

KOLHA'KEHILAH THE COMMUNITY VOICE TITLE OF THE COMMUNITY VOICE THE COMMUNITY THE



THE REST OF THE YFAR

by Rabbi Boris Dolin

I have always been fascinated by the cycle of the Jewish year. There is the way that the meaning and values of the holidays have so purposely been fitted into the calendar to connect with the seasons and the emotional "blueprint" of certain times of year. Chanukah lights in the darkness of winter. Pesach Seders during the "rebirth" of spring. And the Yamim Noraim, the High Holidays, during the gathering and introspection brought on by the cooling weather of autumn.

Another important facet of our calendar is that all holidays begin in the evening. The usual explanation for this tradition stems from the order of how the days were created in the story of Genesis: "There was evening and there was morning...". Yet there is also something significant on an emotional and spiritual level about this quirk of our calendar. For us, darkness is always followed by light and by hope. Each and every evening that arrives, we know that no matter what, we awake the next morning to a sunrise and new potential.

CONTINUES ON PAGE 2

PRESIDENT'S **MESSAGE**

by Roger Antebi

I have always found Unetaneh Tokef to be one of the most powerful prayers of the High Holiday liturgy. "On Rosh Hashanah it is written, and on Yom Kippur it is sealed...who will live and who will die.... but teshuvah (repentance), tefillah (prayer) and tzedakah (righteous deeds) transform the harshness of the decree."

In his book, This is Real and You Are Completely Unprepared—The Days of Awe as a Jewish Transformation, Alan Lew suggests another interpretation for this prayer. Over the years it was noticed that some Jews may have repented prodigiously, prayed fiercely and performed righteous deeds until they collapsed in exhaustion, and nonetheless died in the following year. Lew argues that the liturgy claims that "prayer, righteousness, and Teshuvah will not change what **happens** to us; rather they will change us." A spiritual practice doesn't change what happens, but rather our perspective changes and we align with the natural occurrence of events, even death, as all flowing from God.

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THE REST OF THE YEAR, CONTINUES FROM PAGE 1

As we enter the Yamim Noraim this year, this positive outlook signalled by our calendar has yet another message for us. It is not necessarily the light of day that will give us hope and inspiration to move forward in our journeys, but it is the light, the power of being together as a community, of sharing in the familiar prayers and melodies, of sitting down at our tables for meals and taking the time to learn, to reflect and to grow. This familiar experience is always there, no matter what has happened in our lives or in our world, and it is up to us receive this gift with open arms.

When you come to join us for Rosh Hashanah or Yom Kippur, please don't think that this is necessarily the only highlight of the Jewish calendar. It is in some ways the very real core of the Jewish year, but it exists only when we remember that all of these days are inherently connected and ripe with potential. The Jewish year is meant to be a true cycle, each holiday leading into another, times of memory and reflection, leading slowly into the highest moments of joy and celebration. Rosh Hashanah and Yom Kippur are important, but experiencing them without the rest of the year is like, well, eating just the cream cheese on a bagel. You need the rest to hold it all together.

When we sat in the candle-lit Sanctuary just a few weeks ago, chanting the ancient words of Eicha, Lamentations, and discussing the problems of holding on to pain and memory and the idea that "only a people who can cry can learn how to laugh".

Or our weekly Torah study where we make our way through the stories of the Torah, looking at the text as a the powerful yet imperfect story of our people, delving into issues of gender, theology, Jewish culture, current events, and sometimes, politics.

Opening up the entire Torah around the sanctuary for Simchat Torah, hearing congregants do stand up comedy on Purim, celebrating Israel with a laidback song circle on Yom Ha'atzmaut, or simply sitting with new friends and being reminded of the calm comfort of the Jewish family.

There is a full calendar of inspiration, fun and learning, and I hope that you will not let any day pass you by.

Let us all gather together during these holidays with a desire to grow as individuals and as a community, and clutch the comfort that comes with the familiar in these days. Yet, let us also not forget all that is left in our year. Let us all be open to new experiences, to moments of easy acceptance, and also to moments of challenge and questioning. The fullness of Judaism is more than any one holiday, and we always have opportunities to try something new.

And for us, if we truly grasp the light of this season, what we think we know about ourselves when we begin this journey, may not be the truth that we leave with. Grow, learn, question, and inspire. Let us all work to turn into the people we are meant to become, and to create a community of meaning, ready to guide us forward.

L'Shanah Tova and blessings for a sweet New Year!



Cynthia Weinstein

EXECUTIVE DIRECTOR'S MESSAGE

The autumn High Holidays are a busy and wonderful time of the year - fall clothes and school supplies, big family Rosh Hashanah dinners and catching up with friends you haven't seen all summer. At the shul office we are busy reconnecting with members, helping them with their High Holiday arrangements, and talking to new people who have heard about Dorshei Emet and would like to check us out. News of what our shul has been up to has made quite a buzz in the city. The new digital ads in Cote St Luc have been an effective addition to our marketing.

