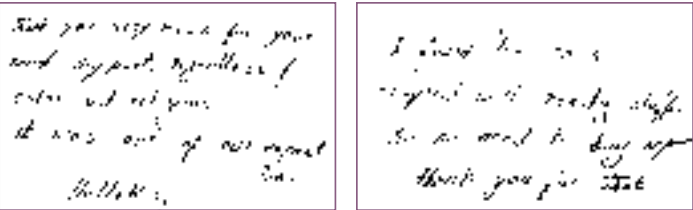


Words of Appreciation from Afghan Refugee Family and International Rescue Committee Staff

Corey Rheingrover, International Rescue Committee (IRC) logistics specialist, shared these words with us after having accompanied the family to the apartment that Adas Israel furnished: "... the apartment was not only beautifully arranged but it also had the extras that families most often ask about (microwave, TV, laptop, bicycle, rugs, iron, ironing board, etc.). I bragged about how good the apartment looked to the whole team here ... It was unanimous that the room for the kids was something special."

Corey paraphrased feedback from the father of the family: "I want to thank the synagogue very much for what they have done for my family. It shows their kindness and that they want to help all people because they are human beings. We lived with my three brothers back in Afghanistan, and we only had one room for our family. The children are not used to this type of privacy. They seem to love it."

The parents followed up with a personal note, written in English, thanking us for our work. State Department rules do not permit us to have any contact with this family since we are not sponsoring them. However, through the IRC mentor program, individuals can become mentors to them. If you are interested in exploring the mentoring program, e-mail Adas member Alex Levy, aglevy@gmail.com.



Hesed & Social Action Partner to Help with Appreciation Meal for First Responders

Wonder what an appreciation meal for 200 first responders looks like? A cadre of Adas volunteers, coordinated by Adas member Gilbert Holland, had the exciting opportunity to find that out on May 17 when we brought food and drinks, helped set up, and served food to police officers and fire/emergency medical service personnel. These are the individuals who are among the first to provide assistance in emergencies. The Second District Metropolitan Police Department's (MPD) Citizens Advisory Council (CAC) sponsors the annual event, led by Second District CAC Chair Samantha Nolan. Second District MPD's CAC is part of eight councils citywide established to work with our police districts and headquarters MPD. The full-day appreciation meal began 18 years ago with three volunteers serving for four hours. This year, 47 people served and 13 more volunteers prepared food or delivered drinks. In a letter, Nolan thanked Adas Israel volunteers for helping to make the event a success.



A Hesed and Social Action Initiative, Lev B'Lev Hosted its First Iftar on June 5



INCLUSION UPDATE

Jim Weisman to Speak July 21



James (Jim) Weisman is considered one of the biggest champions of people with disabilities in the U.S. He is the CEO and general counsel of United Spinal Association, formerly known as the Eastern Paralyzed Veterans Association (EPVA). Weisman joined the EPVA in 1979 as an attorney, and his nearly 30-year tenure there has included many accomplishments. He shares that the highlight of his career was his role in framing the Americans with Disabilities Act and being present at its signing in 1990.

Weisman is famous for his great storytelling abilities. He makes excellent use of humor and brings to life stories of the people he is fighting for. In the mid-'80s he also put together a comedy act and performed at local bars. If you happened to be in the audience, you might have been part of his act.

One of the first legal battles he became known for in the early 1980s was the lawsuit he brought against the New York Metropolitan Transportation Authority, demanding that the city provide an accessible bus network, make key subway stations accessible, and create paratransit. The lawsuit took seven long years but was ultimately successful. When the city buses started to become accessible, the lifts were in the rear of the buses and had to be operated with a key. Many drivers did not want to leave their seat to operate the lift, so they would say they didn't have the key. To rectify the situation, somehow EPVA obtained the

master key and within a year every disabled person in New York City had a key. This all happened 11 years before the passage of the Americans with Disabilities Act (ADA). In 1988, EPVA sued the Philadelphia's transit system yielding similar results.

Weisman was a key negotiator with members of Congress, promoting passage of the ADA and the Act's transportation provisions in New York City and Philadelphia to the whole country. He is a founding board member of the American Association of People with Disabilities (AAPD), and his suit against New York City for curb ramps has resulted in expenditures of \$243 million to date. United Spinal, led by Weisman, is active in the disability rights movement and was successful in getting New York's yellow cabs to be 50 percent accessible by 2020. He has also taken on Uber, demanding that its vehicles become accessible. He is routinely consulted by advocates, attorneys, employers, real estate developers, and others seeking to include people with disabilities in their workforce, programs, and customer bases. At *Shabbat* services on July 21, Weisman will discuss the Americans with Disabilities Act, which celebrates the 28th anniversary of its signing on July 26. He will reflect on how far we have come and what we may look forward to with real stories and anecdotes. After *kiddush*, we will be treated to more of his stories about how he continues to work to make New York and the rest of the country inclusive for people with disabilities. Please join us!

ANNE FRANK HOUSE



Dear Adas Israel Community:
We hope you're all having a relaxing and refreshing summer. It's an easier time of year for our residents, who have gotten through a long winter, some of them coping with a number of health-related issues. Nonetheless, they're all grateful to have a place to call home, which is thanks in part to the support of many of you.

By now you have received Anne Frank House's annual fundraising letter. As always, Anne Frank House relies in so many ways on the Adas Israel community, and we're grateful for everyone's continued support of our work. It's in large part thanks to this support that we are moving ahead with our goal of 14 residents by 2020.

