



6800 35th Ave NE
Seattle, WA 98115
206.524.0075

B'ruchim Haba'im—Welcome to Beth Shalom!
Great to have you with us.



Shavuon

A Beth Shalom Weekly

16-22 Av 5782

August 13-19, 2022

Mazal Tov to the Shteynberg family on Elijah becoming Bar Mitzvah!

Candlelighting for August 12th is 8:08pm

In-Person Services in the Sanctuary from 9:30am

**Parashat Vaetchanan (And I Pleaded)
Shabbat Nachamu**

Triennial Reading: Deuteronomy 5:1 – 7:11
Haftarah: Isaiah 40:1-26

After Lunch Learning with Leah Rutman from 1:15pm

Kiddush lunch this Shabbat is Sponsored by David & Anita Shteynberg

Virtual Daily Minyanim

Weekdays at 7:00am
Monday evenings (virtual and in-person) at 7:30pm
and Sundays at 9:00am



**Pregnant Patients' Right to Care with Leah Rutman
Saturday, 8/13 from 1:15pm**

CBS member Leah Rutman is the Health Care and Liberty Counsel at the ACLU of Washington. Her work includes a focus on the intersection of abortion care and religiously affiliated health systems. Join her after Shabbat services and Kiddush lunch as she shares about the risk to abortion access here in Washington state when religiously affiliated hospitals deny or delay care for patients who are experiencing miscarriage or ectopic pregnancy. No registration necessary.



Candidate Meet & Greet over Kiddush Lunch, Saturday, 8/27 from 12:30pm

Join us after Shabbat services to meet the 46th Legislative District candidates over Kiddush lunch! Participating in the democratic governance of our community is deeply rooted in Jewish values. Hillel taught Al tifrosh min hatzibur – "Do not separate yourself from the community" (Pirkei Avot, 2:4). Join us to get to know your local candidates and ensure your future elected leaders understand the needs and concerns of their Jewish constituents! Beth Shalom members do not need to register. Guests please register at <https://bit.ly/3Q8Y9Xx>.



BUILDING & GROUNDS

Building & Grounds Volunteers Needed

"What have you done for your Synagogue lately?" There is a great answer. We have 15 exterior wooden doors that get climate abuse. Some need major attention right now. Steve Katz has stepped forward to work on a few doors. Work with Steve to help him but especially learn the process so you can do one or more doors yourself. Have a congregant join you to work as a team. So when the question comes "What have you done....." you have great answer. "I am part of the CBS community and answered a need." Email dominique.guidry@gmail.com.



SHABBAS CHEFS

Shabbas Chefs Needed!

We need Shabbas Chefs leads! It's fun, it's easy, and there's a lot of support! We have several Shabbatot that need cooking leads in the next couple of months. Please email Wendy at wendynbeck@gmail.com for details.



**SAVE THE DATE -
Preparing for the High Holidays with Beth Huppinn: God's Attributes
Tuesday, 9/13 from 7:00-8:00pm on Zoom**

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment. When congregants are standing in prayer, please do not disturb their concentration by moving around the shul. In consideration of other members, please minimize the use of scented body products. Thank you.

Hearing Devices: There are hearing devices for all services. Please speak to an usher.

ANNOUNCEMENTS & UPCOMING PROGRAMS



Summer Neighborhood Ice Cream Socials

Join for sweet treats and time to connect in the yards of Beth Shalom members around town. Addresses will be shared upon registration. Visit <https://bit.ly/CBSicecream>

- South Seattle - Sunday, 8/14, 4-5:30pm
- Central Seattle - Sunday, 8/14, 7-8:30pm
- Eastside - Wednesday, 8/17, 5-6:30pm
- North Seattle - Wednesday, 8/17, 6:30-8:00pm
- Shoreline - Sunday, August 21, 6:00-7:30pm



Torah Readers – Please Join Us! Learn about our Holocaust Torah and Sign Up for Leyning Dates Tuesday, 8/16, 7:30-9pm

