

Welcome! We're delighted that you're interested in learning more about Jewish life and exploring what it might mean to deepen your connection with or join the Jewish people. Our Living Judaism class will begin in the fall, but in the meantime, here are some resources to help you get started (or continue) on your Jewish journey.

Ways to learn more about Jewish life:

Books that are part of the Living Judaism syllabus

- The Observant Life, edited by Martin S. Cohen
- A Book of Life, by Michael Strassfeld
- Jewish Literacy, by Joseph Telushkin
- The Jewish Holidays: A Guide and Commentary, by Michael Strassfeld

Other book recommendations

- Here All Along, by Sarah Hurwitz
- My Jewish Year, by Abigail Pogrebin
- The Sabbath, by Abraham Joshua Heschel
- To Life!, by Harold Kushner
- The Newish Jewish Encyclopedia, by Stephanie Butnick, Liel Liebovitz, and Mark Oppenheimer
- Shabbat: The Family Guide to Preparing for and Celebrating the Sabbath, by Ron Wolfson

Online resources

- <https://exploringjudaism.org/> (the home for Conservative Judaism online)
- www.myjewishlearning.com (excellent articles about lots of Jewish topics!)
- www.bimbam.com (Jewish videos for kids and adults alike)
- www.kveller.com (articles about Jewish parenting)
- www.heyalma.com (geared towards young adults, articles about Judaism and pop culture, with an emphasis on diversity-- they also have a great instagram presence!)
- www.hebcal.com (interactive online Jewish calendar)

Ways to get involved in the Jewish community:

- Livestream Beth Shalom's Shabbat morning services, each Saturday from 9:30am until about noon, here: <https://venue.streamspot.com/d893b06f>
- Join us in-person for Shabbat services (or other programs). View our calendar: <https://bethshalomseattle.shulcloud.com/calendar>
- Sign up to receive Beth Shalom emails (if you don't already) by emailing communications@bethshalomseattle.org
- Put yourself out there! We know it can be intimidating, but introducing yourself to people at services or other programs will help you build connections and make Beth Shalom start to feel like more of a community for you.