Here a few "fast facts" about the work we do:

- Anne Frank House provides apartments in NW Washington to 11 formerly homeless people who suffer from mental illness.
- AFH makes the difference between a degrading, difficult existence on the streets and a secure, stable, dignified, and independent home life.
- AFH is an all-volunteer organization.

continued on next page ...



- Over 90 percent of our income goes directly to serving our clients.
- Through a partnership with Friendship Place, AFH pays for our clients to receive psychiatric, medical, and case management services.

There are several ways to contribute:

- On our website: <http://www.theannefrankhouse.org>.
- Mail a check to us directly at P.O. Box 73275, Washington, DC 20056-3275.
- On the Adas website, choose to direct your contribution and select the “social action and special needs funds” dropdown.
- Send a check, payable to Anne Frank House, to Adas Israel.

If you have any questions about Anne Frank House or want to get involved with our work, contact Sue Ducat at stansue@verizon.net. We are looking for new board members. If you have experience in real estate or property management, or know anyone who does, that would be especially helpful. But regardless of your experience, we appreciate your interest and are confident that we could put your time, and your commitment, to good use.

Enjoy your summer!
Ellen Ficklen & Marian Fox, Co-Presidents



HESED L'Dor V'Dor Project

As summer approaches and some of us head out for summer vacation, our clergy and the Hesed Committee continue their work to bring support and kindness to members of our congregation.

Abraham Joshua Heschel says, “There are three starting points of contemplation about God: three trails that lead to God. The first is the way of sensing God’s presence in the world in things; the second is the way of sensing God’s presence in the Bible; and the third is sensing God’s presence in sacred deeds. These three ways correspond in our tradition to the main aspects of religious existence: worship, learning, and action.

We are delighted to share our outline for a new effort: the **Hesed L'Dor V'Dor Project**, the goal of which is to create community within and among all age cohorts of the Adas membership. Our hope is to build community further through acts of lovingkindness. We want to help members who are mostly

confined to their homes by helping them to get connected in a meaningful way to the Adas community.

During a conversation a while back, one of our members asked us, “What are we doing for our members who have challenges that make meaningful connections to Adas?” That conversation pointed our clergy and volunteers in a direction that will become an integral part of the way the Hesed Committee and Adas create connections.

Members of the our Hesed committees are already engaged in many “connecting activities” such as making outreach and *misheberach* phone calls, home visits, and meal deliveries. Our clergy have been making home visits as well. The **Hesed L'Dor V'Dor Project** hopes to enhance and enrich those activities by engaging more facets of the Adas community in bringing service to people who are unable to come to us. For example, our religious school students might do some writing projects and sponsor some special joint religious services. Our GAN parents could help as well in ways that work for them. The project also plans to offer workshops, classes, and programs to address topics specific to the issues of aging from a variety of perspectives.

Of course, the L'Dor V'Dor committee needs your help in sharing your ideas about how to enhance these connections and in your volunteer efforts to support the plans. Please contact HESED@ADASISRAEL.ORG with your ideas and your offers to help.



Ma TovU

Our Ruth & Simon Albert Sisterhood
Gift & Judaica Shop Volunteers

HONORING OUR LEADERS & VOLUNTEERS

Interviewed by Marcy Spiro, Director of Membership Engagement

Everyone coming into the Ruth & Simon Albert Sisterhood Gift & Judaica Shop—whether shopping for *b’nai mitzvah*, conversion, confirmation, or wedding gifts; a present for a friend (Jewish or non-Jewish); or a special occasion card—is struck by the variety of items, both religious and secular, the shop carries. But what is just as impressive is the professionalism, friendliness, and knowledge of the shop’s very special volunteer sales associates, many of whom have worked there for years. Without their efforts, the shop would not be the success it is and would not be able to support the synagogue financially as it does.

We’d like to take this opportunity to thank the Sisterhood members who donate their time in this way. Below we introduce you to them as they describe their experiences as sales volunteers.

Gift Shop Managers



Diane Keller: I am a third-generation Adas member and became a Sisterhood member approximately 18 years ago. I started working at the gift shop as a co-manager with the amazing Shirley Abrams. Over the next 18 years, I led a resurgence of both product and revenue growth through modernization and technology automation of our formerly tiny, strictly Judaica shop, enabling us to become an upscale gift shop specializing not only in Judaica, but also carrying beautiful gifts for many occasions. I am proud to have been an important contributor resulting in significantly increased donations from gift shop profits to our synagogue.



Jean Bernard: I think I've been volunteering for about nine years and am one of three co-managers of the shop. I began volunteering because Shirley Abrams was heading up the management, and I loved working with her. My first shift was Friday mornings, which dovetailed well with my freelance working schedule. I do remember that on the first day I worked on my own, when I counted the drawer at the end of the day, I was \$19 short. Talk about humiliation! I called Diane Keller and admitted my debacle, assuming that I would be fired on the spot, but she was very forgiving. After I had worked for a few months, Diane and her then-co-manager, Helene Weingarten, asked me if I would like to be the third co-manager. Working in the shop was fun, and they are very nice people, so I said yes. And here I am today. What I didn't bargain for was that I would become the tech “guru,” which still gives me some sleepless nights.



Susan Winberg: I became involved in the gift shop five years ago. Jean and Diane were looking for a third co-manager, and I had run the Bombé Chest for JSSA for many years. I enjoy helping people and contributing my time to Adas. I also enjoy buying new items for the shop and displaying them.