If you are a current Torah reader or someone with Torah reading skills who is interested in getting involved in the Leyners' Rotation, please join us. This is a great time to meet our new Leyning Rotation Coordinator, Howard Shalinsky as well as get acquainted (or reacquainted) with each other. In addition to the social part of the evening we hope to hear about your availability to accept specific Torah reading assignments (**bring your calendar!**). We will also take a look at our "new" Holocaust Torah and learn about its history. Please RSVP at <https://www.bethshalomseattle.org/event/Torah-Readers-Aug16.html>



Shabbat in the Park Friday, 8/19 at View Ridge Park, 5:00-5:30pm family service; 5:30pm potluck dinner

Join us for a short service (geared towards kids under 9-ish and their families) with lots of singing and a story, followed by a potluck dinner. This is a lovely opportunity to celebrate Shabbat together, to play, schmooze, and get to know other families in the CBS community! CBS will provide challah, grape juice, and a main course; please bring a vegetarian side or dessert (CBS potluck policy: <https://bit.ly/Potluck-Policy>). We'll meet by the shelter in View Ridge Park, but we'll cancel in the event of more than a drizzle or other inclement weather.



From Shuk to Farmers Market- Picnic and Shinshinit Meet and Greet Wednesday 8/24, 5-7pm, Wallingford Farmers Market in Meridian Park (Meridian Ave N & N 50th St)

Bring a snack or dinner or purchase something tasty from the farmers market and join the CBS community to welcome Liel, our 2022-2023 Shinshinit (Israeli emissary). In addition to enjoying the park and farmers market, we will lead some fun, get to know you games, and share Seattle tips with Liel. Any questions? Contact Rachel Wachtel at rachelwachtel@bethshalomseattle.org.



Board Games Saturday, 8/27, 1:00pm-ish

Stick around after kiddush for board games and a sweet treat! Bring your favorite game and join us for a laid-back summer Shabbat afternoon of playing. All ages and levels, from Candyland through complex strategy games, are welcome!



Tzedek Team Wants to Hear From You!

Beth Shalom's Tzedek (anti-racism) team wants to hear from you! Take just a few minutes to share your thoughts on what work Beth Shalom should be doing and how you'd like to be involved. Respond at <https://bit.ly/3c19n1d>. Those who respond will receive a free Beth Shalom Tzedek bumper sticker. Pick yours up from Beth Shalom's office during office hours (while supplies last).



Find out what's happening at CBS for the High Holidays

<https://www.bethshalomseattle.org/high-holidays-5783.html>

Registration for the High Holidays Starts 8/15

- **Round 1**, Monday, 8/15, 6pm—Members only— register for one service/holiday. Associate members may purchase tickets (\$180/person)
- **Round 2, Tuesday, 9/6, 6pm**—Members only— register for as much as you would like and buy tickets for family/guests
- **Round 3**, Monday, 9/19, 9am—Registration opens for non-members (\$180/person)

Do you need help registering?

Please call us at 206-985-2508 on Monday, 8/15, from 6-8pm or call 206-524-0075 on Tuesday, 8/16 from 9am-5pm.



Daily Minyan, 6 days a week, in person and online!

Beth Shalom minyan meets on Sunday mornings at 9am, Monday evening at 7:30pm, and Monday-Friday mornings at 7am (with adjustments for holidays). We have people participating in person in the Beit Midrash every morning and in the sanctuary Monday night, in addition to those who join on zoom. Currently we have 10 people "in the room where it happens" on Monday evenings and Tuesday mornings which allows us to do the entire service. On other mornings we have a hybrid minyan of 10, some in the room and some on zoom. At those services we say Mourner's Kaddish and leave out some other parts of the liturgy. **We would love to increase our in person attendance.** Please let Rabbi Borodin (rabbiborodin@bethshalomseattle.org) know if you can join us in person for a spirited start/end to your day and to support our members saying Kaddish.



