



THE SHOFAR

שופר

United Synagogue of Hoboken

ELUL 5778 - TISHREI 5779

SEPTEMBER 2018

HOW THE HEBREW WORD **LULEI** HELPS US TO PREPARE FOR THE HIGH HOLY DAYS

by Rabbi Robert Scheinberg



(Abridged from Rabbi Scheinberg's Rosh HaShanah evening sermon, 2017)

This Hebrew year that is now coming to

an end: it could have been different. We can probably imagine various ways, large and small, that this year could have unfolded differently than it did.

While I do have some specifics in mind, actually I am making a comment that would apply equally to every year in the history of our world. We can always imagine how things would have gone differently. In fact, focusing on some of the ways that things could have gone differently is one of our tasks on the cusp of a new year.

There is a particular Hebrew word that refers to the contemplation of something that didn't happen but could have happened. The word is *lulei* לולא, which means "were it not for...." It's a word that introduces a counterfactual, an alternative that did not come to be. *Lulei* is thus an important Hebrew word at this time of year.

Most kids in our educational programs first encounter the word *Lulei* in a trivial context, in a song about Haman's 3-cornered hat. According to the song, "*lulei hayu lo shalosh pinot* - had it not had 3 corners - *lo hayah zeh ha-kova sheli*. It would not have been my hat." This is a fine example of counterfactual reasoning (though not particularly sophisticated).

But throughout the Bible, there are various examples of the use of the word *Lulei* that are much more weighty and even agonizing. For example, the word *Lulei* is used in the story of Joseph and his brothers. Joseph's brothers need to travel to Egypt to purchase some more grain, but they have been told that they won't be able to buy grain unless the youngest brother Benjamin is with them. The brothers have a terrible time trying to convince their father Jacob to release Benjamin to travel to Egypt with them. After weeks and months have passed, in frustration and concern, Joseph's brother Judah exclaims to their father Jacob: "*Ki lulei hitmah'mahnu, ki atah shavnu zeh fa'amayim*. Had we not delayed, we would have been able to return to Egypt twice already." In other words: If not for our unwise decision, we would all have been better off today. That is a typical use of the word *Lulei*: "If such and such a thing had been different, I would not today be in the sorry state that I am in." In other words, this is the use of the word *lulei* to introduce a feeling of regret.

"The agony of regret is not [truly] evil, for it increases your days and adds to your life. Each regret is actually an opportunity to learn about yourself and explore a concrete change for the future."

R. Nahman of Breslov

The Hasidic master Rebbe

Nahman of Breslov used to tell his followers that they should treat their regrets like gifts. He said, "The agony of regret is not [truly] evil, for it increases your days and adds to your life. Each regret is actually an opportunity to learn about yourself and explore a concrete change for the future."

Engaging in Lulei thinking at this time of year is exactly what Jewish tradition calls us to do. So maybe it's not coincidental that if you take the letters of the Hebrew word *Lulei* - lamed, vav, lamed, alef לולא - and spell them backwards, you get alef, lamed, vav, lamed אלול - which spells *Elul* - the name of the month of the year that immediately

(continued on p.2)

UPCOMING EVENTS

SEPTEMBER 2018

- 7 Shabbat in the Park at USH 5:30pm
- 9 Rosh HaShanah evening service 7pm
- 10 1st day Rosh HaShanah
 - Morning service 9am
 - Public Shofar service 4:45pm
 - Mincha afternoon service 5pm
 - Tashlikh (casting away sins) @ Pier A followed by bring-your-own picnic dinner 5:30pm
 - Evening service 7pm
- 11 2nd day Rosh HaShanah
 - Morning service 9am
- 14 First Fridays – Musical Fri night experience 6pm
- 18 Kol Nidre – services for Yom Kippur eve 6:30 pm sharp
- 19 Yom Kippur Day
 - Morning service 9am
 - Yizkor memorial service 12 noon (approx.)
 - Yizkor public service 4:15pm
 - Mincha afternoon service 5pm
 - Neilah (concluding service) 6:40pm
 - Final Shofar blast 7:40pm (followed by light breakfast)
- 23 Building the USH Sukkah
- 24 1st day Sukkot 9:30am
- 25 2nd day Sukkot 9:30am
- 29 My Jewish Neighborhood Sukkah Hop 6pm
- 30 Shmini Atzeret; Sukkot party for families with young children 4pm

OCTOBER 2018

- 1 Simchat Torah celebration / dancing in the streets 6:30pm
- 2 Simchat Torah morning service 9:30am
- 5 First Fridays – Musical Fri night experience 6pm
- 14 Mitzvah Day (see enclosed details)

Friday night services 7pm

Saturday morning services 9:30am

See www.hobokensynagogue.org & USH Facebook page for more info on these and other upcoming events!