Sales Associates



Nancy Weiss: I am the longest-serving volunteer in the shop at this point—about 20 years. I started there because one of my *bat mitzvah* sisters was then the manager, and she asked me to help. I work Tuesday mornings. We have a few people who work in the summer now, but for many years I was the only summer volunteer. One year the manager was away for the summer and I did the mail, banking, etc.

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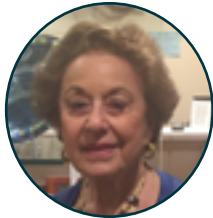
Ruth Ernst: I have been responsible for the evening shift whenever the Hebrew School meets since 1997. I first attend the evening *minyan* and then open the shop from 6:15 to around 8:30 pm. The two plus hours go very fast. Everyone who comes into the store comments on the beautiful selection we have, thanks to our great managers. I started becoming active in Sisterhood by volunteering at the Friday morning *kiddush* preparations under Estelle Jacobs. We were a very dedicated group of ladies and were able to provide a delicious and profitable *kiddush* after services on *Shabbat*. When the synagogue hired a caterer, I transferred my volunteer efforts to the gift shop.



Susan J. Wedlan: I have been associated with the gift shop for over 10 years. I started on Sundays, with Judy Hartman as my co-volunteer, while my three children were attending religious school. Sundays seem to be the busiest day of the week for the shop, and I loved all the activity. Now I take the Tuesday afternoon shift and follow up by volunteering in the library afterward. I enjoy having friends come in for a chat while they browse and buy. We have such a wonderful selection of Judaica; I am sure I am a top customer of the shop!



Myra Promisel: I have been a volunteer sales associate for about nine years. I very much liked the women who were involved (including Shirley Abrams and Ruthe Katz, both of blessed memory). I grew up in the retail business and have always enjoyed doing that kind of work. I love meeting people—synagogue and Sisterhood members—but also those going to the *mikvah* or passing through Adas for some other reason. I have continued volunteering because I enjoy working with our current managers and the other volunteers, and I appreciate that what we are doing in the shop is so important in supporting the synagogue.



Leah Chanin: I have worked at the gift shop over eight years. I am a sales clerk once a week but I try to promote the shop in other ways. I began volunteering there because it is a lovely shop with a lot of Judaica, which is hard to find in the area. Also, you get to meet a lot of our congregants and others who come into our building for so many reasons—*mikvah*, Gan, to view our facilities, to meet our clergy, etc. One thing all of us get to do is to “instruct” people about a lot of the ritual objects, like what a *yad* is used for, what *tzedakah* boxes are for, when the *yahrzeit* candles are used, picking out books for children, etc. In a small way, we help educate people about Judaism’s ritual objects. I remain in the job because it is a wonderful working environment and the merchandise is so beautiful and fun to sell. Visitors always comment about the quality of the things we sell.



Marian Fox: I’ve been working Sundays at the shop for well over six years. It’s very different from my real job and gives me a chance to connect with my retail side. I love talking to customers and helping them find purchases that are just right for them.



Bunny Weinstein: I have volunteered at the gift shop for over six years. I began because Leah Chanin can talk anyone into doing anything. I feel that the shop serves not just members of the congregation but also the wider community. On Sunday I often have people from buildings nearby who say they don’t know where else to buy candles, menorahs, etc. How nice to know the gift shop accommodates them as well.

(Note: The shop’s two newest volunteers, who work on an occasional basis, are Cathy Slesinger and Barbara Winnik.)



Membership Connection

Adas Israel is a community of communities. We are a vibrant, multi-generational synagogue that offers access to Jewish life and community for people of all backgrounds. We consider our size and diversity to be an advantage because we are able to offer different pathways or touchstones to help our diverse members find their connection to Judaism.

Our Membership Engagement Committee has three subcommittees: Hesed Committee, Bereavement Committee, and our newest, Member Connector Committee or, as Committee chair Brett Gotlib refers to it, MC². The Member Connector Committee consists of three teams: the Call/Notes team, led by Nathaniel Berman; the *Shabbat Keshet* team, led by Julie Weisman; and the Ambassadors/Connectors team. Our goal is to ensure that all members find their place and community—their *connection*—here at Adas. We are excited to introduce ourselves and start connecting!

As a board member of Adas and chair of a Social Action Committee working group, I feel it is important for those who are new to our community to have a sense of belonging from the very first time they step through our doors. Being a member of a large congregation can be an overwhelming experience for some individuals. We want all people, regardless of their backgrounds, to feel welcomed, appreciated, and valued members of the Adas family!

—Salina Greene, Adas Board Member

God created many great works in the first six days of B’reishit and pronounced them either good (tov) or very good (tov maod). Only once in this parasha does he use the term not good (lo tov) when he declares that “it is not good for man to be alone.” This message rings true today even as newspaper headlines proclaim that loneliness is a risk factor on a par with obesity and smoking. Community therefore is a vitally important aspect of the Adas experience. Look for a fall community dinner specifically designed to help connect our congregants to the wonderful diversity that comprises our shul, followed by new opportunities for Shabbat Keshet connections.

—Julie Weisman, Shabbat Keshet Team Lead



The goal of my team is to reach out to current Adas members via calls and notes to celebrate milestones in their lives, such as membership anniversaries. We meet periodically to make these calls and/or write these notes, sharing what we have been enjoying at Adas and, we hope, strengthening the connections that these members have to the broader Adas community. I have been a member since 2016 and really enjoy how I’ve been able to connect so far, so I’m really looking forward to continuing this process with MC²!