Staying Connected – Getting Connected

Would your adult children like to get Cyber-shul? Give us their email, and we'll add them to the distribution list. Are they in Seattle? We'd love to invite them to events with our Young Professionals group. Please contact

Marjie Cogan, marjiecogan@bethshalomseattle.org.



Outdoor Shabbat Singing & Welcome Liel Saturday, 9/3, 7-8:30pm

Register at <https://bit.ly/WelcomeLiel>

Join us in a member's backyard in the Beth Shalom neighborhood to sing zemirot, Shabbat songs. At this event, we will welcome Leil, Beth Shalom's 2022-23 shinshinit (Israeli youth ambassador). We will sing melodies created by musicians Joey Weisenberg and Deborah Sacks Mintz, who will visit Beth Shalom for a Musicians in Residence weekend Sept. 16-17, 2022. Space is limited, and registration is first-come first-served, with a deadline of Friday, 9/2 at 9:00am. For security reasons, the location will be provided upon registration. Open to all ages. We will cancel in the event of rain or other inclement weather.

Toddah Rabah

- ☆ To Anita and David Shteynberg for sponsoring this week's Kiddush lunch in honor of Elijah becoming Bar Mitzvah

Mazal Tov

- ☆ To Darin and Ronit Dalmat on the birth and Simchat Bat of their daughter, Nisa Orli.

Musicians in Residence Weekend, Sept 16-17

MUSICIANS
IN-RESIDENCE
WEEKEND



Registration is Now Open!

Musicians in Residence Weekend with Joey Weisenberg & Deborah Sacks Mintz September 16-17, 2022

All events for MIR weekend, including services, require pre-registration, <https://bit.ly/BethShalomMIR>. There is a charge for the Friday night dinner and Saturday night concert. Beth Shalom members are eligible for a 20% discount with the code MIRSPONSOR2022.

Are you able to support our Musicians in Residence Program? Be a Pillar!

Info and sign up at: <https://bit.ly/MIRPillars>



Shabbat Services with Rising Song Melodies & After Lunch Singing Saturdays, 8/6, 9/10. Services at 9:30am; Kiddush Lunch at 12:30pm; Singing at 1:15pm

During Shabbat services, our service leaders will use melodies created by Joey Weisenberg and Rabbi Deborah Sacks Mintz, musicians from Hadar's Rising Song Institute who will visit Beth Shalom for a Musicians in Residence weekend Sept. 16-17, 2022. After services and Kiddush lunch, join Deb Arnold and Lynn Katz to learn new melodies and sing together. (On 9/10 we'll use *Rising Song melodies during services, but won't have after lunch singing.*)



Summer Song Circles

Congregation Beth Shalom and our partners invite you to sing with us this summer! From Kabbalat Shabbat in members' backyards to singing circles in the park, join us to learn and enjoy melodies from Joey Weisenberg and Rabbi Deborah Sacks Mintz of Hadar's Rising

Song Institute. Find the full list of events at <https://bit.ly/CBSsong>



Singing and Swimming Sunday, 8/28

1pm Swimming/Picnic; 2pm Singing – Register at <https://bit.ly/swimandsing-Aug28> Kavana and Congregation Beth Shalom invite you to join our summer song circles with local

musician Chava Mirel. We will meet outdoors at a private residence on Lake Sammamish with water access (location shared upon registration). Bring your bathing suits and/or a picnic meal to enjoy by the lake. We will provide drinks and snacks. We will learn and sing melodies created by Chava's musical collaborators from Hadar's Rising Song Institute, Joey Weisenberg and Rabbi Deborah Sacks Mintz, who will visit Beth Shalom for a Musicians in Residence weekend Sept. 16-17, 2022. Space is limited. We will cancel in the event of rain or other inclement weather. **Registration closes at 9am the Friday before.**