(continued from p.1) precedes Rosh HaShanah and sets the stage for the season of soul-searching and introspection that characterizes the High Holy Day season.

Sometimes Lulei thinking can be paralyzing. Many of us have decisions in our pasts that we so deeply regret, that we ruminate over them, thinking of them constantly, as if we could convince history to change its course. Too much focus on the *Lulei* of regret keeps us from being the people we are meant to be. Maybe that's the reason why *Lulei* backwards spells the month of Elul: once we are ready to start a new year, we should be ready to give a rest to the feelings of regret.

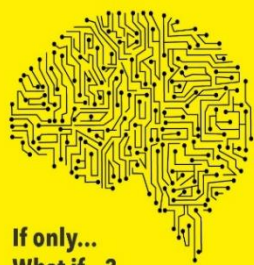
But the word Lulei gets used in a different way in the Bible as well. Sometimes, instead of introducing something positive that did not happen, the word *lulei* is used to imagine a terrible alternate reality that did not come to be, and that we are greatly greatly relieved did not come to be. We could call this "the *Lulei* of gratitude," as opposed to the "*Lulei* of regret."

אלול / לולא Lulei / Elul

(Psychologists, of course, have fancy names for these phenomena. What I am calling "the *Lulei* of regret," they call "upward counterfactuals," and what I am calling "the *Lulei* of gratitude," they call "downward counterfactuals.")

Actually, the most famous use of the word "*Lulei*" in the Hebrew Bible is a "*Lulei* of gratitude," or a "downward counterfactual." It's the verse at the end of Psalm 27 that is added throughout the High Holiday season. At the conclusion of a psalm that mentions various life difficulties and challenges, we read the words, - לולא הִאֲמַנְתִּי לְרֹאוֹת בְּטוֹב, - *Lulei he'emanti lir'ot be-tuv adonai be-eretz hayyim*. "Had I not trusted that I would see God's goodness in the land of the living..." and then the writer just trails off. The writer never tells you what

exactly would have happened if the writer had not trusted to see God's goodness. That "downward counterfactual" is just too difficult even to articulate. We get a sense that the writer of this psalm is experiencing a difficult time, but nevertheless has an ability to cultivate gratitude, in part by contemplating what could have been even worse.



Religious leaders and psychologists would agree that both kinds of counterfactuals are necessary and helpful in different situations. The downward counterfactuals - the *Lulei* of gratitude - help us to appreciate the blessings in our lives to which we might otherwise be oblivious. And the upward counterfactuals - the *Lulei* of regret - push us to grow and to do better in the future.

The month of Elul is the time of year to focus on what might have been - for better and for worse. May our new year be full of the *Lulei* of gratitude, helping us to remember just how much we have to be thankful for about our lives and our world. And may it include just enough of the *Lulei* of regret so that we can grow into the people we are meant to be. ☆

PRESIDENT'S REPORT

BY David Swirnoff



I was at a networking event, one of the Beer Mitzvah gatherings, and asked a couple of congregants what they thought I should write my Shofar article about. One of them said "how about 'do I have to be religious to join a synagogue?'"

This struck a chord with me as I've always tried to write and speak about the three aspects of USH –that we are a beit midrash, kneset and tifillah and that that is part of our mission. I've also felt that we don't have to be each one to each person, and certainly not at the same time.

So, jump forward a week and I heard the Rabbi talk about something called the Theodotus Inscription.

Theodotus was an archisynagogos (ruler or leader of a synagogue) in Jerusalem in the time before the destruction of the First Temple. The inscription was chiseled onto a stone plaque and dedicated this Jerusalem synagogue as a place for the reading of the law and teaching of the commandments and as a place of lodging for travelers. Nowhere in the inscription is a Rabbi mentioned nor is there a statement that the place was a house of worship.