—Nathaniel Berman, Calls/Notes Team Lead



Some of us first came to Adas as kids with our parents and grandparents; others to celebrate a bris, bat mitzvah, or wedding; some of us came for MakomDC, a YP event, or our children attended the Gan; and others, like myself, first came to Adas to mourn a loved one during daily minyan. We all came to Adas for different reasons, but we return again and again because of the connection we have with one another. My connection to Adas has changed and grown since my first morning minyan at Adas almost four years ago. I am now a mom to a Gan student (yeah, Team Kofim!), we’re Tot Shabbat regulars, and I try to participate in Hesed Cooking as often as I can. It’s the small connections I’ve made throughout these years that make Adas more than a building, more than a shul, but a home. Please let me know if you you’d like to join one of our teams, or if you have an idea to strengthen the connection of our sacred Adas community!

—Brett Gotlib, Member Connector Committee Chair



Books & More *The Adas Israel Library Corner*

Rabbi Akiva: The Novel

BY ROBIN JACOBSON

LIBRARY & LITERARY PROGRAMS DIRECTOR



Rabbi Akiva (c. 50–135 C.E.) is a storied scholar and hero in Jewish tradition. His name appears more than 1,300 times in the Babylonian Talmud alone. Following the Roman destruction of the Temple in 70 C.E.—a tragedy that threatened to end Judaism—he and other luminaries started down a path that led to a new Judaism, replacing Temple sacrifices with prayer, study, and good deeds. Yet before reinventing Judaism, Akiva had to reinvent himself. According to legend, Akiva was an illiterate shepherd who did not even begin to study till age 40.

Award-winning Israeli author Yochi Brandes has stitched together numerous rabbinic texts to bring Rabbi Akiva and his contemporaries to life in *The Orchard*, a novel newly translated into English. A good read and an easy entry point into the legends and lore surrounding Rabbi Akiva, *The Orchard* is mostly faithful to its sources; Brandes limits her literary inventions to imagining the characters' personalities and relationships, filling the blank spaces within traditional stories, and choosing among contradictory accounts. For further reading, however, try these excellent nonfiction works, *Rabbi Akiva: Sage of the Talmud* by Barry Holtz (2017) and *Akiva: Life, Legend, Legacy* by Reuven Hammer (2015).



THE SHEPHERD AND THE RICH MAN'S DAUGHTER

The traditional story of Akiva's marriage reads like a Grimm's fairy tale. Akiva's wife, Rachel, is the daughter of a wealthy man who disowns her when she marries an ignorant shepherd. Living in poverty, sleeping on hay, Akiva picks straw out of Rachel's hair, promising to someday buy her a "Jerusalem of Gold," a fabulous tiara molded in the shape of the Jerusalem skyline. Meanwhile, Rachel urges Akiva to study Torah with the sages; she sells her hair to finance his studies and toils alone to support their family.

After many years away, Akiva returns home a scholar, trailed by thousands of disciples who owe all their learning, says Akiva, to Rachel's sacrifice. Rachel's father restores Rachel and Akiva to wealth, and Akiva presents Rachel with a Jerusalem of Gold. But in Brandes's novel, narrated by Rachel, the family never fully reconciles. Rachel can forgive neither her father nor her husband for abandoning her for so many lonely, hard years.

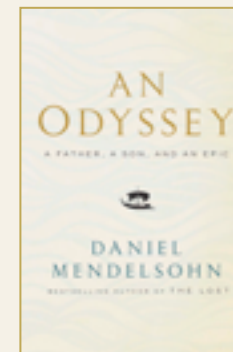
A MASTER OF INTERPRETATION

Rabbi Akiva was renowned for reading the Torah closely, finding meaning in every word. *The Orchard* tells the classic story of a dispute between rabbis regarding the date on which the new moon was visible, which determined the timing of *Yom Kippur*. In a show of authority, the head of the Sanhedrin, Gamaliel II, ordered Rabbi Joshua, to publicly violate "his" *Yom Kippur* by carrying a staff and money. Akiva comforted Joshua by interpreting the Leviticus phrase, "you shall proclaim them" to mean that the timing of holidays was based not on a divine calendar, but on the proclamations of the humans in authority.

THE MYSTICAL ORCHARD

In the enigmatic Talmudic tale of the "*pardes*" (literally "orchard," but connotes "paradise"), Akiva and three other scholars mystically ascend to God's realm. The other scholars are so overcome by what they see that one dies, one goes insane, and one becomes a heretic. Only Akiva emerges unscathed. In Brandes's *Orchard*, however, Akiva only appeared unaffected; in fact, the transcendent experience influenced him to support the catastrophic Bar Kochba revolt against Rome (132–135 C.E.).

What did Akiva and the others see in the orchard? Brandes offers a clever solution (revealed in her book) to this age-old puzzle. As for Akiva, his resistance to Roman edicts prohibiting the teaching of Judaism led to his torture and death. He died reciting the words of the *Shema*.



SUMMER READING:

An Odyssey: A Father, A Son, and An Epic by Daniel Mendelsohn

Looking for a good book this summer? Try *An Odyssey: A Father, a Son, and an Epic* by Daniel Mendelsohn, a Jewish father-son story and the selection for the Fall Book Chat on Sunday, November 4, at 10:00 am. Mendelsohn is a classics professor who reluctantly allowed his father to audit his freshman seminar on Homer's *Odyssey*. To their surprise, the two men found that the ancient text shed light on their relationship and lives.