We have a great team in the office, and it's reflected in your weekly announcements, full of great programming, in our Kol Ha'Kehilah newsletter, mailed to you quarterly, and in the friendly voices that answer the phone. I encourage you to try something new in 5779 - we are offering a wide variety of programs, something for everyone. Why not invite your friends and family to see what is happening at Dorshei Emet!





Shainy Haim

My name is Shainy Haim - I am the Administrative Assistant at Congregation Dorshei Emet. Since I started working at the shul in August 2016, I have had the opportunity to become acquainted with many of you, not only in the office, but also at some of the holidays and fantastic programs that I have attended here with my husband, Dave, and my 5-year-old son, Jake.

On April 30th 2018, my nephew Miles Bennett from Ottawa celebrated his Bar Mitzvah at Dorshei Emet and it was absolutely beautiful. Rabbi Boris made the ceremony so wonderfully unique and special. It was an unforgettable day!

Over the past two years, there have been so many members of the congregation who have been beyond friendly, warm and welcoming, and for that I would like to say thank you! It is a real pleasure coming in to work every morning with my amazing colleagues, Cynthia, Linda, Oria and of course, Rabbi Boris. The environment in the office is one of professionalism, excitement, fun, tolerance and understanding. There is never a dull moment, and there is always lots of laughter! With all of the internal changes over the past year, we are now finally a well-oiled machine, ready to face the new challenges and rewards that 5779 will

I am proud and excited about the organization and efficiency we have created in the office to facilitate accommodating you in every way. I very much look forward to meeting more of you on a personal level over the coming months, and invite you all to pass by the office, say hello, and get to know the team of people dedicated to making your Dorshei Emet experience as fulfilling and enlightening as possible!

Shana Tova!



YOUTH AS THE SUMMER WINDS DOWN

by Sarah Dolin

As summer winds down, I feel full of gratitude once again for the slower pace of this time which leads us to a fresh start with the High Holidays. Our first gathering for children and families this fall will be a Family Shabbat on September 1st at 10:30 am to help us to prepare for Rosh Hashanah and to welcome Tamar Bar Yosef to our community. Tamar is a recent high school graduate from Israel who will be completing a year of community service in Montreal as a Shinshinit at Dorshei Emet and the Akiva School. Tamar will be organizing our high school youth group, helping to animate holiday and social programs for children, and will also help lead our Family Shabbat program. We are so excited to be working with Tamar this year and we can't wait for you to meet her!

As a community we will soon embrace new beginnings together on Rosh Hashanah and Yom Kippur. We will begin at 10:30 on both days of Rosh Hashanah and 11 am on Yom Kippur. Please arrive at least 10 minutes early for each program so that we can begin promptly. The programs have been carefully planned to include prayers and engaging activities, and children need to arrive on time to benefit from the full experience. As a courtesy to parents, lunch will be

served to children immediately following the Yom Kippur program. Children 8 and older are welcome to participate in the programs without a parent and children 7 and under should share the experience with an adult.

We have an expanded array of programs for children and families this year that will continue to bring us together for Shabbat and holiday celebrations, community, friendship and learning. I am delighted to welcome back our regular participants and look forward to seeing some new faces. One of the foundations of our program is a twice-monthly Shabbat gathering that begins with Shabbat morning prayers led by singer-songwriter Fran Avni and myself and is followed by activities to explore a Torah story, a Jewish value or upcoming holiday. Children and families are welcome to join for one or all of the programs, but those who attend regularly will benefit most since we will be making connections from week to week. Other programs coming your way include holiday celebrations and Everybody Loves Saturday Night which I wrote about in the Summer 2018 Bulletin, still available on our website.

I look forward to sharing many new beginnings together!

L'Shanah Tova!



FOLLOW US ON FACEBOOK AT
WWW.FACEBOOK.COM/DORSHEIEMET1
OR VISIT OUR WEBSITE FOR UPDATED
NEWS AND PROGRAM CALENDAR



NEW MEMBERS@ DORSHEI EMET

by Natalie Amar

I first met Lisa at a "Parent and Baby" class. Our babies bonded and so did we. Between burping babies, we sometimes talked of raising a Jewish family - with me, the ever enthusiastic Dorshei Emet member, encouraging (ok, often begging) Lisa and her family to join us at DE. Lisa and her spouse had not attended a shul in years. Traditional

synagogues simply didn't speak to her. She didn't appreciate sitting apart from her family, she felt somewhat intimidated by the formality of services and was self-conscious about her level of observance. She used to attend shul with her parents, who attended for their parents. Once the grandparents passed away, no one went to shul.

"Lisa, just try coming to one Shabbat, we're hip, we're smart, we're inclusive and we are not stuffy!"

Now with two young boys in need of constant activity, Lisa finally participated in some of our children's programs. Our new rabbi put her at ease: "I forget he's clergy, I'm not scared to talk to him". Lisa took up knitting this year, and I was thrilled to send her the announcements about DE's new knitting circle. She's excited about the Book Club. And slowly, she's feeling comfortable walking through the doors at 18 Cleve. So comfortable that this year, for the first time, her family purchased High Holiday tickets. And guess what? Her mom is coming too, "for the children".