In fact, the word synagogue comes from the Greek roots "sun" and "agein" meaning bring together. A synagogue was actually a house of gathering or beit kneset. And Theodotus' was also a house of study. But in neither case does it seem to have been intended as a place for prayer.

So, jump forward more than 2000 years to the question I was asked over a convivial mug of beer and the answer seems clear. USH is a house of prayer and worship, but it is also a place where strangers can come to meet other people and where friends can come together socially. You don't have to be religious or spiritual to join the community. You merely need to want to be *part* of the community.

Looking forward to seeing you all at a community event soon.

Shalom, David





2018 High Holy Days Schedule

לשנה טובה תכתבו

5779 Days of Awe 2018

THIS IS NOT A TICKET

PLEASE REMEMBER TO BRING YOUR NAME BADGE WHEN YOU COME TO THE SYNAGOGUE.

(refers to a service at which tickets are required. All other services, marked by *, are free for those who have pre-registered, but ticket holders have expedited entry and seating priority.)

SLICHOT

Saturday, September 1

* Slichot Program and service
8:00 pm

ROSH HASHANAH

Sunday, September 9

*Evening service 7:00 pm

Monday, September 10

Morning Service

(including Shofar blowing) 9:00 am

Service concludes 1:30 pm

*Public Shofar Blowing Service

4:45 pm

*Mincha (afternoon service)

5:00 pm

*Tashlikh (casting away sins;

at Pier A Park) 5:30 pm

*Ma'ariv (evening service) 7:00 pm

Tuesday, September 11

Morning Service

(including Shofar blowing) 9:00 am

Service concludes 1:30 pm

SHABBAT SHUVAH

Friday, September 14

*Evening service 7:00 pm

Saturday, September 15

*Morning service 9:30 am

YOM KIPPUR

Tuesday, September 18

Mincha (afternoon service)

6:15 pm

Kol Nidre (evening service)

6:30 pm (sharp)

Wednesday, September 19

Morning service 9:00 am

Yizkor (memorial service)

12 noon (approx.)

*Public/Community Yizkor service

4:15 pm

Mincha (afternoon service)

5:00 pm

Neilah (concluding service)

6:40 pm

Final Shofar blast 7:40 pm

(followed by light break-fast)

SUKKOT

Monday, September 24

*Morning Services 9:30 am

Tuesday, September 25

*Morning Services 9:30 am

Friday, September 28

*Evening services and reception in

the Sukkah 7:00 pm

Saturday, September 29

* Morning services 9:30 am

Sunday, September 30

* Hoshana Rabbah services

9:00 am

SHEMINI ATZERET

Monday, October 1

*Morning services 9:30 am

(including Yizkor memorial

prayers)

SIMCHAT TORAH

Monday, October 1

*Evening Services, singing and

dancing in the streets 6:30 pm

Tuesday, October 2

* Morning services 9:30 am

MITZVAH DAY / WELCOME BACK BARBECUE

Sunday, October 14

* Mitzvah Day projects

9:00am-3:00pm

*Welcome Back Barbecue 3:00pm



We strive to include all in our services and programs. Contact office@hobokensynagogue.org to discuss individual needs.

High Holy Days Children's Activities at USH

Rosh Hashanah (evening)

Sunday, September 9th

Babysitting:

7:00-8:30pm (open to children who can walk, up to age 7. Children over age 7 are encouraged to participate in the sanctuary.)

Rosh Hashanah (morning)

Monday, September 10th and

Tuesday, September 11th

Babysitting:

10:00am-1:30pm (open to children who can walk, up to age 6)

Interactive musical program for children age 5 and under, with parent:

10:00-11:00am, followed by kiddush.

There will be an additional interactive music program for children age

5 and under with parent on Monday

September 10 only, 4:15 -5:15 pm

Special activities for children entering Kindergarten

(drop-off): 11:15am-12:15pm,

followed by kiddush.

Activities for students in grades 1-7:

11:00am-1:30pm,

followed by kiddush. Includes

services for students and family

members, 12:15-1:00pm.

Tashlikh (afternoon)

Monday, September 10th

5:30pm, at Pier A Park, is especially family-friendly.

Yom Kippur (evening)

Tuesday, September 18th

Babysitting:

6:30-9:30pm (open to children who can walk, up to age 7)

Activities for students in grades 2-7:

6:30-8:45pm.