BIRTHS

Hannah Saperstein, daughter of Craig and Jennifer Saperstein, was born May 18.

Abraham Laskey, son of Rachel Farbiarz and Alexander Laskey, was born April 28.

We wish our newborns and their families strength, good health, and joy.

B'NAI MITZVAH



Jacob Zucker, *August 27 in Israel*

Jacob Chaim Zucker is a rising eighth grader at Silver Creek Middle School in Kensington, MD. He began his Jewish education as a Puppy at Gan HaYeled, is a graduate of JPDS NC, and spends summers at Camp Alonim in California. Jacob shares his *simcha* with his parents, Shana and Robert; his brothers, Elan and Lior; his grandparents, Harvey Flatt and Alicia and Stephen Zucker, among others. Jacob lovingly remembers his grandmother, Susan Flatt, z”l. For his *mitzvah* project, Jacob is supporting and volunteering at Hadassah Hospital (Israel) and the Brooke Grove Retirement Village (Sandy Spring, MD) in honor of Susan’s dedicated work as a nurse for 35 years at Holy Cross Hospital.



Julian Gaines, *September 1*

Julian Saul Gaines, son of Ana Bilik and Michael Gaines, is a seventh grader at BASIS Independent McLean. His interests are cars, soccer, and music. Julian celebrates his *bar mitzvah* with his grandmothers, aunts, uncles, cousins, and friends who are traveling far and wide—from New York to Memphis, and Argentina to Israel—to join in his *simcha*. For his *mitzvah* project, Julian is exploring activities related to racial justice.

Hayden Sherwood, *August 25*

WEDDINGS

Mazal tov to . . .

Sarah Bickart, daughter of Toni & David Bickart, and Adi Paliti were married on May 13 at Adas Israel.

MEMBERS IN THE NEWS

Mazal tov to . . .

Gabriel Kanter-Goodell was elected Seaboard Region USY Religion/Education Vice President.



Interested in chanting *Torah* or *Haftarah*?

If you are interested in picking up a short (or long!) reading over the summer and into the fall, please contact Hazzan Goldsmith at hazzan.goldsmith@adasisrael.org. If you have never chanted and would like to learn, Hazzan Goldsmith is available to help you!.



IN MEMORIAM

We mourn the loss of synagogue members:

Julian Mazor

LIFE CYCLE INFORMATION



When Death Occurs

When death occurs, please call the synagogue office, 202-362-4433, so that we may inform the clergy and be of assistance. During business hours, ask for Carole Klein. After business hours, a staff member on call may be reached by calling the synagogue office at the number above and pressing “2” to be connected automatically, or by calling the answering service, 301-421-5271, which will page the staff member on call. On *Yom Tov* and *Shabbat*, even though detailed funeral arrangements should not be made, a staff member on call can still be reached at 301-421-5271.

Bereavement Committee

The Bereavement Committee assists families with all of the arrangements surrounding the funeral and subsequent burial of loved ones. We welcome your interest and encourage your participation and assistance. We need you; please join us. If you have questions, or know of someone whom you think might be interested in participating in this important work, please feel free to call Edie Hessel (202-244-7189) or contact Toni Bickart (202-244- 2747) regarding the Tahara Committee.



Hesed Committee

The Adas Israel *Hesed* Committee is committed to fostering a caring, compassionate, and giving community. If you are experiencing an illness, or have surgery or medical treatments planned, or if someone in your family has had a new baby, please let the *Hesed* Committee know. We want to reach out to you. Contact hesed@adasisrael.org.



Adas Israel Community Mikvah

Our *mikvah* is being renovated this summer! New tiles, new fixtures, and, most important, new features that will expand

everyone’s ability to access the *mikvah* safely. Stay tuned for more updates! Our *mikvah* is a sacred space where Jews can mark life transitions with powerful physical ritual. Immersing in a *mikvah* connects the body to the water cycle of our planet and to the sources of life. People visit our *mikvah* to observe the *mitzvah* of monthly immersion; to celebrate *s’machot*; to find strength during a difficult time; to pray for healing; to reflect on the meaning of becoming a bride, groom, or bar or bat *mitzvah*; to convert to Judaism. To learn more about our *mikvah* or to schedule an appointment, contact Naomi Malka, 202-841-8776 or mikvah@adasisrael.org. For more information, visit adasisrael.org/mikvah.

Kol HaMayaim

Our *mikvah* is run by an amazing group of Guides, and we couldn’t function without their devoted service. *Mikvah* Guides facilitate safe and meaningful experiences with *kavod* (respect) and *rachamim* (compassion) for the wide diversity of people who come here for the *mitzvah* of ritual immersion and for many other creative uses.

We want to thank each of these individuals for serving in this very special role. Some of them are Adas members, and some belong to other communities. Some of them are *mikvah* users, some have yet to take the plunge! Some of them are *mikvah* educators as well as Guides. What they all have in common is a commitment to supporting people through moments of transitions with a Jewish ritual.

They are: Leah Chanin, Sue Dorfman, Mollie Feldman, Reena Glazer, Jen Halpern, Elaine Holton, Michael Levin, Lauren Markoe, Rebecca Maltzman, Rachel Merritt, Michele Pinczuk, Debby Rosenman, Judy Saks, Janet Scribner, Petra Socolovsky , Sara Tauber, Eli Vanlal, Samantha Vinokor-Meinrath, and Danny Weininger.