As we each prepare for the holidays, I wish to remind you all to keep our synagogue membership in mind. Current members are our best ambassadors to bring in new families, which will ensure and maintain the sustainability and vibrancy of our community. Joining a synagogue is a hefty commitment - we recognize that full membership often is too large a first step. What better way to invite those in your circles to Dorshei Emet than by purchasing tickets for the High Holidays? I am so excited that Lisa and her family will be sitting with us for the New Year, and I look forward to introducing her to all of you... and to some new faces too.





Tamar Bar Yosef

Tamar was born and raised in Kibbutz Beit Kama which is located in the northern Negev desert in Israel. Tamar is a Diller Teen Fellows alum.

She will volunteer at Dorshei Emet and Akiva School this year.

She loves ceramics and sewing bags.

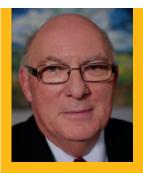
About The Shinshinim



The Shinshinim program started in 2015 in Montreal.

This year, 8 Shinshinim will volunteer for a year prior to their IDF service/National service in more than 26 organizations and programs across the Montreal Jewish community, strengthening the relationship between Montreal and Israel.





by Bernie Weinstein

YIZKOR BOOK

This year Dorshei Emet launched a new project, our own Yizkor Book. Bringing together prayers and readings from our siddur and mahzor, Hadesh Yameinu, edited by Rabbi Ron Aigen z'l, our Yizkor Book includes a message from Rabbi Boris, tributes to founding Rabbi Lavy Becker and to Rabbi Ron as well as a memorial to those members who passed away in 5778. Most importantly, 82 of our members have submitted 377 names of friends and family members whom they wish to remember and

Yizkor books will be placed on every seat in the sanctuary on Yom Kippur prior to the first Yizkor service on September 19. Members who submitted names may take a copy home, while others are asked to leave the book in the sanctuary for use during subsequent Yizkor services in 5779. Anyone who submitted a name for inclusion in the book but who is not able to attend the Yom Kippur Yizkor service will receive a copy by mail.

As with any new project, the Yizkor Book will be reviewed by the committee in preparation for next year's edition. We would appreciate any suggestions you may have - please send them to the office.

As chairman, I thank all the members of the committee for their excellent work in bringing this idea to fruition. We also thank Cynthia, Shainy and Linda for their help; without you this could never have happened.

As a new member of Dorshei Emet, I have found our Yizkor service to be very moving. I hope the new Yizkor Book will enhance that experience and help us remember and honour those we loved.

JOIN US AT DORSHELEMET FOR

Family Shabbat



· WHAT'S IT ALL ABOUT?

We begin each program with a musical Shabbat service led by Fran Avni and Sarah Dolin. Stay with to explore Torah stories and holidays through art, drama, games and few surprises with Sarah, Tamar Bar Yosef and special guests. We end each program with challah, juice and smiles!





📡 WHO IS IT FOR?

Children ages 5-11 are welcome to attend the program while their adult family members attend the main service. Children ages 4 and younger should plan to share the experience with an adult. We will be making connections during the year, so it is a benefit to the children to attend regularly but new friends are welcome to join at any time.



- WHEN?

10:30 AM September 1, October 6 & 20, November 3 & 17, December 1 and January 19. Spring dates to come.



Guided Walking Tour of Old Jewish Montreal Sunday September 16 3:30pm Led by Member and Tour Guide - Frances Stober Call to Register 514-486-9400: \$15 Members; \$20 Non-Members Starting point: Sherbrooke corner St. Laurent End point: Fairmount

This tour visits the 'old' neigbourhood; the core of Jewish Montreal from 1900 to the 1950s. We will follow the traces of the community as it moved north of Sherbrooke Street and established the institutions and businesses that were at its heart.





will feed 10 people, plus challah, wine and candles for your table.

- EVERYONE 1S WELCOME -



If you have a sukkah we can visit, please contact
Oria: programdirector@dorshei-emet.org



SUPPORT IN COMMUNITY

In late August 2017, I was diagnosed with non-Hodgkin's T-cell lymphoma.

This was a huge shock, and I was devastated. I am a proud woman and my motto is usually "do without or tough it out" if there is something I am unable to do or get for myself. Additionally, I was used to doing things for others, not the other way around. Well, this past year, I learned some hard lessons.

Cancer is a very humbling disease. It can literally put you on the floor. I learned that sometimes you can get up by yourself, sometimes your spouse can help you, and sometimes it takes two burly, beer-bellied ambulance technicians to get you back on your feet. Lesson within this lesson: even if you fall, with help to get back on your feet, you can still use your legs and get moving again.