(Including walk to the food pantry

for students in grades 5-7)

Yom Kippur (day)

Wednesday, September 19th

Babysitting:

10:00am-2:30pm, 6:00-7:30pm

(open to children who can walk,

up to age 7)

Interactive musical program for children age 5 and under, with parent:

10:00am-11:00am

Special activities for children entering Kindergarten

(drop-off): 11:15am-12:15pm

Activities for students in grades 1-7:

11:00am-2:30pm.

(Includes services for students and

family members, 1:00-1:45pm;

6:30-7:30pm.)

All services and programs (besides Tashlikh) will be held at the Star of Israel Building, 115 Park Avenue, Hoboken NJ

How to get the most out of the High Holy Days - in Hoboken or wherever you will be. See http://bit.ly/USH_new_HH_brochure for the full brochure.

ADAM LADEN LIKES SUMMER CAMP

by Jeremy Morley

Stepping onto a bus at Port Authority Bus Terminal en route to Camp Na'aleh, in upstate New York – one of the summer camps of the Habonim youth movement – Adam Laden, an obviously presumptuous young guy, just 17 years old, sees a lovely girl named Liz Lieberman. Both Adam's cousin and a mutual friend had already told him that Liz would be at the camp and that she was cute and really nice. So Adam starts off his hoped-for romance by diving straight in for a kiss and then claiming it's from the mutual friend. Somehow, she didn't slap him. And camp that year was especially fun for Adam, and presumably for Liz. Indeed, they have been together ever since, and that was 39 years ago.



The Ladens

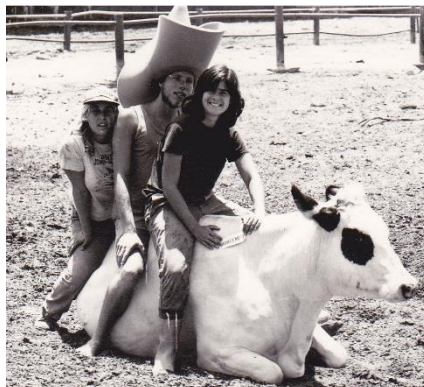
Adam had been attending Habonim camps for several years and it provided the key focus, outside of celebrating Jewish holidays with his family at home, of his Jewish experience. The camps were amazing fun. Lots of Israeli folk songs, Pete Seeger and other protest songs and Jewish music. Israeli dancing that seemed to go on all night. Bonfires. Shabbat celebrations. Silly skits. Hikes and adventures. Songs all day long. Hebrew words and phrases. Leaders who weren't that much older than their younger charges. Teenage boys and girls away from home. Discussions about Israel and Labor Zionism. About the meaning of Judaism and social obligations, radical justice, equal worth, unionization, socialism and how to fix the world.

Habonim was founded in England in 1929 as a Labor Zionist youth movement and it quickly spread to North and South America, South Africa and Australia. In the United States it runs seven summer camps as well as year-round programs. The camp experiences were indelible for Adam and for thousands of others.

A few years after they met, Adam and Liz went together for more "happy camping," this time for a whole year to a kibbutz in Israel – Kibbutz Urim in the Negev. The kibbutz is near the Gaza border. It was mostly settled by North American Habonim-niks. Adam and Liz worked with the cows, often working the four-a.m. milking shift.

Adam's mother had also been a happy Habonim camper. In 1952 she had attended a year-long Habonim workshop on kibbutz

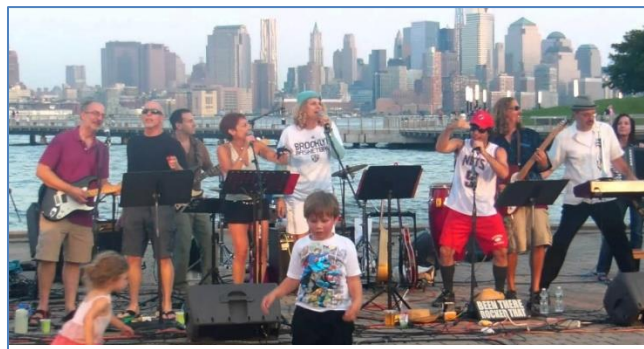
in Israel and had become completely inspired by the socialist Zionist ideal. She always wanted to go on aliyah but she married Adam's father, who developed a very successful career as a cosmetic chemist. The career took them from Chicago to the Maryland suburbs of Washington, D.C. and then Trenton, New Jersey. Along the way they had five children, all boys. But Adam's mom never let go of her Israeli dream. After nearly 30 years of marriage, she announced that she wanted to spend the next 30 years of her life living that dream. She persuaded her husband to agree, and to the surprise of their boys they moved to Haifa with Adam's youngest brother and established a new and most fulfilling life there.