Learn Rabbi Deborah Sacks Mintz Sunrise Nigun here:
https://youtu.be/mq_MMYJOYe8

ADULT LEARNING



Exploring Jewish Living with Beth Huppin

A basic introduction to Judaism, including holidays, texts, and home traditions and a Hebrew class. The class is for current members of the Beth Shalom community and those who aspire to be part of our community. Class will

meet in person on Tuesday evenings, September 2022 through May 2023. More info and registration at: <https://www.bethshalomseattle.org/livingjudaism>



Preparing for the High Holidays with Beth Huppin: God's Attributes Tuesday, 9/13 from 7:00-8:00pm on Zoom

The list of God's attributes from Exodus 34:6-7 is repeated numerous times in the high holiday liturgy. We will examine these verses in their context in Exodus and in the High Holiday liturgy. What might these contexts teach us about God? About ourselves? About forgiveness? About our relationships with each other? No previous knowledge is necessary. All are welcome. Register at <https://bit.ly/3vO6tnh> to be sent the Zoom link.

YOUTH PROGRAMS



Calling all CBS Teens (8th-12th graders)! Apply to join the Ozerim Program 2022-2023!

8th-12th graders work in our preK-5th grade religious school as special needs aides, teaching assistants, Hebrew tutors, and

more. Congregation Beth Shalom loves its ozerim! Ozerim bring energy, ideas and sparkle to the religious school and our students, parents, and teachers alike. We hope you will find a role at the CBS religious school that fits your schedule and interests – if you have another idea about how to get involved that is not on this list, please let us know! More info at <https://bit.ly/Ozerim-5783>



The application deadline is August 19th.

Religious School and Prozdor Registration Now Open for 2022-2023!

Read about our plans for the upcoming school year and register through your shulcloud account. <https://www.bethshalomseattle.org/rsregistrationinfo>

Youth Groups

Registration for our four youth groups for the 2022-23 academic year is now open. Each youth group offers one or more social events each month and participation requires a yearly registration and membership fee. More info at: <https://www.bethshalomseattle.org/youthgroup>.

Your timely registration aids us tremendously in preparing for the fall.

Shomrei Atid

For more information on joining Shomrei Atid and Legacy giving, please contact Colin Coltrera (colincoltrera@bethshalomseattle.org), or call 206-524-0075 ext 2502.

**Be remembered forever with a gift to Beth Shalom in your will,
trust, retirement account or life insurance policy.**



REFUAH SHLEMAH

Please contact the CBS office, news@bethshalomseattle.org, to make changes to the Mi She Berach list.

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

CBS Members

- ★ **Yocheved bat Batyah v'Avraham Meir**
- ★ **Orly Steinberg**
- ★ **Labe ben Rivka v'Feivish**
- ★ **David ben Leah Ruchel v'Shmuel (David (Dahveed) Gross)**
- ★ **Alexander ben Hannah**
- ★ **Shirah Efrona bat Rifka (Shirah Bell)**
- ★ **Tziporah Rachel bat Esther**
- ★ **Pinchas ben Miriam**
- ★ **Etai m'beit Mariamne Esther ha'Levi v'Reuven ha'Levi (E. Camins Bretts)**
- ★ **David Zalman ben Henyah**
- ★ **Jacob ben Orly**
- ★ **Sarah bat Shulomit Chai v'Moshe**
- ★ **Talya bat Sarah**
- ★ **Yerusha bat Jonah ha'Cohen (Joanna Gerber)**
- ★ **Batsheva bat Sophia**
- ★ **Rivka Sura bat Esther**
- ★ **Aviella Bara bat Nechama Raisel v'Shlomo (Susan Aylesworth)**
- ★ **Eleazar Aharon ben Miriam v'Israel**
- ★ **David Henached shel Goldja (Elric Wolfsbruder McCurdy)**
- ★ **Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer**
- ★ **Emily Palik-Killian**
- ★ **Leah Sarah bat Grunya v'Menachem Mendel (Laura Lee Fineman Karp)**