If you are interested in getting involved, please contact Mikvah@adasisrael.org.



SYNAGOGUE CONTRIBUTIONS

The congregation gratefully acknowledges the following contributions:

Anne Frank House Fund

By: Kenneth Heitner & Rhoda Ritzenberg, Carolyn Rogers, Stanley M. Salus.
In Honor Of: **Emily Dirksen** by People Against Dirty. **Mara Karlin** for Mother's Day by Bonnie Jacobson. **Elaine Schefflin** on Mother's Day by Evan & Hallie Werbel.
In Memory Of: **Joe Berman** by Beverly & Peri Arnold, Chuck & Dvorah Eder, Joshua & Francesca Kranzberg, June Kress, Roger & Shelia Meyer, Jill & Steven Ross, **Sid & Judy Shroyer**. **Nona Teichman** by Steven & Lisa Schwat. **Haj Sayed Hossein Abediyeh** by UIP Companies, LLC,

Bereavement Fund

By: Harry & Charlotte Teicher.
In Memory Of: **Annie Naiman** by Arnold Danziger.

B'Yahad Special Needs Fund

In Honor Of: **Stephanie Slater**'s birthday by Sheri Brown. **Sheri Brown**—Thank you for your warmth, kindness & leadership at the Gan by Unice Lieberman & Stephan Diamond

Cantor Brown Discretionary Fund

In Appreciation Of: **Cantor Arianne Brown**'s officiating at Faye Cohen's memorial service by the Cohen "kids." **Cantor Ariane Brown**'s bringing the community so much joy and culture through the seminal Visions of Israel concert, **Melanie & Larry Nussdorf** for their continuing support of all things musical at Adas Israel by David & Heather Polonsky.
In Gratitude For: **Cantor Ari Brown**'s participation in the wedding of Sarah Bickart & Adi Paliti by Toni & David Bickart.

Cantor Saltzman Youth Music Endowment Fund

In Memory Of: **Norma Nissenson** by Glenn & Cindy Easton, Rabbi Jan Caryl Kaufman.

Cantor Saltzman Youth Music Endowment Fund

In Memory Of: **Irvin Cummins** by Nancy Silverman & family.

Cantor's Concert Sponsors

By: Janet Scribner, Ava & Neal Gross.

Capital Fund Contributions

In Honor Of: **Carole Klein** on her retirement by Ross Eisenman & Shelley Tomkin.
In Memory Of: **Norma Nissenson** by Ross Eisenman & Shelley Tomkin.

Congregational Kiddush Fund

In Honor Of: Naming of **Frankie Jacobs** by the Jacobs family. *Aufruf* of **Alexa Wagman & Craig Minerva** by Bernard & Robyn Wagman.

Marriage of **Rachel Rosen & Chase DeLong** by Susan Wedlan & Harold Rosen. **Charles Suissa** becoming a *bar mitzvah* by Anne & Jimmy Suissa. **David Fritz** becoming a *bar mitzvah* by Lorien Abroms & Jonathan Fritz. *Aufruf* of **David Lezell & Lisa Aronoff** by Gerry & Mark Lezell. **Talia Ehrenberg** becoming a *bat mitzvah* by Pam Ehrenberg. **Penelope Landau** becoming a *bat mitzvah* by Emily & Paul Landau.
In Memory Of: **Christina Almendares** by Bruce A. Ray & April Rubin

Daily Minyan Fund

In Honor Of: **Allyn Martus** by Ricki Gerger. **David Polonsky** receiving FSA certification by NAASE by Joyce & Michael Stern
In Memory Of: **Bessie Yecies** by Mark Yecies. **Michael Nyrop Hoffman & Milton Hoffman** by Rae Brooks.

Dan Kaufman Children's Program Fund

In Honor Of: **Minnie Kaufman**'s 100th birthday by Daniel Nellis & Kathleen McClelland, Tatiana & Kamo Petrosya, Esther Kranton.
In Memory Of: **Alfred Siegman** by Mindyl Gaynor.

Daryl Reich Rubenstein Staff Development Fund

In Memory Of: **Bessie Rubenstein** by Lee G. Rubenstein.

David B Sykes Family Endowment for the Arts

In Memory Of: **Sylvia Lefson** by Diane Sykes.

Dr. William & Vivienne Stark Wedding & Anniversary Fund

In Memory Of: **Samuel Rose** by Vivienne Stark & Dr. William Stark.

Estelle & Melvin Gelman Religious School Fund

In Honor Of: **Eliana Raquel Rukin**'s naming by Jonah Richman & David Olson.
In Memory Of: **Daisy Rosenberg** by Sam Frunkin, Susan Kay & Sarah Frumkin.

Esther Saks Abelman Yiddish Cultural Fund

In Memory Of: **Faye Cohen** by Diane Wattenberg.

Ethel & Nat Popick Chronicle Fund

In Memory Of: **Lois Robins** by Mindy & Marshall Mintz, Steven & Nappy Block.

Executive Director Discretionary Fund

With Thanks For: **David Polonsky**'s kindness & guidance after Faye Cohen's death by the Cohen "kids"
With Thanks To: **David Polonsky** for all you do to support our community & for your special help for the wedding of Sarah & Adi by Toni & David Bickart.

Frances & Leonard Burka Social Action Endowment

In Memory Of: **Elizabeth Gelman Kossow** by Frances Burka.