I learned that sometimes you must let people do things for you. Those errands I used to take care of were no longer possible. Those stores that were a 10-minute walk away might as well have been 10 miles away. There is only so long your food supplies can last, so I was obliged to swallow my pride and take people up on their offers of either taking me shopping or picking things up for me, and driving me around for errands. I have had to learn to ask for help as well, and remain very grateful to those individuals who have assisted and continue to assist us.

However, one of the best lessons I learned this year is what it means to be part of our shul community. Beth and I have been members since 2003, and have been used to attending services regularly and contributing by paying shiva calls, sitting on committees, and participating in services in various ways. When we had to stop doing these things, due to my illness, I was surprised by the number of people who called, e-mailed or messaged me. At first, I put it down to the fact that we are a synagogue, and people were just doing their duty, as they would for anyone, but after a while, it became clear that many people actually missed US, and that was amazing to me, and totally unexpected.

I want to thank the DE community for caring about us and for everyone's prayers and good thoughts, both individually and collectively.



Clergy:

Rabbi Boris Dolin rabbiboris@dorshei-emet.org (514) 486-9400 x 104

Officers:

President Roger Antebi 1st Vice President Elana Cooperberg 2nd Vice President Yael Acre **Executive Vice President** David Hill Treasurer Howard Ellner Ronit Yarosky Secretary Head Parnass Chava Dienar Past President Jodi Lackman

Board Members:

Claudio Smolarz Ellayne Kaplan Erika Tencer Liz Freedman Marilyn Takefman Mark Medicoff Miki Harrar Nadav Aigen Natalie Amar Patrizia Di Cori

Staff:

Cynthia Weinstein, Executive Director executivedirector@dorshei-emet.org (514) 486-9400 x 103

Shainy Haim, Administration admin@dorshei-emet.org (514) 486-9400 x 101

Oria Lissak, Program Director programdirector@dorshei-emet.org (514) 486-9400 x 107

Linda Axler, Bookkeeper linda@dorshei-emet.org (514) 486-9400 x 102

Committee Chairs:

Finance Committee

Chair: Howard Ellner

Fundraising and Resource Committee

Chair: Ronit Yarosky

Membership Committee

Inreach Committee (Kehillah)

Co-Chairs: Marilyn Takefman & Mark Medicoff

Kumsitz Committee
Chair: Terrye Perlman
Outreach Committee
Chair: Natalie Amar

Tikun Olam Committee

Chair: Ruth Flicker

House and Maintenance Committee

Chair: David Hill

Cemetery Committee

Chair: Nadav Aigen

Yom Ha'atzmaut Celebrations Committee Co-Chairs: Carmela Aigen & Chava Dienar

Ritual Practices (Minhag) Committee

Chair: Chava Dienar

Chanukah Food Baskets Committee Chair: Jack Rudnicki & Paula Merovitz

Empty Bowls Committee Chair: Joan Simand Yahrzeit Committee

Chair: Ellayne Kaplan

Gemilut Hasadim Committee Chair: Toby Shainbaum-Pollak **Dorshei Keshet Committee**

Chair: Patrizia Di Cori

Communications Committee

Chair: Romy Schnaiberg **Bulletin Committee:**

Chair: Claudio Smolarz **Website Committee:**

Chair: Vacant

Nominating Committee

Chair: Sharron Schwartz

Ad Hoc Committees

Gardening Committee Chair: Ellen Shalinsky

Members' Kiddush Committee

Chair: Rita Tenenbaum

Office Volunteer Committee

Chair: Dorothy Stober

Programming Oversight Committee

Chair: Frema Engel
Security Committee
Chair: David Hill

Shabbat Shira Comittee

Chair: Mark Bassel

Syrian Refugees Committee

Co-Chairs: Eva Echenberg & Laurie Usheroff

Yizkor Book CommitteeChair: Bernie Weinstein



by Terry Perlman

KUMSITZ

Years ago, the Kumsitz (Yiddish for come and sit) Program began as an initiative of Rabbi Ron z'l. As best as I can recall there were a few each year, always led by the Rabbi. The Kumsitz was held in a member's home and the groups were intentionally kept small to allow people enough time to get to know one another. Participants sat in a small circle and shared a little about themselves and also recounted the story of how they came to join Dorshei Emet.

Over the years, my husband and I hosted three Kumsitzes. I had always heard good things about the Kumsitz gatherings from members who had attended one and recently I was surprised to realize that the program no longer existed. I immediately talked to the President, Rabbi Boris and to a number of congregants who all agreed it would be a great idea to reinstate the program.

I chose to get involved and I have no regrets. This year we have had five Kumsitzes, the last one in July, and the plan is to have a minimum of one a month excluding the holiday months. The groups are small, informal and mixed, including a variety of ages and professions, some people are single, some are married...it all works. We plan it so people don't have to "work the room". We all arrive approximately the same time, we quickly sit down and then the Rabbi or I introduce ourselves and the Kumsitz is off and running!

If I already haven't, I hope to see you at a Kumsitz in the near future.

PLEASE call me at 514.733.1874 (my preference) or email terrye.perlman@gmail. com if you would like to participate in a Kumsitz, as a host or a guest.