"Working" on kibbutz

By this time, Adam was in his early twenties and fresh out of college. He heard about a town just outside of New York called Hoboken, which was "cool, artsy and musical." He came with Liz to check it out. Just one drive down Washington Street, ending up near Maxwell's, was enough to convince him that this town was bashert (destined to be). While sitting on a stoop of 1040 Bloomfield Street looking at apartment ads in the Hoboken Reporter, someone walked out of that very building and offered him an apartment. Adam (and Liz who moved in a little later) lived in that building for 20 years until they moved around the corner to their current home on Garden Street.

After 15 years of dating, Liz and Adam finally married in 1994. While looking for wedding halls they happened upon a wedding where the guests were dancing wildly to klezmer music, which was just starting to become popular. They immediately hired the band to play their wedding. The unknown musicians were *The Klezmatics*, who then went on to become successful and famous. (They won a Grammy in 2006 and collaborated with such brilliant artists as violinist Itzhak Perlman).



The Gordy's

Once they had children -- Noa is now 20 and is a student at Brandeis, and Ava is 15 and attends school in the City -- Adam and Liz wanted to connect them to the Judaism that they had known and loved as kids and teenagers, which was the Judaism of celebration, songs, Jewish holidays and social justice. And so they checked out USH and were thrilled that Noa was able to attend the very first Kaplan pre-school class. Adam explains, with

obvious great feeling, that, "Since Kaplan was just starting, all of the class parents worked together. Everyone helped out. We assisted Rachelle and her team, and we bonded. We helped build the 4-year-olds program, the after-school enrichment programs and planned activities like the cabaret fundraiser. It's a cooperative school and we were expected to really contribute, which we did. We spent much time in each other's homes. And to this day the children and the parents are still really 'tight' and we know that if needed we are there to support each other."

Adam plays many musical instruments. He played with other Kaplan parents, including Rob Harari, Howard Olah Reiken and Pamela Strell at a party for USH member Gordy Haas when he recovered from a serious illness. They enjoyed the gig and went on to form USH's very own group, The Gordy's. Adam loves when they play the summer concert series at Sinatra park, especially when the audience dances in giant circles to klezmer music.



Kaplan Pre-School Class 2002-2003

One day after Noa started at Kaplan, Adam brought his guitar to class and started playing songs for the kids. He says, "Rachelle [Grossman, the beloved Kaplan Director] looked a little surprised and apprehensive. What was I up to? But the kids loved it and so I played some more and I've been acting silly and playing for the kids at the preschool ever since."

From 2010-16, the family spent six years in London where Liz got a job and Adam — who had previously enjoyed employment as a teacher, then as a lawyer and then running his own legal recruitment firm -- took the opportunity to be a stay-at-home dad, which he absolutely relished. London was great, he says, but although they "shopped" for a suitable synagogue there, they never found one that felt like USH — like home. Eventually, after having spent some great years away, and despite the wonders of



Noa and Ava

The Ladens have been back in Hoboken now for a couple of years and Adam has thrown himself into all manner and kinds of projects, including providing support to USH. He's now the Learning Center's music teacher and he has also spearheaded with Rabbi Scheinberg the creation of "First Fridays: A new

London and the ability to travel throughout Europe and even places further afield so easily, the pull of family and Hoboken became too strong to resist.

Shabbat evening experience at USH," Adam and Rabbi Scheinberg will be teaching new and beautiful tunes to traditional prayers. (At this point in the interview the article needs to note a long pause, while Adam runs to get his guitar and starts a beautiful performance of Oshe Shalom Bimromav in the style of the Israeli group, Nava Tehila).

Adam explains that, "My Judaism was always a celebratory Judaism. At the synagogue I have the opportunity now to create a camp-type experience for the children. I love it when we can have the kids gathered together on the floor in a tight circle making music together. It's the same kind of experience that we have in summer camp. When we're on the cusp of that summer camp feeling it's the most beautiful part of my day. I really want to bring more of that to our community."