Fund for the Future

In Honor Of: **Cathy Gildenhorn** for receiving the Jack Kay Community Leadership Award from the Jewish Federation of Greater Washington by Ricki Gerger, David & Heather Polonsky. **Morris Kletzkin** receiving the 2018 *Yad Hakavod* award by David & Heather Polonsky.
In Memory Of: **Edith Smith, Nathan Smith** by Russell & Judy Smith.

Garden of the Righteous

In Honor Of: **Garden of the Righteous** 2018 program by Janice & Bob Balin.
In Memory Of: **Jack Connick** by David Connick.

Havurah Kiddush Fund

In Honor Of: **Larry Paul**'s 65th birthday, **Jane Fidler & Ben Rosenblum, Sarah Sloan** graduating college, all by Joyce & Michael Stern. Our 60th anniversary by Adina & Sandy Mendelson.
In Memory Of: **Lorraine Ray** by Dava Berkman.

Hazzan Goldsmith Discretionary Fund

In Honor Of: **Rachel Goldsmith** by Janet Scribner.

Hesed & Bikkur Cholim Fund

For the Speedy Recovery Of: **Harry Teicher** by Howard & Gayle Teicher.
In Memory Of: **Betsy Kay** by Susan Kay & Sam Frumkin.

Ida Mendelson Memorial Prayer Book Fund

In Memory Of: **Ida Mendelson** by Herlene & Yaacov Nagler.

Kullen Family Fund

In Memory Of: **Sol Kullen** by Shirley Kullen.

Leah Chanin Day School Fund

In Honor Of: **Johanna Chanin & Randy Levitt**'s being honored by JCRC with the Breslau-Goldman Award by Ricki Gerger, David & Heather Polonsky.

Lillian & Daniel Ezrin Fund for Ritual Objects

In Memory Of: **Rose Seigle & Solomon Seigel** by Paula Goldman. **Norma Nissenson** by Rhoda Ganz.

Masorti Fund

In Memory Of: **Jack Pavony** by Anat Bar-Cohen.

Mikvah Fund

By: Piper Evans.
In Honor Of: **Naomi Malka** with thanks for a wonderful pre-wedding experience by Toni

SYNAGOGUE CONTRIBUTIONS

& Sarah Bickart. **Liz Orfaly** by with love from Zella Shabasson & Julian Rosenberg. **Debby Joseph** with appreciation for facilitating the inclusion discussion by Ross Eisenman & Shelley Tomkin.

Mikvah Capital Campaign

By: Jay & Devra Martus.

Morris Hariton Senior Programming Fund

In Memory Of: **Helen Getnick** by Phyllis Mindell.

Offerings Fund

By: Ravvin family, Mark & Karen Batshaw.
In Honor Of: Marriage of **David Lezell & Lisa Aronoff** by Loretta Feldman.
In Memory Of: **Roselle Abramson** by Barbara Wortman. **Lorraine Bortnick Ray** by Sheldon Kimmel.

Rabbi Alexander Discretionary Fund

In Honor Of: **Rabbi Aaron Alexander** by Sheila & Aaron Leibovic. **Billy Begal** chanting *haftorah* on the second day of *Shavuot* to celebrate the anniversary of his *bar mitzvah* by Joyce and Michael Stern. **Rabbi Aaron Alexander** for officiating at Faye Cohen's memorial service by the Cohen "kids." **Rabbi Aaron Alexander**'s officiation at Lorain Rothstein's service by the family.

Rabbi Holtzblatt Discretionary Fund

In Honor Of: **Rabbi Lauren Holtzblatt** with thanks for bringing your wisdom & spirit to the Fellowship's Cohort 4 kick-off by Schusterman Fellowship.
In Appreciation Of: **Rabbi Lauren Holtzblatt**'s officiating at Bud Rothstein's funeral by the family.

Rabbi Jeffrey & Judith Wohlberg Masorti Fund

In Honor Of: The marriage of **Sarah Bickart & Adi Paliti** by Ricki Gerger.
In Memory Of: **Libbie Scherr** by Stanley Scherr.

Rabbi Solomon Discretionary Fund

In Honor Of: **Kristine Hyland** by Ricki Gerger.
In Memory Of: **Bessie Krauser** by Florence Meyer.

Refugee Response Project

On Behalf Of: **The refugees** by Dale & Alan Sorcher, Deborah Schneider, Naomi & Haim Malka, Leah Chanin.

Rose R. Freudberg Sisterhood Memorial Library Fund

By: Sybil & Steve Wolin.
In Honor Of: Respective graduations of **Stephanie & Alex Chill** by Jane Baldinger. **Elinor Tattar**'s grandchildren, **Stephanie & Alex Chill** on their respective graduations by Sonya Gichner
In Memory Of: **Meyer Hessel** by Arthur Hessel.

Charles Besner by Arthur Besner. **Ruth Friss** by Lynn Feinberg. **Karen Tersoff** by Susan Tersoff & David Margolis. **Barbara L. Freudberg & Norma Nissenson** by Elinor Tattar. **Bessie Krauser** by Stephanie Meyer. **Ethel Finglass** by Jack Finglass. **Toby Cutler** by Marjorie Cutler. **Irving Green** by Leslie Berlin. **Charlotte Silverstein** by Marshall Cohen. **Joseph Masliansky** by Nechama Masliansky. **Norma Nissenson** by Rita Segerman. **Ethel Feuerstein & Jacob Feuerstein** by Marcy Feuerstein. **I. Louis Firestone** by Ross Firestone.