There's a possibility of expanding the concept and having occasional gatherings for French, Hebrew or Spanish speaking congregants. If this interests you, please contact me.



SYRIAN REFUGEE SPONSORSHIP COMMITEE

by Laurie Usheroff and Eva Echenberg



SYRIAN REFUGEE SPONSORSHIP COMMITTEE

We would like to express our thanks to the many members of our Dorshei Emet community who have come forward to help: our doctors who found solutions to long-standing and new medical issues, dentists who responded to emergencies, teachers who did individual coaching, experts who gave advice in specific fields and many more. Thank you!

Our three families have completed their first year in Canada. They have experienced all the seasons, including a cold winter and now this very hot summer. Many hurdles have been jumped, but many more challenges lie ahead. The families are well settled in their apartments. All the young children have completed their first year of schooling in the Classes d'accueil and will now be integrated into regular schools. All the adults and one teenager took French courses with varying degrees of success.

The end of their first year means the families will no longer receive a stipend for attending French courses and, also, the end of our financial commitment. Of course, we will continue to support them in every other way possible.

For a variety of reasons, including their childcare responsibilities, two of the women have decided to stay at home. The third is working now and hopes to pursue her education once her husband has a permanent position. Two of the men are looking for specific jobs, one in accountancy and the second in IT. The third is open to all job possibilities.

Can you help?



Family 1: This spring, Siry worked with a landscaping team but since the work here is seasonal, he was laid off. In Syria, he owned two grocery stores, so he would also be happy to work in a store. Siry is open to all job possibilities.

Family 2: In Syria, Eyad repaired cell phones and computers. He has completed a special IT course offered by Champlain College and is looking for work in his field. He has had an interview but has not had a firm offer.

Family 3: Samer has worked in accounting for twenty years and has a great deal of experience. Several people have said he was overqualified for the positions they had, but he is willing to take anything related to accounting.

Please contact Eva Echenberg (eva.echenberg@gmail.com) for information or to receive a candidate's CV.

FALL EVENTS © DORSHEI EMET

SEPTEMBER

- 1 Family Shabbat 10:00 am
- 1 Erev Slichot Movie & Discussion Panel 7:30 pm
- 5 Book Club: No Great Mischief 1:00 pm
- 9 Erev Rosh Hashanah Service 6:30 pm
- 10 Rosh Hashanah Day 1 9:30 am
- **10** Tashlich Gathering @ Zitzchak Rabin Park CSL 3:30 pm
- 10 Rosh Hashanah Reboot 6:30 pm
- 11 Rosh Hashanah Day 2 9:30 am
- **15** Shabbat Shuva Speaker: Israel Consul General David Levy - 11:00 am
- 18 Erev Yom Kippur, Kol Nidre 6:30 pm
- 19 Yom Kippur Services 9:30 am
- 23 Erev Sukkot Sunday Family Program & Sukkah Building 10:00 am

24-25 Sukkot

- 28 Sukkot Kabbalat Mishpacha 6:30 pm
- 30 Sukkah Hopping & Scavenger Hunt

OCTOBER

- 1 Shmini Atzeret Service and Yizkor Simchat Torah Kid's Program - 6:30pm
- **1** Hakafot 7:00pm
- 6 Family Shabbat
- **10** Book Club: The Tea Bird of Hummingbird Lane 1:00 pm
- 13 Hatan Torah & Kallat Bereishit Kiddush
- 17 Enlightened Bite 12:00 pm
- 20 Family Shabbat
- **20** Text Study after Kiddush with Carmela Aigen: Israel @ 70
- **27-28** Fall Shabbaton for Jewish Journeys



October & November Events

Torah On Tap
Breakfast Talk
High Tea @ Dorshei Emet
Kabbalat Shabbat Around The World:
Ethiopian SIGD
New Members Dinner
Ceramic Paint Night

For More Details Check out the weeklies

November

- 3 Family Shabbat
- 4 Tish and Brunch 11:00 am
- 7 Book Club: Waking Lions 1:00 pm
- Kabbalat Shabbat Around The World –
 Ethiopia: SIGD 6:30 pm
- 14 Enlightened Bite 12:00 pm
- 17 Family & Jewish Journeys Shabbat
- **17** Text Study after Kiddush with Carmela Aigen: Israel @ 70
- New Members Kabbalat Shabbat Dinner -6:30 pm
- 24 Kehillah Conversation after Kiddush
- 25 Chanukah Food Basket Deliveries 9:00 am



Slichot Service

Saturday, September 1, **7:30 pm**Service, Havdalah, Movie & Discussion: "Across the Line"

Rosh Hashanah Services

Erev Rosh Hashanah: Sunday, September 9, **6:30 pm**Rosh Hashanah Day 1 & 2 Services: Monday & Tuesday, September 10 & 11, **9:30 am**Children's Program: 10:30 am Social Hall Downstairs

Pre-Teen Drop-In Lounge Gallery Downstairs

Tashlich Gathering @ Zitzchak Rabin Park CSL: Monday, September 10, **3:30 pm**Rosh Hashanah Reboot: Monday, September 10, **6:30 - 7:30 pm**A short, creative service, free and open to the public.