Adam has also taken on the responsibility for the synagogue of Vice President responsible for Programming. (He's taking over from David Plotka, who has done such a fantastic job and has worked so hard and whose contribution has made a gigantic difference. Thank you, David!). Adam's focus will be on encouraging members' participation in the life of the synagogue, primarily by creating activities for our members to come together and be entertained, learn and interact with others in the synagogue. He wants to focus in particular on creating strong social circles among parents of Kaplan and Learning Center children.

For me, it was inspiring to learn how Habonim camps have played such a meaningful role in the life of Adam, Liz and their family. I was a Habonim teenager in England, as were

my sister and many other members of our family, and it has influenced my life tremendously ever since. It's really exciting that USH is benefitting so much from Adam's commitment and passion to bring that philosophy of Jewish celebration, participation, social justice and Zionism to our children and our community. ✨

The comedy gang: The Jewish youth group that made Sacha Baron Cohen

Mika Leigh was a member of Andash, and so were David Baddiel and Sacha Baron Cohen. How did a club for 'hippy Jewish souls' become a hithouse for the entertainment industry?



Habonim Dror is "a progressive, Labor Zionist youth movement" whose guiding principles include "[building up] the State of Israel as a progressive, egalitarian, cooperative society, at peace with its neighbors; actively involved in a Peace Process with the Palestinian people with the common goal of a just and lasting peace; and as the physical and spiritual center of the Jewish people."

A study released in 2013 established that the Habonim philosophy of fostering a progressive, critical-thinking culture among North American Jewish youth about Israel actually works to instill their commitment to the Jewish homeland. The authors found that fostering a critical wrestling with Israel did not alienate Jewish youth from Israel, but served to strengthen their attachments to Israel.

The list of famous alumni of Habonim is long. It ranges from **Golda Meir** to the playwright Sir **Arnold Wesker**, the film director **Mike Leigh**, and a host of senior Israeli political figures as well as what sometimes seems like almost the entire body of British comedians, the currently most famous one being **Sacha Baron Cohen** (see his face circled at a Habonim event).

THANK YOU FOR YOUR GENEROUS DONATIONS

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THANK YOU FOR SPONSORING

KIDDUSH:

August 4 David Swirnoff and Merry Firschein in memory of Merry's parents
August 11 Eve Mensch
August 18 Joel Trugman and Razel Solow in honor of their son Noah's birthday
August 25 Soren and Shamira Malekar in honor of Simone's High School graduation

CONGRATULATIONS TO:

Megan Beltran (KPS teacher) and her husband James on the birth of their son
Shimon Smith and Rebecca Flanders on their wedding, and to Shimon's mother Natalie and brother Nijen Tzvi
Elisheva Gould and Jason Engram on the birth and brit milah of their son, Aaron

CONDOLENCES TO:

Howard Rudin and his family on the loss of his father, Marcel Rudin, and to his wife, Melanie
Elko Stuver and his family on the loss of his father, Jake Stuver



New "Fun Club" and ESL Training

Thank you to the many USH members who joined Rebecca Teichman and Razel Solow at her home on August 24 to learn some basic ESL principles to work with refugees in a new program. Welcome Home, a group with whom the Refugee

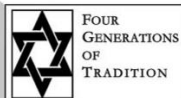
Support Committee collaborates has started an initiative that aims to create a better sense of community among recent refugees. Beginning in September, the "Fun Club" will meet weekly on Thursday nights from 6:00-8:00 p.m. at the Church of the Latter Day Saints in Jersey City near Journal Square.

The evenings will consist of some volunteers speaking English with refugees, some providing homework help for the children, and others playing with the preschool children. In addition, there will be a communal meal and a different special activity each week (e.g., yoga). Please watch for the Signup Genius that we'll be sharing so that many USH members may volunteer on an ad hoc basis. Volunteers will not be asked to stay for the entire two hours, unless they choose to do so.

There was such a strong response to our first ESL "training session" that we will probably offer another one in the fall, if the interest continues.