Relatives of Members

- ★ **David ben Esther v'Daniel**, brother of Michael Almoslino
- ★ **Ian Earle**, husband of Lauren Fellows
- ★ **Yosef Ben Kayla**, nephew of Deirdre Glynn Levin
- ★ **Aharon Yakov ben Rachel v'Moshe (A.J. Greenberg)**, brother of Sharon Greenberg
- ★ **Tzur Miriam bat Hannah v'Moshe**, mother of Lauren Kurland
- ★ **Aryeh Shmuel ben Malka Beyla v'Avram Moshe (Sam Kravette)**, son of Margot Kravette
- ★ **Joseph ben Michel (Joseph de Haan)**, father of Michael De Haan
- ★ **Aharon ben Sima (Alan Safron)**, brother of Carol Gown
- ★ **Meir ben Stella**, father of Danielle Nacamuli
- ★ **Claudine bat Giselle**, mother of Danielle Nacamuli
- ★ **Jim Dinniman**, cousin of Amy Stephson
- ★ **Janice Portney**, cousin of Linda Portnoy
- ★ **Joan Stewart**, aunt of Carrie Horwitch
- ★ **Ezra Zimmerman**, nephew of Nadine Cadesky-Zimmerman
- ★ **Mariam bat Yetta (Marion Blumberg)**, mother of Gail Coskey
- ★ **Aviva Sharon bat Joseph Samuel (Addy Charkow-Ross)**, daughter of Jeff Ross
- ★ **Chaim ben Ratza v'Moshe**, brother of Nadine Cadesky-Zimmerman
- ★ **Myra Silverman**, aunt of Carrie Horwitch
- ★ **Maidie Greenberg**, sister-in-law of Sharon Greenberg
- ★ **Shoshana bat Irene (Susan Markowitz)**, cousin of Patti Kieval
- ★ **Daniel ben Rivka (Daniel Stalcup)**, cousin of the Almoslino family.
- ★ **Sarah Rivkeh bas Chayah Mir'Il**, aunt of Harvey Niebulski
- ★ **Pinchas Baruch ben Mindl**, brother of Michael Lubow
- ★ **Jonathan Stern**, brother of Ted Stern
- ★ **Chava bat Esther**, aunt of Harvey Niebulski
- ★ **Leib Zev ben Dvorah v'Joseph (Bill Pine)**, cousin of Lynn Gottlieb
- ★ **Penina bat Mariyam**, sister of Gail Coskey
- ★ **Pat Hopkins**, mother of Debbie Gordon
- ★ **Malka Hinde bat Chava (Marilyn Rome) and Gibson Rome**, mother and step-father of Michele Yanow
- ★ **Anita Wachtel**, grandmother of Rachel Wachtel
- ★ **Ricardo Copquin**, father of Leandro Copquin

Friends of Members

- ★ **Raisa bat Elka (Raisa Vilkevitch)**, friend of Emma Shusterman, Marina Kiselev, Svetlana Burke, Bella Korshin and Marina Nagel
- ★ **Bryna Gilah bat Shaina Sara**, friend of Teddy Rothman
- ★ **Rav Yitzchak ben Elihu v'Chaya (Rabbi Rim Meiorowitz)**, friend of Patti Kieval
- ★ **HaRav Sarah Hadasa bat Yehudit V'Daniel (Rabbi Laurie Phillips)**, friend of Rabbi Borodin
- ★ **Atara bat Chaya Tova**, friend of Robin Moss and Jay Krulewitch
- ★ **Todd Franks**, friend of Linda Portnoy
- ★ **Henoch ben Menachem**, friend of Harvey Niebulski and Marianne Tatom
- ★ **Gavriela bat Reiza-Mara**, friend of Marianne Tatom
- ★ **Bassa Malka bat Leah**, friend of Robin Moss
- ★ **Missy Angel May**, friend of Marianne Tatom
- ★ **Irene Song**, friend of Nancy Simon

HAMAKOM YINACHEM ETCHEM:

- ★ **Pamela Center**, for her husband, and to Judi Marshall, Mike Center, and Ruth Davis, for their father, **Robert (Bob) Center**, z"l, who passed away Wednesday, August 3 (6 Av).
The funeral and shiva minyan was on Friday.