Shabbat Shuvah Service

Saturday, September 15, 10:00 am service Guest Speaker: Israel Consul General David Levy

Yom Kippur Services

Erev Yom Kippur-Kol Nidre : Tuesday, September 18, 6:30 pm

Yom Kippur: Wednesday, September 19, 9:30 am Silent Meditation

10:00 am Shacharit 12:15 pm Yizkor 3:00 pm Guest Speaker

5:30 pm Mincha 6:30 pm Neilah 7:48 pm Havdalah & Honey Cake

Children's Program: 11:00 am Social Hall Downstairs
Pre-Teen Drop-In Lounge Gallery Downstairs



Do you have a child going to grade 6 or 7 in the fall? Jewish Journeys @ Dorshei Emet, is an experiential program for students to explore their Jewish Identity, build relationships with other students in the community and to prepare for their Bar or Bat Mitzvah. We offer a mix of informal learning, youth group style programming, field trips, and family

Dorshei Emet will be hosting another Information Evening on October 9th at 7pm, registration is required call Cynthia Weinstein, Executive Director, at (514) 486 9400 or executivedirector@dorshei-emet.org.

We still have space for a few more kids! Program starts October 23, 2018.

The Enlightened Bite

Wednesdays @ 12:00pm



WITH PLEASURE: JUDAISM & THE REST OF LIFE Join us for the next installment of Enlightened Bite, as we explore the Jewish view of life beyond the synagogue. We will have a discussion while enjoying a tasty catered lunch!

A Little Something for Myself: Money, Spending and Enjoying Life Oct 17, 2018

Nov 14, 2018 Oy, Do I Need A Vacation: Leisure

Dec 12, 2018 Rocking with the Rabbis: The Joy of Music Mar 13, 2019 Love Etc.: Sex, Intimacy and Other Pursuits Apr 10, 2019 Like Manna From Heaven: Food, Family and Fun

May 29, 2019 We're Gonna Rock This Study!: Learning as the Greatest Pleasure

Evening Edition: Food For Thought 6:30pm

Oct 17, 2018 A Little Chicken Soup Heals All: Food folklore and superstitions in Judaism

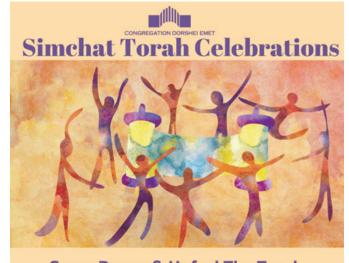
THE ENLIGHTENED BITE

\$18 MEMBERS

\$20 NON-MEMBERS

BRING YOUR FRIENDS!

PER SESSION To Register: Call 514 - 486-9400 ····



Come Dance & Unfurl The Torah Monday. October 1, 2018 6:30pm Children's Activities 7:00pm Hakafot

New format: This year we are celebrating with an inclusive community kiddush instead of a dinner. Any donation for the kiddush honouring Hatan Torah and Kallat Bereshit will be appreciated

Saturday, October 13 10:00am

Hatan Torah & Kallat Bereshit Special Kiddush





SIMCHAT TORAH HONOUREES

Kallat Bereishit



This year we honour Dan Goldstein & Rita Tenenbaum in recognition of their years of devoted service to our synagogue.

Monday, October 1, 2018 - 6:30pm Snacks and Activities for Kids - 7:00pm Hakafot, Music & Dancing!
Saturday, October 13, 2018 - Hatan Torah & Kallat Bereshit Special Kiddush

Dan Goldstein is a familiar face as head of the Goldstein Clan. Dan, his wife Liat and their children can often be seen at Shabbat Services, particularly at our special Life Events and Children's Programs. He has served on our Synagogue Board for many years and was the Secretary as well. Many members remember him as a Bar Mitzvah in our Congregation. Dan and his family are known for their love of Yiddish culture and song. This was exemplified by his participation in forming our lovely Shabbat Afternoon Farbrengen with Rabbi Ron z'l. Dan also received a grant from Federation CJA and organized a sold-out children's concert featuring Fran Avni in 2013. Dan has committed himself and his family to participate in the Children's Program - as Dan says, "Commitment is to come," and as the Congregation says, "Here come the Goldstein children." We are happy to welcome this young and active Hatan Torah.

Hatan Torah

Rita Tenenbaum has been an active member of our community for the past 20 years. Rita has served on the Board and was the Secretary of the Executive Committee. In her capacity as Vice-President she managed the Social Action portfolio. As a regular attendee at Shabbat Morning and Meditation Services Rita brings with her an unconditional love of Israel and the Jewish People. Besides her active role in our synagogue, Rita has held many positions in the wider Jewish community, including Canadian Jewish Congress, Vice-President of Magen David Adom, etc. Her accomplishments are numerous and we are delighted to honour her as our Kallat Bereshit.