Sandra & Clement Alpert Fund for Family Education

In Honor Of: **Cathy Gildenhorn** for receiving the Jack Kay Community Leadership award by Glenn & Cindy Easton.
In Memory Of: **Rose L. Madden, Miriam Madden, & Sandra K. Alpert**, all by Dale & Alan Sorcher. **Cecelia Glassman** by Janet Baldinger. **Sandra Alpert** by Brian & Judy Madden.

Sarah & William Pittleman Special Needs Fund

In Honor Of: Marriage of **Sarah Bickart & Adi Paliti** by Jamie & Stuart Butler.

Shabbat Morning Music

In Honor Of: **Menuhah Peters & Liliana Maslog** by the families of the *Rimonim* Class of 2018.

Shelley Remer Gan HaYeled Enrichment Fund

In Honor Of: Birth of **Yaakov Kalman Siegel** by Jane Baldinger.

Sisterhood Donations

In Honor Of: **Mark & Gerry Lezell** on the occasion of the marriage of their son **David** to **Lisa Aronoff** by Joyce & Michael Sloan. *Bat mitzvah* of **Talia Sage Ehrenberg** by Joyce & Michael Stern.
In Memory Of: **Roselle Abramson & Shoshana Riemer** by Joyce & Michael Stern.

Social Action Fund

In Loving Memory Of: **Lillian Dublin** by Lois & Michael Fingerhut.
In Memory Of: **Shirley Bowers** by Connie Bowers. **Miriam Madden** by Mike Madden & Miriam Saraco. **Lorraine Bortnick Ray** by Ron Schwarz & Marcy Feuerstein.

Staff Gift Fund

In Honor Of: **Charles Mallory**'s birthday by Glenn & Cindy Easton, David & Heather Polonsky.

Traditional Minyan Kiddush Fund

With Thanks To: **Traditional Egalitarian Minyan** for welcoming me by James Sumner.

Tzedakah Fund

In Honor Of: **Morris Kletzkin** receiving the 2018 *Yad Hakavod* by Glenn & Cindy Easton.

In Memory Of: **Morris Silverstein** by Barbara Silverstein. **Goldie Paikin** by Susan Abravanel. **Nathan Leventhal** by Judith & Brian Madden. **Sara Luper Wolfson** by Charles & Nancy Wolfson. **Helen Lasser** by Susan Tersoff & David Margolis. **Anne Levinson Rosoff** by Gail Rouchdy. **David Easton** by Cindy & Glenn Easton. **Louis Tannenbaum** by Denyse Tannenbaum. **David T. Austern** by Marilyn Austern. **Morris Katkov** by Mark Katkov. **Miriam Madden** by Mike Madden & Mindy Saraco. **Albert P. Levy** by Rosalyn Jonas. **Bertram Braunstein** by Sandra Braunstein & Sam Powell. **Philip Stern** by Susan Willens.

Yizkor/Yahrzeit Fund

In Memory Of: **Maxwell Temkin** by Aaron Temkin. *In Memory Of:* **Sol Adelman, Dorothy Adelman, Gerry Adelman & Robert Buckhantz**, all by the Buckhantz family. **Ray Besner** by Arthur Besner. **Robert Earl Sandler** by Barbara Sandler. **Irwin Greenspahn** by Barbara Winnik. **Eva Silverman** by Barbara Rein. **Celia Gildenhorn & Howard Speisman** by Blanche Speisman. **Grace Goldstein** by Grayce Warren Boulton. **Ida Mendelson** by Ira Mendelson. **Rose Lieberman** by Irving Lieberman. **Rosario Reyes** by Aurora Ansher. **Andrew Wolf** by Sandra Schwalb. **Reba Fisher Kaufman** by Rabbi Jan Caryl Kaufman. **Judy Wilkenfeld** by Suzanne Stutman. **Edia Tchulak** by Joseph Zilberbaum. **Stephen Edward Beltz** by Judith Beltz. **Jenny Franco** by Melanie & Larry Nussdorf. **Jack Sloan** by Leonard Sloan. **Sidney Goldstein** by Marcie Goldstein. **Hillel Korman** by Martin, **Sarah & Jacob Indyk**. **Ruth Winnick** by Ellen Sinel. **Nathan Sinel** by Norman Sinel. **Robert Leibowitz** by Bunny Weinstein. **Faye Cohen** by Peggy Pearlstein. **Beverly Bernstein** by Richard Bernstein. **Irvine Melvin Kramer** by Richard Kramer. **Edward Cline** by Robert Cline. **Fred Burka** by Robert Burka. **Lorraine Bortnick Ray** by Sheldon Kimmel. **Edward Zupnik** by Stanley Zupnik. **Teressa Kelin** by Stephen Kelin. **Joseph Tabah** by Agnes Tabah. **Gerald Joseph Miller** by Stuart Miller. **Stanley D. Becker** by Thelma Becker. **E. Robert Coburn** by Marilyn Kincaid.

Youth Department Activities Fund

In Memory Of: **Ethel Dubit** by Geraldine Dubit. **Celia Gildenhorn** by Joseph & Alma Gildenhorn. **Eva Sklar** by Frances Silverman. **Nadine Mackinnon** by Robert Loeffler.





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**A SACRED BLEND OF
TRADITION &
INNOVATION**

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CELEBRATING OUR 149TH YEAR

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**UPCOMING CHRONICLE
DEADLINE—**

September:
Wednesday, July 25, at noon