Upcoming Dinner

As part of our continuing program of supporting locally resettled refugees through our Refugee Support Dinners, our next dinner will be during Sukkot, the evening of September 29, the same time as the USH Sukkah Hop. As always, the food will be delicious, the cost will be \$45 per person, all money will go to the refugee chef, and the conversation will be great. In keeping with the holiday theme, the dinner will take place in a sukkah in Hoboken. Please keep your eyes out for additional details in the weekly newsletters.



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Mitzvah Day is coming!

Sunday October 14, 2018

The sign-up sheet will be printed in the October edition of the Shofar AND a link will be provided in the weekly Shabbat announcements soon! Please mark your calendar to participate in one of these activities!

FOUR sections of **sandwich-making** for the Shelter, from 10 a.m.-2:45 p.m. The first section is especially for children 7-12 years old and families.

Cleaning up the USH section of Riverside Cemetery, Saddle Brook. We need strong people to move garbage cans and branches!

Visiting housebound seniors at their apartments. A great opportunity for families!

Organizing toiletries to be packed into hygiene kits and donated to the Hoboken Shelter.

Organizing coupons to be donated to an organization that helps military families who shop on bases worldwide.

Food Drive at ShopRite, especially for children – and the USH Cub Scout pack!

Organizing donations at In Jesus' Name Food Pantry

TWO projects for Learning Center students!

Just for students in 6th-8th grades – **Cookies-in-a-Jar** – dry ingredients to make chocolate-chip cookies -- to be donated to the In Jesus' Name Food Pantry. This will be our third year making these special treats with our Learning Center students!

Just for students in 9th-12th grades -- **preparing & serving lunch** at the Hoboken Shelter. The second year! Our teens had a great time last year helping to feed clients at the Shelter!

TWO new projects!

Lighthouse: USH is on the board of the Church of the Incarnation Lighthouse, in Jersey City, a facility which provides temporary assistance to refugees. We will be **cleaning and organizing** to create a welcoming space!

Mitzvah Day Reception Desk: Looking for several volunteers to sit in the synagogue lobby to direct participants to their assigned activities and answer questions.

And for EVERYONE!

Blood Drive for New Jersey Blood Services. A bloodmobile will be parked outside the synagogue from 10 a.m. - 4 p.m. Come down and donate a pint!

Got mini-toiletries? Please drop off your new & unused mini shampoo, conditioner, soap, toothpaste, and wrapped toothbrushes in the box in the USH lobby.

Mitzvah Day was started at USH in 2005 in memory of our member Jeffrey Gardner z"l, who died in the World Trade Center bombing on September 11, 2001. May his memory be for a blessing always.

UNITED SYNAGOGUE
OF HOBOKEN
115 Park Avenue
Hoboken, NJ 07030-3703

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**UNITED SYNAGOGUE OF
HOBOKEN**

115 Park Avenue, Hoboken, NJ 07030
201-659-4000

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SHABBAT IN THE PARK

Join us for song, prayer and friends
to welcome Shabbat!

Bring a Picnic Dinner (Kosher or Vegetarian, Please!)
and We'll Provide the Challah and Grape Juice!

Free and open to the community, special activities for families with
children 5 and under. RSVP appreciated

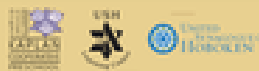
FRIDAYS AT 6 PM

-WEATHER PERMITTING-

(Please note: regularly scheduled service takes
place at the synagogue at 7pm as usual.)

Sept 7 USH - Pizza Party! (115 Park Ave)
(5:30pm start time)

* Starts at 6pm unless otherwise noted



115 Park Ave Hoboken, NJ 201-653-4646 www.kaplancooperativpreschool.org

To RSVP or for more information please
contact ushpreschool@gmail.com

Throw Your Sins into the Hudson...



Tashlikh



UNITED
SYNAGOGUE OF
HOBOKEN

On Rosh HaShanah afternoon, Jews traditionally gather at a body of water
to symbolically cast our sins into the waters..

Monday, Sept. 10, 2018

Meet at **5:15PM** at **115 Park Avenue**,
Or join us at **5:30PM** as we have a brief ceremony and celebration
at **Pier A Park (1st Street and Sinatra Drive)**

All Ages WELCOME - RAIN OR SHINE!

If the weather is nice, please feel free to bring a picnic dinner!

FOR MORE INFORMATION:

Call us at (201)659-4000 or visit us online at hobokensynagogue.org