DONOR RECOGNITION

5778 (May 26th - August 13th)

GENERAL FUND

Laura Yaros & Beth Blackmore, in appreciation of Rabbi Boris Dolin

Laura Yaros & Beth Blackmore, in appreciation of Carmela Aigen Laura Yaros & Beth Blackmore, in appreciation of Linda Axler Laura Yaros & Beth Blackmore, in appreciation of Cynthia Weinstein

Laura Yaros & Beth Blackmore, in appreciation of Donnie & Barry Frank

Laura Yaros & Beth Blackmore, in appreciation of Tricia Kelly Laura Yaros & Beth Blackmore, in appreciation of Judy Kenigsberg

Laura Yaros & Beth Blackmore, in appreciation of Patrizia Di Cori Laura Yaros & Beth Blackmore, in appreciation of Roger Antebi Laura Yaros & Beth Blackmore, in appreciation of Romy Schnaiberg

Laura Yaros & Beth Blackmore, in appreciation of Noah Mandelker & Family

Laura Yaros & Beth Blackmore, in appreciation of Dorshei Emet community & staff

Ronit Yarosky, on the birthday of Patrizia Di Cori

Charles Adler, in honour of Irv Binik completing his MA in Jewish studies

Brian Greenfield

Joseph & Rita Schulman, in honour of Irv Binik Joseph & Rita Schulman, in memory of Fay Lewis Ronit Yarosky, in honour of Rami Negev's second Bar Mitzvah Glenda Shacter, in honour of her Aliyah on Shabbat

GEMILUT HASADIM FUND

Lois Lieff, in appreciation of Ellayne Kaplan Brigitte Albert, in memory of Fay Lewis Irwin & Donna Kuzmarov, in honour of Jeremy Kuzmarov

MANNY BACH TORAH FUND

Maurice Krystal & Sheila Caplan, in memory of Hedy Edelstein z"l Chava Dienar & Micha Karpfen, in honour of Bram Trevor Lackman-Mincoff becoming a Bar Mitzvah

Chava Dienar & Micha Karpfen, in honour of Sophia Jenny Eli becoming a Bat Mitzvah

Chava Dienar & Micha Karpfen, in memory of Yair Lipsky

HARVEY KAHN CHANUKAH FOOD BASKETS FUND

Brahm & Ilana Shiller, on the birthday of Jon Levy Pearlann Goldenberg, to wish a refuah shlema to Laura Yaros

KIDDUSH FUND

Ellin Bessner, on the launch of her book Double Threat Roger Antebi & Sari Wieskopf, in honour of Corben Dell becoming a Bar Mitzvah

Roger Antebi & Sari Wieskopf, in honour of Bram Trevor Lackman-Mincoff becoming a Bar Mitzvah

Roger Antebi & Sari Wieskopf, in honour of Sophia Jenny Eli becoming a Bat Mitzvah

Roger Antebi, in memory of Hedy Edelstein

Bernie & Sandy Weinstein, on the Yahrzeit of Max Friedman Lois Lieff, in honour of Allison and Michael Dell on Corben becoming a Bar Mitzvah

Lois Lieff, in honour of Sophia Jenny Eli becoming a Bat Mitzvah Lois Lieff, in honour of Bram Trevor Lackman-Mincoff becoming a Bar Mitzvah

Shara Rosen

Marilyn Takefman, in honour of Bram Trevor Lackman-Mincoff becoming a Bar Mitzvah

Marilyn Takefman, in honour of Rami Negev's second Bar Mitzvah Lois Lieff, in celebration of her birthday

Carmela Aigen, in honour of Dan Goldstein

Micki Keesal, in appreciation of Jack and Kay Wolofsky

Micki Keesal, on the birthday of Lois Lieff Marilyn Takefman, in memory of Zave Climan

MEIR IFERGAN B'NAI MITZVAH FUND

Bryna Rosman Rubinger, in honour of Bram Trevor Lackman-Mincoff becoming a Bar Mitzvah

Carmela Aigen, in honour of Sophia Jenny Eli becoming a Bat Mitzvah

Brigitte Albert, in honour of David Albert-Toth

Brigitte Albert, in honour of Emilie Albert-Toth

Pearlann Goldenberg, in honour of Bram Trevor Lackman-Mincoff becoming a Bar Mitzvah

Lois Lieff, in honour of Rami Negev's second Bar Mitzvah Lois Lieff, in honour of Sheila Esar's granddaughter's Bat Mitzvah

RABBI RON MEMORIAL FUND

Carmela Aigen, in honour of Chiara Fish and Hernan Ciecha Carmela Aigen, in memory of Fay Lewis Lona and Joe Lapin, in honour of Irv Binik Neil & Marilyn Caplan, to mark the yahrzeit of Neil's parents, Mary Caplan & Nat Caplan