MEMBERS IN SHLOSHIM

- ☆ **Steve Adler**, for his father, Norbert Adler, z"l, who passed away Thursday, July 28 (29 Tammuz).
- ☆ **Debora Teitelbaum Rifkin**, for her mother, Hilda Teitelbaum, z"l, who passed away Wednesday, July 27 (28 Tammuz),
- ☆ **Joel Horn** and **Ben Horn** for their mother and the Beth Shalom community for our founding member, **Edith Horn**, z"l, July 12 (13 Tammuz)
- ☆ **Trudy Antolin (Bob)** on the death of her mother, and Natan, Reuben, Benji, Amalia, Naima, Emmanuel, Coby and Ciona on the death of their grandmother, **Betty Sussman**, z"l, on Saturday, July 16 (17 Tammuz).

MEMBERS OBSERVING YAHRZEITS

- ☆ **Joel Migdal**, for his father, and **Tamar Azous**, for her grandfather, Ben Migdal, z"l
- ☆ **Debby Kerdeman**, for her grandfather, Charles Kerdemann, z"l
- ☆ **Sarah Soung**, for her father, and **Rochelle Goffe**, for her husband, Michael Toner, z"l
- ☆ **Adam Shapiro**, for his father, Eugene Shapiro, z"l
- ☆ **Phillip Levin**, for his mother, Adrienne Levin, z"l
- ☆ **Steven Katz**, for his mother, Patricia Glimcher, z"l
- ☆ **Gloria Goldstein**, for her father, Julius Weinberg, z"l
- ☆ **Harvey Niebulski**, for his uncle, Natan Nadel, z"l
- ☆ **Gail Coskey**, for her father, Charles Blumberg, z"l
- ☆ **Diana Schneeweiss**, for her mother, Ruth Green, z"l
- ☆ **Hazel Judelman**, for her father, Ronald David Breitz, z"l
- ☆ **Carolyn Cohen**, for her aunt, Pearl Cohen, z"l
- ☆ **Ulla Rychter**, for her brother, Helli Rosenbusch, z"l
- ☆ **Gena Shapiro**, for her father, David Shapiro, z"l
- ☆ **Jackie Schulze**, for her mother, and **Kim Schulze**, for her grandmother, Clara Galperin, z"l
- ☆ **Ronnie Katz**, for her mother, Ann Katz, z"l
- ☆ **Marc Rosenshein**, for his mother, Beverly Rosenshein, z"l
- ☆ **Karen Friedman**, for her grandmother, Sadie Friedman, z"l
- ☆ **Jeff Miller**, for his friend, Rudi Stern, z"l
- ☆ **Louis Friedkin**, for his uncle, Alvin Friedkin, z"l
- ☆ **David Grossman**, for his aunt, Margolia (Mara) Grossman, z"l
- ☆ **Marc Isaac**, for his brother, Josh Isaac, z"l
- ☆ **Orly Steinberg**, for her father, Chaim Steinberg, z"l

COMMUNITY NEWS

Endless Opportunities: [An Update on the Geopolitics of the Middle East with Professor Hugo Hervitz](#)

Tuesday, 8/16, 10:30am

Before Russia's invasion of Ukraine, the Middle East was already experiencing significant geopolitical transformations. The war in Ukraine has accelerated these changes and has caused major impacts on refugee movement and the global food supply. Dr. Hervitz, Professor of Economics at Nova Southeastern University, will provide a roadmap for interpreting what is happening, what each of the main players is doing, and the likely consequences of various alternative scenarios. More info at <https://tdhs.secure.nonprofitsoapbox.com/2022eo081622>