RABBI DISCRETIONARY FUND

Steve Acre, in memory of Leila Dawn Acre

CHILDREN & YOUTH PROGRAMING FUND

Myriam Avetisyan & Sarkis Kalaygi

Peggi Cohen & Mark Rabinovitch, in honour of Corben Dell becoming a Bar Mitzvah

Peggi Cohen & Mark Rabinovitch, in honour of Bram Trevor Lackman-Mincoff becoming a Bar Mitzvah

Peggi Cohen & Mark Rabinovitch, in honour of Sophia Jenny Eli becoming a Bat Mitzvah

Murray Baron & Marion Van Horn, of the special birthday of Phyllis Zelkowitz

Rae & Aaron Gropper, in honour of Dr. David Bloom

BUILDING FUND

Pearlann Goldenberg, in memory of Fay Lewis Daniel & Deborah Kraus

CONGREGATION DORSHELEMET

${\mathbb B}{\mathbb O}{\mathbb O}{\mathbb K}{\mathbb C}{\mathbb L}{\mathbb U}{\mathbb B}$

2018-2019 Wednesdays @ 1:00pm
Sept 5: No Great Mischief - Alistair MacLeod
October 10: The Tea Girl of Hummingbird Lane - Lisa See
Nov 7: Waking Lions - Ayelet Gundar Goshen
Dec 5: The Alice Network - Kate Quinn
Mar 6: The Color of Water: A Black Man's Tribute to
His White Mother - James McBride
Apr 3: Rabbi's Choice

May 8: A Man Called Ove - Fredrik Bachman
Jun 5: Red Notice: A True Story of High Finance, Murder,
and One Man's Fight for Justice - Bill Browder

Israeli Themed Book Club



Two She Bears By Meir Shalev

Join us on November 27 @ 7:30 - 9:00pm

We will have a Panel Discussion (in English) followed by a group discussion and light refreshments

Reading with the Rabbi

Join Rabbi Boris for an exploration of Jewish life and identity through the biographies of its personalities. This year we will be reading five selections from the Yale University Press' Jewish Lives series. Each gathering will be an informal discussion of themes and issues brought up in the books. Come with your questions and bring a snack to share!

Sundays @ 4:30 pm

Rabbi Akiva: Sage of the Talmud by Barry W. Holtz - October 21

Barbara Streisand: Redefining Beauty, Femininity, and Power by Neal Gabler - January 20

Franz Kafka: The Poet of Shame and Guilt By Saul Friedlander - TBA

Emma Goldman: Revolution as a Way of Life by Vivian Gornick - TBA

Becoming Freud: The Making of a Psychoanalyst by Adam Phillips - TBA



Join Rabbi Boris for interesting conversation, good company, & cold beer!

Come Socialize

Thursday, October 25 2018 at 7:00 pm Microbrasserie 4 Origins 1304 Saint-Patrick St, Montreal, QC H3K 1A4

RSVP to Oria: programdirector@dorshei-emet.org







BELLY DANCING CLASS WITH SANDRA

Have fun and learn the art of belly dancing.

Isolate, undulate and shimmy to your heart's content.

Belly dance with beauty, elegance, and grace.

Focusing on good posture, technique, flexibility while dancing to authentic Egyptian rhythms and music.

Wednesdays, 7:30-8:30 pm, 2 options
6 week program from Sept 26 - October 31, 2018
members: \$54, non-members: \$90
12 week program from Sept 26 -Dec 12, 2018
members \$ 90, non-members \$165

Call the office to register, 514-486-9400 Congregation Dorshei Emet 18 Cleve Road, Hampstead





9A1 XEH Hampstead, QC 18 Cleve Rd.

CONGREGATION DORSHEI EMET





Slichot Service

Saturday, September 1, 7:30 pm Service, Havdalah, Movie & Discussion: "Across the Line"

Rosh Hashanah Services

Erev Rosh Hashanah: Sunday, September 9, 6:30 pm Rosh Hashanah Day 1 & 2 Services: Monday & Tuesday, September 10 & 11, 9:30 am Children's Program: 10:30 am Social Hall Downstairs Pre-Teen Drop-In Lounge Gallery Downstairs

Tashlich Gathering @ Zitzchak Rabin Park CSL: Monday, September 10, 3:30 pm Rosh Hashanah Reboot: Monday, September 10, 6:30 - 7:30 pm A short, creative service, free and open to the public.

Shabbat Shuvah Service

Saturday, September 15, 10:00 am service Guest Speaker: Israel Consul General David Levy

Yom Kippur Services

Erev Yom Kippur-Kol Nidre: Tuesday, September 18, 6:30 pm Yom Kippur: Wednesday, September 19, 9:30 am Silent Meditation 10:00 am Shacharit 12:15 pm Yizkor 3:00 pm Guest Speaker 5:30 pm Mincha 6:30 pm Neilah 7:48 pm Havdalah & Honey Cake

Children's Program: 11:00 am Social Hall Downstairs Pre-Teen Drop-In Lounge Gallery Downstairs